

# The Spring Hill Times

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## KLAL YISRAEL'S NEWSPAPER

לזכות רפואה שלמה הינדא בת מרים רבקה בתוך שאר חולי ישראל

ISSUE 112

| SHOFTIM

| ELUL 5783

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*every time I come out of the bathroom. I should tap into the power of this Bracha. I should appreciate that I am in general in good health even now in all other areas.*



With that, he took upon himself to have a lot of Kavanah while saying

the Bracha of Asher Yatzar.

Continued  
on page 8

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# The Spring Hill

## INSIDE THIS ISSUE:

Weekly News Roundup .....	8
Living with Hashem.....	10
Q & A with Rabbi Golombeck .....	30
The Spring Hill Times Worldwide Locations.....	32
Hashem Loves You!.....	34

### Newspaper Topic:

Hashem

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לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מעטם, צייטל בת שלום אריה, נפתלי בן יעקב. לזכות הבה"ח הרה"ק משה דוב בער בן אסתר, לזווג הגון בקרוב. דוד יעקב בן פעשא לאה לרפואה שלמה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

**HARAV SHMUEL KAMENSKY SHLITA**

**AND**

**HARAV ELYA BER WACHTFOGEL SHLITA**

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

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Dear Subscribers,

Baruch Hashem, the Spring Hill Times is growing by leaps and bounds.

We are racing towards Hashem and our readers are racing along!

We cannot thank Hashem enough for giving us this wonderful zechus!

At the same time the cost to print an issue has dramatically increased!

We would love to go back to the way it was when we started, to distribute the Spring Hill Times free of charge, but as it seems like right now, Hashem has other plans and we need to charge to cover the costs.

Baruch Hashem, due to its growth we currently aren't able to cover the budget.

Starting from the issue of Parshas Ki Savo (Elul 5783), we can only give printed copies to those who have signed up for a minimal monthly donation amount of \$10. Be"H that should cover our costs and give us room for a little growth too.

You also have the option to sign up to get it by email which is free and you can then print it on your own.

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Thanks you! Gut Shabbos!

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# WEEKLY NEWS ROUNDUP

Continued from  
page 1

On that same day, after having Kavanaugh a few times, the problem greatly improved! Before he knew it, his issue was a thing of the past. [Kav Hashgacha Pratis]



## MAN GOES TO WORK WITH HASHEM

Moshe Friedman\* lives in one neighborhood in Yerushalayim and works in another neighborhood. It takes him twenty minutes to get to work because of all the traffic. So, he usually leaves his house about twenty minutes before he has to be at work.

One morning, he was delayed, and it was already ten minutes before he had to be at work. He was supposed to meet someone very important, and he had to be there on time. He didn't know what to do.

As he started driving he began thinking to himself: *You know, the Ribono Shel Olam is the one who runs every last thing, including how many cars will be on the road and how long it will take me to get there.*

He was shocked that there was no traffic on the road. He got there in less than ten minutes!

He saw the tremendous Chasdei Hashem! [Kav Hashgacha Pratis]

## MAN STRENGTHENS HIS TORAH LEARNING

It was already a couple of days and Yisroel Meisels\* was feeling very overwhelmed. He was full of anxiety - *Bahala*, but he couldn't figure out why.

He sat down and said, "HaKadosh Baruch Hu, please help me figure out what I need to do."

He had a Chumash in front of him. He opened it up hoping that he would see something that would help him.

He randomly opened up to the Tochacha in Parshas Bechukosai Pasuk Tes Zayin, "V'hifkaditi Aleichem Behala." The Pasuk was talking directly to him, describing

Kav Hashgacha Pratis  
1518-613-0140



what he was going through right then.

Then he looked at the first Pasuk on the page, which was "V'im Lo Sishmiu Li V'lo Sa'asu Es Kol HaMitzvos Haeila," regarding which Rashi says, "Lehios Ameilim Batorah."

Yisroel started thinking, *Yes, this is probably true. I could be more Amel B'Torah, I could probably take my K'vias Itim L'Torah a little more seriously.*

He took upon himself right there and then, with tremendous gratitude to Hashem for sending the message in such an open and clear way, extra Chizuk in his Kvias Itim L'Torah! [Kav Hashgacha Pratis]

Continued on page 22



# Enjoyable Mornings

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# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar!

## BITACHON VISION

Over the Yom Tov of Pesach, Yaa-kov Braun\* was looking for something very important. He looked high and low, but he couldn't find it.

He said to himself: *"Why did Hashem make it that we shouldn't find it if it's so important? I know why! Hashem is trying to teach me, your eyes don't find anything, Hashem does!"*

He then said, *"Hashem - it's You, it's not my eyes."*

Right then, he looked up, and he found it!

## KITES FROM SHAMAYIM



Avi Weissfeld\* went to an Avos U'banim learning program on Chol Hamoed Pesach. Each child received a kite. He was very excited because he loved to fly kites.

His cousins came to visit, and they said, "We also like to fly kites," so he lent it to them.

Somehow, in their enthusiasm, the cousins broke the kite.

Avi really wanted a kite, but his family said, "We're going on a trip now, so if you want a new kite, you have to ask Hashem for a new kite."

On the trip, they saw a family flying kites. The family said, "We have so many extra, because we thought a lot of other people were coming who didn't end up coming. Would you like an extra kite?" Not only did Avi get one, he actually got a few kites!

## GAM ZU L'TOVA

Zev\* lives on a Kollel budget. His wife sent him shopping with a long shopping list. It came out to \$250, which was money he didn't really have. But it was for Yom Tov, so he happily paid for the shopping.

When he got home, his wife said, "Oh, I forgot one thing on the list: the water." Zev thought, *"Oh, I have to go back again? Gam Zu L'Tova. This is what Hashem wants from me."* When he went back to the store for the water, he met a Yid, and the Yid said, "Oh, this reminds me, I wanted to give you a check before Yom Tov."

The Yid gave him a check for all the things that he needed for Yom Tov!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
  - 2 Today's STORY of Bitachon
  - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
  - 4 This week's connection of Bitachon to the PARSHAH
  - 5 QUOTE from Sefer "Bitachon Weekly"
  - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
  - 7 Today's STORY how Bitachon helped someone through a Nisayon
  - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
  - 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
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7 3 min. back	8 Lower volume	9 3 min. forward
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## A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

*You shall surely give him and let your heart not feel bad when you give him.*

A poor person appeared before the tzaddik R Mendel of Riminov. He poured his heart out before R Mendel sparing no detail of his difficult situation. The Rebbe gave the man a substantial sum of money. Then as the man turned to leave, the Rebbe presented him with yet another coin.

"Why did the Rebbe give the man tzedakah twice?" asked the Rebbe's family.

"The first time I gave" answer R' Mendel, "It was out of sympathy as I was very saddened by the severity of his predicament. The second time, however, was purely for the sake of

fulfilling the mitzvah of Tzedakah.

We find an allusion to this in scripture," concluded R' Mendel, "For when the Torah tells us to give charity, it uses a repetitive expression, 'Nason titein lo'. This is to teach us that we should give and give again.

The first time we give charity, it should be for the sake of 'Lo Yiera Levavecha' that our hearts should not be wicked against our friends. We must learn to feel compassion in our hearts, then Heaven will have compassion towards us. The second time we give, however, we should do so purely for the sake of the mitzvah of giving."

**Good Shabbos!**

## SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

I was speaking to a fellow the other day who was sharing his concerns about Parnosso. And as part of our discussion, I reminded him—and myself—that Dovid HaMelech states, "Ach tov vochesed yirdefuni kol yemei chayai," that "only goodness and kindness pursue me all the days of my life," and it's not a cliché.

When we were in the womb, HaShem managed to "sneak" food into us, like intravenous, through the placenta.



Later on, when we were born into the world without teeth, suddenly, magically, fountains of milk opened up. And then later on we got teeth for chewing, one set for practice, and a second set, and some of us got a third set.

If we look over our shoulder, we'll see that there's a trail of food that traces all the way back to a singular Source.

**Gut Shabbos!**



# Chizuk Corner



By R'Y Friedman

We are taking leave of Chodesh Av. Av means father. This shows on the closeness that we had with Hashem. Reb Yisroel Salanter would say that a person can get a closeness to Hashem on Tisha B'av as on Yom Kippur.

I heard an explanation as follows: Yom Kippur is connecting to Hashem through Teshuva while Tisha B'av is connecting to Hashem through yearning. The Seferim teach us that the definition for Aveilus on the Bais Hamikdash is mourning, but at the same time yearning.

In Judaism we don't cry over spilled milk. Our tears of sorrow are mingled with tears of hope and yearning.

Therefore, as long as we are still in the month of Av we are still in the mode of yearning for our Av - Hakadosh Baruch Hu. This is a time that we can still come close to Hashem through yearning as we explained.

One way to be mechazek ourselves in yearning is through our appreciation for all the good that Hashem has done for us already. The more we appreciate Hashem the closer we are going to be to Hashem. This will help us yearn for Hashem.

Yes, great waves of appreciation are rippling through

many of our nation, and many people are coming closer and closer to Hashem through this.

Many many Yidden are working on Emuna and Bitachon which highlights the great love that Hashem has for His children Klal Yisroel. The Chovas Halevavos elaborates on this in a few places.

We can see from the many stories that are going around that so many people are taking the Yesodos of Emuna and Bitachon and they are applying it into their daily lives. We hear about their Yeshuos that they are experiencing.

I once explained the idea that if one has Bitachon he will have Mezonos without much effort. If one lives with Bitachon many things fall into place. Why is that?

The Gemara teaches us that there is a concept of a "ben hasomeich al shulchan aviv". A son who sits by his father's table, his father needs to support him. However, if he doesn't sit by his father's table, so his father doesn't need to support him.

Similarly, if a person un-

derstands that all his sustenance comes from his loving Father, Hashem, then he is considered "someich al shulchan aviv". Therefore, Hashem takes care of all his needs. However, if ch"v a person goes to work with the

thoughts that he is going to support himself then he is not considered "al shulchan aviv". This person will not be able to get the special treatment.

In essence a person that lives with Bitachon is living in the palace of the King. Not just any king, but the King of all kings. The creator, the sustainer of all mankind and the entire universe.

The good news is that every Yid can connect themselves to Bitachon. In essence every Yid is a Ben Melech, we just need to live our life with Bitachon [learning about Bitachon is how to start].

Since we realize that Hashem is our Av Harachaman this is our Nechama, and this brings us into the "shiva d'nechemte". We are consoled and comforted with the knowledge that He is our father, and He has only our best interests in mind.

In the Zechus that we are working on our connection to Hashem, may Hashem console us with the ultimate Nechama which is with the rebuilding of the Bais Hamikdash speedily Amen.



# Living With Appreciation

By: R' Daniel Shasha

When discussing the laws that the judges have to abide by, our parashah tells us that they should not take a bribe, *'for a bribe will blind the eyes of the wise and will make crooked the words of the righteous'* (16:18).

Chazal (Cetuvos 105 a) explain that receiving a bribe isn't limited to gifts or money; any benefit given to the judge, is also considered bribery, known as shohad devarim. For example, Ameimar, was sitting in Bais Din when a feather flew on him. Someone came and blew it away, explaining he did this since he was to be judged by Ameimar. Ameimar responded that he was therefore disqualified to judge his case, since he was benefited by him. Rav Elyashiv asks that surely this is very hard to understand. Would such an esteemed Tzadik like Ameimar really be swayed by such an insignificant act of blowing away a feather? Why should this disqualify him from judging?

Rav Elyashiv explains that the more refined a person is, the more he will appreciate even the small things which people do for him. Therefore, Ameimar, in his great righteousness, strongly appreciated even the small favors which were done for him. He was therefore so full of gratitude to this man for doing this favor, that he knew that the feelings of appreciation would prevent him from judging impartially. We learn from here the importance of being grateful, for even small favors which are done for us. Throughout our day, people are always helping us. Someone might open the door for us, hold the elevator, give us a ride, help carry our bags etc. It is essential that we try and appreciate this.

Even if our benefactor is getting paid to do a particular service, if we benefit, we are supposed to try and express our gratitude towards them. For example, the mailman, security guard, garbage man and the street-cleaner, these people perform a great service for us and work very hard; it is very important we try and express our appreciation. It will be hard for society to function without the services that these people do. Imagine if we don't have garbage collectors or police! Often just a simple 'thank you' can go a very long way, and can really lift one's spirits; it is also a tremendous way of making a kiddush Hashem. As Rav Elyashiv teaches, the more we pay attention to the favors that others do for us, the more it reflects how refined we are.

Rabbi Moshe Aharon Stern, the renowned Mashgiach of Kamenetz, was meticulous to express his appreciation to anyone who benefited him. Every time he would travel to chutz laaretz he would make sure to buy a gift, for his wife to give to the maid to express their tremendous appreciation for her cleaning their floors and for all the household work she did. (The Mashgiach of Kamenetz p.214)

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email [livingappreciation@gmail.com](mailto:livingappreciation@gmail.com)





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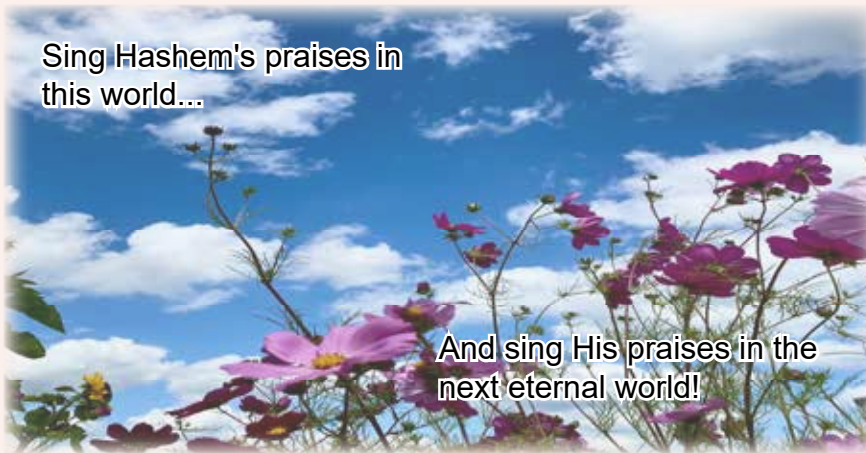
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2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

## REMEMBER:

**Practicing Safety  
Saves Lives!**



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Thank You for giving us a Govern-  
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# News From the Classroom

Stories sent in by a class in Bais Sheindel, Lakewood, New Jersey

*One night, a few weeks ago, my uncle was driving in his Hatzalah motorcycle on a highway in Eretz Yisroel. All of a sudden, his motorcycle died. He dragged it to the side of the highway and tried calling people to give him a ride home. He couldn't get through to anyone, and he was stranded.*

*He said, "Hashem, only You can help me, Ein Od Milvado."*

*All of the sudden, out of the blue, a truck pulled up, and it said on it in huge letters, "Ein Od Milvado!" The driver was going to Yerushalyim, so he offered my uncle a ride. My uncle happily accepted the ride.*

*The truck was carrying mattresses, so they put the Hatzalah motorcycle in between them so it shouldn't fall. When my uncle got into the truck, the driver told him that eight years ago, he was in a major motorcycle accident, and Hatzalah saved his life. For eight years he was looking to pay back Hatzalah, and now he finally had his chance!*



## Classified Ads

Exciting News: You too can advertise Hashem and His Mitzvos in the Spring Hill Times!

Send in your advertisement to [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

Free!

Deadline Tuesday 9:00 P.M.

Have a talent to make Classified Mitzvah Ads? Make this column yours!

Call/text 845-327-5041

Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

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Hot, delicious & nutritious meals. Breakfast, Lunch & Supper. Everyone is eligible! Free! Delivered to your door! Call: Hashem

#### HEART BEATS

Free!!! 60-100 Hearts beats available each and every minute of the day! A must for everyone! Free 24/7 365 Delivery!!! Thank: Hashem

#### COFFEE

Coffee, sugar, hot water, fresh milk and tea available in many local Shuls! Free from Hashem and arranged by Yidden who love you! Enjoy. Daven. Learn.

### FOR SALE

#### LONG LIFE

Enjoy a long happy blissful life in Olam Haba  
Price: Honor Your Father & Mother

#### HOUSE FOR SALE

Prime Neighborhood! On Cul de sac! 550,000,000 acre. Best Neighbors! House contains everything you will ever need! Grab it!  
Price: Say Krias Shema in the evening and in the morning.

#### LIFE INSURANCE

Lowest Rates! Best Coverage! Learn the Parshah each week, Sh'nayim Mikra V'echad Targum

### HELP WANTED

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We are looking to hire more people to do Hatava B'makom Hakpadah. Unique opportunity! Be your own boss! Work from home! Great pay. Work at hours of your convenience! Amazing benefits! Start today!

#### MATHEMATICIAN

Desperately seeking a mathematician to calculate the trillions of kindnesses that Hashem does to every single human being every single second.

#### NEWS REPORTER!

More people are needed to report to the world how good Hashem is. Volunteer today: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)



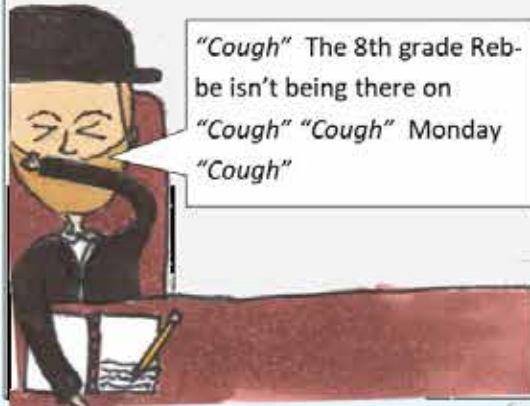
# CHAPTER 7

# YESHIVAS TORAH V'DAAS!

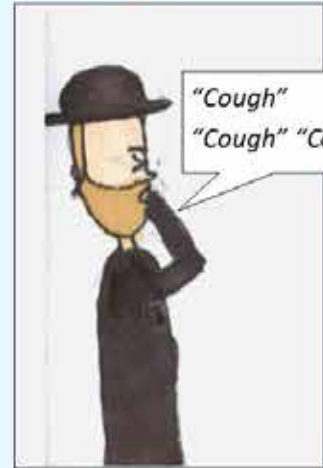
## Recap:

R' Binyamin Wilhelm made a frum school in Williamsburg called "Yeshivas Torah V'daas." People didn't believe he could do this in America. "Yeshivas Torah V'daas." He was planning on starting after Sukkos! On Yom Kippur he went from shul to shul to ask people to send their kids there. Afterwards he remembered every boy's name to write them down! The very 1st day of Yeshivas Torah V'daas 12 boys arrived the next day 30 the next 50 the end of that week 100 boys came!! He was extremely devoted

One day...



"Cough" The 8th grade Rebbe isn't being there on "Cough" "Cough" Monday "Cough"



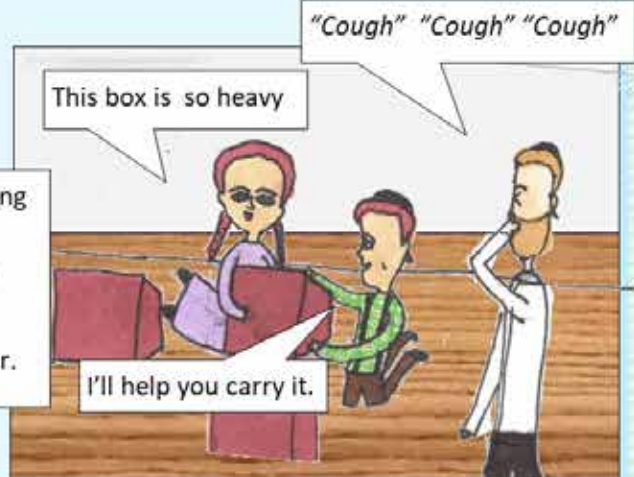
"Cough" "Cough" "Cough"

R' Binyamin reluctantly went to the doctor



Your lungs are not doing so well. I suggest you move to upstate New York for a little while where the air is clearer.

I don't have time in the summer to go there! I guess I have to do what I have to do. It's sakanos nefashos. "Cough"



This box is so heavy

I'll help you carry it.

"Cough" "Cough" "Cough"

After arriving after a difficult trip...



Last box!!

Where's your shul?

There. Today we'll have a minyan because you're here.

Where are the kids? Do you have a yeshiva?

They left. They're not shomer shabbos anymore.

You mean to say that there won't be another generation! I can't raise my kids in such a place!

To be continued B'ezras Hashem...

# 5

## Weekly Thank You's

I'zechus that people should feel loved by Hashem!



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Kosher vacations!

We can go relax and recharge without compromising on our Yiddishkeit.



Thank You Hashem for Deodorant! Makes it pleasant to be around people even when it's hot & sweaty.



Thank You Hashem for Family gatherings!

We can get together with our relatives and spend quality time with our close ones.



Thank You Hashem for Paint rollers!

It makes it so easy and convenient to paint large areas.



Thank You Hashem for Chavrusas!

It makes learning such a geshmaka interacting experience!





Continued from page 8

### YIDDEN LOVE EACH OTHER

One beautiful Monday morning, Yecheil Shreiber\* and his friend Tuvia Green\* wanted to go



biking. They both owned simple phones and therefore they had a hard time renting citi bike.

Yecheil called his brother-in-law to help him, but for some reason the system wasn't working.

Yecheil's kind brother-in-law **DROVE DOWN** and

gave away a half hour of his time just to get them their bikes!!!

They enjoyed themselves so much and had fresh energy to continue with their day and week!

Mi Ke'amcha Yisroel!!!

### HASHEM IS SO GOOD TO MAN

R' Asher Eisenberg\*

from Rockland County, New

York, ate delicious mango. It was so sweet! His children also enjoyed it. They never tasted something so good! Thank You Hashem! [Heard from R' Asher]



## Rav Akiva Eiger's Sensitivity

By: Miriam Balsler - 11, Lakewood, New Jersey

Rabbi Akiv Eiger had a new Shabbos tablecloth for his table, because



his old one was dirty and not so nice. Once while making kiddush, one of the guests spilled his wine on the new table cloth.

R' Akiva Eiger noticed and quickly also spilled his own cup of wine and exclaimed: "I guess this table is very shaky." This was his way of saving his guest from being embarrassed.

# Mazel Tov!

**Mazel Tov** to R' Chesky Wertzberger and family (Lakewood, New Jersey) on the birth of a new baby girl!

**Mazel Tov** to R' Tzvi Weinbaum and family (Lakewood, New Jersey) on the birth of a new baby girl!

**Mazel Tov** to R' Shaya Pollack and family (Jackson, New Jersey) on the birth of a new baby girl!

**Mazel Tov** to R' Chaim Isaac Reinman and family (Lakewood, New Jersey) on the birth of a new baby girl!



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Round #2  
STARTING THIS WEEK!



Tehillim Everyday



## Tehillim IN THE SUMMER

Summer is a very busy time, we relax and enjoy ourselves, and as a result many of us forget to say Tehillim. So, that's why Tehillim Everyday is introducing a summer Tehillim program. The program is split into 3 rounds. Round #1 is first half, round #2 is second half and round #3 is at the end of the summer. On the rounds of your choice (or you can be part of all the rounds, of course!) you will say a specific Yom that you are given, once a day.

### The Raffle

At the end of the summer we will have a raffle and for every round that you were part of you will receive one raffle ticket.

### Bonus Tickets

Anyone that is part of all 3 rounds will receive a 5 bonus tickets. (This is instead of your 3 tickets) Whoever never makes up her Yom because she forgot to say it one day will receive 2 bonus tickets per round. So, each participant can have up to 11 tickets!!

Round #1: June 26-July 23 • Round #2: July 24-Aug. 21 • Round #3: Aug. 22-Sept. 20

Please email us to be part of Summer Program • [TehillimEveryday@gmail.com](mailto:TehillimEveryday@gmail.com)

לזכות רפואה שלמה: שושנה מלכה בת דבֶרָה, ירוחם בן יהודית, חיים יחאל מיחל בן רבקה רחל לעילו נשמת: יהודית פנינה בת אברהם צבי, בת'שבע בת יואל מנחם ירחמאל, גענענדל בת פסח

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*Forgive All People who Wrong You!*



**Chazal**

**Join  
The Grand Celebration**



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BECOME PART OF THIS WONDERFUL NEWSPAPER!**

The Spring Hill Times is looking for volunteers to:

1. Type up messages.
2. Send in pictures of Hashem's beautiful world.
3. Send in good news.
4. Write Gedolim Stories.

Please call/text 845-327-5041

Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)





The Nechama comes  
one realization at a time  
as we wait for the  
ultimate salvation, sublime.

After all, He still calls us His people  
His cherished Ami.  
He would, Himself, comfort us.  
and we know: Ata Imadee.

Lo Shachachnu,  
Lo Azavnu is true.  
He has not forgotten us  
and will never forsake any Jew.

All these millennia, in aveilus,  
our clothing has been torn  
but unlike our oppressors, we remain a na-  
tion,  
even if to mourn.

Our G-d has promised  
to take up our cause  
and has numerous times snatched us  
directly from our enemies' jaws.

Our protector:  
the One and Only G-d  
showing us over and over again  
His Unlimited Yad.

He has lifted us up and held us aloft  
from dung heap after dung heap  
so that our souls could delight in the abun-  
dance that for us, His faithful, He would  
reap.

Our eyes have opened to see His Glory  
wherever darkness has taken hold  
to illuminate our way  
until our final Geula will unfold.

Although of Akarim  
we were born  
multitudes of our still scattered children  
like precious gems,  
He promises, we will adorn.

That He, Himself,  
will gather them in  
to save them now and forever  
despite our sin.

Through these thousands of years  
the greatest neis:  
Torah and Mitzvos have lived on through  
us  
as we have wandered from hostile place to  
place.

When our adversaries expected  
our loyalty and service to Him to end  
He called us the "Bearers of His Vessels"  
and pride to shomayim to this day we send.

He wants us to turn to Him.  
He beseeches us "on Me you can lean"  
and have confidence that our long awaited  
redemption will soon be seen.

He vows: You will see mountains move  
and hills falter  
before would cease  
my kindness toward you  
and our Covenant of Peace.

We have not lost the ability to seek shelter  
under the canopy of the Eden He grows  
and enjoy the security of His Shadow  
safe from external or internal foes.

He would create for us tranquility,  
sated by nechama from on high  
for we who are fortunate  
to be the Nation He calls Kovai.

For these long years, He pleads

Continued on  
Next Page

*The Greatest  
Comfort: Ata  
Imadi*

continued

"Wake up! Wake up! Rise up, ..."  
Shake off from yourselves the accumulated dust.  
Dress in garments of splendor  
befitting the Crown of He, the Only One in Whom We Trust.

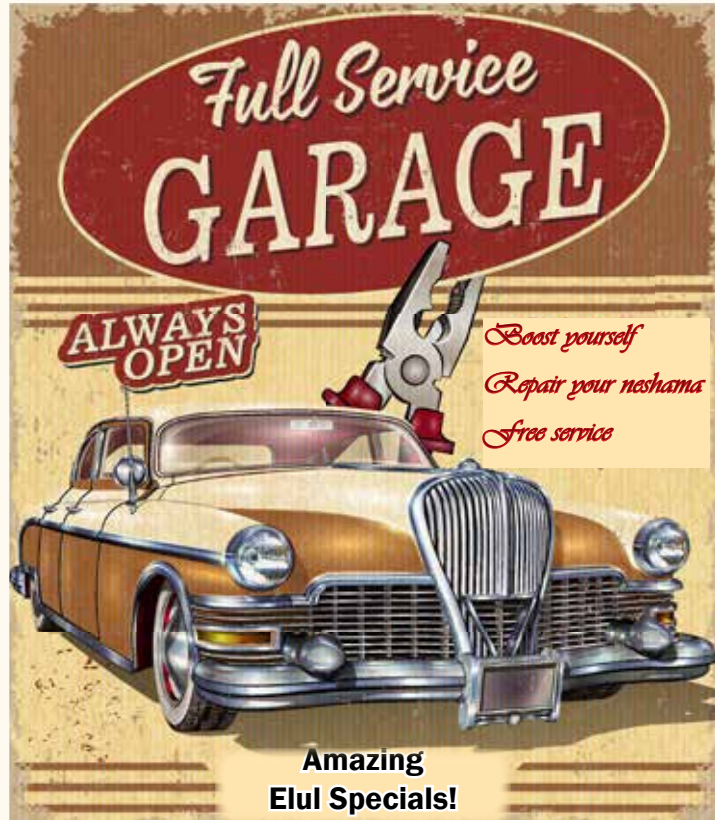
Then when the Holy One Blessed be His Name announces:  
"Here I am!" We will finally hear:  
He is our Savior, our Redeemer, and  
our Merciful Avir.

When the storm has passed, we will have survived.  
Until then our voices can rise in hope  
as if the Eis HaZamir has already arrived.

We must by now be certain of our future,  
Sason v'simcha will be found.  
Todah v'kol zimra  
for eternity will sound.

## *Dodi's* **Body Shop**

**Make Your Relationship with Hashem Brand New!**



**Just Double & Triple Your Love  
For Hashem!**

**אני לדודי - ודודי לי!**

He assures us that My Am,  
you will always be  
and we will forever know the greatest comfort:  
Ata Imadee.

With immense gratitude to our Merciful Avir with the Unlimited Yad and R. Yitzchak I. Kaufman (The Spring Hill Times) The Kalever Rebbe (A Message from the Kalever Rebbe Parshas Eikev 5783,) R. Zev Golombeck (The Bitachon Hotline,) R. Daniel Glatstein (Nachamu: The Eternal Consolation and Joy of Kabbalas HaTorah, The Haftarah Series: Parshas Eikev- The Future Resurrection of the Jewish People;) Artscroll Series (Rav Schwab on Yeshayahu: The Teachings of Rabbi Shimon Schwab Z"L on the book of Isaiah,) Artscroll: Shir HaShirim, Tehillim, Haftaras: Va'eschanan (Yishaya 40:1-26,) Eikev (Yishaya 49: 14 - 51:3,) Shoftim (YiShaya 51:12-52:12,) Ki Savo (Yishaya 60: 1-22,) Nitzavim (Yishaya 61:10 - 63:9)] and EK, LJ, RM, GF, CMB, DMT, and DD.

## Niflaos Haborei Riddle

by: T. Bauman

I am born at a time  
of very great emotion  
But I don't always come with  
noise,  
fanfare or commotion.

I am graceful and I sparkle.  
I move with gravity's aid.  
I leave a track- though it's usually  
wiped before I fade.  
I moisten my home

Which is an important chore.  
I think you've almost guessed  
me -  
Just think a drop more!

Find the answer somewhere on the  
last page.



## Cheishek HaTorah

### Riddle Corner # 51

#### Shoftim

In the Parsha of Shoftim, we have the laws of Kings, Melachim. A king's barber must keep the door completely shut, when he gives the king a haircut.

This will guaranty total privacy, which is an absolute for royalty! Which Pasuk is the source for the above?

To hear the answer, press X14 #51 on the  
Chaishek HaTorah Line 845- 720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.  
845-720-4040 Ext 6  
Updated every Motzaei Shabbos!

## Parsha Delight Question of the Week

רפואה שלמה אברהם חזקיהו בן בלמה (who is need of Rachamei Shamayim) Refuah Shleima Art Rousseau

### פרשת שופטים תשפ"ג (5783)

In the possuk (19:8, 9) it states that when Hashem will extend the borders of Eretz Yisroel, three additional ערי מקלט, cities of refuge, should be added. The Sifri, and Rambam ('הל' רוצח פרק ח) explain that this is referring to the expansion of the borders of Eretz Yisroel לבא לעתיד, in "future times". Will there be murder in לבא לעתיד? Especially difficult is the Gemorah on Makkos (10b) which states that the concept of the ערי מקלט is to punish those who have killed with intent, and without witnesses. Will people kill with intent in לבא לעתיד?

Please email your answer(s) to [parashadelight@shiurenjoyment.com](mailto:parashadelight@shiurenjoyment.com) and enter to win a \$5 Raffle

Contact Michoel Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

Love Torah Live Torah Learn Torah



# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. My daughter is a kallah, and the chasunah is approaching. Recently, she slipped and got a large cut in the middle of her face, and she needed stitches. Now, I'm mortified; how am I going to walk my kallah down the chuppah with stitches on her face?**

**What is the emunah and bitachon perspective about this?**

A. It may seem like the worst thing in the world happened. But the truth is, nothing major happened. Baruch Hashem, your daughter is okay. She's able to make it to her chasunah. She wasn't critically injured; she could walk, talk and function.

If you zoom into your emotions, what's so devastating about having to walk a daughter down the chuppah with stitches? It's your kavod. What will everyone think when they see my daughter with stitches? How will the pictures come out? Everyone is going to be wondering how she got stitches...

Break free from the jail of living for public opinion. Tell yourself, 'kavod is hevel ha-valim. Worrying over my kavod won't get me anywhere in life. On the contrary, it will only cause me tza'ar and ag-

mas nefesh'.

In place of focusing on מה יאמרו הבריות, start concentrating on the kindness Hashem did to you by protecting your daughter, as well the myriads of other demonstrations of love that Hashem is showering upon you on a constant basis. When you focus on this, you will walk your daughter down the chuppah with a heart overflowing with gratitude to Hakadosh Baruch Hu.

**Q. I was talking to my friend, and in the course of the conversation I accidentally said something that was extremely foolish. Now, I'm so ashamed of myself. How could I have made such a fool out of myself? How does the person view me now?**

**What is the emunah and bitachon perspective about this?**

A. The reason you're upset at yourself for saying something so thoughtless, is because you think that you are in complete control of how the words come out of your mouth. Therefore you feel, 'how could such an intelligent person like myself have said something so insensible?'

The passuk says [Mishlei 16, 1]: לאדם מערכי -לב ומה' מענה

לשון – it is to man to arrange thoughts of the heart, and to Hashem the expression of the mouth. This teaches us that the most we can do is to try to prepare to say the proper thing. But how our words unfold is up to Hashem. If your words came out in a manner that you did not plan, it's because that's how Hashem wanted your words to come out.

Therefore, instead of falling apart because of the way a human being regards you, busy yourself with being concerned 'how does Hashem hold of me?'. 'How does Hashem want me to feel?'

Hashem wants you to realize that it's He who made his words come out in that manner. And Hashem wants you to live with the awareness that everything He does is only for our good.

**Q. There is a certain person who I don't have a very good relationship with. As a result, whenever I pass by him, I feel awkward. What is the emunah and bitachon perspective about this?**

A. The reason a person can feel awkward in the presence of another person is because he's concerned about the impression he's making on the other



# The

# Bitachon Perspective

Continued

person.

'What

does the

other person think about me?', 'How does he view me?', 'Does he think I'm weird?', 'Does he respect me?', 'Does he hold of me'? All these feelings cause a person to be intimidated and make him feel awkward.

The way to overcome these feelings is to break out of the narrow-mindedness of living to impress other people.

Decide that you don't care what type of impression you're making on the other person. Be yourself. Act the way you're supposed to act towards other people. Show derech eretz and be friendly towards him – without caring how the other person views you.

If a person still feels uncomfortable when in an awkward situation, he should know that all tza'ar a person is supposed to undergo was already nigzar on Rosh Hashanah, and when a person receives embarrassment through an awkward situation, he is being spared from car accidents, trips to the hospital and other forms of tza'ar he would never want to experience.

**Q. I'm making a simcha. In the past, when I've made simchos there was a very low turnout. Very few peo-**

**ple showed up and it was very embarrassing. They were wondering, 'Where is everyone?' People were looking at me as if to say. 'Where are all your friends? Why aren't people coming?'**

**Now, I'm cringing at the thought of making another simcha. How can I enjoy the happy occasion when I'm dreading the embarrassment of having an empty simcha?**

A. The reason you feel this way is because you think that the joy of a simcha is when lots of people show up and make you feel choshuv. You see how popular you are and how everyone is coming to give you kavod.

However, the Mesilas Yesarim teaches us that kavod is nothing but a deception. At the moment it may give you an illusion that you're very choshuv, but it's not real. After the simcha is over, everyone goes home and no one is thinking about you anymore.

True joy is felt when you 'invite' Hakadosh Baruch Hu to your simcha, and thank Him for all the bracha He showered you with. Think about how many people would wish that they could make a simcha?

Rav Simcha Bunim Cohen relayed that he once went to

a family simcha, and he saw his Zaidy, Rav Avigdor Miller, sitting all alone. Rav Simcha Bunim figured that since Rav Avigdor Miller wasn't doing anything, he could take the opportunity to talk to him. But when he approached Rav Avigdor Miller, he said, 'I'm sorry, I'm not available now. I'm busy thanking Hashem for being so good to me and giving me a reason to make a simcha'.

The fewer people attend your simcha, the less you have to focus on people and the more time you get to spend with Hakadosh Baruch Hu.

Once you understand how deeply Hashem loves you and how He is flooding you with bracha, you will feel so rich that you won't need 'handouts' of kavod from human beings.

When you include Hashem in your simcha, you will begin to tap into the true joy of making a simcha, and the quality of your simcha will not be affected by how many people showed up.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)



<p><b>LAKWOOD - NEW JERSEY</b></p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm.  <b>18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)</b>                  ***</p> <p><b>Ely Family</b>  <b>801 Lexington Ave, apt 4G</b>  <b>718-812-5152 Friday</b>                  ***</p> <p><b>30 East 9th St. (Between Princeton and the tracks)</b>                  Available in container outside the front door Thursday                  Call R' Shlomo Eliyahu 732-569-4273 (leave message)                  ***</p> <p><b>Weinberg Family</b>  <b>10 Gvuras Ari Dr.</b>  <b>848-240-3128 Available Friday outside front door on chair. Copies sponsored for all</b>                  ***</p> <p><b>Hirschberg Family</b>  <b>410 10th St. Apt 7b</b>                  Please call to reserve: 732-569-8111                  ***</p> <p><b>Rosenberg Family</b>  <b>104 Elmhurst Blvd. In container by front door. Available from Thursday evening</b>                  ***</p>	<p><b>1500 Twin Oaks Drive. In container by front door from Wednesday night.</b>                  For more info please call: 908-596-0844                  ***</p> <p><b>368 Bergen Ave 732-367-2499 Leftover copies available for all on Sunday</b>                  ***</p> <p><b>Briller Family</b>  <b>21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727</b>                  ***</p> <p><b>Weitman Family</b>  <b>282 Coles Way</b>                  Container in front of house Available on Thursday                  ***</p> <p><b>Metzger Family</b>  <b>43 Cabernet Drive</b>  <b>732-6828612</b>                  Container in front of house Available Thursday                  ***</p> <p><b>3 Shayas Rd. Basement</b>                  Available on Thursdays in container by door.</p>	<p><b>Sponsored for all!</b>                  ***</p> <p><b>Bistriz</b>  <b>524 E. Bergen Ave.</b>                  Container in front of house (From Thursday night. Possibly from Wed. Night) 732-370-2488                  ****</p> <p><b>Czitter Family</b>  <b>8 Treetop Ln. (In Yesodei Ct.)</b>                  Avail. Erev Shabbos (Possibly Thur)                  Container in front of door  <b>732-363-3578</b>                  ***</p> <p><b>Menahem Family [Copies are sponsored for all]</b>  <b>155 Forest Park Circle (Friday in container in front of house) 732-942-9759</b>                  ***</p> <p><b>Hershkowitz [Copies are sponsored for all]</b>  <b>15 Shefa Chaim</b>                  (Knock on door for copy. Avail Friday and Shabbos)</p>
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Yummm! Delicious!!!

But nothing compared to what is waiting for you in Olam Haba! Keep on serving Hashem with love!

## Hashem Loves You!

A follower of the Hashem Loves You Hotline, whom we will call R' Motti\* shared that this summer has been a very challenging time for him and his family. His family's summer plans didn't end up working out and everyone was going out of their minds. His wife did not have a job and he was not doing well in his learning. Things were spiraling out of control in a downward spin. To add insult to injury, his landlord decided to raise the rent by a large amount of money per month. Everything seemed to be going wrong with no solution in sight. Things looked bleaker than ever.

R' Motti asked a close friend, whom we will call Rav Avraham, for guidance. Rav Avraham is a big Talmid Chacham, as well as a serious follower of the Bitachon Hotline, The Spring Hill Times, The Hashem Loves You Hotline, and Rav Yehuda Mandel's weekly Thursday night Vaad. Rav Avraham advised him to try writing down, for a seven day trial period, one hundred things every day that he is grateful to Hashem for, such as, "Thank you Hashem for making me so bright and creative", "Thank you Hashem for The Spring Hill Times", "Thank you Hashem for the opportunity to help someone and to feel useful", "Thank you Hashem that my eyes are working", "Thank you Hashem that I have an automobile", "Thank you Hashem that I have eyes, ears, fingers, kidneys".

He also advised him to start writing a journal of *ישועות השם*, 'Salvations of Hashem' by listing the many times in life when things seemed that they would never work out – and yet Hashem worked everything out, going through life and recording clear examples and heartfully thanking Hashem for all of these salvations.

HaGaon Rav Yehuda Mandel has many notebooks full of how Hashem saved him and helped him through countless challenges and difficult situations.

R' Motti did this exercise as instructed. Within three days, he experienced a tangible turn-around. For the first time in the entire summer, things were working out for his family. By the end of the week, his wife received a job offer that would cover their new budget, with potential for growth. R' Motti started enjoying his family more and more and they responded in kind.

When I heard this story from R' Motti, I asked him where the Torah source is that thanking Hashem one hundred times a day can bring open miracles. He responded that we find that when there was a great plague in the times of Dovid HaMelech, and many Yidden were losing their lives to this contagious epidemic, Dovid HaMelech instituted saying one hundred brachos a day, and then the plague stopped, and everyone lived in good health.

\*(Name and major details changed. Story printed with permission from "R' Motti")

Taken from the '**Hashem Loves You Hotline**'  
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