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KLAL YISRAEL'S NEWSPAPER

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

SUKKOS ISSUE 117

TISHREI 5784



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HASHEM GIVES COUPLE BABY AFTER **EIGHTEEN YEARS**

baby.

Mrs. Walkin* was wait- up hope, regardless of how ing for sixteen years for a many years they are waiting for a yeshuah.

Someone introduced her After two years of spread-

to 'A Life with Bitachon'.

She went around spreading the message all its readers and all of Klal Yisrael a **CHAG KASHER V'SAMEACH!**

The Spring Hill Times wishes

Hashem's ing name, she just had a baby girl! A dream come true!

ing care of the world, and name, the power of posi-

The power about how Hashem is tak- of spreading Hashem's that one should never give tivity, the Continued on page 4

Hashem is thinking about you 24/7





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The Spring Hill

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Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לזכות הבח' הח' משה דוב בער בן אסתר, לזווג הגון בקרוב. לזכות רפואה שלמה. דוד יעקב בן פעשא לאה

A LETTER OF BRACHA AND CHIZUK FROM THE ZIKNEI RO-SHEI YESHIVA IN THE UNITED STATES OF AMERICA

HARAV SHMUEL KAMENTSKY SHLITA AND HARAV ELYA BER WACHTFOGEL SHLITA

הנני בזה להכיר ולהוקיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצונויות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל - וכל איש אשר רוח התורה נושבת בו - ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריא של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתייסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוה גדולה יחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא רויחי להם וכל אשר להם.



Continued from power of not giving up!

[Rabbi Zevy Golombeck]

HASHEM SENDS MAN CHEESECAKE

R' Yisroel Rubinstein* was on his way home one day, and he saw that one of his neighbors parked in an illegal spot. He then noticed a police car drive up the block.

He quickly went, knocked on his neighbor's door and notified his neighbor.

[Editor's note: Besides Dina D'malchusa, parking in an illegal spot is very likely to cause a Chillul Hashem...]

His neighbor ran to the car and Baruch Hashem, he got there just in time before the police car came.

His neighbor thanked him

very much; he saved him from the Agmas Nefesh of getting a very big ticket.

A few days passed, and R' Yisroel had a tough day in Kollel. He was very tired, and it was a difficult Sug-ya. But despite that, he learned very well. He felt that he wanted to treat himself to something. He



decided that he wanted cheesecake.

He went to the store and bought a few ingredients. He thought that he would ask his wife to please make

> Kav Hashgacha Pratis 1518-613-0140

a cheesecake for supper.

When he came home, he saw that his wife had already started making a Fleishig supper. Therefore, he didn't say anything, he just put away the ingredients. He didn't want to bother his wife to serve Fleishigs for the children and make a cheesecake for him.

That evening, he heard a knock on the door. It was the neighbor who he saved from getting a ticket. He was holding a fancy, three-layered cheesecake!

The neighbor said that he had a lot of Hakaras Hatov that he saved him from a big ticket, and he decided to buy him a cheesecake!

He wasn't Matriach his wife to make the cheesecake, and instead Hashem sent a nicer, fancier

cheesecake without any Tirchah!

[Kav Hashgacha Pratis]

MAN OVERCOMES HIS YETZER HARA

Shimon Berkowitz,* Yungerman from Modi'in Illit, was talking to a friend of his about a certain topic that was very interesting. His friend was about to tell him a certain detail that was Lashon Hara. He was extremely curious, and his Yetzer Hara was pushing him to hear it, but he was overcame it.

Shimon told his friend,

"Please stop right there, I don't want to hear another word about it. It's Lashon Hara."

With that, he finished the conversation.

He felt very good knowing that he brought tremendous Nachas Ruach to the Ribono Shel Olam and that he was able to be Misgaber on a tremendous Nisyaon!

P.S. Shimon saw tremendous Siyata Dishmya for the rest of the day and the next day too.

He drove his car a short while later. Usually, he tries to stick to the rules, but this time he was in a very big rush to get somewhere and he had children in the car who weren't wearing a seat belt, a small child that needed to be in a car seat and wasn't, and he was driving quickly.

Lo and behold, a police car came, driving towards him on the other side of the

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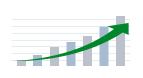


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road, and passed by his car. He was stuck behind another car, and the policeman peeked into his car.

Shimon was thinking, That's it, it's over, I'm finished. I'm going to get a very big ticket



now. A few kids not in a seatbelt, a kid not in a car seat.

To his disbelief, the policeman just continued driving without doing anything. It was Mamesh L'Maaleh MiDerech Hatevah.

Later on, he received a present, a nice amount of money from someone, for something that he desperately needed: a crib for a child that he didn't have a crib for.



It was a big expense, and now someone sponsored the crib, someone he didn't expect to sponsor the crib! Baruch Hashem, he saw so much Siyatta Dishmaya and Shefa from being Misgaber. [Kav Hashgacha Pratis]

MAN TRUSTS IN HASHEM

It was Erev Rosh Chodesh



Elul, and Shimon Friedman* from Yerushalayim wanted to go Daven Vasikiby Kever Rochel and Chevron for Vasikin.

He was told that the bus that goes there goes down Rechov Shmuel Hanavi at about 4:00 in the morning. Before that, it stops at a bus stop that's a little closer to his house. He was told to be there at ten to four.

He was there ten to four, but no bus came. He waited and waited until close to 4:00. He got nervous

that he had missed it, so he ran all the way to Rechov Shmuel Hanavi to catch the bus there at 4:00. When he got to the stop, he found out that the bus hadn't even started the route yet, it was running late.

He thought to himself, "Oy, I could have just stayed there, why did I have to run all the way here?" He then thought, "Nu, Kol Ma d'Avid Rachmana L'Tay Avid."

When he went on the bus, the bus was already jammed packed. He had no place to sit. There were thirty other people who were standing with him. He thought to himself, How am he going to do this, Kever Rachel and Chevron, thirty people standing squashed on a bus for a good hour or two?

Then he thought to himself, *The Ribono Shel Olam*

YOU CAN ALSO SPREAD THE GREATNESS OF HASHEM!

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can find a way, I just have to Daven. The Ribono Shel Olam is a Kol Yachol!

They got to Kever Rachel. After Davening, they were about to head out to Chevron, and he saw that even though nobody complained, the bus company sent another bus for the

thirty extra people. They were able to sit b'Ravchus, with Geshmak.

[Kav Hashgacha Pratis]

NECKLACE RETURNED

Mrs. Fried* was with her

Home ONE Realty

Just ONE nation and we will all be home!

Soul
Nation
Torah
Goal
Destiny
Father in Heaven



Rejoice over your friend's success! Show him how much you love him!

Because YOU are HIM and HE is YOU!

United We Stand!



family in a bungalow colony during the summer. One day, her son was playing in the playground, and he found a necklace.

At first, she thought it was a cheap necklace. But when her daughter came home, she said that it was a very expensive necklace.

She looked at the necklace, and she said, "I think I know whose it is, I think it's my friend's."

It turned out that it was her friend's.

She saw Hashgacha Pratis, that out of the hundreds of people in the bungalow colony, her son found it, so that her daughter would recognize that it belonged to her friend and return it!

She was able to get back the necklace right away, without any stress!

[Kav Hashgacha Pratis]

HASHEM WATCHES OVER CHILDREN



It was Shabbos afternoon and Baruch's* parents weren't around. One of his lively siblings accidentally tipped over a pot full of boiling hot water.

Sitting on the floor not far from the pot were two kids, but Chasdei Hashem, when the pot spilled, the hot water spilled in a way that it didn't touch them.

It was a tremendous Neis from Shamayim! [Kav Hashgacha Pratis]

HASHEM LOVES OUR LEARNING

R' Shmuel* spends most of the day in the business field, but he tries to make sure to learn Torah for a few hours in the morning. For many years, he had an amazing Chavrusa that gave him enjoyment in his learning.

For the past few years, the Chavrusa had other obligations, and he hadn't been able to learn with him. Shmuel's day was just not the same without his Chavrusa.

He decided that he would Daven that the Ribono Shel Olam should help him.

That same night by Maariv, R' Shmuel saw his former Chavrusa, even though he generally never comes to that Shul!

He came over to R' Shmuel and told him, "I miss learning with you. I changed my schedule a couple of days ago. We can now learn again."

They started learning again! [Kav Hashgacha Pratis]

HASHGACHA PRATIS

Chaim* was in Shul on Leil Shabbos, and it started to rain. He didn't want his Shtreimel to get wet, so he decided to wait. As he was waiting, he looked in the coat room, and he saw a coat there. He looked at the tag, and it was his coat!



He then remembered that the previous week it had been raining, but by the time he was done Davening, the rain had stopped. He had therefore forgotten his raincoat in Shul!

Thank You Hashem!
[Kav Hashgacha Pratis]

BOCHURIM TURN TO HASHEM

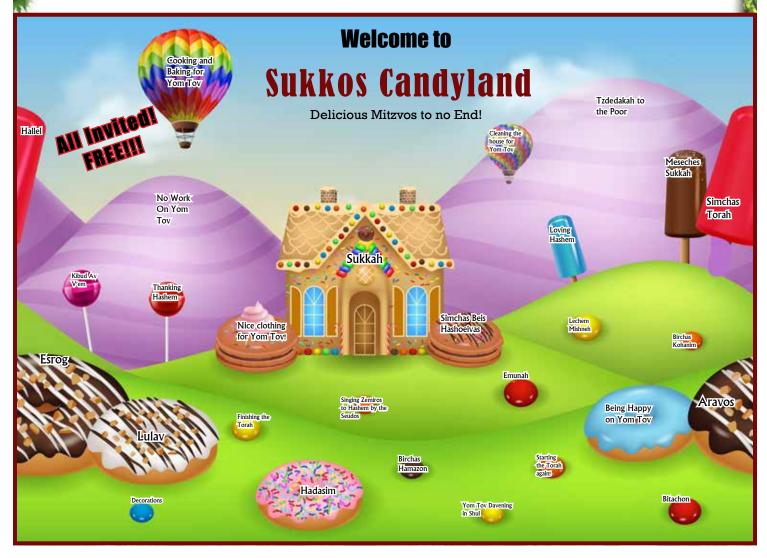
Three Bochurim in

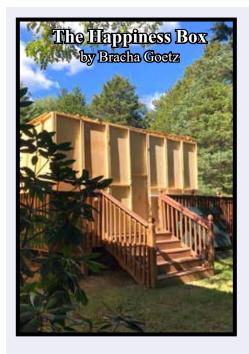
lakewood, New Jersey,* were trying to hitch a ride for Mincha. They tried for ten minutes but no one stopped for them.

Finally, they turned to Hashem and said some Tehillim.

Within a minute they got a hitch! [Heard from one of the Bochurim]







We cannot be happy,
Looking out for ourselves only.
Life is full of disappointments.
We'd be frustrated and lonely.
But if our focus,
Is also caring for another's needs,
We get filled with simcha,

Through doing good deeds.

When we go into the sukkah,
We're going outside our home.
By extending ourselves to others,
We go outside our comfort zone.
But going outside ourselves,
Creates *more* joy, not less.
Sukkos, Zman Simchaseinu,
The time of true happiness.

Bracha Goetz is the author of 41 books that help children's souls shine.

Just Love and Care

The following incredible story happened about two weeks ago during Bein Hazmanim here in Eretz Yisrael. One of our readers heard it first-hand from Shani. (Names have been changed)

Shani Benedict had just come home from a fun yet exhausting summer outing with her kids. She put the youngest to bed while the other kids were playing outside on the porch. Shani was looking forward to taking a long and relaxing shower. That's when the drama began.

First it was the doorbell which was being pushed long and hard. Then it was the kicking on the door which was getting more and more aggressive. Next the water stopped running and the electricity went out. This got Shani out of the shower, and she went to investigate.

Her kids were besides themselves with fear. They explained that someone had thrown an egg on a car down below. The driver, whom we'll call Nili, emerged, looked up at them on the porch and started screaming. The kids ran inside, and she came bounding up the stairs determined to take revenge.

Shani, confident that her children would not do such a thing, opened the front door. Nili, a young woman with five girls in tow, was in a rage blaming Shani's kids for almost causing her to get into an accident. She threatened that she would call the police.

Shani calmly said, you don't know us. The Benedict children would never do such a thing. If you'd like I can try to help you get to the bottom of this.

But Nili wouldn't hear of it and she called the police.

At that point Shani did the most amazing thing. She turned to Nili and waved her inside, saying: young lady, there is much more than an egg that is bothering you. Something must be wrong. Perhaps you are widowed or divorced?

Nili burst into tears. "How did you know?"

Shani replied "First of all, you know how to turn off the water and electric, so I assume there is no man at home.

Just Love and Care

continued

Secondly, your reaction was so out of proportion, I knew you were suffering deeply."

This brought a fresh stream of tears to Nili's face.

She went on to explain that her husband abandoned her and their kids. In addition, she had to leave her job to care for one of the girls who has some medical challenges, and she had no reliable source of income.

Shani immediately called Yad Eliezer and arranged for Nili to get a credit in the local supermarket. Next, she called another organization that supports single moms and arranged for a substantial grant for Nili for the upcoming yomim tovim.

Nili was floored.

In a letter she later penned to Shani, she wrote, "To be able to look past my atrocious behavior and find the good and judge me favorably, in such a natural manner, is simply incredible. I wish the same for myself and my girls.

In addition, I learned a lesson for life, a lesson in emuna that Hashem runs His world in unbelievable ways, and he is truly looking out for all His people. I wish I would have met you under different circumstances, but I am glad I met such a person. Please accept my sincere apologies."

Many people are carrying around a lot of pain. When we encounter people acting negatively, if we endeavor to look past their actions, judge them favorably and show them love and care, we will see amazing results!

The Spring Hill Times Fire Dept.



REMEMBER:

Practicing Safety Saves Lives!

Important Safety Tips How to Prevent Fires.

- 1. Flee, as far and as fast as you can, from a fight.
- 2. Maintain a safe distance from fights a minimum of 1000 miles.
- 3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
- 4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
- 5. Laugh it off (inside).



News that Hashem Wants us to Talk About!



TEACHER HAS BEAU-TIFUL DAY



It was the first day of school and Mrs. Jacobowitz*, a high school teacher from Monsey, New York,* was very nervous. A new year was a new start, and so many things needed to go right. The girls needed to behave, have respect for her, understand the lesson, find favor in her eves, enjoy her lesson and so on and so forth. On top of that her sister-inlaw's wedding was the night before and she had gone to sleep at 5 AM!

However, she Baruch Hashem, had a beautiful first day!

HASHEM TAKES CARE OF ALL OUR NEEDS

Mrs. Singer* from Bnei Brak* needed to buy socks for her son. With her busy schedule she kept on forgetting, which caused many uptight mornings.

A short while later, a neighbor of hers called that she ordered socks for her son but they were too big. The store said that she can keep them and they will send new ones.

Mrs. Singer got ten pairs of brand new socks for free, delivered right to her door, orchestrated by Hashem!

HASHEM'S OXYGEN MACHINE

Chaim Birnfeld* from Yerushalayim, Eretz Yisreal,* is able to breathe.

He is fortunate that through a series of constant miracles, Hashem makes sure that there is enough oxygen in the surrounding atmosphere every minute.



His brain and lungs are Ba-

ruch Hashem fully operational! There are no complications!

In addition to that, no concentration, cooperation, or preparation are required on his part. He can go about his day knowing that it is fully taken care of in the smoothest best possible manner! Thank you Hashem!

MOTHER IS GRATEFUL



Mrs. Dessler* from Brooklyn, New York, sent her two children off to school with the bus. They were healthy and sound to go to school!

The yellow bus stopped at her front door, so she did not have to trek to the other end of town to drop them off!

The buses arrived punctually so she did not have to wait with antsy kids!

She was calm knowing that they were headed to established institutions where

News that Hashem Wants us to Talk About!



amazing teachers and rebbeim will take care of them! She truly feels grateful!

MAN APPRECIATES EAR-PODS



Mr. Wilhelm* from Bronx, New York,* relies heavily on his ear-pods to listen to shiurim and talk on the phone while taking care of tasks.

One day, he lost one earpod. It was nowhere to be found. The second air pod also stopped working a while later.

The new ones he bought were not clear and people could not hear him when he spoke on it. The pods he lost was an expensive brand and he could not afford to buy another one of it.

Recently, he found the missing air pod in his winter sweater pocket. Somehow the other on started working when he inserted the missing pair.

What an unexpected gift from Hashem!

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Editor's note: Many of these stories are from Nissan-Iyar.

IT'S NOT THE HISHTADLUS, IT'S HASHEM!

Sarah Speigel* was looking for a job. She was looking high and low, but nothing worked out.

She said, "Hashem, I am leaving the rest up to

You. I did my Hishtadlus."

Later that night, someone called her up and asked if she was still looking for a job, because she would like to hire her.

The location and the hours of the job were perfect!

He was Mekabel, that every day before Tachanun he would say that he loves to say Tachanun. It's so geshmak! It brings so many Yeshuos!

Since he has been doing that, on the days he doesn't say Tachanun, he feels that he is missing it!



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WHEREVER YOU GO

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Yeshivos

Shuls

Families

couples

Kids

Adults

and anyone else

YID LOVES TO SAY TACHANUN

When it comes to Rosh Chodesh Nissan, many people feel happy that there is Tachanun. no But not Avraham Malinowitz. He realizes that Tachanun brings so much Bracha into the world and saves us from so many problems!

POSITIVITY PAYS!



Chaya Davis* lost her memory card from her camera. She thought about all of the positivity from Spring Hill Times and decided to be positive. She kept on repeating out loud, "I accept it. It's from Hashem."

The phone then rang, and the person said that they found a memory card,



and she wanted to know if it was hers!

It was!

THANK YOU HASH-EM FOR REBBEIM!

Shmuel* moved from America to England. He was having a hard time finding a Rebbi and a Da'as Torah who he was comfortable with. he davened to Hashem for a Da'as Torah."

All of a sudden, someone came over to him and told him about Reb Yehuda

Mandel and 'A Life with Bitachon'.

He follows the hotline every single day and listens to

every single Shiur!

He never had a Rebbi like this in his whole





life who answered all his questions and made everything so crystal clear.

DEBT REPAID AT EXACTLY THE RIGHT TIME

Sarah* needed to buy



something for her child, but she didn't have any money. She was trying to figure out how she could buy it.

All of a sudden, someone knocked on her door and said, "I owe you money from a really long time ago, can I pay you back now?"

It was the exact amount of money that she needed! Hashem orchestrates the world perfectly!

BITACHON BYPASS-ES WAITING LIST

Shalom* wanted to go to camp but he got rejected. The camp said that he doesn't even fit on the waiting list. His mother heard two stories on A Life with Bitachon. The first was that someone got rejected and they said that that's only if they are in control. If Hashem is in control then anything can happen, and they got in.

The second story was that someone heard the first story, and had Bitachon, and they also got in.

Shalom's mother heard both stories and told the camp that she is waiting for their phone call.

The camp called two days later, and said they accepted him because of her Koach HaBitachon!

Bitachon Goreres Bitachon...

EVERYONE CAN GIVE

Yossi Weiss* a Yeshiva Bochur, said that a



poor person came to him collecting, but he didn't have any money to give him. Instead, he gave him a smile and he treated him nicely.

He knew that that's worth more than all the money in the world.

Someone else told him that when someone came to him collecting and he didn't have money, he davened for him that he should have all the money he needed.

HASHEM HEALS



Mrs. Brown* had allergies and every year it was progressing. Her face was getting affected. It was too much to handle.

She went from doctor to doctor but no doctor was able to help them.

They said, "Doctors can't help us, only Hashem is the true doctor."

Later on, they met someone who had the same condition and they told them what worked for them.

So Mrs. Brown tried it and her condition got much better!

"SEEING" HASHEM BRINGS YESHUA

R' Meisels* went for his annual checkup, and the doctor said one of the blood counts of his liver kept on going up higher and higher. He was very concerned.

R' Meisels was very nervous, so he went to R' Moshe Blumberg from Lakewood, and asked what he should be Mekabel.

He told him that he should ask someone every day how they saw Hashem in their life that day.

After a few days of doing this, he went back to the doctor, and the doctor said that the blood count went down to a normal level!

DIRECT CONNECTION TO HASHEM

Mrs. Roth* was an Almanah and her life was filled with challenges. She always would approach R' Chaim Kanievsky for Chizuk; he was Mrs. Roth's lifeline.

After he was Niftar she was broken.

She started calling 'A Life with Bitachon', and she realized, "I have a straight connection to Hashem!"

Mrs. Roth said that she listens to story after story. She said it's Mamash called living with Hashem. Hashem is always there 24/7.

IT'S ALL HASHEM

Mrs. Bloom* wanted to

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



make an order on the phone and her credit card wasn't working. They tried a couple of times, and then they said, "Sorry, something is wrong with your card."

Mrs. Bloom really needed to make this order. She said to herself, "It's not the card, it's Hashem." Then she asked "Could you try one more time?"

They said, "One more time, if it makes you happy," and they tried one more time, and it went through!

POSITIVELY HEALTHY!

Mrs. Rubin,* a teacher in Lakewood, went to the doctor to check her sugar. He said, "It's very high, it looks like you have diabetes, we'll do the three hour test just to confirm."

Mrs. Rubin said that it's her nature to get all nervous and panicky and to call her mother and say it's so scary and frightening. However, because she heard on 'A Life with Bitachon' that Hashem always wants us to be positive and imagine the Yeshua, she decided that the Zechus for her to get a Yeshua would be to not call up her parents and friends that she would have called up, panicking.

Instead, she would just stay calm and say, "Hashem, I'm perfectly healthy."

She took the three-hour test, and she was perfectly healthy.

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked
 (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- O SONGS of Emunah & Bitachon
 (To listen continuously to all the songs, First press
 8 and then 0)

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Canada	647-498-7700

A Life with Bitachon in Yiddish Eretz Yisrael: 072-370-1912 USA: 845 -262-5115



Patient

I feel like Yom Tov is one big waste of time. Before Yom Tov I'm rushing to the stores to go shopping and other errands. On Yom Tov I spend so much time eating with my family. On Chal Hamoed I spend so much time with my family going on trips. I wish I could just sit and learn Torah undisturbed. Please help!

Dr. Chaim Altzisgut M.D.

I'm prescribing 4 medications for you:

- 1. If you want to learn Torah then Hashem considers it as if you actually learned! So you did learn undisturbed!
- 2. The reason why you want to learn is because you want to do what Hashem wants you to do. If Hashem put you in a situation that you need to do other things, then that is your mitzvah. Stop telling Hashem how to run your life! Do what He wants you to do, not what you want Him to want from you!

Open your eyes and notice what a beautiful life Hashem has given you! See all the bracha He showers upon you! Thank Him for it! There are people who would give everything away they

have to have a family like you do!

- 3. When you have the right intentions in mind, you will realize that every single step of your day is a beautiful mitzvah!
- 4. Imagine you have a family in your neighborhood that the father was nifter. They have no one to help out in the house. You decided to be like a father to the children. You would feel like you did the greatest mitzvah on earth. Well, if not for you being there for your wife and family, your wife would be an almana c"v and your children yesomim. You are performing the greatest mitzvah by simply being a loving and caring husband and father!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Hashem Wants You

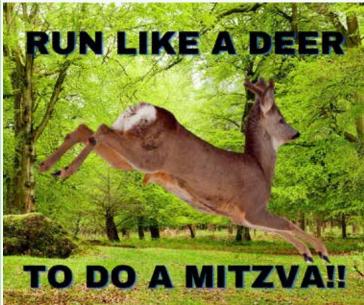


No decent restaurant is going to get away with serving yester-day's coffee and yesterday's bread—the customers are going to want fresh food. So too, the Mishna in the third perek of Masechta Sukka begins, "Lulov hagozul vehayoveish possul, a lulov that's stolen, and [or] that's dry, it's possul—it's no good. Because the Lulov represents our new devotion to HaKodosh Boruch Hu.

The Zohar says that Lulov is a contraction of two words, "Lo—to Him—leiv, heart." And the Chazal say, "Rachmana libo bo'ei, Ha-Kodosh Boruch Hu wants the heart." When Dovid HaMelech was

doing teshuva, he begged, "Leiv tohor bero li Elokim," HaShem make for me a new [pure] heart.

Now, after Yom Kippur, we're approaching Ha-Kodosh Boruch Hu with a brand-new heart. It can't be that our service is stolen or borrowed, that we're doing it only because other people are doing it. It can't be that we're doing it only because there's inertia from the past and we're in the habit of doing it. HaShem wants the heart. He wants that it should be fresh, and HaShem wants YOU. Gut Yom Tov!



SUPREME FOUNTAINS™

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Birchas HaMazon with a Geshmak Inc.



We mentioned the difference between the molars which must close on each other in order to crush the food, and the front-cutting-teeth that cut beautifully when they slightly overlap each other. There's an additional important point over here - but first let's give a drop of background.

Our cutting teeth need certain characteristics to do their vital job. They must be strong enough to cut, yet firm and thick enough that their blade doesn't crack. A razor blade is very sharp, but also very short lived; it doesn't take too long for the edge of the blade to snap off. Our teeth must remain sharp with the ability to cut with ease for a lifetime. Therefore, Hakadosh Baruch Hu created the higher part of our cutting teeth which connect to our gums, thicker, and it gradually slants and gets more narrow as it descends. This gives it a strong base that ensures that the sharp edge - the blade - doesn't break off.

This is like the blade of an ax which begins very thick and ends with a thinner blade. The edge itself is thin - but not too thin; thin enough to cut and slice, but thick enough that the edge will not crack off. And indeed, usually our teeth stay whole with an important cutting ability for a lifetime - or at least the majority of a lifetime.

Any two substances that constantly collide with each other end up eventually rubbing out their edges over the course of time. If our cutting teeth would close on each other, eventually their sharp edges would get rubbed out and dulled. This would decrease their ability to cut. Could you imagine that after every few years of biting we would have to go to a dentist to have our front teeth sharpened, because over time they lost their ability to bite off a bread crust or a piece of apple?

Therefore, Hakadosh Baruch Hu arranged our front cutting teeth in a way that the top set of teeth don't collide with the bottom set when we bite; the top set slightly overlaps the bottom set. Hashem arranged them perfectly - close enough to each other to cut, but far enough to protect them from getting dulled.

This is as opposed to our molars that have a flat surface - not a sharp one. The molars don't get damaged from their constant contact to each other so the molars meet and don't overlap.

It's necessary for the molars to meet and it's necessary for the cutters not to meet. The molars must meet to crush the food and the cutter must overlap to retain their sharpness.

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Introduction: I am writing this article before Rosh Hashanah, and I am hoping that you are reading this article in Yirushalayim habinuya. I hope that you are reading this on the way to being oleh regel to

the Bais Hamikdash as you are dancing and singing the words "Samachti B'omrim Li Bais Hashem Neileich".

I would like to look back and get a glimpse at the most amazing forty days that we have gone through leading up to Yom Kippur. Firstly, so that we could appreciate these awesome days and take them with us. Secondly, all those amazing days are supposed to lead us into Sukkos, as we will explain.

We went through the month of Elul - "ani ledodi vedodi li." We spent time connecting to Hashem. Everyone has their unique approach in connecting with Hashem. The main thing was that we worked on connecting to Hashem.

Some people dove into the wellsprings of Torah with all their might. Others worked on perfecting their Tefillos, and some people strengthened themselves in the Mitzvos. Many people worked on Bitachon and realizing how much Hashem loves us and we love Him.



All of this purified us and prepared us to crown Hashem over ourselves and the world at large. Now we are waiting with baited breaths that the Geula should come and all of the world will accept Hashem as the king [again, we hope it did actually happen].

This for sure has given us an elevated Rosh Hashanah as the Shofar resounds and we become full of awe and love for Hashem. We are hoping that it will spill over into the coming year. We are anticipating a sweet year full of love with Hashem, the Torah and Mitzvos. A year of Bracha and Rachamim.

Following Rosh Hashanah we have gone through the Aseres Yemai Teshuva. These are days that we became closer and closer to Hashem through Teshuva. The Seforim teach us that Teshuva is for everyone, as there is always room for improvement. Tzaddikim thrive on teshuva.

I heard a story from the Mashgiach Rav Mattisyahu Solomon Shlit"a that related this personal experience. He was learning the holy sefer Tomer Devorah with the former Mashgiach Rav Nosson Vachtfogel zt"l. Rav Mattisyahu noticed that after they finished each midda Rav

Nosson would give a broad smile.

Rav Mattisyahu asked Rav Nosson is the reason why the Mashgiach is smiling because he acquired that midda. Rav Nosson replied with his famous smile "No I can always be better".

Rav Mattisyahu explained that Rav Nosson's smile was with the fact that he can always improve and become greater. This is the concept of Teshuva me'ahava. The thirst that one has to come closer and closer to Hashem.

When Yom Kippur arrives, we can come close to Hashem beyond this world. This is one reason why we separate ourselves from the worldly pleasures, because this enables us to acquire our closeness that Yom Kippur has to offer.

At this point Hashem Himself Kaviyachol washes us and cleanses us sparkling clean, as it says "lifnei Hashem titharu". Can we begin to imagine how much love and closeness is soaked up on this day.

On this day we sit in Shul most of the day enveloped in Tefilla. We do not do almost anything except for connecting to Hashem on the highest level. Indeed we are like angels on this day. I heard in the name of

the Chasam Sofer that the way every Yid's Neshama is shining on Motzei Yom Kippur is beyond description.

Now Yom Kippur has passed and one would have thought that after all these forty days of so much Avoda we can use a vacation. Nothing doing.

Immediately, Motzai Yom Kippur, we are told to get busy with building the Sukka. The next four days are spent in a frenzy. Whether it's building the Sukka, decorating the Sukka, looking for the Daled Minim and everything in between.

What does this mean? This means that we are taking all the forty days that we have connected with Hashem, all the love that we have felt, and now we are taking action. The Seforim teach us that this is the essence of Sukkos.

Indeed if you think about it you will notice how much love goes into the Mitzvos of Sukkos. The toil that Yidden put into building their Sukka [although it's



for seven days only] is mind boggling. The amount of thought and creativity that goes into the decorations [including the kids] is beyond words.

Go to a daled minim shuk and watch people shop for their daled minim. They spend hours and hours searching for the nicest and most mehuddar daled minim. Then they spend large amounts of money purchasing them. Mi Kiamcha Yisroel.

The truth is that the whole concept of Hiddur Mitzva is all about showing Hashem how much we love Him and His Mitzvos. Hiddur Mitzva is one of the themes of Sukkos and now we understand why. It's because of all the love that is gushing forth from Klal Yisroel at this time.

Let's not forget how much time and effort the women put into preparing for Yom Tov in addition to the regular chores. All the cooking and cleaning that goes into the Yom Tov is astonishing.

We need to realize that all of this doesn't go unnoticed by our Father in heaven. The Nachas Ruach that all this brings to Hashem is unimaginable, and this itself should give us chizuk to persevere any hardships that may come up in the preparations.

There is a famous saying [I believe from the Baal Shem Tov] on the Passuk "Hashem Tzilcha".

Hashem is kaviyachol like a shadow to a person. If a person smiles to Hashem, Hashem smiles back. If we show love for Hashem, Hashem shows His love back [he always loves us but now Hashem shows it].

I think it's very appropriate for the Mitzva of Sukka which is to sit in the "tzeil" [the shadow] of the Sukka. The Zohar calls this "Tzila dimiheimanusa". We are sitting in the shade of Hashem.

Since we are showing how much we love Him as we go all out in our Avoda, Hashem put's us in His shade. This signifies that He is showing His love to us as well.

I once hear a beautiful remez to solidify this yesod. We know that in the Sukka we need two walls and a Tefach. This alludes to an arm with a hand to signify a hug from Hashem, The Sukka is

like we have entered Hashem's house and we are enveloped in His love.

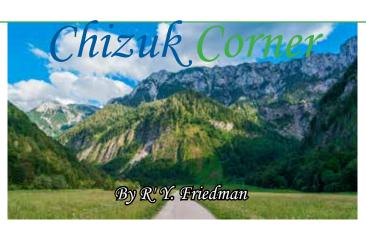
There was a big Tzaddik that it was known that in his Sukkah one would never find a fly. Just like in the Bais Ha-

mikdash there were no flies even near the meats. So too if a person is Zoche his Sukka can be like the Bais Hamikdash.

We know that the Sukka represents the ananei hakavod, which surrounded Klal Yisroel in the dessert. The clouds showed the tremendous love that Hashem had for the Bnei Yisroel. We know that there were seven clouds. Perhaps the seven Ushpizin correspond to the seven clouds that surrounded us. Similarly we are surrounded by the seven Ushpizin.

The Seforim explain that the reason why Sukkos is called Zman Simchaseinu is because Ahava brings Simcha, and Ahava is the theme of this Yom Toy.

Teshuva brings us closer and closer to Hashem. Therefore, The Aseres Yemai Teshuva brings us straight into Sukkos. Elul and Rosh Hashanah also have the Avoda of Ahava, and therefore, Elul and Rosh Hashanah brings us into Sukkos as well, full of Ahava.



However, there is another aspect to Elul and Rosh Hashanah, which is known as "pachad hadin" [It's fear that comes from Yiras Shomayim and should not be associated with fear of people]. How does this bring us into Sukkos. So one might say that it doesn't. Let me show you otherwise.

There is a famous story with the Rebbe of Modzitz. The Rebbe needed to undergo a serious surgery. As the surgery began the Rebbe went into a trance. During that time he composed A THIRTY-SIX PART SONG called Ezkara. It's a song full of yearning for the Geula and full of other feelings as well.

After the surgery the doctor asked the Rebbe if he was human. He couldn't understand how the Rebbe didn't feel any pain as there was no screaming or crying, not even once. The Rebbe replied with something so profound.

The Rebbe responded that "of course I felt the pain, but instead of screaming I converted the pain to sing and

praise Hashem."

This my friends is Sukkos. We need to take the pachad hadin that we acquired over Rosh Hashanah and Elul and convert it into Ahavas Hashem (I believe that the

Rebbe himself says this vort). At the end of the day fear and love are a build up of emotions. This is so profound if you think into it.

We know that when Moshiach comes, Dovid HaMelech tells us, "Az yimale schok pinu". There will be joy like no other. Perhaps we can say the following:

Klal Yisroel has gone through a painful Galus. We carry the pain of two thousand years. However, when Moshiach will come and we will recognize that all this pain was for our good, then all the pain will be converted to joy which will bring much joy and laughter like never before.

Let's be zoche, all of Klal Yisroel, to have a joyous and delightful Sukkos full of deep love and connection mingled with joy of Moshiach. At that time we will be watching the Tzaddikim juggling torches in the Bais Hamikdash Amen.

Living With Appreciation By: R' Daniel Shasha

The Torah commands us, 'you shall dwell in Sukkos for seven days'. What is the reason behind this mitzvah? Why do we leave our comfortable houses and live in wooden booths for a week? Rebbi Eliezer holds that we remember the fact that Klal Yisrael were surrounded by the Ananai Hakavod in the midbar, giving them a special Divine protection. However, Rebbi Akiva holds that we read the verse literally and we remember how Klal Yisrael dwelled in booths in the midbar.

According to Rabbi Akiva why do we have a chag for all generations to celebrate this? Surely the fact they dwelled in wooden huts isn't as supernatural as the fact that they were surrounded by Ananei HaKavod? After all, these clouds gave them protection from the heat, cold, dangerous animals and enemy nations; as well as the fact that it miraculously laundered their clothes! Why do we need to leave our houses each year to commemorate that Klal Yisrael lived in huts in the desert?

The Rashbam (Vayikra 29:42) explains that it is essential that we express our gratitude for the fact that Klal Yisrael were able to have shelter over their heads, especially in such a barren wasteland. Therefore, we leave our comfortable homes and live in a wooden booth for a week, displaying how grateful we are that we have a roof over our heads. This helps us appreciate our homes and everything we have, leading us to realize how it is solely due to Hashem's great kindness. We find that the things we need the most, we take for granted the most, such as air, water and shelter. Sukkos shows us how everything we have is a gift and nothing should be taken for granted. After all we cannot begin to imagine the discomfort of living without shelter. For this reason, explains the Rashbam, we follow the opinion of Rabbi Akiva and the mitzvah of Sukkos is to show how us how everything that we might take for granted is a gift. When we focus on our constant blessings, we will live a life of unrestricted happiness, as we see in the following story.

A man spent a long time planning a vacation. Things in his life were very stressful and he just needed to unwind for a few days. However, when he arrived, it was raining for five days straight, and he wasn't able to go to any enjoyable parks or relax outdoors. This must have been very disappointing yet he resolved to remain positive and used this time to focus on all the good in his life. He thought about how fortunate he was to have a roof over his head, and what an enormous gift this was. How would he ever manage without shelter? He took this time to appreciate the fact that he had food, drinks, family and friends, that he could breathe

and see... the list went on and on. He focused on that all the blessings in his life was due to Hashem's great love and Mercy. He said that this was the best vacation he ever had in his entire life! (A Life With Bitachon)

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

SUKKOS - TISHREI 5784 - 24 - THE SPRING HILL TIMES

Bitachon Gems

Learning the Parasha with Ray Yehuda Mandel Shlita

Of all 3 Regalim, Sukkos has Simcha Yeseira. We can suggest BS"D that since it comes right after the Yomim Noraim, we have extra simcha since we were zoche b'din.



The question arises - how do we know we were zoche? Especially if we didn't daven that well during the Yomim Noraim or we were too busy to make a cheshbon hanefesh during Aseres Yemei Teshuva.

Part II

You would think that we should start sitting down B'Aveilus and be sad over all those tefillos without kavana and all our failings in Torah and Gemilas Chasadim when we didn't utilize the golden opportunity of Yemei Harachimim V'din. Why is everybody

dancing and being so happy? Why did the Torah give us Z'man Simchaseinu (Yeseira) Davka right after such a precarious and dangerous court case?

Part III

Bitachon and Simcha in a Yid's life aren't a side inyan. The key to everything is that no matter how badly you made out, if you are mischazek in Simcha and Bitachon - that zechus will actually make you be zoche b'din.

If only we could, we would dance and sing non-stop - the more Bitachon, the better year you are heading for.

Part IV

Rav Avigdor Miller z"l said that a nisayon activates and causes your positive juices to flow. I've seen Navardokers after the most difficult nisyonos walk out of their Beis Habedidos looking happier than ever! When you have a problem, you have to learn extra Inyanei Bitachon in order to calm down.

Somehow you should be very real and scared about Yemei Hadin and then dance extra hard since you are activating your Bitachon.

All the Mefarshim say that Chag HaSukkos means Bitachon. We leave our stable homes for an unstable Sukkah in order to be under Hashem's protection

סכך

Sechach means to be more shade than sun. Hashem tzilcha. Hashem is a person's shadow. If you give it a finger than the shadow gives you back a finger. If you give it a full hand, then the shadow gives you back a full hand. The more a person has Bitachon the more Hashem helps him.

We give time to make a Sukkah and buy Arba Minim. We spend the time erasing our worries and fears by learning and talking about Bitachon, then our Yom Tov will be complete. The main part of the Neshama of the whole Chag is Bitachon. Z'man Simchaseinu - the

Bitachon Gems

Continued

real and best Simcha is when it comes from working on Bitachon in Hashem. The Gra zatzal said that the hardest Mitzvah of Sukkos is not to have any worries at all throughout the Chag. Just working on it already gives the most Sechar.

Story: A woman was told by doctors that her husband was terminally ill and it was impossible to save him. Rav Eliyashuv zatzal said that she cannot take a plane to the U.S. on Shabbos because there was no hope r"l. The woman came back to him and told him that in the future she would want to tell her children that she had tried everything she could to save her husband but wasn't able to. Rav Elyashuv told her to immediately get on a plane to America although it was Shabbos. She went to America and the doctor's saved her husband's life.

Later, they asked Rav Chaim Kanievsky zatzal why Rav Eliashuv changed his mind. He said, that the first time he thought he was speaking to an ordinary woman and it's Assur to be Mechalel Shabbos when there's no hope anyway. However, the second time she came. he realized that he was dealing with a real Ba'alas Bitachon who doesn't give up hope.

We see from this that a Ba'al Bitachon has different Halachos than normal people.

Simcha requires being with others - getting together and drinking L'chaim on Yom Tov and dancing and singing with plenty of Divrei Torah. And of course, praising Hakadosh Baruch Hu- the more the better. Telling over Hashgacha stories to help

Every drop counts like millions.

COMPLAINT CONTROL

GET RID OF ALL YOUR COMPLAINTS! 1-2-3!



Read The Spring Hill Jimes Part V

V'samach belibo it says by Aharon. B'zechus Aharon were the Ananei Hakavod which Sukkos is Zecher of.

us become a drop more Ba'alei Emunah and Bitachon.

The true simcha of Sukkos is a pure simcha when you work on your middos and make believe you are happy with the successes of those people that you tend to have Kinah. The more you praise them and try to break the ice by befriending them, the truer b'simcha you become.

Part VII

No more 'it's me versus you' 'you're better' 'I'm better', no competitiveness. It's 'us'. 'All my friends shteiging belong to me and I have nachas from other people's nachas'. The Ayon Tova gets a portion with other people's Torah and Mitzvos!

To Share My Share Of My Daily "Shir Chadash"



Give me a hug, A Divine Hug!

I once heard a great insight about the famous words of the holy Ariz"I who teaches

us that the Sukkah is actually an embrace from Hashem.

The Ariz"l applies it to the halacha of the minimum number of walls that are required for the Kashrus of a Sukkah.

The Shulchan

Aruch states that "Two walls and a Tefach are sufficient for the structure of a Kosher Sukkah".

He then points out that the act of hugging, involves

three parts of the hand.

1. The shoulder to the elbow. 2. The section from the elbow to the wrist.

They form the same shape



as two connected walls. And the final section of the hand the palm and fingers, are in place of the last Tefach on the third wall, which is needed for the minimum requirements for the structure to be considered "A Kosher Sukkah."

After going through the 40 days of coming closer to Hashem and in return Hashem is kaviyachol drawn closer to Klal Yisrael, Hashem embraces us in the Sukkah!

Rabbi Y.Y. Jacobson quotes from a sefer a fascinating point of the uniqueness of a hug.

Placing your hand on the back of a human, not toward their eyes or face where there is more mindful expression and seichel, shows a type of closeness - a unique showing of appre-

ciation of the other. Even though on the shoulders and back there is no seichel, chochma bina or daas.

Because it shows affection to another despite the lack of understanding!

In essence one is saying "I love you

the way you are!"

Watch the magic of a hug around the shoulders and back of a Continued on child! next page

All his childhood worries melt away instantaneously!

It is much better and way more effective than a kiss on his childish, innocent, cherubic cheeks.

The child feels that love of him, "Just the simple him!"

On the Yom Tov Sukkos we Klal Yisroel are zoiche to such a gevaldige Kirvas Eloykim!

Let me share with you a little anecdote that I lately experienced with a talmid of mine.

It really drove this point home.

A few days ago, I had this uncomfortable scene in

class.

It lasted only a short few minutes but it felt much longer. It involved listening and watching a child express his pain that he experienced, upon coming home on a daily basis to a house where no father or motherly love was being shown to him.

His parents simply were not home at night with him, and he would spend his evenings with his older sister.

The child just stood there looking at me with tears streaming down his face.

I showed him my sympathy and then I tried to soothe and reassure him that things

would get better soon.

However, that wasn't enough for him..

Until the hug.

The child's personal bottled up pain from his daily experience at home melted and was magically gone the moment I placed my arm around

his shoulders!

He felt my caring for him, in a much deeper way.

I loved "him" just the way he was...

Now back to us Klal Yisroel.

Restoring our relationship with Hashem through the 40 day process, has different stages of yearning, regret, begging for forgiveness, being forgiven, and then finally reconciliation!

In the perek of Tehillim L'Dovid Hashem Olri V'Yishei... Dovid Hamelech writes Ki Avi V'Imi Azavuni VaShem Yaasfeini -

For My Father And Mother have Forsaken Me And Hashem Will Gather Me.

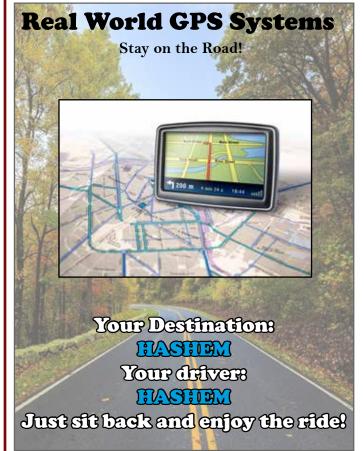
The seforim write that "My Father And Mother " here mean my Chochma and Bina, i.e. My Toiradiga view and understanding of the world, my life and my obligations.

I've lost all of that but.. .
"Hashem will gather me in."
"That Divine Hug" In the
Sukkah!

Our worries are gone!

We'll Be'ezer Hashem regain our direction of our mission in life!

On Sukkos we leave our regular large beautiful dwelling



and we return to the simplest built hut, we get back in touch with Hashem's gorgeous world.

We then add to that the Four Species of Hashem's plants, trees, and fruit, which tend to create and bring forth a state of happiness. (Sefer Hachinuch)

Those Four Species also allude to Hashem's love of every type of Yid.

As Chaza"I explain: The Esrog with flavor and delicious scent, is like the Tzaddik that has knowledge of Torah and does mitzyos.

The Lulov is a Mashal of the Yid that has Toirah (sweet dates) but no aroma of ma'asim Toivim.

The Hadasim are hinting with their pungent myrtle smell to one that is full of ma'asim toivim but is missing the flavor of Toirah.

Finally the Aravos, the scentless and tasteless willow branches, signify the Yid that has neither Toirah nor Mitzvos.

The Ariz"l also writes that the Four Species aso corresponds the four letters of den which are nimshal in the Dalet Minim.

What a source of joy!

To take them all together showing and knowing that Hashem loves us all!

What a great place to do this mitzvah, in the Sukkah!

While being embraced and hugged by Hashem!

We start to experience an

other-worldly feeling knowing that The Divine Presence is joining us, with the neshamos of The Seven "Ushpizin."

There's an almost palpable, maybe even tangible feeling of love from Hasem.

We get a feeling of closeness that's real, with complete reconciliation!

That Divine Hug melts everything away!

We're together again with mutual Ahava to Each Other, Kaviyachol!

What an appropriate time for the mitzvah of V'Samachta B'Chagecha, V'Hayisa Ach Sameiach!

Hashem loves us all!

Gantz Klal Yisroel!



Hashem's Holy Name.



In some way maybe we can understand this to that mean by placing His name to correspond with The Arba Minim. Hashem kaviyachol ls showing His love for all types of Yid-



CRAMPED HOME

A story is told about the Baal Shem Tov, that a fellow came to him complaining that his home was very crowded. He was bentched with many children, and they were stuffed in a small apartment.

Hearing this man complain, the Baal Shem Tov suggested that they bring a cow into their home, as this is a good "segulah" for small apartments.

They did so, hoping that they'll feel more comfortable, but it only made things feel tighter.

He returned to the Baal Shem Tov, telling him that the cow hadn't solved the issue but only made it worse.

"There's then another step that you must do to merit salvation," said the Baal Shem Toy, "and that is

> to bring a sheep along with it into your home. That would be the right thing to do."

> A few weeks later, the man returned again. "Rebbi, you can't imagine the tension in the home. There's simply no room for anything. What should we do?"

> "Bring a horse in," advised the Baal Shem Toy.

Hoping that it would bring the salvation, he indeed brought in a

horse. But what he thought was tough before became even more so!

When he revisited the Rebbi yet again, he complained that they simply couldn't manage life like that, as there wasn't room for anything.

"OK," the Rebbi said. "Now take them all out."

A few weeks later, the Rebbi asked him, "So, how's it going?"

"Baruch Hashem," he said calmly. "There's enough room in my home, and we can fit everything there. Now that the 'farm' is gone, there finally is room to move."

This was the Baal Shem Tov's idea for how this man could come to appreciate his house. Now that he emptied the farm, there was room for everything.

But really, what changed from before the farm to after? Only his mindset. That affected the entire situation, and it was what caused him to appreciate the home that Continued on he was resid-





ing in. When he learned that it could actually be much worse, the original bad wasn't so terrible, and he was able to appreciate the gift that he had.

This applies to every situation. There's always a better, but we decide what to focus on. Focusing on the "more" will only cause "more" distress and aggravation, but by knowing that there could be less, and appreciating what we have, we will enjoy it and enjoy

life to the fullest.

POSITIVITY

R' Shlomo Farahi was once staying in a hotel. He heard from the front desk a man howling and screaming at the top of his lungs. He thought the man must have had a catastrophe, so he avoided that area.

After a while, he heard the same screaming from the other direction, so R' Farahi made his way to see what was going on. Based on the

intensity of the screaming, he was anticipating the worst, but as he got closer, he heard what the man was actually saying: "The oatmeal isn't hot enough!" This man was turning over the world because the oatmeal wasn't hot enough for him!

After his endless complaining, the kitchen staff prepared for him a "hot" bowl of oatmeal. This time they were sure that he would be happy. He took one bite

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of it and said, "Uch..! This doesn't even taste good. You don't even know how to make basic oatmeal."

R' Farahi was blown away by the man's grouchiness, and it aroused him to analyze the matter on a deeper level. He decided that he would return to the dining room and take note of how many types of foods there are. He tallied 145! Even with such choices, the man decided that he would turn over the world for the "hot" oatmeal not being "hot enough."

Again, we see that it's the attitude that creates the situation, not the situation that creates the attitude. There's so much that he could've focused on, and yet the only thing he saw was the oatmeal not being hot enough. (Heard on 'Stories To Inspire hotline')

"A GUARANTEE"

Reb Shlomo Zalman Auerbach told of a segulah to be saved from all worries. Reb Shlomo Zalman noted that this is a "proven and true" segulah.

He says like this: One

should write on a paper all the kindness that Hakadosh Baruch Hu does for him, and when he says Modim in Shemonah Esrei, he should remember all those points and thank Hashem for them. Doing so frees a person from all worries. (Torah Wellsprings - Ki Savo, p. 13)

HALF FULL, OR... FULL HALF WAY

The Chazon Ish said, "It is impossible to pass through this world without troubles. The difference between people is how they accept them. Some people pass through the world laughing, and some pass through the world crying. It is better to pass through the world with laughter." In other words, to focus on the "halfcup that is full." Of course, there is always something lacking, something to mope about, but you can focus on the good. If you do that, you will live a happy life.

RECAP

As we've seen in every situation, we can see the good and find serenity in the situation. It's up to us where we wish to place our focus.

Sukkos is z'man simchoseinu. It's a time of great joy. This joy is celebrated by leaving our comfortable living quarters and living in "a shed." Is this the way to conduct a joyous day? Are we supposed to be happy when the bees are flying around us? Why is this the way that the Torah wants us to conduct a "happy day?"

And the answer is that through the situation in the sukkah, we start appreciating the great gift that we were gifted. Through this appreciation, we can come to meaningful happiness. While being in our home, we have a tendency to forget about it and lose its appreciation (beside the frequent readers of the Spring Hill Times). The sukkah reawakens our awareness. and with that can come an appreciation of the endless brachah that Hashem gave and is giving us. We learn not to take it for granted.

Have a Wonderful Yom Tov!

SUKKOS - TISHREI 5784 - 32 - THE SPRING HILL TIMES

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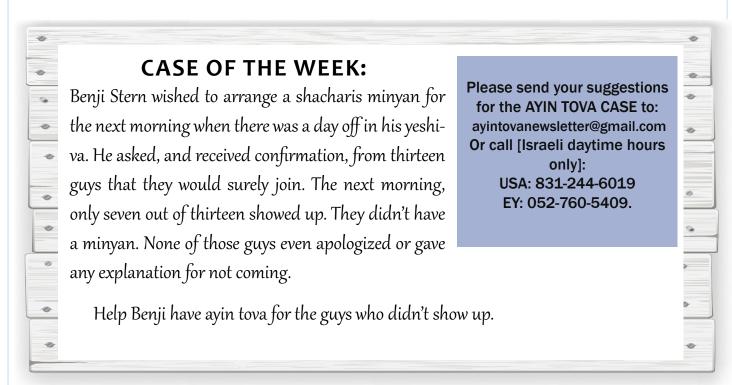
JUST TALK TO HIM!!! TELL HIM WHAT'S ON YOUR MIND

Suggestions for the case of Devorah who is separated from her friends and put in the harder class:

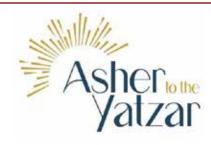
- She will have the opportunity to make other close friends and she will see that Mrs. Kasher also has a lot to give over even though she is stricter- so it will work out well.
- Even though it did not work out the way she wanted, if Hashem made the situation that way then there must be a benefit. So even if it's not a 'happily ever after' she will definitely become a stronger person by working through the difficulty. It's a good training to learn how to overcome challenges already in high school because

it will stand her well for the rest of her life.

- This is better for Devorah's education level, and she will still see her friends often during the school day.
- They probably chose her to go to the harder class because they see untapped potential in her that will be brought out through Ms Kasher and/or separating from her friends
- They aren't always going to be together so they should get used to it.
- Devorah will now develop the skills to work hard and they it will help her in the future when she gets a job.



בס"ד



Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah* sheleimah for my daughter (**Esther bas Sara Miriam**), a young mother undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of <u>ashertotheyatzar.com</u>. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Sukkos, Yom Kippur, and the Odd Couple

The *Smag* writes that the human being is an "odd couple," consisting of both an animalistic body and a *neshamah*, an angelic soul. The body desires pleasures such as eating, drinking, sleeping, and the like, though the *neshamah* is disgusted by such activities. In contrast, the *neshamah* desires only spirituality as it strives to get closer to Hashem. This combination results in a constant internal struggle: to follow our angelic *neshamah* and pursue holiness, or to be dragged down by our body and indulge in physical delights.

What is the purpose of this peculiar combination? The *Smag* explains that this gives us the opportunity to be involved in physical matters for the sole purpose of serving Hashem, despite the desires of the body. When we do so, we accomplish our purpose in this world – to elevate materialism to a higher and holier level. Thus, both components are needed: the body to perform materialistic acts and the soul to elevate them.

The Ramchal writes (Derech Hashem) that doing so actually purifies and elevates the physical body to become a more spiritual being, so that it can experience the eternal spiritual pleasure of Olam Haba with its partner – the *neshamah*. On Yom Kippur we experienced this in a small way. We still have a physical body – but we focus on the *neshamah* as we act like *Malachim* and show Hashem what our true desire is – to serve Him and pursue *ruchniyus*!

After we go through Yom Kippur and elevate our bodies to a higher spiritual level, we are able to enter the *sukkah* and be together with the *heilegeh Ushpizin* and live with the *Shechina*! So much so, that even regular, daily physical acts turn into a *mitzvah de'oraysa* of *yeshivas sukkah* – whether it is eating, sleeping or just enjoying the company of family and friends!

With this idea we can explain why in the morning we say the *berachos* of *Asher Yaztar* and *Elokai Neshamah* one after another. Yes, it is important to have a healthy body and we thank Hashem over and over for that great pleasure. But we must not forget its true purpose – to work together with the *Neshamah* to elevate this world and itself. This *berachah* helps us do so as we turn what appears to be an extremely materialistic act into a way of connecting to Hashem!

----- Internalize It! -----

When we say the words "לפני כסא כבודך" or "לעמוד לפניך" let us feel that through this *beracha*h we have elevated our physical body to such a high level that we are now standing in the presence of Hashem, before His throne of Glory!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

Kiddush Hashem in Any Kind of Life

A family once came to Rav Elazar Menachem Mann Shach with a heartrending she'eilah: Their



world, and even every inanimate object, adds to Hashem's kavod with every moment of its continued existence. For that reason, life is precious regardless of what form it takes, even if a person lives with minimal bechirah or none at all."

Ray Shach shared the same thought when

mother was severely ill, and the doctors had told them that the only way she could survive her sickness was to undergo a complex operation. At the same time, the surgery would not bring about a complete recovery, and she would still suffer from debilitating symptoms. "What should we do?" they asked the rosh yeshivah. "Should she have the operation, even though she will continue to suffer afterward?"

"Do you mean to say that her life after the surgery won't be worth living?" Rav Shach responded. "The only factor to consider is whether she will live longer; it is not up to us to gauge whether her life will have enough quality to be worth living."

Rav Shach then quoted a midrash: At the end of Moshe Rabbeinu's life, Hashem told him that the time had come for him to leave this world, and that an extraordinary reward awaited him in the World to Come. But despite the Divine promise of a blissful afterlife, Moshe was unwilling to accept death and begged Hashem to let him go on living, even "like an animal roaming the earth and searching for food, or at least like a bird...."

"You see?" the rosh yeshivah explained. "Moshe

preferred to live on in such a miserable state, rather than being taken to Olam Haba to enjoy his vast, eternal reward, because every living thing in this

Rav Shach shared the same thought when he went to visit the family of Rav Shmaryahu Greineman during the shivah after his passing. Rav Greineman had been severely ill and unaware of his surroundings for a while before his passing, but Rav Shach assured the family that even the years he had lived in that state did not go to waste. As long as a person is alive, the rosh yeshivah stressed, he continues to enhance the kevod Shamayim in the world, even if it is not clear how he does so. In fact, Moshe Rabbeinu himself would have preferred to live in the same state as Rav Greineman rather than leaving this world to reap the reward that awaited him in Olam Haba. Life, no matter what form it takes, is always worth living (Lulei Sorascha, Parashas Vaeschanan).

Sadly, there are people who live for years, or even for their entire lives, with conditions that severely limit them physically, mentally, or in both ways. Often, watching these people struggle and suffer leaves others with a single painful question: Why are their lives worth living? But as the Midrash indicates, while



we may not know exactly how a specific person's life contributes to kevod Shamayim, we can be certain that every human being, regardless of his limitations, adds to the kiddush Hashem in the world with every moment he lives. And that is certainly ample reason for a life to be worthwhile.

Aharon Margalit, the author of the autobiographical work 'As Long as I Live', relates how he made kiddush Hashem the basis of his existence while he struggled with a huge burden of medical problems. Aharon was shaken when he learned that he had contacted a rapidly progressing form of cancer for which the survival rate was a mere 15 percent in the first year and dropped to zero over three years.

After beginning 18 months of treatment that included 17 operations, Aharon begged Hashem to reveal to him what he was expected to achieve while facing that challenge. At that point, he continues, he felt as if a voice from Above spoke to him and filled him with a sense of purpose: Instead of bringing solace and a spiritual boost to

the sick in their homes and hospital wards as he had once done, he was now to accompanythem to the "darkest places," the treatment rooms themselves, and show his fellow

patients, their families and friends, as well as the medical staff, how a believing Jew copes with the challenge of a grueling illness.

In order to connect with other sufferers, Aharon realized, he needed to share their experiences: the pain, the distress, the fear, and the constant uncertainty. Only then would he be able to transmit emunah and bitachon effectively to those around him.

From that point on, Aharon related, he took it upon himself "to remember the objective: to publicly sanctify Hashem's Name in the darkest, deepest places."

All of us have the same mission in life, in our own unique circumstances: to sanctify Hashem's Name. If we remain always focused on that objective, then we will discover, as Aharon did, how to properly carry out that mission. And when we do so, our lives will be filled with meaning.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



The Miracle of Bread

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

- 1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
- 2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
- Soil is only found on earth.
- Soil is the perfect environment for the seed to grow.
- The soil is a natural habitat for ants to live in and also for the inchworm.
- The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
- The Inchworm bores bigger holes in the ground which is also a form of tilling the ground

- 8. Vegetation grows in the ground.
- types of vegetation.
- 10. This so happens to be the perfect food for the Inchworm.
- 11. After it eats, the food goes through an amazingly complicated digestive sys-
- 12. The Inchworm's body produces waste.
- 13. The waste is very good fertilizer for the soil to help the growth of the wheat.
- 14. When the worm dies, it decomposes and is good fertilizer for the plants.
- 15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
- 16. The seed reacts with the water to start to decompose.
- 17. This enables that the water should continue to make the seed rot.
 - Water is made of two gases.
 - 19 The soil is a cool atmosphere.
 - 20. Soil is porous allowing it to absorb water which is a necessity for the seed.
 - 21. This causes the seed to decompose when you put the seed in the earth.
 - 22. No matter how the seed is placed in the soil, the root goes down.
 - 23. The stem goes up no matter how it is placed.
 - 24. The plant survives on rainwater.
 - 25. The ocean is full of salt water which cleanses the water from impurities.

The sun shines on



the water.

- The soil also produces all different 27. The sun is millions of miles away and yet it has an effect on earth.
 - 28. If the sun would be too close it would burn the earth
 - 29. If the sun would be too far, the world would freeze
 - 30. The sun is a ball of gases.
 - 31. The sun constantly gives off heat by chemical reactions.
 - 32. The molecular structure of water is so that when it gets hot, it starts to change.
 - 33. The water turns into water vapor.
 - 34. Water vapor is lighter than air, so it ris-
 - 35. The sun sets in order to let the earth have a rest and certain insects work at night.
 - 36. The earth spins in a cycle which causes the sun to set.
 - 37. It is in constant motion never stopping.
 - 38. Everything in the world is stationary and the movement not felt.
 - 39. The moon an orb in the sky.
 - 40. It has a certain cycle.
 - 41. It reflects the sunlight.
 - 42. It has an effect on the moisture of earth which is necessary for growth.
 - 43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
 - 44. The sun has a force on the earth.
 - 45. This causes all different seasons and climates.
 - 46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better
 - 47. There are many dust particles in the air.
 - 48. When the water rises, it leaves over all the salt and dirt from the ocean.

$\mathbf{Drink}\;\mathbf{Delight}^{ imes}$ Enjoy. Refresh. Rejuvenate



Tell Hashem How Much You Love

The Miracle of Bread

Continued

- ticles.
- 50. It starts to accumulate into a cloud.
- 51. Cold air sinks.
- 52. Hot air rises.
- 53. The difference causes air current.
- 54. The wind blows inland.
- 55. The Clouds move inland.
- 56. The cloud gets heavy with water.
- 57. The cloud releases the water.
- 58. Gravity brings down the water to the earth.
- 59. There is a negative cloud.
- 60. There is a positive cloud.
- 61. When they rub together they make lightning.
- 62. Lightning travels to the ground.
- 63. The lightning has tremendous heat.

- 49. The water combines with the dust par- 64. The air has in it a gas called nitrogen.
 - 65. The lightning makes a chemical reaction with the nitrogen making nitrites.
 - 66. The nitrites are a very good fertilizer to help the growth of the plants.
 - 67. The stem starts to push itself out of the soil.
 - 68. The sunlight has energy.
 - 69. The plants know how to absorb the en-
 - 70. The plant turns green called photosynthesis.
 - As the plant grows the roots also grow in order that the plant shouldn't
 - 72. The roots absorb the water.
 - 73. The roots send water to the whole plant.
 - 74. The roots send water to the whole plant.
 - 75. The leaves send energy to the whole

🞝 הזן את העולם כולו בטובו!!!! 🎝



- 76. Carbon dioxide is made up of two different elements.
- 77. The leaves absorb the CO2.
- 78. The leaves give off oxygen as byproduct. When all the Co2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
- 79. There is a constant production of CO2 because animals breathe out CO2.
- 80. When they breathe in oxygen, the by-product is CO2.
- 81. The rains come only certain times during the year.
- 82. These times are beneficial and are the exact time the plants need water.
- 83. The amount is not too much to drench them.
- 84. It doesn't come too forcefully.



It doesn't come too little for the plants.



Sometimes it comes like small needles to penetrate the ground.



It doesn't keep on pouring which would also drown the plants.



The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.



They grow in a straight line so they don't get tangled.



Very bendable to they don't break in the wind.

To be continued BE"H

Fly Higher



Lift yourself way above all your 'problems'!

Just realize that it's all Hashem!



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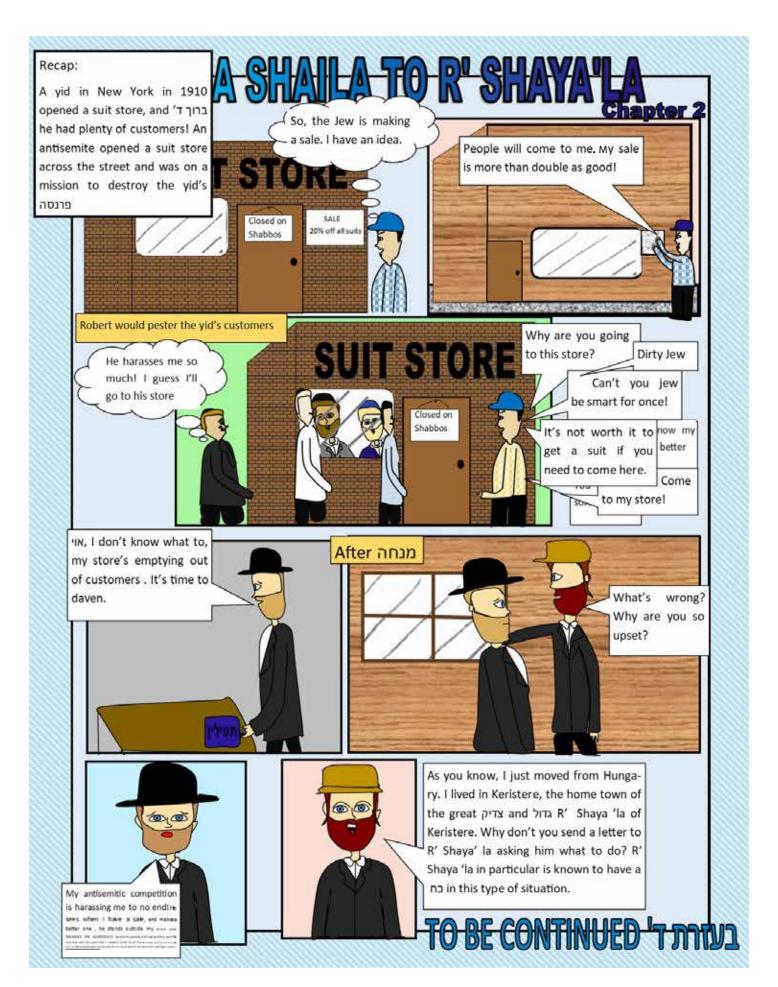
Thrilling!

Just Run as Fast as You Can After Hashem's Mitzvos!

Disclaimer:

All pictures
and descriptions are just
mashalim. The
real pleasure
the neshama is
going to have is

indescribable!



I'zechus that people should feel loved by Hashem!





By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

T h a n k
You Hashem for
Trust!

We can trust in You for everything!



Thank You Hashem for Butcher Shops!

We can go get our meat & chicken for Shabbos & Yom-Tov all cut to our liking.



Thank
You Hashem
for Schach
Mats!

It makes it so easy and convenient to put on Schah.



Thank You Hashem for Teshuva!

We can clean ourselves all up and return to You.



Thank You Hashem for Sukkos!

What an enjoyable Yom Tov with so many Mitzvos.



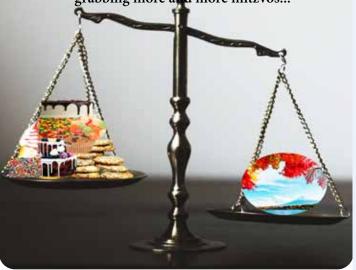


Making a Sukkah for Yom Tov?

1800's:

Many times it was freezing cold in the Sukkah. Many time it was boiling hot! Many times the Sukkah was dark at night with no light. In many places the Goyim would steal from the Sukkah or would bother the Yidden... You didn't have that many decorations... They weren't that fancy...

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Today:

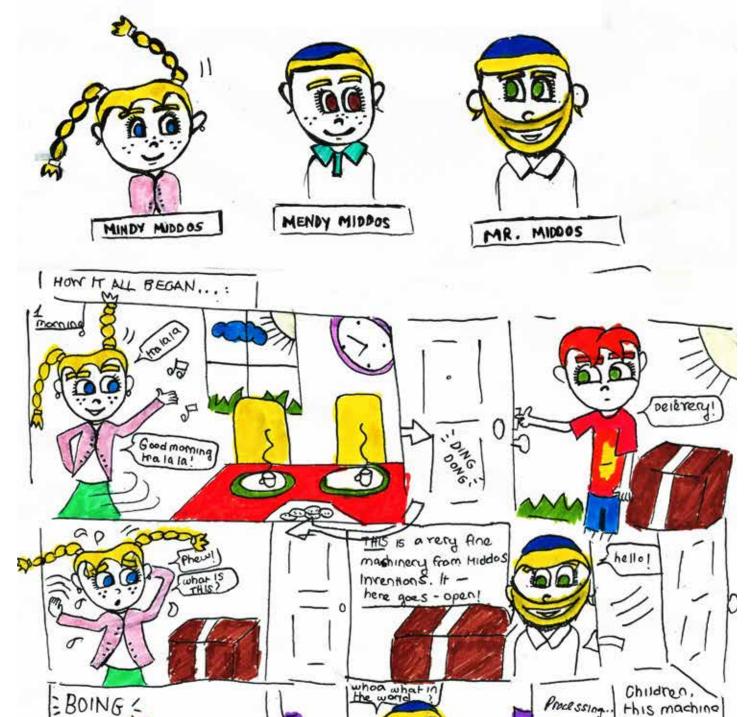
Enjoy your beautiful Sukkah.
You can put in heaters!
You can put in fans and air conditioners!
You have bright lighting!
You can put it on a timer!
You have an easy to use Shlack!
You have thousands of beautiful decorations to choose from!

You can choose beautiful flooring!
You can have beautiful curtains for the walls!
Thank You Hashem! We love You Hashem!



THE .

MR. MIDDOS



this machine is...THE HARTBOUS HIMPS

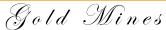
Episode 1

MR. MIDDOS



MR. MIDDOS





Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Did you ever see kids say, "Look I have a booboo" "Look



at my cast," "Look at my crutches, or "You know what happened to me?" They really enjoy it as all the other kids look on.

People don't really

change. In Novardak they said that believe it or not, by a lot of adults, their fun in life is also having issues. "Oy! If only you would know what I go through... My issues are way worse than yours!" In their minds they also go over their issues again and again till it's in their bones. They don't realize how subconsciously they enjoy their struggles.

A person has to get out of this rhythm. The pasuk says בחרת בחיים, choose life and stop feeling sorry for yourself. A mashpia from Eretz Yisrael, who helps a lot of people with their struggles, told R Mandel the most common thing people need to hear is: If you want to have rachmanus on yourself!

Your issue is like a booboo the more you potchka with it the worse it can get and the more you let go the more they fly away!

Rabbi Yosef Moshe Mizrachi

Recently, a friend asked me: Should I try to practice Prishus - abstaining from permitted Gashmiyus, or should I indulge but thank Hashem For the pleasures he gives me?

This is a fantastic question. Baruch Hashem, I was able to tell him the following the clear Mesorah from my Rebbe on topic.

R' Golombeck told me that In Navordok they said: 'One Can have a steak and even enjoy it! But we should not become a slave to it. They should not be in a bad mood if they had to eat something else instead of that steak'.

R Golombeck said about himself: My Avodas Hashem is to enjoy the best of Olam Hazeh, because through that I Grow in loving and appreciating Hashem! So much so, that on a fast day I feel the void, its more difficult for me to feel loved by Hashem!

Feeling grateful is the foundation of our Avodas Hashem. The Highest Continued on next page



Mazal Tov to R' Eliyahu Menahem and family (Lakewood, New Jersey) on the birth of a new baby boy!

Mazel Tov to R' Dov Halle and family (Lakewood, New Jersey) on the birth of a new baby girl!

Rabbi Yosef Moshe Mizrachi Continued

level - the level of our Gedolim, is to be fully grateful for simply being alive, being part of such a nation and having such a meaningful

Torah etc. If that would be the case then one would be able to practice the lofty level of Preshus. However For many of us, often it's a good time in

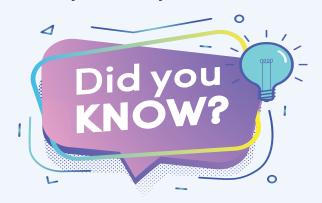


the park, cold soda or Geshmake shmuzz that can have us singing the praises to Hashem!



Chag Sameach!

By: Rabbi Zevy Golombeck



Did you know that Hakadosh Baruch Hu loves every single the yid the same, unconditionally?

Every person has to feel loved by Hashem, equivalent to how much Hashem loves the Gadol Hador and the Tzaddik Hador!

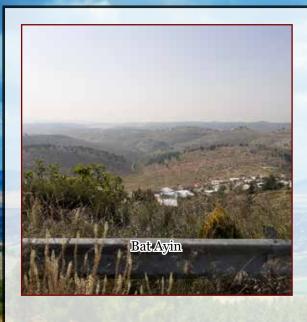
Meshech Chachma, Parshas Bo.

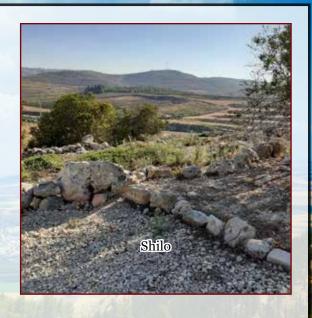


By: Sarah Freida Haivri

ארץ המדה מובה ורחבה!

Hashem's Wonderful Land





Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.

Please email them to: thespringhilltimes@gmail.com

BEAUTIFUL QUOTES

"Everything that you can desire, all your ambitions, are in Hashem."

Rav Avigdor Miller Speaks Vol 1, Page 206

Reproduced from 'Rav Avigdor Miller Speaks' by Rabbi Simcha Bunim Cohen, with permission of the copyright holders, ArtScroll / Mesorah Publica-



"שמעי בן גרא had thrown rocks on דוד and called him all kinds of wicked names – ממזר, נואף, etc. Not only didn't רוצח this דוד he actually chose him to be his son שלמה 's rebbie!

he places מלבות The future of his

in the hands of his arch enemy who was מבזה him. Here was the man who was מבזה דוד ברבים sitting right next to the king forever and being the #1 important person who is מחנך the king's crown prince!

Again, we see how דוד isn't בתפעל from anything! He laughs at the world who would hold a grudge forever on such a person (and kill him since he was מורד במלבות.

TIT seems like he isn't in this world – and this is true מלכות. A gets shmeared with oil since oil floats on top and doesn't mix with other liquids." Rav Yehuda Mandel - Bitachon Weekly, Parshas Shoftim



"There is only one power in the world: Our loving caring Father, the Ribono Shel Olam"

Rabbi Zevy Golombeck - A Life with Bitachon



Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041or call 385-381-0977 email: thespringhilltimes@gmail.com

לין החוחים

Photo credit: S.M. Eisen

"A friend of mine woke up one morning and saw out of her window a cacti that originates in the Andes mountain that produces a flower that lasts 24 hours.

It was beautiful and meaningful. It inspired me to write the following:

Renewal **Opportunity** Beauty כשושנה בין החוחים Look at this flower It blossoms for only 24 hours Just utilize the time we are given during these holy days! They help us maneuver the prickly thorns - challenges - that come our way in life So that we can blossom So we can strive. So we can serve Hashem in the best possible way! So we can shine! So we can see our beautiful self So we can see our beauti-



ful and wonderful character traits blossom!
We daven always.
Especially when Hashem our King is in the field
Let us seize each day!
We ask and beg from
Hashem to please allow us to blossom despite all the odds.



Despite all the thorns that surround us Despite the way that other people may have portrayed us to be. Because, You and only You Hashem truly know what we are. What we want to be. We just want to blossom So we can glorify Your Name So we can do Your will. Please Hashem, give us the strength to shine. To see past the thorns

To see past the prickles

that we stumble upon

So we can





BITACHONPOWER

BY: Rabbi Chayim Tzvi Blau
This week's Topic: "SAY GOODBYE TO AGMAS NEFESH!" "

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: THE ONE WHO HAS בטחון has a tremendous advantage that his form of



parnassa will never cause him any עגמת נפש. For example: If he is having trouble selling his products, or he is finding it difficult collecting payments from people that owe him money or even if he gets sick and is unable to go to work - he will not become at all under pressure. In all these circumstances he knows that Hashem is concerned for him and cares about his needs even more than he does. He knows that Hashem only had in mind for his best benefit, so he is calm.

The Lesson: WHAT MAKES THIS QUOTE SO INCREDIBLE and amazing is that people can get all uptight and nervous "will we be successful" and they can even lose sleep! Especially if we are owed money from someone, we could get nervous and even angry with that person for not paying us on time! However, the Chovos Halevavos is teaching us that we can be calm and cool regardless if we have clients, regardless if our business is successful and regardless of when people will pay us for what they owe, since our loving caring Father is the One supporting and sustaining us and we can be assured that He will take care of us and support us no matter what no matter when! With "Bitachon power" we avoid all this unnecessary Agmas Nefesh that we bring onto ourselves!

THE STORY: IT ONCE HAPPENED that a rich man became angry with his son for his ungracious attitude towards his father. Although, the rich man had always provided for his son's needs, he decided that it was time to stop supporting his son. Subsequently, the rich man sent his son to a faraway land to fend for himself. The rich man hoped that after toiling to earn a living, his son would appreciate all the good that his father had done for him.

The father really loved his son and was concerned for his wellbeing, so he sent his friend to see how the boy was faring. The friend reported that the rich man's son wasn't earning enough for his basic necessities. Immediately, the rich man commanded his friend to conduct business with his son, enabling him to earn a living. After some time, the friend told the son of his father's involvement.

Without delay the son wrote a letter home expressing his gratitude for his father's support and apologizing for his previous lack of respect. Once the father saw that his son had learnt his lesson he was able to bring him home.

Hashem originally wanted to provide us with all our needs without having us work at all. It was only after Adom sinned that Hashem decreed that all mankind must work to earn their bread. Although it may seem that our effort provides us with a livelihood, this is a mirage. Hashem allows us to be successful in business so that we can support ourselves and our families. Therefore, if we realize the truth and thank Hashem, He will provide us with all our needs.

Next week's Topic: "LIKE A MAMEH"

Join the Anim Zemiros Band!



Sing to Hashem!
Praise Hashem!
Thank Hashem!

When: 15 Tishrei - 23 Tishrei

Where: Everywhere

Price: Free! Hashem will pay you!!!



BITACHON CONSTRUCTIONS Building people since 2017

A Life with Bitachon

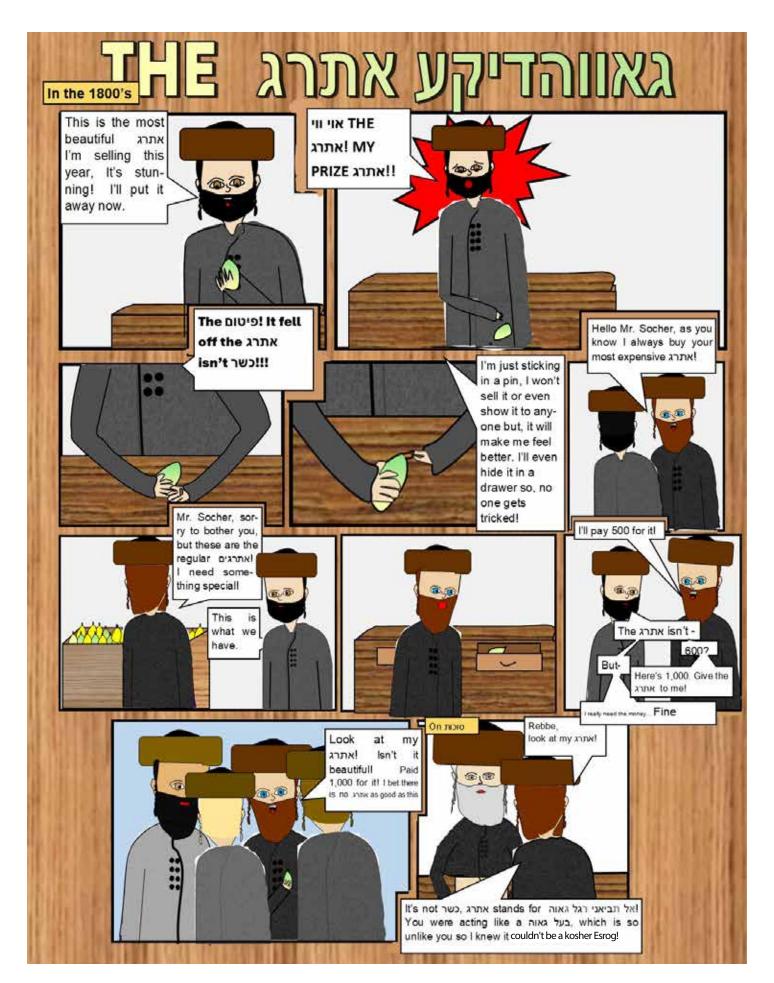
✓ Residential

✓ Commercial

We specialize in building skyscrapers!

Make Your Dream Life a Reality!

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Imagine that someone offered us the zechus of sponsoring Yom Tov for R' Elyashiv. Of course, none of us would turn down this prized opportunity. That zechus is not available today, but we can have the chance to support the Gedolei Torah of our generation.



chasuna, went to kollel as usual and came home after mincha. It was the middle of the winter, and the chuppa was called to be finished before shkiah. When his family asked him, "How can you come home so late on the day of your child's chasuna?" The talmid chochom respond-

Wow! That sounds like a big zechus. Do they really need our help?

That's one of the most commonly asked questions. The answer is: yes! You have the ability to grab the zechus of helping the gedolei Torah in Eretz Yisroel. We get our names from Gedolim such as Rav Moshe Hillel Hirsh, Rav Dovid Cohen, Rav Moshe Sternbuch, and others. It is mind boggling to imagine what a zechus we could have! Hashem loves us and gave us the opportunity to help them!

That's quite a zechus!

Yes. The gemarah in Brachos tells us all the schar mentioned in the Torah and Nevi'im is for those who support talmidei chachamim. We have heard from our supporters nissim geluyim they were zoche to and it's not surprising at all, Hashem promised us all the good in the world from supporting Torah.

Our goal at Machzikei is to give the Talmidei Chachamim the menuchas hanefesh to fully immerse themselves in their learning.

I'm sure it's a big help for them.

Yes! One Talmid Chacham came to thank us for the Yom Tov distribution. He told us, "Usually I spend my Chol Hamoed running around trying to get money to cover my Yom Tov expenses. Baruch Hashem this Yom Tov I spent my Chol Hamoed learning!



A Talmid Chacham, on the morning of his child's

ed, "Imagine if we wouldn't have received help from Machzikei., What would our house have looked like today? I would have spent the entire morning running from one gemach to another. The house would have been pressured, and none of us would have been able to enjoy the chasuna tonight! But I did receive help, why? Because I sit and learn! So, I went to learn!"

Are you able share extra Siyata D'shmaya that you see?

One Talmid Chochom told us, "I had no money in the bank and I was about to lose my house. I had bitachon that Hashem would help me, and look what happened: Hashem sent you with a check and my house was saved!"



One talmid chacham shared that he had written a cheshbon of exactly how much money he would need for the most basic Yom Tov expenses. He didn't know where he would get the money from. When the check from machzikei arrived, the Talmid Chacham saw that it was the exact amount he needed!

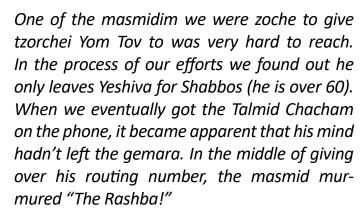


A Rosh Kollel in Har Nof had a yungerman learning in his kollel who was suffering from extreme financial difficulty. It was almost Yom tov and this yungerman had absolutely nothing. The Rosh Kollel, who himself was struggling, told him, "Take my Yom Tov bonus that our kollel gives" (a few hundred shekel). Right then the Rosh Kollel received a surprise call

from Machzikei. "We have \$1,000 for you for Yom Tov."

Wow! That's a story of gadlus as well!

We never stop being nispa'el from the gadlus we see in Torah, ehrlichkeit, and bitachon. Here are a few of our favorite stories:



"The Rashba?" The gabbai tzedaka echoed, confused.

"Oh, I'm so sorry. Where were we...?"



A few days after Succos one of our Askanim was paid a visit by one of the Talmidei Chachamim. After thanking the askan for the Yom Tov distribution, he took out 700 NIS and told the Askan "The money was for tzorchei Yom Tov. I am giving back the money I didn't use."



Before Yom Tov we approached one of the Poskei Hador and offered him money for Yom Tov. He refused and told us "I have someone who is trying to help me (he is still in major debt even after the help). Give the money to someone who doesn't have anyone helping them."



One talmid chacham we helped was asked if he received the money. "Gelt? Dos darf men redden mit de rebbetzin" (Money? That you have to ask my wife).





How did Machzikei Hatorah start?

Before Yamim Nora'im 5782 we put out some signs in Lakewood yeshiva, offering the zechus of supporting Gedolei Torah. It wasn't an organization; we didn't have a name, we didn't have our own

bank account, and our only contacts were R' Nochem Cheshin, our gabbai in Eretz Yisroel, R' Nosson Kopshitz, our posek, and R' Yoel Fuchs of Chonein V'nosein to take care of our office work. We hoped to make between twenty and sixty thousand dollars.

And how did it go?

Beyond our wildest expectations. The Bnei Torah of Lakewood are Makirie Rabbanan and they eagerly gave generous donations. We made \$180,000 in yeshiva alone, and over \$200,000 in total.

Wow! What Siyata D'shmaya! So before you knew it the Kupa was in existence.

When we realized the potential, we started planning for Pesach. More askanim joined the team, we came up with our name, and ironed out the technical steps. I felt it was my achrayos to know what was happening firsthand, so I found myself spending that Pesach in Eretz Yisroel.

How was the trip?

Unbelievable! First of all, I realized just how impoverished the talmidei chachamim really are. I was by a chaluka where they were giving out paper plates! I was in the house of a young Gaon who didn't own an air conditioner.

Did you get to meet with gedolim?

Yes. I was zoche to spend a lot of time with Hagaon R' Nosson Kupshitz, the Rav of Beit Shemesh. I was by his house four nights before pesach and



I asked him how much money should the kupah lay out. I



got to see true Ahavas talmidei chachamim when He answered, "a sach" (a

lot). We laid out an extra \$50,000, more than the \$200,000 we had at that point. By the next morning we were zoche to see a neis niglehthe full \$50,000 had been raised!

On Chol Hamoed I went to visit Hagaon R' Moshe Sternbuch shlita. R' Moshe has been involved in the kupah since its inception. Our first sukkos R' Moshe had just returned from the hospital and was weak and bedridden. Someone close to him told him that he had just received \$1000 from a new chaluka for talmidei chachamim. R' Moshe stood up and exclaimed, "Dos is the emeseh tzedaka! Baruch Hashem there are Yidden in chutz la'aretz who are smart enough to realize this!"

Before every Yom Tov, R' Moshe davens for the success of Machzikei Hatorah and for the donors.

While we were by R' Moshe's house we met his son R' Asher shlita. He told us the following story:

After a pogrom in Brisk, the Yidden began a fund to rebuild the destroyed houses and businesses. People donated very generously and significant funds were raised and distributed.

Shortly thereafter, an almanah came to the Brisker Rav and cried to him, "My house was burnt to the ground during the pogrom, but I

didn't receive any money from the collection."

The Brisker Rav was surprised and commented, "Every tzedakah goes according to the kavanah of those who give it. It must be that the kavanah of the donors was just to show the goyim that they can't

hurt us. If they will make pogroms we will repair the damage and rebuild. Money given with such kavanah doesn't end up helping an almanah with her yesomim."

R' Usher then told the askanim, "Machzikei HaTorah was established to help talmidei cha-

chamim muflagim be able to learn with menuchas hanefesh. I can tell you, I know some of the recipients, and they were able to learn better because of you."

After Yom Tov we went to Bnei Brak to visit many Gedolim, among them Haga-



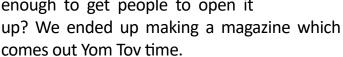
onim R' Moshe Hillel Hirsh, R' Berel Povarsky, and R' Dov Landau. They all told us what a tremendous mitzva we were involved in and happily signed hamlatzos to help our cause.

Do you see extra siyata dishmaya in your fundraising?

Every step of the way. In the past two years we were zoche to put together nearly three million dollars with only about \$60,000 spent on overhead- an unheard-of feat! All of our staff are volunteers. Somehow, we always find sponsors for the overhead. Another point of Siyata D'shmaya is the tremendous success of our magazine.

What's the idea behind creating a magazine?

The truth is, we originally planned to put out a brochure letting people who we are. The problem we kept trying to solve was, how can we make a brochure interesting enough to get people to open it





Baruch Hashem the magazine has over 10,000 reads and brought a lot of publicity to our cause, resulting in a larger pool of donors.

What do you print in the magazine?

We print interesting stories mainly about Tzadikim and other interesting Yiddeshe maiselach. We call it 'inspiration and entertainment with a Torahdike ta'am.'

Where do you find the stories?

Everywhere. If you have a good story we're always looking for more.

Can you share some of your favorite stories?



When we ask people what story they enjoyed the most everyone has a different answer. Here are two of my personal favorites.

The Chofetz Chaim traveled from city to city selling his sefarim. On one trip, he asked

the wagon driver if he could walk alongside the wagon for a few minutes to get some relief from the constant rocking. The wagon driver thought his passenger was a simple bookseller and decided to play a joke on him. As the Chofetz Chaim walked along the road, he urged the horses to



move faster and drove away, abandoning the Chofetz Chaim miles away from the city.

With no choice, the Chofetz Chaim continued his journey on foot. When he finally reached the city, he searched for the wagon driver and paid him for transporting the

sefarim without mentioning a word about the incident.

The Chofetz Chaim did not sell his sefarim in that city. He was afraid that when word would get around that the Chofetz Chaim was visiting the city, the wagon driver would discover who he had played his joke on. Unwilling to cause embarrassment to another Yid (who rightfully deserved it), the Chofetz Chaim immediately hired another wagon and left the city.



World War I was raging and all of Europe lived in fear and uncertainty. No one could predict what the next day would bring, as the battlefront moved from town to town, leaving a path of destruction in its wake. Law and order were a thing of the past as cities traded hands from one group of disorderly soldiers to the next.

A group of soldiers were patrolling one night in the city of Tavrik, very close to the battlefront. The streets were deserted; the houses were dark. Suddenly, the soldiers noticed one house that was lit up. They concluded that it must be a spy signaling to the enemy. They joined together and stormed into the house to detain the spy. What they found was unlike the usual picture of a traitorous spy. The Tavriker Rav was sitting at his table, absorbed in a Rambam. Nonetheless, they had decided that he was a spy and so the soldiers informed the Rav that they were going to kill him.

The Rav assessed the situation. There was no

way he could convince them of his innocence. During this tumultuous time, soldiers were unruly, answered to no one, and weren't too concerned to kill innocent people. Apparently, this was the will of Hashem.



He then told me that he would give me \$50K to distribute for hachnasas kallah! I saw clearly how we just need to do hishtadlus, and Hashem sends us the money. This was the exact amount I'd been hoping to receive!

Accepting the gezeira, the Rav turned to the soldiers with a request. "Please, can you give me just a few minutes so that I can find pshat in the Rambam?" The soldiers agreed to his request. The minutes passed. The soldiers stood waiting, pistols in hand, while the Rav focused his mind on the timeless words of the Rambam.

Suddenly shots were heard from outside. The enemy was attacking! The soldiers forgot about the spy and ran out to defend the city. They would deal with him later.

After a short battle, the attacking side was declared the winner. The Tavriker Rav's life was spared.

Wow! How can I get a copy?

Email us at machzikeihatorah@gmail.com or pick one up in a Lakewood shul.

Aside from Yom Tov chalukas, do you give out money during the year?

Yes B"H. I have to tell you a story of how our Keren Hachnasas Kallah started.

A friend of mine told me to call a certain gvir. "He will give you \$50K", I was assured. Calling people to ask for money was never my idea of entertainment, but \$50K is \$50K.

I made the call. To my disappointment I received a check for only a few hundred dollars. I learned that fundraising isn't easy. That same day, I received a phone call. "I heard you have a keren to help Talmidei Chachamim", the caller began. "I want to help with hachnasas kallah."

Now that the Hachnasas Kallah Keren was in existence, we had to figure out how to best distribute the money. Nochem Cheshin spoke to HaGoan R' Yehoshua Dovid Turtzin

and was told,
"Give the
money for
the chasuna seudah.
When a
Talmid Chachom makes
a chasuna,



other Talmidei Chachamim will attend. This way we will be able to give to them as well. Also, while the talmidei chachamim eat, they will hondel in learning!"

In addition, Yidden have asked us to set up monthly temicha where they give a specific talmid chacham whatever amount they could to help them make their month.

What are your plans for the future?

I want to be'ezras Hashem continue what we're doing now. I hope B'syata D'shmaya with time more Ydden will hear about us and grab the zechus.

How do I donate?

You can call our hotline any time at 518 MAC. HZIK (622.4945) or send checks payable to Machzikei Hatorah to 425 12th St., Lakewood, NJ, 08701. For more information you can email us at machzikeihatorah@gmail.com or text 612.437.2348.



Let us imagine for just a few moments, what life would look like if our bodies would malfunction and when we go to sleep we would continue being active c"v...

We would go to sleep in the Sukkah and wake up in the morning in our bedroom, in our living room or in the kitchen sitting in front of an open fridge...

We would be walking the stairs during our sleep and...

We would be constantly falling down the steps causing ourselves injuries c"v...

Those who made it down the stairs in one piece, would be taking their keys and walking outside to their cars. They would start the car and start driving while asleep... On Shabbos and Yom Tov too, r"l...

The road would be full of sleeping drivers...

Causing horrific accidents...

Hospitals would be overwhelmed with millions of daily patients due to all the falls, bruises and burns people would have...

Resulting in a total collapse of the entire health system...

The cost for auto insurance would skyrocket. Bankrupting many families...

Due to the extreme danger, the government would for-



bid anyone from owning a motor vehicle... We would have to walk, each and every day, miles upon miles to shul, kollel, school work and store...

Women would be cooking and baking in their sleep, resulting in nightly treifa kitchens. They would be putting chocolate milk into the Shabbos cholent c"v and meatballs into the noodles and cheese...

As a result, we would be busy on a daily basis, from

morning to night, kashering the entire kitchen...

Children and adults alike, would be making a bee line in their sleep to their favorite part of the house: the pantry. They would dump out all the cookies, cakes and nosh and eat it while sleeping!!

They wouldn't even brush their teeth afterwards...

We would wake up every morning with our houses turned upside down. Everything dumped out and everything in its wrong place...

We would spend hours looking for our socks and shoes...

We would have to spend hundreds of dollars a day on cleaning ladies to clean and rearrange our houses...

Many people would go out on walks during their sleep and wake up, in their pajamas, in Shul, in the middle of the street, waiting by the bus stop for the bus or in a row boat in a lake...

We would need to spend hundreds of dollars to hire people to sit and watch us



while we sleep. We would need to sit and watch our children and babies while they sleep and as a result we won't be able to get anything done in the house...

Many people would have to be tied to their beds... They won't be able to get out of bed until someone comes in the morning and unties them...

Many people would have an impossible time sleeping due to all the noise and activity around them.

The anxiety of getting hurt during sleep, would prevent everyone from falling asleep! As a result, it would be impossible for us to function during the day.

We would be walking around all day tired and exhausted, grumpy and upset.

We would each drink between 90-150 coffees each day in a futile attempt to battle sleep!

The price of coffee would skyrocket as a result... The government would have to start rationing it out...

We would be standing from morning to night on long lines waiting to get a few ounces of precious coffee...

Worst of all, we wouldn't be able to serve Hashem properly...

We wouldn't be able to appreciate His greatness.

We wouldn't be able to feel His wonderful kindness.

We would run from one doctor to another for a solution.

All sleep professors in the world would get together for an emergency meeting...

The greatest scientists and inventors would be working day and night to figure out a solution but everything would fail miserably!

This world would be in complete chaos and would be a most terrible place to live in...

Who has the infinite knowledge to know that human beings (and animals) need time to be active and time to sleep and recharge and thereby created day and night?

Who designed with unlimited wisdom the concept of sleep????

Who manufactured with infinite perfection that we should feel tired when our body needs sleep?!?!?

Who designed with infinite brilliance that our brain and body should re-energize with sleep???

Who has the unlimited knowledge to know that the body needs to shut down while it's sleeping???

Who designed with unlimited resources and power that the body should be able to wake up on its own when it completes sleeping?!?!?

You Hashem, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift of 'Perfect Sleep' that You give us, with endless love and care, every second of the day, 365 days a year and free of charge!

When I was young, I really wanted a sukkah. There was one at our synagogue, but I dreamed

of having my own sukkah.

I asked my parents if we could have a sukkah of our own, but my parents said, "No, maybe next year, but not this year." I was disappointed.

But then, on the night before Sukkos, my parents told me that they had asked friends of theirs about their old sukkah. The friends told

my parents that they had the wooden frame from their old sukkah in their garage. And they said that I was welcome to use it to build a sukkah.

I could hardly sleep that night after hearing this great news.

Early in the morning, I headed to my parents' friends garage and carried back all the pieces of wood I needed to build the frame of the sukkah.

When I got all the wood home, I realized that even if I somehow managed to put it together, all I would have was the frame for a wall-less sukkah. And there were only 10 hours left to go before Sukkos.

But the dream was too wonderful for me to give up, so I got to work. I banged a nail here and cut a piece of wood there, as I prayed for my sukkah to grow.

At about 11 in the morning, while I was banging away, my Israeli neighbor, Yossi, walked by and asked, "What are you doing?" "I'm building a sukkah," I replied.

Yossi quickly ran to his home and returned in a flash with a proper hammer and a working saw and announced, "At the rate you are going, you will finish by Passover. Move over and let me give you a hand." For the first time in the his-

tory of East 82 Street in Canarsie, Brooklyn, the sounds of sukkah building were heard in the air.



another After awhile, neighbor, Lenny Waldman, walked by and asked, "What you guys doing?" And I said, "We're building a sukkah." Lenny looked at us and asked, "What is going to be the roof for your little sukkah?" Suddenly I realized that in the rush to build the sukkah I had forgotten about the most important part - it's special kind of roof!

I looked at Lenny and said, "I don't know, but we will think of something. We need something which grows which won't wither during the eight day holiday. Lenny, who was a quiet man, said nothing but disappeared into his house.

A few moments later, he re-appeared, complete with ladder and a large pair of shears. He began to slowly cut large branches from the huge evergreen tree which grew in my front yard. "I always wondered why you let it grow so large", Lenny said aloud, as he continued to 'buzz' the tree.

Henry Gordon, who lived with his 92 year old mother and drove a cab in the city was parking his cab as he heard Lenny cutting my large evergreen tree. "Lenny, what you doing?" he asked. "The young fellow next door is building a sukkah and I am helping him out with covering," he replied.

"Well, the frame looks okay, but what are they using for walls?" Henry asked. "Beats me," said Lenny, "Ask the kid."

Henry came over and asked me, "What about the walls? Where are they?" Our friend simply answered, "I don't know, but I guess I'll grab some old sheets and tack them to the frame." Henry looked at Yossi, the Israeli builder. He glanced

at Lenny, the tree-trimmer. And then he said "I have an idea, I'll be back soon."

Ten minutes later, he reappeared pushing a wheelbarrow full of doors. "When I drive around the city, anytime I see an old door, I stop the cab and throw it in the trunk. I don't know why, but I have been do-

ing it for years. Let me 'donate' them as walls for your sukkah".

Slowly Yossi, Henry and I began to attach the doors to the frame and as the sun began to move downward in the sky, my sukkah began to stand up.

Murray Cohen was the last neighbor to come across the street. "Hey, what are you all doing?" he asked. Then he answered his own question by saying, "Looks like you're building a sukkah. Wow, I have never seen one of those around Canarsie."

He looked at the mishmash of doors turned into walls. He looked at the evergreen branches becoming roof for the sukkah. And he looked at Yossi, the carpenter, who had suddenly become a sukkah builder. "You know what, wait one minute. I have something for you," said Murray, and he ran across the street to his house.





Murray returned with a large sheet of green felt. "You know I fix pool tables for a living, and when they redo the old tables they give me the old green felt. I have no use for it, but I think if we staple the felt to the doors it will give the sukkah a real homey feeling."

Soon Murray was stapling felt across

the doors to create green walls as Lenny was putting the finishing touches on the evergreen roof and Yossi, the sukkah builder, hammered in the final nail.

It was 6 PM. Candle lighting was just minutes away, but as I looked at Lenny, Yossi, Henry and Murray and then at my sukkah, I saw that sometimes dreams do come true.

That night, I entered my sukkah and just as I was about to make Kiddush, there was a knock on the sukkah door. In walked Lenny who said, "Hey, looks pretty cozy in here."

Soon Henry appeared, explaining that he was simply admiring his handiwork, followed by Yossi and Murray who both said, "Let's see how this sukkah really 'works'."

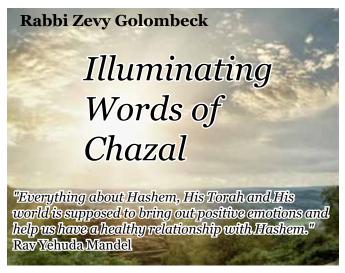
As I recited Kiddush, I glanced at the faces of Yossi, Lenny, Murray and Henry, proudly standing

in my once-upon-a-time 'dream' sukkah.

Many years have passed since my first sukkah was built. I now have a large and roomy sukkah. But as I recite Kiddush in my sukkah, surrounded by lots of family and friends, I still remember the most beautiful and precious sukkah I ever entered.

Ron Yitzchok Eisenman is the rabbi of Congregation Ahavas Israel in Passaic, NJ. He has taught in various yeshivos and high schools throughout the New York area.

He is also the author of Shul with a View, The Elephant in the Room and For Everything a Time:Bracha Goetz is the author of 41 Jewish children's books



Q. The Gemara in Chagigah 4b-5a questions if it's possible for a person to die before his right time (יש נספה -בלא משפט). The Gemara says: yes. It brings a story that the Malach Hamaves sent a messenger to take away the neshama of a certain Miriam. By mistake he took the neshama of a different Miriam. The Malach Hamaves said, "Once she's here, we will count her in the minyan (of how many people need to die that year.)"

We always hear on 'A Life With Bitachon' that Hashem is in control of every single detail, and that everything has a perfect plan. If so, how can such a mistake happen, and what kind of reason is it that once she is here let her stay to fill up the quota? Is that the way Hashem works? Would that be considered a 'perfect plan'?

A. When it comes to Emunah, R' Avigdor Miller says it means steadfast, which means our yesodos of Emunah have to be iron, steel, in order to be considered a ma'amin. The alef-beis of Emunah, the first of the 13 ikrim, is Hu borei umanhig lchol haberuim. Hakadosh Baruch Hu is in control of everything from start to finish and everything in between. There are no exceptions to this rule! Hakadosh Baruch Hu is perfect, he is running a perfect world, and everything that happens if totally perfect. The Pasuk says 'Hatzur Tamim Paalo'. There is no koach to the Satan, to the Malach Hamaves, to a ba'al bechira. That's the alef-beis of our mesorah. Everything is bashert.

That being said, when a person goes through Gemaros and Chazal and different mefarshim, they could find concepts that don't seem to fit. R' Ahron Leib Shteinman in Ayeles Hashachar says that obviously it's because you don't understand it, you're making a mistake.

So what is the answer to this question? The way that Hakadosh Baruch Hu runs the world is with Nistar and Nigleh, hidden and revealed. When things happen in the world, it looks like people are taken away before their time, the Gemara is explaining what it looks like to our eyes, which is called Nigleh. Every 'tzaddik v'ra lo', Moshe Rabbeinu says, this doesn't look right. Yes, it doesn't look right. The Chofetz Chaim gives a mashal. You come into a shul, and the gabbai is giving aliyos to the Baal Habatim. You get upset, what about all the rabbanim, the chashuvim? The Gabbai says, if you would have come last week, you would have seen they all got Aliyos last week. Now it's the ba'al habatim's turn. You're just seeing the few years that you're living. If you would look at the whole picture, at the previous gilgul, you would see that everything is perfect. What the Malach Hamaves said is NOT TRUE. There are no mistakes! It is just the way it looks to our eyes. The point of the Gemara is how limited we see, we're not seeing the whole picture. Everything is exactly the opposite. Everything is 100% mishpat, dikduk hadin.



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Mr. Bizyonos

#1615 - This story has been called in by Mishpachos Zefrin. She had to cut her ba-

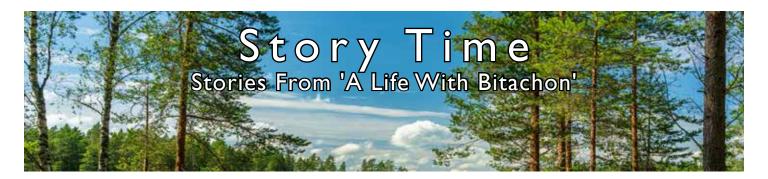


by's nails. The issue was that every single time she tried cutting her baby's nails, her baby would screech and pull

back her hands; it was such a hard experience. Her baby was so scared and anxious about it. But what could she do? Her nails were getting long, and it was time to cut her nails.

Mrs. Zefrin turned to her family and said, "What should we do? We have to cut the baby's nails. In the past, the experience we went through was that the baby screeched throughout the whole time." So her Kinderlach said, "Mommy, What's the issue? What's the problem? While you're cutting the nails, put on 'A Life with Bitachon' and we'll all be mechazek together in "Hakol Yachol."

Mrs. Zefrin started cutting each nail and everyone was listening to 'A Life with Bita-



chon' and being mechazek together that Hashem is the one in charge of emotions. The baby was sitting there so calm, relaxed, with Menuchas Hanefesh and Simchas HaChaim.

80 03

#1616 - This story has been called in by Mishpachas Schwartz. Her neighbor with seven children was schmoozing with her and telling her that she had a very, very big issue and



problem. There was a switch on her hot water heater that that broke off. And now they don't have any more hot water! When it comes to showers, she has to go bring them to the home of a family member, so they should be able to take showers and baths. But it's really, really hard. So they called plumber after plumber, seeing who could help them. Each one told them, "Sorry, we don't have that part in, sorry. The only way to do it is by ordering it."

So they decided there's only one plan, to order it. But the company said it's going to take at least a few weeks to get it. Now they were stuck without hot water for a few weeks, the family of seven. What should they do?

Mrs. Schwartz was listening to the story. She said, "Don't worry. By tomorrow, you'll already have your hot water heater back to normal, already working."

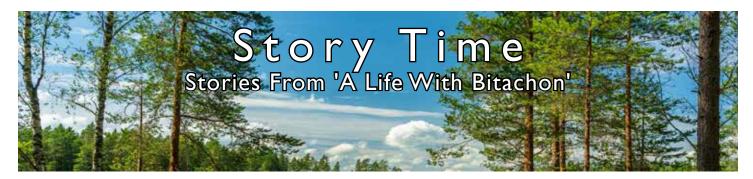
The neighbor said, "What? No plumber was able to help me. They have to order parts. They said it could take a few weeks, and you're telling me that you're able to do it by tomorrow? Can you let me in on the secret? What do you plan on doing?"

Mrs. Schwartz said, "Sure, I've been following many stories on a "Life with Bitachon" lately and I hear that, when someone comes to you and they tell you they need a Yeshuah, you could just have Bitachon for them. So I'm having Bitachon - by tomorrow it will already be fixed. Have no worries. Everything already worked out perfect."

The next day, her friend called back. "You want to hear the end of the story? My hot water heater is working again!"

Mrs. Schwartz asked, "Why? How did that happen? What changed from yesterday, from 'It's going to take three weeks,' and now it's working?"

The neighbor said, "The plumber that said that it's going to take a few weeks told me he thought of an idea. He has an extra hot water heater that's already broken, and the heater



has the switch that they need. So he could take it off from that machine and use it temporarily on my machine!" With that, the plumber installed it temporarily until they got the new part, and the heater started working perfectly!

80 03

1617 - This story has been called in all the way from Eretz Yisrael, from Beit Shemesh, by Mishpachas Benjamin. She said that her children were hungry, and she was thinking of calling her husband to ask him if he could bring home pizza. Then she thought, "One sec-

ond, why don't I go straight to HaKadosh Baruch Hu, straight to the Ribono Shel Olam? He is the one in charge of feeding my children. And therefore I'll just tell HaKadosh Baruch Hu, the Ribono Shel Olam, that our children are hungry."

It didn't take too much longer until her husband came through the door, and she saw him holding... pizza for the whole family!



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She was wonder-

ing, "How did you know? That's exactly what we wanted!"

He said, "I'll tell you the truth. I was walking down the block, and a couple of Yeshiva Bochurim came over to me. They said that they were walking by a pizza shop, and the owner of the store said, "Here, enjoy!" They took the pizza, but then they realized they were already Fleishig. They decided they were going to give it to the next Yid who passed by. "And here it is!"

In no time, the family got the pizza they wanted with the best service!

80 03

1618 -This story has been called in from New York by Mishpachas Zeitlin. She was walking with her friend, and they were going towards the bus stop, and they needed to make the bus B11. They wanted to go home right away. They called the bus company to see



when the next bus was going to come. The bus company said, "We're so sorry. We're just sending out a bus now. It's going to take at least a half hour. You're not going to be able to find the bus any time before that."

Mrs. Zeitlin turned to her friend, and she said, "You know what the bus company just told me? That we're going to wait a half hour, but you know what? I follow "A Life with Bitachon". I don't believe in Teva; you know what I believe in? I'll tell you. "Hakol Yachol!" I believe Hashem is the one in charge of sending us a bus."

They looked at the bus stop, and they saw there was a city bus that said, "Not in Service." Mrs. Zeitlin turned to her friend and said, "Well, guess what? The bus is not in service, but when we arrive, you'll see – Hashem is a Kol Yachol; He can work everything out. He can

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make it that this bus will be in service."

They got to the bus stop, and they saw that the bus still said, "Not in Service." They said to the driver, "We're looking for the B11." He said, "Sure," and he switched "Not in Service" to "B11" and said, "Come right in!"

80 03

Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I shared a very sensitive secret with a friend of mine. I requested of her to keep it extremely confidential. A short while later I found out that she let out the secret, and now people know about it. Now I feel betrayed. Additionally, I'm concerned about the harm that can result.

The

A. The reason you're upset at your friend is because you think, 'The only reason the secret was known is because my friend let it out. If only she would have kept quiet, no one would find out. And now that people know, who knows what kind of damage it could cause?'

Understand, if the secret was let out, it was because that's what Hakadosh Baruch Hu wanted to happen. If it wouldn't have happened through your friend, it would've happened a different way.

And as far as your concern that now something bad is going to happen, there's no such thing as 'something bad happening'. Everything that happens is because Hashem causes it to happen. And Hashem is perfect and he's running a perfect world. Therefore, you can rest assured that Hashem is conducting events in a way that will be the very best for you.

Q. There is someone in my life who criticizes me for everything I do. Therefore, I dislike this person and I can't stand him. But I know what the מסילת ישרים writes: 'Hashem only loves those who love his children', and I want Hashem to love me. But I simply can't get my-

self to like this person who hurts me so much.

A. Hakadosh Baruch Hu doesn't care about results, outcomes or accomplishments. He just wants to do exercises to try to improve. Therefore, as long as you're doing daily exercises in not being upset at them, Hashem still loves you.

Which exercises could you do? Firstly, work on not getting insulted in the first place. Whenever they criticize you, tell yourself 'I know that I'm really an amazing person. I have so many ma'alos, I'm serving Hashem all day, and Hashem is so proud of me'.

Furthermore, where is the criticism coming from? It's not coming from the neshama part of them, it's coming from the guf part. When it's only the

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Continued

guf who's talking, it's like a

dog barking or a frog croaking. Don't get insulted by dogs and frogs.

Whatever pain there still is, remember, it was nigzar on Rosh Hashana how much tza'ar and agmas nefesh you'll have this year. And when you get tza'ar in the form of you get tza'ar in the form of you בזיונות, you're being spared from car accidents and trips to the hospital.

Finally, work on ahavas yisroel. Implementהטבה הטבה הטבה; give him gifts, give him compliments, focus on that person's ma'alos. Even if you could only think of one small virtue, dwell on it and repeat it over and over until you achieve true ahavas yis-

roel.

When you do this, not only will you not be angry at them anymore, you will be doing the biggest favor for yourself. You'll finally get out of your jail and you won't be a prisoner to your emotions. You will be yourself, and you'll start enjoying life.

Q. My family is in the middle of moving to a new house. There is a lot of packing which needs to be done and I can't do everything myself. I'm asking my children to help me pack, but they're simply not cooperating. It's so frustrating, and it leaves me very overwhelmed. What's the emunah and bitachon perspective about this? A. Whenever we ask our children to help, it's not our children who we are petitioning to, hoping that they will listen to us. Rather, it's Hakadosh Baruch Hu who we are turning to. He is in control of our children's emotions, and it's up to Him to make our children cooperate.

Next, keep in mind that even though we may label our children's disobedience as 'bad', if Hashem, in His infinite wisdom, gave you your children with their personalities, that's because this is actually good for you and is necessary for your tikkun haneshama.

On a practical level, when a person becomes frustrated when their children don't cooperate, what's upsetting him? It's because he's thinking,

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Bitachon Perspective

Continued

wrong with my

'what's

children? Why aren't they listening to me? Why can't they take some responsibility for what needs to be done?'

It's helpful to keep in mind: this is the way all children are, and what's going on in your house is exactly what's going on in everyone else's house also.

Just knowing that there's nothing wrong with your children could dispel a lot of un-

necessary tension.

Q. When our family was smaller, we rented out the main part of our house, and we lived in the basement. Now, our family outgrew the basement and we told our tenant that in a few months we are going to be moving into our house.

The date came, but the tenant still didn't move out. He says that he hasn't found another place yet.

Now, we are very annoyed that because of him, we can't move into our own house. What is the emunah and bitachon perspective about this?

A. The reason you're frustrated is because you feel 'all because my tenant can't get his act together, he's depriving me from what's rightfully mine'.

Don't be fooled, take your tenant out of the picture, and put Hakadosh Baruch Hu there instead. Your tenant doesn't run the world. It's Hakadosh Baruch Hu who is running the world. When the times comes that Hashem sees fit that you should move into in your house, your tenant is powerless to stop it.

The truth is, your tenant is actually Hashem's shaliach to do you a big favor. Hashem already decided on Rosh Hashana how much pain you're supposed to get this year. Whatever inconvenience this situation is causing you is being deducted from the pain that was nigzar for you on Rosh Hashana. Your tenant is sparing you from car accidents and trips to the hospital R"L!

And in the z'chus of putting Hashem into the picture, Hashem will help sort out your situation in the smoothest way possible.

> To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

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Our Readers Share







Editor's Note: Some of these stories are from Shevat-Adar!

Love Your Nisyonos!



Firstly thank you for this beautiful paper that's

changing the way we think for the better. I would like to share my story I feel some people will find it helpful.

For many years I had intense anxieties. I tried many different things and nothing really worked. Eventually it got worse and turned into daily panic attacks. I needed a solution because I had a life I had to live and a family to take care of.

Someone introduced me to R'Yehudah Mandel's vaadim

and I really enjoyed them. So I reached out to R' Zev Golombek to get personalized guidance and R' Golombek really helped me out. I got the Torah\Bitachon (TB) modality. A: I really worked on realizing how the greatest gift in the world is my anxiety. It's mechaper for my aveiros and gives me so much olam habaah.

B: I really worked on saying that there's nothing wrong with me. Its all in my head and in reality I'm perfect and amazing.

C: I really worked on bitachon realizing how much Hashem loves me and is running a perfect world and my job is to let go, sit back relax and enjoy. I brought Hashem into my life.

D: Improving myself became

my main focus and not just something that I try to work on for a hour once a week.

R' Golombek is always available for questions and chizzuk. There's a very strong awareness of all the other modalities but what there isn't such a strong awareness of is that the Torah and Bitachon has tons to offer you. You just need the right mentor to give you the Torah and Bitachon that's best for you. Just like you would invest a lot of time going to any other therapy you need to invest the same amount time and go to T.B. therapy which is

so easily accessible. This modality also gives you direction and gives your struggles and issues a purpose and appreciation.

Kol tuv! Enjoy life! Appreciate you Ni-

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syonos!

A Reader

Hashem Sends Miracle Worker



Good morning buddy!

Something has happened to my family that is beyond amazing.

Thirty-seven years ago, I was on holiday with my family. We had gone to the coast and unfortunately, while us boys were exploring the tide pools our mother had a fall breaking her heel and lodging it into the middle of her ankle.

That was that. Mum couldn't walk any more and we all settled into a new pace of life. No one thought that she would ever walk again so we changed the world around us to accommodate mum.

A week ago, I got an urgent video call from home and there is mum: standing all by herself.

Apparently mum has been working with a new physiotherapist for the last month.

While her insurance can see that they are paying someone they have no records of arranging anyone. Nor does her doctor know who this person is or where she came from.

All we know is a lady knocked on mum's door to help her and after 37 years she can walk!

Kind regards

Andrew Crowhurst

Healthy Baby with Bitachon



I was expecting a

baby and at around six months, when the baby weighed about two pounds, the doctors told us that the baby was going to be born that day, and there was little chance of survival.

I was in the emergency room, and they didn't even want to check me into the hospital. They said that there's no point because the baby was for sure going to be born that day.

I listened to A Life of Bitachon and I said, "No way, I'm not having the baby now, she's going to be perfectly healthy and full term. The baby is not going to be born today."

Everyone was calling and saying "It's so sad and scary..." and they were counting down the seconds and hours and days. I kept saying the same words, "She's going to be

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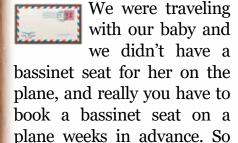
born healthy, and full-term, and not need the NICU."

It was 52 days later and the baby still wasn't born, and

I was even discharged from the hospital. It ended up that my baby was born full-term and completely healthy!

A Reader

Bassinet Seat for Baby



we had Bitachon and we

asked the flight attendant, as we were boarding, for a bassinet seat. She said "You can't ask now, you have to ask earlier, and also there's other babies on the flight, and they have the bassinet seats." I said, "Okay, can you give me a different seat?"

She told us there are two seats in the middle and we can sit there, together, so I wouldn't have to hold her.

We went on, and there was an empty seat near us, and tons of leg room, and we were able to bring on our car seat, so we didn't even need a bassinet seat.

A Reader

our food.

Suddenly, a bug flew into his cup, and he was able to show us a live example!

A Reader

Every Step is Perfectly Planned



My sister and I have the same spelling book so we

learn the same spelling words and have the same spelling tests. This week my teacher didn't give a spelling test. My teacher was throwing out that week's spelling papers, and I just took one home because they were extra. I didn't know that my sister's teacher was giving a test, and my sister needed the spelling sheet that week!

A Reader

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Hashem Provides Real-Life Example



On Shabbos father my was explainsomeing thing in the Parshah: that we have to be extra careful avoid eating bugs, and we have to alcheck ways

Hashem Helps Yid Make Shalom



I was supposed to say 'sorry' to someone and wasn't

sure if I should.

I decided that it doesn't matter and I'm going to do what Hashem wants. At that second, I turned around and that person that I wanted to say 'sorry' to, was standing right there!

A Reader

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የשהכל a tadt al

- What about if you make it into that shout if into hard about if
- אונותן ריח טוב בפירשות (Sukkos).
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 - אתרוג ns fea didn't eat an אתרוג (לל you didn't eat
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Hashem Loves You!

"You're under arrest", thundered Mike*, an undercover FBI agent, to Bob* who was trying to sell him counterfeit currency on the black market. "You are facing twenty to thirty years in a high security Federal Correctional facility."

The trial was scheduled to be in three months. The prosecutor, a tough and bold fellow, said to Bob, "I would like to offer you a plea bargain. Admit to your crime and your sentence will be reduced."

Bob consults with his attorney and decides to accept the plea bargain. "I accept the plea bargain and plead guilty to dealing with illegal currency."

The judge, who presided over the case, then responded, "Now that you pleaded guilty to the aforementioned charges, you will be sent to a resort hotel for the next thirty years. You can choose the most comfortable, relaxing, spacious and elegant five-star hotel in the country. You will live together with the most prestigious and famous world leaders who come to visit the president. Instead of thirty years behind bars in shame, you will enjoy thirty years of luxury and fame."

This story (I don't think it ever actually happened...) sounds a bit of the ordinary, yet Hashem, the judge of the entire world, tells us, "Do Teshuva and admit to your Aveiros. If you do Teshuva out of fear, your sentence will be drastically reduced. And if you do Teshuva out of love of Me, then all of your worst Aveiros will be transformed into the greatest and most precious Mitzvos. And I invite you into My home for the next seven days, to live together with the greatest royal dignitaries, the Ushpizin themselves. And I will place you under the protective embrace of the Shechina, in the holy Succah which is called the צלא דמהימנותא , the 'Shade of Emunah', because My love for you is so strong. Our relationship now will be even stronger than it was before you did any Aveiros. And the seven days of Succos represent the seven stunning Chuppos adorned with every jewel and precious stone in the universe, which will be given to you in Olam Haba (Gra in ספר אבן שלמה). The Esrog represents the beautiful fruit of Gan Eden, and the rectification of the nurverse.

All of our Averios will be transformed into precious, valuable Mitzvos!

Everything will be turn around and be transformed for the good!

All of our pains and suffering will bring us the greatest lights beyond all imagination!

Our worst moment is really our very best moment!

Hashem loves us!

Taken from the 'Hashem Loves You Hotline' 267-833-0596 Updated daily!

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