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KLAL YISRAEL'S NEWSPAPER

ISSUE 103

| PARASHAS SHLACH (KORACH)

| SIVAN 5783

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Thank You Hashem for giving us another wonderful week! We love You Hashem!

GREAT HAPPINESS IN SHAMAY-IM!



Thousands of Yidden gathered together on Sunday night, the 16th of Sivan, 5783, to be Meroimaim Keren Hatorah and to give the proper honor to all the Ameilei Torah!

They proclaimed that there is nothing more dear to Klal Yisrael than Hashem's Torah and that there is nothing in the world that is more special than learning Torah!

We can only imagine the great pleasure that Klal Yisrael gave Hashem with this Holy event!

אשרינו מה טוב חלקינו!

HASHEM GIVES BEAUTIFUL WEATHER!

Yidden in the tri-state area are enjoying the beautiful weather that Hashem has given them.

Besides for a few short thundershowers, there hasn't been any rain for over two weeks (as we go to press)!

In addition, the temperatures have been pleasant.



MAN HONORS HIS MOTHER

Reb Shlomo Cohen* was just two weeks into a new job, when one of his brothers was making a wedding.

Reb Shlomo's mother wanted him to come early to the wedding. That meant that he would have to take off from his job.

Reb Shlomo tried explaining to his mother that he just got this new job, and his boss wouldn't let

Continued on page 6

Children and adults alike are enjoying spend- **Continued on page 10**

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Hashem

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Please treat this newspaper with proper kedusha.

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה
משום, צייטל בת שלום אריה, נפתלי בן יעקב.
לכות הבח' ה' משה דוב בער בן אסתר, לזווג הגון בקרוב. לכות רפואה שלמה יצחק חיים בן שיינדל. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENSKY SHLITA

AND

HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

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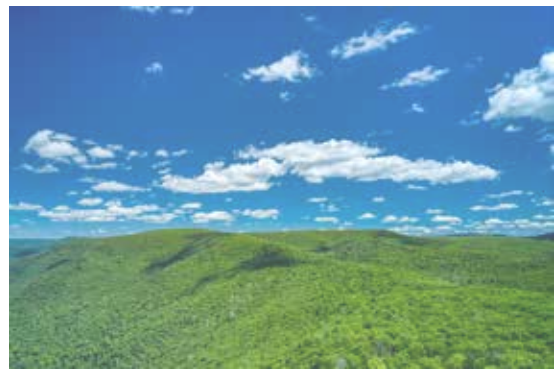
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**FEELING DOWN?
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WEEKLY NEWS ROUNDUP

Continued from
page 1

him take off.

His mother told him: "This is how it goes in our family. I want everyone to be there early."

His mother was an alumna, and he realized that the right thing for him would be to listen to her. He needed to do it for Kibbud Eim.

Reb Shlomo went over to his boss and told him that he has to leave work because his mother wants him early at the wedding.

The boss responded, "You know what that means. You might not get your job back afterwards."

He told his boss that there was nothing that he could do.

He left his job early and went to the wedding.

His mother noticed at the wedding that he appeared down.

She asked him what was wrong. He told her that he was afraid that he might lose his job because he left work early.

She told him, "I'm sure that you are not going to lose out from doing the mitzvah of Kibbud Eim."

The day after the wedding, Reb Shlomo arrived at work and his boss called him into the office.

Reb Shlomo was sure that he knew what that meant. His boss was going to fire

him...

But instead, his boss said: "I want to hire you to be the manager of the company!

I saw how important it was for you to do the right thing. You stayed strong even though it meant that you might lose your job! I see you are the right man to be the manager!"

Reb Shlomo saw how he only gained from Kibbud Av Vaeim!

[Kav Hashgacha Pratis]

YID HELPS HIS FRIEND

Reb Nachi Green* from Brooklyn, New York,* was approached by a friend of his, by the name of Reb Baruch.*

"You know R' Dovid*? He davens with us in shul? He is in great need of funds. Can you please take upon yourself to raise some money for him?"

Reb Nachi accepted upon himself to raise a nice amount of money. He took out a loan and gave the money to Reb Baruch for R' Dovid.

That very same day, someone asked Reb Nachi to learn with him b'chavrusa.

He would be paying him very nicely. With the ma'aser money, Reb Nachi would

Kav Hashgacha Pratis
1518-613-0140

have enough to pay off the loan he took out to help R' Dovid!! [Heard from R' Nachi]

HASHEM GIVES FAMILY CAR



Reb Dovid Morris* from Monsey, New York, had only one car: a minivan.

R' Dovid and his wife decided that it would be nice if she could visit her parents together with the children, one day every week, and eat supper there.

The issue was that R' Dovid needed the van to go learn and Mrs. Morris needed the van to take the family back home from her parents.

They decided that R' Dovid would drive everyone to her parent's house. Then he would borrow his father-in-law's car (that his family couldn't fit in) to go learn and leave the minivan for his father-in-law, who would then bring his wife and children back home.

After R' Dovid would finish learning, he would drive his father-in-law's car back to their house and take his

WEEKLY NEWS ROUNDUP

van home.

It was going to be a huge hassle, but Reb Dovid and his wife felt that it was worth it. They realized that it would be good for their children and good for their parents. They wanted to do the mitzva of Kibud Av Va'eim.

The very next day, after they made this decision, a relative of Reb Dovid called him up and said, "I'm getting a new car and I'm giving away my old one. Would you like it? I'll even pay for the extra cost of insurance that you will have by having a second car on your policy. I'll also pay for the registration costs!!!"

With perfect timing, the Morris's got a second car for free! With insurance and

registration all paid for!!!

The Morris family now Baruch Hashem goes every Tuesday to visit their parents. It all works out beautifully with using their own two cars!!! [Heard from Reb Dovid Morris]

THANK YOU HASHEM FOR TEETH!

Reb Fishel Reiss* needed a lot of dental work done on his teeth. It cost him tens of thousands of shekalim.

He learned a great lesson from this, how much we have to thank Hashem for healthy teeth! [Kav Hashgacha Pratis]

HASHGACHA PRATIS

It was 6:00 a.m. and Reb

Tzvi Berkovitz* woke up. He could not fall back asleep.

So he decided to go to shul.

He remembered that there was a shul that davens Shacharis at 6:30.

He went there but he didn't hear anyone so he thought that there was no Shacharis.

Reb Tzvi was about to look for somewhere else to daven, when somebody called him in and said that they were looking for a tenth person for the minyan.

They were waiting for a long time for a tzenter!

He saw the Hashgacha Pratis that he woke up 6:00 in the morning, and that he found this minyan! [Kav Hashgacha Pratis]

Yeshiva Shel Ma'aleh Torah Without Boundaries



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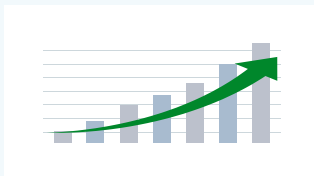


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EVERYTHING IS FOR THE BEST

Reb Dovid Greenberg's* washing machine broke before Pesach.

The Pesach oven was on top of the washing machine. He needed to take off the oven in order to fix the washing machine.

When he moved the oven, he saw that the glass door was broken.

It was Hashgacha Pratis he was able to fix it in time before Pesach.

Otherwise, he would have taken out the oven right before Pesach, and he wouldn't have had enough time to fix it before Yom Tov. He would've had to spend a lot of money to buy a new one! [Kav Hashgacha Pratis]

ANTI-SEMITISM DOWN

Reb Eliyohu Grossman* was on a bus in Yerushalayim. As soon as he got off the bus, he realized that he didn't have his wallet, and that he probably left it on the bus.

Reb Eliyohu gave up hope of ever finding the wallet, because there were a lot of non-Jews on the bus.

Later that day, he got a phone call from an Arab

worker from the bus company, saying that he found his wallet!



A different Arab gave him the wallet that he should find the owner.

The worker had looked inside the wallet, and it didn't have any information. All it had was his name on his I.D. card.

So this worker called the operator and asked him for a phone number for this specific name, and that's how he was able to contact him!

[Kav Hashgacha Pratis]

MAN FINDS CREDIT CARD

Reb Mendy Zeiger* needed to find out the bus schedule. He asked a few people when a specific bus was coming but they didn't know. He knew that the weekly paper had the schedule, but he had thrown it out.

So Reb Mendy went to look for it in the garbage.



He found it there, when he opened up the

WEEKLY NEWS ROUNDUP

paper, he found his credit card right there inside the newspaper! [Kav Hashgacha Pratis]

WE NEVER LOSE BY DOING THE RIGHT THING

Reb Refoel Taub* was able

to get a discount for his rent. But the problem was that he would have to be dishonest. He strengthened himself and he decided not to apply for it.

Later on that day, he found

out that he was entitled to a certain amount of money from someone else. Exactly the same amount that he would've gotten from a discount that he would have done not-honestly! [Kav Hashgacha Pratis]

Hashem's Marvelous World

Rabbi Avrohom Gold, from Detroit, MI, was once in Yerushalayim. On his way home from shul to his mother-in-law's house, he was stopped by someone. The person asked him if he was from Detroit, and R' Avraham answered in the affirmative.

He told R' Avraham that he must tell him a story. R' Avraham said that he was in a hurry to go to his mother-in-law. The person told him, "Your mother-in-law will be happy to hear this story." R' Avraham accepted. This was his story:

The Klein* family came to Detroit in the 1930's. The daughter Esty* grew up without a Yiddish education. Eventually she was interested in marrying a non-Jew. Mr. Klein was devastated.

Upon one of his trips to New York, he met a frum bochur by the name of Yisrael* who was a survivor.

Mr. Klein thought that he must bring this bochur to come to Detroit. Perhaps his daughter would become interested in marrying him. He suggested to Yisrael to come to Detroit, and told him that he would assist him in finding a job.

Yisrael came, but his daughter had no interest in him. She was set on marrying the non-Jew.

Her father requested that she at least travel to Eretz Yisroel for a few weeks, with all expenses paid. He hoped that she would be inspired from Eretz Yisroel. He told her that if she would return and still want to marry the goy, he would not stand in her way. She accepted the deal.

She went to Eretz Yisroel. She toured the country, and one of the places she visited was Meron. It was very inspirational: the nigunim, and intensity of the tefilos. She observed a man davening with such intensity, that she went over to him after he

finished and asked if she could borrow his white siddur that he just finished davening with. He was very happy to lend it to her and then he told her that she could keep it.

When she returned to the U.S., she told her father that she still wants to marry the non-Jew. Her father could not stop her.

The engagement was a long one.

One Shabbos, she was walking down the street and she heard a niggun coming out of a house. She stopped in her tracks mesmerized. It was the same song that she heard in Meron. The song pierced her heart.

She then went home and told her father that she decided that she would not marry the non-Jew.

She then met Yisrael, the bochur that her father wanted her to marry. They became engaged to the delight of her father.

One day, as her choson was visiting, he wanted to daven mincha. He asked her for a siddur. She brought the white siddur that she had gotten in Meron and gave it to him.

When he opened the cover, he turned white. He asked her where she got this siddur from.

She told him the story of her encounter in Meron. He turned pale and told her that the name in the siddur was his brother's name! He thought he had been killed in the war!

They never found the brother.

The family's house that she walked by on that Shabbos and heard the niggun coming out from, was Rabbi Avraham Gold's father-in-law and mother-in-law Rav and Rebbetzin Kahane!!

[Harav Eli Yelen who heard the story from Rabbi Avraham Gold]

News that Hashem Wants us to Talk About!

Continued from
Front page

ing time outdoors.

Thank You Hashem!

BAR MITZVAH BACHUR SAVED BY TZITZIS

A 13-year-old bachur got ready for bed on Motzei Shavuos. When he took off his shirt he found a huge tick on his Tzitzis. Had he not been wearing Tzitzis, the tick would have been on him. The Tzitzis protected him!

FAMILY SAFELY ENJOYS AQUARIUM

The Cohen* family from Brooklyn, New York, enjoyed a nice



sunny Sunday at the aquarium. They passed by each exhibit safely as they admired the Neflaos HaBorei that live under the ocean. Thank you Hashem for the strong sturdy glass that keeps the sea animals contained (and alive) in the water!

UNEXPLODED VOLCANOES

Hawaii volcanoes currently remain dormant, saving thousands of lives! Wow, Hodu LaHashem Ki Tov, Ki L'Olam Chasdo!! Look at just ONE of Hashem's infinite kindnesses!

YESHIVA BOCHUR THANKS



HASHEM

Lakewood, New Jersey Thursday, 12 Sivan, 5783:

Chaim, a bochur from Lake-



wood, New Jersey, went to shul and came home safely. He didn't trip and fall!

In addition, on Erev Shabbos Naso he davened Shacharis in

a jam-packed Shteibel. Chaim didn't think he would be able to get a seat. But he turned around and right behind him was an open seat! Thank You Hashem! [Heard from Chaim]

FAMILY ENJOYS POTATO KUGEL

The Mandel* family from Monsey, New York, had potato kugel for lunch on Erev Shavuos.

They enjoyed it so much! They ate it together with cottage cheese and couldn't get over how good it tasted! Thank You Hashem! [Heard from Mandel family]

NEW YORK MAN ENJOYS HIMSELF

Tuesday night 18 Sivan, 5783, Avromi* from New York, felt dry and hot. He really wanted to refresh himself.

He went to the freezer and took out an ices.



He thanked Hashem for it, enjoyed it immensely and then once again thanked Hashem! [Heard from Avromi]

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck



WOMAN RETURNS TO HASHEM



Mrs. Klein lives in Montreal and she has Va'adim where she gives over the Yesodos of 'A Life with Bitachon'.

She was once going with a group of friends to Boro Park for a Chasunah.

Four hours into the trip, she started feeling very nauseous.

She called her husband. He said, "Tell them to drop you off at the nearest hotel and I'll pick you up from there."

She got dropped off at the nearest hotel, and she called her husband. He said, "Okay, I'll drive four hours to get you. But if you're feeling a little better, I'll get you a woman driver to take you to Boro Park."

She said, "Now I'm feeling a little better." So her husband arranged for a woman to take her to Boro Park.

The lady who picked her up didn't look frum.

Mrs. Klein started talking to her about what she always likes to talk about: Emunah, Bitachon and how Geshmak life is.

The driver said, "I'll tell you the truth, I'm from Williamsburg. I had many Nisyonos and challenges in my life. I had the Machalah, and I got divorced. I stopped keeping Mitzvos.

I never met someone with such Simchas Hachaim like you who views Yiddishkeit in such a positive way!

I want to start keeping mitzvos again!"

They exchanged numbers and they are calling each other now. She is coming back on the Derech!!

Mrs. Klein saw exactly why Hashem made her get sick on the way!

OUR STUNNING NATION!

R' Yehuda Dresin* went shopping. He saw in the store another Yid who doesn't have a penny to his name.

R' Yehuda went over to him and asked him, "How is the shopping going? Do you have a way to pay for what you're buying?"

He said, "I go shopping with Bitachon!"

R' Yehuda said, "Guess what, your



Bitachon worked, because I'm going to pay for it."

The items cost ten dollars and R' Yehuda gave him ten dollars.

R' Yehuda walked out of the store down the block and what did he find? A ten dollar bill!

He saw that Hashem paid him back right away!!!

P.S. Instead of taking the ten dollars for himself, R' Yehuda said "I see clearly that Hashem pays me back. Let me give this \$10 also to him."

He went back into the store and gave the Yid another ten dollars, in case he needed to buy anything else!!!!



LIVING WITH HASHEM

By Rabbi Zevy Golombeck

BITACHON EVEN WHILE ASLEEP!

Mrs. Engel* from Lakewood, New Jersey, is very involved in 'A Life with Bitachon.

One night, she went to sleep and had a very scary nightmare about a family member who was sick and the doctors gave up hope.

In the dream, she was Mechazek in Bitachon and she saw the Yeshuah in the dream!

When she woke up, she thought to herself, "Hashem is trying to tell me, look how much Chessed I'm giving you every second by keeping you healthy."

She turned it into a growing experience of loving Hashem more!

CLOTHING VOUCHERS FROM HASHEM

Rabbi Weiss,* used to be a Rebbi in a Yeshiva, that gave him vouchers for the Yomim Tovim to buy clothing for his kids.

This year, he got a job in a different Yeshiva that doesn't give out vouchers.

His wife asked him, "What are we going to do? How are we going to buy clothing?"

He said, "You think it's my old yeshiva that gave me vouchers? It was Hashem! Hashem is the Kol Yachol."

Shortly afterwards, Rabbi Weiss saw on his phone that his boss from the old yeshiva was calling him.

He picked up the phone and his old boss said, "They gave me vouchers for you. I told them you don't work for us anymore, but they said, 'Give it to him anyway.'"

HASHEM IS THE KOL YACHOL

Mrs. Klein* wanted to get new shoes for her children l'kavod Yom Tov. The store was by appointment only, and every time they called, it was busy. Everyone was calling at the same time, and she just couldn't get through.

She got the whole family together in the kitchen. She told them, "Hashem is the Kol Yachol. He can make it that we get through." They then all sang together "Hakol Yachol," and she called again, and boom, she got through!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

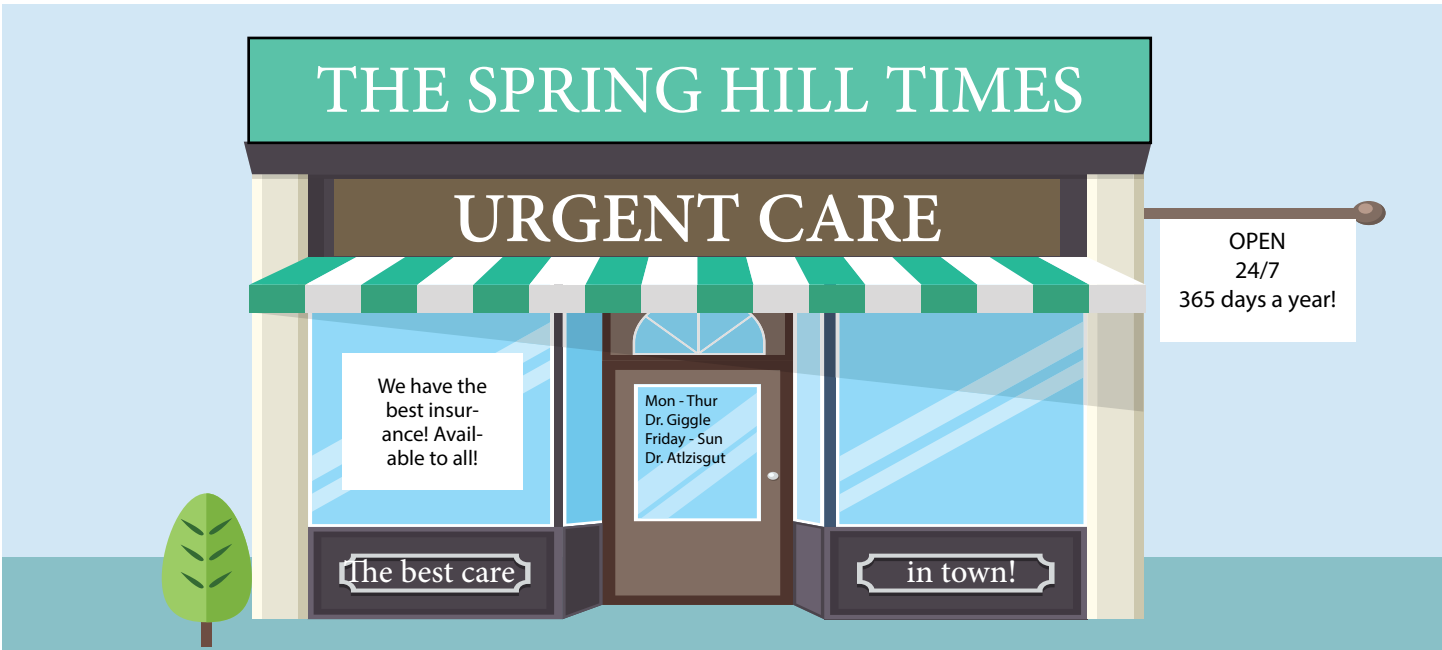
- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
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- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

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Dr. Avi Giggle M.D.



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1. Thank Hashem for this wonderful gift! If not for this gift, the world would be a total disaster! Nobody would do anything beyond the bare minimum for their survival. We would not have the motivation to do anything more! No companies. No stores. No gemachim. No chesed organizations. No government. No Mosdos. No yeshivos! No Spring Hill Times. Nothing!!! Just make sure to use your motivation for kavod to do good things.
2. Daven to Hashem that you should find favor in peoples' eyes. Thank Hashem every time you get kavod. Turn the inyan of kavod into a relationship with Hashem. It's even possible that your focus will slowly shift away from people to Hashem...
3. It's a wonderful opportunity to think about how Hashem k'vyachol wants recognition and honor from people. And how much k'vyachol it bothers Him when we make other things more important than Him c"v...

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A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

"...That they shall make for themselves Tzitzis..."

Before Departing from this world, the Vilna Gaon took hold of his tzitzis and with much emotion he said: "How difficult it is for me to leave this world. By performing one small mitzvah such as the inexpensive mitzvah of tzitzis, a person can reach such sublime lev-



els to the point of being worthy of basking in the Glory of the Divine Presence. But where can one find such a thing in the World of Truth? There, even if a person exerts every last drop of effort, he cannot reach such levels.

Good Shabbos!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

In his introduction to Sefer Shemiras HaLoshon, the Chofetz Chaim explains how Dovid HaMelech can make such a grandiose promise when he states, "Mi ho'ish hechofetz chaim oheiv Yomim ler'os tov, netzor leshon'cho Meirah usfosecho midaber mirmo," "Who is the person who wants eternal life in the Next World and wants to experience goodness of this world? Guard your mouth from speaking badly about other people."

Now how can that single discipline be

such a difference-maker in this world and the next?

The Chofetz Chaim explains that if a person will be careful not to harm another person even with words, he will certainly not hurt others materially. And it will be the cause that he thinks about other people in a more positive light.

And that will show up in every relationship. It's the key to a blessed existence.

Gut Shabbos!





Let's focus on the position of our teeth.

The teeth that are in the front of our mouth do the job of cutting and the teeth that are in the back of our mouth do the job of crushing.

This clearly shows us chochmas Hashem. When we initially put the food into our mouth, we need the cutting teeth to cut up our food. Afterwards, when the food is in the back of our mouth, we need the molars to crush the food. If our cutting teeth would be in the back of our mouth how would we bite off a piece of falafel or a piece of a sandwich? How would we get the food to the back of the mouth?

R' Avigdor Miller Zt"l related that he once asked a dentist that in the many thousands of mouths that he looked into, did he ever see the position reversed – with the molars in the front center. The dentist said “No, but what is your point?”

R' Avigdor Miller answered in shock, “Don't you see Hashem's design staring at you in the face?” Every person has the stamp of Hashem's chochmah and chessed right inside his mouth.

We have six teeth that do the job of cutting.

To be more specific, when we zero in on these six teeth, there are actually two different types of teeth there.

In the center of the mouth, there are four cutting teeth and there is an additional tooth on each side of these four teeth. They have a different shape than the other teeth. As opposed to the other teeth that are flat at the edge – they are pointy at the edge. If this is something that you were not aware of until now, feel free to check it out now – with your finger or with a mirror.

Hashem gave us these teeth with a special job, to tear and rip. This is similar to cutting, which the other four teeth do, but it is a little bit of a different action. The reason that we have different types of teeth is because they have different jobs to do.

Our molars that crush, Hashem also created them differently from each other. There are larger molars in the back of the mouth and smaller ones in the front. Our mouth contains various different tools that play different roles in helping us eat our food.

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Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

Chazal tell us that there are four areas that need substantial chizzuk, and one of them is "Tefilla".

Reb Chaim Epstein zt"l used to say that he would constantly hear people talking about "shteiging in Torah". However, with regards to Tefilla he never heard people talking about "shteiging in Tefilla". Reb Chaim concludes that this is a fundamental error.

Yes, we can shteig in Tefilla as well and this is what we will be discussing now.

Let's start off by understanding that the way we value Tefilla will affect our relationship with Tefilla. We need to retain the awesome value of Tefilla. Let me give some examples.

One can go to an art museum and look at the priceless paintings and make a comment like "pretty nice" and move on. However, another person that studied and understands the value of paintings will analyze all the intricate details and marvel at



the skill and beauty. He will have a greater appreciation for those priceless paintings.

Some people can pass by a plant or tree and will not really understand what they are looking at. Obviously, they understand that they are looking at a plant or tree, but it's without depth. Someone that studied the chochma behind plants and trees will see all the intricacies and brilliance that Hashem put into it.

I remember as kid walking with my grandmother Devorah bas Reb Dovid Dov zt"l. Many a time when she would be walking through the streets, she would suddenly freeze and she would be transfixed. I would ask her what she was looking at.

She would start explaining to me different amazing

things that she noticed with the trees, the leaves and the birds. She would always emphasize



that from all this we can see glimpses of Hashem's wisdom.

When it comes to Tefilla it's no different. After all we do Daven the same davening each day. If we want to be impressed with Tefilla and realize how precious every word of Tefilla really is we need to get to work. Once we realize what a gem Tefilla is this will help us shteig in Tefilla with Hashem's help.

Let's discuss some ideas how we can be mechazek our Tefilla with the fundamental concept of Hachana - preparation.

The first thing is to make sure we have a real and healthy relationship with Hashem.

When we feel His love and kindness, we will feel drawn to him and have a desire to thank Him and talk to Him.

The more we live with Hashem throughout the day, the better our tefillos will be.

Another idea which is not limited to Tefilla, is to learn the halachos pertaining Tefilla. The more we learn the halachos the more value and chashivus we

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Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

will get for Tefilla. Obviously, we need to know the Halachos to know what to do, but it will give us a chashivus as well.

This is not limited to Tefilla. If we want to be Mechazek ourselves in Shemiras halashon, we should learn the Halachos Shemiras Halashon.

If one needs chizzuk in the area of Kibbud Av va'em, he should learn the halachos [recently an amazing book came out in English].

It's the same with Tefilla. It's true that Hilchos Tefilla is a huge subject, the good news is that there are amazing Seforim in Hebrew and English. This will give us an appreciation for Tefilla.

There is another way to give us a deeper appreciation for Tefilla and that's called "peirush ha'milos". On a basic level to learn the translation of the words, and Baruch Hashem there are plenty of amazing sid-durim that have translations.

However, it goes even deeper

than that. We can study the Tefilla with depth. There are books and Seforim that delve into the Tefilos in Hebrew and in English. [one example is Tallelai oros]. This will give us a whole new dimension to our Tefilla.

There are fascinating Shiurim in all languages as well [for example Rev Schlesinger and Rabbi Eli Oelbaum and much more].

All this will give us a stronger connection to Tefilla. This will give us a stronger connection to Hashem, as our Tefilla will have more meaning, and our feelings will be stronger as well.

I once heard a nice mashal to understand our connection regarding to tefilla, and that's the cell phone. One can call someone from his cell phone to his neighbor next door. However, he can lose connection, because he is in a basement. But once he goes upstairs he can call Eretz Yisroel which is approximately six thousand miles away.

How do we understand this? The answer is that in order to

So too in regard to Tefilla. If we want our Tefillos to soar to the heavens we need to be connected. How? Through our preparations.

Another important area of preparation is with regard to preparing our body for davening. This includes a *guf naki*, washing one's hands as stated clearly in halacha, and some go to the mikva. These activities, and more, truly help us connect to Hashem when we daven. I heard an amazing story about someone who took it upon himself to always wash his hands before davening. One time he was at a [kosher] beach in Eretz Yisroel, and it came time for Mincha. He couldn't find a sink with which to wash his hands, so he went down to the water - just in time to find someone drowning!

One of the many benefits that we will have, once we are focused on our Tefillos, is that we will start to notice that we are endlessly davening for Moshiach. This will help us be "Metzape l'yeshua" as we will start pouring out our hearts for Moshiach.

Whether it's throughout Pesukei dezimra, Shemonei Esrei and throughout our days. If we will be yearning throughout the day then we can be sure that Hashem will answer our Tefillos of "v'sechezena eineinu bishuvcha letziyon birachamim Amein.

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make the phone call we need to be connected to the satellite.

To Share My Share From Hashem's Daily Shiur.

By: R' Moshe Davidson - A Rebbi in Brooklyn, New York

After teaching limudei koidesh I teach l'havdil first grade secular studies.

The three R's Reading Writing, and Rithmatic!

Reading, and Writing is B"H a pleasure for me teach, but 'Rithmatic is a challenge for me.

I have to add stories to the math examples to get myself interested in teaching it.

A "lesson" in math

This is a lesson that Hashem taught me and I'll put it in math language.

$(-t \times _?) = (BO) = (2 + t \mid p)$

Negative timer times multiple times, equals burn out, equals second positive timer to the first power.

(That's my own type of math)

Confused? Read more. There is a story and a lesson in those words.

The little story, is a personal anecdote.

My dining room lights switches are wired up with a timer.

On Shabbos or Yom Tov they are set to go on or off at the correct time.



For me it takes an extra bit of concentration and reviewing of my settings that I have entered into the tiny blinking screen of the timer.

B"H I am not tech savvy and I have a little hard time understanding the way these little, smart tech, computerized electronics work.

I have in the past made mistakes in my entries of the on/off function settings, which resulted in somewhat causing us a little surprise on Shabbos/Yom Tov.

Nisht geferlich.

It served as a little lesson on שמירת שבת to enjoy the meal and rest of the day /night, with whatever mistaken lighting setting.

Now, my dear youngest cousin comes from a family of brothers who have naturally very innovative minds .

They're blessed from Hashem in that way. Ideas of inventions big and small pop up and roll around in their minds a whole day.

They're really a great bunch of amazing people.

Add to that their friendly nature, that really makes them truly amazing!

When I moved into the apartment that I live in now I needed some help setting things up, to make the place more comfortable with different conveniences. One of the things on my mind was the Shabbos timer. I had no idea how to go about buying a timer and to then

how to install it.

So I Baruch Hashem thought of my young cousin who is so handy and friendly and I was sure that he'll be helpful. B"H, I guessed right!

I called him and he said "no problem".

He got the timer, he installed it, all with a smile on his face.

By the way, his name - שמחה - matches that smile.

No problem, no charge.

What a tzaddik!



Forward ten years and one day the timer went to sleep forever.

This time I called my friend, who is a electrician by profession and he came by to check out the type of timer needed.

He later brought over a new one and installed it 1..2..3..

I then went on to ask him curiously what was the rea-

Continued on next page

To Share My Share From Hashem's Daily Shiur.

Continued son that the timer that went dead.

He answered, "The type of timer that was installed was not meant to handle the amount of electricity that was being used by all those lights.

The one that I installed now, can handle it".

At the time my cousin had installed the timer, I wasn't using that much electricity for the lights.

I later on added to the amount of lights being used.

Subsequently the timer couldn't handle it and it burnt-out.

So back to the mysterious mathematical equation riddle.

What I meant to write is the following....

$$(-t \times _?) = (BO) = (2 + t | p)$$

It was a negative (deficient capability) timer(-t), times the multiple unknown amount times of being used._?

=burnout.(BO)

It then resulted, in changing it to a second positive (sufficient capability) timer, connected to the first original source of power. $= (2 + t | p)$

Let's move forward. There's also a lesson in that "mathematical riddle"

Let's figure this out together.

The timer is gone but not before leaving us with a message to be found in his burnt out hardware and software.

The lesson from that timer-change, that I learned, was the following.

Hashem gives us the ability to handle the amount of lights that we have to generate and light up our personal lives in this world at large.

We're wired up to perform and act accordingly in our lives under any given situation that Hashem sets us up to deal with.

We have the energy from The Source of all energy.

The energy is from Hashem.

Our brain and wisdom is better than any computer chip.

Our spiritual ability and our emotional and physical well-being are all wired up to handle the amount of power and energy needed to be used to maintain our daily routine, and whatever day-to-day challenges Hashem sends our way.

Our hardware and software are designed specifically for our mission in life.

Let's go! Full power, full throttle, flooring the gas pedal, B'siyatta D'Shmaya U'bsimcha Rabbah!

We won't get burned out.

So we ask (like I asked my electrician): why do we sometimes feel "burn out"?

The answer lies in the way we look at life and how we approach different situations.

We must adopt a positive attitude as we move about in our days, weeks, months, and years living on

planet earth.

As we go about with our lives with positivity, wherever we are in longitude and latitude across the globe, we'll reach higher heights in our spiritual altitude.

If there is any unpleasant experience or matzav hachaim that we find ourselves in we must be prepared with an ample amount of emunah and bitachon to handle it in a positive frame of mind.

טוב השם לכל ורחמיו על-כל מעשיו!

What can be said more than that?

With the emphasis of emunah and bitachon that Hashem does only good, like the famous words of our sages.. מדרך הטוב להטיב and with constant reinforcement [from Hashkofo seforim and from Rebbe's] of that piece of vital information in our Toiredigeh view of the world we can be prepared to stay positive in tough situations.

אמונת השם! יחוד השם! אהבת השם! יראת השם!

These are from the important aspects of the שש מצות תמידיות that we gotta power up with, to be charged with energy for handling anything that Hashem sends our way.

Then we'll be able to rationalize with a clear sense of mind...

"The challenge can be כפרת עונות and we'll be very thankful for it when we are really ready to look at the gracious goodness of the cleansing of our hearts and soul."

To Share My Share From Hashem's Daily Shiur.

Continued In result:

#1 We'll be able to be much better עובדי השם בלב שולם after finishing up the cleaning process.

#2 We'll also be זוכה to be much closer to Hashem in this world and then forever in the world to come.

"The challenge might be a test of our commitment to Hashem's toirah and mitzvos".

Now as a result:

#1 We will be giving Hashem a נחת רוח by trying our best in the situation we find ourselves in. We will be with successful דשמיא to act with real ahavas Hashem. We'll have the opportunity to meet up to the challenge of emunas Hashem and yiras Hashem.

#2 We'll be zoiche to schar in this world and forever in the world to come.

#3 We will reach new heights and abilities in our avodas Hashem.

#4 Our middos will become much more refined, much better than before.

We must be wary and careful of getting into a negative suction and void.

So here we go with that mathematical lesson..

$$(-t \times _?) = (BO) = (2 + t | p)$$

Which it's interpretation is the following :

If we ו"ח have a negative outlook on life's constant changing

times(-t) a negative timer, \times multiple unknown $_?$ times of challenges, we'll wind up with $= (BO)$ burnout.

We'll have to change to a second type of positive timer $= (2 + t)$.

That will be wired to $(1p)$ emunah in The First Power Hashem Yisbo-rach!

And He is also The Last Power forever!

Hashem intended this wonderful world to be a place to enjoy and thank Hashem day and night. Eventually we'll be able to develop a close relationship with Hashem this way.

Shloime Hamelech said with his ruach haKoidesh

אל תצדק - הרבה! למה תשומו?



Enjoy this wonderful world within the guidelines that Hashem set up for us in the Toirah! And thank Hashem day and night!

The nazir had to bring a korbon for his missing out in this avoida of thanking Hashem for his delightful gift of delicious intoxicating simchadiga wine.

He missed out on oineg Shabbos and simchas Yom Tov!

Even his abstaining should have been done with happiness not with the feeling of it being a painful experience, of abstaining from wine.

"שציער" עצמו מן היין!

The קרר writes that the problem of the נזיר was the negative outlook on the פרישות. That's why he needed to bring a korbon.

We need to view our life experiences with positivity.

So let's see if we can put that into the words of our original math riddle.

Negative timer times unknown amount of uses equals burnout.

$$(-t \times _?) = (BO)$$

You'll need to change to a second positive timer connected to The First Power.

$$= (2 + t | p)$$

I'm sure you won't find this mathematical formula in any textbook or on any Regent Test.

But it's probably the most important mathematical lesson you've ever seen.

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

Life is full of excitement. The excitement is never-ending and interminable. Our lives are full to compacity with Brachah. Remembering all the past Brachah that Hashem bestowed on us, helps us feel the love that Hashem has for us. The love is infinite, and always intact. It's an unbreakable connection. It's our responsibility to pay attention to it, feel it, and connect to it.

Hashem's unending brachah to us, awakens in us our awareness of His love. Awakening this awareness causes us to feel "loved" and "connected" to Hashem, in return of His love for us.

There may be times in life when a person doesn't feel Hashem's love. Sometimes, while experiencing a medical challenge or the like, a person may feel that Hashem's love has diminished.

But this is NOT true. In EVERY situation Hashem is there for us and caring for us.

The contrary is true. In particular, when we find ourselves struggling, that's when Hashem is there more for us. When a father of ten has one child that's must undergo a procedure, what's going on in his mind? Is he thinking of the many children that he

has, or is he concentrating and devoted to that one ill child. Certainly, he's focused of that one child. Hashem too, when a yid has a challenge, Hashem is there more than at an ordinary time.

There's an incredible story told about the great tzaddik, Reb Chaim Tzanzer, the Divrei Chaim.

During his lifetime he experienced the losing of one of his children. At the levayah, it was clearly written on his face that he was experiencing much sorrow and distress from the loss. After his return from the levayah, he prepared himself for davening.

As soon as he started davening his face changed. There was no trace of any sorrow or the like. He was totally in a new world. He was content, full of happiness and joy.

After davening, his Chassidim asked him, how he was able to build up the courage to overcome his initial sorrow. What changed so suddenly that he was no longer in mourning?

"I'll explain this to you with a mashal," said Reb Chaim. "Let's say that as someone is walking down the street, from behind him he gets a hard smack. What would

be the expected reaction? 'Oh, I'll teach this person a lesson! That's no way to behave!'

"Now," questioned R' Chaim, "What would be if, when he turns around, the attacker is a friend whom he hasn't seen for twenty years? Would he still 'teach him a lesson'? Or, would he accept the smack with joy and start catching up without a word of vengeance?"

"Obviously, he would accept the smack with joy, since it's coming out of a deep love. So too," Reb Chaim continued, "This was coming out of love; and I was therefore able to get back to myself. This thought allowed me to strengthen myself and daven with great joy."

The lesson of this story is clear. In every situation Hashem is with us, and this will allow us to feel calm, connected, and taken care of.

What a calming and comforting feeling it is knowing that Hashem is at our side, all the time.

Thank you Hashem for taking care of me and all my needs. This gives me such serenity, tranquility and calmness.

Have a wonderful Shabbos!

By: R' Nesanel Landesman

Suggestions for the case of: Miri took her cranky kids to the pizza shop and it was closed for renovations

- Miri can view the situation as an opportunity to grow together with her children by working together with them on having ayin tova. They can discuss that things don't always go our way but let's see how we can have good family time in another way – make pizza together at home or have ice cream and cookies for supper.
- They end up going elsewhere where the food is cheaper and the kids like it better.
- Now they will have a renovated pizza shop instead of the old rundown place they had until now and they can look forward to going once it reopens.
- Miri has the perfect opportunity to teach her children how one is meant to act under stressful situations. By remaining calm, she will have treated them to something much more valuable than pizza.
- She could turn this into a fun family unity event, where everyone makes supper together.
- She should be happy that she gets the credit of taking her kids there and didn't have to actually be there.
- Perhaps, she will learn from this that it may be a good idea to call first and make sure the store will be open.
- She can go home and make an easy and less expensive meal (maybe buy frozen pizza from the supermarket) and with the money she saved on the pizza she can treat herself to something else for being so flexible.
- She can use this as an opportunity to teach her family that going on an outing is about being together and less about what you actually do or get done.

CASE OF THE WEEK:

Simcha was sitting in shul Friday night and just as the Rav got up to speak, a teenager in the first row whispered something to his friend.

The Rav publicly berated him for his unacceptable behavior, saying loudly “When I am talking you shouldn't be. Maybe you want to give the speech?” The boy's face turned many colors.

Help Simcha, the teen and all of us have ayin tova for the Rav.

Please send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com

Or call [Israeli daytime hours only]:

USA: 831-244-6019

EY: 052-760-5409.



By: Rabbi Eliezer M. Niehaus

This column is based on the monthly leaflet "ASHER TO THE YATZAR" which is published as a *zechus* for a *refuah sheleimah* for my daughter **Esther bas Sara Miriam shetichyeh** (a young mother), who is undergoing treatment for the *machalah*. (Please daven for her!) If you would like to receive the full leaflet, please email ashertotheyatzar@gmail.com.

Thank Him Right Away!

It happened clear out of the blue. Fishel was innocently walking down the street when he suddenly felt strong cramps in his stomach. The pain was so strong that he had to sit down on the nearest bench, and wait for it to pass. When this kept happening, he went to the emergency room and was sent for a series of tests. The results were not long in coming and a doctor informed Fishel and his wife that he had a serious condition which required emergency surgery. "Oy vey!" proclaimed Fishel. "We have no insurance; how can we afford the surgery?" "Don't worry," answered his wife. "Don't you remember that your cousin Chaim Brown is the world's top surgeon in this field? Let's speak to him!" When Dr. Brown heard about Fishel's situation, he immediately arranged the surgery and performed it at no cost, with the utmost care and concern.

Baruch Hashem, the surgery was extremely successful surgery, and they moved Fishel to the recovery room. When he opened his eyes, he saw Dr. Brown waiting patiently for him to wake up. But then he noticed that his good friend Yankel was also sitting there. "Yankel," he called out, "it was so nice of you to come visit me! So, tell me, how did you get here, was it -". "Fishel, what's with you!" interrupted his wife. "Dr. Brown, who did so much for you, is sitting right here! Shouldn't you thank him before you schmooze with your friend?"

Rav Dov Kook of Tiveria (in his sefer *Berumo Shel Olam*, page 5) gives the aforementioned parable to explain why, even if it is permissible to wait before saying Asher Yatzar, doing so would be similar to acting like foolish Fishel. Each time we place food in our bodies, our lives are in danger. As we say in the *beracha*: "*Im yipaseiach echod meihem, o yisaseim echod meihem, e efshar le'hiskayem v'lmod lefanceha (afilu sha'ah echas-nusach sfard)*" - if but one of them (the openings or cavities) were to be ruptured or but one of them were to be blocked, it would be impossible to survive and to stand before you (for even one moment)! Hakadosh Baruch, in His great kindness, is the Master Doctor and makes sure that nothing gets stuck. The nutrients are extracted from the food, and the waste is expelled safely. All this is done free of charge and painlessly, by our loving caring Father in Heaven, without us even knowing what is going on inside our body. So, doesn't it make sense to say Asher Yatzar immediately after using the facilities? Furthermore, if we bear this in mind, we will really feel that we are thanking Hashem, and not merely fulfilling a halachic obligation.

----- Internalize It -----

After we use the facilities, let us take a moment to internalize the fact that Hashem is our doctor and just performed a great operation for us. Let us then say the *beracha* with true feelings of gratitude!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVEN-WORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

נקדש את שמך!

By: Rabbi Shraga Freedman



Goodwill Through Gifts

After the launch of America's new health care system, many people suddenly found themselves without any health insurance. They struggled to find new plans in a system that was plagued by glitches.

Mrs. Silverstein (name changed), a frum woman, spent many days working with Steve, a nonreligious insurance broker, to find a plan that would meet her needs. After expending much time and effort, Mrs. Silverstein ended up on the phone with the manager of an insurance company, who finally managed to get the online system working and to find a plan that was suitable for her. The manager urged her to grab the opportunity and sign up immediately for the plan.

Mrs. Silverstein was in a quandary. While this might be her only opportunity to get the health plan she needed, she would effectively be depriving Steve of a commission by signing up through the company. After all of his efforts on her behalf, she felt uncomfortable doing that. She asked the manager to stay on the line and called Steve to explain the situation. He assured her that she should register for the plan.

Mrs. Silverstein still felt that some show of appreciation was due to her hardworking broker, and she had a cake delivered to his office, along with a check for 100 dollars.

Steve called her back immediately, overwhelmed by the gift. He was so moved by her actions that he decided to donate the money to her children's school. "I love working for religious Jews," he added. "They are always so appreciative."

Kiddush Hashem is the essence of our mission in this world; it is the reason for the Jewish people's existence. Ramchal

(Maamar Hachachmah) teaches that the entire human race was created to honor Hashem, to serve Him, and to bask in His glory; this comes about through the Jewish people's service of Hashem. When we learn Torah and observe its precepts, we become the vehicles through which Hashem's existence and honor are revealed to the entire world.

Our mission of kiddush Hashem is pivotal to the existence of the world itself. Rashi (Bereishis 1:1) quotes Chazal, who state that the world was created "bishvil Yisrael shenikre'u reishis — for the sake of the Jewish people, who are called 'the first.'" We generally understand this to mean that everything in the world was created to assist us in serving Hashem; however, the Shelah HaKadosh (in his classic tefillah for parents) explains this maamar Chazal to mean precisely the opposite: The Jewish people exist in order to serve the world, not vice versa. Through our service of Hashem, we become the force that brings the entire world to perfection and leads it to achieve its purpose.

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.

The Miracle of Bread

By: Mordechai Solomon

Recap: 18 of the many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and doesn't rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.

♪ הזן את העולם כולו בטובו!!! ♪



19

The soil is a cool atmosphere.



20

Soil is porous allowing it to absorb water which is a necessity for the seed.



21

This causes the seed to decompose when you put the seed in the earth.



22

No matter how the seed is placed in the soil, the root goes down.



23

The stem goes up no matter how it is placed.



24

The plant survives on rain-water.

To be continued BE"H

Stories

By: Rabbi Daniel Agalar

to Inspire

Blind Faith:

A "Chance" Encounter That Changed Everything

Based on a story told over by Rabbi YY Rubinstein

Benny Rubinstein, a man in his 30s, faced a daunting challenge. He suffered from keratoconus, a serious eye condition that caused his cornea to distort unevenly. With double vision plaguing him, he knew that he might need a cornea transplant before the age of forty. However, there was a ten-year waiting list for such a procedure, and many doctors warned him that it was only a matter of time before he would go blind.

Benny's eyesight was not just a personal matter; it was his livelihood. He was a photographer, and his ability to see clearly was essential for his work. But despite his circumstances, Benny remained hopeful.

One day, Benny found himself on a flight from Manchester to Israel, where he was scheduled to photograph a wedding. His original flight, with a stopover in Berlin, was unexpectedly canceled. Determined not to miss the wedding, Benny swiftly purchased a ticket for the next direct flight from Manchester. He boarded the plane and settled into a seat in the last row.

To his surprise and delight, a flight attendant approached him shortly after takeoff and asked if he would like to be upgraded to first class. Benny enthusiastically agreed, grateful for the unexpected upgrade. As he settled into his plush new seat, the man sitting next to him introduced himself as Andrew Fink, an ophthalmologist from Manchester.

As the two struck up a conversation, Dr. Fink discovered that Benny was originally from Gateshead. Intrigued, he shared, "I studied medicine at the University of Newcastle, and during my time there, a rabbi from Gateshead came to teach us Torah. Do you by any chance know Rabbi YY Rubinstein?"

Benny couldn't believe his ears. "He's my father," he proudly replied.

Dr. Fink was astonished. "Incredible! I loved your father's classes. He had a profound impact on my life."

Benny then opened up about his medical condition,

sharing his bleak prognosis. Dr. Fink listened attentively and asked probing questions. After careful consideration, he delivered surprising news. "Your doctors are mistaken! There is a new procedure that has been developed in the United States and recently approved by the Israeli Health Ministry. It has the potential to heal your eyes."

Benny was stunned by the revelation, but Dr. Fink had more in store. "Your father had a significant influence on my life, and I am forever grateful. I want to perform this procedure for you free of charge."

Several weeks later, Dr. Fink carried out the procedure, successfully restoring Benny's eyesight. To Benny's relief, his sight remained stable thereafter. With renewed vision, he not only continued his photography career but also embarked on a mission to digitize Talmudic scripts, benefiting thousands of Torah scholars worldwide.

Reflecting on this extraordinary turn of events, it became clear that Benny's father, Rabbi YY Rubinstein, had once enlightened Dr. Fink's eyes with the depth and meaning of Torah. Now, 34 years later, Dr. Fink reciprocated by bringing clarity and light to Benny's eyes through the gift of clear vision.

This remarkable story serves as a reminder of the power of Torah to inspire and uplift others. Each of us has the ability to share the beauty and wisdom of Torah, bringing immeasurable clarity and light to the world around us. *Story taken from the Stories to Inspire Hotline*

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TOLD OVER BY OUR GENERATION'S
FOREMOST RABONIM AND SPEAKERS

The graphic features a grid of 30 small portrait photos of various rabbis and speakers, arranged in three rows of ten. Above the grid is the logo for 'STORIES to inspire' and the hotline numbers for USA, UK, and ISRAEL. Below the grid is the text 'OVER 4250 INSPIRING STORIES TOLD OVER BY OUR GENERATION'S FOREMOST RABONIM AND SPEAKERS'.

Yes!! We are ready!!!

More than 30 Spring Hill Times readers have packed their Mashiach bags already!

אחכה לו בכל יום שיבוא

Nechama Davrayev - Age 13
Brooklyn New York



Chaim Cohen- Age 10
Jackson, New Jersey



Aliza Fisgus - Age 10
Monsey, New York

My Mashiach Bag Contains: spinner, chocolate bar, spring pop, gum, gluten free nosh, prize, camera, thank You Hashem notebook.
Shabbos dress, shoes, hair ribbon, tights, jewelry, necklace, bracelet, ring, nosh, fidget

I packed:

A Suit
A Camera
A Binoculars
Gum
Seforim
Machzorim
A Chumash

THE SPRING HILL TIMES WEATHER STATION


Weather Reports Brought to you by:
Meteorologist Velvel Honig


It makes no difference what the temperatures will be or what conditions await us





the weather Hashem gives us is always beautiful and perfect!


Rockland County, New York


Tuesday 24 Sivan
 Low 59°F High 81°F
 **A.M. Showers!!! Yippie!!!**
 It will be a wonderful day to thank Hashem for your memory!

Wednesday 25 Sivan
 Low 57°F High 74°F
 **P.M. Thunder showers Wow!!!**
 There will be perfect weather to realize how Hashem gives you everything you need!

Thursday 26 Sivan
 Low 57°F High 79°F
 **Partly Cloudy Yay!!!**
 Perfect day to think about Hashem.

Erev Shabbos 27 Sivan
 Low 58°F High 81°F
 **Mostly sunny Yum!!!**
 Perfect day to jump up and down from excitement while thinking about that Shabbos is almost here!

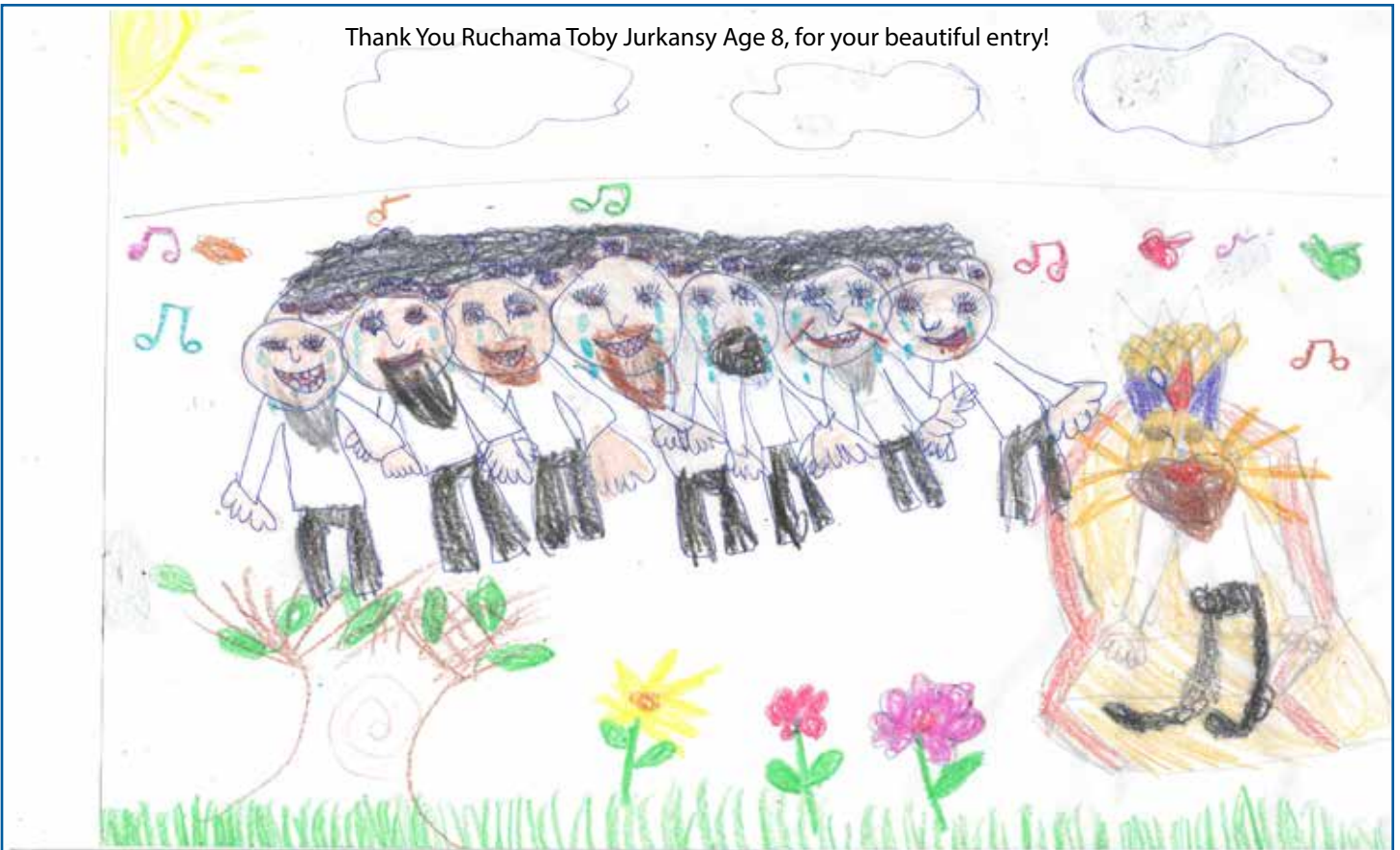
Shabbos Kodesh 28 Sivan
 Low 59°F High 81°F
 **Mostly Sunny!! Yippie!!!**
 Stunning weather! Perfect to celebrate Hashem's Shabbos with not turning on lights!

Sunday 29 Sivan
 Low 57°F High 82°F
 **Partly Cloudy! Gorgeous!!!**
 Beautiful weather! Will be a great day for us to yearn for Mashiach!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

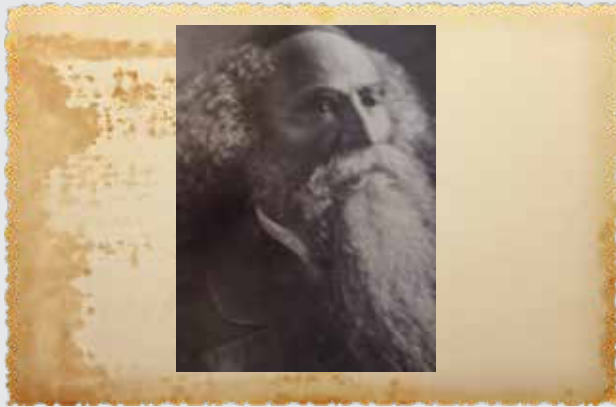


Thank You Ruchama Toby Jurkansy Age 8, for your beautiful entry!



A GLIMPSE INTO THE PAST

By: Sruli Yelen - Lakewood, New Jersey



The Rogatchover Gaon zatzal



Rav Shlomo Wolbe zatzal

By: Amrom Weinstein - South Fallsburg, N.Y.



*Rav Meir Hershkowitz zatzal
(right) with ybl'ch Rav Yeru-
cham Olshin Shlita*



Rav Nosson Wachtfogel Zatzal

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If TESLA WOULD OFFER THE SPRING HILL TIMES \$100,000,000 TO ADVERTISE THEM WE WOULD CLOSE OUR EARS AND TELL THEM:

NO!!!!

IF PEPSI COLA WOULD OFFER THE SPRING HILL TIMES \$1,000,000,000 TO ADVERTISE THEM WE WOULD CLOSE OUR EYES AND EARS AND SAY:

NO!!!!

BUT IF A HEILIGEYID WANTS TO DONATE \$5/\$10/\$15/\$20 A MONTH WE WILL SAY:

YES!!!!

The Spring Hill Times says 'Yes' to:

✓ Hashem

✓ Shabbos Kodesh

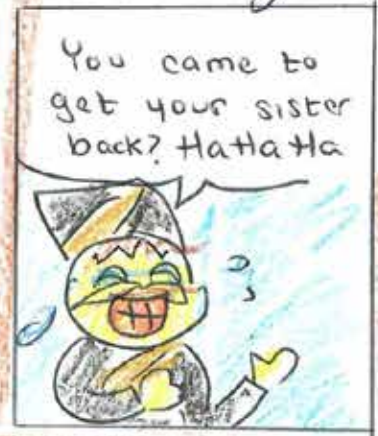
Will you also??

Recap: Shimmy goes to get his sister back. At the police...

An amazing story

Chapter 9

Based on a true story



By SP

to be continued...

Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

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Stunning
World!



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Wonderful
World!

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5

Weekly Thank You's

לזכות משה יהודה בן
שושנה



By: R' Simcha Elefant - Yerushalayim Ir Ha-kodesh

Thank You Hashem for Voices!

We can communicate with each other easily and clearly and we can sing Your praises!



Thank You Hashem for Chocolate!

Such a yummy delicious treat!



Thank You Hashem for Suitcases!

They make it so much easier to travel with our belongings.



Thank You Hashem for Grills!

Such a convenient and fun way to cook up food!



Thank You Hashem for Dry Cleaners!

We can get our suits and clothes cleaned efficiently and professionally!





THEN & NOW

Rumors are going around that another pogrom is coming?

1800's :

Terrifying news! Everyone barricaded themselves in their houses with the hope that their flimsy doors would hold up...

Many times the government and the police encouraged mobs...

Daven as hard as you can for Hashem to protect you and your family...

Today:

What's a pogrom? Maybe you mean a program? But why would a program be coming?

Hashem has made the government protect you!

He made a justice system!

He made police departments!

He made it that when something happens anywhere on earth, it becomes known to the entire world, causing people to be to think twice before they bother Yidden...

Thank You Hashem! We love You Hashem!

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Chapter 2: Preparing the land of Meah Shearim

R' Nachum, R' Zalmen's father had an unofficial yeshiva in his house. When he was nifter R' Zalmen took over. One of the talmidim, Yissachar, seemed to come from a not so poor family, but when he got engaged the secret was revealed. They only acted this way because they didn't want to take tzedakah. Now they needed to pay for the chasana, but they had no money.



R' Zalmen arranged a meeting on the matter

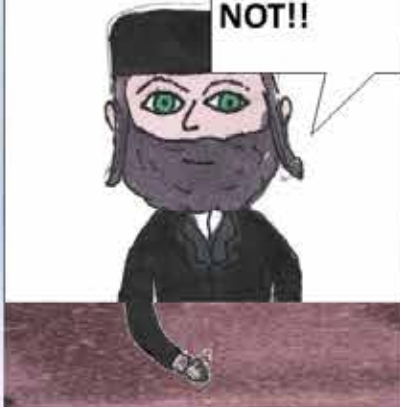
What should we do about Yissachar?



I thought of an idea! R' Zalmen you're an esrog merchant. Every year you figure out how much money you'll need and you buy that many esrogim and sell them before Yom tov. How about you buy more this year!



ABSOLUTELY NOT!!



WHY?

If I sell more other esrog merchants won't sell enough and won't have money How can I take parnassa away from other Yidden?

why?



WOW!
He's willing to do anything in order not to take a little away from another yid.

How about we plant wheat in that plot of land (Meah Shearim) you recently bought. Till now Arabs were selling wheat for matza at 8 or 9 times the usual price. Hopefully Hashem will let it grow!!



Amazing idea! We can sell it to the regular merchants, so no yid will lose parnassa. The Arabs will learn their lesson and lower the price!



Now in addition to: Taking care of shechita, dinai Torah, giving shiurim, bikkur cholim, setting up hospitals, distributing funds and more R' Zalmen was in the field planting. That field grew better than anyone would have expected! There was plenty of money to marry off Yissachar!

After the field was plowed with Chessed and tzedakah Meah Shearim could be built.

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock



The need we have to make a good impression on others can be used as wonderful tool to grow and shteig. As Chazal tell us: M'toch Shelo Lishma ba lishma.

Without it, many of us wouldn't have the desire to succeed, as Rav Moshe Feinstein zatzal used to say that the entire America runs on kavod. [Editor's note: Please see also this week's Urgent Care]

However at times, we may be in situations where we need to take the opposite approach to avoid getting upset at people and to avoid getting involved in machlokes. In addition, many times a person can get stressed out worrying about what people think about him.

In these situations we should tell ourselves, "Enough with people's opinion, Hashem comes first! Oh you don't approve of me? That's lovely!"

Working on כבוד will make you a much happier person!

Rabbi Yosef Moshe Mizrachi

Many people think that living with Bitochon is all or nothing.

"Sure our Gedolim were able to live with Hashem's presence every step of their life but most of us can't do that and we must do hishtadlus so Bitochon is not for me," they conclude.

Rabbi Golombeck told me that one of the main thing he learned from R' Mandel is that BITOCHON IS FOR EVERY YID!! It's not all or nothing. There are many different levels and aspects of Bitochon.

Each person must strive to grow and live with Hashem in accordance with whatever level of Bitochon he is currently on!

In fact, since it's harder for us, our Bitochon is worth much more than in previous generations when it was easier!

One morning Avi* walked to Shul feeling groggy. His child got up an hour early and Avi couldn't help but think that it's going to be a tough day. Then he realized 'what gives me energy? It's not sleep it's our loving Abba, Hashem! Sleep is only my hishtadlus and I tried my best, so now I'm going to rely on Hashem to send me extra energy and an amazing day!

And with that change of mindset, Avi went to Shul with enthusiasm!

Shabbat Shalom U'mevorach!

Mazel Tov!

Mazel Tov to R' Mordechai Kotler and family (Lakewood, New Jersey) on the birth of a new baby girl!

Mazel Tov to R' Aharon Krohn and family (Lakewood, N.J.) on the birth of a new baby boy!

Mazel Tov to Rabbi and Mrs. Yisrael Eliezer Kaufman (Kiryat Sefer) on the marriage of their son Dov to Tzyta Leah daughter of Rabbi and Mrs. Yaakov Yissachar Yuzaf (Yerushalayim)!

Thank You Hashem for...

Sunday	<input type="text"/>
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Monday	<input type="text"/>
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Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: *Not a Fake*

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: " After one works on his בטחון he will never feel the need to back up any sheker of evil-doers, like the פסוק says (ב:ו) "אל תרא – מהם ומדבריהם – אל תירא", יהזקאל (ב:ו) "אל תרא – מהם ומדבריהם – אל תירא". If one gains בטחון in Hashem – He will be confident with himself and fierce like a lion to stand up for true Torah values since there is no one to fear, no-one, but Hashem..."



The Lesson: WHAT MAKES THIS quote so amazing is that the Chovos Halevavos is teaching us that what makes us ever feel weak is always lack of Bitachon. The more we think about Hashem, the more we understand and realize that we have nothing in this world to fear except for Hashem! We will always feel strong and fierce like a lion to do what He would want us to do! We will always be loyal to HaKadosh Baruch Hu the Rebono Shel Oilum!

THE STORY: **Reb MOSHE AHRON AUERBACH זצ"ל** was someone who lived with the

Rebonoi Shel Oilum. Reb Auerbach was once driving with two other people sitting in the back of his car. As they were traveling his passengers began to speak לשון הרע. R' Moshe Ahron asked them a few times to change the topic of conversation, but to no avail, his request fell on deaf ears. Left with no other choice, R' Moshe Ahron fearlessly stopped the car in middle of a very busy intersection and played as if his car had stalled! He pulled out the keys and got out of the car. The scene was awesome. Cars were coming from everywhere! People were honking and beeping from every direction. There was quite a traffic backup and a lot of noise. After a few minutes of tinkering with the hood open, R' Auerbach gave a good few bangs on the hood and got back into the car. He jiggled the key in the ignition and the car started! For the remainder of the ride, all they could talk about was his old jalopy car!

Next week's Topic: " Bitachon Vs. Counterfeiter Part 1 "

A Week in Review



Young Girl Davens to Hashem

A teacher in South Fallsburg, New York, was trying to show her class a science video but it wasn't going on. She tried a few times but it didn't start.

One of the students by the name of Rochel Weinstein started davening to Hashem and it then turned on!

Thank You Hashem!



Yid Saves Fellow Yid's House From Foreclosure

15 months ago, Mr. Goldstein* from New York, Baruch Hashem lost his job.

He had no job application, not even at a small fraction of the previous salary.

It was getting closer to June 1, 2023, and if \$12,000 were not transferred by this date, foreclosure proceedings would be initiated on his house.

Mr. Goldstein saw all doors closed except for Hashem. He told his wife a few weeks ago not to worry. Hashem promised through the Arizal zatzal that a Yid who studied Torah all night with awe and joy on Leil Shavuot would have a chaos-free life till the next Rosh Hashanah.

On May 30, he reached out to a local Rabbi.

On June 1st, an anonymous Jewish donor gave the family a loan of \$12,000 for 6 months! [Heard from Mr. Goldstein]



The Power of Bitachon

Yiddel Richard, an 11th grader at Yeshiva Bais Binyomin, Monsey, New York, spent Shabbos together with his family in Lakewood, New Jersey.

He was by the Skulener Rebbe's tish on Motzei Shabbos.

He tried putting on his recorder to record the Rebbe but it wouldn't start. He took out the batteries and put them back in but it still didn't turn on. He tried this and tried that but the recorder was dead.

So he turned to Hashem and said, "Hashem, You are the Kol Yachol. You could make the recorder work." He then said a kapital Tehillim. And it immediately started working. Yiddel was in shock! [Heard from Yiddel]



Hashem Helps Man Find Gemara

Reb Yedidya Braun* from Lakewood, New Jersey, wanted to tell over by his Shabbos Seudah the Gemara in Meseches Nedarim that a person isn't supposed to make Nedarim. He

wanted to see the Gemara inside but he couldn't remember where in the mesechta it was.

He took a Meseches Nedarim and opened it. There staring at him was the exact Gemara that he was looking for, on daf א כב עמוד א!

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You!



Chazal

*The King Invites You
to
The Grand Celebration*



Don't lose your ticket!
KEEP ON DOING MITZVOS!

BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN! BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

1. Send in pictures of gedolim from the past.
2. Send in pictures of Hashem's beautiful world.
3. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)
4. Type up messages.
5. Create mitzvah ads.
6. Write Gedolim Stories.

Please call/text 845-327-5041
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Niflaos Haborei Riddles

By: T. Bauman

I am an action
But also a noun.
People find it pleasing
When I am around.
The moon, bananas and I
are similar some days.
But only very slightly
and not in many ways.
I am really transformative,
physically and to emotions.
That I am undoubtedly spread
upon sight is the notion.
I can be short or long.
I can be slight; I can be wide.
Sometimes good noises
come out, from inside.
I come and go, on a whim,
clap your hands if you know it.
You can also stamp your feet
If you really want to show it.

*Find the answer somewhere on the **BACK** page*

Cheishek HaTorah

Riddle Corner # 42
Shlach

When the Meraglim arrived to spy, they heard a great cry. Someone very special had just passed away, to all the people's dismay! Who passed away and how did the Meraglim benefit?

Leave your answer on the Chaishek HaTorah Line

845- 720-4040 x9 by Sunday 7PM EST to be entered into a raffle for a Sefer. (The answer and winner will be announced on x 14 #42).

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.
845-720-4040 Ext 6

Updated every Motzaei Shabbos!



ShiurEnjoyment

פרשת שלח תשפ"ג (5783)

The pasuk (15:32) states:” When children of Israel were in the desert, they found a man gathering wood on the Sabbath day”.

וַיִּהְיוּ - בְּנֵי־יִשְׂרָאֵל - בַּמִּדְבָּר וַיִּמְצְאוּ - אִישׁ מְקַשֵּׁשׁ -
עֲצִים בַּיּוֹם הַשַּׁבָּת

Isn't it obvious that the Yidden were in the מִדְבָּר?! Why does the Torah have to tell that to us?

Please email your answer(s) to
parashadelight@shiurenjoyment.com
Or call R' Yaakov Michael 917-626-8306

**A Review of the Yesodos
that make our days!
A Life with Bitachon
732-719-3898**



Sunday

The Heilige Zvhiller #1556
Rebbe lived every step
of his life with Emunah
and Bitachon. Therefore,
he was always upbeat, full of Simcha,
never worried or upset. He under-
stood that we are living in a world

where Hashem is taking care of every step of our lives, and ev-
erything that Hashem does is perfect and amazing. When you
live with this mindset, nothing can go wrong. The Zvhiller Reb-
be said over, 'You know if something is a necessity if Hakadosh
Baruch Hu gave it to you. If He didn't give it to you, it is not a
necessity.' It never happened since the world was created that
somebody needed something and they didn't have it. If you
don't have it, you don't need it. When you make the Bracha of
"Sheasani Kol Tzarki" you have to feel the Simcha that Hash-
em is giving you every last need.



Monday

When we Daven and #1557
beg for a Yeshua for
a long time and don't
see the Yeshua, and we wonder
why Hashem isn't willing to give
us the Yeshua we want so badly,

we should realize we are like a child pleading and
begging for candy for breakfast.

Hashem loves us, and knows what is really good for
us.



Tuesday

We bring the Kor- #1558
ban Shtei Halech-
em before Shavu-
os to remember that bread is
from Hashem, not the result
of our own hard work.

This way, we will feel calm, knowing that Hash-
em provides us with our sustenance.



Wednesday

The non-Jews ac- #1559
cused the Jews of
being foolish for
accepting the Torah without
knowing what it entailed.

Actually, the Yidden understood that one never
loses out by doing what Hashem wants.



Thursday

To get ready for Shavuos, #1560
we count from bringing the
Korban Omer, which is the
Korban of the new harvest.
On Shavuos, everyone agrees it is a re-
quirement to eat to fulfill Simchas Yom
Tov. We review for 49 days our appre-
ciation that Hashem gives us food each and every day, and

on Shavuos when we eat our Seudos we can feel Hashem's
love for us. This way, we can recognize that the 613 Mitz-
vos are not like a tax we have to pay. Rather, the Torah and
Mitzvos are a way to develop a connection to Hashem and
thereby attain true, intrinsic Simcha.

Yiddishkeit is not just a religion, it is a relationship.

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Story Time

Stories From 'A Life With Bitachon'



This story has been called in by Mishpachas Zeretsky. She was speaking to one of her relatives who said, I have to tell you the most amazing Bitachon story that I just experienced first hand.



I told my husband, who's learning in Kollel, that we outgrew where we're living and it's time for us to buy a house. But where should we start from? Right now, to find a house is like winning a lottery ticket. Especially when it comes to the bidding, it's like a whole war, it goes higher and higher and higher. We're not up to that right now!

My husband said, "I have the perfect solution. Instead of going to a bidding war, instead of trying to find a house, let's go straight to Hakadosh Boruch Hu! He's the Kol Yochol, he can do anything and everything. How, where, what, when, why, I

don't have to figure it out. It doesn't have to make sense to my brain."

Shortly afterwards, we got a phone call. "Are you looking to buy a house?" We said "Yes!" "Well, my neighbor just put up a for sale sign! Call them up right away!"

We called up the neighbor, and told them the price they we want to give, and she said "Sure, come right over, see if you like it."

As we were looking at it, we said, "Wow, this is perfect!"

The person selling the house said they were actually getting phone calls left and right, and each one was going higher and higher in price, but the she told them all, "Sorry, I reserved it for this family."

In no time the house came to them on a silver platter, exactly the price that they wanted, without going to any bidding war.



This story has been called in by a Choshuve Yungerman by the name of Mishpachas Heller. He said that his second car broke down and they really needed to buy another car. They were searching all over for a good deal, they were searching high and low, but for the price they were looking for they couldn't find. This was going on already for a few months. Every avenue they tried just fell through.



Then his wife said, "Okay, we already did our searching for a few months. We already did our Hishtadlus. Now I am giving it over to Hashem. He is the Kol Yachol, He can do everything and anything. I am just going to



Story Time

Stories From 'A Life With Bitachon'

let Hakadosh Boruch Hu send us a car. From how, from why, from where, I don't have to figure it out. I'm just leaving it up to Hashem."

Later that day, he got a phone call from his father-in-law and he says, "Someone just gave me a car as a gift. Would you like it?"

He got it with the best delivery service, without paying a penny, for free, better than ever.



This story has been called in by Mrs. Braun.* Her children were asking her, "Can we please get a swing set? We would really enjoy swings in our backyard."



She told her children, "It's a very good idea, but right now it's not a good time for me to get it for you. But that doesn't mean you can't get it right away, because even though I can't get it for you right now, Hakadosh Baruch Hu is the Kol Yachol, He can do anything and everything. If you turn to Hashem and say, 'You're the one in charge of getting me things,' so even though I can't get it, Hashem can do anything and everything."

With that her children said, "Hakadosh Baruch Hu, we're turning to You. You can get us a swing set in no time."

Later that day, her son was walking past her neighbor's house, and the neighbor called him over and said, "Do you know that we have a brand-new swing set that we got from the store, but we never put it together, and we realized that we don't even need it. So you can have it, at no cost, for free."

And with that, they were able to bring it home and set it up!



This story has been called in by Mrs. Hirsch.* She went on Yom Tov to be by her parents, Dr. and Mrs. Preshel from Lakewood.



Her uncle, Yochanan Preshel, who's a doctor in Manhattan was there too. He said over at the Seuda that he has been missing his passport already for the longest time. He searched for months, high and low. For already seven months he couldn't find it.

He combed the whole house, back and forth, and even hired people to come help him look for it, but everyone came back empty-handed. He said, what's the chances he'll ever find it.

Mrs. Hirsch turned to her uncle and said, "You're right. If you go with Teva, with laws of nature, then what's the chance of finding it. But go with

Eemunah and Bitachon that Hashem is the Kol Yachol, and He loves you, and He is your caring Father, and He wants you to be happy, just say, 'Hashem, you're a Kol Yachol, You know where it is, You can make it appear out of nowhere!'"

Her uncle said, "Just like that? With Eemunah and Bitachon Hashem will make it fly from nowhere?"

She said, "Yes, exactly that. And I'm going to have Bitachon that you're going to find it in a place that you already checked countless times. Hakadosh Baruch Hu is going to show you, when it comes to Eemunah and Bitachon, it doesn't have to make sense. When you live with Eemunah and Bitachon it's a different set of laws,



Story Time

Stories From 'A Life With Bitachon'

it's a different Shulchan Aruch. It's going to be staring right at you in your face in a place you already checked." He said, "Wow, that's so amazing."

After Yom Tov he went home, and he said, "Okay, now I'm going to check with Emunah and Bitachon." He opened up his safe, which was the first place where he always checked, because he remembered that was where he kept it last, but he already checked it over 100 times!

This time he opened it up, and there it is, staring in front of his face, the passport that he was missing for seven months!



This story has been called in by a Choshuve Yungerman by the name of Eliezer Fried. He said he was trying to teach his six-year-old Yinglele how to ride a bike for the longest time. He tried already for over a year, but his child was simply not getting it. He even tried on a tricycle, but he was going with his feet on the ground instead of using the pedals. As much Hishtadlus as he tried, he saw he was getting absolutely nowhere.



The Bubby offered to buy a new bike for his child, but he said "No, it's a waste of money, he's not going to be able to ride the bike anyway."

Then his wie said, "Yes, there is a point. I figured out a new method how to teach our boy how to ride a bike."

He said, "Wow, tell me, what's this new Mehalech, let me hear."

She said, "You know what the new Mehalech is? This whole time, we're putting him on the bike, we're teaching him and trying to tell him to put

his feet on the pedals and how to balance. Let's go with a new Mehalech. Give him the bike, tell him to start riding. We're going to look in the opposite direction and say, 'Hashem, we'll have Bitachon. You're the Kol Yachol. You can get him to ride a bike.'

With that they went outside, and instead of looking and telling their child how to ride the bike, they said, "Look, here's the bike, go ride it," and they looked in the opposite direction. **They turned around five minutes later and they see he's riding the bike like a pro, better than ever.**



This story was called in by Mishpachas Gewirtzman. She said it was over YomTov and someone opened the front door and a huge, scary wasp flew in and started flying all around.



The kids got hysterical, screaming and yelling. Finally the wasp settled on the windowsill, but the kids still weren't happy. It was robbing them of their Menuchas Hanefesh and Simchas Hachaim.

She was thinking, what in the world should I do? The wasp was sitting on the windowsill for three hours straight! The children wanted it out already. Enough is enough!

So she turned to her children and she said, "Do you want the wasp out?" They said, "Yes, Mommy!" She said, "Well, you know Who brought it here? Hakadosh Baruch Hu, the

Ribono Shel Olam. So you know who's the One in charge of taking it out? Hakadosh Baruch Hu, the Ribono Shel Olam. Let's open the front door again and sing 'Hakol Yachol'."

They sang 'Hakol Yachol', and right after they finished singing, the wasp flew out the door!

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I did an aveira, and I feel very bad about myself. I have very little motivation to continue trying to be the big tzaddik I wish to be. What's the emunah and bitachon perspective about this?

A. Be a businessman. When a businessman makes a bad investment, does he throw away the rest of his money?! Of course not! He tries to minimize the losses and make the current situation as profitable as he can. You can do this too. Take your post-mistake situation and cash in. Here are some examples of new opportunities you now have:

- You have the opportunity to be strong and not give up. When you continue working on growing even though it's hard, the results penetrate deeper.
- You're exercising the muscle of not being thrown off balance in hard times. This is the way to become great: by getting up after a fall. As it states **שבע יפול וקם צדיק ויקם**.
- Now you have a wonderful opportunity to realize that you're not the Mr. Perfect you thought you were.
- Take this opportunity to be on guard in the future and avoid this mistake or worse.

Q. Whenever I do something wrong, I find it very hard to do teshuva, because the more I dwell on my aveira the worse I feel about myself, and the less motivated I am to continue trying.

A. Generally, the time to work on teshuva is not immediately after you do that aveira. In order to do a proper teshuva, or to work on any area of improvement, you have to be very healthy emotionally.

Right after you do something wrong, oftentimes, the first thing you need to do is to do CPR on your self-image. Think about all your ma'alos. Think about your accomplishments. As far as the mistake? Big deal. Is this the first time you made a mistake? Think about how you're going to look at yourself in a few weeks from now, after this episode is forgotten, and you've done a lot of good things in the meantime.

After you're feeling good about yourself you can go back and try to think about how you could do better in the future. What about **חרטה**? If you have **חרטה** for a few moments, that is enough. After that you shouldn't think about the aveira anymore.

Q. I succumbed to a Yetzer Harah shmiras einayim, and now I feel very disappoint-

ed with myself. What is the right attitude to have?

A. A man wrote a letter to the Steipler complaining that he constantly is nichshol in inya-nei kedusha.

The Steipler wrote to him that he shouldn't focus on the numerous times he was nichshol, rather on the times he overcame.

If mitzvos are so important that you get upset when you slip up, they have to be important enough that you should take great pride when you fulfill them.

If you would take into consideration all the times you were omeid b'nisayon, you would be bursting with pride how many times you had such heroic self-control.

Q. I had an elderly father who required a lot of medical attention. Although I invested effort in trying to give my father the proper care and finding him good doctors, his situation deteriorated, and eventually he passed away.

Now, I'm overcome with feelings of guilt; perhaps I could have invested much more energy in finding him the top doctors and he could have been ma'arich yamim

The



Bitachon Perspective

Continued

for many more

years.

What is the emunah and bitachon perspective about this?

A. Almost the identical episode happened with Maran Rav Baruch Ber Leibowitz ZY"A.

When Rav Baruch Ber's father, Reb Shmuel, was ill, Rav Baruch Ber stood by his bedside and attended to his needs day and night.

Spending so much energy caused Rav Baruch Ber to become weak, and he needed to get back his strength. So, for one night he let a talmid tend to his father. That night Reb Shmuel passed away.

Rav Baruch Ber was beside himself with grief. He said that he was responsible for his father's petirah because he failed to take proper care of him.

Rav Baruch Ber was so distraught, that it took a toll on his physical health, and it got to the point that he was unable to give his Gemara shiur.

The Chofetz Chayim heard what had happened and sent a message that he wanted to see Rav Baruch Ber. Rav Baruch Ber traveled to Radin, and went into the Chofetz Chaim.

The Chofetz Chaim held Rav Baruch Ber's hand for a half-an-hour and talked about the power of teshuva. The Chofetz Chaim explained that teshuva is not merely achieving forgiveness. Teshuva transforms you into a new person!

Rav Baruch Ber internalized the words of the Chofetz Chaim, and was infused with a new spirit. Rav Baruch Ber exclaimed, 'I'm a new person! I'm a new person!'.

And it was this message that gave Rav Baruch Ber chizuk to continue giving shiurim and to move forward in life.

Another story: Rav Michel Feinstien [son-in-law of the Brisker Rav] had a daughter who had asthma. Whenever she got an asthma attack, her breathing had to be regulated by means of an inhaler. To this end, Rav Michel made sure to have numerous inhalers next to her at all times.

Once, she had an attack, but Rav Michel couldn't find any of the inhalers. The attack worsened, and after a few minutes she was nifteres. Shortly after, he discovered three inhalers right next her bed!

One of the days of shiva, Rav Yankel Galinsky came to be menachem avel, and he saw

that Rav Michel was very broken. Rav Michel said, 'if only, I would have been more organized with the inhalers I could've saved my daughter's life'.

When Reb Yankel heard this, he countered, 'your daughter's petirah has nothing to do with you. Even if you would've had everything prepared, she would have passed away because her time came'.

After Reb Yankel Galinsky left the shiva house, Reb Michel remarked, 'of all the people who offered consolation, Reb Yankel succeeded in truly comforting me'.

We see from these gedolei yisroel what is da'as Torah's approach to such situations. Even if a person feels that he could have done more, there is no reason to fall apart. With teshuva he is transformed into a new person. And about the fact the he could have prolonged the life of the niftar, he should know that if the person passed away, it's because his time came and nothing could've prevented it.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com



Editor's note:
Some stories
are from Feb/
March

**Always
be Dan
L'kaf
Zechus**

My neighbor is usually a very friendly person. I met her one day in the hallway, and she seemed cold and snobby. I went away feeling a little hurt, but I decided to be Dan L'kaf Zechus. I thought there must be a reason why she acted like this.

The next day, she called me up about something and said: "I was burning with fever yesterday, and I think I might have strep!"

It was such a lesson, to always be Dan L'kaf Zechus. First of all, because it's the right thing to do. But even more than that, you can save yourself so much Agmas Nefesh!

A Reader, Brooklyn, New York

Girl Has Bitachon

We read in the Spring Hill Times about a boy who really wanted to go on a trip with his class. He had bitachon and was able to go on a trip in the end.

My daughter was very sad that her school was not going on a trip. So we sat together and had

bitachon for a miracle that her school would go on a trip the next week.

She came home with the news that she was going on a trip!!

A Reader

Hashgacha Pratis

Before Rav Gershon Edelstein's levaya, I was talking to my second seder chavrusa on the phone to see what we would do. Then my phone died.

After the levaya, I started walking back as I needed to Daven Mincha. I passed by a Shul where they were putting together a Minyan and Davened there. After Mincha, I turned around and my Chavrusa was right there in my minyan!

We walked back to the train and we were able to find a good place to put our Gemaras and we learned the whole train ride back!

I don't know how many thousands of people were there. It was amazing that we left at the same time and both needed Mincha and went to the same Minyan!!

Simcha Elefant -Yerushlayim

Hashem Loves Us

Shavuos night seuda, while serving the chicken soup, my 12-year-old asked if we have soup nuts. I said that I bought croutons. She said, "I really

The Spring Hill Times is looking for someone who can bring, on a weekly basis, copies of the newspaper from Lakewood to North East Philadelphia. Please call/text 845-327-5041

prefer soup nuts."

I began serving the soup and she moved some things around on the counter and said, "Look I found a small amount of soup nuts left in a sealed bag!" It was just enough for her soup. It was a gift from Hashem.

A reader from Eretz Yisrael

Accepting with Love

B"H, Shavuos was beautiful, and all the food was delicious. However, on the second day, which was Shabbos, things started to go "wrong".

On Friday night, we discovered that half the chicken was raw and inedible. On Shabbos morning, the crockpot malfunctioned, and the cholent was cold. The three cartons of cherry tomatoes that I had bought were mostly frozen, even though they were in the fridge.

Although we had other food and certainly didn't go hungry, some of us felt frustrated by these occurrences.

Then, my mother suggested that perhaps Hashem was showing us how we need Him every step of the way- we are never "all set" without His constant help!

Attention Readers:

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper. We are B"H receiving a large volume stories each week, so it takes a few weeks until your story can get in.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

I recall hearing a vort to that effect on Bitachon Hotline- Yaa-kov Avinu asked for "לחם -לאכילתו" to emphasize that even if he has food and clothes, he can not use them without Hashem.

This realization strengthened my awareness of Hashem and my gratitude for the thousands of times that the refrigerator, oven, and crockpot work perfectly!

Thank you Hashem!

A Reader - Far Rockaway, NY

Wink from Shamayim

There was a Yid that I knew very well that was Niftar on Chof Alef Chodesh Adar. I was doing Mishna Yomis at the time, and I decided I would continue doing Mishna Yomis L'Ilui Nishmaso. I started doing Mishna Yomis together with my grandfather.

One day, my grandfather who lives in New York told me that in three weeks he would be coming to visit Cleveland.

I looked at the Mishna Yomis schedule, and I saw that the day that he was coming was the day that we finish Seder Zeraim.

I wasn't sure what to do. On one hand, I wanted to save the siyum for the Yahrtzeit, but I also wanted to do it when my grandfather was there. In the end my parents told me to do it on the day that my grandfather comes.

The day came.

In my school, people sponsor tissue boxes.

That day, they were out of tissue boxes, and the Gabbai of the tissues went and dug up an old tissue box.

I went and I looked at the name

of who sponsored the tissue box and it said L'Zchus Refuah Shleima Yosef ben Malka Chaya, who was the person that I was learning L'Ilui Nishmaso.

I took it as a wink from Hashem.

This story should be a Zchus L'Ilui Nishmas Yosef ben Dovid Mordechai. Thank you.

A Reader - Cleveland, OH

Hashem sends money

I was in need of money. I had tremendous Chovos.

One Motzei Shabbos, my wife told me that we needed \$600. I had no clue where in the world it was going to come from.

I spoke to a friend of mine, he told me that the first thing with Parnassah is that you have to be Mechazek in Emunah and Bitachon. Then you can try to do some Hishtadlus. We had a whole Schmooze. He calmed me down a little bit.

On the way home, I listened to 'A Life with Bitachon' for a few minutes.

When I got home, there sitting on the counter was a check for the exact amount I needed: \$600!

A Reader- Lakewood, New Jersey

Having an Ayin Tova

The heater broke in our house and we got it fixed.

The next day, it was freezing in our house. What happened? The heater broke again! Everyone was wearing coats. It was freezing and it was Shabbos.

My uncle was by us for Shabbos. When he came home from Shul, he said that he saw in the

Spring Hill Times, in the Ayin Tova section, that there was a story about a broken boiler.

He shared the story with us. It was almost the same situation as we had.

What Hashgacha Pratis for us to have an Ayin Tova. We went asking around, and everyone in my family found an Ayin Tova about the broken heater.

A Reader

Girls Forget Potatoes

I have a Hashgacha Pratis story to share.

My mother told me she needs stuff from the grocery store and she asked me if I could go for her. I said, "Sure." I didn't have so much homework that day.

My mother wrote out the list and she gave us the money, cash, and she told us to go.

Then she said, "Wait, come back. One more thing, buy potatoes. I'm not writing it on the list, just remember."

We said, "It's fine, you don't have to write it on the list."

We got to the grocery store, and of course we forgot to buy potatoes. We got to the checkout to pay, and we had exactly enough money. It was Hashgacha Pratis that we forgot the potatoes, because then we would not have had enough money to pay. Thank you Hashem.

A Reader

Good News!

B"H Israeli scientists came out a few months ago with something that might be a cure for Alzheimers. They just successfully finished testing on thirty people. Now they're hoping to

start testing in bigger numbers on more people, and hopefully in the next few years it's going to be able to help out Klal Yisroel, if the Aibeshter wants, to start remembering again!

A Bochor learning in Yerushalaim

Thank You Hashem!

I'm a thirteen year old girl from Lakewood. I couldn't find my glasses for the last few weeks. I searched everywhere but they were nowhere to be found.

I told my father on Friday night after reading the Spring Hill Times, that Hashem can do anything. If I find my glasses that night, I would publicize it in the Spring Hill Times.

Twenty minutes later my sister came jumping up and down that she found them in the most obscure place.

Thank you for all the Chizuk.

P.R. - Lakewood, N.J.

Hashgacha Pratis

Your publication The Spring Hill Times is beautiful.

I live in Boro Park. I have a married daughter who lives in Union, New Jersey.

Her daughter was having a Siddur play and she realized that her daughter's skirt wasn't long enough.

She called me and asked me if by any chance I was on the street. I was. I was in the the store that she needed me to go to. I looked around, and I found a skirt. It was the perfect size, and it was the last skirt size six that my granddaughter needed.

I had a messenger pick it up, take it to Union, New Jersey.

That night, she tried it on and it fit. Boruch Hashem it was a beautiful Siddur Play, with a skirt that was Tzniusdig and fit just right.

Thank you Hashem for putting me in the right place, at the right time, for the right reason. Hatzlacha Raba!

A Reader - Boro Park

Kiddush Hashem

Dear Editor,

My mother and grandmother went to the ocean in Belmar, Spring Lake Heights, N.J., as it has not yet opened for the season.

When they were there, they filled up on gas, and the Turkish attendant, seeing that they were Jewish told them the following:

He related his personal story – that you may have heard of, that he used to be an attendant in Lakewood, and once, a frum lady came and asked for \$12 worth of gas. By mistake, he apparently filled the entire tank, and the total came to \$81.

She said, 'sorry, I only have \$12'. He realized it was his error, and that he would have to forfeit the amount from his paycheck. He told her it was OK and she can go.

However, before closing time that day, her husband came with the additional \$69!

This attendant said in his broken English, "When he bring de money, I cry; you people de best, I love Jews!"

S.R. - Lakewood, New Jersey

12 Year Old Makes Parents Proud

My daughter is twelve years old.

One night, she used the principals of Emuna and Bitachon that she hears on the hotline to help her in challenging situations.

She went to a play with her friend and surprisingly a neighbor of hers appeared at the play. This neighbor follows her around many times to the point where it annoys her.

On different occasions she tried to express to her neighbor that she is constantly in her space. But it's hard for this neighbor to understand that.

At first she felt overwhelmed and upset that the neighbor was there. But then she decided that she was going to deal with it with Emunah and Bitachon.

She started to say, "Hashem, I will be Mevater. I won't make a big deal about it. I will try my best to just enjoy the company of my friends." Even though the neighbor kept on putting in her comments nonstop, which would have been really frustrating, she didn't pay attention to them.

She put in a Tefilla to Hashem that this challenging situation should be in place of any other challenging situations that were meant to come to her in the upcoming family trip. She davened to Hashem that the upcoming family trip should have no challenging situations at all.

We are really proud of her, how she was able to deal with this in such a special way. She should keep on Shteiging.

Tizku L'Mitzvos.

A reader





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Cupcakes! Yummm!!! But not even close to the reward you will be getting in the next world for every time you hold yourself back from saying Lashon Hara!

Hashem Loves You!

Thousands of Yidden gathered together last week in Philadelphia to celebrate the learning of our Torah and those who merit to support Torah. Hagaon Rav Aryeh Malkiel Kotler, Rosh Yeshiva of Beth Medrash Govoha, addressed the Tzibbur, and he described repeatedly the great אהבה, love, which Hashem has for us when we connect with His Torah. We recite אהבת עולם, an eternal love, and אהבה רבה, a great love, twice every day, and we then proceed to ask Hashem, אבינו האב הרחמן המרחם 'our Loving Father who has great mercy on us', to shower us with wisdom and understanding of His Torah. The Rosh Yeshiva brought countless pesukim from Shir HaShirim along with numerous Midrashim to demonstrate that when we learn even one word of Torah, Hashem is 'turning His Face towards us' (so to speak), and bringing us into His Most Inner Chambers. The Shechina is with us when we learn Torah. And those who support Torah, by giving even one dollar, share in all of these enormous treasures of closeness to Hashem.

Rav Dovid Shustal, in his powerful remarks, shared that the special Kaddish recited at a Siyum is very unique because it is the only time that we mention תחיית המתים and עולם הבא in a Kaddish! Because Torah connects us to the future world of unlimited goodness where there is only everlasting Life, חיי עולם!

And the Olam spontaneously erupted in singing and dancing to celebrate the treasure which we have! When we learn even one word of Torah, we receive the reward for all 613 Mitzvos! When we give even one dollar to support the learning and teaching of Torah, we receive endless diamonds beyond understanding!

And when we learn or support Torah, we are entering Hashem's inner chambers! Our Neshama is glowing with His Light! Every word of Torah means partaking of the עץ החיים, the tree of Eternal Life!

HaRav HaGaon Yehuda Mandel Shlita שיחה לחיים טובים ארוכים was once in Beis Medrash learning and singing loudly from happiness, and HaRav HaGaon Rav Chaim Pinchas Scheinberg Z"TL began tapping along with his cup to create a beat and a rhythm for Rav Mandel's song! Our greatest Tzaddikim understood how enormous the Simcha of Torah is!

Every word of Torah means 'Hashem loves us!'

Every dollar we give to Torah means a deep connection with Hashem!

Hashem wishes to give us the greatest joy of Gan Eden in this world and in the Next World!

There is great song, happiness, and endless joy waiting for us!

Let's sing joyously and dance energetically every day that we are Zoche to learn and support Torah!

Hashem loves us beyond all understanding!

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