

# The Spring Hill Times

*Spreading Hashem's goodness all around the world*

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ISSUE 79

| PARSHAS MIKEITZ - CHANUKAH

| KISLEV 5783



**Hashem, Your world is stunning!**

## THREE LAYERED CAKE!

Yidden all over the world are looking forward to the most amazing triple delicious and exciting



Shabbos that's coming. Thank You Hashem for the gift of Shabbos! Thank You for Rosh Chodesh! And thank You Hashem for the Holy Yom Tov of Chanukah! We love You Hashem!

## BEITAR MOTHER ALIVE AT AGE 43

A 43 year old mother in Beitar Ilit, Eretz Yisrael, woke up on Sunday morning, 17 Kislev, alive and healthy. Her heart was beating perfectly. Her lungs were working perfectly!

She prepared snacks for her children and saw them off to school. She was there waiting for them when they came home. She served her family a most delicious supper and cleaned up the mess afterwards!

Amazingly, the same scene repeated itself in so many houses around the entire globe!!! Thank You Hashem!

## HASHEM SENDS BOY CHOCOLATE MILK

R' Moshe\* always gives his son a cup of milk before they start out on their walk to Cheder.

One morning, he forgot and his son was very thirsty.

On the way to cheder, they passed a truck that sells dairy products. A worker took two bags

**Continued on page 3**

## READING POSITIVE NEWS WILL HELP YOU:

- Love Hashem more.
- Do more mitzvos.
- Be a happier person.
- Be a healthier person.
- Be a calmer person.
- Be a better parent.
- Be a better friend.
- Live longer!

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# The Spring Hill Times

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Hashem

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# WEEKLY NEWS ROUNDUP

Continued from page 1 of chocolate milk and threw it at them telling them they could have it! Hashem sent them exactly what they needed at the right time! [Kav Hashgacha Pratis]

## **HASHEM HAS MANY WAYS**

A Yid from England had a wedding in Eretz Yisroel. He went with his family of ten for two weeks. He lives on a Kollel budget and had a lot of expenses in Eretz Yisroel.

At the end of the two weeks he realized that he had racked up 5,000£ on his credit card. He had no idea how he would pay for it. But he was mischazek in bitachon that Hashem has many ways to help him.

When he got back to the airport, his flight was delayed more than three hours. The policy of that airline is that if a flight is delayed more than three hours the passengers get compensation. For each member of his family he received 520 pounds which totaled 5200 pounds! Enough money to pay his entire credit card bill! [Kav Hashgacha Pratis]

## **HASHEM RETURNS YID'S CHIDDUSHEI TORAH**

A Yid had a lot of chiddushim saved on his disk-on-

key. One day, it got lost but he wasn't concerned because a couple of weeks before he had lent the key-on-disk to someone and wrote his phone number on it.

Days turned into weeks into months and no one called to say that they found it.

One day, he was on a bus and he found someone else's disk-on-key. He called up the person and told him that he found it. That very same day he got a call that his disk-on-key was found!!! [Kav Hashgacha Pratis]

## **HASHEM LOVES OUR SHABBOS**

A Yid's becher needed some repairs but he didn't have the money. He decided to bring it to the silversmith anyway, after all Hashem repays all Shabbos expenses. It cost 180 shekel.

Friday came, and he had to go pick it up, but he had no idea how he was going to pay for it.

That day, a customer bought a lot of a product that he sells from his house. He got 180 shekel, exactly enough to get his becher back!!! [Kav Hashgacha Pratis]

## **HASHEM LOVES YESHIVA BOCHUR**

Shmuel,\* a Bochur from

Ashdod, had an MP3 player to listen to shiurim. He asked a friend of his if he wanted to come with him to a nearby shul to download more shiurim from Kol Hailoshon.

While they were walking, Shmuel said to his friend that he had bitachon that Hashem would send him a delicious meal. He was very in the mood.

His friend looked at him surprised, "How in the world are you going to get a delicious meal late at night in the middle of Ashdod?"

Shmuel replied "Hashem is a Kol Yachul, just wait and see."

They went to the shul and downloaded what they wanted to. They left the shul and heard a noise coming from a nearby building. Someone walked out and told them that they were in the middle of a yahrzeit meal for the Rebbe. "Please come in and partake." They went in and had a hearty fleishig meal in the middle of the night just as he wanted!!! [Kav Hashgacha Pratis]

## **BOCHUR THANKS HASHEM FOR BROKEN GLASSES**

Yitzzy's\* glasses broke. Instead of being down and

# WEEKLY NEWS ROUNDUP

upset, he was thankful that he has eyes and that he had glasses up until then. He was also thankful that it was just his glasses that broke, not anything worse. He also thanked Hashem that now he could protect better his eyes when he walks on the street! [Kav Hashgacha Pratis]

## THE POWER OF CARING FOR ANOTHER YID

There is a very special person who was asked how he became such a talmid chacham. He said that when he was in yeshiva, they once called on him to do hagbah. He went up and did a backwards hagba (like

they do on Simchas Torah). Everyone was laughing and talking about it.

The Rosh Yeshiva called him in and asked him why he did such a funny thing? He told him that the bochur that was called up before him for an aliyah had a very bad stutter. He noticed the bochurim smirking and talking behind that bochur's back. This bothered him greatly so he wanted to divert their attention so it would stop. So he did a backwards hagba.

From then on he had great success in learning and became a big talmid chacham. [Heard from Rav

Aryeh Shapiro.]

## TEHILLIM - THE BEST MEDICATION

For the last 20 years, Chaim\* had an infection in his stomach and had to take medicine every day. Many people who have this condition also have pain in their joints.

Every time he went to the doctor, he would ask him if he also had pain in his joints. B"H he didn't.

One day, he woke up with pain in his joints. He was not happy to think of possibly taking more medication. He was thinking what he could do as a zechus.



Hashem's beautiful snow on the Spring Hill Times Headquarters, Sunday  
Parshas Vayeishev

# WEEKLY NEWS ROUNDUP

In Hebrew joints are 'perakim'. He started saying perakim of tehilim every day, enough to finish the sefer Tehilim in a month, but his pain still didn't go away.

So he started saying more every day, enough to finish every week. All the pain disappeared. Whenever he forgets to say the tehilim his pain comes back to remind him. And when he starts again, it disappears!!! [Kav Hashgacha Pratis]

## **MAN TO CELEBRATE SECOND ANNIVERSARY OF DIET**

R' Pinny\* from Clifton, New Jersey, will be celebrating over Chanukah, the completion of a second successful year on his diet.

During Chanukah 5781, he decided that he was going off any food that has added sugar and white flour.

Baruch Hashem, it's two years later and he hasn't broken his diet (intentionally) even once!

When asked if he doesn't miss out on all the delicious cakes, donuts, candies, pizza and ice cream, he answers: "For the mitzvah of guarding my health, I will be getting in the next world all those delicacies! And a trillion times more and bet-

ter!" (Heard from R' Pinny)

## **SIXTH GRADER LOVES HASHEM'S TORAH**

On Shabbos afternoon, the Spring Hill Times editor was walking to shul. He met up with a neighbor by the name of R' Baruch\* who was also walking to Shul.

He overheard R' Baruch's son, a sixth grader who learns in Yeshivas Bais Dovid, repeating over to his father from memory the Gemara he was learning in yeshiva. He did this the entire walk of almost 15 minutes!!!

In the United States? In year 2022? A sixth grader? **Yes! Klal Yisrael today is as beautiful as ever!**

## **HASHEM HELPS MAN DO MITZVOS**

R' Eliyahu was planning on saying Kiddush Levana. But after night seder, he totally forgot about it.

As he was walking home, he heard someone calling out to him, "Shalom Aleicheim!" So, he answered, "Aleicheim Shalom." Then the man said again, "Shalom Aleicheim!" He turned around realized that this man was saying Kiddush Levana. This reminded him to say it himself!

This man that reminded him was an old man that lived by himself in the neighborhood. He was able to dance with him and made him so happy! What Hashgacha Pratis!

*Another Hashgacha Pratis story that happened to his wife who is a teacher:*

She came to school one day really tired and knocked out. She was desperate for a coffee.

She went to get hot water and she saw that the urn was not working.

Not having another choice, she went to her classroom without having her well needed coffee.

A few minutes later, she had to step out of the classroom for a minute. She walked out and she noticed a teacher walking to the sink with a hot urn filled with water and about to spill it out. She ran over to her and said, "What is going on? Why are you spilling out hot water?" The teacher said, "We had a hot cocoa party, and I brought my own urn from my house, and this is the extra hot water so I'm spilling it out."

She asked the teacher if she could have a cup of hot water and she was able to finally make her coffee! She

# WEEKLY NEWS ROUNDUP

had an amazing rest of the day!

## HASHEM SENDS BOCHUR HAND CREAM

Baruch, a bochur learning in yeshiva, Baruch Hashem has chapped hands in the winter. He needs to put on cream every day.

There was a cream that was in the back of the Bais Medrash for the bochurim to use. But one day, it was all finished and there was no money to buy a new one.

So during Mincha, Baruch asked Hashem to please send him hand cream.

When mincha was over, he looked at the back of the Bais Medrash and someone

had put there a new cream!

## HASHEM PROTECTS HIS BELOVED BOCHURIM

The Telshe Yeshiva in Cleveland, OH, serves the bochurim on Sundays the left over deli roll from Shabbos.

One Sunday for some reason they forgot to serve the deli roll.

Afterwards, someone realized that it was spoiled. Had they served it many bochurim would have gotten sick c"v! Thank You Hashem!

## YESHIVA BOCHUR TRUSTS IN HASHEM

Yitzy Goldstein, a bochur learning in yeshiva in Lake-

wood, New Jersey, loves reading the Spring Hill Times.

He also has invisalign braces (they help straighten the teeth).

He didn't wear them for a couple of weeks. Normally, after two weeks of not wearing them, the next size wouldn't fit, and he would need to get a whole new set which is costly.

But Yitzy decided to trust in Hashem. He promised to give \$5 to tzeddakah and said the pasuk, "Va'ani b'chasdicha..." He then tried on the next size and it fit perfect!

## HASHGACHA PRATIS IN THE BEIS MEDRASH

### HASHEM LOVES OUR TORAH

During seder, somebody came over to R' Dovid\* to look up something in his Gemara. While he was looking, R' Dovid wanted to see a Rambam in Perush Mishnayos. Instead of asking back for his Gemara, He took out a M'eiri which is known to quote the Rambam perush mishnayos. He opened

it to the exact page he needed!

### HASHEM HELPS YUNGERMAN FINISH THE SUGYA

R' Nesanel\* had almost finished the sugya with his chavrusa but they still needed to clarify a few details before moving on.

He went out of the Bais Medrash to take a drink

and b'hashgacha pratis his Rosh Chabura passed by.

The Rosh Chabrura asked him where he was holding in the sugya and they started talking in learning.

In just a few minutes, all the difficulties were clarified. When he came back to the Bais Medrash he was able to move on to the next sugya!

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

## **BOCHUR LOSES MONEY AND IS HAPPY**

Yosef\*, a talmid of mine, follows 'A Life with Bitachon'.

One day, he couldn't find his debit card. The bank called him up and asked him if he was missing it, because someone just spent \$100 on it, in an electronic store.

Normally, he would have been very uptight and upset, but now he just started laughing and laughing. He was able to remain calm.

B"H the bank said that they will refund him the money.

Yosef was amazed about himself that his first instinct was to laugh, which was something he had to work very hard on.

## **FAMILY INVOLVED IN BITACHON**

A youngster needed parnasah and was actively trying to find a job for a over a year!

He was going from job interview to job interview, but nothing was working out for him.

He decided that he was going to be mekabel on himself to listen every day to certain song on 'A Life with Bitachon'.

This song gives him a lot of chizuk, and keeps him moving on.

Now he no longer is frustrated looking for a job, he actually enjoys it! He realized that it's not his job to find a parnasah, but rather it's Hashem's job. He just needs to do his part of the hishtadlus and Hashem will do His and get him the perfect job for him!

He has been working on himself so much that it overflowed to the rest of his family! Now they too are living with Hashem and are having Bitachon!

## **WOMAN TRUSTS IN HASHEM**

A lady from London left her laptop outside in the pouring rain. The laptop got completely waterlogged and it did not turn back on.

She decided she was going to have Bitachon that it was going to turn on.

The people around her all said, "What? No way! You can't rely on a Nes!"

She responded, "I learned 'On A Life with Bitachon' that Teva is really Nes, and that Hashem can do anything."

She was Mechazek herself in Bitachon and the next day she turned on her laptop and it was working fine!

Everyone was shocked and they realized not to underestimate the power of Bitachon!

## **THE BEST SHABBOS GIFT**

A lawyer's wife from Lakewood, New Jersey, told her husband, "From now on, please don't bring home flowers. All I want lechavod Shabbos is the Spring Hill Times!

The Spring Hill Times is her flowers! It's her true Oneg Shabbos!"

## **MAN HONORS SHABBOS**

A Business man asked Rav Nochum Malinowitz from Lakewood, New Jersey, advice about buying something that was a huge expense (\$30,000) special for Shabbos. R' Nochum said that he could buy it, if it's only used Lchavod Shabbos.

He bought it and that week someone called him up and offered him a business deal that brought him profit of \$30,000! Hashem paid him back the exact amount he paid Lchavod Shabbos!

## **LOOKING TO BUY HOUSE AND FOUND HASHEM**

Three years ago, R' Yisrael a businessman in Lakewood, New Jersey, started looking to buy a house.

His workmate was also looking to buy a house, so they decided they would make a chavrusashaft during their coffee break to learn Sifrei Bitachon together for each to find a house!

It has been three years and

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck



they are learning Chovos Halevavos, Shaarei Bitachon, Kuntres Beis Halevi on Bitachon. They have gone from sefer to sefer learning and shteiging away!

R' Yisrael said he is so grateful that he still didn't find a house because they are gaining so much from this learning!

## MAN DOESN'T GET UPSET

*I was bringing my wife to work. I was by a corner where there is a four way stop sign. It was my turn to go, and a car just went before me. Not just one, but another car and then another car.*

*My natural instinct was to get really upset at the situation.*

*But B"H it didn't bother me. I told myself that the Yidden who went before are just so busy doing mitzvos that they don't even realize that I was supposed to go before them.*

## FIRED REBBI KISSES HIS BOSS

R' Ari Hess\* was a Rebbe in a yeshiva in Lakewood. After a bunch of years teaching, he was told that he has to leave.

Before he left, he went to the Rosh Yeshiva and said, "Even though I am leaving, I still love you and nothing will change. My love for Yidden is not dependent on jobs!"

He then hugged the Rosh Ye-

shiva and kissed him!

## YIDDEN LOVE EACH OTHER

Mrs. Katz\* had a friend who was going to Eretz Yisroel. She thought to herself, "If I would be going to Eretz Yisroel, I would love it if my friend would send me a plane package. So I'm sure that my friend would also love it!"

She thoughtfully made her friend a package. She gave it to her friend and she was so thankful and super excited!

## MAN IN DEBT STRENGTHENS HIS BITACHON

A Yid was in debt because of money that was stolen from him. He started learning Chovos Halevavos, Shar HaBitachon. After he started learning it, someone came over to him and asked him if he was in debt. He replied that he indeed is in debt by a few hundred thousand dollars. The man replied, "Guess what, I am paying it all!"

## A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel .....079-704-0068  
 Lakewood.....732-719-3898  
 Monsey .....845-470-5577  
 Five Boroughs .....929-470-5577  
 England .....03-303-502-368  
 Australia ..... (3) 99-997-300  
 Canada .....647-498-7700





**BOY GIVES TZEDAKAH**

A boy was in the airport, and he was having trouble getting through with his passport.

He decided he would give \$30 to Reb Meir Baal Hanes, and right away he got through!

A reader

\*\*\*\*

**WIFE DOESN'T GET UPSET**

I live in Boston, MA. This past Shabbos, I was planning to go to the Bris of the son of a friend of mine. It was called for 10:30 am.

I was looking forward to attending the Bris and davening during the eis ratzon when the baby cries during the mila. I usually cannot go to a Bris during the week as I teach in the mornings, so this was a special opportunity for me.

My husband came home from the shalom zachor on Leil Shabbos, and told me that based on what he heard at the shalom zachor, the bris would not start on time and it would probably start at 10:45.

With my husband's advice in mind, I left my house with enough time to get there at 10:45.

I walked in the door at 10:45 and found out that the bris had just ended. I felt very bad that I missed the opportunity to daven during the eis ratzon of the Bris.

I had in mind to come home and tell my husband that his

advice had been off base and that thanks to him, I missed the bris.

Then I thought about "Lo Sonu Ish es Amito" and that one must avoid giving others pain, even (or especially) your spouse.

Furthermore, what would be the point? He would just feel bad, upset that I made him feel guilty, upset that I sounded like I'm blaming it on him etc. And it wouldn't change anything - I still would have missed the Bris.

I also thought to myself - Hashem is in charge, Hashem decided I shouldn't be by that bris.

I decided that when I'd come home, I wouldn't mention that I missed the bris.

Here's the interesting part --

Which dvar torah did my husband pick to say by the shabbos table? He asked why Yaakov was upset with Shimon and Leivi for killing the city of Sh'chem. Wasn't Yaakov there when they told Chamor that they all have to have a bris mila? Wasn't he aware of their plan? At this, my eighth grade daughter piped up and said "Totty, in parsha, my teacher said that Yaakov was upset that they used a mitzva of Bris Mila and made something bad come out from it. Hashem doesn't want something bad to come out of the mitzvah of Bris Mila."

I saw this as a clear sign that Hashem was happy with my actions. That He didn't want me to get angry. He didn't want that something bad should come out of the mitzva of Bris Mila.

A Reader

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**HASHGACHA PRATIS**

I had a few envelopes on my table that needed to be sent out on the 1st of the month.

On the 2nd, I realized that oh no, it was never sent.

The important envelope we immediately sent out but the other ones were put on the side.

Monday morning, I noticed them and said to myself, "Great, let me put it into my pocketbook so that I can mail them out."

I looked around and I could not find my pocketbook.

Finally, I realized it was in my car. I went back inside and asked my husband (who was about to leave, but thankfully got delayed) for his keys so that I could open my car.

If not for the envelope that didn't get sent and my husband's delay, he would have left. I would not have had any way to get into my car to get my pocketbook and my keys. I would have had to wait for him to circle back around (and in this town it's a big deal) or call Chaveirim to get my doors open.

Thank you Hashem for giving us the minor frustration of forgetting the envelopes and preventing much worse frustration of being stuck without access to my car that was sitting in my parking spot!!

-Anonymous, Lakewood, N.J.



# BEAUTIFUL QUOTES

*"He loves you more than anything else in the entire world. He calls us His children, and He is more our father than any real father. He loves us tremendously so we should love Him."*

**Rav Avigdor Miller Speaks Vol 1, Page 165**

*"There are hundreds of things to thank Hashem for. Even if there is no standard brachah to say for many these things, thank Hashem for them."*

**Ibid. Page 212**

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*"For בזיונות have the immense power to cleanse one from all his עבירות, and bring forth a tremendous שפע of ברכה into one's life!"*

**Lech Reid - Kislev**

*"The ears are so precious; no words can ever thank Hashem"*

**Open Your Eyes - Page 287**

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*"We must thank Hashem that we have a house to live in, that we have a wonderful family, that we have a devoted mother that takes care of all the household needs, and that we have Hashem!"*

**"Zichru Toras Moshe - Chanukah**

*"R' Shlomo Wolbe zatzal said that a yid should be dan himself lkaf zechus (especially these days).*

*Of course preventing even the smallest sin is of utmost urgency. Yet, when a person feels broken about his unfortunate situation - כעס כבוד תאוה קנאה etc. situation - he should suspect that maybe it was min HaShamyim like by Yehuda- But its' not the real me!"*

**Rav Yehuda Mandel - Bitachon Weekly, Parshas Vayei-shev**

*"There is no way out of it! We are all going to make mistakes all the time for the rest of our lives! This is normal! Ein Tzaddik B'aretz... By channeling our אדמוני side into doing good or by doing teshuva on our sins this is exactly why we were created - to move on despite our difficulties!"*

**Ibid.**

*"HaKadosh Baruch Hu is the One in charge of how people should act towards you; if they should be nice or be mean."*

**Rabbi Zevy Golombeck - A Life with Bitachon, Yesod 1424**

*"If you walk around with a smile and you show the world that this place that HaKadosh Baruch Hu placed us in, is the most gevaldige place. And we live in the most geshmake world. And where we live is so yummy delicious and scrumptious... You are going to have thousands upon thousands of talmidim..."*

**Ibid Yesod 1425.**

*"The beggar's eyes lit up and he replied: 'What a beautiful Pesach! One cannot find another person as good-hearted as Rav Feinstein!"*

**Reb Moshe, Page 281**

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On Chanukah we praise Hashem for the special nissim that He did for klal Yisrael with the Wars and the oil.

The Ramban in Parshas Bo, teaches us a very important concept. From the big nissim and the clarity that we get from them, that Hashem is involved in our lives, this strengthens our realization of the hidden, 'small' nissim that Hashem is constantly doing, which are not so apparent. The Ramban is speaking about Emunah, but we can also take from here a lesson about Hoda'ah, thanking Hashem. From the famous nissim that are clear to everybody, like the nissim of Chanukah, this can bring us to praise Hashem for all the wondrous chassadim that we live with constantly, like the human body, the tongue, the saliva, the food pipe, the wind pipe etc.

Let us take the special yemei Ho-

da'ah of Chanukah and use them to thank Hashem for all the regular gifts that we live with, during the regular nussach hatefilah. Chazal gave us Pesukei D'zimra and Birchas Hashachar, where we recognize and praise Hashem for the constant amazing chassadim that he is giving us.

The Bais Yosef asks the famous question, when they found the pachshemen it contained enough oil to light for one day. So the nes of the oil lighting was only for 7 days. Why then, were Chazal masaken the Yom Tov to light the menorah for 8 days, if the nes of the oil burning was only for 7 days?

The Alter of Kelm answers with a chiddush. That 7 days we celebrate for the nes of the oil burning against the laws of nature, an additional day we celebrate for the oil that burned naturally, just like Hashem let the oil burn for longer than it usually does, it's also Hashem Who makes the oil burn at all. Therefore Chazal set aside one day of Hoda'ah to focus

on all the regular nissim, the ones that we call 'laws of nature'. Nature is also a nes, it just happens regularly and constantly, so we get used to it.

For example, isn't it phenomenal that a person is able to taste with his tongue? This is all part of the Hoda'ah of Chanukah, the days of Chanukah are to praise Hashem for all the unusual, special nissim and for all the regular, constant nissim that Hashem hides behind 'laws of nature' like the wondrous functions of our bodies.

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# The



# Bitachon Perspective

BY: R' SHALOM YEDIDYA KLATZKO

**Q. I am a perfectionist by nature. I try to keep my house very organized, and I am meticulous about returning items to their appropriate places when I am finished using them. This is the way I was raised, and this is the way I want my house to function as well.**

**However, my wife has the opposite nature. When she finishes using an item, she often doesn't put it back, or she'll return it to a place where it doesn't belong.**

**I keep telling her how much it means to me that items should be put back in their correct places. However, she constantly forgets, and I constantly find items misplaced. I find her behavior to be very aggravating, and I find myself feeling resentment towards her. What is the emunah and bitachon perspective about this?**

A. What's bothering you is that because you are a perfectionist, it's very important to you that things should be 'perfect'.

Accordingly, when your wife puts things in the wrong places or leaves things around, you consider this to be imperfect.

However, let's explore the meaning of 'perfect'. The true definition of perfect is not that things must be the

way you think they should be. Rather, 'perfect' is decided by how things should intrinsically be.

The basic principles of emunah tell us that Hashem is the One running the world and that no human being can interfere with Hashem's will to affect another person's life. Additionally, we know that Hashem is perfect, and everything He does is good.

Therefore, if you can think of a method to help your wife be more organized, certainly you should do so.

However, you have found that asking her to change is proving to be ineffective, and you realize that there is no other hishtadlus that you can think of to change the situation. Now you must understand that when you find an item misplaced, it is not because your wife misplaced it. It was Hashem Who caused you to find it in that place. Your wife's carelessness can't affect you whatsoever, just as no other human being can affect you if Hashem didn't allow him to do so.

If you find an item out of place, it was Hashem Who wanted this to happen – along with whatever time or effort you had to spend looking for the misplaced item. Perhaps it was meant

as a test to see if you would recognize that it was Hashem Who caused it – not your wife. Perhaps it was meant to help you work on the midah of patience, or for any other reason that Hashem has in mind.

When you program your mind to understand that wherever you find your items is exactly where they are supposed to be at that moment, you will be able to enjoy a house in perfect order – Hashem's order.

Regarding the fact that you are upset that your wife fails to return items despite your repeated requests and that your wife still doesn't listen, this feeling is coming because you have expectations from your wife. You hope that she will start acting more orderly, and each time you find something misplaced you grow disappointed anew.

The Chovos Halvavos teaches: Hashem wants us to recognize that He is the only source of our welfare, not people. Hashem wants us to rely solely on Him for our needs, and never to place our hopes on human beings.

When you learn to rely only on Hashem, and not to depend on humans, you are not going to feel let down when your wife misplaces things. For all the positive



# The

# Bitachon Perspective

Continued

things she does, you will be full of appreciation towards her, but will not blame her when she fails to live up to your expectations.

**Q. My husband had a strong will to move out-of-town. He felt that he would be able to influence others and bring out his talents. Being a devoted wife, I wanted to do whatever would be the best for my husband, and so we moved out-of-town.**

**Now we are living in a small community, far from the rest of my family. Whenever I speak to my parents and siblings, they tell me about simchos that the family will be celebrating and about family get-togethers. Since we live so far away, we are not able to participate in many of the family events, and I feel left out.**

**Now, I'm starting to feel negative feelings about the decision to live so far away from everyone. What is the emunah and bitachon perspective about this?**

A. What's bothering you is that you think: "Had I insisted on staying in-town, I would have been able to participate in my family gatherings. All because I went along with my husband's

desire to move out-of-town, I'm not able to attend all the family events."

However, you must realize that your husband's need to move out-of-town has nothing to do with how much you will be with your family! Your destiny is not in your husband's control, and his decisions can't affect you one iota.

The One who is controlling your life is your loving and caring Father, Hakadosh Baruch Hu. If Hakadosh Baruch Hu does not want you to take part in a family gathering, even if you would be living next door, Hashem has plenty of ways to stop you from attending – ways that you wouldn't even want to think about. And if Hashem sees that it's good for you to participate, then even if you would live at the other end of the world Hashem would make sure that you would be there.

Once you realize that it's Hashem who is running your life, you can be sure that Hashem put you in that situation for your best.

What could be good about being far from family? The Chovos Halvavos teaches that if a person finds himself away from family and friends, he is presented with a unique opportunity to create a tangible relationship

with Hashem.

When a person is surrounded by family, he is constantly distracted, and it's very difficult for him to focus on Hashem. However, when a person is alone, he's afforded a much greater opportunity to think about Hashem.

We must not underestimate the importance of this function. Thinking about Hashem is the very purpose of our existence! When a person makes it a priority to think about Hashem and create a relationship with him, he is thereby fulfilling the reason for which he was created. You should actually consider yourself very privileged that Hashem selected you to create a relationship with Him and is enabling you to realize your true potential.

When you invest in connecting with Hashem, you will not feel that you are missing out when you can't attend family gatherings. You will realize that genuine simcha comes from having a relationship with Hashem. The more you attach yourself to Hashem, the more intrinsic simcha you will have.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)

# Chizuk Corner

*The unbelievable power of a good word*

*By R' Y. Friedman*

Please don't read during  
davening

We discussed the powerful message and chizuk that Chanukah gives us, not to give up no matter how dire and bleak the situation seems.

This week we will focus on another chizuk that we take from the story of Chanukah, and that's the concept of Mesiras nefesh.

Mesiras nefesh comes from a tremendous awareness of all the chessed that Hashem does for us every second of our life. It stems from a deep love that we have for Hashem. Let's begin.

We spoke about the Chashmonaim, how they didn't give up. Moreover, they went to war against the mighty Greeks with courage and self sacrifice which we call Mesiras nefesh. It's interesting to note that it was the Kohanim specifically that stood up and took the stance. The truth is that we say in the Haneiros hallalu the words "al yedai kohanecha hakedoshim". It would seem to indicate that there is a significance that it happened through the Kohanim specifically.

So I would like to point out two elements that were outstanding by the Chashmonaim in the Story of Chanukah.

1. Their tremendous Bitachon that they had as we mentioned previously.

2. Their Mesiras nefesh - self sacrifice that they displayed was legendary. It was with these two ele-



ments that they were successful in their war.

Truthfully, Kohanim in general excel in these two areas, as these two traits are needed for Kehuna. Let me explain. A Kohen doesn't have any salary or a regular source of income. He doesn't know when he will receive his matnas kehuna. Therefore, he lives a life of Bitachon. In regards to mesiras nefesh, a kohen who serves in the Bais Hamikdash has to be extremely cautious and scrupulous in his Avoda. They do the Avoda with tremendous alacrity. Therefore, we can understand why they were the ones that stood up with Bitachon and Mesiras nefesh to confront the mighty Greek armies.

Be"H we would like to give some insight how these two tremendous traits helped them overcome the enemy. Hopefully this will give us chizuk to work on ourselves as well, and be"H we will get the chizuk we need to overcome our greatest enemy - the Yetzer Hara.

Bitachon: Bitachon is a very broad subject and it's so easy to attain. Reading the Spring Hill Times is definitely a great start. One of the fundamental principles of Bitachon is realizing that Hashem is all powerful. He can do anything, as Hashem told Avraham Avinu when Sara laughed "Hayipalei M'Hashem davar"? Furthermore, we also understand and feel that we are totally in Hashem's hands and no one can harm us.

With these thoughts the Chashmonaim were able to have the courage to go to war with the Greek's huge army. We also need to understand that as difficult our challenges and circumstances in life are, we could still win the battle. That's because we understand that Hashem can do anything and we also know and feel that we are in Hashem's hands. This should give us a tremendous menuchas hanefesh and Simcha, knowing that

# Chizuk Corner

By: R' Y. Friedman

Continued

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we are in the best hands possible.

Mesiras nefesh - This means that we have tremendous loyalty to Hashem, that we are willing to do anything for Hashem. These feelings usually come from an overwhelming amount of gratitude and a deep love for Hashem. Essentially a person is willing to be Moser nefesh for someone that their life revolves around. For example a family member. If we live our life for Hashem then we will be able to live a life of mesiras nefesh for Hashem.

We all know the story of Shimshon Hagibor. I believe that most people when they come to the end of Shimshon, they end off on a sad note. However I would like to present you a novel approach that will give some tremendous chizuk and some insight into Chanukah as well.

Shimshon was a Nazir from birth. The Torah describes a Nazir as a Nazir L'Hashem. That's because a nazir gives himself over to Hashem by separating himself from worldly pleasures for Hashem's sake. This causes his life to revolve around Hashem. This sums up the life of Shimshon, a true Eved Hashem.

We see from the end of the story that Shimshon's great strength came directly from his Nezirus. It came from his subservience to Hashem, his bittul, his self sacrifice. Therefore, all his wars were one hundred percent for Hashem. So, when he caused his nezirus to be broken he lost his strength.

The Plishtim poked out his eyes and he was in bad shape. They brought him to their tumah and they were praising their idols for delivering Shimshon into their hands. Shimshon was in a terrible state. He was going to be killed, he had broken his Nezirus, and no one was coming to his rescue.

At that point he could have thrown in the towel and he could have sunk into misery. However, he got up like a lion to daven. What's fascinating is that he didn't daven for his own salvation. He davened to get his strength back for Hashem's name was desecrated. That is extremely powerful, and his request was granted.

This is how some commentaries explain the words of Yakov Avinu when he davened for Shimshon, "Lishuascha kivisi Hashem". I am davening for

Your yeshua Hashem (so to speak). This is because Shimshon lived a life for Hashem. His whole life revolved around Hashem, which is the essence of a Nazir as we explained.

The Chashmonaim were people that lived their life for Hashem as we explained earlier. Therefore when Hashem's name was desecrated by the Greeks it was they who stood up to the Greeks and proclaimed "Mi lashem" - eilai, should come to me. We are going to war totally for Hashem and they achieved the impossible, because when you are fighting for Hashem's honor nothing is impossible.

This is precisely the message of the Menorah as well. The Yidden wanted very much to serve Hashem and show their gratitude to Hashem. However, they were met with obstacles by the Menorah as well, as they didn't have pure oil. Not fazed, they searched high and low and Hashem helped them find what they needed. Then there was another obstacle: that there wasn't enough oil. Once again Hashem took care of it, and it burned for eight days.

What's the basic message here? If someone wants to do something for Hashem

# Chizuk Corner

By: R' Y. Friedman

Continued

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davening

with all his heart, nothing will stand in his way, as the Yetzer Hara will fall away. You will achieve the impossible, because you are tapping into Hashem's world, and in Hashem's world nothing is impossible.

As we are going into Zos Chanukah, we are infused with tremendous chizuk. We will be"H walk away with the great light of Chanukah and all its messages burning in our hearts. We will walk away with the Yesodos of Bitachon that we mentioned earlier.

We are mechazek ourselves in this area of becoming subservient to Hashem, and the way to get started is by making Hashem a focal part of our life.

We realize that Hashem is our father and Hashem is everything. Our mindset is "what can I do for Hashem now, or what does Hashem want from me right now, because I feel so much love and gratitude." This will help us live a life of mesiras nefesh for Hashem.

Then, there is the ultimate, like with Shimshon and the Chashmonaim, that despite their difficulties they faced, they davened for Hashem's sake.

If we get to the deep love for Hashem then we would daven and plead to Hashem for the Geula for Hashem's name that is desecrated in the world that we live in. Such a Tefilla is so powerful that it can bring the ultimate redemption, as we will see from the following story.

There is a story brought down in the Sefer Chovas HaTalmidim about a simple person whose family was suffering from extreme poverty. It came to a point that it was Pikuach nefesh and he went searching for food, but he hadn't eaten for days and all of a sudden he collapsed.

As he lay there, he poured out his heart to Hashem. He begged Hashem to bring the Geula for the sake of all the people suffering for the Shechina, and he passed out. When he awoke he felt very strong as he smelled the fragrant smell of a beautiful flower.

To make a long story short, he realized that this flower gave him energy, so he took it home with him for his family. However, the Yetzer Hara got it out of him, by exchanging it for food. His father came to in a dream and explained to him that he had been given the flower of techiyas ha-

meisim (that was about to happen) to the Yetzer Hara.

What we see from this story is the power of a tefilla one has when one takes himself out of the picture and davens for Hashem and his fellow Yidden. It makes such waves in the heavens, that it can bring techiyas hameisim.

So when we sit by the beautiful candles on Chanukah, a time of Nissim, and in front of the Menorah which has tremendous Kedusha, the light of Moshiach is burning as it's brought down in the Bnei Yissaschar.

Let us reflect on all of the above. We should get an overdose of chizuk seeing Hashem's love that he showed us then and He hasn't stopped.

As we say bayamim haheim bazman hazeh, let's say a heartfelt Tefilla to Hashem to bring down the brilliant light of Moshiach once and for all, for Hashem's name, that everyone will acknowledge that Hashem Echad Ushemo Echad. Amein.



# GROWING FROM OUR GEDOLIM #7

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS      CHESSED      EMUNAH      AHAVAS YISROEL  
AHAVAS HATORAH      MITZVOS      TEFILAH      TZEDAKAH

## Siberia For Life

Rav Gedalia Moshe Goldman ztz"l, the Zhviler Rebbe (Born: 1887 in Russia, died: 1949 in Yerushalayim) was sentenced to forced labor in Siberia. One Shabbos, after slaving away in the harsh conditions for over seven years, the commandant of the labor camp called him in to his office along with another elderly Jew. The commandant told him, "You are hereby free to go. Sign this paper, and you may leave." Rav Gedalia Moshe told him, "It is Shabbos today, I may not sign." He thought about how he had managed to survive for so long in that terrible place and did not think it would be life threatening to remain another few years. He was willing to suffer there for a few more years rather than be mechalel the heilige Shabbos. The commandant told him, "This is not a joke! If you don't sign, you will stay here for a long time!" Rav Gedalia Moshe did not budge, he refused to sign. The commandant turned to the elderly Jew and told him, "Sign!" Seeing that the rebbe didn't sign, the elderly Jew refused to sign too. When Rav Gedalia Moshe saw that, he jumped up. "I will sign for him! It is too dangerous for him to stay any longer, so I will sign on his behalf!" When the commandant saw how Rav Gedalia Moshe cared so much about another Yid, even more than himself, he was so impressed that he let them both go free without signing anything



Rav Gedalia Moshe Goldman, the Zhviler Rebbe

## You Must Fast!

Rav Ovadya Yosef ztz"l said over the following story. One day, Rav Yehuda Tzadka ztz"l, the rosh yeshiva of Yeshiva Porat Yosef in Yerushalayim, heard that a certain Yid took his children out of the frum school that they were in and enrolled them in a secular not religious school. Rav Tzadka went to the father and started to plead and beg him to put his kids back in the frum school. He tried to impress on him the importance of raising children according to the Torah and teaching them to live a torahdik lifestyle of shmiras hamitzvos. The father was so overwhelmed by Rav Tzadka's pleas, that he burst out crying. He sadly told Rav Tzadka that he really wanted to keep them in the frum school, but his wife insisted that they take them out. He didn't want to fight with his wife and ruin his marriage, so he felt that he had no choice. Rav Tzadka told him, "You may not want to fight with her, but at least you should fast! You should sit on the floor like a mourner and fast over the terrible tragedy!" The man obeyed Rav Tzadka, and he began to fast. He sat on the floor in his home and cried bitterly. When his wife saw how sad she was making her husband, she realized that she made a tragic mistake and she put her kids back in the frum school.



Rav Ovadia Yosef



Rav Yehuda Tzadka

## How Can I Help You?

Reb Moshe Aharon Stern ztz"l, the Mashgiach of Kaminitz, used to walk with his rebbe, Reb Elyah Lopian ztz"l to daven mincha on Shabbos in Yeshivas Chevron. One Shabbos, as they were walking to the yeshiva, they were walking along a road that had cars driving on it. After a while, Reb Elya stopped and told Reb Moshe Aharon, "It is so sad that these Yidden don't know about Shabbos. It is too painful to see so many Yidden being mechalel Shabbos! Let us turn back, and not continue." Reb Moshe Aharon told him, "Rebbe, we are almost there. If we turn around now, we will see much more chillul Shabbos than if we continue." Reb Elya Lopian accepted what he said, and they continued their walk. Reb Elyah was sadly groaning and sighing the rest of the way, in pain over the flagrant chillul Shabbos that they were witnessing. Suddenly, a taxi stopped next to them, and the driver asked Reb Elya for directions to Rechov Yaffo. Reb Elya burst into tears. "How can I give you directions and help you be mechalel Shabbos? But on the other hand, how can I refuse a Yid, when he asks for help?", and Reb Elya burst into tears again.

## STORIES ABOUT OUR GEDOLIM

By: Miriam Balsler - Lakewood, New Jersey

By Rav Moshe Feinstein's levaya in New York, a lady was crying bitterly: "Oy Reb Moshe how could you have left me? What will be with me now?" The woman cried over and over.

A Rav that was present when she was crying asked her: "What connection do you have with Rav Moshe Feinstein?" Finally she stopped crying and replied: "For forty-two years I asked Rev Moshe two questions every Friday afternoon. Now I won't be able to ask him!" The lady sobbed.

The Rav was astonished "forty-two years?" "Yes" said the woman. "What were the two questions" the Rav asked?

"Well, I asked what time Shabbos starts and what time Shabbos ends." When the Rav heard this, tears dripped from his eyes and he said "What Ahavas Yisroel!".

**Good Shabbos!**

## A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

*And they rushed him out of the dungeon:*

In the Chofetz Chaim's later years, the communist revolution raged in Russia. One of the aims of the wicked communists was to stamp out any trace of Judaism from the hearts of the Jewish People. They spared no effort at trying to achieve their goal. They mercilessly leveled harsh decrees against the Jews and only thanks to the mercy of Heaven were the Jews able to stay firm in their faith.

The Chofetz Chaim told one of his students that the situation appeared to be helpless, as the Communist Regime in their cruelty would stop at nothing to sever our ties from the Holy Torah. But when Mashiach comes and our moment of redemption arrives, there would be no delays. Rather, we will be rushed to our land, just like Yosef who languished in prison for 12 years and was rushed out of the dungeon, when the time that HASHEM has designated finally arrives.

**A Gut Shabbos!**

## SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York



Admittedly, it's an absurd story, but the Baalei Mussar tell it in order to teach an important point.

The two richest men in the world sat down one evening and begin to compare the details of their assets, in order to determine who was the wealthiest. By the time the night was over, they're exactly even. So one reaches into his pocket, and he takes out a matchbox and he counts out fif-

teen wooden matchsticks, and the other one counts out eighteen wooden matchsticks, and he begins to celebrate, "I'm wealthier than you!"

Isn't it true that we've all been gifted and enriched with a Divine and eternal soul? And if we realize that, then we are that wealthiest person. And the difference between someone having a little more of this, or a little bit less of that, in the grand scheme of things, is only really a few wooden matchsticks.

# AYIN <sup>עין</sup>טובה TOVA

פרשת מקץ - כסליו תשפ"ג

By: R' Nesanel Landesman

- Suggestions for the teacher who parked in where Mrs. Schwartz usually parks:
- Many times, teachers bring in exciting things for their class. Probably the teacher who parked next to her had something big to shlep inside. She probably needed room to get it out of her car. I'm sure that once she was done getting the big item inside, she will come back and move her car.
- The teacher who parked in Mrs. Schwartz's spot may have been on an important phone call or distracted by something urgent and didn't properly take notice of how well she parked.
- Perhaps there was something in her spot which may have caused damage to Mrs. Schwartz's car, and this other teacher was in fact saving her from possibly incurring some damage.
- It could be the other teacher saw that someone else was eyeing the spot, and she parked in both spots in order to save it for Mrs. Schwartz, and then forgot to move it before she arrived.
- Mrs. Schwartz could be thankful that she even has a spot and that most of the time she parks with ease and gets to class on time.
- Rabbi Zevy Golombek suggested:
- Mrs. Schwartz has an opportunity to convey to her class the best possible lesson. When she reacts to her situation with savlanus and simcha, she will be giving her students a most important life lesson.
- The Sefer HaChinuch says that if it wasn't for this person to take this parking spot, then an elephant would have taken it. In other words, Mrs. Schwartz was not meant to get that spot today!

## CASE OF THE WEEK:

**Yisroel was new in shul and he seemed really nice, so Ari was happy that he chose a seat right next to him. That was until he started belting out the davening. Yisroel sang like he thought he was a famous Chazzan/opera singer, yet to Ari he sounded more like a mix of a lawn mower and an elephant!**

**Help Ari have ayin tova for Yisroel and his situation.**

Please send your suggestions for the AYIN TOVA CASE to:  
[ayintovanewsletter@gmail.com](mailto:ayintovanewsletter@gmail.com)  
Or call [Israeli daytime hours only]:  
USA: 831-244-6019  
EY: 052-760-5409.

Suggestions will BE"H be printed in the issue for Parshas Vayechi

## A VISIT TO R' DANIEL!

**Recap:** *A most amazing piece of information that is too good to be true, came to our attention! That here in New York lives a very old man, who is the last known remaining living Yid who left Mitzrayim. His name is R' Daniel and he is from Shevet Don. When he left Mitzrayim, he was a 15-year-old boy and today he is 3349 years old! He lives today with his great-great-great-grandchildren in Monsey, New York. The Spring Hill Times has been granted the rare privilege of being able to interview him from time to time.*

### Continued from last week

*We asked R' Daniel how we could connect to Chanukah. The Chashmanaim were such giants. and we are tiny ants in comparison.*

*But R' Daniel didn't understand our question.*

**R' Daniel:** You live in a world that that contains more *tumah* than all the generations put together, yet Yidden wake up in the morning to a day full of service to Hashem?!?

You live in a world that offers the most delicious food that ever existed yet Yidden keep their focus on Hashem?

How is it possible in a world that has all different types of pleasures, more than all the pleasures of all the generations put together, yet Yidden spend their time learning Hashem's Torah?

How is it that in a world that the Yetzer Hara is in every single corner, in every nook and cranny, in everyone's pocket, in everyone's hand, on the shelves in so many stores, advertised on huge billboards all around you and billions of people are his followers yet you choose to ignore it all? And instead, you follow what Hashem wants you to do?

You people are giants of giants!

You are higher than the angels!!

**Spring Hill Times:** But we make so many mistakes. We aren't always so excited to serve Hashem... We zip off brochos... We think about everything under the sun during davening... Our middos aren't perfect... We can't sit and learn for more than a few minutes... Our level of kedushah is so pitiful compared to the earlier generations...

**R' Daniel:** And with all these challenges you are still loyal and devoted to Hashem!!!

No other generation had the tests that you are going through! No other generation was so numb to *ruchniyus* like you are. No other generation was so weak... Yet you keep on pushing!

You are one of the most beautiful people that Klal Yisrael has ever produced!!!

**Spring Hill Times:** Wow! This is simply unbelievable!

So do you really think we matter to Hashem? Do you really think He loves us? Does He really care about our 'halfway done' mitzvos?

**R' Daniel:** If you would feel Hashem's love to you, you would need to hire a personal feeder.

**Spring Hill Times:** Why? Please explain.

**R' Daniel:** Because you would be so overtaken with excitement, that your hands would be shaking. Every time you lift the spoon to put the food in your mouth the food would end up on the ceiling!

**Spring Hill Times:** Wow! This is so amazing! Hashem is really happy with us? He is really not constantly comparing us to the previous generations?

**R' Daniel:** 1,000,000%. No question about it! You are giving Him so much pleasure!

Klal Yisrael today is thriving like never before in *galus*! Never ever had there been so many *yeshi-*

*vos*! Every year, tens of new *yeshivos* are opening! There has never ever been so many chessed organizations! There has never every been so many *seforim* being printed! Klal Yisrael today is one of the most stunning generations of all time! To remain loyal to Hashem in this modern world is something unreal!

Every single day of the year you are doing what the *chashmanim* did! You are fighting for Hashem every time you walk down the block! Every time you walk in a store! Every time you are on a bus, train or airplane!

You have no idea how proud Hashem is from today's generation!

You are the *Chashmanim*!!!

**Spring Hill Times:** Wow! This sounds so wonderful!

So there is hope for us? Do you think we will ever be *zoche* to see *Moshiach*?

**R' Daniel:** 100%!!! Klal Yisrael is coming closer to Hashem every single day, by leaps and bounds, like never before in history!

**Spring Hill Times:** Wow! This is so exciting! We can't wait to share this with our readers.

Thank you so much for giving us your time! Our readers love to hear from you! Have a *freilichen* and *lechtige* Chanukah!

**R' Daniel:** Thank you for coming! I really enjoy them too! Please come again! A *lechtige* Chanukah to you and all of your readers!

**Spring Hill Times:** Amein!

*While it was hard to leave R' Daniel's house, we couldn't wait to pass on the unbelievable words of *chizuk* to all our readers.*

*We look forward to the next opportunity to interview R' Daniel. Hopefully in *Yerushalayim Ir Ha-Kodesh*...*



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

**PATIENT:**

I love eating. I enjoy chocolate, cake, candy, ice cream, donuts, soda and pizza. But I feel so bad about it. I love mashed potatoes, cholent, liver kishka, noodles and soup. I feel so guilty every time I eat an enjoyable meal... I tried so many times to stop... Please help!

**Dr. Avi Giggle M.D.**



**IMPORTANT HEALTH TIPS  
TO  
REMEMBER**

Hashem wants you to enjoy this world! He wants you to feel His infinite chessed! He waits for you to thank Him and serve Him in return so that He could then give you even more pleasure!!!!



I'm prescribing you 3 painkillers:

1. Thank Hashem from the bottom of your heart that you have so much to eat! Your refrigerator is loaded! Your freezer is loaded! Your pantry is loaded! The supermarkets are loaded!
2. Thank Hashem that you are able to taste all different tastes. Imagine everything tasting like cardboard...
3. Just don't stop thanking Hashem for giving you so much enjoyment and pleasure! Open your eyes and see all the love Hashem is pouring upon you! Open your heart and let Hashem's unlimited wonderful kindness penetrate! Then, the more you enjoy the food, the closer you will come to Hashem!

# A GLIMPSE INTO THE PAST

By Sruli Yelen - Lakewood, New Jersey



*Rav Avigdor Miller zatzal*



*Rav Arin Leib Shteinman with  
Rav Chaim Kanievsky Zatzal*

The Spring Hill Times is carrying a load of over \$5,000 of expenses a



Your \$5 a month will mean so much to us!

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**Dear Reader: You will make it happen!**  
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# THE SPRING HILL TIMES WEATHER STATION








Weather Reports Brought to you by:  
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

## Rockland County, New York

Monday 25 Kislev	Tuesday 26 Kislev	Wednesday 27 Kislev	Thursday 28 Kislev	Erev Shabbos 29 Kislev	Shabbos 30 Kislev	Sunday 1 Teves
Low 26°F High 36°F Partly cloudy!	21°F 37°F Sunny!	26°F 38°F Partly cloudy!	39°F 42°F Rain! Yumm!	16°F 52°F Wonderful Rain	13°F 26°F Partly cloudy	13°F 25°F Partly cloudy
						
The weather will be perfect to thank Hashem for making you a Yid!	It will be a wonderful day learn Hashem's Chanukah Torah with joy!	There will be perfect weather to say Hallel with a heart full of love!	Perfect day to thank Hashem for your house!	Perfect day for jumping up and down from excitement while preparing the Shabbos Neiros!	Stunning weather! Perfect to enjoy the delicious Shabbos davening!	Beautiful weather! Will be a great day to light the Neiros with a heart full of love for Hashem.

Please note: This is based upon the forecast at time of print. Actual results might vary...





## TIGER

When a tiger is born it only weighs about 2 or 3 pounds!!

At 6 months they learn how to hunt.

At 18 months they are independent.



The tiger is so strong it can kill another animal 4 times its weight!!

Hashem protects all His animals: tigers can see at night 6 times stronger than humans.

## "THIS IS A CHASUNAH!"

By: Yosef Eliezer Juravel



When Rav Naftali Wasserman zatzal son of Rav Elchonon zatzal got married, there were a lot of gedolim there. They started talking in learning. After about thirty minutes, Rav Aharon Kotler zatzal banged on the table and said, "Rabbosai this is a chasunah not a beis medrash!"

They had all forgotten that they were by a chasunah!



Servant! Please get my food



Yes of course



I'm done

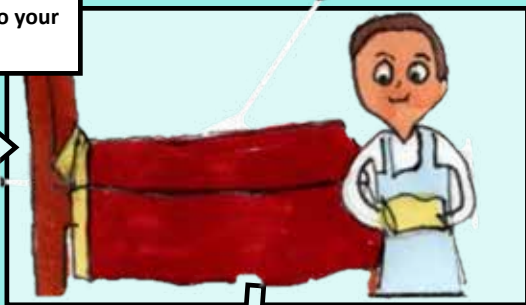


get me more food



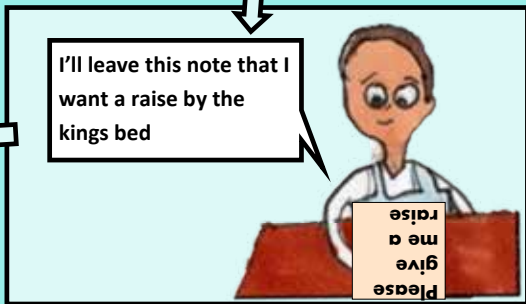
Thank you

I'll escort you to your bed



I'll give him much more than a raise

Another story please.



I'll leave this note that I want a raise by the kings bed

Please give me a raise



**TO BE CONTINUED...**

**RECAP:**

This happened with every strong man until it was the little boy's turn. He walked around the tree until he found a big crack and got the tree down.

SHHHHHHHH!

by: Bracha Goetz

"It's freezing out!" said Kaila,  
Joining her friends fast.  
It was quite a cold Shabbos,  
But she'd reached shul at last.

"I hope there'll be a Kiddush,  
I'm so hungry today.  
Maybe they'll give out goody-  
bags!"  
She sure had lots to say.

During the Torah reading,  
She whispered, "I like your  
dress!"  
Soon all her friends were  
whispering,  
During Musaf? Yes!

Kaila even got the giggles,  
Though she didn't know where  
from!  
They chattered on and on,  
Straight through Adon Olam!

Shani was their friend too,  
But did she chatter? No!  
"Shhhhh!" was all that Shani  
said.  
Then she moved back a row.

After shul was out that day,  
And a great Kiddush enjoyed,

The friends all started walking  
home,  
Shani still felt annoyed.

It sure would not be easy,  
But she had to speak up now.  
She wished she didn't have to,  
But she did it anyhow!

To get everyone's attention,  
She shouted, "CHANUKAH!"  
The friends turned around,  
startled -  
What got into her?

"Soon Chanukah is coming!  
And we all know the story  
Of how those Syrian-Greeks  
defiled  
Our Temple's shining glory!

"They tried to drive out the  
Shechina.  
That's what our Morah said,  
By filling the Bais Hamikdash  
With stone idols instead.

"The Bais Hamikdash is gone  
now-  
We just have shuls today.  
We cannot bring karbonos,  
But all of us can pray.

"Like a little Bais Hamikdash,  
The Shechina can rest,

Inside our sweet and simple  
shuls,  
If we just do our best.

'We fought against those Syri-  
an-Greeks,  
Who tried to drive the Shechi-  
na away,  
But the battle is still going on  
To help the Shechina stay!

"How can we help? Not talk  
in shul.  
We think it doesn't matter.  
But the Shechina cannot rest  
In a shul with idle chatter."

When Kaila, Shani, and all  
their friends  
Went to shul on Shabbos Cha-  
nukah,  
They all felt very different -  
And, in truth, they were!

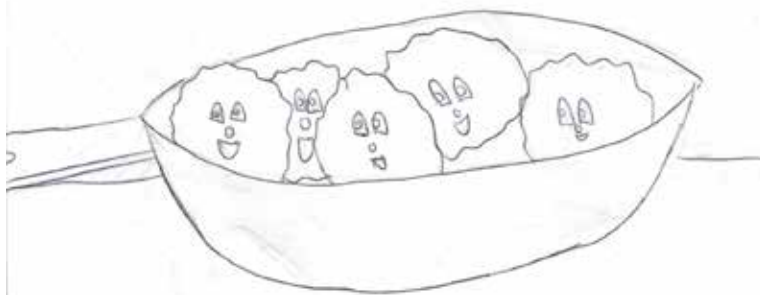
The friends all davened beau-  
tifully,  
Yes - every single word.  
They only spoke to Hashem  
this time -  
And each one knew He heard!

Bracha Goetz is the author of  
41 Jewish children's books  
that can be found in Judaica  
stores and at [www.goetz-  
bookshop.com](http://www.goetz-bookshop.com).

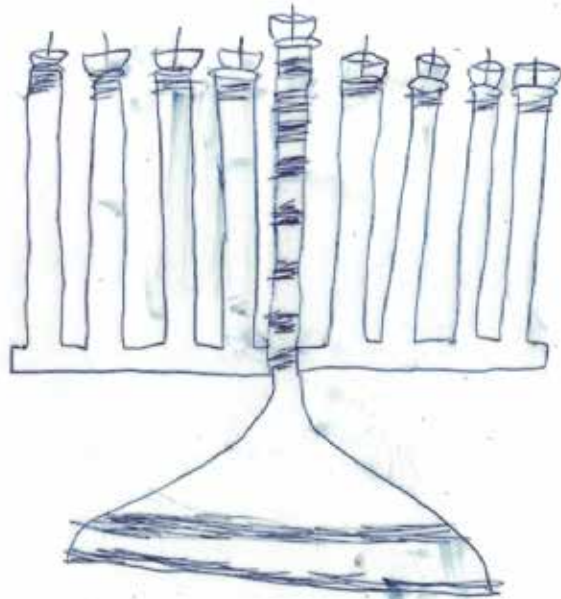
חנוכה!



LATKE LATKE  
HOP HOP HOP...



THANK YOU HASHEM FOR CHANUKA!



# Thank You Hashem for...

Sunday	

Monday	

Tuesday	

Wednesday	

Thursday	

Friday	

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to [hashemthanku@gmail.com](mailto:hashemthanku@gmail.com)

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Help spread to millions of people across the United States and around the globe how wonderful Hashem is!

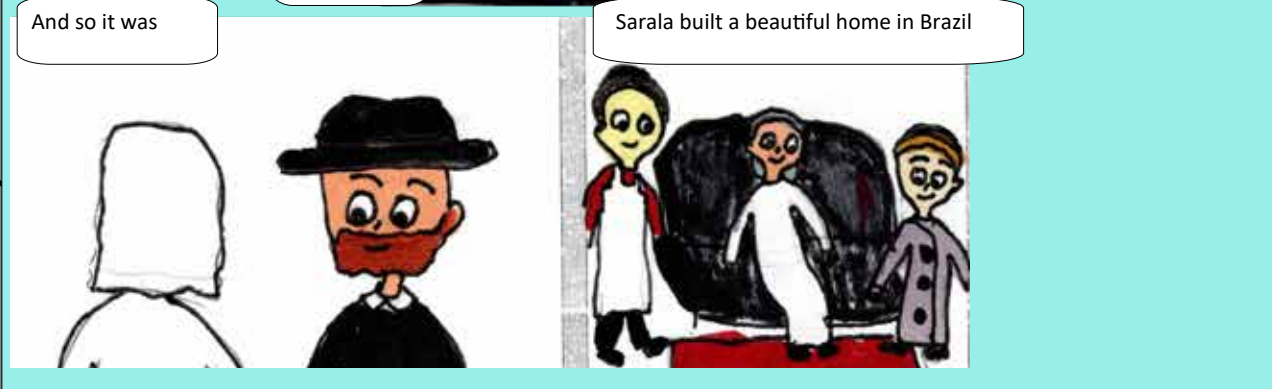
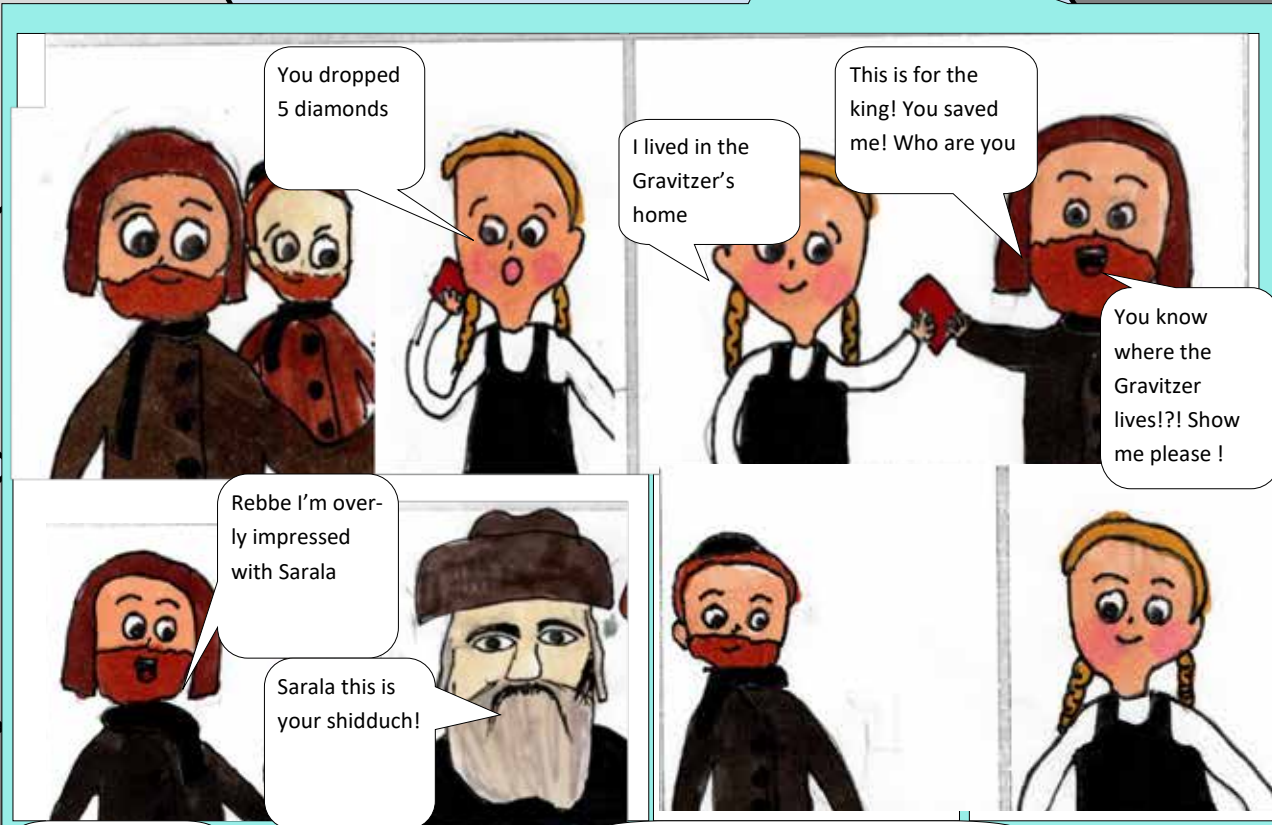


The Spring Hill Times is looking for a full time Fundraiser.

Please Call/Text Yoni Kohn

732-597-8546

# TATTYS TALES





**TIATTY'S TALES**

One more then we have to light



R' Yaakov Galinsky was in a Siberian prison camp when he was younger

It's the 1st night of Chanukah. The best way to "light" is to turn that oil lamp a little higher .



I could barely see it. I'm just turning it a little higher. OY VEY I TURNED IT OFF

Can I turn that oil lamp a little higher

If you can reach it



Who turned off the light!!

I did General



Where's my money!

Who's hand is in my pocket!



Yaakov you did it? So, you'll go to solitary confinement!

I need to sound as b'simcha as possible

Yay I'm on my way to solitary confinement!



COME I DON'T HAVE TIME FOR HAPPY PRISONERS NOW!!!

**LATTYS TALES**



I'm just getting the keys.

I can't wait I'm going to the chinook! That's what we call solitary confinement!

What on earth is so good about going to the chinook!! There's mice and rats and coldness and it's dark and tiny!



It's so geshmak! How do you say that in your language? Ummmm ya know gevaldig! Like really good

Why on earth is it "gash make", "give ill dig" or however Jews say really good?



Baruch Hashem



On the 1st night of Chanukah jews go to a small, dark room alone!



Then go back to your room!! No Mitzvos are done here!



WAAA No oy I'm so sad!



How did you manage to not go to the chinook!! I never did that!

Machzikei Torah  
Zichron Yitzchak



מחזיקי תורה  
זכרון יצחק

# LEARNING PROGRAM

## Chanukah



ALL LEARNING COUNTS!

שנים מקרא ואחד תרגום  
*Raffle*  
Grades 1-2: Until שני  
Grades 3-4: Until שלישי  
Grades 5-6: Until רביעי  
Grades 7-8: Whole פרשה

**GRAND RAFFLE  
ON JANUARY 8TH**  
IN ADDITION THERE WILL BE A  
WEEKLY RAFFLE  
FOR A \$25 GIFT CARD

לז"ג הרב ירחמיאל שלום  
משה בן הרב ישראל זצ"ל  
מגיד שיעור - ישיבה דרך חיים

שבת פרשת \_\_\_\_\_

<input type="checkbox"/> Learned 15 minutes on Sunday	<input type="checkbox"/> Learned 15 minutes on Monday	<input type="checkbox"/> Learned 15 minutes on Tuesday	<input type="checkbox"/> Learned 15 minutes on Wednesday	<input type="checkbox"/> Learned 15 minutes on Thursday
<input type="checkbox"/> Learned 15 minutes on Erev Shabbos	<input type="checkbox"/> Learned on Shabbos (Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes	<input type="checkbox"/> Learned on Motzei Shabbos (Grades 1-4) 15 minutes / (Grades 5-8) 30 minutes	<input type="checkbox"/> Learned 15 minutes on Sunday	<input type="checkbox"/> Learned 15 minutes on Monday

Name \_\_\_\_\_

Yeshiva \_\_\_\_\_ Grade \_\_\_\_\_

Phone \_\_\_\_\_ Parent's Signature \_\_\_\_\_

Completed forms must be received by December 31st to be included in the raffle.  
Completed forms should be faxed to 646-595-2402 or emailed to [egoldberg417@gmail.com](mailto:egoldberg417@gmail.com).

**Grand raffle will take place on Monday, January 8th**  
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**LAKEWOOD - NEW JERSEY**

**At Rav Yehuda Mandel's Thursday night Vaad:** 8:00 pm.

18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)

\*\*\*

**Ely Family**

801 Lexington Ave, apt 4G  
 718-812-5152 Thursday afternoon

\*\*\*

**30 East 9th St. (Between Princeton and the tracks)**

Available in container outside the front door Thursday afternoon (possibly Wednesday night)

Call R' Shlomo Eliyahu 732-569-4273 (leave message)

\*\*\*

**Weinberg Family**

10 Gvuras Ari Dr.  
 848-240-3128 Available from Thursday afternoon outside front door on chair.

\*\*\*

**Hirschberg Family**

410 10th St. Apt 7b  
 Please call to reserve: 732-569-8111

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**Rosenberg Family**

104 Elmhurst Blvd. In container by front door. Available from Thursday evening

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**1500 Twin Oaks Drive.** In container by front door from Wednesday night. For more info please call: 908-596-0844

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15 Gefen Drive- Container in front of house from Thursday afternoon.

\*\*\*

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Container by door  
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\*\*\*

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# 5 <sup>Weekly</sup> Thank You's

By: R' Simcha Elefant - Yerushalayim  
Ir Hakodesh

**Thank You Hashem for Sidewalks! We can walk safely and not have to worry about anything happening**

**Thank You Hashem for Printers! We can print the Spring Hill Times and other things we need so easily**

**Thank You Hashem for Food Containers! We can store food away keeping it so fresh and clean...**

**Thank You Hashem for Outlets! We don't have to sit there twisting wires together every time we need to use an electrical item...**

**Thank You Hashem for Paper! Imagine having to write everything on leaves and your walls...**

לזכות משה יהדה בן שושנה





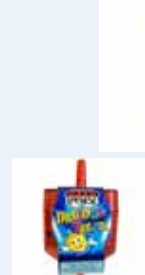
THEN & NOW

### Want olive oil for the Chanukah light?

1800's: Need to save up money all year long. And even then, you were able to buy perhaps just enough for one ner each night! Or buy olives and press them yourself and get a few drops of olive oil...



Today: Just go to the grocery and stand there and marvel at the tens of bottles of oil, of all sizes and all types... Together with hundreds of other Chanukah products... all the while thanking Hashem for giving you this most wonderful dream life!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



Are you a recipient of Hashem's goodness?  
Did you see, experience or hear special Hashgacha Pratis?  
**Did you or anyone in your Beis Medrash experience hashgacha pratis while learning?**

**TELL US ABOUT IT!**



**TELL THE WHOLE WORLD ABOUT IT!**



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**Call 718.907.6888**  
**Listen, Learn and**  
**Win great prizes!**

Remember to leave a message with  
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after the tone.

*Mazel Tov!*

*Mazal Tov* to R' Yisrael Jundef and family (Chestnut Ridge, New York) upon the birth of a new baby boy!

*Mazal Tov* to R' Eli Zack and family (Airmont, New York) on the birth of a new baby girl!



**NIFLAOS HABOREI RIDDLE****By T. Bauman**

Hi, I cannot stop to talk.  
 I must keep on going.  
 My jobs are too important  
 I better not be slowing.  
 I'm a transportation system,  
 A heating system too.  
 There are red and there are blue pipes,  
 For me to travel through.  
 I am not a solid  
 But can become that after tarrying.

My color richness is dependent  
 On the goods that I am carrying.  
 I can be donated, and banked  
 And was used as doorpost paint.  
 Seeing me can mean trouble,  
 And some even faint.  
 You're thinking correctly -  
 Stay on that vein, if you please.  
 Don't clot your thoughts with other things,  
 And I don't mean to tease.

*Find the answer somewhere on this page*

**BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN!  
 BECOME PART OF THIS WONDERFUL NEWSPAPER!**

The Spring Hill Times is looking for volunteers to:

- 1. Write all about the wonderful benefits Hashem has put into food.**
- 2. SET UP A 'KIDS SECTION'.**
- 3. Send in pictures of gedolim from the past.**
- 4. Send in pictures of Hashem's beautiful world.**
- 5. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)**
- 6. Make illustrations for comics.**
- 7. Type up messages.**

Please call/text 845-327-5041  
 Email: thespringhilltimes@gmail.com

You can hear stories from the Spring Hill Times being read on the Cheishek HaTorah Hotline.

845-720-4040 Ext 6

Updated every Motzai Shabbos!

Riddle Corner #18

*Yosef instructed Menashe to prepare the royal meal, so that there would be a valid shechita, 100% real. To answer the following you need not be a sage, Menashe at that time could not have been more than what age?*

Leave your answer on the Chaishek HaTorah Line 845-720-4040 x9 by Sunday 7PM EST to be entered into a raffle for a Sefer. (The answer and winner will be announced on x14 #18)

## The Spring Hill Times

Yitzchok I. Kaufman  
56 Spring Hill Terrace  
Chestnut Ridge, NY, 10977  
845-327-5041

thespringhilltimes@gmail.com



**HASHEM IS WONDERFUL!**  
**LIFE IS WONDERFUL!**  
**KLAL YISRAEL IS WONDERFUL!**

**Yumm!**  
**But nothing compared to what's waiting for you in Olam Haba! Keep on grabbing more and more mitzvos!**

### Parshas Mikeitz: The Power of Positivity

By: R' Yosef Moshe Mizrachi

Have you ever started a project and wonder if it will succeed? Or after davening, thought, "Did Hashem accept my prayers? Maybe I did not have enough kavana." Would it not be amazing if there was a way that one could cause successful results?

By simply thinking and speaking positively, once causes positive results. The reason life works this way is because, as the Gemara in Makkos 10b says, "Where a person wishes to go is where he is led." A positive word or thought creates an angel that leads one towards positive places, while a negative word or thought can chas v'shalom cause negativity (Having Bitachon is an even greater level, as it includes turning to Hashem together with having positive thoughts. Nevertheless, positivity even without Bitochon is very effective).

For this reason, Rav Avigdor Miller zatzal would say that Hashem wants a person to try to always speak positively, even if it seems more like wishful thinking than reality, as doing so creates positive outcomes. Criticism and negativity should only be used for a productive purpose, as that is being used to cause a positive result. In general, the more one insists on only seeing the good in his circumstances, himself, and even in others, the more he will bring out the goodness.

Rav Yehuda Mandel shlita says that whenever he gives a speech and then feels unsure of its success, he says, "This was the best speech I ever gave! Hashem will help make this speech have the greatest impact!" He explained he does so for several reasons. Firstly, positive speech causes positive outcomes. Also, he is having Bitachon that Hashem will help him. A third reason he says such comments is that it is his nature to be critical, so to work on his middos, he is extra positive.

My friend Avromi\* told me that he has been working on putting together a sefer to be published. After a few months, he had most of the materials prepared, but for some reason, his progress stalled. For a few weeks, he kept on running into brick walls. When he had time to work on the sefer, he often did not feel up to writing, and when he did have energy, something would come up to keep him too busy. Recently he started using positive speech. He told himself that this sefer is going to be completed right away, and it is going to be very popular. That exact night, Avromi found that he had a pocket of time to work on the sefer, and for the first time in weeks, he was back to putting the final touches on his sefer!

### Shabbat Shalom U'Mevorach!

L'ilui Nishmat Zecharia Ben Aharon, Sarah Bat Yaakov, Shmuel Ben Meir, and Sarah Rivka Bat Aharon Yehuda

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