

# The Spring Hill Times

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## KLAL YISRAEL'S NEWSPAPER

לזכות רפואה שלמה הינדא בת מרים רבקה בתוך שאר חולי ישראל

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### FOREST FIRE - NO DAMAGE!



On Sunday, 13 Tammuz, 5783, while many children were playing in Gan Eshkolot, in the Sanhedria/Ramat Eshkol neighborhood, smoke was suddenly seen billowing from the trees on the path leading up to the park.

### HASHEM HELPS MAN DO TESHUVA

R' Sholom\* from Bnei Brak had a child who was born with many health issues. He was in the hospital in critical condition. The doctors said that there was only a small chance of survival.

R' Sholom went to the Kever of a Tzaddik who he had been very close to. He Davened by the Kever for a Yeshua, and asked-Hashem to please

Continued on page 7

Continued on page 10

### Having Summer FUN?



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# The Spring Hill

**Newspaper Topic:**

Hashem

**Under the guidance of:**

Rabbi Zevy Golombeck

**Publisher / Editor:**

Yitzchok I. Kaufman

**Finance Director:**

Yoni Kohn

**Contributors:**

R' Zevy Golombeck

R' Yosef Moshe Mizrachi

R' Label Lam

R' Y. Friedman\*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Moshe Davidson

R' Moshe Hirschberg

R' Daniel Garfinkel

R' Daniel Sasha

Sruli Yelen

T. Bauman

Tzvi Blaser\*

**Graphics:**

R. Berger

Rachelli N.

**Comics:**

N.L. Ross

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**Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?**

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A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

**HARAV SHMUEL KAMENSKY SHLITA**

**AND**

**HARAV ELYA BER WACHTFOGEL SHLITA**

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

שמעון קאמניטקי  
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# WEEKLY NEWS ROUNDUP

Continued from page 1

help him rectify whatever wrong he did.

A few days passed, Baruch Hashem the situation stabilized but the child was still in critical condition.

One night, R' Sholom had a dream. The Tzaddik came to him and told him to bring a Minyan to the Keiver of a Yid in America by the name of R' Boruch Goldman.\* He should ask for forgiveness for all that he did wrong to him. Then, he would see a Yeshuah.

The name sounded familiar to R' Sholom who had grown up in America and moved to Eretz Yisrael after he got married.

He called his parents to ask them if they knew this person, and they said "Yes, he was our neighbor." Then it hit him...

R' Boruch was a big Tzaddik but had some very interesting Minhagim.

He, as a child, together with some neighbors used to poke

fun at R' Boruch and they used to embarrass him.

R' Sholom realized he definitely had to ask him Mechila. He told his father what happened, how a Tzaddik came to him in a dream and gave him instructions to ask mechila.

His father said, "I can't believe it! Today is his Yahrtzeit! Gevaldig! It won't be so hard to get a Minyan to his Keiver. I'll gladly do it."

His father and other family members got together a Minyan and they asked Mechillah.

R' Sholom learned how careful one has to be with Bein Adam LaChavero.

Baruch Hashem, he was able to ask Mechillah, and since that day, his child is out of danger and is improving. May Hashem send him a complete Refuah together with all Cholei Yisrael. [Kav Hashgacha Pratis]

## HASHEM ALWAYS PAYS BACK

R Moshe Adler was learning sefer Chafetz Chaim and it says there that one who spends money on a mitzva gets paid back double.

Some time after that, his te-

Kav Hashgacha Pratis  
1518-613-0140



fillin got lost so he had to get new ones. He found out the cost was around \$2500.

Despite the big cost he didn't hesitate to spend the money because he knew that Hashem would give it back to him.

Then, he had a friend who was sitting shiva. He felt that the right thing was to go be Menachem Avel. But the cost of travel was \$500.

He said to himself, "I'll go and the money will come back to me."

Some time after this, someone came over to him and told him that a relative of his passed away. The family was looking for people to learn Lilui Nishmaso. "It could be whatever you are already learning just have the Nifter in mind."

R' Moshe said, "Sure! No

### Attention Shomer Shabbos Readers!

B"H, we have had recently a sponsor who sponsors 70 copies each week.

It costs him a lot of money!

Please help him with covering part of the expenses.

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# WEEKLY NEWS ROUNDUP

problem!"

They told him, "We are paying \$3000!" [Heard from R' Moshe Yelen]

## HASHEM SAVES MAN WITH DIABETES

Dovi Klein's\* Rebbe was telling the class how it's a big Mitzva to give Tzedakah before Davening.

The next day, Dovi went over

to his father and gave him three chocolate coins.

His father was in a rush leaving the house, and he didn't realize that it was chocolate



other Mispalel who had Diabetes suddenly felt that he was going to faint. He needed something sweet immediately.

The Gabbai called out, "Does anyone have a candy or something sweet?"

This Yid had three chocolate coins and was able to give it to this Mispalel, and Baruch Hashem the situation stabilized! [Kav Hashgacha Pratis]

חכם לב - יקח מצוות!!

The Spring Hill Times thanks the 3 generous sponsors who jumped at the opportunity to help us send, for the next 3 months, 40 copies of the Spring Hill Times to our brothers in prison!

The first shipment was already sent!

שכרם הרבה מאד!

coins. He just stuffed it into his pocket and said, "Okay, I'll give it to Tzedakah."

When he got to Shul, he realized that it was chocolate coins in his pocket and that he can't give chocolate coins to Tzedakah.

Then, during Davening, an-

## EVERYTHING IS FOR THE BEST

Reb Yeshaya\* from Bnei Brak had to go to a Chasunah in Kiryat Sefer. He was waiting by the bus stop for an hour. Four buses passed by but they were full and didn't

## Yeshiva Shel Ma'aleh Torah Without Boundaries



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### Helpful Tips



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- A Daf a Day!
- An Amud a Day
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# WEEKLY NEWS ROUNDUP

## LONG DISTANCE CONNECTIONS

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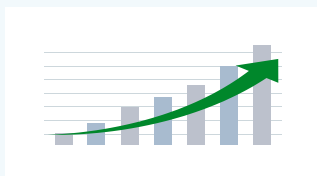


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stop.

So he just gave up going. Afterwards, he heard that there was a big traffic jam on the way to Kiryat Sefer, and buses arrived at 11:30 p.m., after the Chasunah was already over! He saw that it was good that he didn't get on the bus. [Kav Hashgacha Pratis]

## MAN PASSES INSPECTION

R' Meisels\* got on a bus. He was holding a lot of bags, so it was too difficult for him to pay right away. So he first went to a seat to put down his bags.

Right then, before he had a chance to pay, two officers came onto the bus to check the bus cards, to make sure everyone paid.

One came on from the front door, and one came from the back door. R' Meisels knew that if he told them his story they might not believe him, and they would give him a fine, so he Davened to Hashem in his heart.

When the officer came to him to check his card, the officer in the back of the bus suddenly called over the first one to come

to the back of the bus.

So the officer took R' Meisels card and he went to the back of the bus.

When the officer came back, he gave R' Meisels back the card without checking it, because he thought he already checked the card.

Once the officers left, R' Meisels was able to pay. [Kav Hashgacha Pratis]

## NINE-YEAR-OLD GIRL TRUSTS IN HASHEM

Gitty Katz's\* teacher made a contest for her 9-year-old students.

She was making a raffle for two prizes. The first prize was a rubber band game. The second prize was a mirror.

Gitty had bitachon that she should win the first prize. But someone else won.

When the teacher raffled off the second prize, she had bitachon that she should win, and Baruch Hashem she won.

Two days later, her aunt came from chutz la'aretz and she brought prizes for all the kids.

She gave Gitty a rubber band game. It was exactly the same game that the teacher had raffled off! [Kav Hashgacha Pratis]

# News that Hashem Wants us to Talk About!

Continued from  
Front page

*Thank You, Hashem, that the fire broke out when so many people were around to see it before it spread.*

The flames grew larger and began leaping towards the park.

*Thank You, Hashem, that the fire didn't start closer to the park, and that no children were caught in the flames!*

The fire department was quickly called, and families began running out, escaping the fire.

The fire department came quickly.

*Thank you, Hashem for firemen, firetrucks, and modern technology,*

They put out the fire providing great entertainment to all the kids around!

Not only was no one hurt, not one of the houses nearby needed to be evacuated. The only remainder of the fire is a black, burnt out patch on the pathway to the park!

## SO GESHMAK!

It was a hot and humid Shabbos, and Reb Dovi Helberg,\* from Chestnut Ridge, New York, walked to Shul. He arrived there hot and sweaty.

When he walked into the door, he felt a delicious blast of cool air. It was so geshmak! Thank You Hashem!! [Heard from Reb Dovi]

## SUCH AMAZING WEATHER!

Last summer, Rockland County and other places in New York

State had a drought.

This summer B"H, it has been raining on and off almost every day! Thank You Hashem!

*Thank You for giving us the*



*opportunity to make so many brachos on thundering and lightning!*

*Thank You, Hashem for giving us dry periods and sunshine in*

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*between the rain so that adults and children can enjoy spending time outside! We love You Hashem!*

## HASHEM IS SO GOOD!

Sunday, 20 Tamuz, 5783: The Ferber\* family from Lakewood, New Jersey, ate watermelon. It was sweet and delicious! They enjoyed it so much! Thank You Hashem!

## PREVIEW OF GAN EDEN

On Shabbos Parshas Pinchos, Mrs. Wasserman\* who lives in a large city in the Pacific Northwest walked to shul and back.

She got to shul and home safely, B"H.

She did not get overheated as there was a breeze.

While in shul, she was able to feel the menucha of the day and connect to Hashem. There was a cool breeze wafting through open doors and a chorus of birds accompanying davening with their chirping enthusiastic melodies out in the courtyard. They were praising HaKadosh Baruch Hu as well!

A little preview of Gan Eden... [As heard from Mrs. Wasserman]

## HASHEM POURS MONEY ONTO FAMILY

Last month, our family suddenly saw a huge amount of money in our bank account. Hashem sent us a huge sum of money, through the IRS.

**Continued on next page**

## News that Hashem Wants us to Talk About!

We had been waiting for this money to come in for years. It arrived in our account at exactly the right moment! [Heard from a family in Eretz Yisrael]

### KLAL YISRAEL IS FLOURISHING!

The maternity wards in hospitals in cities with large frum populations are bursting at the seams!

Chadarim, Bais Yaakovs, Yeshivos, High Schools, Ganim and Kindergartens have long waiting lists..

Thank you Hashem, for bringing so many neshamos into this world every single day, through incredible nissim!!

*May this post be a zechus for all the couples who are waiting to build a family be zoche to zera shel kayama!*

### MAN NOTICES HASHEM'S BEAUTIFUL WORLD

R' Chaim was on his way back from Baltimore MD, to Lake-



wood, New Jersey.

While driving on the New Jersey Turnpike he noticed the blue sky and the green trees on the side of the highway. He even noticed beautiful pink flowers somewhere inside the green trees! He was overtaken by the beauty of

Hashem's world! [Heard from R' Chaim]

### HASHEM'S MUSIC

R' Shmuel\* was walking outside and he noticed the beautiful chirping of the birds.



He thought to himself: *Even though we cannot listen to music in three weeks, Hashem still gives us the chirping birds to enjoy.*

### BRITISH MAN THANKS HASHEM FOR EARPHONES

R' Dovid from Stamford Hill, London, was at the dentist. The dentist needed to drill and fill a big cavity.

Baruch Hashem he was able to listen to 'A Life with Bitachon' using his earphones! He stayed calm and relaxed, felt connected

to Hashem and didn't feel the pain! [Heard from R' Dovid]

### HASHEM WATCHES OVER HIS CHILDREN

Mr. and Mrs. Fruchter\* set out from Monroe to Brooklyn on Sunday, 20 Tamuz, 5783.

It was raining intensely, but they needed to leave the house they had stayed in for the weekend.

As they were winding down Highway 6, a road that leads to the Palisades Parkway, the rain intensified. Buckets were literally pouring from the heavens.

It was impossible to see where to go and they felt susceptible to a car crash. The situation was scary and dangerous. Baruch Hashem they were able to turn back.

A little while later heard that parts of Highway 6 had collapsed from the rain.

Baruch Hashem, they got back to Monroe safely in the nick of time! Hashem truly watches over His children!

The heavy rain was a small reminder of how much we should appreciate the kindness of Hashem that He designed rain to fall as tiny droplets and not as buckets pouring from the sky which would destroy the world!



**Continued on next page**

## News that Hashem Wants us to Talk About!

### WHAT A VACATION!

The Jacobs family were desperate to go away for a weekend in the summer but they could not afford it.

Out of the blue, Mr. Jacobs's mother invited them to use her parents' empty summer house upstate. It was just built after a long period of construction.

When they arrived at the house after a long ride, they found the freezer loaded with exclusive ice creams and chocolates, which stayed from the previous week! They were able to start the weekend whilst enjoying the special surprise treats. Thank You Hashem!



### THE POWER OF MITZVAH ADS!

Mr. Pearl\* from Lakewood, New Jersey,\* was in the grocery holding an expensive box of ices, which he wanted to buy Lekovod Shabbos. It was a bit too expensive but then the Spring Hill Times ad, with the blazing gold debit card and the caption, exclaiming that every expense for Shabbos is covered, made him purchase it with a happy heart!!!

### HASHEM GIVES YIDDEN ENJOYMENT

Many city dwellers who are upstate for the Summer, are immensely enjoying Hashem's

magnificent nature. observing the trees and mountains has the power to transform many into a peaceful state of mind, just by seeing Hashem's sublime artwork.

### FAMILY IS SAFE

The Stern family made it safely from Lakewood to Far Rockaway to their parents and back!

They had a smooth drive in a four door car, with working air conditioning, and no broken windows – how great are the chasdei Hashem in creating such a comfortable way to travel.

The traffic moved nicely, deer stayed off the roadway, potholes were avoided, and a near accident was avoided when R' Stern hit the brake pedal hard – Baruch Hashem for good brakes!

On the way back, R' Stern was extraordinarily drained, but Hashem gave him the koach to be able to safely drive the family home! B"H!

## Attention Children!

**You can become a reporter for the Spring Hill Times!  
Be the one to send us the GOOD, HAPPY & EXCITING news that's  
happening in your school or neighborhood!**

**Please call/text today: 845-327-5041**

**Please note: All news items will need to be sent in as editable text (by your parents,  
through text or email).**

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Adar - Nissan!

## HASHEM PAYS BACK

Someone called up R' Sruli Mayer\* and asked him if he wants to sponsor lunch for a learning program.

He thought to himself, *'If I give Tzedakah and help Yidden, I'm sure Hashem will pay me back.'*

Right after he gave the money, he went to buy a door. The person he was buying it from said, "There's a little scratch on the bottom of the door, so you can have it for free."

The amount of money saved on the door was the same amount of money that he sponsored for the lunch!



## OVERJOYED WHEN DRIVEWAY IS BLOCKED

*Last week, I was parking right next to a driveway, and I made sure not to block anything.*

*When I was about to go back in my car, I saw the owner and I wanted to be friendly and nice so I said, "I'm sorry if I was blocking you a little."*

*He said, "You don't understand. It's such a Kavod and Zechus, I love when people block my driveway for Mitzvos, it just gives me more Zechusim and more Olam Haba. It brings more Bracha into my life!"*

## MOTHER HAS BITACHON

Mrs. Davidson's baby girl got a bead stuck up her nose.

She took her to the doctor, and the doctor told her to go to the Emergency Room right away.

It was 7:00 at night and she thought to herself *"Uh oh, it's going to take a Yovel."*



Then she said, 'I'll have Bitachon that we will be home by 9:00.'

She came to the emergency room and they let her in 1-2-3. They took a tweezer and took it out. By 9:00 they were home.

## HASHEM ARRANGES PARKING

Mrs. Broder\* from Brooklen, New York, was on the way home and she needed to find a parking spot near her house. She thought to herself, *"What are the chances that I'll find an open parking spot?"*

She said, "Hashem at least let me find a parking spot on the block."

Then she said, "One second. Why do I have to bargain with Hashem? Hashem loves

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

me and the same way Hashem could make me find a spot down the block, He could make it in front of my house.”

Sure enough, she found a spot right in front of her house.

**YIDDEN LOVE EACH**

## OTHER

Mrs. Gluck enjoys giving to others.

One day, a Kallah came to her house to collect money. She invited the Kallah inside, brought her to her closet, and told her to take any clothing that she liked.

The Kallah found many things she liked, and Mrs. Gluck was happy

to give away a large part of her wardrobe!

Mi Ke'amcha Yisroel!

## EVERY STEP IS PERFECTLY PLANNED

R' Teitelbaum\* was walking with his family, and his son had an allergic reaction.

His wife decided to knock on the door of the house they were passing by. The lady of the house was a nurse, and she had everything that they needed, and she was able to take care of their son!

## Sparkle Neshama Wash



**Clean out your Aveiros!**

**Wash away Yesurim!**

**Wipe away all dirt!**

**Save yourself a trip to Geheinom**

*Looking forward to serving you!*

**Mr. Bizyonos**

## THE BRACHA MACHINE

*Get all the yeshuos you need with a push of a button!*



**Start thanking Hashem  
and don't stop!**

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



## FURNISHED BY HASHEM

R' Yitzchok\* and his family were moving from Yerushalayim to Afula. They had a problem. The furniture in the apartment where they had been renting belonged to the landlord and the new apartment where they were moving to wasn't furnished.

He was going to have to buy everything from scratch: appliances, furniture.... He was learning in Kollel, and he only had \$1,000 to spend.

He told himself that just like Hashem took care of him in the past, Hashem will also take care of him now.

One day, someone called him up and asked him if he was moving to Afula. He said, "Yes, why?" The man said, "I'm moving, and I'm buying all new furniture and appliances. If you're interested, you can buy all my furniture and appliances from me for just \$1,000!"



## HASHEM SPONSORS TOYS

*I went with a bunch of my children to the store. We walked down the aisles and each kid wanted a different toy.*

*I said, "Hashem, could You please find someone to sponsor?"*



*I continued walking down the aisle and I saw a Yungerman that I know.*

*He told me, "I see you have a lot of kids with you," and he handed me cash. It was more than enough for all of my kids to get what they wanted!*

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
  - 2 Today's STORY of Bitachon
  - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
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  - 5 QUOTE from Sefer "Bitachon Weekly"
  - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
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  - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
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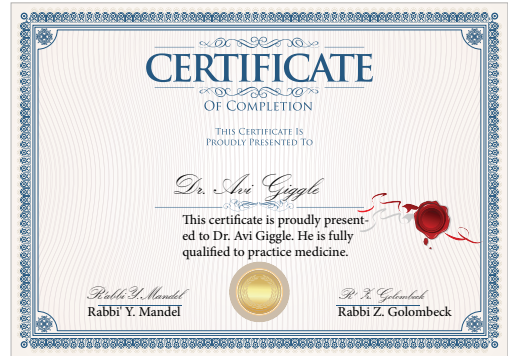
**Patient**

I am so excited that the z'man is ending. It is such a good feeling.

But I'm feeling so guilty about this. How can I be so happy to leave Yeshiva...

Please help!!!

**Dr. Avi Giggle M.D.**



**I'm prescribing 4 medications for you:**

1. The very fact that in today's world, where the level of tumah is greater than it has ever been in history, you spend most of the year in yeshiva and not on the streets doing things that Hashem doesn't want you to do, is something unbelievable! It's possible that your learning has more value than 1000 people learning Torah in previous generations! You are a Tzaddik!!!
2. Thank Hashem for giving you this thrilling feeling. Serve Him with more love and joy because of this!
3. Use this exhilarating feeling as a Mashal to picture for yourself how delicious it's going to be after Mashaich comes!
4. Every person needs a break. So Bein Hazmanim and its enjoyment is a Mitzvah! It helps you start fresh the next zeman!

**IMPORTANT HEALTH TIPS TO REMEMBER**

With the right intentions you will turn every d'var reshush into a mitzvah!



## A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

### **You shall not fear in the face of man**

A disagreement once broke out in the City of Radin and it eventually escalated into a bitter feud.

The situation deteriorated to such a degree that the two parties actually raised their hands against each other. The Chofetz Chaim tried his utmost to settle the dispute and declared that anyone who would so much as lift a hand against his fellow Jew would be excommunicated.

One of the men involved in the fight was a strong and arrogant individual who paid no heed to the Chofetz Chaim's pronouncement and once again struck at a member of the opposing camp.

He even had the audacity to state that whoever

would try to excommunicate him would pay a dear price.

Because of the man's violent nature, the leaders of the community were reluctant to excommunicate him.

The Chofetz Chaim however was not afraid to do so. He ascended the Bimah and proclaimed "as the Torah exhorts us 'you shall not fear in the face of man' I hereby excommunicate so and so until he repents!" When the man heard the Chofetz Chaim's announcement, he became frightened and immediately repented.

**Good Shabbos!**

## SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

### **The Reward of Shabbat**

In the fourth Perek of Pirkei Avos, the Mishna states, "Sechar Mitzvah Mitzvah—the reward of the Mitzvah is the Mitzvah."

The Nefesh Hachaim explains that woven into the Mitzvah itself, is the reward of the Mitzvah.

How so? Let's say, for example, I have the opportunity to pick up at the airport Rav Chaim Kanievsky zatzal, and when we arrive at the destination, he reaches into his pocket and he gives me one hundred dollars for my time, the tolls,

and the gas. I'm happy to accept one hundred dollars from him, but the real reward was that I had the opportunity to spend time with, and be in the company of, the Godol HaDor.

So too, the reward of Shabbos is Shabbos.

Sure, the kugel is delicious, and the company is delightful, but the real pleasure and the real reward is that by keeping Shabbos, we have the

opportunity to host, and to be in the company of, Melech Malchei HaMelo-chim, HaKodosh Boruch Hu.

**Gut Shabbos!**





## A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Besides for the impressive amount of pressure that our jaws create, there is an additional impressive function that our jaws have – which is their stamina.

Stamina means the ability to continually exert without tiring. Most of our muscles get tired after they are used for an extended amount of time.

For example, our legs have a very strong and large muscle, the largest muscle in the human body, but after going up 100 stairs – you really feel the strain.

Our jaws, after chewing 100 times, even a food that is hard to chew, doesn't feel strained at all. According to my calculations, during a 20 minute meal, we chew over 1,500 times. Can you imagine what your feet would feel like after going up 1,500 stairs? How many times would you have to rest in the middle of climbing those stairs?

If our muscles would be affected by chewing in a similar way to climbing stairs, after every bite that we would chew around 32 times we would have to rest before taking the next bite. Eating would take forever and it would greatly disturb our ability to work and produce.

Since we use our jaws so much, Hashem made them with so much stamina, that we

do it naturally. We don't feel our jaws and we don't think about it. It's more like walking straight than like going up stairs. So 1,500 bites feels like 1,500 steps on a straight path. What a blessing!

Our jaws have a very large stamina; we can chew and chew without feeling any strain at all. But occasionally, we have to work hard on a tough piece of food and we do feel the strain in our jaws, but how long does this feeling last?

I was once on a very high floor for Shabbos and over Shabbos I had to climb up over 1,000 steps. My leg muscles were sore for quite a few days afterwards. Did you ever have a Charley horse jaw which lasted for a few days after a large meal? Did you ever feel, after a large Shabbos Seudah, like you couldn't eat any solids for the next day or two because your jaw had to rest? The strained feelings in our jaw lasts for only a few moments.

Hashem in His kindness created our jaws with a high stamina level and even though we are exerting an average of 162 pounds of pressure per square inch in our molars, we don't feel any strain, and if we do it's very short lived. He created our jaws and muscles with the ability to chew excessively without getting tired out.

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# Chizuk Corner



By R'Y Friedman

Last week we spoke about how to take action in our love for Hashem. One of the ways of showing Hashem that we love Him is by waiting for Moshiach.

We have also explained in the past that we may not fully understand the importance of Moshiach, what it means to the world and to Hashem. But since this is what Hashem wants, then we want this too.

However, there is a higher level in Tzipisa l'yeshua, and that's yearning to be with Hashem. We say every Shabbos in Yedid nefesh "nafshi cholas ahavosecha." We are sick from our great desire to feel Hashem's love.

During the time of the Bais Hamikdash, when a Yid felt an urge to show Hashem his love and to feel Hashem's love he would travel to the Bais Hamikdash. He would buy himself a Korban Todah or Shelamim to thank Hashem for the constant goodness that Hashem bestows upon him.

He would travel a great distance and he would spend lots of money on the Korban. This showed a great display of love for Hashem.

When he would come into the Bais Hamikdash he would feel so connected to Hashem. The delicious smell of the Ketores would bring a person to Yeshiva. Just watching the Avoda and seeing the beautiful vessels of the Bais Hamikdash would bring a person so much Ahavas Hashem and Yiras Shomayim.

The Vilna Gaon writes that he has an understanding of our holy Rishonim, the Gaonim, Amoraim. But a simple [or not so simple] Yid during the time of the Bais Hamikdash, such a person he couldn't fathom.

When we hear such words we should become full of yearning to reconnect once again to Hashem.

Let's do an exercise together [you can do this daily during these three weeks and whenever]. Close your eyes and go down the memory lane. Try to relive a spiritual experience that you felt extremely excited and uplifted. It was a time that you felt as if you were not on this planet.

Here are some examples. It can be the warm feelings that you experienced on Shabbos or Yom Tov. It can be at a wedding [perhaps your own wedding]. It can be while learning Torah with a fire or when you did a Chessed with joy and mesiras nefesh.

Try to recall the most exciting and exhilarating moments of your life. Going on an exciting trip etc.

Relive that experience to the best of your ability.

Imagine if you can have these feelings times a hundred over.

Moreover, imagine having these feelings times a hundred the entire day. That my friends is the reality of Yemos Hamoshiach with the Bais Hamikdash and the Shechina in our midst.

Now some people may have a hard time relating to this. It's like telling a pauper who is eating crusty dirty bread, that any day he may become a billionaire and he will own mansions and have teams of servants serving him. It may be extremely difficult for the pauper to fathom this.

However, with Emuna and Bitachon we understand that Hashem is Hakol Yachol and His chessed is unlimited. We understand that if we are connected to Hashem then we are above nature and we will go into a new realm.

When we start thinking like this it becomes much easier to yearn for Moshiach. We all want to rebuild our personal Mishkan within our heart so Hashem can dwell within us. This will happen when Moshiach comes with a Shelaimus. In meanwhile we need to do the best we could to purify our hearts and build ourselves as much as we can.

However, there is a higher level according to the Shomer Emunim [and others]. That is that we are waiting for Moshiach for Hashem. The Gemara teaches us that Hashem and the Shechina have pain when we are in Galus. Hashem [so to speak] misses His children.

If a person can live with an

# Chizuk Corner



By R'Y Friedman

attitude that I must do whatever it takes to alleviate the tzar Hashechina, this is truly special.

If a person has the attitude that we must restore the Kevod Shamayim, the Malchus Shamayim back to this world, this is the ultimate.

The obvious question is how can we reach such a level? Is this for a simple Yid or is this level only for great tzaddikim.

The answer is that yes it is not a simple level, but as we have said in the past that no Yid is simple. Every Yid can achieve great levels in Ahavas Hashem and Yiras Shomayim, but it needs work.

When a Yid looks at himself as a servant of Hashem, who is here in this world to bring the kavod of Hashem, automatically your life will be on a different plateau. When we live like this then all our decisions will be based on this one question. "What does Hashem want". We take ourselves out of the picture, and focus on Hashem instead.

Furthermore, we are now in Chodesh Av which means that Hashem is our father. A loyal son wants the most for his father. So he would do anything to bring honor to his father. So he is constantly asking himself the question. "What does my father want?"

Ultimately, this is the idea of living a life of Kiddush Hashem and not visa versa Chas veshalom. There are many stories of

lowing. "I knew that there was a treasure hidden somewhere, but I did not know where it was hidden. But I did know that a religious Jew like you would surely return it."

This story is obviously a story of Kiddush Hashem. The Yid took himself out of the picture and asked the question "what does Ha-shem want".

As the story goes, from then on the Bracha started flowing. Because when one lives for Hashem, then Hashem will give him the tools he needs to serve Him.

When a person lives a life that it's all about Hashem then of course he is waiting for Moshiach. This person can be mevatel himself to Hashem and he tries his utmost to live his life of Kiddush Hashem. This will bring this person to be from the "Avelei tzion", as he is awaiting Hashem's name becoming exalted in the world once again.

Let's be mechazek ourselves, our families and our friends to yearn to become connected to Ha-shem once again. Let's be mechazek ourselves, our families and everyone to focus on Kiddush Hashem, Kevod Shamayim. If we do then hopefully Hashem will show us His Kavod in the Bais hamikdash, and this year Tisha B'av 5783 we will be wishing each other— A Freilichan Tisha Ba'av. Amein

people that made a tremendous Kkiddush Hashem. I will say one story to demonstrate how some people fully live with this concept that we are here for Hashem. It's not about me.

I heard that a certain famous philanthropist has an amazing story behind his great Bracha of wealth.

He purchased a house and moved in with his family. One day, one of his kids was jumping on his bed. All of the sudden, they heard a crash. They all came running and they discovered a great treasure with jewelry and cash.

Now at first glance he thought to himself that the money was rightfully his. In the contract it stated specifically that they bought the house and anything that was with it.

However, he said *one second let me take myself out of the picture. What does Hashem want. How does a Yid find out what Hashem wants?*

He called Rav Moshe Feinstein zatzal and lo and behold Reb Moshe told him to return it.

The person that owned the house previously was a non-religious Jew. When he called him to inform him about the treasure, the man said the fol-

# *Living With Appreciation*

**By: R' Daniel Shasha**

Our parashah recounts the episode of the meraglim. Eretz Yisrael was really a very plentiful land, infused with great holiness and blessing, yet the meraglim slandered it. This caused Klal Yisrael to cry the entire night, despite Hashem's promise that everything would be ok. Hashem said "you cried for no reason, so I will give you a reason to cry." That night was Tisha B'Av (Taanis 29a). The Rabbeinu Yonah (Shaarei Teshuvah 4:12) writes that the contrary is also true. When a person encounters challenges, and is seemingly justified to feel despondent, yet feels happy and accepts everything with love, Hashem will give him a reason to be happy and things will get better!

Rabbi Shimshon Pincus (Shaarim Betfilah p57) brings an allusion to this idea from the verse in Eichah 'kumi roni balayla,' get up and sing at night'. Rav Pincus notes that this verse is rather puzzling. Do people normally sing to Hashem in dark times? Really, he explains, this is the most opportune time! When the gates of blessing seem to be closed, there is no better way to open them, than with songs of praises to Hashem!

This is a very powerful segulah, continues Rav Pincus; when a person, is going through challenges, he should try to focus on all the blessings which he has. No matter our challenges, everyone has an abundance of things to be grateful for: health, family, the ability to walk, see, talk etc. We can learn not to follow in the footsteps of those who believed the spies' slander. Just as people can always find grounds to complain, we can also find grounds to appreciate the goodness which we receive. Doing so will bring down great shefah from Shamayim and we will see yeshuos meal hateva, as we see in the following story.

Rabbi Shimshon Pincus relates that a friend of his, Rav Peretz Maimon, lived in a certain community which suffered from a very severe drought. There was no sign of rain in sight and the situation continued to look more and more precarious. Many of the crops were dying, causing a great lack of local crops. The community instituted fasts and public prayer gatherings, yet there was still no rain in sight. They really didn't know what they could still do to help avert this decree.

The community then decided that instead of fasting out of distress, they would celebrate and express their gratitude for all the good which they had received. The community ordained a 'Yom Tov' and all the inhabitants celebrated. A large elegant seudah was served with lavish food and wine flowing. Many lechayims were served, and the meal was full of expressing praise to Hashem. They expressed what they were grateful for and sang many songs of praise, as a medium to convey their appreciation for His eternal goodness.

Not long after this 'Yom Tov' the skies began to darken with clouds forming. Then, lo and behold, the long-awaited rain began to pour down from Shamayim! (Shaarim Betfilah p.57).

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)

# To Share My Share

## From Hashem's Daily Shiur

R' Moshe Davidson  
A Rebbi From Brooklyn, NY



Trees. Trees. Trees.

I used to own a book about trees it was called: Trees of The Northeast area of the United States of America.

The book taught facts about trees.

It gave me their names and offered a minimal description of them.

It spoke about their nature and tendencies.

It had information about in which areas and in what types of ground the tree grows. What kind of weather conditions would be beneficial to those species.

It also gave identifying clues in the type of bark, leaf, seed and flower. Each family of trees, is unique in its

own way, and thereby can be easily identified as soon as one sees it.

In addition to that, there was mention about the shape of the tree's crown, its trunk, and branches.

It also spoke about the use of the wood of the trees.

I was mostly interested in learning about the trees that grow here in the New York city area.

I was excited to learn about the different types of trees, and I actually contacted the New York City Department of Parks and I asked them to please send me maps of the types of trees that they planted all over the city.

I was really "into it" for a few

years.

Now twenty years later, I still remember some of the things that I read in that book.

I'm now re-appreciating what I learned then, with a new perspective.

I'm slowly learning to have more "hakoras hatoiv" to Hashem...

The 'New York City Tree Planting Project' lists the various trees that have been planted all over city streets and parks in the last few decades.

Over the years, lots of data from past experience were compiled and combined with studies and research results about the nature of "city trees".

They learned and tested the ability of many more different types of trees that can live in the city area.

ברוך שחלק מחמתו לבשר ודם

.

The trees were proven to be tough enough to withstand pollution and other hard-growth conditions that are present in urban areas.

They were chosen for their shade, beauty and to also be a source of food for the local animals and birds living in the city.

The little seeds and small fruit are a good source of nutrition for lots of birds and rodents.

אתה חונן לאדם דעת ומלמד  
ללאנוש בינה

You've prob- next page

Continued on  
next page

ably seen birds pecking at the seeds, and squirrels collecting mounds of acorns through the late summer and fall, in preparation for the winter.

There's even one type of tree that the Chinese people collect the fruit that grows on them.

The Chinese happily and excitedly take home their traditionally known-to-be precious food for consumption.

It's the fruit of the Ginkgo Biloba tree.

After coming down from those beautiful symmetrical branches with its unique pretty leaves, it lays on the ground forlorn and forsaken due to its odor.

The Chinese who appreciate the hidden medicinal power that it contains, come along and chance upon it.

They'll quietly, almost secretly, start carefully collecting those fruits as if they've found a treasure trove!

The Chinese traditionally believe they contain special medicinal properties.

Others claim that it's a nat-



Ginkgo Biloba leaf

ural form of a blood thinner. By thinning the blood, it

slows down blood clotting and therefore can help prevent strokes chas v'shalom.

It also promotes better blood circulation. Which brings more oxygen to the brain along with the additional blood flow to the brain.

That results in better mind concentration and feeling more aware and awake.

You can find them sold in the nutrition stores, bottled, after it has been already processed, sans aroma.

Perhaps Hashem gave it a nauseating smell so that people and other living beings wouldn't use it as regular food.

That would've been very dangerous for humans, animals and birds.

Too much blood thinner is hazardous to the health of Hashem's living creatures.

### **The Linden Tree**

As I was learning about the different types of trees, I came across a popular city tree called the 'Linden tree', or the 'Little Leaf Linden tree.'

This Linden was planted as an ornamental tree in ancient times.

Its flower gives off a sweet smell in the warm humid nights of the month of June.

In Brooklyn, there are many Lindens and Little Leaf Linden trees planted all along the city streets.

Whoever stays home for the summer knows that smell when going to מעריב at night.

I made a nice few ברכות on those trees this year.

ברוך אתה השם אלוקינו מלך העולם בורא עצי בשמים!

Ahhh Geshmak!

We Boruch Hashem have the mind to "understand" that we "stand-under" the personal, perfect, direction and guidance of The Creator of the world.

He is running every single thing 24/7.

The Linden is a beautiful tree which Hashem created with a gorgeous crown [the shape of all the branches and leaves combined].

Hashem created it in a way that it should also have a pretty leaf and sweet aro-



Linden leaf

matic perfumed flowers.

"Thank you, Hashem, for all the "herliche beimer" with their "geshmake shmeck"!"

This Shabbos morning, I was so happy to see that the newly planted oak sapling in front of my house, is bearing fruit! Acorns!

Boruch Hashem! Mamesh maaseh nissim in teva!

It was planted a little more than a year ago tied to those two supporting wooden poles on both sides, to make sure that it grows straight.

We went from having a Norway Maple tree (which died) to an Oak.

To me the Maple has a friendly expression.

The leaf with its five points looks like an outspread hand.

The Oak tree gives a very proud stoic impression.



stands strong, straight and tall, barely shedding its leaves until late into the winter.

Thank You Hashem for such wonderful beautiful trees.

May we takeh be zoiche to also be friendly and proud of good things!

Hashem gives all trees the



ability to cleanse the air sur-

rounding them!

They also breathe, but in the opposite way of the living beings. No kidding..

When we inhale air into our lungs, we extract the oxygen, and we exhale the unwanted carbon dioxide, they do it "farkert".

They "breathe" in the carbon dioxide and "breathe out" oxygen!

**BORUCH HASHEM!**

The more trees you have in your surroundings the more you'll be'ezer Hashem benefit from the oxygen that they provide.

My mother a"h used to say that during the first few days of the summer months in the mountains in bungalow colonies she felt so much more energy that it was hard for her to fall asleep at night.

She attributed her higher energy level to the higher oxygen levels which are common in the mountains with dense growth of many different types of trees.

We know that Hashem's amazing Amazon Rainforest provides a great amount of the oxygen for the entire world that we live in.

People call it "The Lungs of The World"

Hashem blows it away from there and carries it on powerful air currents across the world. רוחות טובות.

Everyone knows about the forest fires that are burning in the large country Canada.

We in NYC smell it almost

every day.

This is going on for a few months already.

Hashem didn't destroy these millions of trees for no good reason.

These are things that He Personally created with intent and purpose.

Each and every cell of every tree was created and is being kept alive by Hashem Himself, constantly.

Hashem no doubt has some good reason for doing this.

#1- First of all, we will now remember to be appreciative of the clean and healthy pure air that we always have, and maybe we should be more thankful for it.

#2- Second, maybe we should be more thankful for wood and its by-products.

#3- Third, we can thank Hashem for the protective gases of the ozone layer, which screens us from unhealthy sun rays.

Last but not least...

Let's appreciate and rejoice with each and every tree that we see, with glee, there for free!

לעילוי נשמת אמי מורתי הינדא  
מאטיל בת ר' משה דוב בער ז"ל



# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

Reuven, a chashuva Yungerman in Eretz Yisroel, waited many years to have children. He had two brothers-in-laws who were also waiting for children.

They would join together to do many various segulos in order to merit children, but even after much exertion, the yeshuah was nowhere in sight.

One time, as the three couples were returning from davening at a kever, they got into a big accident. The car was totaled.

They were all sent to the hospital for a thorough screening, and Baruch Hashem, they were sent home, in good health with no injuries.

On their trip home, they were wondering what message they were supposed to take out from this miracle that Hashem performed for them.

“Perhaps this is the answer”, exclaimed one of the brother’s-in-law: We were returning from davening for children. Why are we so eager to have children?

brachos that Hashem bestows upon us, daily. For example,” he continued, “we traveled countless times and we were spared accidents. Additionally, we can’t forget the endless brachah that we’re granted on a daily basis.

“If we are not constantly aware of Hashem, and his overflowing brachah, how can Hashem ensure us to bring up good children? How can He be sure that the coming children will be aware of Him?”

“We must, together, strengthen our awareness of Hashem, and daven that we see the long-awaited yeshuah.”

From then on, he would contact the family members on a daily-basis to encourage them to “thank Hashem” for something good in their lives.

They implemented their new commitment on the first day of the month of Nisan, and continued this for a nice duration of time.

To everyone’s shock, precisely nine months later, on the second day of Teives, the first of the three was benched with a child. On the fifth day of Teives, the second one was benched; and on the tenth day the final one was benched with a child.

This incredible story brings **Continued on next page**

## Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



**Love your friend to no end!**

“The reason we want children,” he continued, “is in order for them to reveal the name of Hashem in this world. The more Yiddishe children the more kavod shamayim.”

“Now” continued the brother-in-law, “we just experienced a great miracle which brings us a greater awareness of Hashem. We must gain a stronger awareness of Hashem, following this episode!”

“With this,” he continued, “Let us improve our own awareness, by analyzing the great

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

forth a powerful lesson. It brings out the power of "thankfulness." Being aware of the constant good that Hashem gives us, brings more and more brachah into our lives.

I'd like to share with you an additional amazing story.

"I was Zocheh to hear from R' Shlomo Brevdah," said Dr. Meir Wikler, "an incredible story.

As a bocher he learned in Eretz Yisroel, shortly after the independence war. One evening,

he was returning home, after paying a short visit to a friend of his. At that time the state was looking to save money, so, early evening, every night they would turn the streetlights off.

He was rushing back, since the streets weren't the safest place to be, especially with extinguished street lights. He then remembered that near his home was a big stone staircase and he must slowdown in order to prevent a big fall.

He forced himself to slowdown and Baruch Hashem, caught himself right before he got to the steps, and was spared the aggravation of a big fall.

The following day when he was starting to daven Shachris, he was sure that his davening would be overflowing with gratitude, and that he would daven with great concentration. But, his davening was the very same as on an ordinary day.

This bothered him immensely. Why don't I feel a stronger sense of gratitude from this sal-

vation that I was just gifted. Why did the excitement disappear so quickly?

Bothered so much by the question, he jumped onto the next bus heading to Bnei Brak to pose the question to, non-other than, the Chazon Ish.

The Chazon Ish got up from his seat, stared out the window, and said: 'They look but don't see. They look but don't see.'

And then turned to R' Brevdah and said the following noteworthy idea: 'There's a special Yetzer Hara not to see the nissim that Hashem does. Hashem does infinite, boundless and endless good for us, but there's an exceptional Yetzer Hara disguising it. If you make an effort and are determined to fight it, you can overcome him, otherwise we can go through life unaware of the boundless good that we receive.

Right there and then, R' Brevdah made up his mind, that from today and on I'm going to go on a 'life mission' to fight this Yetzer Hara, and primarily spare myself - and hopefully others - from this drastic, detrimental Yetzer Hara. I'll show how Hashem is here in every situation and see the good that Hashem is giving us all."

**Have a wonderful Shabbos!**

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**Yeshivos**  
**Shuls**  
**Families**  
**couples**  
**Kids**  
**Adults**

**and anyone else**



# Ayin עֵינַי תּוֹבָה Tova

*Seeing the good in every situation*

**Suggestions for the Case of Mrs. Stein's young boys practicing giving a haircut on their little sister, Miri:**

- At least it wasn't her shaitel!
- Mrs. Stein can use this opportunity to teach her boys about what is and isn't ok to do to other people.
- She can take a deep breath and remember that they are just children and B"H they are hers.
- She can imagine how she'll look back and laugh about this story in years to come. This will help her realize that it's not so terrible right now, because as pathetic as the child now looks, she's got to admit that they are creative kids!
- It could have been worse! Hair can always grow back. Mrs. Stein should be grateful that she caught them before they cut it all off or that the boys didn't do something permanent.
- Maybe Miri cut her own hair and the boys started laughing at how ridiculous she looked, then the mother walked in the room after the boys took the scissors out of Miri's hands.
- Mrs. Stein could take a moment and appreciate the chessed that Hashem gives us hair. Additionally, she could appreciate how people, like her young daughter, would look if they had no hair. Now, she will have a much greater appreciation, every time she looks at her daughter.

## CASE OF THE WEEK:

As soon as Michal walked into her kitchen, she knew there was trouble. The groaning/wheezing sound coming from refrigerator was not exactly music to her ears. As it turned out, the fridge was broken beyond repair and she would need to procure a new one, although she didn't have the funds for it. On top of it all this happened on Thursday afternoon. What would she do for Shabbos?

Help Michal have ayin tova for her situation

Please send your suggestions for the AYIN TOVA CASE to:  
ayintovanewsletter@gmail.com  
Or call [Israeli daytime hours only]:  
USA: 831-244-6019  
EY: 052-760-5409.



Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of [ashertotheyatzar.com](http://ashertotheyatzar.com). (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com).

A Dose of Chizuk

### From His Throne of Glory

Asher Yatzar is one of the holiest *berachos*! The proof is that it is the only *berachah* that mentions the “*Kisei Hakovod* – Hashem’s Throne of Glory.” Why is this so?

The Gra explains (*Siddur Hagra*) that there are those who believe that Hashem is so holy, it is impossible for Him to have anything to do with the lowly and mundane aspects of this world. In order to negate this folly, we say that from His Holy throne, the place from where even the highest and holiest angels must stand tens of thousands of "miles" away, Hashem oversees lowly matters such as using the facilities.

This is brought out through the verses found in Hallel (Tehillim 113:4-6): "*Ram al kol goyim Hashem* – High above all nations is Hashem." The nations of the world believe that Hashem is holy and way above this world and doesn't interact with it. We continue: "*Mi ka'Hashem Elokeinu hamagbihi lashaves, hamashpili le'ros ba'shomayim uv'aaretz* – Who is like Hashem, our G-d, who is enthroned on high – yet, deigns to look upon the heaven and the earth?" Yes, Hashem is very holy and high, infinitely beyond the comprehension of the holiest angels. However, He still lowers Himself to watch over us and take care of our lowliest matters.

When a person recites Asher Yatzar, he is not only thanking Hashem for the gift of being able to use the facilities normally. He is turning what seems to be a lowly animalistic act into a declaration of Emunah which makes his connection to Hashem much greater! Hakadosh Baruch Hu is surrounded by myriads of mighty angels who stand with trepidation and anticipation. Multitudes of fiery Serafim, magnificent Ofanim, and holy Chayos praise Hashem in the most exalted manner. Yet from that very place, Hashem is interested in EVERY aspect of our lives! This should envelope us with feelings of awe, and at the same time closeness, to our Father, our King!

----- Internalize It! -----

While we wash our hands before reciting this *berachah*, think how we are preparing ourselves to recite a very *kadosh berachah*, one that connects us to Hashem's Throne of Glory. Let us also contemplate how He is watching over us from there!

---

Rabbi Niehaus is the author of “*Oasis: Experience the Paradise of Shabbos*” and “*HEAVENWORDS: Elevate your Tefillah and Yourself*”. He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

# נקדש את שמך!

By: **Rabbi Shraga Freedman**



In Sefer Tehillim, David HaMelech states, “Give thanks to Hashem for He is good, for His kindness is eternal.”

Rav Chatzkel explained that this means that any kindness that Hashem performed for the Jewish people throughout their history is eternal and ongoing, and that anyone who achieves the proper level of emunah will be able to experience that kindness within his own life.

Rav Chatzkel found a very real illustration of this concept within his own life:

He lived through the miraculous escape of the Mirrer Yeshivah from Europe during World War II, and he once wrote that it was a manifestation of the same miracles that occurred during Yetzias Mitzrayim.

He illustrated this point with a number of examples:

In Mitzrayim, Pharaoh himself ultimately gave permission for the Jews to leave; likewise, it was the Soviet secret police who permitted the yeshivah to leave Russia, in violation of the government’s standard policy.

Furthermore, the Jews in Mitzrayim came to be treated with great respect by the very people who had enslaved them; likewise, the yeshivah students from Mir were placed in the best hotels in Russia and were even taken on a sightseeing tour of Moscow, all as part of the travel package provided by their tickets.

Additionally, just as the Yam Suf split so that the Jewish people could escape their pursuers, the bachurim and faculty of the yeshivah were transport-

ed to safety across the Sea of Japan. That alone was a miraculous trip, for the rickety boat that took them did not seem capable of making it across the sea. In fact, the boat sank on its very next voyage, with only a minimal complement aboard.

Finally, just as Hashem provided for the Jews in the Wilderness over the next 40 years, the yeshivah students somehow received everything they needed — including food, shelter, and medical care — during the seven years they spent in Japan and China.

*Rav Chatzkel demonstrated that it is not sufficient for a Jew merely to speak about the miracles of Yetzias Mitzrayim. Every person experiences his own Yetzias Mitzrayim and can identify plenty of hashgachah pratim in his own life. A person who succeeds in finding that hashgachah and recognizing Hashem’s kindnesses will exist in a different reality, thus serving as a living testimony to the Divine Presence. We yearn for the day when millions of people will live this way: sensing the existence of a spiritual reality that is invisible to the human eye, and feeling a connection to Hashem and His Presence everywhere they go.*

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: [LivingKiddushHashem@gmail.com](mailto:LivingKiddushHashem@gmail.com) for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.

# Stories to Inspire

By: Rabbi Daniel Agalar

There was once a Yid named Chaim in Montreal facing hardships and looking to move to an unknown part of Canada. The Tosher Rebbe, known for his compassionate nature, approached Chaim, eager to understand his reasons for such a drastic decision. With genuine curiosity, the Rebbe inquired about the availability of a minyan, a mikveh and a cheder in this new city. Regrettably, Chaim admitted that these essential aspects of Jewish life were absent in his intended new home.

Perplexed by this revelation, the Tosher Rebbe delved deeper, hoping to uncover the motives driving Chaim's life-altering choice. With honesty and openness, Chaim revealed a heartbreaking incident that had shattered his trust and significantly affected his circumstances. During a business trip to Antwerp, he had come into possession of a substantial sum of money. Tragically, this fortune inexplicably vanished at the airport, leaving him penniless. Overwhelmed by despair, he returned to Montreal burdened by the weight of his financial troubles.

Moved by Chaim's plight, the Tosher Rebbe made earnest efforts to dissuade him from leaving. However, Chaim remained determined to relocate, impervious to the Rebbe's appeals. Reluctantly, the Rebbe watched as Chaim prepared to depart, seemingly resigned to his

fate.

Merely a day after their encounter, while walking the streets of Montreal, a stranger approached Chaim. Remarkably, this stranger seemed strangely familiar, and with a sense of recognition, he spoke, "Do I know you from Antwerp? You look familiar." Chaim's heart skipped a beat as the stranger uttered words that would forever alter his destiny.

"I have carried the burden of guilt since that day at the airport," the stranger confessed. "I couldn't bear the knowledge that I had taken your money. Please accept it back." With these words, the stranger handed over the exact sum of money that had vanished two decades ago.

Overwhelmed by disbelief and gratitude, Chaim was profoundly impacted by this twist of fate. Montreal once again became his home, and he and his family continued to thrive in familiar surroundings.

Twenty years later, as news of the Tosher Rebbe's passing resonated through the community, Chaim found himself face-to-face with the stranger once again. They stood at the Rebbe's gravesite, reflecting on the profound impact he had on their lives.

"I suppose this is our third meeting," Chaim remarked, acknowledging

the divine forces that had brought them together once more. However, the stranger humbly corrected him, saying, "No, this is our second encounter. I am not the one who took your money. The truth is, the Tosher Rebbe gave me that money and asked me to approach you as if I was the one who stole it."

Tears welled up in Chaim's eyes as he realized the depth of the Rebbe's wisdom and his extraordinary act of love. The Rebbe had orchestrated this entire sequence of events to teach Chaim a valuable lesson about forgiveness and the capacity for growth and change.

As we remember their story, let us strive to embody the qualities of compassion, forgiveness, and empathy in our own lives. By doing so, we can honor the memory of the Tosher Rebbe and create a world where understanding and Ahavas Yisroel prevail.

Heard from Rabbi Fischel Schachter.

*Story taken from the Stories to Inspire Hotline*



STORIES to inspire

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UK - 0330-325-1275  
ISRAEL - 072-327-5206

OVER 4250 INSPIRING STORIES TOLD OVER BY OUR GENERATION'S FOREMOST RABONIM AND SPEAKERS

# The Miracle of Bread

By: Mordechai Solomon



Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the

14. soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by

- chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.

הזן את העולם כולו בטובו!!!



The water combines with the dust particles.



It starts to accumulate into a cloud.



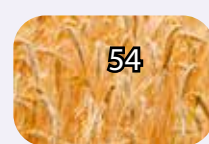
Cold air sinks.



Hot air rises.



The difference causes air current.



The wind blows inland.

To be continued BE"H



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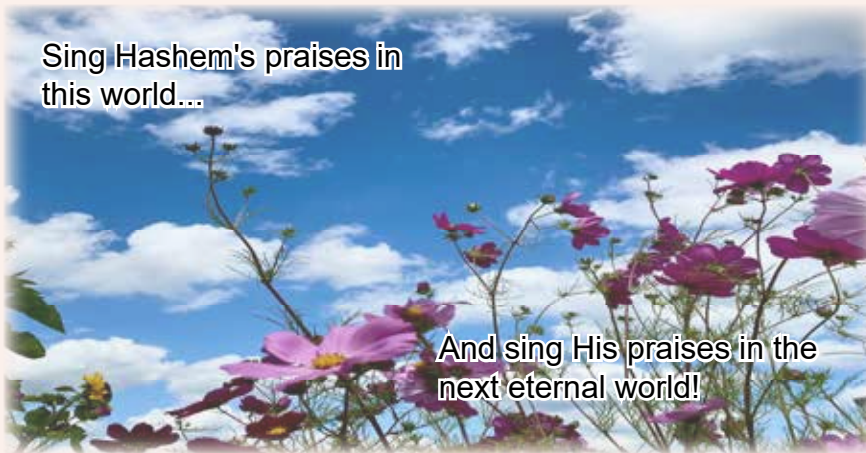
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Best Equipment!**

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Kiss the mezuzah every time you pass it!***

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***Don't worry about spending money for Shabbos!  
It's all paid for!  
100% guaranteed by Hashem!***



## **The Olam Haba Bakery**

**We have the largest selection of delicious bakery goods!**

*Nothing in this world can compare!*  
**Keep on doing more and more Mitzvos!**



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**Do Hatava B'makom Hakpadah!**

Did someone hurt you?  
Shower him with non-stop compliments!  
Give him gifts! Write nice notes!

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**Take Yourself Out of the**  
**Picture.**  
**Put Hashem there instead!**

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*A life of comfort*



***Sit Back and Relax!***

***Have No Worries & Have No Fears!***

**Hashem is Taking Care of You!**

## **Ride the Train!**



You are speeding towards a most  
fabulous destination!

It's going to be total bliss!  
Just keep on loving Hashem and doing His Mitzvos!

## Fly Higher



**Lift yourself way above all your 'problems'!**

*Just realize that it's all Hashem!*

## Fantastic Decks

Live to Enjoy!



**Does your house in Olam  
Haba have a deck?**

*Now is the perfect time to  
build one!*

**Do Mitzvos!**

## The Ultimate Mountains Retreat!



*Be on Vacation all year round!*

*Leave all your worries  
to Hashem!*

## Shalom Lighting™



Light up your house with Hashem's Shechina!

**There is nothing more beloved to Hashem than a house full of peace!**

# Taste. Enjoy. Relish. Enjoy Today. Enjoy Tomorrow.

PREPARE FOR THE NEXT WORLD!



Its pleasure cannot be described or put into words!!!  
It's 100% safe!! Guaranteed by Hashem!!!  
Everlasting! Will never get used up! Will just get better and better!  
Pure bliss!!!  
Thrilling!

**Just Run as Fast as You Can After Hashem's Mitzvos!**

Disclaimer:  
All pictures and descriptions are just mashalim. The real pleasure the neshama is going to have is indescribable!

# THE SPRING HILL TIMES WEATHER STATION


Weather Reports Brought to you by:  
Meteorologist Velvel Honig


It makes no difference what the temperatures will be or what conditions await us





the weather Hashem gives us is always beautiful and perfect!


## Rockland County, New York


**Tuesday 29 Tamuz**  
Low 68°F High 89°F  
P.M. Thunder-showers!!! Yay!!!  
  
It will be a wonderful day to thank Hashem for such a wonderful year in Yeshiva!

**Wednesday Rosh Chodesh Av**  
Low 67°F High 87°F  
Sunny! Wow!!!  
  
There will be perfect weather to see the Bais Hamkidash Hashlishi descend from Shamayim!

**Thursday 2 Av**  
Low 70°F High 87°F  
P.M. Thunder-showers!!! Yippie!!!  
  
Perfect day to be makriv the Korban Tamid in the morning and afternoon!

**Erev Shabbos 3 Menachem Av**  
Low 69°F High 87°F  
Partly Cloudys!!! Yippie!!!  
  
Perfect day for your heart to melt with pleasure while singing the beautiful zemiros at the Shabbos table!

**Shabbos Kodesh 4 Menachem Av**  
Low 68°F High 85°F  
P.M. Thunder-showers!!! Yippie!!!  
  
Stunning weather! Perfect to celebrate Hashem's beloved Shabbos with delicious ices!

**Sunday 5 Menachem Av**  
Low 68°F High 86°F  
P.M. thundershowers Gorgeous!!!  
  
Beautiful weather! Will be a great day to hear the beautiful Shiras Haleviyim in the Bais Hamikdash!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

Yes!! We are ready!!!

More than 30 Spring Hill Times readers have packed their Mashiach bags already!

## אחכה לו בכל יום שיבוא

Esther Tobias, Brooklyn, New York



Rishel Neuman 4  
Lakewood, New Jersey

Blanket,  
Sippee cup, (Pasei), Shoes,  
Pony,  
Snack bag,  
Prize,  
Clothing,  
PJ's,  
Gum container, Lolly

Esther Tobias packed:

1. Camera	ite Shabbos dress
2. Water bottle	7. Pen
3. Snack	8. A Lecha dodie card
4. Siddur	9. Eraser
5. Tehilim	
6. My favor-	

# מה אהבתי תורתך

Congratulations to all those who entered the contest! Everyone one of you was a true winner! You all showed Hashem how much you love His Torah. You gave Him so much pleasure!

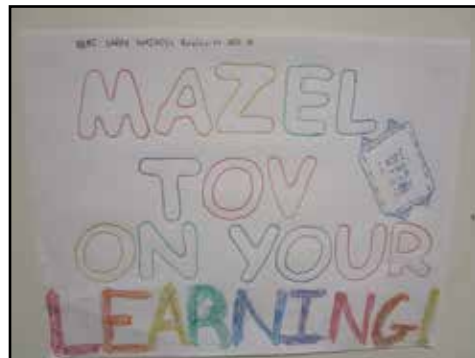
*Bluma Raizel Goldstein baked a cake in honor of her brothers' siyum.*



*Pessie Kalmanowitz 10 yrs old baked and decorated this cake for her father and brothers for Shavuuous!*



*Sarah Sheindel Berlowitz  
10 Lakewood, New Jersey*



*Chonan Gerber 13  
Brooklyn, New York*

*Aaron Perton 10  
Atlanta GA*

Made Siyum on:  
Meseches Moed Katan  
10 Times!!  
סו סב

Made Siyum on:  
One Mesechta  
סו סב

# CHAPTER 3



## Recap: YESHIVAS TORAH V'DAAS!

R' Binyamin Wilhelm wants to make a frum school in Williamsburg ( Which didn't have yidishe schools). People don't believe he could do this in America He got a few friends to help him and he rented a building that used to be an afternoon school called "Yeshivas Torah V'daas." he's planning on starting after Sukkos! The other Rebbeim are having a meeting.

R' Binyamin probably won't agree to push off the opening of Yeshivas Torah V'daas!



It's too close to Rosh Hashana to start a yeshiva for right after Sukkos. We only have 45 boys, not really any Rebbeim, no heating, no nothing! It's just impossible!



"Impossible" isn't an excuse for R' Binyamin! Let's discuss it with him.

We can't start this yeshiva with 45 boys for all those classes!

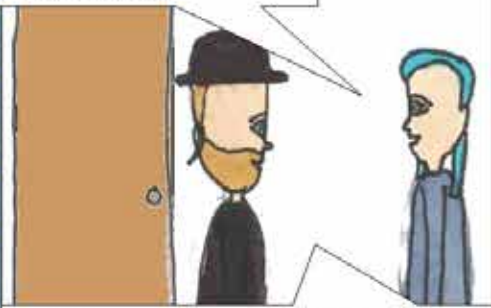


We can't discuss this before the Yomim Noraim! After Sukkos we'll continue this meeting.

And close the school?

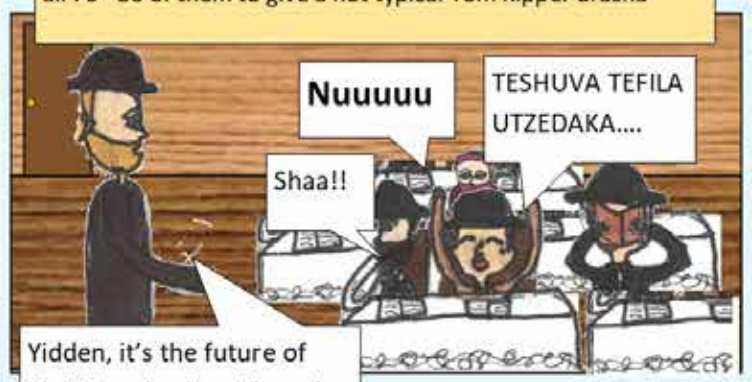
After Sukkos we'll discuss it!

Binyamin, where are we sending the kids next year? Also, did you us get seats for Yom Kipper?



The kids are going to Torah V'daas, and I got you seats. Can you get me a list of all the shuls in Williamsburg?

On Yom Kipper R' Binyamin Wilhelm went from shul to shul — all 70– 80 of them to give a not typical Yom Kipper drasha



Nuuuuu

TESHUVA TEFILA UTZEDAKA...

Shaa!!

Yidden, it's the future of Klal Yisrael, who will send their children to Torah V'daas?

To be continued B'ezras Hashem...

# Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Monday	<input type="text"/>
	<input type="text"/>
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Tuesday	<input type="text"/>
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Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to [hashemthanku@gmail.com](mailto:hashemthanku@gmail.com)



# A GLIMPSE INTO THE PAST

By: Sruli Yelen - Lakewood, New Jersey



*Rav Yisrael Belsky Zatzal.*



*Rav Elya Meir Sorotzkin zatzal*

By: Amrom Weinstein - South Fallsburg, N.Y.



*Rav Meshulem Dovid Halevi Soloveitchek zatzal*



*Left to Right: Rav Elya Ber Wachtfogel Shlita, Rav Simcha Schustal zatzal, Ybl"ch Rav Yerucham Olshin Shlita and Rav Meir Hershkowitz zatzal*

# Just Look At What Hashem Made For You!

By Leiby Berger - Jackson, New Jersey

It's a  
Stunning  
World!



It's a  
Wonderful  
World!

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# 5

## Weekly Thank You's

I'zechus that people should feel loved by Hashem!



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Grass! It's so beautiful and comfortable!



Thank You Hashem for Lighters/Matches! We can start fires so easily and safely!



Thank You Hashem for Words! It's so easy to describe and explain things (R' Moshe Shafer).



Thank You Hashem for Vitamins!

We can take a little pill to give us extra nutrients we need!



Thank You Hashem for Ziploc bags!

We can close things up and keep them fresh!





# THEN & NOW

## Living in Galus?

1800's and early 1900's:

The situation was hard. Yiddishkeit was going downhill. Eretz Yisrael was desolate. Anti-semitism was very high. Jewish blood was worthless to the goyim...



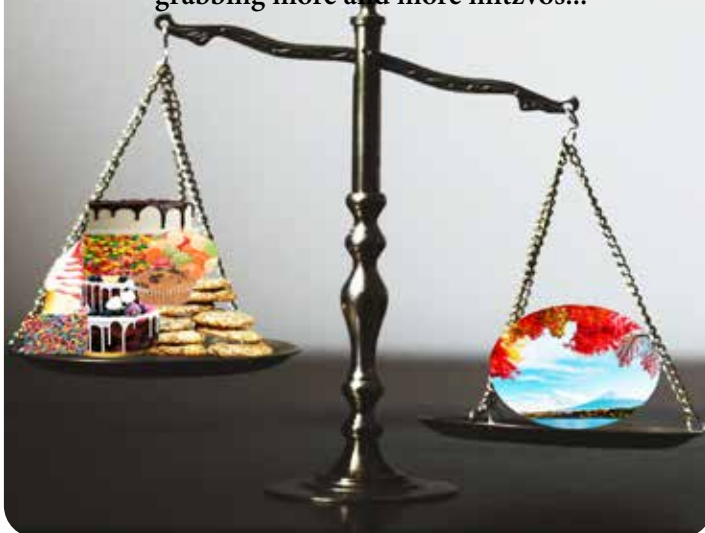
Today:

Yiddishkeit is on it's way up like never before in Galus! Eretz Yisrael is blossoming with Yiddishkeit! Torah, Emunah and Bitachon is being spread to every part of the world! Anti-semitism is at its lowest point in history! Mashiach is closer than ever! Klal Yisrael is closer to Hashem than ever in galus!

Thank You Hashem! We love You Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



## Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

There's nothing more important and enjoyable



than working on bitachon in Hashem. Bitachon is multi-faceted and the benefits in ruchnius and gashmius are endless. The more you're involved

in bitachon the happier you'll be.

Bitachon will make you feel like the luckiest person in the world and that others are not as fortunate as you are. Learning bitachon will calm you down and keep you young. With bitachon you'll stop being so worried about what others think of you and you'll feel comfortable wherever you are and in every situation you're in.

Bitachon also has the power to turn extreme evil into extreme good. These are just some of the reasons why working on bitachon is so vital. R' Mandel says to learn Sha'ar Habitachon as much as you can and keep reviewing it over and over.

Learn bitachon every day and you'll be a new person. Get involved in bitachon and you'll be in a new world!

## Rabbi Yosef Moshe Mizrachi

The Chovot Halevavot (Sha'ar Kenia Perek Vav) tells us something amazing! Positivity, seeing the good in everything, being warm to others are the traits of a truly humble person! Whereas a haughty person acts cold, always looks down at the world and highlights their flaws! He says that there was once a Rav who was walking with his students and they saw a dead animal in the street. The students exclaimed it's so smelly! But the Rav told them notice how white are its teeth are!

There was once a boy who made a lot of trouble in yeshiva. One day, he unfortunately decided to make a prank call. He waited for l.a.m. and called R' Moshe Feinstein with a question.

R' Moshe woke up, answered the phone and said Birkas HaTorah anticipating an urgent Sheila. But the boy proceeded to ask a simple Ya'ale v'yavo question that was clearly not urgent.

R' Moshe patiently answered the boy's question and gently told him that it's not nice to call so late at night. R' Moshe then asked the boy what he is learning in Yeshiva and the boy said which Gemarah his class was up to.

He then told the boy I have *Continued on page 53*

## Mazel Tov!

**Mazel Tov** to R" Zecharya Weiss and family (Lakewood, New Jersey) on the birth of a new baby boy!

**Extra Extra Special Mazel Tov** to R' Yisrael Eliezer Kaufman and family (Kiryat Sefer) on the Bar Mitzvah of their son Aharon! May they see much nachas!

**Mazel Tov** to R' Chaim Aharon Fishman and family (Chestnut Ridge, New York) on the birth of a new baby boy!

# BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: " MY PIKADON "

## The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

**The Quote:** ONE OF THE GREAT BENEFITS in achieving Bitachon in Hashem is that even if Hashem will bless you with prosperity or wealth, it will not affect or get in the way of your 'עבודת ה' a "ki who zeh"! Since you will understand and realize that all the gifts that Hashem gave you are simply a temporary pikadon from Hashem, that Hashem gave to you to watch. You will say to yourself "Hashem gave me everything that that I have to watch over for **Him** and Hashem expects me to use these gifts only under the conditions that He gave it to me". Such a person will never forget Hashem even amongst all the good he has! Such a person will never seek admiration or thanks from people who they give money to, rather they will just constantly thank Hashem for allowing **them** to be the שליח to be able to give and help others."



**The Lesson:** What makes this quote so incredible and amazing is that one who has Bitachon can enjoy his prosperity living with Hashem! The Chovos Halevavos is teaching us the secret of how to live with Hashem even amongst good fortune! That is, that if we understand and realize that EVERYTHING we have is never ours – rather we are just the guardians for Hashem, we will be so thankful to Hashem for trusting in us that we could do a good job with the pikadon that He gave. We will be happier people knowing that it is not from those who we help that we need 'thank you's' from but rather we will thank Hashem for allowing us to be His messengers to carry out His Chessed!

**THE STORY:** A very choshuv friend of mine, told me the following story; There was a yid who was slowly making his way to yiddishkeit and he bought a new car. He put a bumper sticker on his new car with the words "אין עוד מלבדו".

A few days later he went to a shiur and when he came out his car had been stolen.

He was all upset *זו תורה וזו שכרה ? I even put a "אין עוד מלבדו" sticker on and it gets stolen from me?!!!!!!*

That night he received a call from the police that they found his car. They said that a non-Jew was on the way into Gaza with the car and he had all the correct false paper work. Right before allowing him through, a more professional guard took one last look and scanned the car from all sides. When he noticed the bumper sticker he realized the car must have been stolen. He told the driver, "If you don't tell me where you got this car I am sending you straight to jail."

The non-Jew ended up admitting where he stole it and the Yid got his car back!

Next week's Topic: " MY PIKADON Part 2

# And I Will Dwell Among Them Shemos 25:8

By Mrs. S. Mordechai

## Part Three (of Three)

Shlomo HaMelech spared no expense in building the Beis HaMikdash.

Knowing that the work of mortals would not endure, no matter how grand,  
he carved tunnels underneath, anticipating the time when our transgressions would end peace in the land.

The Temple of Hashem was inaugurated with two magnificent seven-day ceremonies.

The Elders and Leaders of the nation attended as well as Yidden from near and far.

120 Kohanim sounded trumpets. Levyim sang and played cymbals, lyres, and harps.

There were oxen and sheep for korbanos k'eelu ad ayn mispar.



The most auspicious moment arrived when

Shlomo HaMelech would set the Aron of G-d in the Holy of Holies.

The gates remained locked until he davened:

"... remember the righteousness of Your servant, Dovid."

Those precious words were just the right keys.

Only in the merit of Dovid HaMelech would Hashem allow His Shechina in the Holy Temple to dwell.

With the yearning in Dovid's heart to build a Mikdash "for the sake of My Name, Hashem said, "you have done well."

The Aron HaBrit, with the Luchos and Keruvim, was placed in the innermost chamber of grandeur.

The Kohain Gadol could enter once per year to attain atonement for himself and B'nai Yisrael on Yom Kippur.

On Shemini Atzeret, Shlomo HaMelech kneeled with palms raised toward the

G-d of Israel, Ha Kadosh Baruch Hu:

"Ain Kamocha b'Shomyim U v'Aretz,

Who preserves the covenant and kindness of your servants who walk, with all their heart, before you.

.. Arise Hashem, You and Your Aron of Might, to where You will rest

Hear the prayers in Your anointed one's voice

and the prayers of Am Yisrael in this place

May Your Kohanim be clothed in salvation and may the Righteous, in

good, rejoice.

Then Shlomo HaMelech rose and blessed the entire congregation of Israel so all could hear

Blessed is Hashem who has granted menucha l'Yisrael Amo

Not one word has gone unfulfilled of His great promise to Moshe Avdo.

"May Hashem be with us as He was with our forefathers yomam v'laila

and never forsake us; Al yazveinu v'al yit-sheinu

Continued on Next Page

# *And I Will Dwell Among Them* Shemos 25:8

Continued

May He grant His servant and His people each day in its day, its just due.

"The nations of the world will know  
there is none other than Hashem  
Hu Elokim, Ain Od."

The Beis HaMikdash will be  
the permanent dwelling place of His Divine Presence, His Earthly Abode.

Fire from heaven consumed the korbanos on the mizbeach that replaced the ancient altars.

His thick Cloud of Glory, enveloped the Beis HaMikdash completely to fill.

The assemblage knew that Shlomo Hamelech had pleased Hashem and fulfilled His will.

There was no dry eye when the entire Kehilla bowed to HaMelech HaGadol v'HaKadosh along with King Shlomo  
They expressed their overwhelming gratitude:  
Hodu L'Hashem Ki Tov, Ki Lolam, Chasdo.

One Altar, One Mizbeach, one continuous and constant service to G-d.

This would mark the immediate end of bammos scattered throughout the land.

Yidden would make the Shalosh Regalim, bring tithes, and receive atonement;  
elated to follow the Eibishter's every command.

Klal Yisrael enjoyed a time of national peace and prosperity while the monumental Beis HaMikdash stood,  
but our relationship with G-d is never about gold, silver, marble, and wood.

Hashem wants our observance and devotion with a lev

shalaim

rather than rote tefillos and mindless service.

The most indestructible fortress  
could not have survived the collapse of our spiritual edifice.

For 410 years, the envy of all nations,  
the Beis HaMikdash was known for majesty and splendor.  
The era of triumph ended in tragedy, on Tisha B'Av, when our Bayis Hagadol v'HaKadosh  
was demolished by the evil King Nevachadnezer.

The roads to Zion became dark and desolate.

We mourned the departure of the Divine Presence, we had taken for granted over the years.

Our enemies gloated over our vast ruin,  
while the rivers of Bavel overflowed with our tears.

Less than a century later, Kel Chanun v'Rachum showered us with mercy,

accepting our teshuva for the aveiros that He abhorred.

He returned His Shechina to Har Tzion  
and allowed the Holy Temple to be rebuilt  
and our avoda restored.

The Romans raised their raspy voice of vengeance after 420 years.

By Tisha B'Av, the second Beis HaMikdash was desecrated and felled.

Gone was the physical embodiment of the ideals we once held dear.

Gone was the Sanctuary where the Heavenly Presence had among us dwelled.

The Holiest City was sacked and all that remained was smoldering cinder.

We lost our Beis HaMidash again,



# *And I Will Dwell Among Them* Shemos 25:8

Continued

but, Baruch Hashem, Av HaRachamon forsook the Temple rather than us, His cherished kinder.

Due to unbreakable kedusha, the Western retaining wall could not be toppled.

Not even with heavy boulders launched by catapult.

The Roman general saved face by claiming the wall showcased our defeat

and what the rasha thought would be a final blow and insult.

The Aron of G-d, with the Keruvim and Luchos had been sequestered by King Yoshiyahu beneath the Kodosh Kadoshim out of harm's way.

In a secret cavern, like us they wait, for Geula and redemption to this very day.

Despite our sins, the Keruvim are still panim el panim, as if learning.

They long for our return to He Who Never Slumbers and Is Not Sleeping.

Their mourning streams down the wall from their vault with their weeping.

Without our Holy Temples, we can no longer receive atonement through sacrifice.

We are not able to see Hashem's Shechina in pillars, clouds, or fire;

but Hashem still gathers our prayers at Heaven's Gate and we feel His Presence in our hearts and souls with sincere effort and desire.

We are dispersed throughout the globe.

Neither we nor the Shechina have a place to settle, a Mikdash to call home;

Through Siata D'Shmaya we feel the constant guidance of

our Shepherd while in this final galus we roam.

Ein Od Milvado means Hashem is everywhere, but everywhere is hard to see.

Hashem is watching over us from behind Kasleinu and reaching to hold our hands through the wall wherever we might be.

When this final Galus ends, Im Yirtse Hashem B'Mhaira v'Yomeinu,

the third Beis HaMikdash will not be the result of human craft or yad.

It will descend from Shomayim with Hod v'Hadar, Oz v'Chedva

a complete, everlasting gift from the One Eternal G-d.

(Please Say Out Loud:)

Please Hashem send Moshiach Tzidkecha to take us on wings of eagles to Geula and Ir Kodshecha.

The levyim will sing and make music with a unified heart and the Kohanim will restore Haavodah l'dvir Beisecha.

Hashem' will still be everywhere, and everywhere will be easier to see.

The heavens and earth will rejoice,

Or Chadash will shine,

and your Divine Presence will rest on each of us, B'nai Zion, your Beloved Yidden, for eternity.

With much gratitude to Ha Kadosh Baruch Hu; R. Yitzchok I. Kaufman (The Spring Hill Times;) Artscroll (Shemos, Bamidbar, Shmuel 1,2, Kings 1, Chronicles 2, Siddur, Tehillim;) Judaica Press (The Book of Eicha Mikraos Gedolos;) R. Zalman Menachem Koren (The Beit HaMikdash: The Temple and the Holy Mount;) R. Yishai Chasidah (Encyclopedia of Torah Personalities;) R. Y.Y. Jacobson: Shiur: "The Subterranean Beis HaMikdash, Where is the Aron?" May 7, 2018; R. Shmary Brownstein "The Holy Ark: Aron HaKodesh," "Lichote Sichos, Teruma: Why Confine G-d to a Single Place?;" R. Yossi Ives: "What Happened to the Clouds of Glory?;" R. Reuben Ebrahimof, (Haftorahman; Shemini Atzeret;) R. Yitzchak Levy "The Stations of the Mishkan 1,2,3a and 3b;" and EK, LJ, RM, CM, and SMM.

## A VISIT TO R' DANIEL!

**Recap:** *A most amazing piece of information that is too good to be true, came to our attention! That here in New York lives a very old man, who is the last known remaining living Yid who left Mitzrayim. His name is R' Daniel and he is from Shevet Don. When he left Mitzrayim, he was a 15-year-old boy and today he is 3350 years old! He lives today with his great-great-great-grandchildren in Monsey, New York. The Spring Hill Times has been granted the rare privilege of being able to interview him from time to time.*

It was a beautiful and warm summer morning and we set out to visit R' Daniel in his house. We wanted to hear first-hand what it was like living back in the times of the Bais HaMikdash!

R' Daniel was so happy to see us and we had a most fascinating interview:

**Spring Hill Times:** Many of our readers are very curious to know what life was like in the days when Hashem dwelled amongst Klal Yisrael

**R' Daniel:** I cannot describe to you the excitement that our Neshamos felt.

All I can say is that it was the best feeling that a human can possibly feel on earth! We were together with Hashem!

**Spring Hill Times:** Was this only when you visited the Bais Hamikdash? What happened when you were outside Yerushalayim? Did you feel anything special?

**R' Daniel:** Yes! The main resting of the Shechina was not in the Bais Hamikdash! It was in our hearts! We felt it everywhere we went! The real Mikdash was inside of us! We felt His presence at all times.

**Spring Hill Times:** This sounds so amazing! Was daily life different because of this?

**R' Daniel:** Our entire day was around Hashem. He was with us in all our actions. We lived with Him and we lived for Him. Nothing else interested us! All we wanted to do was get closer and closer to Him.

Do you want to hear something interesting?

**Spring Hill Times:** Sure, please.

**R' Daniel:** I had a good friend by the name of Zevy. He was obsessed with Hashem. He simply couldn't stop thinking and talking about Him! He would go around telling everyone the good things that Hashem does for him. Even the most minor detail!

We once went together to Yerushalayim to bring a korban for Hashem. He was so excited. He was a kid going on a major trip to a water park x 1000!

When he would think about Hashem, he would be like an alcoholic drinking whiskey. Nothing else in the world mattered to him.

And he wasn't the only one in town like that! There were tens of others who were the same way. When they were eating, lying in bed, buying something or doing anything else, they were completely focused on Hashem!

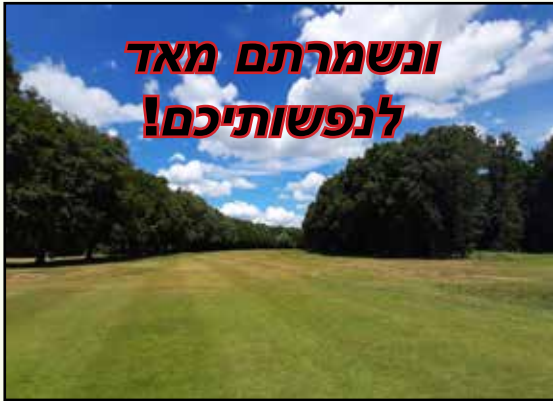
They were the happiest people on earth! They enjoyed Hashem's presence to no end! It was exciting and fun!

My friend Zevy used to make a L'chaim every single day after davening in honor of this, that Hashem made him a Jew!

You should have seen him when he did a mitzvah or when he learned Torah. He was like fire! He was completely addicted to Hashem.



## Stay Safe This Summer!



In case of accidental digestion of something negative about Hashem's beautiful world, CALL IMMEDIATELY 'A Life with Bitachon' 732-719-3898

**Spring Hill Times:** This sounds so wonderful! Do you think we today will ever get to know what this was like? Will we ever feel this tremendous love and excitement towards Hashem?

**R' Daniel:** Of course, no question about it!! Klal Yisrael right now is racing towards Hashem like never before in the history of galus!

The hearts of Yidden are filling themselves up with the Shechina!

There are so many people today who are thinking about Hashem the entire day! All they want is to be close to Him!

Klal Yisrael today is building the most magnificent Bais HaMikdash in their hearts!

**Spring Hill Times:** Wow, this sounds too good to be true!

Do you think that Hashem is really happy with our generation?

**R' Daniel:** Yes! No question about it! He has been waiting for thousands of years (k'vyachol) for this generation!

Never has Olam Hazeih been more exciting and enticing. Never have all desires been more accessible than they are today. Yet, Klal Yisrael, willingly chooses to stick with Hashem. Fighting against the strongest Tumah the world has ever seen!

**Spring Hill Times:** But aren't there so many things that happen in today's generation that seem to indicate that Hashem is angry and upset us?

**R' Daniel:** Take all the 'bad' things that ever happened from Sheshes Yemei Breishis until today and they won't even come close to the trillions upon trillions of good things Hashem is bestowing upon us every single second!

And even those few 'bad' things are only there to wake us up to see how good He is to us!

His love for Klal Yisrael today is deeper than you can imagine! Look around and you will see it everywhere! He is showering today's generation with more love than He has showered any other generation! All we need to do is open our eyes and hearts!

**Spring Hill Times:** Wow, this is so exciting. We can't wait to share this with our readers!

Thank you for giving us your time! May we be zoche to meet next time in Yerushlalyim Habenuya!

**R' Daniel:** Amein! And thank you for coming!

Very soon this whole Golus will be like a distant dream...

Fantastic and wonderful times are coming... Get yourself ready... Today...

## Learning From Our Gedolim

By: Amrom Weinstein - South Fallsburg, New York



There was once a new Bachur who came to learn in Beis Medrash Gavoah and there was no bed for him to sleep on.

When Rav Nosson Wachtfogel zatzal heard about this, he ran to the Bachur and brought him to his own room. Then he helped the bochur unpack all his luggage and gave away his own bed for the Bachur!

### Stories of Our Great Tzaddikim

By: Bracha Stein

#### Rav Elyashiv

There was once a man who went into a business of selling cups. He was doing fine but not earning what he expected.

One day, he came up with an idea. He would put one less cup inside the packet. Instead of 150 he would put 149. Eventually it went down more and more until it reached 142.

Around that time, he met a religious man and started becoming religious himself. He felt terrible about his thievery, so he set up a meeting with Rav Elyashiv.

At the meeting, he told Rav Elyashiv everything he had done, and Rav Elyashiv said that he should put 8 extra cups (158 instead of 150) to repay for the 8 he had taken out. The man wasn't too happy about it, but he agreed.

After a while, he saw that he was losing money, but he continued to follow the Rav's directive.

One day, his manager showed him a newspaper article that spoke about companies who were trying to cut corners and were cheating their customers in the disposable cup market. It had a list of compa-

nies who put less cups than the packaging indicated. It said that there was one company (his company) that put in eight extra cups, probably in case some were damaged. The article said that this must be a reliable company and recommended buying from them.

From then on, his orders skyrocketed, and he started selling many other items too.

Story from: Living Emunah 3

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**Rabbi Yosef Moshe Mizrachi** a great question on this Gemarah, tomorrow I want you to ask it to your Rebbe and tell me what he says and R Moshe told the boy the great question as well an amazing answer.

The next day, the boy came to Yeshiva and for the first time he raised his hand and asked his Rebbe a question on the Gemarah.

His Rebbe was amazed 'that's a brilliant question' his Rebbe exclaimed!

The boy smiled and said 'R Feinstein Told me this question and He also gave me the answered' and he told it over to his astounded class!

Instantly he became the class hero! He felt so good, that for the first time he decided to drop the mischief and committed himself focus on his Torah learning!

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# A Week in Review

## Yeshiva Bochur Cares For His Friend



Avromi Gross\* learns in a yeshiva in Lakewood, New Jersey.\*

One day, he noticed that a different bochur in the yeshiva was going through a hard time. Avromi went over to the Rosh Yeshiva and asked him what he could do to

help the bochur.

The Rosh Yeshiva told him, "Go over to him and make a chavrusashaft to review the shiurim."

Avromi was uncomfortable doing this but he did it anyway!

P.S. Avromi, for a long time, needed a yeshua for something. Right after he started learning with this bochur, the yeshua came! [Heard from Avromi]

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 845-327-5041 or email: thespringhilltimes@gmail.com



## Woman Thanks Hashem and Pain Disappears

It was Leil Shabbos, and Mrs. Pilichik's back was hurting. She went to lie down in bed. She opened up to a random spot in the Spring Hill Times and read a story about a woman who had kidney stone pain and said, "Thank you Hashem for the pain."

She decided to do the same and her pain went away, just like that! Thank You Hashem!

## The Guest who Ate up the Whole Cholent

By: Miriam Balser - 11, Lakewood, New Jersey

R' Avigdor was a guest in a town and stayed in a special house that many guests stayed in. On Shabbos morning they were giving out cholent and the hosts gave R' Avigdor first because he was the most Chashuv.

When they gave him his portion, he quickly ate it and then asked for doubles and triples. He ended up finishing the whole pot. No one else was able to have any cholent.

Later the guests asked him: Why did you do that?

He answered, "The cholent tasted terrible and I did not want anyone to taste it and then say bad things about it. So I ate it all."



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Tehillim Everyday



## Tehillim IN THE SUMMER

Summer is a very busy time, we relax and enjoy ourselves, and as a result many of us forget to say Tehillim. So, that's why Tehillim Everyday is introducing a summer Tehillim program. The program is split into 3 rounds. Round #1 is first half, round #2 is second half and round #3 is at the end of the summer. On the rounds of your choice (or you can be part of all the rounds, of course!) you will say a specific Yom that you are given, once a day.

### The Raffle

For every round that you were part of, you will receive one raffle ticket. At the end of the summer we will raffle off a \$50 certificate to the ice cream store of your choice.

### Bonus Tickets

Anyone that is part of 2+ rounds doubles their tickets. Whoever says their Yom every day without missing a day receives 2 bonus tickets per round. Each participant can receive up to 12 tickets!!

Round #1: June 26-July 23 • Round #2: July 24-Aug. 21 • Round #3: Aug. 22-Sept. 4

Please email us to be part of the Summer Program • [TehillimEveryday@gmail.com](mailto:TehillimEveryday@gmail.com)

לזכות רפואה שלמה: שושנה מלכה בת דבֶּרָה, ירוחם בן יהודית  
לעילו נשמת: יהודית פנינה בת אברהם צבי, בת'שבע בת יואל מנחם ירחמאל



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3. Send in good news.
4. Write Gedolim Stories.

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## Cheishek HaTorah

### Riddle Corner # 47 Devarim

Og was a scary giant, a world-famous tyrant. Something had to be customized for him. It wasn't wooden, nor was it kept in a gym! What item is being referenced?

To hear the answer, press x14# 47 on the  
Chaishek HaTorah Line 845- 720-4040

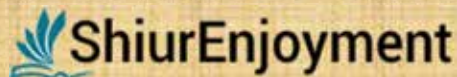
You can hear stories from the Spring Hill Times  
being read on the Cheishek HaTorah Hotline.  
845-720-4040 Ext 6  
Updated every Motzaei Shabbos!

## Parsha Delight Question of the Week

### פרשת דברים תשפ"ג (5783)

Are there any mountains that  
have four names listed in the Torah?

Please email your answer(s) to [parshadelight@shiurenjoyment.com](mailto:parshadelight@shiurenjoyment.com)



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Contact Michoel Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

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# A Review of the Yesodos

that make our days!

A Life with Bitachon

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## Sunday



Nobody is a threat #1585  
to your Parnassah,  
and nobody can take  
anything away from you. It's the  
exact opposite. The more you  
give to your competitors, the  
more you get back. That's the best way to take care  
of yourself and stick up for yourself.

Similarly, when someone asks you for a favor, don't  
have the attitude that you're being taken advantage  
of. Really, Hashem wants to do you a favor, and is  
giving you an opportunity to bring Bracha into your  
life.

## Monday



If you're trying to #1586  
accomplish some-  
thing and it's not  
working, the issue and prob-  
lem is that you're thinking, "I"  
am the one who can do it.

Take the "I" out of the picture and put Hakadosh  
Baruch Hu there instead.

## Tuesday



If we didn't fulfil #1587  
our mission in pre-  
vious lifetimes, why  
should this time be different?  
In the olden days, Hashem ex-  
pected perfection. Nowadays,

Hakadosh Baruch Hu magnifies every positive ac-  
tion and is Dan L'Kaf Zchus every negative action.  
Therefore, nowadays it is easy to fulfil our mission,  
which is to grow in Emunah and Bitachon. Attribute  
everything to Hashem, and don't blame anybody, not  
others and not yourself. Take "would've, should've,  
could've" out of your vocabulary.

## Wednesday



If Hashem created #1588  
the world for human  
beings, why didn't he  
create us with the talents that  
animals have? Actually, we have  
the biggest and best talent, living  
with Emunah and Bitachon.

The more helpless you are physically, the easier it is  
to depend on Hashem through Bitachon. That is the  
most powerful talent of all and will bring us a life of  
Bracha.

## Thursday



R' Chaim Kanievsky #1589  
once had a medical  
scare which turned  
out to be nothing. He kept an  
empty plastic bag in his pocket  
to remind him about the inci-

dent so he should never forget how loved he felt  
by Hashem at that time. Whenever we encoun-  
ter a worry or scare that did not come true, we  
should use the opportunity to feel Hashem's love,  
and constantly remind ourselves how many times  
Hashem saved us because of His great love for us.

## Erev Shabbos



Every thought creates #1590  
a Malach which brings  
you in the direction you want  
to go. If someone wants to  
complain, Hashem will give him  
things to complain about. If a  
person tries to think positive thoughts, Hashem  
will actualize those positive thoughts.

Even thinking positive thoughts without Bitachon  
will have this effect, but thinking positive  
thoughts through Bitachon is even better.

# Story Time

## Stories From 'A Life With Bitachon'



This story was called in by Yaakov Rosen. He was explaining to his children, "You know, just like you understand that Monopoly money is fake, it doesn't buy you anything, it can't get you anywhere in life. Do you know, that what you perceive as real money is nothing more than Monopoly money. It's also fake. It doesn't get you anywhere in life. It's not the Pshat the more money you have the more things you can buy, the less money the less you can buy. No, if Hashem wants you to have something, you'll have it even if you don't have a penny. And if Hashem doesn't want you to have something, even if you have all the money in the world you won't get it."



As he was explaining this concept to his children, all of a sudden, outside of the house they heard the ice-cream truck come. One of his children said, "Tatty, even though I don't have any money on me, I can go to the ice-cream truck and get an ice-cream, because it's not money that gets you anything."

Therefore, he ran off to the ice-cream truck. He was thinking, how am I going to walk away with an ice-cream if they sell it and I don't have any money on me? But my father just told me I don't need any money because money doesn't get you anywhere. It's fake money, it's all Monopoly money." As he was thinking about these concepts, all of a sudden the ice-cream man made an announcement that he's throwing an empty plastic cup in the air, and whoever catches it can get a free ice-cream with all the sprinkles and everything he would like."

With that, he tossed out a plastic cup from the truck, and it landed right in Yaakov's son's hands. **With that, he got himself a free ice-cream, with the most delicious yummy scrumptious sprinkles, without even paying one penny!!!**



This story has been called in by a very Choshuve Yid by the name of Yaakov Chai. He said he was by the airport checking in his luggage, and he realized that his suitcase was overweight. But not only overweight – 10 lbs. overweight! In the past, when it was just a little bit overweight, they gave



# Story Time

## Stories From 'A Life With Bitachon'



him issues, they gave him problems, they gave him a hard time. He was thinking, "They're going to charge me so much more for this."

Then he said, "One second, who's in charge if they should charge me? Do you think it's up to them to decide? It's up to my loving, caring Father HaKadosh Boruch Hu, the Ribono Shel Olam. Therefore, I can just say, "You're Hakol Yachol, You can do everything and You can make it that not only will they not charge

me, they're not going to give me any issues, no problems, no comments. And with that they'll let me go 1,2,3." He was thinking the whole time, "I'm going to check in my luggage with Hakadosh Boruch Hu, the Ribono Shel Olam, and the person is nothing more than a Fisher Price, playdough, claydough mentchy." With that, he went to check in the luggage.

He weighed his suitcase. He saw it was over 10 lbs. overweight!

No comment, no issue, no word; he only saw a smile! **They said, "Enjoy your flight!" And yes, enjoy he did, better than ever!** [Editor's note: Please speak to a Rav if it's l'chatchila to travel with more weight than the airline's policy]



**This** story has been called in by Mishpachas Marmelstein. She said over that she was going upstate, to her bungalow colony. She was thinking that she remembered in the past years that she really liked to sit outside on the porch of her bungalow colony. The issue and the problem was that there was no roof over the porch, and when it rained, she had to go inside.



So she called the manager of the colony and asked, "Is there any way that you could build a roof over my porch so the rain doesn't come inside?" The manager said, "Sorry, nothing doing. We have a list out the door. This is not even going to make it on to the list. We have to

always first take care of all the necessities. Therefore, there's nothing we're going to be able to do, we won't be able to get to it this year."

As she hung up the phone, she was thinking, "Who's the one in charge of deciding if they're going to build a roof? You think it's the manager? It's Hashem, He is HaKol Yachol So what do I need? I just need Hashem!" And with that, she said to HaKadosh Boruch Hu, "I'm leaving it up to you!"

She arrived at her bungalow and she saw a workerman building a roof over her porch! The workerman said, "The manager told me, 'Do you know,' and he started laughing, 'There's a Yiddishe Mama who wants a roof over her porch. Well, not even a chance, I told her. Nothing doing. It's



# Story Time

## Stories From 'A Life With Bitachon'

simply not Nogaya.' I thought to myself, 'He's laughing as if it's not Nogaya.' Well, I told him, "It'll take 1-2-3, it's not a big job. Please let me do it.'

And with that, right away, the first thing I did was to make sure that your roof gets done." **In no time, she had the best roof, with the best service!**



**This** story has been called in from Cleveland by Mishpachas Holstein. She said that there was a week between when her children finished school until they were starting camp. Since her kids were home the whole entire week, she had to take off that entire week of her regular workday. The issue and problem was that she had a very, very big bill to pay that week, and she gets paid by the week, and if she didn't go to work, how would she pay that bill?



Then she stopped in her tracks and said, 'One second, who pays my bills anyway? You think I go to work and because of that I pay my bills? It's Hashem! And He is the one that pays my bills! I'm just going to throw up my bills to HaKadosh Boruch Hu, the Ribbono shel Olam. He is HaKol Yachol; He can do everything and anything.'

Shortly afterwards the phone rang. She got a phone call from a Yiddishe Mama who said, "I heard that on the side you give a course for Sleep Training, how to help kids fall asleep at night. Well, I have a child that I'm having an issue with. Can you please help me with that?" Mrs. Holstein said, "Of course! What time would you like for me to give you the course?" "Whatever works out for you!" "Oh perfect! I have the perfect time when it's convenient for me, and that works out with my whole family."

**It came out that that person paid the exact amount of the bill that was due that week. And in no time everything was paid off!**

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# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. When something upsetting happens, should I go straight to working on the exercises of emunah and bitachon, or should I first recognize and take notice of the pain, and then apply the exercises?**

A. When something upsetting happens, it's natural to feel pain. Should one dwell on it and allow himself to feel the hurt before working on his bitachon? It's a matter of personality. For some people, in order to feel comfortable with the emunah and bitachon perspective, they first need to validate the cause of their pain. For others, it's not necessary, and they could work on bitachon right away. One derech is not better than the other. Each person should do what works for him.

**Q. There is a certain person I look up to and respect. However, there are times where he loses himself and acts in an appalling manner. It bothers me to no end that such a respectable person could have such flawed middos?**

A. What's bothering you is that you expect so much from him. Therefore, whenever he demonstrates inferior middos, he lets you down.

However, you have the ability to exercise your ayin tovah and view him from the opposite perspective. Instead of demanding perfection and focusing on when he falls short, regard him as he is

a work in process. Give him credit for all the good traits he possesses and view his shortcomings as traits that he is yet to acquire.

Additionally, train yourself to regard him the way Hashem regards him. Hashem loves him for his ma'alos despite his weaknesses. You, too, should strive to appreciate him for his many good qualities notwithstanding the fact that he has room to improve as well.

**Q. Baruch Hashem, I have a lot of good in my life. But I have an issue that I'm never happy with what I have. I see other people walking around looking happy and content, and I wish I could also feel grateful for my lot. What is the emunah and bitachon perspective about this?**

A. Hashem doesn't demand that you should be happy. He is the one in control of emotions. Hashem just wants you to try to be happy. That's the only thing that's in your control.

Try to think of ways to become happy. Think about all the brachah that's in your life. Every one of us has gifts that others would pay all the money in the world to have: a functional body, a family, shelter, being emotionally balanced, not being hospitalized etc.

If after doing exercises in trying to be happy you still suffer from ungratefulness, now that you've done everything in your control, and any pain you undergo will be

deducted from your aveiros and make your neshama sparkle and shine.

**Q. I used to work for a company and I invested my heart and soul to do my job the best possible way. Recently, I had a baby, and when I was ready to go back to work, my boss called me up and said, "our company decided that they could manage without you. We kindly request you to find yourself a new job".**

**After hanging up the phone I was devastated. After investing so much into the job, they throw me out as if I'm worthless?! What is the emunah and bitachon perspective about this?**

A. True, if you label your flesh-and-blood boss as your ultimate boss, when he fails to appreciate your dedication, indeed it is very depleting.

However, who is your true boss? Whose opinion of you is truly valuable? Your loving father Hakadosh Baruch Hu. You're working for Hashem, and His opinion of you is what counts.

How important does Hashem consider you? בשבילי נברא העולם, for me the world was created. We must understand this in its most literal sense. You are so incredibly important in Hashem's eyes, that it was worth creating the entire universe just for you to be born!

When you understand that it's



# The

# Bitachon Perspective

Continued

Hashem's opinion that really

counts, it won't make any difference to you what your fisher-price boss thinks about you. You'll fill your heart with the most delicious feeling that Hashem loves you to the sky and he holds the world of you.

**Q. My mother is very passionate about upholding the correct standards of tznius. My friends call my mother a fanatic, and I feel very hurt.**

A. Your friends may not appreciate what your mother is doing. But Hashem does. Hashem loves people who stand up for His honor and insist on the correct standards of tznius.

The fact that there are people who try to oppose her is part of the way Hashem set up the world; whenever someone tries to start something good, there are always going to be people who try to stop them. When Reb Yisroel Salanter started the mussar movement, there were plenty of people who tried to stop him. But he didn't care, because he knew that he was doing the right thing.

**Q. I was asked by a certain institution to speak at their affair. On A Life With Bitachon I hear that Hashem wants us to live with menuchas hanefesh. I'm not a public speaker, and I know that if I agree to speak, I will be filled with nervousness. Is this a reason to turn down**

**the offer?**

A. It's true that Hashem wants us to live with menuchas hanefesh. However, if what's robbing your menuchas hasnefesh is that you're scared of public opinion, Hashem does not want that either. He wants you to do exercises to overcome your fear.

Each day do an exercise to overcome you intimidation:

- Introduce yourself to someone new.
- Call a friend whom you haven't spoken to in a while.
- Give a nice 'good morning' to someone who you don't usually greet.
- When you see a job well done, offer a compliment

Over time you will find your confidence growing stronger and stronger.

Therefore, the general advice in such cases is: if you have the courage to accept – go for it! Now is your opportunity to sharpen your focus: 'I'm not here to serve people; I'm here to serve Hashem'.

Prepare a speech and practice until you feel comfortable with what you want to say. Do daily exercises to combat your intimidation from people. And when Hashem sees that you are trying your best, you will receive siyata d'shmaya.

Ultimately, when you succeed in

breaking your fear of people, you will find that you'll have much more menuchas hanefesh than ever before.

**Q. I suffer from insecurity about my decisions. Now, when it comes to da'as Torah questions, I do what da'as Torah says without compunctions. However, in decisions which are a matter of preference, I have a very difficult time deciding what to choose. And after I've already decided, I always second-guess my decision. What should my perspective be?**

A. Rav Yisroel Falk responded: the first thing is, try determining logically which option is the most beneficial for you. If you have a difficult time calculating, you might want to take a pen and paper and weigh out the pros and cons.

If after the calculation they both seem to be good options, however, you can't decide which one to choose, in that case, simply decide on any one. You can feel comfortable with your decision because you know that it was Hashem who put into your brain the idea to choose that option.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)



# Our Readers Share



**Editor's Note: Some of these stories are from Shevat-Adar!**

## HASHEM LOVES US

I was walking on a trail the other day when a small bug flew into my eye! I tried picking it out carefully with my nails, but I wasn't succeeding.



My vision was obstructed, my eye was watering, and my pleasant walk was now ruined; plus I was terrified the bug may get inside and disappear forever.

I contemplated using a side mirror of one of parked cars along the path, but that may look suspicious to passers-by. I didn't have my little purse mirror with me.

But just a few steps later there it was... a large curved mirror on a pole, the kind used for people to back out of driveways! I used it and got the bug out!

Now, the trail is miles and miles long, and this is the only mirror on it! Hashem

gave me a little "slap", but then immediately provided a solution!

A Reader - Seattle, WA

## BOY ASKS RESPECTFULLY



Thank you so much, I enjoy the stories a lot. I wanted to tell a story that happened to me.

I got money from my grandfather for a Chanukah present. I got less than I thought it would be, so when I called to thank him for the money, I asked him respectfully what the reason was that he gave me that specific amount. It was an odd number, not

equal to Chai or another Gematria. He said, "Oh, by mistake I gave you less than I meant. Next time I see you, I'll give you the rest."

A couple of days later I got a letter in the mail from my grandfather with double the missing money. He wrote in the letter that he was giving me double because I asked about the missing money in a nice way.

In the end, I didn't lose out, I even gained.

~ A Reader

## TEHILLIM ON TIME



My girls wanted to go play by a certain friend's house because that friend has a rotation with all her neighbors to host a Tehillim group each week at 2:30. They get together to say Tehillim and someone says a story.

### Attention Readers!

**Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.**

**Please keep you stories coming!**

**You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!**

**Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.**

It was getting closer to 2:30 and they wanted to go, but I have a baby in the house, and my husband was resting. I wasn't sure what to do. I needed to cross my girls two streets so they could get there. But I couldn't leave the house.

I said, 'Hashem, I have Bitachon! I don't know how it's going to happen, but somehow they're going to be there.' And Hashem helped!

My girls went to ask the neighbor downstairs, and she said that she could watch my three-year-old and my baby.

I brought my girls to their friend, and they got there just in time for the Tehillim group. The Tehillim group that week was actually in this friend's house, not by a neighbor, so we were there with perfect timing, Baruch Hashem!

~ A Reader

## MAN MAKES KIDDUSH HASHEM



I was in a car accident with a non-Jew. He was very nervous about me calling the police. He wanted to try to work it out with me so that I shouldn't have to call the police on him.

I had someone come down to assess the damage, and he told me that by his place it would cost \$1,000. The man who damaged my car had \$500 on him, which he gave me, and he told me that he would pay me the rest – which he never did.

I had Bitachon that it would work out well because I felt it would have been a Chillul Hashem for me to call the police because the guy was very scared for me to do that. *[Editor's note: Please ask a Rav whether one needs to be concerned about a Chilul Hashem in such a case].*

I gave in the car to be fixed,

and my father knows the person who runs the auto body shop, so when I went in to pick it up, my father mentioned to him that the non-Jew didn't pay the rest of the money.

After thinking about it for a few minutes, he took off \$200, which meant that I only had to pay \$300 and not \$500 – Baruch Hashem!

A Reader

## PEACE



To the Editor of the Spring Hill Times,

Thank you so much for the chizuk you give us every week. Words can't suffice to express how much we have gained from your positive-message-packed newsletter.

In the three weeks, a time when we reflect on how much we are missing in galus and try to rebuild by increasing

"Ashreichem!!!  
There is nothing like it!  
Keep up the good work!"

"Thank you for the Spring Hill Times. It gives me so much chizuk!"

"I have a chevruta every weekday right after shacharit to tell him a story from the paper. He says that it's changing his life.  
Thank you for bringing Am Yisrael to a life of Bitachon!!!  
שהקב"ה ישלח תמיד ברכה והצלחה בכל מעשה ידיכם!!!"

"Thank you for the tremendous chizuk you give us all and all the tremendous efforts that go into producing the Spring Hill Times! Hashem should bentch you and all of your family!"

"I can't thank you enough for the most beautiful newspaper ever! That is my oneg Shabbos and it changes my WHOLE outlook to the world, and I am zocheh to give it over to my children as well (since most of them don't read English).  
You have such zechuyos, for sure beyond what any human being can comprehend!"

"Thank you so much for your incredible newsletter! I recently attended a speech where the presenter was talking about the deleterious affect of following newspapers on mental health.  
She then mentioned the Spring Hill Times as the one and only newspaper that improves mental health!!! She warmly recommended it...  
This magazine is really impacting so many Yidden and bringing them closer to Hashem!"

## The Spring Hill Times Bulletin Board

kiddush Hashem, I wanted to bring to your choshuve readership the following insights.

In the past in your newsletter, I have read a segula for shalom is to be mechaven in Oseh shalom, which is a wonderful idea. I just wanted to add, that we have an entire Beracha in Shemona Esreh designated to the Bakasha for shalom. Perhaps this request is so crucial that we even end off our private audience with Hakadosh Baruch Hu with this.

Whether it is in peace of mind (mental health, true bitachon), shalom bayis, between parents and children, siblings, wider family members, neighbors etc. We all know how important this bakasha is.

The Yaaros Dvaash says (loosely translated): "The bracha of sim shalom/shalom rav, is the place to daven for the complete achdus of Klall

Yisroel, that there shouldn't be machlokes, sinah, jealousy and Tacharus, rather every yid should love each other, and we should all be BeTachlis Haachdus."

We can start our efforts by focusing on davening for help in this area and for sure we will receive siyatta dishmaya to succeed.

With Bracha,  
An avid reader.

### NEVER WORRY!



I'd like to share an experience I had that could be a valuable lesson for someone else.

Recently, my oldest son got married. During the engagement and wedding festivities, I found myself unable to fully enjoy the celebration due to worrying about whether we had made the right decision and if it was the best choice

for our family.

However, now that I see our happy couple, I regret wasting precious time and energy on worrying instead of being grateful to Hashem and trusting that He would take care of us.

This lesson also applies to the financial aspect of making a wedding.

For years, I worried about how I would be able to afford to marry off my children, but now, Hashem has taken care of everything from start to finish.

I hope that others can learn from my experience and realize that Hashem is in charge and always takes good care of us.

We should trust in His plan and be grateful for what we have, rather than constantly worrying about the future.

Thank you

A Reader

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**Wow! So much fun! Thrilling!  
But nothing compared to how exciting life is going to be after Mashiach comes!**

## Hashem Loves You!

Chedva\* (name changed) shared that a close family member was very upset with her for a long time. She tried apologizing and making amends but all of her best efforts were not accepted. Finally, she gave up on hope for true shalom.

And then she kept hearing on the Hashem Loves You hotline that:

“If you believe in darkness, then believe as well in great light.

If you believe things can be ruined, then believe as well in rectification.

If you believe in Machlokes, in fights and feuds, then believe as well in Shalom, as Hashem Himself creates Shalom in His upper worlds, as well as in our world as we say ‘Oseh Shalom Bimromav Hu Yaaseh Shalom Aleinu Veal Kol Yisroel.’”

She decided that she would write and mail a short but heartfelt postcard to her family member to promote Shalom. She sent it and received no response.

She felt like giving up but reminded herself that we are not responsible for outcomes and accomplishments.

She then wrote another postcard the following week and mailed it. Again no response

Finally after two months of weekly postcards, she received the long awaited phone call from her family member “I am so impressed by your dedication to our relationship and wish to continue our close relationship as if nothing has ever happened between us”

True Shalom was restored!

Hashem loves us!

Everything can and will be turned around for the good!

Let’s end all Sinas Chinam this year once and for all!

Hashem Loves Us!

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