

The Spring Hill Times

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KLAL YISRAEL'S NEWSPAPER

ISSUE 100

| SHAVUOS

| SIVAN 5783

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עירוב תבשילין

**We are so happy and proud to be Your beloved nation! We love Your Torah and Mitzvos!!
Thank You Hashem!!!**

HAPPINESS AND BLISS COMING!

Yidden all around the globe, after counting for so many weeks towards the special Yom Tov of Shavuos, are beyond excited!

The time has finally come! The day that we celebrate receiving Hashem's beautiful Torah!

Children and adults alike are looking forward to spending the entire night learning the beloved Torah!

We cannot wait for the Yom Tov seudas! The delicious scrumptious food! The zemiros! The divrei Torah! The davening! The Hallel! Kabbalas Hatorah! The cheesecakes!

We will be so close to Hashem!!!

A Gan Eden on this world!

והביאנו לציון עירך ברינה ולירושלים בית

מקדשך בשמחת עולם!

13 YEAR OLD BOY ALIVE AND WELL AFTER BIKE ACCIDENT

Thursday, 13 Iyur, 5783:

Yossi,* a 13-year-old bochur from Chestnut Ridge, New York, was crossing the street while riding his bike and a car crashed in to him.

His bike flew away. Yossi flew up in the air and landed on the windshield of the car. He splintered the windshield with the impact. Yet all Yossi got was a scratch!!!



He was taken in to the hospital just for observation and was sent home eight hours later!

Continued on page 7

A VISIT FROM THE NEXT WORLD

Rivka* used to take care of an elderly woman by the name of Mattel Brandwein.

Mattel was an almana for many years, and she was nifteres last year on Hoshana Rabba.

Rivka was married for 17 years already and still didn't have children.

One night as she was sleeping, Mattel came to her in a dream and said: "I have a lot of Hakaras Hatov to you. And I'm going to advocate for you to have a child. Do you want a boy or a girl?"

Continued on page 5

Rivka answered

READING POSITIVE NEWS WILL HELP YOU:

- Love Hashem more.
- Do more mitzvos.
- Be a happier person.
- Be a healthier person.
- Be a calmer person.
- Be a better parent.
- Be a better friend.
- Live longer!

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The Spring Hill Times

Newspaper Topic:

Hashem

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Please treat this newspaper with proper kedusha.

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה
משום, צייטל בת שלום אריה, נפתלי בן יעקב.
לכות הבח' ח' משה דוב בער בן אסתר, לזווג הגון בקרוב. לכות רפואה שלמה יצחק חיים בן שיינדל. דוד יעקב בן פעשא לאה

*The Shavuos edition is
dedicated in honor of R' Yitzchok Kaufman shlita for all his holy work.*



This edition should be a zechus Refuah Shelaima for:
Harav Shmuel Kamenetzky Shlita - Shmuel Ben Ita Ettel
Kossover Rebbe - Shraga Feivish ben Malka
Yehonasan Menachem ben Perel
Yosef ben Reva Chasha
Meir ben Leah
Chaim ben Gittel Esther
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Meir ben Chana Gittel
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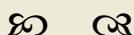
This edition should be a zechus for my family in all inyanim and for my daughter to find her bashert and a shiduch for Shaindel Simcha bas Orit B'karov!

The Spring Hill Times says

THANK YOU

to our Shavuos sponsor!

**May Hashem give you and your family with much open bracha, hatz-
zlacha, parnasah, Torah, Shidduchim, Chesed, Shalom, health, peace of
mind and much much more!**



A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENSKY SHLITA

AND

HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

Handwritten signatures and notes in Hebrew, including the name "Harav Elyah Wachtfogel" and other illegible signatures.

WEEKLY NEWS ROUNDUP

Continued from page 1 that she wants a girl.

Within a year, she gave birth to a baby girl!!! [Kav Hashgacha Pratis]

JUST TURN TO HASHEM!



Chesky Weiss* a young boy from New Square, New York, asked his grandfather to please buy him an electric car for Afikomin.

His grandfather said, "Sorry it's too expensive for me."

The next night, Chesky was by his other grandfather's seder and asked him also for an electric bike.

His grandfather gave him the same answer, "Sorry, it's too expensive."

The next day, Chesky turned to his father and said, "Both zeides told me that they can't buy me the electric bike. So I'm asking you Totty. Please buy it for me."

His father told, "I can't afford it. But you have a Father in Heaven who is Kol Yachol. Turn to Him."

Chesky davened to Hashem.

The next day, Chesky's father received a phone call from a friend of his. "I just evicted a tenant. He left behind two electric cars for me to keep. I'm taking one for my son. Would you like the other one?!"

[Heard from Rav Akiva Grossnass, Rav of Kehilas Spring Hill]

YOU ONLY GAIN FROM DOING CHESED!

Reb Moshe* from Beitar Ilit, went to Hungary to daven by the kever of Reb Shayala from Kerestir.

After he landed in Hungary, his travel agent called and said that he's aware that he had rented a car. "I was wondering if you would be able to do me a favor and give a ride to a couple who also came in from Eretz Yisroel. They need a way to get from the airport to Kerestir."

Reb Moshe's first thought was to say no, since he wanted privacy. He had a private phone call to make, and didn't want to give anyone a ride. But he was misgabor and he gave the couple a ride!

Reb Moshe started schmoozing with man whose name was Yaakov.

Reb Yaakov told Reb Moshe that he is a contractor and he builds buildings in Eretz Yisroel.

Reb Moshe said: "That's so interesting because I have a company that installs air conditioners, that's what I do for my parnasah."

Reb Yaakov said: "Wow! Actually, right now I need someone to install air conditioners for one of the buildings I just built. Do you want to do it for me?"

Reb Moshe said: "Yes, I'll be very happy to do it."



They made a deal!

When R' Moshe got back to Eretz Yisroel, his company put in the air conditioners. He made over 200,000 Shekel from this!

Reb Moshe clearly saw that one only gains from doing chesed!!! [Kav Hashgacha Pratis]

BITACHON TRAVEL

Reb Yehuda Goldman* from Eretz Yisroel, went with his wife and baby to Austria for vacation.

They arrived in Austria. They boarded a train to go to where they were staying. They were very tired, and they fell asleep on the train.

When they woke up, they realized that the purse with all their passports and money was stolen! They didn't know what to do. They don't have money to get around, and didn't know how they would get back home without passports!

They tried to be mechazek in Emunah and Bitachon, that everything is for the best. They decided to do what they could do, and leave the rest to Hashem.

They filed a police report, and somehow managed to get to the place where they were staying.

They tried very hard to enjoy the vacation while trying to figure out how they would get back to Eretz Yisroel without passports. Their flight back was in a few days.

They were in touch with different askanim, but they all told them that it was not possible to get a passport before two weeks.

The day of the flight back to Eretz Yisroel came. Reb Yehuda told his wife: "Let's go to the airport, let's try to go without passports. Hashem is a Kol Yachol."

They went to the airport. When they came to check in, the security guards asked: "Passports please."

Kav Hashgacha Pratis
518-613-0140

WEEKLY NEWS ROUNDUP

The man started telling the guard the whole story, he showed her a copy of the police report, but she said: "Sorry, without the passport, we can't give you a boarding pass, you can't get on to the plane."

Reb Yehdua started crying and explaining that he has to get back to Eretz Yisroel, but he just doesn't have the passport. In his heart, he was davening to Hashem.

Suddenly the guard said: "You know what? I'm giving you boarding passes. But I'm just letting you know that when you get to the next security check, you won't be able to get further without passports."

With that, they got the passes and went further.

When they got to the next security check, the guard said: "Passports please."

Reb Yehuda told him the whole story, and begged him. At the same time davened silently to Hashem to please let them through.

The guard said: "You know what, you could go through. But I'm letting you know, that by the next security check there's no chance

that you'll get any further, because there they won't let you get by without passports."

So they went on.

And the same thing happened again... They started explaining



to the guard how the passports were stolen and they showed them the police report, begged them to let them through.

The guard said: "You can go through but there's another security check coming up, and they won't let you through!"

This kept on happening by every security point, until Baruch Hashem they reached the gate!!! When they got to the gate, they asked for the passports, they told them the whole story, and they let them on the plane without any passports!!!!

When the Goldmans arrived to Eretz Yisroel, they got to border

control, and they asked "Where are your passports?"

They said: "We came without passports!"

Right away they called security, they said: "It doesn't make sense, there's no such thing you came without passports"

They explained the whole story, and finally the security guards believed them, and let them go home.

They saw how Hashem is a Kol Yachol and how He can get a family from Austria to Eretz Yisroel without any passports!!! [Kav Hashgacha Pratis]

THANK YOU HASHEM!

It was 2 minutes before Shabbos and R' Sholom Schwartz* from Eretz Yisrael noticed the that the hotplate suddenly started smoking.

Baruch Hashem he had enough time to pull out the plug, and be mesader his pots on something else.

R' Sholom saw the Hashgacha Pratis that it happened exactly at that time, and not 2 minutes later Chas v'Shalom on Shabbos!! [Kav Hashgacha Pratis]

The Bachur, the Cholent and the Spring Hill Times

From a reader:

I enjoy the Spring Hill Times, and have gained much from it. I also have had the zechus to contribute several times.

In addition, I print out some copies for shuls and yeshivos in my area. I generally print double-sided; most printers can do so automatically. However, my printer has a bit of an issue that it takes time to warm up so that the duplexing, as it is called, works properly. Otherwise, as the paper enters back

into the printer to be printed on the second side, it jams. I have found BS"D, that if I first print about fifty sheets single-sided, it can then print double-sided fine.

Now, one Leil Shabbos, when I entered a shul near me I saw a bochur eating a plate of cholent and reading the paper next to his plate. He had one of those copies with single-sided pages only, and he placed it on the left side of his plate. Since only the right-hand page was print-

ed, it was easier for him, as he always had the printed page close by!

Hashgacha Pratis!

I noted to him that I had felt a drop uncomfortable about it as it is not so professional, but now I see it can even have an advantage!

Editor's note:

I was blown away by how this person was able to find chesed Hashem in the tiniest of details!

Good News!

The news that Hashem wants us to talk about

Continued from Front page

He benched gomel that Shabbos. Thank You Hashem!!!

P.S. Yossi davens in the Kehillas Spring Hill Shul under the leadership of Rav Akiva Grossnass. The shul has a strict policy of no talking during davening.

The kehilla watches and guards the honor of Hashem. Hashem in return watches and guards over them!

BOY ENJOYS ICES

It was a hot day outside, and Dovid* a 8-year-old boy from Chestnut Ridge, New York, was knocked out from the heat.

He went to the freezer and took out a freeze pop. He made a bracha and enjoyed it immensely!

Thank You Hashem!

NO BUS STRIKE



School buses all over Rockland County picked up and dropped off boys and girls going to school.

There was no strike and there was no lack of funding!

Thank You Hashem for this wonderful kindness!

NO SHORTAGE OF TISSUES SAY EXPERTS

Major international tissue companies have ample supply and don't expect any problems in the near future. Production is run-



ning unabated. Shipping from the companies to the stores is running perfectly! The stores are fully stocked!

Thank You Hashem for running this most amazing wonderful world!

MAN SLEEPS IN BED

After a productive day of work, Shalom,* a middle age man from Rockland County, New York, a Spring Hill Times reader, went to sleep in his comfortable bed.

He was able to get a restful night of sleep! He woke up in the morning full of energy and excitement. On his way to shul, he couldn't stop telling Hashem, how much he loves Him!!!

[Heard from Shalom]

HOUSES ARE COOL

With temperatures reaching

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close the mid 80's and almost 90 degrees Fahrenheit, families all over the Tri-state area turned on their air conditioners. They enjoyed the cool air!

Thank You Hashem!

PLANE LANDS SAFELY



An El-AL flight full of hundreds of Yidden, flying from New York to Tel Aviv, landed safely! They had no issues and no scares. Everything worked perfectly! The passengers even enjoyed delicious kosher meals high up over the Atlantic. Thank You Hashem!

FAMILY ENJOYS DELICIOUS SHABBOS MEAL



The Krohn* family from Lakewood, New Jersey,* enjoyed the most delicious Shabbos meal they can remember! The Challah was yummy. The eggs and liver was delicious. The cholent was out of this world!! Thank You Hashem!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



ALWAYS BE DAN LEKAF ZECHUS!



My wife needed to ask someone for a favor. That person owed my wife Hakaras Hatov.

My wife told me, "You know I tried that person many times and they never got back to me. It's so interesting."

I said, "Okay, it's interesting, but here's an opportunity for us to be Dan L'Kaf Zchus. Maybe their phone is broken or they got a different number."

I called a relative of this person to find out what his number is, and he said, "Yeah, that phone number you're using is an old phone. He doesn't have that phone any more."

He gave me the new number. We called the person and he right away said sure, "I'll come right over, one two three."

I saw that the whole thing was a way for us to grow and Shteig in Dan L'Kaf Zchus. If a person would see the whole picture, they would realize that they could see everyone in a positive way.

MONEY FROM HEAVEN

My wife works on Fridays. I wanted



to get a cleaning lady so that my wife could get ready for Shabbos with Menuchas Hanefesh. Our old cleaning lady had just left us.

My wife said, "You know, if our old cleaning lady left, and they are really so expensive, a hundred dollars for the day, maybe we can manage without one..."

I said that for me it's worth it.

Right after that, someone sent me a message: I'm going to be wiring

a hundred dollars into your account. Out of the blue! Not a family member and not a relative. Total stranger!



EVERYTHING IS FOR THE GOOD

My daughter Sara was trying to make the bus and she missed it by a minute.

When she came back, she said, "Wow, it's Hashgacha that I missed the bus. Because I'm having a Siyum today and I forgot to bring the drinks."

Boruch Hashem, her school is very close to our house, so we didn't even have to go out of our schedule to bring her.

She walked with my other daughter. They got to enjoy the walk, it was beautiful summer weather!



LIVING WITH HASHEM

By Rabbi Zevy Golombeck

IT PAYS NOT TO RUSH

R' Dovi Fleishman,* from Eretz Yisrael, gave his daughter, the number to 'A Life with Bitachon'. She started listening and growing and Shteiging by leaps and bounds.

One day, as she was getting ready to take a bus to work she realized that she would have to rush to make it.

She heard on 'A Life with Bitachon' that Hashem never wants a person to rush and lose their Menuchas Hanefesh and Simchas Hachaim.

So she decided she's going to walk calmly, and yes she missed the bus by a couple of minutes.



When she was at the bus stop she started thinking, 'Uh oh, I'm going to have to wait another fifteen... But in truth, one never loses out by doing the right thing.'

Right then, someone on the way to her work, drove by.

She rolled down the window and said "Oh, you're going to work? Come in the car with me."

She ended up getting to work

quicker than had she taken the bus!

NEVER TOO YOUNG TO



START

The Benjamin family from Beit Shemesh was traveling with their family somewhere and their little baby was crying. He wasn't calming down. They tried this and they tried that, but nothing was working.

They said, "One second, let's put on the phone the song of Hakol Yachol." They put it on and boom, baby was quiet.

On the way back, the same thing, the baby was crying. They tried this, they tried that but nothing was working. They put on Hakol Yachol and boom; the baby quieted down!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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 Five Boroughs929-470-5577
 England03-303-502-368
 Australia (3) 99-997-300
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A Life with Bitachon in Yiddish
 Eretz Yisrael: 072-370-1912
 USA: 845-262-5115



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

Patient

I have a very quick grasp. I understand my Rebbi's shiur right away.

My chavrusa on the other hand has a very hard time getting shiur. I feel like I'm wasting my time when I have to explain it to him simple ideas over and over... Please help!



IMPORTANT HEALTH TIPS TO REMEMBER

Helping others = fulfilling the purpose of why you were created!

Dr. Avi Giggle M.D.



I'm prescribing 5 medications for you:

1. Man was created for others. The whole reason why Hashem gave you a smart brain is for you to share what you learned! So not only is your chavrusa not taking anything away from you, he is actually the reason why Hashem made you so intelligent in the first place!
2. You are giving Hashem the biggest pleasure! It's so great, that it has the power to possibly bring the entire generation into Olam Haba!!!
3. Don't forget that your Rebbeim

spend hours upon hours teaching you! The administration of your yeshiva work hard 24/6 so that you should have a yeshiva to learn in! Your parents work hard to pay for your sechar limud! The cooks in yeshiva gives away so much of their time so that you should have breakfast, lunch and supper... You yourself live 24/7 off the kindness of other people!

4. Don't forget that Hashem is behind everything you have. You live 100% off His kindness.
5. You never ever lose from helping others. You will get so much more in return!

A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

R Chaim of Volozhin once asked his Rebbe the Vilna Gaon a question.

He had studied and reviewed Maseches Shabbos twenty times but still did not feel that he had it at his fingertips. He did not feel that he was completely familiar with it. What must he do?

"Twenty?" the Gaon wondered, "You only studied it twenty times?"

And you already expect to know it thoroughly? How can that be?"

"Then how many times must one study

and review in order to really know it?" R' Chaim asked again with humble respect.

"Our sages told us how many times," the Gaon replied, "One hundred and one times only in order to understand. After that, you must continue to review and study without end, without limit, in order to be truly expert in it. This is how Torah Knowledge is acquired."

Good Yom Tov!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Imagine that someone's using a deluxe vacuum cleaner on a shaggy rug. And with the electric wheels turning, it glides smoothly over the thick carpet, picking up small particles and improving the room with each motion.

Now the person moves further away from the wall socket, and the vacuum cleaner becomes unplugged. Without the wheels turning, it doesn't go so smoothly over the carpet, and it's apparent that it's not picking up anything: it's ineffective.

So he parks it in a corner and uses it occasionally as a doorstop or a paperweight, and then wonders, what do I need this thing for anyway? It's taking up

space and collecting dust, so he throws it out.

That's what happens when a person becomes unplugged from learning Torah. The Mitzvos become burdensome and difficult to do, and then, he parks them in the corner, for nostalgia purposes, and then he realizes that nostalgia is not what it used to be, and he ends up throwing everything out. A tragedy. All he had to do, and all we have to do, is to plug in and turn the switch on.

Gut Yom Tov!



Our Reporter From Baltimore

Nesanel Chaim Burkom

Nesanel Chaim Burkom is eight-years-old and lives in Baltimore, Maryland.

He Baruch Hashem has Cerebral Palsy.

For communication he utilizes a computer with his eyes. He manipulates the cursor with his eyes using eyegaze technology.

He listens to 'A Life with Bitachon' almost every morning on the way to school. He types it up to shares it as a Dvar Torah with his family by the Shabbos table.

Nesanel Chaim would love to share the Dvar Torah with the Spring Hill Times readers.



I have a few stories from the Bitachon hotline and I want to share them with you. My 1st story goes like this:

A mother and her children were in the park.



All of a sudden the mother fell into dirt and she became all dirty.

When she got up, she said, "Thank You Hashem," Why was she saying, "Thank You Hashem," when she fell into a pile of dirt?

Let me tell you why! It's because she was embarrassed when she fell into the dirt and it's good to feel embarrassed! It cleans your neshamah! It makes your neshama sparkle and that's why she was dancing and saying, "Thank You Hashem."

The 2nd story is:

One day, a teacher asked a funny question to the class and it was a little bit embarrassing and she felt so embarrassed.

Later that day she called up 'A Life with Bitachon' and after she listened to it she said, "I'm so happy I asked that question."



The 3rd story :

There was this mother and her child always needed her. When she would put him down to play, he would always scream for her. But she had so many other things to do.

One day she said, "I know what I will do. I will put him down and imagine that he's playing happily."

That is what she did and the baby started to play happily!

Good Yom Tov!

*Nesanel
Chaim*



Nesanel Chaim with some of his friends



Hashem gave us this special function of chewing. What happens if we don't chew our food or if we don't chew it sufficiently? Does this create any consequence or damage?

If we swallow food that is not properly chewed – this can cause stomach cramps, heartburn, a feeling of being nauseous and bloating – just to name a few of the possible consequences that can happen.

Perhaps when we feel such feelings we blame it on what we ate or how much we ate, but the lack of chewing can also cause all types of stomach pains – regardless of how healthy the food is. Hashem gave us these uncomfortable feelings to remind us to chew. He doesn't want us to miss out on the five advantages that chewing gives us.

These advantages are: protection from choking, protection from swallowing dangerous objects, helps mix our food with saliva, helps produce saliva and enzymes and gives us more pleasure. Hashem is sending us a message – slow down, protect yourself and enjoy the delicious food that I gave you.

In the past few lessons we spoke about chewing. Let's summarize what we spoke about.

Chewing gives us the ability to eat hard, solid foods without crushing and grating it beforehand. Without teeth, eating solid foods would endanger us from choking and even soft, grain based foods would take forever to eat.

Hashem didn't give babies teeth because they don't eat solids so it is not necessary.

Hashem also created babies with a reflex to push out any solids that touch their tongue. This reflex miraculously disappears when the baby begins to eat solids – at around 6 months.

Chewing mixes our food thoroughly with our saliva – which is full of enzymes and this helps with the digestion process.

Chewing also causes the body to produce more saliva and sends messages to the rest of the digestive system to get ready to receive the food – by producing the necessary acids and enzymes.

Chewing works as a filter to ensure that nothing dangerous, like a fish bone, gets swallowed.

Chewing also greatly increases the amount of taste and pleasure that we get from our food.

We just listed so many wonderful aspects that Hashem gave us through chewing - Thank You Hashem!

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Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

The Chinuch famously writes that the reason why we count the days of Sefira is to show our eagerness toward kabalas haTorah.

Mashal: There was a very high mountain that people avoided climbing. This was because it had obstacles and was a very difficult mountain to climb. However, when people found out that there was a treasure buried somewhere on the top of the mountain, suddenly people took an interest in the mountain. Moreover, as they started climbing the mountain, they were able to overcome the obstacles as they envisioned the treasures that awaited them.



The nimshal is that the days of Sefira are like climbing the mountain. We are supposed to rise higher and higher in Tikkun hamiddos and Ahavas Hashem and Yiras Shamayim. It's not an easy climb as the Yetzer Hara is not going to make it easy for us. He makes it very bumpy and there are many obstacles on our way up.

We spent the entire time for sefira climbing the mountain.

There is a treasure that awaits us on the top of the mountain, and that treasure is Shavuos.



So let's explore this amazing treasure.

Even if it's already Shavuos, and perhaps we haven't climbed much, we can still do tremendous things. Sometimes with lots of mesiras nefesh we can get an overdose of Siyata dishmaya and we can have kefitzas haderech.

The day after Lag Baomer I spoke to my cousin, and he mentioned that he went to Eretz Yisroel right before Lag Baomer and he is back already. So I asked him, "So let me get this straight. Within thirty six hours you went to Eretz Yisroel, to Meron and you are back in America?"

He replied that he did even

more than that. "I also went to daven at our grandmother's Kever on Har Menuchos which is not anywhere near Meron."

In the past five thousand years and five hundred years of the creation of this world such a trip would have taken maybe six months, and he did it in a day and a half. That is called kefitzas haderech!

So now that we can relate to the concept of kefitzas haderech, we are ready to do some serious last minute climbing so we can be zoche to a Shavuos on a very high level b'ezras Hashem.

I heard in the name of the Chasam Sofer that describes the Torah as follows. The world is full of amazing things but there is one thing that encompasses everything and that's the sun.

The sun is the source of all growth and provides us with the ability to see the world. Without sight we cannot appreciate anything.

The Torah is like the sun as well. Without the Torah we would all be walking around blindly in the streets, as we wouldn't be able to see Hashem in the world. As Dovid Hamel-ech says "Einayim lahem vilo

Chizuk Corner

By: R' Y. Friedman

Continued



yiru.” They may have eyes but they cannot see.

That’s how we would be.

As we mentioned, the sun is responsible for the growth on this world.

Similarly, on Shavuos we are rejoicing with this that Hashem gave us the Torah for our spiritual growth and survival. Otherwise, Klal Yisroel would not have any potential for spiritual growth. As Dovid Hamelech says “Lulei Sorascha Shashuai az avadeti b’anyi”

This approach is highlighted in the Gemara Pesachim that quotes Rav Yosef who said in regards to this day the following statement. “If not for this day (Shavous) there would be many Yosefs walking the streets.”

Many years ago, I heard of an Adam Gadol in Eretz Yisroel who went around with a vort in his pocket, and he would say it over whenever he got into a taxi. This vort was short, sweet,

straight to the point, and it gave a perspective at the beauty of Torah. He would explain that this was giving the taxi drivers the zechus of learning during those few minutes.

Additionally, the Torah has the ability to open their hearts. He was planting seeds that will possibly take root. Who knows how many Baalei teshuvos grew from this vort.

Over the years P’eylim/ Lev l’achim would send out their precious Yungerleit that would come down to the houses and offer to learn with them.

These Tzaddikim understood the power of Torah. They understood that how much one can grow from learning Torah.

The truth is that even one word of Torah and even the smallest Mitzva is a treasure beyond our comprehension. As Dovid Hamelech exclaimed “Sas anochi al imrasecha kimo-tzi shalal rav.”

The Mashgiach Rav Dan Segal shlita says this Passuk with much fervor. He says that we see from here that even one word of Torah should bring joy to a Yid as one who chanced upon a great treasure. This is not an exaggeration chalila. It’s the truth.

Story: I heard this story from Rav Avi Weisenfeld. During world war two as the Germans were pounding London with bombs from the sky, people would run for the shelters. Rav Yechezkal Abramsky had a bank near his building and the vault was considered a safe shelter from the bombing. So whenever the siren would start wailing Rav Yechezkal and many others would head over to the vault.

A few Yidden noticed that as soon as Rav Yechezkal would come into the vault he would start murmuring something. They figured that he is davening for everyone that they should be safe. It was still puzzling, because if that’s the case he should have started davening on the way down as well. They approached the Rav’s son and asked him why his father starts whispering when he comes into the vault?

He responded that of course his father is constantly davening for his safety and the safety of the community, but this is not what he is muttering about. He explained that when he walks into the vault and he sees the bars of gold and silver, the glistening jewelry and the wads of cash, he might think to

Chizuk Corner

The unbelievable power of a good word

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himself that this is it. Therefore, he keeps saying the words “tov li horas picha meialfei zahav vachesef.” I wouldn’t give away one word of Torah or one Mitzva for all the gold and jewelry in the world.

Every day, we can appreciate this treasure anew.

When the sun comes streaming through our window in the morning we feel as if we were reborn. We start anew.

Each day is an amazing day like never before.

When we say Birchas Hatorah. We thank Hashem for the gift of Torah that He is giving us NOW.

Today we will learn Torah and do His Mitzvos with sweetness and fire. We will delve into the wellsprings of Torah and bask in its light that is unfathomable. We Daven to Hashem to make it sweet and fresh so we can appreciate the treasure of the Torah.

There is the famous statement of the Ohr Hachaim Hakadosh [in Ki Savo] “that if people would know and feel the sweetness of Torah they would go wildly after the Torah with such a thirst and they will become drunk from the sweet-

ness.”

This can be one of the many reasons what Dovid Hamelech refers to the era of Yemos Hamoshiach “Az Yemalei sechok pinu.” That’s because at that time our hearts will become connected and we will feel how Torah is such a treasure and we will feel the hischadshus as well. We will walk around with the words that we mentioned earlier “sas anochi al imrasecha k’motze shalal rav”. We will live up to the words of the Ohr Hachaim Hakadosh as well.

Let me conclude that Shavuos is called 'Yom Chasunaso'. This is a time that Hashem Kaviyachol married Klal Yisroel. We became the beloved Kallah.

The Ramchal teaches us that once this time has the Koach of a specific event it stays like that forever. From the words of the Neviim and the Chafetz Chaim elaborates we know that when Moshiach comes there will once again be a Chasuna and a Chuppa. Can there be a more befitting time for Moshiach to come?

Furthermore, on that day of Shavuos Hashem revealed to Klal Yisroel as He opened up the skies, that “Ein Od Milva-

do”. Can there be a more befitting time to bring the Geula and reveal to the world that Ein Od Milvado?

Shavuos was a time when Klal Yisroel showed their great trust and love that they said the famous words “Na’ase Venishma” that caused such an upheaval in the heavens. This made Hashem kviyachol extremely proud as the gemara teaches us. Can there be a better time to bring the Geula?

The Ohr Hachaim states that the final Geulah will come in the zechus of Moshe Rabbeinu. Shavuos is the Yom Tov of kabolos haTorah. It is such an appropriate time for Geulah in the zechus of Torah!

Shavuos was a time that Hashem blew from that special Shofar from the Akeida and the whole world shook. Can there be a better time to once again blow from that Shofar once again?

Indeed in the Zohar it says that on Shavuos we will be redeemed. We hope that this year all of us will cry out to Hashem “Naase Venishma”, and Hashem will respond with action ואשא אתכם - על כנפי - נשרים ואביא אתכם אלי - THIS SHAVUOS Amen!

Living With Appreciation

By: R' Daniel Shasha

On Shavuos, we commemorate that Hashem gave us the Torah. The Chovos Halevavos writes that the giving of the Torah was the greatest possible gift to mankind! Although we thank Hashem for this gift daily in bircas Hatorah, there is a unique obligation during Shavuos to thank Hashem for giving us the Torah. After all, the world was only created for the giving of the Torah and observing the Torah is what enables us to have eternal life in the next world as well as a meaningful spiritual life in this world. Through the Torah we can connect to Hashem, our loving caring Father and the King of all Kings, and can live our life according to how He wants best.

One of the Amoraim, Rav Yosef, said regarding Shavuos, "if not for this day, I would be a regular Yosef in the market place" (Pesachim 68b). He was full of gratitude for the fact that the gift of Torah, made him become who he was. This is a really powerful lesson which we can all take from Shavuos; to think about how much we benefit from the incredible gift of the Torah and to express our gratitude to Hashem for giving us this priceless gift.

In addition to appreciating the

gift of receiving the Torah it is also important to be grateful for the fact that we were hand-picked by Hashem to be His beloved chosen nation.

After all, there are over seven billion people on earth, and we consist of less than 0.2%. Yet we were chosen to be Hashem's special emissaries on earth. We cannot really comprehend how much of a privilege this is. Each



one of us is handpicked by Hashem, King of Kings, to represent Him in His world! Incredible!

Our Rabbis teach how at Matan Torah, we so to speak, became married to Hashem, entering into a very close relationship. At Matan Torah, Hashem held Har Sinai over our heads, symbolizing a Chuppah.

Indeed, the entire Shir HaShirim is based upon this idea, that Klal Yisrael are 'married' to Hashem. Onkelos explains that the second verse,

"yishakaini minshikos pihu," is a reference to the giving of the Torah, this event was considered as a personal kiss from Hashem.

The Abudraham teaches that we allude to this idea when we recite Asher kidashanu in our berachos. Besides from the literal meaning 'Who sanctified us', it also means 'Who betrothed us', since we are considered betrothed to Hashem. Thank you Hashem for entering into such a relationship with us!

When reciting the Yom Tov Kiddush, Rav Shach was seen by his family dancing with joy. He explained that the words of kiddush discuss Hashem's unique love for us, and how we, out of all nations, were chosen to be Hashem's beloved nation, enjoying a unique relationship with Him. He felt so overjoyed when reciting this that he simply couldn't contain himself and was spontaneously moved to dance.

Chag Sameach

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email livingappreciation@gmail.com
Also to receive info about a new email tefillah group for men davening for zera shel kayama, please contact us at menstefillahgroup@gmail.com



To Share My Share From Hashem's Daily Shiur.

By: R' Moshe Davidson - A Rebbi in Brooklyn, New York

Be there!

The invention of photography enabled us to record visual images perfectly in almost real life clarity and effect.

We can enjoy capturing, saving, storing, and filing the immense amount of settings or happenings that we would like to remember.

Grand, important moments or events, and cute or funny incidents.

They are all stored away in our archives for some time in the future.

To remind ourselves of what we experienced then, back in the forgotten past,... in the days bygone.

It's a very good and useful thing, to have stored data from happy times.



It can be a real mood lifter in future days, months, or years.

It also can serve as a reminder to thank Hashem for such a wonderful... "whatever" that you experienced in the past.

You might notice that some people are so into busily photographing the function, that they barely are absorbing the truly important essence of the "whatever" that is going on.

In a way, they're not totally "there".

Greeting guests at a simcha is another example.

It's a nice and virtuous thing to do, but not to overdo, and get carried away from the importance of the actual simcha that is taking place.

Don't forget to be there!

Glitzy and extravagant arrangements will enhance significantly the "impact" of a special occasion.

It however, most likely will not enhance any impact of the "significance" of the special occasion.

It can easily divert the attendees attention, from being totally attentive, toward the real aspect of importance at hand.

At הר סיני it was different. Exceptionally different!

Everything we experienced then was from Hashem and it was intended to help us internalize the most powerful experience in the world.

The beauty of that amazing day, with the blazing mountain and shofar blasts.

Even without photography we can still imagine and relive that day.

The day of that other-worldly experience, experienced by the entire Jewish Nation.

The scene did not take away from our attention of the significance of the holy event.

The reason is that since the scene was set up perfectly by Hashem with the intention to help us truly, and fully, absorb the power and the importance of that exciting, fascinating, and awesome experience.

That sweetest "shock and awe" , hearing Hashem speak to all of us at the same time, to teach us His Toirah.

At Har Sinai the beauty of the flowers, the delicious smells of every type of בשמים in the world was a delight that Hashem brought there. To provide us with a special sweet geshmake feeling that should always be remembered and associated with קבלת התורה.

The trembling mountain with it's flames reaching עד לב השמים.

The tremendous amount of thick black and gray smoke swirling high up into the air above everyone.

All of that together with the heavy blanket of the ענן כבוד על ההר was frightening.

Continuous streaks of lightning, and actually seeing the vibrations of the thunder, along with a pow-



erful קול שופר trumpeting, struck terror into our hearts. .

It all naturally (and unnaturally) blasted into our psych and feelings, an unearthly terrifying awe.

It was all in preparation for the Creator of the world to reveal to all the people of His nation, His Presence, and

Continued on
next page

To Share My Share From Hashem's Daily Shiur.

Continued then to speak to them directly.

As Hashem started speaking, the sweetest closest feeling to Hashem, engulfed every Yiddishe hartz and Neshama that was standing there.

באהבת ה', וביראת ה', ביחודא שלים!

We were joined together to the point of הנפש כלות!

The Yidden literally kept on passing away.

At the same time, they retreated in שרעק and ran far away from the scene!

The Yidden kept on running away from the Har Sinai as far as twelve מיל.

Malachim kept on bringing them back.

This kept on happening every time Hashem spoke.

They kept on needing המתים תחיית.

All in all, everyone at the same time was overflowing with tremendous excitement, but together with the maximum "sum of awe" -- "AWESOME" !

The feeling of fear and awe has stayed with us from then, 3,335 years ago, until this very day.

It is what we know and refer to, as היה ויראה (Rashi) and בוש.

We are ashamed to do improper things because of our fear and awe of Hashem that we received then from the awesome setting and surroundings.

We pray every day that we should not develop any עזות פנים Chas v'shalom.

We shouldn't lose that יראה and בוש.

Yet after all that is said and done, Moishe Rabbeinu was still on a much loftier level.

His heilige power of concentration on the actual דברי אלוקים חיים was much greater than the rest of כלל ישראל.

He was able to keep up with the נביאות of מדרגה the whole time.

Moishe Rabbeinu was on the mountain that whole period of time and he was constantly focused on being with Hashem and hearing the divrei Hashem! - משה ידבר והאלוקים יענגו בקול

As for the Yidden it says - וירא העם - וינעו - ויעמדו מרחוק

As for Moishe Rabbeinu it says - ומשה נגש - אל הערפל - אשר שם האלוקים [בשם הרבי מקוצק והרבי יחזקאל מקוזמיר]

After Hashem said the aseres hadibrois, the Yidden returned to their tents. However Moishe Rabbeinu was told by Hashem that he should ascend the mountain and Hashem will teach him the entire toirah.

Then he'll receive the luchois with the aseres hadibrois engraved.

Hashem said "come up to Me on the mountain and "be there".

עלה עלי - ההרה "והיה שם" - ואתנה לך - את לוחות - האבן אשר - כתבתי

My father ע"ה used to quote this following "vort" many times in the name of the great Poilische Rebbe Reb Yechezkel from Kuzmir [the grandfather of the first Modzitzer Rebbe]

Hashem told Moishe come up

and "be there "meaning to say that Moishe should be there with Hashem, totally, without any other things in mind.

Even Moishe the greatest נביא ever, was clearly directed by Hashem to totally be controlling his mind and heart to continuously be focused wholly with holiness, on being with Hashem to learn the entire Toirah.

Moishe Rabbeinu was the greatest נביא and he was able to do that perfectly.

This is also a lesson for us, since this idea applies to us too on a daily basis.

Whenever we are capable of doing something of importance for Avodas Hashem, we should consider the fact that we are doing something of great magnitude.

We shouldn't be thinking about other things at the same time.

We should get totally caught up and involved in the process of doing something that is so precious.

We should be fully focused on what is at hand.

Be it any mitzvah,

a brocho,

a chesed,

limud hatoirah,

tefillah,

Remember how precious your deeds are in the Eyes of Hashem - והיה שם!!

BE THERE!

לעילוי נשמת ר' ישעיה בן ר' מרדכי זצ"ל נפטר בשם טוב ו' סיון תנצב"ה

LIFE IS SO WONDERFUL!

By: R' Moshe Hirschberg - Lakewood, New Jersey

There is a famous story told about a Rosh yeshiva that was approached by an elderly non-learned individual. The person told him, "My days are numbered and I would like to spend it learning Torah. But, when I see the great level of bnei Torah, I feel that Hashem doesn't need my Torah. There are many more Torah learners, I feel that my mediocre learning isn't needed?"

"I would like to tell you a story," replied The Rosh yeshiva: "The world-famous music writer, Toscanini, was getting older, and he was asked to be interviewed by a world-famous newspaper. The newspaper asked if they can observe him during the upcoming presentation that he arranged. Toscanini replied that no one can be present during the presentation. I need clarity of mind, and I'll be listening to this in my private room.

They pressured him until Toscanini agreed, but on condition that they remain silent during the entire duration of the concert.

As the splendid and magnificent concert started, Toscanini seemed distressed and very disappointed. However, the interviewer was unable

to inquire, and remained silent until the end. After the conclusion of the concert he asked Toscanini why he was so upset, wasn't this a glorious exhibition?

"I've arranged 17 violinists to perform, and only 16 showed up," explained Toscanini. "This is terribly bothersome!"

"Why does it matter if one violinist was missing," He asked Toscanini. "The concert was absolutely magnificent!"

"I set up 17 violinists because that is how many were needed. Hadn't I needed each of them, I wouldn't have gotten them. I needed every single one of them! Each one enhances the concert in a way that NO ONE else can. This one does his own unique harmony that no one else has, and if one is missing, the entire concert was unsuccessful and unproductive!"

"An ordinary person cannot tell the difference," continued Toscanini. "But the arranger who arranged it all surly notices anyone missing."

The Rosh yeshiva then explained to this individual, that he might not know the tremendous impact and uniqueness of his Torah, but the arranger -- Hashem, He knows

the impact of every person's Torah. You have something that even the greatest tzadik can't give Hashem. Had this not been true, Hashem wouldn't have created you, he would have sufficed just with the tzaddikim. The fact that Hashem created you is the greatest proof that you're tremendously needed and wanted for Hashem's master-plan.

This famous story brings us such a powerful message. We may ask ourselves, "Does Hashem really need my Torah and mitzvahs, I'm just one small person?"

The answer is: your ABSOLUTELY needed!! The actual fact that you were created proves that Hashem wants you, and you're so precious to him! There are so many special people, and yet Hashem said: "I need you!" There's no mistakes when He created you.

Thank you Hashem for making me part of your chosen nation!

I'm beyond delighted! I feel so indebted to you, Hashem!

Have a wonderful Yom Tov!

מה
אהבתי תורתך!
CONTEST

The wonderful day of Shavuos is coming!
Show Hashem how much you love His Torah!

BOYS

Boys until age 7: Start now learning a Perek of Mishnayos and make a Siyum during the Yom Tov of Shavuos.

Age 8 and up: Start now learning a Mesechta of Mishnayos and make a Siyum during the Yom Tov of Shavuos.

1. Write down what you learned.

GIRLS

Bake a delicious cake in honor of Shavuos or make a cake or sign congratulating your brothers or father on their Limud HaTorah.

1. Take a picture of your cake or sign.

2. Write your name, age, complete address and telephone number.

3. Send into email: thespringhilltimes@gmail.com

Or mail to The Spring Hill Times

56 Spring Hill Terr

Chestnut Ridge, NY 10977

Entries should be in by: Wednesday Behaloscha 18 Sivan 5783

Chazara counts!
Every time you learn you a perek or mesechta get another entry into the raffle!

2 Winners!

Choose any sefer/ Seforim or books you like* and get them delivered to your door! *Up to value of \$40

ר' ישעיה בן ר' מרדכי זצ"ל
Yarzeit first day of
Shavuos.



By: R' Nesanel Landesman

Suggestions for the case of:

Shua had invested wisely and had a diversified stock portfolio. He favored one particular investment, which was TLE a technology company. Shua had high hopes that this security would bring in great returns. He was shocked and disappointed when TLE got some bad news and the stock plummeted.

- Hashem may have saved Shua from losing even more money. Maybe he will reconsider playing the stock market since it's so risky.
- Shua may want to learn how to invest more safely, and this could make him more money in the long run and also buy peace of mind.
- Shua needed to put Hashem into the equation. Possibly the stock plummeted because he did not have enough recognition and gratitude to Hashem. The stock plummeting is his wake- up call. The next time he invests he will have learned his lesson and be more successful because of it.
- Perhaps, he will now appreciate the words of his Rabbi that unless you really know how the market works, you should stay out of it.
- Now, Shua will consider "investing" his money in gemachim and other Mitzvos. He will b'ez-ras Hashem come to see that this is the greatest investment possible, both in this world and in Olam Habah!

CASE OF THE WEEK:

Meir Levine wanted to surprise his wife and make a special breakfast for the family. "Anyone could follow a recipe" he thought, and decided to make pancakes.

He was beaming as he brought the overflowing plate to the table. His wife and each of his six children took one bite and spit it out. It seems Meir had used vinegar instead of oil!!

He was so embarrassed.

Help Meir have ayin tova for his situation.

Please send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:

USA: 831-244-6019

EY: 052-760-5409.

The Miracle of Bread

By: M.S.

If we would take a few minutes to think about the process of how bread is made, we would discover a mind-boggling amount of kindness and miracles that Hashem does for us.

One of our readers, every day thinks about a few miracles that Hashem performs in giving us bread.

He sent in a list of over 250 miracles!!!

If we would include all the people involved and all the machines involved and all the different miracles Hashem made each step of the way, we would realize that each piece of bread contains millions upon millions of miracles. The farmer and all his workers who plant the wheat also eat bread. The machinery was invented and made by people who ate bread. Our parents, grandparents going back all the way to Adam Harishon all ate Hashem's food. All that is packed into your slice bread!

הזן את העולם כולו בטובו!!! 🎵



The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.



The seed stays fresh and doesn't rot so you can gather them and plant a whole crop's worth.



Soil is only found on earth.



Soil is the perfect environment for the seed to grow.



The soil is a natural habitat for ants to live and also the inchworm.



The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.

Yes!! We are ready!!!

More than 30 Spring Hill Times readers have packed their Mashiach bags already!

And the Winner is.....
Nechama Keilson
Age 12 - Lakewood, New Jersey



My Suitcase contains:

- | | |
|-------------------------|--------------------------------|
| A beautiful dress | shelf stable |
| A water bottle | A siddur |
| My journal | Camera charger, |
| My camera | A pen and pencil |
| My favorite fidget toy, | Art supplies to draw the view, |
| A neck fan | Paper |
| Ice coffee | Clipboard |

Everyone who submitted was a winner!

You are bringing Mashiach closer by leaps and bounds!

You are Klal Yisrael's Heros!
BE"H we will feature all your entries in the coming weeks!

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

Tuesday 3 Sivan
 Low 48°F
 High 71°F  **Mostly Sunny**
 It will be a wonderful day to thank Hashem for making you a Yid!

Wednesday 4 Sivan
 Low 55°F
 High 82°F  **Mostly Sunny!!!! Wow!!**
 There will be perfect weather to see Hashem's wonderful kindness!!

Thursday 5 Sivan
 Low 50°F
 High 72°F  **Partly Cloudy Yay!!!**
 Perfect day to jump up and down from excitement while getting ready for the Heilege Yom Tov!

Erev Shabbos 6 Sivan
 Low 50°F
 High 74°F  **Partly CloudyYum!!!**
 Perfect day to eat delicious cheese-cake to show how much you love Hashem's Torah and His Mitzvos!

Shabbos Kodesh 7 Sivan
 Low 55°F
 High 77°F  **Partly Cloudy!! Yay!!!**
 Stunning weather! Perfect to celebrate Hashem's Shabbos with Shabbos party!

Sunday 8 Sivan
 Low 57°F
 High 78°F  **Showers! Gorgeous!!!**
 Beautiful weather! Will be a great day to greet Mashiach ben Dovid!!!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

Thank you Hillel Schwartz- 9, for your beautiful entry!

ופתאום יבוא...

Thank You Malky Hess - 11, for your beautiful entry!



Thank You Menachem Serebrowski - 12, for your beautiful entry!

Thank You Moshe Eisenman -9, for your beautiful entry!



A GLIMPSE INTO THE PAST

By: Sruli Yelen - Lakewood, New Jersey



*Rav Dovid Feinstein zatzal with
ybl'ch Rav Reuven Feinstein shlita*



Navominsker Rebbe zatzal

By: Shalom Gartenhaus - Brooklyn, New York



Rav Naftali Tropp ztazal



Rav Chaim Soloveitchek zatzal

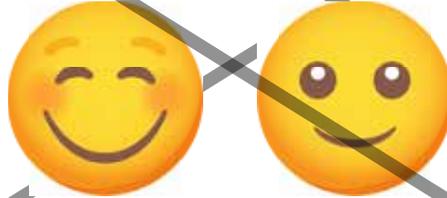
The Boost Your Mood Machine™

The amazing device that tells you the exact words you need to hear throughout your day!

Do you need chizuk often but are ashamed to ask for it?
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Are you desperate for compliments but are too embarrassed to ask for them?

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- ✓ Accomplish so much!
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IF **MICROSOFT** WOULD OFFER THE SPRING HILL TIMES \$1,000,000 TO PUT IN AN ADVERTISEMENT FOR THEM, WE WILL TELL THEM A RESOUNDING:

NO!!!!

IF **TESLA** WOULD OFFER THE SPRING HILL TIMES \$100,000,000 TO ADVERTISE THEM WE WOULD CLOSE OUR EARS AND TELL THEM:

NO!!!!

IF **PEPSI COLA** WOULD OFFER THE SPRING HILL TIMES \$1,000,000,000 TO ADVERTISE THEM WE WOULD CLOSE OUR EYES AND EARS AND SAY:

NO!!!!

BUT IF A HEILIGEYID WANTS TO DONATE \$5/\$10/\$15/\$20 A MONTH WE WILL SAY:

YES!!!!

The Spring Hill Times says 'Yes' to:

- ✓ Hashem
 - ✓ Shabbos Kodesh
- Will you also??**

Recap: Shimmy's hand got stuck in a machine & he needed a surgery - which was taking skin from his back & putting it on his palm. After the surgery...

An amazing Story

Chapter 5

Based on a true Story



By SP

Its not over yet!

To be continued...

Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

It's a
Stunning
World!



It's a
Wonderful
World!

Are you a recipient of Hashem's goodness?
Did you see, experience or hear special Hashgacha Pratis?
Did you or anyone in your Beis Medrash experience hashgacha pratis while learning?

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5

Weekly Thank You's

לזכות משה יהודה בן
שושנה



By: R' Simcha Elefant - Yerushalayim Ir Ha-kodesh

Thank You Hashem for Trees! They give us such beautiful scenery while filtering and purifying the air!



Thank You Hashem for Cheese-cake! What a delicious and most appetizing treat!



Thank You Hashem for the Torah! It gives us guidance and life. Thank You for making it so enjoyable!



Thank You Hashem for Honey! Such a delicious sweet natural treat!



Thank You Hashem for Mixers! They make it so much easier to make Challah, cakes cookies!





THEN & NOW

Want to take milk out of the fridge?

1800's :

What's a fridge?

You only had minimal amount of milk, whatever the milk carrier was able to bring you.

Or you needed to milk the cow yourself...



Today:

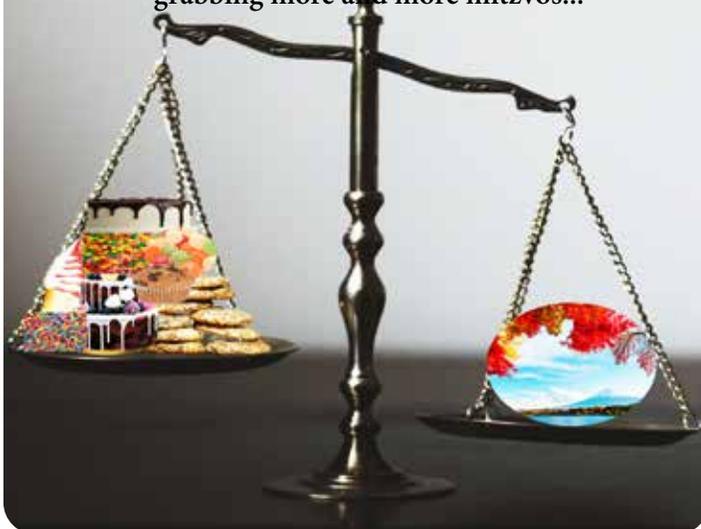
Open your fridge and choose between red, blue and green milk.

The stores are loaded with fresh milk!

They are loaded with countless milk products: blueberry yogurt, strawberry yogurt, vanilla flavored yogurt, chocolate milk, cheese snacks, ice cream of all flavors, pizza, all types of chocolate bars, milk munches etc etc.

Allergic to cow's milk? Just buy products made from goats milk or soy or other milk substitutes!
Thank You Hashem! We love You Hashem!

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

The ווילנא גאון says " עיקר חיות האדם הוא שבירת המדות "



the main reason why you were born was to work on your מדות. We didn't come here to get כבוד, to be מצליח, or to get nachas. We came here to break our מדות. The יצה"ר will get you to

think that other things are more important because he knows that this is the main purpose of a person's existence

Breaking מדות is enjoyable, it's a thrill, and tremendously satisfying.

If you want to have fun, break your מדות!

Working on מדות keeps a person young, strong and healthy. Spending time on תיקון המידות when needed can save you physically and spiritually.

Bad middos like envy anger, depression, worry, resentment, and being unforgiving and sensitive are known to shorten a person's life and weaken his body but just working and trying will give you so much ברכה.

The next time you want to kvetch, go against human nature and cheer up. And the next time you have a confrontation with someone, instead of fighting go to the real enemy who is the יצה"ר and treat yourself to a בטחון or כעס גאוה on מוסר ספר a

Rabbi Yosef Moshe Mizrachi

Ever find yourself trying to daven or learn and it just won't go because something is bothering you? One might think: "If only this person didn't get me upset or if only I didn't feel this way, I would be able to serve Hashem properly. But now I'm distracted."

The Michtav M'elياهو (chelek beis page 241) Writes: 'Our personal challenges and struggles is exactly where we carve out and start our avodas Hashem!'

Someone who has worries and anxiety can use those exact feelings to guide him to work on his bitochon and ultimately establish a real connection with Hashem!

Another example can be jealousy. R Kalish Said 'when a talmid tells me that he is jealous of his friend, I get so happy! Because those hard feelings can be used as a spring board for meaningful self talk and amazing discovery ! This bachur can now ask himself; what is it that I'm really jealous of? What do I truly value? What is something that makes me unique...

We don't need to look for problems. But if they find us, we should realize they are the door way that leads us to great things!

Shabbat Shalom U'mevorach!

Mazel Tov!

Mazel Tov to Rabbi and Mrs. Avraham Yeshaya Rosenman (Chestnut Ridge, New York) on the engagement of their daughter Chanie to Nosson Goldshmidt!

A VISIT TO R' DANIEL!

Recap: A most amazing piece of information that is too good to be true, came to our attention! That here in New York lives a very old man, who is the last known remaining living Yid who left Mitzrayim. His name is R' Daniel and he is from Shevet Don. When he left Mitzrayim, he was a 15-year-old boy and today he is 3350 years old! He lives today with his great-great-great-grandchildren in Monsey, New York. The Spring Hill Times has been granted the rare privilege of being able to interview him from time to time.

It was a beautiful and warm spring morning and we set out to visit R' Daniel in his house. We couldn't wait to hear first-hand details about Matan Torah from someone who there and remembers it!

R' Daniel was so happy to see us. We had a most fascinating interview:

Spring Hill Times: The Yidden had just left Mitzrayim. The work there was bitter and hard. They had no day and no night. Finally, they were freed.

Didn't you feel that you needed a break? A vacation? Were you looking forward toward Matan Torah when you would become obligated in 613 mitzvos?

R' Daniel: I'm sorry. I don't understand your question.

Spring Hill Times: Wasn't it a bit hard to accept upon yourself the Torah? You barely had a chance to enjoy your freedom.

R' Daniel: After Hashem took us out of Mitzrayim, there was nothing on our mind besides coming close to Hashem. There was nothing more that we wanted.

We were drawn to Him with a mighty magnetic force! It was a feeling that's impossible to describe!



We saw how much He was doing for us. We clearly felt His unbelievable love.

We were ready to do anything in the world for Him!

Spring Hill Times: Wow, that sounds so amazing!

So you never felt that Torah and mitzvos take away from your personal freedom?"

R' Daniel: Torah and mitzvos are our freedom! Without them we would be wasting away our lives serving the Yetzer Hara!! The true free man is the one who has Torah and mitzvos! He has an eternity of pleasure waiting for him! He has Hashem!

Spring Hill Times: Can you describe to us what you experienced during Matan Torah?

R' Daniel: Sorry, but I can't describe it.

Spring Hill Times: But perhaps you can

share something with us? It will mean so much to our readers.

R' Daniel: Sure, I'll try.

First thing I can tell you is that the awesomeness of matan Torah was amazing! We were completely overpowered just by getting a tiny exposure to Hashem's infinite greatness.

Just from hearing His voice, we flew miles! Our physical bodies couldn't handle it! Until today, every time I think about Matan Torah, I tremble uncontrollably.

But at the same time we felt His overwhelming love for us. We were drawn and attracted to Him in a way that I cannot describe in words. It was the best feeling I have ever felt in my entire life! We felt like k'vyachol Hashem was kissing us!

Spring Hill Times: Can you please describe to us what that feeling was like?

R' Daniel: Take all the pleasures on earth and put them all together and it wouldn't even be a mashal!

It was a pleasure that had no end to it!

That was just a few seconds of the sweetness and deliciousness of Hashem... Imagine having that forever...

Spring Hill Times: Wow! Unbelievable!

R' Daniel: Yes, I had to keep on pinching myself throughout the entire time. "Is this real. Are we really the lucky ones to part of this most wonderful thing that can possibly be?"

I remember think at that time, "Can I fully grasp what it means that we are destined to be together with Hashem?"

Spring Hill Times: Wow! It must have been so wonderful!

Do you think that we too will ever get to experience that feeling here in this world?

R' Daniel: Yes! Of course! When Mashiach comes!

Spring Hill Times: Oh, if only he would be able to come today...

R' Daniel: Yes! He can come today!

Spring Hill Times: But does Hashem really love us? Our generation, that has so many faults...?

R' Daniel: Of course! No question about it! Hashem's love for Klal Yisrael is as strong today as it ever was! There is nothing that Hashem wants k'vyachol more than to be together with Klal Yisrael! He is waiting with open arms for thousands of years! He is waiting for Klal Yisrael to run towards Him!

And Klal Yisrael today, surrounded by the strongest Tumah that the world has ever known, is speeding towards Him!

You are fighting the strongest forces that the Jewish nation has ever faced, and you are winning!

Make sure to keep this newspaper going!

The Kiddush Hashem it is making is indescribable! Every single issue is bringing Mashiach closer and closer! The entire universe was waiting for this!

If only you would know the tremendous happiness that is taking place in Heaven...

The Spring Hill Times: This is so exciting!! We can't to share this with our readers.

Thank you giving us the time! We really enjoy talking to you!

In the name of all of our readers we would like to wish you 'A gut Yom Tov!'

R' Daniel: Thank you for coming! I enjoy it too! Chag Sameach to you and all your readers! Next time BE"H in Yerushlayim Habenuya!



*Dovid: Beloved Servant,
Beloved King; Chai V'Kayam*

Dedicated to my beloved daughter, S.N. עמור"ש

Like the stone despised by builders
excluded and alone,
Dovid would become the flesh and blood king
the rosh pina, the cornerstone.

In a time when stature, appearance, and yichus were
the rule
his own family considered him
a katan, a mamzer, a fool.

The Sweet Singer of Israel
with roots in Moav and Sdom;
no one expected Yishai's ruddy, eighth son
to become the father of Moshiach
from the pastures of Beit Lechem, his home.

Gifted by Adam HaRishon
a span of seventy years,
he dedicated his life to singing Hodu and Hallel,
which flowed directly from Dovid's lips to Hashem's
ears.

From the devotion and mesires nefesh of Rus
to the bitachon of Nachshon Ben Aminadov,
Dovid embodied the best middos of his forebears
To serve the Melech Kayam above.

Both Avraham Avinu and Dovid HaMelech,
marveled at the majesty Hashem had made.
They found shelter behind Magen Avraham and
Magen Dovid
and comfort under His wings; His shade.

Basking in the aroma of the Machpaila,
Yitzchak Avinu established the mincha prayers.
"Israel's eyes are raised to me in hope..." Dovid
davened to Hashem, "If You hear my tfilla, it's as if
you've heard theirs."

Talmidei Chachamim, immersed in learning all
their days from youth;
Yaakov Avinu was known for honoring emes.
Dovid HaMelech was a righteous judge;
whose judgements were based on Torah and truth.

With gratitude, Leah Imeinu defined the nation
when she thought she had received more than her
share.

"My Lor-d," pleaded Dovid, "open my lips, that
your praises, my mouth may declare."

A leader, a model of courage and integrity
when put to the test.
Daled for Dovid joins Yud Kay Vov Kay

hinting that with the scepter of eternal malchus,
Shevet Yehudah would be blessed.

Humble shepherds of their nation and flocks.
Dovid was the Ner Yisrael; Moshe Ish HaElokim,
Moshe Rabbeinu brought us five books of Chumash;
Dovid HaMelech gave us five books of Tehillim.

Not a weak Sycamore sapling,
but an Olive tree, confident and secure;
his arms were like marble, but his strength was in
his yiras shomayim and dveikus;
that's why Dovid's kingdom will forever endure.

When Israel's first king, Shaul, disobeyed Hashem's
orders
sparing Amalek and missing the point;
Hashem directed his prophet, Shmuel,
"Fill your horn with oil. A King for Me you will now
anoint."

One by one, Yishai's sons came forward
all looking fit for the role,
but the One Who Sees All perceived any flaw.
His vision penetrates through the man to his soul.

"There must be another son, proclaimed Shmuel
HaNavi. All fine men are these,"
but, said Hashem, "not suited to lead My Nation."
"Not the one with the character which will, Hashem,
please."

"You only take in the external
Your eyes can't see past there."
"My vision exposes man's heart
where I measure the depth of chesed for his fellow,
his care."

So Yishai summoned his outcast son
from where he was tending sheep in the field.

With Moshe Rabbeinu's Shemen HaMishcha
the fate of the monarchy would now be sealed.

Even before Dovid arrived
the oil heard the sound of Dovid's heilige voice
and frothed and bubbled in the horn
recognizing royalty, Hashem's beloved, Hashem's
choice.

As pearls and gems glistened
where the oil hardened on Dovid's brow,
those who had despised Dovid
were forced to see their terrible folly now.

Soon, Hashem's nation was taunted and threatened
by Golyas
who was covered in armor head to toe.
He was twice the size of a normal man,
A daunting, six-cubit foe.

Dovid was sure he would defeat Golyas. Nothing
would go wrong.
All the copper in the world could not protect this
heathen,
with Dovid's trust in the Creator of Heaven and
Earth so strong.

To save his flock,
Dovid had battled lion and bear,
but from where his prowess truly came,
not from armour or weapons, Dovid was always
aware.

With five smooth stones,
his shepherd's sack, Dovid filled.
One for Hashem, one for each of the Avos
and two to avenge Hophni and Pinchas; the sons of
the Kohain Gadol, whom Golyas had killed.

A sling of a stone and Siata D'shamaya was all it
took.

The giant warrior fell forward, dead.
In a great kiddush Hashem,
Dovid was now the owner of the haughty, Pelishti's head.

Later, Dovid HaMelech was a victorious warrior,
Resisting impulse and pressure, come what may.
"If we attack, we'll die, if not they'll kill us;"
but we'll die righteous. At all costs Hashem's command we must obey."

David HaMelech conquered Hashem's enemies
and exemplified how to win the most important fight
by vanquishing the enemy within
a repentant can hope to reach
the loftiest height.

Distraught that Hashem's Presence
did not yet have a permanent dwelling place,
Dovid HaMelech slept on the floor until chatzos,
from then to dawn, Torah shined on his face.

Dovid HaMelech prepared every detail.
He sanctified Yerushalayim, Ir HaKodesh,
and the intended Har HaBayis site.
He gathered gold and silver from the spoils of war
so that his son, King Shlomo,
could build the Beis HaMikdash when the time
was right.

Some yearned for Shlomos's reign and the Temple,
so they could make the festival pilgrimages, David heard.
"One day of your Torah study means more to Me,
than the one-thousand burnt offerings [of] your

son, ...," Hashem assured.

Whether in triumph and elation
or turbulent waters and tzoros
Dovid praised the Tzur Yisrael and His Unlimited Yad;
with shir and zimra, always striving to gladden The One Living G-d.

With clean hands and a pure heart, Dovid HaMelech,
danced with abandon and made music to glorify Hashem's name.
The seventh Ushpizi, the fourth leg of the Mercava;
after Dovid's 70 years, the world was never the same.



Dovid HaMelech reigned over Am Yisrael
with justice, strength, prayer, joyous song, and love.
In harmony with He Who Enables Man's Footsteps,
Dovid walked on Hashem's path,
with Hashem always l'fanov.

When Hashem deems us worthy
and when from the arrogant we
have suffered enough bizayon and

enough buz,
only Dovid HaMelech will merit to raise the cup of yeshuos
and only Moshiach Tzidkeynu will merit to fill David HaMelech's shoes.

Mrs. M)lyar, 5783

Thank you to HKBH, artscroll commentaries Shmuel I and II, Artscroll Tehillim and Siddur, Rabbi Gershon Weiss (Matriarch of King David's Dynasty), Family Midrash Says: Shmuel I and II, Yishai Chasidah (The encyclopedia of Tanach Personalities), Rebbetzin Shira Smiles, EK, and AU.

Growing From Our Gedolim

Ahuva Rothenberg, Lakewood, New Jersey

Rav Shlomo Rothenberg of Mountindale, New York, was once driving down the road, and a police officer flagged him down. The officer, hands on his hips, approached the car window. The officer's brow furrowed as he began to question Rav Shlomo's speed. Rav Shlomo smiled at the officer, and clasped his hands together. He began to reason with the stern officer.

"Officer," Rav Shlomo said, "I drove down this road thousands of times. Did you ever pull me over to compliment me on my driving rather than giving me a ticket? You see," Rav Shlomo explained. "I'm a teacher, and I know that I can't just rebuke my students. I have to encourage them as well."

Rav Shlomo's sincere words made their mark, and the officer waived the ticket to allow him to continue on his way.

Rav Shlomo treated his talmidim in the very same manner. He would constantly praise his talmidim and focus on their good qualities.



Learning From Our Gedolim

By: Amrom Weinstein, South Fallsburg, New York

When Harav Michel Yehuda Lefkowitz was a Bochur, he was once learning in the Bais Medrash. Someone came in and told them that the Chofetz Chaim was passing by on that street. All the Bochurim went running outside, but Rav Michel Yehuda continued what he was learning until where he was able to stop.

As he was leaving, he noticed that nobody else was learning in the Bais Medrash, so he sat back down and continued learning, even though it meant he would miss seeing the Chofetz Chaim.



A lady who was a big artist and did not have children once came to R' Moshe Feinstein to get a Bracha for a child.



Later on, she had a child and she brought Rav Moshe and his Rebbetzin a painting which the Rebbetzin hung up in the dining room.

When this baby grew up, his mother brought him to Rav Moshe. When they left the apartment and were waiting by the elevator, Rav Moshe came running out of his apartment into the

hall because he remembered that the painting wasn't hanging up in the dining room any more. He was afraid that she was hurt. So Rav Moshe explained to the lady that the dining room was made into a place where they had a Minyan for Shacharis, so the painting was moved to a bedroom.



When Rav Shneur Kotler's son R' Meir Kotler was Niftar, it was on Shvii Shel Pesach. That year Isru Chag was on Friday. The Kotler family spent Shabbos in Boro Park.

When they came home after Shabbos, they found Rav Meir Hershkowitz with his wife washing all the Pesach dishes and putting them away and taking out the Chometz dishes!



Rav Meir Hershkowitz zatazl was once giving someone Eitzos for around an hour. Then he apologized and said, "I have to go to a Levaya."



The person asked him, "Who's Levaya?" and he told him, "My daughter's."



Getting the Torah

**A boy who went through Mitzrayim and now
is standing in front of the beautiful
mountain, Har Sinai, where we got the Torah.**

DEAR DIARY,

I'm describing the sight I've experienced minutes ago with amazement in my heart. My head is still pounding from the experience I have just been through. I have just received the beautiful mitzvos, and all that comes along with it – I've received the Torah.

Let me recap a bit for you so you can understand what's going on. Excitement, anticipation, and fear, elated our thoughts last night. I tittered around my family's tent, enthusiasm mounting in bubbles inside of me.

Papa and I embraced warmly, rejoicing. I sauntered to bed that night, my thoughts overwhelming. The big day finally arrived, I hopped out of bed, and tidied myself up.

Papa, Mama, my siblings, and I, crowded out of our tent. We gasped in awe. The mountain, Har Sinai, was magnificent – small and striking, flowered, and beautiful.

I closed my eyes tight, willing them to stay dry. I felt like hugging the world. Fear provoked in a fiery storm inside me. I stiffened just as my friend hugged me tightly, I clung to him as if my life depended on it. This time, I let the tears fall freely.

A swarming of emotions passed over me, and I clasped my hands together. Just as I was about to erupt, Matan Hatorah began. All the people around me looked so thrilled, happy, enthusiastic, eager, and elated. They were looking at each other, awe etched on their faces. Then, everything began before our still forms.

Lighting struck before all of our wide eyes. I squeezed my eyes shut, not believing the miracles I was witnessing. Animals surrounding us froze, the world froze. Silence engulfed the atmosphere. I felt all the blood drain from my face. Papa, noticing my reactions, squeezed my hand encouragingly. I glanced

at him gratefully. We all stared, amazed, as lightning struck in huge bolts all around us, hearable. I covered my ears desperately, the sight was too much to behold. Mama massaged my shoulder lovingly. We saw thunder enveloping the sky, don't ask me how.

I rubbed the scar on my hand I had gotten from a wicked Mitzri's whip. To my shock, the scar had disappeared. I whirled around in wonder. The old man who used to be blind opened his eyes in alarm. People in wheelchairs hopped out, delighted, elated, and surprised by the turn of events – from hopeless handicap, too salvation. It was a sight to see. Not one scratch remained on one's body.

Papa and my siblings stared at me in awe.

A loud voice began piercing the sky. Everyone flew back 12 mil. I began shaking, sweat trickling down my forehead. (That's the reason some people shake while learning Torah.) A tremble chilled through me, and I swayed uncontrollably back and forth, the voice became forceful.

I crumpled to the ground from fright, everyone around me doing the same. Hashem returned my neshama to me, and I arose from the ground. The loud, powerful voice filled the air again, and I once again staggered to the ground.

After awakening miraculously once more, Moshe's voice filled the quiet air. I held my breath. We had just received the Torah, you and me.

The entire new nation stood, breathing in and out heavily, as the Aseres Hadibros were recited, booming down from the flowered mountain.

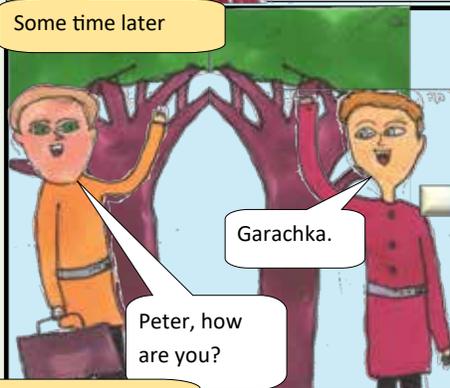
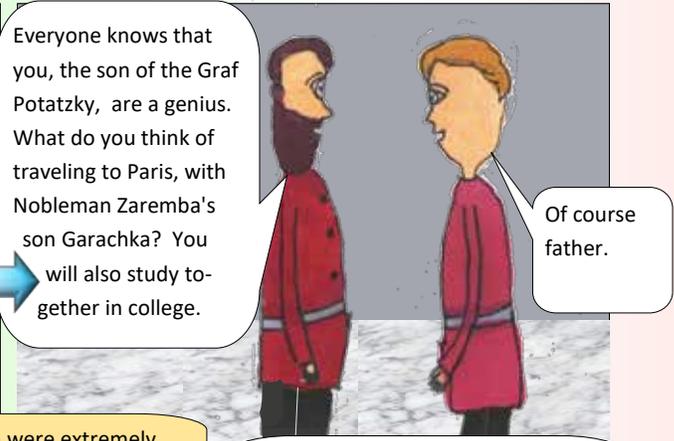
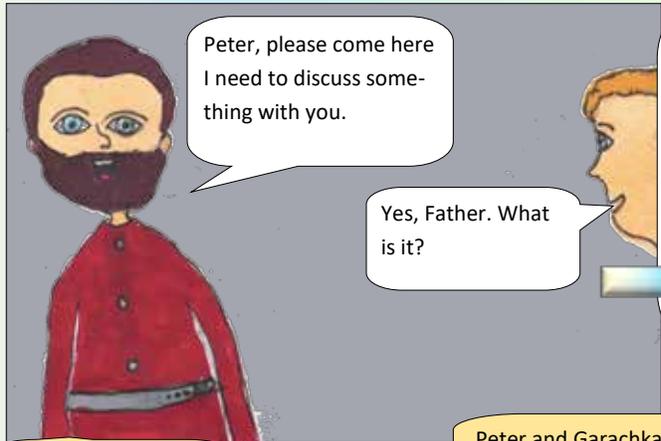
We saw the words that were being read. We were able to see all the noises piercing the heavens. I felt a tremendous sensation seizing upon my heart. I'll never forget this moment, the moment we became Klal Yisroel.

We've all been there, and we'll all remember the moment we've gotten the Torah. Hashem made us experience Har Sinai in order to show the whole world how great Klal Yisroel is, and to put in our hearts a fear of Hashem.

A kid who experience Mitzrayim, Yetzias Mitzrayim, and Kriyas HaTorah

**May We All Be Celebrating Shavuos In
Yerushalaim Very, Very Soon!**

By: Ahuva Rothenberg



Some time later

Peter and Garachka were extremely involved in their studies.



Until one day...



Don't hand us in for learning Torah when it's illegal!

We have no intention of doing so. Please teach us Torah

It's dangerous! I guess so.

They started spending less and less time in college and more and more time with the old man. One day on the way back.

Garachka, where can I be a jew?

In Amsterdam. Why?

I realized it's the only truth, so I'm becoming one! Do you want to join me?

Of course I do!

We're leaving tonight. Let's pack.



What's this letter?

Dearest Peter,
I miss you. I hope you're doing well. Your professor wrote to me stating that you have lost interest in your studies. My precious son Peter, I'm concerned for your wellbeing. I hope this passes soon, and please respond quickly.
Your father

I'm nervous that my father will cut my funds.

We shouldn't leave right away in the middle of the night. They'll investigate, and torture the old man.



They went to Rome and asked all their questions to the priests, but there were obviously no answers.

3 years later in the hotel room

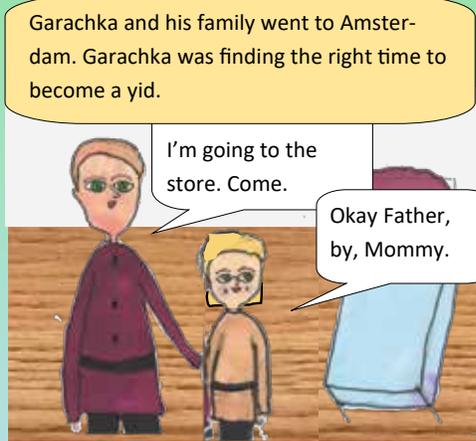
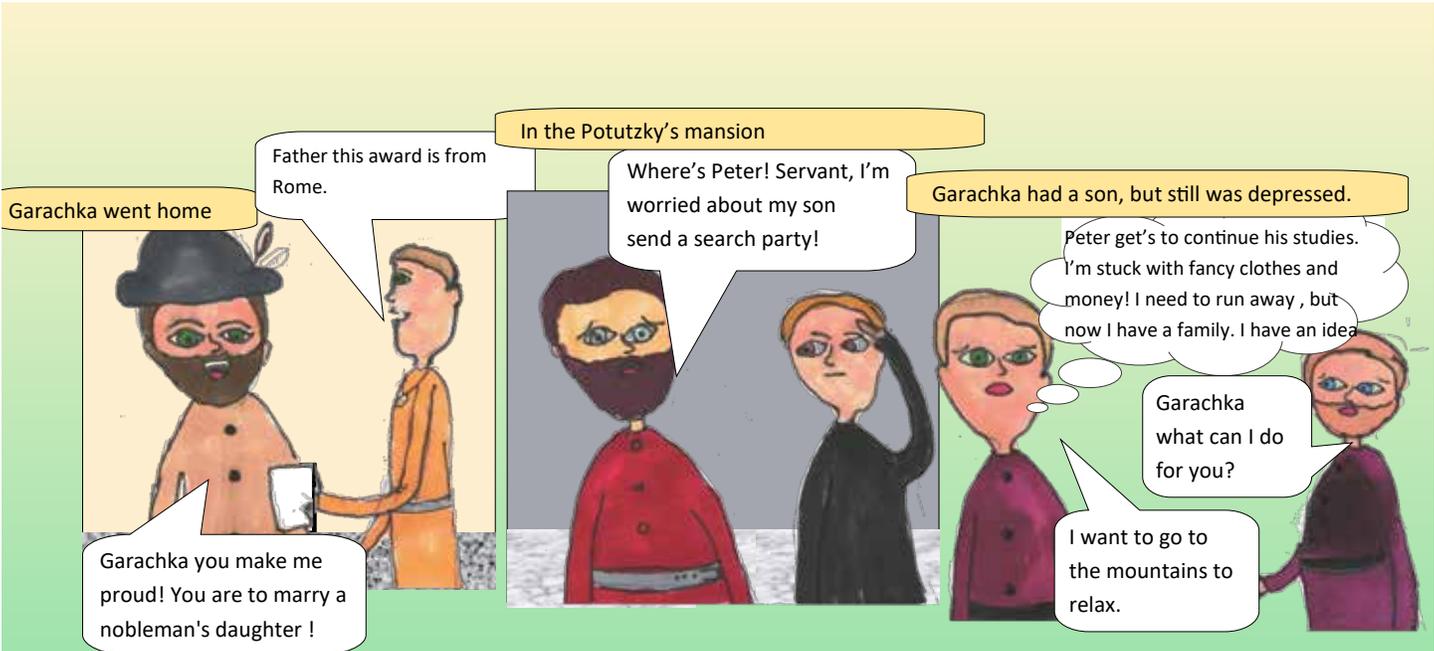
Some time later

Garachka, it's been too long. Let's go to Rome and ask the priests all our questions first.

Dear Garachka,
Last time I wanted to leave you convinced me otherwise. I am leaving as a friend by telling you my secret. I am going to Amsterdam.
Peter



Good morning Peter. Where did he go?



Peter- Avraham and Garachka- Avraham learnt together



I want to go back to Poland. I want to go to Vilna to learn under the Vina goen!



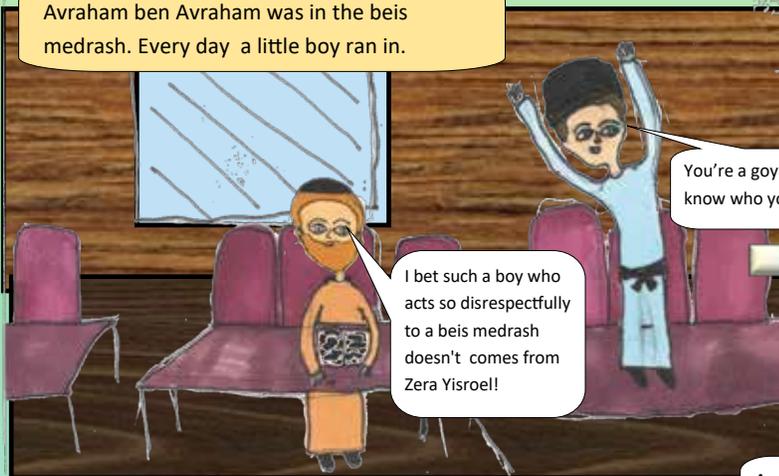
I'm going to Eretz Yisroel with my family. We would love for you to

POLAND!!! Every-one there is searching for you! Are you out of your mind!

Do I look anything like the missing Peter Potutzky. I need to do learn



Avraham ben Avraham was in the beis medrash. Every day a little boy ran in.



I bet such a boy who acts so disrespectfully to a beis medrash doesn't comes from Zera Yisroel!

You're a goy! I know who you are!

When the boy's father heard what his son was told...

Police! Peter became a jew and is right over there— OOPS I shouldn't have said that.

Solders surround the synagogue! Make sure Potutzky can't escape!!

Are you Peter Potutzky?

Come with us!

I'm just going to learn a little before Mincha.



Yes, I'm the one who was Peter Potutzky

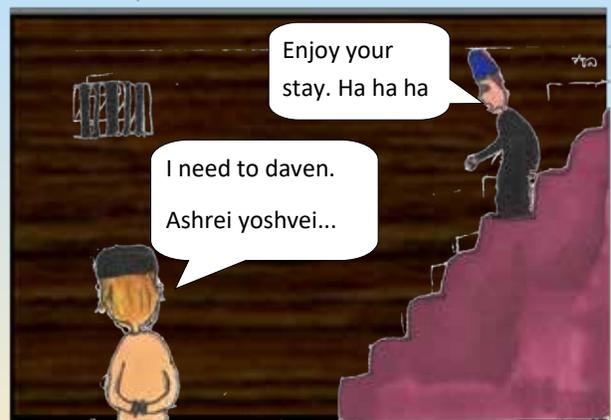


Shir hamaalos..



Enjoy your stay. Ha ha ha

I need to daven. Ashrei yoshvei...



Since you are a man of stature you have the privilege to convert to your previous religion .

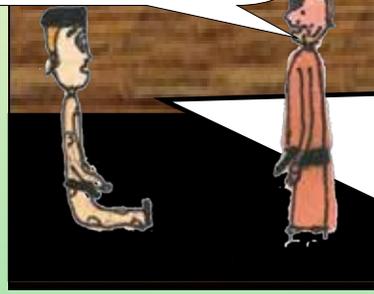


And, why didn't you lift your hat when we walked in?

My answer is the same as always. NO! How can I lift my hat to the tzeilem you're carrying. If you want to help me allow visitors.

They did allow visitors sometimes

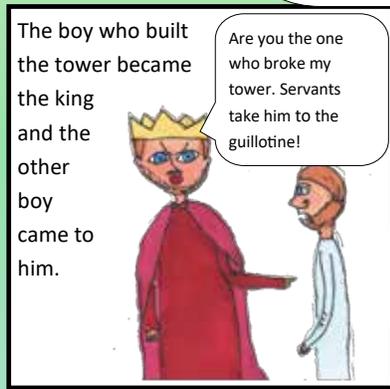
Rebbe you are to be killed burned on the Heilege Yom tov of Shavuos! When I get my hands on that yid who told on you I'll -



NO! I'll ask for him to go to Gan Eden. I have a mashel for you. There was a boy who built a tower out of blocks. Another boy came and knocked the tower down!



The boy who built the tower became the king and the other boy came to him.



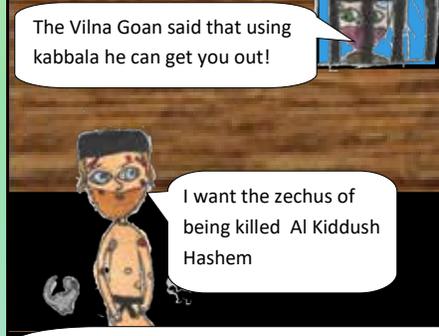
Are you the one who broke my tower. Servants take him to the guillotine!

When I go to shamayim what he did will be just as worthless!



One day

The Vilna Goan said that using kabbala he can get you out!



I want the zechus of being killed Al Kiddush Hashem

On Shavuos

Are you sure you don't want to convert?



Yes! Shema Yisroel

In Berdichev

Why did the R' Levy Yitzchak suddenly stop davening?



Because I want my tefilos to be answered, and the Malachim are busy bringing up the neshama of the ger tzedek, Avraham ben Avraham!

The mesiras nefesh of Avraham ben Avraham took away so much tuma from the world that we don't need to be as careful with netilas yadayim! Avraham was thirsty to learn more to the extent of going Vilna when it was an Immediate death sentence. Especially as shavuos approaches we baruch Hashem can learn Torah no matter who and where we are!

Thank You Hashem for...

Sunday	

Monday	

Tuesday	

Wednesday	

Thursday	

Friday	

Name: _____ Address: _____ Phone: _____

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בת'שבע בת יואל מנחם

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Each day of Shavous before Shkiah you say your specific Yom L'Chodesh. For each Yom you say you get one ticket into the raffle. For every 2+ Yom's you say each day of Shavous, you double your tickets. For every 5 people you sign up, you get 2 additional tickets. If you get anyone to sign up please reach out to us before May 31, with the amount of people you signed up so you can receive your tickets.

How to sign up:

Option 1

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Make sure to include your name, school, grade, phone number, & email address.

Option 2

Email: tehillimeveryday@gmail.com to receive your Yom

Make sure to include your name, school, grade, & phone number.

After Shavous we will have a raffle and 2 lucky winners will win a gift certificate of \$30 to the store of their choice.

תזכו למצות

DISCOVERING LIFE'S TREASURES

By: R' Daniel Garfinkel and R' Yehuda Schonfeld
Authors of Sefer Ka'asher Tziva Hashem

A MINDFUL MORNING

The following story illustrates how one can put kavanah b'mitzvos into practice to capitalize on the many mitzvos that we do each day, as well as gain a multitude of mitzvos from the acts we already do. In this manner, one can transform their day from ordinary to holy.

Although the story is written from a man's perspective, its lesson is just as applicable to a woman in her personal avodas hayom.

3:00 AM:

Dovid blearily shook himself awake. Was that the baby crying? He held his breath, hoping that it was not. But a second later, his hopes were dashed. The baby began to wail now, louder. Dovid glanced at his wife, but her eyes remained shut. He wanted to ask her to help the baby, but he knew how hard that would be for her. Suddenly, Dovid realized that putting the baby back to sleep would be a mitzvah d'Oraysa of gemilus chassadim to both his wife and the baby. Dovid's mind cleared; he sat up and thought, l'shem mitzvas chessed ka'asher tziva Hashem. Then he got up, settled the baby and went back to bed, happy that he had done the mitzvah.

6:15 AM:

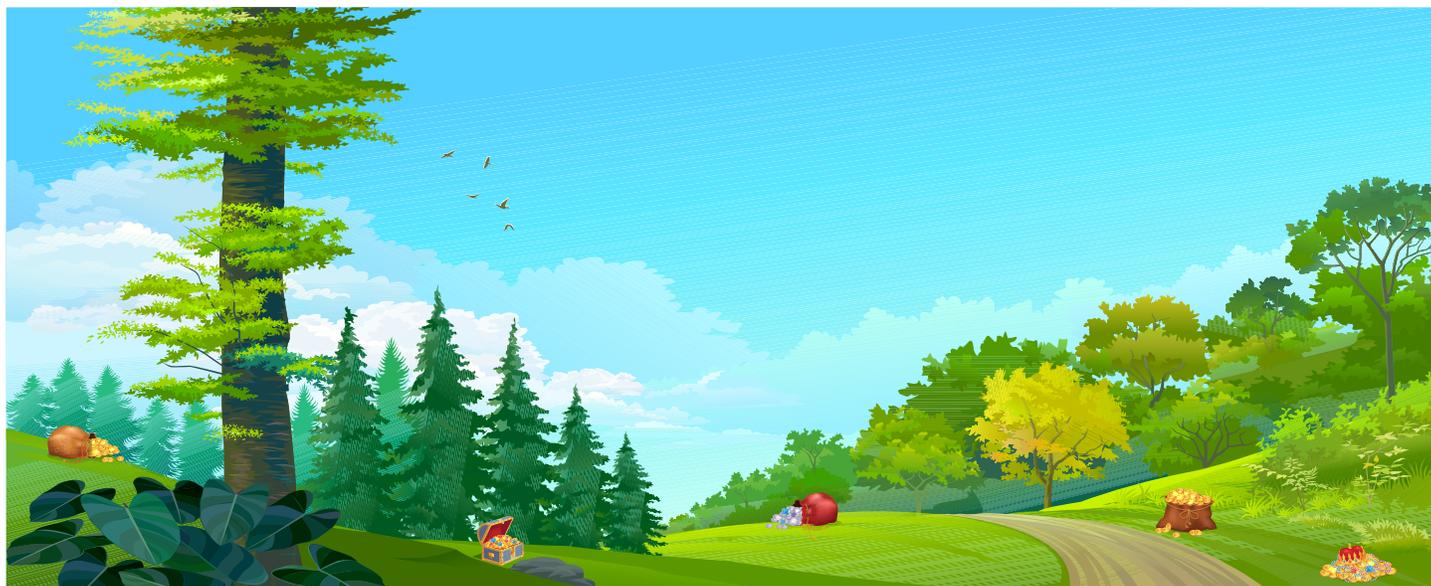
Dovid stuck his hand out of bed and silenced his alarm. He sat up, stretched and said

Modeh ani while having in mind the mitzvah d'Oraysa of zichron chasdei Hashem — the mitzvah of remembering Hashem's kindnesses to us.

Before washing negel vasser, Dovid had in mind the mitzvah of netillas yadayim. After getting up, he put on his tallis katan, having the appropriate kavanos. Those momentary thoughts ensured that Dovid would now be fulfilling the mitzvah of tzitzis lechatchilah every second that day — a staggering 43,200 mitzvos! "At the end of this year, I will have amassed over 15 million mitzvos lechatchilah!" he thought, shaking his head in amazement.

Before entering the restroom, Dovid remembered that by washing his face, he would be fulfilling the mitzvah of kiddush Hashem, and by brushing his teeth, he would be fulfilling the mitzvah of v'nishmartem me'od l'nafshoseichem, guarding one's health.

After washing his face and brushing his teeth, Dovid got dressed and picked up his tallis bag. He opened the front door, pausing momentarily to look at the mezuzah and have kavanah for the mitzvos of loving Hashem and thinking about Hashem's Oneness. Then he ran down the steps and headed to shul. As he walked, he took a second to think how each step he was taking was for a dvar mitzvah. By doing this, Dovid knew



DISCOVERING LIFE'S TREASURES

Continued

that one day, he would be rewarded for each and every step!

Entering the large beis medrash, Dovid thought about the mitzvah of u'mikdashi tira'u, the mitzvah to have reverence for Hashem's Sanctuary. He resolved to focus on davening to Hashem with concentration and avoid chatting with others or acting lightheartedly, continuing to think about this mitzvah as he turned off his cellphone and put it away.

Dovid found his seat and sat down. A few moments later, he noticed an elderly man walking into shul. As he passed Dovid's seat, the latter quickly stood up, having in mind the mitzvah of mipnei seivah takum, standing up for an elderly person.

Dovid then had kavanah to fulfill the mitzvah d'Oraysa of saying birchos HaTorah, asking Hashem to make the Torah sweet for him.

Afterwards, Dovid put on his tallis and teffilin, taking care to have kavanah and think about the reason for the mitzvah with each one.

After Uva l'tzion," Dovid noticed a tzedakah collector entering the shul. Dovid went over and gave the man a donation, having in mind the mitzvah of giving tzedakah.

Before saying the Shir shel yom, Dovid remembered to have in mind the mitzvah of zechiras Shabbos while saying Hayom yom _____ b'Shabbos. By doing so, he was remembering Shabbos during the week, which the Ramban says is a fundamental aspect of the mitzvah of zechiras Shabbos.

After davening, Dovid sat down to learn his daily seder. Before beginning, he had kavanah to fulfill the mitzvah of talmud Torah. Dovid also took a moment to fill his heart with simchah, rejoicing at the great opportunity to do a mitzvah, while having in mind the mitzvah of la'avod es Hashem b'simchah, serving Hashem with simchah.

As Dovid was preparing to leave shul, his friend Yehuda approached him and asked if he could borrow a dollar to buy a Torah CD that was for sale in the shul's coffee room. Dovid

quickly reached into his pocket and handed Yehuda the money — but not without first thinking to fulfill the mitzvah of halvaah, lending money.

Later, while eating breakfast, Dovid's wife mentioned that she was planning to take their son Moishe to get a haircut at the barber's. "Before you pay him," Dovid advised her, "don't forget to have in mind the mitzvah of b'yomo titain s'charo, paying a worker on time!"

After breakfast, Dovid began the walk to his office, where he worked as a mortgage broker. Along the way, he stopped at the grocery store to pick up some jars of baby food. As Dovid walked in, he remembered to have kavanah for the mitzvah of v'chi simkeru, to give business to a fellow Jew."

While in line to pay, Dovid noticed that the man standing in front of him had dropped his credit card on the floor and had not realized. Dovid had kavanah for the mitzvah of hashavas aveidah and quickly gave it back to him. Dovid paid for his child's food, having in mind the mitzvah of chessed for his child, and left the store. Before crossing the street, he looked both ways, remembering to have kavanah for the mitzvah of v'nishmartem me'od l'nafshoseichem.

Dovid arrived at the office and sat down at his desk, having kavanah to fulfill the mitzvah of hishtadlus, trying to earn a living, as well as the mitzvah of chessed, supporting his family and helping his clients.

A short while later, Dovid received the good news that a deal he had worked very hard on had finally closed. Dovid whispered to himself, "I have in mind to fulfill the mitzvah of zechiras Hashem, as Hashem commanded". Dovid realized that this success was not of his own making, but really came from Hashem.

Note: To find out more about Kavana B'Mitzvos — and how to accumulate many, many mitzvos every day, see sefer Ka'asher Tziva Hashem — now in English — in your local Judaica store.

A Week in Review



Anti-semitism on the Decline!

On Sunday, 23 Iyur, 5783, Shira,* from Far Rockaway, New York, went shopping with two babies in a double-stroller.

She struggled to maneuver the bulky carriage through the doorway of a store. A non-Jew noticed and held the door open for her!

On her way home, a bag slipped out from the bottom of the carriage. A non-Jewish woman witnessed this and called her back to return it!

Thank you Hashem for causing even non-Jews to assist us!

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Hashem Brings Out the Sun

Mrs. Friedman,* from London, UK, was walking with her daughter to school one morning.

It started to rain. So she turned to Hashem and said, "Please Hashem, stop the rain. I want to be able to take my child to school."

A couple of seconds later, the rain stopped and the sun came out!

She then passed a bus stop and overheard 2 people talking, "It says on the weather forecast that it's supposed to be raining now. Why is the sun out..."

She thought to herself, "I know why! Hashem listened to my tefilla!"

[Heard from Mr. Friedman]



In the Nick of Time

Chavie* was making a coffee for her father with the coffee machine.

Just as she finished there was a power outage!

Baruch Hashem he still got a coffee even though there was no power!!



Lakewood Man Turns to Hashem

R' Nachman from Lakewood, New Jersey, likes to listen to Torah Shiurim as he walks for exercise.

One day, as he was walking, he couldn't get the shiur to start playing no matter what he pressed.

He then said to Hashem, "Please Hashem, I really want to listen to this shiur."

A few seconds later the shiur started!

Thank you, Hashem!

A Week in Review



Hashem Saves the Shabbos Fish!

It was late Friday afternoon and Shua* from Toronto, ON, was taking the fish out of the oven.

All of a sudden, the foil pan started bending and the fish slid to one side causing the pan to slip out of his hand. The fish fell out of the pan and the pan flipped over falling to the floor. On the way down, the fish hit the oven handle and only then also fell down to the floor.... straight back into the pan that was waiting there!

Boruch Hashem, they were able to have fish for Shabbos! [Heard from Shua]



Hashem our Guardian

A class at Bais Shifra* School of Brooklyn, New York,* had a Shabbaton in up-state. At the end of the Shabbaton, about 40 girls got on a stage to dance.

Suddenly, the stage collapsed!! As soon as the girls realized what was happening they ran off! Someone could have easily gotten hurt in such a situation, but Baruch Hashem, no one was even got a scratch!!!

THANK YOU HASHEM FOR THIS HUGE NES!



Woman Threads Needle

Mrs. Taub* was trying unsuccessfully to thread a needle. After a few tries, she asked Hashem for help.

A few seconds later, she successfully threaded the needle!

Thank You Hashem!

BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN!

BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

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2. Send in pictures of Hashem's beautiful world.
3. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)
4. Type up messages.
5. Create mitzvah ads.
6. Write Gedolim Stories.

Please call/text 845-327-5041
Email: thespringhilltimes@gmail.com

Niflaos Haborei Riddles

By: T. Bauman

You don't usually see me
because I'm not typically in view.

But don't think that means
I'm not important to you.

I positively affect the composition of soil,
I make channels for roots-
Very useful toil!

I am usually quite small
but can be quite long.

I like to stay underground-
The sun is too strong.

My name has two parts,
One part is my home.

Now have you solved
the riddle of this poem?

*Find the answer somewhere on the **BACK**
page*

Cheishek HaTorah

Riddle Corner #39:

I appear in the Machzor of Shavu-
os, I am found in one of the Yotz-
ros. I describe the world's intense
Simcha, when Klal Yisroel received
the Torah.

What description is this question
referencing?

Leave your answer on the Chaishek HaTorah Line
845- 720-4040 x9 by Sunday 7PM EST to be
entered into a raffle for a Sefer. (The answer and
winner will be announced on x 14 #39).

You can hear stories from the Spring Hill Times
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Updated every Motzaei Shabbos!



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Spread the word!

A Review of the Yesodos

that make our days!

A Life with Bitachon

732-719-3898

Sunday



When somebody # 1544 spends time thinking about the harm that other people did or are doing to them, they are actually causing themselves more harm than

anyone else, since negative thoughts harm a person emotionally and physically.

Think positive thoughts instead by focusing in detail on how much Bracha you have in your everyday life and how grateful you are to Hashem for everything, and the positivity will strengthen you emotionally and physically!

Monday



Hakadosh Boruch #1545 Hu wants everyone to be full of Simcha.

Therefore, Hashem made it that being b'Simcha heals the body and cures illnesses, and strengthens a person emotionally, mentally, and physically.

Laughter is the best medicine. Words of encouragement and positivity heal more than anything else!

Tuesday



#1546

The Simcha of Lag B'Omer is that instead of despairing at the Churban of all his

Talmidim dying, Rabbi Akiva only focused on the opportunity to start building a new future, and until today we're living off the Torah from Rabbi Akiva's five new Talmidim.

Wednesday



Rav Meir Hershkowitz #1547

lived every second of his life with the Ribono Shel Olam. Every move he made was thought out with Emuna and Bitachon.

He strongly encouraged opening the Bitachon hotline, saying, "if you would bring one Yid closer to the Ribono Shel Olam it is worthwhile to dedicate your whole life to spread and teach what R' Yehuda Mandel taught you, to spread

Continued on
Page 61

Thursday



#1548

Don't make the mistake of thinking that your success comes from your persistence, efforts, or capabilities.

Take the "I" out of the picture and put Hashem there instead.

Erev Shabbos



#1549

The Arizal would take the Aliya of the Tochacha for himself, and he would read the Pesukim aloud, slowly and clearly, B'Simcha.

He saw clearly that is no such thing as bad; everything that Hashem does is good.

Story Time

Stories From 'A Life With Bitachon'



This story has been called in by Mishpachas Bursztyn. She said over that she had a doctor's appointment. She left with plenty of time to get there but she hit heavy traffic, bumper-to-bumper. The clock was ticking. She saw that she was going to get there very late. The way it works by this doctor's office is that if you come late, sorry, nothing doing.



She called up to see what they could do for her.

They said, "You know what we can do, we can reschedule for you, otherwise there's nothing we can do for you."

She hung up the phone and said, 'They can't do anything for me? I'll just go to my loving, caring, Father, the Ribono Shel Olam. He's the Kol Yachol, he could take care of me. I'm just going to throw it up to Hashem.' She said, 'Hakadosh Boruch Hu, I'm on my way, and I want my doctor's appointment, I want everything to work out, that when I come they should be happy, they should be smiley, they should be nice to me, they should give me my appointment.'

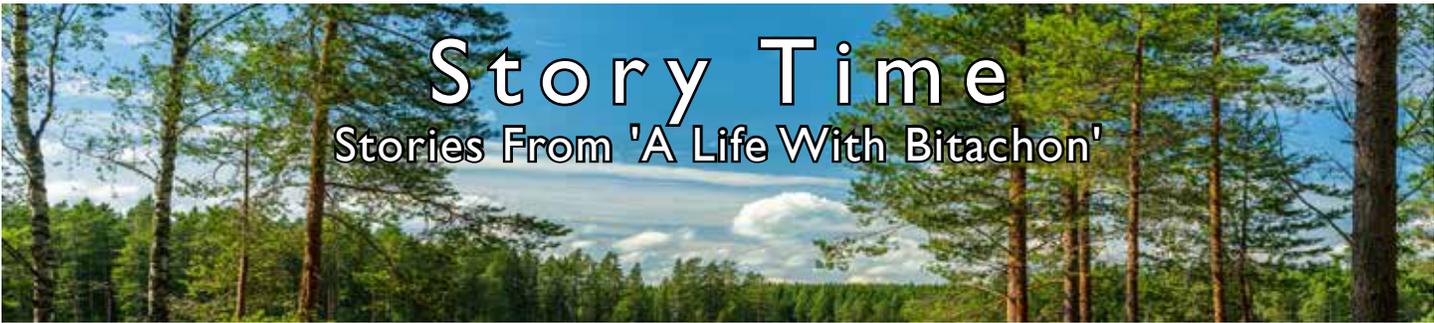
It didn't take too much longer, they called back from the doctor's office, they said, "You won't believe it, the person right after you just called. They're coming very, very late, so actually, you can go instead of their appointment." **When she arrived, they were smiling and friendly, with the best service, better than ever.**



This story has been called in by a Yungerman, R' Dovy Eisenberger. He said there was very poor drainage around his house, so whenever it would rain and pour, it would cause a sewage backup. This would leave him with many issues cleaning up after the back-up. He called his city and asked is there anything you could do for me to fix the drainage. They asked him where he lives, and when he told them, they said, "You live on a dead-end street, not in a million years do we even have time to think about helping you, sorry!"



After hanging up the phone, Dovy said, 'Hakadosh Boruch Hu, the Ribono Shel Olam, the city says not in a million years are they able to help me. It's not even on their minds. They're so busy with other stuff I don't get taken into account. You are my loving caring father, Hakadosh Boruch Hu, the Ribono Shel Olam. Just like You're taking care of the



Story Time

Stories From 'A Life With Bitachon'

whole world, You're taking care of me too. Therefore, I'm going to leave it up to You Hakadosh Boruch Hu, the Ribono Shel Olam. Even though the city can't help me out, You Hashem are the Kol Yochol and You can do anything and everything.'

Some time later, in the middle of the block, there was a pothole. He saw that the city came to fix up the pothole. He went over to one of the workermen and asked, "Are you able to make more drainage in front of my house?" He said, "Sure, my greatest pleasure, no problem."

In no time he had all the drainage that he needed, with the best service, better than ever.



This story has been called in by a very Choshuve Yungerman by the name of R' Yisroel Meir Hirsch. He said he was passing border control with his family. The agent in charge looked at his passport and said, "There's something wrong with your passport. We're not going to be able to let you go through."

Yisroel Meir asked, "I have my whole family with me. Is there anything you can do for me?"

The agent looked so furious. He started to get so angry. He started to yell. "NO, there's nothing I can do for you! There's something wrong

with your passport. You're going to have to fix up the problem before you go through. There's nothing for me to do for you!" The agent was sweating from anger.

Yisroel Meir throughout the whole episode was just thinking about the Yesodos from a Life with Bitachon, how every person is just Fisher-price, playdough claydough, that a person is not in charge, it's all Hakadosh Boruch Hu, it's all the Ribono Shel Olam, He's the Kol Yachol, He can do anything and everything.

While this person was getting frustrated and upset, Yisroel Meir was just thinking about Emunah and Bitachon, how Hashem runs the world.

After the agent went on a whole rampage of screaming and yelling, he said, "Okay, if you want, I'll do you a favor, I'll ask my boss." He called out to the boss, "I'm right, right? He can't go with this passport..."

The boss responded, "Do me a favor, don't give him an issue and problem, just let him go."

In no time, he went through passport control with the best service, better than ever.



This story has been called in by my very Choshuve friend by the name of Michael Dov Fisher. He said his Rebbetzin called him up and said she was expecting a package today, and when she came home she saw there was a note left on the door that the package is in the post office, and if you want to come pick it up, you have to bring in this paper with two IDs.



Story Time

Stories From 'A Life With Bitachon'

Michoel Dov said, "Oh, I'm passing by the post office in a couple minutes, but I don't have the piece of paper, and also it says it needs two IDs. It's written out to your name, so what's the ID to my name going to help. They're very very Makpid. But what should I do, I'm passing by the post office, it's going to be a big shlep to go back home get all my documents and come back to the post office."

Then he said, 'One second. That's if you go with Teva, that they're going to ask me to show them the paper, they're going to be Makpid on the ID. But if you go with Emunah and Bitachon, that Hakadosh Boruch Hu is the Kol Yachol, He can do anything and everything, so Hashem could make it go smoothly, 1-2-3.'

With that he stopped off at the post office and he said, "We saw a note on our door that our package is at the post office." They asked him, "What's your name?" He said, "This is my name, the package should be under my spouse's name."

They said, "Sure, no problem, here it is." With that he walked out of the post office, without them asking for the paper and without them asking for any ID.



Erev Shabbos

Continued from page 58

what it means to live with Emuna and Bitachon.

After an unsuccessful surgery, when they went to tell Reb Meir that it didn't work out and

he would need another surgery, he responded, "There's no such thing as 'it didn't work out,' rather on Rosh Hashana, it was decreed that I would need two surgeries, it was perfectly planned by the Ribono Shel Olam.



After one of the surgeries he was weak, and someone came to see him, and he asked him, how are you holding out? Your daughter was just Niftar, your son-in-law is so sick, and now you are in the hospital, one Tzara after another.

He said, there is no such thing! Everything comes from Hashem's love, and a Yid is always surrounded by Hashem's love and Chessed and Rachamim.



Sweet Understanding

By: Miriam Balsler - 11, Lakewood, New Jersey



One time by a simcha, the hosts were putting cake on each table. A father passed some 'sponge cake' to his son.

Rav Moshe Feinstein saw and thought that young kids like sweet cake, so he looked around until he found a piece of 7 layer cake and he gave it to the father to give to his son.



What Ahavas Yisroel!

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I have a sick family member who the doctors gave up on. When friends who are davening for him ask how my family member is doing, how could I respond without speaking negatively?

A. When people ask you how your family member is doing, respond: There has been a great impact from people's tefilos and kabalos. Keep on davening and taking upon Kabalos, and we will see even more yeshuos.

What if you haven't seen improvement? Furthermore, who said that the tefilos will work, maybe Hashem was gozer that he should pass away?

The answer is, every tefilah and every zechus on behalf of the choleh has an impact. Even if the sick person ends up passing away, his neshama feels it. He's getting his tikkun and is being prepared for his chelek in Olam Habah.

Perhaps Hashem does not want him to have a Refuas Haguf, but his neshama is guaranteed to achieve a tikkun.

Hashem made the bria that every tefilah works. Sometimes we see the effect of our tefilos, and sometimes we don't. But there's no such thing as a tefilah that was for nothing.

Q. I need a certain yesh-

uah. I've heard that there is a segula which involves saying the entire Sefer Tehillim in one day. However, I know that if I were to say the entire Sefer Tehillim, I wouldn't understand what I'm saying. Therefore, I'm inclined to say only part of Tehillim but with kavanna. On the other hand, if I do that, I will lose the segula of saying the entire sefer.

A. Although reciting all the heilige words of Tehillim has a special potency to generate a yeshuah, nevertheless, saying Tehillim with kavanna has the power to activate an even greater yeshuah.

When we say Tehillim with kavanna, we are entering the world of Dovid Hamelech and witnessing how he lived with Hashem. We accompany him as he hides in caves and beseeches Hashem to save him from his enemies. We behold Dovid Hamelech's yeshuah and how he is overcome with gratitude to Hashem.

While we are swept up with Dovid Hamelech's complete dependence on Hashem, we learn to carry over these emotions as they apply to our personal struggles. We follow in the footsteps of Dovid Hamelech and we learn to make Hashem

tangible and to rely solely on Hashem. Acquiring the attitude of living with Hashem is the way to bring all the good into our lives.

Therefore, if you have two options: to say the whole Tehillim without comprehension, or only part of it with kavanna, saying less Tehillim but with kavannas haleiv will bring you much farther.

Q. It seems that the mehalach offered in A Life With Bitachon is not the conventional mehalach. What should I think when I hear chashuva people saying things which are contrary to the yesodos of A Life With Bitachon?

A. It's true that some of the yesodos of A Life With Bitachon are not the ones we are used to hearing. And there are even statements in Chazal which seem to imply differently.

However, there is an important yesod that we must keep in mind: when it comes to avodas Hashem, the main thing is to do what works for you. Therefore, in the past generations when people had a healthy relationship with Hashem and were more emotionally wholesome, they were able to serve Hashem through concepts such as: self-criticism, thinking of

The



Bitachon Perspective

Continued

yourself as nothing, making a cheshbon hanefesh any time something went wrong, doing intense teshuva for every aveira, aveilus, tza'ar HaShechina etc. If this works for you, gevaldik!

However, the facts are that in today's day and age, most people are not capable of doing these things properly. Instead, they get tzubrochen and depressed, and it leads them further away from Hashem.

Therefore, we suggest a mehalach that is based on positivity, raising self-esteem, finding the good in ourselves and in others, living with attitude that Hashem is our loving and caring father, hisbatlus to Hashem's master-plan, internalizing that Hashem is perfect and everything that Hashem does is perfect, thanking Hashem for the good and for the bad, and uncovering the chessed and rachamim in everything Hashem does.

Q. What should I do when I see ma'marei Chazal which get me thrown off. For example, about the gravity of s'char v'onesh, or how hard it is to do teshuva for certain aveiros, or about chevlei mashiach. And when I see them, I feel paralyzed.

Or when Chazal speak about how important it is to have certain middos or levels in avodas Hashem which I know I am lacking, and I feel that all my hard work is not worth anything?

A. The idea of learning ma'marei Chazal is to make us bigger and better people. When we see that thinking about a certain ma'mar is not bringing us closer to avodas Hashem, we have to look for other ma'marei Chazal which stress our good qualities and encourage us to become even stronger in our avodas Hashem. And no matter what situation you're in, you can always find the appropriate ma'amar to help you grow in your particular situation.

Q. I hear in A Life With Bitachon that when you do something wrong, don't be hard on yourself, no one is perfect. The mere fact that you are frum in this generation makes you the most special person. If you harmed other people, it was nigzar for them anyhow etc.

However, there are stories about people who told gedolim about certain aveiros they did. And the gadol told them that it's a very serious matter. And they need an intensive program of te-

shuva to rectify what they ruined. Doesn't that sound like a contradiction?

A. Whenever a person answers a question, he must know the questioner's background and then answer accordingly.

Sometimes, a gadol could discern that the reason the person was chotei was because he's lacking yiras shamayim and doesn't take avodas Hashem seriously. In cases like these, the gadol may decide to shake him up by telling him how guilty he is and how much teshuva he has to do. This is what the person needs to hear in order to get closer to Hashem.

However, on this hotline we are addressing an audience of yirei shamayim, who are working on themselves and occasionally slip up. For people like these, we tell them: Keep up the great work! Don't become broken over a mistake! Instead use this opportunity to make your relationship with Hashem even stronger! This is what's going to make their relationship with Hashem stronger and healthier.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com



Editor's note: many of the stories are from January /February!

Perfect Timing!

My neighbor pays me to mow his lawn, and I had an amazing hashgacha pratis: The second I finished mowing, the battery went out!

Additional hashgacha was that I was listening to a shiur on Rus, which is lained on Shavuos, and it was discussing how she had collected wheat/barley in the fields of Boaz - while they were reaping ("mowing!").

The seforim say that the time of reaping is between Pesach and Shavuos, and that is a special time to 'reap' zechusim.

Also, another interesting lesson in hashgacha from Rus is a story that Chaza"l say, that an Ish Chassid once forgot a bundle of wheat in his field - which the poor people can take, and he made a great simcha. Why? He said, "This mitzvah came to us by chance, and it is a special zechus that a mitzvah is given to a per-

son min hashamayim. Also, a mitzvah that comes 'by chance' - without any planning, has no negios - no plan for personal gain or kavod, and is thus fully pure...

By the way, the headphones I use are the Sony MDR-7506, used by many musicians and sound techs, as the cushioning helps to block out sound, and in general, they are professional and comfortable.

S.R.- Lakewood, NJ

Every Little Detail is Chesed Hashem!

I was making upsherin for my son, and bought a very nice outfit for him. I was looking forward to take nice pictures with lekovid the upsherin.

My next door neighbor, who also had a son that's having his upsherin, asked me what I bought. She wanted to see it.

When I showed it to her, she said "I don't believe it, I bought an outfit, this same exact company, color and the perfect size too. Mine is just a little different, so if you want, you can borrow it for upsherin pictures, so that you'll have a variety, a different twist to some of the

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pictures!!! Then, when I'll take my pictures, I'll borrow your outfit!!!"

That's exactly what I did, and it felt so good that Hashem thought about every detail.

It was such Hashgacha Pratis!! I didn't even see this addition to the outfit in the store, and I wouldn't have spent the extra money even if I would see it, but Hashem decided to show me his open care and love!

A Reader

Thank You Hashem

A couple of years ago, our basement developed a minor flooding issue a few times a year when there was extra heavy rain. One small part of the basement would accumulate an inch or so of water. The last time this happened, we considered getting a water vacuum to deal with the clean-up, but since we assumed it would be expensive, we decided it wasn't worth it.

Last week, I was in a store

Attention Readers:

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper. We are B"H receiving a large volume stories each week, so it takes a few weeks until your story can get in.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

and I happened to notice a water vacuum on clearance for \$20 and I bought it.

The very next day it started raining heavily for a couple of days.

As in previous very heavy rain, water started accumulating, and I was able to use it to make the clean up much easier. Boruch Hashem, I was able to see how Hashem sends us exactly what we need, just when we need it.

A Reader - Monsey, New York

Thank You Hashem that We Can See

Thank you so much for your incredible newsletter! My family and I really gain from it!

On Friday, my sister and I returned from an optometrist appointment with a clean bill of health for our eyes.

At first, I merely thanked Hashem, and then turned my thoughts to other matters.

Suddenly, I stopped and thought- what if I had previously gotten a diagnosis of trachoma, c"v?

What if I had been told that I would soon go blind? Would I casually leave the optometrist's office after being pronounced healthy, with a mere 'Thank You, Hashem'? Or would I be practically dancing for joy? So why can't I feel that intense joy now? I then felt so much more grateful to be able to see!

I went home and told my fa-

ther that my eyes are healthy. "What?" he asked in confusion. I repeated myself, and again he did not understand, until I explained that I had gone to the eye doctor.

A family member piped up, "you sound just like The Spring Hill Times!"

That was the ultimate compliment!

May Hakadosh Baruch Hu grant you continued strength and siyata dishmaya to be mezakeh the rabbim!

E. J. - Far Rockaway, N.Y.

Hashem Feeds Yungerman

I'm celiac.

I was very hungry one morning and I went into the coffee room. Usually they have only cake and other wheat products. But that day there were spelt pretzels! I felt special love from Hashem that He put the there special for me.

A reader - Lakewood, New Jersey

Hashem Helps Man Daven with a Minyan

My husband went to visit his parents in England from Israel. Their community is dwindling and they don't have consistent minyanim.

My husband was very concerned about davening in a minyan and we asked HaShem to help.

B"H it turns out that the day before my husband arrived,

my husband's childhood friend also arrived from Eretz Yisroel to visit his parents. He had a rental car and picked up my husband for shacharis, mincha and maariv each day.

This friend flew home on the flight that left 1 hr before my husband's flight!

A reader - Eretz Yisrael

Anti-semitism Down

Hi,

We live in Kiryat Sefer and I scheduled an appointment yesterday morning for a heart test for someone in the family. The soonest appointment they had was in 2 weeks. I asked them if they have a waiting list so that they could put us in, in case of cancellations. They said they don't but that we could call from time to time to see if there is a cancellation. Within about an hour a lady called and said they have a cancellation and asked if I wanted to come.

When we came to the clinic, I saw it was a non-Jewish lady who called me. I asked her if it was her who called me to notify me of the cancellation and she said it was.

I am sure there are other non-Jews who scheduled appointments before I did. I wasn't even on their list since they said they don't have a list.

H-shem loves us and makes it that goyim are giving Yidden priority!

Anonymous





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**Wow! The White House!! Lucky is the man who lives there!
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אשרינו מה טוב חלקינו

Hashem Loves You!

Avi (name changed) was frustrated. He went into the Rosh Yeshiva's office and asked his Rosh Yeshiva, "I work very hard to try and understand the learning, and yet, after all of my best efforts, I only end up with a few lines of Gemara and Rashi that I actually can say over clearly. Everyone else is light years ahead of me. They are making Siyumim and learning B'Iyun while I am still struggling with the basics. I feel like a real zero."

The Rosh Yeshiva responded, "Rav Aharon Kotler ZT"l once saw a Bachur working hard to understand a few lines of Tosfos and Rav Aharon began crying uncontrollably, saying, 'My whole life I learn and immediately understand what I am learning. I will never be Zoche to the very great and unfathomable reward for those who toil, work hard and break their heads to understand a word of Torah. Their reward is beyond all understanding and greatly surpasses my reward.'

Rav Avraham, the brother of the Vilna Gaon, in his Sefer Maalas HaTorah says that Torah is the Eitz HaChaim, the Tree of Eternal Life. A tree has many seeds, leaves and branches, all with identical DNA. You can take one branch off of a tree and look under a microscope and you will instantaneously recognize that this leaf came from this tree. Similarly, every word of Torah contains the 'DNA' of the entire Torah. Therefore, learning even one word of Torah has the unique imprint and DNA of the entire Torah contained inside that word. Hence for each word of Torah one receives the reward of all 613 Mitzvos.

"A Mitzvah done with great difficulty is worth hundreds of times more than a Mitzva that comes easy. Your learning is pure Torah Lishma, Torah for the sake of Hashem, since you do not receive any Kavod or glory from your learning. It comes out that your Torah is much higher than the learning of anyone else in our entire Yeshiva."

The Rosh Yeshiva began to dance with Avi. The Rosh Yeshiva opened his office door and invited other Bachurim to join the dance. The bachurim were singing and dancing for twenty minutes with an unprecedented level of Simcha and pure joy. It felt like Simchas Torah! And the bochurim didn't know why this was happening.

Afterwards, one bachur asked Avi 'Did you figure out an exceptional Chiddush today that prompted this grand celebration?' And Avi responded, 'I think the Rosh Yeshiva is preparing his Bachurim for Kabbalas HaTorah, to really appreciate the happiness and joy of receiving the Torah and what Kabbalas HaTorah is all about.....'

Hashem gave us the greatest treasure! Every single word of Torah are jewels on Hashem's everlasting crown! Hashem loves every moment of your Torah! Don't stop singing, dancing, and thanking Hashem for this precious gift! All of Gan Eden, and all of the greatest pleasures you cannot even imagine do not compare to ONE WORD of your Torah!

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