

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 128

Vayigash

Teves 5784

"THANK YOU HASHEM FOR SAVING OUR BABY'S LIFE"

PAGE 5

This week's issue is also dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!



**WHAT A STUNNING WORLD YOU CREATED FOR US, HASHEM!
WE LOVE YOU, HASHEM!**

Emunah and Bitachon News

**JOIN THE TEAM
PAGE 52**

HASHEM WATCHES OVER KLAL YISRAEL



Residents in Yerushalayim heard

the siren go off right as Shabbos Parshas Mikeitz was coming in. They heard booms and saw the missiles being intercepted by Hashem's iron dome!

Thank You, Hashem!

In other news:

On this past Leil Shabbos, a rocket landed on the highway right near Mishkafayim (Beit Shemesh). Shrapnel landed in a kikar yet nobody was hurt!

What a nes!

CARING FOR HASHEM'S CHILDREN

R' Effy* took into his house an individual on the spectrum who no one else could bring up. The individual was difficult and challenging, and R' Effy's parnassa was tight, yet he heard on 'A Life with Bitachon' that when one

Continued on page 3

**Klal Yisrael has the Most Powerful Military in the World!
We Have HASHEM!**

He is Carrying us in His Mighty Arms!

OLAM HABA ESTATES
Most Magnificent Houses Imaginable

Make One Yours TODAY!!

Spreading Hashem's Goodness all Around the World!

Newspaper Topic:

Hashem

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Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?

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לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. לזכות הנחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לעילוי נשמת:
ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page takes care of Hashem's children, Hashem takes care of him.

Within a short time, R' Effy's business started flourishing, and his income grew eight times more than what he had earned previously. With the extra money, he was able to buy a huge house. This child now has his private space, and his family has



their own. And now there is also extra money to help the child!

He saw openly that when you take care of Hashem's children, He takes care of you! [R' Zevy Golombeck]

HASHEM SAVES ENTIRE FAMILY

Yitzi* went together with his uncle's family – the Yurkansky's to the mountains for Shabbos to be by his Bubby and Zeidy.

As they were driving back from the country to Lakewood on Motzaei Shabbos very late at night, they slowed down to turn off at an exit. The car behind them kept on going full speed and crashed right into them. The Yurkansky's car went totally out of control and was spinning in all directions.

They came to a stop in the left lane, facing oncoming traffic! They were on the Garden State Parkway with cars going 80 miles per hour and their car wouldn't move. They couldn't get out of

the way! They were stuck in the middle of the highway with a car full of children – 4 kids and 2 parents.

The parents, who follow a Life with Bitachon, said 'Ein od milvado!'

The first car that was coming toward them saw them and quickly swerved away, and so did the second car, but the third car crashed into them head-on. The onlookers who saw the accident feared the worst – but the passengers all came out of the car, were checked out in the hospital, and within 24 hours, they were all sent home!

The Yidden who saw the accident said that there's no way that they ever saw such a neis in their life that people can come out alive from their car after a head-on crash at 80 miles per hour! It seemed impossible!

Hashem showered them with open Rachmanus and Nissim! [R' Zevy Golombeck]

HASHEM MAKES US SEE

The Langer* family was hosting several other large families, with a lively crowd of youngsters. They were climbing on the beds, jumping on the couch and building towers and tunnels with the chairs. Every available spot was decked with toys, skates, baseballs and jump ropes. An occasional laundry hamper or broomstick had also been enlisted in a number of "construction" projects, not to mention sheets, blankets, clothespins, and...whatever.

Suddenly five-year-old Rivki gave a scream. "My earring! Where is it?"

All eyes turned to Rivki, who was holding her braid away from her face, and we saw that her earlobe was now bare. Everyone quickly looked down and all around, but it seemed hopeless – even worse that the proverbial needle in a haystack. The rowdy games came to an abrupt standstill. Suddenly, they were all silent – and sad. Rivki's mother gasped. "Why did I ever let her wear such an expen-



sive set of earrings to this get-together!"

Chani, the oldest Langer girl, was the first to break the silence.

**HOME SECURITY SYSTEMS
Protection at its best!**



*Hashem stands guard at your door!
Kiss the mezuzah every time you pass it!*

"Don't worry," she reassured Rivki. "We'll say 'Amar Rabi Binyamin...,' and I'm sure we'll find it!"

I glanced around. The living room, the dining room, the children's bedrooms...they bore a distinct resemblance to Erev Pesach! How could anyone – even Chani – find a tiny gold earring in this mess?

But Chani wasn't fazed in the least. "Amar Rabi Binyamin: Hakol b'chezkas sumin...," she proclaimed as we all focused on her. "Everyone is considered blind until Hashem gives sight to their eyes!"

Then, while Chani was on the floor near the couch (which, for the moment, had been disguised with two sheets and a stool, as a lion-hunter's tent), the most incredible thing happened. "Here it is!" Chani's voice rang out in victory.

All eyes stared in disbelief as she held up a gold earring that none of us had ever expected to lay eyes on again. Everyone called out at once.

"How did you ever find it?"

"It can't be!"

"Really?"

Chani was not at all surprised.

"I said 'Amar Rabi Binyamin,'" she declared, "so of course I found it. Saying 'Amar Rabi Binyamin' always works!"

"Not for me!" exclaimed a nearby mother.

"And not always for me, either. I still haven't found the sugar spoon from my Shabbos cutlery that I lost two weeks ago!"

What was Chani's secret? The segulah doesn't consist of merely reciting a few words or sentences. What matters is whether

or not the person saying these words truly believes in his heart that the Source of vision – or of any other human ability – is Hashem, and Hashem alone. Hashem knows whether we're relying on Him and only on Him. If we truly believe that without Him we wouldn't be able to spot an elephant at close range, the segulah will indeed help, if that is what Hashem knows is good for us right now. [Kav Hashgacha Pratis]

HASHEM ARRANGES RIDE FOR YUNGERMAN

R' Dov from Eretz Yisrael went to visit someone in the hospital. Afterwards, he planned to take the bus because it was cold. The bus passes through a place where one has to guard his eyes. He didn't have a choice because it was too cold to walk.

Right before he left the hospital, he saw that there was a different patient in the room who didn't have any visitors. He went to visit that patient for a few minutes and said shema with him.

When he left, he saw that he just missed the bus! Right then, someone came by and asked if he needed a ride! That person gave him a ride where he needed to go! He got a free ride and had no problems with shmiras einayim!! All b'zchus that he paid a visit to another patient.

Thank You, Hashem!

KEEPING OUR FOCUS ON HASHEM

As R' Spielman* stepped out of the door of the mikveh, the icy air let him know that he hadn't really dried himself off that well. He had

just enough time to make it to his shul in time for Shacharis, so he had no extra time to go back inside and try to find a way to keep warm, but he was really chilled. On the other hand, he certainly didn't want to get sick! He fished a tissue out of his pocket, tore off one corner, and stuffed it into his right ear. Then he did the same for his left ear. Baruch Hashem, it really helped.

Twenty minutes later, at shul, R' Spielman recalled his "ear-plugs" and decided it was time to remove them. Out came the white fluff from his right ear, but the piece of tissue in his left ear seemed glued in place. He tried yanking to one direction and then another, but nothing worked.

Why? he asked himself. What message was Hashem sending him? There must be a message here. Nothing happens by chance!

Then it occurred to him. Ears – listening – newscasts...maybe it's that news hotline he often listened to. The hotline analyzed politicians' speeches to no end. There was never a word of thanks to the Ribbono Shel Olam for His nissim – even now, when they were happening day after day! And what about announcements for future events? Did they ever say "b'ezras Hashem"? No!

Maybe that's what Hashem is warning me about, he thought. "Okay, Hashem," he said in his mind. "I undertake not to listen to it for such-and-such a period of time."

The bit of tissue slipped out on the spot! [Kav Hashgacha Pratis]

The following amazing story was sent in by a family in Monsey, New York.

We were in Brooklyn for Shabbos, visiting my parents for the first time since our seven-week-old was born. Everything was nice and calm until the end of the Friday night seuda, when my wife noticed that our baby was breathing deep and hard breaths. I ran across the street to a Hatzala member who wasn't so concerned, but he called a paramedic just to make sure because she was so little. When they arrived they also didn't think it was anything serious, but they were concerned that things can get worse quickly with babies, so they took us in to the hospital. Baruch Hashem, at that point it was still nothing; they took some tests and saw that she had RSV, but then sent us home.



Shabbos morning came, and our baby's breathing wasn't bad, but she wasn't eating much. As the day went on, the breathing stayed status quo, but she still wasn't eating, so after Shabbos we called our regular doctor and described how she was breathing. He wasn't concerned about her breathing, but he was concerned that she hadn't eaten all Shabbos, so he told us that on the way home we should stop by Columbia hospital and it will take time but they will give fluids and send us home. So we called a family member who would meet us at Columbia to take our other children home while we waited with our baby.

We arrived at the ER, and in the triage the excitement started. Our baby started turning blue, and the breathing got bad. Baruch Hashem we were already in the hospital, and the doctor and nurses moved quickly to get her on oxygen. It was difficult to get her started on IV fluid since her veins were so thin due to her young age and dehydration, but finally after calling in a specialist they were able to start her on the IV fluid. We were still calm about the situation as it didn't seem that serious, so my wife went home to unpack and put the kids to sleep and then return to pick us up. In the meantime, they took a chest x-ray, and the results were very concerning; she had a lot of fluid in her lungs. It was a bad case of pneumonia.

All alone in the dark room in the ER without phone reception, I felt so lost. They came in to have me sign consent forms to do a bedside procedure to put in chest tubes to help drain the fluid. Not knowing exactly what that meant, I felt even more lost and lonely. I began to cry and say Tehillim. Then came such a calming feeling that there is no one in the whole world with me and no one could help besides Hashem Yisbarach. That feeling was the springboard that would carry us through for the next two weeks.

While I was saying Tehillim in somewhat of a calmer state, knowing that Hashem was with us at our side, the surgeon came in to put in the tubes. She told me that before she does the procedure she will double check the situation with an ultra sound. The ultrasound showed a totally different picture. We still don't know if the x-ray was a mistake or if the situation actually changed, but either way it was clearly meant to get me to daven and realize that Hashem is with me running the show. The procedure was canceled, but the breathing was not improving, and the oxygen level was dropping.

At this point, my wife came back, and the team from the PICU (pediatric intensive care unit) come running in to assess the situation, which they said was very serious, so they immediately brought us up to the PICU. There we had phone service, so my wife and I called our parents to fill them in and they began saying Tehillim. In the PICU we were greeted by a doctor who told us very nicely and calmly that the situation wasn't good and they felt the only way was to put our lovely cute seven-week-old onto what they called a breathing tube (very

nice on their part not to scare us too much) which is better known as a vent or respirator. Of course, we gave them the go ahead, and quickly told our families to daven. We went into the waiting room and began our tearful tehilim. About an hour later, the nurse came to inform us that all went well, and we can come to the room to see our baby. She was sedated and seemed to be sleeping very comfortably.

For a week we juggled our family at home and baby in the PICU, trying hard to keep everything normal. On Sunday we started learning more terms and facts but the situation was still very concerning. Even on the vent her gas levels were nowhere near what they were supposed to be. We also overheard that her left lung collapsed and she wasn't exhaling the carbon dioxide. It

was a hard day with lots of Tehillim and support from family and friends. We got a volunteer to stay overnight so that we could get some sleep and continue to function [I want to take a moment just to say how much chesed goes on in Klal Yisroel. The organizations that send volunteers and food and even arrange rides through people who just for chesed drive back and forth to the hospital is amazing! There were also many private people who offered all kinds of help. It is next level unbelievable, Mi K'amcha Yisroel!

Monday morning they were doing blood work hoping that results would change for the good but they did not. At one point on Monday afternoon I heard the doctor saying that the situation wasn't good and they could not figure out what the issue was. Again I got out my Tehillim and again felt this closeness to Hashem that I never felt before as I cried my heart out to Hashem to please save my dear daughter's life. A little while later, the team came in again and looked at the screen of numbers. The two main doctors gave each other a look and one said, "I don't know, but let's try bagging her." I later found out this is an old-fashioned way of getting the lungs the air it needs and helping them exhale properly. Baruch Hashem that helped, and it was a turning point from very critical to less critical. From then on we spent another week of ups and downs in the PICU and then a few more days on the regular floor. Baruch Hashem now we are all home together as a healthy family.

Chazal tell us על כל נשימה ונשימה תהלל י-ה we have to thank Hashem for every single breath. After this experience this has a whole new meaning. I would like to share a Toras Chaim in Baba Kama 16a which I feel can be a chizuk for everyone. It's a beautiful piece if you want to look it up, but in short he says that chazal knew that on a practical level it's not possible to walk around the whole day thanking Hashem for every breath. So they were מתקן the bracha of מודים in which we thank Hashem for all that he does for us, and when we say ועל נשמותינו הפקודות לך we should have in mind every breath that we take throughout the day and night. This feeling of thanks must also bring a person to be מכניעה himself to Hakadosh Baruch Hu, and that's why we bow, we lower ourselves before Hashem in gratitude.

The goodness that Hashem has shown us in these two weeks is an eye opener and a reminder of all that Hashem does for each and every person all day every day. We should at least try to remember to thank Hashem during the bracha of מודים and think about how we really owe our whole being to Hashem and try to thank him by doing His Ratzon.

הודו לד' כי טוב

כי... לעולם חסדו!



Hashem - The Ultimate Locksmith!

R' Stern, a yungerman from Passaic, New Jersey, got locked out of his apartment. He called Chave rim. When they arrived, they tried every trick in the book to open his front door, but it wasn't opening. More and more Chaverim members came to help, but the door wasn't budging.

They were about to give up



when they tried a last resort.

They put up a ladder to the second-floor window of the apart-

B'hashgacha it was a fellow Jew who also lives a life with bitachon. "No problem, I don't



**WEEKLY
NEWS
ROUNDUP**

By R' Yisrael Meir
Ehrenpreis



ment building and climbed up. Even though he usually keeps the window locked, Hashem arranged that this time it was left unlocked, allowing them to open the apartment.

Jewish people are so dedicated to helping one another!

Hashem is always helping us!

[R' Zevy Golombeck]

need any payment for the damage; it's soap and shampoo for my neshama!"

He was more concerned about the damage to Moshe's car than his own car!

[R' Zevy Golombeck]

The Best Donuts

Every year, on Chanukah, Mrs. Applebaum* makes donuts for her children. It's the highlight of



Chanukah. This year, she had no strength to make them. So, she said to her kids, "Just because I can't make donuts doesn't mean Hashem can't get them for you!"

Lo and behold, her neighbor came over with a pan of delicious donuts- cream, custard, caramel - types they had never seen before. They saw how Bitachon Donuts tasted so much

ALWAYS IN YOUR LOCATION!

RENOWNED SHADCHAN

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have חסידים or don't have חסידים
- Are wealthy or not wealthy

IT DOESN'T MAKE A DIFFERENCE TO HIM!

Contact HASHEM any time any place

- 📁 Tefilla and Tehillim
- 👉 Bitachon
- 👏 Maasim Tovim

What a Nation!

R' Moshe Gold* was driving home after a Chanukah Mesiba. It was rainy weather and he suddenly felt and heard a crash and bump. He had collided with the vehicle in front of him and caused a few thousand dollars of damage to it. The other driver come out of the car,

more delicious than the usual donuts! [R' Zevy Golombeck]

Hashem is so Kind!

Mrs. Cohen* was in the mood for a delicious, yummy, tasty hot soup, but she was exhausted and had no extra energy to put one up.

Then, she received a phone call from a relative: "Would you like



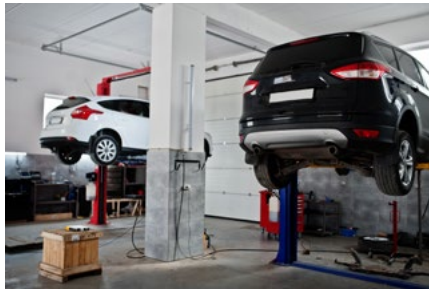
delicious, yummy, scrumptious hot soup? I made so much; it would be a great favor if I could

bring some over."

Everyone felt they were doing the other person a favor, but in reality, it is Hashem, Who was constantly doing us favors from day to night. He arranged everything from start to finish!

[R' Zevy Golombeck]

"I will Bring You Wherever You Need!"



Mrs. Klein* from Lakewood, New Jersey, had to bring their car to the mechanic. Mrs. Klein's

neighbor realized that her car was at the mechanic, so she told Mrs. Klein, "It will be my pleasure to bring you wherever you need to go!"

Her neighbor brought her to work, and everywhere else she needed!

Mi K'amcha Yisrael!

[R' Zevy Golombeck]

Hashem Takes Care of us!

Yocheved* had a very complicated, difficult math test; the teacher said that everyone needed to bring a calculator for the exam. So, she prepared everything, along with the calculator, the night before.

The following day, as she was on her way to the bus, it fell and broke. She didn't know how she would take the test.

When she got to class, one of her friends said she brought an extra calculator in case anyone would need one. And with that, she had a calculator for the test!

Hashem showed that He had prepared everything and is tak-



ing care of everything for us from start to finish!

The most important lesson in the world!

[R' Zevy Golombeck]

The Ahavas Hashem POWER PLANT



Awesome Energy!

The Spring Hill Times

DEAR READER!
We are looking to send copies of the Spring Hill Times to English speaking soldiers that are in the Israeli Army.
WE NEED SOMEONE WHO CAN BRING THEM THE COPIES.
If you are able to help us, please call/text 845-327-5041 or email: thespringhilltimes@gmail.com
Thank you!

TIME FOR REVIEW



Hear the forecast of Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.

KI TOV HASHEM NEWS

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

UPDATED DAILY!



ENGLAND
033-30-327-023

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076-567-0655

USA
845-400-8584

Klal Yisrael is Coming Home to Hashem!

Reports have come in of an Israeli soldier who started believing in Hashem.

He was not frum, but now, after he experienced the miracles that Hashem did to him, he believes in Hashem.

He was in Gaza, in a room with three other soldiers.

A terrorist came out of a tunnel and caught them by surprise. The terrorist shot four bullets from his automatic gun. One bullet hit one soldier's helmet, another bullet hit a ceramic object. The 3rd bullet hit a soldier's night vision goggles, and a 4th bullet hit one of their weapons. None of the soldiers got a scratch!!! They then were, Baruch Hashem, able to eliminate the terrorists!!

Afterwards, the soldiers threw a grenade into a room. They noticed that there was a lot of ammunition in that room. It was a big miracle that none of the ammunition exploded!! They realized that one of the fragments from the grenade they threw, hit the wire that was connecting all the ammunition. That disabled all the ammunition!! Otherwise, it could have killed them all c"v!! Baruch Hashem they

were all safe. The soldier now believes in Hashem. He saw clear open hashgacha!

ושבת עד ד' אלוקיר!!!

.....

Hashem Takes Care of Family

Mrs. Nagel needed to shop for clothing for her children. She did not have the time, energy and money to go shopping. She did not know what to do.

All of a sudden, one of her friends called and said: I'm cleaning up my house. I have lots of clothing that my kids don't really like and we don't need them. We have clothing for men for boys and for young children. I'll bring it right over.

She brought the clothing over and Mrs. Nagel found clothing for every age and for every size!

ברוך מלביש ערומים!

.....

Hashem is Running a Perfect World!

This story happened with me: Yesterday, Wednesday morning during quiet Shemone Esrei I said, "vsein tal u'matar," in a loud voice, in case anyone had forgotten.

After davening, a Yid by the name of R' Chaim came over to me and thanked me for reminding him. He

had completely forgotten to say v'sein tal and would have had to daven again.

A different Yid, by the name of R' Dovid was still davening Shemone Esrei nearby and he heard R' Chaim thanking me. He had also forgotten about v'sein tal. And this reminded him.

After he finished Shemone Esrei. He came over to me to thank me for reminding him. A different Yid by the name of R' Nesanel heard R' Dovid thanking me and he realized that he forgot v'sein tal matar by mariv the night before and by Shacharis (apparently they all davened in a minyan that the shliach tzibbur forgot to announce vsein tal umatar)

When I came home after Shacharis I told my wife, who hadn't davened shacharis yet, the story and she said, "Thank you for reminding me! I very well might have forgotten to say 'vsein tal umatar'...."

P.S. After I put this story on the hotline, a woman left a message thanking me for reminding her to say v'sain tal umatar....

משגיח מן- החלונות מציץ - מן החרכים!

.....

Hashem Loves Young Boy

Last winter, Mrs. Pollack was over-

seas and bought her son a sweater in a color that he loved - a gorgeous turquoise blue.

This year, when she took out the winter clothes supply, she couldn't find it. Her son was really disappointed! He really loved that particular sweater! They looked and searched in the local stores to see if they have a similar sweater but to no avail.

A few days later, she passed by a store and she caught sight of a rack of sweaters with a sweater that was identical to the one they had lost! She bought it and her son was thrilled!!!!!! They felt so loved by Hashem!

טוב ד' לכל ורחמיו – על כל מעשיו!

.....

Woman Finds Ring

Mrs. Fogel lost her diamond ring. She said that they would be mafarsem the miracle in the Spring Hill Times if they would find the ring. They said a few kapitlach of tehilim and they found the ring in the garbage!!

P.S. My wife also lost her ring. She put her two rings on a shelf over the kitchen table and only found one. The diamond ring was missing. We searched through 2 garbage bags more than 5/6 times but to no avail. We looked under the fridge, oven and dishwasher. We checked everywhere we thought it could be. I even checked the potato kugel that was on the table to see if maybe the ring fell in there. I chopped it all up and ate a few extra pieces but I didn't find it.

Two week's later, on the first night of Chanukah, when I put this story above on the hotline, Hashem out

in my wife's mind to check the basket that contains the pieces of the food processor. The container had been on the table that day. B"H there was the ring!

הודו לד' כי טוב – כי לעולם – חסדו!!

On Sunday and Monday, Eli Pearlstein's chavrusa wasn't feeling well. There are 100 bachurim in his Yeshiva and the bachur who learns right next to him on the same table, told him that his chavrusa, wasn't coming on Sunday and Monday.

He had to take care of something at home.

So Eli was able to learn with the bochur next to him! They didn't even have to move seats to learn with each other! They stayed right where they were and learned! Hashem orchestrated that in middle of the winter z'man, two chavrusas who sit right next to each other should leave yeshiva the same two days so that their chavrusas

could learn together!

דברי נפלאותך – אשיחה

.....

Hashem Sends Flowers

On Erev Shabbos, Mrs. Shulman* was walking by a flower shop and saw beautiful flowers. She felt that it would be very special to buy them for Shabbos. But they were being sold at a price that was beyond her budget. She said to herself, " Hashem can get me flowers," and with that, she continued on her way home. Shortly after getting home, she heard a knock on her door. It was her neighbor, who was gifting her with beautiful flowers as a small gesture of appreciation for being such a kind neighbor!

In other news:

Avi, dropped his cellphone. The screen stopped working. He couldn't see anything and it was very hard to use.

It wasn't working for two days al-

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UPDATED DAILY!

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.....

Lakewood Mother Thankful to Hashem

Yesterday morning, Mrs. Stein was waiting with her child for the bus. It wasn't coming. Mrs. Stein was already late to work and did not want to travel to the other side of town. She kept on davening to Hashem that the bus should come. Baruch Hashem, the bus came, a half hour late!

Thank You, Hashem!

.....

Brooklyn Girl Davens to Hashem!

Shani from Brooklyn, New York, had something that was bothering her. She davened to Hashem that He should take it away. She knew that He could do anything. Right afterwards the problem disappeared!

ברוך שמוע תפלה!

.....

Hashem Loves Our Learning!

ready. He said to himself: "Okay. I think it's time to get a new phone." Then he said, "One second. Let me say that Hashem in charge of making screens work." He did exactly that, and the next time he needed to use his phone, the screen was working!

ברוך הגבר – אשר יבטח בד'!

What a Nation!

R' Chaim was shopping at a Yiddishe supermarket in Lakewood, New Jersey, and he overheard a cashier quietly telling another Yid that if he doesn't have enough money then he will take care of it! When it was R' Chaim's turn, he told him the same thing!

עבדי אַתָּה - יִשְׂרָאֵל אֲשֶׁר - בְּךָ אֶתְפָּאֵר

Hashem is Running a Perfect World!

Mrs. Miller shared a cleaning lady with a friend. Her friend was going away for three weeks. Mrs. Miller told her friend, "You are going to lose the cleaning lady if you don't employ her for three weeks. She is going to look for a job elsewhere. So her friend gave her \$950 to give to the cleaning lady.

The day her friend left on her trip, the cleaning lady called up Mrs. Miller and told her that she was very sorry but she had a family member with a medical problem and she needed to take off for a couple weeks. After two weeks she called Mrs. Miller and told her, "I'm able to go back to work part time. So I can only come to you."

The day that Mrs. Miller's friend came back, the cleaning lady called

and said that she is ready to go back to work full time by both of them!!!

משגיח מן- החלונות מציץ – מן החרכים!

Boy From Illinois Turns to Hashem

KI TOV HASHEM NEWS

1: Daily News Update
3: Weather
7: A taste of the Spring Hill Times
8: Archives
9: Leave a Message

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ואמונתך בלילות

Eliezer, a boy from Chicago, Illinois, came to school one day, and he forgot his key fob that he uses to open the electronic lock on the doors. He couldn't get into the building for Shacharis. The doors were locked and he didn't know what to do. Then he thought to himself; "Hashem is Hakol Yachol and He can do anything!"

He just pulled the handle of the door and it opened! He has no natural explanation how that happened!

ודברי נפלאותך - אשיחה

Klal Yisrael Loves Hashem's Torah

On Sunday night Yeshiva Beis Binyamin in Monsey, new York, made a siyum on Meseches Gittin. Many many bochurm finished the mesechta and took tests on it earning high marks. Two of the bochurim, brothers, one in 9th grade and one in tenth, did it with Tosfos too!

אשרי מי שבא לכאן ותלמודו בידו!

Man from England Has Bitachon

R' Chuni from England had a microwave that wasn't working for six months. He tried turning it on 30-40 times but with no success!

He then said, "one second. Did we ever try to turn it on with bitachon?" He was misachzek in bitachon and yes! It turned on!

Boy from Florida Trusts in Hashem!

"Shimmi a boy from Florida told his father, "I never win the raffle at Avos Ubanim." So,

his father told him, "Just have bitachon and say, "Hashem You are the One in charge of who will win."

They pulled out the ticket and he won! A boy asked him, "you had the winning ticket?" He said, "No. I had the winning Bitachon."

Hashem Takes Care of Us!

R' Shmuel*, a yungerman who is making a chasuna, was in debt and needed to pay a very big bill of a few thousand dollars. He realized that only Hashem could help him out.

One day he got a letter from a distant relative. The relative got an inheritance. He was supposed to take 90% for himself and 10% for other family members and he chose to give the 10% to this yungerman. Together with the letter was a check for \$5000!

פּוֹתַח אֶת – יֵדִיךָ וּמִשְׁבִּיעַ – לְכָל חַי – רְצוֹן!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Av-Tishrei.

BITACHON IMAGERY EASES ANXIETY

Mrs. Klein's* daughter needed a lot of work on her teeth, and her daughter was very anxious. Mrs. Klein had heard on 'A Life With Bitachon' that you should imagine that you don't see the dentist, you see Hashem, and Hashem is taking care of you. She started giving over all of the lessons to her daughter, and her daughter calmed down!

TOY FROM HASHEM

Mrs. Fisher* had a child who wanted a certain toy, but she wasn't able to get it at that time.

She told her child, "Remember, we heard on 'A Life With Bitachon,' and we saw printed in the Spring Hill Times, that just because I can't get it for you, doesn't mean that Hashem can't."

Shortly after, her neighbor came over with that toy and said, "You can have it, we got an extra one!"

MESSAGE FROM HASHEM

Mrs. Katz* from Monsey was struggling to make

ends meet. She said, "Hashem, could you give us a sign that You are taking care of us?"

As she was talking to a friend outside, the pharmacy delivery man came out of his car. He said, "You Jews are so lucky! You have a G-d that takes care of you and protects you. You are the luckiest people in the world!"

She got the message loud and clear! She felt like the luckiest person in the world!

BE NICE = BE HAPPY

Rochel's* class had a nisayon of fighting and bickering with each other. She was discussing this with her friend, and then they called 'A Life With Bitachon.' They heard a story about a teacher who had helped her own students stop fighting with each other by teaching them, "If you want to be happy in life, don't just think about yourself, think of how you can make the next person happy." Rochel and her friend said, "Tomorrow, let's think of ways to make our friends happy. Let's write them cards and focus on their positive qualities."

They said it was a game changer. The entire atmosphere in their class changed!

ANTI-SEMITISM ON THE DECLINE

Mrs. Zoberman* was in the dollar store. Her husband was waiting outside and he needed to go somewhere. She wanted to purchase three balloons for a graduation, but there was a really long line.

The non-Jews in front of her told her to go in front them!

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and anyone else



LIVING WITH HASHEM

By Rabbi Zevy Golombeck



THE BEST VISION

Moshe* lost his vision, and found himself with extra time. He started to follow the hotline, and he said it was the first time that he ever really felt Hashem's presence. Since becoming involved with Bitachon, he sees Hashem much more than he ever did when his eyes were functioning. Before, he saw the external things, all the distractions; he never saw Hashem. Now that he can't see externals, he only sees Hashem, and his life is full of simcha!

BITACHON BRINGS ACHDUS

Chaim* was listening to the stories on the "A Life with Bitachon" hotline. In section seven, there was a story about a Belzer Chosid by the name of Shea Heshu Cohen. In section two, there was

a story about a Yid by the name of Isaac Shwekey. In another section, there was a story of a Litvishe Yid. Chaim saw how Emunah and Bitachon can bring us all together. We're all sharing stories. We're all growing. That itself made an impact on his life!

HASHEM GUARDS MONEY

Esther's* mother sent her to deposit a very large amount of cash in the bank. Before she went to the bank, she stopped at a park with one of her friends. They saw



a scary-looking man coming towards them, so they left.

One hour after they left the park, they remembered that they left the bag there!

B'derech Hateva, what were the chances that a bag with a large amount of cash in a crowded park would still be there? They were mechazek themselves that when they go with the mindset of emunah and bitachon there is only hashgacha. The bag was there, untouched!

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Keep your money safe forever!
Just transfer it to any צדקה cause

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

| | | |
|-------------------------|--------------------|------------------------|
| 1 15 sec. back | 2 Pause | 3 15 sec. forward |
| 4 1 min. back | 5 Raise volume | 6 1 min. forward |
| 7 3 min. back | 8 Lower volume | 9 3 min. forward |
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A Life with Bitachon in Yiddish
 Eretz Yisrael: 072-370-1912
 USA: 845-262-5115
 UK: 0330-325-1260

L'zechus that people should feel loved by Hashem!

5 Weekly Thank You's



By: R' Simcha Elefant - Yerushalayim Ir Ha-kodesh

Thank You Hashem for Place Mats!

Want milchigs / fleishigs but don't want to change the whole tablecloth? Just put them on!



Thank You Hashem for Oven Mitts!

We can safely and easily maneuver hot stuff!



Thank You Hashem for Baby Bottles!

Such an easy way to feed our babies!



Thank You Hashem for Cotton!

It's so cool how it just grows out of the ground as is, and has so many uses!



Thank You Hashem for Popcorn!

Such a fun and enjoyable healthy snack!



Parsha Game

Fun and an interactive way of learning Torah!

PARSHAS MIKETZ

Q: Where in this week's Parshah do we find a connection with the pictures below?

ANSWERS ON PAGE 40



Niflaos Haborei Riddles **T. Bauman**

We are like a clan,
My family and I,
growing together,
Hanging from up high.
We are usually picked together,
And can be eaten just like that,
Or else, they press and squash us
Until we're really flat.

Depending on my state,
A different bracha you will make,
And also for the acharone -
So don't make a mistake!
I'm the perfect refreshment-
juicy sweets wrapped up tight.
Let's make a l'chaim!
For you'll surely guess it right,

Find the answer somewhere on the page

©

CHEISHEK HATORAH

Riddle #68 Parshas Vayigash

In order to survive the Egyptian exile, the Yiden needed to be shielded from even the smallest Mitzri style! They didn't live near the Mitzrim near The Nile. They isolated themselves and went the extra mile! Goshen was granted to them due to something unique in the profile. What was unique?

To hear the answer to the question, press x14 #68 on the Chaishek HaTorah Line 845-720-4040

You can hear stories from the Spring Hill Times being read on the Chaishek HaTorah Hotline.

845-720-4040 Ext 6

Updated every Motzaei Shabbos!

Parsha Delight Question of the Week

פרשת ויגש תשפ"ד (5784)

The pasuk (46:1) relates that Yaakov travelled until he came to באר שבע, and then later (pasuk 46:5) left באר שבע and travelled in the wagons that had been sent by פרעה. It appears that Yaakov did not travel in the wagons until באר שבע, rather only when leaving there. Why?

Please email your answer(s) to parshadelight@shiurenjoyment.com and enter to win a \$5 Raffle

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Contact Michael Yaakov with any questions at maggidshiur@shiurenjoyment.com or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH



**WONDER DIET
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**Just Tell Hashem That You Are
Sorry!**

**Stay Fit!
DON'T FORGET
YOUR DAILY EXERCISE!**



**Remind Yourself that
Hashem Loves You to
No End!**

Patient

The guy davening next to me in shul davens very loud and he drowns me out. I almost can't hear myself. It drives me nuts and instead of having kavana I need to work on myself not to get angry at him.

Please help!

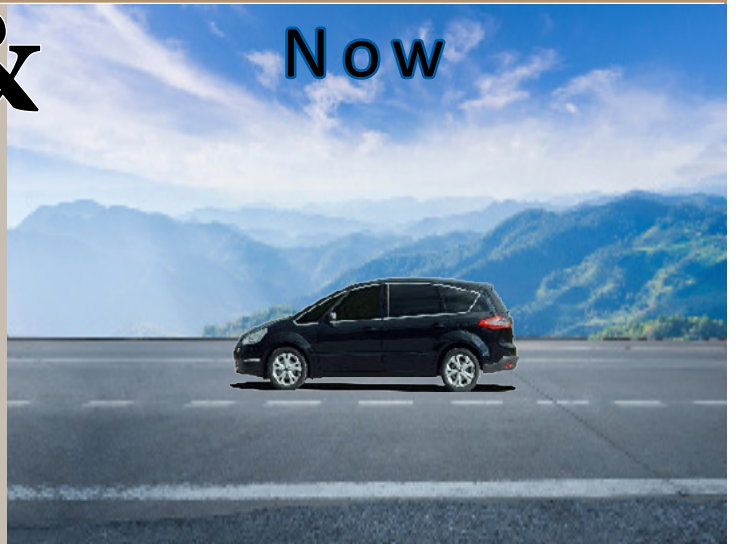
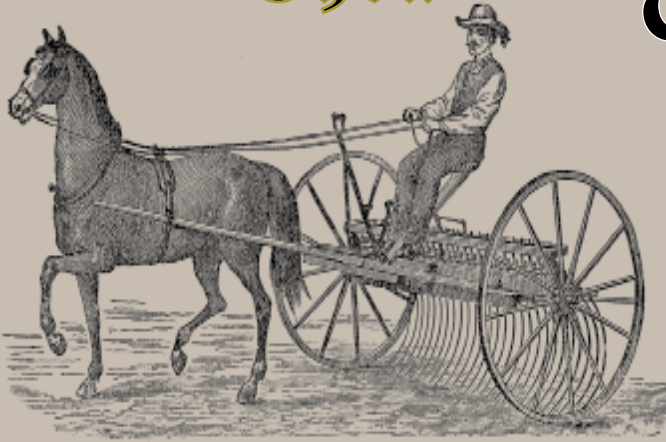
I'm prescribing five medications for you:

1. The nachas ruach you are giving Hashem by not getting angry at another Yid is far greater then the nachas ruach you would give Him with having kavana! There is no greater nachas ruach to Hashem then two Yidden loving each other!
2. The reason why you were put on this world is to work on your middos! Every time your overcome your anger you are making yourself a better person. You are fulfilling your purpose in life!
3. Accept the situation Hashem has given you with love. Don't try to fight Him c"v.
4. To Hashem it's not how loud you daven that is important it's what inside your heart that's important.
5. You are trying your best to have kavana. Hashem considers it as if you did have kavana! And you will get even more s'char because it's so hard for you!

Then

&

Now



You lived in the United States and wanted to get a job?

1800's and early 1900's

Almost impossible to get a job if you kept Shabbos! You were hired on Sunday and fired on Friday!



Today:

There are so many jobs you can get in all different sectors! You have laws that protect your religion! You can celebrate Shabbos royally without having to worry about losing your job! Thank You, Hashem! We Love You, Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Ayin Tova

Seeing the good in every situation

CASE OF THE WEEK:



Yaakov was pleased with the response to his new fruit store. A steady stream of customers patronized his store, which quickly gained a name for being a place with quality produce and friendly service.

He was shocked and upset when he learned of the plans for a famous produce chain to open a branch just down the block.

Help Yaakov have ayin tova for his situation.

You can send your suggestions for the AYIN TOVA CASE to: ayintovanewsletter@gmail.com
 Or call [Israeli day-time hours only]:
 USA: 831-244-6019
 Eretz Yisrael: 052-760-5409.

Suggestions for the case where Chani from Yerushalayim got caught in a sudden downpour without any rain gear while wearing a new sheitel.



- It's great that it's raining because it doesn't rain so much in Eretz Yisrael.
- Now her sheitel macher will be able to make a parnassah.
- She now has to go out of her comfort zone and ask someone for a favor and that will help her become more confident.
- She appreciates the rain gear that she normally has.
- She could be happy for all the people who did bring rain gear and are staying dry.

- Perhaps, she will come up with some innovative way to stay dry and she will be able to use that way in the future.
- It seems clear that Hashem wanted her to go through this ordeal, and even if she loses money, she will be able to say, "this is the best thing for me, and I will be o.k. with that."



SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

The Curative Effect



The Gemara in Masechta Brochos promises, Kol ho'omer Tehilla LeDovid sholosh peomim bayom muvtach lo shehu ben Olam haBo: Anybody who says the kapital of 'Tehilah L'dovid' three times a day is guaranteed to be a citizen of the Next World.

Now how long does it take to say Ashrei? A minute? So for three minutes of work each day a person is granted such a gigantic promise?

The Dubno Maggid explained with the following parable about a fellow who came to the doctor complaining about a chronic illness. And the doctor promised him, "If you'll take this medication three times a day you will get better."

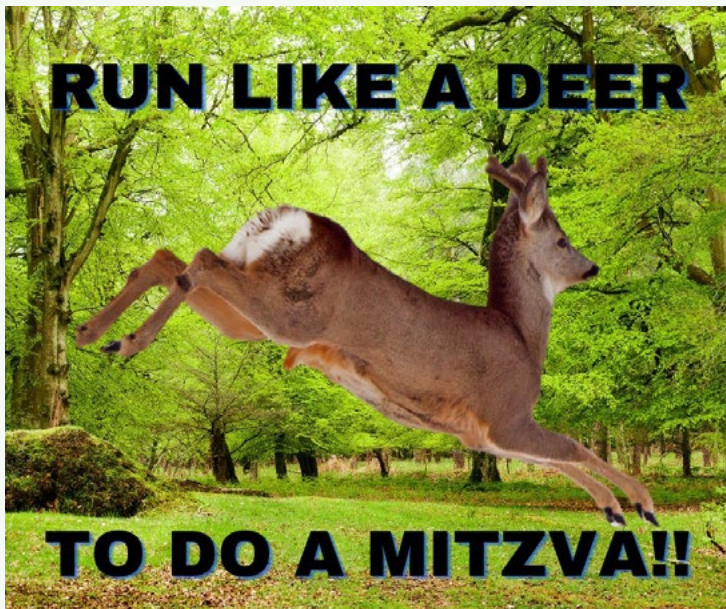
The fellow came back a week later, worse than ever.

The doctor said, "First of all, are you taking the right medication?" Yes, he checked the bottle. He said, "How do you take the medication?" he said, "I pop the first pill in the morning, I chew it, and I spit it out. I take the second pill later on; I chew that, and I spit it out. And then later on, I take the third pill; I chew it and I spit it out."

The doctor said, "That's not how you take medication: You have to take it with a glass of water; it has to get into your system and distributed to the extremities of your body."

So the Dubno Maggid explained, that if we're going to chew the words of Ashrei and spit them out, it won't have its curative effect. But if we sip them like a cup of hot tea, Ashrei.. Yoshvei.. Veisecho.... Tov HaShem Lakol, VeRachamov al kol maasov, then it will have a transformative effect on the way that we think, and the way that we experience life. And we will be guaranteed to be citizens of the Next World.

Good Shabbos!



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Living With Appreciation

By: R' Daniel Shasha

The Sfas Emes brings a beautiful interpretation of how to read the first verse in our parashah. יהודה ויגש אליו- יהודה and Yehudah approached him...' (44:18). Although the simple explanation of this verse is that Yehudah approached Yosef, there is another way to read this verse, al derech remez. Yehudah is a reference to Yehudi the name given to every Jew, stemming from the word hodaah, to thank. This is because the hallmark of a Jew is gratitude, that is why we are called yehudim. So instead of referring to approaching Yosef, the word vayigash can be a reference to approaching Hashem. Accordingly, the way to read the verse is 'a Jew should approach Hashem with gratitude!'

This is in fact a very powerful way to beseech Hashem, to first focus on all the good that He does for us. Only then do we make requests, praying for what we need. The Sfas Emes writes that even in the darkest times, one should strive to use this method; thanking Hashem for His great kindnesses. Then the gates of Mercy will be opened and it will be a very opportune time to daven for what we need.

We were just fortunate to recite full Hallel each day during Chanukah. We might ask, since Hallel is devoted for praising Hashem for the salvations He performed, why do we add requests such as anah Hashem hoshiah nah. Is this really the appropriate time for this? In fact, this is really the most opportune time! This is because praising Hashem is so powerful, that it helps bring salvations. Therefore, after we have praised Hashem, we pray for salvations since our praise paves the path for this! (Rav Elya Boruch Finkel)

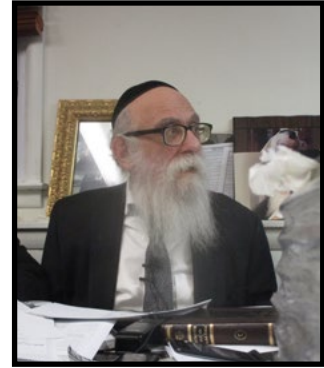
This idea also helps us understand the last bracha in the Shemoneh Esrei, Sim Shalom. Why is it that this bracha has so many requests? We ask for peace, goodness, blessing, life, favor, kindness and mercy; even though the last three blessings are not really dedicated for requests. We do this since during the previous bracha, modim we thank Hashem for His unlimited goodness. Therefore, the gates of prayer are opened and it is the ideal time to request from Hashem! (The Seder Hayom)

One time Rav Yitzhak Dovid Grossman, the grandfather of the renewed Rav of Migdal Haemek who was named after him, was traveling to Europe to raise funds. On his way back to Eretz Yisrael, his boat collided with a larger ship and the sailors weren't interested in saving the Jewish passengers. To everyone's amazement, the Rav remained calm. As Shabbos was approaching, he started fervently reciting Kabbalas Shabbos and then began to dance with great joy! He was contemplating all the incredible kindnesses that Hashem did for him and he was so full of appreciation that despite the difficult circumstances, he was dancing with great happiness! The sailors were able to relocate to another ship yet they left the boat with the Jewish passengers to sink. Miraculously the boat stayed afloat and sailed all the way to shore! The other boat where the sailors relocated wasn't quite as fortunate and capsized. The power of praising Hashem! (Adapted from Living Legend, Rabbi Nachman Seltzer p.222)

This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

Bitachon Gems

Learning the Parasha with Rav Yehuda Mandel Shlita



If you are smart, you take ימי חנוכה into the rest of the year

Part II

A human is eventually נפטר and then he'll become everybody's yartzheit licht, since he will be only a נשמה and a נשמה is a נר. During ימי חנוכה we light our own נר and we ponder what a human being is all about. He is a total giver who gives warmth and light and he's made out of the fire of עבודת ה'.

Part III

Even if you're sitting home doing nothing - you need to realize that the very existence of every individual brings warmth and light to the entire world! כי חייב כאו"א לומר בשבילי

נברא העולם. Ideally, you should be a giver (like ר' חיים וואלאזין ז"ל says). Ideally going into an out-of-town כולל makes you a giver and it's ידוע that those yungeleit are the happiest (ע"פ (ר"נ וואכטפוגל ז"ל).

Part IV

Without darkness there is no light and just like אור הקב"ה said יהי אור in a state of תהום על-פני הקב"ה - so must every human light up the darkness (i.e. peckel) of his life with his insistence that הקב"ה will help (מדת בטחון). For 8 days a person has to שטייג until he becomes למעלה מן הטבע which number 8 symbolizes (מהר"ל).

Part V

You keep moving upwards de-

spite your "חושך" of sins and נסיונות, depressions, anxieties and mistakes. Those who keep moving and aren't phased by setbacks are indeed למעלה מן הטבע since the nature of a person is giving up and being הבבורה עשיו-יבז and being נתפעל.

is the perfect example of unrelenting תפלות which gave her 6 שבטים.

ביכורים is מה"ת The true thankfulness

only מביא וקורא Yet, you are from שבעות לסוכות since it needs שמה

the חנוכה on דוקא It is interesting that רמב"ם says it's שמחה and you read הלל ועל הנסים We can suggest בס"ד that even when a yid lost his opportunity - הקב"ה gives him the same נח that he lost!

Part II

It's never "all over" in any area. You always get more chances for the time you lost or the mistakes you made. חז"ל say that אהרן had חלשות since he wasn't together with שלך and נשיאים the הקב"ה told him you're even bigger since מצוה which is a מנורה you have the מנורה in the לדורות. Notice how the מנורה didn't have a זר crown (unlike בהמ"ק (ארון and מזבח שלחן).

Part III

Perhaps because it symbolizes תורה of an אדם which is תושבע"פ (תורה שבכתב is ארון) and הקב"ה wants to give an unlimited potential

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Bitachon Gems



Learning the Parasha with Rav Yehuda Mandel Shlita

since he's a צל"א. A דָּר can symbolize and having a border - but the תורה of an אדם has no צמּוּם and it shines and gives light to others - it is a "giver" like הקב"ה who created the world ועולם חסד יבנה.

Part IV

And when the אדם made his own חנוכה of יו"ט which is דרבנן it has 8 נרות unlike the מה"ת which has 7. It also is a moving and growing מצוה where every day we light a new candle והולך ומתגבר - like an אדם who grows. Unlike the מה"ת that is

lit every day, all 7 נרות. But no עלייה.

Part V

The יונים were מבטל שבת ר"ח makes us special since we imitate הקב"ה and since הקב"ה rested so do we (and we create just like הקב"ה).

ח"ח makes us so big that even if we make a mistake and pick the wrong day - it still becomes the right day - אשר תקרא "אתם" אפי' שוגגין ואפי' מזדיין.

Part VI

And ברית מילה is unbelievable - as if הקב"ה didn't really create the אדם properly and the אדם has to be מתקן and like שמעון ולוי said about the אדם's "הקב"ה! As if חרפה הוא- לנו world is lacking and is even embarrassing! - And only the אדם brings כבוד to the world by having a ברית מילה.

Part VII

And the אדם makes a מצוה of חנוכה with variations either מהדרין or etc. Each individual can choose his own מהלך in this מצוה. And also it's up to each יחיד how he walks away from חנוכה. If he believes it was גוואלדיג and he learns how to be more thankful than he used to be then he has achieved worlds. And if he isn't מחשיב his חנוכה and תפלות and

his עבודת הודאה then it doesn't have the same quality.

Part VIII

מחשיב wants us to be ourselves and our actions and our bitachon (even if it is weak) and even our רצונות. The more we will be זוכה to. Not to be like an עשיו who is מבזה everything (ויבזה). Like the ר"ן says that not being מחשיב our תורה caused the תורה not to save us from the ר"ל.

The חנוכה of יו"ט has a beautiful message: Every day a person should praise הקב"ה (or write) 1 goodness of his life. The next day he should praise for something else without stopping to continue praising for yesterday's goodness. This should go on and on for 8 days until you have 8 מעלות altogether in front of you.

Part II

This is why חנוכה is so special - you are beholding all 8 at once and are thanking for all. 8 symbolizes למעלה מן הטבע.

Doing things like this is a ברכה for a person and will cause him to continue having a life of unending goodness.

P.S. The continuous mentioning of old ישועות without forgetting them is the key.

Part III

This is why זכירת יצ"מ is so important and so prevalent all over our davening etc. הקב"ה wants to do only good for us, so he gave us a יו"ט of חנוכה which is actually a חינוך in how to have a good life. This is similar to the ספר החינוך who says that the מצות ברכת המזון of שורש is because הקב"ה wants to give us a good life and therefore gives us ברכת המזון which causes more goodness.

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Eat the lunch that Hashem packed up for you with love and care.

DON'T EAT SOMEONE ELSE'S LUNCH!!!

Fulfill YOUR Mission!

Chizuk Corner



By R'Y Friedman

There is an amazing story that happened with Reb Avigdor Miller zt"l. One day one of his grandchildren that went to Eretz Yisroel was in an accident and r"l passed away.

That day, Reb Avigdor gave his shiur as unusual. His talmidim took this as a sign that he did not know about it.

However, the next day they found out that Reb Avigdor Miller had known about it at the time. They were amazed that he was able to give the shiur with his regular vigor and stamina. Someone approached him and mentioned his amazement that the Rav was able to keep his regular demeanor despite the tragedy.

Reb Avigdor replied that obviously when he heard about the tragedy it hurt him terribly, but right afterwards it became batul in all the chesed Hashem that he is constantly enveloped in. He told his Talmid that he feels so loved by Hashem and he is so enveloped by the chesed Hashem that he simply has no room for any negative or hurtful thoughts.

Now this seems to be a very high level in Ahavas Hashem, but yes, we can have connection to the ways of our Gedolim. After all that is the main purpose of recounting stories of our gedolim. Moreover, every person has a Gadol that's within them that's waiting to emerge.

In fact, the Mishna in Brachos tells us, "Just like one makes a Bracha on something that is good, one needs to make a Bracha the same way when something bad happens. The Gemara explains that this means that it should be with the same joy. The Mishna is talking to every Yid, so how can we understand this?"

Mashol: A Bachur went over to his Rebbi to discuss his issues. At one point he started discussing his parents. The Bachur told him that when he was a child, his parents told him or did to him some things

that traumatized him until today.

His Rebbi smiled at the boy knowingly and then told him the following. I understand that your parents did some things that may have made you uncomfortable or perhaps even pained you, but let me ask you this.

Were you perhaps a difficult child when you were young, and your parents nurtured you? The bachurim answered, "Yes, I was difficult." Then His Rebbi asked him "are you aware how many nights your parents stayed up with you throughout your childhood?"

How many times did they go to the doctor with you waiting endlessly for the doctor? The bachur started smiling and said, "wow I never looked at it that way", but the therapist wasn't done [as he wanted to finish the job].

Do you realize how many hundreds of thousands or perhaps even a million dollars were spent on you? This includes your insurance, your toys, your clothing, your tuition (which is pretty costly), your tutors, your food and miscellaneous [many other hidden fees].

The Bachur's smile is getting wider and his face begins glowing, as if his whole essence was beginning to overflow with love for his parents.

His rebbi continued. Do you realize how much worry and anxiety and tears your parents had over you that you should grow up to be an upstanding Yid and perhaps even a Talmud Chacham. These people are none other than your amazing parents.

The Rebbi concluded with the following insightful words. "Having said all that, if you are traumatized by the few things that they said and did that gave you same pain, how much more should you be overwhelmed by all the good that they bestowed upon you.

This my friends was the attitude of Reb Avigdor Miller zt"l in regards to the Ribbono shel Olam, but a lot more. A parents chessed and Rachmanus pales in comparison to the billions of Chessed that Hashem bestows us each and every day. This is how we can understand the story.

However, the Chessed of Hashem is nonstop to each and every one of us. It's each and every second we are receiving numerous gifts from Hashem. In fact, every breath is a gift from Hashem. In fact, our parents that we just elaborated on, are also an amazing gift from Hashem.

The trick is to stay focused on all the good that we have in our life. If we have this attitude then we can understand what the Mishna is telling us, "Just like we bless Hashem for the good it's the same with the difficulties.

When we are focused on all the millions and billions of goodness that we have in our life then it becomes batul to the good. Everything blends in together with all the goodness.

Right now, we may not understand it but we believe that it's all for the good.

There is a famous story [that worth reviewing] that someone approached a famous Rebbe with the question that we alluded to earlier. How can we bless Hashem for the bad like the good. The Rebbe replied that he should go to the famed Reb Zisha and he will answer the question.

The Chassid traveled to Rebbe Zisha and he arrived at his rundown house/shack. Rebbe Zisha had

Chizuk Corner



By R'Y Friedman

many difficulties but his poverty was well known as it was obvious from his home.

The Chassid asked Rebbe Zisha the question and Reb Zisha responded innocently, "I don't understand why the Rebbe sent you here, I don't know what it means to have difficulties. I have it all good. Everything is great."

The Chassid realized that he received his answer. If one looks at life with positive glasses, and he acknowledges all the goodness, then all the difficulties fall away as we explained.

There is a story that Reb Meilich Biederman brings with Reb Zisha that shows his tremendous ability to see the good in all situations.

Once Reb Zisha and his brother Reb Elimelech landed in a jail. To Reb Meilich's chagrin there was a pail in the middle that had waste substances and they couldn't learn or daven. Now one would have thought that in such a situation one can get down.

Not Reb Zisha. He started dancing as he told his great brother that now they are fulfilling Hashem's will by not learning or davening. The end of the story was that the jail warden heard the dancing, and when he saw that the pail was giving him much joy, he removed it. He didn't want to see the Jews in joy.

Again, we see how Reb Zisha only saw good in his life. He transformed the most difficult darkness into light.

Many people call Reb Yehuda Mandel with their share of Tzaros. Many times, they come with very serious tzaros and they want a Bracha and hadracha.

What Reb Yehuda tells them immediately is that they are going the wrong direction in life. Instead of harping on their problems that they have, why not focus on all the millions of brachos that they do have.

happened for the best. It was a master plan and he doesn't have any grudge against them whatsoever. Again, we see Yosef's great positivity.

I would like to conclude with the following thought. If one would see his friend do something

that's not appropriate, this would pain him. Obviously, the more inappropriate the greater the pain.

Let's flip this around. If your friend does something amazing like a Mitzva, shouldn't this make us extremely joyful? The greater the Mitzva is the more joyful we should become.

When we are positive people then yes, we should and we will become joyful. Can we imagine living a life like this? This is the concept of "Lev tov".

We have just gone through the Yom tov of Chanuka and we can still feel the warmth of the Menorah. Furthermore, we can still feel the warmth of the Hallel that we sang together to praise Hashem for all the miracles and all the good in our life. This is what we are taking with us.

We are told by Dovid Hamelech in tehillim that there will come a time of "Az yimalei sichok pinu". Now we can understand why. Firstly, we will be full of gratitude and joy for all the chessed that Hashem has done and will do during the era of Moshiach.

Moreover, we will become full of joy when we do Mitzvos and when we see other people doing Mitzvos, thus fulfilling Hashem's will. Yes, we are looking forward to this time when we will appreciate the chessed of Hashem on a much higher level, as we will cry out together "Hashem yimloch l'olam vaed" very soon Amein.

Usually, he tells them to make lists of all the chessed Hashem and generally these people see Yeshuos beyond the world of nature.

The Seforim teach us that when one focuses on the chessed Hashem he is activating the midda of Chessed of Hashem. This in turn causes more and more Bracha and chessed to come gushing forth, as Hashem's chessed is unlimited.

We see in the past two parshiyos how Yosef excelled in this area. Starting off when he was sold the Or Hachaim Hakadosh says that even while they were selling Yosef, he still loved them as a brother.

Yosef was a person that was overflowing with love. That's why he told his father about the things they were doing, as he could have minded his own business and stayed out of trouble.

Then when he went to the house of Potifar he was full of joy and upbeat although he was a servant away from his loving father. He obviously understood that all this is from Hashem as he focused on being positive.

He was then transferred out of Potifars house in disgrace, and thrown into a dungeon. Despite all this he didn't lose his Ruach and joy. In fact, he was so upbeat that he asked the butler and the baker why they seemed down. I mean they were in a dungeon and their fate was unknown. Shouldn't this be enough to get you down? Not Yosef.

Finally, in this week's Parsha Yosef reveals himself to his brothers. He doesn't show them any discomfort. He keeps telling them that all this

Breaking News

Lately my recliner has reached it's "breaking point". Boruch Hashem this recliner has given me lots of hours of usage. Relaxing, napping, and sometimes a full night of sleep!

Thankful feelings passed through me many times when I was enjoying the comfort that (it) Hashem provided me.

I also bentedched many times my talmid Aharon Dovid's parents for their monthly \$100 Roish Choidesh Gelt (this minhag is actually mentioned in The Shulchan Aruch). I bought the recliner with that money.

After serving me a great deal for two years, the recliner's screws, nuts, and, bolts, are popping. I hear sounds of moaning and groaning, and then sometimes, ping! pong! And pop! I finally turned it over, and found some bars, latches, and levers, that



are missing a screw, and bolt. Since I B"H have some experience with fixing my other recliners, I didn't get unnerved, or frazzled. All I needed to do, was to go to my local hardware store, and get the correct size screw, bolt, and nut, and then realign, connect and tighten everything back into place.

It pays, to pay a visit to the aisle of screws, in your hardware store. You'll be

amazed at the countless variety of metal screws that are B"H so conveniently always available at a cheap price. Aluminum, nickel, chrome, and steel, all sorts of screws. Flat at the top, or round headed, and then you'll see hexagon, round, or square shaped. Wide or thin threading, sharp-ended or flat at the tip. Then. . . plenty more. All are available in different sizes with minute differences in their



length, and thickness! On and on . . .

Boruch Hashem for all of them!

We barely and rarely realize how all these screws are holding everything together all around us!

Let's start at the front door. The doorknob, hinges, locks, and mail slot all have plenty of screws. Now come inside, please.

From the beams in the walls, to the electric outlets and light switches, up to the lighting fixtures and the ceiling itself! From the front closet's handles to its shelves, hooks, and coat hanging bar.

In the kitchen, the mechanical and electrical utensils, along with all the cabinets 'pots' and pans' handles and knobs, are almost all held tightly together with screws! If you start going into other rooms you'll realize the furniture, beds, toys, etc. all over the place, there are an endless number of screws keeping things in normal shape and structure in working order. Those countless little screws, up to the tiny screws in your eyeglasses, right in front of your eyes (which you probably never even saw) really DO COUNT!

Thank You Hashem!

Screws are very small. If you'll ever see a watches repair man at work with his magnifying eyeglasses, you'd understand that some are even so small that they're hard to handle with your bare fingers! Yet they play a tremendous great and import-



ant role in our lives, with their extremely beneficial service to us.

Choose, to schmooze, about whose screws, you use, Hakadoish Baruch Hu's!

It's The Little Things That Count
It's the same with our deeds. Every little nuance of positive input into mitzvos and maasim toivim, may seem miniscule, nonessential and unimportant. The truth however is that those miniature, teeny-weeny, microscopical amounts of good energy, are actually Super Screws, that are holding the whole world together!

Every little muscle movement from a facial expression, to the slight bending of your limbs, might seem very deficient in value, with scarcely having any impact on the mitzvah that we are fulfilling.

The seforim ha'kedoishim write otherwise.

Every small extra muscle movement of your eyeball, eye lid, eye brow, or cheek and lips, that you use as you smile and greet someone warmly, along with the extra tightness in your hearty strong handshake, is gi-

gantic in reality. Each twitch of your vocal chords, and mouth, lips, tongue and cheek, as you sing, and sound out words of praise to Hashem in the Eyes of Hashem is "in a big way" precious! The same goes for any mitzvah will turn out a great output!

The most diminutive, inappreciable, tiniest move that is done with intent to enhance any good deed, is in fact immeasurable in its immense and infinite power toward the beautifying the majestic wholeness, and completeness of a mitzvah.

The vast and abundant amount of schar from Hashem, in The World to Come, for those little, fine and dinky things, are staggering and literally unimaginable!

The energy you spent, that was well meant, is so potent,

be confident, that all its content,

will always be present, and never absent,

in your avodas Hashem ascent, your schar will be more than 100 percent!

May this article be L'iluy Nishmas:

הקדוש נפתלי יונה בן דניאל יגאל
(גורדון) הי ינקום דמו

May we all merit to hear only b'surois toivois yeshuos v'nechamois b'kuroiv. Amen!



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

PRICELESS OPPORTUNITIES

A CALL FROM A NURSING HOME came to R' Aryeh Schechter saying, that one of their patients was a Yid in his nineties who was having a hard time being dependent on others. Having to ask a nurse for everything he needed was too much for him, and he'd even asked the nurse for pills that would end his life!

R' Aryeh rushed to the nursing home and came right over to his room. After stirring up a conversation, he told him a profound idea:

The Torah requires that a man who is challenged with a *lo sasei*, a negative commandment, must give up all his money rather than transgress it. So, for argument's sake, if he has one million dollars, he'd have to give up all the money rather than transgress the *lo sasei*.

"Now," continued R' Aryeh, "If the Torah requires this, it must be that the value of the mitzvah is greater. Since the Torah's ways are *darchei noam*, pleasant, had the value been any less, it would be unfair to forfeit all his money for that."

"With that being the case," said R' Aryeh, "If, for instance,

you're confronted with a challenge regarding *lashon hara*, i.e., you feel the nurse did something to you and you want to repeat the 'news' to others, and nevertheless you withhold and don't say the *lashon hara*, you're safeguarding seventeen negative commandments! So think about this: By withholding just one piece of *lashon hara*, you're gaining seventeen million dollars! Isn't that a reason to remain alive?!"

"Furthermore," continued R' Aryeh, "had you been a robber who took away seventeen million dollars from someone, well that's a terrible thing to do to someone—all the more so if that person would be yourself! You are simply damaging yourself. You have million-dollar opportunities at your side, and you're ready to turn them down just like that? You're robbing yourself from priceless treasures." (Aryeh Sha'ag, *Devarim*, p. 82)

HAPPINESS

R' Gamliel Rabinowitz relays about the great tzaddik, R' Elya Roth, a talmid of R' Shlomka of Z'vill, that he was once standing alongside someone starting to put on tefillin.

R' Elya pulled out one hundred dollars and said: "I'll give you this if you don't put on tefillin

today."

The man gave him a startling look. It was clear that he was refusing the deal.

R' Elya continued on: "Here; I'll make it one thousand dollars not to put on tefillin."

The man looked at him and asked, "What are you thinking? There's no way I'd take you up on your offer."

"But what would be if I gave you a million dollars? What then?"

"No." he responded.

R' Elya then said, "All I wanted was to let you feel how much you value your putting on tefillin. If you were willing to forsake a million dollars for just one day's tefillin, it must be that you have a real, strong, inner feeling of appreciation for the mitzvos." (The Joy of Emunah, p. 21)

THE EMPEROR'S ADMIRATION

R' David Soloveitchik, zt"l, relays an incredible story that's worth remembering. It brings out the greatness and privilege that we have to serve Hashem and do His mitzvos.

In the town of R' Leib Telzer, the grandson of **Continued on next page**
the Vilna Gaon,

Life is Wonderful!

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a warring army was passing through, and all the townspeople hid in fear of being attacked. R' Leib, however, sat in his house without any concern. When the soldiers eventually came through, the captain noticed R' Leib and ordered him to come out and guide him to their destination.

R' Leib got up and left his home, wrapped with his tallis and tefillin, and walked along with them.

When it came time to daven, he started veering off the path to head to the forest. As he did this, he heard a commotion among the soldiers, and they were saying that he was rebelling against them, and was therefore guilty of treason!

The captain replied, "I see that this man is special, and I know that he is not intending on escaping. Don't harm him one bit."

Meanwhile, R' Leib started davening, and the soldiers followed him to see what he was doing. While he was davening, his face glowed with a heavenly aura, and he davened with great hislahavus. When he finished, he re-

turned to the wagon, and he proceeded to show them the way.

When they got to the city, there was a welcoming committee there to greet this captain of the soldier. The captain turned to those gathering and said: "Don't admire me; rather, show admiration to the fellow sitting aside me. He deserves the admiration not only for the Olam Haba that he is going to get, but for his Olam Hazeih, too. Anyone who saw the joy that he had on his face when he davened would know that this isn't something that I get. His level of joy is something that at most I'll get two or three times in my entire lifetime. He has a truly meaningful life, filled with purpose, and he therefore is the one worthy of the admiration." (Ligyono shel Melech, Gilyon #5)

This story is absolutely incredible. The commander himself understood the true meaning in life, and when he got that recognition, he truly valued and admired it.

THE MICROSOFT MEETING

Kivi Bernhard wrote a book on "Leopardology," learning from leopards the trade how to make money, which made Kivi one of the most sought-after speakers around. One day, he got the offer of his life: to be the keynote speaker at a Microsoft gathering, where hundreds of the top vendors from around the world, including Mr. Bill Gates, would be in attendance.

However, when Kivi heard that he was being asked to speak on Shabbos, he immediately turned down the offer.

The rep thought that Kivi was refusing so that he would get them to pay him to speak. "How much is it going to cost us to get you to speak?" he asked Kivi.

"It's not about money," Kivi explained. "It's about religion. That can be budgeted."

The rep tried to of-



Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

fer him double, triple, even a blank check! No matter the amount, Kivi still refused. In the end, Microsoft changed the date of the convention to Sunday so that their keynote speaker, Kivi Bernhard, would be there.

A few months later, Kivi received a call from the Senior President of Microsoft. He told him how he had been with Bill Gates on his private jet when Kivi was mentioned. "I told Mr. Gates that you weren't willing to give in and speak on Shabbos for any money in the world. When he heard that, he said, 'That is what happens when you have something that money can't get. It's something greater than money, and that is an intrinsic, meaningful life.'" (Heard from R' Yoel Gold)

THE DEVOTED CHILD

At times, we may feel that our mitzvos don't have such value, whether it's because there were times that we used to do them so much better, or because other people do those mitzvos much better than we do, and thus we think Hashem doesn't need ours. Here's an incredible story that shows the fallacy of this belief:

There's a man who currently raises funds for soldiers fighting in the Israeli army, reaching out to donors to contribute to the soldiers' many needs. One Erev Shabbos, as he was making calls in his office, he saw his nine-year-old dragging a table from the back of his house to the front, and in his hand was a stack of papers and some tape. He didn't make much of it and went back to his work.

An hour later, his son knocked on his office and handed him \$87.50. "Totty," he said, "I see how much you're doing for the soldiers, so I decided to do the same. I called out to the cars that were passing our house, handed them a cup of soda or cookies, and told them that I'm raising money for soldiers in the Israeli army. Many of them gave me five dollars and told me to keep the change.

Here's what I've raised!"

Now, let's think for a moment: This father was dealing with wealthy individuals for donations of much more than five dollars. And yet, here he gets \$87.50 from his son. Which of those donations do you think will make a permanent impression on him? The six-digit ones from the philanthropists or his nine-year-old's best efforts?

The answer is simple. His son's donation has a special place in the father's heart because his son's gesture was sincere.

This serves as incredible chizuk for us. Our madreigos might not be as great as those of the previous generations, but a father knows when his son does according to the best of his ability. That takes precedence over those previously "greater" efforts because these are being done out of sincerity and devotion.

R' Moshe Hirschberg is the author of the popular "Zichru Toras Moshe – Heartwarming Stories for the Shabbos Table." To receive the Weekly Zichru Toras Moshe please call 732 569 8111 or email: the.zichru.toras.moshe@gmail.com

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Tefillin: A Beacon of Divine Glory

Rav Avrohom Kamai, the last rav of the town of Mir in Poland, used to tell a story to the students of the Mirrer Yeshivah

every year on Purim. The Vilna Gaon was once imprisoned on trumped-up charges, but he was so immersed in his learning that he was barely aware of his surroundings. Even in his own home, the Gaon had always kept the windows shuttered throughout the day in order to avoid seeing any improper sights, so there was very little difference between the prison cell and his home. The Gaon's talmidim, seeing that their rebbe was doing nothing about his plight, sent Rav Chaim Volozhiner to visit him in jail and urge him to act on his own behalf.



When Rav Chaim entered the Gaon's cell, the great sage asked him, "Where is the paper?" The Gaon was referring to the written lists of questions that Rav Chaim brought

on all of his visits to his illustrious rebbe.

But Rav Chaim replied, "I didn't come here to speak in learning. I came to tell the rebbe that he is in jail and in danger."

"So what?" the Vilna Gaon retorted. "What difference does it make to me if I learn secluded in my home, or if I learn locked up in a cell?"

Rav Chaim said, "The rebbe is in danger of death; they wish to execute him!"

The Vilna Gaon was still indifferent. "I will die al kiddush Hashem, like the asarah harugei malchus [ten great sages murdered by the Romans]."

Once again, Rav Chaim disagreed. "They plan to do more than just murder the rebbe. They want to disgrace you, Klal Yisrael, and the Torah. They want to burn the rebbe together with the lowest, vilest criminals."

At that point, the Vilna Gaon cried, "No! I don't want that! That would be a real chillul Hashem."

Just a few minutes later, the Gaon was taken before the court for his final sentencing. The Gaon was wearing his tallis and tefillin, which he habitually wore all day, with the tallis covering his tefillin. As he stood before the judges, he uncovered his tefillin. The non-Jewish judges were immediately struck with terror. "Go free! Go free!" they shrieked. "We cannot keep an angel in jail!"

The Gaon returned home, and his talmidim were incredulous over the miracle that had taken place. But the Gaon dismissed their reactions. "The Torah itself tells us, 'All the

FEELING down?

Look **UP!**



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nations of the earth shall see that Hashem's Name is called upon you, and they shall fear you' (Devarim 28:10), and the Gemara tells us (Berachos 6a) that this refers to the tefillin worn on the head," he explained. "The tefillin have the power to strike fear and awe into the hearts of those who see them." (This story was told to Rav Avrohom Chaim Feuer by Rav Pinchos Briskman of Yeshivah Torah Vodaas, who heard it from Rav Kamai while he was learning in Mir.)



and meaning of the tefillin to permeate his thoughts. Thus, Taamei Haminhagim states that if a person wears tefillin without giving them any thought, it is as if he simply placed a stone on his head.

The awe that is generated by the sight of a Jew wearing tefillin is awe of Hashem Himself; when a non-Jew sees the tefillin, he senses Hashem's Presence through the Jewish person wearing them. Rav Gedaliah Schorr zt"l (in Ohr Gedalyahu on Purim) quotes Rav Shimon Shalom of Amshinov, who used to point out that the pasuk quoted by the Gaon uses the phrase v'yaru mimecha, which literally means, "they shall fear from you." Rav Shimon Shalom explained this to mean that the non-Jews will fear Hashem "because of you" — i.e., as a result of the Jewish person wearing tefillin.

But it is not sufficient merely to wear the tefillin; it is imperative that we internalize their message. The Sefas Emes notes that the Gemara in Berachos refers to the "tefillin shebarosh" — literally, "the tefillin that are in the head." This means, he explains, that in order to engender awe in others, one must not only wear tefillin, but actually allow the message

In order to tap into the power of tefillin, let us endeavor to strengthen our own fear of Hashem at least at the times when we wear our tefillin. Let us channel all of our thoughts and desires at that time into yichud Hashem, and let us take care not to be distracted by other matters while we are wearing our tefillin. Some people take on the kabbalah to refrain from speaking about mundane subjects while wearing their tefillin; this will certainly help cause the Shechinah to rest upon us at that time.

When we don our tefillin every day with the proper intentions, we have an incredible opportunity to spread the glory of Hashem's Kingship. Let us keep this in mind and tap into the enormous power of this great mitzvah.

In Review: The sight of a Jewish person wearing tefillin has the power to strike fear into the hearts of the nations. But this fear is not the fear of the Jewish person himself; rather, it is fear of Hashem. In order to access that power of the tefillin, we must focus our own thoughts on fear of Heaven and the Oneness of Hashem while we wear them.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

Email: LivingKiddushHashem@gmail.com for a free file of sefer Mekadshei Shemecha and other resources and to sign up for our weekly Kiddush Hashem email.



Rabbi Yosef Moshe Mizrachi

It was just the Yartzheit of my grandmother Sarah bat Ya'akov and I would like to share a story about her, Leilu nishmata.

For many years, my grandmother was very sick (she had a stroke R'l). It was difficult to see her this way and our non-yet frum relatives would often nudge us saying why would Hashem do this to her...

One good thing that did change after she got sick was her observance of mitzvot. Although she always ran a traditional home after she got sick she drew much closer. For example, when we (her only Frum grandchildren) would visit her, she would point to her drawer where there was a Siddur and motion for us to pray and say Tehilim. When we would bring her food she would have us say the Brocho out loud so she could say it along as best as she could. At the first Yurtzheit, we made a family Seudah and one of my close relatives said over the following amazing story:



I normally sleeps very deeply and don't ever remember any dreams.

Two weeks ago, however, I had a dream. I saw our Savta and she was glowing. Although she spent over 20 years being wheelchair bound, now she was healthy and standing on her own! She said, "All pain that I went through helped me out in Shamayim! So much so that if I had a choice I would go through it again!!!"

My relative said, "I woke up so startled and quickly woke up my wife and told her the dream lest I forget the details by the morning!"

All of us in attendance , Frum and not yet frum yidden were extremely moved to hear this story from Shamayim!
Shabbat Shalom U'mevorach!

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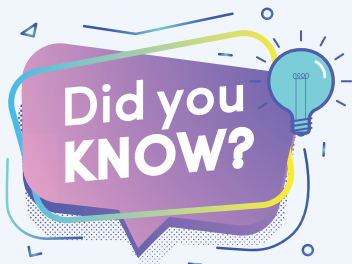


Yum! Yum! Yum!

But nothing compared to what's waiting for you in the next world!

By: Rabbi Zevy Golombeck

Did you know that when Hashem wrote in the Torah, "Hocheiach tochiach es amisachea," give mussar to people, that's only if the person understands and realizes that the mussar is coming out of love. That's only if the person feels that you love both Hashem and him so much, that you want to bring him closer to Hashem and you want him to be happy.



Reb Yaakov Kaminetzsky says, that before Yaakov Avinu gave mussar to the shepherd, he said, "Achai." You are my brother. That's how you need to give mussar.

The heilige Chofez Chaim brings from the Marganas Hatava, that nowadays we are not on that level to really have so much Ahavas Hashem. We are not really on the level that the mussar we are giving is coming out of love. Therefore, nobody knows nowadays really how to give proper mussar. So nowadays as my Rebbe said, most times mussar can turn off people and bring them further away from Hashem, bring friction and sinah. That's not the point of mussar. The point of mussar is exactly the opposite.

So how do you get a guy to improve nowadays? My Rebbe gave me over a mesorah from his Rebbeim. Do you know how to do it? By focusing on his maalos; by appreciating the person and complimenting him. When a person feels good and appreciated, then he wants to do good. When you look down at a person, you're actually making it worse. Whether you say it out loud, or whether it's in your mind, the person feels it. Therefore, if you love Hashem and you love the person so much and you want him to improve, you should always make sure not to look down at him and not to make him feel down, tzebrachen and tzevlopt. This makes it much worse. Anyone who loves Hashem, and loves another Yid, and wants to bring him closer to Hashem, should do it through compliments. They should do it through building him up and making him feel good.

The mitzvah of "Hocheiach tochiach es amisachea," is to bring people closer to Hashem, and to show the person how much you love and care for him. Just like if you tell someone that they have an infection and give them antibiotics, the person will thank you that you saved their life. They won't be upset at you! When you give mussar, it has to be in a way that the other person feels like you're giving them antibiotics for an infection and saving them. The person has to feel that you care for them and that you want the best for them. Nowadays, for most people, the way to do that is through positivity. (This is also from Reb Moshe Feinstein in Darush Moshe.)

Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Avoidas Hashem is so multifaceted and what may be the correct way for one person to serve hashem may not be the



right way for another. For one, his main avoidah is Torah and for the other it may be chessed and for another it maybe something else.

Learning Torah is also so wide-ranging

with many options, one can learn iyun or bekius, gemarah or halacha, and then there's mussar, aggadah, chumush etc. R' Mandel says it's a brieteh torah, if what you're learning is not working, you simply can try something else.

By mussar too, one shmuz may be great for you to hear but for someone else it may be better not to hear. A person should take his avodah and focus on the ma'amarei Chazal for his avodah. He shouldn't be making an emphasis on ma'amarei Chazal that are for his friend's avoda.

R' Mandel says look at our avos, Avraham was chessed Yaakov was Torah and Yitzchak was something else.

Yiddishkiet is not one size fits all.

MAZEL TOV!

Mazal Tov to R' Yisrael Singer and family (Lakewood, New Jersey) on the birth of a new baby girl!

Mazal Tov to Shiffy Helberg (Yerushalayim) upon her engagement to Yisrael Yaakov Rosenberg (Queens, New York)!

Mazal Tov to R' Avraham Yitzchok Yarom and family (Chestnut Ridge, New York) upon the birth of a new baby boy!

Mazal Tov to Nechama Foutorian (Lakewood, New Jersey) upon her engagement to Hillel Gentilcore (Beitar Illit)!



This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (**Esther bas Sara Miriam**) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (**Yosef Chaim ben Devorah Leah**), founder of ashertotheyatzar.com. (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com.

Personal request: My daughter Esther bas Sara Miriam needs lots of tefillos. Can you please accept upon yourself *bl'n* to say Asher Yatzar for one week from a card or poster as a *zechus* for a *refuah sheleimah* for her? Thank you so much!

Stories that Inspire

Who Is A Miracle?!

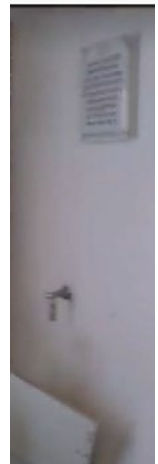
When Rav Aharon Leib Shteinman zt"l was very old, a young doctor told him, "Rosh Yeshiva, the fact that you are alive is a miracle!" Rav Shteinman smiled and answered, "and the fact that you are alive is also a miracle!"

The Asher Yatzar That Survived

Due to the war, the Newhouse family of Netivot, like many others, evacuated to Bnei Brak. When things quieted down somewhat, they thought to return to their home in Netivot. However, since Rav Newhouse is a Rebbe in a Yeshiva that was in Bnei Brak, they decided to stay there. Even though it was not easy to live displaced, they felt that for the sake of the father's teaching of Torah they would stay there.

Shortly after, our enemies sent a missile barrage to Netivot and their apartment received a direct hit. Their home was destroyed and it is scary to think about what may have happened if they would have been there.

But the story doesn't end there. A video of their home circulated where you can see the extreme damage to the entire apartment. Everything was destroyed besides the doorposts which had *mezuzos* on them and a large beautiful **GLASS** Asher Yatzar sign hanging on the wall! Even the closet under the sign was destroyed – but the sign stayed intact! (SEE PICTURE)



We don't know why their lives were saved, and it could very well be in the *zechus* of the Torah learning. But it definitely wasn't random that the *mezuzos* and the Asher Yatzar sign survived. It could be to show us how Asher Yatzar protects us just like *mezuzos* do!

Q and A

Question: Which two *brachos* deal with health and what is the difference between them?

Answer: In the bracha of Asher Yatzar we thank Hashem for good health, while in רפאנו in Shemoneh Esrei we ask Him for good health. In addition, Asher Yatzar ends off רופא כל בשר – "Who heals **all flesh**," while רפאנו ends off רופא חולי עמו ישראל – "Who heals the sick of His people **Yisroel**."

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau

This week's Topic: "UNLIMITED GIVING!"

The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: "A Ba'al Bitachon knows that Hashem is **the most** giving and generous One, Who will always give and gives to me whether I am deserving of what He gives or not!"

The Lesson: What makes this so incredible and amazing is that if a person wouldn't be able to rely on Hashem even what he is **not** deserving of, he will be constantly be thinking, *maybe Hashem will not give me this thing because I am undeserving of the promises that Hashem promises only to those who fulfill His will.* This thought in his head will cause a lack of complete בטחון בה, whereas if we know this yesod and we truly believe that Hashem bestows upon us His blessings even when we are undeserving, we will **never** lose our faith and complete reliance in Hashem – no matter what! Hashem just wants to give and give us – We just have to trust in Him!



The Story: THE BRISKER ROV had a neighbor by the name of Reb Berlin. One Rosh Chodesh, Rav Berlin saw the Brisker Rov and wished the Rov "Ah gutten Chodesh!" The Brisker Rov responded rather interestingly, "Ah, it's Rosh Chodesh shoin gezugt Ya'alleh V'Yavoi." Reb Berlin was a bit intrigued by the response so in his curiosity he approached a family member and asked for some form of explanation. They said that maybe the pshat was that the Brisker Rov is מקפיד not to ask for money for the Yeshiva since he is a בוטח בה, yet it his way of doing the tiniest hishtadlus to mention to you "Ah, it's Rosh Chodesh" as an indirect way of telling you that it is Rosh Chodesh and that he needed money to pay the Kollel.

Reb Berlin heard what they said and went to daven in Zichron Moshe. When Rav Berlin was there, he met a wealthy man by the name of Mr. Feldman. Since he wanted to help the Brisker Rov, he went over to Mr. Feldman and told him that the Brisker Rov needed money for the month. "Listen," said Mr. Feldman, "I want to give you money for an entire month. But I'll tell you like this, I am about to meet a fellow to sell a property, so whatever down payment he gives me I will give to the Brisker Rov." Mr. Feldman left and met with the fellow, and told him a high price, since usually the buyer tries negotiating. The fellow asked, "Where exactly is the property located." And Mr. Feldman responded with the location. The fellow then said, "Oh that property? Of course, I'll pay that amount." There was basically no negotiation and the fellow on the spot took out a fat sum of money as a down payment in cash!

Shocked with his success, and upon seeing that this fellow was serious about his business, Mr. Feldman figured he would tell him about a few more places that he owned and wanted to sell. Each time the fellow was interested and wanted to buy them immediately. Mr. Feldman walked out of the fellow's house, astounded at his strike of success and he had a hefty sum of money on him. He made his way directly to the Berlin's home and told him the sequence of events and that he had more than triple the amount of money that he was planning to give. Together they walked to the Brisker Rov's home and gave the Brisker Rov the money. It was to the penny the exact amount of money that the Brisker Rov needed to pay off the entire month's salaries.

Next week's topic – MERCY FROM MERCY

BS"D

Yosef Od Chai!!

Accused of stealing the royal goblet,
Binyamin was held hostage on pretense.
Yehudah kept his promise to Yaakov Avinu
and rose to his youngest brother's defense.

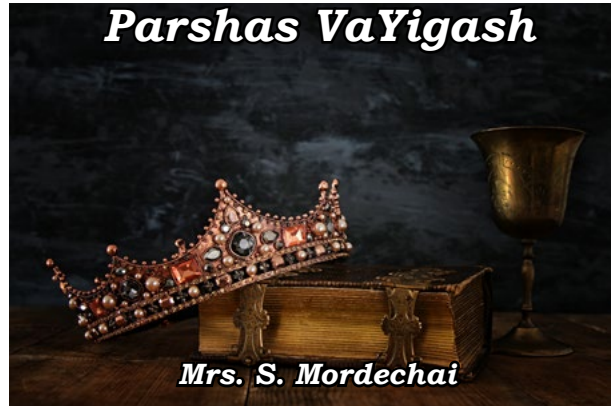
The shevatim were terrified.
Each made in his garment a tear.
This was the first sign to Yosef HaTzaddik
that for Binyamin, they really did care.

Yehudah approached the viceroy with humility and respect;
but also like a mighty lion emerging from his den
with the confidence of a king as you'd expect

"Please, my lord, don't be angry, let your servant speak in your ear:
Our aged father already grieves one lost son.
He'll die if our youngest brother remains here."

"The only remnant left from his beloved wife;
with this son, our father's soul is

Parshas VaYigash



Mrs. S. Mordechai

entwined.
It was you who forced us to return with him.
It was you who placed us in this terrible bind."

"I know the youth is innocent, but if you demand from your servants a slave;
I offer myself to you instead.
Take me, my lord, but my father and brother, please save."

Proof that his brothers had repented,
Yosef gleaned from Yehudah's impassioned plea.
Yehudah was willing to give up his life
so that Binyamin could go free.

Twenty-two years of pent up feelings,
Yosef could hold back no more.
He told the Mitzrim to leave the

room;
then Yosef Hatzaddik cried as he'd never cried before.

"I am Yosef! Is my father still alive?"
were the first words Yosef blurted out.
He urged his brothers to come close.
They'd sold him into slavery, he reminded them, in case his identity was in doubt.

Yosef Hatzaddik tried to assuage his brother's guilt
and to allay their fears.
"It was G-d's plan that I be ruler of Egypt
to insure your sustenance and survival during these famine years."

Yosef HaTzaddik kissed his brothers and wept upon them with much joy
but also wary of what the future would hold.
Then the Shivtai Ka spoke together as brothers of one family
reunited with the brother who'd been sold.

"Please tell my father of my kavod in Egypt.
and to come down to me without delay."
Escorting his brothers as they de-

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Parshas VaYigash



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parted, Yosef Hatzaddik told them: "mention the Eglarufa, the halacha we learned together on our last day."

The shevatim asked Serach Bas Asher to share the wonderful news, which would shock their father to the core. She sang: "My Uncle, Yosef od chai and is ruler of Egypt," as she played a soothing melody on her kinor.

The Shechina was once again able to rest on Yisrael. His spirit Serach had been able to revive. He rewarded her with his blessing. She was zoche to live hundreds of years and entered Gan Eden alive.

Yisrael went down to Egypt with the tribes, their families, and all they owned. He stopped in Be'er Sheva along the way to show gratitude to the G-d of his father, Yitzchok, and for the ruchniyus of his family to pray.

Elokim called to Yisrael in night visions. "Do not fear, My servant, Yaakov. I will descend with you to galus where I will make you a great nation.

I will bring you up again. Through it all I will be right there, karov."

Yosef Hatzaddik harnessed his own chariot, in haste. The agonizing separation with his father would finally come to

an end. Wearing a gold crown and purple silk, he approached Yisrael and fell on his neck.

He wept and wept yet more as their hearts could finally mend.

When Yisrael raised his eyes and beheld his adored son Yosef, his emotions were heightened as never before.

He dedicated that moment to Hashem Echod then said: "Now that I've seen your face-I need live no more."

Yaakov's family of seventy souls descended through the gates of our first galus. In Goshen, they were fruitful and multiplied.

Torah was central to their lives, at first, but with time they became too comfortable.

With Mitzrayim they became increasingly tied.

They'll be a great nation; A light to the rest. They'll be a blessing. They'll be blessed.

To Be Continued ...

BITACHON SONG

By: The Holstein Family

Tune to Yonah Matzah

(chorus)
Ha kol yachol, ha kol yachol...

Bitachon is the thing
Oh it makes me want to sing
the more you believe
the more you can succeed
we do His command
He is holding our hand

(chorus)

I heard something scary
I'll use the right phrasing-
Hashem's world is perfect
Gevaldig and amazing!

Tzebrochen and tzevlopt?
There's one thing I know-
It's fisherprice and harmless
as play dough!

(chorus)

Ouch, it hurts, but I trust You
For my neshama
It's soap and shampoo.

"Adaraba"
turns things around
it makes smiles
out of frowns!

Doctor on your case?
Laugh it off!
(but not to his face!)
Hashem is our healer!

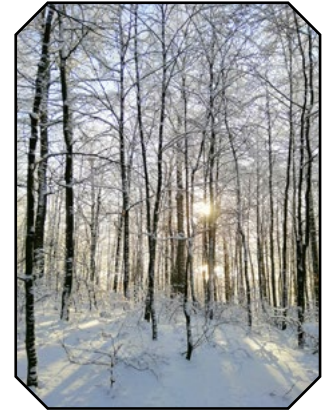
(Chorus)

Plug the emuna cable in
it will make your neshama grin
with menuchas ha nefesh
and simchas ha chaim!

When I live with bitachon
I am truly clever
Thats what makes this song
Better than ever!

Just Look At What Hashem Made For You!

It's a Stunning World!



It's Full of Love!



It's a Wonderful World!



A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

Not only do we use speech constantly throughout the day to relay and share basic information, we also use the same ability to share new ideas and discoveries with each other.

Everyone over the course of time discovers something new that can enlighten and help other people. Without speech or writing which is an outgrowth of speech, this useful information would be trapped in the minds of the person who figured it out. It would not make it out there and enter other people's minds. Perhaps it would also be shared to those people who are around him and watch him but there it would end. This covers a whole wide spectrum of different realms.

Let's give some examples; if you would have a nice insight or a chiddush in a gemara, mishnah, pasuk of chumash or davening, how can you let other people benefit from it? If a scientist or doctor makes

a discovery or invention, how would other people become aware of it? Even if you just found out a good new recipe or a better store to shop in or a better item to buy, how do you share it with others? The speech that HKB"H gave us gives us the ability to enjoy and use everybody else's chochma.

The importance and prominence of speech in our lives, is tremendous. I would like to elaborate some more on

this.

Our life as Yidden who are Ovdei Hashem is only possible through speech. This is not limited to sharing a chiddush with someone else, it's the basis of the whole Torah and mitzvos that we have. Let's take a closer look at Asiyas HaMitzvos. First of all if there's no verbal communication then even if we watched our parents do mitzvos and we faithfully copy them, it would be dry actions with-





A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

out any understanding. If the ability to explain something verbally or written didn't exist, how would we understand why and what we are doing? Everyone would have to guess for themselves.

Mitzvos would be plain rituals that we do robotically. For how many generations do you think that would last? And even if you would continue to precisely copy the earlier generations, this could only apply to Mitzvos which are visible to you. One who was not alive in the times of the Bais Ha-Mikdash, or even if he just didn't see it himself, would not know a large part of the Torah and many Mitzvos.

The problem is even deeper than that. Learning by example is a very strong tool, especially for the youth. But examples only work for something which is visible to others. Many Mitzvos like Ahavas Hashem and Yiras Hashem are

in a person's heart and cannot be seen. Therefore, it's very difficult to give that over to others without speech. How would we know the 13 fundamentals of Emunah, which is the whole Yesod of the Emunah of a Yid,

Answers for the Parsha Game page 15
Horses: Yosef harnessed himself the horses.
Pasture: Yosef asked Pharaoh to give the sheva-tim Eretz Goshen - a land of pasture.

if all of our knowledge came only from watching others Shmiras Hamitzvos would be unrecognizable without the gift of speech.

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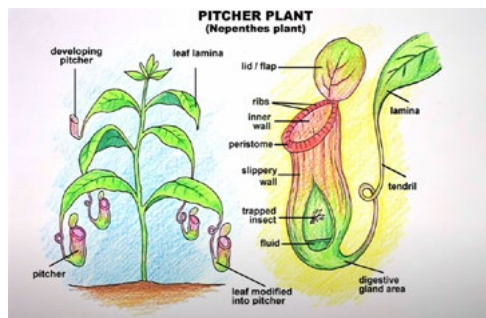
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The Amazing Carnivorous Pitcher plants -part 1

Another pretty famous carnivorous plant is the pitcher plant, so called because it's shaped like a thin water pitcher. Now, please look at the diagram and try to figure out how a regular leaf "somehow" has a relatively large pitcher plant, with all its different parts, growing out of it!

We will start from the top and work our way down. But first,

see how this big pitcher plant is held straight up by the tendril that grows out of the leaf of the



plant. It has to hold up a "pitcher" that can get heavy at times

when it fills up with liquids. The tendril has to have a lot of strength for it to do that.

On the top of most of the different types of pitcher plants (not all) there are amazingly are lids! (See the picture.) They don't open and close. They stay as is. These serve two main purposes. One is to attract insects. It's colorful and very fragrant and it has sweet nec-

tar on it so it does a good job attracting insects. Secondly, it helps to keep out rain which we will learn is important for the plants.

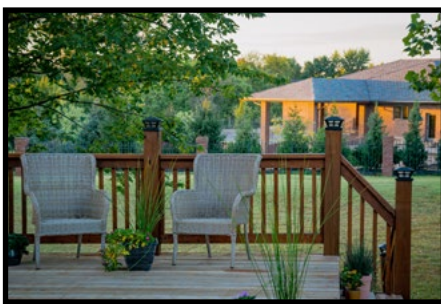
There is one specific type of pitcher plant that also has a waxy surfaces on the lid. This can clog up the insect's feet that normally hold on tight to almost any surface with suction cups and hooks and other means with which to hold on tight to almost any surface. However, waxed up feet will make the feet loosen their grip. This happens suddenly, and very often while upside down, while eating on the nectar

on the underside of the lid, it loses its grip, and the insect will just plop down into the water at the bottom of the pitcher. (More about that soon.) If it's a crawling insect it surely will go straight down, but even winged insects we will see have trouble recovering their balance, and typically can't escape once they fall into the bottom part of the plant.

Below the lid is the lip or rim of the pitcher, called a peristome. It is usually very colorful with sweet nectar all around it and below it, as well on the pitcher plants inner walls. Again, somehow it "knows" that insects are

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attracted to bright colors, to nectar, and sweet scents.

Along the edges of the rim are different structures that are shaped in different ways, to all help to ensure that the insect will not have a good grip, and they are all pointing downwards, which guides the insect downwards. It has very slippery substances like wax, which is made with special wax producing glands, and other chemicals to get it headed downwards. The idea is to have the insect slip down into the bottom of the pitcher plant. The walls of the plant also have very slippery surfaces which the insects

can't get a grip on.

So, we see the plant has strategies how to get the insect to fall into the deadly liquid below.

This plant somehow "knew": (1) that there are insects that it can eat, and (2) that insects have hooks and suction cups, and other adhesives on their feet, which allow them to grip tightly onto almost any surface and stand sideways,



upside-down, or however they want.

I never knew about these hooks and suction cups until I read about it in a book on insects — yet this plant "knew" it on its own and "figured out" a way to get around the problem.

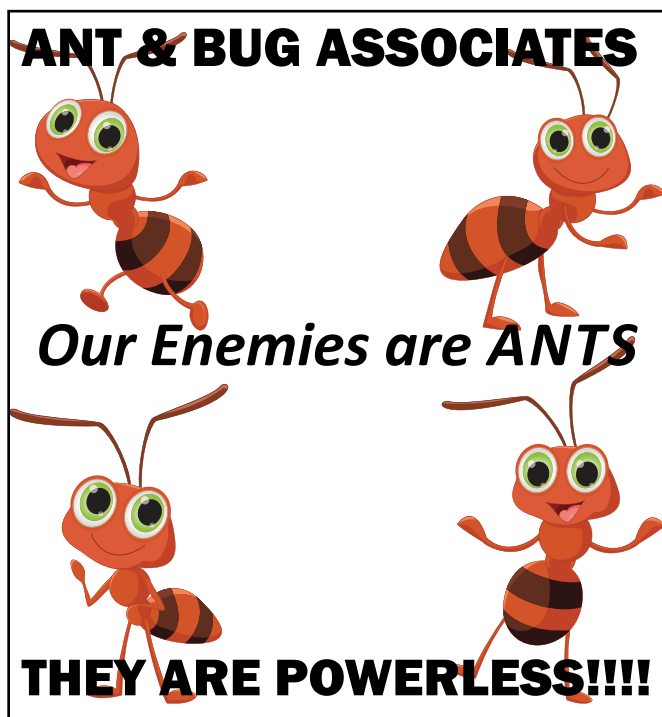
Consequently, the pitcher plant developed wax

secreting glands that secrete a very slippery wax to prevent the insect from "getting a grip" in spite of its specially designed feet, causing it to slide down the walls of the plant down into the liquid below.

So, here comes an insect, which lands on the pitcher plant. Then, ZOOM! — it slips on this super-slippery wax, which is on top of the sloping plant, and it slides down to the bottom of the plant, right down the chute, as if it were going down a slide. Of course, the insect doesn't give up yet. It tries to fly or crawl up the slippery walls — but lo and behold, the plant has the foresight to build a barricade (in many species, but not all). Toward the middle of the "pitcher", and often on top as well, there's a barricade of stiff, downward-pointed, dagger-like hairs which line the narrow neck of the "pitcher," thereby thwarting the attempts of any insect to escape! If they try to crawl up, or fly up, they bump into these tough hairs that are pointing down at them like spears.

Again, a plant with no brains coming up with great strategies and the ability to implement them! Do, you think it's enough to come up with the idea to have wax

Continued on next page





The Universe

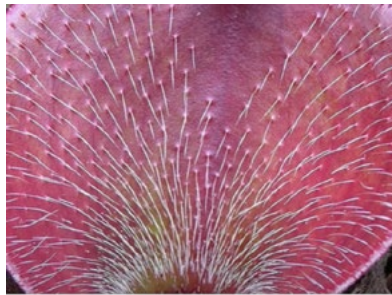
A Divine Masterpiece

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to make things slippery and to clog up their feet? No, you must come up with the method to make a wax gland that knows how to produce wax. Is that an accident? Do you know how to make wax? Then you come up with the idea to make barricades and actually implement that idea successfully with special downward pointing hairs.

How did that happen? Quite amazing, no? Now, not only do crawling insects have

an impossible time getting out of the pitcher plant, but even



flying insects can almost never get out.

The reason is since most pitcher plants below the rim are pretty thin, so their wings really can't flap properly in such a narrow space. Then you have the slippery walls and the barricaded walls that hold the insect back as well. We will discuss how wider pitcher plants work in a way that even winged insects are captured, in spite of the extra room for the insect to fly out. To be continued.

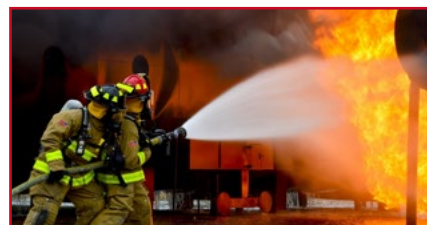
The author can be reached at emunahexplained@gmail.com

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Important Safety Tips How to Prevent Fires.

1. Flee, as far and as fast as you can, from a fight.
2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



REMEMBER:

**Practicing Safety
Saves Lives!**

THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly com-

plicated digestive system. The Inchworm's body produces waste. The waste is very good fertilizer for the soil to help the growth of the wheat. When the worm dies, it decomposes and is good fertilizer for the plants. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants. The seed reacts with the water to start to decompose. This enables that the water should continue to make the seed rot. Water is made of two gases. The soil is a cool atmosphere. Soil is porous allowing it to absorb water which is a necessity for the seed. This causes the seed to decompose when you put the seed in the earth. No matter how the seed is placed in the soil, the root goes down. The stem goes up no matter how it is placed. The plant survives on rainwater. The ocean is full of salt water which cleanses the water from impurities. The sun shines on the



12. The sun is millions of miles away and yet it has an effect on earth.
13. If the sun would be too close it would burn the earth.
14. If the sun would be too far, the world would freeze.
15. The sun is a ball of gases.
16. The sun constantly gives off heat by chemical reactions.
17. The molecular structure of water is so that when it gets hot, it starts to change.
18. The water turns into water vapor.
19. Water vapor is lighter than air, so it rises.
20. The sun sets in order to let the earth have a rest and certain insects work at night.
21. The earth spins in a cycle which causes the sun to set.
22. It is in constant motion never stopping.
23. Everything in the world is stationary and the movement not felt.
24. The moon an orb in the sky. It has a certain cycle.
25. It reflects the sunlight.
26. It has an effect on the moisture of earth which is necessary for growth.
27. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is

further. The sun has a force on the earth. This causes all different seasons and climates. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop. There are many dust particles in the air. When the water rises, it leaves over all the salt and dirt from the ocean. The water combines with the dust particles. It starts to accumulate into a cloud. Cold air sinks. Hot air rises. The difference causes air current. The wind blows inland. The Clouds move inland. The cloud gets heavy with water. The cloud releases the water. Gravity brings down the water to the earth. There is a negative cloud. There is a positive cloud. When they rub together they make lightning. Lightning travels to the ground. The lightning has tremen-

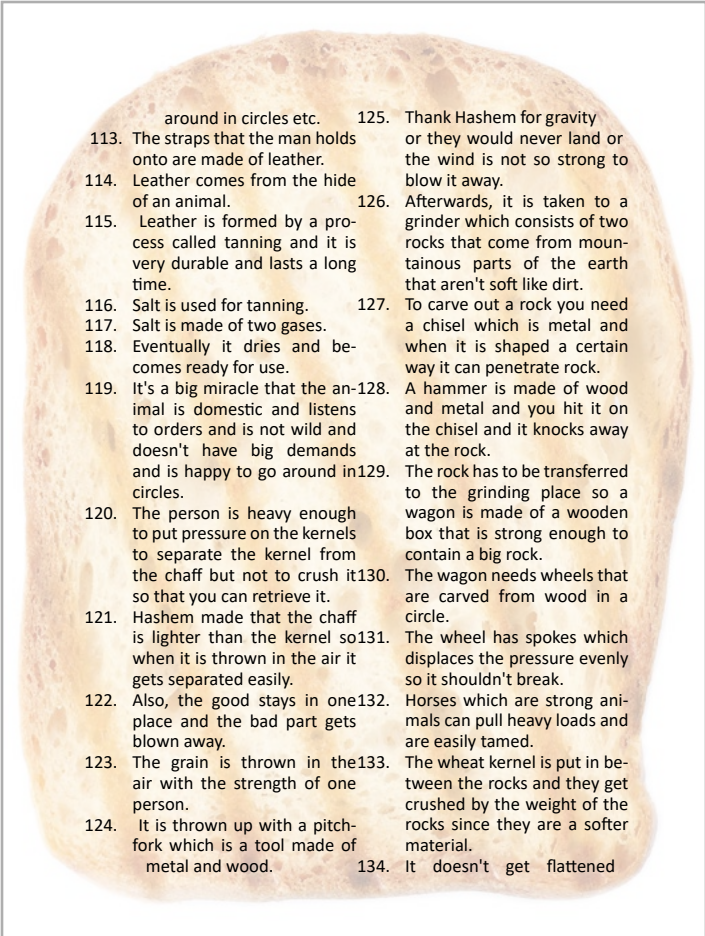


64. The air has in it a gas called nitrogen.
65. The lightning makes a chemical reaction with the nitrogen making nitrites.
66. The nitrites are a very good fertilizer to help the growth of the plants.
67. The stem starts to push itself out of the soil.
68. The sunlight has energy.
69. The plants know how to absorb the energy.
70. The plant turns green called photosynthesis.
71. As the plant grows the roots also grow in order that the plant shouldn't fall down.
72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO2.
78. The leaves give off oxygen as byproduct. When all the CO2 in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO2.

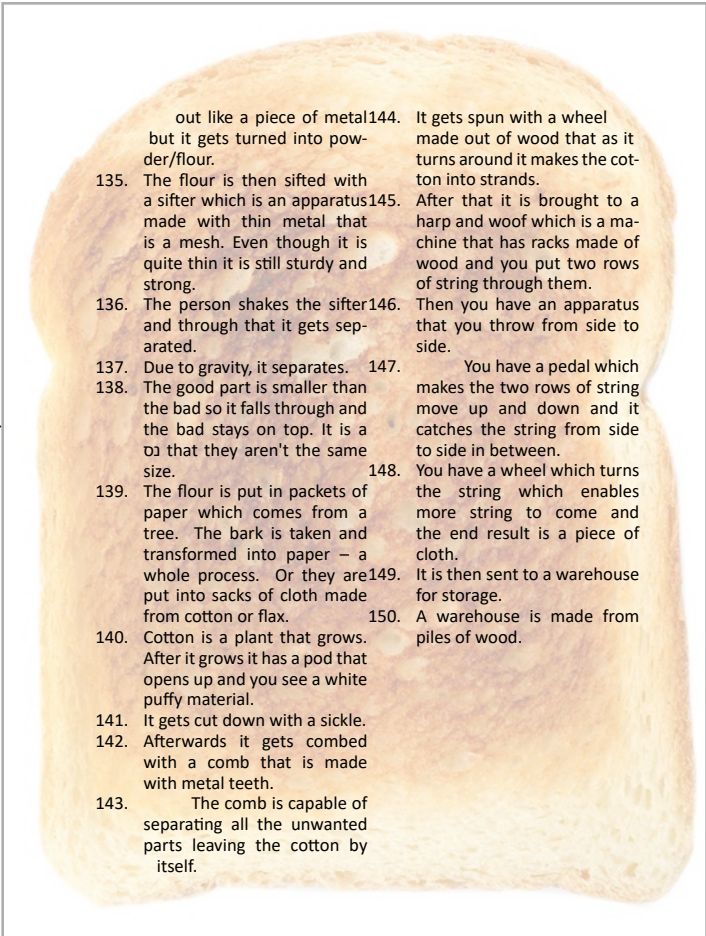
There is a constant production of CO2 because animals breathe out CO2. When they breathe in oxygen, the by-product is CO2. The rains come only certain times during the year. These times are beneficial and are the exact time the plants need water. The amount is not too much to drench them. It doesn't come too forcefully. It doesn't come too little for the plants. Sometimes it comes like small needles to penetrate the ground. It doesn't keep on pouring which would also drown the plants. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier. They grow in a straight line so they don't get tangled. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots. Each one miraculously knows how much to give to each part of the plant. After the stem reaches a certain height it starts to produce the grain.

93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.
94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.
95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.
96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.
97. When the metal is heated with extreme heat then the impurities go out because they burn and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.
98. You can mold metal any shape you want.
99. The metal dries and becomes hard.
100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
101. Metal becomes very sharp in

order to cut it. It's also very strong so it doesn't break. The sheaths of wheat are very light in order that you can bundle it and transport it. Flax is a plant that grows from the ground. Their stalks can be used as string. String enables one to tie the sheaths and transports them easily. The sun dries them out and can stay as kernels a long time without spoiling. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike the stalk of the wheat. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels. The man stands on the wood and hold onto straps which hold onto an animal that goes




- around in circles etc. 125. Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.
- 113. The straps that the man holds onto are made of leather.
- 114. Leather comes from the hide of an animal.
- 115. Leather is formed by a process called tanning and it is very durable and lasts a long time.
- 116. Salt is used for tanning.
- 117. Salt is made of two gases.
- 118. Eventually it dries and becomes ready for use.
- 119. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.
- 120. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.
- 121. Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily.
- 122. Also, the good stays in one place and the bad part gets blown away.
- 123. The grain is thrown in the air with the strength of one person.
- 124. It is thrown up with a pitchfork which is a tool made of metal and wood.
- 126. Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.
- 127. To carve out a rock you need a chisel which is metal and when it is shaped a certain way it can penetrate rock.
- 128. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.
- 129. The rock has to be transferred to the grinding place so a wagon is made of a wooden box that is strong enough to contain a big rock.
- 130. The wagon needs wheels that are carved from wood in a circle.
- 131. The wheel has spokes which displaces the pressure evenly so it shouldn't break.
- 132. Horses which are strong animals can pull heavy loads and are easily tamed.
- 133. The wheat kernel is put in between the rocks and they get crushed by the weight of the rocks since they are a softer material.
- 134. It doesn't get flattened




- out like a piece of metal144. It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.
- 135. The flour is then sifted with a sifter which is an apparatus made with thin metal that is a mesh. Even though it is quite thin it is still sturdy and strong.
- 136. The person shakes the sifter and through that it gets separated.
- 137. Due to gravity, it separates.
- 138. The good part is smaller than the bad so it falls through and the bad stays on top. It is a size that they aren't the same size.
- 139. The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.
- 140. Cotton is a plant that grows. After it grows it has a pod that opens up and you see a white puffy material.
- 141. It gets cut down with a sickle.
- 142. Afterwards it gets combed with a comb that is made with metal teeth.
- 143. The comb is capable of separating all the unwanted parts leaving the cotton by itself.
- 144. It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.
- 145. After that it is brought to a harp and wool which is a machine that has racks made of wood and you put two rows of string through them.
- 146. Then you have an apparatus that you throw from side to side.
- 147. You have a pedal which makes the two rows of string move up and down and it catches the string from side to side in between.
- 148. You have a wheel which turns the string which enables more string to come and the end result is a piece of cloth.
- 149. It is then sent to a warehouse for storage.
- 150. A warehouse is made from piles of wood.

♪ הזן את העולם כולו בטובה!!! ♪



151

Wood comes from trees.




152

It is taken from the storage house to the store.




153

It is transported by horse and wagon.




154

In the store it is readily available to people living in the community.



155

The store has an owner who is interested in selling his products to make money.



156

It is a very big ט that people give value to a worthless piece of paper.

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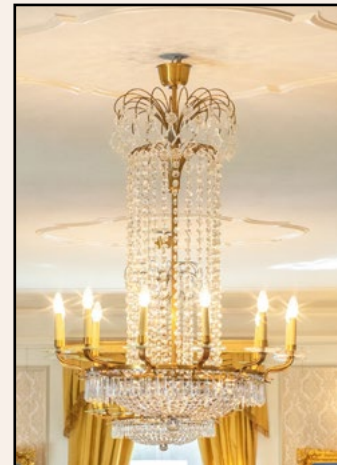
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IT'S REVIEW

times

200

w/ Mr. Middos

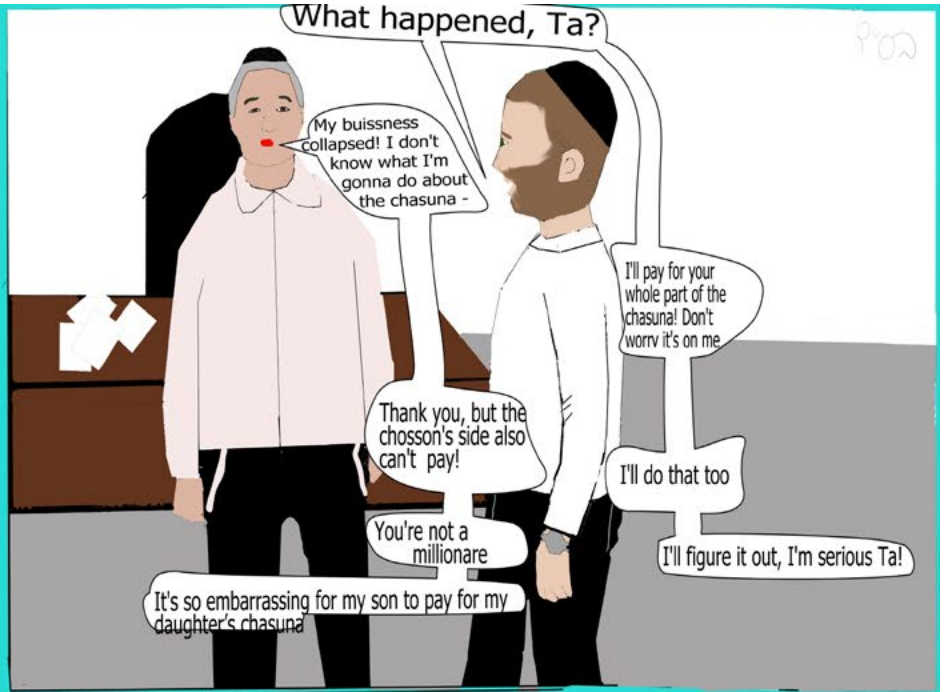
Circle good middos in red and bad in green!

By: Ahua
Rathenberg



can you find: 3 x middos
 ♡ ☹️ ☹️ ☹️
 6 mugs 5 hats 2 ✓ middos

Ahua Rathenberg





YITZY! I CAN'T BELIEVE MY EYES; HOW CAN YOU STEAL FROM YOUR OWN FATHER! THAT'S STRAIGHT OUT GEZEILA AND A LACK OF KIBBUD AV ON THE HIGHEST LEVEL- THAT'S TWO OF THE ASERES HADIBROS YOU'RE BEING OIVER ON!

I told Tatti that I wouldn't tell anyone!



What do you mean? He paid for the entire chasuna! I told him he should take that; Couldn't you have been don l'kaf zechus! You know he wouldn't steal!

Ta, here's the money that I saw Yitzy steal

Oy vey



Yitzy, I heard the real story. I'm really sorry! Are you mochel me

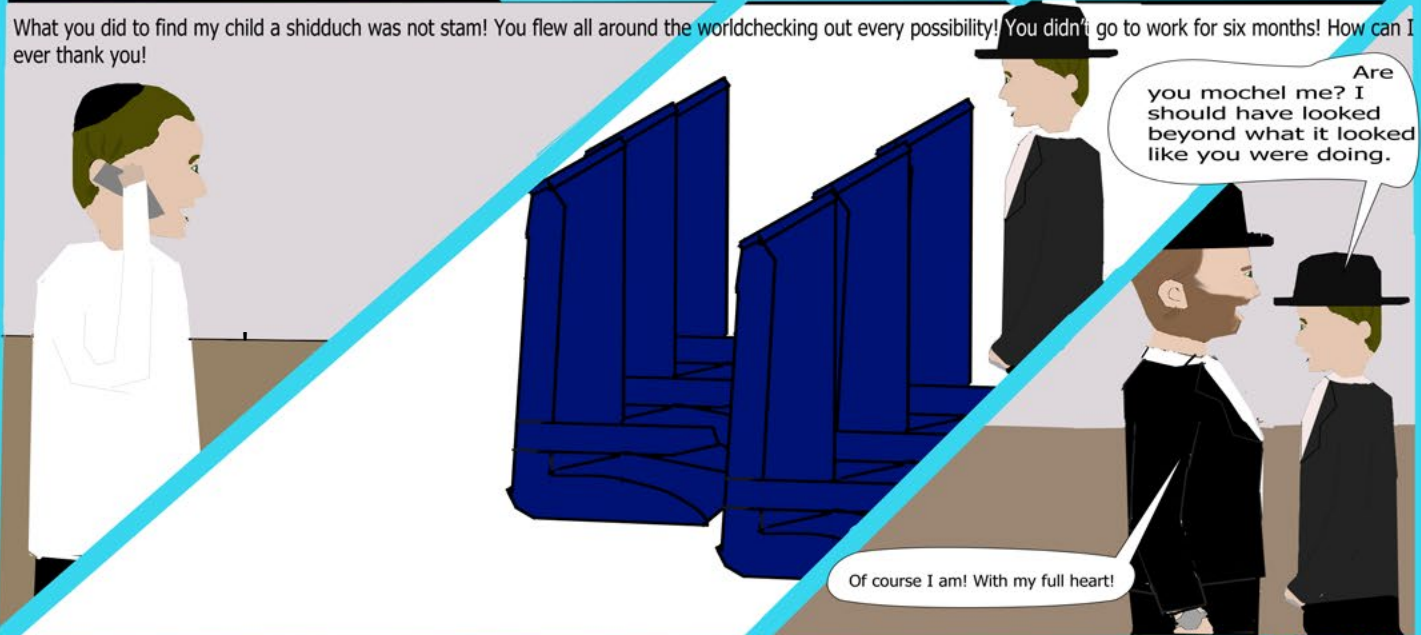
I could try to be! I want to be

I have an idea- we all know that your child has been in desperate need of a shidduch! As of now, finding the zivug will be my full-time job



Avraham, thank you so much!

Six months later the older single gotengaged



What you did to find my child a shidduch was not stam! You flew all around the worldchecking out every possibility! You didn't go to work for six months! How can I ever thank you!

Are you mochel me? I should have looked beyond what it looked like you were doing.

Of course I am! With my full heart!

THE END

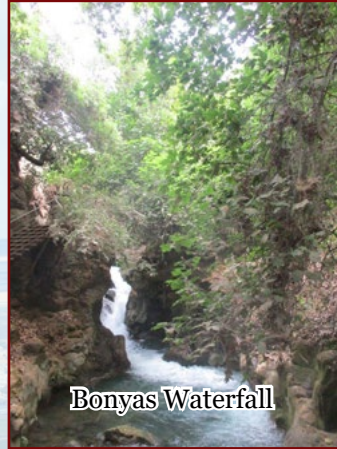
By: E. Jungreis

ארץ תמדה טובה ורחבה!

Hashem's Wonderful Land



Sha'ar HaRhamim



Bonyas Waterfall

Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.
Please email them to: thespringhilltimes@gmail.com

BEAUTIFUL QUOTES

"Every Shabbos should leave over in our hearts some residue of Emunah in the World to Come."

**Rav Avigdor Miller Speaks
Vol 1, Page 37**

"The more you enjoy the Shabbos, the greater will be your reward in the World to Come."

Ibid. Page 40

"Hakadosh Baruch Hu will give the tzaddikim 310 worlds - not little worlds like this one we live in, but huge worlds."

Ibid. Page 51

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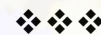


"You can't tie your shoes without Hashem!"

"Hakadosh Baruch Hu does

everything. From start to finish and everything in between."

**Rabbi Zevy Golombeck - A
Life with Bitachon**



Did you read or hear something nice and inspiring? Please share it. Text 845-327-5041 or call 385-381-0977 email: thespringhilltimes@gmail.com

Check off every day you learn or say the tefilla, or do both

Starting date: December 20

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After the first week of your learning call or mail in your
NAME, GRADE, SCHOOL, and PHONE #.

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Mail it in by: Feb.14

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Send in this page when you're done the sefer, by **April 24**

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- 2) say the 'Tefilla al hadibur'
- 3) Do both #1 and #2

Every day make a check on the chart.

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MAY THIS BE A ZECHUS FOR ALL OF KLAL YISROEL B'RUCHNIUS, AND FOR THE MATZAV IN ERETZ YISROEL.

Let us know if you held yourself back and did not say Loshon Hara!

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Address: _____ Phone #: _____

(Optional) As a zechus for: _____ (Example: Shidduch, Yiras Shamayim, refuah...)



Rabbi Zevy Golombeck

illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel*

Q. Chazal in Makkos 11b says that Yehuda was not able to go into Gan Eden and his bones were misgalgelim b'aron (rattling in the coffin), until Moshe Rabeinu was melamed zechus on him. The reason was because a קללה and a נידוי (excommunication) of a chacham even if it's on a condition and the condition isn't fulfilled it still takes effect.

We hear on 'A Life with Bitachon' that Hashem is **כולו חסד, כולו רחמים** and Kulo love.

1. How can it be that Yehuda, one of the שבטי ד, who made this נידוי with good intentions in mind (to save his father and his family from the hunger) and kept his condition, should get so severely punished?

And for hundreds of years? And if not for Moshe Rabeinu being melamed zechus on him, it sounds like it would have continued... How could someone who did so much good in his life have to go through such a severe punishment for such a tiny sin?

2. In addition, what was Yehuda's sin? He said on himself. He didn't hurt anyone else?

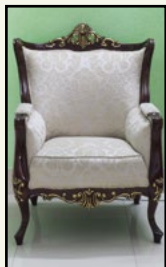
3. How do we understand that Hashem made it that a chacham's קללה and a נידוי should take effect even if it's the opposite of the intention of the חכם?

Where is the Chesed and Rachamaim? Where is the hatava? It seems like extreme harsh midas hadin...

What message are we supposed to take out of this Chazal?

Elegant Couches

A life of comfort



Sit Back and Relax!

Have No Worries & Have No Fears!

Hashem is Taking Care of You!

A. The first point is, my Rav Reb Lazer Apter told over from Reb Tzadok Hakohen, we all know Targum Unkelos translates the words of the Torah, wherever the Torah says the word Elokim, which connotes Midas Hadin, Targum Unkelos translates it as yud-key-vav-key, Midas Harachamim. Reb Tzadok Hakohen explains that Targum Unkelos is coming to teach us that everything is only rachamim, only bracha, only chesed. As it says in the Pasuk, "Chesed Hashem malah ha'aretz." The only difference between din or rachamim is if it's open chesed or hidden chesed. So the alef-beis is that everything is chessed.

How was this also chesed? The Chofetz Chaim explains that Hashem is in charge of a person's mouth, a person's words. Hashem made Yehuda say a Niduy because he knew that would be the best for him because he needed a kapparah for his chelek of mechiras yosef. When we clean a child rolling in the mud, that's midas harachamim, not midas hadin. This that Yehuda's bones were "misgalgalin b'aron" was a cleaning

Rabbi Zevy Golombeck

illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

process to clean his neshama. Therefore, we have to realize, that this is all what Yehuda wanted, because it was to clean his neshama sparkling white. This that it sounds like if Moshe Rabbeinu hadn't been melamed zchus, Yehuda would still be outside, how can that be?

The answer is that of course, no person can affect anyone else. **This is just how Hashem made it play out so that we can learn the importance of being melamed zchus on people, to teach us that when we go around being melamed zchus on people, that brings brachos and yeshuos, and of course middah**

k'neged middah it will bring brachos and yeshuos into our own lives.

The second point is that this that it sounds so frightening, that Yehuda, who was such a great Tzaddik, needed such a lengthy cleaning process - yes, it might be chessed, but it's hidden chessed, and we all want open chessed - R' Aharon writes in Mishnas Reb Aharon regarding Nachum Ish Gamzu, when he asked that his hands and feet be amputated because he didn't go quickly enough to feed a poor person, why didn't Nachum Ish Gamzu just do Teshuva?

R' Aharon writes that Teshuva comes from Hashem's chessed, and many Tzaddikim don't want Hashem to deal with them with Middas Hachessed, they don't want favors, they want Hashem to deal with them with Middas Hadin, because to them Middas Hadin is sweet.

There's a famous story with one of the gedolim that he said if Hashem would tell him to go to Gehenim, he would dance into Gehenim. He would dance like it's a chasunah. Why? If a person has the right perspective, they realize that everything is good. Gehenim is also good. Gehenim is bracha, it's love, it's Hashem cleaning a person from mud. It's not scary or frightening. Everything that we said that Hashem was noheg with Yehuda, that was because Yehuda wanted it like that. However, Reb Aharon says that if we're not on that level, if to us Middas Hadin does not seem sweet, we can ask Hashem to be noheg with us only with Middas Harachamim, with open chessed. Relying on Hakadosh Baruch Hu's unconditional love will serve as our cleansing process and our protection.

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Hashem is the ONLY POWER

Story Time

Stories From 'A Life With Bitachon'



Sparkle Neshama Wash



Clean out your Aveiros!

Wash away Yesurim!

Wipe away all dirt!

Save yourself a trip to Geheinom

Looking forward to serving you!

Mr. Bizyonos

1689- This story has been called in by a chashuva yid, by the name of R' Avrumi Waldman. He was waiting at the airport to get



a flight back to Lakewood. The lines were out the doors. It looked like he was going to have to wait a couple of hours. By the time it was going to come his turn, the plane would be long gone! But he really wanted to go home already! He was trying to figure out what he should do. Then he said, "One second. Who's in charge of making sure I catch my flight? My loving, caring father Hakadosh Baruch Hu the Ribbono Shel Olam. If Hakadosh Baruch Hu is in charge, He's Hakol Yachol. He can do everything and anything. Ahh, the line looks like its going to take hours? But, when you live with Hakadosh Baruch Hu, its a different Shulchan Aruch; its a different set of laws."

All of sudden, as he was thinking about Hakadosh Baruch Hu running this world, and that He's Hakol Yachol; a supervisor called him over to the side and said to him; "Come with me. I'm going to give you door to door service." I'll take care of all your needs!!"



Just like that, out of the blue; he didn't even know where that person came from. He got on the flight that he needed go on in no time. He got the best service, better than ever!!



1690 - This story has been called in by Mishpachas Deutsch. Mrs. Deutsch said over that she was on her way to the airport, she had to catch a flight. Midway while they were driving, their car started to overheat.



They went to the side of the road, and started calling people for help. They called this person, and that person. Anyone who said they could come, said it would be at least 45 minutes to one hour. If the Deutschs would have to wait so long, it would be too late and they would miss their flight. Nobody was able to help them sooner. They were thinking, "Uh-oh, what should we do now? We have to be there right away!" Then they said, one second. Do we think we have to find someone who can help us? It's Hakadosh Baruch Hu who can help us!! Hakadosh Baruch Hu is right here where we're standing! Therefore, if Hashem is right here, and Hashem is Hakol Yachol; He can do

everything and anything! So let's leave it up to Hashem!"

While they were realizing that it's only Hakadosh Baruch Hu who could help them, a Yid stopped and asked how he could help them! They told him that their car just overheated and someone has to catch a flight at the airport. He said "What's the problem? I'll take you wherever you need to go, door to door service!" Just like that, they got the best ride with the best service; better than ever!!



1691- This story has been called in by a very chashuv Yid by the name of R' Yoini Sarf. He said that it was Friday and his son came home from Cheder, and he wasn't feeling well. He really wanted to take him to his doctor before Shabbos to make sure he was okay. He called the doctors office and they told him, "Sorry, but we are booked solid."

He hung up the phone thinking to himself. *What should I do? I really want to go to the doctor before Shabbos but they're booked solid!*

Then he stopped and said, "One second. I follow the yesodos of a Life with Bitachon, I chop and realize. You think it's up to the receptionist, up to the doctor, to see if there are appointments available? It's Hashem who takes care of me. Therefore, I'm just going to believe that Hashem is Hakol Yachol, He's going to work everything out; I'm just going to leave it up to Hashem!!"



It didn't take too much longer...the receptionist called him back and said, "You called before for an appointment and I told you there are no appointments. Well, you should just know that an appointment just became available! Do you want to come now?" He said, "Sure, of course! That's perfect." Just like that, they got the best appointment and everything worked out better than ever!!!



#1692 - This story has been called in by a very chashuva yungerman by the name of R' Simcha Hart. He said that every day for his daily exercise, he goes on the treadmill. He realized that every single time he finished

Story Time

Stories From 'A Life With Bitachon'

using the treadmill, he would walk away very dizzy. He felt very foggy. It was not something that he really appreciated. He didn't know what to do. This was happening each time without fail! He already used the treadmill ten times. Every single one of those times, he would get this foggy dizziness. Then he thought to himself, "One second. I follow a Life with Bitachon. I don't believe in cause and effect. The next time I go on the treadmill, I'm going to play songs of Bitachon and realize that Hashem is in charge of results and outcomes!" He went on the treadmill, realizing that there's no cause and effect. The treadmill can't cause him dizziness. After switching the music, he never felt so good! He felt totally clear in his mind! Just like that, he felt better than ever!



1693 - This story has been called in by Mrs. Rubin. She had a kimpeturin in her house. She was helping out and taking care of the newborn baby. It was Friday afternoon, and she was so busy with the baby, that she realized she needed a cleaning lady to come and clean up L'kavod Shabbos. She was thinking to herself, 'What do you think?

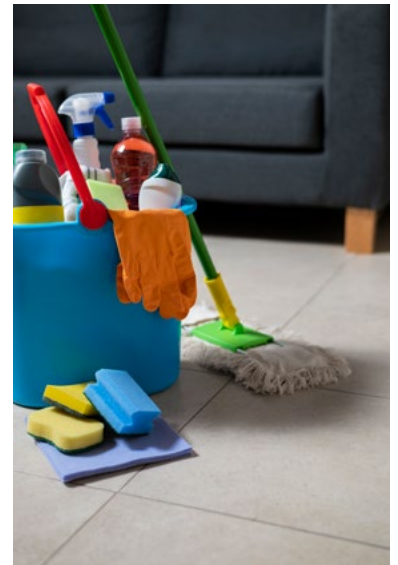
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You just expect that a cleaning lady should just fly out of nowhere?' Then she said, 'One second. I follow A Life with Bitachon. Yes, a cleaning lady can pop up out of nowhere! I'm just going to open the front door, look outside, and say, "Hashem, You're Hakol Yachol!!



You can do everything and anything! You can make a cleaning lady walk straight through my door!" She opened up her door, went out to her front yard, and saw a non-Jewish lady standing there. She asked her if she can help her with anything. The lady responded, "Yes! I'm a cleaning lady and I'm looking for work. Do you know anyone who needs help?" Mrs. Rubin said, "Are you serious?? I need help! Come right inside!" In no time, she got the best service, better than ever!

Q&A WITH R' ZEVI GOLOMBEK

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. My son is not doing well in yeshiva. I feel that I could help my son get back on track, but he refuses to accept my help. Outside help is not working either. I tried everything in my ability, but nothing is working, and now I feel stuck?

A. The reason you feel stuck is because you think that your efforts are what causes results, and now that your efforts are being rejected there is no way for your son to improve.

But this is a mistake. Our efforts are merely hishtadlus. How the outcome turns out is completely in Hashem's control. And we can rest assured that Hashem is conducting all affairs in the way He sees to be the best for you and your son.

Therefore, instead of feeling dependent, turn your situation 'into

a business'. Tell Hakadosh Baruch Hu, 'I know that you are controlling the situation, and I have bitachon that you could turn the situation around'. And when Hashem sees that you're trusting that He's conducting a perfect world, and you know that He's running your situation for your best, He will show you openly how things will turn out in the best possible way.

Q. I try to feed my baby so he should grow and be strong. But my baby puts up a fuss and refuses to eat, and is therefore not growing properly. This is robbing my menuchas hanefesh. What is the emunah and bitachon perspective about this?

A. Your job is not to make your baby grow. Hashem just wants you to do your hishtadlus to give

your baby the best nourishment you can. Beyond that, your baby is completely in Hashem's hands.

Additionally, Hashem wants you to realize that whether your baby eats nicely or not is not up to you. It's up to Hashem. Turn to Hashem and say, 'I know that it's You who's in charge of making my child want to eat nicely'.

Ultimately, Hashem wants you to realize that your baby's growth actually has nothing at all to do with how nicely he eats. Maran Rav Aharon Leib Shteinman ate almost nothing his entire life, yet he lived longer than anybody else. It's Hashem who helps people grow and be strong. Tell Hashem, 'I don't believe in food. I believe that You are the One who gives health'.



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Our Readers Share



Editor's Note: Some of these stories are from Iyur-Sivan!

A Much Calmer Life

Hi I want to thank you for your newsletter.



I saw in there that the Bitachon Hotline from Rav Golombek now has a translation in yiddish. We now are able to listen, as we are a chassidish yiddish speaking family. So, now I sit down with my husband and children every day and listen to the daily message... It has, B"H, made us a lot more calm. It all started from the Spring Hill Times. Yeshalem Hashem scharchu u'pulechu!

A Reader

Hashem Takes Care of Us!

Attention Readers!

Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.

Please keep you stories coming!

You are inspiring the entire Jewish Nation! You are shaping the destiny of Klal Yisrael!

Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.



Firstly, thank you for the Spring Hill Times. It gives me so much chizuk!

I was feeling very ill and had to go the hospital. We knew the local hospital did not have a good reputation but Hat-zoloh told us it didn't matter so much, so we went to the local one which was closest.

In the ER, I was in a lot of pain and my husband and I kept being mechzeak in Emunah and Bitachon that Hashem is taking care of me, not the hospital.

After some tests, the doctor told us that I probably would need a very unpleasant surgery.

A little later a group of doctors that I had used in the past and happen to work out of THIS hospital took over my care.

My doctor real-

ized the previous doctor misdiagnosed the problem and took diligent care of me until I left.

I felt so taken care of by Hashem.

Thank you Hashem!

A Reader

Spreading Hashem All Over the World



Just thought to inform you that I recently took a chavrusa from Germany to learn Emunah and Bitachon with. I found her on chavrusa-match and we have been learning consistently for a couple months.

I send her the Spring Hill Times and she loves it. She has very little connection to yiddishkiet there, so I thought you should know that a woman in Germany is enjoying the newspaper. (In addition to many chashuve people in my neighborhood!!!)

Thank you for all you do, it's incredible and the amount of work involved...

A Reader - Yerushalayim

Hashgacha Pratis



I went to the eye doctor. At first, I was seen by the eye technician. She said that we should dilate my eyes. My mother said, "No, we can't today, we don't have time to wait around today."

The technician encouraged us to make the time to have my eyes dilated at the appointment, but my mother explained that a younger sibling was with a babysitter, and she didn't want to leave him for too long.

Then, when we were seen by the optometrist, she said it was a good thing that I didn't have my eyes dilated, because it would have been harder for her to get accurate diagnosis for my specific problem!

A Reader

Man Davens to Hashem



Hi, I have a story for the Spring Hill Times.

I needed to speak to my friend about something important and I couldn't get myself to call him. So, I asked Hashem to please make it easier for me. The next day, I davened in a shul that I never daven in and my friend was also there and I was able to speak

to him!

A Reader

Family Thanks Hashem



I want to thank you very much for the Spring Hill Times I really get a lot of chizuk from reading it. You should have a lot of hatzlacha and it should spread all around the world!

Our family had no a/c for a few days. We want to thank Hashem that He gives us a/c in the heat to make us comfortable!!!

We now realize how thankful we have to be!!

A Reader

Hashem is the Kol Yachol!



We were traveling with my family in Corning, NY. (2.5 hours from Niagara Falls) We locked our keys in the car by mistake.

We tried Chaveirim- but they didn't have anyone in the area. (Just as an added note. We realized what a tremendous chesed

Chaveirim does that we almost take for granted. They also called a few times to check up on us, and they said if we can't find anyone they would drive to us!!!)

B"H, this happened in a most ideal setting- we were in a safe, comfortable place, and we had just finished taking out all the food that we were about to eat for lunch.

There was a gas station right nearby that gave us the number of a towing company that could help.

They came, but they couldn't get the car unlocked. They tried for a while, and it wasn't working.

We were saying Tehillim. My daughter said that maybe we should call 'A Life with Bitachon.' My other daughter said we should say 'Hakol yachol' and call in our yeshua to the Spring Hill Times.

So, we called 'A Life with Bitochon', and we put on Hakol Yachol on speaker. It was playing the first time and the door opened! The man didn't do anything different. It was just a change of mindset for us.

We realized that Hashem will unlock the door when it is supposed to be unlocked. And that is it- it has nothing to do with anything that anyone is doing or not doing

A Reader - South Fallsburg, N.Y.





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Handwritten signature and notes in Hebrew, including the name "ד"ר יצחק אביש"ר" and other illegible text.

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| Amount per serving | % Daily Value | Amount per serving | % Daily Value |
|----------------------------------------------|---------------|-------------------------------------------------------|---------------|
| <u>Love For Hashem 20,000g</u> | <u>1%</u> | <u>Ads on Shabbos 0g</u> | <u>100%</u> |
| <u>Thinking about Hashem 40,000g</u> | <u>12%</u> | <u>Feeling Proud to Be a Yid 90,000g</u> | <u>22%</u> |
| <u>Upsetting News 0g</u> | <u>100%</u> | <u>Talking about Hashem's Greatness 300g</u> | <u>.500%</u> |
| <u>Blameful News 0g</u> | <u>100%</u> | <u>Making Serving Hashem Exciting 80,000g</u> | <u>30%</u> |
| <u>Happiness 800,000g</u> | <u>25%</u> | <u>Being Mekdesh Shem Shamayim 950,000g</u> | <u>17%</u> |
| <u>Appreciating Hashem 60,000g</u> | <u>45%</u> | <u>Putting Focus on Human Beings 0g</u> | <u>100%</u> |
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Hashem Loves You!



Yedidya Harush, a commander in Gaza, recently came to the US and spoke in the Shul that I was visiting for Shabbos. He shared that he experienced many open miracles in Gaza. One miracle was when he was leading his young soldiers into Gaza and they found themselves going deeper and deeper into enemy territory. They had a list of targets to strike and their next target was a house which they were about to enter. Moments before he led his young men into the house, he heard a dog barking. This surprised him, because he knew from experience that "there are no dogs in Gaza". He therefore contacted the IDF base who said they would send helicopters to aid his group. Finally, the helicopters arrived and they checked out the house that they were about to enter and discovered that it was full of explosives from top to bottom. The helicopters bombed the house and the entire house turned into a gigantic explosion. Yedidya emotionally explained that he and all of his

young twenty-year-old soldiers would have all entered this very house if not for Hashem opening his eyes by sending a dog to bark at that exact second. He literally felt like Hashem was watching him with GPS precision. I heard this story from him face to face and was deeply moved by his deep-rooted conviction that Hashem was and is guiding his every move.

I also heard another commander in Gaza share on a recording the following story which happened to his group: They were encamped in Gaza in a very large tent, when Hashem opened their eyes by sending them an intelligence report stating that there were terrorists directly under them in a web of hidden tunnels. We will refer to these terrorists as 'terrorist puppets' because their every move is controlled by Hashem and only by Hashem. These terrorist puppets could see tents and tanks and knew about their group. The Israeli soldiers secretly left their encampment and moved a few hundred feet away, but left their tent in place to make it look as if they were still there. They appointed guards around the clock to watch the area where their tent was standing. A day and a half later, in the middle of the night, a terrorist puppet emerged from the tunnel into their former tent, and Israeli soldiers shot him on the spot, and he died but also exploded, since his entire body was full of explosives. A few seconds later, there was a super gigantic explosion, as this explosive was connected to an entire string of many more explosives. The explosions were so strong that the ground shook under everyone's feet. The soldiers all thanked Hashem from the bottom of their hearts because everyone was one hundred percent fine, and had Hashem not opened their eyes, they would all have been in these very tents. These explosions even helped them because they opened up the ground, revealing an entire network of tunnels into the open. This commander spoke with such intense feelings and emotions that I felt as if I was experiencing this story together with him.

Hashem is watching us and protecting us every second, whether we realize it or not!

Hashem is doing Nissim and miracles for us constantly, yet many times, the recipient of the Nes is not even aware of the major Nes and the gigantic Chesed which Hashem did for him (Nidda 31a)!

Hashem is taking care of us every moment and the more we thank Hashem nonstop, the more Nissim and supernatural protection we will be Zoche to.

Hashem loves us!

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