

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, בתוך שאר חולי ישראל

Issue 126

Vayeishev - Shabbos Chanukah

Kislev 5784

ALL HASHEM WANTS IS ACHDUS!

PAGE 7

This week's issue is also dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!



**THANK YOU, HASHEM, FOR BEING SO KIND TO US!
WE LOVE YOU, HASHEM!**

Emunah and Bitachon News

**SHABBOS WITH THE MAHARIL DISKIN
PAGE 24**

PARADISE!

Yidden all over the world are looking forward to spending the most wonderful Yom Tov of Chanukah together with Hashem!

Eight nights and days of non-stop praising and thanking Hashem! Such wonderful Mitzvos and so many hidurim!

Delicious Seudos, exciting gifts and beautiful Zemiros and Tishbachos!

A time when we come closer than ever to Hashem! What a treat!

A true Gan Eden in this world!

Put together Shabbos and Chanukah and it's Gan Eden in Gan Eden!

Thank You, Hashem! We love, Hashem!

ועמר - כולם צדיקים!

The following is a letter that we received from someone in Eretz

Yisrael. It shows us the unbelievable spiritual revolution that is taking place in Klal Yisrael. A teshuva that Klal Yisrael has never seen before! People who were so far from Hashem are coming so close!

I want to share what my husband and I witnessed yesterday...

We have a daughter who has had quite a few surgeries. When-

Continued on page 3



Spreading Hashem's Goodness all Around the World!

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף לזכות הנחור משה דוב בער בן אסתר, לוויג הגון בקרוב. לזכות רפואה שלמה: דוד יעקב בן פעשא לאה

לע"נ ר' משה זצ"ל
בן ר' שמעון שליט"א
יארצייט ל' בסליו



Continued from front page *ever she is in surgery, we sit in the waiting room and we daven to Hashem.*

It is often quite hard to daven because there is noise from other people's phones or from people chatting loudly together etc...

Yesterday, we were blown away and moved to tears by what went on in the waiting room. The scene in the waiting room was one that we have never ever witnessed in the eleven years of hanging out in surgery waiting rooms...

There was silence! Everyone, and I mean everyone, was davening. There were all type of Jews there, and everyone was saying something to HaKadosh Baruch Hu...

No one has ever asked me in the past to borrow my tehilim or sid-dur. Yesterday, I was asked four times!!!!

One woman took my siddur and said she wanted to say shemoneh esrei. I saw another woman come up to her and asked her to find shema for her..

A man (with earrings in his ears) gave his son a tehilim and took a kipa off the shelf and told his son to put it on. His son, around sixteen-years-old with a design carved into his hair, put it on and finished two books of tehilim mechulak. He then put on tefilin!!!

I saw men with no kippot putting on tefilin... borrowing each others' caps...

One bareheaded man told another bareheaded man to give tzedaka for the zechus of a relative who was having surgery and told him to say a perek tehilim.

Another woman had a new tehilim mechulak and gave each member of her family a few to say. One

woman asked her to wait. She took her cardigan and covered her hair with it....

HASHEM... Look at YOUR children... connecting to You, pleading with you, acknowledging that there is nothing else but YOU..."

ושבת עד ד' אלוקיך!

SHABBOS PROTECTS!

The oldest son of a family in Bnei Brak went off the derech. Several years ago, the mother of the family passed away. Her petirah inspired this son to commit to keep Shabbos, l'ilui nishmasah. He didn't do complete teshuvah. He continued to spend time with friends who were off the derech, but, come what may, he kept Shabbos.

Before Simchas Torah, his friends told him they were going to some sort of festival down South, and they invited him to join them. This festival was not in the spirit of Torah and not anything his father would approve of. It was certainly not appropriate for a bachur from such a chashuveh family to be there at all, but he agreed to the invitation, with one caveat: "I'll come, but I'm keeping Shabbos."

How would he keep Shabbos with all the emptiness going on all around him? He went there with a trailer, and he prepared a blech with cooked food. He organized the trailer nicely and set up electricity so he wouldn't have to turn on the lights on Shabbos, chas v'shalom. He truly did everything like a kosher Jew; he created an island of Shabbos in the midst of the desecration. Since he had already brought along all the equip-

ment and had prepared so much, he invited some friends into his "Shabbos room" and traveled down South. He had just parked the trailer near where the terrible party was to be held that night, and he got a call. His father was on the line.

"Listen to me," he told his son. "I want you back here in the house. Now."

"Why, Abba? What happened?"

His father himself had no idea what happened. He felt he was being pushed from on High. "You need to be home for Yom Tov!"

"But I'm already here, and I promise I'll keep Shabbos. I have a whole trailer here with everything we need."

"I haven't gotten involved in your life before," his father said. "This is the first thing I'm asking of you. Come."

"But will I make it in time? It's a long trip."

HOME SECURITY SYSTEMS Protection at its best!



***Hashem stands guard at
your door!
Kiss the mezuzah every time
you pass it!***

“You’ll make it. Leave right now. I’m waiting for you.”

The bachur listened to his father shlit”a. He traveled home immediately, leaving behind the trailer and his friends. He was spared from the attack.

But the story doesn’t end there.

When the terrorists infiltrated, the bachur’s friends hurried into the trailer. They locked the door and lay down on the floor. The terrorists advanced in the direction of the trailer – a flimsy structure made of simple walls and a simple door that could be easily broken. The terrorists tried to break the door down but did not succeed. They lit a fire underneath the trailer and only then left the premises. After they left, Hashem made the fire go out on its own. The lives of those friends who were inside the “Shabbos room” were saved! [Kav Hashgacha Pratis]

L’MAAN YAARICHUN YAMECHA

Yosef,* a sixteen-year-old bachur, learns in a yeshiva in Petach Tikvah. He lives in Sderot, and his parents are not yet shomrei Torah umitzvos.

His parents decided to travel up North for Simchas Torah, but the bachur decided not to join them.. Instead, he planned to stay home in Sderot, together with a few other bachurim in similar situations. They prepared food, organized whatever they needed, and prepared with great joy for Shemini Atzeres, zman simchaseinu.

On Hoshana Rabbah, when he returned from davening, he found a note on the kitchen table, written in his mother’s handwriting: “My son, please come with us to make Kiddush and give us chizuk. Ima.”

His mother’s note indicated her desire to come closer to Hashem and to be mischazeik. "If I don’t make them Kiddush,” Yosef thought, “who will make them Kiddush? And if my parents are asking for chizuk, how could I not give it to them?” He didn’t know what to do. He called the Rav, and he told him that it would certainly be better for him to travel up North to be with his parents.

He called his mother immediately, and she told him that they were already quite a distance from Sderot, but they would come back to get him.

On the morning of Simchas Torah, while they were in the North, Yosef’s father got an emergency call to go to the battleground in the South. Yosef understood that something terrible had happened, but he didn’t

imagine how terrible. Afterwards, Yosef found out that three of his friends had gotten up to daven vasikin, and were killed, Al Kiddush Hashem, by terrorists. Yosef’s plan had been to daven vasikin along with his friends, and it was only the fact that he traveled up North

DEAR READER!
We are looking to send copies of the Spring Hill Times to English speaking soldiers that are in the Israeli Army.
WE NEED SOMEONE WHO CAN BRING THEM THE COPIES.
If you are able to help us, please call/text 845-327-5041 or email: thespringhilltimes@gmail.com
Thank you!

ALWAYS IN YOUR LOCATION!
RENOWNED SHADCHAN
 Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have מו"מ or don't have מו"מ
- Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact HASHEM any time any place

- ☑ Tefilla and Tehillim
- 🙏 Bitachon
- 👏 Maasim Tovim

to be with his parents that saved his life.

We don't know cheshbonos Shamayim, but from what we see, it seems that the zechus of honoring his parents stood by him, and the zechus of his parents, who wanted to be mischazeik, stood by them, and their son remained alive! [Kav Hashgacha Pratis]

GRATITUDE AND SIMCHA BRING YESHUA!

R' Lowey,* an avreich from Yerushalyim, related that he traveled to the U.S. for Sukkos. Like many others, he wanted to return after Yom Tov, but the airlines canceled their flights to Israel and he didn't know how they would return to their home. The airline

refused to reimburse them for the cancellation. The officials explained impatiently that the outbreak of a war is considered "an act of G-d," and in such cases there are no reimbursements.

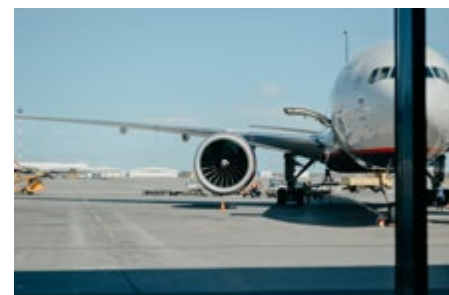
People bought new tickets at exorbitant prices, but he and several of his friends tried to find a way to get home without spending so much money.

His originally scheduled flight had a stopover. He contacted a travel agent, who proposed switching that flight, which would cost several



hundred dollars. He tried speaking with other agents, but whatever they had to offer would cost even more. The agents said they would have to add 300-400 dollars – a large sum of money that he and his friends would have a hard time paying.

While he was searching for phone numbers of people who might be able to help, one of his friends suggested, "Let's say Mizmor l'sodah together," and they began.



He said the whole Perek in a lively, happy way, and then R' Lowy made one more phone call – which resulted in a perfect solution: The flight they had originally booked would be able to depart as planned. The route was changed a bit, but they would not need to pay anything at all for that change!

By saying Mizmor L'sodah, they strengthened their Emunah that everything comes from Hashem Yisbarach, and even if there seems to be difficulties and complications, everything is part of the mercy and kindness of the Creator. [Kav Hashgacha Pratis]

The Ahavas Hashem POWER PLANT

Powering Klal Yisrael with love for Hashem



Awesome Energy!

The Spring Hill Times



WEEKLY NEWS ROUNDUP

"Who Gets Insulted by a Mentchy!?"



Rivky* was criticized by someone. Instead of taking it to heart, she repeated to herself in her mind what she hears on 'A Life with Bitachon': that people are just Mentchies, Fischer Price toys. "And who gets insulted by a Mentchy?"

She is now able to continue to see the person, smile at them, and even compliment them as if nothing happened!

[R' Zevy Golombeck]

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Feeling Hashem's Endless Love!

Mrs. Robert's* has anxiety that makes falling asleep for her difficult.



She devised a plan to aid her in the process. She either listens to the Ki Tov Hashem News Station or to 'A Life with Bitachon' songs and finds herself melting into rosy dreams.

She actually appreciates the fact that she has anxiety because it

gives her the impetus to listen to the Ki Tov Hashem News Station and to The Bitachon Hotline songs.

One Leil Shabbos (when one isn't allowed to make phone calls), she had to develop a second plan.

She thought about how much Hashem had hugged and kissed her that day and how much He had showered her with love the whole day, and with that, she fell asleep!

[R' Zevy Golombeck]

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Hashem Sends Guests!



The Berman* children were begging their parents the whole week for guests for Shabbos. They wanted to have playmates for after the meal.

Thursday came and a family agreed to come, but then it didn't work out in the end.

On Friday morning, they said "Hashem, He can do anything and everything, He can bring us guests."

The next thing they know, they got a phone call.

"We know it's last minute, but can

we come for a Shabbos meal?"

Hashem made it that guests would come! Just like the story of Avraham Avinu and the Malachim! They were waiting for guests, and Hashem sent them!

[R' Zevy Golombeck]

.....

Hashem is the Master Coordinator!



Mrs. Braunstein* wanted a new coat closet but could not afford one. The house was starting to get messy.

She was speaking with her neighbor, who said, "Wow, we are redoing our house, and we have a coat closet that we want to give away!"

The closet matched her house perfectly- the color, the style, everything!

Am Yisrael is one of a kind; all they want to do is share with others!

Hashem is the master coordinator...everyone comes out as winners!

[R' Zevy Golombeck]

TIME FOR REVIEW



KI TOV HASHEM NEWS

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Boy Makes Kiddush Hashem!!

R' Dov from Kiryat Sefer needed to go to the Misrad Hapnim in Kfar Saba.

While they were there, they saw an Arab lady who was cleaning the place.

R' Dov's son Tzvi went over to her and said, "Thank you for cleaning."

There was a non-frum lady who saw this. She came over to them and said: "Wow. Your son is so amazing! I heard him saying, "Thank you." I can't believe such a thing! You must be giving him a good chinuch!"

In related news:

Mrs. Shenkolovsky went into the store. The cashier told her how much to pay and she realized that they undercharged her one quarter. So, she gave it to them, and the cashier said to her, "Only you Jews can do such a thing. Only you Jews care about returning every penny. Most people don't care. I'm so impressed by you Jewish people."

עבדי אתה - ישראל אשר - בך אתפאר!

.....

Hashem Loves the Jewish Nation

Mrs. Rosenbaum had a doctor's appointment in Manhattan; in a Muslim area where there are many Arabs. People are scared even to walk there. The secretary in the

doctor's office was a Muslim. Mrs. Rosenbaum always hears stories on 'A Life with Bitachon' how anti-semitism is on the decline. She never really experienced it, saw it or felt it. She thought to herself, "This would be a nice time to feel it."

When she was by the front door of the doctor's office, a non-Jew stopped his car, rolled down his window and said, "We back you. We support Israel. You Jews are the right people. You are the chosen nation." She did not know if she was dreaming. She would never believe that such a thing could happen. She asked the non-Jew if he was serious about what he was saying. He said to her, "Yes, I'll say it again!" And he repeated himself. "I go with the Jews! I stand with them! They're the real people. They're honest people, they're good people and they don't want to fight!"

She said to herself, "WHOA" Hashem is saying: I'm going to send you a beautiful message: I'm with you wherever you go."

כי אני ד' אלוקיך מחזיק ימיך!

.....

All Hashem Wants is Achdus

Editor's Note: *This amazing story has been spreading around the last few weeks. It happened 4 years*

ago but is relevant today as then. I verified the story. It's 100% true.

There was a Rav in Eretz Yisrael whose wife was lying sick in the hospital. She experienced a near death experience. She told her husband that she was in shamayim. She saw tzadikim begging for the geula to come already. But the malachim said that there is still work that needs to be done."

"What work needs to be done?"

"Ahavas Yisrael – Love between one Yid and another"

The woman was sent back to publicize the message. The next day .she was niftar

ויהי בישורון -מלך. בהתאסף ראשי - עם, יחד שבטי-ישראל!

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Bitachon Fish

Mrs. Fleisher was making tuna latkes for her family. She was short a few cans tuna fish. She didn't have time to go to the store to buy more. She said to herself, "I can't buy them but Hashem could help me. He is a Kol Yachol."

Right then she heard a knock on the door. It was her neighbor holding tuna cans: We have extra tuna fish. Would you like these cans?

She got exactly what she needed!

משגיח מן-החלונות מציץ – מן החרכים!

.....

Just Trust in Hashem!

The Moris's were looking for an apartment for their child who was getting married. They couldn't find an available apartment. There was one that the tenants were going to move out of but only after the chasuna. So they said, "Hashem You are the Kol Yachol. You could make that they should move before the chasuna."

The next day, the landlord called back that the tenants changed their mind. They were moving out ten days before the chasuna!

In other news:

Mrs. Engel had a sewage backup in her house. She called a professional plumber. He came and checked it out. He said that there was a metal piece stuck somewhere and he needed a very sophisticated machine to maneuver it out. So, Mrs. Engel played the song of 'Ha-kol Yachol.

When the plumber came back, he said the metal piece moved by itself!

ברוך הגבר – אשר יבטח בד'

.....

The Mysterious Phone call

One morning last week, Mrs. Erps thought that she had a dentist appointment. She was getting ready to leave and noticed a missed call

on her phone. It was from the dentist's office.

She phoned them back and the receptionist said she didn't call. Then the receptionist asked if she had an appointment that day? Mrs. Erps

hashem olekinu Melech Ho'alom Matzmiach Yeshuah."

R' Yosef then woke and did not know what to make of the dream. He told the dream to his wife.

She said the following:

On Monday I was making challah. I wanted to do it liluy nishmas a tzadik. I looked at the calendar and it said it that was the yartzeit of the son of Meor V'shemesh. I took challah leiluy nishmaso and lit a candle for him.

The Rav felt that the dream was a message that the yeshuah of the geulah is coming soon!

קִרְבַּתִּי צְדִיקְתִּי - לֹא תִרְחַק

וּתְשׁוּעָתִי לֹא תֵאָחֵר

.....

Hashem Pays Back Double!

Yoni a Yeshiva bochur from Beis Medrash Gevoah in Lakewood, New Jersey, ate out on Leil Shabbos. He and his friends chipped in to buy the host wine and flowers. Everyone paid \$10.

At first, he was thinking: *it's a lot money for me.* Then he said, *No Hashem will pay me back double for paying for a mitzva.*

On Moztaei Shabbos, he was walking outside with friend and he found a \$20 bill on the floor.

In other news:

A Holstein boy from Cleveland, Ohio, was by an afruf. He got lots of candy. His mother told him that she wants him to share with his siblings. She told him, "Don't worry, Hashem will pay you back double." Later on someone came over to

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להגיד בברוך חסדך

BREAKING NEWS

ואמונתך בלילות

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said: yes. The receptionist checked the schedule and saw that the appointment was not that day it was for the next week.

Mrs. Erps has no idea why she had a missed call from them. It was a call from her loving caring Father, saving her from going to an appointment, which was quite a distance to travel, that was really next week.

דברי נפלאותך - אשיחה

.....

We are Almost at the Finish Line!

Kav Hashgacha Pratis reported: R' Yosef Berger the Rav of Emanuel, city in Eretz Yisrael, said that he had a dream. In his dream, he saw a Yid. He asked the Yid "Who are you." The man said "I'm son of Me'or V'shamesh."

R' Yosef asked him, "Please give me a bracha." The son of the Meor V'shemsh said, " Baruch ata

him and gave double the amount of candy that he gave away!

אני ה' - נאמן לשלם שכר!

.....

Hashem Loves the Jewish Nation

A Yid from Brooklyn, New York, was riding the train back home from work. On the train a black man came over to him and said, "I'm with you people. I love the Jewish people. G-d bless the Jewish people!"

In related News:

A girl was working on a collage campus being mekarev Yidden.

Non-Jews came over to her and told her how they are impressed by the Jews. They have a purpose in life. They are improving themselves! We wish we were like that too!"

...

Chaim*, a man from Monsey, New York, went to fill up his tire with free air at a gas station near Monsey. There was a non-Jewish man in a pickup truck finishing filling up his tire.

There was a Jewish woman before him. Chaim saw the man offer and fill up the lady's tire with air.

Then it was Chaim's turn. He pulled up close to the pump and got out of the van.

The man came over to him and asked if he would help him out. he said, "Sure, thank you so much!"

He filled up the low tire and then proceeded to go around the car to check and fill up all the tires with a bit of air. The van drove like new

and he did a better job than Chaim would have done!

אל תירא - כי אתך - אני!

.....

What a unique nation:

They sang 'siman umazal tov' with hearts full of bitachon that the yeshuah had already come.

The next week, one grandchild became a chasan!

Again they sang 'siman tov u'mazal tov' and the next week another grandchild became a chasan!

Again they sang 'siman tov u'mazal tov' and for the 3rd week in a row another grandson became a chasan!

In related news:

A baby in Lakewood, new Jersey was crying nonstop for hours upon hours! It was already 2:00 in morning. Noth-

ing was working.

So the father had bitachon and sang 'Hakol Yachol' B"H not long after that the baby went to sleep! And B"H the father was able to learn the next day!

In other news:

A yungerman from Lakewood, New Jersey, was waiting for his green card so that he would be able to cross the border. But it wasn't coming and he needed to travel to Canada.

He went to one of the Roshei Yeshivos of Lakewood. The Rosh Yeshiva told him "You go and I'll have bitachon that you will make it through." He told the Rosh Yeshiva the time when he expected to reach the border.

When he came to the border, the computers were down so they let everyone through!!!

והבוטח בד' חסד יסובבנו!

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BREAKING NEWS

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Yaakov a bochur learning in lakewood. New Jersey, ate out on Leil Shabbos. It was a chilly night.

After the seudah was over, the Bal Habayis walked out the bachur. The bochur was wearing a coat. But the bal habayis said, "I want to you to be even warmer." With that, he pulled off his own sweater that he was wearing and gave it to the bochur so he should be warm on the way back to yeshiva!

עבדי אתה ישראל אשר בך אתפאר!!!

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Nothing Like the Power of Trusting in Hashem!

Bubby Horowitz was crying over her grandchildren who were getting older and were not yet married. Her daughter told her, "I hear all the time on 'A life with Bitachon' that we should picture as if the yeshuah has already come. "let's sing siman tov umazal tov."

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Av-Tishrei.

BABY RESCUED FROM CAR

I was coming out of Satmar after shacharis and I was in the parking lot.

When I went to my car, I glanced into the car right next to me, and I saw that in the back of the car there was a baby. I assumed that the father had probably forgotten that he still had his baby in his car and had gone to daven shacharis.

I took the baby into my car, and I put a note on the other person's car that when he's



finished davening, he can pick up his baby from my house. He came an hour later and said that he had just finished davening and was here to pick up his baby. He gave me money for babysitting! We see from this story that just because the parents forgot the baby, Hashem doesn't forget babies. Hinei lo yanum velo yishan shomer Yisroel. We can go to sleep but Hashem doesn't sleep. While we have the mitzvah of watching over our children, ultimately, Hashem is the One watching them. If it's the time for that child's Neshama to go, it will go, but if not, not.

PASSPORT WITHOUT APPOINTMENT

Chani Jacobs* went with her family to get passports. When they got to

the desk, they were told that they must have an appointment in order to make a passport. The family hadn't made an appointment, and they were told that all the slots for the day were full and there was no way to push them in.

The person behind the counter gave them an application and told them to fill it out and make an appointment for another day.

The Jacobs family began filling out the application, and they davened to Hashem that they should be able to still get their passports right then. They knew that if Hashem wanted, He could give them a slot.

When they finished filling out the application, the lady there told them to now go make a passport!

When Rabbi and Mrs. Jacobs thanked her, she said she did it because the Jacobs were a very big family, and she didn't want to make them come back again. The Jacobs knew that really it was from Hashem!

CHESED IS REWARD-



LIVING WITH HASHEM

By Rabbi Zevy Golombeck



ING!

Mrs. Friedman's* daughter was getting ready to go in the sprinkler in her backyard with one of her friends. Another girl whom she didn't really appreciate playing with knocked on the door.

Mrs. Friedman's daughter said, "I don't want to play with her."

Mrs. Friedman told her, "It's not nice to leave her out." Finally, she agreed.

When she opened the door, the girl invited her to a sprinkler park!

We never lose out from doing a chessed!

NO ID? NO PROBLEM!

Mrs. Fried* arrived at the airport and realized she had no ID. At first, she figured that she would be sent right back home. Then she remembered a story from the Spring Hill Times about someone who went to the airport without the proper documents, but with Bitachon that Hashem runs the world, she was able to get through security. Mrs. Fried said, "Hashem runs the world. What's the big deal? I'll be able to go through security without ID!"

And that's what happened!

TAXI ON TIME

Mrs. Klein* needed a taxi to get home from her shopping trip in time for when her kids would come off the bus. The clock was ticking; it was getting later and later, and she



didn't know when the taxi would show up. She called up the bitachon hotline for chizuk. The story that day was about a yungerman who was stuck on a highway and no one was stopping for him. He said "Hashem, You're the best taxi company so I'll call You." Right then, someone from the opposite direction rolled down his window and said, "I'm coming around! I'll give you a ride!"

This lady heard the story and she said, "Wow! That means Hashem can do everything and anything!"

Right when she finished listening to the story, her taxi pulled up.

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel079-704-0068
Lakewood.....732-719-3898
Monsey845-470-5577
Five Boroughs929-470-5577
England03-303-502-368
Australia (3) 99-997-300
Canada647-498-7700

A Life with Bitachon in Yiddish
Eretz Yisrael: 072-370-1912
USA: 845-262-5115
UK: 0330-325-1260

L'zechus that people should feel loved by Hashem!

5 ^{Weekly} Thank You's



By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

Thank You Hashem for Couches!

Such a comfortable place to sit and relax!



Thank You Hashem for Dishwashers!

No need to get stressed with the dishes, just press the button...



Thank You Hashem for Scarves!

They add so much extra warmth to us!



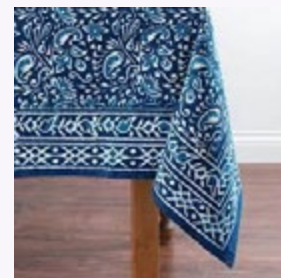
Thank You Hashem for Closets!

We can have a place to keep all our clothes neat and organized!




Thank You Hashem for Tablecloths!

We can cover our tables so beautifully and change them so easily!





WONDER DIET
Lose Aveiros Naturally



Just Tell Hashem That You Are Sorry!

Stay Fit!
DON'T FORGET
YOUR DAILY EXERCISE!



Remind Yourself that Hashem Loves You to No End!

Patient

We are a 12th grade class in a cozy warm school building. Our school will be soon moving to large spacious building on Chanukah. We are very nervous about the move. Please help!

Dr. Chaim Altzisgut M.D.

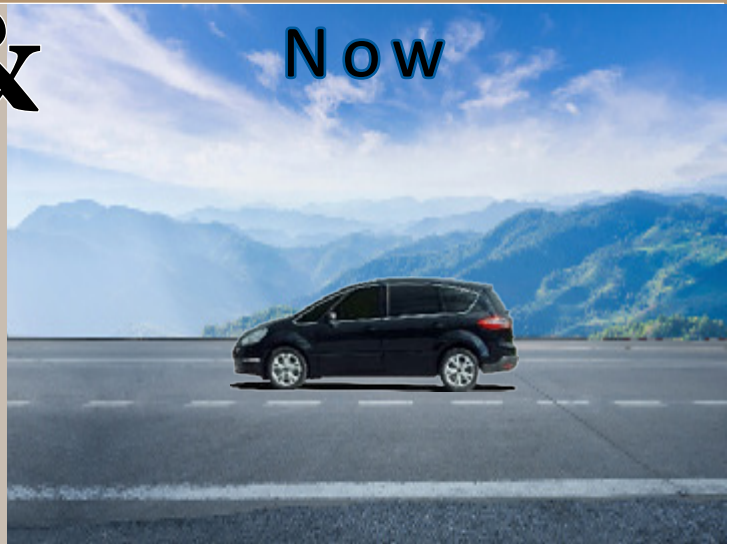
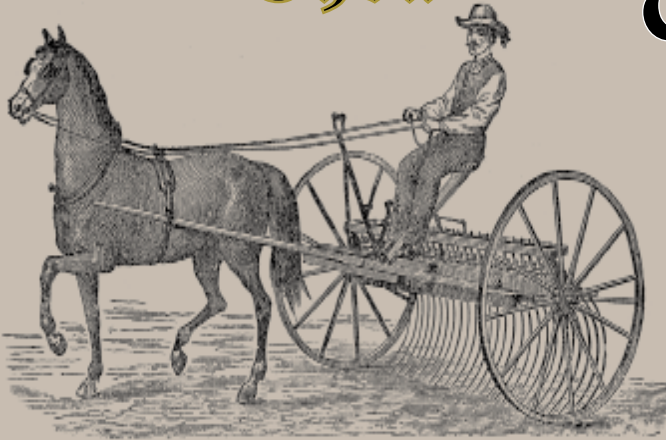
I'm prescribing 5 medicines for you.

1. Thank Hashem that you are not being forced to move from place to place because there are missiles and bombs flying all around!
2. Thank Hashem that you are not moving to a smaller building where it would be very uncomfortable! Thank Him that you will be getting a bigger building where things will be more spacious!
3. It will take a day, or even less, to get used to the new place. In no time you will feel comfortable!
4. It's a good reminder that nothing in this world is permanent! The real comfort and enjoyment is waiting for you in the next world!
5. Don't forget that Hashem is carrying you in His Arms, k'vyachol. You have absolutely nothing to worry about! Everything is already taken care of!

Then

&

Now



No more yogurt in your refrigerator?

1800's

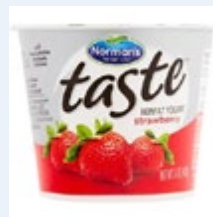
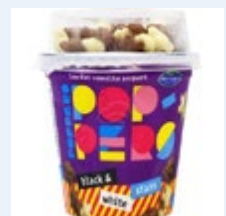
What's a refrigerator?
All you had was a dark cellar to store things...



Today:

Just go to the store and choose from the tens of different types of delicious, healthy and fresh yogurt! Thank You Hashem! We love You, Hashem!

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig



It makes no difference what the temperatures will be or what conditions await us, the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York



Tuesday 22 Kislev

Low 31°F High 42°F
 Mix of Hashem's beautiful clouds and wonderful sunshine!

It will be a wonderful day to serve Hashem with excitement!

Wednesday 23 Kislev

Low 26°F High 40°F
 Cloudy with periods of Rain or snow shower!!

There will be perfect weather to thank Hashem for giving you what's best for you!

Thursday 24 Kislev

Low 31°F High 39°F
 Mostly cloudy!!! Yay!!!!

Perfect day to jump up and down with excitement while preparing the Chanukah Menorah.

Erev Shabbos 25 Kislev

Low 38°F High 50°F
 Mix of Hashem's beautiful clouds and wonderful sunshine!

Perfect day to prepare for Hashem's holy Shabbos with putting away the muktzah items!

Shabbos Kodesh 26 Kislev

Low 40°F High 56°F
 Mix of Hashem's beautiful clouds and wonderful sunshine!

Stunning weather! Perfect day to thank Hashem for this delicious day of Shabbos Chanukah!

Sunday 27 Kislev

Low 41°F High 57°F
 Rainy!! Gorgeous!!!

Beautiful weather! Will be a great day to see remember the wonderful miracles Hashem did for Klal Yisrael by the neis Chanukah!!

Parsha Game

Fun and an interactive way of learning Torah!

PARSHAS VAYEISHEV

Q: Where in this week's Parshah do we find a connection with the pictures below?

ANSWERS ON PAGE 38

1



2



Parsha Delight Question of the week

פרשת וישב תשפ"ד (5784)

When Reuven is protesting against killing Yosef, the pasuk (37:21,-22) says:
וַיִּשְׁמַע רְאוּבֵן וַיִּצְלָהוּ מִיָּדָם וַיֹּאמֶר לֹא זָכְנוּ נַפְשׁ : וַיֹּאמֶר אֱלֹהִים וְדַאִיבְךָ אֶלְתִּישָׁפְכוּ
Reuven said let us not kill him, and Reuven said to them, let us not spill blood.
What were the two messages of Reuven not to kill him, and not to spill blood?

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle



Contact Michael Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

CHEISHEK HATORAH

Riddle #66 Parshas Vayeishev

There is a fascinating Halacha, known as the law of Ben Pekua. If not for Maris Ayin such an animal would not even need Schechita!

Do you know how the above is relevant to this weeks Parsha?

To hear the answer to the question, press x14 #66 on the Chaishek HaTorah Line 845-720-4040

*You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.
845-720-4040 Ext 6
Updated every Motzaei Shabbos!*

Ayin Tova

Seeing the good in every situation

CASE OF THE WEEK:



Chani woke up in the morning to a beautiful sunny day in Yerushalayim. She put on her favorite blouse and her new shaitel and left the house to take care of a few things.

A couple of hours later when she was on the other side of town, the skies turned dark and grey, and rain started pouring down. She was ill prepared and didn't know what to do.

Help Chani have ayin tova for her situation.

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com
Or call [Israeli day-time hours only]:
USA: 831-244-6019
Eretz Yisrael: 052-760-5409.

Suggestions for the case of Miriam's cleaning lady canceling. She was making Sheva brachos and her house was flying:



- When put into perspective, it's hard but things could have been a lot worse.
- Miriam went out of her comfort zone and asked if her friend could send her daughter over to help her out. She learned that people are happy to help, and she doesn't have to be a martyr.
- She decided to make one or two less dishes and clean the house herself, and it was just as nice!
- She thanked Hashem for all the times her cleaning did

come as planned.

- She will realize that you need siyata d'shmaya for everything, and now she will be more cognizant of that.
- Miriam will accept that Hashem orchestrated everything this way and will likely feel closer to Hashem as a result.
- It could be that Miriam tapped into reservoirs of energy that she had not known existed inside of her and she was able to clean and prepare the sheva brachos all alone!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Ish U'Beiso



The essential Mitzvah of Chanuka, as described in Masechta Shabbos: מצות חנוכה נר איש וביתו—A candle for each person and his household. איש וביתו—where have we heard those words before? The opening possuk in Sefer Shemos: אלה שמות-בני ישראל-הבאים מצרימה-את יעקב-איש וביתו.

Yaakov Avinu was described coming down to Mitzrayim with his family, not as a huddling mass, but rather as a cluster of families.

The survival unit of the Jewish People, from the beginning, is the Jewish home. And Rav Hirsch points out in his Hagaddah that when it came time for the redemption, two hundred and ten

years later, how were the Jewish people configured? We found ourselves in the home, eating the Korbon Pesach and waiting for the signal, to be redeemed.

For the last two thousand years we travel with our Menorah, and when we put that light in the window, we are indicating to the world—and to ourselves—that this family continues; this nation survives, and this nation of families continues to survive.

A Freilichen Chanuka!



SUPREME FOUNTAINS™

Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

Living With Appreciation

By: R' Daniel Shasha

There was such a pleasant fragrance in Yosef's caravan when he was traveling to Egypt after being sold as a slave. After all, his caravan was on its way back from a large business deal and was packed with bags of sweet-smelling spices. The inviting aroma enveloped the entire caravan, making it smell like a perfume store! Chazal explain that these caravans would normally carry merchandise with an unpleasant smell, but in His great mercy, Hashem ensured that this time they carried spices with such pleasant fragrances. This meant that Yosef was able to smell the pleasant aroma of these sweet spices, as opposed to the unpleasant substances that were normally carried.

We might ask why was this miracle necessary? After all, Yosef was treated very badly by his brothers; he narrowly escaped being killed and was being sold into slavery. Would it have made such a difference if the caravan was carrying pleasant spices or not?

Let's ask another question. Chazal explain that Chanukah was established as a holiday for all generations because of the miracle of the oil. Why do they stress this reason? What about the fact that our lives were in danger and we were severely outnumbered by the mighty Yevanim? Why isn't this mentioned as being the main reason why Chanukah was enacted?

Rav Chaim Shmulevitz answers both these questions with one beautiful answer. He brings an analogy of a father and a son. When the son behaved inappropriately, the displeased father would only give him his essential needs and would not give him gifts.

However, when he behaved well, the father showered him with enjoyable presents and privileges. The son felt most loved by his father when he received all these privileges, even though they were not essential. So too, when Yosef was sold, he must have been in low spirits. The miracle of the pleasant spices was a "kiss" from Hashem; it was a reminder that despite this challenge, Hashem is His loving caring father and is going to be with Him each step of the way. It showed him that no matter how hard it was, he wasn't alone and everything would work out for his ultimate best.

Similarly, although the miracle of the oil wasn't essential for our survival, it was a "kiss" from Hashem. Hashem was displaying His overwhelming love for us and that He is always here, no matter what. He loves us ever so much and no matter how dark things seem, He is always with us. Therefore, it was for this reason that Chanukah was established as a festival of praise and gratitude. In order that we could appreciate that Hashem went above and beyond to display His great love for us. (Sichas U Mussar)

This is the message of Chanukah. Even in the darkest times Hashem is always there and looking out for us. This is such a powerful lesson that we can bring from this time, to the entire year; that Hashem is our loving caring Father and no matter what He is standing by our side. May we be zocheh to see all the nissim and yeshuos.

To receive an exciting booklet about Chanukah by email, with over 50 inspiring quotes, please email us.

livingappreciation@gmail.com

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita

וישנאו אותו

their - ולא יכלו לדברו לשלם was obvious, and yet, יוסף tells them a very boisterous dream and sure enough עוד -שנאו enough אותו.

יוסף seems to be looking for trouble! And then, he tells an even more boisterous dream in which even his father and mother are bowing down to him. Again and again he "asks" for more and more trouble! Not only doesn't he mind being hated by everybody - he asks for more!

Part II

This is true since a מלך is a higher being who doesn't need people's approval. Except that by יוסף he continuously looks to get more and more criticism and from the entire Jewish world of his תקופה (his brothers)! R' Shamshon Refael Hisch ז"ל explains a פסוק in תהלים in which דוד feels like everybody hates him and it doesn't bother him.

Part III

He also mentions how when people help him it also means nothing to him. Like it says in חוה"ל - אין התועלת והנזק מן הנברא אלא מן הבורא. There is a striking similarity between יוסף and דוד - both had loads of enemies! And Jewish ones! And גדולי ישראל! הקב"ה tests a person

as they aren't getting the approval and recognition and the כבוד that they feel they deserve, they already can't sleep at night. They can't handle criticism and rejection which דוד and יוסף were loaded with.



Part V

עשיו are not like דוד and יוסף who can't handle someone getting the better of him, and he melts when יעקב gives him loads of מתנות and כבוד מלכים. This is their life! Getting כבוד and no בזיון from each other! Especially when it's appropriate to get כבוד like from relatives and friends, etc. They even have the תורה on their side proving those who are מבזה them are wrong.

Part VI

In our simple understanding, יוסף doesn't need כבוד because he respects himself. Of course we

to see if he is ראויו למלכות and a מלך true doesn't need humans! He has הקב"ה!

Part IV

Not like המון עם, who as soon

have no real understanding of these giants, but for our own מוסר השכל when a person is constantly building himself up and appreciating the מעלות that הקב"ה gave him, he doesn't need כבוד and he isn't busy proving his own worth by living off the compliments of others.

Part VII

Twice יוסף tells dreams where he is better than his whole family. And to אשת פוטיפר he says אננו גדול-בבית הזה- ממני. And when the שבטים said, "עבדך" about his father he didn't protest (and he lost 10 years of life because of this).

When יעקב said that יוסף should stand behind his mother when facing עשיו - he switched and he went in front of her. There is no question that יוסף had tremendous respect for himself and he had zero interest in having other people agree with the high opinion he had of himself - this is true מלכות!

Part VIII

The מס"י mentions 5 times where דוד praises himself. דוד praises his הזריזות

ודוד המלך הי' משבח על חלקו ואומר - "חשתי ולא- התמהמתי שדוד המלך מתהלל בחלקו הטוב ואומר" כאל תערוג - צמאה נפשי - נכספה נפשי 'עבודת ה' to show his great desire for which is so important.

Part IX

And on his הנקיות, being cleansed from all חטא,

הי' דוד שמח בעצמו" -

"ואומר ארחץ - בנקיון כפי יגמלני for this הצדקי ה'.

Also, his goodness to people

ודוד הי' מתהלל במדתו זאת הטוב שאפי' לשונאיו הי' משתדל להיטיב

יראת שמים

Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

דוד המלך ע"ה הי' משבח ואומר - "אשתחוה אל- היכל קדשך- ביראתיך".

Part X

In לודוד שמרה ברכות ד and the נפשי- כי חסיד-אני brings 2 פשטים where דוד called himself a חסיד and mentioned his superiority over other kings, that he got up at לך whereas the other kings slept ג' שעות and אגודות אגודות בבבד ואני - he was busy being himself and

instead of boasting of his accomplishments בעדותיך- and he didn't mind the בזיונות of the other kings. In פסחים קיט ח אברהם יצחק יעקב - לעתיד לבא and משה יהושע for various reasons and then דוד says אני אברך ולי נאה לברך

Part XII

The same דוד said אנכי ולא איש תולעת ולא איש - he was a special עבדי and yet he acted with רוממות The מלכים in רמב"ם פ"ב says that the מלך has to have ענוה. The חוה"ל says that before a person has ענוה he has to know his value - the more you realize your greatness the more you owe the הקב"ה and you are מכניע more.

Part XIII

So all those who work on with all kinds of acts of

are actually working on ענוה, since the more they realize and appreciate the מעלות that הקב"ה gave them - the more they are humbled with loads of gratitude. The so called עבדי who keeps putting himself down is actually ungrateful to the הקב"ה for all those מעלות that he denies he has.

יורד יהוד' מאת אחיו... ויוסף- ירד למצרים

Look how these two שבטים appear like unsuccessful "losers" and exactly the opposite takes place. From Yehuda's ירד becomes יוסף's going to מלכות בית דוד and saves the world from starvation.

During the Nazi Holocaust the Polish goyim were just as dangerous and cruel as the Nazis when it came to Jews ר"ל.

Part II

Story

Mr. Chiger and a group of 13 Jews from Lvov decided to go down to the sewer system to save themselves.

A Polish goy named Sucha suddenly appeared. He told them not to be afraid and that he would help them. He brought them tons of bread and sacks of potatoes.

He was very knowledgeable and street-wise, and as soon as he found out that Germans were planning to throw grenades through the manholes of the sewer, he notified them.

Part III

He brought them to a safer spot underground and he would spend two hours at a time talking to them and calming them that the Russians were starting to destroy the Germans. He brought candles

Enjoy Your Gifts!

Your talents! Your strengths! Your feelings! Your intelligence! Your family!



Eat the lunch that Hashem packed up for you with love and care.

DON'T EAT SOMEONE ELSE'S LUNCH!!!

Fulfill YOUR Mission!

Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

and a carbide lamp (for fuel) every Friday for *שבת* observance. He was always smiling and he was a beacon of light in their dreary lives.

Part IV

One day, he told them his story. His parents were very poor and low class. They threw him out of the house when he was all of 10 years old. The only way he could survive was by stealing, and with time he became a professional serious criminal (and he was re-

sponsible for the well known jewelry store robbery which happened to be Mrs. Chiger's family!!)

Part V

"Do you know why I'm going all out to help you? Because I feel so guilty about my

past. I feel that just like I snatched you away from death, so are angels snatching away my many sins!"

He spent a year with them until the war was over. We see how the worst evil can turn eventually into a *ברכה*.

Part VI

The Grand Canyon once got rid of all its ferocious nasty wolves. The Elk started multiplying and eating up all the trees

until the entire Grand Canyon lost many trees and *ממילא* loads of species of birds disappeared and all kinds of wildlife were no more. Loads of dead elk were all over the place and it lost a fortune to get rid of them. Only after they brought new wolves into Grand Canyon did things come back to normal.

Part VII

When people become "smarter" than *הקב"ה* and have their own ideas because they want a happier world without so many cruel predators and all kinds of *צרות* - then things really get bad! Do you realize that your 'cruel' unwanted peckel might be doing wonders for the rest of the world and especially your *נשמה* which may need *דוקא* such a situation?

Ride the Train!



You are speeding towards a most Fabulous destination!

It's going to be total bliss!

Just keep on loving Hashem and doing His Mitzvos!

HASHEM'S FULL TIME SECURITY SERVICE!

• FREE

- OVERCOMES ANY OTHER POWER
- ALWAYS THERE TO PROTECT YOU
- LIVE WITH NO ANXIETY
- WHEREVER YOU GO

Security for:

Schools
Yeshivos
Shuls
Families
couples
Kids
Adults

and anyone else



Just Say "One or Two"

Since the start of this war in Eretz Yisroel on Simchas Torah, my daughter's high school instituted a "one or two" Perkei Tehilim program for the Zechus of protection and salvation of all yidden and especially those in Eretz Yisroel

The students say their allotted kappitlach at the beginning of each of the eight learning periods.

The entire school participates with their personally designated "one or two" kappitlach, and in the course of the day they collectively actually finish the entire Sefer Tehilim 32 times!

לב numerically equals: thirty two. That's each and every single day לב times! Wow! Boruch Hashem!



שיח לד' שיר חדש!

To Share My Share Of My Daily "Shir Chadash"

R' Moshe Davidson
A Rebbe From Brooklyn, NY

Yiddishe power! What a Yiddishe Hartz!

We have no clue, how to truly view,

The value of those "one or two",

Yes true, they're few,

Yet, when you, and every Jew,

No matter who,

And me too,

Will join to daven and "to do"

We'll together break through,

Up high in to.....the sky blue.

To totally undo,

The negative world-view,

Toward The Chosen Nation of Hakadosh Boruch Hu,

All will realize the lies, and the untrue,

And finally see Klal Yisroel true virtue,

Together with Moshiach's shofar call "Too -Too"!

B'mheira B'yameinu, AMEIN

THANK YOU
HAKADOSH BARUCH HU FOR:



stovetops that make our
food hot and yummy!

live anxiety free

Allow Hashem to
take control!

YOU HAVE NOTHING TO WORRY ABOUT!



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

THE ICE-CREAM LOOKING LIVER!

Recently, I was sitting at a friend's Shabbos Sheva Brachos, and the father of the chosson was speaking. During the speech, his grandchild started throwing a tantrum. It was obvious what he wanted—the "ice cream" that was just then being served to the head table. The boy wanted it, and he figured that the best way to get it, without waiting until after his grandfather's speech, was

by throwing a full-blown tantrum. And so he did.

Seeing what was going on, the father of the chosson interrupted his speech to tell the boy's father to give him some. With that, the father gave his son from the "ice cream."

The boy was in for a surprise, for what he thought was ice cream was actually the Shabbos morning chopped liver! He took one bite and spat it all out. "P...e...c...h... I don't

like this," he declared. "This was not what I was expecting!"

This lesson can be served to adults, too. There are times in life that we cry and scream

to Hashem like this child for something we really want, and we don't see our tefillos getting answered. We beg for this and that, assuming it's going to taste great like ice cream. So why isn't Hashem giving it to us? Because it's actually the "liver" that Hashem is sparing us from. Hashem is sparing us from something He knows we're not going to like.

SHABBOS WITH THE MAHARIL DISKIN

In every situation that we encounter, we must remember that Hashem is at our side, taking care of us and looking out for our best interest. With this perception, we will find comfort in every situation that we encounter.

There's a mind-blowing story that illuminates this idea very well:

In the time when the Maharil Diskin, zt"l, was the Rav of Brisk, there was an unfortunate bout of chillul Shabbos proliferating in the city. The residents of the city went out one Shabbos night to hold a large hafgana, protest. However, since their hafgana had Continued on next page

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Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

approved by the authorities, the police quickly dissipated the crowd, arrested the leader, and brought him to the precinct.

The leader of the hafganah was led to a dark, enclosed room, and he sat there on Shabbos with no wine, challah, or any part of his regular Shabbos meal. Not only that, but his thoughts were soured by his worrying what charges and punishments he would face in court...

But his sorrow didn't last too long. After about two hours, the door to his cell opened, and the Rav of the city, the Maharil Diskin himself, was being led to sit in prison along with him. From that point, the man's sadness disappeared. To him, it was worth staying in the dark without challah and wine to be able to spend one Shabbos in the presence of the Maharil Diskin.

This serves as a mashal for us. When one is faced with what seems a very black darkness, once one realizes that Hashem is with him, as it says in Tehillim that Hashem is with one during his tzarah, then one is

comforted with the greatest light. Hashem's appearance brings light and joy.

HASHEM'S COMPASSION

A relative of R' Yitzchak Eizek Sher had fallen and broke her foot, and she was very disturbed about it. She was the mother of a bustling family, and now she was tied up in bed. This put her in a real down, and so R' Eizek felt that he must pay a visit to her, so he went and did bikur cholim.

R' Eizek asked her if she had memories from when she gave birth to her children, and she replied that she did.

"Are they pleasant memories?" R' Eizek asked her.

"Yes, they are," she responded.

"But I don't understand,

didn't you undergo a lot of pain? Why do you have good memories of it?!"

"Following the pain, I got to hold my dear, precious child. Therefore, the entire process gives me good memories."

"That's the same here," continued R' Eizek. "Just know that this will bring you good things. Unlike childbirth, though, in which you see the fruit of your pain immediately after, when one's going through a tough situation, though they don't necessarily see it, they know that it's there. The fact that you don't see it as clearly as you see when you have a child isn't a reason for you to not be happy. You too have to know that this is for your very best, and be happy that it is so."

This is a very important lesson. Although at times we don't see the good results, we must know that they're there but just concealed. All that Hashem does is for our very best interest, and even if it's not known, we must remember the truth. (Aleinu Lishabei'ach, vol. 1, p. 384)

"LET'S NOT BE



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

APIKORSIM!"

R' Zalman Brazil was known to be a very happy individual. In every situation, he was seen happy and joyous.

One story that illustrates this happened when he was visiting his son-in-law's house in his old age. He had a hard time walking then, so they ordered a taxi to bring him back home.

The taxi pulled up to the door but didn't see him, so he figured that R' Zalman must be waiting by the other entrance on the opposite side of the building, so he zipped around the corner to meet him.

In the meantime, R' Zalman hadn't seen the taxi, and thus assumed that he was still go-

ing to come to the front. With his fragile body and walker, he slowly made his way to the front. Not seeing him there, he assumed the driver had gone to the side entrance, and he started to make his way over to there. However, when the taxi driver didn't see R' Zalman by the side, he assumed that he must have not come down yet, so he decided that he would wait at the original stop.

This happened several times—R' Zalman painstakingly going to where the taxi had moved to, all in good spirit despite his physical struggle. While he was doing all this, he turned to his accompanying grandchild and said, "Let's not be apikorsim. We must remember that this

is the will of Hashem, and not think that this is a coincidence." With that, he started dancing and saying, "This is the will of Hashem, and we must rejoice over this." (Conveyed by his grandson, R' Moshe Landau)

ATTACHED TO A STRING FROM ABOVE

It's told about R' Yosef Chaim Sonnenfeld, the Rav of Yerushalayim, that despite several of his children being niftar during his life, he was never seen as being broken.

They asked him, "How were you able to be so happy during such times? Not only are you not let down, but you're constantly happy. How?"

He responded: "Generally, when an earthquake occurs, everyone starts running here and there. But that isn't so smart, is it? Will it help to run here or there? How does anyone know that it will be any better where they're running to? Perhaps it might be even worse there, so what makes them run?"

"The real solution to being protected during an earthquake is to tie a strong string from above and to hold on tight. Doing this will ensure that whatever comes your way won't affect you."

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Life is Wonderful!

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This is what protects a person during hard times—when he doesn't know where to run, he doesn't know if here is better than there, or vice versa. By being tied to a solid rope connected from up on top, i.e., to Hashem, will ensure that any shaking "earthquake" won't push him down.

YOU ALWAYS CAN BE HAPPY!

A man once shared his troubles with Reb Shlomo Zalman Auerbach, zt"l. Reb Shlomo Zalman assured him that de-

spite his problems, happiness was within his reach. The man protested, claiming that it was impossible for someone enduring his suffering to be happy. It was simply too difficult for him to see the good.

Reb Shlomo Zalman responded, "I know someone who, after an operation, is deaf in one ear. He is also a widower, r"l. Three of his children are childless. Despite his tribulations, he is always cheerful and smiling."

The man disbelieved the sto-

ry. "How can he be happy after suffering so much?"

Reb Shlomo Zalman revealed that he was referring to himself. He had endured this situation and nevertheless was always happy.

R' Moshe Hirschberg is the author of the popular "Zichru Toras Moshe - Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

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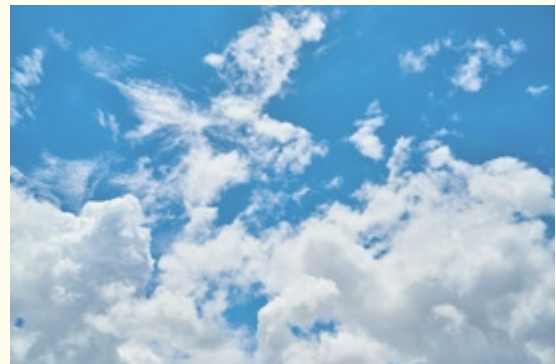


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FEELING down?

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A person who chooses death over transgressing the Word of Hashem is considered to have died al kiddush Hashem. The same status is conferred on a person who is killed simply because he is Jewish. In his case, the kiddush Hashem comes from transcending his nature and maintaining his inner devotion to Hashem. In our own lives, we can achieve a touch of the greatness of mesiras nefesh by giving up the forms of entertainment and enjoyment that the secular world considers a vital part of life, in order to serve Hashem.

The True Value of Life

Rabbi Avrohom Chaim Feuer once asked a friend of his, a Yerushalmi Jew who was characterized by extraordinary devotion and piety, what had inspired him to lead such a spiritual life. "When I was a young boy in cheder," he related, "we had a very special rebbe, Rav Doniel Frisch, who went on to become a renowned mekubal and talmid chacham. He devised a game to play with us that probably would not have been allowed in schools today, but it had an extraordinary impact on us. We would all gather wood and build a huge pyre under his supervision. He would carefully ignite it, and when the bonfire was blazing, each boy would run toward the fire with all his might and then stop some distance away from it. Then the rebbe would cry, 'If a non-Jew tried to force you to serve avodah zarah and betray Hashem, what would you do?' And the boy would shout in response, 'I would rather throw myself into this fire than betray my beloved G-d!'"



Clearly, the cheder rebbe's agenda was not to prepare his students for such a dreadful eventuality. Rather, he wanted them to develop an awareness of what is

truly important and valuable in life. With that recognition, they would be prepared not necessarily to die for Hashem's sake, but to live for His sake.

It is possible that living al kiddush Hashem can be even more challenging than dying al kiddush Hashem. Dying al kiddush Hashem is certainly difficult and decidedly traumatic, but it is a single decision that is made in a moment and requires self-sacrifice only at that time. To live al kiddush Hashem, on the other hand, one must spend an entire lifetime weighing and calculating the outcome of every single word and deed. It is a task that requires constant vigilance, care, and dedication, an ongoing mission that calls for all of one's faculties to be focused on that objective.

The determination to maintain our allegiance to Hashem even at the cost of our lives infuses us with the intent to live al kiddush Hashem.

Rav Yosef Leib Bloch was both the rav and rosh yeshivah of Telshe, Lithuania, from 1910 until his passing in 1930. He believed strongly that chinuch begins from the moment of a child's birth, which gave rise to a fascinating practice. In those days, mothers gave birth at home. Every time his wife delivered a baby, he would enter the bedroom shortly after the birth to wish her mazel tov and make sure that the room was clean. Then he would call his children into the room to wish their mother mazel tov and

would make a striking demonstration before their eyes. He would hold the new baby and announce to it, “Beloved neshamah! You have been sent to this world for only one purpose: to publicly sanctify Hashem’s Name. If you accept that as your mission, good. If not, it was not worthwhile for you to be born!”



It seems that our mission, in these final days of our exile, is to create a kiddush Hashem through our lives, as many of our ancestors did through their deaths.

We live today in a period that is unique in Jewish history. Throughout the bitter millennia of our exile, Klal Yisrael has primarily been subjected to persecution, discrimination, and intimidation from our non-Jewish neighbors. For generations, our ancestors were mekadesh shem Shamayim by giving up their lives, refusing to betray their G-d and their faith. There were few opportunities to create a kiddush Hashem through our lives, simply because the Jews were a despised nation and the Non-Jews were not impressed by our acts of virtue.

Nowadays, we live under entirely different conditions. Most of us are blessed in that we no longer live under the constant threat of persecution and harassment from the nations around us. America is a malchus shel chessed, a kingdom of kindness, where the Jewish people have been able to live and flourish. Why did Hashem put us into such a drastically different situation?

Now we have the opportunity to broadcast the truth of the Torah to the nations around us by acting and speaking in a refined, virtuous way. Now is the time to create a different kind of kiddush Hashem by bringing honor to Hashem through our lives themselves.

It may seem difficult to make a kiddush Hashem in today’s world, when spiritual darkness is so prevalent. But the deeper the darkness, the brighter the light will appear.

In a certain yeshivah, the boys were being harassed by local hoodlums. They reported the situation to the police, and an officer came to the yeshivah to take down reports from the boys. One boy after another could not bring himself to utter the profanities that had emerged from the mouths of the ruffians who had been disturbing them. The policeman exclaimed in exasperation, “How can I prepare a report like this?” But he was also duly amazed by their refinement. “That’s why we like you boys so much,” he added. “You seem so much more human than the rest of the teenagers on the street.”



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



Rabbi Yosef Moshe Mizrachi

The Chovot Halevavot is the oldest Mussar Sefer we have. It was written over 1000 years ago and has been a guiding light for every generation since. Amazingly, in the introduction, the author of the Chovot Halevavot candidly describes his hesitation in writing the Sefer. He argued "Maybe I won't be able to write the Sefer properly and I'll just be exposing my shortcomings..." Ultimately he decided to write his Sefer since "nobody can do a perfect job anyways, as long as there might be some benefit to others it's worth it!"

When an opportunity arises for us to make a positive impact on others we should grab it! Too often people turn down golden opportunities saying, "I would only invest myself in it if I could do a perfect job," or because it will not impact a huge number of people. Surely that is the voice of the Yetzer Hara as it almost derailed The writing of the great Chovot Halevavot r"l !

When you have a good idea run it by your Rebbe and if he gives the green light then go for it!

My friend saw the new Bitochon weekly which is edited by R' Yaakov Shur. He asked me why did Rav Mandel find the need to have his paper edited? Surely Rav Mandel is not trying to impress anyone. I responded that since Rav Mandel is not trying to impress anyone that's how he was able to put out his Bitachon Weekly without an editor even though it had some typos and was not perfect... After years of doing so, R' Shur volunteered to edit the paper and put in mareh mekomos and Rav Mandel gladly agreed to the upgrade!

Shabbat Shalom U'mevorach!

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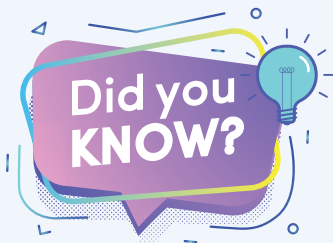
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Yum! Yum! Yum!

Just a Mashal for what's waiting for you in the next world!

By: Rabbi Zevy Golombeck



Did you know that nowadays Hakadosh Baruch Hu does not want us to go to Bais Din when someone takes away our money from us? For most people it's just going to cause them stress, anxiety,

worries, fears, aggravations, machlokes, and sinah. That is not proper hishtadlus. Hakadosh Baruch Hu wants us to be mevater and give in, and He'll pay us back double.

In the Chafetz Chaim's Shaarei Tevunah Perek Yud Alef in Shmiras Halashon, a Gemara in Gittin, Daf Zayin is brought down. The Gemara says that the biggest and best hishtadlus is to keep quiet and let Hashem give whatever it is. This is true for anything in life: if someone takes away a Kavod from you, someone takes away a job, parnassah, money, someone takes a parking spot; whatever someone takes away from you, the Chafetz Chaim says that if you are mevater, Hashem will pay you back DOUBLE. There's no reason to ever have to fight back or do hishtadlus that is going to cause stress, anxiety, worries, fears, aggravations, machlokes, and sinah.

Reb Moshe Feinstein told Reb Reuven Feinstein, who told me, that when someone stole Reb Reuven Feinstein's parnassah, Reb Moshe told him, "Feinsteins don't go to Bais Din because that person is going to be upset at you. The Feinsteins, we don't like to make people upset. But, Hashem will pay us back." We see that Hashem paid back Reb Reuven with a lot more than double. Now he is a Rosh Yeshiva of a world famous Yeshiva, with thousands of talmidim; everyone looks up to him and they ask him shailos. Look at the koach havitur. Reb Aharon Leib Shteinman said, "I never saw someone who was mevater and didn't get paid back."

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Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Tefilah is a tremendous gift. Every time we daven we



become and feel closer to Hashem.

The pasuk says אנכי ד' אלוקיך המעלך -מארץ מצרים הרחב -פיך וואמלאהו - "widen

your mouth and I will fill your requests." Rashi says this means you can ask Hashem for whatever you wish and he will give it to you.

R' Mandel says indeed, anyone who truly believes the beginning of the passuk about yetzius mitzrayim truly believes in Hashem's power and feels that Hashem is ready to spoil him and give him anything.

Ask to your heart's content especially now on Chanukah, every tefila automatically accomplishes.

You could even change your destiny with tefilah like Leah Imeinu who was destined to marry Eisav and she davened and changed her destiny and was zoicha to marry Yaakov Avinu even before Rachel.

MAZEL TOV!

Mazal Tov to R' Moshe Erani and family (Brooklyn, NY) on the birth of a new baby boy!

Mazal tov to our Northern Israel distributor R' Akiva Murguia and his son (Tzefat) on completing together Meseches Megillah!

Mazal Tov to R' Dovid Yedidya Mark and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Yitzchok Meir!



This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

My daughter Esther bas Sara Miriam JUST STARTED A NEW TREATMENT. Can you please accept upon yourself *bl'n* to say Asher Yatzar for the EIGHT DAYS OF CHANUKA from a card or poster as a *zechus* for a *refuah sheleimah* for her? Thank you so much!

Thank and Thank and Thank!

We have now reached the *heiligh* Yom Tov of Chanuka and the connection to Asher Yatzar is quite clear. The *gemara* in Shabbos (21b) writes, "the next year they established these days (of Chanukah) as a Yom Tov, *lehodos u'lehalel* — to thank and praise." Rav Nosson Meir Wachtfogel, *zt"l*, (Mashgiach of Lakewood Yeshivah) would say that every Yom Tov has its specific theme and here Chazal tell us that the theme of Chanukah is to thank and praise Hashem. Since this is the case, there is only one thing we should be doing the entire *Chanuka*: Thanking and thanking and thanking! (See *Leket Reshimos, Chanukah*, pg. 110)

Obviously, this means we must make sure to say Hallel and *al hanisim* properly, with feeling and emotion, not just to fulfill our obligation. But what about the rest of the time? We are so busy with our daily lives, whether it is learning, *davening*, working, going to school, or taking care of a family. How are we supposed to fill these days with giving thanks to Hashem?

Recently, I gave a shiur in Yeshivas Beis Dovid on the topic of Asher Yatzar and I described some of the miracles of the body. What is going on is so mind-boggling that statistically we really should not exist if not for Hashem's ongoing kindness. In the middle of the shiur, my dear *talmid* Nosson Meir Weiss ז"ל (yes, he is named after Rav Wachtfogel *zt"l*) asked, if so, why do we only thank Hashem when we use the facilities – we should be thanking Him every second of the day?

I answered that perhaps we can say that Chazal wanted us to say the *berachah* with emotion. Therefore, they only established it when we actually feel and experience the kindness of these miracles. So, when we say Asher Yatzar we are indeed thanking Him for all the constant miracles throughout the day. When we say this *berachah* we should have in mind all the wonders that have been going on inside our bodies since the last time we used the facilities.

If we put special effort into doing so during the eight days of Chanuka, the result will be that we will have transformed the entire Chanuka into one of giving thanks, because it will cause us to be more aware of what is happening all day long. Even when we are not actually saying Asher Yatzar, we can stop and think about how Hashem is pouring *chesed* upon us every moment just by the fact that we are alive and functioning! These feelings of gratitude will change our whole relationship with our loving caring Father in heaven.

Rav Wachtfogel continues (page 111) that by focusing on giving thanks on Chanuka, we will learn how to continue thanking Hashem throughout the entire year. This is such a crucial tool for all of *avodas* Hashem – let us make sure it does not slip through our fingers!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "Hashem has it ALL and He knows BEST!!!"

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"



The Quote: "To have bitachon means that I understand and realize that Hashem **constantly worries about me** He knows **exactly** what I need. He is so strong and so powerful that **no one can get in His way** from fulfilling my needs. He is the **ONLY** One that knows what is intrinsically good for me and what is detrimental for me."

The Lesson: WHAT MAKES THIS SO INCREDIBLE AND AMAZING is that if we would have a friend who we know always worries about us and is very very powerful and no one could get in his way. And he really really knows what is best for us and what is bad for us – such friend we would put so much trust in.

AL ACHAS KAMMA V'KAMMA MELECH MALCHEI HAMELACHEM who has all those attributes plus MANY more! Kal vechoimer we should feel so calm and relaxed since we know that we can always put our **complete** trust and reliance in Hashem that He will take the **BEST** care of us more than any human being or friend could ever even dream of doing to help us!

The Story: I heard the following story from HaGaon HaRav Avraham Chaim Foyer Shlita. THE SKULLENER REBBE was once in jail together with his son. They were stripped from all their Yiddishkeit related possessions. They did not even have their Yarmulkas.

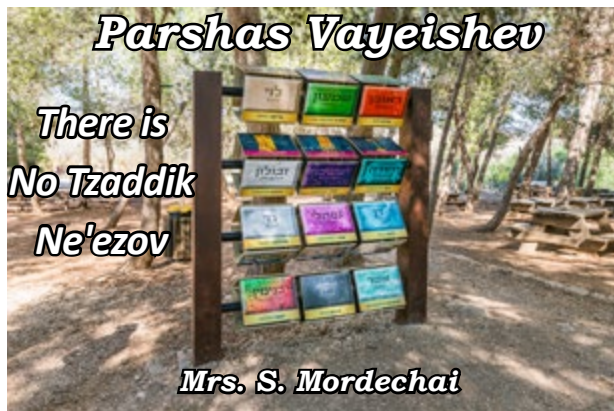
The Rebbe turned to his son and told him to come next to him. The Rebbe showed his son that inside of his long jacket there was the letter "א" sewn in to it. [Perhaps his personal tailor stitched it into his jacket since that was the first letter of the Rebbe's name] The Rebbe said to his son, "Teffillin, we don't have. Seforim, we don't have. Even a yarmulka we don't have. Hashem, however, did not leave us with nothing, we have the letter "א". Hashem is אלוהים, He is אלופו של עולם – He is מושל on the entire universe." The Rebbe continued, "We can still connect ourselves to Hashem even through this little "א"."



NEXT WEEKS TOPIC: THE BEST HANDS!

BS"D

*With a special place in his father's heart,
Yosef was Yisrael Avinu's favorite son.
His older brothers' resentment of him
was like a smoking gun.*



*Merchants were passing
with a cargo of balsam
and lotus
en route to Egypt from
Gilead.
The brothers sat down to
eat, after selling Yosef to
them,
and for that they would
later answer to G-d.*

*To show his nachas and
affection*

*Yisrael gave Yossif a tunic of
multi-colored wool.
The coat made his brothers sus-
picious
of what they perceived as Yo-
sef's undeserved pull.*

*At the age of seventeen,
Yosef expressed what he had
dreamed.
His brothers condemned his
chutzpah,
but nothing was as it seemed.*

*Sheaves and luminaries
bowed before Yosef
and his older brothers' jealousy
did ignite.
They believed Yosef's dreams
were a challenge to their status;
to a fight.*

*His brothers assumed Yosef's
dreams
reflected what he childishly de-
sired,
but Yosef knew that his dreams
were surely divinely inspired.*

*One day, Yisrael asked Yosef to
find his brothers and check on
their welfare.
Yosef knew his brothers hated
him
but, with perfect faith, he did
not despair.*

*From a distance the brothers
saw Yosef.
They mocked him and plotted
his demise.
They cast Yosef into a pit with
scorpions and snakes
and ignored Yosef's cries.*

*To cover their deed,
the brothers took Yosef's special
coat.
To shift blame from themselves
to a beast,
they dipped it in the blood of a
goat.*

*Yaakov Avinu's heart was bro-
ken,
for twenty two years, he would
not be consoled.
He mourned as if Yosef was
dead.
He did not know that his be-
loved son was alive,
but sold.*

*Who would have thought
the path to the Chosen Nation's
survival Yosef would pave,
but to do so he'd first have to be
sold and bought,*

Traklin Tiles

*Make your palace in
Olam Haba beautiful!
It's going to be your
home forever!*

**Unlimited selection!
Warranty for eternity!**



a servant, a slave?

The spices nasnu rayach and the aroma seemed to waft toward Yosef along with a message from The Holy One Above: "I'm entrusting you with this difficult journey, but always remember: there is no tzaddik ne'ezov."

*Part two
With The Abishter Always Before Him*

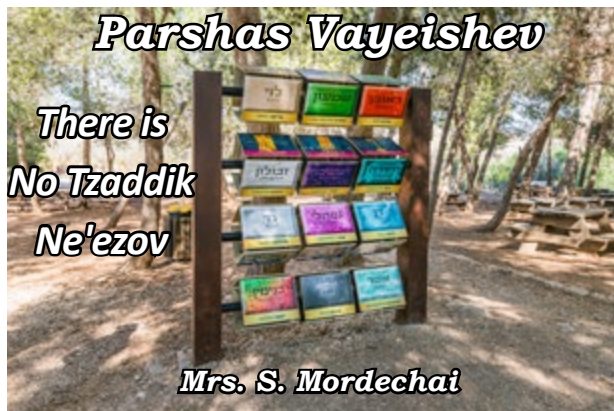
Now a slave in Egypt, far away from home and alone, Yosef was without his father and family and all he had ever known.

Traded from master to master, Yosef seemed to disappear without a trace. He retained his Torah values by remembering his father's face.

Yosef didn't hide his Hebrew roots or his name. All else from him had been stripped, but with his trust in Hashem, he didn't forget Who decides what happens and Who writes the script.

Bought by the Chief of Butchers, Yosef managed Potifar's household.

Yosef excelled in all he did. Everything he touched turned to gold.



Potifar's wife tried to goad Yosef into satisfying her whim. Yosef over and over resisted, with The Abishter was always before him.

When Yosef still refused to do what he knew was not right, she lied to get him punished, out of revenge and spite.

Yosef was sent to prison and was incarcerated for twelve years. His skills were valued there as well. He was the warden over his peers.

The Chief Baker and Chief Cup bearer were also serving time. Laxity in their service to Paroh had been their serious crime.

They both had dreams and an interpreter they sought. Yosef offered his insights when he saw they were both distraught.

A fly could drop in a goblet without human fault, so the Cup Bearer would be freed.

His sentence would soon come to a halt.

The Baker would not be so fortunate.

He would lose his head.

Paroh could have choked on the pebble he left in the bread.

Always saying "My words come from G-d."

Yosef's predictions came true. Yosef's talent with dreams was lauded, but Yosef gave credit where credit was due.

Yosef was destined to save his family in Mitzrayim by rising from slave to king. His family in the Holy Land didn't know that Yosef would one day wear Pharaoh's ring.

We'll be a blessing .

We'll be blessed.

We'll be a great nation.

A light to the rest.

To Be Continued ...

With gratitude to the Holy One Above for never abandoning us and Hakaras Hatov to R. Yitzchok I. Kaufman (The Spring Hill Times); R. Zev Golombek (The Bitachon Hotline); Artscroll Chumash (Shottenstein Edition: Parshas Vayeishev: text and commentaries); Artscroll Siddur and Tehillim (Shottenstein Editions: Text and commentaries); R. Moshe Weissman (The Midrash Says: The book of Bereishis); R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez- The Book of Shir HaShirim) and EK, LJ, DD, and RM.

Just Look At What Hashem Made For You!

It's a Stunning World!



It's Full of Love!



It's a Wonderful World!



A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Hashem created our lips extremely sensitive. It's important that we have this heightened sensitivity because it serves as a sensor which guards our mouth from swallowing anything which is dangerous for the human body. This sensitivity is due to the vast amount of nerve endings that our lips contain; over a million nerve endings.

There's an additional factor that our lips have that cause their heightened feeling and sensitivity. Hashem created us with our flesh covered by many layers of skin. Even our faces are covered with around sixteen layers of skin. But our lips are covered by a mere three to four layers of skin. That's much less than the rest of the human body. This leaves our nerve end-

ings in the lips with much less coverings and more exposure, which causes them to have increased feelings. sure that our lips have that the rest of the body doesn't have. The flesh which was responding to the cold feeling is visible much more through the lips than other places in the human body.

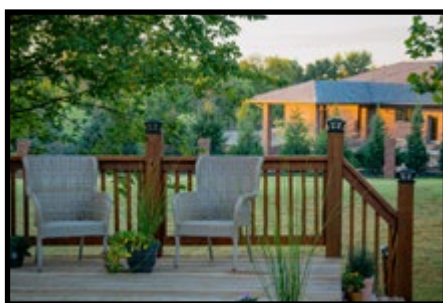
The lack of multiple layers of skin is also what causes our lips to appear more pink or red than the rest of our face. This is the color of our flesh which is visible through its thin skin covering. This is the only place in the human body where the flesh is revealed externally. Part of what makes the person's face beautiful is this change of color in middle of our faces. This is a nice present that Hashem granted to man whom he created B'Tzelem Elokim.

One last function we benefit from the lips is that we have the ability to contract our lips together and leave a small opening that we're able to blow out from. This concentrates the air to a specific area, which gives them more power and effect. For example, it can blow on a hot po-

ings in the lips with much less coverings and more exposure, which causes them to have increased feelings.

When our bodies are very cold, our lips look blue. Why is it prominently our lips that change colors and not our cheeks or chin? This is because of the extra expo-

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A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

tato or on hot soup to cool it off. Or it could blow strongly on a small insect to distance it from a place we don't want it to be. Without our lips we would not be able to blow out strongly.

It's important to note, that almost all the functions which we receive from our lips are things that we can actually live without. Hakadosh Baruch Hu created all of the birds without lips, and they survive. Let's take a look at the differences between birds and people. Birds are missing all the wonderful enhancements that Hakadosh Baruch Hu gave humans with their lips. For example, food falls out of birds' mouths when they eat. Birds cannot nurse, smile, speak or play the clarinet. Just to name a few of the differences.

Let's close with something one of our listeners shared with me. He has a cousin who's physically unable to smile. He underwent a number of surgeries to try to fix this problem. That means they

felt so lacking by missing the single function of the lips of smiling that they're willing to undergo a few surgeries just for a chance to regain that ability. Unfortunately, the surgeries were not successful. They joined a support group of people who suffer

from this issue, who were giving chizuk to each other. We're so lucky that Hakadosh Baruch Hu gave us the ability to smile and all the other wonderful functions of the lips. Let's keep smiling.

Answers for the Parscha Game page 16
Fly: That Pharaoh found in his drink.
Bird: The Royal baker saw in his dream the birds eating up the baked goods.

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The Universe

A Divine Masterpiece

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

The Amazing One of Its Kind Scarlet Sundew Plant

We will continue discussing more unique miraculous carnivorous plants. This one happens to be the one and only of its type. It has a fully active, double trapping mechanism! No other carnivorous plant has this. There are generally two different types of carnivorous plants. There's the snapping type. These snap shut and catch their prey. The Venus fly trap is a good example of a snap trap. Quite amazing of course. Then there's the fly paper traps.

The Sundew plants that we wrote about last week are good examples of those. Now we will discuss the one-and-only *Drosera glanduligera*, commonly known as the pimperl sundew or scarlet sundew plant. It is also known as a catapult-flypaper-trap plant. It is THE only known plant that uses BOTH methods. The snap and the flypaper all in one plant!

If you look at the pictures, you will see that there's three parts to the plant. Part 1 - There's the center part, part 2 - sur-

rounded by tentacles similar to those found on Sundew plants (yet quite different), part 3 - there's a long flat horizontal triangular shaped snap tentacle. If you look at the picture you will see what I mean. When the insect walks over the long leaf and triggers it off, in LESS than one tenth of one second it snaps "closed". You will soon understand why I put the word



"closed" in quotation marks. It moves so quick that you can't actually see it close.

When it snaps, it has a sophisticated catapult method which catapults the insect onto the next part of the plant. Most of the time the insect lands on its back making it more difficult for it to escape. These tentacles are full of glue. Many of them are horizontal and some are vertical. Similar to other Sundew plants. However, they do NOT

digest the insect like Sundew plants do. (In the picture below the insect is in middle of being transferred to the center of the plant. You also see many of the snap tentacles have already been triggered off so they are still bent over next to the ones that are still extended that haven't been triggered off yet).

But first I want to discuss the catapulting snap tentacle. As you can see in the picture the blade goes all the way over to the other side. That's what I meant that it snaps "closed". It's a 180 degrees snap. It starts off at the 9 o'clock part of the clock and ends up at the three o'clock part. It goes a full 180 degrees.

What does that accomplish? Simple. If it would let's say just go up to the 12 o'clock, or even one or two o'clock position, the insect would fly over the entire plant! That won't accomplish ANYTHING. By the fact that it goes SO quickly a FULL 180-degree movement ensures that the insect doesn't go far at all. In fact, it just goes – and with a strong force as well – exactly where

Continued on next page



The Universe

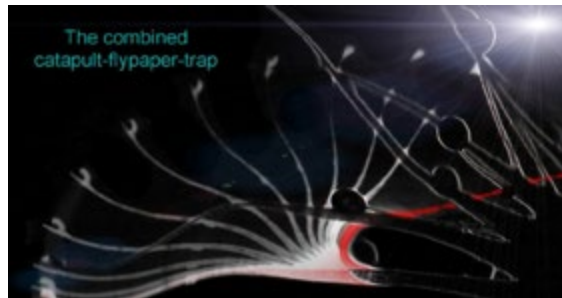
A Divine Masterpiece

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it should go, which is onto the nearest tentacles of part two of the plant. The force with which it is catapulted helps the insect get stuck onto the glue AND it is strong enough to start the next amazing process. Those gluey tentacles then start to move and they lift up the insect and slowly but surely, like a slow conveyor belt, move the insect to the center of the leaf.

Imagine you are holding up something with both hands, high over your head, and then

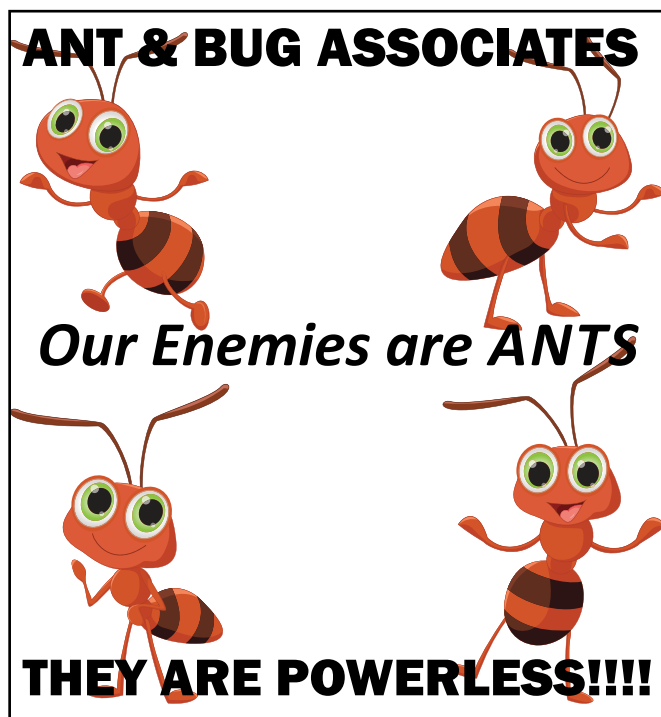
you bring down the object you are holding, in front of you, down towards your knees. That's what these gluey tenta-



cles do. They lift the insect up and then bring it over to the center of the leaf and then lower it and thereby deposit the

insect by combining with and also going on top of the initial moving tentacles. This helps secure the insect and it helps to push down the insect with additional force into the center where the gooey glue digestive enzymes are.

Scientists are still not 100% sure how the tentacle is able to move so lightning fast. They have discovered that there's a special "hinged zone" in the middle of the leaf where the leaf folds/bends on, but that in no way explains the amazing speed.



insect into the center of the leaf. The center of the leaf is also full of glue and that's also where the digestive enzymes are. While the insect is being deposited, more tentacles are activated that are situated at a close angle to the tentacles depositing the insect. They help push down the

This is obviously NOT an accident! Let's think of a few things that this plant needs to "know". (besides needing to know things we have already discussed, such as how to make fake glue and how to make EXTREMELY complicated enzymes that are able to digest the insects and other enzymes that "know" how to transport the digested nutrients to the correct parts of the plant for their nutritional benefit).

The plant has to know how to make this amazing spring mechanism that can Continued on next page



The Universe

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work such lightning speed. No small feat to say the least.

It has to know that it needs to go the full 180 degrees to get the insect to the best place for it to get captured.

There also needs to be a separate mechanism for the conveyor belt process we described. These are extremely complicated processes that no accident could ever accomplish

in a zillion years. Don't forget, the plant "knows" absolutely NOTHING. It has a zero IQ. In fact, it has no brains at all, yet it functions as if it was absolutely brilliant! How can an accident have a plan? There's a whole strategy of capturing insects through catapulting it onto a specific area that will successfully capture the insect, which will then transfer the insect to the digestive area. There's a

GREAT PLANNER HERE AND IT'S HASHEM!!

Yes, once again, Hashem has shown Himself through His wonderful creatures.

We still have a couple of more carnivorous insects to explore. Don't worry they keep getting more and more interesting!

The author can be reached at emunahexplained@gmail.com

The Spring Hill Times Fire Dept.



Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



REMEMBER:

**Practicing Safety
Saves Lives!**

THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: *The many miracles that's in your slice of bread.*

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it decomposes and is good fertilizer for the plants.
15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.
16. The seed reacts with the water to start to decompose.
17. This enables that the water should continue to make the seed rot.
18. Water is made of two gases.
19. The soil is a cool atmosphere.
20. Soil is porous allowing it to absorb water which is a necessity for the seed.
21. This causes the seed to decompose when you put the seed in the earth.
22. No matter how the seed is placed in the soil, the root goes down.

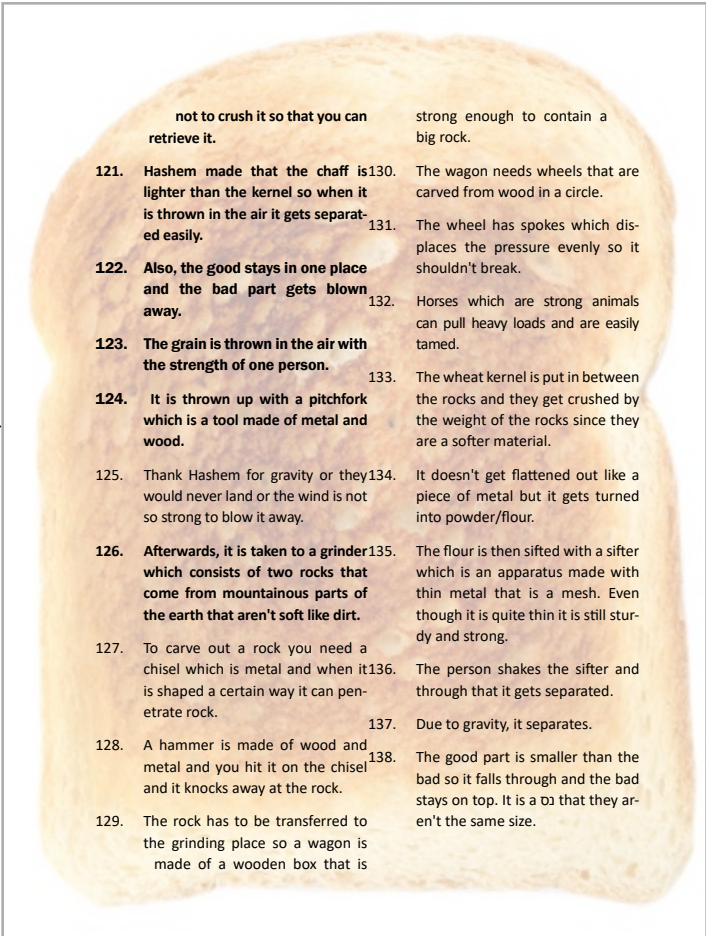
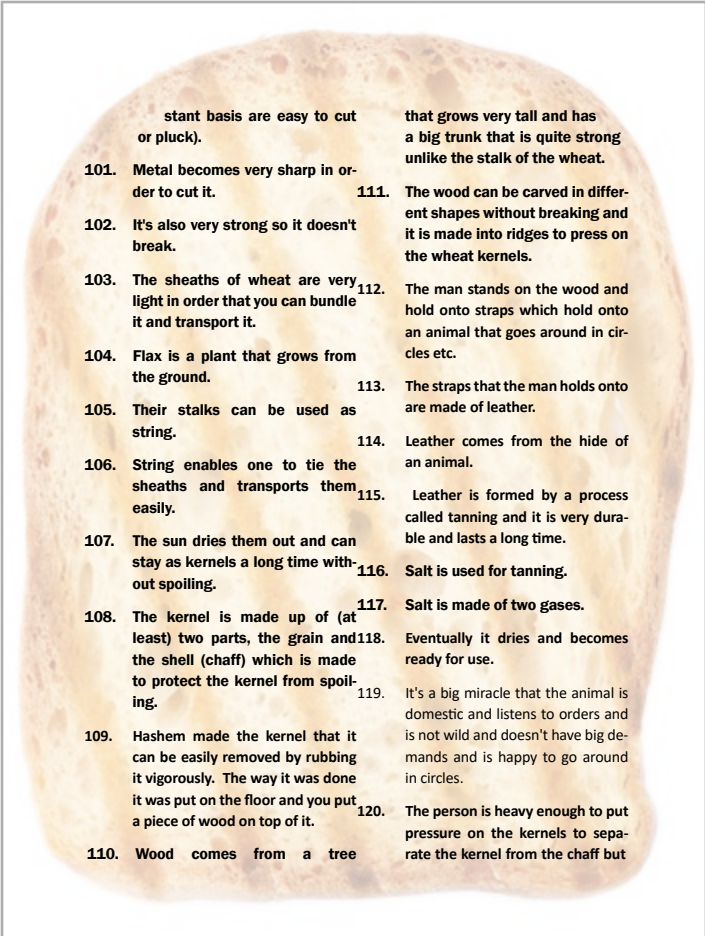


23. The stem goes up no matter how it is placed.
24. The plant survives on rainwater.
25. The ocean is full of salt water which cleanses the water from impurities.
26. The sun shines on the water.
27. The sun is millions of miles away and yet it has an effect on earth.
28. If the sun would be too close it would burn the earth
29. If the sun would be too far, the world would freeze
30. The sun is a ball of gases.
31. The sun constantly gives off heat by chemical reactions.
32. The molecular structure of water is so that when it gets hot, it starts to change.
33. The water turns into water vapor.
34. Water vapor is lighter than air, so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky.
40. It has a certain cycle.
41. It reflects the sunlight.
42. It has an effect on the moisture of earth which is necessary for growth.
43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
44. The sun has a force on the earth.
45. This causes all different seasons and climates.
46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.
47. There are many dust particles in the air.
48. When the water rises, it leaves over all the salt and dirt from the ocean.
49. The water combines with the dust particles.
50. It starts to accumulate into a cloud.

51. Cold air sinks.
52. Hot air rises.
53. The difference causes air current.
54. The wind blows inland.
55. The Clouds move inland.
56. The cloud gets heavy with water.
57. The cloud releases the water.
58. Gravity brings down the water to the earth.
59. There is a negative cloud.
60. There is a positive cloud.
61. When they rub together they make lightning.
62. Lightning travels to the ground.
63. The lightning has tremendous heat.
64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as by-product. When all the Co2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.
79. There is a constant production of CO2 because animals breathe out CO2.
80. When they breathe in oxygen,



81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.
88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.
89. They grow in a straight line so they don't get tangled.
90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.
91. Each one miraculously knows how much to give to each part of the plant.
92. After the stem reaches a certain height it starts to produce the by-product is CO2.
93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
97. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
98. You can mold metal any shape you want.
99. The metal dries and becomes hard.
100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a con-



הזן את העולם כולו בטוב!!!



139

The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.



140

Cotton is a plant that grows. After it grows it has a pod that opens up and you see a white puffy material.



141

It gets cut down with a sickle.



142

Afterwards it gets combed with a comb that is made with metal teeth.



143

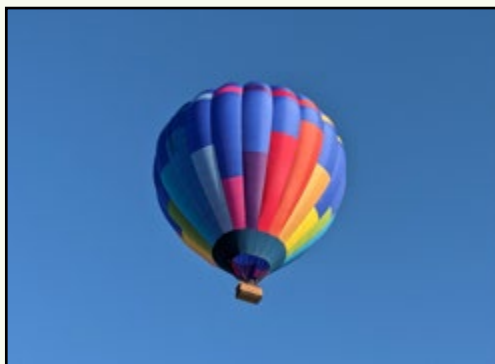
The comb is capable of separating all the unwanted parts leaving the cotton by itself.



144

It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.

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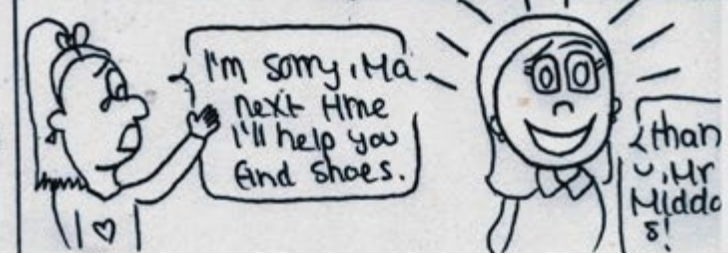
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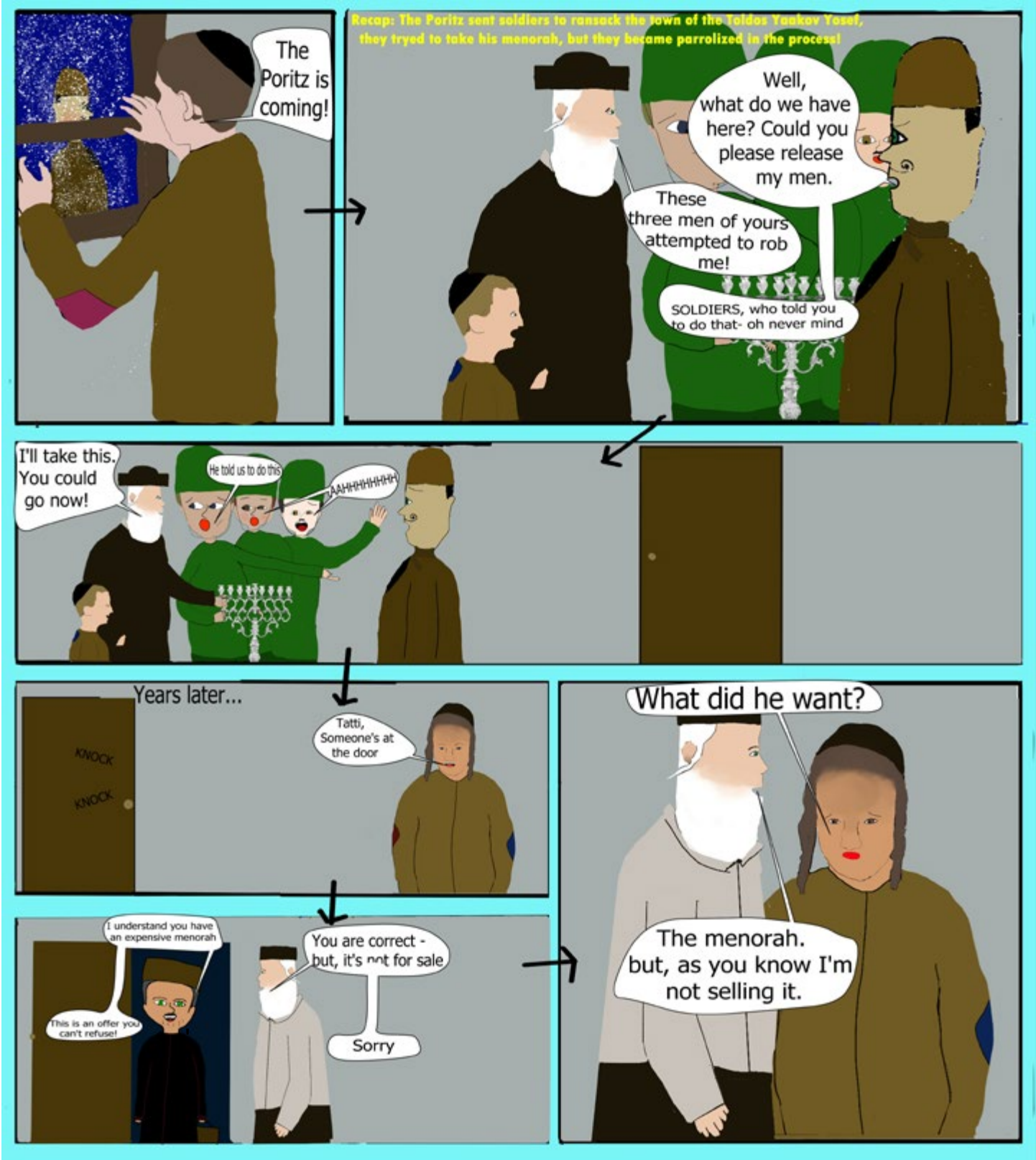
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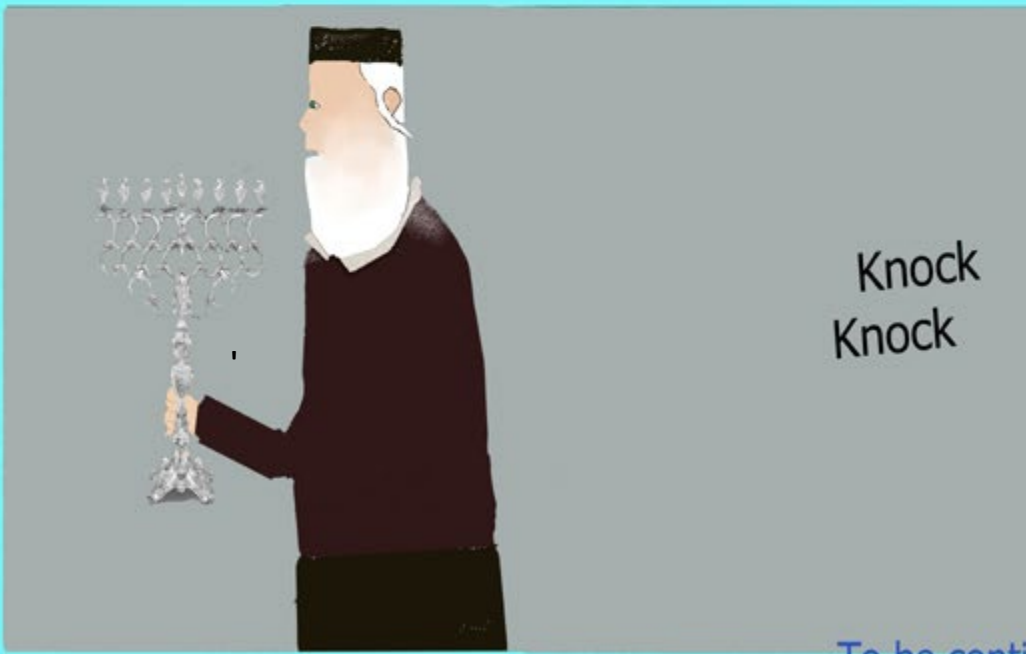
MIDDOS ALERT MIDDOS ALERT MIDDOS ALERT



you gotta have patience !!!
I cant wait in the store
If were gonna wait more
im gonna sleep I'm gonna score
chorus.

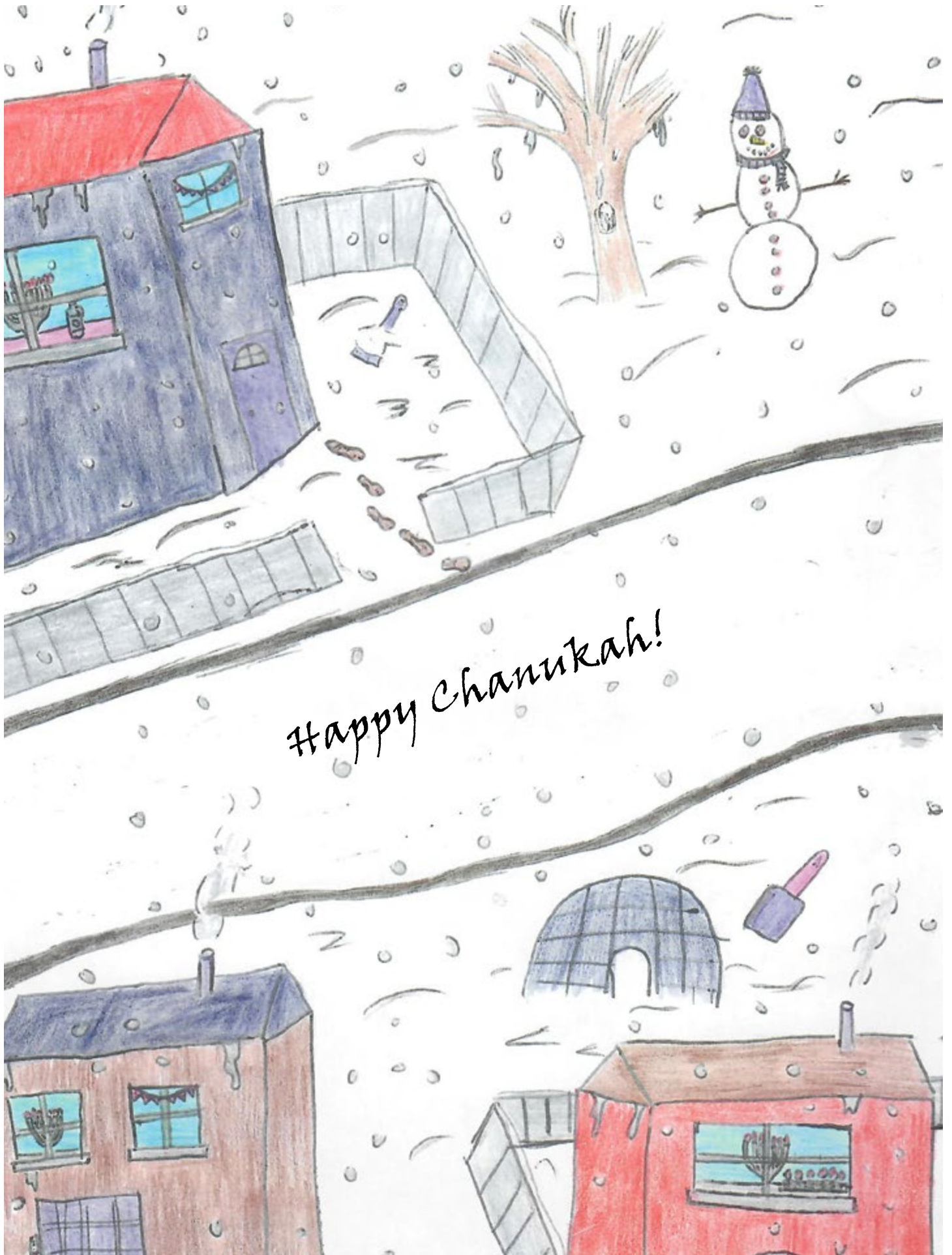






To be continued B'ezras Hashem





Happy Chanukah!

By: E. Jungreis

ארץ תמדה טובה ורחבה!

Hashem's Wonderful Land



Kever Ari, Ramak and R' Shlomo Elkabitz

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.
Please email them to: thespringhilltimes@gmail.com

BEAUTIFUL QUOTES

"Our aim is to do things that will cause Hakadosh baruch Hu to smile at us. And once we know that this is the way Hashem approves, it becomes our happiness."

Rav Avigdor Miller Speaks Vol 1, Page 113

"In your house speak of talmidei chachamim only with admiration.... Speak about Hakadosh Boruch Hu in your house."

Ibid. Page 117

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"The Rebbe picked up a kerchief that was lying on the table and passed it before her eyes.... She was able to see the world around her."

The Ribnitzer Page 60

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"Being a Yid is fun!"

Rabbi Zevy Golombeck - A Life with Bitachon (Quoting Rav Avigder Miller zatzal)



Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041 or call 385-381-0977 email: thespringhilltimes@gmail.com

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A Freilichin Chanukah to all! Last article we mentioned the story about how Rabbi Chanina Ben Dosa saw his daughter's sadness just before Shabbos. His daughter said she filled the Shabbos lights with vinegar instead of filling oil. Rabbi Chanina Ben Dosa said "He who said oil should burn will say vinegar should burn" and her flames burned.

A few years ago, we had the singer Rabbi Boruch Levine join us at a Chanukah Mesiba. Rabbi Levine said over this story and he asked why Rabbi Chanina Ben Dosa was allowed to do this and rely on a Nes. He answered that Rabbi Chanina Ben Dosa realized that it is the same easy for Hashem and it is the same Nes to have both oil burn or vinegar burn. Hashem showed yes, since you realize this that they are both the same Nes, I will therefore make the vinegar burn. Chanukah is a time of Nissim.

My father Amu'sh says that we can Daven for everything and if we are granted what we daven for we don't have to worry about "Ain Somchin Al Hanes" because when we rely on Hashem and Daven - Hashem will provide. HaBitochon Hu Hasiba L'Yishuah. Dear reader, anything that you want or need, just turn to Hashem because He is your Father, your Creator, and your Best Friend and you can ask Him for whatever it is that you want.

Chanukah is a special time to pump people up. This week we focused on pumping up people who may feel alone. This includes both if they are feeling physically alone or emotionally alone. When Yom Tov comes around, I try to send letters to those who may feel alone. It can really change a person's whole week!

People to think about include:

People who are elderly

People in the nursing home and in assisted living

Someone homebound due to physical or emotional illness

A parent of a child that is struggling

People who have lost a spouse

People who are separated or divorced

A teenager or child who is going through pain and therefore may look like they are not following the Derech Hatorah at this time.

Someone in financial distress

Someone in emotional distress



Ways to pump these people up:

Write them a letter wishing them a Happy Chanukah and saying you are thinking of them!

Write them a text wishing them a Happy Chanukah and saying you are thinking of them!

Invite them to a Chanukah Mesiba that you host. You don't have to do anything extra to invite people over-most people just love company.

If they can't leave where they are you can bring the party to them!

Bensch them with tons of Brochos. You can do this without them even knowing.

Many times, on my Shabbos walk, I see teenagers that are in so much pain that may look like they are not keeping Shabbos R'L (I say "look like" because the Halachas for a Choleh are very different and many teenagers in pain may be considered a Choleh). I will wish them a warm Good Shabbos and the best wishes and they respond Good Shabbos with a beaming face and are pumped that someone recognized them, noticed them and saw them for who they are.

Story:

It was night number two of Chanuka a few years back. There were some flurries in the air and it was cold. I needed to go to Staples to buy a package of paper. When I arrived at the store, I saw a cop in the parking lot. Whenever I see cops, I like to give them a gift card to Starbucks Coffee Shop along with a thank you note for their service. I reached into my glove compartment where I keep the gift cards and realized that I had none left. Something inside me propelled me to figure out a way to get this cop a gift. I walked into Staples and bought a \$5.00 Staples Gift Card. I walked out and handed it to the cop and told him "Thank you so much for your service we appreciate it."

He looked touched and replied "Thank you so much!"

As I was leaving, he called me back to his car. He asked me where I am from. I told him I am from nearby Lakewood New Jersey. He asked "are you Jewish?" I answered "yes!" Then as I saw a teardrop form in his eye, he said in a soft voice: "let me tell you something.

I too am Jewish.” (He was not yet religious). I waited as he continued: “I asked my boss if I can leave my shift early tonight to celebrate Chanukah with my family and my boss said no. I can’t believe that you just brought me a Chanukah present.” He finished his tale as tears rolled down his cheeks.

I said “It is not I who brought you this Chanukah present. Rather it is G-d who orchestrated that I bring you this Chanukah present.” As tears slid down his cheeks, I realized that this \$5.00 gift card and warm words had a tremendous impact on this not yet frum Yid. I wished him all the Blessing and a Happy Chanukah.

I just love to try to give people support and make a Kiddush Hashem wherever I go. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

Idea:

Eight Ideas for Eight nights of Chanukah. You can play these games with your family or if you are a Rebbi or

a teacher you can play them in your classroom.

1. Game: Spin the dreidel of thanks: How to play: Spin the Dreidel. Whatever letter you land on, pump

yourself up by saying something that starts with that letter that you are thankful to Hashem for. For example: If you land on Hey you can say “Thank you Hashem for Hands.”

2. Game: Spin the dice and say some-

thing nice: How to play: Sit in a circle. Spin the dice and whatever number you land on that’s how many compliments you give to the player sitting on your right. For added fun, after all players got a turn, all players change positions. In this way, players keep getting compliments from different people.

3. Game: Act it out: How to play: Act out something nice that one person can do for another. The other people have to guess what you are acting out.

4. Game: Rhyme it eight. How to play: Find eight rhyming words of things to thank Hashem for. You can add on words and be creative. For example: clothes, toes, nose, hose, rows of houses, shows of love from Hashem, food that grows, tailor that sews.

5. Game: The two-minute challenge: How to play: See how many compliments you can give someone in two minutes or less.

6. Idea: Think of eight families that you know and Bench them to no end. They do not have to know that you are Benching them.

7. Idea: Menorah Hop-ping: As you walk outside, find eight homes of people you do not know that you see a menorah in their window and Bensch them to no end. They do not have to know about this.

8. Idea: Choose one person. It can be a spouse, child, friend, student or anyone. Each day of Chanukah pump them up at least once. For an added challenge and more fun try to add one complement each day. For example, on night number one,



pump them up once, on night number two pump them up twice etc. Another variation: Pump eight people up each day of Chanukah!

Creator of miracles
So, I'll turn and pray to you

I'll only trust in you.

Song One: Tune:

Tune: Muoz Tzur

A great big miracle happens to be-

That Hashem created me.

I can taste, touch, -
Hear, smell, and see-

All because Hashem loves me!

Ahava Rabba - lots of love -

From Hashem up above -

Every day -

In every way -

Because Hashem loves us so so much!

Every day

In every way

Because Hashem loves us so so much!

Song two:

This song was written for the Chanukah Mesiba with Rabbi Boruch Levine:

Hashem is the Creator of Miracles

Tune: Shelach Refuah Shlaima (Boruch Levine)

A little boy, stepped into the garden

An apple seed, he's holding in his fingers

He lets the seed go, wonders will it grow

Can a single seed sprout, to grow a tree there?

Time has elapsed, he reenters the garden

A beautiful, tree swaying in the breeze there,

Can it really be, from that one single seed?

Many apples are growing there to eat....

Each apple, its own little miracle

על נסיון שבכל יום עמנו

Hashem, you are the



אין-it is only you
עוד מלבדו

My life is completely in your hands

And I'll do my part

And open my heart to you

To ask you, for mir-

acles

It's you who understands.

The Yevonim broke, all the vessels of the Shemen

There was darkness with no oil to light

And from one remnant flask

A miracle at last

And the oil lasted for eight nights.

Oh, ומנותר קנקנים,

Oh, נעשה נס לשובשים

Hashem you are the

Creator of miracles

So, I'll turn and pray to you

I'll only trust in you.

אין-it is only you
עוד מלבדו

My life is completely in your hands

And I'll do my part

I'll hope and I'll trust in you

To ask you, for miracles

מעולם קוינו לך

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song. This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural pathways we have connected to what we are doing. This helps it become more integrated into our beings.

AHAVAH RABBAH

HeartTsharing:
Sharing our love with others

Dr. C.F. Yakoby PhD LCSW

Feeling Hashem's Love!

The ice maker stopped working. I really was in the mood of ice. I tried to get it to work over and over again, however it would not work. Then I said "one second, who is in charge of the ice maker? It is Hashem. Hakol Yochol. Everything is easy for Hashem." I tried the ice maker again and this time it worked!

I took this picture in Caesarea when I was in Eretz Yisroel last year! Hashem has made a stunning world for us to enjoy! Creating a game of finding the beauty in Hashem's gorgeous world helps us solidify the experience, thus making it a real part of us. Try to think of eight beautiful places you visited or saw pictures of in Hashem's gorgeous world.

Text your story of how you pumped someone up to 732-523-4824. Texting means you give permission to have your story included in this column. Texting does not guarantee your story will be in the column. Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways.

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Rabbi Zevy Golombeck

Illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel*

Q: It says in a Mishna in Meseches Brachos that if a person davens for something impossible he is doing something wrong; it's a tefilas shav.

We hear all the time on 'A Life with Bitachon' that Hashem is a Kol Yachol. Nothing is impossible for Him, and that there is no such thing as nature; it's all Hashem. So why is it a tefilas shav?

Why is he doing something wrong? He is showing that Hashem is a Kol Yachol?

A. Before I answer the question, I would like to add to the question. The gemara in Brachos daf samech, where it says that if a person hears a cry in the city, he's not allowed to ask that it shouldn't come from his house because

it's a tefillas shav, brings down that when Hillel walked into the city, and he heard a cry in the city, he said, "I have bitachon that it's not coming from my house." So the Meiri and Rabbeinu Yonasan MiLunel in Brachos said it's a stira! The gemara says it's tefillas shav and there Hillel himself did it? What the gemara says don't do, Hillel did!

The answer to the stira is, that the Meiri says that the reason why Hillel is not a stira to the sugya is because there's a difference between tefilla and bitachon. With tefilla, there are guidelines, don't do it if it's a tefillas shav. With bitachon, there are no limitations. In Tehillim (37:3,4) it says "Betach baHashem..." and then in the next pasuk, "vyiten lecha mishalos libecha." Rashi and Metzudas Dovid say that when it comes to bitachon you can ask for whatever you want. So we see clearly a distinction between tefilla and bitachon, which the Meiri says that you see clearly from the gemara in Brachos, where it says that it's a tefillas shav, but Hillel did it because Hillel was using bitachon rather than tefillah.

Tefilla has rules and tefilla has regulations. Bitachon has no rules and bitachon has no regulations.

Where does the difference come from? When you go with the derech of tefilla, you're pleading and begging in front of your Master, you're acting like a servant in front of its Master. That's bchinas eved lifnei adon. When you go with bitachon, that's bchinas a son in front of a Father.

When you act like a servant, then there are rules and regulations. A servant can't just ask for whatever he wants. There are rules, there are guidelines. If you only act as a servant and treat Hashem as a Master, so you yourself are not viewing Hashem as your loving, caring Father. If you relate to Hashem as a servant before his Master, you have rules and guidelines. However, if you go with bitachon, by relating to Hashem as a son before a Father, it's a different type of relationship. You're viewing Hashem as a Father. Once you view Hashem as a Father, then you can go all out. That's what Hillel said, I have bitachon that it's not from my house, because Hashem will do everything when you view Him as a Father. He'll change the whole world, He'll change the whole bria, change the whole mtzius!

So it comes out that the answer to your question, isn't Hashem a Kol Yachol, is that yes, Hashem is a Kol Yachol. That's if you view Hashem as a Kol Yachol, view Him as your loving, caring Father and He'll act with you as a Kol Yachol.

Are there guidelines for davening? Yes, there are guidelines for davening. Because davening means that you're not treating Hashem as your loving, caring Father, it means you're relating to Him as eved lifnei rabo, like a servant in front of a King. It's a different type of relationship. That relationship doesn't allow you the access to get that special key to go into any door you would like.

However, every person could choose, like the Rabbeinu Yonah writes in his pirush on Brachos, that even

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what every yid is supposed to do? Especially in an eis tzara, a yid is supposed to daven!

The Ohr HaChaim explains that there was a kitrug against bnei yisrael: "halalu ovdei avoda zara vhalalu ovdei avoda zara." They weren't worthy with midas hadin of being saved. Therefore, Hashem told Moshe Rabeinu to tell the Yidden to strengthen themselves in Emunah and Bitachon and enter the Yam before it split, believing that Hashem would save them, and with that the middas harachamim would overcome the middas hadin. It's not time to daven, it's time to have bitachon! With bitachon, you're relating to Hashem as a son to a Father. Bitachon is a different relationship. With bitachon, you can get whatever you want.

Another maareh makom is, the Nesivos Shalom explains that in Eicha (3:8) we say "Gam Ki Ezak VaAshaveah Sasam Tefillasi," meaning, on Tisha B'Av Hashem doesn't answer our tefillos, and that's why we don't say kaddish tiskabel on Tisha B'Av. However, the Nesivas Shalom continues, if you look several pesukim later on, (3:25), it says "Tov Hashem L'Kovav L'Nefesh Tisdrihenu." "Kovav" is a lashon of bitachon. If you have bitachon, even on Tisha Bav, you get answered. There's no difference Tisha Bav to the rest of the year. Why? Because you're relating to Hashem as a son to a Father.

So you see clear maareh mekomos that there's a chiluk between tefilla and bitachon. With tefilla there are guidelines, because you are treating Hashem as a Master, and you're only a servant. When you have that relationship then there are guidelines. However, zagt Rabbeinu Yona, you can decide to view Hashem as your loving, caring Father, and with that you can have bitachon for whatever you want. Even while you're davening, you can picture yourself as a son in front of his Father, and then even while you're davening, you can also have bitachon for whatever you want.

when you daven and you're an eved lifnei rabo, but after you finish davening you could picture Hashem as your loving, caring Father, and turn that tefilla into bitachon and then get whatever you would like. That you're allowed to do. It's called tefilla mtoch bitachon.

We'll end off with two examples that show how bitachon is more powerful than tefilla.

First of all, in Parshas Bshalach, when Klal Yisrael were by the Yam Suf and they were all trapped and they started davening, Hashem said, "Mah titzak eiloy," why are you crying out to me? "Daber el Bnei Yisrael v'Yisau," speak to Bnei Yisrael and they should travel. The Ohr HaChaim Hakadosh asks, what's wrong with davening? Isn't that

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Story Time

Stories From 'A Life With Bitachon'



Sparkle Neshama Wash



Clean out your Aveiros!

Wash away Yesurim!

Wipe away all dirt!

Save yourself a trip to Geheinom

Looking forward to serving you!

Mr. Bizyonos

1672 - This story was called in by Mrs. Berlin from Bensalem. She got her son's bus card for the year.



It said that her son's bus stop was four blocks away from her house. She had a house full of young children

and babies. How in the world was she going to manage bringing her child four blocks away from the house every day? She really wanted the bus to come to her block.

She asked her friend, "Is there any chance of getting the stop changed if I call the bus company?" Her friend starting laughing and said, "We all tried that! This is how they work. They want to put everyone at the same bus stop, and we're all in the same boat; we all tried. We did every last hishtadlus. We've been living like this for years; nothing doing."

Mrs. Berlin said, "Let me try." She called the bus company, but they said, "Sorry, it was tried many times before, nothing doing. This is how we operate, this is how we work."

She sat down, and she was thinking about how much Hashem helped her in the past. She said, "The same Hashem that helped me in the past can

Story Time

Stories From 'A Life With Bitachon'



always help me!" She realized that even though the bus stop was still in the same place, four blocks away, Hashem was helping her already. It was becoming much easier by the day to bring all the kids to the bus stop. She was speaking to her friend who follows a Life with Bitachon, and she told her friend, "I see that when I puts Hashem into the picture, it gets better and better. Still, I really wish they would change the bus stop to right in front of my house. What should I do? The bus company doesn't want to budge."

Her friend told her, "Let me tell you a secret. The secret is, don't give up your Bitachon. Do not believe that it's impossible. Hashem is Hakol Yachol. He can do everything and anything. If it didn't happen yet, the day will come that yes, you will see Hashem will give you what you want. Just don't give up."

Mrs. Berlin said that shortly afterwards, all of a sudden, the bus company called her up. They said, "We're changing your bus stop to the block of your house!"



1673 - This story has been called in by a very choshuve yungerman by the name of Moishy Dowik. He was driving on the highway at 1:30 in the morning. There was something on the highway that hit his car and caused something on his car to get cracked off. It was making a lot of noise, and he realized that he couldn't continue driving like that. He had to take care of it. He started driving slowly, looking for the nearest gas station, to see if anyone could help. He looked and found the nearest gas station, but at 1:30 in the morning, it was closed. He realized that no one would be open at this time. What should he do? He had to get home, but there was no one to help him!



Then he stopped in his tracks and said, "One second. Every person is sleeping, and there's one there to help me, but I have my loving, caring father, Hakadosh Baruch Hu, the Ribbono Shel Olam. Hakadosh Baruch Hu never goes to sleep! He is up 24/7, 365, taking care of me! Therefore, I'm going to go with Hakol Yachol! I'm going to with Bitachon that Hakadosh Baruch Hu will send someone right to where I am to help me."

Then he said, "But everyone is sleeping!" Moishy told himself, "I don't have to figure out eitzos. I'm just going to leave it up to Hakadosh Ba-

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ruch Hu, the Ribbono Shel Olam!”

A minute later, he looked up and saw a truck that said on it that it's a mechanic on wheels! He looked inside, and he saw the driver inside! He said, "You're a mechanic?? You work throughout the night?" The driver said, "Sure! I drive around and yes, I help whoever needs help! I'll help you in no time." He saw the issue and he said, "Okay, I'll be able to fix it." He took out all his tools and 1,2,3 he got him back on the road. He didn't even charge him!



1674 - This story has been called in by a very choshuve yid by the name of Mr. Marvett. His sister just came home and said, "I have to tell you the most amazing Bitachon story that I just experienced first hand. I was shopping in a non-Jewish store and I really needed to get a specific type of item really badly. When I was looking around the store, I saw this item on the side, and I really wanted to buy it. I looked inside my wallet and realized, "Uh-oh! I forgot to bring my money! How am I going to purchase this? I really want it!" Then I said, "One second. You think you need money to purchase something? All you is your loving caring father, Hakadosh Baruch Hu, the Ribono Shel Olam!"

Right then I looked up, and a worker passed by. He asked me, "Would you like that item that you're looking at?" I said, "Yes of course! But what should I do? I don't have any money! He replied, "Well, you can have it for free! A few weeks ago, actually someone came to buy it and they left it in the store. I asked my boss what I should do with it, it's already here for a few weeks. He said, "Keep it on the side, and the first person that asks you for it, give it to that person!" You're the first person! Here it is, you can have it, free of charge!"



In no time, she walked out with exactly what she wanted, with the best service!



1675 - This story has been called in by Mrs. Alpert. She said over that it was the first days of Yom Tov. She woke up in the morning to this loud noise that was coming out of her refrigerator. She had never heard such noises before. She thought either it was going to explode, or it was about to die. She was thinking to herself, "What should I do? The noise is getting louder and louder, I have guests, I have company! First of all, they're not going to appreciate the noise. Also, what happens if my freezer goes, if my refrigerator doesn't work? Then its going be to Chol Hamoed. Which repairman is going to want to come right now?"

Then she stopped in her tracks, and said, "One second. I follow a Life with Bitachon. I chap and realize who made the noise in the first place. My loving, caring father, Hakadosh Baruch Hu the Ribbono Shel Olam! He's Hakol Yachol! The same Hashem that made the noise up until now, can make the noise just disappear and vanish into thin air, and the refrigerator will continue working regular, like normal, with no issues and no problems!"

After just being mechazek that Hashem is Hakol Yachol and He can do everything and anything, all of a sudden she didn't hear any more noise! It just totally stopped! She opened up the refrigerator to see if it was

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I invested so much into being mechanech my children b'derech ha'torah, but one of my children is not going in the right derech. I know that we aren't in control of results, and since I tried, Hashem considers it as if he turned out well. But it still gives me so much agmas nefesh seeing my child doing things that he shouldn't be doing.

A. When a person feels bad about something even though he knows that he's not doing anything wrong, he should zoom into his emotions and uncover what's really bothering him. Once he zeros in on the underlying issue, he can take the appropriate 'medication' to gain a healthy perspective.

Let's discuss what are the possible underlying issues which may be bothering you, and the correct outlook towards each one.

- Perhaps you feel like failure because you weren't matzlich in being mechanech your child correctly? Maybe you feel hurt; you put in so much kochos into being mechanech your child and it all went to waste? Alternatively, you're concerned about your status in other people's eyes; how are people going to view me with a child who's off the derech?

All these feelings ultimately boil down to middas hakavod. Your medication is to do exercises in fighting against kavod which is threatening to break you. Work

on internalizing hakavod hevel havalim. Who cares how people look at you? We only care about how Hashem looks at us. And Hashem knows that you tried to the best of your understanding.

- Perhaps your tza'ar is l'sheim shamayim. It hurts you that Hashem's name is being desecrated. The antidote for this is: if you're looking to increase k'vod shamayim, you should know that the biggest k'vod shamayim you could cause is when people see that you're not falling apart when Hashem tests you with a nisayon, rather you're accepting Hashem's will b'simcha.

- Perhaps what's bothering you is, you feel bad for your child's neshama that's becoming ruined because of his aveiros. Know and understand, the best thing that you could do for your child's tikkun haneshama is, by not becoming broken over your situation, rather to recognize that any tza'ar you're getting is not from your child, rather from our loving and caring father Hakadosh Baruch Hu.

When you do that, your child will thereby be the vehicle which is causing you to climb higher in hisbatlus to Hashem and His master-plan. And that will be your son's role in bringing k'vod shamayim into the world.

- If your pain comes from מידת הרחמנות, sharing the pain of an-

other yid's suffering, you should know that perfecting our mid-dos is a form of getting closer to Hashem. If by feeling your child's suffering you are becoming closer to Hashem, then it's a good thing.

But if a person sees that his rachmanus is making him depressed, that indicates that he's misdirecting his מידת הרחמנות, and he must channel it in a way that makes him a healthier and more wholesome oveid Hashem.

- If you're concerned that you'll be losing out on the s'char that one gets when his children are doing mitzvos, Chazal teach us the principle מחשבה כמעשה. When someone tries his best to do a mitzva, but is unable to, he gets all the s'char as if he did the mitzva.

The יערות דבש adds that on a certain level, such a person gets even more s'char. That is because, when a person does a mitzva in practice, it's usually incomplete; he lacks the proper lishmah, he derives kavod from the mitzva and so on. However, when a person wants to do a mitzva, certainly he wishes for it to be complete, and it's therefore considered like he actually did the mitzva perfectly.

Q. I got a phone call from my child's principal that he's not doing well. He scheduled a meeting with me, and I'm very nervous about what he's going to say.

Q&A WITH R' ZEVY GOLOMBECK

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

What is the emunah and bitachon perspective about this?

A. The truth is, what you're really concerned about is that the principal might point out flaws in your child. And that is going to injure your kavod, "How could it be that my child isn't Mr. perfect? That means that I'm not perfect! Oy vey!"

You have to realize, he's not your child, and his flaws don't indicate that you're not perfect. He's really Hakadosh Baruch Hu's child. And since Hakadosh Baruch Hu is perfect, the way your child is with all his מעלות and חסרונות, actually is perfect as well. Your role as a parent is to try to help your child to the best of your ability. And if Hashem assigned to you a difficult child, that indicates that Hashem is giving you an opportunity to gain extra s'char by having to invest in a more difficult child.

With this attitude not only won't you be nervous for the meeting, you'll actually be excited! You have the same goal as the principal. You're both on a mission to help out Hakadosh Baruch Hu's child in the best way you could.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

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Our Readers Share



Editor's Note: Some of these stories are from Iyur-Sivan!

Husband's Bracha is Fulfilled

My wife is a teacher; she teaches computers in the afternoon. One day, she was running late and she asked me for a bracha to come on time.

Al pi derech hateva, it wasn't possible to get there early, she could maybe get there on time. I gave her a Bracha that she should get there early.

She left and went into the car. Then she remembered that she forgot say Al Hamichya on something she ate so she came back in, benched, and then went back to the car. There was about twelve minutes left until she had to be in school. The quickest it could take to get to school was fifteen minutes.

My wife came to school a couple of minutes late. She came to the teachers room and she saw the teachers were sitting around and shmoozing.

She was thinking, "What's going on? I thought the next period started already, why are they acting like nothing is happening?"

The principal came in and said, "Didn't the bell ring? What time is it supposed to ring? Is the bell working?" It turned out that something was off with the bell so they didn't start the new period! My wife wasn't late because the period starts when the bell rings.

Hashem made it happen that the bell didn't ring! We saw that the Aibeshter is Hakol Yachol. The Aibeshter wants us to just talk positive, give brachos and we'll see good stuff coming!

I want to end off with a bracha.

Hashem should bench you with so much siyata dishmaya, more that you ever saw in your life. You should be zoche to all the brachos and yeshuos in every aspect of your life. Kol tuv!

A Reader

Hashem Sends Sefer

I was in the Beis Medrash and I went to get a Bava Kama that I needed. There is only one in the Beis Medrash, and it wasn't on the shelf. I decided to get another sefer instead and then I went back to my seat.

When I got to my seat, I saw that the person behind me was closing his sefer, and it was a Bava Kama! He didn't need it anymore, and I was able to use it! It was Hashgacha Pratis that I decided to get another sefer and I didn't just leave the Beis Medrash!

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE'H your story will be printed in the paper.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

A Yeshiva Bochur

'Hashem is the Kol Yachol'



I went into the Verizon store to flip the numbers of my two phones. Because of the kinds of plans I have they said it would be impossible to do.

I tried to call Verizon and two representatives said it would be impossible to do. Then I said: "IT IS NOT VERIZON WHO IS IN CHARGE at all. Verizon is not in charge of my phone. NOTHING IS IMPOSSIBLE FOR HASHEM! EIN OD MILVADO. HAKOL YACHOL." I said this over and over and over and over and over and over! I asked Hashem to switch the two numbers and lo and behold the next time I called they were able to switch the two numbers and leave the plans that I needed. Because everything is easy for Hashem!!! And nothing is impossible for Hashem!

A reader - Lakewood, New Jersey

WOMAN WINS RAFFLE TO ERETZ YISRAEL



I have a story. I wanted to go to Eretz Yisrael; I missed it so much. There was an organization that I volunteered for (which is hashgacha pratis how that happened), and I

received an email from them that they were making a raffle for a trip to Eretz Yisrael for anyone who did something for the organization.

The details were too complicated for me so I just said to myself, "Never mind the raffle, I'm just going to try to help them without keeping track to see if I can enter the raffle."

I then got another email from them the day of the raffle that they're making the raffle that night. At that point, I still hadn't entered the raffle.

Later on that day, my sister told me a story about someone who had wanted badly to go to Eretz Yisrael after she came home from Seminary. Her mother told her, "Go buy a ticket to a raffle and if Hashem wants you to go, then He will make it happen." She won the raffle.

This story happened a good forty years ago and it was percolating at the back of my mind.

The next morning, I asked them if I could still enter the raffle,

even though they had said that the deadline was the previous night. They told me that it's not too late. So, I gave them my name and hung up.

The next thing I knew, later that day they called me that I HAD WON!! I won a ticket to Eretz Yisrael without even buying a ticket!!

My trip came at the exact right time and worked out perfectly! Hashem gave me the chizuk exactly when and what I needed!

A Reader

7th Grader Trusts in Hashem



I'm in 7th grade and I was having a very hard math test. I was scared that I would get a bad mark.

We have a bentching contest in school that the winners get a plus two. I tried very hard to win that day, but I didn't win and I was very upset.

I said that Hashem is going to give me a plus two one way or the other.

As I was looking through my notes later that day, I saw that I had a plus two from a review.

I put it on the test and when I got it back, I saw that I got a 98+2 so I ended up getting 100!

A Reader





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Hashem Loves You!

Rav Yisrael Zicherman, a Rav in Brachfeld, Modi'in Ilit, shared with Rav Paysach Krohn that he heard the following story directly from the doctor involved:

A Talmid of HaGaon Rav Moshe Feinstein ZT"l was extremely ill and required dangerous surgery. The surgeons told the family that they were not sure if the patient was strong enough to survive the surgery or even the anesthesia. The doctor advised going to 'a higher authority' to decide on the proper course of action

The Talmid's wife, Malka* said, 'The highest authority to go to is surely Reb Moshe!' So she arranged an appointment with HaGaon Rav Moshe Feinstein.

The doctor was shocked that she chose to go to a rabbi for medical advice and insisted on coming along to Rav Moshe. At the meeting, Rav Moshe cried as he lovingly remembered his Talmid from so many years ago. The doctor was so impressed with Rav Moshe's genuine caring that he remarked 'I now understand why you chose to go to this rabbi'

After long deliberations, Rav Moshe paskened that they should go ahead with the surgery, and they should be extra careful to make their Brachos out loud, so that people can answer Amen, because every Amen creates a Malach of protection, and these hundreds and thousands of Malachim will protect this Talmid during the surgery.

B'Chasdei Hashem the surgery was a major success and this Talmid lived a few more meaningful years, in sharp contrast to the prediction of the doctors who gave him only a few short months.

It's fascinating that the Gematria of Amen is 91 as is the Gematria of מלאך

The power of making Brachos and thanking Hashem, and of answering Amen is beyond understanding.

During the times of Dovid Hamelech, there was a major plague and thousands of Yidden perished. Dovid Hamelech then instituted to make 100 Brachos a day and the plague stopped completely

The more we thank Hashem nonstop, make heartfelt Brachos, answer Amen, and speak positive, positive, and more positive, the more Malachim we are creating which will protect ourselves as well as the entire Klal Yisroel.

Hashem sends countless Malachim of רחמים to protect us!

The more we trust in Hashem's kindness and infinite love, the more we receive the highest protection!

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