

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

Issue 119

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Cheshvon 5784

KLAL YISRAEL IS RACING TOWARDS HASHEM!

Page 3

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael.
Our Minds and our Hearts are with them.
May Hashem Protect, Heal, and Comfort All of Klal Yisrael!

**HASHEM, YOUR WORLD IS BEAUTIFUL
YOUR NATION IS MAGNIFICENT!**

Wonderful News

BOY LOVES HIS FRIENDS

Yehuda, an eight-year-old boy from Rockland County, New York, gave away, on Simchas Torah, four candies to four other boys in the Shul. He felt bad that they didn't get

**Hashem Loves Our Bnei
Torah!
Page 9**

Emunah and Bitachon News

IT'S ALL HASHEM'S LOVE!

The following amazing stories were sent in by readers to the Spring Hill Times. Some were taken from Kav Hashgacha Pratis. The stories are a small reminder that no matter what happens to us, Hashem is standing there at our side!

ROCKET FALLS NO ONE KILLED!

A rocket exploded near a bus in Beitar, but Baruch Hashem, no one was killed. They heard the siren and everyone had left the bus

Continued on page 3

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Don't worry about spending money for Shabbos!

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candies. As he gave them the candies, he remembered what he read in the Spring Hill Times that one never loses from giving others.

He left shul and a boy came over to him

Continued on page 9

Spreading Hashem's Goodness all Around the World!

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לזכות הבח' הו' משה דוב בער בן אסתר, לזווג הגון בקרוב, לזכות רפואה שלמה, דוד יעקב בן פעשא לאה

לעילוי נשמות:
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued shortly before the rocket landed.
 from front
 page Here is a firsthand account of the bus story from
 a passenger:

I was preparing dinner while my husband had the children in the park. We were going to eat supper in the park. I didn't want to schlep dinner by walking, so I took a bus. As the bus was driving by Kikar Hamenorah, there was a siren. Instead of the driver stopping there so everyone could get out for cover, he continued past the kikar to the bus stop and then stopped. Everyone got off quickly and ran into a building as the rocket landed and exploded right by the kikar!!!!

Al Nisecha sh'bechol yom!!!!

BLESSED BE YOUR NAME, HASHEM!

One of the rockets that was directed towards Yerushalayim fell on a mosque in Abu Ghosh!

NO ONE HURT!

A missile fell in the backyard of a house in Tifrach on Simchas Torah morning. Baruch Hashem, no one was hurt – not in the house and not in the surrounding houses!

SAVED FROM DEATH

A few terrorists came into the home of a Persian couple in Ofakim. The woman spoke Arabic and managed to keep the terrorists in the house, talking to them and calming



them down so they wouldn't hurt them, or go onto other homes.

Klal Yisrael is Racing Towards Hashem!



Klal Yisrael is in the midst of being changed forever! Thousands of non-frum Israelis are starting to keep Shabbos, daven to Hashem, wear Tzitzis, put on tefillin and do other Mitzvos! The Kiddush Hashem that is taking place in Eretz Yisrael and all over the world is not to be believed! We can only imagine the great happiness that is taking place right now in Sha-mayim!

- Communities all over the world, gathered together to daven, say tehillim for the Yidden in Eretz Yisrael

Editor's note: *In the Shul were I davened this past Shabbos, they divided up, twice over Shabbos, the entire Sefer tehillim between all the mispalelim.*

- A Non-frum family in the south told R' Pinchos Shafer Shlit"a from Kav Hashgacha Pratis that their entire family had a lot of anxiety and fear. They were all sitting in the shelter room all day long hiding under blankets,

Continued on next Page

After sixteen hours, when the forces were already in the streets releasing hostages, the couple managed to get the help from outside. The terrorists were killed, and couple made it out unharmed!

WHAT A MIRACLE!

A Yid living in Kfar Aza, experienced unbelievable miracles, Baruch Hashem. His house was set on fire and while escaping through the window he was helped down



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by the terrorists (!!)

who then took him in order to kidnap him...

By a nes he managed to run from them as the terrorists around him did not have guns. He found a hiding place behind some bushes and stayed there until he heard only Hebrew around him and B"H he was rescued!

Hashem is so clearly watching over us!!!!

**HOME SECURITY SYSTEMS
Protection at its best!**



*Hashem stands guard at
your door!
Kiss the mezuzah every time
you pass it!*

HASHEM PLUCKS MISSILES OUT OF THE SKY!

Every rocket intercepted by the iron dome is such rachamim and nissim!

כי אשמרה שבת א-ל ישמרני
Netivot, although also near Gaza, suffered little from the terrorists – Netivot prides itself on hav-



and taking pills to calm them down. Then a frum relative of theirs gave them the number of Kav Hashgacha Pratis, The whole family started listening to the shiurim and chizukim, and now they are all calm and walking around the house without fear, they know Hashem is protecting them (of course when they hear a siren they go into the shelter).

- Thousands of Pairs of Tzitzis were donated by the store Aderet. A soldier got saved by their tzitzit. Israeli Soldiers thought he was an Arab but they said, "Don't shoot he's wearing tzitzit!"
- Many girls accepted upon themselves to dress appropriately and they cut up their immodest clothes!
- Formerly non-Kosher restaurants in Tel Aviv have become kosher!
- A Rabbi saw an announcement asking for people to host families from the south. He called

ing public Shmirat Shabbat, for example, there are no gas stations open in Netivot on Shabbos.

In related news:

The terrorist took over twenty two yishuvim.

Two yishuvim that are Shomrei Shabbos, Yishuv Saad and Yishuv Alumim, the terrorists didn't go into. Security officials have no explanation why...



Also, Yishuv N'chilim near Sederot that just recently put up a Sha'ar at the entrance to the Yishuv to be closed on Shabbos, were saved because of the sha'ar.

A young man who would've attended the party where the massacre took place started keeping Shabbos one month before. He didn't go! Seven of his friends were killed R"L.

Klal Yisrael is Racing Towards Hashem!



forty five minutes later and the guy said, "You are way too late. We found already a place for everyone."

The Rabbi asked how many families there were. The guy said, "About six thousand."

They found places for six thousand families in forty five minutes!

- *I just saw a young, yeshiva guy putting tefillin on a non-reli-*

Announcing

אחינו כל בית ישראל TEHILLIM CAMPAIGN

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

WINNERS WILL BE NOTIFIED BY TEXT.

PLEASE SHARE WITH YOUR FRIENDS!

DAVENING SAVES LIFE

A traditional Yid from the center woke up on Simchas Torah morning to the sound of sirens. He doesn't always go to shul, he decided that once he was up he would go to shul. When he returned from shul, he saw that a rocket had fallen onto his apartment, right where he would have been sleeping!!

MI K'AMCHA YISRAEL!

Someone who lives in Eretz Yisrael lost his mother in America. He went to the airport hoping that El Al will somehow let him onto a direct flight so he could make it to America for the levayah/shiva. He went to the counter and explained to them that he just lost his mother and it was urgent for him to fly. They responded, "Sorry but there is no more room."

Someone standing nearby who was on the next flight overheard the conversation, came over and said "Here you can have my seat!"

Mi ka'amcha Yisroel!

FOOD FOR AN ARMY!

From a Reader in Neve Ya'akov:

At 11:00 a.m. Friday morning I saw an email that my community was hosting sixty people from the south. They all would be sleeping in one of the yeshiva dorms and they needed food for shabbos.

So within a few short hours, the community got together and cooked an unbelievable amount of food for these families. The amount of food deliv-

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Just Tell Hashem That You Are Sorry!

Klal Yisrael is Racing Towards Hashem!



gious-Jew in a parking lot in Baltimore. Amazing!"

- Children in Eretz Yisrael are selling cotton candy in exchange for tehillim!
- Hundreds of mothers offered to raise babies and kids - orphans who were left without parents. Mothers, who are nursing, offered their milk...
- *Today we went to Rechov Paran to get so fresh air and groceries and we stopped for some pizza. There were two very young not-frum officers sitting there. Both looked super traumatized. One was crying. Then they got their pizza and started eating. After a minute, they both got up and washed their hands and came back and made a bracha...*
- Chaim and his wife have a secular son who was sent near the Gaza border.

The son sent a message to his parents and said that his group of soldiers were Baruch Hashem successful in exterminating a terrorist and releasing hostages.

ered reached almost the roof of the yeshiva kitchen!! They were wondering what they would do with it all. People came up with so much food, even things that were not on the list. Even people who did not fill their names in on the sign-up chart kept on coming over with more homemade food, treats, bought food, drinks and more and more...

So you know how the saying goes when there is a lot of food: "There is enough here for an army!"

Well, here is what happened: The people who registered for Shabbos at the Yeshiva, ended up telling the community organizers, quite late, that the government is financing their stay at a hotel at the entrance of Jerusalem, right near the Tachana Merkazit.

The organizers found out that the hotel was cooking food for them.

At that moment, the organizers were then informed of 50 families in Ashkelon that were not coming out of their bomb shelters and needed food for Shabbos. A driver was ordered to come to get the food. But then a little while later, the driver canceled on them.

It was around already one hour before Shabbos. There was no option to send the food to Ashkelon with a non-Jewish taxi driver...

There was much discussion about what to do - bring it to those families on Motzei Shabbos so they could have food for the whole week?

The minutes were going by...

An 18-year-old bochur from the community, who organized much of this whole operation, was suddenly on the phone with someone from the Anatot ammunition army base. (Right across the road from the entrance to Nahal Prat). They were in need of food for 350 recently arrived miluim soldiers. Within minutes they sent a car over to pick up all the food. There was literally, absolutely no more room in their car. Even for one more kugel!

The community ended up feeding an army!

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Minutes after they saved the hostages, a bomb fell right where they had been! They had to run through fire... Baruch Hashem they all came out safely!!! Thank you Hashem!!

At the end of his message, the (now not so secular) son said, "Please continue to daven for me."

He also sent a photo of himself wrapping tefilin!

- Ten of the people at the Music Festival that was attacked, prayed to Hashem that if they escaped they would keep Shabbos and all ten escaped!
- My husband walked into Beis Medrash yesterday, it was full of avreichem tying tzitzis for the soldiers!
- There are collection points all over the city gathering food, toiletries, and other basic supplies for the refugees and soldiers. Every day, women (who all have their kids home from school!!) are sending freshly baked goods and other food to the soldiers. Cars are driving

HASHEM PAYS BILL

R' Shmuel* was making a Bar Mitzvah for his son, and he didn't have the funds to pay for it. He decided he would strengthen himself in emunah and bitachon. He hoped that by the end of the month he would have the funds. He used his credit card with a tefila that Hashem should help him pay it back.

The end of the month arrived, and he had not managed to come up with the money to pay back the credit card.

One day, he received a notification from the bank that the bill was paid.

He called up the bank, and after some investigation, they said there was a glitch in their system that sent out this notification in error. They told him that since they had already sent him the notification, they were going to count it as if he paid it! [Kav Hashgacha Pratis]

MISTAKES ARE PERFECTLY PLANNED!

R' Moshe wanted to pick up a pair of shoes that were fixed by the shoemaker. The shoemaker said the bill was twenty two shekel. He then corrected himself and said the bill really was twenty four shekel, but since he already said 'twenty two shekel', R' Moshe should just give twenty two. R' Moshe offered to give twenty four, but the shoemaker said "twenty two was fine."

R' Moshe took out his money from his pocket, and he realized that he only had twenty two shekalim! If the bill would have been twenty four shekel, he would have had to go all the way back home to get more money, and then come back to pay! [Kav Hashgacha Pratis]

**Kav Hashgacha Pratis
518-613-0140**



Klal Yisrael is Racing Towards Hashem!

north and south filled with things every day. The chessed and caring going on in Eretz Yisreol is unreal.

- People are offering free access to art classes to entertain the children who are not in school.
- Families in Yerushalayim are opening up their homes and lending out their apartments to complete strangers who have fled the South and North
- Women are pairing up girls to help out families whose husbands are out learning, with all the kids home from school
- Thousands of Bnei Torah are signing up to be paired with a soldier and to learn and daven in their zechus.
- There are sandwich/baked goods collection points- families are packaging sandwiches for the soldiers.
- Yesterday, there were dozens of survivors from the festival in Tel Aviv, who were in Beit Chabad, putting on tefillin and bentsching Gomel, many for the first time.
- (Now, not so) Secular soldiers are refusing to go into Gaza unless they have Tzitzis!!!

Continued from front page

and gave him a lolly and 3 candies!

Paid back in full! [Heard from Yehuda's father]

KEHILLAS SPRING HILL LOVES HASHEM'S TORAH

Ata Horeisa was sold, in the Kehillas Spring Hill Shul, to a Yeshiva bochur for 2,100 blatt!

Another bochur bought Ozer Dalim for 2000 blatt!

A boy bought the Zechus to be Gabbai Shlishi (Covering and uncovering the Sefer Torah between aliyyos) for 3800 Mishnayis!!

ANTI-SEMITISM PLUMMETING!

A Yid in Denver, Colorado, received a call from a non-Jewish neighbor, who due to the situation in Eretz Yisrael, wanted to express his support:

I feel for you. Must be so hard for you. And I'm with you and I'm supporting you.

A Yid in Monsey, New York, received about 10 messages from non-Jews who expressed support and sympathy. Here are a couple of the messages:

- *I wanted to reach out to you to let you know that I am praying for you and your family during this horrible time (Editor's note: In truth, nothing Hashem does is 'horrible'). I know you were in Israel a few months ago and I am not sure if you have family over there. I just wanted you to know that I am thinking about you and praying.*
- *I am so sorry and so upset. You , your family and Israel are in my Prayers!*
- *"My heart goes out for You... G-d bless*

HASHEM LOVES OUR BNEI TORAH!

The following story seems to be taken from another world, but it took place in the city of Ofakim - the city that suffered many victims in the war that broke out on Simchas Torah.



The Toras Yisrael Yeshiva for bochurim, which is run by the Ateras Shlomo Yeshiva, is located near the area where the Palestinians roamed on Simchas Torah...

A few months ago, an employee from Gaza was fired from the yeshiva due to several thefts that occurred in the area, and suspicions arose that he was involved in the crime. During Chol HaMoed, the same worker from Gaza called the yeshiva director, Rabbi Oded, and asks him, "Tell me, on Chag Simchat Torah, are you in the yeshiva? With all the boys?"

Rabbi Oded replied, "Why are you asking? Do you need a job?"

He replied that he was interested for his friend who asked about a job.

Rabbi Oded replied, "It's the holiday of Simchas Torah, everyone comes to yeshiva."

Only after the attack that occurred during Shabbat it became clear that the information that the Arab employee was trying to obtain was part of the careful planning of the Hamas group and the incident could have ended in a more serious disaster. It's chilling to think what might have happened if the Palestinians had, c"v, managed to get to the yeshiva as well.

The news of the great miracle spread in the frum community in the city

Continued on next page

You... Hope all is well with family..."

Imagine how we would feel if c"v we would be getting opposite messages... Imagine if the United States and other major countries in the world supported the other side and sent them weapons...

THANK YOU HASHEM!

SAVED FROM CHOKING

Avromi* From Los Angeles, CA, was a sucking candy and for some reason it went straight into his throat. He started to choke. No one was around to see him!

Baruch Hashem he coughed and coughed and... a nes! It flew out of his mouth.

Thank You Hashem!!

Continued during Yom Tov, in addition to the fact that a number of young men who made their way that morning to davening and Hakfos encountered the Palestinians and were miraculously saved.

In addition, open miracles were also seen in the frum moshav of Tifrach, which is ten minutes away from the epicenters of the events in the south. The moshav was without guards and without policemen on Yom Tov! Thousands of yeshiva students came to celebrate Simchas Torah in the moshav that houses about 11 yeshivas, the main one being the Tifrach yeshiva, numbering over - 1000 bochurim... Chasdei Hashem Ki Lo Samnu..

(B'chadrei Chadarim)

The Spring Hill Times Fire Dept.



Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



REMEMBER:

Practicing Safety Saves Lives!



WEEKLY NEWS ROUNDUP

Chol Ha'moed Galore!



Dr. Rich Roberts from Lakewood, New Jersey, wants to make sure that all of Lakewood enjoy Chol Ha'moed. So he rents out a whole stadium, and for a full day, there were: petting zoos rides, shows, prizes, food, nosh and more. The only rule that there is, is that you are not allowed to pay!

In related news, the organization Chasdei Lev rents out an amusement park during entire Chol Ha'moed. Rebbeim and their families from all over the world are given a free pass to attend, which they wouldn't have been able to afford otherwise.

[Heard from Rabbi Zevy Golombeck]

Anti-Semitism Down!

On Tuesday, the 4th of Elul, 5784, R' Avraham Braun* was in the parking lot of Walmart. A non-Jew came over to him and said a few Yiddish words to make him happy and then gave him a blessing! R' Avraham thanked Hashem for making peace and for bringing anti-semitism down! [Heard from R' Avraham]



Yummy Tuna and Much More!

Mrs. Stein's* children wanted tuna fish for Sudah Shli'shis, but the problem was that she didn't have an extra penny. She



said to herself, "We never lose by doing the right thing. Hashem You're the One in charge. I am putting my trust in You that I will be able to provide my children with tuna."

And then it became real!

Her neighbor came over to her and said, "would you like tuna? I have two extra cases of tuna, and on top of that, my husband runs a school and he gets a large order. We have all types of extra yummy food."

Mrs. Stein got what she wanted and much more!

[Heard from Rabbi Zevy Golombeck]

Blood Donations Soaring

Amazing! Since the beginning of the war, 12,000 (!!) units of blood have been collected from the civilian home front in the State of Israel. MDA transported an average of 2,000 blood units to the hospitals for daily use. Additional units of blood are needed - to prepare for the possibility of wounded people if there will be a ground attack. The blood units can be used for up to 6 weeks from when they are donated.

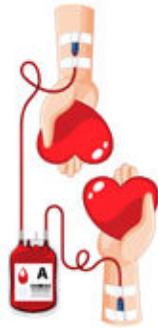


WEEKLY NEWS ROUNDUP

Continued

Te'Chiyas Ha'Meisim in Our Time

Before Succos, Mrs. Roberts* called Rabbi Zevy Golombeck telling him that her brother, who is in his 50's was in the hospital, and that he was losing blood quickly. The transfusions to provide him with platelets were not working and the doctors were giving up hope. Mrs. Roberts wanted to know what to do.



R' Golombeck told her to internalize the understanding that it's not blood that gives life, it's Hashem! She reviewed the concept and lo and behold her brother's body started taking the platelets!

He is now out of the hospital!

The doctors said it was te'chiyas ha'meisim! [R' Zevy Golombeck]

Yid Forsakes His Flight!



Chaim* had a flight from Eretz Yisrael to Chutz L'Eretz. There is currently a very high demand for tickets for flights from Eretz Yisrael and people are paying two times and even three times what they regularly pay for tickets. He heard that there was a Yid who needed to get urgently back to Chutz L'Eretz and needed a flight. Chaim didn't even know who he was, and he gave his ticket to the Yid! He didn't even know when he would be able to secure himself a flight! Mi K'amcha Yisrael!

Hashem Sends Money



R' Shmuel Turner* from London hired someone to do a job for him and he owed the person 1300 dollars. Money was very scarce and he didn't know where he was he has going to get it from.

R' Shmuel tutors talmidim. A father of one of his talmidim expectingly told him, "I want to pay you in advance 1300 dollars," and with Hashem's help he had money to pay!

[Rabbi Zevy Golombeck]

Hashem Provides Yeshiva Bachur Breakfast Bein Ha'Zmanim

During the Bein Ha'Zmanim, Yoni Neuman,* without a Yeshiva that normally gave him breakfast, found himself hungry after Shachris.



As he was thinking of what to do, another bachur came over to him and told him that there is a boy who isn't feeling well and as a zechus for a refuah shlema, they are going to have breakfast everyday of Bein Ha'Zmanim. They will make brachos and there will a Learning Sedar afterwards l'zechuso!

[Rabbi Zevy Golombeck]

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar-Sivan.

Thousands of Children Uninjured from Falls, Daily!

Baruch Hashem, one of my kids fell today and scraped his hands and feet.

I remember that ten years ago, one of my children fell and broke his hand. The next day a different child broke his hand. We had to go to the emergency room for both kids.

How much we have to ap-

preciate when a child trips and there are no broken bones!

Baby Safe!

Mrs. Rosenman,* from Eretz Yisrael, was pushing a carriage down the



stairs, and her baby fell out. He fell down a bunch of steps and landed on hard concrete.

They brought him to the hospital, and there was not even a scratch! No blood, and very few tears. Hashem showed them so much chessed!

Hakol Yachol

Chaim* was trying to get through to his Rebbi to ask him a shaileh. He tried all different tactics, but he couldn't get through.

He decided that he is go-



ing to call 'A Life With Bitachon', and then after he will try to call again. He called the hotline and strengthened himself that Hashem is the Kol Yachol. He then called his Rebbi, and he immediately picked up!

Bitachon Extra Credit

Shaina's* teacher wanted



ETERNAL \$ BANK
Keep your money safe forever!
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LIVING WITH HASHEM

By Rabbi Zevy Golombeck

the whole class should listen to a 'Life With Bitachon'. She told them that if they call for two weeks straight, they can get extra credit on their tests.

Shaina wasn't really the type to call hotlines, but she was the type to want to do well on tests, so she decided to call.

That call changed her life! Now, she doesn't call for the points, she calls to listen!

Hashem Pays Bills

My carpet really needed



to be cleaned, and the cost was \$100.

I said, "The same Hashem Who sent me the cleaning lady, can also send me the \$100."

I was walking with my kids, and I was on the

phone. A Yid stopped me and said, "What do you need?"

I told him I need \$100, and he gave me \$100!

I clearly saw the Yad Hashem!

A Life of Bitachon = A Life of Simcha

Mrs. Shapiro,* from Eretz Yisrael, calls 'A Life With Bitachon' every night. She listens together with her husband and they really, really enjoy it.

They feel that it changed their lives. They are now more relaxed and calm. They know that everything is from Hashem. Thanks to listening to 'A Life With Bitachon' and reading the Spring Hill Times!

She said she that there

is so much happiness and so much menuchas hanefesh, to the point that she is overflowing with simcha.

She was once running on errands, and she had to hold herself back from crying because she was so thankful for everything around her.

Her job has a few aspects that can seem negative, but now she views them

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LIVING WITH HASHEM

By Rabbi Zevy Golombeck

as benefits and she is happy with the job!

When you live a life of emunah and bitachon, life is so delicious, beautiful and happy!

Hashem is in Charge

Mrs. Stein* wanted to get her child into a specific yeshiva but they wouldn't accept him because they were already full.

She firmly believed that this is where her son would learn and shteig best.

Her husband told her,

“Baruch Hashem, the human beings are not the one in charge. Hashem is in charge. We're just going to sit back, relax and wait to see how everything plays out!”

A week later, they got a call from the yeshiva that someone had just backed out, and they now have a spot for their son!

Hashem Sends Special Drink

Yechiel* wanted a specific drink lekoved Shabbos, but it was on the expen-

sive side. He was trying to decide if he should get it.

Suddenly, a bachur approached him and said that he wanted to treat him with that exact drink! What hashgacha pratis!



Hashem Saves Yidden from Arabs

Yaakov's* teenage daughter calls 'A Life with Bitachon' every day. She got him to be also involved in the hotline. Since then, he has seen many yeshuos.

One story that happened to him was in Eretz Yisroel. He was driving with his family and suddenly realized that he was driving through Arab territory.

He was suddenly surrounded by Arabs on all sides. He had a cellphone on him but he couldn't call the police because he was



LIVING WITH HASHEM

By Rabbi Zevy Golombeck



so numb from fear! He was ready to say Vidui.

Suddenly, an Arab woman came over and motioned to him to come over. She explained to him that it was not safe for him to be there, and she brought him to a police officer. The officer was shocked to see a Yid in that Arab area, and he helped him get out safely.

It wasn't really the Arab who saved this yid's life, it was all Hashem! Hashem watches over His children.

My Talmid's Amazing Grandparents

A talmid of mine told me the following about his grandmother.

"My grandparent's house was an open house. Their ahavas Yisroel was so strong that everyone was invited without any rules.

At the shiva for my grandmother, there was a 90-year-old lady crying because she was a neighbor and she felt so at-home

at that house. She would just walk in and take a pickle when she felt like it.



Another story was that his grandfather wanted to learn in Eretz Yisroel so that he could shteig more. At that time, about 50 years ago, it wasn't so in style to go learn in Eretz Yisroel. People were very upset at him and were telling him that he needed to make a parnassah.

He said, "Money doesn't keep me alive. It's Hashem. I'm going to Eretz Yisroel to make Hashem happy."

May this week's issue be a zechus for our brothers and sisters in Eretz Yisrael, Ukraine and all over the world. May Hashem continue to shower us Klal Yisrael, His most beloved nation, with open kindness!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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- Lakewood.....732-719-3898
- Monsey845-470-5577
- Five Boroughs929-470-5577
- England03-303-502-368
- Australia (3) 99-997-300
- Canada647-498-7700

A Life with Bitachon in Yiddish
Eretz Yisrael: 072-370-1912
USA: 845-262-5115
UK: 0330-325-1260

L'zechus that people should feel loved by Hashem!

Weekly
Thank You's



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Sliced Bread!

It's so convenient and easy to eat. No cutting... No messes...



Thank You Hashem for Rechargeable batteries and lights!

We can use the same thing many times and it even works when power is out!



Thank You Hashem for Folding tables!

We can take them out when we need and can be stored away. They are very space efficient!



Thank You Hashem for Recorders!

We can record shiurim/speeches and listen to them later.



Thank You Hashem for Umbrellas!

We can keep ourselves dry and go places even while its raining!





At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become Snow Flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

Dr. Chaim Altzigut M.D.

I'm prescribing 7 medications for you:

Patient

Every time I hear something about current events I get nervous, frightened and scared.

What am I supposed to do?

Please help!

1. As much as possible, don't listen to the current events. Negative news = drinking poison!!! Even if it feels stimulating... Stay as far as you can from anything that could make you worried, scared, upset or devastated.
2. You have the most powerful bodyguard in the world: Hashem! Trust in Him!
3. You are part of Hashem! You are eternity and indestructible. Humans can't touch you!
4. Everything Hashem that does in this world, even things that are painful, comes

from His infinite Love and Kindness.

5. Think about the trillions of kindnesses that Hashem showers you, every Yid, every human being and every animal each and every second.
6. Life on this world is so short. It makes no sense to worry about it! Life in the next world is going to pure bliss, forever!
7. Call 'A Life with Bitachon'. It will change your life!

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us, the weather Hashem gives us is always beautiful and perfect!



Rockland County, New York

Tuesday 3 Cheshvon

Low 46°F
High 59°F



Mostly
Cloudy!!!
Wow!!

It will be a wonderful day to thank Hashem for watching over you!

Wednesday 4 Cheshvon

Low 45°F
High 64°F



Partly
Cloudy!!!
Yay!!!!

There will be perfect weather to be so happy that you are alive and healthy!!!

Thursday 5 Cheshvon

Low 52°F
High 67°F



Mostly sunny!
Yay!!!

Perfect day to realize that Hashem does only good!

Erev Shabbos 6 Cheshvon

Low 52°F
High 63°F



Showers!!
Gorgeous!!!

Perfect day to greet Hashem's Holy Shabbos with love!

Shabbos Kodesh 7 Cheshvon

Low
48°F High
61°F



Showers!!
Yippie!!!!

Stunning weather! Perfect to realize how much Hashem's Shabbos is protecting you!

Sunday 8 Cheshvon

Low 44°F
High 56°F



AM Showers!!
Yay!!

Beautiful weather! Will be a great day to hear the news that Mashiach has come!!!

Ayin Tova

Seeing the good in every situation

CASE OF THE WEEK:



Yechiel David is a nice kid with lots of friends. The one thing that bothers him is that his friends have a tendency to make fun of his name. They called him Yuchi or Ichy (short for Yechiel they claim!)

Although he is a well-adjusted kid, these nicknames really bother him. He explained this to them but they continue to call him by these names.

Help Yechiel have ayin tova for his friends and his situation.

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com
Or call [Israeli day-time hours only]:
USA: 831-244-6019
Eretz Yisrael: 052-760-5409.

Suggestions for the case where Benji tried putting a minyan together and many bochurim did not show up as promised.



- Benji learned an important lesson from this incident. He realized that one should acknowledge and appreciate those who DO follow through on their word.
 - There was a Bris in the neighborhood and the guys thought that the others surely would join the Bris minyan too.
 - The missing group had an emergency the night before and couldn't make it.
 - They got confused which day he meant, or they mixed up where the minyan was going to be.
 - On their way someone told them they need a minyan for a chiuiv and pressured them into staying. They knew Benji would understand and meant to apologize later but it slipped their mind.
- They forgot.
 - They didn't realize that Benji had only a limited amount of people committed and was counting on them and that without them there wouldn't be a minyan.
 - Everyone has different value systems; while Benji views keeping your word as the primary value, others consider that only a relative value. For them getting a good night sleep is equally important.

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

The Unity of Shabbos



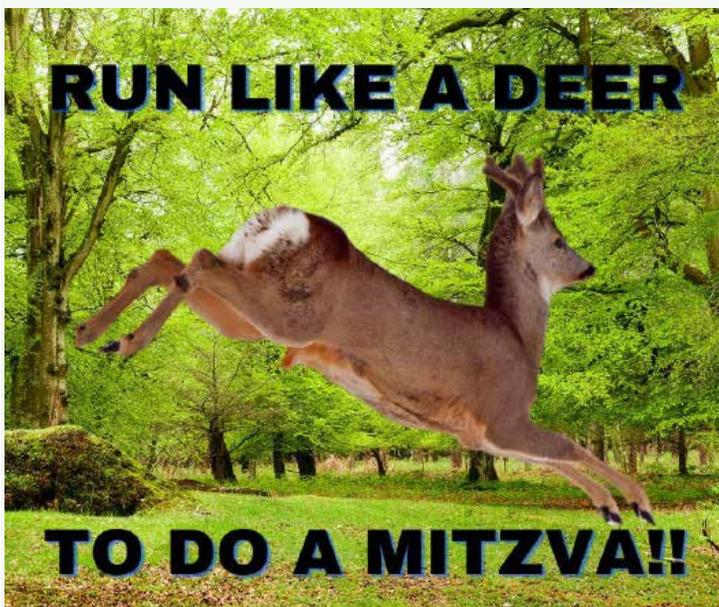
During the weekdays, we say “Mah rabu ma'asecho HaShem, how manifold, how many, are Your wonders, HaShem.” And on Shabbos we say, “Mah godlu ma'asecho HaShem, how great are Your deeds, HaShem.” Because now we can put the whole picture together.

The Zohar says that “Raza deShabbos chad, the secret of Shabbos is one.” During the weekdays we see the trees, and on Shabbos, we experience the forest. We see how the puzzle of life, and the puzzle of each week fits together, like a braided candle that culminates in the Havdolo candle.



That's the beauty and that's the glory and that's the unity of Shabbos.

Good Shabbos!



SUPREME FOUNTAINS™

Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

Living With Appreciation

By: R' Daniel Shasha

It is really puzzling how the dor hamabul stooped so low, that the entire world had to be destroyed. What caused them to act how they did? Chazal (Sanhedrin 108a) explain that their behavior was due to the fact that they received so much good yet were baalai ga'avah and didn't appreciate it. In contrast, Noach was one who was very appreciative of what he had. We are told that he was an ish tam; our Rabbis explain the quality of temimus is being mesameach bechelko. With this quality he was able to resist the negative influences of those around him.

Another area where we see how he exemplified the midah of hakaras hatov, was how he acted when he survived the mabul. He right away built a mizbeach and offered korbanos. The Pirkai DaRebbi Eliezer (23) teaches that Noach saw that the whole world was destroyed and he and his family were miraculously saved, he had so much hakaras hatov for this nes, that he offered korbanos to Hashem for saving him and his family! We can learn from Noach the importance of appreciating the gift of life. After all, each second Hashem is pumping life into us, such a priceless gift.

Chazal teach that each breath we breathe, we should really be thanking Hashem, since each moment of life is a priceless gift. The gift of life enables us to enjoy all the incredible benefits that Hashem constantly gives us, as well as allowing us to do Torah and mitzvos, gaining us eternal life in olam habah.

May we be zocheh to learn from Noach, to appreciate what we have and the fact that we are privileged to be alive. Doing so brings us great yeshuos, as we see in the following remarkable story.

A 30 year old avreich was diagnosed with a very rare and serious disease. A specialist told him that there was no cure for this severe illness and predicted that he would have around two more years to live. To the doctor's surprise, the man looked very calm. 'In my career of 20 years, I have had to make many grim predictions, yet I have never seen anyone look so calm, what are you thinking about that makes you so relaxed?' asked the astonished doctor. The avreich explained that he was thinking about the incredible kindness of Hashem for the gift of life! 'Even if your predictions will be true, I would have two incredible years of life. Every moment of life is a gift that is undeserved. I will be able to arise each morning more than 700 times, and recite modeh ani thanking Hashem for returning my neshamah and for another priceless day of life. Hashem is my loving caring Father, who is to say He will not give me more of the incredible gift of life.'

The Admor of Nadvorna who related this story, concluded by saying that it has been over 13 years since this grim prediction and the avreich is still waking up each morning, thanking Hashem for the priceless gift of life!

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

את האלקים התהלך נח



This is the secret of how נח became a דיק תמים and was וכה to the most spectacular accomplishment in the history of mankind - to be the one human who was saved from the worst Holocaust (the מבול). Similarly, we have יוסף הצדיק upon whom it says that שם שמים שגור על פיו - he was constantly connected with הקב"ה every move he made and he became a מלך and was זוכה to save the world from starvation.

Part II

Many פרשים say that נח wasn't really supposed to be saved from the בול but because he was מוצא חן בעיני ה' he was saved. (עיין גר"ז ורד"ק ועוד). There are people who get special treatment even though they don't deserve it like a בעל

who is pulled out of גהנום because of his bitchon (אוצרות רמח"ל). And נח means מנוחה ובטחון - perhaps this is why he was מוצא חן.

Part III

ר' דוד בליאבר ז"ל says that a בעל בטחון is a מקורב למלכות and therefore he gets special treatment. A boss can be firing his employees except for a mediocre worker who is worse than his co-workers but the boss likes him. The boss needs a friend on the staff to shmuess with.

A בעל בטחון is close to הקב"ה and he is the luckiest person in the world.

The Ahavas Hashem POWER PLANT

Powering Klal Yisrael with love for Hashem



Awesome Energy!

The Spring Hill Times

ויאמר ה' אל אוסיף לקלל

Why when the הקב"ה saw the קרבן of נח did he decide that from now on the world can continue to exist and without another מבול. In פרקי דר"א ח' it says that the reason why נח brought the קרבן was because he was grateful that he was saved from מבול and the "prison" of the תיבה. We can suggest that as soon as the הקב"ה sees thankfulness, then things can keep moving in this world.

Part II

ותמלא הארץ-חמס דור המבול of צרה. The whole חמס is the symbol of dissatisfaction. When you desire what isn't yours it's a sign that you aren't spending time and כחות to count your blessings. Dissatisfaction is the first step to all evil and eventual destruction.

Part III

Although for sure נח was always a שמח בחלקו and his very name means מנוחה and not looking for trouble, yet, bringing a קרבן is an official major gesture of gratitude. Like saying נשמת or bringing ביכורים. I would say that, periodically, it would

be תדאי for every person to make an official thank you מצב which is actually the idea of all our yomim tovim.

Part IV

Our very existence is being a thankful human since the name יהוד' means "Thank you" and the name is the description of the essence of the person. We thank constantly and therefore our daily תפלות are loaded with thank you and תהללה. And once in a while we go all out with תורת טובה by yomim tovim and קרבנות and special סעודות הודאה etc.

Part V

The worst part of אדם הראשון's sin was when he said אשר נתת לי האשה as if blaming הקב"ה for giving him this wife and רש"י mentions how he was כפוי טובה (עי' זוהר הקדוש). Before אדם חוה he was together with all kinds of animals and he wasn't satisfied until חוה. Why was this necessary?

Part VI

Most probably to get him to appreciate חוה. A wife is a major נסיון in a person's life. Notice how the מלאכים wanted to bring more שלום בית to אברהם אבינו and they asked where she is and he proudly answered על בעלה i.e. a צנועה. And רש"י says they did this לחבבה על בעלה.

Part VII

Even אבינו צדיק like אברהם אבינו needed to love his שרה more and more at the age of 100! This is an ongoing נסיון for all mankind to constantly remind himself how lucky he (or she) is that he's married altogether! In Navardok I was told that most people don't appreciate their wives enough.

Part VIII

The spouse is actually a #1 area of the goodness of הקב"ה in giving us a partner (לא טוב-היות אדם). Of course all your אברים and your life itself also need constant reminding to be grateful for them. The velt says, "Love is work" - you don't always love automatically. הקב"ה tests you to see if you'll still love even when things aren't so perfect.

Part IX

If you are a true עובד ה' like R' Miller ז"ל and the Navardokers ז"ל - you would love having דוקא a challenging spouse since this makes you grow in מדות which is the most important part of your life. (But don't look for trouble.)

ויקה שם- ויפת

רש"י explains that it says ויקח instead of ויקחו because שם took the initiative to protect his father's honor and he was ציצית to זוכה because of this.

I once heard that it was a חסרון in הבל that he didn't take the initiative in bringing a הוא גם הוא. A person needs to have his own mind! (especially by being תורה מחדש חדושי תורה).

Part II

It is interesting that when הקב"ה reprimanded אדם, he said אשתך לקול אשתך - as if the main part of his עבירה was his listening to his wife instead of making his own decision. This is a lack of self-respect for the יציר כפיו של הקב"ה. Being a nuchschlepper can be a grave sin and a פחיתות in a צל"א! Before the Alter from Navardok ז"ל made his own שיטה he did a פעולה which burned his bridges with the public and he disappeared to a private place.

Part III

Very few people have their own minds. Most people are the products of their environments בין לטוב בין למוטב. They don't realize how 24/7 their brain is constantly occupied with תהליכי הבריות and this is why seeking כבוד and avoiding בדיון dominates almost every move they make.

This week's Parsha is Parshas Noach. The Parsha of the tremendous Mabul of water that covered the entire world. When I think about the Mabul what comes to mind is a miniature Mabul that confronted us a few short weeks ago.

The rains started on Friday night - Shabbos Kodesh - with tremendous mighty winds that howled through the night. The rain lasted for a week as the storm of rain continued pounding us throughout our preparations for Yom Kippur and Sukkos.

The generation of the Mabul disregarded the great torrents of rain and they didn't do Teshuva. They continued in their evil ways despite the great rains that Hashem brought at the beginning of the Mabul.

The contrast to us Klal Yisroel is so great. We were also not fazed from the tremendous rains, but on the other side of the spectrum. Let's elaborate on this a bit.

If you think about what we went through those seven days it's simply mind boggling. The love which Klal Yisroel showed during this time should melt the hearts of a heart made of stone.

Before Yom Kippur I watched how Yidden were keep the Minhagim of Tashlich and Kapparos with joy. They could have done Kapparos in the comfort of their home with money. But Yidden don't compromise on their



Chizuk Corner

By R'Y Friedman

minhagim and they went out into the pouring rain with love and joy.

Following this, were the days leading up to Sukkos which were not compromised either. During that time the intensity of the storm increased, but so did our love and joy as well. I watched how people struggled to build their Sukka against the fierce winds and the rain. Then there was the scrambling to search for the daled minim while they got drenched in the rain.

Umbrellas and the Shayne raincoats were no match for the fierce winds and the torrential downpour. Everyone, without exception got soaked in the rain, but this didn't stop them from their shopping and preparations for the joyous Yom Tov that is full of love. When I saw this a famous Passuk from Shir Hashirim came to mind. "Mayim rabim loyachol lechabos es ahava". Tons of water cannot extinguish the fire of love that burns in our hearts.

All this did not go unnoticed by our loving Father. Hashem responded in kind and stopped the rain the first night of Sukkos after an hour (many people didn't even have

to wait at all). Others lovingly jumped into the Sukka undeterred by the rain. I spoke to a Chashuver youngster that told me that a few drops of water meant nothing to him as he walked into the Sukka the first night.

Hashem then showed us his love and gave us seven sunny warm beautiful days and brisk nights [not freezing nights] following the seven days of the storm. The Arizal says that the Sukka represents a hug from the Ribono Shel Olam, and to me the beautiful weather was like a kiss from the Ribono Shel Olam. Anyone can feel the love that came gushing forth this Sukkos like never for!

We can only imagine the wonderful enjoyment Hashem is having from us here in Galus!

I want to conclude with a Tefilla to the Ribono Shel Olam. "Hashem look down from Your Kisei Hakavod and look at you Nation Am Yisroel. Look how much they love You and how happy they are to serve You. Which nation is like Your nation? Please take us all home to Yerushlayim and show us your open love with the Bais Hamikdash from Shomayim and rest your Shechina once again in the Bais Hamikdash. We cannot wait any longer.

WE WANT YOU BACK. WE NEED YOU BACK. PLEASE TAKE US BACK.

To Share My Share Of My Daily "Shir Chadash"



The Sign

Menachem was walking through the streets of Boro Park lost in thought. He'd been through a lot in his younger years of life, and carried loads of emotional baggage.

He currently still had "his hands (and mind) full."

Keeping up with the norm in life, was a daily struggle.

He dealt daily with his hyperactive child, and with an adult autistic son.

He had to deal with a child who was ex-

tremely high strung, and with his obstinate teenager.

He barely covered his monthly budget with the meager earnings he received.

His health was not in the best state either.

Yet Menachem did his best to keep his life stable, always trying to "keep the boat from rocking."

If it was rocking, then at least he would keep it from tipping.

He was usually very happy with all the good things and stuff that went well in his

daily routine.

It made no difference the "whatever" or the, "whichever." If it was good, he was content, and happy.

Neither did it matter the "whoever", or the "whenever,".

Anybody at any time got a nice greeting and a friendly smile from him.

Anything and everything positive in his life gave him the strength to keep on smiling.

He knew that that's what Hashem wanted from him.

He was also aware, that, this would be the only way to deal with his "pekel" and still stay sane.

The first thing that we ask for in Shemoneh Esrei is sanity.

He was aware of that and he davened well when saying that brocho.

The Smiling Face of Menachem

It could have been Continued on next page

from the food he had eaten, or the peaceful hours of sleep he had at night.

It sometimes was, from an amazing day at work, or the cute smart remarks from his children, at supper time.

The Special Radiating Smile of Menachem

That could have been from the sweet geshmake taste of a piece of gemara at the daily daf shiur, especially when he managed to "really grasp it," and understand it well.

That really put him on a "high".

He always savored the feeling of having a clear mind and pure emotional heart at davening. It kept him going.

He kept his mind off the whole package of problems that he had been through in the past, and what he was presently going through. He focused on any happy cheery feelings that came his way. He kept a smile on his face making sure to greet everyone he met, nicely.

On that particular day, Menachem wasn't in the best emotional state of mind.

It was a trying day.

A day when everything hit him like a ton of bricks.

His whole

life's struggles and hardships, his emotional baggage, and luggage, cargo and carry-ons all came crashing down on him at the same time.

His mind was a mess.

He was walking through the streets that he knew so well, but he was lost.

Lost in the rough stormy sea of his confused thoughts.

The mighty emotional waves kept crashing down on him.

He wouldn't let himself sink in despair.

Struggling to stay afloat he held on to Hashem.

"I would like to thank Hashem for every single hardship, too "he was telling himself, but I'm going to need some help from Above to make sense, of this all.

He started speaking to Hashem in his thoughts, and then quietly with his mouth.

Please help me out

Real World GPS Systems

Stay on the Road!



Your Destination:

HASHEM

Your driver:

HASHEM

Just sit back and enjoy the ride!

with some rational thoughts. Hashem, Hashem, Hashem.

Why?

What is the reason?

He raised his face heavenward.

HASHEM!

Can I please understand that at least a tiny bit of all this!

THERE IT WAS!!!

There was the simple answer right in front of his face!

It was the sign from the local dry cleaners.

It protruded right out of the store front onto the sidewalk area, above his head. His eyes met with the large print of the sign.

CLEANING AND ALTER-



ATIONS

He understood the sign from Above.

His Neshama needed some cleaning up and he was in need of alterations to fix his faults.

He smiled quietly to himself and said, "thank you Hashem for all the hardships too."

Thank you for sending me a 'sign from above'."

Fantastic Decks

Live to Enjoy!



Does your house in Olam Haba have a deck?
Now is the perfect time to build one!

Do Mitzvos!

Blockage Solutions™



24 HOUR SERVICE!

Let the Bracha Flow!
Take Yourself Out of the Picture.
Put Hashem there instead!

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

My Rebbi, R' Mair Shetland, a great tzaddik from Yerushalayim, related an incredible story that can give us great chizuk:

Shimon,* a young boy with outstanding intelligence, was making a siyum on Mishnayos Brachos with his class. The rebbi announced that the boys may bring

in cake or pastries for their upcoming siyum.

That was no problem for Shimon's mother, who was a professional baker. Though a local yeshiva had also ordered a cake for their annual dinner, she figured she could make both cakes in time for the special occasions.

Somehow, she ended up working very late that night putting the finishing touches on the yeshiva's cake, and in the morning didn't wake up when Shimon went off to his siyum. As a result, Shimon took the wrong cake—the one meant for the yeshiva's dinner!

When Shimon's mother woke

up, she realized the mistake and drove to his school to switch the cakes. However, when she saw her cake sitting outside the principal's door, she realized that everyone was marveling over it. She figured Shimon was so proud of his contribution to the siyum that he was showing it off; how sad would he be if she exchanged it for a simple one?!

She made up her mind not to take back the cake. She accepted Hashem's will and returned home to restart the yeshiva's cake from scratch.

Many years later, Shimon found himself in a tough situation. He was struggling in his ruchniyos, had fallen in with a group of friends who influenced him in a very negative way, and was falling more day after day.

At one point,

Continued on
next page

Bais Hamikdash Constructions

Building Hashem's Magnificent House Together



Love your friend to no end!



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

his friends decided that they'd had enough and would be leaving their homes, moving out of town, and cutting connections with their families. Shimon was determined to join their escape, and, secretly packed his belongings, and headed with them to the airport...

Before boarding their plane, they stopped in a bakery in the airport to buy something to eat. All of a sudden, Shimon turned red. Completely to their surprise, he told his friends that he wasn't going to join them.

"It's too late to regret your decision," they scolded him. "You're coming with us!!"

But he didn't listen, and instead turned around and went home. His parents never knowing about his near escape, only later did he tell them about what hap-

pened:

"I was a hair's breath away from getting on a plane and never returning. But you know what saved me? It was the magnificent cake that mommy had made for me for my Brachos siyum.

"In that bakery in the airport, I saw a cake that looked just like the one she'd made for that siyum. 'How can I do this to my mother?' I thought. 'She made me such an outstanding cake for my siyum, when she could have gotten away with a much simpler cake. But, because she cared so much for me and my growth, she instead went and made me such a beautiful cake, and there's no way I can do this to her. That changed my decision, and therefore I returned home.'

My Rebbi emphasized one point that, at first

glance, might not have been so pivotal: Had Shimon's mother not accepted the fact of her son taking the dinner cake, her son may have been lost for life. That she accepted the situation with love and never complained about it is what made Shimon feel so special and prevented him from a tremendous fall.

By accepting the will of Hashem, we ensure for ourselves great brachah, as we see doing so caused Shimon to be protected from permanent damage.

CANCELED TRIP!

Along these lines, there's a story told about the great tzaddik, Reb Shalom Schwadron. He had planned a trip to America to raise funds for the printing of his grandfather's sefer, Daas Torah. In America, he had a potential donor who would



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

cover a large sum of the costs. He had prepared beforehand all the details of his trip, including putting in extra time learning before he traveled to make up for what he would miss during his journey.

The night before his trip, he went to depart and receive a brachah from his Rebbi, Rav Chatzkel Levinstein. When Rav Chatzkel saw him, he asked why he hadn't attended the recent bris of his grandson. Reb Shalom responded, "I had injured my leg and wasn't able to come.

Rav Chatzkel responded, "If that's the case, then you must rest up!"

Reb Shalom understood from Rav Chatzkel that he should not be traveling, and therefore he canceled the trip.

When he returned home he told his wife that he canceled his trip, she

asked, "Didn't we put so much into this trip? What happened that you changed your mind?"

He responded: "I do whatever my Rebbi says, and if he tells me not to go, then I'm not going!" And so, he didn't go to America.

Two weeks later, Reb Shalom attended a bris in Telzstone, a nearing city to Yerushalayim, and lo and behold, he saw there the very same gevir he had been anticipating to see in America. There, he sat down with the gevir to explain his need, and the gevir wrote him a substantial donation. "I've been here for a while already," the gevir told him. "Had you come to America then, we wouldn't have met up."

This story doesn't end here, though. Since Reb Shalom was two weeks ahead in his learning

schedule, he suddenly had extra time, which he used to start writing the sefer of his Rebbi, R' Elyah Lopian, the Lev Eliyahu. If not for that availability, he would never have had the time to start it, and we wouldn't have that very great sefer.

We see from these stories an incredible lesson: By accepting the will of Hashem (following daas Torah is, in essence, doing the will of Hashem), Reb Shalom saved himself a failed trip, and instead he got the full sum of money at his convenience, and got to start writing the Lev Eliyahu.

Be accepting the will of Hashem, and remembering that it's coming from Hashem who loves us beyond measures will bring us inner serenity and true happiness.

Explain Politely When Possible

However, there is a qualification to this idea — and that is my

next advice regarding kiddush Hashem. Although we must always follow the dictates of halachah in every situation, even if our actions seem strange or even distasteful to others, we must always try to show sensitivity. We should never rub our actions in other people's faces. Whenever possible, we should explain the reasons for the actions we do.



The power of a few words of explanation is illustrated by the following incredible story. The residents of the neighbor-

hood of Ezras Torah were once perturbed by a stranger who deliberately shattered the peace and calm of their Shabbos. Week after week, the same car would be seen in the streets of the neighborhood, driving around in circles solely in order to disturb the Shabbos-observant residents. Some of the people began loudly protesting the intrusion, but Rabbi Hershel Zaks, who was equally disturbed by the chillul Shabbos, decided to take a different approach. When the car appeared, he memorized its license plate number. After Shabbos, he was able to use the number to find out the man's address, which was in the neighborhood of Ramot.

Accompanied by a companion, Rabbi Zaks went to Ramot and knocked on the door of the man's home. The door was opened by a little boy, who looked the visitors up and down and then called over his shoulder, "Hashechorim higu — The black ones are here!" From somewhere within the apartment, his father shouted

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back, "Give them a shekel!"

"We aren't here for money," Rabbi Zaks told the child. "We want to talk to your father."

The boy disappeared into the house, and then his father came to the door. "What do you want from me?" he demanded. Rabbi Zaks gently explained that the Jews of Ezras Torah were pained by the appearance of a car driving on their streets on Shabbos. The man replied, "You are crazy, but you are right. I will not drive on your streets."

A year and a half later, Rabbi Zaks received an invitation to a bar mitzvah in Ramot. When he arrived at the simchah, the father of the bar mitzvah boy asked him, "Rabbi, do you recognize me?" Rabbi Zaks admitted that he did not. "About two years ago, you came to my door to ask me not to drive in Ezras Torah on Shabbos,"



the father said. "Today, I have become shomer Shabbos because you cared enough to come to see me and explain

the situation. I sent my child to a religious school because I want him to learn how to emulate you – who took the time and made the effort to explain yourself to me."

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Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

When you're not succeeding, whether it's your



ruchnius or gashmius and it's making you upset. When you're feeling anxious or down and you can't stand feeling that way. When

you're stressed out from having nothing to do or from a relationship you dislike. Besides realizing that everything is min hashamayim and all your chisronos are needed to reach your shleimus, you should realize that getting stressed out or feeling pressure from your lack of improvement may only boomerang and backfire. R' Mandel says over from R' Gershon Liebman zt"l that the best way to win a tug war is to let go and watch the other person go flying. You may need to let go and accept your current state and take a break from all your goals and ambitions. Maybe take a walk in the park, watch the squirrels, enjoy your favorite ice cream or drink Pepsi and just enjoy Hashem's beautiful world and start being more & more sameach b'chelko.

Rabbi Yosef Moshe Mizrachi

The long Rosh Hashanah davening was finished and it was time for everyone to head home and eat their Seudah. The Chafetz Chaim, however, was seen walking behind the Shul into the nearby forest.

One Bachur was very curious and decided to follow him.

After a few minutes, the Bachur spotted the Chafetz Chaim sitting on a rock. Before he was able to ask anything, the Chafetz Chaim came over to him saying: my dear friend do you know I was praying this whole morning and I didn't have anytime to think about how great Hashem is - how much He is showering me with blessings! One has take the time to work on noticing Hashem's great love for us- it doesn't just happen by itself! So I went to the forest to think about Hashem! (Sefer Meoros HaGedolim).

At the end of his Sefer Shmiras Haloshon (Chasima Perek Beis), the *Continued on next page*

MAZEL TOV!

Mazal Tov to R' Sholom Freidman and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Chesky!

Mazal Tov to R' Moshe Bodenheimer and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Shimon Yehuda!

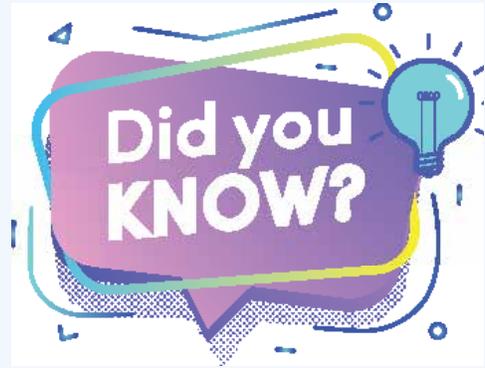
Rabbi Yosef Moshe Mizrachi
Continued

Chafetz Chaim writes as well, how one must do a daily exercise to think about Loving Hashem.

R' Golombeck said over similarly from Reb Chatzkel Levenstein that any day I didn't work on my Bitochon I felt a noticeable drop in my level. Always remember to take your daily Bitochon vitamins!)

Shabbat Shalom U'mevorach!

By: Rabbi Zevy Golombeck



R' Chaim Volozhiner brings in his Sefer Nefesh Hachaim that if you smile to Hashem, Hashem will say, "Oh, you like to smile? I will give you a lot more reasons to smile!" If you laugh then Hashem says, "Oh, you like to laugh? I will give

you a lot of reasons to laugh!" The happier you are, Hashem says, "Oh, you like to be very very happy? I will give you a lot more reasons to be happy!" And that's the pshat in the possuk "Hashem tzilcha" - Hashem is our shadow. When you look at a shadow, you see what you are. Hashem is our mirror and Hashem is our shadow. Therefore, you want to read positive news? It's going to bring more positivity into the world! It sticks to you whatever you like to do. So you like to focus on positive news? Hashem will bring more positive news to you.

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A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

We finished discussing the permanent teeth and the baby teeth, the teeth themselves, the bite and the chewing.

Our teeth also play an important role in our speech. Even though we generally associate speech with the tongue – there are a number of organs that play a role in producing different sounds that make up our speech.

Chazal teach us that our speech breaks up into five different categories – referred to as the "חמש מוצאות הפה". There are five organs that each one is the primary source for a group of letters and the sounds they produce. The five organs are the throat, tongue, palate, lips and teeth. It's only though our teeth that we can sound the five letters ז, ס, ש, ר, צ. Also, the 'th' sound in English, and the 'ch' sound. Pay attention when you make one of these five sounds and you'll realize that they only happen through the movement of the teeth. If these five sounds were omitted from our speech ability, we would still be able to communicate using the rest of the letters – but it would greatly limit our vocabulary. This is something which is clearly discernible in older people who are missing some of their teeth; their speech becomes very unclear and they are often hard to understand. Part of the presents that Hashem gave us with our wonderful teeth is the ability to speak and express

ourselves.

Our teeth have a job to help us speak; they also have a job to help us keep quiet. This is based on a very interesting ערכין דף טו in גמרא which explains the פרק ק"כ in פסוק תהילים – מה"יתן... ומה יסיף... לשון רמיה – the גמרא explains that the הקב"ה is addressing the tongue which all too often gets involved in דיבורים אסורים. Hashem tells the tongue, "I created you unique and different than all the other איברים.

All the איברים of a person are upright like a person's hands, nose and ears; they go from top to bottom. But a person's tongue is horizontal. All a person's איברים are revealed בחוץ, but the tongue is hidden inside a person's mouth. Another difference – the הקב"ה made two walls to protect the tongue; one made out of bone (the teeth) and one made out of flesh (the lips). The הקב"ה made so many safeguards for the tongue; it's lying down, hidden inside, and it has two יתן... מה"יתן... לשון רמיה – what else can I do to protect the tongue from דיבורים אסורים?" From this גמרא we learn that teeth have an additional job of being a wall and a שומר to protect our tongue from causing destruction. It comes out that our teeth has two conflicting jobs; they help us speak and they help us be quiet. We can refer to this as "דבר והיפוכו" or "ונהפוך הוא".

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The Universe

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Let's examine this amazing Orange tree wonder a little further.

Imagine that a friendly alien from outer space landed on earth and you were chosen to be the one to show him around our planet. You assume that he doesn't know much about this planet because our world is completely different from his. [Of course this is just a mashal, aliens don't exist.] The first thing you decide to show him is our orange tree. You begin by informing the alien that the tree developed from nothing more than water, soil, an orange pit, sunlight, and time—and you show him a sample of water, an orange pit, sunlight and soil.

"You don't expect me to believe," he says, "that this big tree here came about from those simple ingredients, do you?"

"What's so hard to believe?" you ask.

"For starters, where did all the wood come from?"

"From all the elements in the ground, in combination with sunlight, and water which fell

from the sky, water we earthlings call rain."

"But how can that happen if they are made up of such completely different elements?"

"It's called nature."



"Nature?" the alien asks. "Is that the whole explanation?" As an average American with something like fifteen years of schooling behind you, you confidently nod your head yes.

The visitor continues. "And those green things (the leaves)—where did they come from? Who attached them to the tree?"

"No one attached them. They grew out of the branch."

"That's amazing. How can anything come out of something solid?"

"It's not so amazing."

"What do you mean? Sure, it's amazing!"

"No, it's not."

"Why not?"

"It just isn't, that's why. Anyway, if you think that that's amazing, let me tell you a real shocker. All human beings on this planet are alive because of those leaves."

"Are you serious?"

"Yes. You see, there's this miraculous process called photosynthesis. It works as follows: Water gets sopped up by the tree roots and is then sent up to its highest leaves."

"How can the water get all the way to the top? I thought this planet has gravity pulling things down."

"What do you mean?"

"I mean, things don't just float up by themselves. Getting that water to the upper leaves defies gravity, so how does it get there?"

"Don't ask such ridiculous questions. It will only confuse the matter. Somehow the water gets



Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

to the top. That's all. Anyway, back to photosynthesis. You see, there's a green pigment called chlorophyll in the leaves."

"Chlorophyll?"

"Yes, and it works as follows. When the light of the sun strikes the leaf some of the sun's energy is absorbed in the chlorophyll.

"How is it absorbed?"

"Well, you see, there's two special types of light harvesting [gathering] antennae, called Chlorophyll A and B that combined, can pick up all the different wave-lengths of

light that is available from the sunlight shining down from the sun. [with the exception of green, which is why all leaves are green.] And, in those wave-lengths of light are packets of special photon energy that is captured by the Chlorophyll antennae."

"Interesting. I have a couple of questions. Firstly, who knew that sunlight has special photon energy in their various wave-lengths? Secondly, where did those antennae that somehow know how to capture those packets of photon energy come

from? Thirdly, who put those antennae into the leaves?

"Yes. Interesting questions, but who cares, they are just there, that's all."

"Are you kidding me? You don't care to know how such miracles came about? Are you going to again tell me that "Nature" did it? Who is this brilliant "Nature" that knows all this?"

"I don't know, but there's a lot more that I didn't tell you yet."

"Oh boy, I can't wait to hear what else this Nature guy has done."

To be continued

The author can be reached at emunahexplained@gmail.com



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The Miracle of Bread

By: Mordechai Solomon



Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.

10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.

tions.

32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.

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Tell Hashem How Much You Love
Him!

The Miracle of Bread

Continued



65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as byproduct. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
91. Each one miraculously knows how much
92. After the stem reaches a certain height it starts to produce the grain.
93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.

הזן את העולם כולו בטובו!!!

97

When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the

98

You can mold metal any shape you want.

99

The metal dries and becomes hard.

100

The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot

101

Metal becomes very sharp in order to cut it.

102

It's also very strong so it doesn't break.

To be continued BE"H

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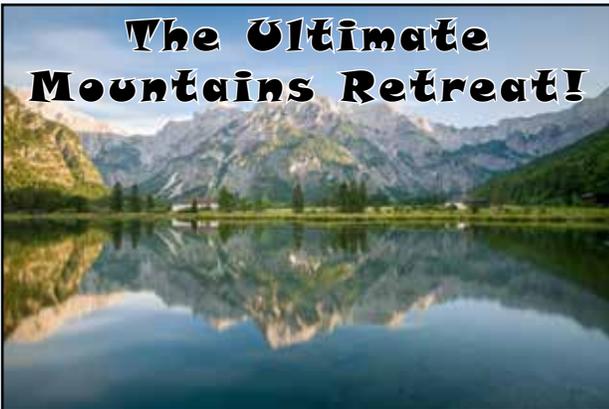


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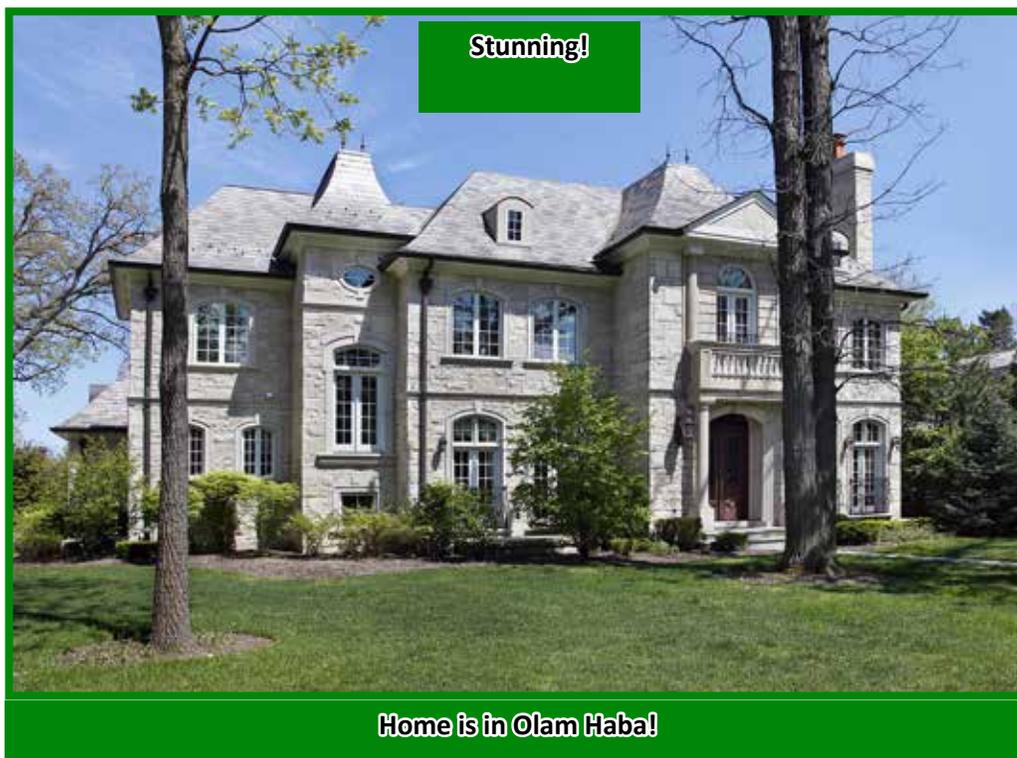
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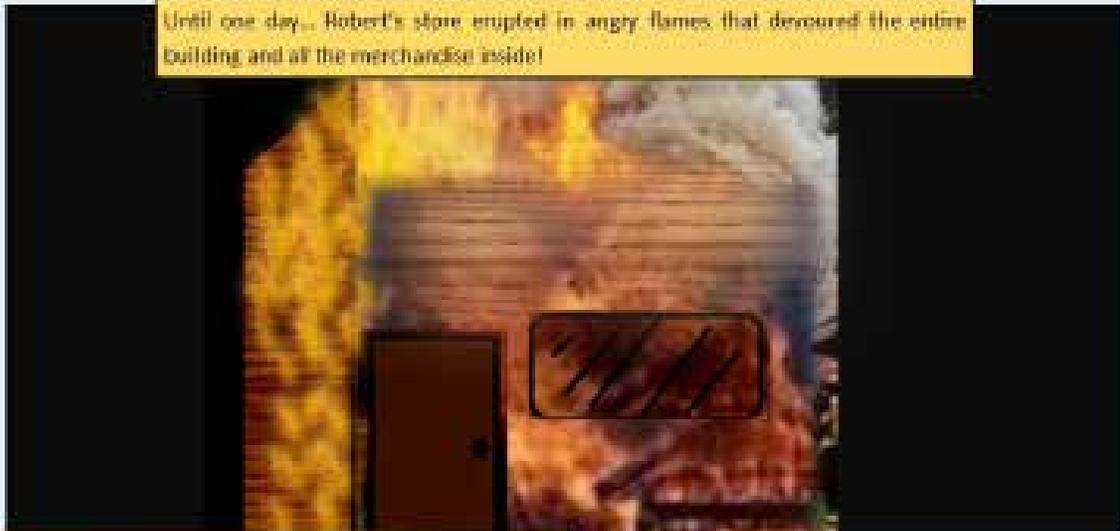
A SHAILA TO R' SHAYA'LA Chapter 4

Recap:

A yid in New York in 1910 opened a suit store, and 'וּבְיָמָיו he had plenty of customers! An antisemite opened a suit store across the street and was on a mission to destroy the yid's name and seemed to be succeeding. His friend suggested to request guidance from R' Shaya 'la of Keristere. He got a letter saying not to be afraid and to go late at night, tape the letter on the door to his store, and before the morning go back and take it away. With אִמְרַת הַשָּׁמַיִם he did exactly as the צַדִּיק instructed, but the situation just seemed to get worse when Robert flooded his store!



Until one day... Robert's store erupted in angry flames that devoured the entire building and all the merchandise inside!



People poured into his store now that they wouldn't be harassed!



Hi, I'm so happy to be back to this store! Robert's service is לא קיים not existent

Yeah, you're מְדוּבָר right!

The TW's business got so big he needed to buy the house next door to expand!



TO BE CONTINUED בעמות

By: E. Jungreis

ארץ חמדה טובה ורחבה!

Hashem's Wonderful Land



Rosh Hanikra



Caesarea Beach

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.
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BEAUTIFUL QUOTES

"When you are happy, when you enjoying yourself, that is the best opportunity to recognize the kindness of Hashem. From happines a person can become great."

**Rav Avigdor Miller Speaks
Vol 1, Page 126**

"Did you thank Hashem that you can walk? There are so many people who cannot walk."

Ibid. Page 211

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"Pointing to the sky, the Rebbe said to his young gabbai, "Moshe your best friend in the world, the One Who loves you most, is the One above!"."

The Ribnitzer Page 319

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"There is only one army fighting. And it's not the Israeli army. It's not the American army. It's the army of people who live with Hakadosh Baruch Hu..."

All armies are powerless. They are nothing more than play mentchies...

We are the ones fighting..."

**Rabbi Zevy Golombeck - A Life
with Bitachon**



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Ahavah Rabbah
Heart sharing: Sharing our love with others
Dr. C.F. Yakoby PhD LCSW

Welcome to our new column of Ahavah Rabbah! This column is all about sharing our love with others by pumping people up. It only takes a few seconds to build someone though kind words. These few seconds can really change their whole day. Hashem gave us each a huge heart. Rabbi Avigdor Miller used to talk about how we can *bencht* as many people as we want. Wherever he went, he would *bencht* Yidden. We can also *bencht* Yidden all the time and compliment as many people as we want and it doesn't cost us a penny. It is such an easy way to spread kindness and love in this world.

Story: I was in Miami this past summer. I was in a restaurant myself with Hashem and I was sitting at a table waiting for the food to come out of the kitchen. At the table in front of me, grandparents were sitting with their granddaughter. It was clear from the conversation that the granddaughter had just become *frum*. The grandparents were not *frum* yet. The grandparents seemed to be in their eighties (or older), they should live and be well. I went over and told them what a beautiful granddaughter they have and what a special family they are. They were PUMPED. The grandparents asked their granddaughter how she knows me. She said she doesn't know me but Klal Yisroel are one people and are all family and all love each other! The grandparents were amazed and started smiling from ear to ear. They seemed so happy that their granddaughter is part of a people who love giving and are friendly. I just love to try to give people support and *chizuk*. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

Idea: It's so easy to share love with other people.

1. Sending a kind text message or going over to someone and pumping them up can change their whole day around.
2. Try pumping one person up a day.
3. Try sending two kind text messages a day.
4. On Rosh Chodesh mail kind letters to five people. You can write two lines on any card from the dollar store!
5. Leave notes for your spouse around the house.
6. Tell your children and spouse that you love spending time with them!
7. Find someone at shul to tell how amazing they are at least once a week.
8. Tell the cashier how friendly and pleasant they are!

Song: Tune: Yisrael V'araysa V'Kudsha Brich Hu Chad Hu

I love, I love, I love Hashem

I love, I love, I love all the Yidden

I love the Torah and mitzvos

I love the Torah and mitzvos!

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.

Feeling Hashem's love!

At 6:45 pm, I didn't have a dress that was appropriate to wear to a wedding, and I had to attend a 7:30 *chuppah*. I said *Hakol Yochol* and my sister brought me a dress that was gorgeous and fit perfectly. I left at 7:30 to the 7:30 *chuppah*, and I really wanted to say *Mazal Tov* at the *farbrakes panim* — *Baruch Hashem*, I made it on time!

Text your story of how you pumped someone up to 732-523-4824. Texting means you give permission to have your story included in this column. Texting does not guarantee your story will be in the column. Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways.
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A Reader shares with the Spring Hill Times a dramatic story of how she turned to Hashem every step of her journey and how she saw Hashem Helping Her all the while spreading Emunah and Bitachon to all those around her.

A Diary of Nissim: My trip home from Eretz Yisroel:

Thank you Hashem for a trip full of nissim!

I want to publicly thank Hashem for the many open nissim that I experienced over the past few days.

I will start with some stories of Hakol Yachol that happened even before the war started.

I went to Eretz Yisrael (myself with Hashem) on Chol Hamoed to visit some family for the second days of Sukkos.

I wanted to be able to eat in the sukkah because each mitzva is a million plus dollars. I was able to arrange for a sukkah to be built at my apartment in Eretz Yisrael. It cost over \$700. I asked my Rav if I should pay



over \$700 for a sukkah and I would get back a million dollars, and he said: yes!!!!

I arrived in Eretz Yisrael at my apartment in Geulah, and had the most beautiful sukkah with decorations, chairs, and tables; I was able to feel so connected to Hashem and had lots of opportunities to say 'Leisheiv basukkah'!

I also arranged for someone to buy me a lulav and esrog and got millions of dollars through doing the mitzvah!

I wanted to go daven at the Kosel, however the buses were so full that it was hard to get on one. I kept trying. Then I said, "Hakol Yachol — it is You, Hashem, who can get me to the Kosel. Not the bus." A number one bus passed (that goes to the Kosel). I wasn't even

at a bus stop, but I held out my kartis. The bus opened its doors and let me on.

I went to the Kosel for Birchas Kohanim — it was a beautiful sight with about 50,000 people there. Mi k'amcha Yisrael. Yidden from all over, love Hashem so much.

On another occasion, I was on a bus on the way to the Kosel on Chol Hamoed and we were near Shar Shechem. A non-Jewish bus driver started screaming at our bus driver and pulled his bus in a way that blocked ours from going any further. Everyone on the bus was scared. There was a lady near me who was so, so scared, so I said to her, "I want to tell you that the non-Jew is not at all in charge. Only Hashem is." I then told her tens of stories of Hakol Yachol that I had experienced personal-



ly. We both were davening to Hashem and saying 'Hakol Yachol'. The non-Jewish bus driver then decided to move his bus so our bus could pass.

I really wanted to go to a Simchas Bais Hasho'eivah but it seemed that one needed a ticket in order to get in. You can't buy a ticket — you need to get it through someone with a connection. So I asked Hashem to help me. I said, "I don't have any pull or connection with anyone, but, Hashem, I have a connection to you and you are the best pull ever!"

Then my friend's friend called to say that by Slonim one doesn't need a ticket. I walked through Meah Shearim to Slonim. I asked Hashem for a good seat, and somehow, I got a seat and I was able to see perfectly. The dancing was so, so beautiful and they were singing V'chol Maaminim She-Hu Levado Hu!!! It was stunning!!!!

Wherever I went, I tried to share about the Spring Hill Times and 'Hakol Yachol' stories because it makes people so happy.

On buses, I told people how amazing they are! I told mothers how good they were with their kids, and sisters how

helpful they were to their siblings. And I told others what a wonderful person I thought they were. I did this in English,



Yiddish and Hebrew. It didn't cost me a penny and so many people's days were brighter just because of a few simple words.

One day of Chol Hamoed, I went with my seminary cousin and one of her friends to Me'aras Hamachpeilah

It was amazing to be at the Kivrei Avos.

After a stop in Rechavia, to pick up some great-tasting food, we tried to get a taxi from the company that only sends Yidden, but they didn't have any drivers available. We decided to wait for a bus. The bus we needed was supposed to arrive in twelve minutes; however twelve minutes came and went and no bus came. Then it said the bus was supposed to arrive in 29 minutes. It was getting late and the girls had to

get back. I told them, "Let's say Hakol Yachol together three times." They said, "But it says that the bus is only coming in 29 minutes." I said, "We don't need to give Hashem ideas." We all said Hakol Yachol three times. Thirty seconds later, a taxi from the company that we had called passed by with an empty car. I asked him to take us and he said, "Sure, no problem at all."

On Hoshana Rabbah, I went to the Kosel. It was beautiful to daven at the Kosel! I joined my cousin for the meal and then visited more relatives.

Shemini Atzeres night, Hashem arranged that my friend's friend (Family B) gave me a ticket to the Bayan Shul so I was able to see hakafof there. (This was also hashgachah because I got to know her, so I went to her the next day, which was helpful).

I ate the meal by another friend of my friend (Family K). We were sharing just how good Hashem is to all of us by the meal. We were laughing and having great Yom Tov joy. It could have been an awkward meal because I did not know this family that well but Hashem made it a most geshmake meal. We also made up to meet the next day during

the afternoon so her kids could see the place I was staying at.

I got home close to 1:00 am. At 4:00 am I woke up and didn't fall back asleep until about 6:30. Then, I woke up much later and realized that my watch had stopped. I did not know what time it was or how long I had slept.

I had a strange feeling but could not place it.

I went out to the street. Usually, the street of Malchei Yisroel is bustling with tons of people; now it seemed solemn and quiet. I asked a woman who only spoke Hebrew for the time, and she said that it was a little after 11:00 am. I said in Hebrew, "Oh, I was scared that it was already three in the afternoon." She said, "Don't worry about anything, Hashem will watch us all." I thought that was a strange response to a question about the time because my watch was broken.

I went to look for a Litvishe shul for hakafos, but wherever I went, hakafos were over. I thought it was so strange that hakafos were over so early. I decided to walk to my brother's brother-in-law and sister-in-law (Family R) where I would be eating.

The streets were quiet. I noticed cars on the street, which

was strange because it was Yom Tov. There were a lot of Hatzalah trucks and cars passing and police cars and civil-



ian cars were transporting soldiers. I still did not know anything about what had happened.

I got to my relative's house (Family R), and they asked if I had heard the sirens. They were in the bunkers all morning.

I said, "No, I did not." I could not believe I slept through the siren.

Later that night, the manager of my apartment came by and I told him I hadn't heard the siren; a neighbor came out and said he also hadn't heard the siren. It turns out that since the apartment is on ground level, the whole apartment is soundproofed to block out the sound of the street traffic from Malchei Yisrael.

It was also really hashgachah that I didn't hear the siren be-

cause I was alone in the apartment (with Hashem) and I would have been terrified had I woken up to the siren and had NO IDEA what to do or where to go.

The manager came that night to show us where the machsan (bomb shelter) in the building was. There was one in the hallway for all the neighbors to share, however I did not know where it was.

Going back to earlier in the day at my relatives (Family R): I had a super amazing time at my relatives' house. Looking out the window, we saw smoke from missiles. We had a seudah and spoke about Hashem's chessed to us.

I started sharing with my relatives about the Spring Hill Times and how 'Hakol Yachol' really works. I shared many 'Hakol Yachol' stories.

On the way home, I stopped at Family B, who had gotten me the ticket to Boyan. It was nice to have someone to stay with so I didn't have to be alone. I stayed there until the end of Shemini Atzeres. They only kept one day so they were able to look up what was going on, and told me that hakafos shniyos were canceled.

I then went back to the friend who I had been at for the first

night (Family K). She was very worried about me because her husband had knocked on my door when the sirens went off and I did not answer. Also, we had planned to meet in the afternoon and I didn't get to her until nightfall. Yom Tov was over for her, so she called her Rav who said she can try to book me a flight for right after Yom Tov. She tried and tried but there were no flights available.

When this friend came to my apartment to try to arrange tickets, she noticed the Spring Hill Times on the table, and I told her all about it! I went to my friend's aunt (Family W) for the first Simchas Torah seudah. At the seudah, they sang Acheinu Kol Bais Yisrael and Ani Maamin. Baruch Hashem, that friend was staying in the same plaza as I was, so I didn't have to walk far.

I was wondering how in the world I be able to fall asleep. I took out the Spring Hill Times Sukkos Issue (Issue 117) that I had with me, and I read the story on page 75, "Healthy Baby With Bitachon." The story was about a lady who was six months into pregnancy, and the baby weighed about two pounds. The doctor said the baby would be born that

day with little chance of survival. Since she follows a life with bitachon, she said, "No way, I'm not having the baby



now. It will be full-term and perfectly healthy. The baby is not going to be born today." She ignored all of the people who said how sad they were and acted so sad; she just kept repeating that she would have a full-term, healthy baby. And she had a full-term, healthy baby.

This story gave me tremendous chizuk; in fact, I repeated it tens of times to many people over the next few days of my journey.

At that point, on Simchas Torah night, I went to sleep saying over and over and over, "I will be landing in Newark safe and sound, I have nothing to worry about, Hashem loves me. It was hashgachah that the story was printed specifically in the Sukkos edition because that was the one that I had brought

with me!!!

I also remembered two things that I had learned from Rabbi Golombeck: 1. I said I don't care if I sleep or not 2. Imagining the yeshuah, I just sang myself to sleep, saying, "I am on a plane, landing in Newark; I have nothing to worry about." I fell asleep immediately.

With this renewed energy, I awoke the next morning and went to my friend's house (family K). I shared with her terrified children story after story about how Hashem did open miracles when we said Hakol Yachol.

I told them how:

- Hashem had the wind clear the snow off someone's car after they said Hakol Yachol.
- My New Jersey insurance went through in Miami after the doctor's office had said that it was impossible, and I said Hakol Yachol. When I got back, I spoke to my insurance agent who said its impossible that the doctor's office took my insurance. With Hashem anything is possible.
- Someone that really needed a new couch won a couch after they said Hakol

Yachol.

- My phone wasn't working in Eretz Yisrael, so I said 'Hakol Yachol' and it started working.
- I had many cameras that I needed to return. The place I got them from said that they would not accept any returns after ten days, and it had been three months. I said 'Hakol Yachol' a lot and they sent me shipping labels to return the cameras for a full refund.
- I needed a flight back from Florida before Shabbos on a Thursday night and I was told that there were no flights. I said 'Hakol Yachol' and then got a flight.
- My housekeeper of twelve years left. I said, "The same Hashem who sent me a housekeeper for twelve years will send me a new housekeeper." The next day there was a knock on the door with my new housekeeper who had just landed from Spain.
- Someone was being driven home from Monsey to Lakewood and their oxygen ran out on the way and they needed oxygen. The driver called Hatzalah, and Hatzalah said there is no

one in the area that they are in. The driver decided to rely on Hashem and asked Hatzalah to just put



out the call and they would Daven that Hashem would send someone. Thirty seconds later, a Hatzalah man came and said he doesn't know why he was in the area and he doesn't usually have oxygen in this car, but today he did.

- I got on the bus to the Kosel (see earlier)

And on and on

Then we talked about thanking Hashem. We all thought of many things to thank Hashem for. I kept saying, "Hashem is great! Everything is easy for Hashem; we just need to talk to Hashem."

And I read them the story from the Spring Hill Times of the lady who said she would have a full-term baby.

I also showed them the Sukkos Candyland on page 9 in the

Sukkos edition.

We all felt much calmer and I left to visit some relatives. They didn't answer the door.

Then I went to try to find a minyan for Simchas Torah. I really wanted a Litvishe minyan that keeps second day because that's what I'm used to but I had no idea how to find it. I asked Hashem to help me find it.

One woman looked like she was on her way to shul so I asked her where she was going. She was going to a Chasidische minyan, and I decided to just go there, but I could not find the minyan. I said, "Hashem, it's just me and You today and I will honor and dance with the Torah in my heart. That will be Simchas Torah for me and You.

Suddenly, I passed a building that said Kaminetz on it. (I was only going in that direction because I had tried to visit my cousins.) The day before I had met a seminary girl who said she had been at the Kaminetz hakafos and she loved it. So, I decided to go inside.

The hakafos were beautiful. The bachurim were singing and dancing with the Torah.

The songs were my favorite songs:

Yisrael v'Oraysa v'Kudsha Brich Hu chad Hu, Tzavei tzavei, Olam Haba is a gutte zach. The room was filled with pure holiness and heart and I felt at home. It was actually a Brisk Minyan that was using the Kaminetz building.

It was packed with seminary girls; many girls offered me a seat so I would be able to see. Mi k'amcha Yisrael! The love of Hashem, Hashem's Torah, and the Yidden was palpable.

Baruch Hashem, I had an opportunity to pump many people up by telling them what an amazing mother they are being to their kids, what a great sister they are, and to shower them with a million brachos. We can use our words with such ease to create positivity!

At about 2:30 I went to have the seudah.

My relatives (Family R) had prepared a very large meal for 23 people. However, many people didn't want to leave their homes so most people did not show up. I told them they get the mitzvah of feeding all those people because they prepared for them. I shared the stories from the Spring Hill Times with my relatives and we just kept imagining our planes landing in Newark and talking about how Hashem loves us.

On the way back to my apartment I stopped at my friend (Family K). I told her that I'm imagining the plane landing. It



wasn't Yom Tov for her, and she said that there were no flights. I said that I believe I am leaving tonight no matter what!!!

While I was in Eretz Yisroel people were asking me to help them calm their kids I told them as follows:

- Give tzedakah or say one Perek of Tehillim so the kids feel like they are doing something.
- Tell the children how Hashem is always watching them. Talk to Hashem out loud in front of your children.
- Share stories of Hakol Yocholel with your children.
- See how many things you can thank Hashem for. See if you can feel one finger as you thank Hashem for thing one and the next finger as you thank Hashem

for thing two.

- Make an oak-tag with 100 boxes and see how many boxes you can fill in with things you can thank Hashem for.
- Play unit games. This means have games that include all the family members who are home. For example: Sit in a circle so everyone can join in. Each person can do one motion that is different than the person near them. This creates safety and security.
- Asking children what they heard or how they feel instead of telling them more details or information is important.
- Be there for your children and be there to support whatever they are feeling.
- Discussing feelings and using an expansion technique: For example: What feeling are you feeling on a scale of 1-10? How intense is that feeling? Where in your body do you feel that feeling? Place your hand over that place. Add in love to that place by taking a few deep breaths while you tap that place.
- Say 'Henie Lo Yonum V'lo Yishan' while pretending

you are taking a ring off each finger. Adding in sensory experiences to what we think about helps solidify the process.

- Limit exposure to information. Too much media and information can be difficult on children.
- Whatever they are feeling is ok. Normalize their feelings.
- Know it's ok for the kids to have time to play and have fun.
- Create a safe place in your mind. Think of a calm place where you would like to be at, preferably in nature. What do you see in that place? What do you hear in that place? What are you touching. What do you smell or taste in that place. Whenever you feel any big emotions, you can image you are in that place. Tap on your heart putting in some love while you take deep breaths. Envision how Hashem is watching over you in your safe place.
- Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional

The second that Yom Tov was over, I went to the computer to look for a flight. I tried to get a flight to any safe place:



Italy, Spain, Europe, USA, anywhere. However they were all overbooked. At that time only El Al was flying.

I waiting on the phone for El Al for almost three hours. The El Al representative checked many, many flights for me.

“This one is booked -21, this one is booked -4.” I said, “So make me -5,” but she would not do it. I hung up feeling concerned, but then I reminded myself that Hashem would help me and I would land in Newark. Some people said that I should keep my flight that was later in the week with El Al. However, I didn't know how much longer the airport would be open and I needed to get back. My phone and computer only worked in the dining room so although I wanted to pack for when I get a flight,

I was working nonstop on the phone and computer to get a flight. I could not pack at the same time because my possessions were in the bedroom.

The second Yom Tov was over in America I spoke to my family and asked them to help me get a flight home. They tried calling many travel agents, to no avail.

Then I called a few people who have different types of connections.

They all said the same thing: There are no flights.

All night I kept saying: I am leaving tonight, I am landing in Newark, I am getting home. I reached out to Rabbi Golombeck. Rabbi Golombeck said, “You have nothing to worry about. It's already all worked out perfectly.”

All throughout that night I heard noises in my hallway. I was so scared that maybe non-Jews came into the building.

Then I reminded myself: I am not alone; I am with Hashem, and Hashem is watching me. I braced myself and opened the door to my apartment. It was 5:00 am. I saw a nice family from Boro Park leaving with their suitcases.

“Where are you going? You got a flight?” I asked. “We are go-

ing to Cyprus,” they responded. “Can I come with you?” I asked.

They said, “Here, call the travel agent. We can’t wait because we will miss our flight.” They also gave me their driver’s number to see if he could get me another driver.

So I tried the travel agent who said he had nothing for me and hung up. I knew only Hashem could help me.

I called the family back and asked them to call the travel agent. The travel agent said I should text him my info and he could see what he can do. It looked like he got me a flight. The flight was in two hours and I was in Yerushalayim. Meanwhile, I was saying 'Hakol Yachol' all this time!!! Over and over and over again, and I kept saying, “I am landing in Newark” and “I am leaving tonight.”

I threw whatever I saw in front of me into a suitcase. I called the driver and he said he has no driver. I called my friend (Family K) and woke her up in the middle of the night. I told her to please get me a taxi immediately for a flight I might have (it wasn’t 100 percent confirmed yet). The taxi arrived five minutes later, and I got in with most of my stuff

(I left a lot of stuff behind but that was ok).

The travel agent told me to go to the airport and he sent me



a confirmation for the flight to Cyprus on the way. I needed to get through to my Rav who had been away for Yom Tov, and his cell phone was not working. I said 'Hakol Yachol' to find a way to reach him. I had my friend in Lakewood call all his children until she reached one of the Rav’s sons and he gave me another cell phone to reach him at. My Rav gave me a brachah that it would work out and I would get home.

Throughout the next two days I was in touch with my Rav and Rabbi Golombek at all hours of the day and night, who gave me so much chizuk that I would land in Newark and get home safely.

I got to the airport and went to find the family I was joining, that I had met for a few moments in my hallway. They

were on the business class line because the regular line had about 1000 people ahead of us and our flight was in less than an hour. The family had a water bottle that they had just bought for me. I am so grateful to this family I had just met that treated me like family. Mi k’amcha Yisrael.

I kept saying Mizmor L’Sodah and telling the family to say it with me. I kept thanking Hashem for bringing me back to Newark. I knew I was not alone and with Hashem. Whenever I felt scared I said Hakol Yachol, Mizmor L’Sodah and started thanking Hashem for lots of things. I said Shema as well because I know Hashem is Echad. It is ONLY Hashem. The person ahead of us got to the counter. The attendant asked, “Are you traveling business class?” and he said “No.” She sent him away to wait on the long line. He pleaded and begged to no avail. I said 'Hakol Yachol' a lot and they let us through the business lane as a group. They didn’t ask me any questions except for my relation to the group and I said we are family friends.

It was 6:52 am and our flight to Cyprus was at 7:30 am. We went to check in our baggage and for some reason they

thought our flight was at 7:00 am, while in reality it was at 7:30 am. They refused to let us check in. I knew it didn't make sense but I also knew Hashem has a plan and I felt calm knowing that Hashem's plan is perfect. I said over and over to the family, "We need to see ourselves landing in Newark."

At this point, we were at the airport with about 5,000+ people and no ticket to anywhere. At the door of the airport were five non-Jews and they were just standing there staring in. I was afraid. I said 'Hakol Yachol' the entire time, over and over and over again. I also continued thanking Hashem that I can see and hear and taste and touch.

The family I was with went on a line someplace to try to get tickets. They came back and said the line was too long and that people were not even getting tickets. I knew that saying 'Hakol Yachol' can change things. I told the family that I was going to look around myself. I went on the ticket line. There were hundreds of people ahead of me. People came back and said they had been waiting for four hours and didn't get any tickets until Thursday. (It was Monday

morning) I knew very strongly that I wasn't going to go with teva, nature. I knew that I was going with Hashem.



My mother stayed up with me that night (and the next). I was waiting on the line for hours. I had not slept at all and had no food on me in my rush to get out (and had not eaten in a while), but I said that the same Hashem who gives strength from sleeping and eating can give strength when someone is not sleeping and eating. I was feeling faint and I said, "Hashem can give me strength."

All of a sudden, an attendant came by, and he gave out water bottles to anyone who was waiting on my line. Other people in the airport wanted water, but he said that they can't have any; it was only for the people who were waiting on the ticket line. Hashem sent me water to revive me.

While I was on line, I also called El Al and had a chat with

them. I waited on the phone for a while, and they said that there were no tickets available to Spain, Italy, Europe, USA, or any other location. I needed a nes, but everything is equally easy for Hashem.

After many hours of waiting on the line in an extremely chaotic situation, it was my turn. I called the family and told them that I was at the front of the line and they could join me and try to get tickets as well.

We tried as a group but nothing worked; she said, "There are no tickets today."

I said to the attendant, "Hakol Yachol, you are the best worker. Can you please try again?"

The family didn't want to separate, so they only wanted at least six tickets. (It was seven tickets with me.)

She said that she has a ticket to Florida for one. I said I would take it. Then she tried to put it through and said, "Sorry, it won't go through." I decided that I had to believe 100 percent that I am encased in Hashem's loving kindness and there is no one and nothing else. I had to believe with my mind, heart, soul, and body that I am leaving today. I was extremely tired and hungry but this emunah gave me strength. I said,

"Please check again for a ticket for one. I will pray on it." She checked and shook her head no. I said, "Please check again. You are the best person. I will pray on it." She said there are no flights.

Meanwhile, a fight broke out right near me at the airport ticket counter and people were screaming and crying. I said continuously Hakol Yachol, Hakol Yachol. I asked my mother to prepare a 'Thank You Hashem party' for when I get back. I kept talking to her about the Thank You Hashem party she was preparing.

Then I said to the attendant, "Please check again."

She started crying. I asked her what happened, and she said "More IDF soldiers were just killed." Hashem should protect us all!

I gave her a few minutes to compose herself. Then I said, "Please try again for one ticket Hakol Yachol!"

She looked and said, "Ok, I have one ticket to Portugal." I said, "Ok, I will take it! She tried to book the ticket but it didn't go through. I was saying Hakol Yachol and seeing the plane land in Newark. She kept trying and shaking her head (no, it wasn't going

through). She went over to someone and came back and said, "I got you the ticket, now I need a credit card." I gave her



my credit card but she said it didn't go through. I got a text on my phone from my credit card company, saying that they thought the transaction was fraud. I okayed the transaction but I gave her a different bank card that worked.

Now I had my ticket in hand and I called my mother to try to get me a ticket home from Portugal to Newark. I davened for the other family. Their travel agent got them six tickets to Athens on a small airline that just opened up. I was happy to go with El Al because their planes are equipped to deal with missiles.

Now I had a question: Should I try to join the family in Athens with a different airline that would leave earlier and be together with people or keep my ticket to Portugal??? It was

in the middle of the night in America so I could not reach my Rav.

I had no idea what to do, yet my gut told me to keep my ticket to Portugal.

I waited in line by check-in with the other family to ask if they had a ticket for me to Athens. They said that didn't have any more tickets for me so I felt like it was a sign from Hashem to keep my ticket to Portugal.

It was really still four hours to my flight, but I went through security and checked my bags. It was a huge hashgachah that I checked in my bags because of what happened next.

The siren went on after I checked in my bag and went through security. I was myself with Hashem at this point as I checked in at a different place than the family, because we were flying different airlines.

Everyone was screaming and



running and crying. The staff were screaming, "They're here, they are here, they are here," and they said other things in a fast, chaotic Hebrew (although I know basic Hebrew I could not understand the words because it was fast and chaotic).

We all ran to the stairs that were set as a bomb shelter. In the bomb shelter there was a non-Jew right near me and other non-charedi people. I didn't see anyone I could ask about what happened. What I thought happened was when they said "they are here" they meant the Goyim were here ("they are here") surrounding the airport with ammunition. I thought this because I had seen five non-Jews at the entrance of the airport just standing there and staring.

I called my mother and stayed on the phone with her the whole time that I was in the shelter and said 'Hakol Yachol, Ain od milvado, Shema Yisroel, I'm sorry for all the aveiros I did, Mizmor L'Sodah, and I kept saying it over and over.

I asked my mother for everyone to make a list of things they thank Hashem for. I asked her to start preparing for the 'Thank You Hashem party' that we would have when we got

back.

My mother calmed me, saying, "You will be fine, you will land safely." My parents didn't



know that I thought it was much worse than missiles.

My father got on the phone and he told me I went to Eretz Yisrael for a mitzvah so I would be protected. I knew that saying Hakol Yochol could make our shelter safe, no matter what was happening. After what seemed like forever, we were able to leave the shelter.

It was a huge nes that I didn't have baggage that I had to shlep to the shelter or leave behind without watching it. It was also a huge nes that we were not on the plane yet. The people who had boarded planes had to leave the plane and lie on the ground and cover their heads and hope for the best. Later on, I realized that the airport staff had been saying, "They are here — meaning the bomb shelters are this way —

they are here."

We went back through the last checkpoint. Earlier in the day, the family that I was with had told me that after the security checkpoint there is a kosher store where I could buy food. I went to the kosher store (check the hechsher with your Rav under this circumstance I used this hechsher) and ordered sandwiches and apple juice. I really should have bought much more food at this store but for some reason I didn't think of it.

There were a lot of Yidden waiting in line at the food store. Everyone was very worried after the sirens. Everyone was scared the planes would stop flying due to the missiles that were in our area. I started making bitachon buddies. I told people the story from The Spring Hill Times (written above, about the lady who said she would have a full-term baby) and we would each have bitachon for each other. I told a lady, "I see your plane landing in Madrid, Spain and I see my plane landing in Lisbon, Portugal." We did this over and over I told many people I was having a big party on Shabbos to celebrate coming home. I suggested that if they wanted they could all do the same. I

shared how I kept saying Hakol Yachol and Mizmor L'Sodah and we gave each other chizuk we called ourselves bitachon buddies and kept messaging each other.

Then I found the family who I had been planning to travel with to Cyprus, in the airport, also waiting to board the plane. I also found a store to buy a carry-on suitcase. This was a huge hashgachah, because I had already checked in my carry-on bag and was carrying too many things, and my back was hurting. I found a place to sit and eat and charge my phone. This was also a huge hashgachah because I really needed to charge my phone and all outlets were taken. I davened to Hashem and found one in an empty corner near a chair and table, so I was also able to sit and eat while my phone charged...

While I was waiting for my plane, I was in touch with many people, sharing bitachon stories. Everyone loved the stories and they calmed down from hearing them. I told many, many people the story with the mother who said that her baby would be born full-term and healthy. I also said Mizmor L'Sodah tons and tons of times, and I told people how

I am thanking Hashem that I can see, hear, taste, touch, and smell. I continued to share that we needed to imagine the



plane landing. People were extremely worried at which point planes would stop taking off.

I didn't see any frum people at my gate to Portugal. I called my Rav as soon as it was 8:00 am American time and asked him if I should try to get on a plane that was leaving right then to Athens (mine was still in about 2.5 hours). He said, "No, go to Portugal." I asked him if I have a havtachah that the plane will leave safely (as people were really worried if and when the planes would stop departing), and he said: yes!

I didn't have a siddur on me but I had a tefillas haderech on me that my mother had given me as a gift a while back to use when I travel!!!

My father said he learned an entire mesechta for my zechus to get home safely and we will

have the siyum at my 'Thank You Hashem party' when I get back. This gave me great comfort as well. Both my Rav and Rabbi Golombeck told me many times that I would land safely and everything would work out well. Looking back, it was a real real nes that I heard the family in the middle of the night leaving to Cyprus so that I got to the airport.

I had tried to get a ticket from Portugal to Newark online after I checked in my baggage. However, in the middle, the siren rang, and we had to go to the bomb shelters. Now I had another minute, so I tried again.

This time, it was about four times the price and there was only one ticket available, a very expensive ticket, on a United Airlines plane.

I booked the ticket. I tried to log into my booking to check in however I could not log in. I was hoping it was a real ticket as there were many scam tickets going around.

I had a confirmation code but could not access the ticket. I said 'Hakol Yachol' over and over. I continued to have more bitachon buddies where I shared with people about Rabbi Golombeck's bitachon ho-

tline and The Spring Hill Times and stories about Hakol Yachol. I tried to spread it as much as possible specifically because on the cover of the Sukkos issue it said a story about a couple who had a baby after 18 years after spreading bitachon for two years.

I finally had a minute to sit down before boarding the plane to Portugal. I sat down near a family from Teaneck who would be on my flight. The mother shared that she had booked a hotel for when we got to Portugal. The members of this family were the only other Jewish people on the flight. Hashem made her tell me this piece of information that would be so helpful to me. I forgot that I had wanted to book a hotel so I wouldn't have to stay in the airport overnight and I could try to catch a few hours of rest. I asked her for the name of her hotel and I booked a room for myself as well.

Finally, it was time to board. On the plane I was very worried that a missile should not hit while we were on the plane. I said hakol yochol and Mizmor L'Sodah. We were waiting for takeoff, but the plane was not taking off. Finally there was an announcement that takeoff

would be delayed. The delay must have been about an hour or two. I was nervous about the missiles. If a siren would



go off while we were on the plane, we would have to exit the plane but we wouldn't be able to get to a shelter so we would have to lie on the ground. I reached out to Rabbi Golombeck as I was very nervous. He said the plane would take off within ten minutes.

And just like that, with Rabbi Golombeck's bitachon fueling it, four minutes later the plane took off. I said Hakol Yachol over and over again while we were in the air until we were out of the area.

When I entered the plane, I had asked if my seat could be upgraded. They told me it was a full flight and would not be possible. However, right before takeoff I was upgraded to a better seat. There was much hashgachah in that because even though I didn't fall asleep

I was more comfortable. At this point, it had been many hours since my last meal!

I heard suddenly an announcement, "Due to the situation on the ground, we will be landing in Zurich." I started to worry. I didn't know what to do. I already had a ticket from Portugal to Newark and a reservation at a hotel and now everything was switched. I said Mizmor L'Sodah. I asked the attendant about the announcement. He started laughing. "No," he said, "the announcement was: 'Due to the situation, we landed no food on board except a sandwich.'" Between the announcer's strong accent and the fact that I was so tired and hungry, I literally could not hear straight. "Oh," I asked, "Is the sandwich kosher?" It was not a kosher sandwich. It was open, and it was meat. I would have no food. They gave me fruit, however I wasn't sure if I was able to eat it since fruit in Eretz Yisrael needs a hechsher. (Later, my Rav told me to eat it when I landed. Check with your rav as it may have been because of the situation I was in.)

During the flight, I wasn't feeling well. The attendant noticed and said, "You need food or

sugar," but the only thing that he had to offer me was Coke. I took Tylenol that I had brought along and drank the Coke and davened to Hashem to feel better.

Finally, after what seemed like days, we landed in Lisbon, Portugal. I immediately called Chaverim of Lakewood. Mi k'amcha Yisrael! It's unbelievable how Yidden love each other and are just ready to help each other at every step of the way in any which way. There is NO other nation as precious and holy and giving as Klal Yisroel.

I told Chaverim that I just landed in Lisbon, Portugal and I need help. I had a few things I really needed, including food. It was 11:00 pm Portugal time.

Within 15 minutes, Lakewood Chaverim sent me a phone number for the Portugal Chabad Rabbi who was waiting to help me. I spoke to the Chabad Rabbi and he was able to help me. He said that he would send food to my hotel with a driver as he lives 40 minutes away. He told me that the area we were staying in was safe and it was safe to take an Uber to the hotel. I met the family from Teaneck by the baggage claim. For about a half an hour, we all

tried to get Ubers to the hotel, however no Uber was coming. The airport personnel had said to come four hours before our



flight the next morning. This meant there was not a lot of time left to sleep. (The other family had a much later flight than me.) I called the Chabad Rabbi and asked him if the driver who was bringing me food could pick me up from the airport on the way. B"H, the driver agreed. He arrived a short while later, and was so pleasant. Hashem sent this angel who took my bags and brought me the food. He said to ask the hotel to order me a taxi for the morning and to ask the hotel staff for a wakeup call in the morning. The driver also changed my money for euros which I would need the following day — and I didn't even know I would need, so I felt like I was with Eliyahu Hanavi.

When I got to the hotel, the hotel staff brought my bags to my

room and I took a shower and ate some food. The Chaverim tzadik confirmed that it was a real flight to Newark. However, he said I would have to check in and request a kosher meal the next day at the airport. I fell asleep for about three hours and woke up on time to get ready to leave. It was a nes that I had euros because in the morning I needed to pay the taxi that took me to the airport with euros.

I got to the airport and there was someone who was wrapping suitcases for ten euro. I wrapped my suitcase because my suitcase broke on the way in to Eretz Yisroel. Then I went to check in. I also asked for a kosher meal at the counter. They said they would try their best to get me one. At check-in the security personnel told me to go straight through all the security check-points (there were a bunch) because the airport staff were planning on going on strike that day, so whoever was not past security would not be able to fly out. Recall how in Tel Aviv I bought a second carry-on to help me carry all the stuff I was holding. So, when I checked in now, I had two carry-ons. It was a nes that the staff didn't say that I would need to pay extra. They took one checked bag and one

carry-on and checked it in for underneath. They asked me if I had anything else besides my briefcase. I showed them the second carry-on that I was taking with me but they didn't charge me extra money for the second one (that I bought in the last airport at Tel Aviv).

Then I got an email that I got \$150.00 refund back. When I saw the email with the refund, I got scared that something happened to my ticket. However, the attendant confirmed that I got a refund because there was a crack in the tray table by my seat. It turned out to be nothing too major other than a taped crack when I got to the seat but Hashem gave me \$150.00 back. Recall there was only one very expensive ticket left. When I bought it I didn't know that it was a business class ticket on the United plane, but it was. This was a huge hashgachah because there were very long lines at the airport. I came three-and-half hours before my flight however had I not been on the business class line I don't know if I would have made it to my flight.

There were a lot of checkpoints. At one checkpoint, tens upon tens of people (maybe

even hundreds) kept cutting the line and going in front of me. There was very little law and order and no one said



anything to the many people cutting the line. I was the only frum person in sight amongst thousands of people. I was worried that I should make the plane but I just said Hakol Yachol and imagined myself landing in Newark over and over again. I said Mizmor L'Sodah and asked my family to continue planning my 'Thank You Hashem party'.

While I was on line, there was a suitcase that no one claimed. It looked like a chefetz chashud. I told the officer that was standing there that there is a suitcase that no one was taking. It was right near me and we were standing on the line for a long time with no place to move so it was nerve-wracking. The officer said he would tell the police. About twenty minutes later he told the police who just looked at the suitcase

and didn't say anything or do anything. I was davening really hard that Hashem should watch over me and I was imagining landing in Newark and I continued to say Mizmor L'Sodah.

The line was moving very slowly especially since people just kept cutting in front of all others ahead of me. I thought about what Rabbi Golombek would say and started to think "this line will pick up speed. I will make it". From that point on I was just imagining the line moving (it wasn't moving because everyone just kept going ahead of the people in front of them. (There were probably over 1000 people on the line). From that point on, no one cut ahead of me which was a huge Nes.

After I got through the passport control, I heard a bunch of officers screaming. I do not know what they were screaming about but Boruch Hashem I had just got to the other side.

When I finally made it out of the last check point, I started looking for food (I didn't have left from what I got the night before from the Chabad Rabbi). However, to my great surprise there was no food past security in this airport. The only thing that was around

was a small drink and snack machine. I didn't see any OU on the snacks but I got two water bottles with my euros. Again, I felt Hashem's love that I had the euros because the machine only took euros.

I got to the gate at 9:20 am for a 10:20 am flight. There was a bus that was about to leave and I had to get on it. The bus takes you from your gate to the plane. (If someone misses the bus, they miss the plane). The Teaneck family had a later flight so I was the only Frum person on board. The bus drove for a while until we got to an open field. We climbed up the steps to the plane from the outdoors and I knew Hashem would watch over me. I got on the plane and I Boruch Hashem fell asleep for two hours. This was another reason that it was a Nes that I had the business class ticket. It was a seven-hour flight. They had a kosher meal for me so I had a little food. (I was allergic to a bunch of things from the meal but I had enough to get me through the next few hours). I kept davening to Hashem and thanked Hashem over and over and shared the miracles with some of the flight attendants. I kept saying Tefillas Haderech, Mizmar L'sodah, Hakol Yochol and Ein Od

Milvado over and over again throughout both flights.

No one knows how I got an EL AL flight to Portugal and then



a United flight to Newark- but I know and you know it's because Hakol Yochol! Everything is easy for Hashem!!!!

When I landed in Newark, a plane from Toronto just landed with Frum people coming back from Toronto where they spent Yom Tov! I got to share the Hakol Yochol stories with a lot of people while we waiting on line at passport control!!!

Baruch Hashem, after landing,

my driver was waiting outside with pizza from Pizza Plus so I once again had food when I needed it!

I stopped off at my house for a minute and then went to my parents' house. I hugged my mother crying while saying Shema because I knew it was Hashem Echud who brought me home and then I said Mizmar L'sodah and kept hugging my mother. I am so thankful to all the people who davened and thought about me and I daven that Hashem should watch and protect all of Klal Yisroel.

We had a beautiful 'thank You Hashem party' on Shabbos and Motzaei Shabbos. My father made a Siyim. We said Nishmas, Mizmar L'sodah, and shared the Nissem.

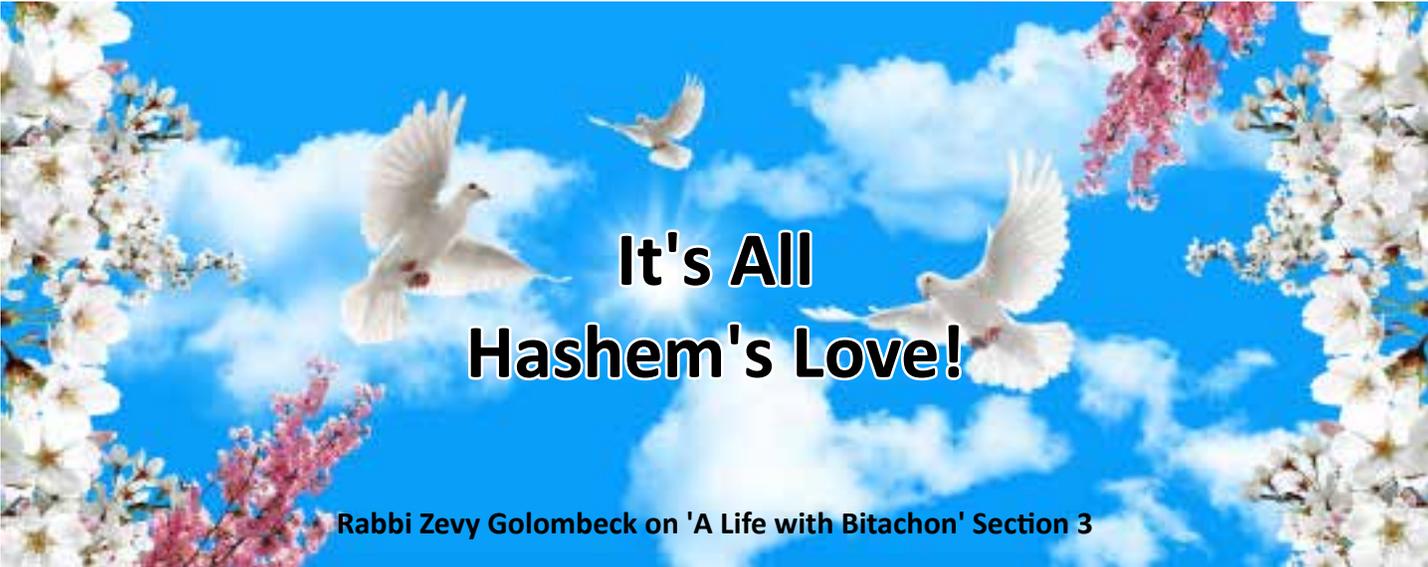
Thank you to my parents' siblings' friends and most of all Hashem!!

We want to continue printing stories thanking Hashem for the people who got back to America safely!!! We want to print as many stories as possible. Send your story to thespringhilltimes@gmail.com

It can be as short or as long as you would like with as many details as possible.

Include your initials or name and where you are from!!!

You can submit a story about yourself or about someone you know !!!!!



It's All Hashem's Love!

Rabbi Zevy Golombeck on 'A Life with Bitachon' Section 3

Q: How are we supposed to internalize that during the heilige Yom Tov of Simchas Torah, the happiest day of the year, when Klal Yisrael is busy singing and dancing, that the enemies of the Yidden should come into Eretz Yisrael and start wreaking havoc? From one minute to the next, so many people became yesomim and almanos. People's lives were lost. People were wounded. People were taken hostage. We are left feeling so worried, anxious, nervous, frightened. We feel trampled on, tzubrochen, tzuklopt. We can't move forward. Why did Hakadosh Baruch Hu make this happen on the happiest day of the year? What kind of kabbalah should we be making? What kind of teshuva should we be doing? What is the emunah and bitachon perspective?

Before we answer this, I got many, many phone calls from hatzalah members and askanim and all different people in Eretz Yisrael who told me that because they follow 'A Life with Bitachon', right away they got to work and labeled this as one big nisayon. They said, "What are we going to do with this nisyaon? We're going to focus on all the chessed of Hashem, and all the Hashgacha Pratis." Hatzalah members and askanim and others told me that the amount of open nissim that they saw in what happened were such that they never saw in their whole life. They are using these stories to go around to be mechazek everyone else, and people are getting tremendous chizuk.

The answer to all these questions is:

My father had an infection in his foot that was spreading towards the rest of his body. We brought him to the doctor, and the doctor said, "You have to get him into the best hospital, with the best doctors. His life is at stake. We have to take care of him immediately." That's exactly what we did. The doctors saw what was going on, and they said, "If you want us to save your father's life, we have to amputate his foot." That's exactly what they did. Do you know, we felt so much gratitude towards those doctors. We sent them notes, letters, gifts. We still keep up with those doctors. We felt they were doing the most amazing job in healing my father.

Now let's stop for a second and play out the same scenario, that someone was in the same situation as my father, he also had an infection, but instead of going to the doctor and getting it taken care of in a hospital, a terrorist came and smashed off his foot. What type of feeling



It's All Hashem's Love!

Rabbi Zevy Golombeck on 'A Life with Bitachon' Section 3

would we feel? We would get upset, angry, frustrated. We would start to feel scared and frightened.

How do we make sense of this? The same exact story happened with my father and this other person, and when it happened to my father, my family felt such positive feeling, we felt such gratitude to the doctors, we didn't have enough words of gratitude for saving my father's life. Here, someone is in the same situation as my father, and they have the exact opposite emotions and feelings?

The answer is because we saw chessed, love, rachmanus. Someone else that had the same scenario but a terrorist took care of that person, they saw evil, darkness, hester panim, and that left them with all these negative emotions and feelings.

Now that we understand that the same exact story can happen with two people and they can have opposite emotions, now we can make sense of why Hakadosh Baruch Hu made this happen on Simchas Torah, the happiest day of the year. When you live with emunah and bitachon, you can interpret everything in the most positive, amazing way. because instead of seeing a human being who looks scary and frightening, he's trying to cause terror, and thinking that he has power, you turn him into cream cheese, a powerless ant. He can't even pick up his pinky or kill a fly if he tried, he's nothing more than a robot and puppet running on strings that are getting pulled. So how is everything happening? The answer is, look up at our loving caring Father, Hakadosh Baruch Hu, the Ribono Shel Olam. Focus on how much love and bracha He's doing for Klal Yisrael non-stop, focus on the chessed and rachamim. With the right mindset, you can view everything in a positive light.

We see so many yesomim and almanos. How are we supposed to interpret that in a positive way? The answer is, you know what's making you so down and tzubrechen? You feel that up until now they had someone taking care of them, parents and spouses, and now they're left alone in the world. But if you live with emunah and bitachon you realize that whoever was taking care of them until now, they were just a puppet from Hakadosh Baruch Hu, the Ribono Shel Olam. Hakadosh Baruch Hu says nobody is left alone, Hashem is the Avi Yesomim, He will take care of them 1,000x better.



Rabbi Zevy Golombeck on 'A Life with Bitachon' Section 3

People left this world. Where did they leave to? They left from downstairs to upstairs. You know where upstairs is? Smiling by the Kisei Hakavod, they never felt so good before. Hashem is wishing every neshama Shalom Aleichim and saying, "You gave up your life because you're a yid, you're kodesh kodoshim!"

People's bodies were wounded. You know what a body is? It's a coat. When a coat gets torn, the neshama starts to sparkle, to shine. The neshama is glowing. A person is not a coat, not his body. Before a neshama came into this world, it asked Hashem to be able to shine and sparkle exactly the way that's happening now.

People being held hostage, it sounds so frightening, because you think there's someone scary holding them hostage. Every single person is being held by Hakadosh Baruch Hu, like a baby in his mother's arms, that's how we have to view it. That's exactly what's happening.

Simchas Torah is a day that's full of simcha, when there are no mitzvos other than living with Hashem, living with emunah and bitachon. If we take the message of Simchas Torah to realize that the way to connect to Hashem is to realize Hashem is our Father and we are his children, and Hashem is taking care of us 24/7 365, if we feel loved and cared for, watched and protected, Hashem will show us open love, open bracha, chessed, and rachamim, and give us yeshuos l'malah miderech hatevah, and that will give us the best protection. When we work on feeling love, Hashem will show us open love, without anything to feel anxious, scared, worried, or nervous about.

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HASHEM IS IN CHARGE!

Rabbi Zevy Golombeck

Illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel*

Question: The Gemara Rosh Hashanah 21a brings a story that Rav Nachman fasted on Yom Kippur. At night someone came and told him that according to the beis Din in Eretz Yisrael Yom Kippur is tomorrow. Rav Nachman responded 'dam tehei achriso'. Rashi explains that he told the man 'I'm going to die because of you' (because I'm going to have fast for two days in a row).

We hear on 'A Life with Bitachon' that everything Hashem does is good. So, why

didn't Rav Nachman respond 'gam zu l'tova'? Why did he respond to the man negatively? Why is he blaming him?

A. First of all, there's another question, because we all know that mitzvas Yom Kippur is not one of the yaharog v'al yavors. So why is he fasting two days if he thinks he's going to die?

So the answer to all these questions is that a regular human being doesn't have the koach, to fast two days, it's pikuach nifashos. However, an Amora, like it says about Rava, had the koach ruchni. He loved doing mitzvos so much, so it was so geshmak to fast. He had the adrenaline to fast two days. That's why some Amoraim fasted for two days, because by them it wasn't dangerous. Just the opposite, because they loved to do mitzvos.

That's what this Amora was saying. He was saying, "Look! I'm ready to give up my life for Hakadosh Baruch Hu, the Ribono Shel Olam! You know why? Because I love His mitzvos! Which means that this was what he lived for, this was what he enjoyed, to do anything for Hashem. Therefore, for him it wasn't dangerous!

And this is what he's saying: I'm ready to give up my life to serve Hashem! That's how much I love Hashem! Therefore, for me it's not dangerous.

If it would've been dangerous, it would've been forbidden for him to fast. The explanation is that there was no danger! Why wasn't there a danger? Because he was saying how much he loves Hashem.

If you look at the pssuk the gemara brings, a possuk in Eicha that the enemies came quickly to chase us out of Eretz Yisroel, and if you look at the Palgei Mayim in the possuk in Eicha he says that it looks like the possuk is a gnai, Hashem is trying to kick us out of Eretz Yisroel as soon as possible, "Get out of here! get out of here!"

The Palgei Mayim says that it's exactly the opposite! it's brought down in Chazal, that if Klal Yisroel would've stayed in Eretz Yisroel a certain number of years, and they wouldn't have

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gone to galus two years earlier, we would've been in galus forever... The only reason why we're going to go out of galus is because we went into galus two years earlier, k'minyan v'noshantem. Hashem chased us out of Eretz Yisroel specifically to keep us alive in order for us to be zoche to Mashiach, and that's why we're going to soon be zoche to see Mashiach. So, the Palgei Mayim says, what looked like it was bad was really the best thing!

That's exactly what they're bringing in the posuk. It looks like this guy's my enemy, he wants to kill me, he wants me to fast for two days, really he doesn't chap that that's gufa my chiyus! That's what gives me geshmak in life! You want to make me have happiness in life? Get me to fast because fasting is my chiyus.

When you serve Hashem with a geshmak, that's chiyus and that brings life. Fasting, for someone who enjoys fasting, is going to give him extra arichus yamim because mitzvos always bring arichus yamim. Yiras Shamayim tosif yamim - when you serve Hashem, it always brings arichus yamim. Ki heim chayeinu v'orech yameinu.

"It looks like the guy wants to kill me; I have to fast two days - no! Ki heim chayeinu v'orech

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1

Soul
Nation
Torah
Goal
Destiny
Father in Heaven



***Rejoice over your friend's success!
Show him how much you love him!***

Because YOU are HIM and HE is YOU!

United We Stand!

Story Time

Stories From 'A Life With Bitachon'



Sparkle Neshama Wash



Clean out your Aveiros!

Wash away Yesurim!

Wipe away all dirt!

Save yourself a trip to Geheinom

Looking forward to serving you!

Mr. Bizyonos

#-1623 This story has been called in by Mrs.

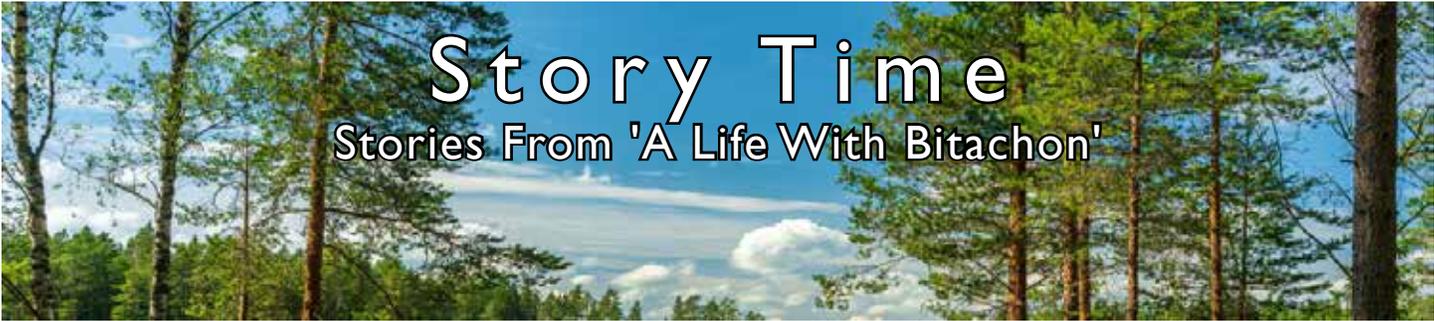


Grossman. One of her children was walking by the drain in front of the house. Accidentally, something very, very

important fell down into the drain. She was thinking, "How in the world am I going to get it up? It's all the way down into the ground." She was thinking of all different possibilities and ways. *Do we have a long stick that maybe could pull it out?*

Then she said, "One second, why do I have to figure out how to help myself? I follow 'A Life with Bitachon'. I know that HaKadosh Boruch Hu is constantly showering us with so much open love, Bracha, Chesed, and Rachamim. Hashem is a Kol Yachol, and Hashem is taking care of us. Let me just leave it up to Hashem."

A minute later, all of a sudden, a Chaveirim car stopped right in front of her house. She was thinking to herself, "What? I didn't call Chaveirim. How do they know to come?" The Chaveirim member saw that she looked perplexed,



Story Time

Stories From 'A Life With Bitachon'

and he said, "How can I help you?" She said, "Well, something very important fell down the drain. I was just thinking about how am I going to get help, and you just come out of the blue, I didn't even call you." He said, "I'll tell you the truth. You didn't call me. But your neighbor called me; he had a flat tire, so I came to fix the flat tire, but if I'm here anyway, let me go check." With that, he put his loooong magnetic stick all the way down into the drain. He picked it right up; it came out, 1-2-3, with the best service!



#-1624 This story has been called in by a very Choshuve man by the name of Mishpachas Lambert.

He said over that he had a Chavrusa that right when they would start learning, he would put the air conditioner full blast blowing right at him. For R' Lambert, it felt very, very chilly. He knew his Chavrusa would not appreciate if he would tell him to turn it off. This had been going on already for a few days, and

he didn't know what to do; he was so uncomfortable. Then he stopped and said, "One second, why do I have to figure out ideas how to make sure that my Chavrusa doesn't turn on the air conditioner and it doesn't get uncomfortable for me? Let me just leave it up to HaKadosh Baruch Hu. Let me leave it up to the Ribono Shel Olam. He's in charge of emotions. He's a Kol Yachol; He can do everything and anything, and with that, I'm just going to leave it up to Hashem."

The next day, they started learning. Right away, the Chavrusa went to turn on the air conditioner, and it started blowing all over. A minute later, he said,



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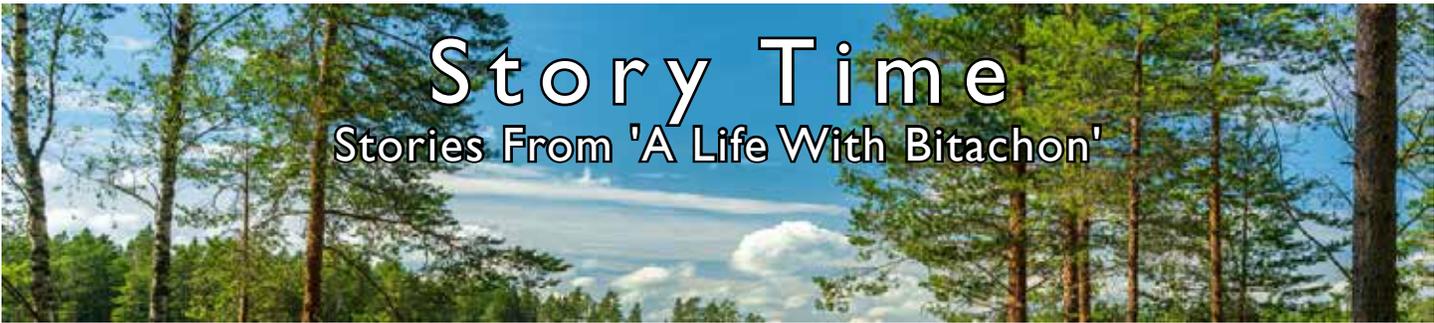
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Story Time

Stories From 'A Life With Bitachon'

“One second. It's so chilly for me. It's so cold. I don't like this air conditioner anymore.” With that, just like that, he turned it off. Now, Boruch Hashem, they learn every day, so Geshmak, so comfortable, with no air conditioner blowing on them.



#1641- This story was called in from Montreal by Mrs. Klein. She had a doctor's appointment scheduled for a certain time. When she came to the doctor's office she saw lines out the door. She remembered that in the past when this happened she had to wait for over an hour. She was thinking to herself, she really had a lot of things to do. She didn't want to sit and wait for an hour. She asked the one behind the desk, “How long will it take? When will it be my turn?” The receptionist said, “I'm sorry, Ma'am, to inform you that you might have to wait a very, very long time. There are many people ahead of you, and there's nothing for us to do. Just get yourself comfortable to wait for a long time.”

As she was walking away from the receptionist, she thought to herself, “What did she just say? There's nothing for me to do because



there's many people ahead of you, so get comfortable waiting for a long time. Well, I believe that she can't do anything for me, but that doesn't mean I have to wait for a long time, because I believe that Hakadosh Baruch Hu is in charge of helping me out and taking care of everything. Once I realize that it's Hakadosh Baruch Hu, I'm going to have bitachon that they're going to call me in 1-2-3, and I'm going to be out of the doctor's office in ten minutes.”

She was sitting in her seat, and she said, “Hakadosh Baruch Hu, I'm leaving it up to you.” Just as she said that, they called her name. They checked out her baby, the doctor said, “Beautiful, perfect!” She looked at her watch, and saw that within ten minutes she was out the door!



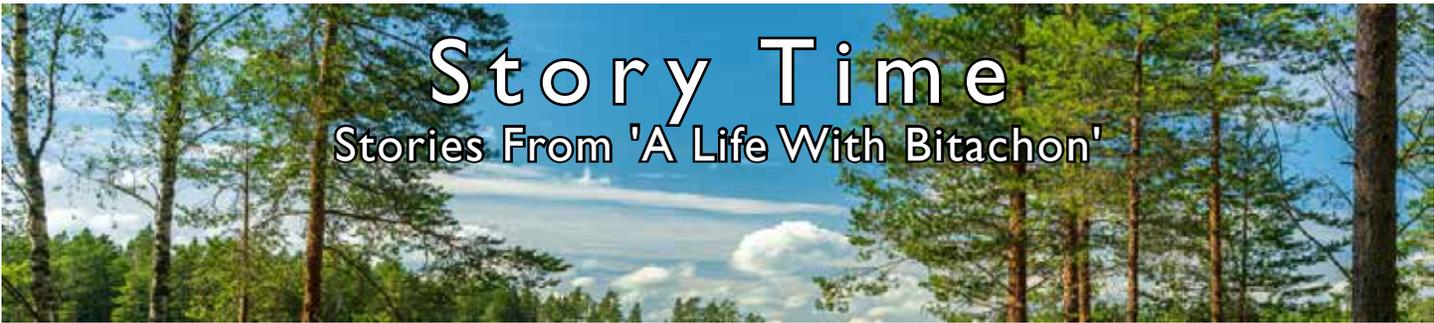
#1642- This story has been called in from Eretz Yisrael by Mishpachas Benjamin. One of her siblings asked her, “Can you please

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Story Time

Stories From 'A Life With Bitachon'



do me a favor? I have an appointment today, and I need you to watch my children. Can I bring over my children for you to watch?" Mrs. Benjamin said, "Yes, of course, but I'm just going on the bus, I have to do one errand. Is that a problem?" She said, "If you're okay, then I'm okay." Mrs. Benjamin said, "Sure, no problem, bring them over at once."

After her sibling brought them, and they were already waiting at the bus stop, she realized, "Uh-oh. Right now I only have money for the bus for me and my kids. I don't know if I have money for all the other kids. But what should I do? We're already at the bus stop." She said, "One second, is it money that gets me places? It's Hashem Who gets me places. You think it makes a difference if I have enough money, if I don't have enough money?"

She went on the bus with all her kids and all her sibling's kids. The bus driver said, "The payment machine is broken, so today everyone can come on the bus with a free ride, without having to pay." She was able to go on the bus with all her children and all her sibling's children without paying one penny!

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On the way back, she was thinking again, "I don't have money for all the kids, so what should I do? I remember from last time, it's not money that gets me places, it's Hashem!" Just then, she saw her mother passing by, and her mother said, "Do you need a ride somewhere? Come, I'll take you." Just like that, she got a ride, door-to-door service, without paying one penny!

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I offended my husband and he really took it hard. Now I feel like such a failure for hurting my husband so much.

A. First you have to realize that you didn't do anything to your husband. You can't affect another person one iota. Your bechira is only in your mind, but whatever happened to him was decreed in shamayim to happen.

What can you do now? Go to the opposite extreme. Go out of your way to compliment him. Put him on a pedestal. Be extra sensitive to his feelings. This way, you'll have taken a bad investment and turned it into a most profitable business deal.

Q. Baruch Hashem, I have a lot going for me. And although I try not to show off, there is someone that's very jealous of me. What should I do?

A. Jealousy happens when one person views another person as competition to them. They become a threat and consequently wish them bad.

Therefore, make it clear that there is no competition, you're on the same team! Go out of your way to be extra nice to them. Give them kavod, compliment them, give them gifts, write warm letters expressing how much you respect them. Then, they will be happy with your good fortune, because they know that they will benefit from it as well.

Q. I requested a favor from a very close friend, and she promised to do it for me. However, she did not end up doing me the favor. When I asked her why she didn't keep her word, she became upset at me and hasn't spoken to me since.

What is the correct way to react?

A. Why is your friend upset at you? Because you confronted her. Now, she feels threatened by you and therefore she's avoiding you.

In order to regain her trust, approach your friend, apologize for attacking her and affirm that you won't do it again. And in place of the criticism you gave her, show her warmth. Express how much you admire and appreciate her. You may want to buy her a gift as a token of friendship, and in general make her want to be around your company.

Q. There is someone who hates me gives me קללות on a constant basis. And I'm scared that his curses will be fulfilled.

A. A person can't harm you; Hashem is in charge. True,

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there is a concept of קללה in the briaah, but ultimately his words can't have any effect unless Hashem wants them to. Therefore you're not doomed to the 'fate' of the curses. You're in Hashem's hands and you have nothing to worry about.

Q. There are people in my life who I don't get along with. What can be an exercise to restore goodwill between us?

A. The reason a person feels a dislike towards another person is because he's highlighting their faults.

The antidote to this is, to do exercises in thinking about their ma'alos – their positive qualities which make the other person special. When we notice

and appreciate the virtues of others, and identify them with those virtues, we necessarily feel the emotion of love towards them.

Another exercise is to introspect: what is generating the negative emotions I have towards this person? The negative qualities he possesses, or because of the things he did which caused you harm.

The way to cure yourself from these feelings is by including Hashem into the picture. The person's qualities are not 'bad'. His nature is exactly the way it's supposed to be, because that's how Hashem made him. And the harmful things he did to you was actually not caused by him at all. It was Hashem that made it happen to you. When you take the person out of the pic-

ture and put Hakadosh Baruch Hu there instead, you will find it much easier to find a place in your heart to have positive feelings towards him.

Q. When I was engaged to be married, it seemed that my chosson and I were very alike. We had similar personalities and shared the same way of thinking. However, after I got married, I discovered that my husband and I are extremely different from each other. How can I see the benefits of being married to someone so different from myself?

A. What is the difficulty of getting along with someone different? It requires you to go out of the way you view things, and begin seeing things from a different perspective. It's not easy for a person to leave his pre-

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The

Bitachon Perspective

Continued
 conceptions, and accept another person's way of thinking.

However, ultimately this process is therapeutic and critical in order to lead a successful and happy life.

Human nature is to be self-centered. All day and night we are thinking only about ourselves. When a person is constantly thinking, 'What do I want?' 'What will be good for me?', he is bound to be unhappy. Not everything in life will go exactly

the way he would like it, and he will be faced with a lot of aggravation.

When you are married to someone who's different from you, you learn to think: 'What does my spouse want?' 'What will make him happy?'

By doing this you are getting rid of your selfishness, and in turn you will grow to be a much happier person. People who go out of themselves and dedicate their lives to others actually are the happiest people.

However, the benefits of getting out of yourself go even further:

A child is born extremely ego-centric, and our success as ovdei Hashem is to switch this attitude. Instead of the world revolving around ourselves, our achievement is to put Hakadosh Baruch Hu in the center.

In order to facilitate this process, Hashem

put us in a world where we encounter people who are different from ourselves. We learn to break free from our self-centeredness and begin thinking about the other person.

Once we master the art of getting out of ourselves, we can take this concept to the next level, and we start focusing on Hakadosh Baruch Hu.

Therefore, the next time you see how different you are from your husband, you should take it as a message from Hashem. Hashem is reminding you, 'Remember: the ultimate purpose that you were created for is for you to go out of yourself and create a relationship with Hashem'.

It comes out, that the fact that your husband is so different from you is actually a priceless gift. Hashem is giving you the opportunity to grow in your awareness of Hashem, and fulfill the reason you were created.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

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Our Readers Share



Editor's Note: Some of these stories are from Shevat-Adar!

Supper From Hashem



Two of my children went shopping and I wrote on the list that they should get frozen hamburgers and three packages of buns.

They went to the store and there were no frozen hamburgers, and they thought they were only supposed to get one package of buns, not three packages of buns, so they only bought one package of hamburger buns.

When they came home I thought to myself: *Gam Zu L'Tova, if they didn't have the hamburgers I wouldn't have bought the buns. But okay, now we have a package of buns.*

I put them in the freezer.

The next day, I was making supper and I really wanted to make a barbecue-type supper so I decided to make chicken. I had a bunch of packs of frozen chicken cutlets that didn't have so much in each one so I took them all out, defrosted them and marinated them, but it didn't look like quite enough.

Just then the kids came home and they said "Mommy, You're making a barbecue supper? Can we please also have buns and hamburgers?"

I checked the freezer, and saw that we had five extra hamburgers from a different supper a while ago. The one package of hamburger buns my children bought yesterday was just the right amount for those five hamburgers. The hamburgers plus the grilled chicken was just enough for a whole supper for our family.

Hashem made it that the leftover chicken cutlets, plus leftover hamburgers, plus that one random package of hamburger buns Hashem made my children buy yesterday, together was perfect for our supper!

A Reader

Tefillin Rescued from Ramallah

My son was



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on a bus in Yerushalayim, and he lost his tefillin. It really disturbed him, and he couldn't daven or learn properly. We did all kinds of segulos to try to find it.

We were inspired from the story, Parshas Emor, page 10, about the family traveling to Meron. They said if they get the yeshua, then they will announce it in the Spring Hill Times. We therefore said the same thing.

Meanwhile, a woman from Yerushalyaim went to the central bus station in Ramallah, in order to find something that her husband left on a bus.

When she got there, she saw that there were a ton of sefarim, and she asked them what they were going to do

with it. They said they're going to throw it out. She also saw a handbag with tefillin that they were also going to throw out. She asked if she could take it, but they said that she's not the rightful owner.

With her binah yesairah, she called a friend and had her pretend that she was the rightful owner of the tefillin. She took the tefillin, figured out who was the owner was, and Baruch Hashem, my son has them back now!

A Reader

Bitachon Vision



I am an 8th grader from Lakewood, New Jersey and

our school took us on a trip to a water park.

I was in one of the big pools, and I realized that my goggles were off. I was looking all over for them and still couldn't find them.

I said, "If I find them, I'll send in the story to the Spring Hill Times."

Shortly after, I found them!

A little later on, another kid in my class who has a very high prescription lost his glasses. He couldn't see anything, so he called me over and asked me to help him look for them. I looked around and found them even though they were far away.

What hashgacha pratis!

A Reader - Lakewood, NJ.

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Noach

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Do you know the temperature of the water of the Mabul? Was it hot, cold, warm or cool? The answer is based on a connection between a word in this week's Parsha, and a word found in the Megilah. Do you know the Drasha?

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Parsha Delight Question of the Week

פרשת נח תשפ"ד (5784)

The pasuk (6:21) states, ואתה-קח-לך-מכל-מאכל-אשר-גאלל-ואספת-אליד-והיה-לדולהם-לאכלה, and take for you from all foods that are eaten and gather to you, and it will be for you and for them (the animals) to eat. We know from the Gemara in Maseches Brachos (40a), that one must feed their animals before they eat. So shouldn't the pasuk have stated להם-ולך, first for them, the animals, and then for you?

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<u>Happiness 800,000g</u>	<u>25%</u>	<u>Being Mekdesh Shem Shamayim 950,000g</u>	<u>17%</u>
<u>Appreciating Hashem 60,000g</u>	<u>45%</u>	<u>Putting Focus on Human Beings 0g</u>	<u>100%</u>
<u>Emunah 50,000g</u>	<u>10%</u>	<u>Encouragement 150,000g</u>	<u>30%</u>
<u>Bitachon 50,000g</u>	<u>10%</u>	<u>Bringing Hashem and Klal Yisrael Closer 50,000</u>	<u>50%</u>
<u>Love for Torah & Mitzvos 100,000g</u>	<u>15%</u>	<u>Bringing Bracha to the World 750,000g</u>	<u>10%</u>
<u>Making Olam Haba Important 1,000,000g</u>	<u>20%</u>	<u>Giving Hashem Pleasure 50,000,000g</u>	<u>25%</u>
<u>Making Olam Hazeh Important 0g</u>	<u>100%</u>	<u>Middos Tovos 67,000g</u>	<u>40%</u>
<u>Feeling Hashem's Goodness 2,000,000g</u>	<u>1%</u>	<u>Makes You a Better Person 6,000,000g</u>	<u>50%</u>
<u>Love for other Yidden 500g</u>	<u>3%</u>	<u>Yearning For Hashem 12,500g</u>	<u>33%</u>

The Spring Hill Times
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Hashem Loves You!

Currently, there is a war going on in Eretz Yisroel.

Many people have openly seen the loving hand of Hashem in astonishing and truly wondrous ways.

A family member of mine who lives in Eretz Yisroel shared that in a major Jewish community, a rocket landed between five large buildings, and almost touched all five buildings at once. And yet, in a display of an open miracle with absolutely no natural explanation, the rocket just remained in its place, and never exploded.

This stunning miracle demonstrates that Hashem Hu HaElokim, that Hashem, our Loving Caring Father, is the Only One running the world, and everything that happens is really a gigantic puppet

show, with the strings pulled by Hashem Himself.

R' Chaim Voloziner writes from his Rebbi, the Holy Vilna Gaon, that if one places all of his concentration on the reality that 'Ain - Od - Milvado', meaning 'there is no power whatsoever besides for Hashem Himself', then nothing can possibly harm him or her. Everything that seems mighty or powerful is simply a mask and a Purim Shpil, because Hashem Himself is the One behind everything. And when we recognize this, then Hashem says 'You understand that it's all Me - I Myself will protect you and show you how it's all coming from a very deep love beyond our comprehension and beyond our ability to understand or fathom.'

A great Gadol in Eretz Yisroel said publicly that he recommends reciting Tehilim Kapitel 91, Yoshev BeSeser Elyon, as a major zechus for extra Shemira. What is this Kapitel in Tehilim all about? It's about the unfathomable power of trusting in Hashem's overflowing love for us and how Hashem responds by granting those who trust in Him a very special protection beyond understanding. Just read the Kapitel slowly and translate it line by line and you will be amazed at its words and very deep and profound meaning.

The more we think about and talk about Hashem's deep and overflowing love for us, the more Hashem will place us in the very special category reserved for those who truly trust in Him.

This is also the lesson that we learned on Succos, that no matter what, we are always sheltered and protected by Hashem's embrace, all year long.

Everything will be transformed into revealed goodness and revealed Chesed and love.

Keep focusing on Hashem's love and you will see more and more revealed Chesed

Hashem loves us!

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