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KLAL YISRAEL'S NEWSPAPER

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, וקילא בת דבורה, בתוך שאר חולי ישראל

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HASHEM IS IN CHARGE!

Gitty* very much wanted Her father told her, "Do to go to camp. you think it's the camp The application process who decides? It's Hashem! took them He is the Kol longer than expected and by the time the forms arrived at the camp there was already no place for her. She was again. turned down. Baruch Hashem, she Gitty was devastated. calmed

The Spring Hill Times wishes all its readers and all of Klal Yisrael A Kesiva V'chasima Tova! A Year Full of Happiness and Joy!

Continued on page 4

Having Summer FUN?



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The Spring Hill

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה
משום, צייטל בת שלום אריה, נפתלי בן יעקב.
לזכות הבר' הח' משה דוב בער בן אסתר, לוונג הען בקרוב. לזכות רפואה שלמה. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENTSKY SHLITA

AND

HARAV ELYA BER WACHTFOGEL SHLITA

הגני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום - נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו - קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו - כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו - ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו - ואין לו אפשרות לכסות את עצמו - שהרי אין בו שום פרסומת - כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה - כדי שיוכלו להמשיך ביתר שאת וביתר עז - לפרסם בגאון בעוז ותעצומות את דבר ה' - ולמצוה גדולה יחשב לכל התומכים - ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.

שמעון קאמנטסקי
על שם קאמנטסקי
ד'תשס"ג

WEEKLY NEWS ROUNDUP

Continued from
page 1

down.
On Tuesday, they got a call from their cousins, who have the same names. (both husbands and wives have the same names.) The cousin said that a letter of acceptance for Gitty arrived.

"It must be for your daughter Gitty! We don't have a daughter by that name and of that age."

What happened? The secretary saw the names of the parents on Gitty's application. She remembered that this family had other daughters who attended the camp. Their policy was to give those who already had family members – kedima. She mailed them the acceptance!

Gitty's mother called up the camp to clarify the mistake.

She was told that once the acceptance letter was sent to her daughter, she is accepted!!!

[Rav Eli Yelen]

MAZAL TOV!

Shua Blumberg* accepted upon himself that for forty days he would not speak in shul from beginning of davening until the end of

davening and would learn two halochos of Chofetz Chaim daily.

On the fortieth day he became a chosson!

[Rabbi Eli Yelen]

WINK FROM HEAVEN

My father was nifter on a Thursday. He was scheduled to be brought to Eretz Yisrael on a flight that was leaving JFK at midnight Motzei Shabbos. My mother and a brother and sister and aunt and uncle were going to accompany the Aron to Eretz Yisreal.

They were advised that in order for them to make the flight on Motzei Shabbos they would have to spend Shabbos near the airport.

The last minute, they were hosted by a family in Cedarhurst, New York (Mi K'amcha Yisrael).

On Shabbos morning, during Krias Hatorah, my brother heard a bochur being called up for an aliya, "Shlomo Zalmon Ben Eliyahu."

My brother found it interesting because his name is

Kav Hashgacha Pratis
1518-613-0140



Eliyahu and my father's name is Shlomo Zalmon.

After davening, he went over to the bochur to talk to him.

The bochur told him that he lives in Texas and came in to Cedarhurst for a Bar Mitzvah and that his name is 'Shlomo Zalmon Kaufman', which is my father's name (and not a common name)!!!

My brother got the chills...

EVERYTHING IS FOR THE GOOD

Reb Hershel Ekstein,* a Melamed from Monsey, New York, needed to get to Cheder in time, but he had to first drop off one of his kids by the babysitter.

WEEKLY NEWS ROUNDUP

He had been watching the child that morning, and things got schlepped out, and it was getting later and later.

He realized that the only way for him to be able to drop off the child by the babysitter and get to Cheder on time, was to call a

taxi. He was a little disappointed, because he didn't have extra money, to spend extra on a taxi.

He called a taxi and a few minutes later the taxi arrived. He jumped into the taxi. The taxi driver gave one glance at him and he said, "Let him ask you something.

Do you recognize me?"

The Yungerman said, "Yes, I actually do. I took a ride with you a few days ago."

The taxi-driver said, "Did you lose gloves?" The

driver showed the Yungerman the gloves, and he said, "Yes, I can't believe it! I was looking for them all



over! I gave up on them!" These gloves were very precious to him, very expensive, and he saw how it was all L'tovah, he spent a few dollars on the taxi, but he got back his gloves, which were worth much more. [Kav Hashgacha Pratis]

EIN OD MILVADO

Shmuli Zack* was driving

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WEEKLY NEWS ROUNDUP

his car in rainy weather.

His brakes didn't work properly and was about to crash into the car in front of him, so he turned away and was going to crash into a wall.

He started screaming "Ein Od Milvado" and "Shema Yisroel.." He then crashed and totaled the car and walked out without a scratch!

The Hatzalah member on the scene couldn't believe he walked out alive!

Hodu L'HaShem! [Rav Eli Yelen]



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A Baby Giraffe that was born in a Tennessee zoo without spots. This is something that is extremely rare.

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Goal
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Father in Heaven



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טובה ורחבה!

*Rejoice over your friend's success!
Show him how much you love him!*

Because YOU are HIM and HE is YOU!

United We Stand!

News that Hashem Wants us to Talk About!



WHAT A BEAUTIFUL YEAR IT WAS!

Thank You, Hashem for year 5783!

It was a year full of kindness and bracha.

It was full of opportunities for us to grow and become better people.

We were able to come close to Hashem throughout the year through His Torah and Mitzvos!

We felt His love every day of the year!

We cannot wait for another amazing year in Hashem's wonderful world!

WIFE DAVENS FOR HUSBAND

Mrs. Weisberg* from Chestnut Ridge, New York,* woke up in the morning of her husband's first day of the new z'man and she really wanted to say tehillim that it should go successfully for him. However, she was busy getting the kids ready for school and the morning routine was a whirlwind so she knew it wasn't

the right thing for her to leave everything and daven at that moment.

As she prepared breakfast, she davened to Hashem that the learning should go the best possible and that her husband should find an afternoon chavrusa

which he didn't have yet.

She davened a heartfelt prayer with her own words, the tears poured forth, and then was swept back into the tumult.

Later that day, Mr. Weisberg relayed what a successful happy day he had.

Even more so, a different chavrusa had offered to make changes just to accommodate his need for a learning partner. He landed with someone phenomenal!

Even though her prayer was not from a siddur it was from the heart and Hashem answered her in the best possible way!

THE GIFT OF COFFEE

Mr. Neiman* from Bnei



Brak,* truly enjoyed his morning coffee. The delicious aroma filled up the room, and the hot brew slid down his throat, but not before hitting his taste buds with a perfectly delightful coffee taste.

Afterwards, his head was clear and alert. The coffee

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News that Hashem Wants us to Talk About!



even helped him with diges-
tion!

What a great 'pick-me-up'
gift!

THE MASTER DESIGN- ER

Spiffy Spitzer* from Wil-
liamsburg, New York,* was
sitting at the table. She de-
cided to try to find Hashem
by looking for signs of His
masterful work.

She gazed at her hands and
saw how the veins were strung
up her fingers perfectly, trav-
eling from the wrist, through
the palm and up every finger
individually!

It reminded her of a ma-
chine whose manufacturer
had carefully strung wires
through every part. She felt
the presence of her Manufac-
turer right there with her giv-
ing her life, shape and form.

KLAL YISRAEL - A NA- TION OF KINDNESS!



Many families in Boro Park
were easily able to afford
shoes this season because
there was a shoe expo with
sturdy, spectacular shoes
available at wholesale price
of 39 dollars a pair!

The owner arranged this as
a Chessed so that every
family can buy shoes
without the heartache
of prices that add up to
very high numbers.

Yidden in Boro Park are
immensely grateful to
those who helped ar-
range it, and to Hashem
for this very helpful turn
of events.

HASHEM'S NATU- RAL DRYER

The Gold* family of elev-
en people hung their
laundry outside to dry
and within a few hours,
B"H it dried!

Thank you Hakadosh
Baruch Hu for the amaz-



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News that Hashem Wants us to Talk About!



ing sun that dries our laundry! [Heard from Mrs. Gold]

BOY GIVES MOTHER PLEASURE

Mrs. Orenstein* overheard one of her sons explain a part of the Gemara he was learning in yeshiva. A different son complimented him on explaining the Gemarah so well! It gave her so much Nachas to hear that!

Thank you, Hashem, for the Nachas of hearing one child complimenting the other one.

GAS STATIONS



Thank you, Hashem, for putting gas stations at convenient locations. Thank you, Hashem, for making it so easy to fill the gas tanks in our cars so easily! Thank you, Hashem, that we are able to afford to pay for gas!

CARS

Thank you, Hashem, for giving us automobiles to get to where we need to go more conveniently and efficiently!



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אני לדודי - ודודי לי!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar.

A MATCH MADE IN HEAVEN

Reuven Berg* wanted to get married, but his parents were very, very picky. His father and his mother were both very particular, and they refused over twenty Shidduchim be-

cause of their Hakpados.

Then, he heard on the hotline that it's not parents who are on charge of Shidduchim, it's Hashem. From then on, he woke up every day in the morning thinking, *It's not my parents, it's Hashem.*

Then a family friend redt them a shidduch. The girl failed every single hakpadoh that his father and mother were Mapkid on! But they overlooked them. They forgot to ask the questions. Had they asked, she would have failed each one with flying colors.

Baruch Hashem he's a Chasson and she's a Kallah, and he was never so happy. It's a

dream shidduch.

ALWAYS TALK POSITIVE!

Chaim Schwartz,* a Bochur learning in yeshiva, had difficulty understanding his Rebbi's Shiur. When anyone asked him how the Shiur was, he would say, "It was Gavaldig, it was amazing. I understood every word!"

He wanted to say a positive lie rather than a negative truth, like we say over on the hotline from R' Avigdor Miller.

Since then, he's been understanding Shiur much better!

THE POWER OF POSITIVITY!

I was davaning Ma'ariv last night in Kol Shimshon and a Chassan came over to me and told me that when he was in Yeshiva he was struggling a lot because he heard a lot of negativity

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck



and it was turning him off. He was thinking of dropping out of Yeshiva.

Then someone gave him the number to 'A Life with Bitachon'.

He started hearing how Yiddishkeit is enjoyable. Yiddishkeit is fun, Yiddishkeit is good! He decided to continue in Yeshiva.

He now follows my hotline daily. He knows every Yesod, every Kasha. He's asking me contradictions here and there.

He says it's a wonder how everything just switched from Choshech to Ohr. He used to think that everything was negative, Choshech, Din, Gehenim. Now he sees it's love, Bracha, Chessed V'rachamim!

HASHEM HELPS YID DEPOSIT CHECK

Baruch Rosenstock needed to deposit a check in the ATM Machine. He tried depositing the check three times, but it didn't work.

After the third time of not being successful, he thought to himself, "What

should I do differently?" He said, "I know, I should do it with Hashem!"

That's exactly what he did, and this time, the check went in!

MONTREAL MELAVA MALKA

Chaim Saks* went to Montreal for Shabbos for an Asifa.

After Shabbos, at 1:00 a.m., when he was about to leave, he realized that he hadn't eaten Melava Malka. Since he didn't live in Montreal, or know anyone in Montreal, he had no way to get food to eat.

All of the sudden, a Yid from Montreal called up the Askan he was working with and said that he had a lot of leftover food, does anyone want some Melava Malka? He got exactly what he was looking for!

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

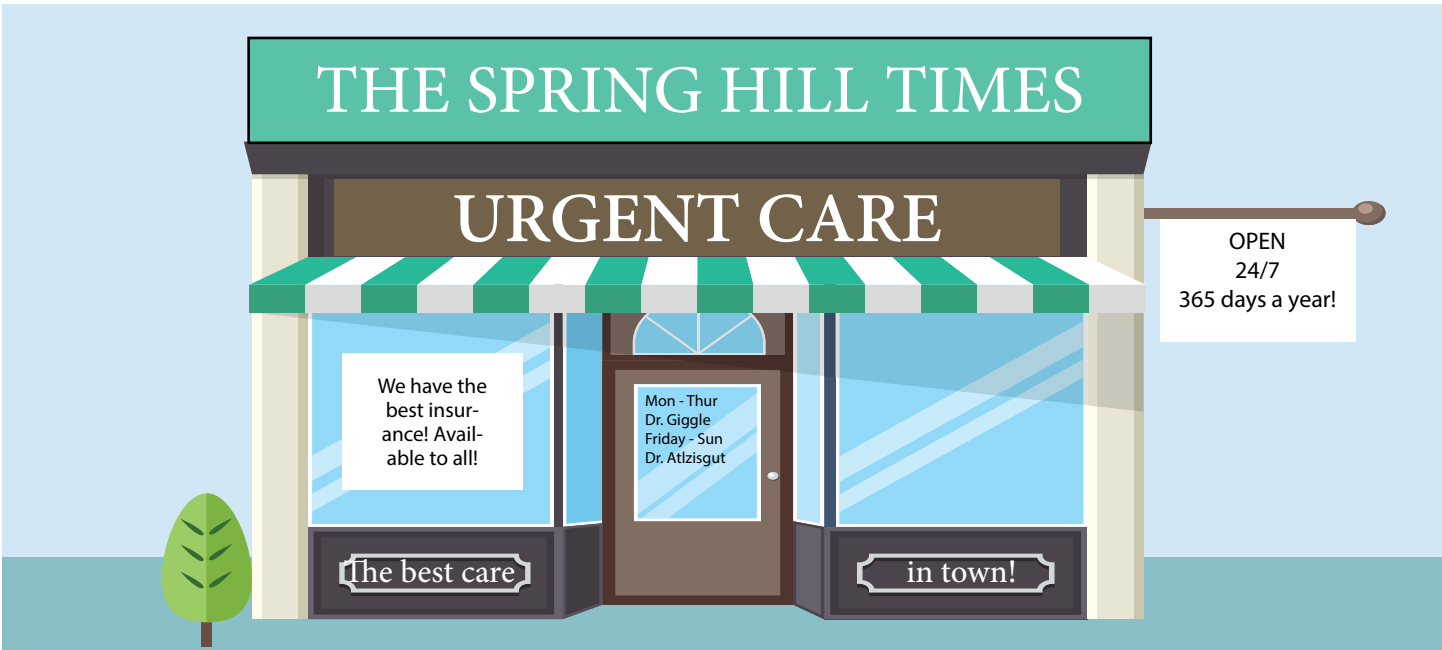
- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
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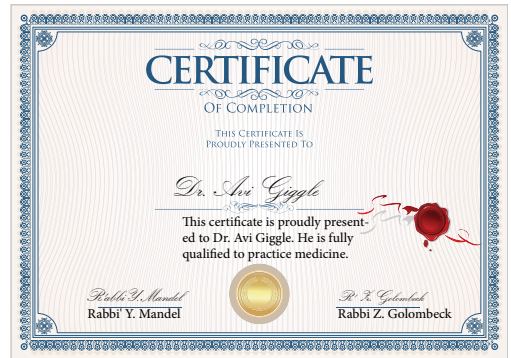


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Patient

I have always been afraid of dying and going to Gehenom.
 It's pulling me down and I have an extreme anxiety about death.
 Please help!

Dr. Avi Giggle M.D.



I'm prescribing 1 medication for you:

Things must be put in their proper perspective.

Someone who knows only one thing about death and that's: Gehenom, is like someone who only knows about one thing about getting married: that he needs to fast on the day of the Chuppah!!! He doesn't think about the wonderful wife that's waiting for him. He doesn't think about the beautiful chasunah that's awaiting him. He doesn't think about the wonderful family he is going to raise and all the wonderful happy loving moments that he will share with them...

When a person dies, he is graduating this world to go on to the next most wonderful world - Near Hashem! He is going to experience bliss beyond bliss, beyond bliss, beyond bliss...

Even if he would need to go to for a short time to Gehenom c"v, it's just to help him get to that eternal bliss!

IMPORTANT HEALTH TIPS TO REMEMBER:

It's wonderful in this world and it will be wonderful in the next world!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Let Us Make Man



When HaShem was creating Adam HoRishon, on Aleph Tishrei which is Rosh HaShono, five thousand seven hundred and eighty four years ago, He employed an unusual phrase: “Na'aseh adam betzalmeinu, let Us make man in Our image.”

Who was Hashem speaking to?

The Nefesh Hachaim says that HaShem was calling on the higher world and the lower world to invest in humanity. And therefore the human being is the summary of the spiritual universe and the physical universe, and everybody is interested in the success of mankind.

But it could be there's another factor at play over here, and that is, when HaShem said “Na'aseh adam betzalmeinu,” He's speaking to man himself, and saying, “We need you to participate in the completion of yourself.



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A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Let me share with you one last thought on baby teeth.

Young children are usually very apprehensive when their teeth are about to fall out. Adults are very quick to reassure them, “Don’t worry, it will barely hurt, it might even fall out without you realizing it,” and similar types of chizuk.

I think the fears of the children are well founded and rational, after all, their teeth were very strongly connected a short while ago. Severing a strong connection to the human body sounds very painful, similar to the way we would perceive severing a finger. Yet the reality, like adults know, the severing of baby teeth is not a big deal.

The reason for this is because Hashem, in His kindness, arranged that when the permanent teeth begin to grow in, they slowly push and disintegrate the roots of the baby teeth. Therefore there are no firm roots attached to the baby teeth holding them in place and they fall out quickly and easily. This is a chessed that Hashem did for every one of us, not only once, but 20 times, for all our baby teeth. We were probably too young and ignorant to be *מכיר טוב* to Hashem for this kindness; it began when we were around 5-7 years old. But it’s

never too late to be *מכיר טוב*.

Hashem’s wisdom is very apparent in the simple setup of our bite. When we bite down does our higher set of teeth close down on the lower teeth or not? The answer is, it depends on which teeth we are talking about. There is a difference between our front 6 teeth and our back 10 molars. The front teeth close down in front of the bottom teeth, not on top of them. This is different than our molars in the back of our mouth that close down on top of each other.

The reason for this is because the job of our molars is to crush; it can only do this if they close down on each other, creating the necessary pressure to crush the food. If our molars would not meet, it would be impossible to smash to food, even if it would only be semi-hard.

On the other hand the job of our front teeth it to cut. Cutting works great when two sharp cutting edges slightly overlap. That’s the way our scissors work, the two sharp blades do not meet, rather one goes directly above the other.

Hashem gave us two types of teeth that do different jobs and bite in two different ways.

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Chizuk Corner



By R' Y. Friedman

We are approaching the awesome and amazing day of Rosh Hashanah.

With Hashem's help we will get a deeper understanding in the Yom Tov of Rosh Hashanah so we can get so much chizzuk and insight, that this year 5784 be"H will be a year like never before. Both in Ruchniyus and in Gashmiyus.

Consider the following scenario. One day, you come home and you hear the news that your brother is a Chasan. There is a resounding "Mazal Tov" that comes pouring in from all

directions, followed with a Lechaim. Then we celebrate a Vort with great pomp.

Fast forward a few months and the wedding is approaching. The family turns over their life for approximately a month with the appropriate preparations for the great wedding. If you think about all the preparations that goes into that one night, it's mind boggling.

It's simply beyond comprehension.

Finally, the great day arrives and people come streaming from all over the world to attend this wedding.

Friends, young and old, dance away with all their strength until the wee hours of the night. They

give up from their precious sleep for this young couple. Many people bring their babies as they struggle to control over-tired kids. Others spend a fortune on baby sitters.

We then celebrate seven days of Sheva Brachos with speeches and food while giving up more nights for the couple.

It's simply unbelievable. The love that comes gushing out is not to be believed. People are showing their love B'chol Nafshum, with Mesiras Nefesh. Bichol levavam - with all their heart and soul with their dancing. Bichol Me'odam - with lots of their money.

When a young couple is getting married they are beginning a new home. They are starting a new journey that is going to be wonderful. They are creating together a new world. Therefore, there is an overwhelming amount of excitement, happiness and love that come out at those moments.

Now let's make our way back to Rosh Hashanah. The Seforim teach us that Rosh Hashanah is not just a new year, it's a new world. Everything starts all over again. The Nesivos Shalom

Enjoy Your Gifts!



Eat the lunch that Hashem packed up for you with love and care.

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Fulfill YOUR Mission!

Chizuk Corner



By R'Y Friedman

points out that although every day is a new day, but Rosh Hashanah is starting fresh as if the world is being created now.

Perhaps we can give a mashal to understand this. At this time many children have returned to Yeshiva. They have entered a higher grade, with a new Rebbe and new material (new mesechta). However, the Yeshiva didn't change. On the other hand if someone went to a totally new Yeshiva, this is a whole new level in hischadshus.

Similarly, each day of the world there is a new mission and more material that we need to cover, and one can start anew each day for that reason. However, Rosh Hashanah is a time where the world is starting over again on a totally different plateau. 5783 was one world. Now there is another world of 5784.

We are at the beginning stages of a year full of endless opportunities of growth. A year full of happiness and connecting to Hashem. This should bring forth in us tremendous feeling of excitement, Simcha and Ahava.

Another way to start the

day of Rosh Hashanah amazingly is to give Chizzuk to another person. When we give chizuk on Rosh Hashanah you are launching people on their new year that is currently starting.

In general, Hashem loves it when people are michazek each other and it gives Him a tremendous Nachas Ruach. The Rambam says that the greatest form of Chessed is giving chizuk to others.

This year, the first day of Rosh Hashanah falls out on Shabbos so there is no Shofar [unless Moshiach comes we hope]. However, I would like to say this. Shabbos is loaded with Emuna and Bitachon. It's a day that we abstain ourselves from any work, showing that we trust in Hashem that He will take care of us. We go all the way out buying food and supplies for Shabbos and we show that we believe that Hashem will pay us back.

Shabbos is a day that we show that Hashem is the King over us and the world, as we keep all the hala-

chos of Shabbos. On Shabbos we are mevatel ourselves to Hashem.

Shabbos is a day of joy and gladness, as we sing every week "Menucha Vesimcha Ohr LaYehudim".

So we should realize that although we don't blow with a physical Shofar but each one of us are acting as the Shofar of Rosh Hashanah [some say that this is the reason our Chachamim were able to hold back Shofar because it isn't necessary].

Another feature that Shabbos has is a day of Hoda'ah. A good portion of the day is spent in Shiros Vetishbachos. Whether its Lecha Dodi, all the Zemiros, Nishmas Kol Chai and more, we can see that this is one of the themes of Shabbos.

I heard a tremendous yesod from Rabbeinu Yona [Sha'arei Teshuva 4:12] that the more we praise Hashem the more He will give us more opportunities for praising Him.

Now Hashem created us to praise him and this is our main tafkid. So since we are praising him this is called chaim [as it says 'lo hameisim yehallelu ku']. This itself can be a reason to be granted a new year of life.

Chizuk Corner



By R'Y Friedman

Furthermore, the seforim point out from a few Pesukim that tell us that the tachlis of the time of Moshiach is to praise Hashem. So if we are praising and thanking Hashem non stop this is a good reason for Hashem to bring more opportunities to thank Him and to praise him.

Reb Yoel Rubinfeld Shlit" a pointed out that we see from the Gemara in Sanhedrin that Hashem wanted to make Chizkiyahu Hamelech Moshiach. The generation was worth and he was worthy, but he had one flaw. That was that he didn't praise and thank Hashem for all the miracles that Hashem had performed.

We see clearly that what held Moshiach back was the lack of praise to Hashem.

Now there is a question that should be asked, and literally it is mind boggling. We have spoken in the past how even the lower class of today's generation has more [in a sense) than kings and queens from centuries ago.

There are many Jewish billionaires and so many luxuries. Why us?

According to what we are saying it's clear. Hashem is giving us so much so it will make it easy to thank him. Just take out a paper, and pay attention to details and you will go on and on.

When we will thank Hashem for all the good that He

bestows upon us, Moshiach will finally come. This is why Hashem is giving us so much in this generation - the final moments before Moshiach - in order that our praise should usher in Moshiach.

This year should be a year of chizuk for all of Klal Yisroel that need chizuk. Especially, people that are confined to hospitals, nursing homes and anyone that has tzaros. May it be the will of Hashem that this Rosh

Hashanah 5784 we should find ourselves hearing the Shofar on Shabbos at the Bais Hamikdash.

If Chalila it's not here by Rosh Hashanah, at least there should be a psak din in heaven that this year should be the year of Geula. May we all rejoice together in good health very soon in Yerushalayim Amein.

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Look to see ONLY good!

Living With Appreciation

By: R' Daniel Shasha

The Midrash notes that if someone were to be judged in court, they will wear black clothes, be unkempt and anxious. Yet lehavdil on Rosh Hashanah when Hashem judges us, we cut our hair and nails, wear white clothes and eat festive meals. Why? The Midrash explains that Klal Yisrael are so confident that Hashem will perform miracles for us and tear up bad decrees, that even now we celebrate!

We also see in navi how Rosh Hashanah is a happy day. Sefer Nechemiah recounts how Klal Yisrael were very dejected when Rosh Hashanah arrived, feeling great remorse for their avairos and were crying. However, Nechemiah told them not to be sad and rather to eat a festive meal since this day is a day of simchah. We are so confident that Hashem will give us a good judgment that we celebrate! After all, we are being judged by our loving caring Father who wants what is best for us.

The Sefer HaChinuch (311) brings an additional reason why Rosh Hashanah is a happy day, since we are so full of gratitude to Hashem for giving us this opportunity to start afresh. Once a year we have the ability to receive an entire new decree and whatever has been decided last year is a thing of the past. In fact, he writes that if not for this day the world would not be able to continue! Only due to Hashem's great kindness, that He gives us an opportunity to start afresh and to receive new decrees, can the world exist!

Furthermore, we are happy that Hashem has given us the most incredible gift of life until now and continues to give it to us. Each second, we are able to breathe and enjoy another moment of the phenomenal world that Hashem made for us. Rosh Hashanah is a great opportunity for us to express our gratitude for this priceless gift. Really, before davening for a new year of life, it is important that we thank Hashem for the wonderful gift of life that we have experienced until now.

This Tiferes Shlomo brings an allusion to this from our tefilos in the aseres yemai teshuvah. In modim we thank Hashem for the gift of life and for all the miracles that we experience constantly. We then insert an additional phrase u'chtov lechayim tovim..., asking to be inscribed in the book of life. Only when we have first expressed our gratitude, can we ask for more.

Harav Avigdor Miller was very particular not to take the gift of life for granted. One time, on the second night of Rosh Hashanah, he delivered a shiur in his shul. He began by telling his kehillah that 'first of all we need to thank Hashem for the gift of a day in the new year'. When he observed someone chuckle, he remarked: I am being serious, all of us right now must say: 'Thank, You Hashem for the gift of a day in the new year!'

(Rabbi Avigdor Miller, His Life and Revolution p. 293)

Kesiva V'chasimah Tovah!

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

The biggest *עין טובה* to be *זוכה בדין* is to work on *טובה*!

One who works on *עין טובה* lives longer, healthier, and happier, and he doesn't waste his precious energy on worrying over his silly *כבוד* (*הבל הבלים*)!



He isn't *מצומצום* who lives only in his own narrow-minded shell. The *זכות* of his broadmindedness gives him the 12 most glorious stones. He has all kinds of beautiful *שיטות* in his pure heart.

Part VI

He is an *אחדותדיק* type of person who enjoys the success of others including his own brother who in the outside world is usually a competitor. In fact, the *מהר"ל* says that the word *אח* can mean competitor. (נוגע לאחאב מלך ישראל) A person like *אהרן* can actually look for golden opportunities for *שבירת המדות* which is *עיקר חיות האדם* (*Gra zatzal*)

Part VII

The same person who fargins his brother (and instead of being jealous, he enjoys his success) can have *אחדות* with other types of Jews since he fargins other *שיטות*. Perhaps this is why *אהרן* was needed by *מצרים* and *משה* wasn't enough. *מיצר* is *מלשון* and boundary" and *צמצום* without broadmindedness - and leaving *מצרים* means leaving such a mentality.

Part VIII

The *מצרים* were stingy types who became intimidated by *כלל ישראל*'s astronomical growth and unusual strength *ויקוצו מפני בני* - *מאד* - *במאד* *מאד* - *ויקוצו מפני בני*. *כלל ישראל* had just gone through *מכירת יוסף* where the *שבטים* didn't fargin and they ended up in a place that doesn't fargin. And now we have a special *אדם מיוחד* who specializes in farginning - *אהרן*. And his *כח* took them out of *מצרים*.

Part IX

A *gid* has to emulate *הקב"ה* and be happy about all the success of *כלל ישראל* and of his competitors! This gives *הקב"ה* tremendous *נחת*. Enjoy all those new *Yeshivos* and *בתי מדרשים* and all those holy projects that *כלל ישראל* keep undertaking - like *הלשון* and *דרשו* and all those *צדקה* organizations etc...!

Part X

Good news!

When you have this way of thinking then you get a *חלק* in all that you appreciate in others!

You'll outdo your *אבות* - *והריבך מאבותיך* - *והריבך מאבותיך*

And the *ספורנו* says that *והותירך* also means that you will get greater *ברכות* than your forefathers. Why should we do better than them? We can suggest *בס"ד*



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that simply because we did תשובה and all the gates of unbelievable goodness are open to a בעל תשובה.

ובמקום שבע"ת עומדין אין צדיקים גמורים יכולין לעמוד

Part II

This is the most underestimated חז"ל and it is so hard to believe. How can a בעל תשובה be better than a גמור צדיק? Rav Shamshon Refoel Hirsch ז"ל explains the first 3 קפיטלאך etc. In the first one, דוד mentions how lucky a person is if he doesn't go בעצת רשעים etc. and if he just learns תורה he'll be happy. In the second גוים - למה רגשו -גוים, he speaks of going to war against the דרך of running after lusts etc.

Part III

Both קפיטלאך are one ('ברכות ו) and they tell you to keep away from תאות.

And in ג, דויד speaks about the צרות he had from his rebellious son אבשלום because he was נכשל in his own lusts when he destroyed the life of one of his own subjects אורי החתי by being נכשל with his wife שבע!!

Part IV

the very fact that he woke up in the morning tells him that the still loves him and that he will return to his former מדרגה of וטהרה. It is unbelievable how דוד is the big מוסר בעל with 2 phenomenal mussar שמוסין against foolish תאות and then his next shmuess is about his own מכשול with those same תאות (and in the worst way!)

Part V

One of the famous גדולי פוסקים of Lakewood once spoke to a person who had done the most unspeakable חטא. When the person said that he had חרטה, the Rav told him - it's over - totally! In Navardok I saw a similar מהלך where overnight a person is total 100% כשר since he simply and quickly did תשובה.

Part VI

People view תשובה as a "bear" (נתן וואכטפויגל ז"ל) warns about this) and this is a major עיכוב in a persons' shteiging. His יצה"ר loves to constantly remind him of his bitter past and all his מעלות are quickly forgotten or almost non-existent in his mind since they all "go over his head".

Part VII

For good reason we say during Elul לדוד אורי since דוד is our amazing inspiration for תשובה. Look how he says ואמי כי אבי- ואמי even his parents who are the main support of every human, forsake him. He's got everything going wrong in his life: being an אדמוני like הרשע and of מואבי blood, and an unending list of powerful enemies (who held him to be ארשע!) throughout his turbulent life!

Part VIII

דוד is so perfect for everyone and in our own lives we need

COMPLAINT CONTROL

GET RID OF ALL YOUR
COMPLAINTS!
1-2-3!



Read
The Spring Hill Times

Bitachon Gems

Continued

to respect our pecklach and issues and weaknesses and our stormy past - just like דוד מלכינו is the most respect-

ed type of human (המוריד במלכות חייב מיתה). Look how הקב"ה wants so much to be מחזק us by giving us a דוד for a מלך - now every every nebech feels comfortable and has hope!

Part IX

And דוקא a person with such an embarrassing history is our king?! A yid has to learn to respect his pitfalls and mistakes and failures and disadvantages - only these can make him truly great - when he isn't נתפעל from them and he moves on like דוד המלך who doesn't get fazed by his outrageous sins!

Part X

This is exactly the גדלות האדם.

אדם means earth - the lowest form of the בריאה, and the אדם is the נר הבריאה - the glory and the beauty and the greatness of all of הקב"ה's wonderful world. So no more looking down at our own "outrageous" mistakes in life. Moving on despite them will give us true royalty!

Part XI

Notice how different תהלים is from משלי's שלמה.

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אשרי begins תהלים with knocking evil ways דוד starts off with the greatness of ומוסר חכמה- etc for 7 פסוקים, before he starts with the ענין of avoiding evil (בני אם- יפתוך חטאים- אל תבא).

דוד was an אדמוני who had the burning issue of contending with his unusual יצה"ר משא"כ שלמה.

Part XVIII

לדוד אורי אל ה is the end of the bottom line is just have Bitachon! All your problems, including יום הדין itself, will disappear with working on בטחון.

Taken from Bitachon Weekly 5783. To sign up for the weekly full version please email: bitachonweekly2@gmail.com

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

Shmuel, a young bachur, had come to visit his Rebbi, the Rebbi from Tzinkiv, and was gazing at the Rebbi in an unusual manner. Noticing this, the Rebbi asked him why he was gazing at him.

The boy responded, "Looking at a tzaddik purifies and refines the neshamah. Therefore, I'm looking at you."

The Rebbi replied, "Amaich kulam tzaddikim, the na-

tion of Hashem is all tzaddikim. You should be looking at yourself."

The Rebbi of Tzinkiv was teaching Shmuel that there is great worth and priceless value within every person. Therefore, you only need to look at yourself to find greatness. By focusing on what's in you, you will bring forth the greatest potential and cause the inner light to come forth and shine.

The entire world will gain much more from you if you properly treasure and cherish yourself, and your qualities. Each person has so much that could shine forth, but it will be hidden if you don't attribute yourself with your real value.

SELF VALUE

I heard a story that brings out this point:

R' Leibish Langer, a renowned storyteller, and a rebbi in Yeshiva Darchei Torah, is a very experienced

mechanech, and deals with many challenging boys. One year, he knew right away that one boy in his incoming class was going to be a difficult case. Already on the first day, the Rebbi called him to the front of the class, and the first thing this boy did was pull out a yoyo and showed off his talents to the class.

At first, the Rebbi was taken aback by the situation—a boy interrupting class with yoyo tricks—but the Rebbi came up with an idea how to reach this boy. Right then and there, he requested that the boy present the class with a NEW yoyo trick at the opening of the day and to show it to everyone.

And so it was, at the beginning of each day, the boy would show the class a new trick. He started to feel accomplished and talented, which certainly helped him with his confidence. Soon after, the boy started progressing in his learning, and eventually used his "out of the box" ability to grow in his unique way. Eventually, he was able to shine his light to others that need his unique and exclusive ability to connect to Torah, and still

Continued on next page

Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



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Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

today is spreading Torah.

By seeing a person's qualities and valuing them, it gives the other motivation, inspiration, and enthusiasm. With that, he can properly perform and bring out his unique kocho, strengths, and can bring forward outstanding abilities that could've remained hidden if they hadn't been appreciated.

Seeing flaws only bring unproductiveness. Productiveness comes by show-

ing proper value and being cherished, causing one to reap great benefits.

Acknowledging the greatness of every individual and the impact that every person has results in their greatness coming forth.

The Alter of Slabodka brings out this concept very strongly. His sefarim are filled with this teaching. He would bring forth the value of every student of his, and was therefore very successful in fighting the Haskalah.

"Acknowledging the greatness within," says R' Yerucham Levovitz, "is more important than knowing the areas that need improvement."

This is the foundation to bring forth the greatness that's within our special self. And this enlightens the inner spark (Alei Shur, Sha'ar Aleph).

Have a wonderful Shabbos!

Kesiva V'chasima Tova!

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השיר זה שבח לחי העולמים

It is natural for one who is in love to sing. Since our love for Hashem is greater than any other love. He who loves Hashem will sing before Him... - Sefer Chareidim Chapter 9, #6.

שירו לו - זמרו לו, באהבתה - תשגה תמיד

When I think of You, Hashem, my heart begins to sing,
My *Nefesh* and my *guf* yearn to see the King.

In the most crowded of places, I am alone with You,
And when I'm all alone, it's never really true.

In good times and in 'bad', you're standing here with me,
You make Your presence known in a way that I can see.



שירו לו - זמרו לו, באהבתה - תשגה תמיד

I can find You anywhere, in the skies and in the sea,
The wonders of creation declare your Unity.

The Torah You wrote reveals Your perfection,
Your love and Your justice, your kindness and affection.

The deepest connection, the greatest elevation,
Lies in the heart of every member of Your Nation.



שירו לו - זמרו לו, באהבתה - תשגה תמיד

Please know, Hashem, that I love You very much,
Please grant, Hashem, that we should always be in touch.

The more I think of You, the more I want to give,
The more I give to You, the more I want to live.

What can I give to the One who gave me everything?
I can only give my love to my Father to my King.



שירו לו - זמרו לו, באהבתה - תשגה תמיד

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Ayin עֵינַי תּוֹבָה Tova

Seeing the good in every situation

Suggestions for the case of Donny has many dietary restrictions and didn't tell his host for Shabbos:

- Donny ate there before and thought they would remember his restrictions.
- He actually was just given this new diet on erev Shabbos and didn't want to impose at the last minute.
- Now Mrs. Morgan knows to ask guests in advance if they have any dietary restrictions.
- Donny was coming for the company not the food. Mrs. Morgan should feel good that Donny was comfortable

enough to ask to be invited and that he chose the Morgan's as whom he'd like to spend Shabbos with.

- Donny didn't want to put Mrs. Morgan out by telling her about all his restrictions.
- Perhaps Donny is somewhat of a shy person and felt uncomfortable imposing on others. Now, Mrs. Morgan has a chance to help him understand that people want to help him, and others like him. This way, Donny will become a stronger person.

CASE OF THE WEEK:

Day after day, Nechama Grayman faces the same frustrating situation. Her neighbor, Mr. Davids, always parks in her driveway.

She would gently ask him to move his car, to no avail. Being that she lives in Brooklyn, this means sometimes spending ten minutes finding a spot, usually a few blocks from her house.

Help Nechama have ayin tova for her neighbor and her situation.

Please send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019
EY: 052-760-5409.



Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**), a young mother undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Before You Ask...

Rav Avigdor Miller zt"l would say that before we ask Hashem for another year of life, we must first express our appreciation for last year. This gratitude includes so many aspects, but one of the most important ones is the good health that we enjoyed. Here are his words:

"I gave you another year of life," Hashem says, "and it was much more than life in general. All the needs of your life I gave you." If you're still here, it's a result of thousands and thousands of benefits, thousands and thousands of miracles. Your kidneys were working. Your pancreas was working. Your heart was pounding away every day. Your liver was functioning – did you once this year thank Hashem for your liver? You never even thought about it. All year long your blood circulation was working. Do you know how many miracles there are in your blood? Even your blood clotting – just the fact that you didn't bleed to death every time you got a cut this past year is a miracle! There are nissei nissim in the process of blood clotting. Every process in the body is so deep and profound – it's astounding to contemplate what Hakadosh Baruch Hu is doing for us all the time.

And we want it again. We want a lot! We don't want a little bit; we want everything. We want to be healthy not only in our blood and our pancreas. We want to be healthy in our eyes and healthy in our ears and healthy in our teeth. We want to be healthy in our throats, in our pharynx, in our larynx; going down and down - we want to be healthy in our gullets, healthy in our stomach, healthy in the intestine, healthy in the bladder, healthy in the heart, and in the spleen and the colon. There are a lot of things we need and each one is a very big achievement by itself. Because if a man has health in all of the organs except one chas veshalom he'll discover it's not enough. Oh boy will he discover it then! (Toras Avigdor Shoftim 5783)

Making some sort of *kabbalah* that helps us say Asher Yatzar properly is an excellent way of expressing our *hakaros hatov* to Hashem for 5783, helping us merit another year of good health. Here are some examples: Try accepting on yourself – even once a day for a just a few weeks – to say Asher Yatzar while standing in one place. Or perhaps to think about the wonders of the body before saying the *berachah*. Another idea is to have a *choleh* in mind, which help you have more *kavanah* when saying Asher Yatzar.

May we all be *zoche* to a *kesiva ve'chasima tovah*!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

One of the names for the neshamah, the human soul, is “kavod.” This is because the neshamah is taken from the Kisei Hakavod — Hashem’s Throne of Glory — itself. Due to its origins,



askan who contacted him believed that a visit from the gadol hador would motivate the surgeon to take his responsibility even more seriously. When Rav Shlomo Zalman arrived at the

the neshamah craves honor; therefore, it is natural for a human being to spend his life in search of kavod. In effect, honor is oxygen for the soul, a form of nourishment that satisfies one of the deepest desires of every human being.

Why is the desire for honor so deeply ingrained within the human condition? Rav Yerucham Levovitz explains that this stems from the neshamah’s recognition of the purpose of a human being’s existence: to promote kevod Shamayim, using both himself and others as vehicles for bringing honor to Hashem. Rav Yerucham adds that the greatness of a human being, and the extent to which he is in touch with his neshamah, can be measured by the degree to which he shows respect to others. When a person treats others with kavod, it is a sign that he has remained cognizant of his purpose as an instrument for bringing honor to Hashem. When a person is disrespectful to others, though, it indicates that he has lost touch with his soul.

The ideal of demonstrating respect to everyone, regardless of their identity or station in life, is exemplified by Rav Shlomo Zalman Auerbach, a gadol who lived in our midst as recently as three decades ago. Throughout his life, Rav Shlomo Zalman epitomized this trait, and while we may not be capable of reaching the same lofty heights he attained, we can certainly try to emulate his example at least within the limits of our abilities.

Rav Shlomo Zalman was once asked to visit a prominent surgeon who was scheduled to operate on a noted talmid chacham; the

doctor’s home, the man was shocked. “Rebbe, what brings you here?” he exclaimed.

“Doctor,” Rav Shlomo Zalman said gravely, “you have saved many lives in the course of your work, and a person who saves even one Jewish life is viewed as if he had saved an entire world. You are certainly deserving of a visit.” He went on to speak at length about the weighty responsibility borne by every doctor, and spent a few moments discussing the impending operation.

Perhaps the most noteworthy part of Rav Shlomo Zalman’s visit, though, was his brief exchange with the surgeon’s wife just before he left. Rav Shlomo Zalman noticed that the lady of the house had been listening with great interest from an adjacent room while he spoke with her husband, and as he was about to leave, he made a point of approaching her. “I know that life in the home of a doctor can be very difficult,” Rav Shlomo Zalman said, “and I am sure that your husband’s busy schedule is often a burden to you as well. As the wife of a doctor, though, you have an equal share in all of the merits he gathers in the course of his work. If you ever feel resentful or displeased, I ask you to remember that your husband is busy because he is involved in saving lives.”

The full impact of those few brief sentences was revealed only after Rav Shlomo Zalman’s petirah, when the doctor’s wife placed a phone call to the askan who had sent the rosh yeshivah to their home. “I must thank you for asking Rav Shlomo Zalman to visit us that day,” she said with great emotion. “Our shalom bayis had been suffering terri-

bly, but thanks to his visit, it was completely restored.”

With his well-placed words to the doctor’s wife, Rav Shlomo Zalman hinted at an important dimension of kavod that is often overlooked. Many of us find it relatively easy to respect people who are not close to us, yet we tend to take our own family members for granted. Rav Shlomo Zalman’s words were a reminder to the doctor’s wife of the importance of appreciating her own husband for his accomplish-



ments and innate value. In his own home, too, Rav Shlomo Zalman was scrupulous about treating the members of his family with all the kavod they were due. In fact,

until the very last day he spent in his home, Rav Shlomo Zalman even went to the effort of removing his own plate from the table after every meal, in order to spare his family members the necessity of doing so.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



The Spring Hill Times Fire Dept.



Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



REMEMBER:

Practicing Safety Saves Lives!

The Miracle of Bread

By: Mordechai Solomon



Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.

Drink Delight™

Enjoy. Refresh. Rejuvenate



Tell Hashem How Much You Love Him!

The Miracle of Bread

Continued



46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as byproduct. When all the Co2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with C02.

הזן את העולם כולו בטוב!!!

79

There is a constant production of CO2 because animals breathe out CO2.

80

When they breathe in oxygen, the by-product is CO2.

81

The rains come only certain times during the year.

82

These times are beneficial and are the exact time the plants need water.

83

The amount is not too much to drench them.

84

It doesn't come too forcefully.

To be continued BE"H

Fly Higher



Lift yourself way above all your 'problems'!

Just realize that it's all Hashem!

Elegant Couches

A life of comfort



Sit Back and Relax!

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Fruit
GUARANTEED!**

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Haba bank account!*

In Honor of Hashem

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Freedom to Serve You!
Thank You for giving us a Govern-
ment that protects Yidden!**



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T & M Law Firm

Defense. Protection. Advocacy.



**We Will Stand by Your Side in
this World and in the Next World.**

Taste. Enjoy. Relish. **Enjoy Today. Enjoy Tomorrow.**

PREPARE FOR THE NEXT WORLD!



Its pleasure cannot be described or put into words!!!
Everlasting! Will never get used up! Will just get better and better!
Pure bliss!!!
Refreshing!!
Thrilling!

Just say: I love You, Hashem!

Disclaimer:
All pictures
and descrip-
tions are just
mashalim. The
real pleasure
the neshama is
going to have is
indecible!

THE SPRING HILL TIMES WEATHER STATION


Weather Reports Brought to you by:
Meteorologist Velvel Honig


It makes no difference what the temperatures will be or what conditions await us





the weather Hashem gives us is always beautiful and perfect!


Rockland County, New York

Tuesday 26 Elul
 Low 66°F High 81°F  **Partly Cloudy! Yay!!!**
 It will be a wonderful day to realize that Hashem never leaves your side!

Wednesday 27 Elul
 Low 65°F High 74°F  **Scattered Thunderstorms! Wow!!!**
 There will be perfect weather for the entire world to recognize Hashem!

Thursday 28 Elul
 Low 61°F High 73°F  **Scattered Thunderstorms!!! Yippie!!!**
 Perfect day to realize that Hashem is so wonderful to us!

Erev Shabbos 29 Elul
 Low 57°F High 72°F  **A.M. Showers!!! Yippie!!!**
 Perfect day for your heart to melt thinking about all the kindness Hashem gave you in year 5783!

Shabbos Kodesh Rosh Hashana
 Low 57°F High 73°F  **Mostly Sunny! Yippie!!!**
 Stunning weather! Perfect to celebrate Hashem's beautiful creation: the world!

Sunday Rosh Hashana
 Low 57°F High 76°F  **Mostly Sunny! Gorgeous!!!**
 Beautiful weather! Will be a great day to crown Hashem as king of the world with blowing the Shofar!

Please note: This is based upon the forecast at time of print. Actual results usually vary...

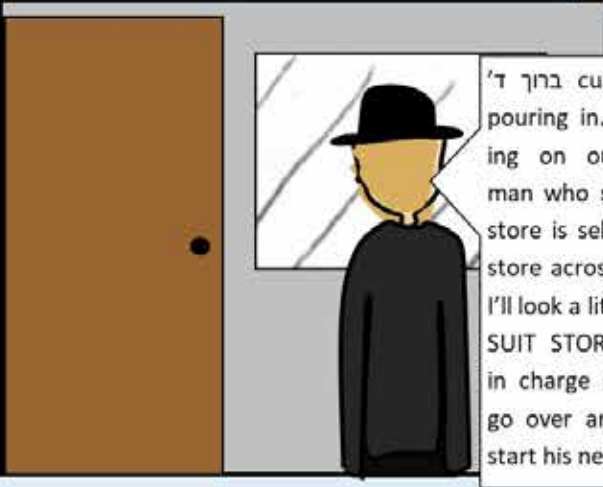
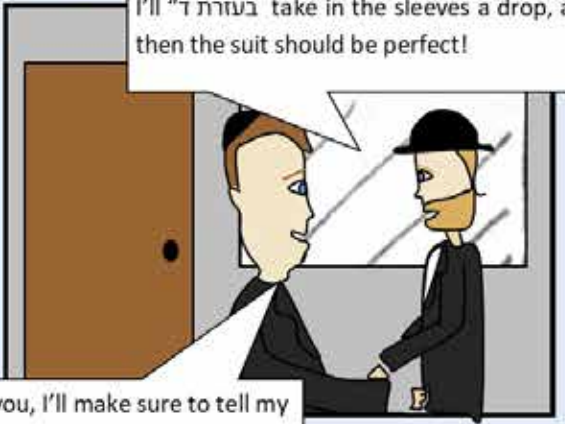
A SHAILA TO R' SHAYA'LA Chapter 1

1910 in New York



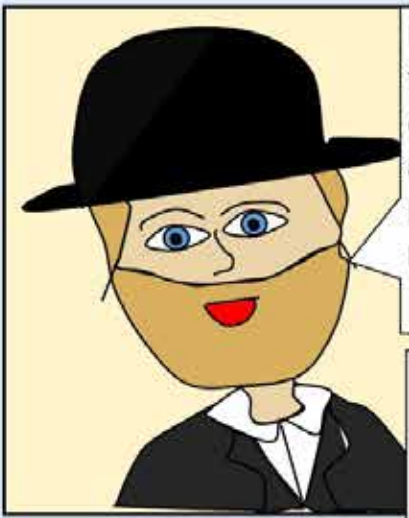
Thank you, I'll make sure to tell my friends about you!

I'll take in the sleeves a drop, and then the suit should be perfect!



'ד ברוך customers are pouring in. What's going on outside? The man who sold me this store is selling another store across the street, I'll look a little closer— A SUIT STORE! Hashems in charge of פרנסה I'll go over and help him start his new store

A pleasure doing business with you. Good luck on your new suit store.



Hello, Welcome to the block! I own a suit store across the street. Do you need any help?

I DON'T NEED YOUR HELP! NOW GET OUT OF MY STORE!



I'm going to get rid of that dirty Jew and his good for nothing store!

TO BE CONTINUED בעזרת ד'

Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
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Monday	<input type="text"/>
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Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

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By Leiby Berger - Jackson, New Jersey

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Stunning
World!



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Wonderful
World!

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5

Weekly Thank You's

I'zechus that people should feel loved by Hashem!



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Brushes!

We can brush our hats, hair, softly with care.



Thank You Hashem for Adhesive hooks!

We can stick them on so conveniently in so many places, no screws or tools needed.



Thank You Hashem for Mops!

We can clean the floor so efficiently and easily. No need to go on your hands and knees and scrub.



Thank You Hashem for Public Transportation!

We can join others for rides making it so cost friendly and enjoyable.



Thank You Hashem for Friends!

We can grow together with them and share our feelings and milestones with them.





THEN & NOW

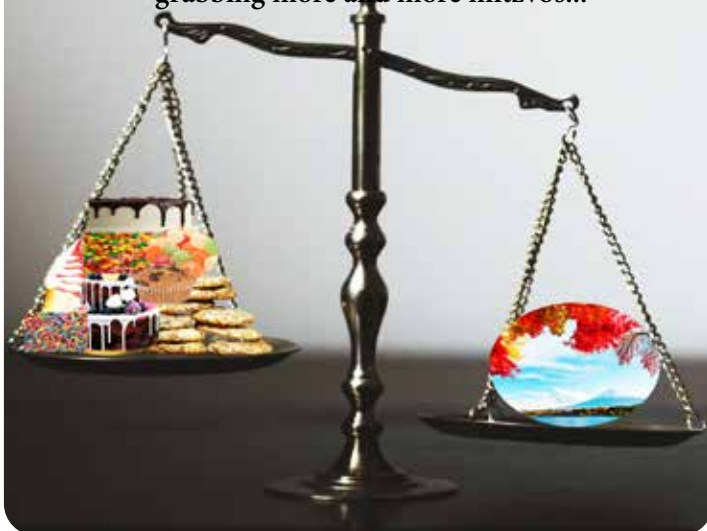
Preparing the Seudas for Rosh Hashana?

1800's:

You scraped together some money and bought the bare minimum of what you needed for Yom Tov...



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Today:

Our Tables are overflowing with food! Our refrigerators are bursting! Our freezers are stuffed!

We have endless amount of the most delicious food in the history of mankind to choose from!

Hundreds of types of wines!

Delicious Challos!

Tens of different types of fish!

As much honey as you can dream of!

Every type of meat that exists!

Soda of all kinds! Seltzer with all different flavors!

Fruit without count!

Salads... Dips... Kugels... Nosh...

Hundreds of beautiful gilyonos!

Tzedakah and Chesed organizations that give us so much!

Hashem is pouring upon us non-stop love!

Thank You, Hashem!!!



INTRODUCING...

MR. MIDDOS



A weekly comic including the Marvelous Middos Machine, and Mendy, Mindy and Mr. Middos teaching everyone the Torah ways with song and pictures!

COMING NEXT WEEK!

BY: AHUVA ROTHENBERG

THE SHOFER'S CALL

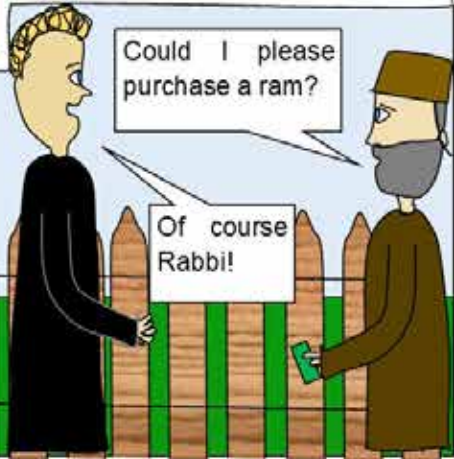
It's around year 1650 in a far out Ukrainian community deep in the forest. The community used to flourish, until the terrorizing Cossacks came and ransacked this once beautiful town. Now there was just barely a minyan led by R' Nechemia.

Two weeks before ראש חודש אלול R' Nechemia who was the Rav, בעל תוקע, and everything else in the vicinity took out the שופר.



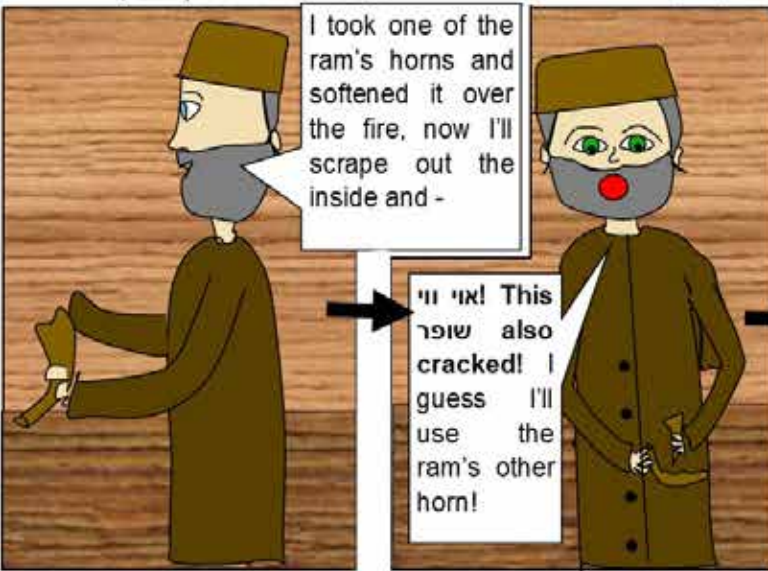
׳ד בעזרת I will blow this שופר that I have been blowing for many years on ראש השנה!

The שופר cracked! It must not be a good סימן! It's probably a sign that trouble is approaching and my end is near!



Could I please purchase a ram?

Of course Rabbi!



I took one of the ram's horns and softened it over the fire, now I'll scrape out the inside and -

This שופר also cracked! I guess I'll use the ram's other horn!



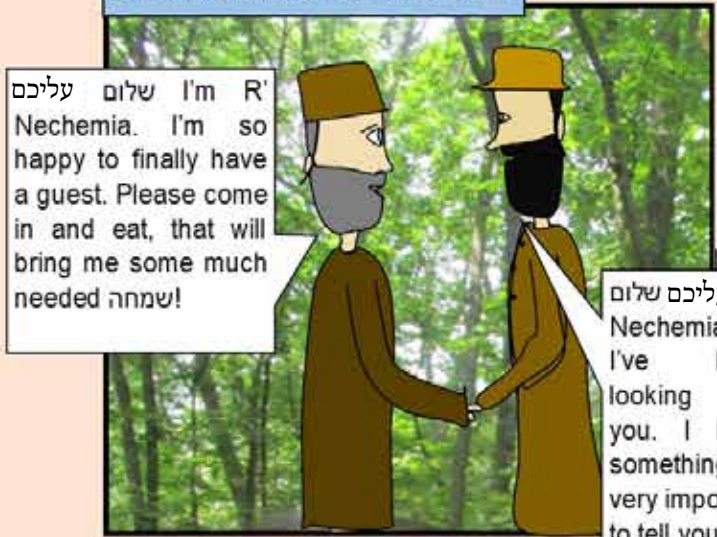
I'm almost done hollowing out the last horn. It also cracked?!

R' Nechemia was fasting the entire day עוסק בתשובה, תפילה and תורה



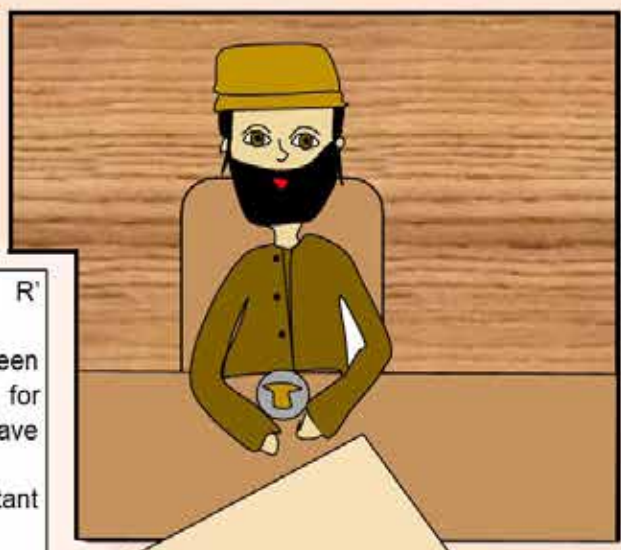
It's a סימן משמים they don't want me to be the בעל תוקע anymore!

One day a traveler came into town



I'm R' Nechemia. I'm so happy to finally have a guest. Please come in and eat, that will bring me some much needed שמחה!

R' Nechemia. I've been looking for you. I have something very important to tell you!



I am a business man I travel around buying and selling. a few days ago...



Come with me! The Mayor is deadly ill!

How can I help? I'm not a doctor.

He told me to bring the first Jew I see. You don't have a choice.



You're a Jew, correct? I have a Jewish boy, and I want to return him to a Rabbi. Bring me one at once!



There isn't a Rabbi in the whole area! I'll take the child

I will only return him to a Rabbi

I asked a Rav from that if he knew of a Rav close by



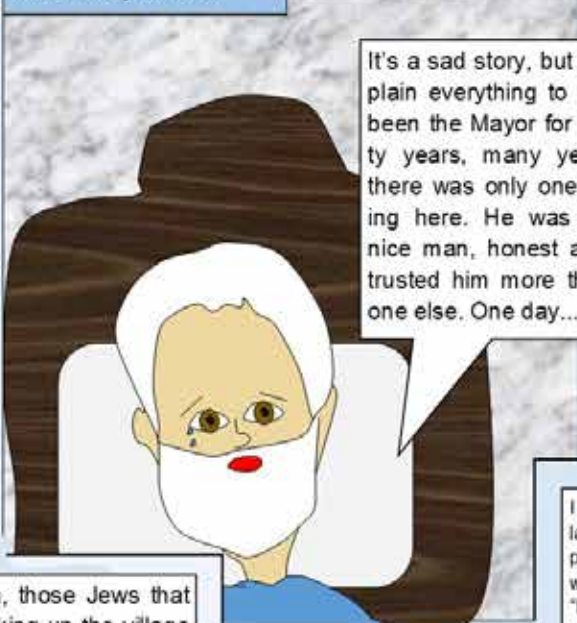
Yes, R' Nechemia lives in a neighboring town. He is the chief Rabbi in the area and does שחיטה, דיני תורה, בריתים answers שאילות and whatever else is needed!



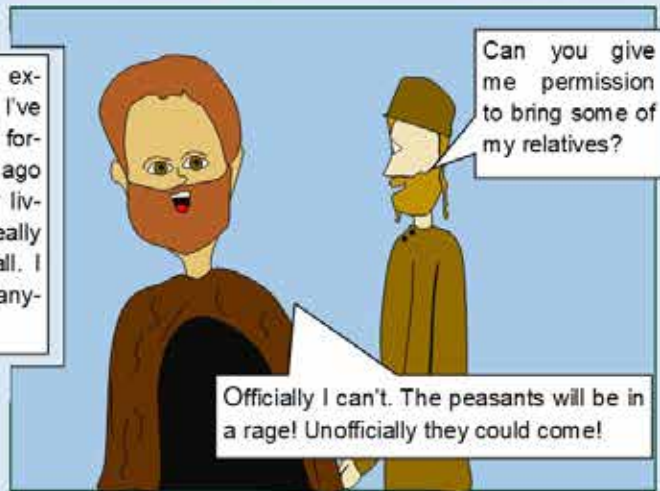
This is the first time I left my town in a while other than to buy the ram. 3 שופות cracked, the first one I used for decades. I fear that it's a bad סימין.

Everything 'ד does is good. The reason He would send a סימין is to frighten someone to do תשובה. The mere fact that you're scared is proof.

When they arrived



It's a sad story, but I will explain everything to you. I've been the Mayor for over forty years, many years ago there was only one Jew living here. He was a really nice man, honest and all. I trusted him more than anyone else. One day...



Can you give me permission to bring some of my relatives?

Officially I can't. The peasants will be in a rage! Unofficially they could come!

Sasha, those Jews that are taking up the village are starting to build a synagogue!

You also heard that?

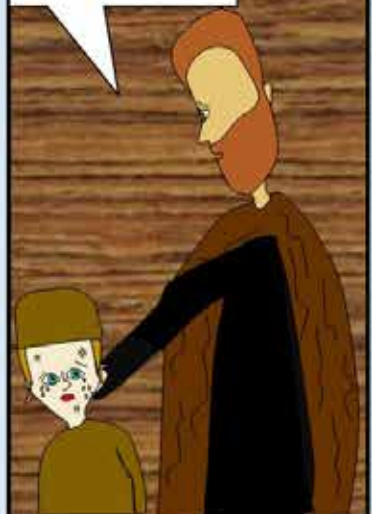
Of course I heard that! I was one of the fist to steal their bricks and knock down their structure!

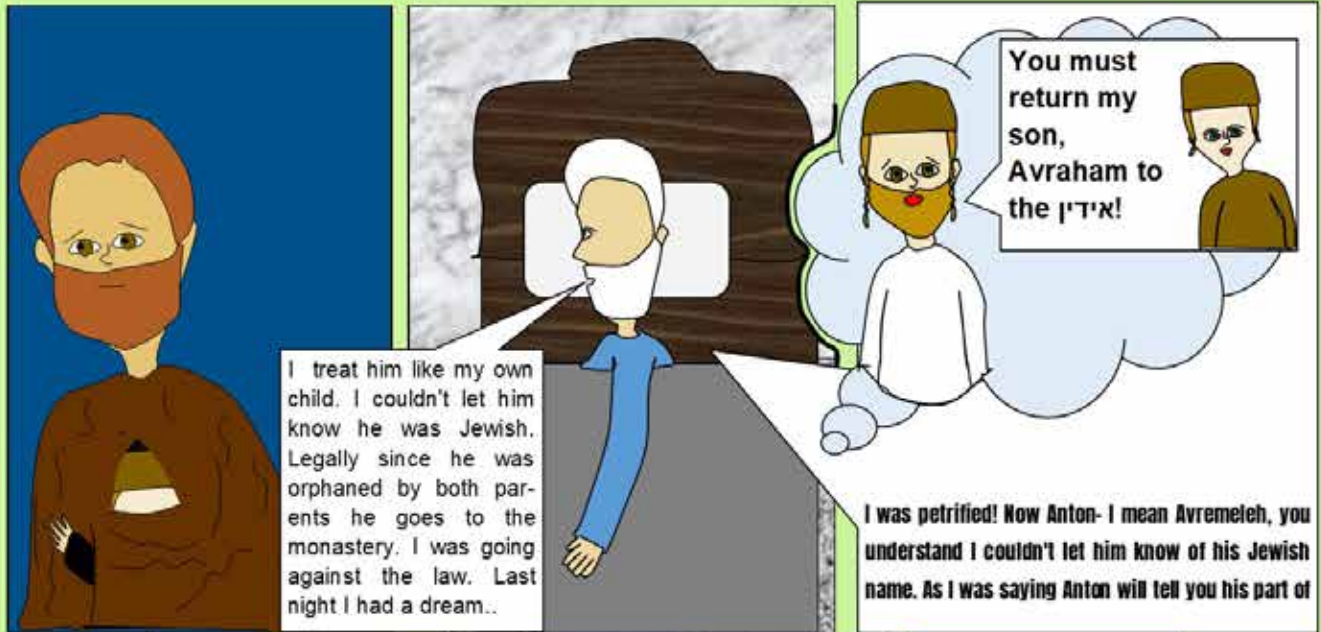


I told them to stop building, but it was too late. The Jews were building and the peasants were destroying. Even though it wasn't near Passover they used the "brilliant", age old idea of a dead child to trigger a program. They claimed it was due to the construction of the synagogue that the boy died. Many Jews fled, but still many were killed- among them my dear friend. I came to his house which was in rubble. I was looking around, and...



Avremeleh? Come with me quickly and quietly.





I treat him like my own child. I couldn't let him know he was Jewish. Legally since he was orphaned by both parents he goes to the monastery. I was going against the law. Last night I had a dream..

You must return my son, Avraham to the אידן!

I was petrified! Now Anton- I mean Avremeleh, you understand I couldn't let him know of his Jewish name. As I was saying Anton will tell you his part of



I knew I was the Mayor's son, but once in a while someone would call me "dirty Jew". One day I found this horn in a safe my father had warned me never to open. I tried to blow it, finally I heard a sound that made me break into uncontrollable tears like never before! I begged my father for an explanation, and he explained that my real father would blow it the entire month before ראש השנה! Does this horn represent going home?

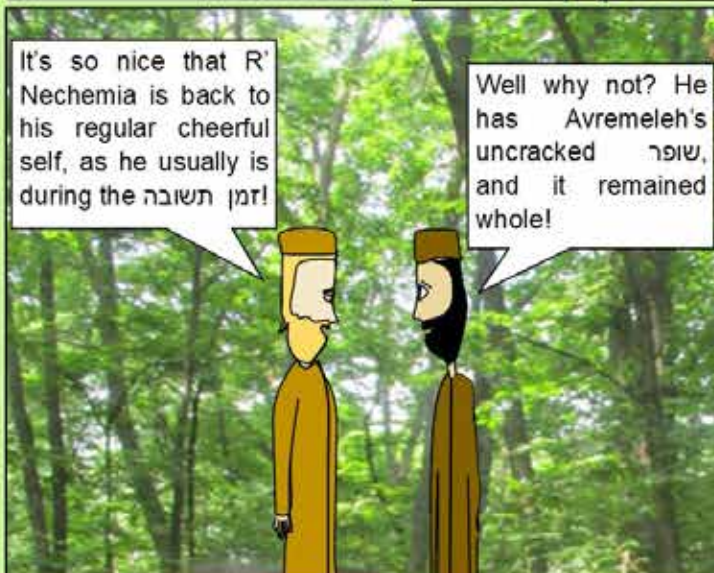


On the יובל year, they blew a שופר to announce that people could return to their original origin!

When they got home



Like a dehydrated man that received water, the boy astonishingly fast thirstily drank up the אב, then moved on to higher learning.



It's so nice that R' Nechemia is back to his regular cheerful self, as he usually is during the זמן תשובה!

Well why not? He has Avremeleh's uncracked שופר, and it remained whole!



The שופר says "עוררו שנים משינתכם". The שופר has a כח to wake up אידן to do תשובה! If the שופר was able to wake up the אידן the פינטלע איד in this boy that didn't even know that he was איד during the הייליגע month of אלול, קל וחומר, ראש השנה, on itself!!

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

In Novardok, making sure to serve Hashem



בדרכי נעם in a pleasant way, was number one. Yiddishkeit is not chas v'shaom a straightjacket or jail, Yiddishkeit is enjoyable and gesh-

mak. Sometimes people could get carried away when trying to have everything in avodas Hashem be done just perfectly.

R' Mandel heard an old Novardiker remark publicly "טוב מאד זה יצר הרע" - if trying to have everything done perfectly is giving you negative emotions, it's the Yetzer Horah. The Yetzer Horah is very smart with this, he could use frumkiet to destroy and destroy. He uses it to make people worried, uptight and angry.

Just like a father doesn't enjoy when his kids go around uptight and nervous, rather feels good when his kids are happy and enjoying, Hashem also likes when we're happy, relaxed and serve him in a geshmak and pleasant way.

Rabbi Yosef Moshe Mizrachi

I mentioned to Rabbi Golombeck that the article I wrote for the Spring Hill Times mentioned in it Gehenom. He advised me not to submit it. Because anyone who reads the Spring Hill times will have a straight ticket to Gan Eden, so it's not a practical topic for the Spring Hill Times.

He told two very important points.

1. In our generation the Yetzer Hara is so strong and accessible, so any Yid who serves Hashem now days gets rewarded for constantly turning away from the Yetzer Hara!

In Sefer Sha'arei Geula, R Don Segal writes that he heard Rabbi Chatzkel Levenstein say that our generation is in a win-win situation! The Mitzvos we do are worth extra and when we make mistakes Hashem is lenient with us since the yetzer hara is much *Continued on next page*

Mazel Tov!

Mazel Tov to R' Yehuda Lowenthal and family (Flatbush) on the birth of a new baby boy!

Mazel Tov to R' Meir Zuckerman and family (Lakewood, New Jersey) on the birth of a new baby grl!

Mazel Tov to R' Yisroel Zev Zebrowsky and family (Lakewood, New Jersey) on the birth of a new baby boy!

Mazel Tov to R' Shlomo Zebrowsky and family (Lakewood, New Jersey) on the birth of a new baby girl!

Rabbi Yosef Moshe Mizrachi
Continued

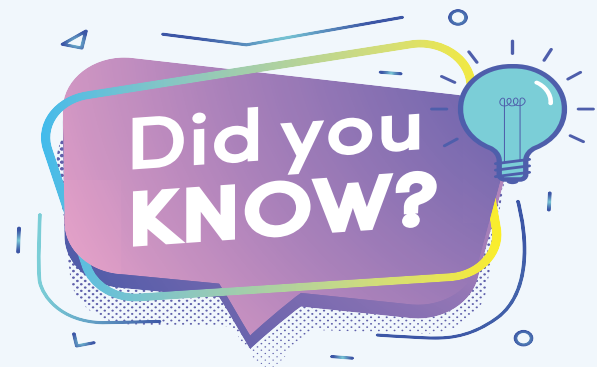
greater than previous generations!

2. The Ramchal (Otzros Ramchal, Kivoy) says that anyone who works on bitochon; even if they have very few good deeds, will automatically get saved from gehenom!!

The Ramchal explains that teshuva means to 'return' to Hashem And the greatest form of 'returning' is living with Bitochon with Hashem! The word Mikveh - as in purifying water, Can also be pronounced as Mikaveh -which means to rely on hashem. The words are related since our trust in Hashem in this world 'cleanses' our souls and connects us to Hashem in the next world in Gan Eden!

Shabbat Shalom U'mevorach

By: Rabbi Zevy Golombeck



Did you know that Hakadosh Baruch Hu made the Yetzer Hara to help us be able to serve him? The point of the Yetzer Hara is to become closer to Hashem!

Rashi brings down in the parsha of Kriyas Shema, "Bechal Levavcha," two Beis's, to serve Hashem with your Yetzer Tov and Yetzer Hara. The obvious question is, how do you serve Hashem with your Yetzer Hara?

Let's say someone gives you a compliment, instead of shrugging it off and saying 'it's not true, you don't really mean it', R' Miller says to think, "Hashem wanted me to hear this compliment. Seeing that people look at me as someone Chashuv, will motivate me to want to become more Chashuv." Like Rabbi Miller said, whenever he would Bentch in front of other people, he would give them Hakaras Hatov, and say "Thank you," because he would Bentch with more Kavana when he knew people were looking at him, just like when people look at you, you Daven with more Kavana. So Kavod is a very good thing.

So why is it that we were brought up that Kavod is bad?

That's if you use Kavod the wrong way. Let's say someone criticizes you and makes fun of you, and you get all insulted, you don't speak to that person, and you want to get back at him, that's because of your Kavod, and you're using it the wrong way. That Kavod, stay away from, say "Kavod Hevel Havalim."

However, the Kavod that's going to motivate you to become a better person, that's the best thing in the world! Therefore, you have to view the Yetzer Hara as bringing you closer to Hashem, as a positive thing.

By: Sarah Freida Haivri

ארץ תמדה טובה ורחבה!

Hashem's Wonderful Land



View from Rabbi Akiva's Kever in Tiberias



Cave of Rabbi Shimon Bar Yochai

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael. Please email them to: thespringhilltimes@gmail.com

BEAUTIFUL QUOTES

"Every day you can say, "I love You, Hashem." It's worth living just for that alone."

Rav Avigdor Miller Speaks Vol 1, Page 163

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"Hakadosh Baruch Hu is happy to no end when he sees כלל ישראל doing the right thing. This is his whole desire in making this beautiful world - עולם חסד יבנה - to give שמחה to His creations. It is extremely important to re-

alize this. It skyrockets your level and your general positive thinking and thankfulness. You realize that הקב"ה desperately (k'vyachol) wants you to have more thankfulness and much more בטחון so he can give you loads of שכר.."

Rav Yehuda Mandel - Bitachon Weekly

"Just pick up the curtain and you will see that Hakadosh Baruch Hu is smiling to you. Saying: 'I'm watching you protecting you and taking care of every step of your life'."

Rabbi Zevy Golombeck - A Life with Bitachon

"It's all one big puppet show, everything you are going through..."

Ibid

Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email: thespringhilltimes@gmail.com

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "WHAT IS MENUSCHAS HAGUF?"

The Quote – The Lesson – The Story

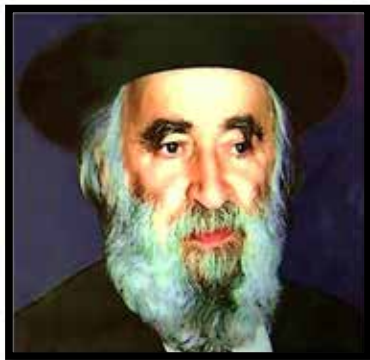
A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: ONE WHO GAINS true Bitachon in Hashem not only will experience מנוחת הנפש but will also experience מנוחת הגוף. He will have a physically and emotionally easier life! How so? The reason is because someone who relies on Hashem, understands that it is Hashem Who is supporting him. Therefore, he knows good and well that he does have any need to take on himself a type of livelihood which is backbreaking or one which will drain him out. To the very contrary, because of the very fact that he puts his reliance **only** in Hashem he will feel at ease to choose **only** a job that will be much less taxing on his body and that will leave him with a good name.



The Lesson: WHAT MAKES THIS QUOTE SO INCREDIBLE and amazing is that we may think that we have to ruin our menuchas haguf to support their family. With bitachon POWER, - bitachon in Hashem, we understand and realize that **we** do not support ourselves at all, *rather* all we have to do is go through some motions of hishtadlus. The Chovos Halevavos is teaching us is that there is no reason to do a job that will take away from your menuchas Haguf or meunchas hanefesh!

THE STORY: JUST BEFORE WORLD WAR II began, when the smell of war was in the air, a fellow approached HaGaon HaRav Chaim Krieworth זצוק"ל and said: "I have a request. I see the days of war are approaching and nobody knows what their future or fate will be. We are living with the thoughts of "who will live and who will die". Therefore, I am concerned of what will be with me in the coming days, so I ask the Rov if I can give him my information where I have my money kept in one of the Swiss banks, and if I don't make it through this war ה"ו, and the Rov survives I ask that the Rov to pass over the information to one of my children or relatives so that they will be able to use the money."



After the war, Rav Krieworth related to an audience; *"Bichasdei Shamayim I survived the war and for over twenty-five years I searched high and low hoping that I would be able to find*

out what happened to this man and maybe even find a relative of his, but I did not manage. One day, I was travelling by train in one of the cities in America. Sitting next to me was a fellow who by taking one look, one saw that he was an יע of the highest level and he suffered terribly because of his situation. During the ride the fellow began to pour out his heart and relate to me all of his troubles. He mentioned between his sobs that he came to America empty handed with no money, no family and no profession. Bare handed.

I asked the fellow, "Tell me, what is your name?" I was shocked to hear his last name. It was the same name as the one who gave me his bank information before the war.

"Are you related to so and so?" I asked him. "Yes", he said "that was my father!"

I did not hesitate a moment and I told him that his father left me his bank information before the war with instructions to give it over to someone from his family. The יע told me that he did not have the money to fly to Switzerland. I told him that he doesn't have to worry about it, I would be happy to lend him the money he needed.

When the fellow retrieved his father's money he was astounded, and shocked to have received a Yerusha of three quarters of a Million dollars (!) which in those days, was worth far more than it is today!

We can learn a great lesson from this story. This is a mashel for all of us! All that we are meant to have we have already and is there waiting for us. We are like the "wealthy man" who didn't know he was rich. Therefore, all the extra toil and lack of menuchas Haguf to receive it, is unnecessary. Hashem could give what is coming to you without you having to overwork yourself to receive it!

Next week's Topic: "SAY GOODBYE TO AGMAS NEFESH!"



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Shevisi Hashem L'Negdi Sameed

Dedicated to Esther Bas Leeba, Yosef Ben Esther, Malka Bas Esther and their families sheyichyu, for a good and very sweet new year ad 120 gezunt and shtark. We awaken and whisper Modeh Ani as He gifts our souls with one day more; Grateful for His Mercy and His faith in us: for a fresh start, an open door.

To Bless His Name
for every single thing.
The One and Only; The First and Last:
We Crown Our G-d, Our King.

As we toil
to increase our yield
we lift our eyes
to See Our G-d, Our King with us in the field.

Davening L'yishuascha
Our G-d, Kvisi
each of us says:
"Our King has come to answer me"

"to delight
in our Shoshanim
and to let us know
we are His Tzon Yado, His Own Banim."

He overlooks our flaws
and adores us as if we are yashar
patiently waiting for us
to return to Him from afar.

If only we would meet our obligations,
He would widen His windows to send
blessings to us from His Heavens
that would have no end.

We hope to cleanse ourselves
with love beyond awe
to express regret;

to repair any flaw.

We ask who we have wronged?
Who must we forgive?
As we come before Our G-d, Our King in judgement
to decide who will live.

We would tremble under the unknown,
were we not certain that Ayn Domeh Loch
and now, as always,
Our G-d, Our King Botachnu Boch.

To cling to Him
is our most pressing need.
Shevisi, Our G-d , Our King,
l'negdi sameed.

To pierce our hearts
we will hear Kol Shofar:
the Tekiah and the Teruah
from high on His Har.

We pray for His gift
of one year more
a fresh start,
an open door.

For His Mercy and Faith in us
Kesiva v'Chasima to greet
a new year that is not only good
but also very sweet.

On the birthday of the world,
Our G-d, Our King will recreate
every aspect of His Bria
and determine each living being's fate.
; His Chosen, His Dodim; will soon lead the world
to sing
the song of sovereignty for HaMelech Chai v'Kayam:
Our G-d Melech, Malach, Yimloch L'aolam.

Kol Chai will Crown Our G-d King,
and, like us, will know He's true
and, when He decides, along with the Shofar,
Kol HaTor Nishma b'Artzenu.

Then we will finally be renewed,
serving our G-d, Our King with one heart
and together with us,
the entire universe will enjoy a fresh start.

With tremendous gratitude to HaMelech Chai V'Kayam and R. Yitzchok I. Kaufman (The Spring Hill Times,) R. Zev Golombeck (The Bitachon Hotline;) R. Shimshon Dovid Pincus Z'l (Elul- Including Hashem in our Thoughts and Speech;) R. Daniel Glatstein (The Mystery and the Majesty Elul Yamim Noraim Succos: The grandeur and nobility of the Days Of Awe and Joy;) R. David Sutton (Bitachon and Rosh Hashana 9/21/2022) and (Daily Bitachon 8/2023,) Artscroll Shir HaShirim, Siddur, Tehillim, Machzor Rosh Hashana; Malachi 3:10 and EK, AU, LJ, RM, GF, CMB, and SF.

Rabbi Zevy Golombeck

Illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel*

Q. There is a Chazal in the Gemara Chagi-ga 5b, that if a person does an Aveira one day of the year, it is as if he did the aveira the whole year.

We all know that Hakadosh Baruch Hu is our loving caring Father. He's always looking to give us more Zchusim. The Gemara two lines before this says that if one does a Mitzva one day of the year, it's as if he did it the whole year. Hashem is looking to do good. Why over here do we see something that feels so negative?

Why doesn't Hashem look at the rest of the year when he didn't do the aveira? Why is He focusing on the one day that he did the aveira?

A. My Rebbi gave me over a very important Mesorah from his Rebbeim that the point of every single Chazal is to motivate you to become a bigger, better, happier, healthier person, to give you more Menuchas Hanefesh and Simchas Hachaim, and to bring you to a closer connection to Hashem. If it's not doing that, either you're misunderstanding Chazal or it's not for you.

How can we understand this without walking away with a negative emotion? The answer is like this.

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The Gemara is talking about a person who **wants** to do the Mitzva every day of the year or **wants** to do the Aveira every day of the year.

B'Nogea the Mitzva, he was so busy preparing he could only do it one day of the year. The flip side is that the person really wants to do the Aveira every day of his life, but he was so busy preparing he only managed to do it once. But he dreams and he wishes that he could do the Aveira every single day.

What about the famous concept we all know, that by a Machshava Ra, Hakadosh Baruch Hu doesn't consider it as if you did it? That's because, Rabbi Miller said, a Yid isn't really sincere about his bad thoughts. Because he's not sincere, he doesn't get a punishment as if he did it.

In contrast, this Gemara is talking about a person who is an exception to that rule. He's only doing it today, but he wishes he could

Rabbi Zevy Golombeck

illuminating Words of Chazal

Continued

do it every day, he just wasn't able to.

It's just like by the Meraglim. The Meraglim wanted to spy out every part of Eretz Yisrael, even if it would have taken forty years, so the punishment lasted forty years. So it comes out that this Gemara in Chagiga is talking about a Rasha, just like the Meraglim, Rashi says they were Reshaim. It's talking about a Rasha, someone who lives with Aveiros, he loves Aveiros, and he wishes he could do it every day. The Gemara says, you want to

do an Aveira every day, so Hakadosh Baruch Hu gives you whatever you wanted to do, Machshava K'Maaseh.

It comes out that this Chazal is not Noge'a to anybody listening to a Life of Bitachon, to anyone reading the Spring Hill Times, or to any Frum Yid.

No Frum Yid wants to do an Aveira every single day. Nobody wakes up in the morning wishing he could do an Aveira. So this Gemara is not relevant to anybody who is a Frum Heimishe Yid. So therefore, right there you can't walk away with anything negative, because it's not relevant for you. Chazal were not talking to you, they were talking to Reshaim.

In addition, even in the Middas Hadin for the Rasha, you'll still find Hashem's Rachamim, because Hashem even loves Reshaim too. There are two aspects of Middas Harachaim here. Regarding the Meraglim, the Mefarshim say that this that they had to stay in the Midbar forty years instead of forty days was a tremendous Chessed, because this way everyone in Klal Yisrael from twenty to sixty didn't have to all die at once in a forty day span, which would have been extremely traumatic, and the ones who were twenty were able to live to sixty, otherwise they would have had to die at age twenty and forty days. Hashem wanted to give them more of a chance to enjoy life and do Teshuva. The second point is that this that the Gemara is teaching that the Rasha who did the Aveira one day

it's as if he did an Aveira every day of the year, is also a tremendous Chessed, because when someone does Teshuva, the Aveira turns into a Mitzva. For example, someone who wishes he could eat Chazer every day, he's looking to get it, but he only managed to eat it one day, it's considered as if he ate Chazer every day. When he does Teshuva on this Aveira, it's as if he ate a Korban – and it is as if he ate a Korban 365 days of the year!

Therefore, it's actually an opportunity and an incentive to get tremendous amounts of Schar for doing Teshuva.



Story Time

Stories From 'A Life With Bitachon'



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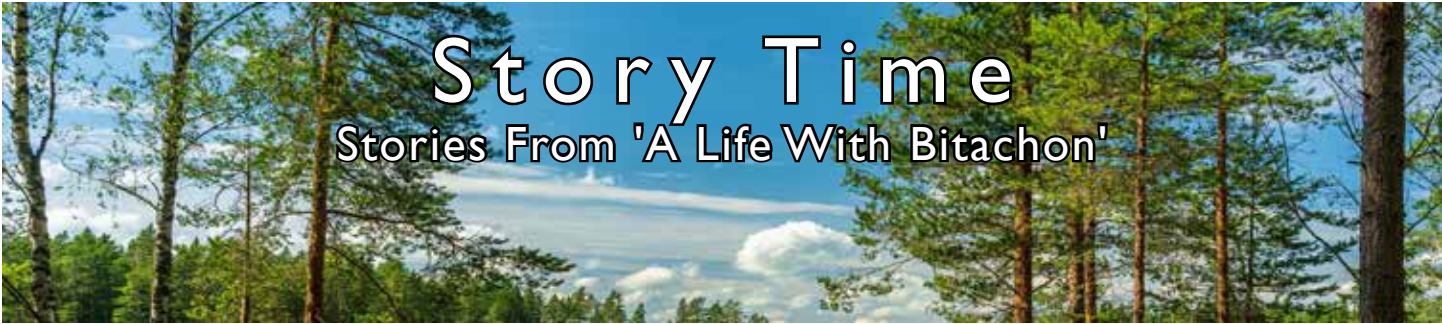
#1612- This story has been called in from Cleveland by Mish-pachos Holstein. A couple of her children asked her, “Mommy, could you please get us a treadmill? We would really enjoy it so much.” She responded, “Right now it's not a good time for me to get



it for you. But you should understand and realize that even though it's not a good time for me to get it for you, Hakadosh Baruch Hu is a Kol Yachol; He can do everything and anything, and therefore they can go straight to the Source, go straight to the Boss, HaKadosh BoruchHu, the Ribbono shel Olam Himself.”

With that, her family said, “Okay, HaKadosh BoruchHu, we're going to You. You're the Kol Yachol.”

Later on, she was driving her car, and she went down a side street. She saw that sitting at the corner was a treadmill. She looked at a sign on it that said, “Free. Works like new.” She said, “Wow, this is too good to be true!” The person whose it was said, “Sure,



I'll help put it into your car.” **In no time, she brought it home. It worked perfectly, Gevaldig and amazing!**



#1613- This story has been called in by a very Choshuve Yid by the name of Yoel Dweck. He said over that his friend called him up and said, “I need help. I'm flying this week, and I still haven't received my passport. I called up the passport agency, and they told me not before at least another week. They said, “There's nothing to talk about. Sorry, there's nothing we can do for you. We're backlogged for the longest time. Therefore, as much as we wish we could help you, there's nothing that we can do to help you.”

So his friend said, “What should I do? I feel so stuck. Here I'm traveling this week and they told me my passport is not coming for another week? What should I do?”

Yoel said, “I don't understand the issue and problem. I've been following the stories of 'A Life with Bitachon' for the past few days now, and I've been hearing story after story how people were having Bitachon for other people. So, guess what? I'll have Bitachon for you that you're going to go to your mailbox, and you'll find your passport inside.” His friend said, “Are you serious, or is this just a joke? I mean, they said it's not coming for another week.” Yoel said, “Very simple. I'm going to Hashem; He's a Kol Yachol, the one in charge. It's not the passport agency; it's Hashem. All you have to do is go to your mailbox and wait for a surprise.”

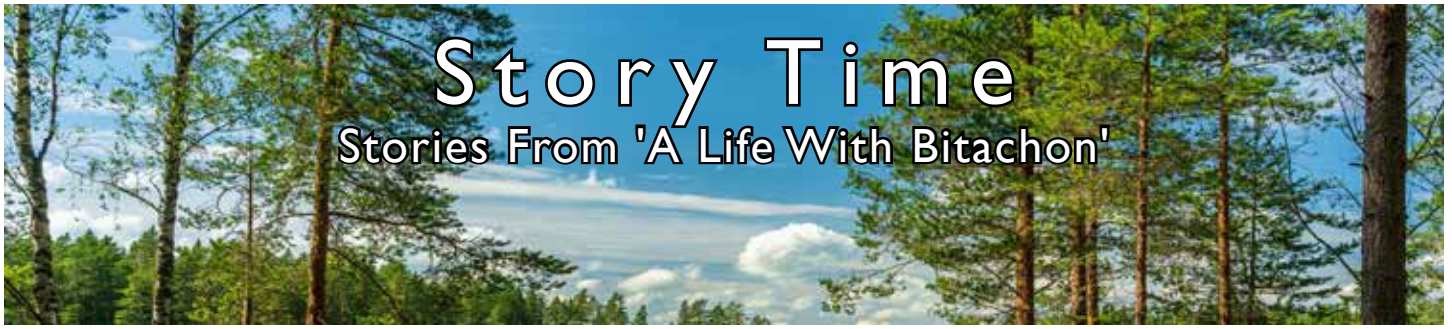
With that, he was Mechazek himself, “HaKadosh Boruch Hu, it's You, You are the one in charge of sending the passport!”

His friend opened up the mailbox, and right there was the passport, with the best delivery service!



#1614- This story has been called in all the way from Eretz Yisrael by a very Choshuve Yungerman by the name of Yossi Ellach. He said that his sister, who was born in Eretz Yisrael but now lives in Europe, called him up and said, “Can I please ask you for the biggest favor?” He said, “Sure, of course, go right ahead.” She said that she was born in





Eretz Yisrael, but she never got an official Birth Certificate. The only piece of paper that she has was what the doctor wrote. By now, it's very hard to read. The letter is very unclear. She really wanted to get an official birth certificate. “Is there any way you can go to the Misrad HaPnim and pick one up for me?”

He said, “Of course, sure. No problem. My greatest pleasure.” With that, he made an appointment at the Misrad HaPnim.

Finally came the day of his appointment, and he arrived. They said, “How can we help you?” He said, “I'm coming to get a birth certificate on behalf of my sister.” They said, “Let's look in the computer.” They came back, and they said, “First of all, she's over 18 years of age; she has to come in herself. Second of all, we don't even see any of her information in the system. It must have been too long ago. It's probably backed up by the archives, but we don't have access to it. Sorry, nothing we can do to help you!”

With that, he left the Misrad HaPnim.

On the way back, he was thinking, “What do they say, that they can't help me? Who needs them to help me? I have my loving, caring Father, HaKadosh Boruch Hu, the Ribbono Shel Olam. Let me go again, this time with Bitachon. And once I'm going with Bitachon, I don't even need an official appointment.”

With that, he started walking back, being mechazek, and singing “Hakol Yachol.” He walked into Misrad HaPnim and they said, “You have an appointment?” He said, “No, I'm so sorry, but... I just want to ask a quick favor.” They said, “Okay, how can we help you?” He said, “I'm here to pick up an official Birth Certificate on behalf of my sister.” They said, “Okay, let's check the system. Oh, she's not even here; the information is backed up in the Archives; we don't have access, sorry.”

Then they looked up and said, “Oh, one second. The director of the whole Misrad HaPnim just looked in, out of the blue; we weren't even expecting her. We don't even know why she's here, but she's the only one who's going to be able to help you.”

With that, the director said, “How can I help you? What can I do for you?” He said, “I need a Birth Certificate on behalf of my sister. Now she lives in Europe and she wants it.” She said, “Okay, let me check the system. Oh, I see, it's here. It's in the archives! Okay, no problem. We'll take care of you at once, 1-2-3, with the best service!”



The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I am a teacher, and I have to be absent for one day. The school asked me to find a substitute. I turned to my sister-in-law, who's an experienced teacher, and asked her if she would be willing to fill in for me. She responded, 'if you're stuck, and there's no one else, I'll fill in for you'.

However, I suspect that she's only consenting because she feels uncomfortable turning me down.

The truth is, there is another person who would be happy to substitute, however, she's inexperienced, and doesn't really know what she's doing. Perhaps it's not right for the class to have such a sub.

What is the right thing to do?

A. Rav Yisroel Falk responded: You're not allowed to put someone on the spot who will agree

against her true will.

Therefore, in your situation your sister-in-law is not considered an option. Practically, you only have one option – the inexperienced teacher who's willing to sub happily.

Q. I hear on 'A Life With Bitachon', that if I choose to go out of my way and do favors for others, it's imperative that it should be done wholeheartedly, and not accompanied with resentment. Which exercises can I do to work on doing favors with joy?

A. Here are two exercises:

Tell yourself, 'If I go the extra mile and do favors for others even though I'm not expected to do so, Hashem will act with me *מדה כנגד מדה* and do favors for me, even when I don't deserve it'. It comes out, that when you help someone else, in reality you're helping yourself.

Another exercise: The Steipler writes that it was already nigzar on Rosh Hashanah how much tza'ar and agmas nefesh each person is supposed to undergo during the course of the year. If a person receives tza'ar by means of a mitzva it will be deducted from his cheshbon.

Therefore, you should tell yourself, that when you go out of your way to help others, you are sparing yourself from receiving tza'ar in other forms of pain, such as car accidents and trips to the hospital R"L.

Q. My husband has a business, and recently he's been very successful and is making a lot of money. People are hearing that we have money, and a lot of people are coming to us for tzedakah. Since my husband has a big heart, he gives them whatever they ask for, and it feels like people are taking advantage

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The



Bitachon Perspective

Continued **of us.**
What's the emunah and bitachon perspective about this?

A. The Gemara says that tzedaka saves a person from yissurim. Therefore, when people are coming to ask for tzedakah, in reality, they are saving you and your family from car accidents and trips to the hospital R"L.

Also note, giving tzedaka is the best investment you could make. The Rambam teaches that no one becomes poor from giving tzedaka. On the contrary, tzedakah makes a person rich, and Hashem will even give him back double.

Would you feel bad that people are taking advantage of you by saving you from car accidents and making you get rich?!

Q. I have an acquaintance who can be very nosy. She tends to ask me all sorts of personal questions about my private life. I can't tell her to step back, because she will feel very insulted. Now I'm stuck having to deal with her. What's the right attitude about my situation?

A. We have to remember that every bit of tzar and agmas nefesh that is coming to us was already nigzar on Rosh Hashanah. It can happen through car-accidents and trips to hospital, alternatively it can come about through the pain of doing a chessed to someone else.

This acquaintance of yours is the greatest gift you have in your life! She's sparing you from terrible things happening in exchange for a little bit of time and

patience. Whenever she seems to be 'interfering' with your life, you should know that you just had a stroke of good fortune.

Q. My husband was diagnosed with depression, and I'm devastated that I won't have a functional husband. I also feel sorry for my children that their fate is to have a father who is depressed. I tried davening that he should get out of it, but I didn't see any results. Is there anything more Hashem wants me to do?

A. The first thing Hashem wants from you is to thank Him. Now that you see how terrible it is to be depressed, thank Him that you were not diagnosed with depression, and your children aren't depressed.

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The

Bitachon Perspective

Continued

Next, despite your husband depression, he certainly has other ma'alos. Thank Hashem for your husband's ma'alos.

Program your brain to see all the chessed and bracha that's in your life. Make yourself so busy thanking Hashem that you won't even have time to worry over your husband's condition.

The z'chus of focusing on Hashem's chessed is so great, that it could cause your husband to have a complete recovery.

Next, despite your husband

Q. I had to go out of town, and I asked my siblings if they could babysit my children for a couple of hours. But no one agreed: one was busy, another wasn't feeling so well; each one had their own reason. Although I understand where they were coming from, I still felt hurt. Don't they see that I'm desperate? Aren't family members supposed to go the extra mile?

A. The Chofetz Chaim writes: Included in the concept of hashgacha is the principle that when a person needs a favor, Hashem

is the One who decrees which person is going to be the shaliach to do the favor.

Therefore, if someone is not willing to do you a favor, there is no reason to be upset with him. It simply means that he is not the person who Hashem decreed to carry out the favor for you.

It's like if you're looking for a person called Reuven. You see someone and

you think that it's Reuven, and you walk over to him. But the person says, "I'm sorry. I'm not Reuven; I'm Shimon."

Would you get upset at him, "But I need Reuven! Why aren't you Reuven?" It's utter foolishness. He's not Reuven. What do you want from him?

It's the same way when you ask someone to do you a favor and he turns you down. That simply means that he's not the one who was supposed to help you. Hashem decreed that 'Reuven' should be the one to do the favor for you, and the person who you asked is 'Shimon'.

If you are having trouble finding 'Reuven', turn to Hakadosh Baruch Hu and say, "I don't know where my help is supposed to come from. But I know that it is You who is running the world for my good. I'm leaving it up to You to help me out." And when you rely on Hashem, He will show you openly how He will help you out.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

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Our Readers Share



Editor's Note: Some of these stories are from Nissan-Sivan!

Three Stories



I had two amazing stories that I wanted to send into The Spring Hill Times for a while already, but I just never got to it.

One day, as I was putting in my lenses one of them fell off my finger onto the floor. I looked around to try to find it, but I couldn't find it. I was in a rush since I woke up late, so I was already rushing to make my bus as it was.

After a little bit I said to myself, "When I find it, I'm going to send this story in to The Spring Hill Times, and also my other stories that I never got to."

I had Bitachon that Hashem will help me find it.

I looked around again and after a few seconds I found it on the floor right in front of me, where I already looked a few times!!

In the end I did miss

my bus, but I had a ride a few minutes later! And I ended up getting to camp earlier than I do when I go on the bus!

So here are my two other stories.

On Shavous, I really wanted to make a certain recipe, but I just couldn't find it. I was looking through all different cookbooks, but the recipe was nowhere to be found. I was almost positive it was in a certain cookbook, but I just couldn't find it.

We said that we always see others put stories in the Spring Hill Times that they need to find something so they say they will send it to The Spring Hill Times when they find it,

and then they find it. So, we said when we find the recipe, we are going to send it to The Spring Hill Times.

A few minutes later I decided to look in a different cookbook and there it was!!

The second story also happened on Shavous.

On the first day of Shavous, by mistake the bathroom fan turned on. We were nervous since there were stories that it can cause a fire from being on for too long, so we said we need to find someone to turn it off for us.

We continued our day and totally forgot about it.

That night, as I was getting ready for bed at around 1:30

am, I remembered. I was very nervous and did not want to go to bed with it still on. We were all ready for bed already, but we decided to look out the window to see what to do.

I was looking out the window at 1:40 am

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"R your story will be printed in the paper.

Please keep your stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

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for a few minutes when I saw a LCSW (Lakewood Civilian Safety Watch/Shomrim) car driving down our block! Since we were all ready for bed we couldn't just run outside in our pajamas, but Baruch Hashem, the LCSW car turned the corner onto my next block which is a dead end! That meant it would have to turn around and pass our house again in a few minutes. That gave us a few minutes to quickly get dressed and run outside just as the LCSW car passed right by our house. We flagged him down and he was happy to help and turn our fan off for us! Thank you so much for your amazing magazine!

A Reader- Lakewood, New Jersey

Bizyonos + Bracha= Powerful Yeshua



The following story was related by Rabbi Engel, head counselor of Camp Chevra of Lakewood. He told it at the banquet held at the conclusion of the summer. He himself heard it from Dr. Lapidus, and knows the full name and family.

During the winter of last year, a young lady named Malka, the granddaughter of a prominent rosh yeshiva, was in a Seminary in Eretz Yisroel. It was still during the lockdown/mask era.

Her parents were about to come visit from the US, however, Malka wasn't feeling well. She decided to go to the Kupat Cholim medical clinic.

She was waiting in line at the clinic and feeling horrible, perhaps with a high fever. It was a really long wait, and the mask she was being forced to wear was getting really uncomfortable. So, she asked the person behind her to save her place in line, and went outside for a five-minute breather, "ah, what a relief!"

She returned to her spot in line, when suddenly, several impatient people mistakenly believing she had just cut the line, began berating her: "What a chutzpa!! How dare you cut the line!! etc." Malka was terribly humiliated, but held herself from answering anything sharp.

Several minutes later, it was her turn. She went in, saw the doctor, got what she needed, and left.

Outside, Malka was stopped by a woman in her forties. This lady said to her, "I saw what happened - you were wrongfully embarrassed, yet you didn't answer back. I know Hashem answers teffilos - especially from someone like you right now. Would you do me a favor? Tonight, when you daven maariv, would you daven for my daughter? She is going through two difficult tzaros. She is expecting, and the doctor says the baby will not make it out alive, R"l. Additionally, my daughter has a little baby at home who is about to start treatment for cancer. We desperately need yeshuos!"

"Sure, absolutely I will daven", Malka replied. She took the

names, and the lady took her cell number.

Later, the lady also gave over Malka's number to her daughter.

Several days later, Malka was at the hotel where her parents were staying, as they were packing up to return home. She was about to accompany her parents to the airport, when she received a call. It was the doctor of the lady's grandchild. He explained that he had been about to administer treatment for the baby, but just had to do one final routine x-ray before he could begin. Astonishingly, the x-ray showed that the cancer was completely gone! What a miracle! The doctor continued, "The mother of the baby gave me your cell number; she wanted you to hear it directly from me!"

Later, Malka escorted her parents to the airport, and they boarded the plane with 'farewell, all the best'.

When her parents arrived in America, they received a call from Malka. She told them, "After you departed, I received another call. This time it was the actual mother (the daughter of the original lady in her forties). She said, "I just gave birth to a girl, and Baruch Hashem the baby was born beautiful and healthy! I am calling you with the good news even before calling my own parents, as I want you to be the first to know! Thank you for your teffilos!"

N.S. - Lakewood, N.J.



<p>LAKWOOD - NEW JERSEY</p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm. 18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p>Ely Family 801 Lexington Ave, apt 4G 718-812-5152 Friday *** 30 East 9th St. (Between Princeton and the tracks) Available in container outside the front door Thursday Call R' Shlomo Eliyahu 732-569-4273 (leave message) ***</p> <p>Weinberg Family 10 Gvuras Ari Dr. 848-240-3128 Available Friday outside front door on chair. Copies sponsored for all ***</p> <p>Hirschberg Family 410 10th St. Apt 7b Please call to reserve: 732-569-8111 ***</p> <p>Rosenberg Family 104 Elmhurst Blvd. In container by front door. Available from Thursday evening ***</p>	<p>1500 Twin Oaks Drive. In container by front door from Wednesday night. For more info please call: 908-596-0844 ***</p> <p>368 Bergen Ave 732-367-2499 Leftover copies available for all on Sunday ***</p> <p>Briller Family 21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727 ***</p> <p>Weitman Family 282 Coles Way Container in front of house Available on Thursday ***</p> <p>Metzger Family 43 Cabernet Drive 732-6828612 Container in front of house Available Thursday ***</p> <p>3 Shayas Rd. Basement Available on Thursdays in container by door.</p>	<p>Sponsored for all! ***</p> <p>Bistriz 524 E. Bergen Ave. Container in front of house (From Thursday night. Possibly from Wed. Night) 732-370-2488 ****</p> <p>Czitter Family 8 Treetop Ln. (In Yesodei Ct.) Avail. Erev Shabbos (Possibly Thur) Container in front of door 732-363-3578 ***</p> <p>Menahem Family [Copies are sponsored for all] 155 Forest Park Circle (Friday in container in front of house) 732-942-9759 ***</p> <p>Hershkowitz [Copies are sponsored for all] 15 Shefa Chaim (Knock on door for copy. Avail Friday and Shabbos)</p>
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Rosh Hashana Riddle Corner #55

The Baal Tokaiya recites the Brachos. He blows 100 Kolos. The reason for this amount is well known. It's reminiscent of how the mother of Sisra did groan. When does this custom not apply?

To hear the answer, press X14 #55 on the Chaishek HaTorah Line 845-720-4040

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.
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Parsha Delight Question of the Week

פרשת האזינו תשפ"ד (5784)

Hashem tells Moshe Rabbeinu (32:50) והאסף ... ומת בהר, to die on the mountain and be gathered. Rashi says that to be gathered means to straighten his arms and legs etc. If so, shouldn't it be listed in the opposite order? ומת ... והאסף First, straighten the arms and so on, and then die.

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle

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Time is of essence. Please contact us asap!

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Hashem Loves You!

HaGaon Rav Yehuda Mandel Shlita shared from his Rebbeim that the way to be Zoche in Din is to be MEZAKE ES HARABBIM, to bring merit to the public!



Now is the perfect time to open a new Gemach, to make the people around us feel good by noticing and complimenting the positive, to send a donation to those in need, to do what Rav Nosson Wachtfogel suggested of putting cookies or cake in Shul so that people come home to their families in a better and more upbeat mood, to collect Tzedaka for poor families, to write a message of Chizuk and put it around local Shuls or schools, and the list goes on and

on. There are Yiddishe Kinder now in public schools and not in Yeshiva, and a Yungerman I know took it upon himself to raise money for Nechamas Yisroel, an organization that helps these children.

Hashem gave us all a super bright light in our Neshamos, beyond comprehension, to light up the darkness of those around us. Let us also daven for all of Klal Yisroel this Rosh Hashana!

Hashem gave us countless ways to spread goodness and Chesed in the world, to bring us priceless Zechusim!

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