

The Spring Hill Times

Spreading Hashem's goodness all around the world

ARIZONA - BALTIMORE - BEITAR - BEIT SHEMESH - BELGIUM - BORO PARK - CHESTNUT RIDGE - CHICAGO - CLEVELAND - CLIFTON - COLORADO - CONNECTICUT- DENVER - DETROIT - FERNDALE- FLATBUSH - FRANCE - GATESHEAD - GERMANY - GEORGIA - INDIANA - JACKSON - KIRYAT SEFER - LAKEWOOD - LONDON - LOS ANGELES - MANCHESTER - MASSACHUSETTS - MELBOURNE - MIAMI - MILWAUKEE - MINNESOTA - MISSOURI - MONROE - MONSEY - MOUNTAINDALE - NORTH CAROLINA - OORAH - PASSAIC - PENNSYLVANIA - SOUTH AFRICA - SOUTH FALLSBURG - SYDNEY - TAIWAN - TZEFAT - TEL AVIV - TENNESSEE - TEXAS - TOMS RIVER - TORONTO - VERMONT - VIRGINIA - WASHINGTON - WILLIAMSBURG - YERUSHALAYIM - ZURICH

ISSUE 75

PARSHAS TOLDOS

KISLEV 5783

INSIDE THIS ISSUE:

Weekly News Roundup..... 3
 Living with Hashem..... 6
 Our Readers Share..... 9
 Q & A with Rabbi Golombeck.....13
 Chizuk Corner15
 Growing from Our Gedolim.....17
 Ayin Tova.....21
 Grand opening.....28
 Comics30
 Riddles37
 Rabbi Yosef M. Mizrachi.....38



Can we ever thank You enough, Hashem, for giving us such a beautiful life?

HASHEM SENDS FAMILY \$5,000

The Roth* family did not have any money to pay their bills. Between mortgage, and other bills, they needed \$5,000.

Mr. and Mrs. Roth* were at a loss. They immediately turned to Hakadosh Baruch Hu for help.

Right afterwards, they received a notice from the government that they were eligible for a grant of \$5,000! The exact amount they needed to pay up all their bills! [R' Zevy Golombeck]

HASHEM LISTENS TO YOUNG BOY'S PRAYER

A boy from Tzafat asked his father to please warm up supper for him. The father told his son that he would have to wait a while for it to warm up in a pot, because the microwave was broken.

The boy took it a bit hard that the microwave was broken, so the father told him that he could daven to Hashem.

The boy went and davened that Hashem should send them a microwave.

Continued on page 2

This week's issue is dedicated:

L'iluy Nishmas

ר' ישעיה בן ר' משה יחיאל מיכל זינדא

חווה רבקה בת ר' שלמה זלמן
 ר' צבי הירש בן ר' אליעזר הלל
 ריזל אסתר בת ר' דב בעריש

Making a simcha? Have Yartzeit? Or just want to tell Hashem how much you love Him?

**FOR DEDICATION OPPORTUNITIES,
 PLEASE CALL / TEXT (845) 327-5041**

EMAIL: THESPRINGHILLTIMES@GMAIL.COM

לזכות: מרים בת ברכה.

- READING POSITIVE NEWS WILL HELP YOU:
- Love Hashem more.
 - Do more mitzvos.
 - Be a happier person.
 - Be a healthier person.
 - Be a calmer person.
 - Be a better parent.
 - Be a better friend.
 - Live longer!

To subscribe, submit story or give feedback please call or text 845-327-5041. **To leave message 24/6 call 385-381-0977**
 Email: thespringhilltimes@gmail.com

WEEKLY NEWS ROUNDUP

Continued from page 1

Later that day, a neighbor knocked on their door and asked, "Would you like a new microwave? We have an extra one!" [Kav Hashgacha Pratis]

YESHIVA BOY LIVES WITH HASHEM

Shloimy, *a ten-year-old boy from Lakewood, New Jersey, wanted to have a friend come over to his house after school. He went with the friend to the office so that the boy could call home to ask permission. But the secretary said, "Sorry no phone calls." So Shloimy turned to his friend and said, "Have no worries. We are going to daven mincha now. I'm going to daven that we should get a phone. Hashem will surely send us a phone."

Sure enough, after mincha he met a Rebbi who he was close with and he gladly let him use his phone!

HASHEM LISTENS TO YOUNG GIRL'S PRAYER

Aidel Dopplet, 8 years old, from Lakewood, New Jersey, was playing with a baseball. It rolled down the block.

A person who passed by,

saw the ball and took it.

When she realized what happened, she davened to Hashem to get it back.

A few weeks later, she was outside, and her mother saw the ball. She asked Aidel if it was her ball, and it was!!

Yes!! Our Tefillos are powerful!

PHONE DOESN'T GET STOLEN

A Campus Rabbi in NY said over the following story.

(A Campus Rabbi is a Rabbi who sets up a table on a university campus, where a lot of Yidden, who don't have much connection to Yiddishkeit walk by. They stop at the table and the Rabbi will give out flyers, talk about their Shabbatons and tell them about their classes on Torah and Yiddishkeit.)

One particular day, no one was stopping at his table. He was getting very bored and frustrated, so he decided to call 'A life with Bitachon' and listen to songs of Bitachon.

While he was listening, a student came over and he started talking to him.

His phone was still playing

songs of Bitachon, but he could not hear them because it was on his headphones, which were off his head.

After he finished speaking to the student, he went to the park to eat lunch. He then left the park and a little while later, he noticed that he accidentally had left his phone on the park bench in New York City!

He quickly ran back and his phone was still there playing Hakol Yachal and other songs of Emunah and Bitachon!

He felt that his Bitachon was guarding over his phone so it should not get stolen. It was a great reminder for him that Hashem loves him and is in charge of the whole world!

MOTHER STRENGTHENS HER TRUST IN HASHEM

Mrs. Baum* had a dentist appointment for her child. When they got to the dentist, they could not find parking. Mrs. Baum* kept circling around and around for a half hour but they could not find a spot.

She was scared her child was going to miss the appointment. She called up

WEEKLY NEWS ROUNDUP

her mother in desperation and asked her if she had an idea to help her.

Her mother said, "I know! I have Kuntres Beis Halevi. (Artsroll put out a Kuntres in English of all the Pesukim of Bitachon.) She started learning the Pesukim of Bitachon and just then Mrs. Baum* said "Oh Mommy, Baruch Hashem, I found a spot!" (R' Zevy Golombeck)

THE POWER OF FORGIVING

A bachur from Bnei Brak came home from yeshiva on Friday and was told that his mother was just rushed to the hospital. She had a medical condition and needed to be rushed into emergency brain surgery.

Right before Shabbos, he was given an update that she was unconscious and on a respirator. Her situation was very serious.

That Shabbos afternoon, he picked up a paper and read there about the importance of forgiving people who hurt you.

He decided then and there that he was going to be mochel all the people that

hurt or bothered him as a zechus for his mother.

After Shabbos, he got a call from his brother who was with his mother. He said that in the afternoon she woke up from her coma! He asked his brother what time that happened and realized it was the same time when he had accepted upon himself to forgive everyone!!! [Kav Hashgacha Pratis]

HASHEM TAKES CARE OF CHILD IN PAIN

Yaakov from Bnei Brak, had a son with terrible pain in his teeth. They tried reaching the dentist but there was no answer and they didn't know if the office was open.

He told him to go down there and see if it was open and hopefully the dentist could treat it right away.

He came to the office and there was a sign: "Chag Sameach, we are closed."

He turned around to leave and noticed the dentist behind him coming to pick up his mail. He was a frum Yid and said even though I'm closed, it's amazing you came just now. It's a sign from Heaven. Please

come inside and I will treat you!!!

[Kav Hashgacha Pratis]

BOCHUR'S HAT FALLS INTO CHOLENT

A 14-year-old bochur in Beit Shemesh, was sitting by a kiddush on Shabbos Bereishis. There were a group of boys sitting behind him and someone by mistake knocked his hat into a pot of cholent.

The father said that his son's initial reaction was, "Kol ma d'avid rachmana letav avid."

He did not even turn around to see who did it!!!!

His brother asked him, you don't want to see? He said if he was walking on the street and the wind blew his hat off would I get upset at the wind? The same here. What's the difference if it came through the wind or someone else, its min hashamayim. He was mekabel b'simcha. [Kav Hashgacha Pratis]

Yes! We all know it already! Klal Yisrael is as stunning as ever!

HASHEM HAS MANY WAYS

WEEKLY NEWS ROUNDUP

A Yid recounted how a few weeks ago his wife lost her job and he had lots of expenses and debts. He had no one to turn to and didn't see any way money could come b'derech hateva.

He strengthened his trust in Hashem that Hashem is the Hakol Yachol. Even though it was very difficult he still tried to stay strong.

Then he got a phone call from his cousin. He asked him, "Do you remember that a couple of weeks ago you mentioned that Mr. Fisher* wanted to sell his house?"

Well I later met someone who was looking to buy a house and I told him about the house. In the end it was a sale and now he wants to pay you a broker's fee!"

It came out to be a lot of money and he was able to pay off his debts and expenses!! [Kav Hashgacha Pratis]

YID TURNS TO HASHEM

A Yid from Eretz Yisrael said over that his son didn't seem to be hearing well. He took him to a doctor who said that he really didn't hear well and would

need hearing aids.

He was mechazek that Hashem is a Kol Yachol and as hishtadlus decided to go for a second opinion.

The next doctor said the same as the first doctor that his son didn't hear well but it was easily reversible with minor surgery that he could perform.

He then tried to call the hospital to make an appointment for the procedure, but was told that he had to wait a few weeks to book. Again he was mischazek in emunah and bitachon.

He called back a few days later and was told that an appointment just opened up for that week and he got the best doctor who could deal with that issue! [Kav Hashgacha Pratis]

TZEDAKAH - THE MOST SUCCESSFUL INVESTMENT!

I am an avreich from Bnei Brak. My neighbor, who is over seventy, may he live for many good, long years, told me the following:

Baruch Hashem, I merited to marry off all my children honorably, b'siyata

d'Shmaya. Do you think this is because I worked? No, I learned in kollel, and even if I had worked, I don't think I would have been able to accumulate the sum necessary for one wedding. Back then, as a young avreich, I thought it would help if I put aside a set amount of money each month.

That's what I thought, and that's what I did. I deposited a monthly sum in an investment fund, and I hoped the profits would help me when the time came.

Several years passed. My father was about to marry off one of my brothers. He did not have much money, and I could not ignore his plight. I had money and Abba didn't. How could I stand by and watch his beard turn grey and the creases deepen on his brow? I feared for his health.

I withdrew all the money I had invested and gave it to my father. He breathed easier, and b'siyata d'Shmaya, he married off this son and the others who followed him.

With every wedding, he ex-

WEEKLY NEWS ROUNDUP

perienced another miracle. For that wedding I was the source of his miracle.

A few days after I withdrew the funds, the bank manager called me, and I heard extreme agitation in his voice. "Tell me, how did you know?" "I didn't know. What was I supposed to have known?" "How did you know to withdraw your investment funds?" "I needed the money," I said simply. "That's all? You just needed the money? You should know that this investment failed, and all the investors lost all their money."

I thanked Hashem with all my heart. Like all the other investors, I hadn't benefited from the money, but while others were in anguish over the money they had lost, I had passed on the investment to the World to Come. The money had gone toward the most exalted form of the mitzvah of tzedakah – giving it to my parents for hachnasas kallah.

The fact that I would have lost the money was a great comfort to me.

Years passed; my father was zocheh to marry off

all my siblings, and he remembered the money I had given him. Although I had given it completely as a gift, my father wanted to return it. In gratitude for my help back then, he told me that he had bought a plot of land for a low price, and he was giving it to me. The title of the land was transferred to my name.

A few years later, when I myself was slated to become a mechutan, b'sha'ah tovah, Hakadosh Baruch Hu arranged that the plot of land became legally available for building, and it was now worth many times its original value. The city bought part of the land, and I had a building constructed on the other part. With the income I gained from this plot of land, I married off all my children with dignity.

Had that investment fund succeeded and borne fruit as the bank had originally predicted, would it have yielded enough money for even one wedding?! [Kav Hashgacha Pratis]

HASHEM MAKES A Yid SO HAPPY!

R' Dovid Sheldon from

Stamford Hill, London, had on Shabbos morning a question on the Parsha. He asked the question to a friend in shul. His friend told him that the Ramban asked the question and offers two answers. R' Dovid checked it up and found the answers very interesting.

He then came home for the Shabbos seudah. Right before the seudah for no apparent reason he took out a notebook of his that contained his chidushei Torah.

He randomly opened it up and there staring at him was the same exact question. He had the same question some years before and offered a different answer of the Ramban.

He felt so bsimcha and felt how Hashem loves his chidushei Torah!

Yes! Klal Yisrael loves Hashem's Torah! And of course Hashem loves our learning!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

HASHEM IS THE ONE IN CHARGE OF APPOINTMENTS

Mrs. Rosen's child was complaining that she was experiencing excruciating pain. They needed to have an ultrasound taken right away.

They called to make an appointment, and the response was, "We are all backed up. The next available appointment is in two weeks from now." They said, "But she is in a lot of pain! We can't wait that long!" The receptionist on the other line said, "Sorry, so is everyone else. Everyone is in the same boat."

They then realized, who is in charge of making appointments? No one other than Hashem, and He can help them!

Suddenly, the receptionist said, "If you did not eat anything this morning, then we have an appointment today at 11:00." And they got the appointment just when they needed it!

MAN LOVES HASHEM

My Talmid, Chaim Yair told me over that his Zeida owned a lot of real estate. He felt at one point, that the place where he lived because of his parnassah, was not good for the chinuch of his children. So, he picked up his family, abandoned his parnassah and came to America! Now, his children and grandchildren are growing in Yiddishkeit and enjoying Hashem's Torah!

GIRL TURNS TO HASHEM

A girl was on the way to school. She noticed that it was cold outside. She didn't want to turn around and go back home to get a jacket, because she was afraid she would be late to school. She then stopped herself and said, "Who runs the world? Hashem! He can get me a jacket!"

Right then, she saw her friend coming from across the street. Her friend said, "You look a little cold, I have an extra jacket with me. Do you want it?"

HASHEM GIVES BOY QUARTERS

A Meshulach from Eretz Yisrael came over to me said that he has a lot of quarters and he asked me if I could change the quarters for dollar bills. I said, "Sure," and I changed a five-dollar bill for 20 quarters.

I walked away and I was wondering what would I do with so many quarters?

Amazingly, later that day, a boy in Leifers wanted to buy something from the snack machine and he asked me if he could change a dollar bill for 4 quarters!! I have been in Leifers for about 10 years and never before did a boy ask me to change dollar bills for quarters! Hashem sent him the quarters through me!

IT'S ALL UP TO HASHEM

R' Yisroel Meir was married for some time, and he had just moved into a new apartment. He

received most of his furniture, but his dining room table had not arrived.

Every week on Shabbos, he would have to drag his kitchen table into the dining room, and it was annoying and hard.

He and his wife called up the furniture store and they said the table would not come for another three months.

Three months was a long time, and they didn't want to wait so long. They decided to have Bitachon and truly believe that Hashem can send the table any day.

The next day, there was a knock at his door and yes! The delivery workers were there to bring over his brand-new dining room table!

WOMAN FINDS HER LOST JEWELRY

Pesach time, Mrs. Sterman* realized she was missing all of her jewelry. She noticed this right after her cleaning lady cleaned her room. She thought that there was probably a connection. But she was mechazek herself in Bitachon, and did not give up. She believed that Hashem could do anything and could still make her jewelry show up.

Last week, 6 months later, she noticed something bulging out of a suitcase in her room. She checked it out and all her jewelry was there!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



Mrs. Sterman* said that she checked in that spot countless times before and nothing was there! Now, Hashem decided it was the perfect time for her to get it back and get it back she did!

HASHEM SENDS FAMILY \$1000

One day, Mrs. Hoberman,* who has cleaning help, had no money to pay her cleaning lady. Her lady was leaving very soon, and she just relied on Hashem that the money should turn up.

Right then, her husband came home looking very happy and he was holding a check.

What happened was, last year they felt that a company owed them some money. They sent in a claim, and it was denied by the company. Now, the company decided to pay them back and they wrote out a check for 1,000 dollars! It was right in time for her to pay up her cleaning lady!

YUNGERMAN ENJOYS HASH-EM'S FRUIT

A yungerman said over that he saw a few weeks ago on the cover of the Spring Hill Times an article about a delicious looking fruit. It got him so excited that he decided to go buy delicious fruit from the store. When he got there, he was disappointed, because the fruit did not look fresh and appealing, so he did not buy any.

Later that day, his wife came

home with yummy, fresh fruit and she did not even know that her husband really wanted fruit!

YIDDEN LOVE EACH OTHER

A Talmid of mine was learning with his chavrusa and he saw that his chavrusa really needed a tissue. But he did not want to embarrass him, so he got up to get himself a tissue, pretended he needed one, and then put the box of tissues on the table. Like this, he did not embarrass his friend and helped him in a sensitive way!

LOST A POCKETBOOK AND FOUND HASHEM!

Mrs. Cohen* was in a store shopping, and she realized she had lost her pocketbook. The woman working in the store noticed that she was looking down and asked her what happened. When she heard what happened she said, "I know what you should do! Call the 'Life with Bitachon hotline!'"

Mrs. Cohen* called the number and she was blown away! She was mechazek herself in bitachon and amazingly, she found her pocketbook!

Her story does not stop there. Her entire life has changed, and she passed on the hotline to other people who are also in need in chizuk. Their lives are also changing! Because she was missing her pocketbook, many people are finding Hashem!

A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel	079-704-0068
Lakewood.....	732-719-3898
Monsey	845-470-5577
Five Boroughs	929-470-5577
England	03-303-502-368
Australia	(3) 99-997-300
Canada	647-498-7700

BEAUTIFUL QUOTES

"Hashem is waiting for you in the Next World and He is going to reward you for a lifetime of accomplishment. We don't pursue happiness it pursues us."

Rav Avigdor Miller Speaks Vol 1, Page 118

"You are in the army now, and every morning "Modeh ani lefanecha," I am happy, Hashem, that You took me back in your army."

Ibid. Page 153

Reproduced from 'Rav Avigdor Miller Speaks' by Rabbi Simcha Bunim Cohen, with permission of the copyright holders, ArtScroll / Mesorah Publications, Ltd.

"Walking in the scorching sun during a heatwave, a grandson overheard him saying numerous times, 'Thank you Hashem for the sweet sun. I love You for this wonderful gift...!'"

Open Your Eyes - Page 256

Reproduced from 'Open Your Eyes' by Rabbi Dov Keilson, with permission of the copyright holders, ArtScroll / Mesorah Publications, Ltd.

"We must always remember that Hashem is very close to us, and seeks the connection of each of us."

"Zichru Toras Moshe - Parshas Chayei Sarah

"If you didn't say 'thank You' for your life, health, friends, family, your Torah and Mitz-

vos etc. then your life, health, friends, family, and Torah and Mitzvos are all lacking - they aren't complete. In fact ikur chasar min hasefer - they are totally lacking and chas vshalom won't last since they aren't appreciated."

Rav Yehuda Mandel - Bitachon Weekly, Parshas Chayei Sarah

"A young boy who davens in my minyan, Shar HaBitachon of Navardok, was asked where he davens. He said "By R' Mandel's Shar HaBitachon." When he was asked, "How many people daven there?" He said, "In Navardok the size of a minyan is nothing but pure redifas hakavod and we don't get in involved! Hakavod Hevel Havalim!"

Ibid.

"He wasn't feeding any guests. His tefilos didn't help. He didn't end up bringing his son as a korban. It looked like that whatever he tried didn't succeed.

And do you know who is the most successful person in Klal Yisrael's history? Avraham Avinu...!

We are not here to accomplish... Our job is just to try - to do actions of showing Hashem of doing something."

Rabbi Zevy Golombeck - A Life with Bitachon, Yesod

1400

"There is no such thing as 'I missed my bus'. Because if it was Your bus you would have made it. Obviously if you missed it, it was someone else's bus."

Ibid, Yesod 1401

"The circulatory system is a pipeline that services not merely seven billion but one hundred trillion inhabitants - the living cells that make up your body!"

Awaken Your Emunah, page 44

"It is by singing to Hashem in this life that one proves eligible for the career of singing in the Afterlife."

Rav Avigdor Miller - Awake My Glory page 285

"A woman going about her humble daily tasks in the kitchen, if she learns to concentrate on Emunah and Bitachon and to foster and nurture great ideals within her mind, can become one the greatest personalities in the Jewish nation."

Ibid. Page 335

Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email: thespringhilltimes@gmail.com



YIDDEN LOVE TO-RAH

My father runs the Avos Ubanim program in our shul. Last year,

we went shopping in a seforim store upstate to buy seforim to give out as presents to the children. We were waiting on line with a huge pile of seforim. In back of us was a chasidische man. He asked us if we are going to learn all those seforim. We told him that we are buying it for Avos Ubanim. He answered, "If so I want to sponsor it." He paid for all the seforim!

Yaakov R.- Chestnut Ridge, NY

YIDDEN ARE WONDERFUL

Dear Editor, the following story took place not long ago, in a frum city.

A Yid was in his car waiting at a red light, when suddenly an oncoming car swerved out of the lane, and crashed into him head-on! His airbag went off, and this gave him a "carpet burn" on his arm, which is apparently common from airbags. Additionally, from the force of the collision, he had an injury to his wrist and thumb. Both drivers were able to exit their vehicles, albeit a bit dazed. However, the driver who had apparently caused the crash was very dizzy, and sat down in the middle of the road!

Immediately, other Yidden stopped and asked how they could help. Hatzolah arrived momentarily, and they noticed that something was wrong with the pulse of the driver who had crashed. By the time they arrived at the hospital, they determined that something was seriously wrong with his heart.

The hospital diagnosed him as requiring emergency surgery and a pacemaker was implanted!

Afterwards, the Yid who sustained the minor injuries to his hand said, "I must see the positive. In a sense, my sustaining these injuries saved a Yid's life. He had apparently blanked out while driving. Imagine if this would have happened if he were alone at home or while sleeping?"

A Yid may wonder why this happened to begin with. I told him it is a kappara for us all. He said he had heard a shiur, not long before, from the Tosher Rebbe that one must be melamed zechus on the RBSH"O, kaveyachol as well.

He added, "Yidden are wonderful. Besides helping at the crash site, people are now offering to give him rides, as he is not supposed to drive, since his arm is in a cast. (There may be an option of placing a special round handle on the steering wheel...) People have even offered to put on his tie!

So, while we don't know why such a thing happened the way it did, we can see the hashgacha, and take out a message of positive attitude.

If I may humbly add that another lesson we can take out is

to remember how important it is to fulfill Hashem's mitzvah of V'nishmartem l'nafshosaeichem and focus on healthful eating. This includes greatly reducing white, processed sugar and flour, unhealthy seed oils – such as canola and soybean – which go through an extensive chemical process, have much linoleic acid and an imbalance of omega-6 to omega 3 fatty acids, and sit in the body for several months – as opposed to extra sugar that one may have once in a long while, which will be flushed out after several days. Certainly therefore, French Fries should be totally eliminated as, in addition to the above, they are white potatoes which turn into starch which is sugar.

An idea is to bake sweet-potato strips. Several plain white potatoes per week – such as in kugel or cholent are OK, but if these can be made with sweet potatoes, that is even better, as they have much less starch.

Also important is getting a good night's sleep, some exercise; even twenty minutes of quick walking – which should include several thirty-second bursts of very quick running in order to raise the heart rate to its fastest (always safely – according to one's abilities), and being besimcha – laughing a bit. All of these will make a difference for mental and emotional health as well.

And let us make a kabala to wear reflectors from shkia to netz (especially in such locations as Lakewood and Monsey where the rabbanim have written letters about it) – it

takes only five seconds to put on and to take off. Bikes are required by law to have lights – front and back – by night, and they are advisable by day as well.

S.R. - Lakewood, New Jersey

MAN DAVENS TO HASHEM

We were three people in a car in a paid parking lot. We were rushing to get to an important (and expensive!) meeting. As we approached the gate, it was discovered that the ticket that was needed to pay and leave was gone. It was a very pressured situation.

Two people went out of the car to try to get things worked out. The parking lot worker was annoyed and not so flexible. We were considering leaving the car and walking, but that would have had severe repercussions to this meeting.

Seeing the situation not budging and the clock ticking, the third person still in the car davened with much kavana to Hashem the pesukim, 'Pischu li... zeh h'shar...' Almost immediately, horns from behind started blaring from the piled up line of exiting cars. The workers got pressured from the cacophony and manually opened the gate! We were off free! They didn't even require us to pay anything!

We all thanked Hashem for hearing the simple tefillos of yidden in distress, even in a relatively minor situation as this.

HASHEM TAKES CARE OF US

Someone I know is making a chasuna and needed to pay \$2000 for down payment for the hall. They post dated the check for a week. The date was looming and they had no money to cover the check. They trusted that Hashem will take care of them. The morning the check was due – there was an envelope in his mail box with \$2000! (Heard from the ba'al simcha)

Rabbi Eli Yelen - Detroit MI

HASHEM SENDS FAMILY FREE SUPPER

Dear Spring Hill Times,

I really enjoy making the Spring Hill Times each week. Thank You Hashem! Thank You Klal Yisrael for all your support!

I wanted to share a personal story that happened to me.

My wife needed to go on Tuesday to an appointment. We also had at almost the same time a doctor's appointment for our baby. We were discussing our plans on Monday and realized that I would need to take all the kids along to the doctor. My wife wanted to be able to serve that night an easy supper.

I decided to give them bagels and cream cheese.

On the way home Monday night from yeshiva, I thought to myself, "Let me go into the store to buy the bagels and cream cheese." But I was lazy and decided to push it off to the next day - Tuesday.

About a half hour after I came home, we got a knock on the door. My neighbor hung a

bag of food. My wife opened the bag and inside was bagels, tuna and egg salad (and we had cream cheese in the fridge)! Exactly what we needed! And for free!

Yitzchok I. Kaufman - Chestnut Ridge, New York

THANK YOU HASHEM!

Every week I look forward to The Spring Hill Times and my husband usually gets it in Beis Medrash Gevoah.

This past week, my husband went to get it and there was none left!

He knew I would be disappointed so he checked 5 different BMG Batei Medrashim and they all did not have any left!

When he came home and told me, I said that we can still pick up from one of the locations in Lakewood that have them.

So later that night, we went to one of the houses listed, and there were no papers!

So we went to another house that was listed and there were no papers!

Finally, we said we will go to one more house and this time we will go with Bitachon!

We were Mechazek ourselves in Bitachon and yes! The third house we went to, had a couple of them left on their porch! Baruch Hashem I was able to enjoy the Spring Hill times this week!

Thank you!

Anonymous - Lakewood, NJ

THE BITACHON FLUTE

It was Chol Hamoed Sukkos and I wanted to play my flute to add to my Simchas Yom Tov. I tried looking for it but I could not find it. I said that I would have Bitachon in Hakadosh Baruch Hu that I would be able to find it and if I had a Yeshua, I would call it into the Spring Hill times.

A few minutes later I looked in my closet and found a second flute that I thought was not as good as the one I was looking for. However, I decided that if Hashem made me find this one, then it must be the best for me.

It turned out with much Hashgasha Pratis, that the second one, which I thought was not so good, ended up sounding better than the one I originally liked!

I would like to share the background of how I got this Bitachon flute:

I had inherited a flute from someone when I was little, but at one point as I got older, I felt that it would enhance my Avodas Hashem if I upgraded to a better flute.

I asked a friend to help me find a music store. My friend didn't really know exactly where, but he said that if I go in a certain direction down a specific highway, I would see a music store on my right.

So I took a cab and explained to the driver that I did not know where exactly the destination was. I asked him to head in a specific direction down the highway and hopefully we would find the music store I was looking for.

We drove and drove for quite

a while, looking out very carefully for a music store, but we could not find anything. The whole time I was having a lot of Emunah and Bitachon that Hashem would guide us and bring us to the right place.

At a certain point, we realized that we had gone too far and that we needed to turn around.

As we turned around and started driving back, I noticed a small sign that said, "Guitar and Accessories." I asked the driver to pull over and went to check out the store. When I got to the door, I realized that they were closed, but that didn't stop me. I knocked on the door, no answer. I knocked again, no answer. I knocked a third time, and a Yid opened the door. I asked the yid if he sells flutes and he said that it's major Hashgasha Pratis. He has just two flutes he can sell! I was so excited and bought the one which I felt was better, which amazingly was a cheaper price than the other one!

Baruch Hashem, I got this flute and I know it only came through Bitachon!

Once, I misplaced my flute and it went missing for a while. Randomly, in shul one day a Yid came over to me and asked me if I lost a flute. I said, "Yes!" B"H I got it back!

P.S. I remember reading this story about bitachon:

R Yitzchok Zilber had to go to a certain person's house, but he had no idea where the person lived. He called a cab and told the driver to go straight. The driver went straight and then asked R' Yitzchak

again "Where should I go?" R' Yitzchak said to go straight. They kept going straight for a while until the driver said, "Enough! I am tired of going straight! Where should I go now?" So, R' Yitzchak said, "Okay turn right." The driver turned right and kept on driving. Finally, the taxi driver said, "This is crazy! I don't know where I am going and what I am doing, this is just not working for me. Please get out!"

So R' Yitzchak got out and asked a man that was passing, "Do you know where this man lives?" the man said, "Yes sure! He lives right there." R' Zilber went to the house and yes it was the man he was looking for!! When you live with Emunah and Bitachon you see big Nissim!!

Anonymous - Lakewood, NJ

YESHIVA BOCHUR FINDS GEMARA

A bochur in my yeshiva was looking for his gemara for three days but he couldn't find it. Finally, he decided to give some money to R' Meir Ba'al Ha'Nes. Two minutes later the gemara was found!

Chaim N. - Los Angeles, CA*





Another wondrous nekuda about the tongue and its ability, is that the tongue is the only muscle in the body that we can actively contract and expand at will. That enables us to change the shape of the tongue from being flat and circular to being straight and pointy. The reason why we are able to change our tongue to be different shapes is based on the fact that the tongue, unlike other muscles we have in the body, is actually made up from 8 different groups of muscles. When we want to use just the tip of our tongue we use a special set of muscles to make it pointy. This is very important for the cleaning of the mouth, when we want to clean the outside of our teeth, we make it into a point and that is the tool we use to clean it.

When the tongue is extended and pointy a person has the ability to stick his tongue out of his mouth, which is also important, because through that a person is able to use his tongue to clean his lips. The tongue, which is inside and hidden behind the teeth, is able to contract, stick out and clean or moisten the lips whenever we decide.

Another unique advantage that we have in our tongues is a very strong sense of feeling. A person can feel on his tongue much more than he can feel on other parts of his body. A clear illustration of this is that if a person has a hair, or even just an eyelash on his tongue he feels it, it disturbs him and he takes it out. If a person has a hair on his knee or elbow or most places on his body, he isn't even aware that it is there usually, and it for sure doesn't disturb him. The reason that Hashem gave us this special feeling on the tongue, is in order to

help us to guard our bodies so we don't swallow something that is detrimental to our health. When a person is eating and there is something in the food or in his mouth that is not good to eat, like a small piece of bone or a foreign object, he has an extra sense of feeling to pick it up right away and will say, "Careful, take it out, it doesn't belong there." For our safety Hashem gave us this extra, heightened sense of feeling on the tongue.

This Niflaos HaBorei 2-Minute Audio Shiur is sent out 6 days a week. No need to call, the Shiur will call you.
Choice of six times (EST): 8:45 am - 1:15 pm - 2:45 pm - 6:15 pm - 7:45 pm - 9:15 pm
To receive this daily Shiur Call or Text: 313-NIFLAOS (313-643-5267) To hear a sample call: 908-280-4488

Yeshivas Erev Shabbos

Welcome Shabbos in the most beautiful way and enjoy the calmness of Erev Shabbos

"פי...מקור הברכה"

Attention All:

Win \$25 to Toys4U or Z Berman books!

Be ready for Shabbos then sit down to learn and/or say Tehillim before candle lighting. First 20 minutes= 1 raffle ticket Each additional 10 minutes earns another raffle ticket

Send in your information (Name, #, address, # tickets)

by Monday morning to:

Email: yeshivaserevshabbos@gmail.com

Text: 352-541-1218

Chatzos Program

Attention Women:

Be ready by chatzos and enter a raffle to win \$50 to the store of your choice! What it means to be ready by chatzos? You would be ready to bentch lecht. All basic food prepared, Leichter set up... etc. Any small tasks lekoved Shabbos are permitted after chatzos. Ex. Small shopping, last minute cleaning, getting dressed... etc.

Send in your information

(Name, #, address, store of choice)

By Monday morning to:

Email: chatzosprogram@gmail.com

Text: 347-604-4303

(if no text or email, you can call)

**For sponsorship opportunities, please contact us at 352-541-1218
To sign up to hear our latest promotions and updates, please email
yeshivaserevshabbos@gmail.com**

Q&A WITH R' ZEVI GOLOMBECK

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. My daughter just got her license. Although she did a lot of practice and her instructor said that she is an excellent driver, I'm so nervous to let my child on the road. How can I let go of my apprehension?

A. The reason you feel nervous is because you think that people are controlling the road. Therefore, you are filled with apprehension; "Oh no! My child is on the road! Who knows what could happen? Maybe something terrible will happen to her chas ve'shalom."

You must understand that the road is not controlled by people. Everything in this world, including whatever transpires on the road, is controlled by Hashem. Accidents don't 'happen'. When Hashem sees fit that something should happen to someone, it will happen whether they are on the road or not.

And when Hashem wants to keep a person safe, even if he's a new driver, Hashem will keep him secure and safe.

Therefore, when you find yourself becoming nervous, remind yourself, "Hashem's love for my child is endless. The same Hashem that protected my daughter until this day will forever continue keeping her safe". You will realize that you have nothing to worry about.

Q. I'm in school, and I study very hard for tests. However, no matter how hard I try, I never do too well. This is tak-

ing away my motivation to try to learn the material at all. What is the emunah and bitachon perspective about this?

A. If your goal in this world is to impress people and show them what a high mark you got, you're right. Since you are not succeeding to impress them, what's the use of trying at all?

However, the truth is that the One whose opinion really counts is Hashem. In Hashem's books, your success is not dependent on getting a high mark. Your test is graded based on how hard you tried .

When Hashem sees that although you don't manage to score high, nevertheless you still keep trying, Hashem holds you in the highest regard.

Therefore, whenever you take a test on the material you learned, you are actually being tested with a much greater and much more important test: is your goal going to be serving people, i.e. getting a high mark to show off to people, or will you focus your energy in serving Hashem, and not care if you get recognition from people or not.

Once you master the 'major test' – aspiring to please Hashem, and not caring about impressing people, you will find that people will come to respect you as well. People will say, "This person is a man of purpose. His satisfaction comes from pleasing Hashem, and he doesn't live for public opinion." Such individuals are those who people truly respect.

No Time to Tend to Needs of Family

Q. I have a very difficult baby who needs my attention most of the day. Because I'm so busy taking care of my baby, I don't have enough time to properly tend to the needs of my husband and children, and this is causing me a lot of grief. What is the emunah and bitachon perspective about this?

A. What's bothering you is: you think that you are the one in charge of giving your family their needs, and if you don't give them their needs, they are going to be lacking.

You must understand, it's not you who's in charge of giving your family their needs. It's Hakadosh Baruch Hu. Your job is to do the actions of taking care of your family to the best of your abilities. Therefore, if your time is limited, you should take care of as many things as you can, with the more important tasks taking priority.

Once you do your part, you are a successful wife and mother, regardless of whether you did everything you wanted to do or not. What will be with your husband and children; they also need to be taken care of? That's Hakadosh Baruch Hu's department. He is responsible for taking care of them. Your job is to do the actions of taking care of them to the best of your abilities, and Hashem will see to it that they get all their needs taken care of .

In the z'chus of doing your part

The



Bitachon Perspective

Continued

b'simcha and trusting that all results are in Hashem's control, Hashem will show you openly how He is taking care of your family and children in the best possible way, and everyone's needs will be met .

Achieving Stability

Q. I am desperately looking to hold a job. However, every time I accept a job offer, after a short time I'm told that I'm underqualified and I must find a new job. Since I'm having difficulty finding a job that I'm qualified for, I feel that my parnasah is very insecure. What is the emunah and bitachon perspective about this?

A. The reason you feel insecure is because you think: What gives a person stability? Having a job.

However, the truth of the matter is, it's not the job that gives parnasah; it's Hakadosh Baruch Hu. The formula to achieving serenity is the knowledge that Hakadosh Baruch is taking care of every step of your life and will see to it that you will have parnasah. It is bitachon that gives a person genuine security.

When you come to the realization that it's Hakadosh Baruch Hu. who is helping you in every step of your life, you will actually be more secure than the richest man in the world!

The Chovos Halvavos lists ten reasons why a ba'al bitachon is more secure than the alleged

'alchemist', i.e., a man who can take simple metals and transform them into gold. The metaphor of the alchemist is depicting a man who has an endless amount of money.

To bring home this concept with a contemporary illustration, perhaps we can give the following metaphor: For ten reasons, a ba'al bitachon is more secure than Bill Gates!

Therefore, if you are looking to achieve stability, the answer does not lie in securing for yourself a well-paying job. It lies in investing effort to acquire the mindset of bitachon.

True, Hashem wants you to be proactive in trying to make a parnasah. Perhaps your chovas hishtadlus includes taking steps to qualify yourself for more job opportunities. However, never lose sight of the fact that your goal in looking for a job is not to gain stability. Rather the reason to look for a job is because Hashem wants us to do hishtadlus to make parnasah. For stability we turn only to Hashem.

Parallel Classes

Q. I'm a bachur learning in a yeshiva where there are parallel classes. The class that I am in consists of bachurim who are not motivated to learn, therefore we don't accomplish so much. I requested from the hanhalah to be switched to the 'stronger' class, but they insisted that switching is not an option. Now, I'm stuck in a class whose level of learning is very low. What is the emu-

nah and bitachon perspective about this?

A. The Vilna Gaon teaches: "What is the purpose of receiving the Torah? For the goal of acquiring true bitachon. Bitachon is the root of everything, and it's the underlying theme of all mitzvos."

The definition of bitachon is: relying on Hashem that He is conducting everything in our life for our good. When someone lives with true bitachon, he never wishes that things would be different. A ba'al bitachon is happy with his present circumstance because he knows that Hashem put him there for his best.

Therefore, while you are sitting in class and wondering why you have to be stuck in this class, tell yourself, "I'm here because Hashem wants me to be here! He knows that being here is the best thing for me."

When you think these thoughts, you are accomplishing the essence of limud hatorah! Because the purpose of limud hatorah is to bring a person to the realization that Hashem is in control of the world, and everything He does is for our best, and that's exactly what you are doing .

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

Please don't read during
davening

As we mentioned previously, we will benefit tremendously from Yissurim, in the next world. This is something that gives us much chizzuk.

Hearing stories and taking it to heart can empower us to accept the Yissurim with love, so we can get the full benefits in the next world.

Recently, I heard a story from Reb Fischel Schachter of a young man that was taking care of his mother in the hospital. His mother was suffering mentally as well. When he was tending to her, she kept asking him, "is the door opened? Is the door closed?" Every couple of minutes she would ask the question again.

He went to his Rav and complained of his fate. His Rav responded to him as follows. Let's say every time your mother would ask this question and you responded positively, you would get a direct deposit of five hundred dollars, how would you respond? You would probably be enthusiastically waiting for the question. Well, this is exactly what's happening. The man walked out a changed man with a whole new refreshing outlook.

This reminds me of one of the famous Mashalim of the Chafetz Chaim. There was a Yid that rented an inn from a count that was a pleasant

landlord. One time, the count had to leave for business and he left a replacement to man his estates. This man was a cruel man, and when this Yid was late on his payment, he ordered him to get fifteen



lashes.

When the count returned the innkeeper rushed to the count to complain about the lashes that he received. Horrified, the count ordered the cruel man to pay him a gold ruble for every lash. To everyone's astonishment the innkeeper burst out crying. They heard him saying between his sobs "oy I wish he would have given me a hundred lashes, then I would have been a rich man".

Yes, we need to think about our reward in Olam Haba. There are plenty of ma'amaray Chazal that indicate that we need to think about schar of Olam Haba. For example, "Yafa sha achas shel koras ruach baolam haba mikol chayeit olam hazeh. All the pleasures of this world pales in comparison to one small

time in Gan Eden.

One of the ten steps to greatness from Reb Avigdor Miller is thinking daily for a short time of Olam Haba.

However, one may ask the following question. Don't Chazal teach that we should serve Hashem shelo al menas lekabeil pras. A person should serve Hashem without the thought of reward. If that's the case why should we think about Olam Haba?

I believe the answer is as follows:

When we serve Hashem, we serve Hashem because He does so much good to us and we want so much to please Him so we do what He wants us to do.

The more we think about the great reward Hashem will be giving us the more we realize and feel His great kindness! That will in turn greatly increase our love to serve Him!

In addition, we should be thinking all day about Olam Haba to help combat our Yetzer Hara that is trying to tempt us with fanfare that is full of air. Especially as we stand at the end of the days where our society is more challenging than ever. The Yetzer Hara sees his end coming. He is taking out all his weapons to tempt us and

Chizuk Corner

By: R' Y. Friedman

Continued

Please don't read during
davening

cause us to stumble. At this time more than ever we are mechazek ourselves in the great reward that awaits someone that holds himself back from an aveira.

On a similar vein, the reason why we should be waiting for the Geula is because we love Hashem because of all that He does for us. We want Hashem's kingdom to be restored in its full glory. We also know that Hashem wants all his subjects to recognize His Oneness in the world. However, at the same time we can still think about the benefits that Moshiach will bring to Klal Yisroel and to you personally. Rav Yitzchok Sorotzkin brings from a Sefer that says that in our wildest imagination we cannot fathom how great things are going to be when Moshiach comes. We know from our Chachamim and from the words of the Neviyim how wonderful things are going to be when Moshiach comes.

Additionally, we can be mechazek ourselves with the thoughts that Moshiach seems to be very close by, as Rav Chaim Kanievsky zt"l would reiterate over and over. He used to say that Moshiach is at the doorpost, we just need to bring him in. This gives us Chizzuk to fight the Yetzer hara in these difficult times.

There is another answer why we think about Olam Haba. What the Mishna meant that we shouldn't serve Hashem in order to acquire reward, it is referring to selfish motives. However, there is a high level brought down in the Seforim that we know that Hashem created the world to do be maitiv. Hashem wants us to enjoy ourselves. The real goodness is in the next world, and this world is the way to acquire the goodness in the next world.

When you do a Mitzva or hold yourself back from an Aveira, you are kavayachol giving Hashem the ability to give you the reward that Hashem wants to give you. Therefore, you are fulfilling Hashem's desire to do the good he wants to bestow upon you. At the same time, you are bringing Nachas ruach to Hashem by doing His will. These words should make us dance. We have the ability to bring Nachas Ruach to Hashem, the Creator and Sustainer of the universe – the One who gives us so much.

This is the ultimate way to live up to what Chazal say v'chol masecha yiyu leshem Shamayim.

The grandson of Rav Yakov Yosef Herman zt"l was once walking in the streets with

his grandfather and he posed the following question to Rav Yakov Yosef. Zeidy, what's the fundamental difference between me and you? What makes you greater than me? I Daven and learn and am busy with Chessed. His grandfather smiled and said, "mein kind when you walk through the streets what goes through your head"? The grandson replied It depends what's going on in my life at the moment". Rav Yakov Yosef said that when I walk in the streets I am thinking "how can I bring a Nachas Ruach to Hashem right now".

This is what Avraham Avinu and our Avos were all about. It is very easy for us to do this too! We can go around the whole day thinking: "What can I do to bring Nachas Ruach to my beloved Hashem?"

Giving Chizzuk to others is definitely a start. There are many stories that show the tremendous nachas ruach Hashem has when we give chizzuk to others. When we give nachas ruach to Hashem, Hashem in turn will give us a tremendous unimaginable nachas ruach when He returns us to Yerushalayim with the third Bais Hamikdash descending from heaven Bimiheira biyameinu Amen!

GROWING FROM OUR GEDOLIM #3

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS

CHESSED

EMUNAH

AHAVAS YISROEL

AHAVAS HATORAH

MITZVOS

TEFILAH

TZEDAKAH

Rav Chaim Ozer's Patience

A certain Rabbi was trying to get hired as the rabbi of a community in Lithuania, when his son went to Rav Chaim Ozer Grodzinski (1863-1940), the Rav of Vilna, to persuade him to influence that community to hire his father. Rav Chaim Ozer felt that this man was not suitable for the position and politely refused to endorse him to become the Rav. The son started speaking disrespectfully and harshly to Rav Chaim Ozer, insisting that Rav Chaim Ozer help his father become the Rav.

Rav Chaim Ozer was quiet and didn't respond to the persons words. When the man did not stop speaking with chutzpa, Rav Chaim Ozer left the room. Someone who was with him asked him, "Why didn't you say anything to this disrespectful young man?" Rav Chaim Ozer answered, "This man is just trying to help his father. Even though I feel that his father is not the right person for that position, I can't be upset about how this person acted. He was just trying to help his father."

We see from this story that if we change our perspective about a situation, it can save us from much stress, anger or other negativity by seeing another side to every story.



Rav Chaim Ozer Grodzinski



Rav Moshe Feinstein

Rav Moshe Feinstein and the aliens

Rav Moshe Feinstein זצ"ל was always so careful and sensitive towards other people's feelings, and had what seemed like unlimited patience for others. Rav Moshe's son, Rav Reuvein Feinstein Shlita, once came to the yeshiva to speak to his father about an urgent matter. A woman was speaking to Rav Moshe, so Rav Reuvein waited until she finished her meeting with the gadol. After a half hour passed, Rav Reuvein assumed that it must be a very important conversation. He then overheard her conversation and heard her telling Rav Moshe that aliens are coming to get her and they are always chasing after her. Rav Moshe sat and listened to her for an hour and a half about the aliens that are out to get her! She finally said that she has to go, since it was getting dark and the aliens were going to come soon. Rav Reuvein stood in shock as he witnessed his father's amazing sensitivity towards this obviously unstable woman and how he gave her all the time she needed to discuss her problems with the him. Rav Moshe explained to him that this woman had no one to open up to, so he was happy to give her a listening ear.

STORIES ABOUT OUR GEDOLIM

By: M.D. Applegrad

R' Nochum of Chernobyl once found out that a certain small town did not have a mikvah. R' Nochum immediately approached a gvir in that town and offered him his entire cheilek in olam habah if he paid for the new mikvah. Of course the man jumped at the opportunity and then immediately signed a contract.

A chosid later asked R' Nochum why he went so far to get the mikvah built? R' Nochum said, we say in shema, v'ahavta... u'bchol m'oidecha, you should love Hashem... with all your money - and the only thing that I have which anyone would pay money for is my chelek in olam habah. If I wouldn't have given it away for Hashem's command, then I would be lying every time I say shema!

The true tzaddik realizes that his only true wealth is his Torah, mitzvohs and maasim tovim. Chap arein!

Gut Shabbos!

A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

Rivka took the cleanest clothes of Esav, her older son, that were in the house and she clothed Yaakov, her younger son.

One of the Chassidim of Rav Yaakov Yitzchok of P'Shischa (the "Yid HaKodosh") had earned himself an unfavorable reputation. Nevertheless, he one day arrived at the court of his Rebbe and requested an audience with the tzadik. Before entering the Rebbe's study, the chassid made extensive preparations. He immersed himself in a mikvah and donned his finest clothing. He now felt ready to face the tzaddik. As soon as the Yid HaKadosh noticed the chassid's innocent looking countenance and his fancy attire, he asked him:

In the Medrash it states that Esav displayed extraordinary respect for his father, tending to his every need. That being the case, how is it possible that after having spent so much time with Yitzchok Avineu, how could Esav have remained a Rasha?

The Rebbe continued: Yaakov always appeared before his father the way he was, without making any advance preparations. Therefore, Yitzchok was able to instruct him on how to better himself and perfect his personality.

Esav on the other hand always appeared before his father in regal attire, pretending that he was a G-D fearing Jew. He would act piously asking Yitzchok about the proper method with which to give maaser on salt. Due to Esav's deceit, Yitzchok was unable to detect any flaw in him and therefore offered him no instruction on how to improve himself. This is why Esav remained a Rasha.

Good Shabbos!

SIXTY SECONDS

With Rabbi Label Lam



Observe The World

The Chovos HaLevovos invites us to look at the world like we've never seen it before, to explore and discover the many kindnesses

of Hakodosh Boruch Hu that are constantly on display.

He gives a short list; it's certainly not exhaustive, and there's plenty of room for us to add our own observations.

For example, the way HaShem brings light into the sky in the morning: He

doesn't shock us with a sudden blast of light, but rather the sun puts a little dab of light in the sky before the sun ever peeks over the horizon, and by that time some birds have begun to chirp and HaShem awakens us gently.

And then, by the end of the day, the trees are creating shadows, and the sun doesn't suddenly drop out of the sky, plunging us into darkness, but rather, the sun disappears over the horizon; there's still light in the sky, and then finally by the time the sun disappears, HaShem leaves us a nightlight: the moon.

AUTHENTIC MITZVOS - COUNTERFEIT GLITZ

By: S.R. - Lakewood, New Jersey

The following story was related by R' Menachem Feifer, a rebbi in Yeshiva Darchei Torah of Far Rockaway, at the recent bar mitzvah of his nephew, Tzvi Yitzchak, in Lakewood. He said over this mashal in the name of R' Simcha Maimon, Rosh Kollel in Eretz Yisroel.

There was a fellow whose business had hit upon hard times and he was in need of a loan of a half a million dollars. However, as his credit was poor, no bank was willing to lend him the money. Someone told him about an individual who lends out even to businesses with poor credit. He went to the address – which was in a bad part of the city, and found a shabby office building. However, upon entering and finding the correct suite, he was surprised to see a well-appointed office. After asking him several questions about his business, the fellow there told him that not only could he lend him money, he could actually sell him money and at a discount – as he has plenty, since he prints it himself! He proceeded to open two attaché cases full of cash!

‘But I’ll get caught for counterfeit!’, protested the businessman.

“Don’t worry, these bills have been tested in banks and businesses, and even though it is very difficult to counter-



feit hundred-dollar bills, I have perfected it to such a degree that they are accepted anywhere. As a matter of fact, you can even test it out! Wire me \$1,000, and I’ll give you ten bills.” He did so, and he made sure to pull out bills from all areas of the stacks – not just the top, but from the middle and bottom as well. He also noted that the serial numbers were not consecutive but rather, random numbers, helping with the authentic look. He sent a messenger to several banks and stores, and although they tested the bills using markers and machines etc,

all were accepted as authentic! Now he was convinced that it was safe, and was ready to proceed. The counterfeiter told him, “I am willing to sell you one-million dollars of this cash for half a million dollars. Wire me the half million, and the attaché cases are yours.” He did so, and was on his way.

No sooner had he begun walking down the block, when he heard sirens. He tried to convince himself that it could not possibly have anything to do with him, yet, a police car sped up and stopped short right next to him! Two officers, with guns drawn, jumped out and yelled, “this is it, this is the counterfeiter we have been looking for!” Still, he maintained his composure and said to them, ‘I have no idea what you’re talking about!’ They said “oh no, we know you have counterfeit money in those cases, open them up!” He replied, “I know my rights, you have no reason to suspect me of any crime, and you don’t have a search warrant; you have no right to make me reveal my personal possessions.” They

AUTHENTIC MITZVOS - COUNTERFEIT GLITZ

By: S.R. - Lakewood, New Jersey

disregarded him and shoved him against a wall. They then proceeded to break open the locks on the cases by shooting at them. Lo and behold, they found the money! However, in the moments that they were busy doing this, the buyer, *realizing that he could go to prison for many years for this, and realizing that they do not know his name, began running away. As soon as they realized this, one officer yelled to the other, 'after him!, but the other yelled back, 'you run after him, I have to guard the money!'*

By the time the chase began, he was already nearing a corner. He quickly turned the corner and saw a subway station right up ahead! With his heart pounding, he flew down the steps into the station, jumped over a turnstile, and ran into a waiting train! Moments later, the doors closed, and the train pulled away! He breathed a sigh of relief, at least for the moment. At each station, he feared they had called ahead for backup, yet, he made it home without incident.

Upon entering his house, his wife was alarmed to see

him white like a sheet and out of breath. He sat down and related the entire story. He concluded 'I lost half a million dollars, but at least I saved my life; I could have gone to prison for a long time for this!' However, his wife said 'I don't understand, the very story you told me is printed in the newspaper!' He said "It can't possibly be, it just happened now, how can it possibly be in a paper we already have in the house?!"

She opened to the article and pointed out that indeed, the very story was there. However, it concluded that it was a scam. The guy who claimed to be the counterfeiter, was actually giving over real money, and that was why it was indeed accepted everywhere, and he was also therefore not afraid of being caught for counterfeiting. On the other hand, the two officers outside were actually fakers; they were working for him, and every time they would show up to apprehend a new "buyer", the fellow would run away in fright, leaving behind the money, which they would then return in preparation for the next victim.

The husband said, "Oh boy, I thought that the money was counterfeit and the police officers were real, meanwhile, I see it was the money that was real, and the police who were fake!"

The lesson from this story is that in Olam Hazeah there are many things that glitz and appear real, while ruchniyus and chesed etc. may seem to lack luster. Money, physical pleasure, kavod, and power occupy much space in this world. And while they can all have a positive purpose, a wise person understands to use these matters only as a tool, not to pursue them per sé. Rather, he focuses on Avodas Hashem, and with that, he has a happy life – both in this world and the next. A lesson in this is from Sara Imeinu. Rashi explains that her years were 'kulam shavim letova; – equally good. When things were good, she had hakaras hatov, and when faced with challenges, she davened for help, and thus came closer to Hakadosh Boruch Hu through each type of experience!

AYIN עין טובה TOVA

פרשת וירא - חשון תשפ"ג

By: R' Nesanel Landsman

- Suggestions for the case from Parshas Vayeira where Raphy got a bad haircut
 - Raphy can recognize this incident as a reminder that we're not placed in this world to solely take care of our external image. He should take this opportunity to work on his inner self and overcome the jokes made by his friends.
 - Even though it was a bad haircut, Raphy could focus on the fact that he was able to support the barber in an honorable way.
 - He could laugh at himself a bit. Laughing is really such a healer. Hashem gave us that tool to make so many situations in life better.
 - He could take it as a kappara. After giving himself some feeling sorry time, he could pick himself up and gain perspective. Wear a hat, something. Realize it's not the end of the world.
 - The pain that he endured was from a haircut, not an illness or a huge money loss. That perspective could help.
 - Now he'll be more careful next time someone comes in with a poorly tailored suit, botched haircut etc. (lesson for life, don't judge someone by the way they look, you never know the story behind it).
 - The barber may actually be very good, but perhaps Raphy moved when he wasn't meant to, and the barber, in his modest way, didn't point it out, as not to make Raphy feel bad.
 - Maybe he can let the guy know, in a respectable manner, that he needs to improve his skills and save so many others this aggravation.
- R' Zevy Golombek suggests:
 - The Mesillas Yesharim says that someone who lives in a desert would not mind. Raphy should realize it is all kavod, and kavod is hevel havalim. True kavod comes from Hashem and He wanted this.
 - He should appreciate all the times his haircut went well, and he could thank Hashem for hair. We take these things for granted!

CASE OF THE WEEK:

Chaim Shapiro is well-known in his community as someone who is always happy to help anyone in need. Yechiel Davis needed help with something and several friends recommended that he call Chaim. They spoke about how willing and readily Chaim helped them, and assured Yechiel that he could reach out to Chaim as well. Yechiel was thus very surprised when Chaim flatly rebuffed his request of help and just offered some words of encouragement.

Help Yechiel have ayin tova for his situation.

**Please send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019
EY: 052-760-5409.**

Suggestions will BE"H be printed in the issue for Parshas Vayishlach

A MAN'S JOURNEY BACK TO HASHEM

ולב בנים

By: R' Nesanel Yoel Safran

לב אבות

על בנים

A long-time ba'al teshuvah, who 'fell in love with Yiddishkeit' over 30 years ago, shares some of his insights and experiences.

PART THREE

“Along my path to becoming frum, I can point to several occurrences that served as ‘tipping points,’ or internal shifts, that brought me forward.

The first of these happened very early on, when a veteran student in that first Jerusalem ba'al teshuvah yeshiva I'd visited sat me down to talk. He was friendly and non-threatening, but it was clear to me that he had an agenda. Still, I courteously listened, taking in his words with the proverbial grain of salt.

I remember that, at one point, he told me offhandedly and with confidence that, deep down, I,

too, recognized that G-d had indeed revealed the Torah to the Jewish people on Mount Sinai.

Now his contention was certainly a “revelation” to me: While I was familiar with the term Sinai, I don't think I could have



then readily identified it as the purported bestowal place of the Torah, and as for G-d, any belief I possessed back then was much more oriented toward some “universal Force” than anything Biblical. In short, I felt the fellow was delusional.

That's why I was so surprised when, perhaps that same evening or

maybe a day or two later, as I was walking the quiet Old City alleyways, a feeling, or inner voice, arose within me that said, ‘Yes, I do know that we received the Torah on Mt. Sinai.’ I didn't know how I knew, or why I knew, but

it was a deep, clear and somewhat unsettling intuition, which couldn't be denied.

It is said that every Jew has within him a subconscious awareness of Torah's truth. I

believe it is possible that I tapped into that back then.

A second transformative event occurred close to a year later. I'd returned to my old milieu in the U.S., having left the yeshiva after about a three-month stay in which I'd attended numerous classes and absorbed much food for thought. But as of yet, I hadn't made any solid

A MAN'S JOURNEY BACK TO HASHEM

ולב בנים

By: R' Nesanel Yoel Safran

לב אבות

על בנים

commitments or taken on any practical observances to speak of.

Before I left the yeshiva, one of the Rabbis had gifted me with an English Siddur, which at this point served as more of a memento than a tool. Yet I did open it from time to time, to recite a short prayer or passage, usually Keri'as Shema, as it was the most familiar.

On one of these occasions, I got to the end of the Shema, where the text reads: "I am Hashem your G-d, it is true." Of course, I'd read the line before, but this time the words "it is true" jumped off the page and hit me between the eyes.

I palpably felt with great clarity that those words were being addressed directly to me, saying something like 'I know

you're feeling hesitant and unsure, but there's nothing to fear. You can go forward because it is really, really, true!"

Whether it was a Divine message or simply the surfaced resolution of a subconscious inner con-



flict, I don't know. But it did give me just the right the boost I needed at the time."

Over the ensuing years, my day-to-day life has likewise been occasionally punctuated by these little 'Heavenly messages' that seem to come at just the right time and in just the right way.

Yet my biggest boost

comes as I observe life around me, from my private interactions, to world events, and see how well virtually all of them align with and fit into the overarching mosaic of Torah hashkafah that I'd learned.

As the years roll by, I'm continuously amazed at the self-consistent description of reality that

Hashem has given us through His Torah, and my gratitude for His having deemed me worthy, in my own small way, of discovering, perceiving and participating in His awesome and unfolding plan."

THE END

LET US IMAGINE

Let us imagine for just a few moments, what life might look like if the world would malfunction and clouds would stop forming and the clouds would stop giving rain c"v.....

The water prices would slowly go up...

New restrictions would be popping up every day limiting our water usage..

Trees and grass would be completely dried out and forest fires would be starting everywhere c"v...

The firefighters would not have any water to put out the fires...

As a result hundreds thousands of houses would be destroyed c"v...

We wouldn't be able wash ourselves with water... We would need to use spoiled apple juice instead...

We wouldn't be able to wash our clothing...

Washing our floors for Shabbos would need to be done with spoiled orange juice and grape juice...

As a result everything would be sticky and smelly and we would have no way to clean them off...

Eventually, nothing would be growing from the ground and a horrible worldwide hunger would begin...

Prices of food would slowly be climbing...

A slice a bread would eventually cost \$15,000....

We would be climbing into garbage dumpsters in a desperate attempt to find a small piece of rotten food...

We would walk around all day hungry and weak...

We would all be losing tens of pounds a week and our clothing wouldn't fit us anymore.... Resulting in a tremendous worldwide shortage c"v...

Worst of all we wouldn't have



the strength or the time to serve Hashem properly. We would no longer have the opportunities to bless and thank Hashem for the food he gives us...

We would no longer be able to honor Shabbos and Yom Tov with delicious food...

We wouldn't be able to feel and see His great wonderful Kindness and this world would be a most miserable place to live in...

We would be attempting to pull rain out of the clouds with chains...

We would build giant multi-billion-dollar vacuum machines to try to extract and suck out the rain from the clouds...

We would run from one meteorologist to another... All the scientists and professors on earth would come together for an emergency meeting to try to come up with a solution... But all we would meet with, is one dismal failure after another...

The horrible reality would sink in that we are truly helpless...

Who designed, with unlimited kindness that clouds should form?

Who designed with infinite brilliance that the clouds should be the exact weight that they are, so that the wind can move them????

Who designed with unlimited knowledge that there should be winds that blow the clouds from place to place?!?!?

Who designed with unlimited resources and power that the clouds should have the ability to release the water inside of them?!?!?

Who designed with infinite wisdom that the rain should come down in tiny drops and not in one big splash that would completely destroy everything in its path ???

YOU HASHEM, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift of Rain and water that You give us, with endless love and care, every second of the day, 365 days a year and free of charge!



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

PATIENT:

We are well to do. We go on vacation twice a year and always drive the latest cars... Our neighbor doesn't have a penny to his name. He has the opportunity to serve Hashem in a difficult financial situation. But we don't... Please help us!

Dr. Giggle M.D.




**IMPORTANT HEALTH TIPS
TO
REMEMBER:**

Every time you hold yourself back from doing something wrong or you do a mitzvah (especially when it's hard) and you say, "Hashem I'm doing this because I love You," your love for Hashem will skyrocket and you will be giving Him unimaginable pleasure!



This is a real problem... But BE'H I have the right medicines! I'm prescribing for you 4 medications!

1. Use your wealth and turn it into a business! Don't stop thanking Hashem and doubling your love for Him, for every dollar that He gives you!
2. Give tzedakah, day and night, to poor people and you will have a portion in all of their mitzvos!!
3. Don't be jealous! Instead be happy for your poor neighbor and Hashem will give you the same schar that he is getting! (BTW overcoming your jealousy might be one of your biggest accomplishments of your lifetime)
4. This alone that you so much desire to serve Hashem *m'toch aniyus* is giving Hashem the greatest pleasure! Picture Him calling together KvYachol to all His malachim and pointing down at you, "Do you see my dear child? He is a real wealthy man. His bank account is bursting with money... Yet all that he desires is to have the opportunity to show Me how much He loves Me..."

A GLIMPSE INTO THE PAST

By Sruli Yelen - Lakewood, New Jersey



Rav Yitzchok Hutner and Rav Moshe Feinstein zatal



Rav Shlomo Zalmon Aurbach, Rav Yaakov Kamentsky and Rav Shach zatal



Rav Gershon Leibman zatal

The Spring Hill Times is carrying a load of \$5,000 of expenses a month!



Your \$5 a month will mean so much to us!

Call/text today: 845-327-5041
Email: thespringhilltimes@gmail.com

Machzikei Torah
Zichron Yitzchak



מחזיקי תורה
זכרון יצחק

LEARNING PROGRAM

EREV SHABBOS & SHABBOS



ALL VOLUNTARY LEARNING COUNTS!

שנים מקרא ואחד תרגום

Raffle

Grades 1-2: Until שני
Grades 3-4: Until שלישי
Grades 5-6: Until רביעי
Grades 7-8: Whole פרשה

לז"נ הרב ירחמיאל שלום
משה בן הרב ישראל זצ"ל
מגיד שיעור ישיבה דרך חיים

GRAND RAFFLE ON JANUARY 8TH
IN ADDITION THERE WILL BE A
WEEKLY RAFFLE FOR A \$25 GIFT CARD

 שבת פרשת

Name _____

Yeshiva _____ Grade _____

Phone _____ Parent's Signature _____

Please fill in the information below clearly:

Learned 15 minutes on Erev Shabbos/Friday Night

Learned on Shabbos
(Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes

Learned שנים מקרא ואחד תרגום

Learned on Motzei Shabbos
(Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes

You can do any or all of the options. If you do all of the options you will earn a bonus ticket.

First time participants should also fill out the information below:

Address _____ Email _____

City _____ State _____ Zip _____

Completed forms must be received by December 31st to be included in the raffle.
Completed forms should be faxed to 646-595-2402 or emailed to egoldberg417@gmail.com.

Grand raffle will take place on January 8th
50 PRIZES WILL BE RAFFLED OFF!!

For more information or for sponsorship opportunities please call
Rabbi Eliyohu Goldberg 347.420.0906 or email egoldberg417@gmail.com

LAST WEEK'S WINNER:

פרשת וירא
AVIGDOR ERLICHMAN

YESHIVA KETANA
OF LONG ISLAND

Sponsored by : The Benoff Family Bergenfield NJ

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig








It makes no difference what the temperatures will be or what conditions await us

GRAND
OPENING!



the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

<p>Monday 27 Cheshvon</p> <p>Low 28 °F High 40 °F Sunny!</p>  <p>The weather will be perfect to sit and learn Hashem's Torah!</p>	<p>Tuesday 28 Cheshvon</p> <p>29 °F 46 °F Sunny</p>  <p>It will be a wonderful day to thank Hashem for giving you life!</p>	<p>Wednesday 29 Cheshvon</p> <p>29 °F 51 °F Mostly Sunny</p>  <p>There will be perfect weather to strengthen your bitachon in Hashem!</p>	<p>Thursday 30 Cheshvon</p> <p>34 °F 49 °F Mostly sunny</p>  <p>Perfect day to get ready for Shabbos with signing up for the \$5 monthly donation to the Spring Hill Times!</p>	<p>Erev Shabbos 1 Kislev</p> <p>42 °F 51 °F Showers</p>  <p>Beautiful weather expected! Perfect day for dancing from excitement while getting ready for Shabbos!</p>	<p>Shabbos Tol- dos 2 Kislev</p> <p>40 °F 52 °F Sunny</p>  <p>Stunning weather! Perfect for imagining how wonderful Olam Haba is going to be!</p>	<p>Sunday 3 Kislev</p> <p>37 °F 52 °F PM Rain</p>  <p>Beautiful weather! Will be a great day to marvel at Hashem's wonderful world!</p>
--	--	--	--	---	--	--



Snakes

When snakes are born they look exactly identical to their parents in everything, apart from their size. They break out of their eggs with the help of a small tiny spike on their snout called an egg tooth. Hashem makes a huge nes that after the baby snake is born this egg tooth falls off. Baby snakes usually grow double or triple their size within the first year.



IT'S YOU HASHEM!

By: Nechamy Kosoy, 13 - Yerushalayim Ir Hakodesh

Sitting on the sand watching the
big waves crashing to the shore
I wish I could sit there all day
watching the sun set more and
more
Little kids with buckets and
spades



working hard to get their sand
castles made
Ships so big but look so small
from so far
Airplanes rumbling afar sounds
like some great big car
I look around the beautiful sights



Stunning scenery it's so very
bright
But who has made this all?
Who made winter summer
spring and fall?
I'll tell you who it is, it's the Cre-
ator above
Who I so very much do love!



WRONG BUS, RIGHT BUS

70



TATTY'S TALES

1

Ta, did The Spring Hill Times come yet?



Srully we just came back from אבות ובנים. The Spring Hill Times doesn't come for almost a week!! Meanwhile you want to hear a Moshel?

Yeah! that's almost as good!

The king of Moshelville announced a contest



Here my dear Moshelville citizens is the thickest tree in all of Moshelville!



The whole town came to hear



The king walked into the woods



Tomorrow anyone who would like to join could try to chop this very tree down with only one try! Whoever is able to do this will be rewarded with... um servant bring it in



Yes your Majesty, here it is!

A golden chest double the size of this one filled with priceless diamonds



TO BE CONTINUED..

Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Monday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Tuesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Wednesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Thursday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

**YOU CAN NOW BE LIKE YITZCHOK
AVINU AND RIVKA IMEINU
AND SPREAD HASHEM'S NAME ALL AROUND THE WORLD!**



DON'T MISS THE OPPORTUNITY!

The Spring Hill Times is run almost entirely by volunteers!

YET WE HAVE CLOSE TO \$5000 MONTHLY EXPENSES

**THANKS TO HASHEM WE HAVE ABOUT \$800 COMING IN MONTHLY BUT WE STILL
NEED ANOTHER \$4200**

PLEASE HELP US WITH JUST \$5 A MONTH

1.

**Call/text our fundraiser
today:** Yoni Kohn 732-
597-8546

**Or Call/text the Spring
Hill Times Editor today:**

845-327-5041

email: thespringhill-
times@gmail.com

2.

Write out checks to:
Cong. Shaarei Bitachon

Write in Memo: Spring
Hill Times

Mail to: 122 7th St.
Lakewood, New Jersey

08701

3.

Zelle to:

congshbt@gmail.com

Write in memo: Spring
Hill Times

4.

**Or through our secure
link:**

[https://pay.banquest.
com/shaareibitachon](https://pay.banquest.com/shaareibitachon)



<p>LAKEWOOD - NEW JERSEY</p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm.</p> <p>18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)</p> <p>***</p> <p>Ely Family</p> <p>801 Lexington Ave, apt 4G 718-812-5152 Thursday afternoon</p> <p>***</p> <p>30 East 9th St. (Between Princeton and the tracks)</p> <p>Available in container outside the front door Thursday afternoon (possibly Wednesday night)</p> <p>Call R' Shlomo Eliyahu 732-569-4273 (leave message)</p> <p>***</p> <p>Weinberg Family</p>	<p>10 Gvuras Ari Dr.</p> <p>848-240-3128 Available from Thursday afternoon outside front door on chair.</p> <p>***</p> <p>Hirschberg Family</p> <p>410 10th St. Apt 7b</p> <p>Please call to reserve: 732-569-8111</p> <p>***</p> <p>Rosenberg Family</p> <p>104 Elmhurst Blvd. In container by front door. Available from Thursday evening</p> <p>***</p> <p>1500 Twin Oaks Drive. In container by front door from Wednesday night.</p> <p>For more info please call: 908-596-0844</p> <p>***</p> <p>Minzer family</p> <p>15 Gefen Drive- Container in front of</p>	<p>house from Thursday afternoon.</p> <p>***</p> <p>368 Bergen Ave (available from Thursday afternoon) 732-367-2499</p> <p>***</p> <p>Briller Family</p> <p>21 Chicanos Drive (Available from Thursday night in container in front of house) 732-367-4727</p> <p>NEW!</p> <p>Weitman Family</p> <p>282 Coles Way</p> <p>Container in front of house Available on Thursday</p> <p>***</p> <p>Waldman Family</p> <p>16 Sherwood Drive</p> <p>848-223-5678</p> <p>Container by door</p> <p>Available Thursday</p>
--	--	---

Lakewood Prints over 1200 copies!

ATTENTION BROOKLYN!

B"H the long awaited printer has arrived at the Spring Hill Times Headquarters. BE"H we will be shipping into Brooklyn a few hundred copies each week! If you live in Brooklyn and want to be a distributor please contact us.

YERUSHALAYIM SANHEDRIA
Elefant Family
Blau 10 Knissa 4
053-416-4514

Prints 150 copies!

RAMAT BEIT SHEMESH
Weisbord Family
Rechov Be'er Sheva 4 Apt. 10
02-999-7170
050-415-1443

Prints 40 copies!

KIRYAT SEFER
Kaufman Family
Rechov Sha'arei Teshuva
12 Apt. 27
058 - 321 - 9795

Prints 180 copies!

CLEVELAND - OHIO
Holstein Family
3644 Bendemeer Rd.
Cleveland Heights
Call or Text 216-386-2309.
Email: tovaholstein@gmail.com

CHESTNUT RIDGE - NEW YORK
Kaufman Family
56 Spring Hill Terr
Chestnut Ridge, NY
Call or Text 845-327-5041.
Email: thespringhilltimes@gmail.com

DENVER - COLORADO
Kelner Family
9049 E Chenango Ave Greenwood Village
Available on Thursday
Call/text 732-575-0102

Prints 20 copies!

Our Worldwide Distribution Locations



BORO PARK

Shomer Shabbos

Emunas Yisrael

Our Brooklyn Distribution Manager

Meir Simcha Foutorian

848-238-6296

1573 39th St.

Please call to reserve copy

Personal Packages Plus

(Formerly Pretty Personal Packages)

5503 13th Ave

Brooklyn NY 11219

718-437-4777 (4PPP)

Boro Park gets 200 copies!

You can help spread Hashem's goodness all around the world!

**TO BECOME A SPRING HILL TIMES DISTRIBUTER, PLEASE CALL/TEXT 845-3275041
EMAIL: thespringhilltimes@gmail.com**

MIAMI BEACH - FLORIDA

Kaufman Family

4141 Nautilus Drive Apt.

3a Miami Beach, FL 33140

305.872.6777

Building is surrounded by a locked gate. Please call to make an arrangement.

Prints 50 copies!

MONSEY - NEW YORK

Rockland Kosher Supermarket

Available from Monday Morning.

845-327-5041

Gets 150 copies!

MONSEY - NEW YORK

Weiss Family

10 Elyon Rd- Left side of house up the stairs of the porch. Available from Thursday morning.

845-426-5506

Gets 20 copies.

SPRING VALLEY - NEW YORK

Segelbaum

17 Elish Parkway

Right side back porch

845-479-2919

Gets 15 copies.

CLIFTON - NEW JERSEY

Avi Gewirtz

7 Belmont Ave, Clifton,

NJ 07012

917-587-3076

Gets 30 copies!

Beitar Ilit

Weiss Family

Em HaBanim 12/2

073-729-5452

Prints 40 copies!

We are looking for someone who can help bring the Spring Hill Times to various locations around Boro Park and Flatbush.

We are also looking for a way to bring over copies to the Five Towns.

Are you a recipient of Hashem's goodness?

Did you see, experience or hear special Hashgacha Pratis?

**TELL US ABOUT IT!
TELL THE WHOLE WORLD ABOUT IT!**

**Call/text 845-327-5041
email: thespringhilltimes@gmail.com**

All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



5 Weekly Thank You's

By: R' Simcha Elefant

Thank You Hashem that children can speak from so young

Thank You Hashem for Power tools

Thank You Hashem for Straws

Thank You Hashem for Hooks (for coats etc)

Thank You Hashem for Disposable Diapers

לזכות משה יהדה בן שושנה



THEN & NOW

Live in New York and need to send a message to someone in Los Angeles?

Early 1800's: Send by mail and it took about 3 weeks to get there... Then wait another few weeks until you got your reply... Then another three...

Today:

1. Send a text (takes milliseconds). Get back a text in milliseconds... Send back...
2. Call (takes milliseconds)
3. Send email (takes milliseconds)
4. Send by mail, takes 3-4 days



לזכות רחמא שלמה
אשתו בת ריווא ח' סלסה בת בחשבוע
לעלי נשמת
זוה בת ר' ישראל מיכל בת מרדכי שמריה

Daughters of the King

Call 718.907.6888
Listen, Learn and
Win great prizes!

Remember to leave a message with your name, address, and phone # after the tone.

Mazel Tov!

Mazel Tov to R' Elisha Huffman and family (Chestnut Ridge, NY) on the birth of a new baby girl!

Mazel Tov to R' Moshe Werzberger and family (Chestnut Ridge, New York) upon the birth of a new baby boy!

NIFLAOS HABOREI RIDDLE

By T. Bauman

I am a major blessing.
I am also something needed.
But most times my invitations
and reminders aren't heeded.

People push me off.
For some reason I'm neglected.
They only realize after
How their everything's affected.

I give energy and renewal.
© I give happiness and contentment.

So someone please explain,
Why my name brings such resentment!?
Sometimes I take people on trips
To places way out there,
But they are mostly all forgotten
Like a fluffy puff of air.
Don't dream and waste your time,
Shut your eyes and think.
Come get me when you answer.
I'll see ya in a blink!

Find the answer somewhere on this page

You can stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.
845-720-4040 Ext 6
Updated every Motzaei Shabbos!

Riddle Corner #14

I am connected to Parshas Toldos, I am the material of the Bigdai Chamudos. I am a type of a fish, to see me is everyone's wish! Who am I?

Leave your answer on the Chaishek HaTorah Line 845-720-4040 x9 by Sunday 7PM EST to be entered into a raffle for a Sefer. (The answer and winner will be announced on x14 #14)

BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN! BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

1. Write all about the wonderful benefits Hashem has put into food.
2. SET UP A 'KIDS SECTION'.
3. Send in pictures of gedolim from the past.
4. Send in pictures of Hashem's beautiful world.
5. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)
6. Make illustrations for comics

Please call/text 845-327-5041
email: thespringhilltimes@gmail.com

The Spring Hill Times

Yitzchok I. Kaufman
56 Spring Hill Terrace
Chestnut Ridge, NY, 10977
845-327-5041

thespringhilltimes@gmail.com



HASHEM IS WONDERFUL!
LIFE IS WONDERFUL!
KLAL YISRAEL IS WONDERFUL!

Wow!

You will shine even brighter in the next world for every single time someone insults you and you keep your mouth closed and don't answer back!

Life Begins Where the Comfort Zone Ends

By: R' Yosef Moshe Mizrahi

What is the most difficult thing for one to do, yet often is also the most beneficial? Going against one's nature.

The Alter of Navordok writes in Sefer Madreigas Ha'adam (Bakashas Hashleimus, Perek Tes) that one's natural leanings and desires seem like a good friend promising a person all kinds of happiness and benefits, but the reality is that they are one's chief enemy with his worst interest in mind. One's nature continuously tells him to stay in his comfort zone, regardless of the short- and long-term repercussions. For example, when a person sees the need to find his individual path in serving Hashem, his yetzer hara tells him to abandon his great plans, as he is putting his reputation at risk by being even a bit unique. "Just copy everyone else -it is much safer!" can be his thoughts. Similarly, when one wishes to make peace with a longtime adversary, something that will give him quality of life in this world and the next, his yetzer stops him, "Hold onto your pride!" He says, "Even if your friend will accept your apology, it is not right that you must initiate it." All the advice from the yetzer to follow one's natural instincts will not increase his happiness.

Similarly, Rav Chaim Mordechai Weinkrantz zatzal would advise people, "When you want to talk, do not, and when you do not want to talk, speak up!" In Novardok, this area was a great focus. Admittedly, it takes much effort to do the opposite of one's natural instincts, but Hash-

em just wants one to try and take baby steps. Then, in Hashem's eyes, he is successful. With time, one will develop a great enjoyment from it as well. Everyone is different and needs a rebbe to guide him personally in how much to do and which areas to focus on.

A choshuva yungerman, Chaim*, told me that when he first started recording shiurim for his hotline, someone sent him some hate mail. The person wrote to him complaining that the audio was terrible, and he also accused him of not being qualified to give the shiur! Chaim told me that his first reaction was to fight back or at least give him the silent treatment and erase the message. But then he caught himself and said, "Why am I so upset? It is because this person hurt my kavod; he disrespected me. I do not need to fight for my honor. I need to fight for Hashem, to do what is right!" With that, Chaim overcame his nature and responded, "Thank you for your feedback. I hope everything is well with you. Please tell me what I can improve on. Here is my number; whenever you are ready, call me, and I will tell you how I started this shiur. All the best." Chaim said that not only did he feel clean, pure, and full of simcha after he sent the message, this person was so impressed with him that he apologized for his hate mail and started telling his friends to join the shiur!

Shabbat Shalom U'Mevorach!

L'iluy Nishmat Zecharia Ben Aharon, Sarah Bat Yaakov, Shmuel Ben Meir, and Sarah Rivka Bat Aharon Yehuda

Would you like to subscribe, give feedback, submit story or make a donation?

Call/Text: (845) 327-5041 | Email: thespringhilltimes@gmail.com

To leave message 24/6 call 385-381-0977

Checks can be made out to: Cong. Shaarei Bitachon (Please put in Memo: The Spring Hill Times)

Mail to: 122 Seventh St. Lakewood, NJ 08701