

The Spring Hill Times

Spreading Hashem's goodness all around the world

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ISSUE 76

PARSHAS VAYEITZEI

KISLEV 5783

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Hashem, Your world is a beautiful masterpiece! We are in awe!

This week's issue is dedicated as a zechus for our brothers and sisters all over the world and in Eretz Yisrael and Ukraine.

May Hashem continue to protect us and show us open chesed and rachamim!

Making a simcha? Have Yartzeit? Or just want to tell Hashem how much you love Him?

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HASHEM WATCHES OVER MAN

On Shabbos morning, a middle aged man in Lakewood, New Jersey, was eating delicious cholent with his family. Amazingly, the potatoes, meat, barley, beans and salt all went down smoothly! The same happened with his entire family! The same happened to millions of Yidden all around the world!!!

Billions of adults, children and babies all around the world ate food this week and it went down without any issues!!!

Thank You Hashem!

YID THANKS HASHEM FOR BROKEN SHOULDER

A Yid from Eretz Yisrael went on a hike from Tzefas to the kever of R' Yehuda Bar Iluyi.

On the way, he decided to take a shortcut. He started going down a very steep path. It got steeper and steeper.

To keep his balance, he needed to run. He ended up flying down the hill out of control. He then fell on his shoulder.

He broke his shoulder, but
Continued on page 2

לזכות: מרים בת ברכה.

- READING POSITIVE NEWS WILL HELP YOU:
- Love Hashem more.
 - Do more mitzvos.
 - Be a happier person.
 - Be a healthier person.
 - Be a calmer person.
 - Be a better parent.
 - Be a better friend.
 - Live longer!

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WEEKLY NEWS ROUNDUP

Continued from page 1

saw only kindness in the story and thanked Hashem for it!

He thanked Hashem that he fell on his shoulder not on his head.

He thanked Hashem that it was his left shoulder not his right one. If it would have been his right shoulder he wouldn't be able to do many things.

He thanked Hashem that even though it was his left hand, he still was able to put on tefillin.

He thanked Hashem that the place where he fell, was right near the path. They were able to bring the ambulance right near him.

He also took it as a good siman, that daf yomi was up to the last daf in Kesubes [112b] where the gemara says that R' Chiya bar Gamla would roll in the sand of Eretz Yisroel to show his great love for the Land. [Kav Hashgacha Pratis]

Hashem! Your nation is as stunning as ever!

HASHEM IS THE TRUE DOCTOR

A Yid in Elad had a child with a medical condition. He often needed to speak

to a top specialist for advice. Every appointment had to be made a month in advance, and the appointment was via telephone.

One day, he urgently needed to speak to the doctor. He spoke to askanim to try to get a quicker appointment.

No one was able to help him, so he called his kupat cholim (medical insurance) for another solution.

They told him that he could get an appointment with his regular family doctor and hopefully the doctor would get through to the specialist.

The next day, the day of the general appointment, while he was davening shacharis, he realized that he forgot it was BH"B and that davening would take much longer. He said to himself, "Hashem is the true doctor, I am going to daven the way I am supposed to."

He davened the proper way. Afterwards, he went to the clinic and they told him, "Sorry but you are late please wait fifteen minutes. We might have another appointment for you."

While he was waiting, right in front of his eyes, the top specialist walked in!

He went over to the specialist and asked him if he could speak with him. The doctor said, "sure." They found a quiet spot and he was able discuss whatever he needed. All face to face and not the regular way via telephone.

Indeed, we never lose out from doing the right thing!! [Kav Hashgacha Pratis]

HASHEM SAVES YUNGERMAN THROUGH CRYING BABY

A yungerman came home one afternoon with his baby. After lunch, he wanted to lie down.

He tried going to sleep, but his baby was crying incessantly. So he gave up on his nap and decided to say some tehillim.

As he stepped out of his room, he smelled something. He went into the kitchen and realized that he had forgotten to shut off the gas!

B"H they were all safe and sound! [Kav Hashgacha Pratis]

EVERYTHING IS FOR THE BEST!

A Yid said that when he was in yeshiva from age of 7-11, boys would both-

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er him and he didn't really have friends.

One day, a new boy came to his class and he decided to befriend him. This new boy told him that the day before he met a Hatzolah member who showed him the Heimlich Maneuver to know what to do if someone chokes. So he showed it to his new friend.

The next day, he was eating candy and he started choking. He was trying to call for help but nobody understood what he wanted. He quickly remembered his friend doing the maneuver and he did it on himself and was saved!

He realized that by not having friends all those years, Hashem was saving his life. He also said that when he was in mesivta it was hard for him to find chavursas. Now he sees that it was a brocha. He now knows how to learn on his own! [Kav Hashgacha Pratis]

NOT EVEN FOR 100,000 SHEKEL!

Benny, a non-frum Yid in Eretz Yisrael, owns a convenience store where he sells lottery tickets.

One day, an old man came in and purchased a scratch off lottery ticket and asked

him to check and see if he won. He scratched it off and saw that the man won 100,000 shekel. He tried telling the man that he won, but the old man was confused and did not understand what he was telling him. So Benny asked him for his son's phone number.

He called the son. The son came down to the store and helped his father redeem his 100,000 shekel.

Benny told his non-religious friends this story and his friends asked him why he gave it to him; He should have just kept it for himself. Benny answered that it was not honest and he does not regret doing the right thing.

A few days later, Benny bought a lottery ticket and won 185,000 shekel! When he told his friends they were so amazed. He was right to give it to the rightful owner!

He got so much chizuk from this story that he is now on his way back to keeping Torah and mitzvos! [Kav Hashgacha Pratis]

YESHIVA BOCHUR SHARES

A 10th grade bochur learning in Lakewood, New Jer-



sey* was waiting all week for the day that his Rebbi would make a raffle on donuts. He was so excited when he won a donut!

Yet, he then gave away a piece of his delicious donut to his friend!

Actually, he didn't lose a piece of his donut! Because for that mitzvah, he will be getting the most wonderful donut in the World to Come!

HASHEM IS ALWAYS WATCHING AND PROTECTING US!

R' Mordechai Yehuda Twersky from Kiryat Ata, was traveling with his family to Yerushalayim for Shabbos Parshas Chayei Sara.

When they got to the bus stop, they realized that they missed the bus by just five minutes. So they took a bus from Kiryat Ata to Haifa.

When they got to Haifa, they got onto the bus to Yerushalyim. The bus was full so his wife found a seat towards the back of the

WEEKLY NEWS ROUNDUP

bus. He found a seat in the middle of the bus.

After a few minutes, an Arab that was sitting next to him stood up and went to sit on the step between two seats in the back of the bus (seems like he didn't want to be seen from the window).

His wife that was sitting in the back noticed that the Arab was doing suspicious things. He had a map of Yerushalyim and he was marking down things on it.

She called her husband

and told him in Yiddish her concern.

R' Mordechai Yehuda decided to call an askan from Bnei Brak to find out how to proceed. The askan took down all the information about the appearance of the Arab, and about the bus. The askan was in touch with the police, and was told that the police were actually looking for this suspicious Arab in Haifa.

When the bus arrived in Yerushalyim, the bus was

stopped by the police and they arrested the Arab.

After Shabbos, the police called R' Mordechai Yehuda to thank him. They said that the Arab was on his way to pick up three guns from East-Jerusalem and was planning to R"l attack Yidden in the old city!!

R' Mordechai Yehuda said that he never travels so late on Erev Shabbos, but because he missed the first bus he was on this specific bus! [Kav Hashgacha Pratis]

THE HANDLE

Hi I find your newsletter especially inspiring and would like to submit a story that happened to us this week:

In an apartment in the middle of Brooklyn, in the kitchen, right on the oven, there was a handle that was quite broken!

Every time one of the children would give it a Yank, off it would come, right in their hand!

How to fix it without breaking the bank?

Then one day when he was almost at the apartment door, the father noticed a handle,

right there, on the floor, could it be the same one as they were looking for? He brought it right in there,



screwed it on with care, and then there was a question, hanging in the air. Would it do? Would it hold? Or was it also too old? Really, what were the chances

that they had struck gold? But it did! It held tight! What a glorious sight! The handle, on the oven, lying just right! Yes, the neighbors had the same oven, but, does it enter the mind? That they'd throw it out, and only the handle, was left behind? Right in the hallway for father to find? Yes we can wrap our heads around that thought, because only One can ensure that it was brought, right to the door where it was most sought!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

YIDDEN LOVE MITZVOS

There was a certain Gadol who would eat Fleishigs every day. Why? Because there is a halacha that one must wait between Fleishigs and Milchigs. He wanted to fulfil as many mitzvos as possible.

Sometimes, we don't like to eat Fleishigs, because then we will have to wait 6 hours... But this Gadol realized that every opportunity we have to serve Hashem is enjoyable, it's geshmak and it's a privilege!

It's also good to remember what the Steipler Gaon says: that when we do Mitzvos, we are taking away Tzar and Agmas Nefesh that might have come to us in different ways.

This week, a woman from London called and said that where she lives, there was a bug infestation in the flour and therefore everyone had to sift it on their own.

At first, she thought, "Oh no, this is going to take up a whole hour."

But then she stopped herself and said, "Wow, this hour will now be mechaper all the car accidents, hospitalizations and pain that could have happened c"v!" She changed her mindset

and was so excited to sift the flour! She realized what a zchus she had!

HASHEM DOESN'T LOOK AT RESULTS!

During the recent elections, a yungerman had cast his vote in an envelope. He later realized that he had sent in an empty envelope!

This yungerman did not despair. He was happy that he did a mitzva!

He follows a Life with Bitachon and knows that he's in this world to do his part and his Hishtadlus, and that outcomes and accomplishments are up to Hashem!

KLAL YISRAEL - THE MOST DELICIOUS NATION EVER

It was an off Shabbos in yeshiva, and Yoni Gray from Toronto and a couple of friends were traveling to Newark Airport to different destinations home.

They had hired a driver to take them to the airport early Friday morning.

But the driver called them up and said that he was very sorry, but he had a flat tire and was unable to come.

They frantically called Ubers, taxis, and car services, but no

one was available to take them to Newark at that time.

At a loss, Yoni went to the dorm to try to figure something out.

He then met a Yid. Yoni started speaking to him and told to him his story. He told him he and a few friends needed a ride to the airport.

The Yid responded, "I would be happy to take you, free of charge!"

What Hashgacha Pratis! And what a beautiful nation! A frum Yid took them to the airport, Friday morning, an hour each way, free of charge!

Mi K'amcha Yisrael!

BOY BECOMES A CHOSSON

My talmid, Yisrael Nussbaum, had a friend who had been on the market for many years.

He had been complaining to him that shidduchim were not going well for him, and every shidduch was a stress and hassle.

So Yisrael told him, "My advice is to live with Emunah and Bitachon. If you do that, you will see that everything will straighten out."

He started being mechazek himself in Emunah and Bitachon and learned seforim on the top-

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ic.

The next day, someone redd him a shidduch and a few weeks later, he was a chosson!

He said that this shidduch went by so smoothly and easily and there was no stress or worry involved!

HASHEM BRINGS BALLOONS TO KID IN HOSPITAL



The Munk* family was going to visit one of their siblings in the hospital.

They brought along balloons but when they came to check in, the lady did not let them bring them into the building.

So, they went outside and tied the balloons onto a pole and then they went to their sibling's room.

When they got there, they noticed that the wind blew the balloons up the pole right in front of their brother's window! He was so excited, he was smiling from ear to ear!

HASHEM PAYS FOR SHABBATON AND FOR TRIP TO ERETZ YISRAEL

Someone really wanted to go on an inspiring Shabbaton, but it cost too much money.

She follows 'A Life of Bitachon'. It has changed her life and she has seen many yeshuos in the past when she had complete bitachon in Hashem.

In this situation, it was not different. She had Emunah and Bitachon and realized that money would not stop her from going if Hashem wanted her to go.

A few days later, a friend called her up and said, "You know the Shabbaton that is coming up, I think that you would really enjoy it and I would love to sponsor you!"

She experienced another incredible story:

Her husband really wanted to go to Eretz Yisrael.

She told her husband, "We really have no money to book a flight, but if Hashem decides that we should go, it will happen."

Shortly afterwards, a relative of theirs, who lives in Eretz Yisrael, became a chosson and the family was flying them in for the chasuna!

YESHUAS HASHEM IN THE BLINK OF AN EYE

There was a couple whom the doctors told would not be able to have children.

But they knew that nature doesn't get in the way of Hakadosh Baruch Hu. It's just His disguise in this world.

Just recently, they came out with a new invention and now they are able to have children!

HASHEM - THE ONLY DOCTOR

One of Mrs. Jaffa's* kids had warts that were multiplying out of control. They went to the doctor and he said that the child would have to take heavy dosages of medication every month.

Mrs. Jaffa* said, "Who is in charge of medication? The doctor? No, Hashem! Hashem can make it that after one time, they will disappear." And that is exactly what happened! They came to get the medication once, and after that, they never went back to the doctor!

PAIN DISAPPEARS

A Yid was having terrible tooth pain. He needed some chizuk, so he called "A Life with Bitachon."

That day, in the Yesod section, R' Golombeck was saying that

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



when one speaks and thinks positive, that itself brings yeshuos. He decided to try it with his tooth pain and the pain disappeared!

WOMAN GETS A JOB

Mrs. Peretz* had applied for a job interview a few weeks ago and still had not gotten a reply back.

She was listening to the Yosed section in a "A Life with Bitachon," and she heard that in so many cases, Avraham Avinu did hishtadlus with no outcome. He davened (for Sodom), but didn't get answered. He tried the Akeida, and it didn't work. He tried Hachnasos Orchim and it was a hoax (They were angels not humans). Amazingly, exactly this is what made Avraham Avinu so successful!

As she realized this concept and was internalizing the message, she got a click, and on the other line her new job was calling her to tell her she was accepted!

HASHEM PAYS FOR APPLIANCES

A yungerman was learning in Kollel for 20 years straight and was being supported by Hashem without any hishtadlus.

He now was making a chasuna for his daughter and he had to

buy her appliances that totaled up to \$1600. He checked his bank account, and he had in it just \$10.

He had no idea how to come up with the money so he just left it up to Hashem.

Right then, somebody called and said, "I heard you are making a chasuna, and I would like to sponsor all of your appliances!"

OUR STUNNING NATION!



Mrs. Goldstein* lost her bracelet which was very expensive,

and she was very disappointed.

Her friend took the situation into her hands, and asked Mrs. Goldstein* in which stores she was that day.

Mrs. Goldstein* said that she was in seven different stores that day, and didn't even know if she lost it in a store.

Her friend called up every single store!!!

Baruch Hashem one of the stores said they found it! Mi K'amcha Yisrael!

A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel	079-704-0068
Lakewood.....	732-719-3898
Monsey	845-470-5577
Five Boroughs	929-470-5577
England	03-303-502-368
Australia	(3) 99-997-300
Canada	647-498-7700

BEAUTIFUL QUOTES

"Someday the gentiles will come from Africa and from Alaska and from all over the world, and they will thank you for saving them with your righteousness. All the birds, the deer and the trees will come..."

Rav Avigdor Miller Speaks Vol 1, Page 132

"All the beauty of nature testifies to the great principle that the world is full of Hashem's chessed."

Ibid. Page 134

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"In his sefer Bayis U'Menucha, R' Moshe Aharon Stern quotes R' Avraham, the son of the Vilna Gaon, as saying that the chirping of birds was created in order to satisfy souls and bring joy to hearts of people"

Open Your Eyes - Page 212

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"Beside for the great reward that we receive for each mitzvah, there is a much greater purpose behind why we do them - to give Hashem unbelievable enjoyment."

"Zichru Toras Moshe - Parshas Toldos

"Imagine having a name Yaakov

which symbolizes the lowest part of his big brother Eisav's foot! He doesn't even have his own essence - he is a part of Eisav Ha-Rasha and the lowest part!

Indeed, Chazal say that Eisav had a nice name. Eisav means עשוי - all made. He already had hair (and a beard! and teeth!) It looks like Eisav is at an advantage over Yaakov and Yaakov was born in a struggling position.

A person who is struggling even if he's in the lowest situation - he will come out ahead since struggling is the true greatness of all mankind.

אמר's name means bitter since she was born in bitter times. However, her name is perfect since being bitter means having a need to grow and become sweet."

Rav Yehuda Mandel - Bitachon Weekly, Parshas Toldos

"People who knew Rav Aharon Kotler zatzal said that they never saw a person who had so many fears who did everything he was afraid to do in order to help Klal Yisrael..."

Ibid.

"The point of driving is not to get you from point A to point B rather it's to realize that HaKadosh Baruch Hu is the one driving your car, holding your hand, watching you and protecting you..."

Rabbi Zevy Golombeck - A Life with Bitachon, Yesod 1408

"Who gave me money up until now? My loving caring Father the Ribono Shel Olam. How many water bills was I able to pay? How many electric bills. How many gas bills? How many mortgage bills.."

Rabbi Golombeck on Yesod 1409, describing someone's reaction upon hearing that he lost tens of thousands of dollars.

"I never had to take a sleeping pill when I was in "the place called prison," because if one has bitachon, he will not be depressed or nervous."

- R' Shalom Mordechai Rubashkin, at a recent shiur on Chovos Halevavos at Khal Agudas Achim, Lakewood

"As we walked through the hallways of his apartment complex. Everyone - including the mailman - exchanged friendly greetings with him. There were no barriers; everyone felt his love and kindness."

Reb Moshe, Page 266

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Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email: thespringhilltimes@gmail.com



FAMILY LOVES HASHEM

I was learning in Emunas Yisrael and I saw a young boy looking

all around for something. I then noticed some tears in his eyes. I went over to him, and he asked me where he could find the 'Spring Hill Times'. I told him that they were downstairs and I showed him where they were.

When we left the building, I noticed that his whole family was waiting outside for him to get the Spring Hill Times. I saw how they were passing it around to each other as they were walking home...

Indeed Yidden love Hashem and can't wait to read more and more about Him!

Anonymous - Boro Park.

MOTHER TRUSTS IN HASHEM

On Leil Shabbos we noticed that my daughter's bracelet was lost. I was quite upset as it was made out of real silver.

I tried looking for it but I couldn't find it. I decided not to look anymore and instead turned to Hashem and said, "I trust that You would help me find it by Motzei Shabbos."

On Motzei Shabbos, I

moved the couch to clean and lo and behold there was the necklace!

Anonymous

MOTHER GIVES TZEDAKAH

Dear Spring Hill Times

A bochur was coming back from Brooklyn, New York, to yeshiva after the off-Shabbos. When he got to Monsey, he checked the luggage compartment of the bus and his suit bag was missing.

He told his mother about it.

His mother heard from her sister-in-law that when ever she loses something she promises to give money to Yeshiva Bais Binyomin (Known as Stamford Yeshiva) and then she always finds the lost item. So, she promised to give the yeshiva \$18 if the suit bag was found.

They called the bus company, but the company said they don't have any suit bag with their number.

Then someone called the company that they by mistake took the wrong suit bag and the bochur B"H got back his suit bag.

A Yeshiva Bochur

BOYS LOVE HASHEM!

It was so amazing last week. We had 2 Ohr Samei'ach boys for Shabbos night meal, one from Toronto and one from Columbia. Towards the end of the meal, we were waiting

for everyone, so we could begin bentching. Someone gave the bochurim the Spring Hill Times. They loved it, loved it! Their eyes were glued! They could not stop reading. One of them was thrilled and loved the colorful comics too.

We found some back copies and gave them those too. They were so so happy! One said he would tell his family about it.

We felt it was a big Kid-dush Hashem - they had never seen anything like it!

Thank you,

A Reader - Kiryat Sefer

KLA YISRAEL IS MAGNIFICENT!

I just wanted to share this story that happened to me 2 weeks ago.

I was driving my van and as I tried to pass another vehicle, I accidentally swiped his side. We both pulled over, and a non-Jew got out and inspected his damage. He told me: "If you pay me \$300, then I'll have it fixed and we can skip the whole police report."

I agreed, as it was my fault, but told him that I didn't have cash on me and needed to make arrangements. I quickly called my niece and asked her to go to the bank and take out \$300.

As I was waiting for my niece to come, a vehicle pulled over and someone came out and asked me if everything was alright. I explained to him that I

had damaged the person's car and was waiting for my niece to bring me cash. He asked me if my husband was learning in Yeshiva? I replied, "Yes." He pulled out his wallet, and said "It's my zechus to help a talmid chochom!" He paid the man \$300 and drove off!! Mi k'amcha Yisroel!

I have no idea who he was!! How special is Klal Yisroel!

A Driver

HASHEM SAVES YUN-GERMAN

A Yungerman told me he usually likes to drink his coffee fast on the way to Yeshiva. One morning, his daughter really wanted to eat breakfast with him so he sat down with her. As he was mixing his coffee he saw that it wasn't fully dissolving. He looked and saw there was a bug inside! Hashem saved him from eating a bug!

Simcha Elefant - Yerushalayim

HASHEM HELPS PERSON READ THE SPRING HILL TIMES

I woke up one Shabbos morning and wanted to read the Spring Hill Times in my bed.

I started reading it but it was very dark in my room and I needed more light. I started pulling up the shade but it wasn't going so I just held it with my hand.

My hand was now hurting me because I was holding the shade for so long.

I was in the middle of reading a story about a person who had a problem and said, "Hashem is the Kol Yachol," and everything turned out all right.

Right away I said, "Hashem is the Kol yachol and He could make the shade go up.

Then I tried to pull up the shade again and it worked, Baruch Hashem. I was able to continue reading the Spring Hill Times.

Anonymous

GIRL TRUSTS IN HASHEM

My family was on a trip. We were starting to pack and leave when we noticed that the roof rack straps were all knotted together.

My brother tried to untangle them but it didn't work. So he gave it to my sister. I noticed what was happening so I said, "Hashem is the Kol Yachol and He could do anything." A few minutes later, it got all untangled and we were able to put it on the roof. Thank You Hashem.

Batsheva Lederer

MAN DOESN'T GET UPSET

I was davening Shacharis and was right before Kriyas Shema. I tried gathering together all my tzitzis but they were all tangled up. It took me about 60 seconds

to straighten them out. I was starting to get frustrated but then I reminded myself it's from Hashem!

A Reader

MAN CANNOT STOP THANKING HASHEM!

I recently had the privilege to spend some time lying flat in a dentist's chair keeping my mouth open (at least trying to). While they were sanding, digging and doing who knows what to my mouth, I had time to ponder the shlichus Hashem had sent me on, to a dentist's office on the third floor of a building somewhere in northern New Jersey.

And this is what I came up with: Thank you Hashem for teeth! And thank you Hashem for giving man the understanding of how teeth work, and of the complex network of the nerves, veins and everything else working in harmony to fulfill the functions of the mouth!

And thank You Hashem for anesthesia, which without it, it would be much less likely for people to have the proper dental work done...

Thank You Hashem for all the tools and gadgets You gave the dentists to carry out their work!

Thank You Hashem for suction, which without it I wouldn't have lasted through more than two minutes of work!

And one final thought: Thank you Hashem, that

although the fact that I needed dental work done was most probably a result of my neglecting to take care of my teeth, a precious gift Hashem gave me, and the pain I had in my teeth was due to me being poshea bepikadon, still Hashem gave me the ability to use my appointment as an opportunity to think about Him and get closer to Him, somewhere in northern New Jersey.

A Reader - New Jersey

ELEVATOR POWERED WITH BITACHON!

I'm at work now and was just reading through the Spring Hill Times. One of the staff members needed assistance with the elevator in the building so I went down to help her.

Usually, it's the flick of the elevator switch and ensuring that the key is in place that makes the elevator operate. Both the key and the switch were set correctly - there was no reason why it wasn't working. I tried flipping the switch and re-inserting the key - but no luck. Tried again and still nothing.

I stopped and said - Bitachon means that Hashem is in charge and Hashem is the ONLY force of power. It's not the key. It's not the switch. I said this again as I flipped the switch and turned the key - and the elevator came to life!! Thank you, Hashem for the gift of seeing how the Mitzvah of Bitachon works!

I read these stories all the time - but it's an entirely different feeling when you experience it yourself - try it!!

A Reader

EVERY SINGLE DEED MAKES US GREAT!

Hi,

It is easy to take every day Mitzvos like Davening and making Berachos for granted.

The Spring Hill Times does not do that. It makes a BIG deal about every single Mitzvah we accomplish, every single time. Each single deed makes us great. It is a tremendous Chizuk for me in my Avodas Hashem! ...The Borei Nefashos I am about to make has more clout than an aircraft carrier, more efficacy than the thousands of sailors onboard. WOW!

No other weekly Jewish publication has helped me focus on each small step in Avodah.

Keep up with the stories of regular Yidden doing regular Mitzvos.

Sincerely,

M.M. - Miami, Florida

THE BARUCH TA'AM

I just learned an amazing piece of Torah in a sefer of a famous achron known as the Baruch Ta'am.

I got very excited so I decided to look into the hakdama.

I read something there that

I found extremely interesting and as I was thinking about it, I was wondering who I can share this most interesting point with.

Than I opened the mail and read the Spring Hill Times by melave malka, and it hit me. Someone in that audience of readers, who appreciates the importance of a positive attitude, will perhaps appreciate the excitement of my discovery.

The sefer was organized by his even more famous talmid and son in law, the chasidisha Rebbe the Divrei Chaim of Sanz, from disparate notes and writings.

He explains in his hakdama that he needed a format around which to organize the structure of the sefer. So he chose to formulate the sefer around the following unique theme. All types of rulings where one can find, due to various halachic concepts, that something prohibited becomes permitted, or the prohibition was never able to take effect in the first place. And indeed he wove a masterpiece of deep halachic dissertations all around these concepts.

What an example of a positive attitude!

Perhaps this was part of the secret of his developing into one of the greatest leaders in Klal Yisrael. Look for and see the positive in every situation.

YYH - Brooklyn NY





Another function of the tongue, perhaps the most important function of all the previous mentioned functions, is the role that the tongue plays in speech. Through the tongue we are able to take raw sounds and form them into words and sentences.

Chazal teach us that there are five organs that a person uses to formulate sounds. They are the throat, the palate, the tongue, the lips and the teeth. But even though that is the case, the most prominent of all the organs that help us speak is the tongue.

We see this actually in the word itself, the tongue is referred to as Lashon, lashon means speech. We see that from all the organs the tongue is chosen to be called the same thing as speech.

That is why the language that we speak is called Lashon Ha-

kodesh, named after the tongue. Hashem split up the world into 70 Lashonos, 70 languages, and in Yiddish we say, mama lashon – the language that a person was brought up with when he was young. So the word lashon refers to the unbelievable ability that Hashem gave man to speak, and the primary organ which enables that is the tongue.

Lashon Hakodesh is named after the tongue, the lashon. Therefore let us take a deeper look at the depth and the richness of lashon Hakodesh in regard to this word itself. The root of this word Lashon is losh, which means kneading, mixing.

One of the 39 melachos that we are not allowed to do on Shabbos is called losh. We previously mentioned the function of the tongue doing lisha, kneading, referring to its mixing the food with the saliva which is very important.

Perhaps the shoshon of losh is also a reference to the most important function of the tongue - speech. Speech is the primary

way that different people are able to connect with each other and are able to unite.

When a person kneads dough, flour and water together, he is taking many separate particles and he is making them one through kneading. It comes out, that what kneading does to dough, that is what speech does to people. Therefore the tongue is referred to as lashon, from losh, kneading; it takes different people and unites them together. There is such richness in Loshon Hakodesh that we do not find in other languages.

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The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. I am very careful not to talk about people as a safeguard not to come to speak lashon harah. However, my wife is exactly the opposite. Her conversations always revolves around people.

I keep reiterating that I don't enjoy hearing about other people, but she doesn't get it. Whenever I tell her that I don't want to hear about people, she just gets upset. This situation is causing me resentment towards her. What's the emunah and bitachon perspective about this?

A. Whenever your wife starts speaking about other people, instead of growing upset, think to yourself: "Why does it bother me so much? Because I know how important it is not to talk about others."

Then tell yourself, "If the virtue of not speaking about others is so valuable, I must be overjoyed that I am zoche to be careful not to talk about other people!" When you do this, you will be using the very issue which bothers you as a catalyst to appreciate the gift you have.

And if your virtue of not speaking about others is not important enough in your eyes to make you full of joy, you have no right to be upset when your wife is not careful in this area.

Additionally, you must realize that every person in this

world has positive qualities, and we all possess flaws as well.

When your wife does something that demonstrates a weakness of character, Hashem wants you to realize: "Right now, there are two ways I can view my spouse. Either I could focus on her shortcomings and grow upset with her, or, I can choose to focus on her virtues and gain positive feelings towards her."

Then, start considering how much your wife does for you each and every day: She cleans the house, does laundry, prepares meals, takes care of the children, and the list goes on and on. Just imagine what your life would look like without your wife's help!

If you would just take a moment to appreciate the extent of your wife's assistance and how many ma'alos she has, you will be overcome with positive feelings towards her!

When you show your wife that all her hard work for you is tremendously appreciated, and she sees how much you value her efforts to please you, then she will want to please you in the area of not speaking about other people as well.

When you do these exercises, be'zras Hashem, your house will be full of shalom and goodwill.

Tricked Twice

Q. When I was in shidduchim, I was redd a certain shidduch. I inquired about the boy's health and I was told that he is completely healthy. After we got married, I learned that my husband does have a certain condition. I was very surprised; I had specifically asked about his health, and I was told that he was perfectly fine. My husband apologized, but reassured me that it's not hereditary. I still felt hurt, but I took consolation in the fact that at least it's not hereditary.

I recently had a baby, and sure enough, the baby also carries the same condition as my husband. It turned out that the condition actually is hereditary. When I found this out, all those feelings of hurt resurfaced. But now there is nothing to console me. I'm angry at the shadchan, my husband and everyone involved who knew of my husband's condition and hid it from me. What is the emunah and bitachon perspective about this?

A. The reason this is bothering you so much is because you feel that if you wouldn't have been tricked, you would have married someone who doesn't have any condition. And you reason that if you would have married someone healthy, your child would be perfectly healthy, like you were hoping.



The

Bitachon Perspective

Continued

However, all this is based on the attitude that people can affect your life, and that if someone misleads you, your life will be affected.

However, the principles of bitachon teach us exactly the opposite. Hashem is in complete control of events.

The reason you ended up marrying your husband is not because you were misinformed. You married him because he was your predestined zivug, and Hashem was the one who orchestrated events that led you to marry him.

Similarly, the reason your child was born with that condition has nothing to do with your husband. The world is not controlled by cause-and-effect. Even had your husband been one-hundred percent healthy, your child would have turned out like that, because that is exactly the kind of child Hashem wanted you to have.

True, it appears that the reason you had such a child was because of your husband. However, all this is just Hashem's cover-up to make it appear that events in our lives can be traced back to natural causes.

However, Hashem wants us to see through the facade, and recognize that all events in this world happen solely because He willed it so. When we see past this

smokescreen and we remember to attribute all events in our lives to Hakadosh Baruch Hu, that is the greatest accomplishment possible, and we are thereby fulfilling the purpose of why we were created.

Rising Above Insult

Q. I went to a simcha, and I was very excited to meet all my friends and to catch up. However, during the simcha, I encountered an acquaintance with whom I am not on good terms. Whenever she sees me, she makes it a point to avoid me. By this simcha as well, when she saw me, she turned around and walked in the opposite direction.

Instead of leaving the simcha upbeat, I left broken and hurt. What can be a healthy way to view this situation?

A. If your enjoyment at a simcha is dependent on receiving recognition from others, you are setting yourself up for a lot of disappointment!

Whenever you go to a simcha, there will always be people who fail to notice you and don't give you the respect you deserve and your experience at the simcha will be ruined.

Therefore, instead of arriving at a simcha with the attitude that you need others to make you happy, decide that your happiness will come from within!

- Experience the joy of bringing joy to others. Make it a point to put a smile on other people's faces. When you meet acquaintances, give them kavod. Approach the ba'alei simcha and show how happy you are to take part in their simcha.

- Rejoice with Hashem! When you dance by a chasuna, in addition to fulfilling the mitzva of gladdening the chosson and kallah, close your eyes and envision that you are dancing with Hashem. Think of how much Hashem loves you, and how much kindness He did for you that day.

This concept applies to all other areas of life as well. Never allow your happiness to be dependent on recognition from human beings. Doing so is a sure recipe to undergo lots of heartache. Rather, tell yourself, "Hakavod hevel havalim! I don't need people to make me happy. All I need is the company of my loving and caring father, the Ribono Shel Olam, and to do His mitzvos." And when you learn to live with Hashem, you will be always be upbeat and full of simcha.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

Please don't read during
davening

In this weeks Parsha, Yaakov Avinu arrived at the well. He saw a the shepherds sitting around, and he gave them some Mussar. He told them that it was not time to gather in the sheep.

The people responded that they were waiting for all the shepherds to remove the boulder.

The commentaries are puzzled: How did Yaakov Avinu, a stranger, have the courage or shall we say the gall to give mus-sar?

Furthermore, the shepherds should have responded as would be the norm: tell him to mind his own business, and yet they didn't.

So they answer, that Yaakov greeted them differently than a typical stranger. Yaakov greeted them warmly by calling them achai, my brothers. When Yaakov said those words he was no longer a stranger, rather he was like a caring brother. Therefore, they understood that Yaakov's rebuke was meant for their good. So they responded in kind.

With one word Yaakov made them feel good. With his positive energy, his words were accepted and not rejected.

Chazal teach us we



need to go in the ways of our Avos, and try to connect our actions to theirs.

I personally know a Yid that seems to have made it his life's mission to give chizuk to every human being that he encounters. Every person he encounters gets a greeting, a smile and an overdose of chizuk. Whether it's a compliment or a good word, they walk away with something. Many people don't realize their maalos until they meet him.

Recently, this tzaddik lost his mother. I witnessed first how every person that came to give

chizuk walked out up-lifted, receiving compliments and encouragement.

There was a young woman that recently entered the family, and when she came he went running to the kitchen to introduce this young woman to the family.

His children are rock solid, outstanding people that are carrying on his mission. They are walking around spreading smiles to all with their words of chizuk. Wherever they go they create an atmosphere of positivity and joy. As you would expect, they are beloved by all and you can be sure that they are beloved by Hashem as well.

We know and realize that yes, we could infuse our families, our friends and everyone around us with positive energy and chizuk. Most of all, it affects us. We become positive people, and we become elevated to great heights. This is besides the great reward that awaits us in Olam Haba.

The gain and profit are too much to miss!

Chizuk Corner

By: R' Y. Friedman

Continued

Please don't read during
davening

There is a story told of a man who we will refer as Mottel who was a talmud of the holy Rebbe of Pi-etzetzner Hy"d - the Ba'al Chavas Hatalmidim. It was shortly before World War Two and the world was in much upheaval. Mottel asked his Rebbe for some Chizzuk.

The Rebbe looked him in the eye and told him the following. "Remember, the greatest thing in the world you can do, is to do a chessed for another Yid. Mottel took the Rebbe's words to heart, and he applied this into his life immediately.

Very soon after, the Nazis yemach shemam came and rounded up the Yidden in the area, Mottel included. They were sent to the notorious concentration camps. The Nazis tortured the Yidden and they tried to plunge the morale of the Yidden to the lowest degree. The spirits of many Yidden were shattered and crushed.

At first Mottel also felt crushed and broken as was expected. But then he remembered the words of his holy Rebbe

and he got right to work.

For a few years he walked around the camps giving chizuk to the broken people. He listened to their tales of woe and he offered his shoulder (whatever was left) to cry on. He gave words of chizuk to his broken brothers not to give up and to hold on tight.

Years later, he said that the chizuk that he offered to others is what kept him going as well.

This story is extremely powerful. I would like to say that this person single handedly went to war against the Nazis who were trying to destroy their self esteem and morale. Mottel, with his chizuk, was able to fight back and save people from losing their total self-worth which can be devastating on many levels. This is the power of chizuk.

We have entered the month of Kislev. This is the chodesh that contains the Yom Tov of Chanuka.

The Greeks whole war was to strip the Yidden from their pride of being

a Yid. They desecrated the Bais HaMikdash and they degraded the Yidden until they almost gave up. Mattisyahu and his sons came and restored the Jewish pride. Part of the essence of a Yid is never to give up no matter how dark it seems.

This was the message of the Macabees "Mi L'Hashem Eilai". This brought about the salvation to the Jewish people and the brilliant light of Chanukah.

On the same note, we could give ourselves and others the chizuk that we desperately need during these turbulent times. Doing this we will bring salvation, which is the ultimate redemption, with the brilliant light of Oro shel Moshiach. May



we be Zoche to this tremendous light very very soon, Amein!

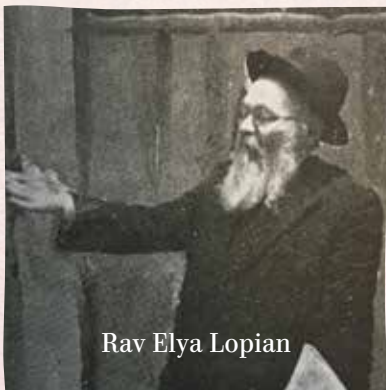
GROWING FROM OUR GEDOLIM #4

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS CHESSED EMUNAH AHAVAS YISROEL
AHAVAS HATORAH MITZVOS TEFILAH TZEDAKAH

Turn The Movers Around!

When Reb Elya Lopian (1876-1970) the Mashgiach of Yeshiva K'far Chassidim, lived in Kelm, his family outgrew their apartment, and needed to move to a bigger one. He set out to find a new apartment which they would be able to afford, but at that time it was very difficult to find an available apartment in Kelm. After much effort, he b"H managed to find an apartment which was just right for his family. He agreed on the price and finalized the rental contract with the owner of the apartment. He then hired a wagon driver to transport his family and all of their possessions to their new home. They loaded all of their furniture and belongings on to the wagon and set out for their new apartment. When they arrived at the apartment, a man approached Reb Elyah and told him, "You should know that my daughter is about to get married. I searched the whole city of Kelm and there are no apartments available for my daughter to move into except for this one, but you got it first. If you move in, I will have no choice but to push off the chasuna as she will have no place to live." When the members of Reb Elya's family heard the man's words, they started to argue with him, and scolded him for his chutzpa to try to prevent a large family from moving into their new home. Reb Elya sat quietly without saying a word. After a few moments, Reb Elya turned to the wagon driver and said, "Please, don't unload the wagon here. Turn around and drive us back to our old home. We will not be moving after all."



Rav Elya Lopian



Rabbi Avraham Yehoshua Heschel,
The Kapischnitzer Rebbe

The Fake Rebbe

Rabbi Yisrael Alter (1895 - 1977) the Beis Yisroel of Ger was once walking through the old cemetery in Tiveria, when he stopped by the kever of Rabbi Avraham Yehoshua Heschel, the Kapischnitzer Rebbe (1888-1967) and told this story. A woman came to the Kapischnitzer Rebbe, and with tears in her eyes she asked for a b'racha. She was deathly ill, and she begged the rebbe to give her a b'racha that she would recover. The Rebbe gave her a b'racha, but she wasn't satisfied. "Promise me that I will recover!", she cried. The Rebbe replied, "How can I promise that you will get better?" But the women didn't back down. "I will not leave until you guarantee that I will get better and recover!" The Rebbe saw that the women would not give up, so he gave her a warm b'racha and promised her that she would recover. After the woman had left, the Rebbe said to his chassidim, "If she recovers, I will be overjoyed, but if she doesn't, it will be an embarrassment for me, but the important thing is that I calmed her down for the time being." After a short while, the woman had a complete recovery. The Kapischnitzer Rebbe said that it was due to her firm faith in Chachomim. The Beis Yisroel ended off the story, "But I say that she recovered in the zechus of the embarrassment that the Kapischnitzer Rebbe was willing to go through, just to relieve the pain of a Yid."

STORIES ABOUT OUR GEDOLIM

By: M.D. Applegrad

Rav Don Ungarischer zt”l, who was the Rosh Yeshiva of Bais Medrash Elyon, once went to a person’s home to fundraise for his yeshiva. Since it was a snowy night, he had his rubbers on. As soon as he came into the house, he started taking off his rubbers. The person who he was visiting saw that it was difficult for the Rosh Yeshiva to bend over and remove his rubbers, so he said to Rav Don “it’s ok, you can keep your rubbers on, I don’t mind if you walk through my house with your rubbers on”.

A few seconds later, the man realized that Reb Don was not following him into the house. So he turned around, and was surprised to see that Reb Don was still busy removing his rubbers! So he said – “Rosh Yeshiva! I told you that I don’t mind at all if you keep your rubbers on and walk through my house with them!” To which Reb Don answered, “I understand what you told me, and that you don’t care if I keep on my rubbers. But I still have my derech erez that I need to do, and it is not proper for me to walk through someone’s house and make the floor dirty with my rubbers on!”

Gut Shabbos!

A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

We learn in the parshayot how Hashem continuously protected the Avos and gave them all that they needed.

R Chaim of Volozhin was once delivering a shiur to his students on the subject of bitachon. Being that the hour was late, R' Chaim turned to his students and asked, "Does anyone know what time it is?" R Chaim did not receive a response since none of the students had a watch. R' Chaim decided to continue with his shiur. "It appears to me," said R Chaim, "that we have not yet acquired true bitachon in Hashem, because if we had, we would have received a golden watch, no less..."

Suddenly there was a loud knock on the door and in walked a Russian soldier.

The soldier glanced nervously in every direction and finally turned to Rav Chaim and said, "Rebbe, I am a Jew. The only Jew among scores of Gentile soldiers. I fear that the soldiers will attempt to steal my precious gold watch. The watch that I received as a gift from my father." The soldier removed a beautiful gold watch from his pocket and handed it to Rav Chaim. "Better that I should give my watch to a Jewish Rabbi than to have it stolen by a Gentile Soldier." With that, the soldier hurriedly turned and left the room. **Good Shabbos!**

SIXTY SECONDS

With Rabbi Label Lam - Monsey, New York



It can easily be claimed that Eisov had a very big disadvantage in life—he had a pre-natal disposition for Avoda Zarah. He was born ruddy, and ready to kill. So what can we expect from him?

But look at his environment: He had a grandfather, Avrohom Avinu; a father, Yitzchok Avinu; a brother, a chavrusa, Yaakov Avinu; and a mother, Rivka Imeinu. He was surrounded by the

greatest people of all time. And the Talmud says, “Mi shegodol meichaveiro, yitzro godol heimenu, the greater a person is, the greater is his Yetzer HoRa.”

Somebody told me that someone took a sample of the handwriting of Rav Chaim Kanievski to a handwriting expert, and the handwriting expert said, “I don’t know who this person is, but I can tell you one thing, he can't sit still for a moment, and he has no power of concentration.”

So this fellow told Rav Chaim what the handwriting expert said, and Rav Chaim affirmed, “That’s my nature—but I changed it.”

A PEEK INTO THE FUTURE

By: Chaim Felder - Kiryat Sefer

Let us imagine waking up one morning in a new world...

And in would come gushing an unstoppable rush of love to Hashem! Something too delicious to describe! Something truly incredible!

We would quickly wash our hands and jump out of bed. We would be so excited to be able to serve the King of all Kings, the Creator of the entire universe, Who loves us so much.

We would be dancing with hearts full of joy while singing modeh ani.

It would be such a good feeling; we would be one thousand times happier than winning the lottery.

All of our children would quickly get out of bed, get dressed and eat breakfast without even having to tell them once. They wouldn't stop thanking us for the food and clothing we prepared for them.

They would run to school with such excitement, even forgetting to take along their snacks...



We would quickly leave our house to go daven in shul. We would be dancing the whole way there...

Every passing car would stop to offer us a ride, but we would rather run and dance to shul with our own amazing working feet.

Everybody would be greeting each other with a big smile and a good word.

We would come to shul an hour before shacharis and start preparing ourselves to meet the Creator of the world, the One that orchestrates every single detail in our life, the One that showers us 24/7, 365 with non-stop bracha, chessed and rachamim.

As soon as we walked into shul, people would come over and offer a siddur and give away their own seats!

Our minds would be so clear

and focused on every word of tefilla. We would be davening with so much kavana, it would feel like we were in heaven.

We would feel so close to Hashem, one thousand times more than the feeling of n'eilah on Yom Kippur.

The windows of the shul would almost shatter from the sound of Amen Y'hey shmey raba. Mispallim would be bidding hundreds of dollars just to have the zechus to do g'lila!

Davening would be so geshmak, that leaving shul would be very hard for us.

After davening, we would quickly grab some food to eat so that we would have energy to continue serving Hashem. We would be going absolutely crazy with happiness feeling Hashem's love with every bite of His delicious food...

We would say the bracha with such love that it would take five to ten minutes to say a shehakol or mezonos. Our hearts would be overflowing with thanks and Birchas HaMazon would take over an

A PEEK INTO THE FUTURE

Continued

hour...

We would all be living with 100% clear bitachon in Hashem that there would be no need to go to work anymore.

Learning Torah would be like eating pizza, cotton candy, custard donuts and vanilla ice cream... And much much better...

Everyone would be learning in Kollel/Yeshiva. We would all quickly run into the Bais Medrash without bothering to take off our hats and jackets. Every seat would be taken, the Kol Torah would be knocking like never before. It would be music to our ears to hear yidden learning the heiilige Torah with so much simcha and geshmak.

Tens of new, deep, unbelievably delicious secrets in Torah would be flowing into our minds each and every moment...

Even during a massive heat wave with the air conditioners not working, everyone would still continue *knocking* away just to learn the geshmake Torah. (The famous words from the Ohr Hachaim "ש"אם" היו בני אדם מרגישים במתיקות ועריבות טוב...".

would become alive and real.)

After many hours of learning b'retzufos without interruptions, finally the gabbai would bang on the bimah several times to remind everyone to prepare for Mincha. Everyone would be offering each other to put away their friends' seforim.

Tefillas Mincha would be mamesh out of this world, the kedusha level of the Holy Shechina would be skyrocketing.

After Mincha, busloads of Yidden who decided to do teshuva would be storming into the Batei Midrashim with tremendous thirst for Torah and mitzvos.

Forgetting about lunch, we would all just run over and offer to learn with them and teach them how to do the mitzvos and serve Hashem.

Meanwhile, the children at school, would all be sitting at their seats like malachim. They would be begging their teachers to please teach them more...

At recess, everyone would be playing together b'shalom and bachdus.

Everyone would be telling each other a good word.

Not a word of Lashon Harah would be heard, everyone would be sharing with each other.

All the children would be getting 100s on their tests...

Our children would be coming home smiling and full of Simcha. They would quickly sit down, make a Bracha and eat lunch.

They wouldn't stop thanking their mummies for preparing them such delicious yummy food.

After lunch, the older children would beg their mummies to please take a nap while they watch the younger ones.

The children would play quietly together, helping each other.

When one child wants a toy the other one would quickly be mevater and hand him the toy.

The house would be full of happiness and peace. The children would be fighting over the mitzvah of taking out the garbage.

People would love each other

A PEEK INTO THE FUTURE

Continued

to pieces...

Everybody would be going totally out of their way to help each other out.

People would be giving away lots of their money to tzedakah.

Gvirim would be standing in long lines outside the homes of poor families just to get the zechus to give tzedakah.

People that wouldn't be able to talk and look at each other would suddenly become very friendly.

Neighbors would be knocking on each other's door with dinner.

Everyone would be driving calmly and safely; no honking would be heard.

'A Life with Bitachon Hotline' would be crashing down as hundreds of thousands would be trying to call in all at the same time.

Everybody would be subscribing to the Spring Hill Times newspaper.

Every other family would offer to set up a print shop to give out copies to the tens of

millions of subscribers.

It would be a daily newspaper



with over 1000 pages full of just a drop of all of Hashem's goodness. We would feel so happy with whatever we have, without an ounce of jealousy.

Life would be so glamorous that we wouldn't need fancy cars and luxury homes to make us happy. Neither would we need private planes, villas and expensive vacations to enjoy this world (after canceling your vacation, ask your Rav if you need

to pay in full. Actually, even if your Rav says that you are not obligated to pay, still you would pay in full lif-nim meshuras hadin).

We would be so happy with whatever we have, knowing clearly that Hashem knows what's perfect and best for us. We would enjoy just the fact that we are alive, able to breath, walk, talk, hear, see, smell and so much more.

Every night before going to sleep we would be writing tens of pages in our 'Thank You Hashem' notebooks and we wouldn't be able to stop...

Wouldn't life be so amazing this way? Wouldn't this give Hashem so much nachas? Kvod shamayim would be skyrocketing!

Well guess what, this is a real dream, this is going to come true very soon, any day, when Mashiach arrives. Keep on imagining this world without a yetzer hara and your desire for Mashiach to come would get stronger and stronger. Achaka Lo b'chol Yom Sheyavo!

AYIN עין טובה TOVA

פרשת ויצא - כסליו תשפ"ג

By: R' Nesanel Landsman

- Suggestions for the Case of Parshas Chayei Sarah: Where parents return home to their house flying and all their kids up and an unapologetic babysitter on the phone...
- • Maybe the phone call was an emergency/or an embarrassing situation.
- • They can put themselves in her shoes. Maybe she's going through a tough time and had to take that call and that's when things started spiraling out of control.
- • They can be grateful that the babysitter came, and they were able to attend the wedding. That is something to be grateful for.
- • Sometimes people just have off times. Since they know her to be a capable person, they can just write it off as an off night for her and hope that next time things will be better.
- • Or even bigger of them, they can reach out to her and turn the whole thing around and just be there for her and ask if everything is okay. Maybe she needs something from them, and they can be the givers to her instead of what they were expecting that she would be the one providing for them.
- • Perhaps, the kids woke up and she really had taken control, and just when they walked in, she got an important call.
- • Maybe they had promised to return earlier, and they had inadvertently stayed out longer, and she left abruptly as not to make them feel bad!

R' Zevy Golombeck suggested:

- They think the babysitter didn't do her job. It has nothing to do with her, rather Hashem wanted, and this is the biggest tova, because she did what Hashem wanted.
- Be happy you have children who could jump around. Some people have children in the hospital who can't walk or talk lo aleinu.
- They want their kids to be asleep to have koach. The purpose of the babysitter is to keep them safe. Hashem will give them the same amount of koach no matter what.
- The agmas nefech they experienced from this will save them from far worse things c"v.

CASE OF THE WEEK:

Meir and Dovi were both outstanding students in their respective Yeshiva. They both took Rabbinic positions in prestigious Shuls. Although Meir was also successful, Dovi became a world-famous speaker and became one of the prominent Rabbanim in the country. Meir could not help but feel a tad of jealousy for his long-time friend.

Help Meir have ayin tova for his situation.

Please send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019
EY: 052-760-5409.

Suggestions will BE"H be printed in the issue for Parshas Vayeishev

KABBALAS SHABBOS IN TZEFAS

By: R' Nesanel Yoel Safran

It's where, in the times of the Arizal, the weekly Shabbos-arrival ceremony as we know it originated. So I suppose it shouldn't surprise me that it was Kabbalas Shabbos in Tsfas, during our recent visit there, when I had a mystical revelation of sorts.

I'd stepped out from the guest-house where we were staying, a bit before sunset late Friday afternoon, looking for a place to daven.

I hadn't gone more than a few yards when some rousing, boisterous, singing caught my ear.

Following the muse, I came upon what appeared to be a blue-washed (as in whitewashed) parking garage, where on one of the lower levels a seemingly impromptu congregation had gathered to melodiously greet the Shabbos Queen.

Why not? I figured, and ascended the sloping up-ramp to join them.

To call the crowd eclectic would not do it justice. There were Shtreimels of various vintages, jeans and baseball caps, Yeshivish black-hats, Bib-



lical robes, sharkskin suits, and (most interesting,) various permutations of all of the above. In my standard hat and bekeshe, I wasn't quite sure if this was the place for me.

I then looked up and suddenly the whole scene had tangibly transformed. No longer in front of me danced a motley crew of eccentrics, but a collec-

tion of equally beautiful, equally pure Jewish souls – each of whom happened to be garbed in whatever physical form they had chosen to express themselves in Olam Haze.

Then the further insight embraced me that I also was a pure, beautiful, equal soul beneath my chosen costume too!

It seemed to me that they somehow knew I caught on, as the cornucopia of faces suddenly flashed me knowing, accepting smiles from behind their masks as I joined the circle-dance of souls and ecstatically leapt and stomped, an equal among many.

Next week I'd be back at my regular minyan, but for this week I was happy to be just where I was.

Kabbalas Shabbos in Tzefas.

LET US IMAGINE

Let us imagine for just a few moments, what life might look like if our eyes instead of being on our faces would be on top of our heads.....

All what we would be seeing is the ceiling and the sky..

Our eyes would hurt terribly from the sun shining directly upon them...

We wouldn't see in front of us and every time we would walk we would be tripping and falling c"v...

In order to walk safely we would need to bend our heads all the way down...

Everyone would be getting terrible pains in the neck.

There would be lines of people, miles upon miles long, waiting to be seen by the doctor... and even the doctors and nurses themselves would be waiting on line to get treated for their aching necks...

We would not be able to see what we are putting in our mouths... And as a result our shirts would be covered in layers of ketchup, mustard, meat sauce, oil stains, red Italian ices stains, blue, purple, green and red freeze pops stains, orange juice, apple juice and grape juice...

Most of the food and drinks would end up on the floor...

Mothers and wives would need to be cooking and baking 3 or 4 times the amount of food... They would be busy from morning to night just cleaning out the stains and cooking food without being able to see properly... And they would be completely overwhelmed...

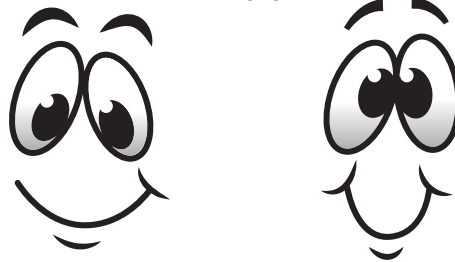
Cleaning the floors covered in 5-6 inches of food and drinks would be a complete horror story. We would tilt our heads frontwards,

backwards and sideways... We would need to clean while suspended upside down from the ceiling... But even that wouldn't work...

We would be dizzy and nauseous 24/7 365 days a year. We would be vomiting the entire day and night all over the floor, tables, beds, books, seforim and food...

Driving a car would be simply impossible!

We would have to build special mirrors



and attach them to our heads in order for our eyes to be able to see what's in front of us...

Our yarmulkes and hats would need to be made out of see-through glass...

They would be falling, cracking and smashing left and right and our floors and everything else would be full of broken sharp pieces of glass... Cleaning it up would be simply impossible...

The prices of cleaning ladies would skyrocket and would be between \$50,000 - \$85,000 an hour!!

Worst of all, we would no longer have the opportunities to properly see the people we pass by and we wouldn't be able to wish them 'Good morning', 'Good afternoon', and 'Good Shabbos'.

We would not be able to properly learn Hashem's Torah and daven from a siddur...

We wouldn't be able to feel and see His great wonderful Kindness and this world would be a most horrible place to live in...

Surgeons, with eyes looking at the ceilings, would operate to attempt to change the positions of people's eyes...

We would run from one specialist to another to try to find a working solution...

But everything would just fail...

Who designed, with unlimited kindness that our eyes should be in the most perfect spot possible???

Who designed with infinite brilliance that the eyes can see???

Who designed with unlimited knowledge that the brain can interpret the messages of the eye?!?!?

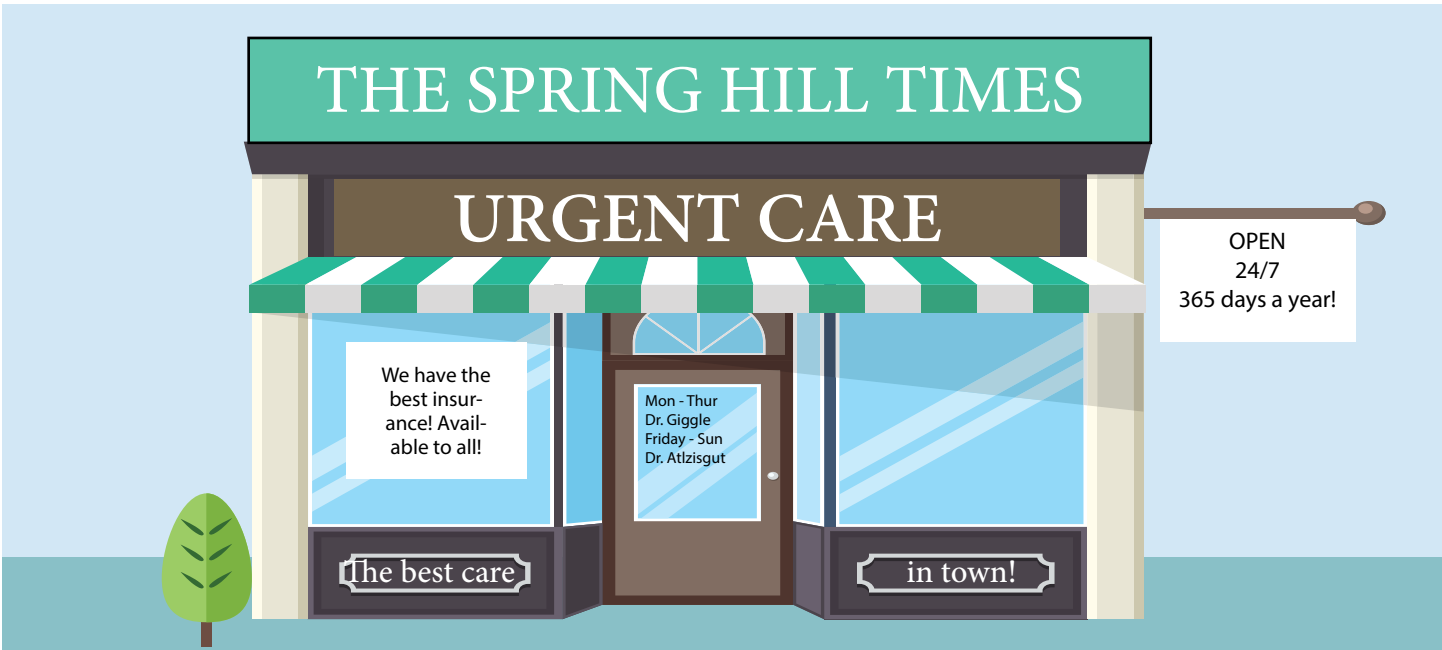
Who manufactured with infinite perfection that our eyes should have a built in protection, moisturizing and washing system called 'eyelids'?!?!?

Who designed with unlimited resources and power that the speed of our eyesight should be exactly the way it needs to be?!?!?

Who designed with infinite wisdom that our eyes should be able to close when we go to sleep???

YOU HASHEM, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift of healthy perfect eyes that You give us, with endless love and care, every second of the day, 365 days a year and free of charge!




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PATIENT:

I wake up every morning very groggy. It takes me time until I feel fully awake. I wish I would be able to just jump out of bed like a lion.

Dr. Altsigut M.D.

**IMPORTANT HEALTH TIPS
TO
REMEMBER:**

Every time you are in a situation where you rather it be different, instead of complaining, you thank Hashem and praise Hashem, then you will be giving Him tremendous pleasure!



I'm prescribing for you 5 medications!

1. Thank Hashem for the great kindness that you wake up every single morning!
2. Thank Hashem from the bottom of your heart that you are able to sleep deeply! So many people would wish to have the same problem that you have!
3. To Hashem it makes zero difference how fast your body wakes up! It's the 'will' that Hashem wants!
4. Thank Hashem that you wake up to a day full of Torah and mitzvos! You are the luckiest person in this world!
5. Thank Hashem that he made you wake up groggily. Accept it with love! You will be making Hashem kv'yachol so happy!

A GLIMPSE INTO THE PAST

By Sruli Yelen - Lakewood, New Jersey



Rav Ovadya Yosef Zatzal



The Ribnitzer Rebbe Zatzal

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שנים מקרא ואחד תרגום

Raffle

Grades 1-2: Until שני
Grades 3-4: Until שלישי
Grades 5-6: Until רביעי
Grades 7-8: Whole פרשה

לז"נ הרב ירחמיאל שלום
משה בן הרב ישראל זצ"ל
מגיד שיעור ישיבה דרך חיים

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IN ADDITION THERE WILL BE A WEEKLY RAFFLE FOR A \$25 GIFT CARD

שבת פרשת

Name _____

Yeshiva _____ Grade _____

Phone _____ Parent's Signature _____

Please fill in the information below clearly:

- | | | | |
|---|--|--|---|
| <input type="radio"/> Learned 15 minutes on Erev Shabbos/Friday Night | <input type="radio"/> Learned on Shabbos
<small>(Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes</small> | <input type="radio"/> Learned שנים מקרא ואחד תרגום | <input type="radio"/> Learned on Motzei Shabbos
<small>(Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes</small> |
|---|--|--|---|

You can do any or all of the options. If you do all of the options you will earn a bonus ticket.

First time participants should also fill out the information below:

Address _____ Email _____

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Completed forms must be received by December 31st to be included in the raffle.
Completed forms should be faxed to 646-595-2402 or emailed to egoldberg417@gmail.com.

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the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

Monday 4 Kislev	Tuesday 5 Kislev	Wednesday 6 Kislev	Thursday 7 Kislev	Erev Shabbos 8 Kislev	Shabbos Vayeitzei 9 Kislev	Sunday 10 Kislev
Low 29 °F High 49 °F Partly cloudy	35 °F 47 °F Partly Cloudy	33 °F 59 °F Delicious Rain	27 °F 42 °F Partly cloudy	33 °F 44 °F Sunny	36 °F 51 °F Cloudy	34 °F 46 °F Partly cloudy
The weather will be perfect to thank Hashem for your parents!	It will be a wonderful day to smile at people!	There will be perfect weather to say Birchas Hamazon with a heart full of love!	Perfect day to thank Hashem for five things He gave you!	Beautiful weather expected! Perfect day for dancing while taking out the garbage in honor of Shabbos!	Stunning weather! Perfect for learning Hashem's delicious Torah!	Beautiful weather! Will be a great day to love Hashem.

Please note: This is based upon the forecast at time of print. Actual results might vary...

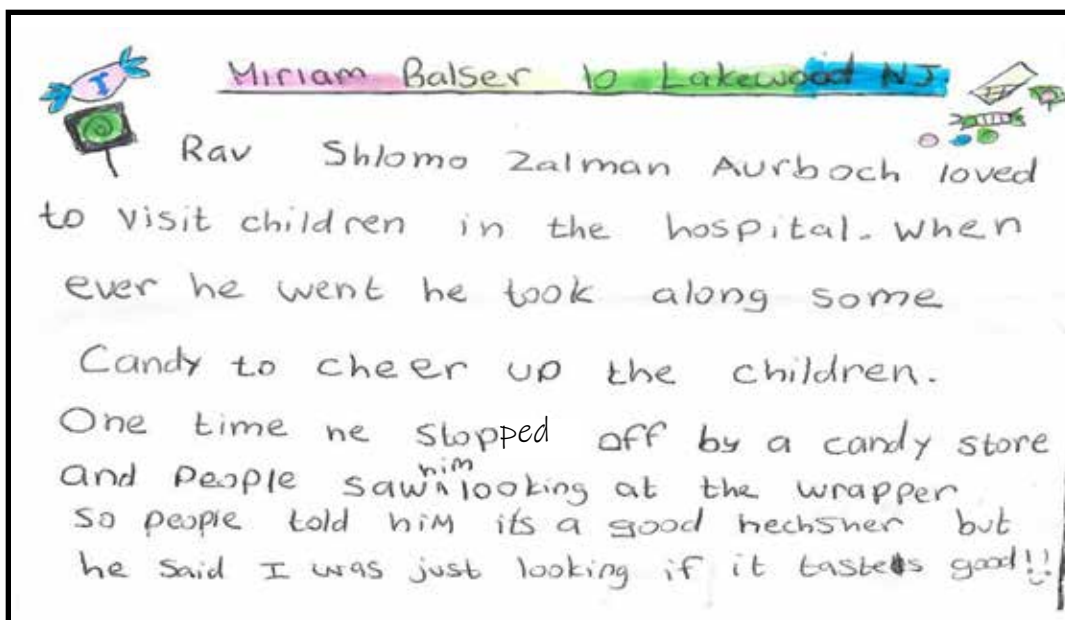


Crocodiles



When crocodiles are born.....

When crocodiles are born they start growing and they don't stop until the day that they die! That is why crocodiles are such big animals. Dwarf crocodiles are the smallest, they are about 5 feet long. Saltwater crocodiles are the biggest, they are about 17 feet long! It's a big nes that Hashem made scientists discover that the crocodiles have a powerful agent in their blood that could heal human infections that don't respond to antibiotics!!! This is amazing Niflaos HaBorei!!!



Wrong Bus, Right Bus

Chapter 2



TATTY TALES

2

The whole Moshelville was practicing chopping



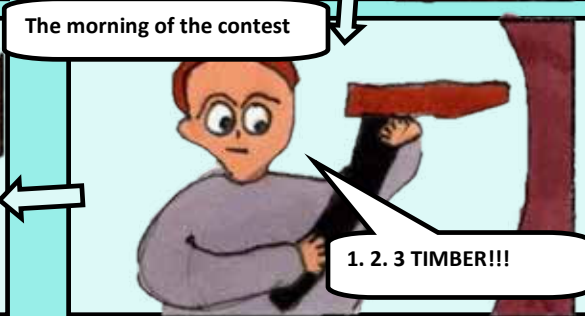
I got this tree in just 1 try! But the contest tree is double as thick



Moshelville citizens the king is on his way! The 24 hours are up!



The morning of the contest



1. 2. 3 TIMBER!!!



He's arrived! he's here!!



I'm gonna win!!

All of a sudden a little boy went to the back of line.



TO BE CONTINUED...

RECAP:

The king announced a contest. Tomorrow anyone could try to chop the thickest tree down with only one try! Whoever is able to do this will be rewarded

Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Monday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Tuesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Wednesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Thursday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

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08701

3.

Zelle to:

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4.

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link:**

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<p>LAKEWOOD - NEW JERSEY</p> <p>At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm.</p> <p>18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)</p> <p>***</p> <p>Ely Family</p> <p>801 Lexington Ave, apt 4G 718-812-5152 Thursday afternoon</p> <p>***</p> <p>30 East 9th St. (Between Princeton and the tracks)</p> <p>Available in container outside the front door Thursday afternoon (possibly Wednesday night)</p> <p>Call R' Shlomo Eliyahu 732-569-4273 (leave message)</p> <p>***</p> <p>Weinberg Family</p>	<p>10 Gvuras Ari Dr. 848-240-3128 Available from Thursday afternoon outside front door on chair.</p> <p>***</p> <p>Hirschberg Family</p> <p>410 10th St. Apt 7b</p> <p>Please call to reserve: 732-569-8111</p> <p>***</p> <p>Rosenberg Family</p> <p>104 Elmhurst Blvd. In container by front door. Available from Thursday evening</p> <p>***</p> <p>1500 Twin Oaks Drive. In container by front door from Wednesday night.</p> <p>For more info please call: 908-596-0844</p> <p>***</p> <p>Minzer family</p> <p>15 Gefen Drive- Container in front of house from Thursday</p>	<p>afternoon.</p> <p>***</p> <p>368 Bergen Ave (available from Thursday afternoon) 732-367-2499</p> <p>***</p> <p>Briller Family</p> <p>21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727</p> <p>NEW!</p> <p>Weitman Family</p> <p>282 Coles Way Container in front of house Available on Thursday</p> <p>***</p> <p>Waldman Family</p> <p>16 Sherwood Drive 848-223-5678 Container by door Available Thursday</p>
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We are also looking for a way to bring over copies to the Five Towns.

5 Weekly Thank You's

By: R' Simcha Elefant - Yerushalayim
Ir Hakodesh

Thank You Hashem for Challah Knives

Thank You Hashem for Comfortable Cars

Thank You Hashem for Mirrors

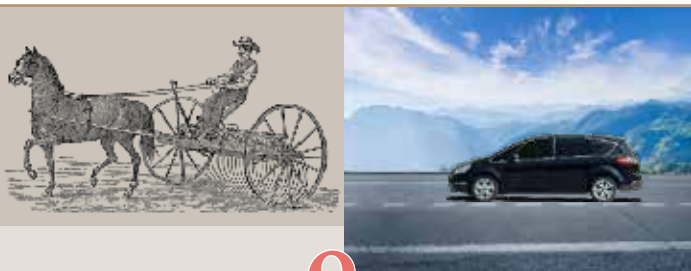
Thank You Hashem for Handles

Thank You Hashem for Garbage Bags

לזכות משה יהדה בן שושנה



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



THEN & NOW

It's late at night and want to learn?

1800's: Need to find a candle and matches in the dark. Then learn in dim lighting until the candle burned out and then needed to light another one...



Today: Just flip the switch!



Are you a recipient of Hashem's goodness?
Did you see, experience or hear special Hashgacha Pratis?
Did you or anyone in your Beis Medrash experience hashgacha pratis while learning?

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Mazel Tov!

Mazel Tov to R' Chaim Cohn and family (Wesley Hills, New York) upon the wedding of their daughter Raizy to Dovi Aronowitz!

Mazel Tov to R' Yossi Green and family (Chestnut Ridge, NY) on the bar mitzvah of their son Yitzchok!

NIFLAOS HABOREI RIDDLE

By T. Bauman

I am not something tangible.
I am something that needs to be done.

Not like a project
Or anything that's fun.
I am definitely not easy
But well worth the work.
Even though that's true,
I'm something people shirk.

Ask Adam and Reuven,
Yehuda, and Dovid,

They'll tell of my greatness,
And why I am beloved.
I hold a special power,
I can alter things now done.
I am too precious to ignore.
Take advantage everyone!
Admit it - you know me,
Don't feel bad it took this long.
Just make sure that next time,
Your guesses won't be wrong.

Find the answer somewhere on this page

BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN! BECOME PART OF THIS WONDERFUL NEWSPAPER!

The Spring Hill Times is looking for volunteers to:

1. Write all about the wonderful benefits Hashem has put into food.
2. SET UP A 'KIDS SECTION'.
3. Send in pictures of gedolim from the past.
4. Send in pictures of Hashem's beautiful world.
5. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)
6. Make illustrations for comics.
7. Type up messages.

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You can hear stories from the Spring Hill Times being read on the Cheishek
HaTorah Hotline.

845-720-4040 Ext 6

Updated every Motzaei Shabbos!

Riddle Corner #15

The sun set early one day, in order that by Har HaMoria Yakov Avinu should stay. In the times of the Bais HaMikdash sunset was once delayed, after a special Tefila was prayed. Who davened that Tefila?

Leave your answer on the Chaishek HaTorah Line 845-720-4040 x9 by Sunday 7PM

EST to be entered into a raffle for a Sefer. (The answer and winner will be announced on x14 #15)

The Spring Hill Times

Yitzchok I. Kaufman
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**Yum!!
Being close to Hashem is even yummierr!!!**

**HASHEM IS WONDERFUL!
LIFE IS WONDERFUL!
KLAL YISRAEL IS WONDERFUL!**

Hearing the Call

By: R' Yosef Moshe Mizrachi

“Good people choose how they want to serve Hashem. Great people let Hashem choose how He wants them to serve Him” (R' Zevi Golombeck).

One of the most common challenges people face is how to react when one is prevented from doing the mitzvah he aspired to do. For example, someone buys a seat in shul for Yom Kippur and plans to daven his best. At the last second, his hopes are dashed, as his child gets sick and requires his assistance throughout the day. Another example is when a bochur works hard to get into a top mesivta, and then he gets rejected and must settle for a different one. When these setbacks happen, one feels down and wonders, “Does Hashem not want my mitzvos, chas v’shalom?” The truth is that in these cases, Hashem is simply asking the person to do a different mitzvah.

The Alter of Navordok writes in Sefer Madregas Ha’adam, Nekudas Haemes, Perek Daled that in these situations, the yetzer hara dresses up as a talmid chochum and whispers in one’s ear, “If only you were able to accomplish that other mitzvah you were trying to do. Now you can only serve Hashem in a minimal, inferior way.” Not only does this attitude thereby deter one from embracing and excelling at the new opportunity at hand, but it is also simply false. Yielding to Hashem’s will is the greatest accomplishment one can possibly do. In our examples, when the Yid stays home on Yom Kippur and takes care of his child, and when the bochur who had to go to the yeshiva he did not want

to, the people are presented with the opportunity to serve Hashem on His terms, not their own, and that is the greatest accomplishment. There are priorities which mitzvos come first, and one should aim to do great things, but ultimately, one should be ready to accept whatever mission comes his way.

The Chovos Halevovos compares this idea to someone who gives a house to his friend as a gift. The recipient can now remodel the home however he wishes. The original owner will not complain or get frustrated, as the gift is now not under his ownership, and it can be used by the recipient in the way that he sees fit. So too when serving and gifting something to Hashem; one should be ready to serve Him however Hashem deems fit, happy to do whatever Hashem needs from him (Shaar Cheshbon Hanefesh, Cheshbon 28).

There is a famous maggid shiur who did not miss giving shiur for several years. Day in and day out, he delivered a highly sought-after shiur. The day came when he got the flu and could not come to yeshiva to deliver his drasha. Later that day, one of his talmidim came to visit him. He remarked, “The rebbe must be so upset that he could not give the shiur today.” The rebbe responded, “Not at all! I have a different way of looking at things. Until now, Hashem wanted me to give shiur so He gave me the strength to do so. Today, Hashem wanted me to serve Him by resting up, so He made me sick!”

Shabbat Shalom U’Mevorach!

L’iluy Nishmat Zecharia Ben Aharon, Sarah Bat Yaakov, Shmuel Ben Meir, and Sarah Rivka Bat Aharon.

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