

# The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל  
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 132

Bo

Shevat 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

## HASHEM IS IN CHARGE! PAGE 7

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This week's issue is sponsored  
leiluy nishmas:  
Eliyohu ben Eyvon Z"L



**LIFE ON EARTH IS SO WONDERFUL!  
THANK YOU, HASHEM! WE LOVE YOU, HASHEM!**

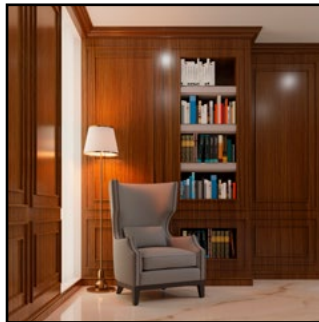
### Emunah and Bitachon News

**AHAVA RABBA  
PAGE 50**

#### MESSAGE FROM SHAMAYIM

**Harav Moshe Nachshoni shlit"a, rav of the kehillah in Rishon LeZion, told the following amazing story:**

My wife, Mrs. Sara Nachshoni a"h, passed away three months ago. Since then I have lived alone in my home. One night, on Monday, the eve of 6 Teves, she appeared in a dream along with another woman, a relative who is also deceased. They were pointing in the direction



of a certain shelf in the bookcase, and my wife asked that I organize the shelf.

I woke up, astounded. I am not a dreamer, and the visions in the dream were very clear. Nonetheless, I did not relate to it seriously, and I told myself that

most dreams are meaningless. What was there to put into order on that shelf that my wife had pointed out? It was a very organized shelf. There were a set of Shas there and a few solitary documents – an ID card, medicines, and bank notes.

Although I understood that there was nothing to organize on the shelf, the dream disturbed me throughout the day, and in the evening I decided to check out what there was on the shelf. When I took out

Continued on page 3

**NOBODY HAS EVER DEFEATED KLAL YISRAEL!  
AND NOBODY WILL EVER DEFEAT  
KLAL YISRAEL!**

**We Are Safe and Secure in  
HASHEM'S MIGHTY ARMS!**

**OLAM HABA ESTATES**  
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**Serve Hashem with Loyalty!!**

# Spreading Hashem's Goodness all Around the World!

**Newspaper Topic:**

Hashem

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**Making a simcha? Have a Yartzeit or just want to tell Hashem how much you love Him?**

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ישעיה בן משה יחיאל מיכאל זיידא, חוה רבקה בת שלמה זלמן, לבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. דוד זאב בן משה מנחם. זייטל בת שלום אריה, נפתלי בן יעקב. יעקב לבי בן יוסף. דוד יעקב בן משה אליהו. לזכות הנחור משה דוב בער בן אסתר, לזווג הגון בקרויב.

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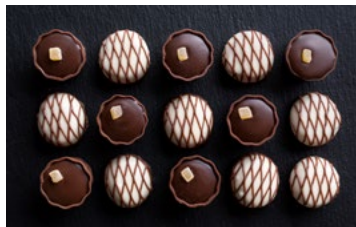
**Continued from page** *the documents I discovered a check there. At that moment everything became clear. That check, taken from tzedakah money, was given to me by a Yid I met at a wedding, and he'd asked me to give it to a needy family that was marrying off a daughter. When I came home from the wedding, I put the check down on the shelf, planning to hand it over promptly to that family, but I forgot... The second woman who appeared in the dream was the maternal grandmother of that kallah, the mother of the kallah's mother, who so desperately needed money.*

*This was a true dream. I saw how important it is in Shamayim that money reaches the place where it needs to be. I saw how there is a connection between neshamos in the World of Truth and those in this world. It is awe-inspiring to hear and see that there is an accounting and there is a Judge, and there is hashgachah pratis over each and every thing that occurs.*

May the publicizing of this story bring merit to the tzibbur. [Kav Hashgacha Pratis]

man, "Usually I charge \$200 for a service fee, but it's all free. I'm giving it to you as a present." R' Grossman said to him, "Thank you so much!"

Over Shabbos, R' Grossman was thinking, "I have so much Hakaras Hatov for my neighbor. I have to buy him a present!" However, all week he kept forgetting about it. On Thursday night, he said, "One second. A whole week went by, and I didn't buy him a present? I have to go buy him a present right now!" He went to the chocolate store and got beautiful, geshmaka



chocolates.

He brought it over to his neighbor, and the neighbor said, "No, it's not necessary!" R' Grossman said, "Give it to your wife."

An hour later, this neighbor's wife called up R' Grossman's wife. She said,

**HOME SECURITY SYSTEMS**



**Hashem stands guard at your door!  
Kiss the mezuzah every time you pass it!**

"I have to tell you about the most unbelievable Hashgacha Pratis! An hour ago, I was sitting on the couch and feeling very shvach and weak. I had no koach to clean the house for Shabbos or to cook. I said to Hashem, 'You know what would do the trick to get me off the couch? I want geshmaka parve chocolate.' Just then came a knock on the door, and your husband brought delicious parve chocolate! Exactly what I needed, just when I needed it!"

[R' Zevy Golombeck]

**HAKARAS HATOV CHOCOLATE**

R' Grossman's\* air conditioner broke one summer Friday, and it was 85 degrees in his house. He had a neighbor who fixed air conditioners, so he went over to him and asked him if he had time to come over.

The neighbor said to him, "I'll tell you the truth. I really don't have time, but for another Yid, what wouldn't I do to help?" He came over and said, "There's a part that's not working, but I have the part." Baruch Hashem, he was able to fix it!

The neighbor told R' Gross-

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**THEY ARE POWERLESS!!!!**

**HASHEM SENDS SHTREIMEL**

Rav Elazar Grossman's son, Reb Moshe, traveled to Ukraine with a group of yungeleit, to daven at kivrei tzaddikim. They davened and pleaded for personal and communal yeshuos. Before Shabbos, he left the group. He and another avreich were planning to return home and spend Shabbos in Eretz Yisrael. They hired a taxi driver to take them to the airport in Kiev, and they were on their way.

At one point, their taxi



got stuck in a huge traffic jam that spanned dozens of kilometers. Cars and vehicles snaked their way at a snail's pace. Half an hour passed, then another half-hour, and the taxi had barely moved.

Finally, the traffic cleared up. The driver stepped on the gas and drove Reb Moshe and his friend to the airport as quickly as possible. They hurried to the departure gate, but they were stopped by the official in charge. "You can't get on the plane now. The flight is already closed." The two Jews stood there, confused. Just a moment earlier they were planning to be in Eretz Yisrael with their families for Shabbos. What a disappointment!

They looked around, asking themselves, "Shabbos in Kiev? How do you do that?!" They had no idea. Where would they get challah and wine? What would they eat? Where would they sleep? They had no clue, no ideas. They stood there, waiting for yeshuas Hashem.

Then a chassidishe avreich saw them. He asked what happened and heard that they were Jews from Eretz Yisrael. "I'm traveling to America," he told them, "but I hate to think that you'll be spending a dismal Shabbos here. I

have a floral kaftan with me. Take it, so at least you'll have Shabbos clothing to wear." He gave them the kaftan and left them to catch his flight to America. Now they had a kaftan, and they agreed that on Shabbos each of them would wear it for a few hours before giving it to the other.

A short while later, another Jew approached them. He was Rav Hillel Cohen shlit"a, a well known askan who does much for the Jews of Kiev. He heard about their missed flight and told them, "This is truly hashgachah pratis! This Shabbos I'm making a bar mitzvah for my son, iy"H. I invited my extended family and rented rooms in a hotel. Everyone showed up except for one family. So I have an extra room, and it's just waiting for you! Come with me, and I'll show you where you can stay for Shabbos. Of course, regarding food you have nothing to worry about; you'll be my guests along with all the bar mitzvah guests." This was above and beyond anything they might have expected.

The two were escorted honorably to the hotel, where they were greeted pleasantly. They were taken into a comfortable, fully-equipped room, and it seemed that everything had worked out.

Reb Moshe called his father, R' Elazar Grossman, on Erev Shabbos and told him everything that had happened. He said, "Everything Hashem does is for the best. We have everything we need here. There's only one thing that's bothering me. I don't have my shtreimel. How can I go into Shabbos with a weekday hat on my head? Even when Tisha B'Av falls on Shabbos we wear a shtreimel!"

R' Elazar felt bad for his son. He recalled a relative, Rav Binyamin Gutfarb shlit"a, who was the principal

of the Talmud Torah in Kiev and recently made Aliyah to Eretz Yisrael, where he serves as a respected mechaneich. R' Elazar called him and told him the story, and his son's problem.

"He's in the Jewish hotel in Kiev?!" Rav Binyamin asked.

"Yes," R' Elazar responded.

"Tell your son to look out the window. He'll see an old Volvo. He should go down, open the trunk, and take out the Shabbos kaftan and shtreimel that he'll find there."

"Are you talking to me?" R' Elazar asked, astounded.

"Yes, yes, tell your son."

R' Elazar called his son and told him, "Are you standing by the window?"

"Yes."

"Look down at the parking lot. Do you see an old Volvo?"

"Yes."



"Go down there, open the trunk, and you'll find a shtreimel and kaftan."

Without understanding how his father could possibly know what he saw outside the window of the hotel in Kiev, R' Moshe went down to the old car, opened the trunk, and found exactly what he needed. Back in his room, he called his father, all excited. "Tatte, it's true! I'm now holding a shtreimel fit for a chassan, along with a distinguished-looking floral kaftan! On Shabbos night I'll wear a tallis and my friend will wear the shtreimel, and in the morning he'll wear a tallis! That way we'll both have a shtreimel for Shabbos!"

R' Elazar could hear the joy spanning continents and coming all the way to Yerushalayim.

**KEEP YOUR HOUSE COZY AND WARM DURING THE WINTER**

**WITH THE FIRE OF AHAVAS HASHEM!**

R' Elazar asked Rav Gutfarb, "Perhaps you can explain to me what's going on?!"

Rav Gutfarb answered, "Ever since I left Kiev, I've been going back there from time to time. So as not to have to carry too much each time I come, I purchased a shtreimel and kaftan to wear for the Shabbosos that I'm there, and I keep them in the car that I use

when I'm in Kiev. The last time I traveled there, there was a problem with the car's battery, and since I didn't have the time to take care of it, I asked a friend to call a mechanic. I left the car unlocked so the mechanic would be able to fix the car. That's how it turned out that when your son came the car was unlocked, and he was able to take my Shabbos clothing."

It's incredible how Hakadosh Baruch Hu orchestrated that even if it was decreed that he not make it home for Shabbos, everything was arranged, down to the last details, so that His two children from Eretz Yisrael would be able to keep Shabbos kodesh properly. [Kav Hashgacha Pratis]

*Miracle and 'Mi K'amcha Yisrael' stories from Eretz Yisrael that were sent in by readers.*

**Just a Few minutes Can Save You!**

Recently, my esteemed mechutan, Yaakov Eliezer (ben Yosef Yehuda Leib) Kleiner, A'H' passed away. He was a very special person who loved to give, who loved all, and who was moser nefesh for yiddishkeit (among many other unique qualities).

One of the areas he would not compromise on was davening with a minyan. Even after long and difficult dialysis treatments he would insist on davening maariv with a minyan.

Although it sometimes took him almost 15 minutes to get out of the car, and when he walked he felt as if he was walking on hot coals, he still insisted on davening maariv with a minyan!

He would also come early to davening. He was often the first one there or from the first ten to come.

These special qualities were mentioned at the levaya and many were inspired to do the same.

One of them is a young yeshiva bachur that I know personally. He shared the following with us.

"I was very inspired by the words that were spoken at the levaya and there and then I decided to make a chizuk in davening the very next day (Thursday).

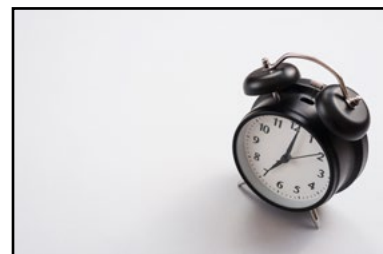
I usually come between 10-15 minutes late to shacharis and I

arrive around 7:40-7:45. Because of my chizuk, I arrived at the davening by 7:30.

It just "happens to be " that that morning there was a terrorist attack at the entrance to Yerushalayim.

At that time, I am usually on the other side of the street, (opposite the area where the attack took place) on my way to yeshiva. The attack happened at 7:38 am. At 7:30 I was already in Yeshiva for davening. Had I not accepted upon myself the day before (Wednesday), to come earlier to davening, I would have been right across the street from the attack at the time of the attack. I don't think I would have been shot, but some of my friends from yeshiva who did come late and who were there at that time, were traumatized.

My chizuk in davening earlier by a few minutes saved me from a serious trauma!"



With 'A Life with Bitachon' and the Spring Hill Times, life is a

One way

trip to OLAM HABA!



By R' Yisrael Meir Ehrenpreis

# WEEKLY NEWS ROUNDUP

## "Hashem will Forever Help You!"

R' Rubin,\* a Rosh Kollel in Eretz Yisrael, contacted Rabbi Golombeck with a predicament. He needed a large sum of money for his Kollel. He has been sending emails for the past few months, and no one has responded.



Rabbi Golombeck told him, "Just remember how much He has helped you in the past. The same Hashem

will forever help you."

A week later, he left Rabbi Golombeck a message that he received a donation of ten thousand shekels.

Every day, Am Yisrael is giving thousands and thousands of dollars to tzedakah all over the

world!

[R' Zevy Golombeck]

## The Generosity of the Jewish Heart!

R' Yoel Klein\* was moving from one house to another. He couldn't afford to hire a moving truck.



A Jew heard about his predicament. He went over to R' Yoel and said, "I have a few strong friends who would be glad to help you move!"

With that, he arranged the entire move with the power and generosity of the Jewish heart!

Such amazing Jewish people who help each other free of charge!

[R' Zvey Golombeck]

## Bitachon Power!

Mrs. Wechsler\* had a dilemma. She very

badly needed dental work but the only appointment the dentist's office had was during her work hours.

She knew that her employer would be disappointed if she was absent and that they would dock her salary for her absence.

Mrs. Wechsler didn't know what to do, so she said, "Hashem, I am going to make an appointment. I am relying on You that my employer won't be disappointed and that they won't take off my pay."

While she was on her way to the appointment, she received a message saying that the office computers were down, and so she didn't need to come to work.

As she finished her dentist appointment, she received another message saying that the computers were working again!

Absolutely Amazing!

[R' Zevy Golombeck]

## What A Nation!



R' Levi's\* children like having delicious, scrumptious food for Shabbos but he can't afford it.

In Lakewood, there are Yidden who go to all of the restaurants and grocery stores, before they close on Erev Shabbos, and collect the left-over food that they weren't able to sell. Then they provide free, delicious, fresh food for Shabbos to Jewish people who otherwise would not be able to afford the special oneg Shabbos!

**ALWAYS IN YOUR LOCATION!**  
**RENOWNED SHADCHAN**

Has made every shidduch since Adam and Chava and continues to do so!

Is mishadeich people who...

- Have medical conditions or are completely healthy
- Have unique or typical family and personal backgrounds
- Live in town or out of town
- Experienced challenges or have not
- Have דין or don't have דין
- Are wealthy or not wealthy

**IT DOESN'T MAKE A DIFFERENCE TO HIM!**

Contact HASHEM any time any place

- Tefilla and Tehillim
- Bitachon
- Maasim Tovim

Am Yisrael is the most amazing nation!

[R' Zevy Golombeck]

**Hashem Takes Children to School!**

The Baum\* children missed their school bus. Mrs. Baum was trying to figure out how they were going to get to school without her having her own means of transportation. Then she thought, " Who really takes my children to school every day? Hashem! So, we can leave it up to Hashem!"

Shortly afterward, one of the teachers drove by and asked, "Do you need a ride to school?"



Just like that, her kids were on the way to school!

[R' Zevy Golombeck]

**Hashem is in Charge!**

R' Reuven\* was driving from Lakewood to Deal, New Jersey. He was passing by the usual spot where people wait on Squankum Road for rides to Brooklyn, Flatbush, and Monsey (which is in the entirely opposite direction of Deal). Even though he never picks up hitchhikers there, he decided to stop to let them know that he was headed to Deal, NJ, in order to avoid any potential Chillul Hashem. He didn't want people to think that he was ignoring them.



When he made his announcement that he was going to Deal, N.J., everyone's jaws dropped. He then saw one of the people coming to his car.

**WE ARE BACK**

**ACHEINUKOL BEIS YISROEL  
TEHILLIM CAMPAIGN**

FOR EVERY TWO PERAKIM OF TEHILLIM THAT A GIRL OR BOY SAYS S/HE CAN EARN A TICKET FOR EXCITING RAFFLES!!

TICKET AMOUNTS FOR THE WHOLE WEEK CAN BE TEXTED TO 845-521-2912 AT THE END OF THE WEEK (BY SUNDAY 10AM) TO BE INCLUDED IN THAT WEEK'S RAFFLE.

WINNERS WILL BE NOTIFIED BY TEXT. PLEASE SHARE WITH YOUR FRIENDS!!

He asked the people what happened. They explained that this Jew had come in to Lakewood from Brooklyn and was now on his way to Deal. He came to the hitching spot to get a ride. Everyone told him that he was not going to be able to get a ride because it's the wrong place to wait.

But he said, "I'm going to have Bitachon. Hashem will arrange me a ride."

And Hashem sent R' Reuven to give him his ride!

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**TIME FOR REVIEW**

Hear the forecast of Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London! Option 3 from Main Menu.



**KI TOV HASHEM NEWS**

- 1: Daily News Update
- 3: Weather
- 7: A taste of the Spring Hill Times
- 8: Archives
- 9: Leave a Message

**UPDATED DAILY!**



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**Klal Yisrael is Coming Home to Hashem**

According to reports, there was an event in Ramat Gan where the owner of a large supermarket got up and said that he is starting to close his store on Shabbos! Many other business owners showed interest in closing their businesses on Shabbos.



**"V'amech - kulam tzadikim!"**

**Hashem Loves Our Davening**

Reb Chaim, a yid from Monsey, NY, wakes up every morning at 6 o'clock to go daven vasikin. This past Wednesday, Parshas Vayechi, he overslept. At 6:38 his cellphone started ringing. The caller ID showed that it was his son from Eretz Yisrael. He picked up the phone, but no one was on the other end! Baruch Hashem it woke him up and he managed to rush and make in time for davening vasikin! Later on he called his son and asked him



why he called him so early in the morning. His son did not know what he was talking about! It must have been that he dialed by mistake.

**"V'divrei nifliosecha - asicha!"**

**Hashem Ish Milchama**

An Israeli soldier fighting in Gaza reported that they are seeing nissim every day! He said that many times he was shot at point blank by Arabs, and at the last moment, the bullets moved away!



**"Im takum alai milchama, b'zos ani boteiach!"**

**Hashem Loves the Jewish Nation**

Mrs. Nagel went into a non-Jewish store to buy something. She wanted to open up the packaging to make sure that the item was the right fit for what she needed. The owner of the store said that their policy is that if you open it, you have to buy it and can't return it. But he said,



"For you I am making an exception, because you're Jewish, and you are the chosen nation!"

**Thank You, Hashem!**

**Lakewood Yidden Make Kiddush Hashem**

Reb Shmuel, a youngster from Lakewood, NJ, dropped off his daughter at her school, Bnos Melech. The security guard, a non-Jew, told Reb Shmuel that he has never met people like the Yidden! The children are so well mannered and everyone treats him with so much respect. His boss treats him as an equal!



**"Mi K'amcha Yisrael!"**

**Hashem Feeds Family**

Mrs. Braun needed to go shopping for Shabbos, but she did not have any money. She was cleaning out one of her drawers, and she found a check from her boss from two years ago! She called the office,





and they told her that they're going to give her a new check for that amount! It was the amount of money she needed to buy food for Shabbos!

**"Einei chol - elecha yisabeiru, - v'ata nosen - lahem es - ochlam b'ito!"**

.....

### Four Year Old From London Thanks Hashem

Reb Binyamin, a yungerman from London, who listens to a Life with Bitachom, ordered bunkbeds for his children. The day the bunkbeds were supposed to come, his children were very excited. They waited all day for the bunkbeds, but they did not come!

When he was putting his four-year-old to sleep, Reb Binyamin asked him what



he wants to thank Hashem for. He said, "I want to thank Hashem that the bunkbeds did not come!" Reb Binyamin asked him, "Why are you thanking Hashem that they did not come? You were waiting all day for them to come!" His son answered, "Because if they did not come, then it must have been poison! I want to thank Hashem for saving us from poison!"

**"Avdi ata - Yisrael asher - ebicha aspaer"**

.....

### What a Beautiful Nation

Reb Zevy Golombeck from Lakewood, NJ was at a bank, and he met a yid who was very excited and happy. The yid told him that his daughter, who was not in school since the beginning of the year, was just accepted into school! Reb Zevy asked him how he

managed to get her into school. The yid told him that there were 16 yidden from all over the world who took it upon themselves as a mission to get his daughter into school!



**"Mik'ama - cha Yisrael goy echad ba'aretz!"**

.....

### Hashem Pays Bills

The Hertz family was struggling with parnassah and were not making ends meet. They did not have enough money to pay for gasoline for their car. In addition, they needed to make repairs to their home, and they had no idea where the money would come from. Mrs. Hertz turned to Hashem and said, "You're the only one who can help us." And help He did! Not long after that, she heard a knock on the door. It was her neighbor. She said, "You recently made a chasunah, and my father always wanted to give you a gift. He finally got around to giving it." She handed Mrs. Hertz an envelope filled with cash! It was more than enough money to pay for all of their expenses!



**"Hodu L'Hashem - ki tov - ki l'olam chasdo!"**

.....

### Hashem Loves Our Learning

Avraham, a yungerman learning in Bais Medresh Gavoah, took out a shailos u'teshuvos sefer from the otzer hasefarim to check something up. When he finished using it, it was

almost at the end of seder, and he wasn't sure if he should bring it back to the otzer right away, or wait until the end of seder. He decided to bring it back right away. On his way back, he met

a friend of his. He started telling



his friend what he saw in that sefer. His friend said, "I was just on my way to go get that sefer from the otzer hasefarim!"

**"Gal enai - v'abita niflaos - mitorsecha!"**

.....

### Hashem Loves The Jewish Nation

A yungerman was walking in the street and an African American came over to him and gave him a big hug and told him "I feel bad for what your nation is going through."



**"Ki Ani Hashem Elokecha Machzik Yeminecha"**

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### Klal Yisroel Is Coming Home To Hashem

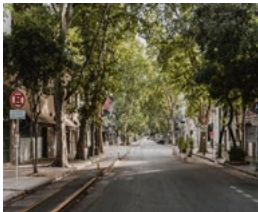
According to reports that have come in, a Rav in Manhattan said that ever since the war has begun, his shul that is usually empty on Friday night is as full as it is on Rosh Hashona & Yom Kippur!



**"V'shavta Ad - Hashem Elokecha"**

## Yidden Love Each Other

A yungerman was riding his bike on a narrow street off Rechov Yecheskel in Yerushalayim. There were two cars coming in two opposite directions and there was no room for them to both go through. One of them had to back out. They both started beeping at each other. Finally, after a few minutes, one of the cars decided to be mevater and he backed all the way out. Then the yungerman noticed the drivers of the two cars coming out and meeting each other in middle of the street and giving each other a hug and a kiss!



## "Mi K'amcha Yisroel"

### Klal Yisroel Loves Hashem

According to reports, many of the Yidden who were saved from the attach on Simchos Torah are being mischazek in shmiras hamitzvos. They're starting to be mafrish challah, keep Shabbos, and be machnis orchim. One influential woman sent out a video that was viewed by over 100,000 people where she was cutting up her clothing. Another woman cut up her non-tznius clothing and said a tefillah to Hashem that just like I'm cutting up my clothing, so too you should cut up the gezeirus ra'ois from Klal Yisroel.

**WELCOME BACK!**

### "V'ameich - Kulom Tzaddikim!"

### Hashem Makes Non-Jew Be Nice To Yid

R' Dovid, a yungerman from Monsey, New York was in a taxi. The driver was a Muslim.



He tells R' Duvid "We are cousins, and I want to live with you in harmony and peace. The Jews are amazing! I love the Jews."

In other news, a Yiddishe woman fell

down the steps outside. A Non-Jewish taxi driver saw and came over to help her. He held her baby until she was able to get up.

### Thank You, Hashem!

### Man In England Trusts In Hashem

R' Avraham, a yungerman from England was having trouble with his light. Every time he put it on it would go off. He tried everything but it was not working. He pattered with the fuse but it still did not help. He then thought to himself, 'One minute, I think I'm the one putting on the light; it's really Hashem!' The next time he put it on, it worked perfectly!



### "V'yomer Elokim Yehi Ohr"

### Woman From Lakewood Thanks Hashem

On Sunday, Mrs. Steinberg from Lakewood, New Jersey went to the local Costco store to do some shopping.



When she got to the store, she noticed that the store was closing early because of the holiday. She had traveled 20 minutes to get there, but she nevertheless thanked Hashem and said, 'Hashem knows what's best for me. Everything He does is for my good.' She then went on to another store and there too the store was closing early because of the holiday. Again, she thanked Hashem and she said, 'Whatever Hashem does for me is for my good.' Later on, she got into two

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near accidents, and both times Hashem saved her! She thought to herself that this is the s'char for accepting Hashem's will with love.

**"Kol Ma D'oved Rachmana L'tav Ovid"**

.....

### Hashem Is Running A Perfect World

R' Avrumy Meyer from Lakewood, New Jersey bought parchment paper many months ago. It was a mistake; his wife had not asked him to buy it and she did not need it. Yesterday, Monday, Parshas Shemos, his wife was baking and she realized that she had run out of parchment paper. She really needed it at that moment. She

t h e n  
r e m e m b e r e d  
t h e  
p a r c h m e n t  
p a p e r  
t h a t h e r  
h u s -



band had bought many months before. Hashem had made him buy it months earlier so that she should have it when she needed it!

**"B'divrei Nifloasecha Osicha"**

.....

### Klal Yisroel Is Coming Home To Hashem

According to reports, there were two brothers who were not frum who were being held captive in Gaza.



They davened to Hashem that He should send them grape juice so that they could make Kiddush on Friday night. Friday night came and Hamas gave them grape juice!! They made Kiddush, and they said to themselves

that in this z'chus that they're making Kiddush, Hashem would bring them home the next week. And that week they were set out free!

**"V'shavta Ad Hashem E'lokecha"**

.....

### Moshiach Is On His Way

R' Naftuli woke up one morning looking all yellow and feeling very weak. He could not get out of bed. The doctors said that it looked like he would not make it. His time had come. Then R' Naftuli had a dream one night; his grandfather told him, "Don't give up – stick it out, hold on, Moshiach is almost here!"



He woke up feeling energized and with a tremendous boost. He felt much better! The doctors took tests, they figured out what the infection was and gave him the right medication.

**"V'af Al Pi Sheyismamaha, Im Kol Zeh Achaka Lo B'chol Yom Sheyoyoy"**

.....

### Yungerman Trusts In Hashem

R' Yehuda from England had a very large bill that he needed to pay. He had no idea how he was going to come up with the money. So he turned to Hashem and said, "Hashem, I'm giving you the bill!"



That very same day, he received a letter from the government offering him to sign up for a certain program that he never heard of before. He signed up. The day came when the big bill was due, and R' Yehuda opened up his mailbox. In it was a letter from the government. It had there a check from that program that covered the

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**LIVE A LIFE WITH BITACHON!**

entire bill plus much more!

### **"Ki Vayismach - Libeinu Ki - Bisheim Kodshoi - Botochnu"**

.....

#### **Miracle In Monsey**

Mrs. Schwartz from Monsey, New York had a daughter who had terrible eczema and asthma. She was not able to sleep at night and she was in and out of the hospital. They tried all different medications and even alternative medicine, but nothing worked. At the same time, Mrs. Schwartz had a baby, and the baby was covered in eczema.



They tried all different creams and medications, but nothing helped. She realized that Hashem wanted that the hishtadlus should not work. She went to the tzion of the Ribnitzer Rebbe and davened to Hashem. Ever since then, her daughter's asthma disappeared!! And her eczema has gone away! She barely needed to use medication. It's already a year now, and her daughter is almost completely healed! And at the same time, her baby's eczema went away. He now has beautiful, smooth skin!

### **"Boruch Rofei Cholim"**

.....

#### **Woman From Flatbush Davens To Hashem**

Rebbetzin's Trenk car was



got door-to-door service! For free!

### **"Baruch Shomeia Tefilla"**

.....

#### **Woman From New Jersey Trusts In Hashem**

Mrs. Green from Jackson, New Jersey was driving her car. The control screen of the car was malfunctioning. It was going on and off for a half hour. She said "Hashem, you're the only one in control. You're the Kol Yachol. You can make it work." And then, the screen started working! She could not believe her eyes!



### **"Baruch Hagever - Asher Yivtach B'Hashem"**

.....

#### **Hashem Is Running A Perfect World**

It was erev Shabbos, and R' Shmuel wanted to buy cake for his family. But he needed to do a mitzva to help a yid, and by the time he was finished, the store was already closed. He told his children, "Don't worry, we always read in the Spring Hill Times how Hashem is running a perfect world." They had a guest for Shabbos, and the guest bought them a platter of cake!



### **"Einei Chol Eilecha Yisabeiru, V'ata Nosein Lohem Es Ochlom B'eeto".**

at the mechanic. She lives in Flatbush and her work was in Boro Park. She needed to take the train. The problem was that it was too hard for her to carry all her books, and it was freezing outside. So she turned to Hashem and said, "It's too hard for me to get to work; only you can help me." A moment later, her friend called her up and said "Where do you need to go? I'll be happy to take you wherever you need!"

And with that, she

## **Ride the Train!**



You are speeding towards a most Fabulous destination!

It's going to be total bliss!

Just keep on loving Hashem and doing His Mitzvos!

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Editor's note: Many of these stories are from Av-Tishrei.

## TZITZIS ASSISTANCE



Eli Lowinger got a flat on the highway. He was waiting for four hours for someone to stop to help him. Then he decided to put his tzitzis on top of his shirt. Within five minutes, two cars stopped and both helped him out!

His wife told him, "Wow, I'm so impressed how you were so calm the whole time. Where does it come from?" He said it was because he is a talmid of R' Yehuda Mandel and from listening to a Life with Bitachon!

## HASHEM HELPS YID WITH PURE INTENTIONS

R' Berg\* tries to go to the mikvah every morning. One day, he was running late, and it was already past 9:45, which was when



the mikvah automatically locks its doors; it was a computerized system. In the past, he never was able to get in late. Now it was already 10 am, but he thought he would give it a try anyway.

He got there, and he saw someone had put a towel in the doorway so it should stay open! As he left the mikvah, he saw the door was closed. He saw how Hashem was looking out for him!

## HASHEM SPONSORS CAMP!

Due to specific circumstances, Mrs. Bronstein\* felt that it was an absolute necessity for her daughter to go to camp. She spoke to her husband about it, but he said they had no money for it, so their daughter would not be able to go.

Mrs. Bronstein called Rabbi Golombeck to ask how she should react. Rabbi Golombeck responded, "What this does have to do with your husband? Take your husband out of the picture, and put Hashem there instead!"

A couple of hours later, someone who knew about the situ-



ation said he would sponsor their daughter's camp!

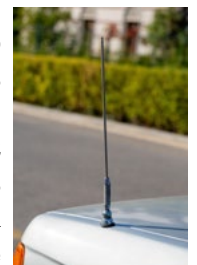
Klal Yisroel is an amazing nation!

## EVERYTHING HASHEM DOES IS FOR OUR BEST!



R' Kirsch\* from Lakewood used to be heavily involved in the news; he felt he needed to know what was going on so he could protect himself. News, politics, current events; it was like a religion. First thing in the morning, when he got into the car, he would turn on the news.

One morning, when he tried to turn on the news but it didn't work. He realized that the kids in his complex had been playing with the antenna and broke it.



At first, he wanted to go fix it. Then he thought, 'One second. Maybe Hashem is sending me a message that instead of listening to the news, I should listen to the Bitachon Hotline!'

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

From then on, he started listening to the hotline, and now he's so involved in it, his whole life turned around! He laughs at his challenges and problems, and goes around spreading emunah and bitachon.

Hashem sent those kids to break his car antenna to change his life forever!

## BITACHON BRINGS BRACHA

Mrs. Levi\* from Eretz Yisroel was trying to get her son into cheder. They said, "Sorry, we have no



room." She thought, 'I follow 'A Life with Bitachon.'

It's not up to them, it's up to Hashem! The next day she called back. The cheder said, "Sure, of course, no problem!"

## YIDDEN LOVE TO HELP EACH OTHER

R' Gross was in the beis medrash. He went to look for a sefer, but he couldn't find it on the shelf. He was looking back and forth. Someone asked him, "Can I help you? What are you looking for?" R' Gross named the sefer. The other man ran to get it and gave it to him! Klal Yisroel is an amazing nation!

## BITACHON BANISHES BEETLES

A camp director was giving a shiur to 300 girls before davening, and all of the sudden tons of bee-



tles came flying in. All of the girls were shrieking, and she couldn't continue.

The camp director said, "Let me teach you a lesson of Hakol Yachol! Who brought the beetles here? Hashem! And Hashem can bring them out."

Right then, they zigzagged and went right out the door! She saw 300 mouths open up! It was such a kavod shamayim! It's amazing how Hashem is making it so easy for us to see!

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## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
  - 2 Today's STORY of Bitachon
  - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
  - 4 This week's connection of Bitachon to the PARSHAH
  - 5 QUOTE from Sefer "Bitachon Weekly"
  - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
  - 7 Today's STORY how Bitachon helped someone through a Nisayon
  - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
  - 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

|                         |                    |                        |
|-------------------------|--------------------|------------------------|
| 1<br>15 sec. back       | 2<br>Pause         | 3<br>15 sec. forward   |
| 4<br>1 min. back        | 5<br>Raise volume  | 6<br>1 min. forward    |
| 7<br>3 min. back        | 8<br>Lower volume  | 9<br>3 min. forward    |
| *<br>Back to Prev. Menu | 0<br>Bookmark save | #<br>Bookmark Continue |

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Thank You Hashem for Noodles! Such a delicious meal to eat and so easy to prepare!



**5**  
Weekly



*Thank You's*

By: R' Simcha Elefant - Yerushalayim  
Ir Hakodesh

*L'zechus that people should feel loved by Hashem!*

Thank You Hashem for Mikvaos!  
We have them heated and indoors and we can go so easily!



Thank You Hashem for Z'manim Calendars! We can check all our zmanim so easily and all the calculations are already done for us!

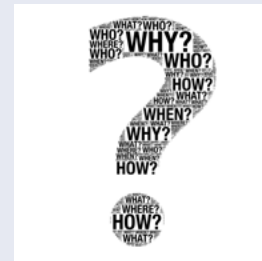
Thank You Hashem for Laptops!  
We can type up our chidushim and work on the go!



&

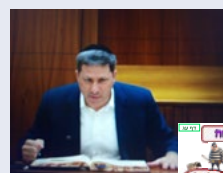


What in the world is Daf HaYomi??  
Are you in dreamland?  
Be happy if you had a shiur in Ein Yaakov or a mishnayis shiur in your shul...



**WANT TO LEARN DAF HAYOMI TOGETHER WITH HUNDRED OF THOUSANDS OF OTHER YIDDEN?**

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**Thank You, Hashem! We love You, Hashem!**

# Parsha Game

**Fun and an interactive way of learning Torah!**

## PARSHAS BO

*Q: Where in this week's Parshah do we find a connection with the pictures below?*

ANSWERS ON PAGE 37

1



2



### Parsha Delight Question of the Week

**פרשת בא תשפ"ד (5784)**

In the pasuk (10:24) it states that during the Makkah of חשך, Pharoah called for Moshe **Rabbeinu**. How did Pharoah call for Moshe **Rabbeinu**, if the Makkah was such that darkness was so thick that he and all the Mitzriyim could not move?

Please email your answer(s) to [parashadelight@shiurenjoyment.com](mailto:parashadelight@shiurenjoyment.com) and enter to win a \$5 Raffle

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Contact Michoel Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

LOVE TORAH    LIVE TORAH    LEARN TORAH

## CHEISHEK HATORAH

### Riddle #72 Parshas Bo

*I am sure that you would run, for an opportunity to eat Mann. It was sandwiched between layers of dew, and it was possible to be tasted even by a non-Jew.*

*Do you know know how?*

To hear the answer to the question, press x14 #73 on the Chaishek HaTorah Line 845-720-4040

*You can hear stories from the Spring Hill Times being read on the Chaishek HaTorah Hotline.*

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**Just Tell Hashem That You Are Sorry!**

**Stay Fit!**  
**DON'T FORGET**  
**YOUR DAILY EXERCISE!**



**Remind Yourself that Hashem Loves You to No End!**

**Patient**

Baruch Hashem, I have a stable income. But many times I'm worried that one day my business might fail and I'll lose my income. Or one day my expenses will be more and I won't be able to make ends meet... Please help!

**I'm prescribing two medications for you:**

1. The vulnerable feelings that you have are there to bring you closer to Hashem. All you need to do is to turn to Hashem! Don't rely on your business! Rely on Hashem! He is the One who controls everything! He is the One who took care of you until now!
  2. Hashem loves you to no end. Whatever situation you will ever find yourself in will be for your good! It's there to make you into a better a person. It's there to give you a better Olam Haba! You have nothing to be afraid of!
- Your job is to do the hishtadlus of making parnasah. The results are beyond your control. It's not your department; it's Hashem's department!

**MIND YOUR OWN BUSINESS!**

# Ayin Tova

Seeing the good in every situation



R' Nesanel Landesman

## CASE OF THE WEEK:

The sound that came from the washing machine was anything but music to Sara's ears. She realized that a major repair would be necessary. To add insult to injury, her three-year warranty expired just a few days earlier!

Help Sara have ayin tova for her situation.

You can send your suggestions for the AYIN TOVA CASE to:  
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## Shabbos Financial Inc.



Don't worry about spending money for Shabbos!

**It's all paid for!**

**100% guaranteed by Hashem!**



Suggestions for the case of Donny and his son who unearth their neighbor's car instead of their own from under the snow

- Donny could focus on the fact that the neighbor must have some special זכות, Donny was "chosen" by Hashem to be His שליח. Donny could take that as a compliment and realize that מגלגלין זכות על ידי זכאי
- At least they got some good exercise and a good laugh.
- They decided after it was cleaned, that they wouldn't let the neighbor know who cleaned the car, and that enhanced their mitzvah.
- Because the car was still buried, he called his boss, who said that the office had to close anyways because of the worsening conditions on the road. Donny stayed safe at home and enjoyed the day with his son.
- His neighbor was very grateful, and Donny felt good about what he did.
- His neighbor worked in the same area as him, so now his neighbor could

drive Donny to work.

- Donny could focus on the fact that he got to spend time with his son, working together with him, and hope-

FEELING down?  
 Look UP!  
**Bring Hashem into Your  
 life!**  
*It's the solution to every  
 Problem!*

## Blockage Solutions™

24 HOUR  
 SERVICE!



**Let the Bracha Flow!**  
 Take Yourself Out of the Picture.  
 Put Hashem there instead!

# SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

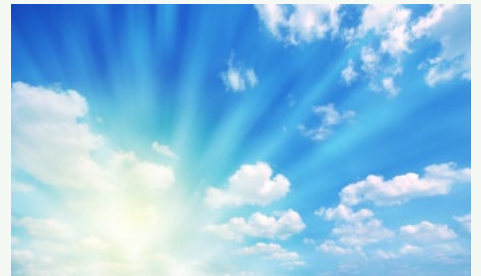
One...the Secret!



I have a secret. But don't worry, even if everyone knows, it will still be a secret. I am wearing sunshine on my feet. I know it sounds like I'm in a poetic mood or I feel like dancing, but I actually have sunshine on my feet. How so?

The sun is flooding the universe with light, and a thin band of that light is captured here on Earth by solar panels, in open fields that we call grass, and it's converted into chlorophyll. Along comes Elsie the cow, munch, munch, munch, and she makes it into milk for my grandchildren's Honey-Nut Cheerios.

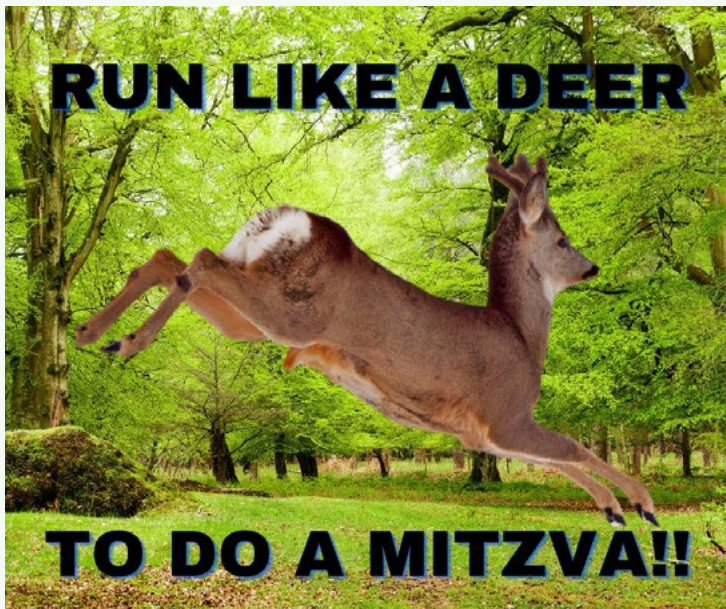
Later she's slaughtered, and she becomes meat, for the cholent that we eat on Shabbos, but the rest of her is sold to the Ecco—Ecco shoe company, and they make the shoes that I am wearing.



Sublimated energy: It looks like there's energy and matter, but everything is really energy.

It looks to the human eye that there's two worlds, Heaven and Earth; there's a spiritual world and there's a physical world. But the truth is, it's really one: Everything is Ruchniyus, everything is spiritual. And the secret of Shabbos, the Zohar says, Raza deShabbos Chad, is one. We realize that everything is Ruchniyus.

Good Shabbos!



## SUPREME FOUNTAINS™

Let the Bracha Flow!



Birchas HaMazon with a Geshmak Inc.

**Parashas Bo**

There is a famous picture that shows the great Tzadik Rav Elya Lopian feeding milk to a cat. The story behind this picture is that there was once a severe mice problem in his Yeshivah, Kfar Chassidim. These mice caused a lot of havoc and disturbed many of the talmidim. The Yeshivah was trying to figure out what to do, until some talmidim had the brilliant idea to bring a cat. In no time, the problem was solved!



The talmidim then wished to send the cat away since its job was done, but Rav Elya told them that they couldn't do that until the cat was shown hakaras hatov. After all, the mice caused a lot of harm and the cat stopped the problem. So Rav Elya, personally brought bought a plate of milk and bent down to give it to the cat. He then patiently made sure the cat ate it and was satiated. Niflah!

We see the importance of showing hakaras hatov to animals in our parashah, from the mitzvah of pidyon peter hamor, redeeming the firstborn donkeys. Chazal (Bechoros 5b) ask, why specifically were the donkeys singled out for this mitzvah. After all, there are so many other animals? Our Rabbis answer that the donkeys had a special merit in that they assisted klal Yisrael, carrying out their possessions out of Egypt. They carried these heavy loads on their backs, all the way through the desert. So out of gratitude to the donkeys, they were privileged to have this unique mitzvah, for all generations! We see the importance of showing hakaras hatov to animals.

When we stop and think to ourselves, we will realize that

really receive so much from animals that we can appreciate.

For example, animals provide many daily resources which sustain us constantly. Take a look at cows. First of all, they provide milk, such an important substance that so many of us enjoy regularly, from cereal to putting in our coffee. Not to mention cheese, a byproduct of milk, that we also use regularly

such as with noodles and pizza. Cows also provide meat, with such a variety of different cuts, adding to our oneg Shabbos as well as being rich in protein. They also provide leather footwear as well as belts. Not to mention, the precious mitzvah of Tefillin, both the straps and batim are made from leather. Cows are just one example, there are really so many animals that we benefit from on a daily basis. For example, chickens whom we receive eggs from and are so delicious to eat. What would Friday night be without chicken soup! We also, have sheep from whom we get wool for clothing and tzitzis etc. Let's try and appreciate the great benefits we gain from Hashem's incredible creations.



This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com

**Cheese Delight™**  
**Our Enemies are Nothing More Than Melted, Mushy Cream Cheese!**



**HASHEM IS IN CHARGE!**

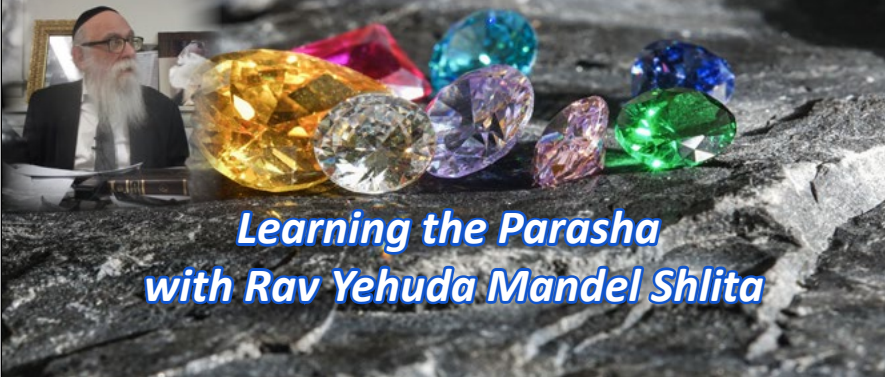
**Enjoy Your Gifts!**  
**Eat the lunch that Hashem packed up for you with love and care.**



**DON'T EAT SOMEONE ELSE'S LUNCH!!!**

Enjoy Your talents! Your strengths! Your feelings!  
 Your intelligence! Your family!

# Bitachon Gems



## Learning the Parasha with Rav Yehuda Mandel Shlita

### ייתן ד' את- חן העם

Reb Chatzkel ז"ל speaks about the fact that Hashem could change a situation in a second. Even the worst enemies can be your best friend.

Rashi brings that when the yidden asked for one gold item the Mitzri said, "I will give you two." They were super nice. Anti-Semitism was rampant in Mitzrayim and all of a sudden they turned around!

A person has to live his life every second and inch with Hashem. Keep Hashem involved in everything. Rabbeinu Yonah in Mishlei on the Passuk, בכל דרכיך, דעוהו, writes that even with the smallest of things one should involve Hashem. He says that it's wrong that only by big things people put Hashem in the picture and not by the smaller things.

Rabbi Miller ז"ל says that it's the biggest bracha in the world when you live according to this Passuk that every move you make you involve Hashem.

I know someone that deals with a difficult boss, and he starts every day before work saying to Hashem, "Please help me deal with my boss with the right seichel. Help

me do it right." From that day on, everything turned around entirely.

I know that people turned around their shalom bayis the same way. They are constantly davening to Hashem in every move they make, before they walk in the door of their home.

Don't wait for the big court case to turn to Hashem.

Now I know people that have a lot of success with this, they are constantly talking to Hashem. Before a seder of learning asking Hashem to help them learn good or before marrying off a kid. They are always involving Hashem. They ask Hashem to help them not get stressed out too. Everyone has to know themselves, how they should do it because you can't do it every time.

A big talmid of the Rashba (Migdal Oiz) writes that when you involve Hash-

em and throw yourself in his castle then you are zoche to all kinds of good things and protections.

### מקראי קודש

Rashi brings on this that to be מקדש the Yom Tov do it with eating, drinking and nice clothing. Now what kind of people are these Jews that they make the Yom Tov holy with eating and drinking?

We see that a Holy person is a person who lives a happy life, a healthy positive attitude, that's holiness! האדם לא נברא אלא להתענג, Hashem wants you to be happy and to always see the good, the main thing is to work on being happy and as long as you are trying, that's what counts.

Do not worry and focus on the negative.

I have a proof to this.

Chazal say that the malachim wanted the Torah and Hashem told them that they don't have middos raos to work on to get the Torah. We see that the Torah was given to eradicate anger and sadness and all bad middos that make one unhappy.

The Chazon Ish says that Dikduk Hamitzvos teaches patients and focus, when it's done in the right way. It makes one calm and happy, that's Holiness.

### שמלות- כסף וזהב

The Mitzrim gave the yidden שמלות כסף וזהב. Why are clothing being mentioned? Because clothing is the kavod

of the human being. The protection from the outside, his privacy, independence. He is isolated from the outside. He has his own honor, his own individuality. R' Shamshon Refael Hirsch ז"ל says such an idea.

Gold and silver are a luxury, but clothing is a necessity. The Egyptians were known for their beautiful silks, much

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## Bitachon Gems



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more than the Italian silks even today (I heard this from a taxi driver in New York).

The Mishna in Yuma says that the Kohein Gadol wore Egyptian silks on Yom Kippur in the Kodesh HaKadashim!

### Part II

It says by Yehuda וינצלו את מצרים מitzrayim, they emptied Mitzrayim from all its goodness, they took all the good it had. Mitzrayim wasn't a country with no good, they had בחירה to do good, but they were emptied. They took the kavod, the special Egyptian silks and Mitzrayim was left with nothing. I was מכוון to the Ben Ish Chai. He says that that's why we can't go back there because it's totally devoid from all its goodness.

It's a big yesod that there isn't only evil in a person, it just depends how they channel it. Even Mitzrayim had goodness and the yidden took it all. Every person has to know that they are full of goodness.

You have to be mechabed yourself and then things start rolling. The basic honor of a person is more important

than gold and silver. And fancy silk clothing represents that you hold of yourself even more. You have to hold of yourself.

Mitzrayim was known for gaava (chazal). There is a maalah to holding of yourself, because then you will produce more. The gaava is used for good. Chazal

say it's a mitzva to hold big of yourself בשבילי נברא העולם.

What are the Egyptian silks doing in the Kodesh HaKadashim? The Kohein Gadol wore it because having a gaava side to you is so important. Kavod is so important! People don't realize that recognizing your own greatness is the Kodesh HaKadashim of their lives!

### דבר נא- באזני העם

Hashem told Moshe Rabbeinu to tell the Yidden, as if it's a favor to Hashem, to show that He kept His word. Hashem is showing that He wants us to relate to Him as if chas vshalom He is a person, to talk things out to him as if he is real. To ask him as if He doesn't know your problem. (Reb Shimshon Pincus speaks about this.)

I once said about Leah, she was the first to say hodah. The Ayin Eliyahu says that thanking Hashem sounds like a bizayon, as if He needs our thanks. So she was the first to be michadesh that we indeed in fact can thank Hashem, even

though it looks like Hashem needs you.

We learn from יהודה ויגש אליו- יהודה how to daven to Hashem (Biur HaGra) because they only had Hashem in the picture, מה, זאת- עשה אללים לנו. Yehuda learned how to relate to Hashem from Leah.

It says by Yehuda קול יהודה שמע השם. Because Yehuda was very open with Hashem that's why it says יהודה אתה- יהודה it only says "you" by Yehuda. Because he knew how to relate to Hashem like you are talking to someone, mida kineged midah, he was zoche to that. Hashem wants us to talk to Him. A person has to make Hashem real in his life and you should daven for that. it's a different life.

### Part II

I just got a phone call. It was a bachur that wasn't connecting with the world. He was out of touch with the world. Now he didn't live near me, he spent hours of therapy and nothing worked. His father really wanted me to help him.

So I told him to call me back, and then I talked to Hashem from the bottom of my heart. I had an open, real conversation with Hashem. I do this all the time.

The father called me back a few days later and suddenly the boy changed. His mental issue started turning around. Hashem is the best therapist.

I say this to Hashem. I say: Hashem (k'vyachol) you graduated better colleges." And then I heard that he started teaching a class. That's what happens when you talk to Hashem.

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**The Crow of the Rooster**

Let's go back some time. In the Days of Old, in times bygone and mostly forgotten. In those ancient centuries and all their ongoing decades, people would arise each and every morning, to the rousing crowing sounds of roosters. At the crack of dawn, way before Alois Hashachar, the rooster senses the minute change of light and immediately sets off his natural alarm. Crowing, tooting, and heralding the news of a new, fresh, crispy and delicious wonderful day on Hashem's planet earth.

In those past times, as night fell, darkness reigned. With no street-lights, car-headlights, indoor lighting, or the all-a-round machinery noise, the hustle and bustle of life came to a stand-

still. People went to sleep at a pretty early hour in the night, besides for the masmidim in Toirah learning at the candle light. The darkness of night, sets off a message, and signals the need for Hashem's special sleeping chemical-Melatonin, to be secreted by an endocrine gland. Once that enters the blood stream, it makes you feel tired and ready to fall asleep. Back then, people actually fell asleep quite easily.



Then, after a geshmake recharging night of quiet deep sleep, one was quite ready in the early hours of the morning for the rooster call. It commenced a new day of Yidden's Avoi-



das Hashem. Going to Shul, Davening, eating breakfast with brochos and Birchas Hamazon, going to Yeshivah, learning Toirah, getting busy with doing as many Mitzvos they could manage to chap arein, or going off to work, with Emunah and Bitachon, to bring home parnassah for their families.



This continued on through their day, all with the same intent. Yidden were always trying to make the best of their lives, spiritually, physically, socially, and financially. They tried to do all that, happily and with a smile on their face, and with a "Be'ezer Hashem", and with a "Boruch Hashem!"

Chaza"l instituted a special Brocho to be said in the morning, to thank Hashem for the alarm clock that He set into His nature of the world that we live in.

For appreciation of the the Rooster Crowing "ka-aka-oo-oo!!" (better known as cock-a-doodle-do) we Yidden have the brocho Asher Nassan Lasechvi, (or Hanoisein Lasechvi ) Binah, L'havchin Bein Yoim U'vein Layla.

That was Hashem's, initially, specifically intended natural alarm clock. It was always available in one's own backyard, or in his neighbors' yard.

The rooster call ranges in noise volume depending on the exact subspecies type of the rooster. It goes from a 90 decibels call, to a 130 decibels call! That's amazingly loud but still healthy for our ears. The normal healthy sound range for hearing, that Hashem created people, is a hearing range of 0 decibel to 140 decibels. Look how exact that setting of the loudness of the rooster's crow was set by Hashem! Amazing!

Sechvi has two translations. Sechvi- the rooster, or Sechvi-the heart of man.

We thank Hashem, with Kavannah for both of those presents that He gave us. Nowadays however, the latter takes on much more meaning and feeling, since we awake to the feeling of our heartfelt- circadian alarm clock. We, with no more roosters in the backyard (for most of us) rely on Hashem's built in circadian alarm clock. These are electronic nerve messages, together with brain chemical messages, that are being sent from your brain to your body to wake-up. The body gets used to a pattern of up-time, and down-time. Niflaois Haboireh!

Boruch Hashem, we can also help

ourselves with the aid of all types of electric alarm clocks, with all types of ringtones, which Hashem has provided



us.

Major changes in our lives have come about. In these times of Hashem's good, and only well used modern technology, with all it's accompanied motor noise, and add to that the onset of a tremendous amount of artificial lighting, which is becoming more and more the norm to being used indoors and outdoors. By day and night, our circadian clocks' knowhow and feel of the difference between day and night, has greatly changed and diminished, but together with many benefits to mankind.

For us Yidden, it means much more potential hours of Davening, Toirah learning, and doing many more Mitzvois and Maasim Toivim deep into the middle of the night. It can almost feel like daytime! People sometimes actually take pills orally of Melatonin, to compensate for the missing chemical that's not being produced in the correct time, which Hashem created to be secreted into the body.

People are sleeping less, and as a result people need a little more help waking up in the morning, with all types of alarm clocks. Boruch Hashem for all of them!

There are loud disturbing tones, pleasant sounding ringtones, flashing lights, noisy flying saucers (until you catch them), money shredding alarm clocks (if you don't get up), and vibrating- disc alarm clocks, to put under your pillow, and buzz your pillow with vibrations. There's even a phone calling service which will keep on testing you with math questions to see if



you're fully awake!

Then you have the "Chashuva Chavrusah Phone call", which is the hardest to ignore, But. . . better yet, HASHEM'S CALL for your Avoidas Hashem! If you really take it to heart, THAT is impossible to ignore!!!

HASHEM WANTS MY AVOIDAH! How awesome and exciting! I should be jumping for joy! Why should I need an alarm clock?!

Hashgocho Pratis for A Vibrating Alarm Clock, Bingo!

One of my teenage sons was finally going back to Eretz Yisroel after being here with his Yeshiva friends for a few months, post Simchas Toirah 5784. He B"H was able "in the last minute", to book a flight together with a few of his Yehivah friends, and he was carefully, in the few days remaining, checking off his checklist to make sure he didn't forget anything.

Another teenage son of mine, who had stayed on in Eretz Yisroel over the Yomim Toivim, declined any offer, of bringing something or another for him. He only mentioned that, "I can use two vibrating alarm clocks, for me and my friend".

So after "Flying Brother" added that to his to-do list, in all the haste of planning, packing, weighing, and dealing with bundles of concerns, this one thing flew out of "Flying Son's" mind.

On the night, before the early morning flight, he finally realized at

11:00pm that he hadn't yet bought that special alarm clock for his younger brother!

I tried to find some electronics store, that would maybe still be open at that late hour. With all the pre-Chanukah sales going on I figured that we had a good chance for a legitimate try. The results were nada, zilch, and gurnisht. Hashem planned it differently.

I came home and told my "Flying Son" of my (non) findings. "Okay," he said, "my friend Avrumy is flying in a week from now. Let me ask him if he'll take it along, but . . . wait, I don't have his cellphone number! I'll call my friend Shloimie he'll surely have his number."

Shloimie picked up his ringing cellphone and upon hearing my son's request he said "Avrumy is sitting here with me, talk straight to him!"

Upon hearing my son's dilemma, Avrumy exclaimed, "Go to Bingo (a store with big discounts)! They're still open now, and I saw yesterday, that exact item there for sale, at a deep discount!"

My son couldn't believe it! Wow! Boruch Hashem! What Hashgocho Pratis! He zoomed over to Bingo, got those vibrating alarm clocks at a very cheap price, and took it along with him on the next morning's flight.

Those alarm clocks sing a song of Hashgocho Pratis every single day. They give my son the vibes of "Hashem loves you and plans everything for the best!"

P.S. In this day and age, I think that maybe the strangeness and unfamiliarity of a rooster at home, might really appeal to people as a real novelty to bring back the rooster, and have it serve as our alarm clock once again!



# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

## HASHEM KNOWS BEST

AS A BACHUR, Reb Binyamin Zev Deutsch, the principal of Yeshivas Ponovezh, lived in Hungary. One day, he and another forty-nine bachurim were summoned to sign up for the Hungarian army. Their parents put together a large sum of money to bribe a doctor to "find" illnesses in the fifty bachurim, so that they wouldn't be conscripted. The lion's share of the bribe came from Reb Binyamin Zev's parents and the parents of one other bachur, as they were the wealthy ones and could thus fund it.

The doctor's documents, attesting to each bachur's "illness," arrived on the morning they were ordered to present themselves to the army. However, the doctor only sent forty-eight documents, "accidentally" leaving out the letters for Reb Binyamin Zev and the other wealthy bachur.

As a result, these two boys had to flee Hungary as quickly as possible. Reb Binyamin Zev remembers not even having time



to say goodbye to his family as he promptly packed up, ran to the port, and escaped to Eretz Yisrael.

Reb Binyamin would later say that he considered that day "a dark day, a bad day." He was jealous of his friends who had been able to remain with their families while he, and his friend, had to escape like thieves. Furthermore, Reb Binyamin was in Eretz Yisrael, alone with no family, which was certainly very difficult for a young bachur.

However, soon after the war broke out, and only he and the other bachur (from the fifty) survived. Reb Binyamin married and had children and grandchildren, some of them famous Roshei Yeshiva.

This reminds us that even when something seems "bad," it is good in disguise. With time, b'ezras Hashem, we will understand how, but for the time being we must know and trust it.

## "I'M VERY HAPPY!"

R' Mordechai Schwab was the mashgiach in the Beis Shraga Yeshiva in Monsey. Every year on Chol Hamoed,



his close talmid, R' Zev Smith, would travel from Brooklyn to Monsey to pay a visit. The last year before he was niftar, R' Zev received a call from the

Schwab family, warning him to expect that his Rebbe wouldn't have the same appearance as always. "Recently, he's been very frail and weak, and we don't want you to be in for a shock."

He thanked them profoundly and hung up the phone, but he wasn't too concerned. "I know my rebbi," he thought, "and I'm not going to be surprised." Upon entering, though, he understood what they were talking about; his vibrant rebbi was frail, weak, and pale.

R' Schwab was very perceptive of his talmid's reaction and knew that he was in shock. He told him the following:

"I'm living b'simchah, happiness. I couldn't even go to shul on Yom Kippur, and yet I'm living happily. Who made me sick? Hashem. If Hashem made me sick, then that is His will, and I'm therefore overjoyed, content, and perfectly fine with it.

"Dovid Hamelech taught us: 'Chaim b'retzono,' and the meaning is that I'm living with Hashem's will, whatever Hashem has planned for me. Do you think that the reason I can't learn is because I decided so? No. It's the ratzon Hashem, and I, therefore, am not broken but rather happily accept the premeditation of Hashem."

What an incredible understanding of a gadol! This is what comes out  
Continued on  
after living a life next page

# Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

of doing the ratzon Hashem—being able to serve Hashem in every situation that faces us. (Heard from R' Paysach Krohn)

“DID YOU EVER ANALYZE A SCHOOL?”

R' Shach's son-in-law brings a mind-blowing story that illustrates this idea:

One of the main supporters of the town of Brisk lost all his wealth. He had been one of the town's philanthropists for a long time; at any time of need, whether it was an individu-

al in need or the tzibbur, he'd been there. The townspeople were therefore wondering why Hashem took away his money if he had been doing so much good with it.

R' Chaim Brisker conveyed an inspiring message: “Did you ever analyze a school? If you look, you'll see that at first schoolchildren study one subject, and then they review it until they excel

excellence in that.

”The same is true in life. Hashem puts people through different situations so they can excel in different areas. He puts people in one situation and then takes from it and places them in another one so they can excel in the next one as well. This is what happened to this wealthy man. He surpassed the challenge of wealth, and now Hashem brought him to a new subject—the chapter of ‘poverty.’ Hashem wants to see him excel in it too. It doesn't mean that Hashem was unhappy with what he was doing; rather He wanted him to serve Him through new circumstances, and that's the reason for the sudden variation.” (Shimusho shel Torah)

This equally applies to other circumstances that we are faced with. At times, we find ourselves being able to serve Hashem easier, and sometimes harder; sometimes it is a challenge with nachas, and sometimes it can be with friends. This time it's hard to serve Hashem because someone offended us, and the other time it's because we simply woke up late... All these are circumstances set up from Hashem so that we can serve Him under different conditions. He wants to see how we'll do in the new setting.

These situations come to bring out our best from all different angles and points.

They are placed there for our



in it, master it, and take a test. What happens from there on? They then start a new subject.

“Isn't this unfair?” questioned R' Chaim. “They just studied for the subject, and now they start anew as if they know nothing. Why is this so?”

“The answer is: They just showed their excellence in one area, and now it's time for them to master another one and show

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# Life is Wonderful!

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best interests, and not coming from a place of punishment...

## IT'S UP TO HASHEM!

Even if someone is encountering yisurim and he feels that they're setting limits to his potential growth, he must remember that Hashem can turn things around very quickly. Similar to the school, where each child goes from one subject to the next, we too have situations that constantly change. Reb Nissin Gaon related the following story:

A wealthy person also wanted to benefit from his wealth in the Next World, so he sought to help a poor man who had lost "all" hope. He spoke to several poor people, but they all had some hope. One said he has a wealthy uncle who sometimes sends him money; another said he performs small jobs here and there that provide him with a meager income. This, however, wasn't the type of tzedakah he sought. He wanted to help someone with no source of income and no hope at all—someone whom he would be saving his life.

Finally, the wealthy person found someone scrounging for food in the garbage. "He has certainly lost all hope," thought the wealthy man. "I will give him a lot of money." However, after speaking to him, he discovered that even that poor man hadn't lost hope.

"The Creator of heaven and

earth has supported me in the past," the pauper told him, "and I am certain He will continue to do so, as Dovid Hamelch says in Tehillim: 'From the garbage, Hashem elevates the poor.' I am now in the garbage, but Hashem can raise me to wealth and riches."

The wealthy man laughed at this poor man's wishful thinking, but realizing he wouldn't find the poor person he sought, he buried his money in a cemetery.

Years passed. The wealthy man lost all his money. One day, he remembered that he had once buried a bundle of money in the cemetery, so he

took a shovel and headed out to the cemetery.

The police caught him digging in the cemetery, a serious crime, and he was arrested. The court didn't believe his claim that he was searching for his own money, but the rule of the land was that he could appeal the court's decision and bring the case before the mayor, and that's what he did.

Upon hearing the story, the mayor said to him, "Don't you recognize me?! I was the poor person rummaging for food in the garbage. You told me there was no hope for me, and now you see that Hashem can do anything. He brought me to the highest level, from rags to riches. I am now the mayor of the city."

Perhaps he reached those high levels because he knew his poverty was from Hashem and believed that Hashem could change his destiny. As the Sifsei Tzaddik teaches us, when one knows that every situation is from Hashem, it is possible for the situation to change. (reprinted with permission from Mechon Be'er Haparshah, Torah Wellsprings, Lech Lecha, p. 6)



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## Tools in the Hands of the Creator

The Gemara (Yevamos 78b) discusses an incident described in the Navi. During the reign of Dovid Hamelech, Eretz Yisrael suffered from a crushing famine.

Dovid consulted with the Urim v'Tumim and was told that the famine was a punishment for the sin of his predecessor, Shaul Hamelech. Shaul had destroyed Nov, the city of the Kohanim, whose residents had supplied the Givonim, a group of insincere converts, with food and water. The destruction of Nov had been catastrophic for the Givonim, and Hashem inflicted a severe famine on the Jewish people to avenge that injustice. Dovid approached the Givonim to appease them, and the Givonim demanded that seven members of Shaul's family be handed over to be killed and their bodies left hanging for months. Dovid complied, and the famine stopped.

The Gemara questions Dovid's actions: Doesn't



the Torah prohibit leaving a dead body hanging even over the course of a single night? The Gemara answers, "It is preferable to uproot a letter in the Torah in order to bring about a public kiddush shem Shamayim."

This public act of vengeance for the Givonim's suffering broadcast a clear message to the entire world: The Jewish people concern themselves even with the welfare of the lowest classes of society. They avenge wrongs that were committed even against geirim gerurim — insincere converts! As a result of this kiddush Hashem, 150,000 non-Jews converted to Judaism.

But another glaring question can be raised about this episode. It was Shaul himself, not his sons, who was at fault for the Givonim's suffering. Shaul was the one who ordered the destruction of Nov; his sons had no part in the massacre. Why were the seven princes executed for a misdeed they did not commit?

Rav Dessler writes (Michtav Me'Eliyahu, vol. 2, p. 194) that it is possible for a child to be born whose entire purpose in the world is to be a "sacrifice" to Hashem, to bring a tremendous revelation of Hashem's honor through the loss of his own life. No human being, however, can know definitively when that is the purpose of a child's existence. Rav Dessler explains that this was the case regarding the sons of Shaul who were delivered to the Givonim to be killed. They were selected by Ruach HaKodesh, and it was Divinely decreed that their purpose was to serve as vehicles for the creation of a kiddush Hashem. Even though they themselves had not sinned, it was fitting for them to be put to death in order to bring about the kiddush Hashem of the Jewish people's demonstration of concern for geirim gerurim.

In Parashas Vayeira (22:1), Rashi quotes an exchange between Yitzchak Avinu and Yishmael before the Akeidah. Yishmael boasted that he was superior to Yitzchak since he had permitted himself to be circumcised at the age of thirteen, whereas Yitzchak was only eight days old at his milah and it was therefore not an act of conscious submission. Yitzchak responded, "You are boasting about your superiority regarding one part of the body.

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If Hashem would tell me to sacrifice myself before Him, I would not resist.”

On the surface, it seems that Yishmael’s argument was perfectly logical. Wouldn’t it make sense for a child to undergo milah at an age when he can accept the procedure consciously? That would seem to be a greater display of dedication to Hashem. Moreover, Yitzchak’s answer does not appear to resolve this issue.

The sefer *VeZos L’Yaakov* explains that the Akeidah itself was the answer to Yishmael’s claim. Yishmael maintained that the ideal form of *mesirus nefesh* is when a Jewish person consciously submits to suffering or even death for the sake of Hashem’s honor. According to his understanding, involuntary suffering does not contribute to *kiddush Hashem*. But Yitzchak’s role in the Akeidah was completely passive. The Akeidah demonstrated that the ultimate *kiddush Hashem* is for a Jew to serve as a tool of Hashem, so to speak, a medium through which *kiddush shem Shamayim* takes place. This is the lesson of *milah*, the mitzvah performed on an infant without his consent — that the role of a Jew is not only to actively create *kiddush Hashem* but also to be a vessel used by the Creator to bring about *kiddush Hashem*.

Throughout the generations, Jews not only have chosen to give up their own lives but have also surrendered the lives of their children rather than betray their religion. We can understand how an adult can surrender his own life; after all, the Torah commands us to be *mekadesh shem Shamayim*. But how can one surrender a child’s life? Children, after all, are not obligated in mitzvos!

Rambam writes (*Hilchos Yesodei HaTorah* 5:1), “The entire House of Israel is commanded to sanctify His great Name, as the pasuk says, ‘I shall be sanctified in the midst of Bnei Yisrael.’” *Emes L’Yaakov* (Parashas



Emor) infers from Rambam’s words, “the entire House of Israel,” that even children are subject to this mitzvah.

In light of what we have learned, the reason for this is abundantly clear. Children are generally not subject to mitzvos

because they cannot choose to perform them — but the mitzvah of *kiddush Hashem* is not a function of one’s choice. This mitzvah calls for every Jew to be a vehicle through which Hashem’s honor is upheld, and even a child can fulfill that role. Rambam’s *chiddush* is implicit in the wording of the pasuk itself. The Torah does not state, “You shall sanctify Me,” which would be the usual form of a command. Instead, it says, “I shall be sanctified,” (*Vayikra* 22:32) implying that the sanctification will take place regardless of whether the Jewish people choose to do so.

We can never fully understand Hashem’s calculations, nor can we ever fathom the purpose of suffering in this world. But anyone who plays a role in this process of *Kiddush Hashem*, whether by choice or by force, certainly will receive an eternal reward beyond our ability to comprehend.

In Review: While we can often bring about *kiddush Hashem* through the choices we make, there are many times when we become the vehicle for a *kiddush Hashem*, even without our choosing to play that role. Every Jewish baby boy who undergoes a *bris milah* brings about a *kiddush Hashem* in this way, and the same is true of a child who loses his life, *rachmana litzlan*, or a person who is killed simply because he is Jewish, without even being given a chance to save himself by renouncing his faith. If a person finds himself in such a situation, to whatever degree, and accepts the role he has been given, he will surely be richly rewarded.



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

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## Rabbi Yosef Moshe Mizrachi

We all know that working on Bitachon helps us feel relaxed and allows us to function properly. The question is, what about when we are faced with a challenge? Sometimes we are caught off guard and don't have the mindfulness to even think properly. How can we help ourselves in those times?

R' Mandel teaches that when Bitachon is a side project, another goal on a long list of Ruchnius accomplishments we'd like to achieve, then when we are faced with a real challenge it will be difficult to trust in Hashem. However if at these times we put all other goals on hold and concentrate all efforts on Bitachon alone, then even in the most trying times our Bitachon will have the power to resonate within us! This is the power of making Bitachon a main priority and not just a sideline project. Surely, all results are up to Hashem and our job is only to try to have Bitachon but this is a good idea of what to aim for when faced with a challenge.

Recently, I had several pressing errands to take care of and I felt very unsettled. It was not possible for me to

serve Hashem since I was so preoccupied. However as soon as I decided to focus all my attention to only one mitzvah, the mitzvah of trusting in Hashem, all of a sudden I started to relax knowing that Hashem is in charge and running a perfect world.

After my Bitachon was rekindled, I felt calmer and was ready to Daven, do all the errands and fulfill the will of Hashem!

**Shabbat Shalom U'mevorach!**



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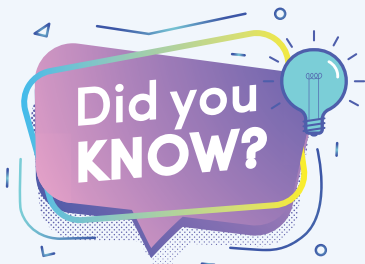
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**Yum! Yum! Yum!**  
**But nothing compared to what's waiting for you in the next world!**

**By: Rabbi Zevy Golombeck**

Did you know that the Mashgiach Rav Nosson Wachtfogel told my Rebbe that the mitzvah of teshuva has to be looked at as the most simple and easiest to do? It has to be looked at as so geshmak, like taking a shower after rolling in the mud! Everyone enjoys a shower, it's a geshmak experience!



Did you know that a shower calms a person down?

Teshuva should not be looked at as a hard or difficult thing. It is a very easy thing! How much teshuva do you have to do? It is according to every person's level and the generation's level. Therefore, Rav Nosson Wachtfogel said that for our level, teshuva means that you say you are sorry, that you feel bad, and that you'll try not to do it again. You are then snow white clean!

If you live with this mindset and chap that teshuva is so easy, then you'll just say, "I'm sorry Hashem. I feel bad." In three seconds, you'll feel clean!

This will motivate you to always have a healthy relationship with Hashem and you'll think that you are a tzaddik! You should always walk around thinking that you are a tzaddik. The more you hold of yourself and the more you appreciate yourself, that will bring out the best in you!

The Rishonim say that it's a passuk, "ki imcha haselicha l'maan tivarei." Hashem made selicha, that He is mochel us, so that we should want to connect with him and want to do good. Every person is mechuyav to walk around feeling snow white clean, thinking that they are gevaldik and amazing. If you did something wrong, "I feel bad; I'll try to be better." Boom: snow white clean! That is the attitude toward teshuva. That will bring out your full potential and give you a happier and healthier connection to Hashem

. Everything in Yiddishkeit has to be positive, easy, geshmak and freilich!

## Gold Mines

*Based on the teachings of Rav Yehudah Mandel*

**By: R' Baruch Rosenstock**

When you have bitachon in Hashem and are thinking that everything will turn out good, you get a mitzvah.



Bitachon can bring nissim, but whether you get your yeshuah or not, you're happy because of the mitzvah you got for working on Bitachon.

R' Mandel says working on bitachon should be done in a relaxed and enjoyable way. Go the opposite, just like you find people getting nervous irrationally and worrying for no reason. Hope for the good irrationally and have bitachon for no reason.

A desperate and impatient approach may not be beneficial, it can boomerang and slow the process. את השעה הדוחק את השעה השעה דוחקו.

In some situations it would be much better if you throw up your hands and say, "Borei oilam, You're in charge, not me."

You may be much happier and calmer when you let Hashem run his world.

And at the same time, you can cause the yeshua by truly accepting your yesurim.

# MAZEL TOV!

**Mazal Tov to R Yeshaya Kreines and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Shalom**

**Yitzchok!**



This column is part of the "ASHER TO THE YATZAR" initiative, and is written as a *zechus* for a *refuah sheleimah* for my daughter (Esther bas Sara Miriam) a young mother who is undergoing treatment for the *machalah*, and for R' Yossi Hecht (Yosef Chaim ben Devorah Leah), founder of [ashertotheyatzar.com](http://ashertotheyatzar.com). (Please take a moment to say a *perek Tehillim* for them.) If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com).

**Stories That Inspire**

**A New Understanding**

Recently, a *chashuvah* Yid named R' Isaac Zev Moskowitz told me that this column has really helped him recite Asher Yatzar with more *kavanah*. Then he told me that he would like to share the following with all the readers:

"In Asher Yatzar we say 'it would be impossible to survive **and to stand before You.**' Recently, I experienced two health issues which helped me say these words with tremendous feeling. The first was that I had some kidney stones, and the pain from the blockage was so unbearable that I literally could not stand. People say that it is worse than the pain of childbirth, and once I felt this pain, I understood what they meant. The second was that I had a few bouts of a certain type of vertigo. This means that I would suddenly feel so dizzy that I would need to grab onto a bookcase so that I wouldn't fall down. Hashem put inside our ears miniscule crystals which help us keep our balance at all times, no matter what position our body is in. If they get dislodged, we can lose all feelings of stability. These two experiences have definitely changed the way I say these words, as I understand that without Hashem's ongoing kindness, we literally would not be able to stand!"

\*\*\*\*\*

**Question and Answer Section**

Question of the Month:

What other *nusach tefillah* (which is not usually said) is similar to Asher Yatzar? (Hint – it is found in Hilchos Tefillah.)

Email your answers to [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com) to enter a raffle to win our Asher Yatzar book, delivered to your home for free!

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Answer to Last Month's question:

Question: Even though we recite Asher Yatzar several times daily, the *Poskim* compare it to a certain brachah that is recited on rare occasions. Which brachah is that?

Answer: In the (אור לד) שו"ת מן השמים it says that Asher Yatzar is similar to the beracha of *hagomel*. The reason is that one of the four people who must say הגומל is a חולה who is healed – and there is no one more sick than a person who needs to expel wastes from his body!

To make this more real to ourselves, let us imagine a person who was very sick and needed to undergo long and hard treatments. When he is finally given a clear slate of health, he goes to shul, and surrounded by his family and friends, he says "*hagomel!*" with tears of joy streaming down his cheeks! Let us try to feel some sort of feelings along those lines before we recite Asher Yatzar!

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Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



# BITACHON POWER!

BY: Rabbi Chayim Tzvi Blau  
This week's Topic: "GREATEST POWER 2!"



## The Quote – The Lesson – The Story

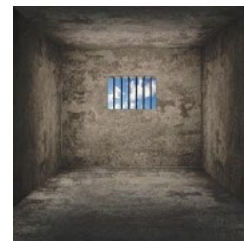
A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

**The Quote:** " A person must believe that the בורא ית' שמו knows everything and nothing is hidden from Him and he knows what is a good for a person and what is bad for a person. שכל tells you that He knows what we need and what is good or bad for us. How does שכל tell us so? Just like one understands that the one who invented the light bulb probably would know the most about it from anyone else, and he would know what is good for it and what is bad for it, so too, since Hashem is our Creator, who can possibly know more about us than He?"

**The Lesson:** WHAT MAKES THIS SO INCREDIBLE AND AMAZING is if we would invent something, we would know that no one knows about what we invented more than us. If so, the Chovos Halevavos is teaching us that we can feel so calm and relaxed knowing that Hashem our "INVENTOR" knows what is the best for us in our life!

**The Story:** There is a pretty well-known story that happened with Reb Zusha and his brother. They were imprisoned. In the cell that they were assigned to, there was a waste pail with a very foul odor emitting from it. One brother noticed that the other brother was crying, and he asked him why. He explained that he really wanted to learn and say brachos, but the terrible odor was preventing him from doing so, and he was so pained by the fact that he couldn't do mitzvos. His brother comforted him said, "My dear brother, exactly the opposite is true. We are of the few who can keep the mitzvah of not doing specific mitzvos when there is a foul odor! Let us dance!"

So, the two brothers began to dance around like simchas Torah holding the pail high. The goyish inmates looked on in wonder at their bizarre jail mates, having nothing to lose they joined in to the lively dancing. The anti-Semitic guard heard excitement in the room and marched in, he was faced by a bizarre sight, the entire cell was dancing around a smelly waste pail! He was infuriated and said, "A smelly bin is making you happy? I will have them clean it like new!!!" And so he did.



The brothers looked at each other in amazement since now they were free to learn and do mitzvos as they pleased.

Our avodas Hashem is exactly according to the situation that Hashem put us in. Hashem also wants us to take our children and dance with them and tell them how much Hashem loves us. Hashem does not want us walking around down and depressed.

Baruch Hashem we are allowed to learn and daven! But what we can learn from R' Zusha and his brother is to understand to be happy in every situation of Avodas Hashem as a servant who is loyal to his master no matter what and no matter when!

**Parshas Bo**

*With an Outstretched Arm and a Strong Hand*

*By Mrs. S. Mordechai*

*Hashem's plan to introduce Himself to the world like clockwork did advance. He punished Pharaoh and the Mitzriim as they squandered chance after chance.*

*Pharaoh's servants started to balk How long will you keep the Jewish people here? At what cost? Can't you see you must let them serve their G-d?*

*Can't you see Egypt is already lost?*

*Moshe and Aharon warned Pharaoh if he did not submit to Hashem's will, locusts would soon storm their way through Egypt and eat their fill.*

*Pharaoh snapped at Moshe and Aharon "On your faces, I see devious intent you only need men to serve Everyone else must stay. That's all I'm sending out; that's all you deserve."*

*Then Hashem commanded Moshe: "Stretch out your hand. Locusts shall now devour every bit of vegetation across the entire land."*

*Suddenly the sky was saturated with a thick swarthy cloud. Trees and terrain were enveloped from bottom to top. Locusts decimated whatever was left of Egypt's entire edible crop.*

*Pharaoh was worried the insects would*



*munch shoots down to the roots all the way so he asked for mechila to halt their feast and begged Moshe and Aharon to pray.*

*The second Pharaoh started to repent, Hashem "exhaled" the locusts on the west wind to the east hurling the chomping mass into the Yam Suf and the eighth plague ceased.*

*As soon as every last ravenous bug was gone Pharaoh reverted to his same pitiful song. He reneged on his promise forgetting that he had already admitted he was wrong.*

*Hashem strengthened Pharaoh's resolve now that Egypt was completely stripped of it's greenery. He commanded Moshe to stretch his hand to the heavens and the deepest dark imaginable became for the Mitzriim the only scenery.*

*The Makka of Choshech started like a blindfold on every Egyptian. After three days they were also unable to budge; so thick was the pitch dense gloom, while the Yidden walked freely around the very same brightly lit room.*

*Hashem had promised Avraham Avinu that his descendents would leave galus with wealth so B'nai Israel entered their neighbor's homes during the darkness to locate, but not steal even one item, in stealth.*

*Obviously, Pharaoh's repentance wasn't sincere.*

*It seemed he would never learn. His new offer was that his slaves and families could serve their G-d. However, their livestock must remain in Egypt to insure they would return.*

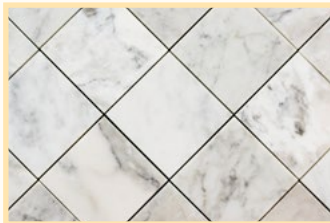
*"Even you, King Pharaoh, will contribute sacrifices. We will take every one of our animals to the last hoof," Moshe predicted in a voice that was firm with no doubt. Then Pharaoh threatened Moshe, pointed to the door, and demanded that Moshe get out.*

*Despite the brazen depravity, Hashem descended to Pharaoh's palace to inform Moshe of the tenth and final plague, which would bring King Pharaoh to his knees. Pharaoh would beg Moshe to take B'nai Yisrael out of Egypt rushing as if he was chased by a hive of bees.*

*"Chatzos Laila," Hashem revealed, "I will personally go out into Mitzrayim and every Egyptian firstborn I will smite, as well the Mitzriim who applauded B'nai Yisrael's enslavement. There will not be one left by the end of that night."*

*"From the firstborn of Pharaoh who sits on his throne to the maidservant who sits behind the millstone."*

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*"Midah Kneged Midah for my beloved sons, whom they, without conscience, drowned. Now the Mitzriim will cry out as never before while Yidden enjoy menuchas hanefesh and will not even be bothered by the bark of a hound."*

*Commanded to roast a Korbon Pesach, B'nai Yisrael led the prospective offerings past peering Egyptian eyes: male goats and sheep. The Mitzriim were horrified to see their idols bound to bedposts, but Chasdei Hashem, they could not complain even a peep.*

*B'nai Yisrael dipped twigs of hyssop in blood from their Korbanos and placed drops on their doorposts and lintels. Now each lintel became a mizbayach hamashkof: a sign that Hashem's Chosen had denounced avodah zara and accepted the ole Malchus Shomayim Ad Ayn Sof.*

*The sacrificial lambs and kids would be eaten at the first Pesach sederim in history. From Shabbos HaGadol they had been watched and checked for any moom. When Hashem carried out the final makka on the Mitzriim, He lovingly kissed each of His Children as he passed over their room.*

*At midnight on the 15th of Nissan, as promised, the firstborn of mothers and fathers; men, women, and animals Hashem personally smote and struck. Firstborns perished next to cherished idols that failed to protect them. There was complete havoc and mayhem. The whole kingdom had run amuck.*

*Wooden idols rotted. Metal idols melted. The Egyptian's statues along with their way of life and world view disintegrated and came tumbling down.*

*It was obvious to all Who is Adon Olam and Who wears the Royal Heavenly Crown.*

*Meanwhile, Klal Yisrael relished the mitzvahs of Korbon Pesach, unleavened bread, and bitter herbs. In those first Sedarim, they sang praises to Hashem, but not Ma Nishtana nor Chad Gadya as we do when we relive the nissim and niflaos of Yetzias Mizrayim, every year with a Haggadah.*

*Aharon, Moshe, and family were also immersed in their first Pesach Seder. Although the Kos of Eliyahu Hanavi they did not pour their ritual meal was suddenly interrupted by an intruder banging loudly on their door.*

*"Who is there?" Moshe asked. Having raced through the streets, the groveling King shouted: "Please take your people out of Egypt at once!! It's me your friend Pharoh." "I'm sorry, I can't come out," Moshe said, "Hashem commanded us to stay inside until tomorrow."*

*"Quickly, take your Men AND families AND animals and go!" the formerly haughty ruler sobbed in fright. "I mean it this time. I promise!" Moshe calmly responded: "Should we leave like thieves in the night?"*

*Pharoh shrieked: "I don't want to die. I'll give you animals. I'll give you servants. What can I do to end this plague? What can I say? "Announce loudly that my people are no longer your slaves," Moshe insisted "they are free, from this instant, right away!"*

*Pharoh raised his quivering voice and, with a neis, was heard by both Jew and Egyptian, everywhere. "This is Pharoh. The Jews are hereby free! You can serve Hashem instead of me! Emanating from their homes, the sublime sound of Yidden singing Hallel permeated the air.*

*The whole world would now recognize the One True Living G-d who brought to the brink Pharoh's recalcitrant heart. With the end of slavery, B'nai Yisrael's life as Hashem's Chosen Nation would boldly start.*

*By the light of dawn, the foundation of the decrepit Egyptian society was pulled out as*

*if a rug from under their shoes. For now, even King Pharoh realized Who controls heaven and earth: the G-d of the Jews.*

*For two hundred and ten years, the Children of Israel had under horrendous conditions slaved. Now, as Hashem requested, they asked the Egyptians for their garments and riches. No amount was enough, but think of the money on wages and overtime the Mitzriim had saved.*

*Since B'nai Yisrael had located the valuables during the plague of choshech, the Mitzriim realized resisting wasn't worth the trouble. After hemming and hawing a bit, they complied saying: "Just go already" and, whatever the Yidden asked for, the Egyptians offered double.*

*The Children of Israel would no longer be Pharoh's slaves. We were free to serve Hashem with common goals in achva, b'yachad, as one. Hashem called His newly born nation: Kahal-Adas Yisrael Hashem's B'chor, Hashem's first son.*

*Chodesh Nissan would be the first month to commemorate when B'nai Yaakov proudly became Hashem's Am. Chodesh Aviv, when our Father took us out of the house of bondage and our first galus we were able to leave.*

*After Yetzias Mizrayim, Hashem's Nation would endure three more exiles and Pharoh would not be the last wicked villain. Our Father redeemed us with an outstretched arm and a strong hand. To remind us of His love every day, He gave our men the mitzva to don Tfillin.*

*We'll be a blessing.  
We'll be blessed.  
We'll be a great nation.  
A light to the rest.*

*To Be Continued ....*

*With tremendous gratitude to Hashem, Who always keeps His promises and reminds us, His Children, of His love everyday and Hakaras Hatov to R. Yitzchok I. Kaufman (The Spring Hill Times); R. Zev Golombeck (The Bitachon Hotline); R. David Ashear Living Emuna Lesson. Daily Chizuk 17 Kislev 5784 - lesson 1865 'Hold On Tight.' Artscroll Chumash (Shottenstein Edition: Parashas Bo: text and commentaries); Artscroll Siddur (Shottenstein Editions Week-day: Text and commentaries); R. Moshe Weissman (The Midrash Says: The Book of Shemos); R. Shmuel Yerushalmi; Translated and Adapted by Dr. Zvi Faier (The Torah Anthology: Yalkut Me'Am Lo'ez- The Book of Shir HaShirim); and EK, LJ, RM, DD, RS, AG, and AU.*

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A GLIMPSE INTO THE PAST





# A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness

We mentioned that speech enables us to assess other people's character. This helps us figure out who we want to make a close keshet with and who not. This is important to help us pick our acquaintances, friends, chavrusas, business partners and spouses.

There is another similar benefit we receive from speech. In every crowd and group, there are people who are a step or two ahead of their peers. They have an advantage over others which makes them a leader, someone to watch and try to emulate or copy. These people might be a step ahead in their Yiras Shamayim, their Avodas Hashem, or their overall knowledge and practical experience. It's worthwhile to observe and learn from those who are ahead of us. If we would learn from those who are a step behind us, then this would have a detrimental effect on us and it would set back our progress.

The knowledge of whom we should look up to, we receive from speech. It's easy to discern who has knowledge and experience to offer, after you hear them speak. Often, one conversation suffices to do the job.

If we would have to figure this out from observing other people's actions, it would be a harder and longer process - which would also end up being more vague. This benefit is true in every area, but it carries special importance for us, from Yidden. We, as Ovdei Hashem, must know who to follow in our Avodas Hashem - who

should serve as our role models.

We spoke in the past how speech enables us to give over and receive emotion. This is an important point and I would like to elaborate on it. The manner and the way we speak dramatically effects the message we want to deliver.

HaKadosh Baruch Hu gave us the ability to speak very loudly or very



quietly - and anywhere in between. This is a special present Hashem gave us.

When we meet a baal simcha, we don't whisper "Mazal Tov"; we also don't say it in a regular voice - it's usually said louder than usual. This is a way to express happiness.

On the flip side, if someone enters a bais ha'avel and he calls out, "sorry to hear the news" in a loud voice, this would be insensitive and improper. When people say over something secretive, they often whisper. This is not necessarily because they don't want others to hear; often

**Answers for the Parsha Game page 16**

**Shoes:** Hashem told the Yidden to be ready with their shoes on their feet.

**Donkey:** Mitzvas Pidyon Peter Chamor.

there is no one within earshot. But part of giving over the message that this private, comes from a low tone with which the message is given over.

Hakadosh Baruch Hu also gave us the ability to adjust the speed we speak in. We can talk quickly or we can talk slowly. This too reveals to the listener what's going on inside the speaker. For example, people who are excited tend to speak quickly - occasionally too quickly, and they stumble over their words, to the point that sometimes you can't understand what their trying to say. But you clearly understand that they're excited about something.

On the other hand, people who are deliberating and thinking while they are speaking, speak slowly. Their choice of words are more precise and deserve more attention.

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# The Universe

## A Divine Masterpiece

Perfection - Precision - Brilliance - Kindness - Power - Ingenuity - Dominance - Foreknowledge - Goodness -

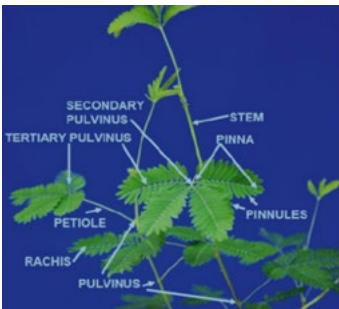
### The Touch Me Not Plant: *Mimosa pudica*

*Mimosa pudica* (touch-me-not plant) is well known for its rapid, VERY rapid, plant leaf movement. It doesn't just move; the leaf completely collapses. This plant is extremely sensitive. Basically, when the leaf is touched by either a human or an animal, or an insect, and even by heavy winds, (or extreme heat, and even rain) it will quickly fold up its leaves and become parallel with its stem. (At night it always closes up its leaves.) In other words, the leaves end up looking as if it is lying on its stem. See the pictures. Quickly, usually means literally at the exact time the leaves are touched. At least that's the way it looks to the human eye.

The opening and closing of the plants leaflets, are controlled by fluid-filled sac-like structures found all over the plant that are called pulvinus.

Firstly, on the actual leaf, there's a bunch of pairs of smaller leaves (called pinna) that are themselves growing out of the leaves own center stem, which is called the Tertiary Pulvinus – see the picture.

Then there's the secondary pulvinus which is at the base/bottom of a bunch of leaves that grow out of it. See the picture.



Then there's the main pulvinus which is from where a number of secondary pulvinus grow out of.

Now, we must understand that there's going to be three things that happen. Firstly, there needs to be the mechanism that picks up the stimulus, which in this case is the movement of the plant through either touch or by the other methods described above. Then there's the transfer of these electro signals to the nearest pulvinus. Once it reaches the pulvinus, something happens that causes the leaves to collapse closed. That's what happens in a nutshell. Please note that these stimuli can trigger the closing of the leaves nearest to the stimuli, from anywhere on the plant.

So, what happens? Altogether, there's what's called bio-electro-chemical mechanisms that are taking place in the plant. When

ANY part of the plant is touched, electrical signals are sent out by the cells that were touched. I could not find any information about these electric signals since they all say that they aren't sure how it works. What receptors there are on the plant that react to touch, they don't know. Nevertheless, when the signal "somehow" does get to the pulvinus, here's what happens. The plant cells in the 'pulvinus' respond to this signal by quickly



releasing potassium and water that are in them. You see, what normally holds the leaves open, spread out horizontally, and stiff, is water captured in the small cells found all over the leaves. This is called Turgor pressure. The cells are like small boxes, or

**Good Morning!!!**

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balloons filled with water. When the cells are filled with water, that's called Turgor pressure. If the water is let out, then the balloon collapses.

So, with the massive loss of water, the pulvinus bends over and the leaflets collapse. If the stimulus (like the touching of the leavers) stops, then after about 10-20 minutes the leaves will slowly but surely reopen. It's like filling up the balloon again with water. Slowly it expands and then stays open. If you were to see this in action you would see just how quickly it works. Very Quick! It's truly amazing how quick the mechanism works!

If you touch the secondary pulvinus, all the leaves attached to it will collapse shut. If you touch the main pulvinus, everything attached to it will fold up! Then, there can result in a cascading result of many, many other leaves folding up, due to collisions with one another. These are all safety features to protect the plant as much as possible.

The reasons why Hashem made the leaves fold could be many, but the MAIN reason by far is so that WE have the opportunity to see His wonders and get into our awareness, the greatness of Hashem! In general, the folding of the leaves helps for a number of things. Firstly, the quick folding up can actually scare an animal away. Then, once folded up, it is obviously very difficult to get to the leaves. In addition, it could help against insect infestation since it will fold up from insect stimuli which would help dislodge the insect from the leaf as it folds. Also, with the leaves folded it exposes the many thorns that it has on its stems, which also keep animals away.

But here's what truly amazing! Researches have done experiments and they have shown that the plant can "learn" to ignore repetitive, unharmed stimuli!!

One scientist, designed an experiment to test whether or not the mimosa plant could become accustomed to a stimulus that over time showed to be harmless and stop reacting to that harmless stimulus.

In the experiment, with a special machine, she dropped the plant from a height that would not cause the mimosa plant any damage, again and again, at five second intervals, 60 times. Initially all the leaves folded up from the impact, since the plant is extremely sensitive. She noticed however, that over time, parts of the plant stopped folding its leaves upon impact. Her results were that after a certain amount of drops the plants completely stopped reacting to the impact.

However, some people suggested that maybe the plants mechanism were just too wiped out, too "used up" to open up any more.

So, using new plants, she redid the first part of the experiment, where they stopped closing after so many drops, and then she changed the method of stimulus to start shaking them, and they immediately started to close up fully.

This showed that the Mimosa plants "learned" about their environment and they responded to harmful and what they determined to be harmless stimuli in different ways. She repeated



the dropping experiment every week for 28 days and the plants "remembered" that the drop was harmless and did not react to that stimulus anymore at all.

This is mamash mindboggling!

No accident could "remember" and "learn" to "ignore" a particular stimulus. This shows a certain amount of understanding in this brainless plant!! Hashem put into the plant a way to avoid "over working" when not needed, and somehow it is able to ignore what became "known" to it as familiar, unharmed stimulus!

Scientists are at a complete loss in being able to explain this miracle.

Every part of this plant shows tremendous Chochmas Hashem!!

*The author can be reached at [emunahexplained@gmail.com](mailto:emunahexplained@gmail.com)*

# THE MIRACLES INSIDE YOUR SLICE OF BREAD

By: Mordechai Solomon

Recap: The many miracles that's in your slice of bread.

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.
2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.
3. Soil is only found on earth.
4. Soil is the perfect environment for the seed to grow.
5. The soil is a natural habitat for ants to live in and also for the inchworm.
6. The ant is an amazing creature that constantly is making holes in the ground. It tills the ground because Hashem put into its nature to constantly look for food.
7. The Inchworm bores bigger holes in the ground which is also a form of tilling the ground.
8. Vegetation grows in the ground.
9. The soil also produces all different types of vegetation.
10. This so happens to be the perfect food for the Inchworm.
11. After it eats, the food goes through an amazingly complicated digestive system.
12. The Inchworm's body produces waste.
13. The waste is very good fertilizer for the soil to help the growth of the wheat.
14. When the worm dies, it de-

composes and is good fertilizer for the plants. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants. The seed reacts with the water to start to decompose. This enables that the water should continue to make the seed rot. Water is made of two gases. The soil is a cool atmosphere. Soil is porous allowing it to absorb water which is a necessity for the seed. This causes the seed to decompose when you put the seed in the earth. No matter how the seed is placed in the soil, the root goes down. The stem goes up no matter how it is placed. The plant survives on rainwater. The ocean is full of salt water which cleanses the water from impurities. The sun shines on the water. The sun is millions of miles away and yet it has an effect on earth. If the sun would be too close it would burn the earth. If the sun would be too far, the world would freeze. The sun is a ball of gases. The sun constantly gives off heat by chemical reactions. The molecular structure



33. The water turns into water vapor.
34. Water vapor is lighter than air so it rises.
35. The sun sets in order to let the earth have a rest and certain insects work at night.
36. The earth spins in a cycle which causes the sun to set.
37. It is in constant motion never stopping.
38. Everything in the world is stationary and the movement not felt.
39. The moon an orb in the sky. It has a certain cycle.
40. It reflects the sunlight.
41. It has an effect on the moisture of earth which is necessary for growth.
42. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.
43. The sun has a force on the earth.
44. This causes all different seasons and climates.
45. During the cold season the earth stops producing as much giving a rest to the earth.
46. There are many dust particles in the air.
47. When the water rises, it leaves over all the salt and dirt from the ocean.

The water combines with the dust particles. It starts to accumulate into a cloud. Cold air sinks. Hot air rises. The difference causes air current. The wind blows inland. The Clouds move inland. The cloud gets heavy with water. The cloud releases the water. Gravity brings down the water to the earth. There is a negative cloud. There is a positive cloud. When they rub together they make lightning. Lightning travels to the ground. The lightning has tremendous heat. The air has in it a gas called nitrogen. The lightning makes a chemical reaction with the nitrogen making nitrates. The nitrates are a very good fertilizer to help the growth of the plants. The stem starts to push itself out of the soil. The sunlight has energy. The plants know how to absorb the energy. The plant turns green called photosynthesis. As the plant grows the roots also grow in order that

the plant shouldn't fall down.

72. The roots absorb the water.
73. The roots send water to the whole plant.
74. The roots send water to the whole plant.
75. The leaves send energy to the whole plant.
76. Carbon dioxide is made up of two different elements.
77. The leaves absorb the CO<sub>2</sub>.
78. The leaves give off oxygen as a byproduct. When all the CO<sub>2</sub> in the vicinity of the plant gets used, how does it get more?
79. There is a constant production of CO<sub>2</sub> because animals breathe out CO<sub>2</sub>.
80. When they breathe in oxygen, the by-product is CO<sub>2</sub>.
81. The rains come only certain times during the year.
82. These times are beneficial and are the exact time the plants need water.
83. The amount is not too much to drench them.
84. It doesn't come too forcefully.
85. It doesn't come too little for the plants.
86. Sometimes it comes like small needles to penetrate the ground.
87. It doesn't keep on pouring which would also drown the plants.

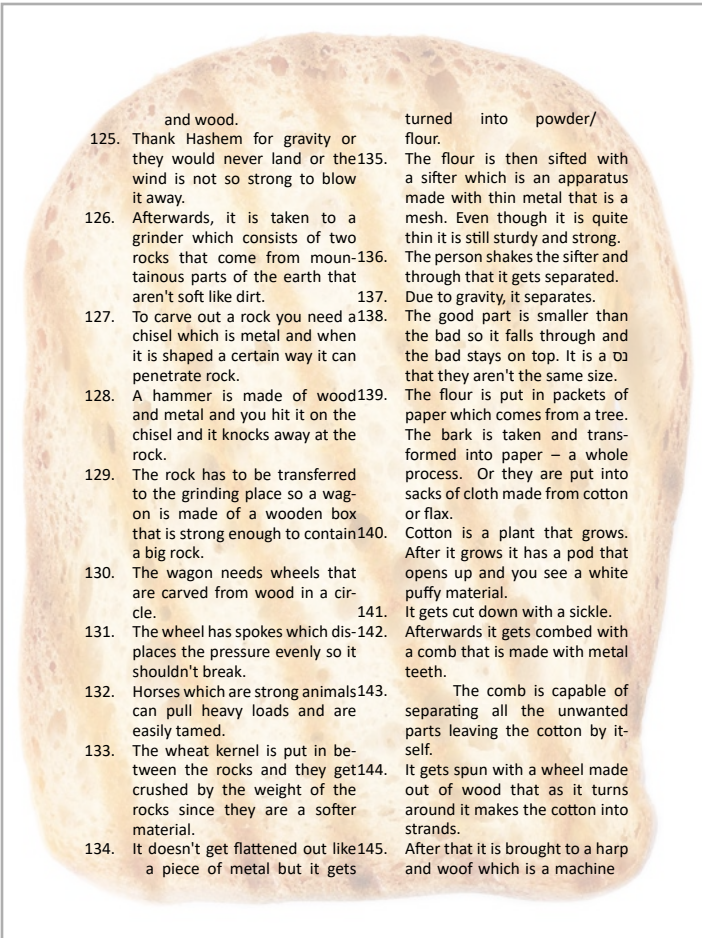
The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier. They grow in a straight line so they don't get tangled. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots. Each one miraculously knows how much to give to each part of the plant. After the stem reaches a certain height it starts to produce the grain. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over.



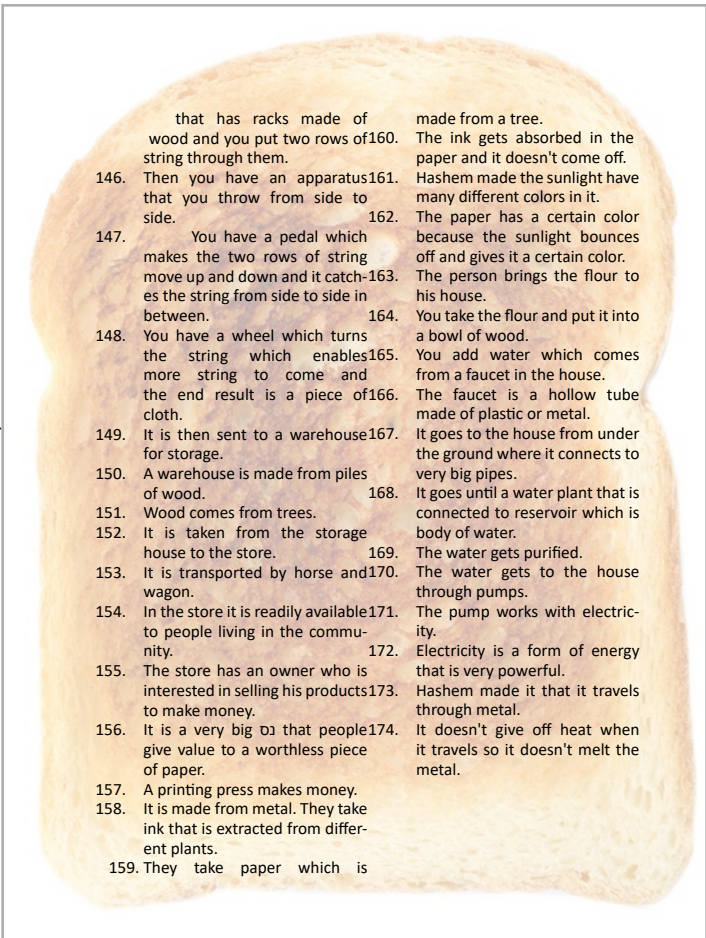
98. You can mold metal any shape you want.
99. The metal dries and becomes hard.
100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).
101. Metal becomes very sharp in order to cut it.
102. It's also very strong so it doesn't break.
103. The sheaths of wheat are very light in order that you can bundle it and transport it.
104. Flax is a plant that grows from the ground.
105. Their stalks can be used as string.
106. String enables one to tie the sheaths and transports them easily.
107. The sun dries them out and can stay as kernels a long time without spoiling.
108. The kernel is made up of (at least) two parts, the grain and the shell (chaff) which is made to protect the kernel from spoiling.
109. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.
110. Wood comes from a tree that grows very tall and has a big trunk that

is quite strong unlike the stalk of the wheat. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc. The straps that the man holds onto are made of leather. Leather comes from the hide of an animal. Leather is formed by a process called tanning and it is very durable and lasts a long time. Salt is used for tanning. Salt is made of two gases. Eventually it dries and becomes ready for use. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it. Hashem made that the chaff is lighter than the kernel so when it is thrown in the air it gets separated easily. Also, the good stays in one place and the bad part gets blown away. The grain is thrown in the air with the strength of one person. It is thrown up with a pitchfork which is a tool made of metal





- and wood.
125. Thank Hashem for gravity or they would never land or the wind is not so strong to blow it away.
126. Afterwards, it is taken to a grinder which consists of two rocks that come from mountainous parts of the earth that aren't soft like dirt.
127. To carve out a rock you need a chisel which is metal and when it is shaped a certain way it can penetrate rock.
128. A hammer is made of wood and metal and you hit it on the chisel and it knocks away at the rock.
129. The rock has to be transferred to the grinding place so a wagon is made of a wooden box that is strong enough to contain a big rock.
130. The wagon needs wheels that are carved from wood in a circle.
131. The wheel has spokes which dis-places the pressure evenly so it shouldn't break.
132. Horses which are strong animals can pull heavy loads and are easily tamed.
133. The wheat kernel is put in between the rocks and they get crushed by the weight of the rocks since they are a softer material.
134. It doesn't get flattened out like a piece of metal but it gets
- turned into powder/flour.
- The flour is then sifted with a sifter which is an apparatus made with thin metal that is a mesh. Even though it is quite thin it is still sturdy and strong. The person shakes the sifter and through that it gets separated.
- Due to gravity, it separates. The good part is smaller than the bad so it falls through and the bad stays on top. It is a that they aren't the same size.
- The flour is put in packets of paper which comes from a tree. The bark is taken and transformed into paper – a whole process. Or they are put into sacks of cloth made from cotton or flax.
- Cotton is a plant that grows. After it grows it has a pod that opens up and you see a white puffy material.
- It gets cut down with a sickle. Afterwards it gets combed with a comb that is made with metal teeth.
- The comb is capable of separating all the unwanted parts leaving the cotton by itself.
- It gets spun with a wheel made out of wood that as it turns around it makes the cotton into strands.
- After that it is brought to a harp and wool which is a machine



- that has racks made of wood and you put two rows of string through them.
146. Then you have an apparatus that you throw from side to side.
147. You have a pedal which makes the two rows of string move up and down and it catches the string from side to side in between.
148. You have a wheel which turns the string which enables more string to come and the end result is a piece of cloth.
149. It is then sent to a warehouse for storage.
150. A warehouse is made from piles of wood.
151. Wood comes from trees.
152. It is taken from the storage house to the store.
153. It is transported by horse and wagon.
154. In the store it is readily available to people living in the community.
155. The store has an owner who is interested in selling his products to make money.
156. It is a very big that people give value to a worthless piece of paper.
157. A printing press makes money. It is made from metal. They take ink that is extracted from different plants.
158. They take paper which is made from a tree.
- The ink gets absorbed in the paper and it doesn't come off. Hashem made the sunlight have many different colors in it.
- The paper has a certain color because the sunlight bounces off and gives it a certain color.
- The person brings the flour to his house.
- You take the flour and put it into a bowl of wood.
- You add water which comes from a faucet in the house.
- The faucet is a hollow tube made of plastic or metal.
- It goes to the house from under the ground where it connects to very big pipes.
- It goes until a water plant that is connected to reservoir which is body of water.
- The water gets purified.
- The water gets to the house through pumps.
- The pump works with electricity.
- Electricity is a form of energy that is very powerful.
- Hashem made it that it travels through metal.
- It doesn't give off heat when it travels so it doesn't melt the metal.
159. They take paper which is

הזן את העולם כולו בטובה!!!



It causes the motor of the pump to move which causes the pump to work.



The electricity is made with a turbine which has two different magnets. They move in different directions which cause an electric force to be created.



The turbines get moved through a flow of water passing over it.



The flow of water is sometimes a waterfall which is a big mass of water which is on top of a mountain and it falls off a cliff.



It falls down with tremendous force.



This force causes turbines to move at tremendous speed which supplies electricity to the whole city and factories.

Out of this world!  
 Too good to describe!!  
 Everlasting Enjoyment!  
 Thrilling!  
 Melt from Pleasure!  
 Pure Bliss!

*Disclaimer: All pictures and descriptions are just mashalim. The real pleasure the neshama is going to have is indescribable!*



**Enjoy & Indulge**  
 Enjoy Today. Enjoy Tomorrow.

**Delicious Reward Waiting for You in the Next World!**

*Yum...*

**Just Serve Hashem with a Heart Full of Love!**

**Paradise Sunrooms**  
 Love Living



**Enjoy the beautiful outdoors  
 from the comfort of your home...**

**...in OLAM HABA!**

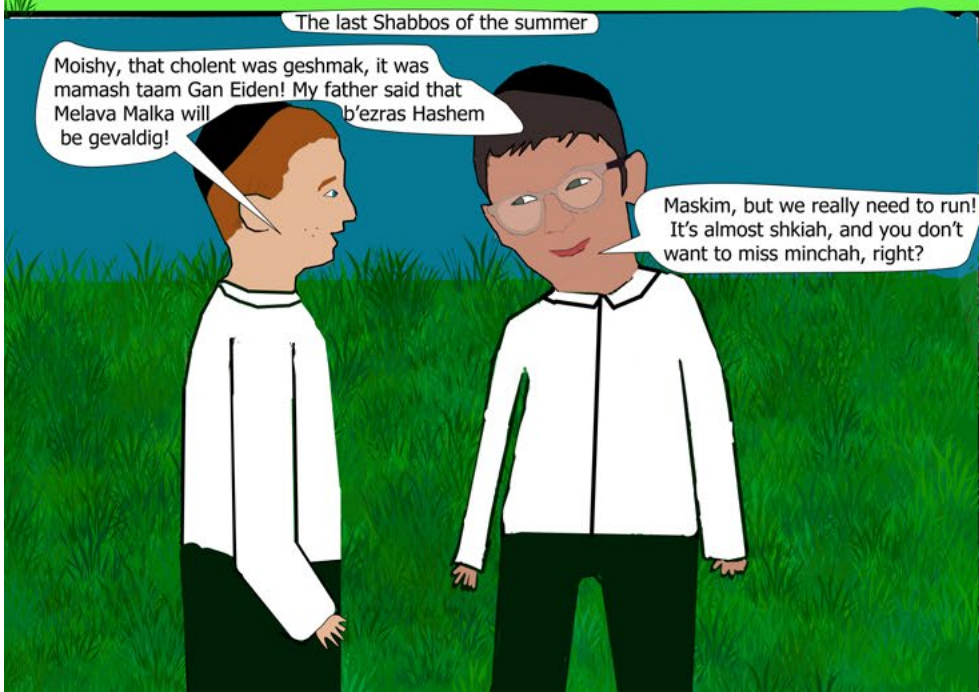
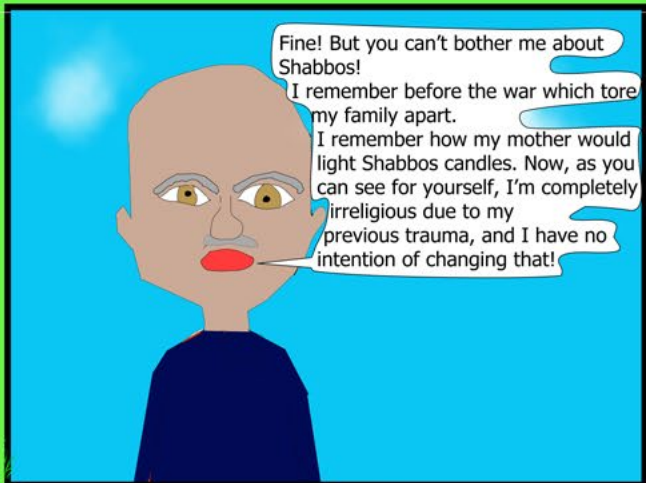
Just be Loyal to Hashem!

**The Fight Busters™**



**Eradicate Machlokes!**  
**Do Hatava B'makom Hakpadah!**

Did someone hurt you?  
 Shower him with non-stop compliments!  
 Give him gifts! Write nice notes!



# MR. MIDDOS

jealousy

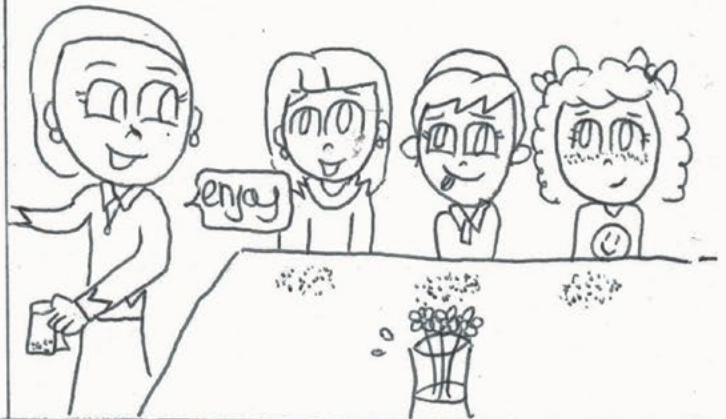
300

BEEP!

BY AHUNA ROTHENBERG

ERT MIDDOSALERTHIDDOSALERTHID

YEHUDIS, AGE 11 YANKY, AGE 10, MIRI,



"Hey! there's music coming out of my candy!"

TTTO: Hashem is here  
 Jealousy is easy, is easy to feel  
 chorus: so stop and say this  
 pasuk every day:

"אל תאכזב את עצמך על אחרים"  
 x2 "אל תאכזב את עצמך על אחרים"



# FUN PAGE AT THE PARK!!!

רֶבֶב

BY: CHANA BERKOVITSSY

HOW MANY MITZVOS CAN YOU FIND? LOOK CAREFULLY!

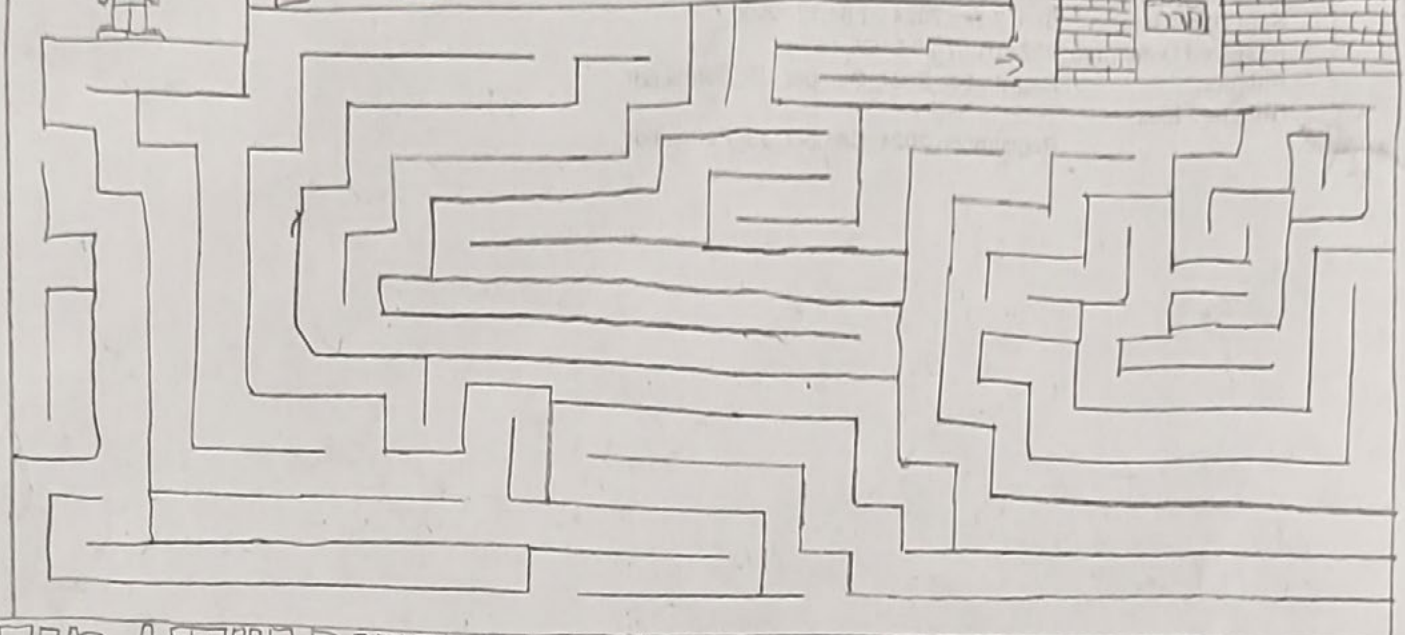


Help Yitzzy get to the door on time



# FUN PAGE

107



## FIND THE DIFFERENCE

Find 7 differences in the two sheep pics



## UNSCRAMBLE

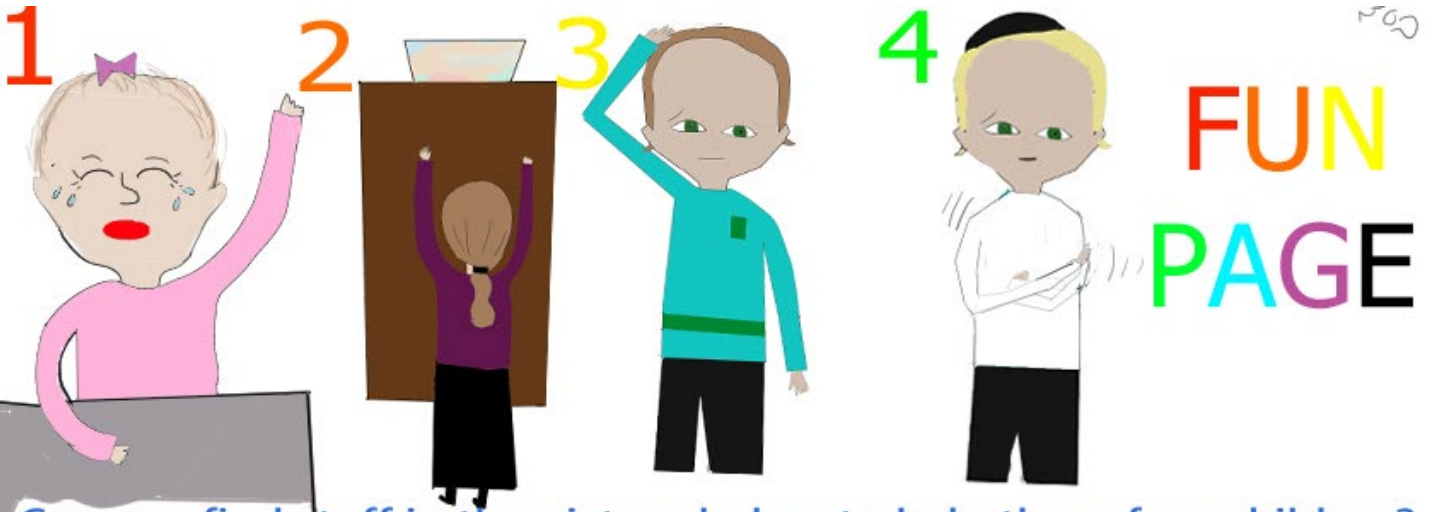
- ① L m O A   A A B H
- ② I D M S D O
- ③ G P Y T E

- 1) Olam Habah
- 2) Midot
- 3) Egypt

## RIDDLE

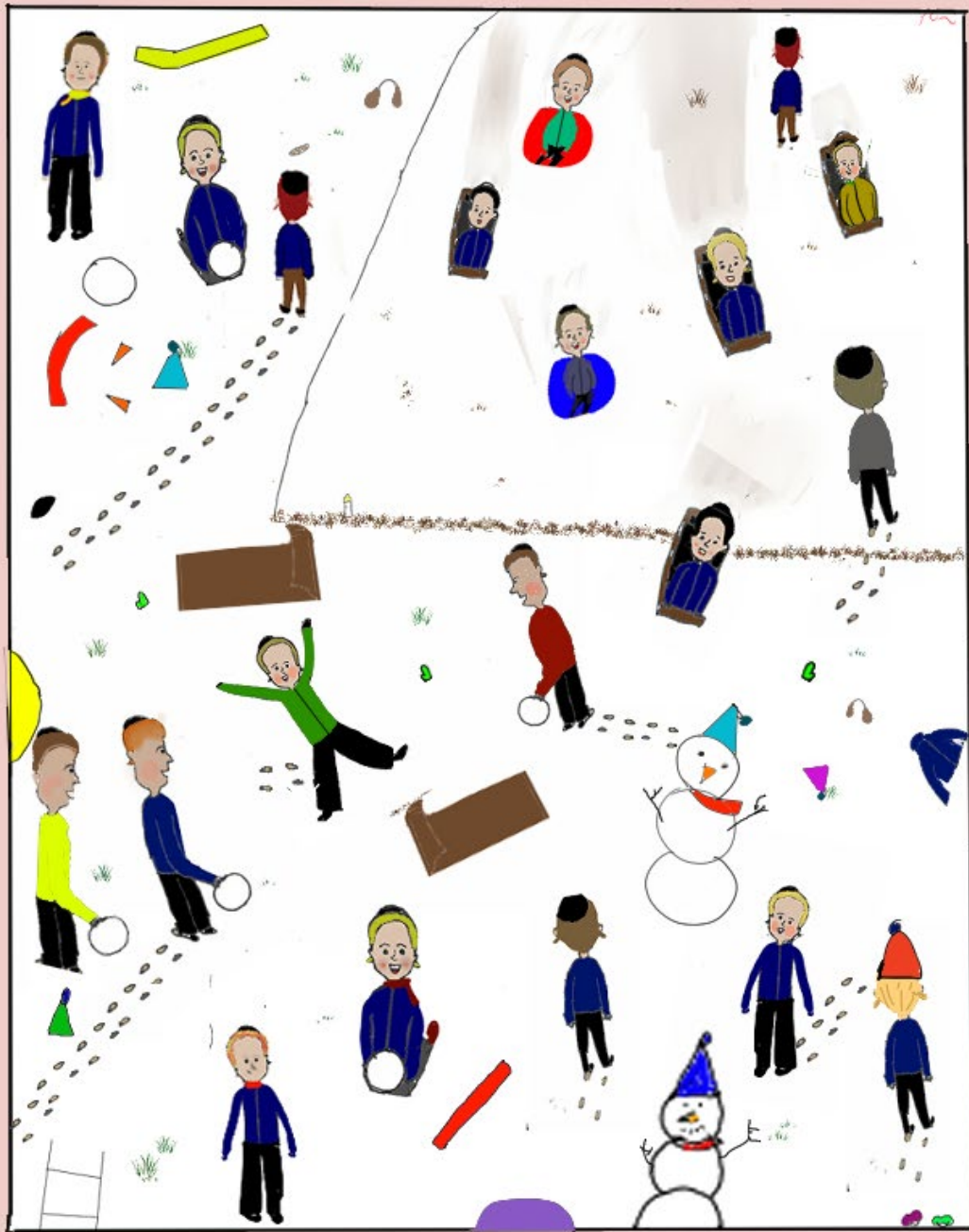
Q. What gets stronger when it eats but weaker when it drinks?

A. Fire (11)



FUN PAGE

Can you find stuff in the picture below to help these four children?



answers on page 39

# WORD FIND:

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| D | E | A | T | H | G | D | G | W | G | D | E |
| F | N | I | L | E | O | O | R | I | O | A | G |
| I | S | F | R | O | G | S | A | L | L | R | Y |
| R | P | O | L | I | C | E | S | D | D | K | P |
| S | L | B | H | A | I | L | S | A | D | N | T |
| T | I | L | P | A | D | S | H | N | H | E | I |
| B | T | I | H | H | E | E | O | I | P | S | A |
| O | W | S | A | A | V | S | P | M | L | S | N |
| R | A | T | R | R | E | A | P | A | A | F | S |
| N | T | E | A | O | R | H | E | L | G | R | B |
| B | E | R | O | N | O | C | R | S | U | E | S |
| ! | R | S | H | ! | M | O | S | H | E | E | ! |

DIRECTIONS: 1) FIND THE WORDS 2) ALL THE LETTERS THAT ARE NOT USED FOR THE WORDS WRITE ON THE BLANK LINES AND READ THE MESSAGE!

## WORDS:

|        |              |              |           |      |
|--------|--------------|--------------|-----------|------|
| DEATH  | FROGS        | HAIL         | PHARAOH   | GOLD |
| MOSHE  | LICE         | GRASSHOPPERS | WATER     | FREE |
| NILE   | WILD ANIMALS | DARKNESS     | CHASE     |      |
| PLAGUE | DEVER        | FIRST BORN   | AHARON    |      |
| BLOOD  | BLISTERS     | SPLIT        | EGYPTIANS |      |

The hidden message: \_\_\_\_\_ !!!

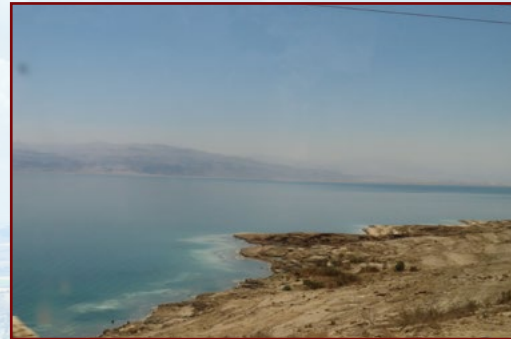
BY: GITTY WACHSMAN



By: E. Jungreis

ארץ תמדה טובה ורחבה!

# Hashem's Wonderful Land



Dear Readers! Please share with us your beautiful pictures that you have of Eretz Yisrael.  
Please email them to: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

## BEAUTIFUL QUOTES

*"Once you appreciate a glass of water... Then you start appreciating a piece of bread... And your life is transformed: bread and water - you're a happy person!"*



**Rav Avigdor Miller Speaks  
Vol 1, Page 55**

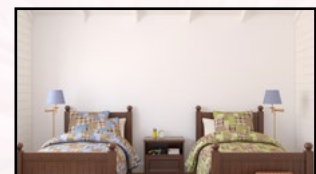
*"We are in this world to gain a clear awareness of all the benefits Hashem is giving us."*

**Ibid. Page 56**

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*"Could you imagine going to sleep at night and you don't have a pillow, blanket or mattress? Would your life be the same?"*



**Rabbi Zevy Golombeck - A  
Life with Bitachon**

This week we want to talk about how when we feel connected to Hashem, we get into such a great mood. Being in this great mood of feeling connected to Hashem makes it much easier to pump people up!

Recently, during my drive to one of the schools that I consult in, I had a thought. (It is important to note that consulting, including all thoughts and ideas, are a huge gift from Hashem – Hashem is putting the ideas in my mind to share with others. When we work, we are just doing actions but in reality, Hashem is doing everything and giving us the thoughts to give over).

There is a feature in some cars called CarPlay. CarPlay is when you have a screen in your car and everything from your phone shows up on the screen instead of on your small phone. (My phone is kosher). I always assumed my car didn't have that feature because although it has a small screen near the dashboard, the CarPlay didn't work. One day I was in the car with someone else and they showed me that if I just take the phone charger out of the car charger and I put it into the USB charger in the car then I have CarPlay. It was all about what the wire was connected to. As soon as I switched the wire from one port to the other the CarPlay feature worked and the GPS on the screen went on. It was all in the connection. When the wire was connected to the wrong thing it didn't work.

Just switching the connection made everything work. And it is the same thing with us and our relationship with Hashem. We just need to be connected to the right place. We need to be connected to Hashem and if we're connected to people nothing's going to work because the wire is connected to the wrong thing. The second we are connected to Hashem; everything starts to work even better than we ever imagined. I was thinking that so many times we are wishing for something but in reality, we have it right there. We just don't know that we have it because we're connected to the wrong thing. We just need to take ourselves out of being connected and relying on humans and switch our connection and go directly to Hashem for whatever we want because Habitochon Hu Hasiba Layishuah and Buruch Hagever -Asher Yivtach B'Hashem. When we internalize Ain Od Milvado there is no one but Hashem who can help us and everything is easy for Hashem because Hakol Yochol everything is possible for Hashem, then we can truly have peace of mind.

Of course, there is a huge mitzva that we get from connecting to people by way of pumping them up. What we

are referring to above is connecting with a reliance, and connecting with a reliance should be only on Hashem. Connecting to people is all about pumping them up. And the more we rely on Hashem the happier we can be and the easier it is to connect to people for the purpose of pumping them up and being friends with all of Klal Yisroel.



### Story

It was a boiling hot day in Miami this past summer. I went to the pier and I went on a speedboat ride where I got to see beautiful views and enjoy Hashem's beautiful world. As we were heading back to the port, I noticed on another boat that just left the port that there were a few Yiddishe girls wearing matching white caps with words on them. After I got off the boat, I noticed there was a Zeidy sitting by the port wearing a similar white cap that said "Zaidy". I now assumed that the girls on the boat were probably his grandkids. (They had matching caps). Perhaps he didn't want to go on the speedboat. I decided to try to pump up this Zaidy. I went into a shop at the pier and bought him a cold water bottle and gave it to him and told him he should have tons of nachas. He was pumped!!!!

I just love to try to give people support and chizuk. As an aside: Doing for others makes us feel so good ourselves and fills our own emotional bank account!

**Idea:** It's so easy to share love with other people.

Pumping people up has many benefits:

- a) It makes you feel good
- b) It makes the other person feel good
- c) As a side point, if you want someone to do more of something, keep appreciating what they are doing. Pumping them up by appreciating what they are doing is one of the best things you can do. This is especially true for a child, student, spouse or employee.

- If you are a mother-in-law or father-in-law, praise your son-in-law or daughter-in-law to no end. You can do this in three ways

1. Directly to them when it is just you and them
2. Directly to them in front of their spouse
3. To their spouse about them when they are not present.

Make it your mission to find their Maalos and tell them

about it. You can say “I’m so happy you’re part of our family. I always dreamed of having a compassionate/kind/giving/sensitive/thoughtful/friendly son-in-law just the way you are.

- If you are a spouse sing your in-laws praise to your spouse. For example, “your mother is so kind/compassionate/thoughtful/easygoing”.

- If you own a business, make it part of your business to spread Ahava amongst people by spreading how much Hashem loves us and pumping people up. Yidden love Hashem at the gym where I live. I walked into a class and the song that was playing was Rabbi Ephraim Wachsmann’s “I believe in Hashem” and the next song was Henei Lo Yonom! In the gym, I pumped people up saying everyone should have a million Brochos!!!

Song:

I remember it like yesterday. I was in Eretz Yisroel, close to twenty years ago, and I was going through a challenge. I met a wise woman. She said to me “You have pain and you have to figure out where to put it. You can’t keep all this pain in your body.” I went back to the place where I was staying and was thinking and thinking. I was wondering what in the world she meant. How can I put the pain somewhere? After a few minutes it hit me. I would take the pain out of me and give it to Hashem. On the spot I started singing to Hashem. I took my hand and placed it on my heart. Then I did a motion of physically removing whatever pain was in my heart. Then I handed it to Hashem by placing my hand upward and releasing it all to Hashem. I said “here Hashem I am giving it all to you.” I did this over and over while singing the song below. Ever since that day B"H no matter what I am going through, I know I can just hand it all over to Hashem by casting my burden on Him as it says Hashleich Al Hashem Yihuvcha. Throw your burdens on Hashem and Hashem will sustain you both physically and emotionally. I teach this song to many clients and people!

Tune: Vtahir Leibeinu Liavdicha B'emes

Hakodosh Boruch Hu - I need you in my day  
 Hakodosh Boruch Hu - please be with me today  
 Hakodosh Boruch Hu - my life is up to you  
 Hakodosh Boruch Hu - I’m relying on you  
 If you are in pain add:  
 Hakodosh Boruch Hu - I need you right away



Hakodosh Boruch Hu – please take this pain away!

As an adult, I try to sing this song all the time! I try to change up the motions or dance steps as I sing this song.

This creates a function called expansion. When we add change to something while we are singing, it helps solidify the feelings associated with it. The more times we sing and add a small change, the more neural

pathways we have connected to what we are doing. This helps it become more integrated into our beings.

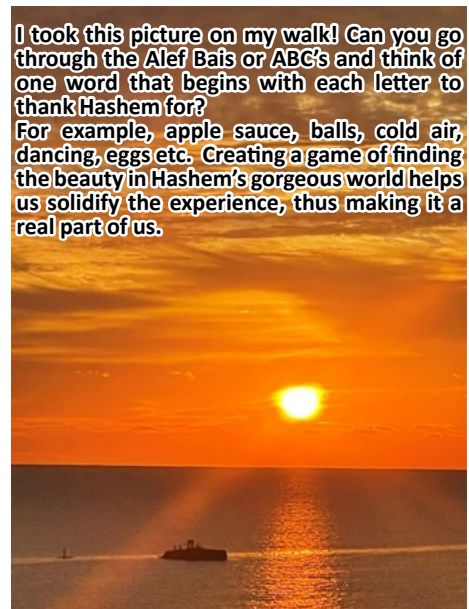
### Feeling Hashem’s Love!

One cold day after Sukkos I decided I really wanted to be in Florida and could use the warm weather. However, I could not go to Florida at that time. The next day the weather changed to be nice and warm. This continued for a full week. So Hashem brought Florida to me for a full week (the amount of time I would have gone there for). I was able to enjoy Hashem’s Ocean and gorgeous warm weather locally in the tri-state area. Thank you Hashem!

One night of Chanukah I had an amazing story! A few minutes after I drove home, I had to leave again and when I got to the car, I realized I was missing my keys. After looking all over I thought that perhaps I had left them in the car. Cheveirim came (Mi Kiamcha Yisroel) and opened the car and didn’t see the keys. We looked all over the driveway. We looked through the garbage can, we looked on the counters and all over the house. We searched and searched. They keys were nowhere to be found.

Then a calmness overtook me and I started singing Hakol Yochol. Several minutes later the keys appeared on the counter under an envelope. We had searched the counters numerous times and then as soon as we started singing Hakol Yochol the keys showed up.

Thank you Hashem!



I took this picture on my walk! Can you go through the Alef Bais or ABC’s and think of one word that begins with each letter to thank Hashem for? For example, apple sauce, balls, cold air, dancing, eggs etc. Creating a game of finding the beauty in Hashem’s gorgeous world helps us solidify the experience, thus making it a real part of us.

# Thank You Hashem for...

|        |  |
|--------|--|
| Sunday |  |
|        |  |
|        |  |

|        |  |
|--------|--|
| Monday |  |
|        |  |
|        |  |

|         |  |
|---------|--|
| Tuesday |  |
|         |  |
|         |  |

|           |  |
|-----------|--|
| Wednesday |  |
|           |  |
|           |  |

|          |  |
|----------|--|
| Thursday |  |
|          |  |
|          |  |

|        |  |
|--------|--|
| Friday |  |
|        |  |
|        |  |

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to [hashemthanku@gmail.com](mailto:hashemthanku@gmail.com)

Rabbi Zevy Golombeck

## illuminating Words of Chazal

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

**Q.** We find the concept of aveilos, hespedim and b'chiya over a meis. We hear on 'A Life with Bitachon' that everything Hashem does is good. So why all the crying and aveilus? Also, we hear on A Life with Bitachon that everything we do needs to make us love Hashem more and make us bigger and better happier people. How would focusing on tragedy and crying over it make a person have a closer connection to Hashem and become a bigger happier person?

**A.** The answer is that as with many concepts in Yiddishkeit and many chazals, there seems to be a stira. However, in reality there is no such thing as any stiras in yiddishkeit. Ultimately, every situation is there to make you a bigger, better, happier, healthier person, to give you more menuchas hanefesh and simchas hachaim, and to give you a closer, healthier connection to Hashem. It's just that different people arrive in the same place, at the same yesod, through opposite hanhagos. That is why by gedolim you're going to find dif-

ferent hanhagos related to dying.

For example, the Gaon before he was niftar was crying, he said, "Oy, in this world for a few pennies I could buy tzitzis and that will give me so much Olam Habah. Wow, can you imagine? I'm leaving this world..." It caused him to cry. Mitzad sheni, Rav Meir Shapiro zt"l, the one who started daf yomi, before he was niftar, he said, "Sing and dance! It's so geshmak!" Why? A person should feel, "Wow, I did such a good job in Olam Haze! I served Hashem so beautifully. I accomplished so much. And now I'm going back to the Kisei HaKavod, which is my true home, and everyone loves home sweet home.

That's why chazal say that "hinei tov meod" - what's tov meod? "zeh maves." Misa is very, very good! Every neshama loves to be by the Kisei HaKavod because it's home sweet home. That's where the real pleasure is! That's why chazal say, "al karchacha ata notzar, v'al korchacha ata nolad." Why would we want to be born? We're happy to be by the Kisei HaKavod, we're enjoying life as a neshama. Why would we want to be born as a guf? We don't need gashmiusdik enjoyment to be happy, before we're placed in a guf we have the real enjoyment, the ruchniusdik enjoyment. Being by Hashem - that's the real pleasure! So you see, it's so geshmak to be by the Kisei HaKavod that you don't even want to be born. You're happy, you're freilich, you're Simcha, and it's tov meod. So dying is beautiful. It's the most amazing experience in the world.

So we have to realize we have to view every situation as very positive. Dying is the most positive thing. It's geshmak, it's freilich, it's Simcha. It's going to home. Like the Ohr HaChaim HaKadosh says in Re'eh, you have to picture every neshama that leaves the world by the Kisei HaKavod having a ball, being happier than he ever was in his life.

It says in the biography of R' Avigdor Miller zt"l that he used to be menachem avel people by telling them, "If you would just picture where the niftar is, you'd be so happy for him. He's so happy. If you care about him and you feel for his feelings, you'll realize that he's much happier now, that he's happier than the happiest person in the world."

That has to be our attitude.

Now comes the million dollar question. So if it's so geshmak to die, what's aveilus, what's hespedim?

So the answer to that question is like this. First of all, Rashi in Sukkah says that aveilus does not require a person to have emotional pain. Rashi says that the yesod of aveilus is to show kavod hameis. If somebody would leave your house and you wouldn't say goodbye to him, you wouldn't show any recognition, you'd make believe as if he didn't exist, that would be the biggest bizayon. It's the biggest chutzpah, someone leaves your house and you don't walk him to the door, you don't acknowledge that he left? So the true yesod of aveilus is for kavod hameis, that there was a yid in your life who left. If you don't acknowledge that, you don't have the basic decency and derech ertz of caring about another yid. (The halachos of aveilus also have the added benefit that they help a person process their emotional pain in a healthier way, but that is not the yesod of aveilus.) So aveilus is for kavod hameis. That's what Rashi says in Sukkah. That's point number one.

Point number two is that yes, it is brought down that there's a zman to cry and a time for bechi. What's this crying all about? Hakadosh Baruch Hu wants us to realize that while you live in this world, you have an opportunity to do more mitzvos and to get closer to Hashem, which will bring you more Olam Habah and more enjoyment. So you're supposed to want to live as long as you can in this world to be able to get more enjoyment in Olam Habah. But it's all just a lead up to Olam Habah. The tzaar that most people feel when someone close to them leaves this world can be channeled to bring a person to recognize what a loss it is when a person leaves this world and no longer has the opportunity that we still have to be able to constantly get closer to Hashem. We're

Rabbi Zevy Golombeck

## *Illuminating Words of Chazal*

*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."*  
Rav Yehuda Mandel

meant to use it as mussar, "Look, this person just left this world, he doesn't have any more opportunities to grow. So let's chap arein!" It's all a way to motivate us, to get us to do more mitzvos, to get closer to Hashem, to get more Olam Habah. But of course, that's only if it's going to bring you to be a bigger, happier, healthier person, give you more menuchas hanefesh and simchas hachaim, to give you a healthier connection to Hashem.

So the only reason why there's a mitzvah to have any tzaar is only if it's going to motivate you to learn to chap arein. Because the whole point of tzaar is to realize that the more you do down here, the more you get in Olam Habah. But you'll only get Olam Habah if you're growing from the situation. If you're becoming depressed or tzibrachin, that's not going to bring you any more Olam Habah. Fakert, it's just the trick and the trap of the yetzer hara. So the mitzva of having tzaar is only if it's coming from a healthy place and causing

you to grow and shteig. That is the second point, that's regarding tzaar.

My Rebbe told me about his Rebbe, he said that he didn't cry at any levaya, because he was working so hard at running away from any depression. He knew that for him, crying is coming from negativity, depression, bad middos. People like to be negative. In today's generation, most people have to work on the opposite, of focusing on, "Wow, he's by the Kisei HaKavod, he's having a ball. Ah, we also want to have a ball? Okay, so let's enjoy Olam Hazeh by getting closer to Hashem, feeling loved by Hashem, and that will give us more Olam Habah and that will make us happier."

Now, bnogea hespedim, the point of hespedim is to learn from the niftar. Because when you learn from him, first of all he'll get closer and closer to Hashem in gan eden, because even after he dies he'll be accomplishing from everyone who's learning from him. And you'll also get more Olam Habah because you'll accomplish more and more and more. So hespedim is just to make you grow. The tzaar of focusing on, he left and he doesn't have any more opportunity to grow, actually is the biggest bracha when you have that attitude because now you'll want to grow and because he caused you to grow, he'll end up growing also. So in reality, even after a person dies he's really constantly growing and growing, just like we're growing down here. Because just like we're accomplishing down here, if b'zchus the niftar we grow, we're causing him to grow. So any person that cares about the niftar, cares about the person who left the world, will actually try to do things to put himself in a positive mood that will make him a bigger, better, happier, healthier person, give him more menuchas hanefesh and simchas hachaim and bring him a healthier connection to Hashem.

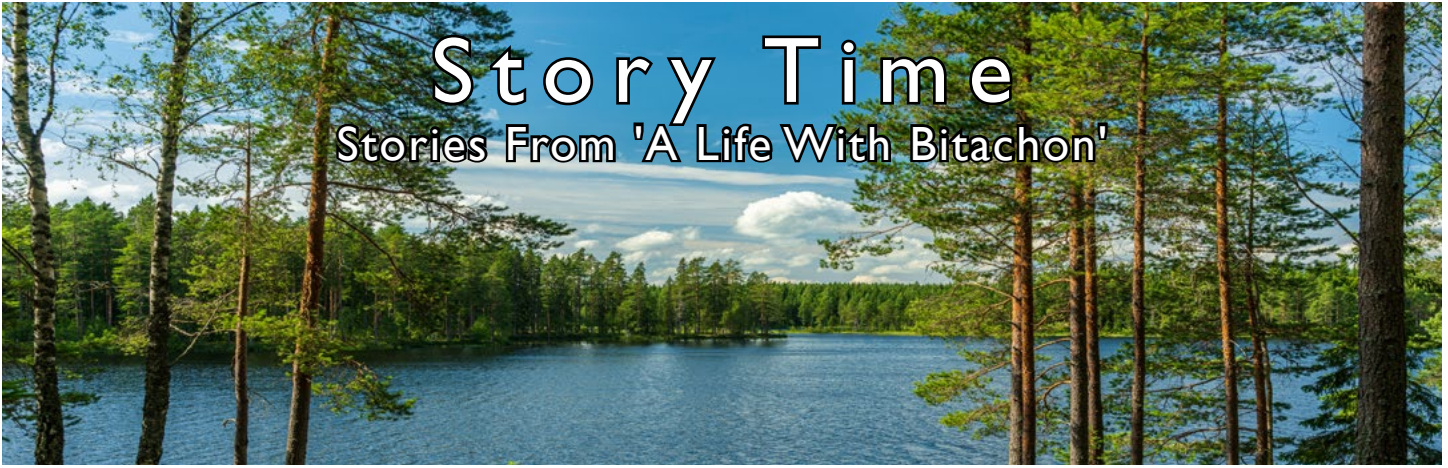
So the bottom line is, the answer to all the questions is that we are meant to view everything in this world in a positive light. Different gedolim have different hanhagos and different reactions, but it's all different ways of viewing everything in a positive light.

So you can always think thoughts that will lead you to become a happier person, and you should walk away realizing that everything is l'chatchila. Dying is l'chatchila, living is l'chatchila, everything is l'chatchila! If you have the right emunah and bitachon perspective, you'll be able to grow from every single situation by viewing it in a positive light. Different people have different recipes of how to put things in a positive light.

Now I would just like to end off that Rav Moshe Feinstein zt"l said that even though if a person really lives with emuna and bitachon, under most circumstances they'll never feel any pain over any loss, the only exception to that is that when a person loses a family member or loses a close friend, even though it's not a chiyuv, but most people even if they live with emunah and bitachon, they'll feel that they're missing something, they'll feel a void. Because human beings feel fuller when they're around human beings and they feel emptier without them. So there is a normal human instinct to feel a void, and you're allowed to. It's not a chiyuv, but for normal people, human beings, normal people will feel that way. It says about Aharon HaKohen, "V'yidom Aharon," meaning he was a domem, he didn't have any emotions even when he lost his children. That's the highest level, but we have no shaychus to that level. So we have to understand that we are allowed to be human beings, but at the same time, when we live with the emunah and bitachon perspective and chazer over all these concepts, that really dying is good and it's geshmak and they're by the Kisei HaKavod and even though we're down here and not by the Kisei Hakavod, we can feel Hashem's love even here, and if we focus on how much Hashem loves us and is kissing and hugging us every day, that will help us fill our void. Like the Seporno says in Parshas Re'eh, the more you live with Hashem, that will fill all the voids that were created by the loss of people that you were close to.

# Story Time

## Stories From 'A Life With Bitachon'



# 1704- Mrs. Oretz from Waterbury, Connecticut, wanted to bring her kids somewhere. All the children were in the car, and Mrs. Oretz put in the keys and tried to start the car. The car wouldn't budge, it wouldn't go! As much as she tried this way and that way, to no avail!

After ten minutes of trying, her children saw what was going on, and they said,

"Mommy, Who's the one in charge of making the car work? Only Hash-em!" With that, they started singing together: "Hakol Yachol, Hakol Yachol, Hakol Yachol.."



Still, the car wasn't budging! The car wasn't moving or turning on!

She called her husband to come try. He stated trying this way and that way, but to no avail! The car would not start! No noise.

With that, the kids got out of the car and said to each other, "You know why it's not starting? What does Hashem want from us? More bitachon! And more bitachon! And more bitachon!"

Then they said that they're going to play a game. Whoever taps the next person, that person has to start singing "Hakol Yachol, Hakol Yachol, Hakol Yachol." After they did this for a little bit, they said, "Totty, try again!" This time, he put in the key, and the car started working!



# 1705 - Two of Reb Yitzchok Bender's children asked him, "Totty, could we have ices?" He said, "Sure! Let me look in the freezer." He looked all around,



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# Story Time

## Stories From 'A Life With Bitachon'

up and down, left and right. There were no ices to be found! He turned to his children, and he said, "Sorry! I have to buy more, there are no more left in the freezer." With that, his two kinderlach said, "But Totty, we're going to go with Bitachon that Hakadosh Baruch Hu is Hakol Yachol, and He can make ices appear out of nowhere! We're going to look again, and we're going to search with Bitachon!"

They started searching around, and they picked up something. They saw that there were two ices left, one for each of them! In no time they got exactly what they wanted, with the best service!



**# 1706-** Mrs. Weiss said that one of her appliances broke. She called up the company and scheduled with them to send a repairman to come fix it Thursday morning at 10:00. She wrote it on her calendar. The day before they were supposed to come, she got a phone call from the orthodontist that she had made an appointment three months previously for tomorrow at 10:00.



At first she thought, "Uh-oh. I can't be at two places at the same time! I have to go to the orthodontist appointment, but at the same time, I don't want the non-Jewish repairmen coming into my house when I'm not here. What should I do? They're both scheduled for the same time!"

Then she said, "One second. Who is the one in charge of when they're going to come to my house? Hakadosh Baruch Hu, the Ribono Shel Olam! So just because they said they going to come at 10, does that mean they're going to come at 10? No! I'm just going to leave it up to Hakadosh Baruch Hu, the Ribono Shel Olam. I'm going to go

to my orthodontist appointment, and say "Hashem, You're Hakol Yachol! You can make it that the two appointments that are scheduled for the same time, will work out perfect, gevaldik, and amazing!" With that, she went to the orthodontist.

After she finished, she got a message from the appliance company. They said that in 20 minutes, at 11:40, they would be sending people to fix the appliance!

She got home in time, and Baruch Hashem, she was able to do everything she needed; her orthodontist appointment and to be there for the repairmen, without any issues or any problems!



**# 1707 -** Mrs. Goldstein said that she needed a lot of dental work. She called up the dentist to make an appointment. She really wanted the best dentist in the practice. She requested from the receptionist which dentist she wanted, and the receptionist said that that dentist is booked solid for the next six months. "Do you want to wait that long?" Mrs. Goldstein said, "Absolutely not. I'd rather sooner than later. Please give me a different dentist." The receptionist made an appointment for her with a different dentist in the practice who was mediocre.



On the day of the appointment, Mrs. Goldstein was on the way, and it was bumper to bumper traffic. The clock was ticking, and it was getting later and later. She saw that not only would she not arrive on time, but actually she would be coming very late. She called up the receptionist, and she asked her if there was anything she can do for her. "Sure," she said, "I can reschedule you for a different appointment." With that, Mrs. Goldstein hung up the phone, thinking, "Does she





# Story Time

## Stories From 'A Life With Bitachon'

think that SHE'S the one in charge? It's Hashem! He's Hakol Yachol; He can do everything and anything!" Once she realized it's Hashem giving her an appointment, she decided that she can believe that Hashem will actually give her the best dentist in the practice.

With that, Mrs. Goldstein continued going to the dentist. When she arrived, she went to the receptionist and asked her, "Is there anything you can do for me?" She replied, "Yes, I can reschedule you."

Mrs. Goldstein said, "Let me think for a minute." She went into the waiting room and said, "Hashem! They can't help me! But You're able to help me!"

Within one minute, the receptionist called her over and said, "You won't believe what just happened! The top dentist that you originally requested, just got a cancellation this minute, and you can have the appointment!!"

In no time, she got exactly what she wanted, with the best service, better than ever!

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2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).

**REMEMBER:**  
**Practicing Safety**  
**Saves Lives!**



Q&A WITH R' ZEVI GOLOMBECK

# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I have a baby that wakes up many times throughout the night. As a result, I'm exhausted the next morning, and I become impatient with my children.**

**Already before I go to sleep, I start getting anxious, 'What if the baby doesn't sleep well, I won't be well rested in the morning, and I'll be grouchy toward my children'. What's the emunah and bitachon perspective about this?**

**A.** Zoom into your emotions and see what's making you anxious, and then you can take the correct 'medication' to help yourself.

Perhaps you're concerned over the wellbeing of your children; if you're not well rested you won't be able to function properly and then your children won't be cared for properly.

You have to realize; Hashem does not need you to be well rested in order to have your children taken care of. He will see to it that they get exactly the type of care He wants them to have.

Your job is just to do what you can to the best of your abilities according to your circumstances. Beyond that, it's up to Hashem. Whatever He wants you to be able to accomplish, He will give you the physical and emotional energy for, and whatever He does not give you the energy to do, it's because Hashem knows that's the best possible thing.

And if what's bothering you is your personal middos; you want to be loving and patient, not cranky and irritable, understand: your job in tikkun hamiddos is not to be a good mother. Your job is to try to be a good mother. If being fully rested is beyond your control, do something that is in your control.

- Try to smile at your children and act patient even though you don't feel like doing so.
- Think of positive thoughts that will make you calm. Think how lucky you are that you're healthy and that you're able to talk and walk and your body is functioning properly.

After you do your part, you can rest assured that however things will play out, it's being orchestrated by Hashem, Who's running a perfect world.

**Q. Baruch Hashem, I had a baby a few weeks ago, and I was off from work. Now it's time for me to go back to work, but I feel bad that I won't be able to spend more time with my new baby.**

**A.** What's really bothering you? You want the best for your baby, and you feel that if you don't get to spend more time with him, he's going to lose out.

We have to remember, Hakadosh Baruch Hu is the one in charge of results. We just have to do our part. If your responsibilities require you to go back to work, say, 'Hakadosh Baruch Hu, you're the one taking care of my baby. Please give him the best care possible'. Then, you can be calm and relaxed knowing that your baby is in the best hands.

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# Our Readers Share



**Editor's Note: Some of these stories are from Iyur-Sivan!**

## Thank You Hashem!



Give thanks to Hashem... make known His actions...sing to Him... speak of all His wonders... glad will be the heart of those who seek Hashem!

I would like to publicly express my Hakaras Hatov to the Ribono Shel Olam for the tremendous Chessed He did for me.

For a few years now, I have been waiting for a certain medical procedure to take place and one delay after another occurred requiring us to postpone the procedure numerous times. But as we learn from the Bitachon Hotline, Kol Ikuv Letova, and we patiently waited for Hashem to let us know when it would be the best time for the procedure to take place.

U'vtuvo Hagadol, a few weeks ago, the procedure was done and and

## B'chasdei Hashem successfully!

Before the procedure took place, I committed to bli neder be mefar-saim Hashem's great kindness to me in the Spring Hill Times regarding its successful outcome. And Hodu L'Hashem Ki Tov, I am able to fulfill my commitment today.

Thank you, Rabbi Kaufman of Spring Hill times and Rabbi Golombeck of the Bitachon Hotline for your extraordinary publication and hotline respectively, which inspire us, Klal Yisrael, to develop strong feelings of love to Hashem, strengthen our Emunah and Bitachon and teach us about being POSITIVE!

Additionally, we express our Hakaras Hatov to all the contributing writers whose articles, week after week, continue to teach about growing in our Avodas Hashem. May Hashem Bentch you all with Bracha Ad Bli Dai! Secharchem Harbei Meod! And may we be Zoche in the VERY near

future to be Meka-bail Pnai Moshiach Tzidkeinu and the Geulah Shelaima with very happy hearts!

A reader

## Hashem Provides Perfect Playgroup



My wife and I were looking for a playgroup for our 2 year old for the upcoming year; we did a lot a lot of hishtadlus, but to no avail. Every reasonable option was booked, and any playgroups that still had openings were too far away.

Someone asked my wife to babysit one Sunday, and she didn't really want to, but decided she would do it happily anyway as a zchus to find a babysitter for next year.

The next day, a playgroup Morah who lived just a few blocks away called her and said, "You're on my waiting list, and a spot just came up." My wife checked all her notes and saw that she had never called this person!

Hashem arranged that someone mentioned to this Morah that we were looking for a playgroup, and she put us on her list!

Yechezkal Vorsch

## Hashem Pays Back More than Triple!



My rebbe bought donuts, a couple years ago, for his shiur for a

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siyum on Maseches Brachos. He spent \$60, which was mesiras nefesh on a rebbe's salary.

His wife called him five minutes later and said they had just won the auction for mechanchim for \$200 to that specific store where he had just bought the donuts! Unbelievable hashgacha pratis!

A reader



My 7-year-old son Binyamin has a reading booklet every week that's not mandatory; if the boys read it, get it signed by a parent, and bring it back to school, they get a prize.

This week, even though Binyamin read the booklet, he forgot to ask me to sign it, so on Monday, when the teacher collected the booklets and gave out the prizes, he was disappointed that he didn't get a prize.

He asked me to sign his booklet that night, and he brought it back to school.

His teacher had run out of the prize she gave to the other boys, so she gave him a different prize, one that he liked much better!

He came home and told me very happily that even though at first he was disappointed that he didn't get a prize when the other boys got their prizes, he sees that Hashem made it happen that he forgot to sign so that he would end up getting a better prize!

A Reader - Monsey, New York



My son and I took an 11:00 A.M. bus to Netanya from Jerusalem for a quick dip in the sea on Erev Shabbos. We got to Netanya very quickly - at 12:09, but there was a lot of traffic, and I was fretting that we

wouldn't have enough time at the beach. By the time the bus got to the beach, it was 12:47. As we crossed the street, I saw out of the corner of my eye a man trying to push another man's car. I called out in Hebrew, "Do you need help?" He said, "Yes!"

It turned out that he had tried to turn into the parking lot, but the car got stuck on a little hill of sand. Baruch Hashem, my son and I are big and strong and it took us all of two minutes to get the car off of the sand.

Neither of the men had kippot. The one who had stopped to help the driver said, "I stopped when I saw him having a problem. It's good to do another chesed." The driver said, "Shanah tovah."

We said, "Amen. Shanah tovah," and headed off to the beach.

Then, we saw the sign to the beach, which said that the men's hours only started at 1 PM.

We reached the beach and had to wait about 20 seconds before the worker came out and opened the gate to the beach four minutes early.

If the bus hadn't been slow, we wouldn't have been zocheh to the chesed we did. If we hadn't spent the two minutes helping the men with the car, we would have had to wait anyway until the beach opened.

A Reader - Yerushalayim

### Hashem Sends Yeshua!



A long time ago I heard that someone who says the whole sefer Tehillim at one time is zoche to yeshuos. It was very hard for me to do so I never ended up saying the whole Tehillim at one time. This summer however, I really needed yeshuos in many areas and I decided I would try to find time for it. I set aside a certain amount of time and I said the entire sefer Tehillim. It took me about three and half hours. Within about a week or two, one of the things I needed a yeshua for came about in a very miraculous way; My son who is special needs and hadn't wanted to do anything outside the house in many years, was agreeable to go to a program for the first time. It was tremendous yeshua!

A Reader

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# Hashem Loves You!

Rav Duvi Bensussan shared that a Mispallel in his Shul named Mr. Goldberg\* never showed up on Shabbos. He would make up all types of excuses as to why he couldn't make it. Finally, a close friend shared with Rav Duvi that Mr. Goldberg is actually working in his store on Shabbos, and that is why he never comes to daven.

"Did anyone ever speak to him about the importance of keeping Shabbos?," asked Rav Duvi.

"Everyone spoke with him, every single Rav and Rosh Yeshiva tried reaching him, all to no avail"

That Sunday, Rav Duvi invited Mr. Goldberg to learn with him a few minutes of Chumash with Rashi and Ramban. They continued learning throughout the week. Rav Duvi asked, "Would you like to learn on Shabbos?" Mr. Goldberg tried avoiding the question, but reluctantly agreed to learn that Shabbos.

That Shabbos, when the appointed time to learn arrived, Mr. Goldberg was nowhere to be found. Rav Duvi didn't know what to do, and felt very stuck, so he

asked Hashem to guide him. Hashem gave Rav Duvi great wisdom, and planted in his mind a novel idea.

Rav Duvi had a brainstorm. "Let's walk to his store and learn with him there!" The only issue was that the store was an hour and a half away by foot. So Rav Duvi walked an hour and a half to Mr. Goldberg's store, which was open with a full line of customers. Rav Duvi stood at the very end of the line. When his turn arrived, a shocked and stunned Mr. Goldberg asked him what he came for. Rav Duvi replied with great simplicity, "I came to learn. We made up a time, and I couldn't find you, so I just came right over to your store to continue our learning exactly where we left off."

Mr. Goldberg then took Rav Duvi to the back of his store where they learned by heart without any Seforim, as Rav Duvi couldn't carry any Seforim with him since there was no Eiruv. Rav Duvi said over by heart a brilliant shtickel from the Ramban, and both enjoyed the Geshmak עמקות of the Ramban so much that they lost track of time.

Finally, Rav Duvi said goodbye and began to leave to make Mincha. When he was only a block away from the store, Mr. Goldberg started shouting 'Don't leave me behind! I also need to daven!' Mr. Goldberg then closed up his shop, locked it, all while making sure not to carry the key outside. The two walked together for an hour and a half, just in time for Mincha.

Since then, Mr. Goldberg has been keeping Shabbos every single week.

It's now been over ten years and his store is always closed on Shabbos!

Every Yid is precious and special to Hashem! Never give up on anyone, no matter how low they appear to have fallen!



When you show you really care, and you really believe in the goodness of every Yid, great wonders and open Nissim begin to happen!

And most important of all, believe in yourself! Always believe in your inherent goodness!

You are precious, special, beloved, cherished and treasured by Hashem, NO MATTER WHAT.

Your Neshama is a bright light from Hashem Himself!

Your light will always shine super brightly and can never ever be extinguished!

Hashem Loves us!

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