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KLAL YISRAEL'S NEWSPAPER

לזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

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WOMAN TRUSTS IN HASHEM

Mrs. Berkowitz* had a phone number for a very long time. Suddenly, the phone company closed her account.

She tried everything to get her account back, but she was told that once the account was closed there was nothing to do.

She decided that she would sing 'Hakol Yachol' and then call

the company again.

Lo and behold the impossible happened. The company sent her a new sim card with her old number!!

She was on hold for hours on end, spoke to so many people yet nothing worked until she turned to Hashem! The power of Hakol Yachol overrides ev-

everything! [Heard

Continued
on page 9



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Hashem

Under the guidance of:

Rabbi Zevy Golombeck

Publisher / Editor:

Yitzchok I. Kaufman

Finance Director:

Yoni Kohn

Contributors:

R' Zevy Golombeck

R' Yosef Moshe Mizrachi

R' Label Lam

R' Y. Friedman*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Moshe Davidson

R' Moshe Hirschberg

R' Daniel Garfinkel

R' Daniel Sasha

Sruli Yelen

T. Bauman

Tzvi Blaser*

Graphics:

R. Berger

Rachelli N.

Comics:

N.L. Ross

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This week's issue is dedicated:

לע"נ ר' שלמה זלמן בן ר' ישעיה

זצ"ל

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משום, צייטל בת שלום אריה, נפתלי בן יעקב.
לזכות הבר' הח' משה דוב בער בן אסתר, לוונג הען בקרוב. לזכות רפואה שלמה. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENSKY SHLITA

AND

HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

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Dear Subscribers,

Baruch Hashem, the Spring Hill Times is growing by leaps and bounds.

We are racing towards Hashem and our readers are racing along!

We cannot thank Hashem enough for giving us this wonderful zechus!

At the same time the cost to print an issue has dramatically increased!

We would love to go back to the way it was when we started, to distribute the Spring Hill Times free of charge, but as it seems like right now, Hashem has other plans and we need to charge to cover the costs.

Baruch Hashem, due to its growth we currently aren't able to cover the budget.

Starting from the issue of Parshas Ki Savo (Elul 5783), we can only give printed copies to those who have signed up for a minimal monthly donation amount of \$10. Be"H that should cover our costs and give us room for a little growth too.

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Thanks you! Gut Shabbos!

Please note: Subscribing does not mean we are selling you a copy. Rather we are giving a free gift to those who sign up for the minimal monthly donations. We try hard to make sure everyone gets their copies but we aren't able to guarantee it.

My Father Zatzal



Thank You, Hashem for giving my family, for so many years, such an amazing father! He taught us how to love Torah and love helping others. He helped so many families. He lived his entire life serving Hashem. Here is a story that we heard by the Shiva:

My father had a good friend by the name of Reb Gavriel, who lives in Flatbush.*

Many many years ago, Reb Gavriel was going through a hard time and my father gave him a lot of chizuk.

One day, it was a legal holiday, and Reb Gavriel needed to go to work but he had no one to watch his children. He didn't know how he was going to manage.

It was 8:00 in the morning and he heard a knock on the door.

He opened the door and standing there was my father together with my mother. They had traveled all the way from Monsey to Flatbush.

He was shocked.

My father told him: "You go to work and we will watch your children."

While Reb Gavriel was at work, my father noticed that one of the doors needed to be replaced. So he went out, bought a new door and installed it.

When Reb Gavriel came back home he was tremendously grateful to my father. The love and care greatly encouraged him.

Over the last few decades, Reb Gavriel moved to four different houses. Each time he moved, he took the door out of the wall, brought it along to the new house and installed it!!!

He couldn't part with the door that reminded them of the love and care that my father showed them! It gave him lifelong encouragement! [Heard from Reb Gavriel]

This story is a great reminder that sometimes we smile at someone or do a favor for them. We may completely forget about it. But that person may be going through a difficult time that we don't know about and he will never forget the kindness and care that we showed him (and of course Hashem will never forget it either...).

On the day I got up from Shiva, I was in my house and I heard a knock on the door. Standing there were relatives of mine, Reb Chaim* and his wife. They came to be Menachem Avel.

Reb Chaim told me that on, Thursday, 23 Av, late in the afternoon, he was very tired and knocked out so he went to rest. While he was sleeping he had a dream. He saw my father who was smiling!!! My father then told him something that he needed to hear.

A couple of hours later, R' Chaim heard the news that my father had passed away. The time that he had had the dream was right after my father passed away!

During Shiva, we were overwhelmed by the amount of kindness and care that relatives, friends, neighbors showed us! It was unbelievable! It was a tremendous Nechama in itself! I want to thank all the Spring Hill Times readers who reached out to be Menachem Avel. It was greatly appreciated!

Indeed, Hashem is wonderful. Life in this world is wonderful. Life in next world is wonderful and Klal Yisrael is wonderful!

WEEKLY NEWS ROUNDUP

Continued from
page 1

from Mrs.
Berkowitz]

HASHEM CHANGES BUS SCHEDULE TO HELP YID

Reb Eli Friedlander* lives in Beit Shemesh. One day, he went to Meron. He arrived there much later than he had planned. By the time he was ready to go back home it was close to eleven o'clock. He realized that there was not going to be any buses back from Meron to Beit Shemesh at this late hour.

He decided to take the 11:10 bus to Bnei Brak. Then he hoped that he would catch the last bus, at 1:00 am, from Bnei Brak to Beit Shemesh.

It was going to be tight, but he thought that since it was late at night and there is no traffic, he would get there at 1:00.

However, he was quite wrong. There were a few stops along the way, and he didn't get to Bnei Brak until 1:30 in the morning.

He didn't know how he would get to Beit Shemesh from Bnei Brak. He tried to get a hitch, but nothing was doing.

He then started saying some Kapitelach of Tehillim.

Yeshuas Hashem K'Heref

Ayin! He couldn't believe it when at 2:00 in the morning, he saw the 497 bus to Beit Shemesh coming.

What happened was that the 1:00 am bus never showed up. People complained, so the company sent another bus, which didn't show up until 2:00 in the morning! He realized that Hashem had arranged all of this to give him a ride home!

LOSING A JOB LEADS TO YESHUOS

R' Dovid Klein* used to work for a certain company in Manhattan.

When Covid started spreading, before it came locally to New York yet, the business slowed down.

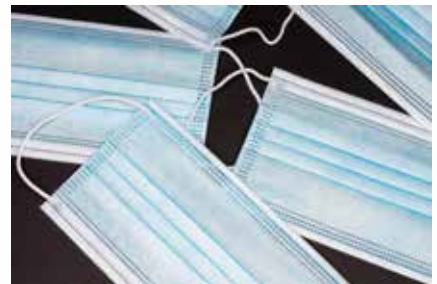
He was asked to leave.

He was upset and down. He thought to himself: *There were dozens of other Yidden who worked in the company. Why was he the only one fired?*

Baruch Hashem, he found another job very quickly. Even though the salary wasn't as good as the first job, it was good enough for him to carry on.

A couple months later, the entire city shut down due

Kav Hashgacha Pratis
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to Covid. He checked back with his old company, and he was told that almost the entire company had been laid off, because business was at a standstill.

He then realized what a Bracha it was that his boss had chosen to fire him a few months earlier when it was still easy to get another job.

All the people who were laid off were looking for other jobs, but they couldn't find any, because everything was at a standstill. Baruch Hashem he had been let go a few months earlier when

WEEKLY NEWS ROUNDUP

there were still jobs available!

Another Hashgacha in this story is that since he had friends from the previous company who now didn't have a job, R' Dovid took upon himself to send them money even though he wasn't such a well-to-do person. Somehow he scratched out twenty dollars here and a hundred dollars there. He temporarily cut out some things in his life so that he would be able to help them out.

He had a daughter, who had been in Shidduchim for a number of years. All her friends were already married with children. During that Tekufa she got engaged!

He felt that Hashem, so to speak, went out of His way to bring his daughter a Yeshua because he went out of his way to help other people,

He also had a lot of Chasunah expenses and he didn't have enough money.

The company that had fired him a few months earlier, for some reason, decided now to send him compensation for firing him. They sent him a very nice amount of money. It was enough money to cover the entire Chasunah!

Editor's Note: This reminds me of a story that took place during the Shiva for my father.

*There was someone by the name of R' Yehuda**

who was very involved in helping out my family in Eretz Yisrael during Shiva. He made sure there was enough food during shiva and helped with many other things.

He has a daughter in Shidduchim and he didn't get even one suggestion for an entire year.

One of the people he reached out to help for the Shiva, suggested a shidduch for his daughter! The first in a year!

He felt clearly that it was b'zechus the chesed he did.

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WEEKLY NEWS ROUNDUP

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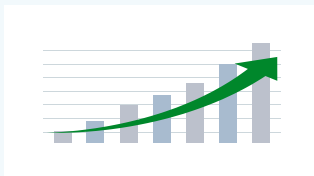


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Kiddush Hashem in Afula

There is a dog who listens to Kiddush and Havdalah! It stands by the Beis Medrash during Davening, and runs up to Frum Yidden with pleading eyes...

It sounds just like a story from a book, but it's actually happening now in the town of Afula in Eretz Yisrael.

Harav Ahron Grandash, a Talmid of Rav Chaim Kanievsky Zatzal, wrote to Rav Yitzchak Zilberstein about a neighbor of his who is not Shomer Torah U'Mitzvos but lights Shabbos candles. She owns a dog and says that it has a Neshama.

Every Leil Shabbos, the dog goes out of her house and goes to a neighbor that is Shomer Torah U'Mitzvos, knocks on the door and waits until he comes out, and accompanies him to the Beis Hamedrash. The dog waits there by the entrance of the shul until davening is over.

After davening, the dog accompanies him back home and waits until after they make Kiddush, and only then goes home.

On Shabbos afternoon when it's time for Mincha, the same thing happens again. The dog goes to Shul and only goes home after it hears Havdalah.

The dog also refuses to eat meat and fish combined.

(The neighbor, that the dog goes to, is the previous owner of the dog. He said that he bought the dog many years ago from a kibbutz. And already back then the dog would go to Shul for all tefillos and listen to kiddush and havdalah.)

Rav Yitzchak Zilberstein was asked about this story, and he referred to the Gemara regarding the cow that didn't want to work on Shabbos, as well as the cows of the Neviei Haba'al by Har HaCarmel that refused to go with them. He brings in the name of Mekubalim that the cow that didn't want to work on Shabbos was a Gilgul of Vashti. That was her tikkun. The donkey of Rav Pinchas Ben Yair was a Gilgul of Yishmael ben Yaakov, and the cows by Eliyahu on Har HaCarmel were Gilgulim of Dasan and Aviram. [From an article sent in to the Spring Hill Times]

News that Hashem Wants us to Talk About!



GIFT FROM HASHEM

The Koenig* family had a freezer that was malfunctioning. Whatever they put in there, got a bad freezer taste.



However, it was too expensive for them to purchase a new freezer.

At that time, their landlady told them that the government was giving free refrigerators and freezers to those who were eligible. Baruch Hashem, the Koenig family were eligible, and their state of the art new freezer is a proud testimony of Hashem's unlimited kindness to them.

HASHEM IS GOOD TO US



Mrs. Gross had a fun experience popping popcorn. She noted how much popcorn came out of just a few seeds. The smell of the seeds as they popped was invigorating. Just

from heat, the seeds emerged as fluffy fresh popcorn! They jumped out of the pot as if they had a life of their own. Popcorn: fun, crunchy salty and yum! There is so much of Hashem's chesed in this snack...

BABY SMILES!

Mrs. Freund looked at the clock and realized that her baby was sleeping for four hours already, longer than usual. Her heart gave a leap and she ran to her baby's room, with fearsome images dancing in her brain.

She opened the door and... Her baby was alive and well. He even gave her a big smile when he saw her! Thank you Hashem!

THE GIFT OF VITAMINS



Goldy Henig* felt weak and low on energy. She spoke to someone who told her that vitamins might help her.

She started taking certain vitamins and started feeling as good as new.

Thank You, Hashem, for giving man the knowledge of how to extract vitamins and put them in a capsule. It's a convenient solution to those who lack vitamins in their bodies...

HASHEM - THE MASTER DESIGNER

Shiffy Bergman* from Staten Island was washing the floor and her hand rubbed against the jagged edge, causing a long gash. She wound a wad of tissues tightly around it until the bleeding stopped.

She was amazed how a short while later, the skin was beginning to close back up and heal.

Imagine a tear on a paper or a crack on glass closing up without any intervention! Yet that's what her skin did so wondrously!

SURGERY IS A SUCCESS!

Blimie Singer needed to undergo a complicated brain surgery. Many heartfelt tefillos were said on her behalf, and Baruch Hashem the surgery was a success.

The Singer family is awaiting their sister's homecoming and is immensely grateful to Hashem.

HASHEM HELPS WOMAN KEEP HER JOB

Mrs. Davidowitz needed to switch jobs during last three years for various reasons. It was taking its toll on her.

This past year she taught sewing and it really worked out. She told her principal that she had one issue: she could not work until 5, as it was outlined in her schedule. She had no accommodation for her kids at such a late hour.

The principal said there was no way to work it out.

News that Hashem Wants us to Talk About!



On Pesach, Mrs. Davidowitz turned to Hashem and said, "You took us out of Mitzrayim with miracles above nature, please work this out for me although I can't see how."

The past few months she kept repeating this mantra, while strengthening her Bitachon.

Last week, her principal called her up and said that she figured her way around the schedule and there was no need for her to stay till 5:00! She requested a meeting to sign contract for next year!

TREES - HASHEM'S OXYGEN MACHINES

Many people are enjoying the beautiful summer trees, whilst unaware of the additional benefits.

Trees inhale carbon dioxide and exhale oxygen which is crucial for



our existence.

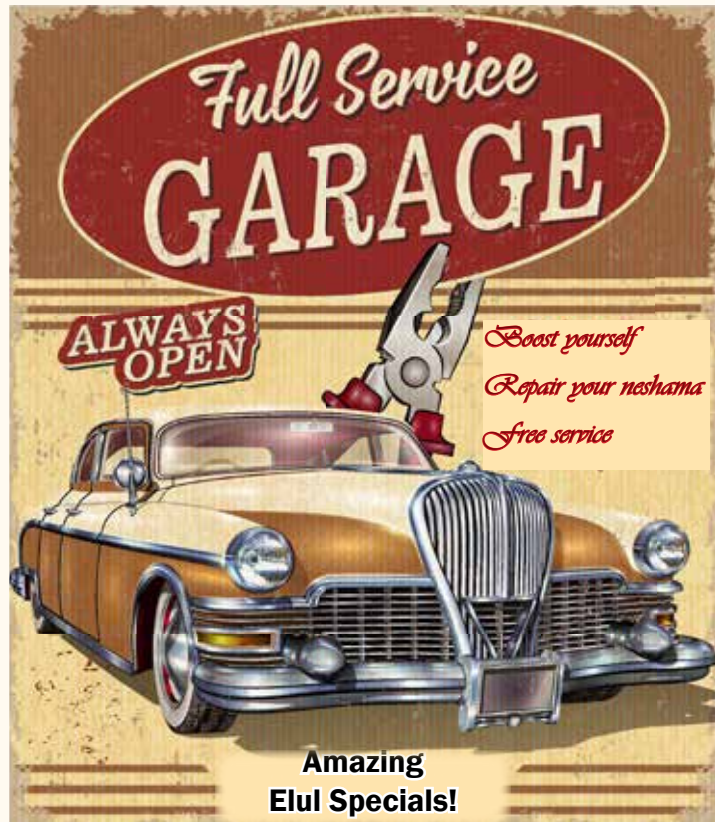
In fact, the amazon jungles, with its enormous range of trees are called 'the lungs of the world' because a large portion of the world gains from the oxygen which these

trees discharge.

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar.

A NATION OF CHESSED

The Schonbrun* family adopted a special needs child.

During Chol Hamoed Pesach, their child's school took all the children on a trip which was kindly sponsored by a

Yid! They took the children to a Kosher-for-Passover restaurant. There was a non-frum family who were blown away by how frum Jews were giving up their Chol Hamoed to take care of special needs children. They asked the restaurant if they can sponsor all the food that the school bought!

It was about \$100 per child!

What Chessed! What a Kiddush Hashem!

The strawberry on the cake (Chesed on top of Chesed) was that it was already sponsored by a different Yid!

How precious is Klal Yisroel!!!

"I BELIEVE IN HASHEM"

R' Meir* told his friend all about 'A

Life of Bitachon' hotline, and that he saw so much Bracha and Yeshuos in his life because of it. He told him that he especially enjoys listening to song #3 on the recorded songs, of R Ephraim Wachsman singing "I believe in Hashem".

His friend wrote down the number and started listening to the hotline.

He needed a big Yeshua and while he was listening to R' Ephraim Wachsman singing "I believe in Hashem," he got the Yeshua he needed!

EATING WITH BITACHON

Mrs. Konig* said that for many years she was very into health.

It was stressful for her. She was constantly worried that if she, or her family members, didn't eat the right foods, bad things would happen. It caused her a lot of anxiety.

Then she started listening to the 'A Life with Bitachon hotline', section six, the summary R' Yehuda Mandel's Thursday Vaad.

She heard how R' Yehuda Mandel said that he used to be very into

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck

health and made a religion out of it. Then Novardok got a hold of him and taught him we need to make a religion out of Hashem.

He also explained how the stress of worrying about only eating healthy ruins your body more than unhealthy food.

Mrs. Konig realized that by being stressed over food she wasn't doing herself a favor.

She decided to make a Seuda to celebrate "not being crazy about her health". She thought to herself I'm just going to eat the regular, normal food like everybody else eats."

While she was eating the food, she got a message from her friend that said, "You ate worthy." She was wondering what it was about and called her friend. Her friend explained that it was a typo and she intended to write "You are worthy," and unintentionally, she wrote, "You ate worthy!"

Editor's note: It's a great mitzvah to watch your health and eat healthy but only if it's in a non-stressfull way.

LIVING WITH BITACHON = QUALITY OF LIFE

A Talmid came to visit me and he said that he has been following the "A Life of Bitachon" hotline for three years, and it changed his life!

Recently, he was going with his

family to the airport. When they arrived they were told that they came too late and they couldn't go on the plane.

Previously, he would've been frustrated, upset and stressed, but because he listens to 'A Life with Bitachon' hotline, everything "goes his way", because whatever Hashem does is called "his way!"

"FOLLOW THE BITACHON HOTLINE"

The Kohen* family from Eretz Yisrael have a daughter with brain damage. They communicate with her through a computer.

One day, out of the blue, she communicated: "Make sure to always follow Bitachon hotline." That's how they got involved in Bitachon hotline!

As far as they know, she never even listened to the Bitachon hotline. But she told them, "Always follow Bitachon hotline."

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

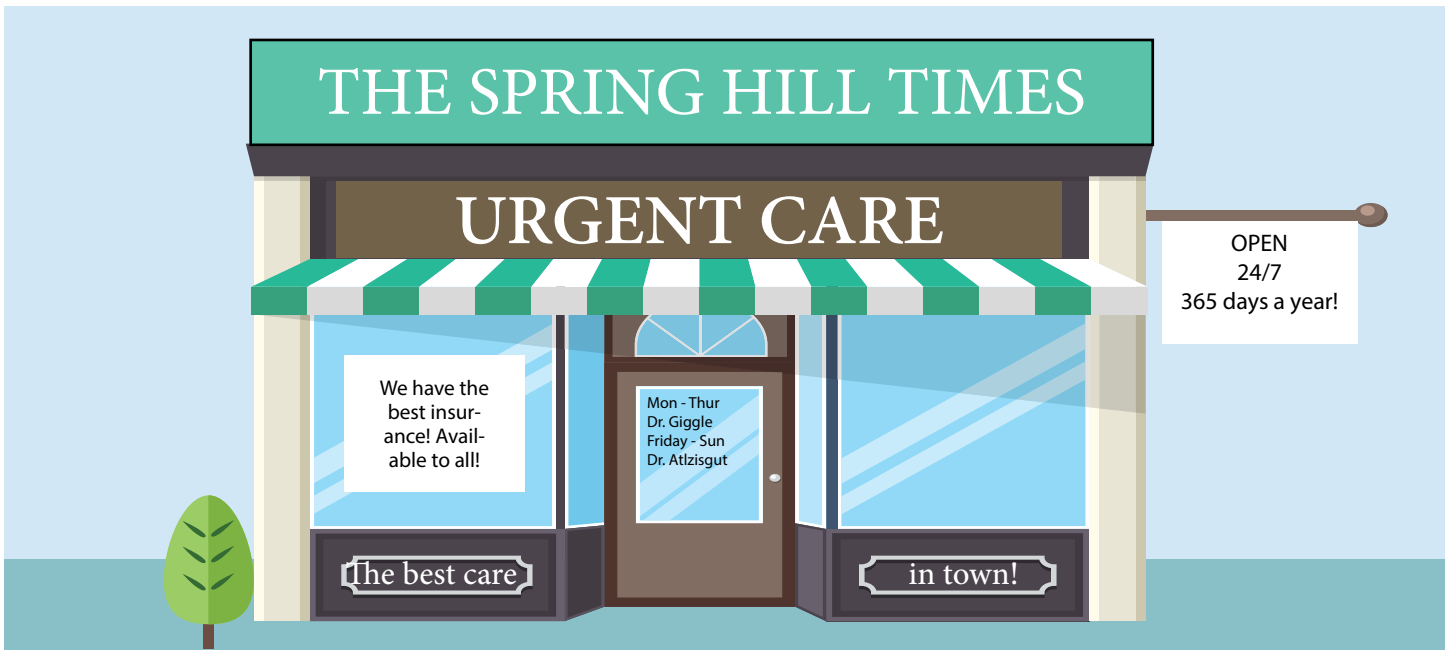
- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
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 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
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Patient

I recently heard about a few tragic stories. It made me sad. I also feel nervous and vulnerable.

Please help!

Dr. Avi Giggle M.D.



I'm prescribing 3 medications for you:

1. There is no such thing as a 'Tragedy'. Everything that Hashem does is wonderful and for the best. All what it is is hidden kindness. Have a little patience. One day you will understand how everything was good.
2. If you aren't spending your entire day thanking Hashem for all the billions and trillions of good things He does for us daily then you have no right to focus on the so called 'tragedies'. Going through life and not constantly singing Hashem's praises is the biggest tragedy, bigger than all other 'tragedies' put together!
3. Start noticing Hashem's enormous love for you and you will see that even in the so called 'darkest times' his love is shining brighter than ever!

**IMPORTANT HEALTH TIPS
TO
REMEMBER:

Hashem is wonderful**

A STORY FOR THE PARSHA

By: Tzvi Blaser- Lakewood, New Jersey

V'amarta Eilav... Sh'eincha kafoi tov The Rebbetzin then brought him a (Rashi)

One morning, Rav Aharon Kotler zatzal left his house right after breakfast to go collecting and to attend meetings. He had a talmid who drove him around. They were out the entire day traveling from place to place.

When Rav Aharon came back home, he was all exhausted yet he took out a gemara and started to learn.



bowl of soup.

Rav Aharon told her to give it the hungry and exhausted driver.

Later on, the driver received a phone call from Rav Aharon. He called because he wasn't sure if he thanked him enough!

Good Shabbos!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Time Together

How do you know that somebody really loves you? Here's a freshly minted moshol:

Imagine someone has a serious medical condition, and they remember that they have a favorite uncle who's the top, top, top doctor in that field. And so they give him a call, and the doctor says, "Maybe I can squeeze you in for a few minutes... six months from now." You're not feeling the love.

But if the doctor says, "I'm clearing my

schedule. Let's spend the whole day together," and then he makes a visit to your home, and says, "Let's spend more time together," now you're really feeling the love.

Can you have a bigger sign, "Os he le'olom Beini uvein Bnei Yisroel," that HaShem loves us, that He wants

to spend time with us, each week for a whole day on Shabbos.

Gut Shabbos!





A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

We mentioned about taking care of our teeth, I would like to elaborate a little more about this issue.

Nothing dramatic would happen to our teeth if we eat some sugar, but if that sugar and the bacteria that it creates sits there day after day – it leaves a mark, first a small mark but eventually a big mark. This can be compared to a constant drip of water which can make a hole in a powerful stone, just like the famous mashal from R' Akiva. So too, tiny bacteria over a long period of time can penetrate the tooth which is stronger than stone.

Teeth that get damaged or rotten over years of neglect will fall out or have to be removed, they will not grow back. Many people replace them with dentures and implants. It is important to know that despite the fact that they look like regular teeth they do not replace the job that natural teeth do. For example, with dentures one cannot eat very hard food. Hashem's creation cannot be easily duplicated and all of the modern science and medicine cannot match up to the teeth that Hashem gave us.

We might think that dentures are only for old men, but really there are millions and millions of Americans in their forties with dentures. Usually this is something that people keep quiet about. They do not show off their new dentures to their friends so we are unaware of how common it is. The amount of ימים אריכות that our teeth have is greatly influenced by the care we give it. Let's appreciate our teeth, take good care of them and benefit from them for many years.

Before we continue on exploring the teeth, I would like to talk about an important lesson that we can learn from our teeth.

Our teeth are very strong, yet tiny bacteria can rot, break and destroy it. These bacteria are unavoidable – it is a natural result of regular eating. If we don't ignore it and make sure to wash it away daily, it will not cause any harm, but if we ignore it then it is prone to cause destruction and pain.

This is similar to our situation in this world. We all interact constantly with the world; it is unavoidable, just like eating. The עולם הגשמי with all its temptations and challenges leave a daily mark on our neshamos. If we brush up daily, take out a bit of time for chizuk, mussar or cheshbon hanefesh, then our neshamos will end up healthy and clean. But if we don't, then without realizing it, our neshamos get damaged. 'Plaque' builds up until it creates a serious problem. Some people are too busy to pay attention to their neshamos, they only stop to clean their neshamos by the ימים נוראים. This is like someone who doesn't clean his teeth at all. He only goes to the dentist once a year – he is shocked to find out that he has a few cavities and a root canal on the way.

There are other people that don't even go for an annual dentist visit, they only go when they feel pain. This is similar to someone who only thinks about his lifestyle and habits when Hashem send him a painful jolt. Let's try to take care of our neshamos just like we should take care of our teeth to keep them healthy and strong.

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Elul stands for "Ani Lidodi Vidodi Li".

Elul is a time to focus on Ahavas Hashem. "Ani Ledodi". The word Dodi signifies that He is beloved. We love Hashem and Klal Yisroel loves Hashem. We can make the bond even stronger.

I will give a perspective that I took from the following story told over by Reb Shlomo Landau.

There were two friends who we will refer to as Yaakov and Baruch (formerly Jacob and Boris). They started off as secular Jews in Eretz Yisroel. They became Frum together, and they were inseparable.

They went to Yeshiva together and eventually they started a large business together. When they got married they were very involved in helping the other one setting up their house.

One day Yaakov made a mistake. He did a business deal without consulting Baruch. Baruch was very offended and he took it very to heart.

At that point he broke off from Yaakov and moved away to a total different neighborhood.

Yaakov felt terrible and he tried to make amends but to no avail.

One day, their Rebbe, who brought them close to Yiddishkeit, came to visit Ya'akov. Ya'akov shared his tale of woe with his Rebbe.



He told his Rebbe how much he helped his friend throughout his life, but there is no one to talk to.

The Rebbe decided that he must take some action. He went to visit his old talmid, Baruch. When he arrived at Baruch's mansion he was received very warmly.

When he was asked what the purpose of his visit, he told him that it was regarding Ya'akov. All of a sudden he saw Baruch stiffen up.

The Rebbe dug into his bag and he pulled out a small scale on the table. Then he took out some square cubes. As the Rebbe put them on he said, "This cube represents Ya'akov convincing you to join Judaism."

"This cube represents his loyalty as a Bachur. This represents his bringing you into the business."

The Rebbe went on and on. Finally he took out a lone black cube and he put it on the other side of the scale. The side of the black cube did absolutely nothing to tip the scale.

Baruch was moved to tears. Then the Rebbe motioned to Ya'akov who was outside to come in. Baruch embraced

his old friend and their friendship was restored once again.

When I heard this story, I immediately connected this to our loving father. Hashem is constantly showering us with health, parnassah

and so much goodness we shouldn't get caught up with the black cube. Rather focus on all the white cubes.

Editor's Note: And once we focus on all the white cubes we will realize that there aren't any 'black cubes' by Hashem. There is nothing that He ever did or will do that isn't for the benefit for the person.

This attitude will be mechazek us in loving Hashem more and more. This will help us in our bond of "Ani ledodi vidodi li".

The Seforim teach us that during this month we can get a connection with Hashem more than all year. This is the ultimate form of Teshuva. As we focus on all the white cubes and we feel the embrace of Hashem, this will bring us close to Hashem like never before.

When we show Hashem how much we want to feel his love Him and we focus on all His goodness then Hashem will show us His open love with the return of the Bais Hamikdash bimiheira biyameinu Amein.

Living With Appreciation

By: R' Daniel Shasha

After the farmers completed many months of toiling and it was finally time to harvest their long-awaited crops, the Torah commands them to first bring an offering of the first produce to Yerushalyim, known as the bikurim. Rashi points out that the purpose of this mitzvah is to ensure that we express our gratitude for the incredible having new produce. The farmers shouldn't be ungrateful, thinking that this their new produce is a result of their hard-earned efforts and instead should realize that this is nothing short of an incredible gift. We would not be able to survive without food, and Hashem graciously constantly provides for us, ensuring that we always have plenty. There is such a wide variety of flavors and types of food available that Hashem wants us to enjoy. The special mitzvah of bikurim is a way that we can express our heartfelt appreciation for this.

Bikurim is so pivotal that the Midrash teaches that this is why the world was created! The fruits are referred to as 'reishis' 'the first': the same word which was used by the creation of the world. Chazal learn from here that 'bereishis' is an acronym for 'bishvil reishis', 'because of the first' which is a reference to the bikurim. The Alshich explains that the whole essence of bikurim is gratitude to Hashem for giving us produce. Gratitude is so fundamental that is the reason for the creation of the world!

Focusing on the many gifts that we are constantly showered upon will ensure we are always besimchah, living a positive and peaceful life, and fulfilling the reason for the world's creation!

Reb Yehoshua was known as one of the most happiest people. He always had a friendly smile, a very joyful countenance and a warm word to say to whomever he saw. He was blessed with old age and good health, even in his nineties he still practiced his trade of a window glazier. After being asked for his secret, he recalled how he was orphaned at a young age and his family's livelihood fell solely on him. He therefore searched for a trade and became a window glazier. One day he was offered a prestigious job to glaze a large window that was to be installed in the house of a very wealthy man who was willing to pay him enough money that he would be able to support his family for an entire month! However, as he began carrying the window, it fell and shattered into smithereens. 'How would I be able to provide for my family now' he bemoaned and broke down in tears. Just then, the great tzaddik Rabbi Simcha Bunim of Peshishca passed by and heard what happened. Sympathetically, he told him 'my dear child, Hashem doesn't love crying. He loves it when His children are happy. When we pray with hope and gratitude for all Hashem's great kindnesses, this will accomplish so much more than crying and being pitiful'. This message completely changed his life, and he always focused on his many blessings each day, becoming one of the most happy and positive people.

This article is an excerpt from the weekly 'Living Appreciation Newsletter.' For feedback or to subscribe please email livingappreciation@gmail.com

To Share My Share Of My Daily "Shir Chadash"



R' Moshe Davidson
A Rebbi From Brooklyn, NY

Years ago, I spent my summers in Catskill Mountains with a great chassidishe camp.

I worked as a counselor and a licensed lifeguard.

We worked together as a great team.

The lifeguards were a group of conscientious individuals who took their job very seriously.

We worked together under a very professional, head lifeguard.

He gave us a refresher course for our license, at the end of each summer.

He was a very nice person but was definitely not the one who would pass you

on the test if he felt that you were incapable of doing the life guarding job.

He took the severity of guarding Yiddishe kinder's lives to the max.



"Safety first" was the name of the game.

Prevention. Prevention. Prevention.

His famous quotes were:

"A good lifeguard never has to jump in."

"Never take your eyes off the pool."

"If anyone (out of the pool) speaks to you, just listen, don't turn your face to him."

He was a great, master mashgiach. If he saw your face turned away from scanning the pool, he would immediately give you a quick short whistle reminder.

His hatzlocho was that he was מחשיב our job, and we in turn learned to be מחשיב it as well.

I'll never forget his comments and compliments as we did our "on job training".

We would routinely do continuous laps of swimming, up to whatever goal he set.

Lifesaving techniques were also practiced.

I had B"H (back then) an extremely powerful scissors kick and was able to swim with two ten pound swim-

ming bricks while doing the side stroke.

The compliments he gave me then are still clearly etched in my

Continued on
next page

mind.

He made me feel like a Olympic star.

It was difficult and strenuous exercise, and I was knocked out when I was done, but he made it feel worthwhile.

We had to concentrate on scanning the pool, and keeping track of someone who went under water for too long.

We had to establish an early warning signal for a distressed swimmer.

We had to estimate the approximate amount of stress and strain, versus the remaining energy that the swimmer showed.

The actual job was some-

what stressful mentally, but it was done with plenty of pride.

I am still left with great memories of the exercise and job activities.

He trusted us and made us feel like a professional team, protecting Yiddishe kinder.

When something feels meaningful and important, then all the effort is worth it.

I have been always thinking about being prepared to react to a situation, before anything gets serious.

As from Yidden we are always on the look out for something that feels wrong,.

We are fine tuned to pick up anything dangerous for a Yiddishe person.

We don't get stressed out. We appreciate the fact that we are doing the right thing keeping you, and your family, friends and all, erliche Yidden.

#1 is to learn how to go about reading the facts and reality of the situation.

#2 is to determine what is

the best way to deal with the issue on hand.

All the above also applies to being sensitive to all the other needs of every single dingle individual yid.

Be sure to make sure, that everyone in your surroundings, is doing well:

emotionally,

physically,

socially,

and financially.

Facial expressions can be very revealing, to the inner feelings of the person who you are with.

Body language can be a perfect give away, to the on-looker, to know the needs of the needy.

Learn how to read the signs and warnings that are built in to the human nature.

Reach out to help. You can save a life.

.. ומטה ידו.. והחזקת בו ..

Learn the basic principles of how to read the simple signs of distress.

Plan your reaction.

Become a lifeguard in your everyday life.

Remember good lifeguards never have to jump in to save.

Prevention Prevention Prevention.

Real World GPS Systems

Stay on the Road!



Your Destination:

HASHEM

Your driver:

HASHEM

Just sit back and enjoy the ride!

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

R' Simcha Levine, the son of the great R' Aryeh Levine, had a neighbor named R' Shmuel David Cohen.

Previously, R' Shmuel David had been a very wealthy individual. He had people knocking on his door, and was a very respectable individual. One day, his business went sour to the point that he lost all his money. As a result, he had to sell his large, relaxing and comfortable home and move to a smaller one; which was how he came to neighbor the Levines.

R' Shmuel's new line of work was home repair, which he toiled from morning to night in order to provide for his family with their needs. This new situation caused him a double distress, as 1) he had to work very hard, and 2) he was an honorable individual who was now lowered to that of a simple worker.

R' Shmuel's devoted wife, Sarah Rivka, decided to uplift her husband's spirit. She decided that from that day on she would be putting on her Shabbos clothing every time he returned from his long, exhausting day of work. "I don't want him to think that his esteem has lowered in my eyes after he changed professions and became a tradesman," she explained to Reb. Levine.

Reb. Levine, her neighbor, remarked that seeing Mrs. Cohen presenting herself so honorably each evening was a sight to see, as if her husband's arrival was the same as Yom Tov coming in.

For the rest of her

life, Mrs. Cohen maintained this practice, never getting tired of it. Reb. Levine said that she was jealous of her neighbor, who she compared to the nashim tzidkonios—the devoted Jewish wives in Mitzrayim who behaved similarly to lift their husbands' spirit.

One of R' Levine's sons remarked that Mrs. Cohen's conduct may have been the reason why she was gifted to see her son become a dayan, the great R' Yosef Cohen, and her grandson to be the world-famous Rosh Yeshiva of Yeshivas Chevron, R' David Cohen.

This is an incredible lesson: R' Shmuel David Cohen may have endured a great financial and professional loss, but it didn't mean that it should have affect him emotionally. Mrs. Cohen understood that such a fall may lower one's self-image, and she did her best to counter that in her husband. (Simchah Babai'is, p. 687)

"I WOULD STAND UP ALL THE WAY!"

This is a great story in of itself. But we can take a lesson for our situation as well, in regard to falls in ruchniyus as well, evidenced from the following incredible story:

Continued on
R' Moshe Blau, **next page**

Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



Love your friend to no end!



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

a master michanech, relays how one winter, every Thursday night, he learned with a particular boy in Bnei Brak.

One week, the boy came to his chavrusa, very distressed and broken.

He inquired about it. "You don't have your usual look. Anything I can help you with?"

"Leave me alone," the boy responded. "You won't be able to help!"

R' Moshe persisted on asking him how he can help his troubled chavrusa.

The boy eventually opened up. "This past Elul, I made a commitment to guard my eyes. Up until today, I was careful, but today I was at an appointment, and I fell in my commitment. This is what is making me so broken!"

R' Moshe seized the opportunity to bring him to visit the Steipler Gaon. They had only fifteen minutes before the Steipler was going to close his doors to visitors, so they rushed over to present him with this question.

When they entered, they were requested to write down their issue, since the Steipler was no longer able to hear. He wrote as follows: "I'm a bachur who accept-

ed not to look at improper things, and since the day of my commitment, I've been successful. Today I had an appointment and fell greatly, which is causing me to be broken. What shall I do?"

Upon reading the note, the Steipler raised his voice greatly and asked, "Tell me, have you controlled your eyes even one time?"

The boy responded, "Rebbi, my situation is dire. What should I do?"

The Steipler repeated his question, "Have you ever controlled yourself?"

The boy answered, "Yes!"

The Steipler then responded, "If I would have the ability to stand up, I would stand up m'lo kumoso (full height) for you, without exaggeration! Each challenge that you overcome makes you just as great as Yosef Hatzaddik, who withstood his challenge! Each time that you overcome your challenge, you rectify all your past misdeeds and clean your slate entirely! The Main Thing Is Battling It!"

After hearing the Steipler's words, the boy took the encouragement that the Steipler gave him, and continued on as a new person.

The lesson is clear: Even

after falling, we must remember the times that we have succeeded. With that as our focus, we will be able to continue serving Hashem with great motivation and strength. (Be'er HaParashah, 5782)

REBBI, REBBI!

This concept we find in Chazal. Chazal tell us that Rabbeinu Hakadosh found Yossi, the son of R' Eliezer ben R' Shimon, on a spiritual low. He called Yossi in for a discussion with him, and when he arrived, Rabbeinu Hakadosh placed Yossi among the other great Tanna'im, clothed him in rabbinical clothing, and called him "Rebbi."

This helped Yossi steer himself clear of his previous ways. Whenever he desired going off the proper path, he would recall that he was called "Rebbi" by the great sage Rabbeinu Hakadosh, and thus his actions couldn't contradict his special status. (Bava Metzia 85a)

We see that through proper realization, and realizing who we really are, we can be protected from sinning, and downfalls. By remembering our great value, we will prevent falls.

Ayin טוֹבָה טובָה Tova

Seeing the good in every situation

Suggestions for the case of Mendy davens for the amud on a Shabbos for the first time and does a miserable job:

- Maybe nobody else realized except for him, and even if people did realize they forgot about it moments later. If he sits on it and makes it into a to-do, he will feel bad for no good reason, iy'H next time will come out better.
- Now he knows what it feels like to be the chazzan, so he won't be as nervous the next time and he knows for next time to prepare more carefully.
- Mendy can accept that Hashem is in charge and does what is best for us even when things don't always work out the way we'd like them.
- The next time a chazzan messes up a bit, he will think twice before laughing.
- כל התחלות קשות, he could be assured that he will keep getting better and will b'ezras Hashem be a great chazzan one day!
- He will now have more respect for those chazzanim that do a flawless job.
- Perhaps, Mendy had to "mess up" so that someone else could work on their midda of being נושא בעול, and that someone will come and give Mendy chizzuk.
- Mendy could focus on the fact that מכפר בושא pays very high dividends and is מכפר עבירות. Also, he will hopefully learn that it's alright to make mistakes and will learn how to grow from these type of situations.

CASE OF THE WEEK:

Donny Lewis called the Morgans to come for a Shabbos meal. He spoke with Mrs. Morgan who was very happy to have Donny as their guest for lunch.

When Donny arrived, it became clear that he had many dietary restrictions and basically ate nothing. It was an awkward meal.

Mrs. Morgan was upset that Donny hadn't mentioned anything in the phone conversation.

Help Mrs. Morgan have ayin tova for Donny.

Please send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019
EY: 052-760-5409.



Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. (Please take a moment to say a short *tefillah* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Asher Yatzar – The Key To A Better Ellul!

This year is one of those years that even though Ellul has arrived, many people may still be in the mountains or on vacation. That is precisely why we must take actions immediately to utilize this special month. The more we prepare for the *Yamim Hanoraim*, the greater will be the closeness we feel on those *heilegeh* days. Here is something you can begin immediately.

We know that Ellul is referred to as "*Yemei Ratzon*" – days of goodwill (see *Chayei Adam Klal* 138), which helps us do *teshuva*. However, it is important to know that the *teshuva* of Ellul is not primarily fixing up our past - that is mainly for *Aseres Yemei Teshuva*. The literal translation of the word *teshuva* is "to return." Throughout the year we have drifted away from Hashem, and forgotten about Him. During these days we lift ourselves up to and strive to get back on course. The idea is to look forward and not back at any underperformance!

Saying Asher Yatzar properly is the perfect way to reconnect to Hashem. Why? Asher Yatzar is a *berachah* which is said at all times of the day! Whether we are in middle of learning or working, traveling or on vacation – we stop everything and reconnect to Hashem for twenty seconds! What greater way is there to remember, at all times, that our lives are in Hashem's hands and how grateful we must be for good health! If we strengthen the way we say this *berachah* especially now in Ellul, it will change our entire day. It will remind us that this is the month to lift ourselves up in everything we do, and come in prepared for Rosh Hashana!

----- Internalize It! -----

Before you say Asher Yatzar, stop everything, stand in one place and think to yourself, "Even though I am in middle of *x, y or z*, I just received a reminder from Hashem that He is with me at all moments. Now, in the month of Ellul, I will reconnect to Him through thanking Him for that!"

Stories that Inspire

Three More Words

Rav Abba Kleinerman *shlita* is one of the hidden *tzadikim* of Yerushalayim. A talmid of his once heard him reciting Asher Yatzar including the words "*afilu sha'ah echas* – even for one moment." "Rebbi," he asked, "don't you follow the minhag Ashkenaz which doesn't include those words? "You are correct," answered Rav Kleinerman, "but once I had a certain medical condition which prevented me from using the restroom. I was in such excruciating pain that I thought I couldn't last even one more minute! When I was finally able to use the facilities, I had so much *hakaras hatov* to Hashem that I adapted the minhag *s'fard*, as I truly understood and felt these words!"

- Heard from his talmid

(Editor's note: This story is about a Rav who himself knew how and when it is permissible to make an exception to the rule. One should only do so after asking a *Rav*.)

נקדש את שמך!

By: Rabbi Shraga Freedman



Rav Dov Katz, the author of *Tenuas Hamusar*, writes at length about the Beis HaTalmud of Kelm, the yeshivah of the legendary Alter of Kelm, Rav Simcha Zissel. Much of the information he presents is attributed to Rav Elya Lopian, who learned there in his youth. According to Rav Elya, one of the values emphasized in the Beis HaTalmud was the importance of cleanliness and order. The talmidim were always particular to present a neat and organized appearance; their clothes were always spotless, their shoes were shined, and they carefully adhered to all the rules of modern etiquette. Rav Simcha Zissel considered this part of their responsibility to promote kiddush Hashem and to increase the general sense of respect for bnei Torah.

Once, Rav Simcha Zissel saw a talmid from a wealthy family purchasing an inexpensive suit. "You are burying the Torah," he said to the talmid, implying that it was an affront to his Torah knowledge for him to cheapen his appearance. At the same time, he was also known to rebuke talmidim who he felt devoted too much attention to their external appearances for reasons other than to bring honor to Hashem. The maskilim of the day

used to live by the motto, "Be a Jew in your home and a man when you go out." Rav Simcha Zissel had his own version of that motto: "Be a Jew and a man in your home, and a Jew and a man when you go out." In his view, the ideal image of a Jew was that of the most exalted possible man.

Beis HaTalmud did not hire a paid cleaning staff; instead, maintaining order and cleanliness in the yeshivah was the job of the talmidim. Different talmidim would be assigned to keep the yeshivah's premises organized, to sweep and scrub the floors, and to draw water from the river. It was considered an honor to be assigned one of these tasks; occasionally, the coveted assignments were sold on Rosh Hashanah, and the competition was intense.

Rav Elya himself faithfully followed the teachings of his rebbe until the very end of his life. Even at the age of 83, when he was blind in one eye, he always dressed immaculately. Although he lived in an area plagued by fierce winds and a high dust content in the air, which left layers of dust on most people's clothing, his own garments were always



נקדש את שמך!

By: Rabbi Shraga Freedman



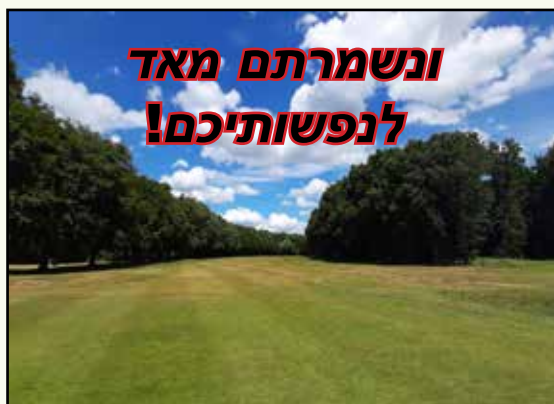
spotless.

The Gemara teaches that the gift of nevuah is granted only to a person who possesses wisdom, wealth, and physical strength. Why should wealth and strength have any bearing on whether a person is fit to be a Navi? Derashos HaRan (derush 5) explains a Navi is supposed to influence other Jews, and in order to accomplish that, he must appeal to every type of person within the nation. Some people are more impacted by a person who is wealthy, while others are more easily in-

fluenced by one who is blessed with wisdom or with physical strength. Even a tall person is considered to have a certain advantage in influencing others.

People are naturally attracted and influenced when their environs are neat and organized. When our neighborhoods are kept clean and orderly, people will conclude that there is cleanliness and order within our homes as well. When our homes, our lawns, and we ourselves appear well-maintained, we will radiate the self-respect and pride that contribute to kiddush Hashem.

Stay Safe This Summer!



In case of accidental digestion of something negative about Hashem's beautiful world, CALL IMMEDIATELY 'A Life with Bitachon' 732-719-3898

In the summer, in particular, we spend a good deal of time in full view of the outside world. As the nation that reflects Hashem's royalty, we must take care to dress and act with dignity in order to preserve His honor. With our large families and camps, this means that we must take care to clean up after any visit to a park, a store, or any other public area.

Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.



Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.

The Miracle of Bread

By: Mordechai Solomon



Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is neces-

The Miracle of Bread

Continued



- sary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.

הזן את העולם כולו בטוב!!!



The stem starts to push itself out of the soil.



The sunlight has energy.



The plants know how to absorb the energy.



The plant turns green called photosynthesis.



As the plant grows the roots also grow in order that the plant shouldn't fall down.



The roots absorb the water.

To be continued BE"H



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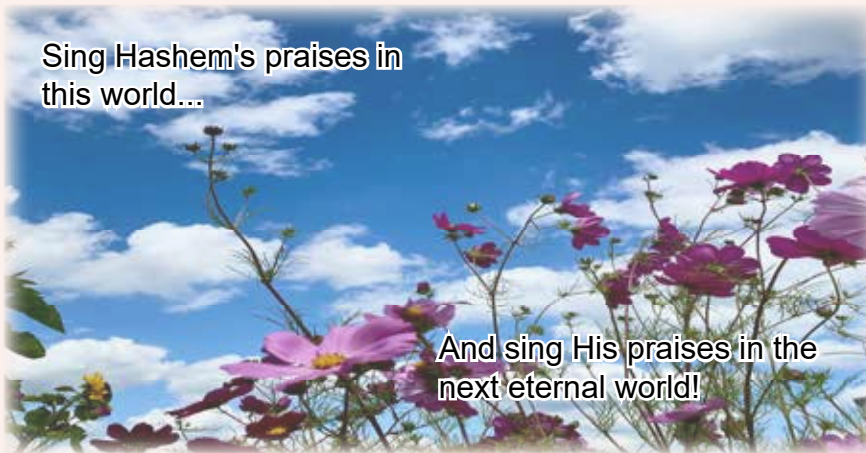
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News From the Classroom

Stories sent in by a class in Bais Sheindel, Lakewood, New Jersey

*The Klein family were on their way,
Travelling from far away,
As they were speeding along,
Listening to the latest song,
Creak, squeak, the car broke down.
Oh my! How would they get to town?!?
With the tremendous Hashgacha of Hashem,
Two other cars with cousins were right behind them.
The Klein family was not defeated,
Because the extra seats in their cousins' cars were
the exact amount needed.
Baruch Hashem, oh what a win!*



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All pictures
and descrip-
tions are just
mashalim. The
real pleasure
the neshama is
going to have is
indecipherable!

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

Tuesday 12 Elul
 Low 63°F High 73°F
 Showers Yay!!!
 It will be a wonderful day to thank Hashem for your Rebbeim/teachers!

Wednesday 13 Elul
 Low 55°F High 73°F
 Scattered thundershowers! Wow!!!
 There will be perfect weather to greet Mashiach Tzidkeinu!

Thursday 14 Elul
 Low 52°F High 69°F
 Partly cloudy!!! Yippie!!!
 Perfect day to tell Hashem how much you love Him!

Erev Shabbos 15 Elul
 Low 54°F High 73°F
 Sunny!!! Yippie!!!
 Perfect day for your heart to melt with pleasure while singing Shalom Aleichim!

Shabbos Kodesh 16 Elul
 Low 58°F High 78°F
 Partly Cloudy Yippie!!!
 Stunning weather! Perfect to celebrate Hashem's beloved Shabbos with dreaming about Olam Haba!

Sunday 17 Elul
 Low 61°F High 80°F
 P.M. Thundershowers Gorgeous!!!
 Beautiful weather! Will be a great day to praise Hashem!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

CHAPTER 8

YESHIVAS TORAH V'DAAS!

Recap!

R' Binyamin Wilhelm made a frum school in Williamsburg called "Yeshivas Torah V'daas." People didn't believe he could do this in America. "Yeshivas Torah V'daas." He was planning on starting after Sukkos! On Yom Kipper he went from shul to shul to ask people to send their kids there. Afterwards he remembered every boy's name to write them down! The very 1st day of Yeshivas Torah V'daas 12 boys arrived the next day 30 the next 50 the end of that week 100 boys came!! He was extremely devoted! The doctor told him to move to upstate NY for health reasons, but there are no schools there, and there are no frum kids left to build a school with...

After Mincha....

Let's pack up the car, we're going back to Williamsburg! We can't live in a place where there aren't even kids to start a yeshiva with.



The mesiras nefesh of a "regular" yid is what built Yeshivas Torah V'daas, the first yiddishe school in America other than the Lower East Side!

Where the original building stood is now the BQE (Highway).

Yeshivas Torah V'daas outgrew many buildings after that and this is the curent yeshiva building.



R' Binyamin Wilhelm

The End

Thank You Hashem for...

Sunday	

Monday	

Tuesday	

Wednesday	

Thursday	

Friday	

Name: _____ Address: _____ Phone: _____

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By Leiby Berger - Jackson, New Jersey

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Wonderful
World!

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l'zechus that people should feel loved by Hashem!

5

Weekly Thank You's



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Sunscreen lotion!

We can be out and enjoy the sun and keep ourselves safe.



Thank You Hashem for Swimming Pools!

We can have safe and secure places to enjoy Hashem's beautiful water!



Thank You Hashem for Air Pumps!

We can inflate our bike tires, our balls, our pools conveniently and easily.



Thank You Hashem for Handy-men!

Need a few things fixed? You can call one person and get it all done!



Thank You Hashem for Extension cords!

We can plug things in from far so easily.





THEN & NOW

Want to invite your cousins from out of town to come visit you?

1800's:

Invite cousins from out of town?! Who had room in their tiny houses for more people? Who had extra food? Why would cousins want to spend two weeks on the dangerous road in the boiling heat or freezing cold... Who was able to afford to leave work for a month?



Today:

Just put them in your guest room. No guest room? Make room for them... Still not enough room? Put them up by neighbors. B"H there is a abundance of food everywhere! Don't have time to make supper? Just order a few pies of pizza, french fries, falafal and who knows what! It's so easy and enjoyable to travel... Thank You Hashem! We love You Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Yetzius Mitzrayim is a big part our life. Every morning in davening there's a big mention of it and so many mitzvos that we do are also zecher l'yetzius Mitzrayim.



Every morning in davening there's a big mention of it and so many mitzvos that we do are also zecher l'yetzius Mitzrayim.

It's there to put us in the 'yetzius mitzrayim' mode to we realize that Hashem can take us out of our own personal mitzrayim.

Sometimes we think: *This situation has been going on forever! You have to be down to earth - it can't change.*

So next time you're davening shachris and you're saying עזרת אבותינו, realize its powerful message that Hashem can help you in any situation you're in.

R' Chatzkel Levenstein z"l was very involved in yetzius mitzrayim and we all know the Mirrer yeshiva experienced miracles upon miracles during the war. R Chatzkel called it "a duplication of yetzius Mitzrayim." When you make yetzius Mitzrayim real, such nissim can happen.

Rabbi Yosef Moshe Mizrachi

We all know Loving our fellow Jew is so so important. The big question is how can we reach that level, what is something we can work on that will help us get to loving other Yiddin. Surely there are many good ways to work on this middah but I'd like to share with you the unique approach of Navordok.

R' Mandel said over that in Navordok they said that by working on not needing to impress others will automatically love them more! For the more one seeks others approvals the more one become self centered and restricted!

The other day I experienced this first hand. Someone in my proximity always looked very intense. Whenever I saw this middle aged yid he had a frown and wrinkle forehead that made me wonder why was he so upset all the time?!

Finally one day, I re- *Continued on next page*

Mazel Tov!

Mazel Tov to R' Dovid Feldman and family (Beitar Ilit) on the birth of a new baby girl!

Mazel Tov to R' Yanky Weinbaum and family (Lakewood, New Jersey) on the birth of a new baby girl!

The Ohr Hachaim Hakadosh

by: Bracha Stein

Before the Ohr Hachaim Hakadosh was niftar he told his rebbetzin, "A Yid called such and such (I will call him R' Yosef) will come to you from this and this place. He will want to buy my tefillin. Tell him that he must not talk while wearing them."

A few days later, a Yid knocked on the door of the house where the rebbetzin of the Ohr hachaim was mourning.

"Hello, my name is R' Yosef I come from this and this place. I have come to buy the holy tefillin of the Ohr Hachaim hakadosh."

The rebbetzin and the Talmidm were astounded at the Ruach Hakadosh of the Ohr Hachaim!!

The rebbetzin gave R' Yosef the tefillin and warned him that he must not speak unimportant words while wearing them.

"I will be extremely careful!" R' Yosef promised.

The next morning as R' Yosef was putting on the tefillin he felt an extreme kedusha coming over him. He davened with amazing kavanah, and he stayed on after davening to say Tehillim and learn. Years passed and he became a changed man. He always stayed to learn and say Tehillim and davened with extra kavanah ...

One day a man came over to him and said, "There's a customer waiting outside for you!"

He was still wearing the tefillin he couldn't talk so he said, "nu nu" and he signaled with his fingers that he can't speak now. But the man didn't understand and kept coming back and annoying him that his customer wanted blankets. R' Yosef just said, "nu nu" and he continued learning. The man burst out:

"This is a huge customer and you're ignoring him! You're mad!"

Rabbi Yosef Moshe Mizrachi
Continued

alized that the reason I avoided this person was because I was intimidated! I am worried about making a bad impression on him. So like a good Navordoker I specifically went over to him to introduce myself. I figured that I'm already judging him very negatively so any interaction we have can only make things better...what can I say, I was dead wrong! The moment I introduced myself, this Yids Face lit up! He talked so softly and warm! This person is such a Sweet yid!

It was so unexpected! I think this persons intense look was simply because he was in middle of concentrating on his learning whenever I passed by!

Shabbat Shalom U'mevorach

R' Yosef, without realizing, blurted out, "Tell him to come back soon!" and he clapped a hand over his mouth! He had spoken!!

The next day he didn't feel the kedushah he always did when putting on his tefillin so he decided he will check and correct it by a sofer.

He went to a sofer and told him to fix what was wrong. The sofer, surprised, told him, "There's nothing to correct here. Its empty!"

R' Yosef burst into bitter tears,

"I spoke while wearing the Ohr Hachaim Hakadosh's tefillin! Now I've ruined them!!! The words inside couldn't handle me speaking and they flew off!!!!"

By: Sarah Freida Haivri

ארץ תמדה טובה ורחבה!

Hashem's Wonderful Land



Moshay Modifin



Keveir Dovid HaMelech

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BEAUTIFUL QUOTES

"You have two Kidneys so why are you unhappy?"

Rav Avigdor Miller Speaks Vol 1, Page 157

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"We need to learn not to get stressed about our mistakes and shortcomings. Never play down your smallest זכות and even your tiniest רצון to do good. This is a world of golden opportunities to become great in עבודת ה'. Unfortunately, people waste pre-

vious time and energy worrying about their sins.

They see themselves as impure, and this hampers their self image and their progress is slowed down R"l. The Yetzer Hara convinces them that being self critical and depressed over sins is a מצוה."

Rav Yehuda Mandel - Bitachon Weekly, Parshas Shoftim

"Everything Hakadash Baruch does is kulo love kulo bracha kulo Chesed kulo Rachamim..."

Rabbi Zevy Golombeck - A Life with Bitachon

"Anything that looks scary, frightening, worrisome or bothersome is fake news there is nothing real about it... The Ribono Shel Olam is holding our hand. Squeezing our hand tight, a squeeze full of love, care and rachmanus."

Ibid

Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email: thespringhilltimes@gmail.com

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "MY PIKADON Part 2"

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: ONE OF THE GREAT BENEFITS of achieving Bitachon in Hashem is that even if Hashem will bless you with prosperity or wealth, it will not get in the way of your עבודת ה'. *And even if I*



will lose money, I will not get uptight, I will not become pained, rather I will even give thanks to Hashem for taking away my פקדון, with the exact same feelings that I thanked Hashem when He gave me what I had in the first place. As well, if you become a Ba'al Bitachon you will not have an iota of jealousy towards anyone who has more wealth than you have, as צדיק אוכל - לשובע - נפשו (משלי יג:כה) said שלמה המלך A righteous man eats to satisfy his soul and therefore he envies nobody. This is the Baal Bitachon".

"

The Lesson: WHAT MAKES THIS QUOTE SO INCREDIBLE and amazing is that one who has Bitachon has such a happy life and he constantly thanks Hashem for what he does have and he thanks Hashem for what he does **not** have. It's all the same! The Chovos Halevavos is teaching us that this is the secret to never be jealous of anyone else to understand and realize that our "pikadon" that Hashem gave us was tailor-

made for us and what the other person has is POISON mamesh!

THE STORY: A VERY CHOSHUVEH REBBE FROM LAKEWOOD who we will call Rabbi Kober told me the following incredible story: "I had a 12 passenger van that I could have sold for money that I could have used! However, I had a neighbor who could not afford a van so I told him that he can have my van for free! Shocked and confused my neighbor accepted my offer. The issue was that I still needed a new van. I put in a bid to buy a new van. Hashem had other plans for me. Shortly after, a Rebbe came around the Yeshiva I teach in and announced that he is looking to give away his van since his generous shver bought him a brand new one. The Rebbe that was going around the Yeshiva said "I was going to donate it to Oorah but I figured I would first offer it to another Rebbe". Rabbi Kober concluded: I got a free van from this other Rebbe which was a lot better than the van I had given away."

We see from this story that one has nothing to worry and Hashem will take care of all your needs! We see in this story how the first van was the "Pikadon in his hands and as soon as he gave that van away with tremendous Chessed Hashem gave him an even better pikadon! Better than Ever!

Next week's Topic: "Chicken without a head"

My Tatty

By Mrs. S. Mordechai

Little Moishele opened my eyes
with a message that to all Yidden applies.

His upsherin seems like yesterday.
His Bar Mitzvah many, many years away.

He had fallen and scraped his knee.
Tears soaked his cheeks though his wound was
hard to see.

Come Shaifala, the right aitza Mommy knew:
Your Tatty has the perfect medicine just for you.

Moishele climbed up on his Tatty's lap,
while his Tatty's Gemara took a short nap.

Tatty peeked through his fingers
as the last of Moishele's angst still lingers.

Where is my Moishele today?
Can he come out and play?

Where is mine Tatty?
Moishele asked with a grin;
a smile from ear to ear grow-
ing above little Moishele's
chin.

Moishele's Tatty reassured:
I'm right here!
As Moishele's Tatty wiped
Moishele's last tear.

Now Moishele's frown had
vanished without a trace.
Giggles and laughter lit
Moishele's face.

Mine Tatty is funny.
He always knows how to
help me.

That's when I thought:
Moishele's scrape was not for naught.

As little Moishele shouted and cried
so loud he could be heard far and wide:

Again, again! Bitte, Tatty nachamol!
Mine Tatty is HaKol Yachol

to myself, I said,
in a whisper that could only be heard inside my
own head.

My Tatty knows just the right medicine too.
He can and will do anything for every Jew.

My Tatty also, for now, hides His face;
but He is everywhere, in every space.

We never need to worry or fear.
Call out and Tatty will hear.

Ayn od milvado
is all we need to know.

And when you receive your
refuah
and your much needed yesh-
uah:

to Hashem Yisborach
be sure to give a groise
sh'koyach

from the depths of your soul
and say again, again! Bitte,
Tatty nachamol!

Please, Tatty, again, nachamol, nachamol!
Thank you Tatty from the depths of my soul!

With Gratitude from the depths of my soul to HaKadosh
Baruch Hu and Hakaras HaTov to R. Yitzchok I.
Kaufman (The Spring Hill Times;) R. Shalom Arush,
Shlita, (The Garden of Gratitude;). R. Mark Markovich
Warshawsky (Composer: Oyfn Pripetchik;) EK, SMM,
and Moishele Weiss



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Mishnayos Minutes

Daily Mishnayos Teleconference

Call in Number: 435-777-2200

Conference ID:

Kodshim-2006858# Taharos-2006859#

Recording Playback Number: 215-644-7700

Mishnayos Minutes

Seder Kodshim (All ages) 7:00-7:25pm

Seder Taharos (Older division) 8:00pm

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Niflaos Haborei Riddle

by: Y. Kaufman

My speed is awesome,
and I help you see
I make you happy,
and you see right through me.
Sleep and I,

don't work together.
I have no weight,
I am lighter than a feather.
When you need me you flip a
switch,

In the dark or at night.
You can get the answer,
It's right in your sight.
Who am I?

Find the answer somewhere on the
last page.



Cheishek HaTorah

Riddle Corner I Save

I am a Mitzvah that appears in this week's Parsha. I can only be done in the season that contains the utmost Simcha. The first opportunity to do me is Shavous, while my cut off is the end of Sukos. Which Mitzvah am I?

To hear the answer, press X14 #53 on the
Chaishek HaTorah Line 845- 720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline. 845-720-4040 Ext 6 Updated every Motzaei Shabbos!

Parsha Delight Question of the Week

רפואה שלמה אברהם חזקיהו בן בלמה (who is need of Rachamei Shamayim) Refuah Shleima Art Rousseau

פרשת כי תבא תשפ"ג (5783)

When explaining the pasuk (26:16) "you shall keep, and you shall do them." Rashi states that there is a קול, an echoing voice from שמים, which blesses the one who brings ביכורים, stating, "Since you have brought ביכורים today, you will be able to bring ביכורים again next year." Why is it that ביכורים, of all mitzvot, has its reward announced by a קול?

Please email your answer(s) to parashadelight@shiurenjoyment.com and enter to win a \$5 Raffle

Contact Michoel Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

Love Torah Live Torah Learn Torah

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

ביכורים

The greatness of the tiny ה'סודי'.



The bringing of ביכורים came with a lot of fanfare. A tremendous excitement was in the air. After keeping an eye on the first blossom of fruit until it turned ripe, the time to travel finally came. The horns of the oxen were adorned with gold and they were accompanied with music. The procession made its way towards the בית המקדש as the onlookers watched with a special שמחה and excitement. Carrying in his hand a gold basket, he reached the כהן and revealed a single fig or pomegranate to be waved in all the directions (תנופה).

To make such a long trip etc., all that for 1 small fruit (מעם לוועז).

In Slabodka they taught that small things are really big. Giving importance to the small things is really a big עבודה. Showing how every small detail is significant is an עיקר form of serving ה'. Because the more you go into details, the more involved you are in the עבודה.

By making such a parade out of the first fruit, we bring to attention the detailed טוד that ה' does for us.

Hashem created the world for thankfulness: בשביל ביכורים שנקרא ראשית. Becoming close to ה' through thankfulness is the תכלית הבריאה!

The פרשה of ביכורים comes right after the מצוה to remember עמלק מחיית. We can suggest בס"ד that the main hatred against עמלק is because they picked on the נחשלים - the weak ones. And Hashem loves the weak ones, especially.

Respect those "nebechs" - many צדיקים were very involved דוקא with "נחשלים" types.

נחשלים refers to those that are weak because of their חטאים. As long as person is trying to climb and move forward, he is the kind of person that Hashem created the world for. Hashem has plenty of מלאכים who work on automatic pilot to do His will perfectly. It's the weak ones that give Hashem רוח נחת from His world.

Someone who doesn't feel like such a success doesn't have too much גאווה - he feels humbled. A humble person has good middos. My רבי once saw a crippled goy and he said, "Look how "eidel" he is." A humbled person is more kind.

I once saw by the DMV that all the people who came for a road test failed. A different time everyone passed, because this time the one in charge had a disability and had more רחמנות.

The Germans ימ"ש were full of גאווה. They didn't feel the need to come on to הקב"ה. They felt like they had everything under their own control.

They would not tolerate any “weak ones”. They got rid of older and not able-bodied people even of their own. A

handicapped or crippled German was killed. Their שיטה was that theirs was the perfect race and the whole rest of the world must go under so that they could rule the world with their German precision.

ה' is at war with נחשלים. As long as עמלק is still around, the name of ה' and the כסא of ה' is not שלם. Because as long as there are נחשלים, Hashem has “His” people in this world. They are the ones who feel helpless without ה'. It's the weak ones who can learn the art of thankfulness. So thank ה' for all your weaknesses and ברוח ובגשם and don't look down at others like עמלקים like ה'.

Because one is humbled he can be thankful. Only an עניו can admit that he is dependent on ה' and only he can be thankful. Also, a weak one will appreciate what he is given, so he realizes that he has what to be grateful for.

People who were “put through the wringer” can come out feeling closer to ה' more than anyone else. We see so many people who had יסורים become special people, cleansed and pure with a certain איידילקייט that you don't see in others.

In the קריאה at the giving of ביכורים he mentions how we were in מצרים and we called out to ונצעק מצרים. That's how we became close to ה' - through the hardships we went through in מצרים.

And that's how we became “Thankers”, because we came close to ה' with the שעיבוד מצרים.

Anyone with a special talent must be aware of the danger of כחי ועצם ידי. Your talent is a gift from ה', and could be taken from you at any moment. By being thankful one can come to humbleness as he will realize that he must always come on to ה'.

COMPLAINT CONTROL

GET RID OF ALL YOUR
COMPLAINTS!
1-2-3!



Read
The Spring Hill Times

וענית ואמרת

Rashi says וענית means שפתי חכמים. הרמת קול. says that normally it should mean answering and reacting to something, but here it makes no sense, so Rashi says הרמת קול.

We can also suggest בס"ד that the reason why the Torah דוקא uses ויצר of answering since our יצר הרע loves to kvetch ויצר הרע -מנעוריו. לב- האדם רע -מנעוריו. We need to overpower it by going to the extreme with קול of thankfulness. There is no question that we all need to go overtime with thankfulness and even for tiny חסדים since the יצר הרע is so strong in the opposite direction.

Keep screaming all day how happy you are - or take a full hour once in a while and write 100 “Thank You's for recent חסדי'.

The more you thank Hashem, the more הצלחה in life. Taken from Bitachon Weekly 5782. To sign up for the weekly full version please email: bitachonweekly2@gmail.com

A Review of the Yesodos

that make our days!

A Life with Bitachon

732-719-3898

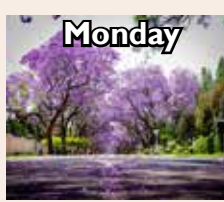
Sunday



Whenever a person #1603
turns to Hakadosh
Baruch Hu for what
he needs or wants, every single
bit of Bitachon brings Bracha

into his life. There is no such thing as Bitachon that goes to waste. Sometimes the Yeshua comes right away, sometimes a week later, sometimes the Bitachon prevents a problem from getting worse, and sometimes the Bitachon leads to bigger and better Yeshuos instead.

Monday



We live in a world #1604
where what we see
with our eyes is
cause and affect. This is a rec-
ipe for stress, aggravation, and

Machlokes. However, if you open your eyes a little wider and look around with an Emunah and Bitachon perspective, you will realize that there is no such thing as cause and effect. Everything is coming from Hashem's love, care, and Rachmanus.

Tuesday



So many times, peo- #1605
ple lose their Me-
nuchas Hanefesh
and Simchas Hachaim because
they're worrying about what

other people think. Don't worship people! The more you focus on serving the Ribono Shel Olam, the less you will be busy thinking about how other people will view you.

Wednesday



The name of Cho- #1606
desh Av indicates that
this is a time to think
about our loving, caring Father,
the Ribono Shel Olam, Who does
everything for our very best in-

terest, and showers us with love, Chesed and Rachamim every moment of our lives. We have to remember that Hakadosh Baruch Hu is running a perfect world and everything will work out perfectly.

Thursday



Perek 79 of Tehillim #1607
starts with "Mizmor,"
which is a Lashon of
singing a song, but continues on
to describe the Goyim making
the Bais Hamikdash Tamei and

destroying Yerushalayim. How is this a song? Klal Yisroel was not serving Hashem properly, but Hashem's love has no boundaries, and in order to keep Klal Yisroel alive and thriving until today, He destroyed the Bais Hamikdash. The destruction of the Bais Hamikdash was actually an indication of Hashem's unlimited love for us.

Erev Shabbos



Erev Shabbos: "Av" #1608
is made up of Aleph,
which stands for Emunah, and
Bais, which stands for Bitachon.
The message is loud and
clear. This is a month where

Hakadosh Baruch Hu wants us to work on our Emunah and Bitachon. The Meraglim had a weakness in this area, and therefore saw things negatively. A person who lives with Emunah and Bitachon will see everything in a positive light and will rectify the Cheit of the Meraglim.

Story Time

Stories From 'A Life With Bitachon'



This story has been called in by Mishpachas Fishel. She said that her older kids are in camp right now, and she just ordered many boxes from the grocery store. She had between 6 and 7 boxes by her doorstep that the delivery man dropped right in front of the door. She was thinking, “I don't have the energy and Koach and time right now to bring in and schlep in all the boxes and unload them. But what should I do? My older kids are in camp. I have to make supper. I'm on my own.”



Then she stopped in her tracks and said, “One second, I follow A Life with Bitachon. You think it's my older children that are helping me out? It's Hashem! And Hashem has many ways to help me out. I'm just going to have Emunah and Bitachon. I'm going to open my front door and see how HaKodesh BoruchHu is going to play everything out.”

She went to the front door where all the boxes were, and she saw one of her neighbors, a girl, standing at her front door.

Mrs. Fishel said, “How can I help you?” The girl said, “Well, that's exactly what I wanted to ask you. How can I help you? I'm not in camp and I'm looking for a night activity. I want to do whatever you want from me. I'll unload all your boxes and put everything where it has to go, and I'll make all your little kids happy at the same time.”

In no time, just like that, with the snap of a finger, she brought in all the boxes, unloaded everything, and turned it into activity with all the little children. Everything that she needed got done, it was such a breeze, just looking on, so Geshmak, with the best service!



#1604 **This** story has been called in all the way from Eretz Israel by Mishpachas Rothstein. She said over that she gives Shiurim about Bitachon to many people. One of the people called her up with a question, “Did I hear you saying over and over that you could have Bitachon for whatever you want? Does that only apply for yourself? Or does it apply that you could also have Bitachon for whatever someone else wants?” She said, “Let me call a Life with Bitachon with this question and let's see what the answer is.”

Story Time

Stories From 'A Life With Bitachon'

She left a message and the response was, “Just like Bitachon helps you, you can have Bitachon for whoever you want. There's no rules or regulations when it comes to Bitachon; Bitachon means Hashem wants to give you whatever you want. If you want it for yourself, that's good, and if you want it for somebody else, it's even better!”

Mrs. Rothstein left another message, and she said, “I saw what you said first hand!

Somebody called up that they were at the airport, and they lost their suitcase. It was nowhere to be found. They couldn't even find the tracking number. There was no trace of it anywhere. She didn't

know what to do. She told Mrs. Rothstein, “I listen to your Shiurim on Bitachon, but right now I don't have the Koach to have Bitachon. Are you able to have Bitachon for me?”

I said, “Of course I'll have Bitachon for you! You're going to find your suitcase 1-2-3, right away, and we're already picturing the Yeshua!” Later on that day, she got a phone call - “Wow, your Bitachon worked!

After I finished speaking to you, the airline contacted me. Yes, they found my tracking number and my suitcase!”

✪ ✪

1605 **This** story has been called in by Mishpachas Lax. She said she had a relative who needed antibiotics at once, urgently, before they went to sleep. It was already towards evening and the doctor called the prescription in to a pharmacy.

Mrs. Lax called the pharmacy, and she asked them until what time they were open, and they said, “We're closing

in 20 minutes: 7 o'clock on the dot, the doors are closed. Make sure to come before then.”

Sparkle Neshama Wash



Clean out your Aveiros!

Wash away Yesurim!

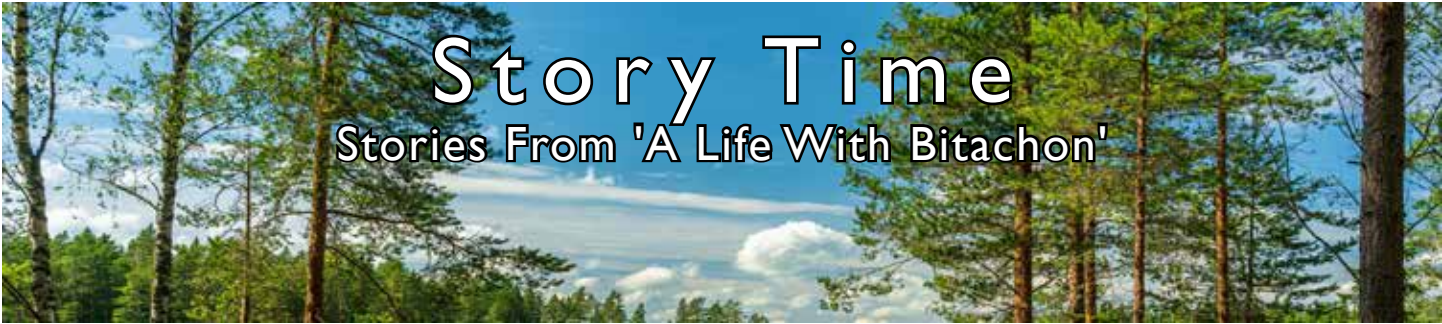
Wipe away all dirt!

Save yourself a trip to Geheinom

Looking forward to serving you!

Mr. Bizyonos





Story Time

Stories From 'A Life With Bitachon'

She said, “Uh-oh, it's going to take me more than 20 minutes to get to the pharmacy. What should I do? They said they close 7 o'clock on the dot. It's a non-Jewish pharmacy, it's a chain store. They don't do you favors; it's a business, after all.”

Then she said, “One second, I'm just going to be Mechazek the whole way, that Hashem is HaKol Yachol and Hashem is running the show, and I'm just going to leave it up to HaKadosh Boruch Hu, the Ribbono Shel Olam.”

She got into the car at once. She arrived at the pharmacy, and yes, it was later than 7 o'clock, and she saw them closing up. One of the people at the pharmacy said, “Sorry, we're closed. Come back tomorrow!” She was thinking, “Hashem, You're the Kol Yachol, You're the one in charge.”

Right then, a different worker said, “Don't worry, maybe they're closed. But I'm still open. I'll take care of you.” The other worker said, “It's not the way it works. 7 o'clock we're closed, we're finished. What do you mean you're still open? 7 o'clock is 7 o'clock!” The other person said, “Well, I guess that's not the way you work. But that's the way I work! And I, for some reason, I'm not sure why, but I want to help this person.” And in no time, they helped her out, even though they were already closed!



Enjoyable Mornings

We Make Your Day!

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Hearty Delicious Davening!**

1606. **This** story has been called in by a very Choshuve man by the name of Reb Shloimie Pam.

He said that had to take care of something very, very important. They told him that in order to take care of it, they need a photo ID. He was looking around for his license, but all he was able to find on him was an expired license. So he gave it to the person and he said, “Here's my photo ID.”

The man looked at it and he said, “I'm so sorry. You know this is expired. We need one that's current. We need one that's updated. We're not going to be able to process it with this ID. Sorry, there's nothing we can do for you.”

Shloimie said to this non-Jewish man, “Don't worry. Hashem will work it out.” And the man said, “Well, uh- okay, fine. So then I'll take care of it.”

And with that, just like that, he took care of it, so smooth, with the best service!

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I recently married into a very distinguished family in which each of the brothers-in-law are far superior to me in learning, middos, interpersonal skills and every other area. I feel second-class compared to them, and my self-esteem is getting crushed. What is the emunah and bitachon perspective about this?

A. What's making you feel inferior is because you are focusing on your brothers-in-law's ma'alos and on your chesronos.

Start focusing on the unique ma'alos you possess. Think about the areas in which you specialize and you are far superior to brothers-in-law. Tell yourself how lucky your wife is that she was zoche to marry you.

More fundamentally, the reason you feel bad is because, you feel that your wife only got 'second-class' while her sisters did much better.

However, this attitude is all wrong. When it comes to shidduchim there is no room for competition.

The way zivugim works is,

Hashem splits a neshama in half and puts it into two different people. When a person gets married, he is reunited with the other half of his neshama. Only when his neshama is complete is he capable of fulfilling his tik-kun in this world.

If a person would marry the other half of a different neshama it would be poisonous for him. His neshama will not be completed and he would never be able to actualize his tafkid.

Understanding this, it's incorrect to say, 'this person got a better shidduch than that person'. Each person simply marries the other half of their neshama.

Naturally, each neshama is different. Each person has a unique mission in the world, and each person is given the qualities which they need to achieve their potential.

With this outlook, you'll be comfortable with who you are, and you won't feel threatened by the superior qualities which your brothers-in-law possess.

Q. My wife suffers from depression. How should I deal with this situation?

A. In general, depression is caused when a person has low self-esteem. For instance, when a person receives an insult and takes it to heart.. Therefore, your number one job is to help your wife feel what an important person she is.

Start off by thinking to yourself about all her ma'alos and how special she is. Then, verbalize to your wife how highly you think of her and how much you admire her. Praise her and compliment her relentlessly.

Give your wife the impression that you regard her as a cheerful person who's full of life and vitality – even if at the moment she's not. When a person hears that people consider him to be a happy person, their body will begin to react and the person will become a genuinely happy person.

Don't forget to thank Hashem that you are not depressed. Express how grateful you are that you are healthy and that you are able to function. And be'ezras Hashem, you will see that your wife will have a yeshuah as well.

Q. My daughter has been



The

Bitachon Perspective

Continued

**in shid-
duchim**

**for sev-
eral years. All of her
classmates are married
with children, while my
daughter is stuck behind,
and it's very difficult for
her. It breaks my heart
to see my daughter in so
much pain.**

**What is emunah and bi-
tachon perspective about
this?**

A. If a person sees that shar-
ing others' pain is causing
him to have an unhealthy
state of mind, he must do ex-
ercises to help himself snap
out of his unhappiness.

Tell yourself the words of
the Chovos Halvavos, Hash-
em conducts each individual
person to cater to his unique
mission in this world. For
some people, Hashem sees
fit to allow them to mar-
ry off their children easily,
and for others, their tikkun
haneshama requires that it
should be a prolonged pro-
cess.

Instead of being down and
dejected, take your situation
and turn it 'into a business'.
Make this an opportunity to
strengthen your awareness

that your situation is from
Hashem.

Every morning, wake up and
say, 'Hashem, I know that it's
You who is in charge. Please
help my daughter find the
most wonderful shidduch'.

By doing this, you are be-
coming closer to Hashem
and you're bringing more
brachah into your life. And
when Hashem sees your con-
viction that He is coordinat-
ing your situation, He will
show you openly how He's
taking care of your daugh-
ter, and will send her true
bashert.

**Q. In this tekufa, when
Klal Yisroel is facing an
eis tzarah, is it appropri-
ate to work on positivity,
or does this show a lack
of sensitivity towards our
brothers who are suffer-
ing?**

A. Rav Shimshon Pincus Za-
tzal teaches us that there is
actually a special emphasis
given to exercising positivity
during an eis tzarah.

The passuk says in eicha
[2;19]: קומי רוני- בלילה וכו'
שאי אליו כפיר- על נפש- עולליר
העטופים ברעב- בראש כל- חוצות
– arise and sing at night etc.
lift to Him your palms over

the souls of your youth who
are wrapped with hunger in
the head of the streets.

Why does the passuk say
that when people are starv-
ing in the streets it's appro-
priate to sing?

Explains Rav Shimshon
Pinkus, at a time of tzara,
in order to open the 'gates
of bracha' there is nothing
more potent than singing to
Hashem and rejoicing in all
the good Hashem is bestow-
ing upon us.

This operates according the
concept known as ה' צלך –
Hashem is your shadow;
when we conduct ourselves
with a certain good middah,
Hashem reciprocates and
acts with that middah as
well.

Therefore, in times like
these, certainly we should
be נושא בעול with our broth-
ers who are suffering. How-
ever, one thing we can do
as a z'chus for them can be
to open the gates of bracha
through our positivity.

To receive the full Bitachon
Perspective, please contact
klatzkoshalom@gmail.com

Our Readers Share



Editor's Note: Some of these stories are from Shevat-Adar!

Mitzva Goreres Mitzva



I live in Lakewood and I get the Spring Hill Times every single week. I also put it out in different parts of my Yeshiva.

I was recently in Eretz Yisroel for two weeks, and I was wondering if I was going to be able to get the Spring Hill Times.

Baruch Hashem, Hashem worked it out that in the Shul I was davening in, there was Yungerman who was giving out the Spring Hill Times!!

Baruch Hashem I was Zoche to get it even in Eretz Yisrael!

When I was on the plane on the way back, I read a story in the Spring Hill Times about someone forgetting to say Tefillas Haderech, which then reminded me that I didn't say Tefillas Haderech! I was then able to say it!

Thank you very much for your wonderful paper!

A reader, Lakewood, NJ

Using Pictures to Serve Hashem



Rav Avigdor Miller in Parshas Shoftim, had this summary:

This week I will bli neder begin establishing three habits for this month of Ellul. 1) I will spend some time each day thinking back to the previous year and thanking Hashem for all that he has done for me. 2) I will spend one minute each day privately blessing Torah Jews. 3) I will spend one minute

each day praising Torah Jews. This is the best preparation for the upcoming Yom Hadin.

Hashem gave me an idea: Most people nowadays take pictures throughout the year on their phones or with their cameras.

We can simply scroll through the pictures for a beautiful, visual reminder of the many wonderful things we've experienced this year!

New clothing, delicious meals, Brissim, Bar Mitzvahs, weddings and vorts, all the precious people who are part of our lives, trips we've taken, projects we've completed - it's delightful to look

back on them and remind ourselves of all the pleasures with which Hashem gifted us. And to thank Hashem at the same time!

A Reader

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

Kiddush Hashem



My husband and I went to a bank in Yerushalayim to open an account. In the middle of setting up the account, another teller who was working in the bank told the teller who was helping us that the printing system in all of the branches of this bank was not working.

Our teller informed us that since we would not be able to sign the forms that needed to be printed, we would not be able to finish setting up the account. She told us that she would complete everything else, but in order to sign the forms and complete the setup of the account, we would need to come back another time.

The bank was not in the best neighborhood and we really did not want to take off more time from my husband's learning in order to come back.

As the teller completed the

rest of the process we davened that the printer should begin working.

Finally, she finished and told us to schedule a time to return to the bank to complete the setup. My husband asked her to please try to print one more time.

She turned the computer screen towards us and said "See for yourself. It is not working". But, lo and behold, just then, the printer began working!

The teller said to us "Wow! You have some kind of mazel!" My husband told her, "It is not that we have mazel. We davened".

The teller (who was not frum) was very impressed and it was a big Kiddush Hashem.

A reader, Eretz Yisrael

Thank You Hashem



I was walking to work on a Thursday

morning. I was thinking about all the things I still had to do for Shabbos. I davened to Hashem to help me finish my preparations quickly and smoothly.

Halfway through the morning, the computer server crashed. Although we were able to work somewhat without it, we were very limited. Once we had completed all the tasks we were able to do without being connected to the server, we were given permission to leave early and still get paid for our full hours! This is very unusual, but Hashem was answering my tefillos. I got home much earlier than usual!

B"H I was able to prepare for Shabbos with plenty of time and Menuchas Hanefesh.

Thank you Hashem!

Mrs N. Schloss

Bitachon Ice Cream & Liquor

Delicious. Delicious. Delicious.

**Join Rav Yehuda
Mandel's
Thursday Night
Va'ad!**

**8:00 pm.
18 14th St. Lakewood,
New Jersey**



✓ **Triple your love
for Hashem!**
✓ **Become drunk
from happiness!**
✓ **Let Hashem's Bra-
cha pour all over
you!**





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Stunning and so precious!
 Just an example of what's waiting for you in the next world!

Hashem Loves You!

A yungerman asked Rav Chaim Pinchas Scheinberg ZT”L “I feel like I am not being successful, in my life. My wife works overtime at her job to earn a few dollars to cover basic needs. I learn and bring home a few dollars, and yet, at the end of the month, we are struggling to pay our bills. I wish I could have been like my friends who became doctors and lawyers and are earning six digit salaries.”

Rav Chaim Pinchas Scheinberg ZT”L responded: “It is exactly the opposite! Do you know what the word ‘Matz’liach/Success’ means? It means succeeding in your life’s mission and purpose. Do you know what your mission is in life? It’s to become close to Hashem, Your Loving Caring Father. If you would have a six-digit salary like your friends, you would say to Hashem ‘I am one hundred percent fine, I have everything I need, I do not need You’ (Chas Veshalom). Now that you struggle to pay your bills, you are always turning to Hashem and asking Him to help you get through the month. That is exactly what Hashem wants you to do because your many Tefilos and relationship to Hashem are extremely valuable and precious to Him. He therefore placed you in this very situation so that you would become close to Him. So in truth, you are the most successful person in the world.”

Rav Chaim Pinchas Scheinberg similarly says (Heart To Heart Talks, Artscroll page 274) that “people often mistakenly think that Bitachon is only a mean to fulfill the Torah and Mitzvos. The Vilna Gaon says no, Bitachon is not the means, but the end (Mishlei 22:19). Our goal should be to merit Bitachon” because that is the main purpose of Torah and Mitzvos. The main reason we are all in this world is to learn Bitachon in Hashem. That is the Ikkar of everything. He further states (page 275) “If we had perfect Bitachon, we wouldn’t have to worry about anything. We would believe that all is predestined. There are so many bitter problems prevalent today... yet if we would have the proper Bitachon, we would not worry”

Bitachon has many levels and Hashem appreciates our efforts. Even if we are still on a low level of Bitachon, it is very precious to Hashem that we are trying, and we will reap great reward. As long as we TRY to have Bitachon by spending a few minutes listening to the Bitachon hotline, learning Shaar HaBitachon, following the Hashem Loves you Hotline, listening to Rav Yehuda Mandel’s Shiurim, making a list of one hundred things to thank Hashem for, writing down 10 times when Hashem turned everything around for the better for us, hearing uplifting music while singing to Hashem, or by reading the Spring Hill Times, we will be granted the highest rewards given to those who truly trust in Hashem.

It comes out that the person who has the most challenges or problems, and turns to Hashem constantly to help him or her make it through the day is the winner and the most successful of all!

The more you turn to Hashem and say that ‘there is no one who has any power or control in this world whatsoever besides for Hashem Himself’ the more you will be surrounded and enveloped by open Chesed from Hashem! And this is the highest form of success that is possible to achieve!

Hashem loves you!

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