

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

Issue 123

Toldos

Kislev 5784

TORAH ABOVE ALL!

PAGE 5



This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

**LIFE IN THIS WORLD IS SO WONDERFUL!
THANK YOU, HASHEM!**

Wonderful News

HASHEM LOVES HIS NATION

This past Shabbos and Sunday, in three separate instances, non-Jewish drivers stopped and let the Weiss* family cross Route 88 in Lakewood, New Jersey!

Thank you Hashem for the extra chessed and love!



SHEKALIM FROM HASHEM

PAGE 14

Emunah and Bitachon News

HOW HASHEM SAVED AN ENTIRE VILLAGE

Miraculous salvation in Kfar Maimon – A Heaven Sent Army

Rabbi Fohrman (founder of Aleph Beta Academy for teaching and disseminating Torah) was visiting evacuees from Kfar Maimon at a hotel in Israel. One of them told him how it happened that their settlement did not suffer any casualties, even though it is situated back to back with Be'eri and other settlements that came under attack on Shabbat Simchat

Continued on page 3

PERFECT PLACE

Mr. Leiberman* was driving late at night and his car broke down.

Continued on page 8

Klal Yisrael has the Best Military in the World!



We Have HASHEM!

He is Carrying us in His Mighty Arms!

Spreading Hashem's Goodness all Around the World!

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. צייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף לזכות הנחור משה דוב בער בן אסתר, לוויג הגון בקרוב. לזכות רפואה שלמה: דוד יעקב בן פעשא לאה

לעילוי נשמת:
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued **Torah.**
 from front page
"We were in shul that morning when we heard the sirens go off with incessant rocket attacks. Our Rav told us to go home, go into the safe room and turn on the radio. We learned that terrorists had infiltrated the communities. At the time, we thought that it was just a few dozen and had no idea that it was an invasion of over 2000 Hamas terrorists.

Although every settlement has a volunteer group to defend itself, for some inexplicable reason the army had taken away the guns from Kfar Maimon, so we were literally were unarmed.

I created a plan with my four sons how to defend ourselves if terrorists come to the door. I took them into the kitchen and told them to each take the longest knife they could find and station themselves near the door. Maybe if one or two terrorists came in we would be able to overcome them and my wife and daughter would escape through the back door. Meanwhile, news was coming in that a band of forty heavily armed terrorists had gathered outside the Yishuv and getting reading to blast their way in. We made an emergency call to the army to send us back-

up. IDF replied, "We have no one to send you". All IDF forces were in pitch battle with terrorists in Be'eri, the next-door kibbutz.



At that point, an army helicopter came overhead flying low on its way to Be'eri. The terrorists massed at the gate saw the helicopter and sensed an opportunity. One of them fired an anti-tank

UPDATED DAILY!

KI TOV HASHEM NEWS

- 1: Daily News Update
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- 8: Archives
- 9: Leave a Message



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missile at the helicopter. It brought the helicopter down, the helicopter crashed to the ground but did not explode, its doors opened and 25 IDF soldiers came pouring out and immediately took up positions

as they saw these 40 terrorists. (The helicopter exploded without harming anyone.) In the ensuing fierce gun battle which lasted four hours, the soldiers eliminated all forty terrorists with no IDF casualties.

they were stopped by terrorists who looked inside and saw the Arab and his wife and let them continue.

When they got to the settlement that they were going to, the terrorists told them to get out. The terrorists thought that the Jew was also an Arab. They were shooting all around and the Jew slowly moved to the side. He managed to hide for eight hours until he was saved!

DEAR READER!

We are looking to send copies of the Spring Hill Times to English speaking soldiers that are in the Israeli Army.

WE NEED SOMEONE WHO CAN BRING THEM THE COPIES.

If you are able to help us, please call/text 845-327-5041 or email:

thespringhilltimes@gmail.com

Thank you!

That is why I and my family are here to tell the story to you."

Thank You, Hashem! We love You, Hashem!

SHABBOS SAVES LIFE

This story was submitted by a reader from Eretz Yisrael:

My friend just told me a story that he heard from the person who heard it from the Jew in the story.

The captain of the fire station in the area near Gaza was chozer b'tshuva. Whenever he had to go to the fire station on Shabbos he had an Arab fireman pick him up with the fire truck.

That Shabbos, the Arab came to pick him up with his wife (with the Arab dress) and kid who were in the back seat of the car. He felt something was suspicious, so he told the Arab that his wife and kid should sit in the front and he sat in the back.

On the way to the station,

כי אשמרה שבת א-ל ישמרני!

MIRACLE IN BEIT SHEMESH

Rav Neta Slonim shlit"a told an amazing story that took place in Beit Shemesh:

Behind Ben Ish Chai street, the municipality paved a pathway. Originally, it was intended to allow emergency vehicles access to the backs of the buildings on that street, as the buildings are built on a mountain and there are five stories between the front and back entrances. From the ground floor of one of the buildings, a woman and her children emerged to breathe some fresh air on that lovely pathway, where one could view a forest full of trees, alongside fields. The children and their mother looked forward to a pleasant experience outdoors.

HELPING KLAL YISRAEL RETURN TO HASHEM!



A Sponsor from Chutz L'aretz has donated 900 pairs of Tefillin for Israeli Soldiers!

Please spread the word! To receive a free pair please call Rabbi Noam: 054-470-4884

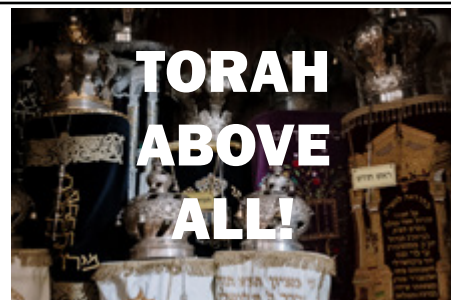
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Another Donor For Free Tefillin 050-261-2665

They took a few steps, and suddenly, help! Heavy wooden boards were falling onto the sidewalk, one after another. The neighbor directly above the path had tied his sukkah boards to his porch using plastic zip ties. The sun scorched them, and they became gradually weaker until, precisely at that moment, they tore completely and the boards fell onto the sidewalk with a mighty thud.

Terrified, the mother closed her eyes. Moments later, when she opened them, she saw that her dear children were all safe and sound. The boards had landed in between them, as if they were puzzle pieces moving into place, and the children stood among the boards unscathed! Frightened and shocked, they thanked Hakadosh Baruch Hu from the depths of their hearts for their miraculous salvation. They returned home to recover from the near-tragedy, and they didn't leave their home until the next morning.

This was not the end of the story. The next morning, the father of this family went outside and saw that one



A not-yet-frum soldier in the Israeli army was injured. He died a clinical death.

When he came back to himself, he said that he was in Shamayim and they brought into a Beis Medrash full of avreichim learning. They told him that the avreichim who are learning Torah are the ones that are fighting for him to stay alive! And that's how he came back to this world! B'zechus Hatorah!

Announcing

אחינו כל בית ישראל TEHILLIM CAMPAIGN

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

If you don't have text you can call and leave message.

WINNERS WILL BE NOTIFIED BY TEXT.

PLEASE SHARE WITH YOUR FRIENDS!

**Mazel Tov to this week's Tehillim raffle winners:
Please spread the campaign to family and friends!**

of the boards had fallen into his yard. When he picked up the board in order to put it outside, he discovered



ered a large poisonous snake. The snake had been smashed under the board and killed on the spot.

The snake died from the force of the board that fell from six stories

up. This occurred at 1 p.m., when the snake was moving in the yard. If the board hadn't fallen at that moment, who knows what would have happened? The snake could easily have entered the house and endangered the entire family. A great tragedy was averted. One miracle led to another, and we can never thank Hashem enough for the miracles and the wonders of the Creator of all worlds.

[Kav Hashgacha Pratis]

CHESED BRINGS BRACHA

In the yeshivah ketanah where Reb Yitzchok was a rebbi, they launched an innovative new program this past year. During third seder, bachurim of all ages and levels learned a seemingly easy maseches independently b'chavrusa. Every young bachur was paired with an older one as a chavrusa, and the rebbeim saw that, Baruch Hashem, this worked out beautifully for both the younger bachurim and the older ones.

When the time came to register for yeshivah gedolah, they saw something incredible: All the bachurim who learned throughout the year with the younger bachurim whose abilities were weaker than theirs – over 50 percent of all those who completed shiur gimmel – immediately received a positive response from whichever yeshivah gedolah they had applied to.

Generally, when the time comes to register in yeshivah gedolah, the rebbeim are prepared to deal with disappointments. They know how often bachurim are not accepted to the yeshivos of their choice, and they have to help them find other suitable yeshivos. They know the process, which includes a lot of pain and agmas nefesh. This was the first time that so many bachurim were ac-



On Sunday, 21 Cheshvon, 5784, over 300 children in Gateshead, U.K., came together to “buy” candy floss and “pay” by each saying 6 Kapitlech Tehilim for the matzev in Eretz Yisroel.

In total, 1604 Kapitlech were said.

Organized by 11-year-old Ari Loebenstein.

Thank you Hatzolah of Gateshead for kind use of their premises!



cepted, smoothly and quickly, within a few hours after they had taken the entrance exams for yeshivah gedolah.

Each of these bachurim had taken upon himself to invest in a younger bachur and to dedicate time and koach to him. Often, it seemed that it was on the account of his own personal advancement, but l'maaseh, these older bachurim only gained.

When Reb Yitzchok told the bachurim who are currently entering shiur gimmel about this discovery, they asked that they too be given the opportunity to give of their time and energies to younger bachurim. They understood that this a type of segulah: If you learn with a weaker bachur, you will easily be accepted to

yeshivah gedolah.

The mitzvah of chessed opens many doors, and there are also great benefits to the older bachur who invests in the younger one. He builds his middos, practices the art of explaining and directing, and acquires wonderful abilities that will stand by him as he continues on his path, to rise onward and upward, with Hashem's help. [Kav Hashgacha Pratis]

Kav Hashgacha Pratis
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United We Stand!

Continued from page 1

Hashem made it happen around the corner from a car repair shop that was open until midnight!!! They serviced the car and they continued as good as new!

Klal Yisrael Loves Hashem's Torah!

Mrs. Braun had a Baby who was six-weeks-old. The baby was colicky and as a result was very cranky and crying a lot. It was very hard for her and many times wanted to call her husband home from learning to help her But each time she said, " I could call Hashem in-

stead, And every time, the baby fell right away asleep.



ly records shiur. One day, after Shiur he left the recorder on the table. Something unusual for him.

The next day, when shiur started, he had an oines and couldn't come on time. But since his recorder was on the table from the day before, the

In Related News:

Shloimy, a 12-grader in Yeshivas Beis Binyomin in Monsey, New York, usual-

gabbai in charge of putting on all the recorders started the recording for him!

R" Yaakov, a yungerman, in Lakewood, NJ, was on his way to yeshiva but he first needed to go to someone's house on the way to yeshiva to bring him something. He really wished to go to yeshiva right away. As he was driving on that person's block, he saw the person walking on the street. he rolled down his window and gave it to him. R' Yaakov was so excited that he was able to continue straight to yeshiva! Thank You Hashem!

The Spring Hill Times Fire Dept.



Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



REMEMBER:

Practicing Safety Saves Lives!



WEEKLY NEWS ROUNDUP

Hashem Looks after His People!



Mrs. Weinberg* needed a substitute to take over her home-based kindergarten while she was moving. Money was tight and she couldn't afford the \$200 a day for a substitute, especially because she also had to simultaneously pay the moving expenses.

She discussed with her mother whether she should take off an extra day to settle down and regain her menuchahs ha'nefesh or continue working. Her mother said, "You need it! Pay the extra \$200, and Hashem will pay you back!"

Later on that same day, the landlord of the basement that she rents for her kindergarten told her that someone gave her \$500 to give to someone who would appreciate it. "Here I'm giving it to you!"

Hashem showed right away

how He was looking after her!
[heard by R' Zevy Golombeck]

Yidden Love Each Other!

A family learning in Kollel for



over 20 years asked on the Bitachon Hotline for advice on their situation. They have an unpaid bill of over \$3000 at a local grocery store and no money to pay it. They were seeking advice on what to do in this situation.

Another Yid heard their plight and rose to the occasion. He called R' Golombeck, got their contact details and sent them a check for the total amount. Mi K'amcha Yisrael!

[Heard by R' Zevy Golombeck]

"One For Me and One For a Friend!"

During the lunch break in Yeshiva, Reuven Walter* was

thinking to himself that an extraordinary delicious, scrump-



tious lunch would really give him an extra boost in his Avodas Hashem.

While he was wondering where it would come from, his friend came over to him and asked him "Would you like an extra special lunch? I went to the store to get something nice and I got two portions, one for me and one for a friend!"

What phenomenal Ahavas Yisrael!

[Heard by R' Zevy Golombeck]

Hashem, The Ultimate Repairman!

The Cohens'* computer wasn't working. They tried fixing pushing buttons and restarting it, but nothing worked. They got to the point where they felt like they had to call a technician.

Then their son Yoni piped up,

WEEKLY NEWS ROUNDUP

Continued



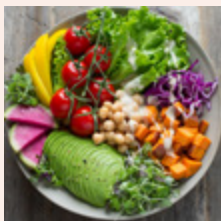
"Isn't Hashem the best Repairman? Don't we hear on the Bitachon Hotline story after story of how Hashem can do everything? He can fix the computer!"

They had bitachon that Hashem could fix the computer. They restarted it again and this time it worked, better than ever!

The more we live with Hashem that He is our Energy, the more He openly shows us how He is the One running everything!

[R' Zevy Golombeck]

WONDER DIET Lose Aveiros Naturally



Just Tell Hashem That You Are
Sorry!



Blown Away by Hashem's Love!

Rav Golombeck was driving his car down a busy street and all of the sudden he felt a thump.

When he checked, he found that one of the car's tires had fallen off. He was so happy when he saw a pickup truck going in the opposite direction, making a u-turn and stop traffic.

The person who came out was a Jew, a member of Chaveirim. He was able to block potentially hazardous traffic and get the tire on, 1-2-3!

Rav Golombeck was so enthralled by Hashem's love, how He made sure everything would work out; exactly when his tire should fall off, that a Chavriam member should see the incident and help him right away!

Bitachon Brings So Much

Bracha!

R' Yehuda Kramer has a Bitachon Kollel in which people get a stipend for putting time into learning the concepts of Emunah and Bitachon. R' Kramer's phone has been ringing non-stop with people interested in becoming members of the Bitachon Kollel ever since Rav Golombeck spoke about this wonderful Kollel on the Bitachon Hotline.

R' Kramer was struggling to get the money to sustain the new surge of Jews joining his kollel. But he felt that he had to continue after seeing how much his kollel is doing, literally saving lives.

He was at a family sheva brachos and he saw a relative who told him that he would like to donate 54 dollars through a credit card, but instead of typing 54 he typed 540, so he said "it's min hashamayim, I'll give \$540."

Another yid gave him \$400.

Another yid gave him a couple hundred dollars.

By the end of the sheva bracha, he received over \$1600 for his kollel!

[R' Zevy Golombeck]

TIME FOR REVIEW



KI TOV HASHEM NEWS

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Update

3: Weather

7: A taste of the
Spring Hill Times

8: Archives

9: Leave a Mes-
sage

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DAILY!

להגיד בברכה
חסד

**BREAKING
NEWS**

ואמונתך בלילות

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A Taste of the Ki Toiv Hashem News Station

Hashem Protects Kal Yisrael

According to reports coming out of Eretz Yisrael, A group of soldiers in Gaza, had sat down, after a battle, for lunch.

One soldier was fiddling with his gun and it went off, scaring everyone

He calmed everyone down but then said, "Let's make sure that I didn't hit anyone outside."

They went outside and saw a dead terrorist. The terrorist had been carrying a RPG Missile and was creeping up on them.

Baruch Hashem, The stray bullet killed him

הנה לא- ינום ולא -ישן שומר- ישראל!

.....

Woman Trusts in Hashem

Mrs. Neuman was looking for a job for a few months already. She applied to quite a few opportunities, but nothing worked out.

On this past Sunday, she decided that she just needed to realize that Hashem is the Kol Yachol and honestly believe that He could get her a job.

As an act of bitachon, she decided to stock her freezer with meals be-

cause she would be getting a job this week.

She was talking to her sister and she told this to her sister. Her sister thought she was joking. On Sunday evening she had an interview and got a job! Mrs. Neumann wasn't even surprised! Because she knew that she would be getting a job this week.

Hashem is the Kol Yachol after all!

.....

All You Need To Do is Daven!

R' Yosef* from Eretz Yisrael received a phone call from his friend by the name of R' Dovid. R' Dovid asked him if he knows of anyone who needed small work in their home, "I haveto work because I need to earn an extra 5000 shekel to cover an expense." "By the way," said R' Dovid, "I'm on the way to Kosel."

R' Yosef told him, "Why do you need a job? Just daven to Hashem." "Good idea, said R' Dovid, "I'll daven."

R' Dovid called back R' Yosef the next day and said: "Today in the morning, my grandfather from Chutz la'aretz called me that he

wants to give me 5000 dollars!

He davened for 5000 shekel and got 5000 dollars!

ברוך שומע תפלה!

.....

Yidden Are Mevater

It was Thursday afternoon and four meshulachim were in Newark waiting to catch a 3:00 flight to Eretz Yisrael. They noticed a commotion. The airline had over booked four people and they couldn't fit on the flight. They were screaming and yelling. The four meshulachim decided to be mevater and give away their seats. The airline then gave them back their money for the tickets.

The next fight out of Newark was at 9 p.m. and they realized that they would arrive in Eretz Yisrael at 3:30 p.m. and Shabbos was at 4:30, not enough time. The airline told them to go to JFK Airport. There was a flight in two hours that had four seats available. They went and they flew to Eretz Yisrael.

When they arrived in Eretz Yisrael, they heard that the original 3:00 flight they were supposed to

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go on, had never taken off! There was a problem with the plane and it couldn't take off. All passengers were sent home until the week.

The Mevater Always Gains!

.....

Chesed and Tefilla Join Forces!

Hadassah had a brother in shidduchim for a very long time. Her friend had a sister who was in shudduchim for a very long time. They made up: "I daven for your sibling and you daven for mine."

On Day 39, Hadassah's brother became a choson. On day 40 her friend's sister became kallah!

ברוך שומע תפלה

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Perfect Timing!

Mrs. Engel from England was making a wedding. She needed thousands of dollars. She had no idea where the money was going to come from. She spoke to her husband and they realized that they have only one solution, to leave it up to Hashem.

On the day before the wedding, they got tax return from 3 years ago! It was the amount that they needed!

השלך על ה' יהבך - והוא יכלכלך

.....

Mrs. Slaytin was looking for an important item for a few weeks already. She then said, "Hashem, I thank You for helping me find it." She pictured that Hashem had already helped her. And yes, a couple of minutes later she found it!

עזי זמרת י-ה ויהי לי- לישועה!

.....

Klal Yisrael is coming Home to Hashem

According to reports coming out of Eretz Yisrael, a Kiruv Rebbtzin said that in the past whenever she gave shiurim for non-frum people there used to anti Chareidi people outside making a protest. Now all those people are coming to her shiur! They are starting to keep Shabbos, tefilla, challah and other mitzvos...

וְנִתְּתִי לָכֶם - לֵב חֲדָשׁ - וְרוּחַ חֲדָשָׁה - אֶתְּנוּ בְּקִרְבְּכֶם

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Hashgacha Pratis in Chestnut Ridge

Mrs. Klein from Chestnut Ridge, New York, decided this past Erev Shabbos, that she would make ex-

tra food for Shabbos. She wanted leftovers for supper on Sunday.

Forty-five minutes before Shabbos, she received a call from her bother. He was on the way to Lakewood with his family for Shabbos but did not have enough time to make it there before shkiya. He turned around and was coming back to Monsey. He asked Mrs. Klein if they could come to them. Mrs. Klein said, "Sure we have more than enough food!"

Hashem had put it in her mind to make extra food for the guests that He knew were going to come! Mr. Klein then went down to the basement to bring up a porta crib for the guests. He noticed that there was water on the floor. It was leaking from the bathroom upstairs. He doesn't usually go to the basement and if not for the guests, the leak would have gone unnoticed for many days!

וּדְבַרִי נִפְלְאוֹתֶיךָ - אֲשִׁיחָה

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Lakewood Boy Gives Tzedakah

Eight-year-old Tzvi Meir from Lakewood, New Jersey, knew that one doesn't lose out from giving

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A Taste of the Ki Toiv Hashem News Station

tzedakah, so he put a dollar in the pushka. Someone came collecting, and he also gave him a dollar. The next day Tzvi Meir found \$5 on the floor. He got back more than double!

ובחנוני נא- בזאת!

.....

Klal Yisrael is Racing Towards Hashem

We reported last week about a mother whose daughter was kidnapped by Hamas. She made a gathering of hafrasha Challah and davened to Hashem. One of things during the gathering she said was, "I love You Hashem."

In response to this, a non-frum Knesset member spoke, in the Knesset, all about Hashem, Emuna, Tefila, Ahavas Hashem and Kiddush Hashem!!!

U'malah Ha'aretz De'ah as Hashem!

.....

Bitachon Goreres Bitachon

Mrs. Silver needed a cleaning lady past Erev Shabbos. She then heard the story on 'A Life With Bitachon' of a lady said, "Hashem. I'm going outside. I have bitachon there will

be a cleaning lady there for me. She walked out, and right there by her front lawn was.... a cleaning lady. So, Mrs. Silver said, I'll do the same. She then walked out and right there was a cleaning lady walking by!

Baruch Hagever Asher Yivtach B'Hashem!

.....

English Woman turns to Hashem

Mrs. Cohen from England wanted to develop a picture of her baby for her mother. She was in the photo store and the machine accepted only credit cards and she didn't have a credit card in her pocket. So, she turned to Hashem and said, "I really want to do this for Kibud Av v'aem. Please help me."

A Yid then walked then in. She told him the situation. He said, "Here you can use my credit card." The price was \$16.99. She then counted how much cash she had in her pocketbook, to pay him for it, and it was exactly \$16.99!!!!

משיגה מן- החלונות!

.....

Sukkah Saves Lives

According to reports out of Eretz Yisrael, a family in one of the towns who weren't Shomrei Torah u'mitzvos decided to build a Sukkah this year. When the terrorists came in, the Sukkah caved from all the shooting. All the boards fell on top of each other and the family hid under the boards. The terrorists didn't find anyone in the house. All they saw was a bunch of broken boards so they just left. And the family was saved!

Ki Yitzpineini Bsukoi Byom Ra'ah

.....

Hashem is the best lawyer!

The Horowitz's were being sued by an insurance company. They hired a lawyer and he said that he knows this company, they fight tooth and nail until they get out every dollar. The Horowitz's went full force with Emunah and Bitachon that Hashem would help them.

They had the court case and the insurance company backed down from their claim! The lawyer said that in 30 years he has never seen such a thing!

V'ani B'chasdicha Batachti!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Nissan-Iyar-Sivan.

BITACHON IS SPREADING RAPIDLY!

Rabbi Grossberg* and his wife went to a convention for Rebbeim and Menahalim in Lakewood. They were schmoozing with others and they mentioned that they follow the Bitachon hotline and that they grew and shteiged so much from it. So many others responded to them with how much THEY grew and

shteiged from it! That became the discussion the whole Shabbos. Everyone shared all their stories of how they live with Hashem and how the Bitachon Hotline changed their life.

Rabbi Grossberg thought he was the only one who listened to the hotline, but this made him realize how many others are getting involved in Emunah and Bitachon!

it was just Shavuos. I said yizkor and I said I was going to give money to tzedakah. I want to give the money to a yeshiva bachur. What better place to give my money? Here is 50 shekel!"

The bachur used that money to buy the sefer.

WATER RESCUE

Yisrael Meir Ehrenpreis' father was a chaplain in the army. His job was to be mechazek the soldiers and to run the shul. He was a busy man. Whenever there was a war, wherever the army went, from country to country, he went too.

One time, they were in North Korea. Rabbi Ehrenpreis was at the beach all by himself. There was no supervision; there was nobody around. He saw the waves were coming in towards him, so he thought



SHEKALIM FROM HASHEM

Chaim, a bachur in Eretz Yisrael wanted to buy a sefer that cost about 50 shekel. He didn't have a penny to his name, and he didn't know where the money would come from but he really wanted it.

Out of the blue, someone came over to him and said, "You know,

LIVING WITH HASHEM

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he could go in the water for a little bit. He didn't realize that it was around the time of high tide and the water was about to start flowing in the opposite direction... He went into the water and the water started going in the opposite direction! He thought, "Uh-oh! There is no one around to save me! I'm finished!" The waves were pushing him deeper and deeper!

Out of nowhere, two North Korean men appeared, picked him up and brought him to the shore!

They saved his life!

YID SAVED!

Yisrael Meir Erenpreis had a great uncle who was not frum and was in the army.

One day, his uncle was sit-

ting on a bench, and the thought suddenly entered his mind to get up from the



bench. He didn't understand why he should get up. He got up and moved away... and the bench exploded! His life was saved! He saw Hashgacha Pratis so clearly that he became frum from this experience!

HASHEM HAS MANY MESSENGERS

Yisrael Meir Ehrenpreis's father was a chaplain in the army in another country where there were no frum people. There-

fore, it was very easy for Yisrael Meir to hang out with the wrong crowd.

Yisrael Meir was hanging around with a bad crowd, and a non-Jew came over to him and said, "You're the Rabbi's son. You should behave much better!" He took that as a mussar drasha, and he never spoke to those people again!

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Families
couples
Kids
Adults

and anyone else



LIVING WITH HASHEM

By Rabbi Zevy Golombeck

KOLLEL INSTEAD OF COLLEGE

Yisrael Meir Ehrenpreis goes around in the Mir in Yershalayim from bachur to bachur. He asks them, "Did you hear about the bitachon hotline? Do you listen to it?" He also gives them a schmooze on what Bitachon is all about.

A bachur from the Mir told him that he was actually planning on going to col-

lege. He felt like he needed to do his hishtadlus for parnassah. He had all his cheshbonos, all his shitas, and he had made up his mind he would be going to college. After Yisrael Meir gave that schmooze on Bitachon, he changed his mind! He said, "No. I'm going to go with bitachon."

It changed his life! Instead of going to college he is going to do "Shivti bivais Hashem."

The bochur got married and is now sitting in kollel!

There was someone there who worked in a different part of the office. He told Yisrael Meir that he used to hear his schmooze all day abut Emunah and Bitachon. This man used to work full time. Now after hearing so much about Hashem, he started learning half a day in kollel!

With the strength of positivity and teaching people that Hashem runs the world, Yisrael Meir helped a Yid learn in kollel for half the day!

MEDICAL MIRACLE

Dr. Stein* told Rabbi Golombeck that Rabbi Yehuda Mandel was his Rebbe in 4th grade. He shared a story he experienced with Rabbi Yehuda Mandel.

There was a little child who came to Dr. Stein who had a white blood cell count of 50,000. Dr. Stein had never seen such a high count in his whole career. Never had he seen a kid with so

LIVING WITH HASHEM = LEARNING MORE

Yisrael Meir helps prints sefarim in a print shop. He talks about Hashem all day.

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LIVING WITH HASHEM

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many white blood cells. He



was sure that it was leukemia, and that it was at a very bad stage. It ripped out his heart to see a little kid with leukemia.

He called up Rabbi Yehuda Mandel and said, "What should I do? My heart is going out to this child."

Rabbi Yehuda Mandel said, "Do nothing. Tomorrow this kid will be all better; you don't have to worry!"

Dr. Stein gave the little child antibiotics and told him to come back the next day. The kid came back the next day and his blood count was perfect!! There was no medical explanation for it; it was a real mofeis.



A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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 Monsey845-470-5577
 Five Boroughs929-470-5577
 England03-303-502-368
 Australia (3) 99-997-300
 Canada647-498-7700

A Life with Bitachon in Yiddish
 Eretz Yisrael: 072-370-1912
 USA: 845-262-5115
 UK: 0330-325-1260

5

Weekly Thank You's

*L'zechus that people should
feel loved by Hashem!*



By: R' Simcha Elefant - Yerushalayim Ir Ha-
kodesh

**Thank
You Hashem
for
Creams and
Lotions!**

**We can put
them on our
hands and
bodies to
keep them
smooth and
soft!**



**Thank
You Hashem
for Pots!**
**We can
cook so eas-
ily and con-
veniently!**



**Thank
You Hashem
for Nuts!**

**So delicious
and nutri-
tious and fun
to eat!**



**Thank
You Hashem
for
Pitchers!**

**Such a nice
way to
present our
drinks!**



**Thank
You Hashem
for
Supermar-
kets!**

**You can
go to one
store and
get all you
need under
one roof!**





Dr. Chaim Altzigut M.D.

Patient

I put away money in investments and I lost a lot of it. I feel very down. How can I look at this in a positive light?

Please help!

I'm prescribing 5 medications for you:

- 1. If you accept what Hashem gave you, happily, and perhaps even thank Him for it, then you will gain something that is worth far more than all the money you could possibly own!**
- 2. It's a good reminder that everything in this world is temporary! The only investments that will stay with you are Mitzvos, Tzedakah and Chesed! They are 100% guaranteed!**

3. It's time to appreciate all the money that you still have. Thank Hashem for all your investments that did work as you wanted!

4. Appreciate the fact that you are alive and healthy! You, chas v'shalom, could have lost that money through medical bills...


5. You don't have to worry about your future. Hashem will forever take care of you!


THE SPRING HILL TIMES WEATHER STATION


Weather Reports Brought to you by:
Meteorologist Velvel Honig



It makes no difference what the temperatures will be or what conditions await us, the weather Hashem gives us is always beautiful and perfect!


Tuesday Rosh Chodesh Kislev
Low 31°F High 50°F  Partly Cloudy!!! Yay!!!!
It will be a wonderful day to enjoy davening to Hashem.

Wednesday 2 Kislev
Low 35°F High 51°F  Sunny!!! Yay!!!!!!!!!!!!
There will be perfect weather to thank Hashem for your memory!

Thursday 3 Kislev
Low 40°F High 59°F  Sunny!!! Yay!!!!!!!!!!!!
Perfect day to realize that Hashem feels what you are feeling!

Erev Shabbos 4 Kislev
Low 46°F High 59°F  P.M. Showers!! Gorgeous!!!
Perfect day to greet Hashem's wonderful Shabbos with making delicious fish!

Shabbos Kodesh 5 Kislev
Low 35°F High 52°F  A.m. Showers!! Gorgeous!!!
Stunning weather! Perfect day to spend with Hashem.

Sunday 6 Kislev
Low 32°F High 50°F  Mostly Sunny!!! Yay!!!!
Beautiful weather! Will be a great day to be taken out of Galus!!!

Parsha Game

Fun and an interactive way of learning Torah!

PARSHAS TOLDOS

Q: Where in this week's Parshah do we find a connection with the pictures below?

ANSWERS ON PAGE 45

1



2



Parsha Delight Question of the Week

פרשת תולדות תשפ"ד (5784)

The pasuk (25:34) states that Yaakov Avinu gave Eisav bread and lentil soup ... why did he give him bread when Eisav only asked for lentils? It doesn't seem that Yaakov was giving anything extra, after all he didn't even offer Eisav a drink, so why the bread?

Please email your answer(s) to parashadelight@shiurenjoyment.com and enter to win a \$5 Raffle



Contact Michoel Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

CHEISHEK HATORAH

Riddle #63 Parshas Toldos

The following is a principle we educate: "From your heritage never deviate! Even the smallest details are extremely great! Internalize this and your life you'll elevate!" Where do we see this principle in Parshas Toldos?


To hear the answer to the question, press x14 #63 on the Chaishek HaTorah Line 845-720-4040

*You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.
845-720-4040 Ext 6
Updated every Motzaei Shabbos!*

Ayin Tova

Seeing the good in every situation

CASE OF THE WEEK:



Rochel was excited about the upcoming Mitzvah Project her high school runs each year.

Last year, she worked with Miriam and their project was a big success. She looked forward to working with her again.

Rochel was disappointed when the teacher put her with Aliza, the laziest girl in the class.

Help Rochel have ayin tova for her situation.

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com

Or call [Israeli day-time hours only]:
 USA: 831-244-6019
 Eretz Yisrael: 052-760-5409.

Suggestions for the case where Shani is jolted awake by jackhammering in the middle of the night:

- Shani is allowed to feel annoyed from what occurred to her. She should focus, though, on the fact that it was an annoyance and not something worse.
 - Shani can now better appreciate what it is like for a new mother in terms of sleep deprivation and interruptions.
 - She can exercise her initiative and communal responsibility to file a complaint with the municipality. She may end up helping out many other people.
 - Shani will appreciate the nights she is able to sleep undisturbed.
 - Shani could think that this is the kind of thing that makes for a good story and can be laughed at later.
 - Maybe the construction was an emergency and if they did not fix it soon, there could be a water or gas leak that could have affected her.
- She could say to herself that clearly Hashem wanted her to do something at that moment aside from sleeping.
- It was a good thing that the racket woke her up because she remembered she had a test to study for, important phone call to make, etc.
- She could now be נושא בעול with those people who live in the south of Eretz Yisroel, who constantly are hearing louder (and sometimes scarier) noises.



SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

AWE



Shlomo HaMelech writes in Koheles, *“VeHoElokim asah sheyiru lefonov.”* HaShem made so that you should be fearful in front of Him.

The Chovos HaLevovos explains these words to mean that the reason why HaShem made everything and anything is that we



should have the opportunity to recognize the greatness and

the power and the wonder of HaShem.

For example, sodium is a poison. And chloride is a poison. And yet when they're combined, they create salt, which is necessary for our lives.

Hydrogen is a gas and oxygen is a gas, and when they're wedded, they create water. Eighty-six percent of our body weight is comprised of water. Everything around us, and everything about us, can bring us to a profound sense of awe.



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Birchas HaMazon with a Geshmak Inc.

Living With Appreciation

By: R' Daniel Shasha

When Yitzchak desired to bless Eisav before he was niftar, he asked him “to bring the delicacies which I love...” (27:4). Surely, this is very hard to understand. After all, these blessings were a nevuah that would have such tremendous spiritual significance in shaping the future. Therefore, one would think that it would be more appropriate for Yitzhak to spend the whole day with fasting, going to the mikveh and reciting Tehillim. Yet instead, we see that he asked his son to cook for him his favourite dish! What is the meaning behind all this?

The Ramban (25:34) explains that Yitzhak knew that asking Eisav to hunt for him his favorite meat and to go to all the effort to cook and serve it, would increase his love for his son. His gratitude for the great effort involved would motivate him to give a more heartfelt blessing. So, he felt that the most ideal way for him to be in the correct frame of mind to convey these significant blessings, would be through feelings of gratitude. Therefore, he specifically asked his son to go to all the effort of hunting and preparing his favourite dish. Just so he will have feelings of gratitude and then channel it into the berachah. Phenomenal!

We also see this idea in sefer Malachim where the navi Elisha was hosted by the ishah Shunamis. She went to great lengths to make sure that he was comfortable, to the extent that they built and furnished a room for him whenever he will be stopping by and needed a place to stay. Unfortunately, the couple were childless for many years yet due to Elisha's great gratitude for all they did for him, he gave them a heartfelt berachah that they would have a son in a year. Indeed, this came into fruition and a year later they were blessed with a son. There are stories of this idea in more recent times too. The following is just one example.

Rabbi Chatzkel Levenstein was extremely grateful to a certain individual who helped the yeshivah escape to Shanghai during WWII. A while later, this man travelled to Eretz Yisrael to ask the mashgiach for a berachah. Unfortunately, they had been married for 12 years without having children. Rav Chatzkel was so appreciative to this man for the efforts he went to of saving the Yeshivah that he gave him an extremely heartfelt brachah that he would be blessed with a son in that year. Indeed, a year later, they celebrated their son's bris milah!

We can make use of this idea in our own life too. When we are benefited by others we should try and channel our feelings of gratitude into giving them a berachah. Rabbi Avigdor Miller teaches that we can also use this idea when we recite berachos. Before, the berachah we should try and contemplate Hashem's incredible kindness for giving us this piece of food. Countless steps occurred to produce just one piece of food, and without food we would not be alive. Thinking about this just for a few seconds can add great impact to our berachos.

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

ויגדל האישי- עד כי- גדל מאד

Notice how יצחק's unusual greatness came right after he had a major פקוח נפש scare in גרר and he had to say that רבקה was his sister. This is a יסוד right after a big peckel comes the best times and good fortunes. (ספר חסידים). People should realize this and then their pecklach wouldn't bother them so much.

Part II

A yungerman had only daughters and no sons, until he was sick in bed for months and then a big ת"ח visited him and left a זרע ויארך ברכה - "יראה זרע ויארך" and soon after his wife gave birth to his only זכר בן.



ויעתר יצחק- לנוכח אשתו

say that עתר is a fork that turns over the topsy turvey in the opposite direction from top to bottom and bottom to top. There are many לשונות of תפלה. We can suggest בס"ד that the reason why this is used by יצחק was because the very essence of יצחק was the very opposite of what you would think.

Part II

People called א"א a barren mule who will never have children and הקב"ה tells him that he'll have so many children that you can't even count them. The מהר"ל says that גם זו means that הקב"ה can make from the worst evil, the extreme opposite in goodness. It's like making a חזק and ridiculing טבע. His very name is יצחק will always laugh.

Part III

The very first name given to a yid is "יצחק". First a yid has to laugh and the גמ' says that before learning, a רבי has to crack a joke. The beginning of ישראל was יצ"מ and by ברית we became Jews. But first we have plenty of 'התעללתי במצרים' where הקב"ה makes a חזק out of טבע.

Part IV

The Ahavas Hashem POWER PLANT

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The Spring Hill Times

Bitachon Gems



Learning the Parasha with Rav Yehuda
Mandel Shlita

In working on בטחון those who know have to laugh at טבע and not take an issue seriously can be נסים בס"ד to זוכה big.

והרבתי את- זרעך בעבור- אברהם עבדי

אברהם is mentioned twice in this episode and it shows יצחק that everything is in his father's זכות and not his own. Also, by יעקב it says (ס"פ ויצא) and it says ויזבח זבחים לאלקי אביו יצחק שמעון ולוי יצחק. And when וישבע יעקב- בפחד אביו- יצחק

wiped out שכח it says in רש"י that they went בטח with the זכות of their father יעקב. Look how a parent is the most important part of a person's life and לבן was called a רשע when he spoke before his father did. (רש"י)

Part II

And by וישב פ' it says אביו מגורי- בארץ מגורי- אביו I have proofs all over ספר בראשית of the unusual importance of כיבוד אב ואם. Nevertheless, we see how יצחק was unlike אברהם who was חסד and יעקב was תורה. As much respect as a person has - he needs to realize that in עבודת ה' he might be expected to be very different than the דרך of his father.

Part III

מרים went against עמרם and she told him that his גזירה is worse than פרעה when he divorced יובד and the whole כלל ישראל followed him. This is despite עמרם being the גדול הדור and Miriam a tiny child. We also have רבקה going against יצחק in making sure יעקב got the ברכות and not עשיו. There is a time that a person has to use his own mind and just like you don't have a מצות כבוד אב when he tells you to sin, so do you have a חיוב to be yourself and be much different than your parents if necessary for עבודת ה'.

Part IV

Of course you need a רבי! Watch how the same רבקה אמנו who was so much younger than יצחק (when he was 40 she was 3 years old) tricks her husband - yet when she first saw יצחק she was in such awe that she fell off the camel. You may have true respect and even awe for your parent or רבי or spouse. Yet, you may have at the same time a חיוב to be very different.

ורבקה שומעת

ורבקה אוהבת- את יעקב. הקב"ה understood the wickedness of עשיו and that's why הקב"ה caused her to be born in ארם which was full of wicked, and tricky people. She knew her brother לבן whose name means "white" i.e. good and pure but it was all a fake. And she חפנה how עשיו had the same שטיק. She also learned how to be tricky לשם שמים and she was behind the trick that יעקב played against his own father by making believe he was עשיו.

Part II

Bitachon Gems



Learning the Parasha with Rav Yehuda
Mandel Shlita

She knew the evil of the world better than יעקב and was ערום ביראה. There are lots of examples in עבודת ה' where a person has to appear like an עשוי but really he's a יעקב. Like the bad מדה of (פנים לגהינום) עזות. The first words of the טור שו"ע are הוי עז כנמר לעשות רצון. אביך שבשמים. My rebbeim have taught me that חוצפה can be used in 'עבודת ה' and it can be very valuable.

Part IV

People who knew R. A. Kotler ז"ל said that they never saw a person who had so many fears who did everything he was afraid to do in order to help כלל ישראל.

תן וואכטפויגל ז"ל told me that חוצפה should be used in 'עבודת ה' and he kept repeating what ירמיה הנביא told הקב"ה:

ראוי - אל תאמר -נער אנוכי - don't put yourself down and say that you're not.

Part V

A person may need to spend a lifetime always making believe that he's better than he really thinks he is. Slowly, but surely, he starts doing for the כלל things that he never believed he can do. He is a יעקב putting on עשוי's clothes and making believe that he's עשוי.

Part VI

“Yes, I'm a גאוהניק! Yes, I'm an עזות פנים who is daring and courageous, who makes believe that he's better than the whole world. We need to trust רבקה אמנו who appears to have understood the יצה"ר better than אבינו who was an עולה תמימה.

ערום ביראה to be נחש הקדמוני learn from the והנחש הי' ערום.

בכל לבבך - בשני יצריך!

לעולם ילמוד שלא לשמה ואח"כ לשמה!

Part VII

As far as בטחון is concerned, sometimes you may need to be in dream world to succeed. To have בטחון despite your many sins and your past unsuccessful attempts to have בטחון. You are an עזות פנים who forges ahead and like a horse with his blinders over his eyes, you make believe you don't notice all those negative messages.

Part VIII

This is the מעלה of תם - יעקב איש - תם doesn't think so much and he has בטחון no matter what. Yet, there is a time and place for a יעקב to appear like an עשוי which the story of יעקב stealing the ברכות can symbolize. Indeed, דוד המלך ע"ה, appeared like an (אדמוני) עשוי and he is our greatest success in 'עבודת ה'.*

Our Tefillos are still strong that the hostages should be released b"eH. Klal Yisroel is unified in Tefilla for our brothers and sisters in Eretz Yisroel and around the world.

What's also fresh in our minds is the open chessed Hashem and open miracles that has become public knowledge, and is becoming more revealed by the day.

However, we need to realize that Hashems chesed and miracles are not something new to us.

The chiddush of what happened on Shemini Atzeres was how Hashem performed miracles in such an open way. Rav Elya Ber said that these miracles are part of the miracles of Moshiach that Hashem promised to perform at the end of times.

Rav Duvi Bensason relates another incident [that happened a while ago] that shows the chessed Hashem and how He protects His people.

There was a school in Eretz Yisroel that had approximately fifteen hundred kids. Each day at three a-clock the bell would ring and all the precious children would come out simultaneously, creating a large



overcrowded parking lot with children.

A few terrorists noticed the multitude of children and this pattern of the bell ringing at three. So a group of terrorists plotted an evil plot r"l.

One fine day, four Israeli cars with a group of terrorists dressed up as Israelis pulled up in front of the building five minutes before three. They had carefully planned this for months and they came with many weapons.

However, when the bell rang at three they were in for a shock. The parking lot was silent. Not a soul in sight. That day was Erev Rosh Hashana and there was no school.

Obviously, we see the chessed Hashem that He orchestrated that the terrorists should choose Erev Rosh Hashana to be the day. However, the terrorists did not see the chessed Hashem, undeterred they rescheduled their attack for the coming week, which was

in the "aseres yemai teshuva".

They did not want to repeat their mistake so they called the school beforehand and asked them if there would be school on that day.

The school confirmed that they were opened that day.

On the appointed day, they all set out on their mission r"l. Now the terrorists were coming from a distance and they needed to pass a check point.

As one of the cars came to the check point one of the soldiers who doesn't understand what possessed him, became suspicious of this car. Perhaps he didn't like the look of the driver. He decided to pull them over.

Usually, they just ask for papers, but for some unknown reason he made them get out of the car. At that point the soldier noticed that the man was sweating. So, he yelled out "open the trunk now!" Frightened, the terrorists began to make a run for it. The soldiers chased them and they tackled them.

They opened their trunk and they discovered an unprecedented number of deadly weapons. The soldiers immediately under-

stood the significance, and they interrogated them and they got the truth out of them. They told them that there are three more cars that were almost there.

They quickly sent out a fleet of unmarked cars that arrived just in the nick of time to stop the attack. They were all taken into custody and they landed right where they belong.

Minutes later, the bell rang and all the kids came out as usual, unsuspecting and with the same enthusiasm that kids have. It took a few months until the media found out what happened.

What's interesting was that the story came out on Chanuka. They nicknamed it "the Chanuka miracle" [although it happened months before].

We say in Modim "v'al nisecha shebichol yom". We are thanking Hashem for the miracles that He does for us every single days. Yes Hashem is constantly performing miracles for us paving the way for each and every one of us.

We see this in last week's Parsha the episode with Eliezer. How Hashem was with him throughout his journey. We see how Hash-



Chizuk Corner

By R'Y Friedman

em helped him find Rivka so quickly. Whether it was with the speed that Eliezer arrived there, and Rivka came to the well just at the right moment.

Then we have the story behind the scene with Be-suel, how he tried poisoning Eliezer, and how Hashem sent an angel to switch their portions. This is a classic example of Hashem's protection behind the scenes. Especially in Galus when we live amongst enemies that want to devour us.

So, when we go through a day peacefully in Galus, it shows Hashem's love and protection that He is constantly doing.

The Chassid Yavetz writes that the biggest miracle in all of history, is the fact that we are not history. The fact that we are still in existence until today is bigger than all the miracles of yetzias Mitzrayim.

As the famous convert Avraham be Avraham explained the Passuk, "Hal-lelu es Hashem Kol goy-

im - the nations will praise Hashem when Moshiach comes. Why? "Ki gav-ar aleinu chasedo" because Hashem's chessed is so strong that He protects them.

He explains that the enemies themselves know all the plots that they have been plotting and were thwarted by Hashem. Now they don't realize that it's Hashem that is knocking down their plots, but Moshiach will come and they will come to this realization.

We, on the other hand, do realize the chessed Hashem is constantly showering us and we know that He is protecting us from their plots.

When Moshiach comes will come, we will see much clearer how Hashem always stood behind us and protected us through the thick and thin.

We will all be zoche soon to experience the open outpouring of love that will come gushing forth from Hashem when we reunite with Him, our One and only, loving caring Father Hakadosh Baruch Hu. Amen.

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

One night, my two-year-old child woke up in middle of the night because he wasn't feeling well. He was very sad, and I tried distracting him so that he could go back to sleep. What did we do? We played "peek-a-boo." As I covered his face, he told me: "Totty, you can't see me!"

He and many other children assume that if they can't see you, then obviously you can't see them.

That's how a two-year-old child thinks. But that's obviously not true. He may not be able to see you, but that doesn't mean that you can't see him. The two are not dependent on each other.

This serves as a lesson. There may be situations where we don't see our father - Hashem at first glance. We may not see Hashem so easily, but that doesn't mean that He doesn't see us. He is there thinking of us and acting for us the whole time.

This is similar to the father who plays with his child by closing his son's eyes; he isn't trying to blind his son, but is doing so from the love and connection that he seeks to make with the child. So too, Hashem "covers our eyes" out of His deep desire to connect with us, His beloved

children.

This can be understood on another level as well. The father who plays "peek-a-boo" is doing so just to bring out the inner connection that a child has for his parents. He wants the child to seek him, and for that reason, he hides his face so that he will arouse the child's inner desire to find the father. So too with Hashem; when he covers our eyes to the point that we don't see the love as easily, it's not that we're forgotten about. Instead, it's only that we should seek it under the covering that Hashem placed and get a greater awareness and stronger connection with Him.

THE OTHER HALF OF THE PICTURE!

Someone complained to Reb Moshe Kliros, zt"l, the Rav of Tevaria, about his many problems. The Rav replied, "Why do you only tell me half of the story? Where's the other half of it? You can't only tell me half the story!"

"What is the other half?" Continued on next page

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Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

the man asked.

"I don't know," replied the Rav. "The other half hasn't happened yet. But there is another half – the salvation that will come in the end. You can't just look at half and then complain if there's more to the story!" (Torah Wellsprings, Lech Lecha, p. 5)

This is an incredible perspective to have. By remembering that this in front of me now is just half the picture, and that the rest will be understood at a later time, it gives us a serenity to be able to appreciate the situation that is facing us.

THE SURPRISING LOAN

When accepting the situation with love, aside from the serenity that one acquires through it, doing so in and of itself brings salvation and brachah into one's life. To bring out this point, R' David Ashear relays an incredible story that enlightens us to endure the situation that Hashem puts us in, to recognize that Hashem is in every situation, and to know that it's there for our very best interest.

A man had a son who was very successful in Torah learning. When it came

time for him to get married, he was told of a girl with the finest qualities. However, after further investigation, they found out that she had a very low level of hearing. The boy did not want to pursue the shidduch.

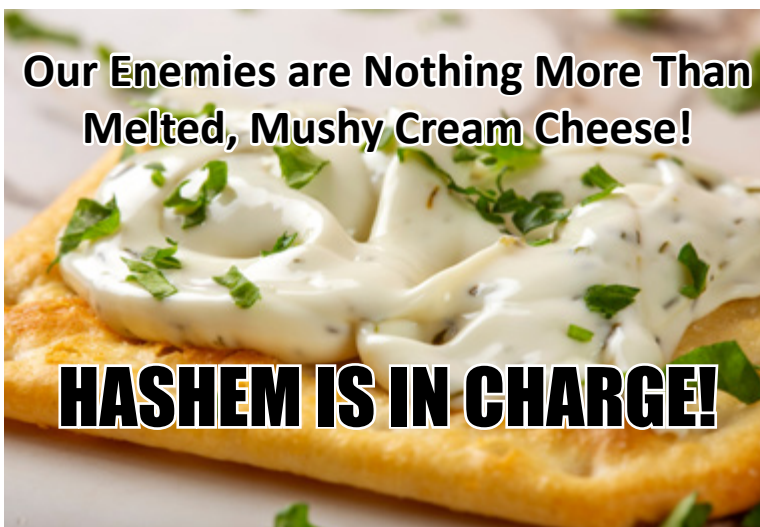
The father of the girl told the father of the boy that he would give one million shekels as a dowry for his daughter. The boy's father really wanted his son to be able to learn with peace of mind, and he did not have the funds to support him. The girl did have sterling middos and was able to hear, albeit with difficulty, so they agreed to go out and, soon enough, the shidduch was finalized.

A couple of months after the wedding, the father of the girl informed the couple that the million shekels that he had given them was actually a loan he'd taken out in their names. In essence, he had basically lied to get his daughter married.

The young man obviously had no way of paying back that debt, especially since he used most of the money

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HASHEM IS IN CHARGE!



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

to buy an apartment. And he honestly didn't want to have anything to do with his father-in-law anymore.

He went to Rav Chaim Kanievsky, zt"l, to ask what to do. Rav Chaim told him to overcome his natural inclination and give honor to his father-in-law, despite what he did, and everything would be fine. The boy obediently listened. On Yom Kippur, he bought his father-in-law a very special aliyah, and on Simchas Torah, he bought him another one.

This avreich was learning in the Mir Yeshiva in a group with other Americans like himself. One day, a new boy came to the yeshiva, an only child to his parents, and he was very homesick. He wasn't happy with his bed, the food was not to his taste, and he wanted to return home.

When the newly married young man found out about this boy's problem, he tried to give him chizuk. He told him that he also was an only child and that he also had a hard time when he'd first started out in the ye-

shiva, but now he loves it. He offered to learn with this boy and be his chavrusa, and the boy accepted.

That Chanukah, the boy's father flew on his private jet to Eretz Yisrael to visit his son. While there, the boy told him of how this nice young man saved his entire year and how much he loves the yeshiva because of him. His father was so appreciative that he asked the young man what he could do to help him. The young man, seeing how wealthy his chavrusa's father was, told him about the million shekel debt and how it happened.

The wealthy man happily went and paid the debt for him in full.

Rav Chaim knew that the secret to brachah comes when a person goes against his inclination and accepts his situation instead of disliking it.

By coming to this realization, we will bring out this within ourselves and get rid of any hatred we have, leaving us to only give love and honor instead.

THE MONTHLY WAGE

In Tevaria, there lived a couple whose financial situation was quite tight. They lived month-to-month on only the money from the wife's paycheck. At the end of the month, after she received her money, she'd ask her husband to deposit it into the bank on the way to Kollel, and so he did.

One rainy day, as he was walking to the bank, he tripped and slipped. He composed himself, regained himself, and continued on. But when he got to the bank, he stuck his hand into his pocket to get the money, and lo and behold the money wasn't there. His wife's entire months' salary was nowhere to be found. He returned to the place where he'd slipped to see if it was there, but there was no resemblance of any money there at all.

He wasn't sure how to break the news to his wife, but he did so anyway. She, baruch Hashem, took the news very well, and she wasn't disappointed. She reassured him that these things happen to the best of

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

us, that it shouldn't bother him, that he should continue on, and that everything would work out fine.

That night, two hours before he was to arrive home from Kollel, she began to prepare a lavish supper. She knew that he probably felt terrible after what had happened, and therefore she decided that she would show him that she fully accepted of the will of Hashem, and that she bore abso-

lutely no grudge. When he returned home, instead of feeling low and bad, when he saw the table set with her magnificent spread, his mind changed for the good, and they both accepted the situation willingly.

It didn't take long before there was a knock on the door with the finder, holding the money. (Simchah Ba'bayis, p. 748)

The merit of accepting Hashem's will and understanding that whatever happens is coming from Hashem, and that it's being done for our very best interest, is so great that it itself can bring outstanding yeshuos.

OUR GENERATION'S CHIZUK!

Strengthening in this

realization isn't a side point in life; it's the most vital point to focus on.

R' Elimelech Biderman brings an incredible story about the Chazon Ish. There was a man who lived in chutz l'aretz but had come to Eretz Yisroel for Sukkos. After a Simchas Beis Hashoeivah on Chol Hamoed, when everyone else returned home, he remained alone with the Chazon Ish. He approached the Chazon Ish and said that he was returning to chutz l'aretz and wanted to know what "chizuk" he should relay to the people there.

The Chazon Ish replied: "Each generation has its own 'chizuk' that's needed, and the 'chizuk' that's most needed on our generation is emunah. That means that everything is coming from Hashem." (See Maaseh Ish, chelek hei, p. 127)

We see from here the mind-boggling reward for silently accepting the will of Hashem, and knowing that it's for our very best.

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Understanding Anti-Semitism

As the nation whose task is to disseminate awareness of Hashem throughout the world, we appear to have been placed in a position that is not particularly conducive to our role. If we are to teach the nations about Hashem, the most effective way to do so seems to be remaining in close contact with them, yet the Torah is replete with halachos designed to separate us from non-Jews (bishul akum, pas akum, chalav akum, stam yeinam, and so forth). If that wasn't enough, Chazal (Sifri, Bamidbar 69) tell us "Halacha Eisav sonei es Yaakov," i.e., Hashem has made



antipathy toward the Jewish people a part of the nature of the non-Jewish nations. As Albert Einstein once remarked, "If my theories turn out to

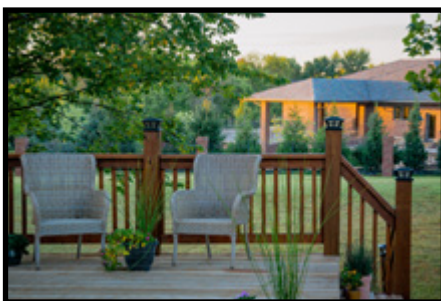
be correct, the Germans will claim me as one of their own, the French will call me a Frenchman, and the Americans will say that I am one of theirs. But if I am wrong, they will all call me a Jew!" Doesn't this natural sense of enmity make our mission all that much more difficult?

Rabbi Eliyahu Levine, rosh kollel of Kollel Choshen Mishpat of Lakewood, was once traveling by plane when the time for Shacharis arrived. He donned his tallis and tefillin and began to daven with his usual intense kavanah. A non-Jewish stewardess who observed the scene realized that she was not appropriately dressed. She quickly retrieved some blankets from an overhead compartment and covered herself, then announced to the entire plane that breakfast would be delayed to give the rabbi a chance to finish his prayers, and that everyone should use the restroom in the front of the plane so as not to walk past the Rabbi and disturb his prayers. A demonstration of true kedushah evokes the admiration even of a non-Jew.

In today's world, there are many well-intentioned people who are interested in creating a kiddush Hashem through all

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sorts of methods. Some people mistakenly believe that kiddush Hashem means bonding with the non-Jews, developing friendship and camaraderie with them. Let us remember that the first step toward creating a kiddush Hashem is actually living as Jews: special, sacred, and unique. We must scrupulously follow the halachos that call for us to separate ourselves from the nations; the rest will follow from there.



tinguish ourselves from the nations of the world, and why is there a concept that “halachah Eisav sonei es Yaakov — It is a law [of nature]

that Eisav hates Yaakov”? The answer is that the only way for us to maintain our image as Hashem’s ambassadors to the world is to preserve our separation. If we remain separate and unique, the nations of the world will respect us. If we fail to do that, the inborn sinah of Eisav for Yaakov has been created to push us back into place so that we are not influenced by the rest of the world.

In Review: If our role in the world is to bring about kiddush Hashem, then why does the Torah emphasize the need to dis-



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

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Rabbi Yosef Moshe Mizrachi

The other day, a bochur told me how he feels a lot of tension and pressure in his Yidishkeit. He pressures himself to come too early to prayers and to learn as much as he physically could etc. He explained to me that although it would be nice to be more calm, he is afraid that if he is too nice to himself his learning will plummet and he won't be accomplishing as much! "What should I do?!"

Firstly, I was really impressed, what a choshuve, honest, Neshama'le who yearns so much to serve Hashem!

To answer the question I'd like to share something earth shattering from R' Badouch (Kuntris Kaba-lot U'maamarim, Chuf Hei) that made an impression on me.

He writes that in our heart's we are all children. Even an old wise Scholar is only wise in his mind but his heart -in his 'feelings' he is still a child. That being the case one must not do actions and Mitzvos while our heart feels otherwise. Doing so, will cause 'the Child' -the feelings in us, to hide away Chas v'shalom And eventually one will feel torn inside that they will be forced to do whatever their heart says to become healthy again.

Instead one must take the time to explain to their heart why it's good to serve Hashem and why it's sweet! Patiently explain why one should take a step out ones comfort zone. By getting 'our child' on board we will connect strongly and emotionally to the mitzvahs since our heart's will be with us!

Similarly Rabbi Kalish said (Torah Anytime shiur #735) an amazing Analogy; we should not be like a mean king forcing ourselves to do mitzvahs rather like a president who must gather, convince and unite all the different parts of his government to join his clause'!

May our holy Neshamos shine forth clearer than ever!

Shabbat Shalom U'mevorach!

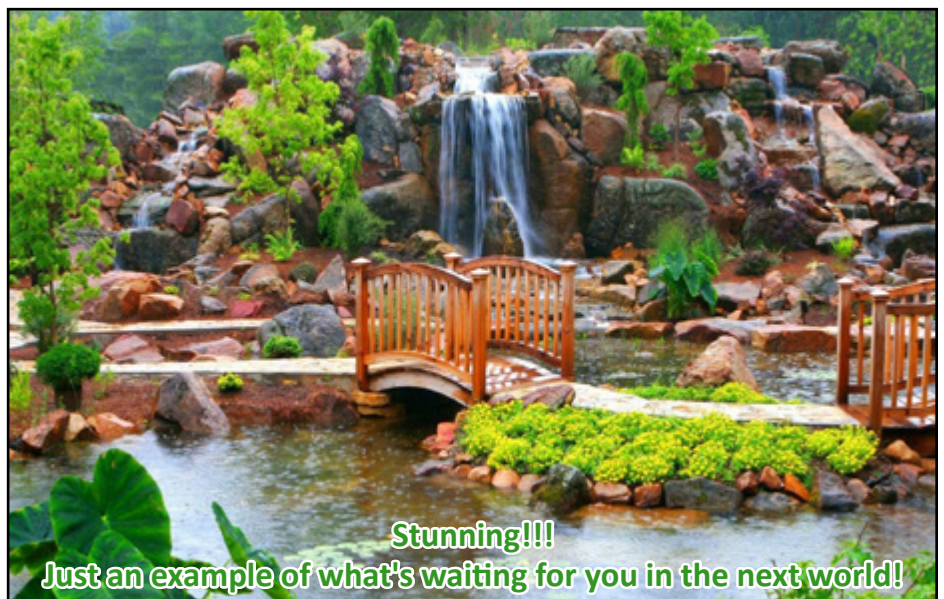
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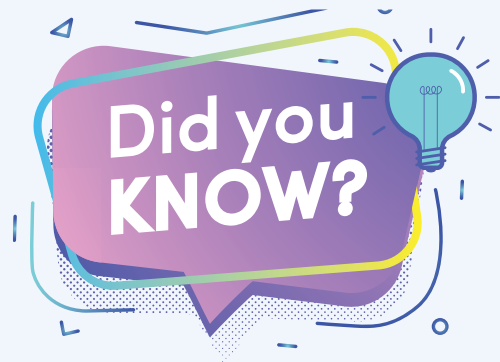
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By: Rabbi Zevy Golombeck



Did you know that Teshuva is fun? Teshuva is exciting, Teshuva is sweet like honey. You just go into the shower and you're clean. Do you know it just takes seconds? The Mitzva of Teshuva is kefi every generation, kefi every person, what you're able to do.

And do you know what the biggest Teshuva is, where you should start doing Teshuva? Do Teshuva of not holding of yourself, not appreciating yourself, knocking yourself. Start with that!

Rav Yehuda Mandel and R' Nosson Wachtfo-gel.

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Someone was once honored to tour the best tasting



coffee factory in the world. Upon entering, he was given to taste some real fine coffee. He took a sip but wasn't impressed. Mov-

ing along, he was offered an even finer selection, he sipped but still didn't seem too amazed. Then he was taken to sample a more exclusive selection but still didn't seem too satisfied. This happened throughout his visit not one coffee pleased him. Something didn't make sense, "Maybe you ate something beforehand?" they asked. Indeed he had a whole herring party shortly before, "No wonder, the problem isn't the coffee, the problem is your mouth is full of fish!"

This mashal, R' Mandel says over from his father, the nimshal is, if we have a hard time accepting the people or circumstances in our life maybe it's on us to start working on our ayin toivah.

MAZEL TOV!

Mazal to R' Liron Rogovsky and family (Chestnut Ridge, New York) on the birth of a new grand-son!

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "NO MATTER WHAT NO MATTER WHEN!"

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: The Chovos Helevavos writes that Ba'al Bitachon believes that Hashem doesn't just give based on what we deserve. Rather, Hashem bestows goodness and blessing even to those who are not deserving at all of His chessed. Still, Hashem will shower them anyhow with His great kindness and generosity.



If a person doesn't believe that it is possible to receive **even** what he is not deserving of, he will be constantly thinking to himself "*Maybe Hashem will not give me this thing because I am undeserving of the promises that Hashem promises only to those who fulfill His will*" this will cause a lack of complete בטחון בה, *whereas*, if he knows and believes that Hashem bestows upon him His blessings even when he is undeserving, he will **never** lose his faith trust and complete reliance in Hashem – no matter what, no matter when!]

The Lesson: WHAT MAKES THIS QUOTE SO INCREDIBLE is that a person can always doubt himself, if he is worthy of receiving Hashem's goodness! As a result, his entire emunah and bitachon in Hashem will be lacking because he thinks perhaps he is not deserving! However, the Chovos Halevavos is teaching us a powerful lesson, that is, that you should NEVER EVER give up hope in any situation because if you have bitachon you can get it from Hashem even if you are not really worthy! So always have Bitachon always always always no matter what NO MATTER WHEN!

THE STORY: A few years ago a yungeman that I know told me that he went TO A BRIS WITH **three** other Yungerleit. By the Bris they were talking about עניני בטחון and the importance of relying on Hashem. One yungeman said to the other, "Why don't you have בטחון that we will get a taxi right away when we leave." "No," the other one replied, "If I'm relying on Hashem, why should I have to pay for it! Let's have בטחון that we will get a ride back for free!" So that's what they did. After the Bris was over, the four Yungerleit left and relied on Hashem that they would get a ride. They started walking towards the entrance of Ramat Shlomo and one חבר turned to the other and said, "Now, let us have בטחון that all four of us should fit in one car." Immediately after that, one of them approached the first car he saw and the driver took all four of them directly to the area of where they needed! They didn't have to pay a penny, all four of them fit into one car, they even got much closer to where they thought they would get to and they got a ride with the **first car** that that they approached! All in the זכות of putting reliance only in Hashem Yisbarach. When we rely on Hashem, we get the BEST service!

Next week's Topic: Hashem Cares About YOU!



By: Rabbi Eliezer M. Niehaus

This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Personal request: My daughter Esther bas Sara Miriam needs lots of tefillos. Can you please accept upon yourself *bl"n* to say Asher Yatzar for one week from a card or poster as a *zechus* for a *refuah sheleimah* her? Thank you so much!

Kislev – Build Your *Bitachon*!

Rav Tzadok Hacoen writes in *Pri Tzadik* (Rosh Chodesh Kislev *se'if beis*) that the word Kislev comes from the *pasuk* in Mishlei (3:26) "השם יהי בכסלך" which means "For Hashem will be your security." This means that in this month we should work on strengthening our *bitachon* in Hashem. A handful of weak Kohanim were able to miraculously defeat the mightiest army in the world because they put their trust in Hashem. This happened specifically in the month of Kislev, the month of *bitachon*. There is a special *siyata d'shamaya* in this month to strengthen our *bitachon* in Hashem, and thus merit the *nissim* we so desperately need.

How can we do so? The *Chovos Halevavos* writes (*Sha'ar Habitachon*, beginning of chapters 2 and 3) that the prerequisite to trusting Hashem is knowing that He only wants to bestow good upon us. Indeed, we say in the *brachah* of *modim* that He is "*Hatov*" — "The epitome of good," "*Ki lo chalu rachamecha* — for His mercy never ends..." His goodness is infinite and involves every aspect of the universe. Still, merely saying these words is not enough. We must feel their truth. The more real it is to us, the more we will feel that we are placing our burden upon Him.

One of the best ways to really feel Hashem's good is to think about the wonders of our bodies. For example, anyone who has bought an appliance knows that if he is lucky, it won't break right after the warranty is over! Even if the manufacturer truly wants it to last and builds it well, how many years will it last? On the other hand, if we take care of our bodies, they usually work excellently for at least sixty to seventy years! Day in, day out, the heart pounds, the lungs inflate and deflate, the brain processes, the kidneys and liver filter, and the stomach digests. Hashem is doing all this for us and we don't even "bat an eye-lash." (Speaking of which, on average, most people blink 15 to 20 times per minute without even thinking about it! This protects our built-in color cameras by keeping them oxygenated and moist, and clearing out debris.)

----- Internalize It! -----

This month, before saying Asher Yatzar, take a moment to think about one of the processes that takes place inside your body without your participation. Then think about Who is making sure that there is no "breakdown." This will give us that calming feeling that we are in the Hands of our loving caring Father in heaven!

Rabbi Niehaus is the author of "*Oasis: Experience the Paradise of Shabbos*" and "*HEAVENWORDS: Elevate your Tefillah and Yourself*". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a *rebbe* in *Yeshivas Beis Dovid* and *Yeshivas Imrei Binah* in *Yerushalayim*.

"Different as Night and Day"

Parshas Toldos

Mrs. S. Mordechai

They waited twenty years for a baby,
Rivka Imeinu and Yitzchok Avinu,
while both davened with all their hearts,
and finally their dream came true.

Rivka carried two sons,
opposing forces in her womb.
They kicked and pushed
as if there was not enough room.

To Shaim Ben Noach for ruach haKodesh
Rivka went to understand.
The navi explained that rival nations were trying
to wrestle, each from his brother,
the upper hand.

The younger turns right, the older turns wrong.
Through millenia their power will twist and curve,
but in the end of days, Baruch Hashem,
the younger brother, the older, will serve.

The first twin was born
like little foxes, covered with hair;
red as blood seen on one whose
anger would easily flare.

They called him Aisav
for grass growing wild.
Rather than an infant,
he seemed ready-made like an

older child.

His brother was named Yaakov.
At his birth he was grasping the heel of Aisav.
Yaakov would be first in the eyes of Hashem.
Yaakov's offspring would sing His praises and be His Bechirov..

Raised in a milieu of righteousness,
where miracles abounded,
the connection to G-d was palpable in their home.
In kedusha the twins were surrounded.

As young boys they seemed similar;
their days spent in learning.

When they reached the age of Bar Mitzvah,
Each revealed his own intrinsic yearning.

Different as night and day
were these twins:
Yaakov loved emes.
Aisav, all manner of sins.

Yaakov was drawn
to Torah and study halls;
Aisav to hunting meat,
immorality, and serving idols.

Aisav took what he could from
Olam Hazei:
gashmius and pleasure.

Yaakov seemed to have one foot in
Olam Habah;
ruchniyus: his treasure.

Yaakov learned in Yeshivah
sitting in tents, yomam v'lailah;
working lishmah to attain his
Torah
and improve himself in every
mailah.

He was an ish tam;
good through and through.
Yaakov made the avodah of his life
service to HaKadosh Baruch Hu.

Aisav was a smooth talker.
To manipulation and deceit, prone.
Murder was part of his daily routine.
Belongings of others he stole as his own.

To win favor with his father,
an expert in deception, was Aisav.
He rejected avodas Hashem
and Kibud Eim,
but pretended to excel in kibud av.

He asked about tithes
for salt and straw
knowing full well there were none,
while happily ignoring every Torah
commandment and law.

When Avraham Avinu passed
away,
Yitzchok Avinu was sitting in
mourning.
Yaakov wanted to console his
father.
Aisav was, as usual, busy scorning.

With his actions that day, it became known
that Aisav was not only trouble,
but evil.

"Different as Night and Day"

Parshas Toldos

Mrs. S. Mordechai

Although he had the potential for greatness,
he would lead the whole world to upheaval.

Returning late, tired and hungry
after killing a king and game;
Aisav sold Yaakov his birthright for
red lentil stew
then, was firstborn, only in name.

For scoffing at the firstborn's ritual
service,
a powerful nation he would still
become;
but since he sold his bechora for a
bowl of red food,
his nation would have the de-
meaning name: Edom.

Not knowing the time of his pass-
ing,
but nearing the end and blind;
Yitzchok wanted to bless his oldest
son
to insure his piece of mind.

Yitzchok sent Aisav with bow and
sword
to hunt for game in the field
and to prepare delicacies for him
to eat
so blessings for his oldest son his
soul would yield.

A rasha like Aisav would misuse
the blessings
just as he had given up his birth-
right for stew.

Yaakov would use the blessings to
serve Hashem and build His nation
as Rivkah Imeinu well knew,

Rivkah helped Yaakov to appear as
his brother.
She brought him Aisav's hunting
coat
and to make him seem hairy,
he donned on his neck and hands,
the skins of a goat.

With delicacies prepared by his
mother,
Yaakov entered his father's tent.
Yitzchok Avinu heard Yaakov speak
and breathed in Gan Eden's scent.

"How did you return so fast?" Yitz-
chok Avinu asked.

"Hashem, Blessed Be His Name,
with Hashgacha Pratis,
placed before me this choicest
of game."

"The voice is the voice of Yaakov.
Come close before I enjoy your
delicious meal.

Aisav doesn't speak of Hashem
Yisborach.
Please, my son, to see if your
hands are hairy, let me feel."

After he touched the goat skins,
Yitzchok Avinu asked his son for a
kiss.
Then with the Divine Presence
upon him
he knew in blessing the son before

him,
he was not remiss.

"May Elokim give you Heaven's
dew. The fatness of earth;
grain and wine in abundance."

Yitzchok blessed the son who
was second only in order of
birth.

"Serve you will peoples, bow to
you kingdoms;
to your brothers, you'll be a lord.
Your mother's sons to you will
bow;"
Yitzchok blessed the son whose
name has the letters of both heel
and reward.

"Those who curse you are cursed,
Those who bless you are bless-
ed.'

It was a blessing that would
never end.
Through the ages, to the world,
a message this blessing would
continue to send.

Yaakov hid behind one side
of Yitzchok Avinu's double door
while Aisav came in through the
other.

In this way Yaakov managed to
avoid Aisav's declaration of war.

When Aisav entered with his game
the walls seemed aflame with fire.
The room wreaked of Gehinnom.
Yitzchok Avinu feared he'd brought
down Hashem's ire.

Scared that he had blessed the
wrong son,
Yitzchok Avinu shivered with even
more pachad
than when he was on his way to
be shechted as a Korban

"Different as Night and Day"

Parshas Toldos

Mrs. S. Mordechai

with, his father Avraham Avinu,
bYachad.

Yitzchok asked: "Who are you?..."

"Who is he?:

the son who brought me game.
I ate and I blessed him,
just now, before you came."

"I made him lord over you;
supported him with wine and
grain.
His brothers will be his servants.
Indeed, blessed shall he remain."

When Aisav realized that Yaakov
had been blessed
he was furious and bereft.
He pleaded with Yitzchok Avinu,
if any blessing, for him, was left?

"Was it because he was named
Yaakov
that he outsmarted me twice.
He took my birthright and now my
blessings.
To have such a conniving bother,
I've paid the ultimate price."

With that Yitzchok Avinu learned
the truth about the birthright
and all became chrysalis clear.
The honor Aisav had displayed
was not genuine.
He had rejected all that he should
have held dear.

Aisav raised his voice
and wept three bitter tears.

His wails sounded to the end of
time
and can still be heard after thou-
sands of years.

"I'm so sorry my son,
What can I do?"
Aisav cried, "Please Father,
You must have a blessing for me,
too!"

With no mention of Hashem, Yitz-
chok Avinu offered:
"The fatness of the earth shall be
your dwelling
and of the heavens, dew.
By your sword you'll live; your
brother you'll serve
but you'll cast off your yoke when
he aggrieves you."

Aisav hated Yaakov and planned
to kill him.
To Yaakov, said Rivka Imeinu, his
mother:
"Save your life. Take a wife outside
of Eretz Canaan.
Flee to the home of Lavan, my
brother."

"His angels He will charge for you,
The Holy One Above,
to protect you in all your ways;
Rivkah blessed, her younger son,
Yaakov, with much love."

Yaakov came openly to ask for
his father's consent to leave.
Yitzchok Avinu told him to go to

Padam Aram.

"May Kel Shakai bless you, make
you fruitful and numerous,
and grant you and your offspring
the land that G-d gave to my Fa-
ther, Avraham."

Now the brothers were set
as if on a see-saw.

Yaakov will rule kingdoms
when abiding by Hashem's law.

Aisav will live and breath
by his sword.

If Yaakov strays from Torah,
chalilah, Aisav will be his lord.

Halacha is that Aisav hates Yaa-
kov,
but the hands of Aisav will have no
power,
to this day it's true,
when Yaakov abides by Torah and
raises his voice in prayer
to HaKadosh Baruch Hu.

To escape Aisav's wrath
and to save his life;
Yaakov set out to Rivka's Imeinu's
brother, Lavan,
to take a wife.

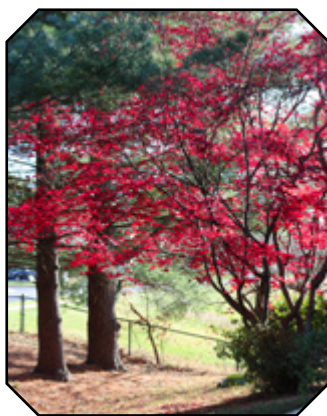
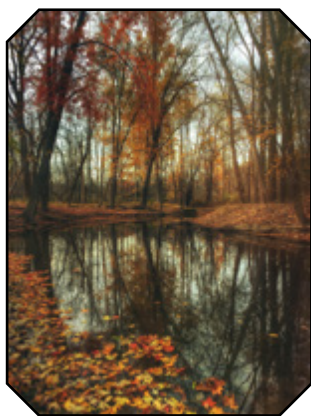
He'll be a blessing
He'll be blessed.
He'll build a great nation
A light to the rest.

To be continued ...

With much gratitude to our Father-in-Heaven and Hakaras Hatov
to R. Yitzchok I. Kaufman (The Spring Hill Times; Artsroll Chu-
mash (Shottenstein edition: Parashas Vayaira and Chaya Sarah
text and commentaries;) Rabbi Chaim Miller (Chumash Gutnick
Edition: Parshas Bereishis: text and commentaries;) Rabbi Moshe
Weissman (The Midrash says: Parshas Bereishis) and EK, LJ, and
DD.

Just Look At What Hashem Made For You!

It's a Stunning World!



It's Full of Love!



It's a Wonderful World!



A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

We discussed how our lips play a central role in communication. The position of someone's lips notifies us if they are happy or sad, shocked or surprised. Like so many of the wondrous gifts that Hashem gave us they barely receive any thought. Only after it's pointed out do we realize that, yes, they are something we use and benefit from constantly.

One of the quickest and most powerful ways to

recognize the benefits of Hashem's gifts is when it's temporarily withheld from us – similar to grabbing someone's attention to the lighting in the room by flipping off the switch for a minute.

We all recently received this clear reminder during the thick of Corona, everyone was walking around with masks. This made communication more difficult. Besides for the sound itself being muffled, the masks also

someone else's facial expressions and the emotions they reveal.

Often, in conversations we were left wondering, "Was the last sentence I heard in jest or was it serious", "Is the person I just spoke to fine with our conversation or is he getting upset and angry?" the usual clarity and connection we receive when speaking to others was lacking. Conversations became impersonal and a little bit awkward.

covered our lips. This took away the whole field of visual communication. We lost then the ability to pickup

Looking back to a time when a natural gift was withheld from us, can help us appreciate the gift which we usually have. Our past challenges can become a stepping stone for appreciation.

Not only to do our lips communicate our feel-

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A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

ings and emotions to other, they also serve as a central tool to physically express our אהבה to others. "הקב"

ה gave us with our lips the ability to kiss someone else. This universally accepted way to show אהבה and קירבה is mentioned numerous times in the תורה. We find יצחק kissing יעקב, יוסף kissing his brothers, יעקב kissing משה and משה kissing יתרו. These encompass all different types of relationships; father to son, son to father,

brothers to each other, איש לאשתו, and a son-in-law to a father-in-law.

We find in the שיר השירים the concept of "הקב" kissing and אלשיך. The כלל ישראל and others, teach us a deeper understanding on the topic. They explain that

ה ק ב " ה gave us two ways to physically express our אהבה to others – and חיבוק . נ י ש ו ק . – חיבוק

hugging is more external, נישוק – kissing is more internal, it is the פנימי connection of the נשמה. נשיקה is a wonderful tool if it's used sincerely in the proper time and place. "הקב" gave us this present by giving us lips.

Answers for the Parsha Game page 21
Salt: Eisav asked his father Yitzchok how to take off ma'ser from salt.
Goats: Rivka told Ya'akov to take two goats and shecht them for Yitzchok.



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CARNIVOROUS PLANTS – THE VENUS FLY TRAP

Let's turn from oranges and bananas to another type of plant life called the Venus Flytrap (VF).

It is one of the most amazing marvels of Hashem's world. It's a plant which eats insects. Now, after having looked at the orange, the banana and photosynthesis (which scientists themselves call a "truly mind-boggling miracle"), let us explore more of Hashem's miraculous world. There are so many amazing miracles that we find in every creature that the scientists study. Well, we are about to study another of Hashem's amazing creatures that clearly show the brilliant wisdom of Hashem and His perfect planning!

The Venus Flytrap is a plant that not only has the amaz-

ing means of catching insects, but it also has the digestive system necessary to digest the insect for its nutrients which are beneficial to the Venus Flytrap.

Let's think about this. Insects, in general, are very hard to catch, especially flies. I have a hard time



killing flies even with a fly swatter. Yet, this Venus flytrap, is faster at catching flies than you and I, and it does a great job of it. It just snaps its mouth closed, and boom! Fly dinner.

How does it do it? First, let me describe the plant to

you. (Please see the pictures)

Imagine a clam-like structure — which is green on the outside and red on the inside — when its mouth wide open. The upper and lower outer edges of the "mouth" are studded with soft, thin, teeth-like protrusions. The teeth are designed in such a way that when the mouth closes, the teeth interlock perfectly, like fingers of one hand would interlock with fingers of the other hand. This interlocking takes perfect correspondence. One side needs to be exactly, equal distant from the other side, but a drop off that one side doesn't bump into the other side, rather it is exactly in the correct place to make a perfect interlocking! That's how the outside of the Venus flytrap looks.

Let's see what's going on inside of Continued on next page



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it. The inside of this “mouth” is a red rose or pink color, a perfect color to attract insects. Furthermore, the center of the mouth emits a scent that attracts also insects. Along the inside of this red, fragrant center are 3 – 6 tiny, sensitive hairs. They’re called trigger hairs. If an insect, or anything else for that matter, touches one of them, the mouth won’t close. But, if two of them are touched, within twen-

ty seconds the plant snaps shut and the fly is caught.



(How the plant knows how to count is beyond me.) One must wonder how the

a constant wiggling will then trigger the digestive enzymes to be released in order to digest the caught insect. How these trigger hairs work is AN EXTREMELY COMPLICATED PROCESS. The plant possesses very sensitive mechanoreceptors. (Whatever that is, but you can be sure it’s extremely complicated. Anything but an accident, that’s for sure.) Upon contact with an insect the hair is triggered which then, via an electrical network – comparable to the nervous system of animals – rapidly closes the trap. Then special signals cause the trap to stay closed very tightly that the wiggling insect can’t push it open. In fact, the more the insect struggles the more the two sides tighten. THEN, once the two sides are very close to each other, special cells on the outer edge of the Continued on next page

“hinges” on the plant work to quickly shut which in itself requires a very complicated mechanism.

If it isn’t an insect that keeps on wiggling then after a short while it will reopen. Only if there’s





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trap secrete a special liquid that glues the two sides together to form an airtight seal. Once it's closed tight, more digestive juices are released and they will be locked in, avoiding leakage of the juices.

Then it releases special extremely chemically complicated digestive enzymes that are perfectly arranged so that it can digest the insect into chemicals and nutrients that the insect can get nutritional value from.

It makes "healthy" food for the plant from the caught insect. After the process is finished, which can take a few days, the plant will reopen for its next insect meal.

So, let's analyze what this plant had to "know" for it to be to work properly. This plant seems

to have known that there are insects in the world. It knows that they are attracted to certain colors. Which means that it knows that insects can see. It also knows that they can smell and are attracted to sweet smelling



scents. It realizes that it has to catch the insects very quickly, since they can easily get away quickly, and that they need to create a tight grip to keep them from escaping. These capabilities need great chemical and neuro-electronic functionality for it to work prop-

erly. It also needs to know that it has to digest the insect. Technically, if it's an accident it could just catch the insect and then nothing happens. It's all a waste of time and energy. But no, it

"realizes" that it needs to digest the insect for its well-being, so it needs to FIGURE OUT HOW TO MAKE VERY SPECIALIZED ENZYMES that are able to digest the insect in a way that the plant can

actually benefit from the digested insects nutrients. This is NOT AN ACCIDENT. An accident can't "know" ANYTHING. Anyone who studies these creatures of Hashem's world sees the amazing plan and purpose that Hashem put into every part of His creatures.

The author can be reached at emunahexplained@gmail.com

To be continued BE"H

THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: *The many miracles9. that's in your slice of bread.*

1. The seed has all the bits10. and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.

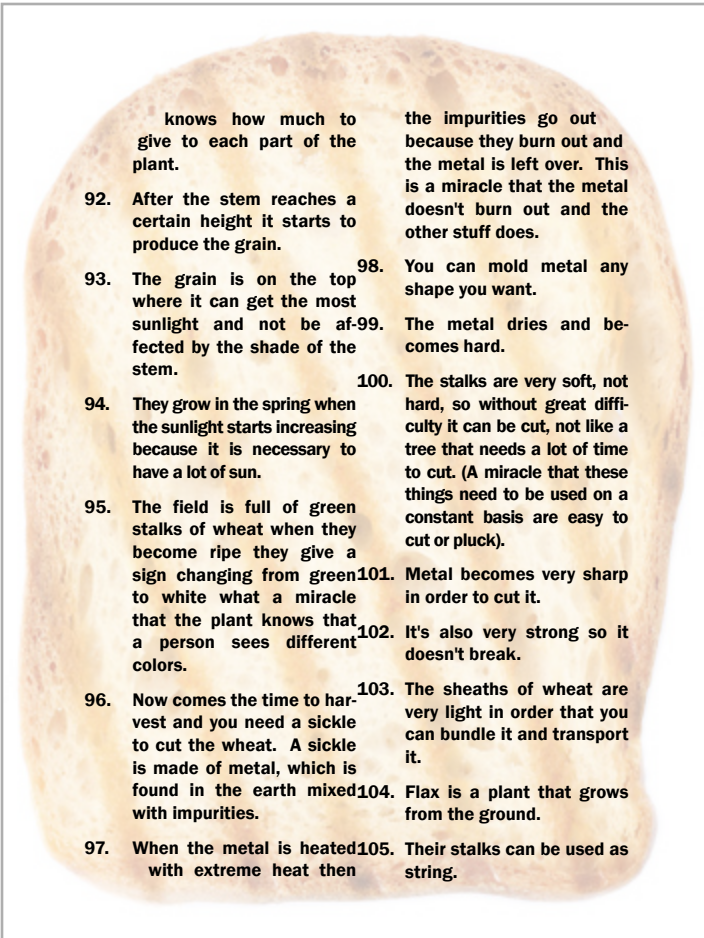


19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.
23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gas.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.

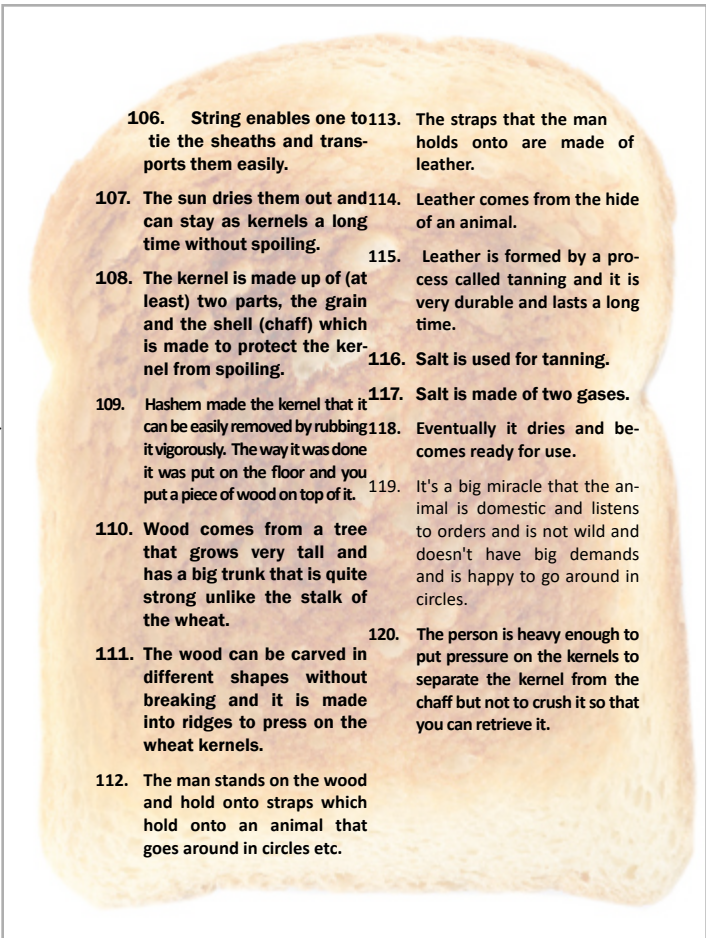
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.
51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to



68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the Co2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen, the by-product is CO2.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
91. Each one miraculously




- knows how much to give to each part of the plant.
92. After the stem reaches a certain height it starts to produce the grain.
93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
97. When the metal is heated with extreme heat then
- the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
98. You can mold metal any shape you want.
99. The metal dries and becomes hard.
100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
101. Metal becomes very sharp in order to cut it.
102. It's also very strong so it doesn't break.
103. The sheaths of wheat are very light in order that you can bundle it and transport it.
104. Flax is a plant that grows from the ground.
105. Their stalks can be used as string.



106. String enables one to tie the sheaths and transport them easily.
107. The sun dries them out and can stay as kernels a long time without spoiling.
108. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.
109. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.
110. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat.
111. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.
112. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.
113. The straps that the man holds onto are made of leather.
114. Leather comes from the hide of an animal.
115. Leather is formed by a process called tanning and it is very durable and lasts a long time.
116. Salt is used for tanning.
117. Salt is made of two gases. Eventually it dries and becomes ready for use.
118. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
119. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.
120. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.

♪ הזן את העולם כולו בטוב!!! ♪

121




Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.

122




Also, the good stays in one place and the bad part gets blown away.

123




The grain is thrown in the air with the strength of one person.

124




It is thrown up with a pitchfork which is a tool made of metal and wood.

125



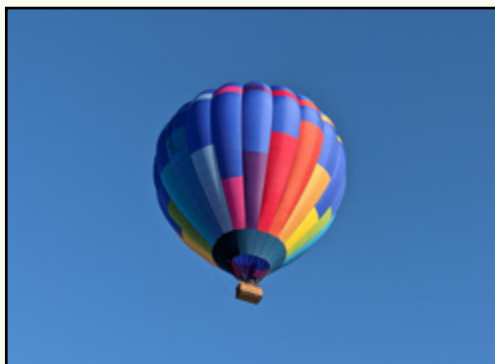
Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.

126



Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.

Fly Higher



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indefinable!

3

One time Motti*, a boy learning in Lakewood, was driving from Manhattan back to Yeshiva late at night, when two robbers forced him to give them money. Motti told them that he had money in his dorm. He came with them to his room and banged on his door saying that they were his friends, Mr. Ganav and Mr. Rotzeiach! The boys in the room understood and called the police.



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THE EMUNAH EXEMPTION

Chava G. Lakewood, N.J.

IT WAS DURING WORLD WAR TWO



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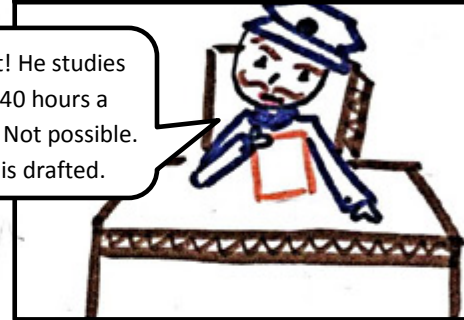
Exemption Form

Name: _____

Hours: 35

IF THEY WROTE LESS, THEY WEREN'T A STUDENT. IF THEY WROTE MORE...

What! He studies for 40 hours a week! Not possible. He is drafted.



YITZCHOK WAS A BIG TALMID CHACHAM AND LEARNED 70 HOURS A WEEK.



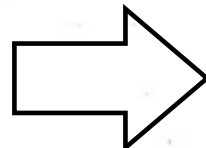
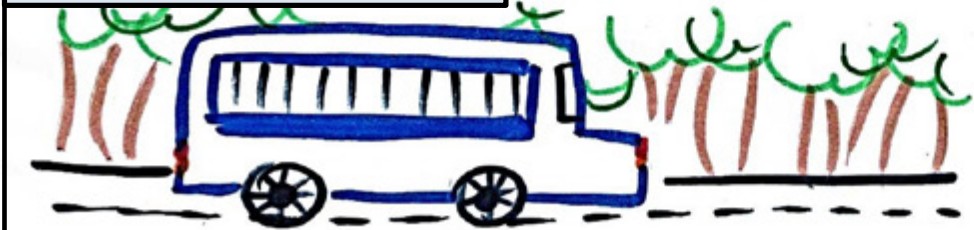
YITZCHOK APPROACHED R' SHLOMO HEIMAN

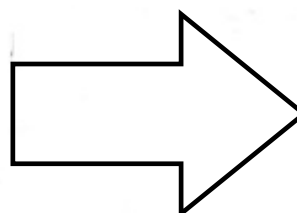
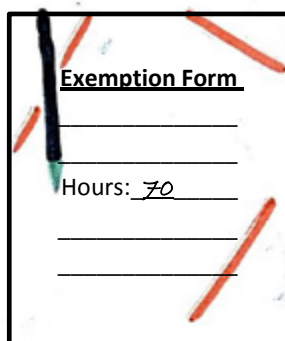
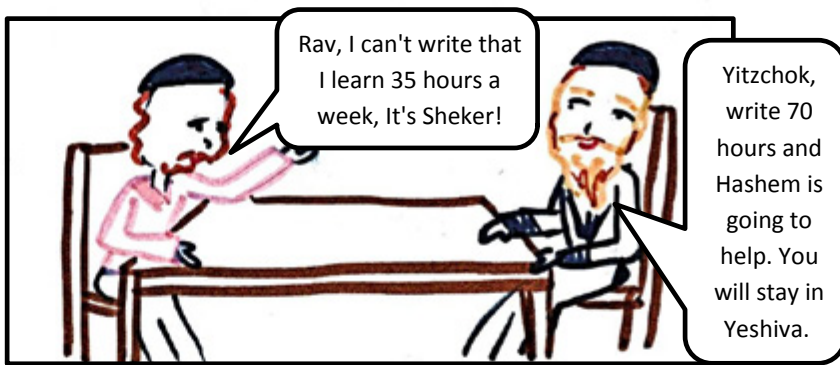
Rebbe, I can't write 35 hours- it's a lie!

Yitzchok, go to R' Yaakov Safsul, he will give you an answer.



YITZCHOK TRAVELLED TO R' YAAKOV SAFSUL

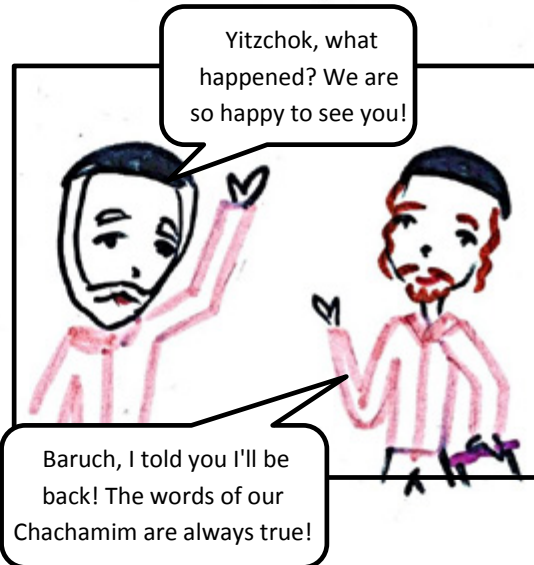




AT THE ARMY BASE



YITZCHOK DROVE BACK, SINGING TO HASHEM THE WHOLE WAY FOR THE GREAT NES.



ONE NEVER LOSES OUT FROM SAYING THE EMES!

By: E. Jungreis

ארץ חמדה טובה ורחבה!

Hashem's Wonderful Land



Kever of the Bais Yosef



View of the Kinneret

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BEAUTIFUL QUOTES

"If you open a sefer in your house, you are making the house kadosh, a bayis shenishma bo divrei Torah.... The house will be made holy and elevated..."

Rav Avigdor Miller Speaks Vol 1, Page 205

"...One apple seed has millions of bits of data...

No computer contains as much data as this little

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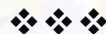
seed does."

Ibid. Page 210



"Do I daven from a sid-dur? the Rebbe asked the young man emotionally. Pointing to his heart, he said, I daven from here, from here."

The Ribnitzer Page 358



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"What does Hakadosh ba-

ruch Hu do all day and all day night long? He gives and gives more and continues to give more..."

Rabbi Zevy Golombeck - A Life with Bitachon



Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041 or call 385-381-0977 email: thespringhilltimes@gmail.com

When we talk about Ahavah Rabbah we are talking about how much love we have to give. We are talking about how that love can transform someone's day. This week's discussion is about a very important person that we need to work to pump up on a daily basis. And that is our own selves!!!!



One huge way to pump ourselves up is recognizing and realizing how VAST Hashem's love for us is. It means feeling how much He cares about us and believes in us and loves us and cherishes us. It means noticing the million things Hashem does for us every single day because WE ARE WORTH IT! We are valued. When we pump ourselves up in this kind of way it is easier for us to deal with disappointments, challenges, and stress.

We pump ourself up by knowing that Hashem is literally at our side protecting us and watching us. He is our Bodyguard, like it says, "Hinei lo yanum v'lo yishan shomer Yisrael."

One Shabbos, I was walking a far distance to pump up a nice person that I know. I was on a street with only non-Jews in sight for a stretch, and I felt very scared. Then I decided to think that if I had four soldiers, one on each side of me, I would feel calm. With this realization I focused on the thought that Hashem is so, so much stronger than soldiers and Hashem is on all four sides of me. I really imagined it on a deep level. And baruch Hashem I felt very calm. This was how I filled myself up with the comfort of knowing my Best Friend and Father is right near me watching over me. We can pump ourselves up all day by realizing how much Hashem loves us, is there for us, is sending us lots of gifts, and is at our side.

We can also pump ourselves up by taking time to notice and be thankful for the million things Hashem does for us each day. Take going to the bathroom for example. My father Amu'sh has taught me that it is a serious, complicated operation that

takes place easily by the best doctor for free and without pain! In addition to thanking Hashem that we can see, hear, taste, touch, smell, have food in the fridge, and have a bed to sleep in, we can look out for things that show us Hashem cares especially for us. For example, a parking spot opens the second you get there, or

the store has the exact item you were looking for, or someone sends you a cheesecake just when you were in the mood. People call these "hugs from Hashem," and we can find these all day when we look out for them.

Another way that we can pump ourselves up is by taking care of ourselves. Hashem gave us a mitzva that we get rewarded with more than a million dollars to take care of our physical and emotional health.

Hashem said "V'nishmartam me'od l'nafshosechem!" When the Torah uses the word me'od it means a lot! The Torah doesn't exaggerate and this mitzvah says me'od so it means a tremendous amount. Perhaps it says a lot to also include emotional health. You can pump yourself up by making sure you are eating well, sleeping well, walking in nature, drinking enough, and doing things you enjoy.

A few months ago, I learned from Rabbi Golombeck about the importance of sleeping enough. I have learned to internalize the concept of how Hashem loves me so much and wants me to sleep enough so that I can feel amazing. This idea has enabled me to go to sleep at night knowing Hashem will take care of the rest of whatever was not done that day. Taking care of myself by sleeping more has made me better able to love Hashem, better able to love all Yidden, and better able to love myself.

It is important to note that the more you pump yourself up by realizing Hashem loves you and finding things Hashem did for you and engaging in

self-care, the more you will have energy to pump others up!

Story:

On my walk in the park, I noticed that many people try to take pictures of their little babies in the park near the trees and water. However, in order to get the baby to smile, they say, "smile, smile, smile," and the baby does not smile. They get frustrated and then of course the baby does not smile. What they really need to do is play a little game of peekaboo, or laugh, or say hurray and the baby will almost always smile. I actually watched this today in the park. A photographer was trying to get a picture of a baby, saying smile, smile smile and could not get the baby to smile. A little later on my walk, I saw a nice family that did not have a photographer and they wanted to get a picture of their family. So I asked them if they want me to take the pictures for them and they were so happy and felt so pumped. They had a little baby. I just looked at her and said 'hurray', and of course she was smiling from ear to ear. The family was so happy and pumped. They baruch Hashem got great pictures for free. I was thinking it's really the same concept with pumping our own selves up and with Emunah and Bitachon! Lots of people talk about Emunah and tell people or themselves, "believe in Hashem, believe in Hashem, believe in Hashem." Doing this as lip service is like telling the baby, "smile, smile, smile," and the baby doesn't smile! However, we are very fortunate, and we have the Life with Bitochon - Rabbi Golombeck's way of Emunah and Bitochon which is wholly engaging.

There is a song and a dance of how MUCH Hashem Loves us and HOW LUCKY we are and how much we are recipients of Hashem's goodness.

There is a story and song about how we can 100 percent rely on Hashem for anything we need and want. There is emotion and excitement and lots

of HURRAYS! Rabbi Golombeck makes Hashem so real so we can feel it, and we feel like we are playfully wholeheartedly engaging with Hashem.

We feel Hashem is DODI, our Uncle and RO'I, our Shepherd, and AVINU, our Father, and we are laughing and feeling Hashem's desire for us to be joyful. Then we feel

amazing and we are truly happy, and we can smile for the picture.

Although this week is all about pumping ourselves up, we want to continue to pump up other people as well. Remember: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

Idea: It's so easy to share love with ourselves!

- We have a HeartTsharing practice filled with ways to pump ourselves up. We will share a few of the ideas here:
- Pump yourself up by tapping on your heart and thinking about 5 things you are grateful for.
- Pump yourself up by tapping on your heart and thinking about 4 things you did for others (smiled, set the table, sent a kind text message).
- Pump yourself up by tapping on your heart and thinking about 3 things you like about yourself (I am kind, I try my best, I think about others).
- Pump yourself up by tapping on your heart and breathing in and out 2 times, thinking about how Hashem loves you.
- Pump yourself up by tapping on your heart and thinking about a place you like (it can be in nature or anywhere) and imagining you are at that place. Feel Hashem is always with you at that place. See how many places you can imagine and then feel Hashem is with you at each place. (This includes a function called expansion, which improves how we conceptualize and internalize



concepts.)

- Pump yourself up by praising Hashem and finding ten things you are grateful for.

- Pump yourself up by going to the park or anywhere that has nature and start singing and dancing to Hashem.

- Pump yourself up by going to the park or anywhere that has nature and have your children join you in singing and dancing to Hashem.

- Pump yourself up by singing songs to Hashem as loud as you can, then as soft as you can, then in a medium voice. (This method of doing something in multiple ways creates expansion, which helps us internalize what we are doing.)

- Pump yourself up by calling "A Life with Bitachon" and reading The Spring Hill Times.

- Pump yourself up by singing Mizmor L'sodah.

- Pump yourself up by engaging in activities that you enjoy. If you enjoy baking, bake; if you enjoy drawing, draw; if you enjoy singing, sing; if you enjoy playing, play. Hashem wants you to enjoy this gorgeous world He created for us.

- Pump yourself up by finding the special "hug" that Hashem sent your way and finding something that Hashem did today to make your life easier.

- Pump yourself by reminding yourself of stories of Hakol Yochol that happened to you.

- Pump yourself up by writing notes that say how great Hashem is and how much He loves you!

- Pump yourself up by setting reminders that say Hashem loves you.

- Pump yourself up by singing songs of thanks to Hashem during breakfast, lunch and dinner.

Song: Tune: Ohr chodosh, ohr chodosh al Tzion ta'ir



One Two Three
(motion: snap and clap)

One two Three
(motion: snap and clap)

Hashem loves me!
(motion: snap and clap)

Dance to the beat

(motion: dance)

Dance to the beat (motion: dance)

Hashem loves me! (motion: dance)

Wave your hands up high (wave hands up high)

Wave your hands up high (wave hands up high)

Hashem loves me to the sky! (wave hands up high)

Say it again (motion: dance)

And again and again (motion: dance)

I am loved by Hashem! (motion: dance)

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.

Feeling Hashem's Love!

I had a vort tonight where I knew both sides and I really wanted to go. Someone told me, "Park at your parents' house and walk five blocks because there is no parking near the Simcha Hall and it's mobbed." I really, really didn't want to walk after a very long day today. I said to myself, "That's if I go with teva, but if I go with Hashem then I can get parking right across from the hall." I drove to the hall and I got a parking space right across from the Simcha Hall, better than ever and it's because I follow the yesodos of A Life with Bitachon !!!!!

AHAVAH RABBAH

HeartTsharing:
Sharing our love with others

Dr. C.F. Yakoby PhD LCSW



**I took these picture on my walk!
Hashem has made a stunning world
for us to enjoy!**

**Creating a game of finding the
beauty in Hashem's gorgeous world
helps us solidify the experience,
thus making it a real part of us.**

**Look outside your window and see
if you can find ten things in nature
that you have not noticed previous-
ly.**

**See if you can pump yourself up 100
times over the course of this Shab-
bos.**



Text your story of how you pumped someone up to 732-523-4824. Texting means you give permission to have your story included in this column. Texting does not guarantee your story will be in the column. Disclaimer: All information is for educations purposes only. For any medical or mental health advice contact a healthcare professional. Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways.

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Tuesday	

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Friday	

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Rabbi Zevy Golombeck

Illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

Q. It says in Parshas Vayeira that after Avimelech took Sarah, Hashem came to him in a dream and told him that he will die because of taking Sarah.

We hear on 'A Life with Bitachon' how much Hashem is full of love and kindness. Why is it that Hashem right away goes straight to the punishment? True, Avimelech made a mistake but it seems to give us a message of a very strict midas Hadin? What message are we supposed to take from the Passuk?

A. The answer to the question is that Hashem did not go straight to the punishment; he went straight to warning Avimelech that he would be getting a punishment. This is actually the biggest chesed and the biggest rachmanus, because why does Hashem tell him that He's going to do it? Why doesn't Hashem just do it? And the answer is that Hashem is doing it this way to give him a chance to react properly and avoid the punishment.

Like R' Efraim Wachsman said regarding Acher, he did the worst aveiros in Klal Yisrael, the worst aveiros. And R' Meir took Acher around to the children and said tell me a posuk, and they said, "Acher has no cheilek in Olam Haba," "Acher is chayav misah..."

Acher said, okay, so I'm doomed. Therefore, he gave up and he didn't do teshuva. R' Efraim Wachsman explains, the whole thing was a nisayon. Acher was supposed to react by saying, "Hashem, yes, that may be what a person is deserving if they are mored b'malchus, but You love me and You care for me. And because You love me and You care for me, therefore, I know it won't happen!"

So it comes out that why does Hashem say these words? Let Hashem just do it. The answer is that these words are just a nisayon. That's what you believe, that Hashem doesn't care about you?! That Hashem doesn't want to give you a chance? That's what you believe?! No! Say, "Hashem,

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Rabbi Zevy Golombeck

illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel*

fore, I'm going to do teshuva." Do you know how long Adam HaRishon lived? He was the second to longest living person in the world – 930 years! Can you imagine? The one who Hashem told Adam HaRishon that if he eats from the eitz he's going to die, he lived 930 years!

Hashem is showing you that, no, I love you! It's just a nisayon to see how you're going to relate to Me. Hashem wants you to respond, You're my loving caring Father. It's as if a parent would say, "Okay, now I hate you." And the child says, "No, Tatty you love me!" "Oh, you realize I love you? That's what I was waiting to hear!"

That's the biggest teshuva. That's the best teshuva. All Hashem wants to see is that we love Him. And we have to tell Hashem, "Hashem! You love me! You're going to forgive me!" And that's the best teshuva, the best kapparah, and that makes a person snow white clean and he has nothing to worry about.

You're Hashem. You have mechila. I know You're going to be mochel."

That's exactly what happened. Hashem told Avimelech, "I'll even tell you what to do. Go ask Avraham to daven for you."

Similarly, by Adam HaRishon, Hashem told him he a was going to die, and he didn't die. You know why? Because Adam HaRishon said, "Hashem, You're mochel people. And there-

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Story Time

Stories From 'A Life With Bitachon'



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Mr. Bizyonos

#1660- This story was called in by a very choshuve yungerman by the name of Ye-

huda Tzvi Kramer. He said that last year, he got a letter in the mail inviting him to a sale



for yungerleit to purchase the daled minim. When he went last year and he arrived, he saw it was jam packed with hundreds and hundred of yungerleit; you were hardly able to move. To look for an esrog took him hours upon hours. Now, he got the same invitation this year.

He was thinking to himself, "Do I really want to go through the same thing and do what I did last year? It was so hard and so difficult; I was hardly able to move."

Then he said, "One second. This year, I'm going to go with Emunah and Bitachon! I believe Hashem is Hakol Yachol. Hakadosh Baruch Hu can give me the perfect esrog with



the snap of a finger, 1,2,3. It's going to be so easy and geshmak!" With that he went to the sale being mechazek that Hakadosh Baruch Hu is Hakol Yachol and He can do everything and anything. He thought, "I can be in and out just like that!"

When Yehuda Tzvi arrived, all of a sudden, a youngster came over to him and said, "You know, I just bought three esrogim, the most mehudar, beautiful esrogim. Then I realized that I only need two; I don't need this third one. Would you like to have it? It's already checked by a Rav, and he said it's the most beautiful and magnificent esrog." Yehuda Tzvi answered, "Are you serious?? This is exactly what I was having Bitachon for!"

In no time, he was in and out, chick chock, 1,2,3; with the best service!



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#1661- This story was called in by Mrs. Blau. It was garbage day, and Mrs. Blau put her garbage out for pickup. She brought out her garbage to the curb. When she came out an hour later, she saw that all the garbage bins were taking besides for hers. She realized and noticed that someone who came to visit didn't realize, and they parked right in front of all her garbage cans, blocking them. Therefore, the garbage wasn't able to get picked up.



So she was thinking, "What should I do now? I really want my garbage to get picked up right away, but the garbage men already left!"

Then she thought, "One second. Who is in charge of garbage pick up? Who is in charge of taking care of it? The garbage men? It's my loving caring father, Hakadosh Baruch Hu, the Ribbono Shel Olam. I'm just going to leave it up to Him. He's Hakol Yachol. He can do everything and anything."

Story Time

Stories From 'A Life With Bitachon'

Mrs. Blau said that one hour later she looked outside, and she saw the garbage truck right across the street! She went outside and asked them if she can bring them her garbage. They said, "Of course! Sure, no problem!" And just like that, 1,2,3, her garbage was picked up!



#1662- This story was called in by a very choshuve yungerman named Yehuda Zev Mann. He said that on Yom Tov his Rebbetzin wanted to bring the kinderlach for Birchas Kohanim. But the issue was, that he was davening far away from the house, and his wife wanted to bring the kids to the local shul near where they lived. Who was going to bring the kids in? Who was going to take care of them during Birchas Kohanim? What's going to be? So she said, "You know what I'm going to do? I'm just going to take a walk toward shul and have Bitachon that Hashem is Hakol Yachol, and He can do everything and anything. Therefore, it doesn't matter if my husband is in a far off shul! Hashem has many other shluchim to take care of things. I'm just going to leave it up to Hashem, the Ribbono Shel Olam."

As she was walking, all of a sudden, she looked up and she saw her father was walking right past the shul! She was wondering, "My father doesn't live anywhere close to here! What is he doing here?" She said, "Totty! Why are you here?" Her father answered, "Well, I davened vasikin, my minyan already finished a long time ago, and now I was walking somewhere and I'm passing by. Why? What do you need from me? Can I be of help or assistance? She said, "Yes! I was looking for someone to take my kinderlach in to Birchas Kohanim. The shul is up to it at any minute!"

Her father said, "Sure of course, my greatest pleasure!" He walked in and they were just up to Retzeh, and everything worked out!



#1663- This story was called in from Eretz Yisrael by a very chashuve yungerman named Dov Hepner. He was traveling to Bnei Brak, and on the way he wanted to stop off at the local gas station to buy something to eat. When he got out of his car, he heard a voice coming out of the bathroom. "I'm stuck!

COMPLAINT CONTROL

GET RID OF ALL YOUR
COMPLAINTS!
1-2-3!



Read
The Spring Hill Times

Story Time

Stories From 'A Life With Bitachon'

I'm locked inside! Please help me out!" He heard banging and knocking. Yisrael Dov went at once and told him, "Have no worries, have no fears. I'm going to get you out. Let's try this, let's try that." The man said that he already tried all those tricks but he'll try it again. So they tried it again, but to no avail. The lock was jammed. It wasn't opening, wasn't budging, wasn't moving.

Yisrael Dov told this yid, "Have no worries, have no fears, I'm going to go inside and call the worker. I'll call the manager." He said maybe we could try this or try that, scissors; or a knife. But again, nothing helped. The lock was not budging. It was not moving. They tried all the tricks in the book.

Yisrael Dov was thinking, "What should he do now? This yid is locked in, we tried every last trick. Then he said, "One second. Who let the door get open until now? Hashem! Who



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made it that the door should not open now? Hashem! So if Hashem is the one doing everything, so let me just be mechazek and say and sing, "Hakol Yachol."

Then he told the Yid stuck in the bathroom, just try again, try it right now!

With that, he just flung open the door, simple as pie, 1,2,3!

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I am mechanech my children in a way that I consider to be most effective. However, my wife feels that chinuch should be done differently. Whenever she tries her method, it just makes the situation worse. I try explaining to her that her method is being counterproductive, but she keeps on doing things her way. What should my perspective be?

A. Instead of arguing which method is better, decide upon a da'as torah to whom you will pose both methods, and agree to do according to the way he tells you.

In general, you must realize, your wife cannot affect

your children one iota. Your obligation of chinuch is just a hishtadlus to help your children, but all results are from Hakadosh Baruch Hu.

Turn to Hashem, and say, 'I recognize that all results are from You. Please help my children turn out the best possible way'. This is one important hishtadlus in fulfilling mitzvas chinuch.

Q. I have a son who's a big ka'noi. Whenever one of his siblings does something wrong, he lashes out, 'you're a goy for this', 'you're a sheigitz for that'. I try to explain to him that this is not the way to speak, but my son is not changing. Which hishtadlus can I do

to influence him to change?

A. Habituate your child to think positively. Tell your child, 'Whenever you feel like telling someone off, if you control yourself, and instead you come to me and say something positive about him, I'll give you a small reward'.

When you train your son with prizes and rewards him to start focusing on positive things, eventually he will come to realize how much good he could discover in each person. He will begin to see how much better it feels to view people in a positive light, and, b'ezras Hashem, he will soften up.

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The



Bitachon Perspective

Continued

Q. My dream

always was to have a Shabbos Seuda with the children sitting around the table singing zemiros, saying Divrei Torah and sharing stories of Tzaddikim.

But the reality is very different. There are no zemiros or Divrei Torah, the children don't stay in their seats, and it doesn't look like a Shabbos Seuda at all.

In addition to the bad feeling of losing out on an enjoyable Shabbos experience, I wonder how could such a Seuda bring the bra-

cha that Shabbos is supposed to bring?

A. In Novardhok they would say that an example of a successful Shabbos Seuda is when everything is going wrong! There is no zemiros, no one is sitting in their seats, the kids are spilling things and making a mess, and the ba'al habayis is sitting at the head of the table and thinking, 'Wow, Hakadosh Baruch Hu! The message of Shabbos is to remind ourselves that You are running the world. Yes, I recognize that this is the way You want my Shabbos Seuda to look, and I'm so

happy with it!'

When children are fighting and getting on your nerves, and you don't lose your composure, you are having the most successful Shabbos table imaginable!

Of course, you should think of ways to make your Shabbos Seuda a more enjoyable one for the future. But if at the present, this is how your Shabbos Seuda looks, you should know, that is gevaldig.

And when you learn to enjoy your Shabbos Seuda, however it may look, you are truly fulfilling the purpose

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The



Bitachon Perspective

Continued of Shabbos, and you will receive all the bracha that Shabbos offers.

Q, My daughter suffers from social anxiety in school. She doesn't feel comfortable around her peers. What can I do to help her?

A. Sit down with your daughter and write down a

list of her ma'alos. Express how much you admire and appreciate her. Show her that she has so much going for her.

Then, tell her how much you love her and how much you care about her. Explain that Hashem loves her still more, and cares for her more than we could ever imagine.

After she feels good about herself, explain to her that

there actually is no reason to be intimidated by people. Teach her about the concept Hakavod Hevel Havalim; you're not living to please people. You're only interested in pleasing Hashem and His opinion of you is what really counts.

Next, give her

a daily exercise to break out of her fear of people. Each day in school she should do one thing which is beyond her comfort zone, for example: approach a friend and schmooze with her, or to speak up in class. And after she comes home each day, she should report to you which exercise she did.

When she tells you what she did, make a BIG deal over it. Give her a treat, make a special supper or buy her something special. Tell her how courageous she is and how much she's growing.

Your chizuk will give her the confidence to continue breaking her fear of people, and be'ezras Hashem, she will be completely cured and feel comfortable about herself when around other people.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

Ride the Train!



You are speeding towards a most fabulous destination!

It's going to be total bliss!

Just keep on loving Hashem and doing His Mitzvos!

Our Readers Share



Editor's Note: Some of these stories are from Shevat-Adar!

Hashem Connects Call



I was trying to reach someone, and every time I called it didn't even ring; it went straight to a machine. I tried a lot of times! Every single time the same thing happened. Then I davened very hard that I should be able to get through. After I davened, it went through right away!!

Amram Weinstein - Fallsburg, New York

Fork Found



The Feldmans* made a cheesecake for Shavuos. As they were mixing the cheesecake batter, a piece of the plastic

fork broke off into the batter. They fished around in the batter until they found a piece of the fork, and they took it out. On Shavuos, their baby brother was eating a piece of the cheesecake, but he stopped before finishing his slice. Mrs. Feldman continued eating the rest of the baby's cheesecake, and she found another piece of the fork that they had missed. Baruch Hashem, the baby didn't eat it!

A Reader

Bitachon is the Best Segula



We really like the Spring Hill Times! I was looking for something and I could not find it. I was looking for a very long time, and I just said, "Hashem, I don't know the words of 'Amar Rabbi Binyamin,' but Hashem, You could do anything, and You could make find it!" Right then, I found it!

A Reader



I'm an avid reader of the Spring Hill Times, we are really so grateful! I wait for it the whole week to read it over Shabbos.

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE'H your story will be printed in the paper.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

Shalom Brings Bracha



Four years ago, I had been speaking to a relative and I mentioned that we could use a car. The relative said, "Oh! We have one! It's sitting around. It's my pleasure to give it you." We made up a price, and then they commented that there was a certain issue with the car. They said that they were handy, so they would make it work and fix it for us.

Once we got the car, we went to the mechanic to check it out, and the mechanic made us feel very bad that we spent so much money. He said, "Why did you pay so much this car? It's only worth 1/3 of the price that you paid." And not just that, this fixing that the relative said he was going to do for us, ended up actually making things much worse. We ended up having to spend much more money just to make the car usable and workable.

Anyway, I made up not to tell this relative anything, and that we would all just be thankful. Every time we met them, we tried to focus

on one part that we were really appreciative of, and we thanked them and never allowed it to get in the way. I am grateful because we have a beautiful relationship with this relative.

It's been four years since then. Some time ago, we moved and this relative commented that they wanted to help us because our payments for our new home was higher than what we had been paying before. They started giving us money monthly.

I just made a cheshbon, and I realized that they already gave us more than SIX times the amount that we paid them for the vehicle originally! It hit me very strongly how back then I was mevater and felt that it wasn't worth it for me to make an issue of the money and the heartache that we went through, and we overcame the bad feelings we had about the purchase.

Looking back now, I see how Hashem has already paid us back thousands and thousand of dollars more; about six times more than we initially paid this relative!

A Reader

Special Delivery from Hashem



I went to the bank, and I wanted to withdraw money. I went to the ATM machine, but I realized that I didn't have my debit card, so I went to the teller. It was a new teller who was in training, and was not aware that you need a debit card to withdraw money, so she did the entire transaction for me without my debit card.

As I was getting my money, an older teller said to me, "Next time, Ma'am, you need your debit card." I thanked him very much and went home to check for it. I asked my husband if he knew where it was, and we realized it was missing. We didn't know where it was.

I was going to have to call my bank to cancel this card and have them send me a new one. I would have to wait to get a new one."

Less than an hour later, my daughter came in from the bus, telling me that the mailman had stopped and handed her the mail. I took the mail, the one envelope that came that day, to find that

it was from my bank. They had sent me a new debit card, because my previous one was about to expire! I was so grateful to Hashem that He put it in their minds a week before I even knew the card was missing, to send it to me. All so that the day I realized it was missing, I wouldn't have agmas nefesh.

Within an hour after knowing it was missing, I had a new debit card, activated, with a new expiration date, ready to be used, right there in my house! Without having to call the bank and wait a whole week without a card.

I want to thank Hashem for that publicly, that He manipulated all the details without me knowing, to work it out for me just when I needed, to prevent me from having agmas nefesh.

A Reader

Chizuk with Perfect Timing



A couple of weeks ago, I opened up the Spring Hill Times to read the stories that people sent in. There was a caption that really

caught my eye, and I thought I would get chizuk from the story. It sounded just like the chizuk I needed. After reading the story, I was surprised to recall that it was actually my own story that I had sent in many weeks before, but was only printed at that point! I realized that Hashem sent me this chizuk so that I should get the chizuk from my own life; to remind me a few weeks later when I needed the chizuk from that story!

A Reader

Hashem Arranges Perfect Fit!



I wanted to buy a new toaster oven, but the shelf I had available for it was very small. I was speaking to the salesperson, and we picked a size that was a drop bigger than my shelf, but I decided to still buy it. Later, I decided I wanted to cancel the order, but they told me it was too late; the shipment had gone out already. I would have to decide what to do with it when it arrived. I wanted to see how Hashem was going to make it work, and Hashem worked

it out to the exact detail! It's true that the toaster oven was bigger than the shelf itself, but to my biggest surprise, the legs of the toaster oven, which holds it secure, were deeper in underneath than the actual toaster. The legs fit on my shelf even though the body of the toaster oven was protruding.

I thank Hashem that it worked out; the exact one I wanted, with all its features, actually fit exactly on my shelf!

A Reader

Boys Are Ready On Time



I drive my Mesivta boys to Yeshiva once or twice a week as part of a carpool so they can avoid a 45 minute bus ride for a drive that takes less than ten minutes. This way, they could get a little more sleep, since they get home so late each night. Until this week, my younger boys' bus came no earlier than 8:25, so when I would come back at 7:40 from bringing my older boys, I was home in time to wake them up at 7:45 as I did each day to get them ready for Yeshiva. At

the end of last week, however, my younger boys' bus route changed, and their new time was 8:01. Therefore, when I left my house this morning to bring my older boys, I was momentarily concerned about how I would manage to get my little boys ready for their bus. I quickly reminded myself that as Rabbi Golombeck says so often, "It's impossible to lose out by doing the right thing." I felt confident that Hashem would help me get my younger boys ready more easily than usual.

Sure enough, my boys were ready on time, and they even had a chance to sit down and eat breakfast, instead of just grabbing a granola bar!

A Reader - Monsey, New York

Thank You, Hashem!



I told Hashem I would publish these few nissim in the Spring Hill Times to show everyone that Hashem is in charge of what happened in every second in our lives!

My baby woke up at 4:30. I asked Hashem to please help my baby go back to sleep and sleep until 7:30. My baby went back to sleep and slept until 9:30! Thank You, Hashem!

My sister gave me a gift card to use in a certain chain of stores. One of the stores said I can't use it because it

isn't under my name. Before I went to the second store I said, "Hashem! You're in charge! I'll send it in to the Spring Hill Times!" This time, the cashier didn't ask any questions! Thank You, Hashem!

I had a big bill to pay and I told Hashem that He is the richest father in the whole world and I am relying on Him. I went somewhere for Shabbos, and the host decided to give me a money present!! Thank You, Hashem!

A Reader - Monsey, New York

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Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem 20,000g</u>	<u>1%</u>	<u>Ads on Shabbos 0g</u>	<u>100%</u>
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Hashem Loves You!

Ori Magidish is a girl who was taken hostage on Simchas Torah morning.

Ori Megidish's mother, performed the special mitzvah of הפרשת חלה "Separating Challah," which has the unique ability to bring great Brachos and major Yeshuos to Klal Yisroel, as printed in many Se-forim HaKedoshim

While she was מפריש חלה, she spoke to Hashem while crying from the depths of her heart, making the Beracha and pleading with

Hashem to bring home her daughter along with all of the hostages.

Miraculously, just a few days later, Hashem brought Ori home!

When Ori came home, everyone was filled with an indescribable joy and deeply felt Emunah in the power of heartfelt Tefila, and in the special Mitzvah that Hashem gave us of הפרשת חלה

People who were not yet aware of the infinite and endless power of Tefila started singing a different tune. "I used to be not so into davening", said an eighteen year old yeshiva bochur, "and I used to wonder - will my Tefilos really make a difference? But I see now that davening is EVERYTHING! Hashem loves our heartfelt Tefilos and eagerly waits for us to call out to Him! - It's literally דברים העומדים ברומו של עולם - 'Things that stand at the very top of the world' (Brachos 6b)

Yidden of all types and of all groups were singing and dancing at this open and revealed miracle. Chassidim in Ashkelon were seen rejoicing in the streets after hearing the news, as were Yidden in many different places.

Hashem eagerly awaits our Tefilos and stores every word and every tear in His most cherished treasure-house. He saves our Tefilos and uses it to bring us great Yeshuos when we need it most!

Hashem will turn everything into open טוב and revealed goodness!

Hashem loves us!

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