

# The Spring Hill Times

*Spreading Hashem's goodness all around the world*

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ISSUE

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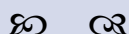


**Thank You Hashem for this most beautiful world!**  
**Thank You Hashem for the wonderful year of 5782!**

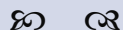
This week's issue is  
sponsored by R' Akiva  
and Sarah Eisenberg

Leiluy nishmas:

Faiga Rivka bas R' Chaim  
Tzvi HaCohen



**This week's issue is  
also dedicated as a  
zechus for the Spring  
Hill Times to reach its  
goal of raising \$3000 a  
month.**



## OUR BEAUTIFUL NATION!

R' Dovid\* from Lakewood, New Jersey, went over to his friend R' Avraham with a request. "My son needs a new suit and hat. I don't have the money to make the purchases. All of my credit cards are maxed out. Can I please use your credit card?" [Editor's note: Before borrowing a credit card, please clarify with a Rav to make sure there is no ribbis involved]. "Sure," answered R' Avraham."

R' Dovid then went to the store with his son. When he came to pay, the owner of the store asked him why the card had someone else's name on it. R' Dovid explained to him what happened. "Here take the card back," said the owner, "it's all on me. You don't need to pay!"

## WE LOVE YOU HASHEM!

As the year 5782 comes to a close, we thank You Hashem for giving us such a beautiful year! Thank You for giving us another year full of opportunities to learn about Your greatness! Thank You for giving us the opportunity to feel Your great kindness! Thank You for giving us the opportunity to serve You and be close to You! Thank You for all the opportunities to earn endless delicious wonderful Olam Haba! Thank You for supplying us with clean fresh air! Thank You for giving us health! Thank You for our children, parents and siblings! Thank You for neigh-

Continued on page 3

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# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

## HASHEM PAYS YUNGERMAN'S TUITION

R' Yaakov, a yungerman from Lakewood, New Jersey, Baruch Hashem makes enough money to makes ends meet.

Recently the yeshiva where his boys go to, raised the tuition. He told his wife, "Who cares! Hashem pays for it." R' Yaakov didn't even try to bargain with the school.

Not long afterwards, he went to the mailbox and there was his tax refund. He got more money than he ever did before. It covered the entire cost of the tuition!

P.S. Do we ever thank Hashem for giving us such a wonderful government? I know many Yidden who wouldn't have food to put on the table if not for the food stamps Hashem sends us through the government.

Can you imagine what it would be like if the government wouldn't pay for our medical bills?!?

Can we imagine what would be if the government wouldn't service us with garbage pickup? Our houses, yards and streets would be full of garbage...

We would need to load up our minivans with tens of garbage bags. Some people would even need to tie bags on their roof and drive all the way to the garbage dump! Imagine the traffic! And bags would be plotzing in the car causing horrible messes and smells!

We wouldn't be able to say

brachos, daven or learn Torah due to the horrible smell that would be everywhere!

Do we want to even imagine what it would be like if Hashem wouldn't make the government protect us Yidden?

## ANTI-SEMITISM PLUMMET-ING!

I was walking on the street the other day and a non-jew came

Rav Moshe Blumberg what he should do. "Trust in Hashem that he is a Kol Yachol," was the answer.

As he was walking, someone stopped for him and asked him if he needs a ride. "Yes, I need to go to the Satmar Rebbe's kever." "Sure no problem, answered the man, "I'm on my way there. I'll even bring you afterwards back to Lakewood!"

## WHAT A GORGEOUS FALL



WE HAD IN YEAR 5782

over to me and asked, "Can you please pray for me?"

Whenever in galus have we lived in such peace with our neighbors?!

**Thank You Hashem!**

## HASHEM ARRANGES RIDE FOR BOCHUR.

Elchonon Aurbach, a bochur from Lakewood, New Jersey, wanted to go the Satmar Rebbe's kever on his yartzeit. He had no ride there so he asked

## BOY LOVES HIS TEACHER

Ari\* came home complaining that his teacher was picking on him. His mother, a follower of 'A Life with Bitachon' said, "let's focus on the teachers maalos." She made a program for him that he each day Ari should tell her something good about his teacher. She gave him a prize for it.

It didn't take long until all of Ari's complaints dissipated! He now loves his teacher!

## YUNGERMAN TRUSTS IN HASHEM

A yungerman crashed into the car of a non-Jew. The man was very upset. He yelled at him and said that he is calling the police. The yungerman went back to his car and started strengthening himself with bitachon by listening to 'A Life with Bitachon.' After a couple of minutes, the man came back to him. This time he was all calm and relaxed. He told him, "There is not really that much damage. It's all fine, you can go!"



# WEEKLY NEWS ROUNDUP

Continued from front page

bors! Thank You for supplying us with endless amount of food! Thank You for giving us rain! Thank You for the beautiful Rosh Hashana! Thank You for the great gift of Yom Kippur! Thank You for the special Yom Tov of Sukkos and simchas Torah! Thank You for Chanukah and Purim!. Thank You for the scrumptious Yom Tov of Pesach! Thank Your for Shavuos! Thank You for about 50 delicious Shabbosos!

Thank You for the ups and thank You for all the downs! Thank You for the happy times and thank You for the not so happy times!

Thank You when things went smoothly and thank You for when things didn't go smoothly!

Thank You for when we were in good moods and thank You for when we were in not such good moods!

Thank You for all the trillions upon trillions of things You gave us!

Thank You for taking care of us 24/7 365 days a year with so much love and care!

## IT RAINED!

After a summer-long drought, Rockland County received three days of rain!!! Thank You Hashem for the life saving gift of rain!

## NEW YORK STATE POWERLESS

Yidden all over New York State know that the State has no power whatsoever to regulate their education. It's not up to the Board of Regents or the Education Department. It's not up

want us to!

Hashem, we turn to You to please make sure that we can continue bringing up our children the best way possible.

## WHAT A MAGNIFICENT WINTER

WE HAD IN YEAR 5782

to the Assembly or the Senate. It has nothing to do with the Governor. All their decisions are made by our loving and caring Father!

Why do we spend thousands of dollars a year on education?

Why are our rebbeim and teachers so underpaid?

Why do we have to deal with a major shortage of Rebbeim and teachers?

Why don't we just send our children to government funded schools?

Because we are loyal to You Hashem! No matter the cost, no matter the inconvenience, You come first! We love You Hashem more than we love ourselves!

Thank You Hashem that for so many years we were able to educate our children the way You

## EVERYTHING IS PERFECTLY PLANNED

Eli\* a bochur from Monsey, New York went on a road trip with his friends. When he came home, he realized that he left behind his towel. He was a bit upset about it.

When Eli went to yeshiva at the start of the zman, he forgot to bring along a towel.

Then he found in the car (the same car that they went on the road trip on) the towel he had lost a few weeks earlier!

## THE WAIT THAT WASN'T TOO LONG

The Cohen\* family from Yerushalayim, went on a family trip to Moshav Yesodot. On the way home they had to walk to the bus stop which was a 15 minute walk. They got there and waited a few minutes for the bus, but the bus didn't stop because it was full. Now they had to wait another 20 minutes for the next bus. But just like the first bus, the next bus came and went without stopping. The father turned the children and said we are going to be mechazek that everything Hashem does is good. Gam zu l'tova. Two minutes later a person pulled up in his car and rolled down his window. He asked, "Did you lose your ID



# WEEKLY NEWS ROUNDUP

card? I found it on the moshav. I recognized the picture and realized that I met you in shul. I looked all around shul and the neighborhood and couldn't find you. Then I thought to myself that you're probably waiting for the bus. So here I am."

Wow! They were able to see how good it was that the buses didn't stop. They had to wait for the next bus, but after waiting for a while they wanted to get home already. They started to daven and say tehillim together that they should get a ride back home. Even though they were six family members and would not fit into a car, they had bitachon that Hashem would send them a van. Suddenly a van came that had seven empty seats, the driver told them that he was on his way from Ashdod to Yerushalayim. He was supposed to leave much earlier, but now he knows why he got delayed. He said that there were many people waiting at an earlier bus stop but he didn't want to stop there because he didn't have room for everyone. With that the Cohen family got a free ride home, door to door service! [Kav Hashgacha Pratis]

## NUDNIK SAVES THE DAY

A Yid in Rechasim, by the name of R' Daniel Spitz, goes around to non-frum families to convince them to send their children to Torah institutions.

One day, he came to a house in Kiryat Ata and the parents weren't sure if this is what they wanted. They told him to come back another day. A few days later, he went back to see if they had decided. One of the children answered the door saying his parents were not home. Daniel did not believe it. It sounded to him like an

## WHAT A STUNNING SPRING

WE HAD IN YEAR 5782

excuse and that they were really home. He turned around to leave and sent up a quick prayer- "Hashem I did my part. Now please You do Your part." Outside in the street, he bumped into someone who started asking him questions. "Where are you from? What do you do?" He was really being a nudnik. But nevertheless Daniel answered all his questions. The man held him up for seven minutes. Suddenly a car pulled up and the mother of the house he just visited was in the car. She rolled down the window and said, "I am so happy I met you! We decided we do want to send!"

It was min hashamayim that

the nudnik held him up. Otherwise, he would have been on a bus on the way out of the city. [Kav Hashgacha Pratis]

## HASHEM GUARDS MAN'S EYES

A Yid from Bnei Brak had to go to Tel Aviv to take care of something. Tel Aviv is a place where you have to be very careful about shmiras einayim. So this man davened to Hashem to help him stay strong in this area. He got onto the bus, which was empty and sat down in the front seat. The bus drove all the way until Tel Aviv without even ONE person getting on through the front door! They only used the back door! All in the zechus of the tefilla was he able to guard his eyes the proper way! [Kav Hashgacha Pratis]

## THE OHR HACHAIM MAKES A SHIDDUCH

A Yid had a daughter in shidduchim for a while. He was mekabel to learn a certain piece written by the Ohr Hachaim Hakadosh every day as a zechus. One day, he was meeting a boy that was suggested for his daughter. He asked the boy to tell him a dvar Torah. To his surprise the boy told him a vort on this exact piece he was mekabel on himself to learn. He took it as a siman min hashamayim. His daughter went on to meet the boy and the story concluded with a L'Chaim! [Kav Hashgacha Pratis]



# BEAUTIFUL QUOTES

*"Serving the Ribono Shel Olam is absolutely fun!!!"*

**R' Zevy Golombeck - Yesod 1346 on 'A Life With Bitachon'.**

*"The purpose why we were created was to remember that the only thing we have to get excited about and think about is: our loving caring Father, the Ribono Shel Olam!"*  
**Ibid - Yesod 1347**

*"All Hakadosh Baruch Hu wants, is one thing: to give, to give more and to give even more!!!"*

**Ibid - Yesod 1349 on 'A Life With Bitachon**

*"We need to learn not to get stressed about our mistakes and shortcomings.*

*Never play down your smallest zechus and even your tiniest ratzon to do good. This is a world of golden opportunities to become great in Avados Hashem. Unfortunately, people waste precious time and energy worrying about their sins."*

**Rav Yehuda Mandel - Bitachon Weekly Parshas Shoftim**

*"R' Yisroel Salanter z"l said, "We need just to do - not to accomplish." And look how much he accomplished! Almost the entire*

*Torah world today is here because of R' Yisrael's tamidim) especially the Alter of Slabodka). Despite the unbelievable frustrations that Moshe Rabbeinu had - he still remains the most accomplished human being ever. Don't be im-*

**WHAT A BEAUTIFUL SUMMER**



**WE HAD IN YEAR 5782**

*pressed with your many failures."*

**Ibid**

*"Lehavdil - in the secular world this principle also holds true and the greatest presidents and inventors went through unbelievable amounts of failures until they were suddenly matziach. Hashem likes persistence and moving on despite difficulty and he rewards it - especially if you trust in him."*

**Ibid**

*"Let us stand amazed at the Creator's plan in the recycling of the body materials. The kidneys circulate and recirculate the blood*

*so to keep it clean, so that over 2000 pounds of blood pass through the 280 miles of tubules of the kidneys."*

**Rabbi Avigdor Miller - Awake My Glory, page 294.**

*"R' Yeruchim (Olshin) listened and then said: Reb Yeshaya (Hagaon R' Shaya Shimanowitz) told me the exact same thing. "The Rosh Yeshiva would praise everyone "to the skies" and he was never mevatel anyone""*

**A Living Mishnas Rav Aharon, page 444**

*"He practically kissed us. What a warm, friendly, extraordinary man he was!"*

**Ibid, page 458**

*"We must not pay attention to the negativity that lies in our head, as these thoughts stem directly from the yetzer harah which is intended to pull us down and not feel good about ourselves."*

**Zichru Toras Moshe, Parshas Ki Seitzei**

Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email:thespringhill-times@gmail.com

# THE SITUATION IS CRITICAL!

**"No advertisements in the Spring Hill Times? So how in the world do you have funding?!?!?!"**

**"WE ABSOLUTELY DON'T!!!"**

**"But I cannot afford to give you \$3000 each month!"**

**"You don't need to! Just give \$5!"**

**"WHAT?!? ONLY \$5?!? SURE! PLEASE TAKE DOWN MY CREDIT CARD NUMBER!"**

**YOU CAN HELP US REACH OUR GOAL OF \$3000**

## NO READER LEFT BEHIND!

**DO IT FOR HASHEM!  
DO IT FOR YOUR FUTURE!  
DO IT FOR YOUR CHILDREN'S FUTURE!  
DO IT FOR KLAL YISRAEL'S FUTURE!**

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**2.**

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**Mail to:** 122 7th St. Lakewood, New Jersey

08701

**3.**

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**Write in memo:** Spring Hill Times

**4.**

**Or through our secure link:**

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### CAR BATTERY DOESN'T DIE

I just had a hashgacha pratish story. I went to go daven maariv and then learn there for night seder. After I davened Maariv, I was very thirsty. So I went back to my car to drink from my water bottle. When I got there I saw that my lights were left on. If I would have stayed inside

until after night Seder, the battery probably would have burned out!

D. L. - Jackson, New Jersey

\*\*\*

### YIDDEN LOVE EACH OTHER

We love the Spring Hill Times! It's so refreshing and comforting! We would like to submit the following :

We wanted to go on vacation as a family but we didn't have an extra penny.

We decided that it's so important for the family to go that we would go and Hashem would figure out the money. A friend offered to find and book the hotel and surprise! He called to say that it's booked and it's already paid for too !!

The hotel was the most expensive part and that got paid for. Thank you Hashem!!

Now we see how Hashem led us to that specific friend to help up with the booking so ultimately he would also be the shliach to pay for the hotel !

T.P.

\*\*\*

### HASHEM ANSWERS OUR TEFILLOS EVEN BEFORE WE DAVEN!

We went shopping one afternoon in Gourmet Glatt. We asked them to make a delivery. We forgot to take home with us the cold deli we were going to eat for supper. It was 5:00pm when we usually eat supper and we were very hungry. We asked Hashem to please send us the supper. Two minutes later the delivery came to our door!

Family - Lakewood, New Jersey

\*\*\*

### PANTS SAVED FROM WASHING MACHINE

A bochur, in Lakewood, New Jersey, realized one day that he was missing his notes from the previous day. He then remembered that he left it in his pants pocket. He thought to himself, "Oh no it must have gone in the load and it's all ruined." He was quite upset about it. He tried calling his mother but he couldn't get through. When he came home he was pleasantly surprised to find out that his pants never went in the washing machine because his parents for some reason couldn't do laundry the night before! Thank You Hashem!

Levi Goldberg - Lakewood, New Jersey

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### GIRL DAVENS TO HASHEM

I spilled red slime over my new black outfit. My parents weren't home so I went to my 16 year old sister for help. She called our aunt for an idea. She told her to put it in the freezer. So we put it in the freezer for a half hour and it still didn't come off. I was saying tehillim the whole time. We then called a different sister and she said to use alcohol. But the stain wasn't budging. I was still saying tehillim. Then my sister took soap and water and little by little the stain came all off!

10-year-old girl - Lakewood New Jersey

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### HASHEM IS THE ONE IN CONTROL

Yesterday I was very stressed out. I had a series of appointments with one of my children which weren't all in the same location. In order to get to all the appointments on time I needed everything to work out like clockwork. I spent the whole day before obsessively worrying about how and if I would make it to all of our appointments. If I missed any of the appointments I'd have to reschedule. My child would have to miss two days of kindergarten in the first week of school not to mention the huge inconvenience for me.....

After driving myself absolutely nuts, I came too late for the last appointment. I was told that, "You could try coming back the next day after my daughter finishes school. You won't necessarily get into the doctor but you are welcome

to try.”

So..... the very next day I found myself happily trudging back to the doctor with my overtired child in tow. As I was chugging along, I was hit by a flash of inspiration. “You know what,” I told myself. “You just spent the last two and a half days planning, replanning, obsessing, and getting yourself needlessly worked up about getting all these appointments taken care of. You are forgetting that you aren’t the one in control, Hashem is. It’s time to stop all the fruitless fretting and just hand it over to Him.” “Hashem,” I said, “You are the one in charge- not me. I really don’t want my child to have to miss school. I don’t want to have to go back again to the doctor’s office. I don’t want to spend more hours in the waiting room. So please Hashem make the doctor agree to see me today. Please let me go in and out quickly so my husband can be in time to second seder. I know that I’m undeserving, yet Your kindness is infinite. Please Hashem make it turn out that my child is perfectly okay. I know it may seem like I’m asking for a lot but to You nothing is too complicated. Hashem I’m putting my trust in You. Please answer me. Bli Neder if I get into the doctor and my child is fine I will send this story to “The Spring Hill Times” and “A Life With Bitachon”

Twenty guesses what happened.....

Anonymous - Eretz Yisrael

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### NOTHING IS A COINCIDENCE

We live in Clifton, NJ. A few months ago we reserved an Airbnb for a few days during bein hazmanim. We chose a place near Kiryas Yoel so we'd have a place for minyanim. One evening after mincha I told my boys, "let's go to the kever of the Satmar Rav. It's only a few minutes away." When we got there we saw lots of people but assumed it was just the regular crowd. Only the next day we found out that that day we had "coincidentally" picked was Rav Yoel Teitelbaum's yahrzeit!

A family - Clifton, New Jersey

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### SAVED BY THE LENOX SHTEEB

The Monday after Shabbos Nachmu my wife and son left for a camping trip with some other relatives. I was home alone wondering what I was going to do for dinner. Out of nowhere I saw an ad for a Kumzitz | Farbrengen with Mota Frank at The Lenox Shteeb! So I went and discovered a gevaldige Hot Buffet and refreshments! I had no inkling that this was being planned and it turned out to be perfect for me. Thanks guys!



## The Spring Hill Times says:

Thank  
you

Almost \$2000 came over the past two weeks!  
**DEAR READER! WE STILL NEED ANOTHER \$1000!**  
**AND WE NEED IT EVERY SINGLE MONTH!!!**



And Yishtabach Sh'mo!

Avi G. aka Cliftoner Yid - Clifton, N.J.

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### **EIN OD MILVADO!**

I want to share a story: Our family was in Wales for vacation. We had a really big hike up a mountain planned for the day. Only the older boys were meant to go but Boruch, who is six, really wanted to join. So in the end he also climbed up to the top of the 3400 ft mountain.

The hike took much longer than planned and it was almost dark. We ran as fast as we could until we got to a stream. We decided to follow it until the village, because we could no longer see the trail.

We walked and walked through fields for two hours in the dark, and climbed over gates and waters, through tall grass and swamps. After we reached the third gate we just weren't getting any closer and couldn't continue. We were walking already for ten hours and the kids were tired and cold, so we just stopped.

Boruch, who really couldn't walk any more and was really cold and scared, said to his tatty, "Ein od milvado!" - Hashem can help anywhere and at any time!

Then his uncle who was on the hike called for help. The man on the phone said we need to walk along the gate for a few hundred feet and we would reach the path to the village!

Baruch Hashem we did that and got out really quickly! Then when we got to the road his zeida drove us home to the warm house with a nice

warm supper and bed waiting for us! We truly learned that 'Ein Od Milvado'!

The Morris Family

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### **HASHEM IS ALWAYS READY TO HELP**

Rachel loved when someone answered amain to her brochos. One morning, when she wanted to say the birchas hashachar, she noticed that there was nobody around to answer amain..

Just then her father walked in and was happy to answer amain to all her brochos!

We learned from this story, that when we want to do something good Hashem will help us!

Anonymous

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### **YIDDEN CARE FOR EACH OTHER**

We were going to go away for vacation for a week, but our van broke. A neighbor of ours said, "No problem! Take our 15 passenger van!" They refused to take payment! מי כעמך ישראל!

Anonymous



## **TZEFAT**

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There is another thing that Hashem created in a person's body which ensures that when a person is breathing the air goes down into his air pipe where it belongs and not into his food pipe where it doesn't belong. And that is when a person breathes his chests expands, his lungs expand and that expansion causes a suction in the air pipe. It's like a balloon, when a balloon expands it sucks things in from the top. You can see that sometimes when you squeeze a bottle and then you open it up, it will suck things in through a narrow hole that it has on top. So when the lungs expand it draws air inside. So any air

that is in the back of the throat, next to the air pipe, it naturally gets sucked into the air pipe and it doesn't go into the food pipe which is not drawing the air in. This is another thing that we don't think about, that Hashem arranged in our body so that we don't have air going into the food pipe.

Based on what we explained until now about how the food pipe and air pipe work, perhaps we can suggest an explanation on the bracha that we say a few times a day - Asher Yatzar. The Shulchan Aruch brings various explanations in the pashut pshat of the bracha. Perhaps we can explain that when we say שאם יפתח אחד מהם או יסתם אחד it is referring to the food pipe and the wind pipe. When a person is eating it is very important that his food pipe is open and

it is also very important that his wind pipe is closed. If one of these two things wouldn't happen a person wouldn't be able to live. We can explain the bracha that says - if the air pipe would open - שאם יפתח אחד מהם or if the food pipe would be closed when a person is eating - או יסתם it would be impossible for a person to live - אי אפשר. להתקיים ולעמוד לפניך. This would be a nice opportunity for a person to pay attention to thank Hashem for the wonderful miracles that He does every time that we eat.

\*\*\*

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## Q&A with R' Zevy Golombek

**By: R' Shalom Yedidya Klatzko**

**Q. Baruch Hashem, I was able to get married right away, and now I was blessed with a baby.**

**However, I have a twin sister who is still looking for her bashert, and it's painful for her to see that I moved on in life while she is stuck behind.**

**As a result, my joy over my good fortune is bittersweet. How can I have true joy over the fact that I'm married and was blessed with a child, with the knowledge that my good fortune is causing my sister pain? What is the emunah and bitachon perspective about this?**

**A.** Try to zoom into your emotions and discern: what's really disturbing you?

The reason you feel bad is because

you are labeling yourself as the source of your sister's jealousy. Therefore, you are looking at yourself as the cause of your sister's pain.

Naturally, bearing this title will dampen your joy; no one wants to be the one who causes pain to others. We want to only be a source of happiness and joy to others. This title that you're giving yourself is attacking your self-image.

However, this premise on which these feelings are based is incorrect. You must understand that the pain your sister is going through has nothing to do with you.

Hakadosh Baruch Hu is the One running the world. He is the one who sets up each person's situation in life. And He gives each individual a set of circumstances that He knows is best for their tikkun haneshama.

Therefore, when you start feeling bad over your sister's situation, tell your-

self, "Hashem knows that what's best for me is to be able to get married and have a child right away, and my sister's tikkun at this point is to still be single. If she would not be in this situation, it would be poisonous for her! She would be unable to accomplish the purpose of why she came down to this world."

When you understand that you are part of Hashem's plan, you will not feel that you are the object of your sister's pain. On the contrary, you are Hashem's shaliach to help your sister arrive at her tikkun.

Additionally, when you put in effort in not feeling bad, rather accepting that this is what Hashem knows is best, you can turn to Hashem and say, "In the z'chus that I am rising above my nature and acknowledge that this is coming from You, in this merit, my sister should be zoche find her zivug and to build a family of her own b'karov mam-mash".



# WONDER OF THE WEEK

By Rabbi Yaakov Lubin

Our sages teach us that everything Hashem made in this world has a purpose and that when we see the wisdom and kindness found within them, we fulfill a positive mitzvah of the heart (Chovos Halevavos 'Duties of the Heart', Gate of Reflection). One of my favorite examples of how we can see the wisdom and kindness of Hashem hidden within creations is with Icebergs.

When people think about icebergs, they often associate them with how they sink boats as happened to the famous titanic that got sideswiped by a giant iceberg sending it sinking to its doom. But the Chovos Halevavos teaches us that if we look hard enough, we will find wisdom and kindness in all creations, so our question is, why did Hashem make Icebergs?



## Why did Hashem make these mountains of ice?

To truly appreciate what icebergs do, we first have to know where they come from. Icebergs actually start forming on land in areas that it is very cold and it snows a lot over the winter. In some places, near the north and south pole, it snows so much, and it is so cold, that not all the snow melts in the summer. The following winter, more snow falls onto the old ice, and this happens year after year until there are giant blocks of ice that can be a mile tall and a thousand miles long. These giant ice blocks are called glaciers. Despite their massive size, glaciers are constantly moving. They slide along a small stream of water that forms underneath them and can move anywhere from



## HASHEM'S MAGNIFICENT ICEBERGS

a few feet a year to a few feet a day. As they move, giant ice blocks bulldoze their way across the land, crushing virtually everything in their paths, including rocks containing important minerals that living things need.

When glaciers crush rocks, massive amounts of minerals get pumped into the ice. Since glaciers

are constantly on the move, eventually some make their way to the ocean where little pieces fall into the water in which case, an iceberg is born. That is where icebergs come from, they are little pieces of giant glaciers that fall into the water.



## Iceberg forming as it falls off a glacier.

Now icebergs are not really that small, as the word iceberg actually means ice mountain in Dutch due to their great size. They can be 55 stories tall above the surface of the water which is literally the tip of the iceberg. If you have ever heard that expression it comes from icebergs because only 10 percent of the ice is above the water. Hashem made icebergs so big and packed them full of nutrients for a very special purpose—to help support life in the sea!

Sea creatures in the north and south pole depend on icebergs for their nutritional needs. All forms of life need basic vitamins and minerals to survive such as iron. In general, living things get their minerals from water in rivers that flow over rocks. The minerals in the water are then drunk by animals. Most sea life also gets their minerals from rivers that flow over rocks and then spill the water into the sea where it

Continued on next page

## WONDER OF THE WEEK

By Rabbi Yaakov Lubin

Continued is absorbed by microscopic creatures and then transferred to the other forms of life through the food chain.

This works well for areas of the ocean near land that is warm enough to have free flowing water and rivers. Near the north and south pole however, there are areas that are so cold there is no flowing water and no way for rivers to supply them with their nutritional needs.



**The tip of the iceberg!**

For Hashem—this is no problem as He can do anything and made giant vitamins the size of mountains to provide for His creatures. The whole time glaciers were bulldozing their way over the ground, they picked up massive amounts of minerals. As the icebergs

fall one after another into the ocean, they sail their way around the waters near the north and south pole. As they melt, they slowly release the minerals within them, and cause a flourishing of life everywhere they go.

Icebergs are a truly magnificent invention of Hashem to provide sea creatures with the minerals they need. We say three times a day in the Ashrei prayer “Poteach Es Yadecha U’Masbia Lkol Chai Ratzon” (You Open up Your Hand

and satisfy every living creature) and

icebergs are a great example of how Hashem does this in truly extraordinary ways making giant vitamins the size of mountains to support life in the sea.

"The purpose of all these wonders is to make us aware that Hashem is there and that He is the One who brought these wonders about.

"Rabbi Avigdor Miller (Ohr Avigdor, Chovos Halevavos)

## Yeshivas Erev Shabbos

*Welcome Shabbos in the most beautiful way and enjoy the calmness of Erev Shabbos*

*"כי...מקור הברכה"*

### **Attention All:**

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## *A GLIMPSE INTO THE PAST*

By Sruli Yelen - Lakewood, New Jersey



*R' Leib Bakst zatzal (Left) with Rav Shneur Kotler zatzal.*



*R' Moshe Feinstein zatzal with his son R' Dovid zatzal.*

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- A few people may jointly fill out one chart.
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\*We are not responsible for raffles inadvertently left out.



# A life saving Amein!

## Chapter #3



To be continued.....





## BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN!

### BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

1. Write stories about our tzaddikim and gedolim.
2. Write stories about Shabbos Kodesh and Yomim Tovim
3. Send in pictures of gedolim from the past.
4. Send in pictures of Hashem's beautiful world.
5. Someone who can help with technical support for our Lakewood printer.
6. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)

Please call/text 845-327-5041  
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## A VISIT TO R' DANIEL!

**Recap:** A most amazing piece of information that is too good to be true came to our attention: Here in New York lives a very old man, who is the last known remaining living Yid who left Mitzrayim. His name is R' Daniel and he is from Shevet Don. When he left Mitzrayim, he was a 15-year-old boy and today he is 3349 years old! He lives today with his great-great-great-grandchildren in Monsey, New York. The Spring Hill Times has been granted the rare privilege of being able to interview him from time to time.

It was a beautiful summer day and we once again went to visit R' Daniel.

He welcomed us in warmly. He then ran into the kitchen and came back holding in one hand freshly baked chocolate chip cookies and in the other a coffee.

**Spring Hill Times:** We would like to thank you in the name of all of our readers. We all enjoy so much these interviews. There is so much we can learn.

**R' Daniel:** You're welcome! And I want to thank you for coming. I really enjoy it!

**Spring Hill Times:** You're welcome. Some of our readers wanted to know if you had some advice about what we can do to be zoche to a good new year.

**R' Daniel:** I think you need to look in the gemara and the seforim Hakedoshim. Or perhaps ask your Rebbi or Rav.

**Spring Hill Times:** But our readers would be so disappointed if you don't give us an idea. Could you please tell us something that you think that can make us serve Hashem better?

**R' Daniel:** Sure! Write a book!

**Spring Hill Times:** Write a book?

**R' Daniel:** Yes! Write a book!

**Spring Hill Times:** But what in the world are we supposed to write about? Most of us didn't go through the holocaust, at least in this gilgul, so what do we have to write about?

**R' Daniel:** I'm sorry but I don't understand

your question.

**Spring Hill Times:** Baruch Hashem so many people today didn't go through the sufferings. They didn't go to Siberia and didn't need to escape from North Korea. So many people Baruch Hashem didn't have cancer. Nothing dramatic happened to them, so what in the world are they supposed to write about in their book?

**R' Daniel:** I'm so sorry but I still don't comprehend.

**Spring Hill Times:** Can you please explain why you don't understand?

**R' Daniel:** Sure!

A person who Hashem put through the holocaust and survived needs to thank Hashem but the person who Hashem didn't put through a holocaust need not thank Hashem?!?

The cancer survivor needs to thank Hashem but the healthy person who didn't get cancer need not??

Where are all the books from millions of people who are receiving non-stop kindnesses from Hashem?

**Spring Hill Times:** Wow! So do you really think we all have what to write about?

**R' Daniel:** Yes! Boy do you have what to write about! Just take 15 - 20 minutes and write down 'Thank You Hashem' for all the good things He gave you during the day.

Let's say you write down every day of the week just one page. Do you know how many pages you have in one year?

**Spring Hill Times:** About 360?

**R' Daniel:** Yes! Now let's say you do this for 50 years. How many pages would your book have?

**Spring Hill Times:** 18,000?!?

**R' Daniel:** Yes!!!

**Spring Hill Times:** Wow! Unbelievable!

**R' Daniel:** Let's say you two pages a day how many pages will you have over 50 years?

**Spring Hill Times:** 36,000?!?

**R' Daniel:** Yes!

Now let's say your wife will also write her book of two pages a day. How many pages will you have all together?

**Spring Hill Times:** 72,000?!?!

**R' Daniel:** Yes!

Now let's say your five children write their own books. How many pages do you have total?

**Spring Hill Times:** 252,000 pages?!?!

**R' Daniel:** Yes!

**Spring Hill Times:** Wow!!! This is absolutely incredible!

**R' Daniel:** Yes, indeed!

Now let's say you divide it up into volumes of 250 pages each. How many books will you have?

**Spring Hill Times:** 1000?!?!

**R' Daniel:** Yes!

**Spring Hill Times:** This is mind boggling!

But wait one minute. What is there to write about? How do we even get to write one page a day?

**R' Daniel:** Thank Hashem that you are alive and healthy. Thank Him that your wife and children are alive and healthy! Thank Him for the thousands of breaths you take effortlessly throughout the day! Thank Him that you can go to the bathroom normally! Thank Him that you have a house to live in. You have a car or two. Thank Him for all the mitzvos you are able to do throughout the day. Thank Him that your children are developing normally! Thank Him that you have a source of income! Thank Him for every piece of food He gives you. Thank Him that you don't have mice in your house! Tell Him how much You love Him.

**Spring Hill Times:** But let's say I had a headache, the baby was kvetchy or I was in a bad mood, what should I be thanking for?

**R' Daniel:** For all the trillions(!!) of kindnesses He gives you every single second of the day! Make a cheshbon and you will see

every difficulty you had is completely nullified, millions of times over, by all the good He gives you.

And even the difficult things are also kindnesses, even though we may not understand why.

**Spring Hill Times:** Wow! I can't wait to share this with our readers! This is so amazing!

**R' Daniel:** 100%! Can you imagine what it would be like if our book shelves would be lined with thousands of books about the goodness of Hashem!

Can you imagine libraries of millions of books all describing Hashem kindness?

**The Spring Hill Times:** Wow! This is so exciting...

Can you please tell us a little about how the month of Tishrei was back in the days of the Bais HaMikdash? To be continued BE"H

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By T. Bauman

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overnight, on a Sage.  
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and also varied sizes.  
I'm a number one choice  
When it comes to disguises.  
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two times during the year,  
When, because of a restriction  
I pop up everywhere.  
This one is easy,  
Don't scratch your chin all night  
I've trimmed out all the options,  
I'm sure you'll guess it right.

Find the answer somewhere on this page!

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### MAZAL TOV

Mazal Tov to R'  
Moshe Werzberger  
and family (Chestnut Ridge, N.Y.)  
upon the Bar Mitzvah of their son  
Raphael!

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Five Weekly Thank Yous

By R' Simcha Elefant - Yerushalyim

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845-720-4040 Ext 6

Updated every Motzaei Shabbos!

### Riddle Corner #7

*Which Avaira if done only once, a person could be Chayav Karais, but if the person continues to do the same Avaira more than once, he can actually become Patur from Karais?*

Leave your answer on the Chaishek HaTorah Line 845-720-4040 ext: 9 by Sunday 7PM EST to be entered into a raffle for a Sefer.

Call the hotline and press 9 and leave the answer with your name and telephone number. The answer and winner will be announced on ext: 14 #7

## A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's **YESOD/Vort** on Bitachon
- 2 Today's **STORY** of Bitachon
- 3 **ANSWERS** to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the **PARSHAH**
- 5 **QUOTE** from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's **STORY** how Bitachon helped someone through a Nisayon
- 8 **ARCHIVES** (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 **RECORD** your Questions, Stories & Comments
- \* Back to previous menu
- 0 **SONGS** of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back <small>The beard</small>	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
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## The Spring Hill Times

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Chestnut Ridge, NY, 10977  
845-327-5041  
thespringhilltimes@gmail.com

**HASHEM IS WONDERFUL!**

**LIFE IS WONDERFUL!**

**KLAL YISRAEL IS WONDERFUL!**



**Yum! Delicious!**

**Year 5782 was even more scrumptious! Thank You Hashem!**

### Grabbing the Reins

**By: R' Yosef Moshe Mizrachi**

There was once a wise man who met the king. The king asked him, "Who are you?" The wise man responded, "I am the master of the one you are a servant to." The king then asked, "And who is that?" To which the wise man replied, "Your natural desires" (Madreigas Ha'adam, Yirah V'ahava, Perek Yud Zayin).

People have different challenges and struggles. Some suffer from arrogance, while some have low self-esteem. Sometimes people are too soft, and sometimes they are too rigid. However, there is one thing all people share: the opportunity to work on overcoming our nature. Doing so is not only the foundation of serving Hashem, but it is also so exciting and empowering! In Novardok, talmidim each had a notepad, and they would write down every time they would overcome their nature and then report it to their rebbe. In return, he would compliment them and encourage them to continue. With guidance from a rebbe, I encourage everyone to try and experience it for themselves!

There is an amazing story that Avi,\* a talmid of Rabbi Yehuda Mandel shlita, told me about first-hand. During summer vacation, Avi found himself feeling a little lethargic. Without his regular full schedule, he needed something to energize him throughout his day. One evening, he decided to challenge himself to try to do twenty-five actions that go against his nature to serve Hashem. He planned to keep a notebook in

his pocket and record every time he went against his nature. When he would reach twenty-five actions, he would reward himself with twenty-five dollars and tell his rebbe about his accomplishments.

The first day, Avi's toddler woke up an hour earlier than usual. As he groggily got out of bed, Avi realized his chance at a head start on his goal. He sang, "Gam Zu L'Tova!" while dancing with his baby. When the time for Shacharis arrived, even though he was a little tired, Avi specifically zoomed off to shul. After davening, Avi introduced himself to another Yid that he was intimidated by and shared a D'var Torah with him. Then, when saying the bracha of 'Asher Yatzar,' Avi slowed himself down and read the words inside a siddur slowly and calmly. Before breakfast, Avi called a friend that he had not spoken to in a few months to wish him a good day, even though they had not spoken in a while, and he ran the risk of not making a good impression. Later in the day, Avi felt himself getting impatient while dealing with his brother, so he gave him a big compliment and told him how he appreciates him. After a full day's work, Avi hit twenty-five actions! Avi said that even though it was the most ordinary of days, he felt like he was in Six Flags, having a blast! So is the power of working to go against one's nature.

**Shabbat Shalom U'Mevorach!**

**L'iluy Nishmas Zecharia Ben Aharon, Sarah Bat Yaakov, Shmuel Ben Meir, and Sarah Rivka Bat Aharon Yehuda**

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