

The Spring Hill Times

Spreading Hashem's goodness all around the world

ARIZONA - BALTIMORE - BEITAR - BEIT SHEMESH - BELGIUM - BORO PARK - CHESTNUT RIDGE - CHICAGO - CLEVELAND - CLIFTON - COLORADO - CONNECTICUT - DENVER - DETROIT - FERNDALE - FLATBUSH - FRANCE - GATESHEAD - GERMANY - GEORGIA - INDIANA - JACKSON - KIRYAT SEFER - LAKEWOOD - LONDON - LOS ANGELES - MANCHESTER - MASSACHUSETTS - MELBOURNE - MIAMI - MILWAUKEE - MINNESOTA - MISSOURI - MONROE - MONSEY - MOUNTAINDALE - NORTH CAROLINA - OORAH - PASSAIC - PENNSYLVANIA - SOUTH AFRICA - SOUTH FALLSBURG - SYDNEY - TAIWAN - TZEFAT - TEL AVIV - TENNESSEE - TEXAS - TOMS RIVER - TORONTO - VERMONT - VIRGINIA - WASHINGTON - WILLIAMSBURG - YERUSHALAYIM - ZURICH

ISSUE 80

| PARSHAS VAYIGASH

| TEVES 5783



You made for us such a beautiful world! We love You Hashem!

HOUSE DOES NOT CATCH FIRE

It was 2:00 am and the Lowy* family from Far Rockaway, New York, was sleeping peacefully in their three story house. It was ice cold outside but inside was toasty warm. The heat was working full force. The smoke alarms did not go off because there was no fire! Everything was perfectly okay! Nothing malfunctioned! Hashem was standing there and guarding over them! The same thing happened in millions of houses all over the globe! Thank You Hashem!

HASHEM GIVES MAN PINEAPPLE

Reports have come in from Rockland County, New York, of a man in his thirties who has eaten a pineapple!



He enjoyed himself so much, that it reminded him of the unbelievable pleasure that's waiting for him in the next world!

This wonderful delicious candy from Hashem helps prevent cancer, heart attacks and strokes. It also helps build the bones and heals wounds and has many more benefits!

Thank You Hashem!

AFRICAN AMERICAN NURSE ADMINISTERS BITACHON TO PATIENTS

Mrs. Basch* has a job that involves working with African Americans, who go to nursing homes and peoples' private homes in order to help them with their needs.

Someone gave one of her African American nurses the number of 'A Life with Continued on page 3

READING POSITIVE NEWS WILL HELP YOU:

- Love Hashem more.
- Do more mitzvos.
- Be a happier person.
- Be a healthier person.
- Be a calmer person.
- Be a better parent.
- Be a better friend.
- Live longer!

To subscribe, submit story or give feedback please call or text 845-327-5041. **To leave message 24/6 call 385-381-0977**
Email: thespringhilltimes@gmail.com

The Spring Hill Times

Newspaper Topic:

Hashem

Under the guidance of:

Rabbi Zevy Golombeck

Publisher / Editor:

Yitzchok I. Kaufman

Finance Director:

Yoni Kohn

Contributors:

R' Zevy Golombeck

R' Yosef Moshe Mizrachi

R' Label Lam

R' Yaakov Lubin

R' Mattis Edelson

R' Nesanel Yoel Safran

R' Y. Friedman*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Sruli Yelen

T. Bauman

Yaakov Berliner*

Graphics:

R. Berger

Rachelli N.

Comics:

N.L. Ross

INSIDE THIS ISSUE:

Weekly News Roundup 3

Living with Hashem..... 6

Beautiful Quotes.....9

Our Readers Share.....10

Q & A with Rabbi Golombeck 14

Chizuk Corner 17

Growing from Our Gedolim.....19

Ayin Tova.....21

The Spring Hill Times Urgent Care.....24

Weather Station.....27

GRAND OPENING!31

The Spring Hill Times Worldwide Locations.....33

Riddles.....39

Rabbi Yosef M. Mizrachi.....40



Making a simcha? Have Yartzeit or just want to tell Hashem how much you love Him?

Weekly Gold Sponsorship: \$500

Weekly Silver Sponsorship: \$250

FOR DEDICATION OPPORTUNITIES,

PLEASE CALL / TEXT (845) 327-5041

Email: thespringhilltimes@gmail.com

לעילוי נשמות:

ישעיה בן משה יחיאל מיכאל ז"א, חוה רבקה בת שלמה ולמן, צבי הירש בן אליעזר הלל, ריזל אסתר בת דב בעריש. צייטל בת שלום אריה.

WEEKLY NEWS ROUNDUP

Continued from Bitachon'.
page 1

She now goes around to all the patients, and plays stories, songs and chizuk to those who can really use that extra boost and cheer them up!

This nurse said that when she wants the patients to pray, she just turns on the hotline and that will be their prayer!

YID HAS BITACHON

A Yid in England owns a factory that produces candles. One day, he received an order from a store for 8,000 candles. It took him two weeks to produce that amount of candles. When he was done, he loaded it into the back of his truck and went to deliver it. When he arrived at the store, which was four hours away, the owner apologized and explained that he was in the middle of a financial crisis and couldn't afford them, so he would have to cancel the order.

The Yid said, "Okay" and left, instead of making a fight.

He left a broken man - what would he do with the candles?

On the way home, he stopped off at a park and pulled out the Cho-

vas Halevavos he likes to have handy, and went through the whole Sha'ar HaBitachon.

A non-Jew then came over to him and asked him what brought him there. He explained that he produces candles and that he was traveling with an order.

The man was amazed and told him that he owns a store and needed 8,000 candles! He was willing to pay him a certain price if it would be ready in a few weeks time.

The Yid asked him how much he would be willing to pay if he had them for him today. The man named a price which was even higher. He said, "No problem, please come to my van. I have it here with me." He gave the man the candles, and got paid on the spot. Done deal. (Kav Hashgacha Pratis)

COUPLE THROWS AWAY TELEVISION

A Yid said that he grew up in Argentina. Around 30 years ago he decided to go learn in Yeshiva.

His parents had a television in the house and it really bothered him, so he went to R' Chaim Kanievsky for an eitzah.

R' Chaim asked him if his parents needed any yeshua. He said, "Yes, they are struggling with parnassa."

"Tell them that if they throw out the television they will have a lot of parnassa."

A while later, one night, two thieves came into the house with guns and said, "Give us all your money."

The father said, "All I have here is \$1,000 - do you want it? I can give it to you." They said, "No - we want all your money." The wife said, "We really don't have money. We even sold our television because we needed money."

They didn't believe her. They walked around and indeed they couldn't find the television!

The robbers said that they were going to leave them alone. They believed that they really didn't have any more money. B"H they left!

His parents related that they really had \$10,000 sitting around, which they were supposed to give to a nephew for his wedding! (Kav Hashgacha Pratis)

YID APPRECIATES NEIGHBOR'S ROOSTER

WEEKLY NEWS ROUNDUP

A Yid from Beitar every morning would hear a rooster crowing and it bothered him. One morning, he decided that's it, he is going outside to see which neighbor has a rooster. He went outside



and met another Yid he never

met before who started giving him a whole dershah about how wonderful roosters are. "They

know exactly when it's day. They crow very loud and it is like an alarm clock. Every day we make a special bracha for the rooster etc."

He got the message that he should appreciate it. He decided he was not going to say anything to the neighbor. Every time he hears it, he now thinks what a marvelous creation roosters are! (Kav Hashgacha Pratis)

HASHGACHA PRATIS

There is a Zeidy in Monsey, New York, who likes

to give his grandchildren chocolate lentils. He usually gives each of them every color lentil. The container he has, has five colors.

On Shabbos Parshas Vayeishev, he wanted to give lentils to his two grandchildren from Lakewood, New Jersey, who were visiting for Shabbos. He randomly took out some lentils from the container, and he had taken out exactly ten lentils and two from each of the five colors! Exactly what he needed!

HASHGACHA PRATIS IN THE BEIS MEDRASH

HASHEM LOVES OUR TORAH

On Leil Shabbos Parshas Vayeishev, a yungerman was learning in his house the sefer טעמא דקרא from Rav Chaim Kanievsky zatzal.

Rav Chaim has there an explanation why certain cities in Yehuda are mentioned in the passuk in Trei Asar.

On Shabbos morning, the yungerman wanted to look up the pasuk and see it inside.

So he took out an Artsroll

Nach and opened it. There staring at him was the exact page in Micha that had the pasukim he needed!!!!

HASHEM LOVES OUR TEFILOS

A yungerman from Eretz Yisrael was in the middle of davening Shemona Esrei. Usually, he davens with his eyes closed. But it was Chanukah and he wanted to say 'Al Hani-sim' from the siddur.

So he opened up the siddur in front of him and he opened to Shabbos Shachris Shemona Esrei

exactly by the page of 'Al Hani-sim'!

Editor's note: These stories reminded me of a story that happened to me.

I was eating the meal on Friday night and had a question regarding cleaning insects off fruit and vegetables on Shabbos.

So I randomly chose a volume of Shmeiras Shabbos Kehilchaso and opened it.

There staring at me was the exact paragraph where he addresses the question!!!!

WEEKLY NEWS ROUNDUP

HASHEM GIVES YESHIVA BOCHUR SUPPER

R' Eli* from Chestnut Ridge, New York, every day brings supper to yeshiva for his son Shalom* and his friend Dovid*.

One day, his wife was very busy and she couldn't make supper. She asked him to make supper.

The only supper he knows how to make is tuna sandwiches.

"But wait one minute. We usually bring the boys tuna sandwiches on Thursday. Our son Shalom won't mind but I think Dovid would mind having tuna sandwiches twice in one week." said R' Eli to his wife.

"He will just have to manage," answered his wife.

When R' Eli gave the supper to Dovid he was able to see that he wasn't too excited over the tuna sandwich.

On Thursday, R' Eli received a call from an acquaintance of his. "I have an off-Shabbos and I have extra time. I want to take Dovid out for supper to a restaurant. Please don't bring him supper!"

HASHEM SAVES FAMILY'S CHOLENT

A few weeks ago, on Leil Shabbos, a mother from Lakewood, New Jersey, was reading the Spring Hill Times. She read the story about a yungerman from Chestnut Ridge, New York, who b'hshgacha pratis didn't put water from his urn into the cholent. It reminded her that she had forgotten to put a pan under the cholent. (They usually keep the cholent on a hot plate and if the cholent isn't on the pan it gets burnt.)

B"H she remembered in time!

Editor's note:

Hashem made:

1. A yungerman in Chestnut Ridge, N.Y., check his cholent on Leil Shabbos.

2. The cholent low on water so the yungerman should want to put in more hot water from the urn.

3. The yungerman's family be in bed so he decided it would be too complicated to do the procedure alone.

4. The urn malfunction.

5. The yungerman try to make a coffee in the morning and realize that the water was cold.

6. A year and half before

this, a different yungerman start a newspaper called 'The Spring Hill Times (this in itself includes hundreds of hashgacha pratis)."

7. This yungerman and the Spring Hill times editor live in the same neighborhood and daven in the same shul.

8. The yungerman and his son read the Spring Hill Times and be tuned in to notice, see and appreciate hashgacha pratis.

7. The yungerman decide to tell the Spring Hill Times editor the story.

8. The editor put in the story the very next week (could take up to 3-4 weeks until stories get in).

All so that a family in Lakewood, N.J., should feel Hashem's great love the next Shabbos by seeing how He saved their delicious cholent from getting burnt!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

IT'S A DIFFERENT FAMILY!

I was shopping at a grocery store and a Yungerman came over to me, and he said, "You saved my life!"

He said that they were going through a challenging time and he told his wife, "We have to make a Kabbalah. No more magazines."

His wife said, "I'm not sure that this is a good Kabbalah." So he said, "Okay, let's call the Rav."

So they called up the Rav, and he said, "Of course You should make that Kabbalah."

But they didn't have what to read until they found the Spring Hill Times.

They read the Spring Hill Times by the Shabbos Seudah. He read the interview with Benzi Krochmal from Denver, Colorado. His whole family was glued. They were so touched! His four year old almost started crying from his story!

Their house has become a different house!

BARUCH HASHEM WE HAVE FEET

I was by a chasunah where both sides follow 'A Life with Bitachon'. A nephew of one side, came over to say hello to me.

I usually like to ask people,

"How did you see Hashem today?"

So, I asked him, and his kids who were right there, responded: that when they pulled into the parking lot their father said, "The closest spot to the hall is the handicapped spot but we're not going to park there because Baruch Hashem we all have feet and we're able to walk perfectly!"

HASHEM SENDS A CUSTOMER

My talmid, Moshe Pearlstein, wanted to buy something, so by Mincha he asked Hashem to please send him someone who needs a haircut. He knows how to give haircuts and he figured he could make a few dollars to buy what he wanted.

Five minutes after davening, someone asked him to please give him a haircut! (He hadn't given anyone a haircut in a few months!!)

HASHEM PAYS FOR YUNGERMAN'S CHASUNA EXPENSES

A yungerman learning in Kollel for over 20 years was making a Chasuna. His daughter, the kallah, needed to buy lots of things from multiple stores and he just didn't have the money to give to her.

A friend came over to him and said, "I know that you are sit-

ting and learning in Kollel and are making a Chasunah soon. I don't want you to be busy with it; I want you to learn with Menuchas Hanefesh. Therefore, I will take upon myself all the financial achrayus, and I will collect for your Chasunah!"

He then handed him a blank check and he said that he should use it for any amount and he will take care of the rest!

MAN TURNS TO HASHEM

It was raining and Mordechai's windshield wipers were not working. He couldn't drive without the windshield wipers. So he asked Hashem to make them work and he strengthened his Bitachon for a few minutes!!

P.S. A few minutes later, they started working again!

WOMAN HAS GREAT DAY

A woman one morning wasn't in the greatest of moods. She stopped herself and thought "Why am I in a bad mood?" She realized that she had a hectic morning, and she didn't get a chance to listen to 'A Life with Bitachon'! She called right then and had a great rest of her day!

Another story she had: a non-Jew owed her money and he didn't want to give it. He was trying to get out of it.

Initially, she was frustrated, but then she realized that it's not

LIVING WITH HASHEM

By Rabbi Zevy Golombeck



the human being who is holding back the money, it's Hashem!

P.S. Right after she came to this realization, the man called up and said that he would pay her back all the money!

MAN OF FAITH DOES NOT DESPAIR

Mr. Eisen* found out that he has a brain tumor. He went to the hospital and the doctors said, "Sorry, it's too late and there nothing we can do about it anymore. You have just a few more weeks..."

He follows, "A Life with Bitachon," and knows that the doctors are limited. Only Hashem could make decisions and He is the only One who could help!

He decided to go to a different hospital with that approach in mind. The other hospital took them in, and said that they were able to help get rid of the tumor!

HASHEM ARRANGES RIDE

A yungerman went shopping and bought a lot of stuff. The problem was, he didn't have a car to go home, and it was too far to walk. He was trying to think of different options and then he said, "One second. Hashem, You are the Kol Yachal, and you can arrange for me to get home." Right then, his brother who lives in a different city passed by! Of course, he happily drove his brother home with all his packages!

HASHEM SENDS FAMILY

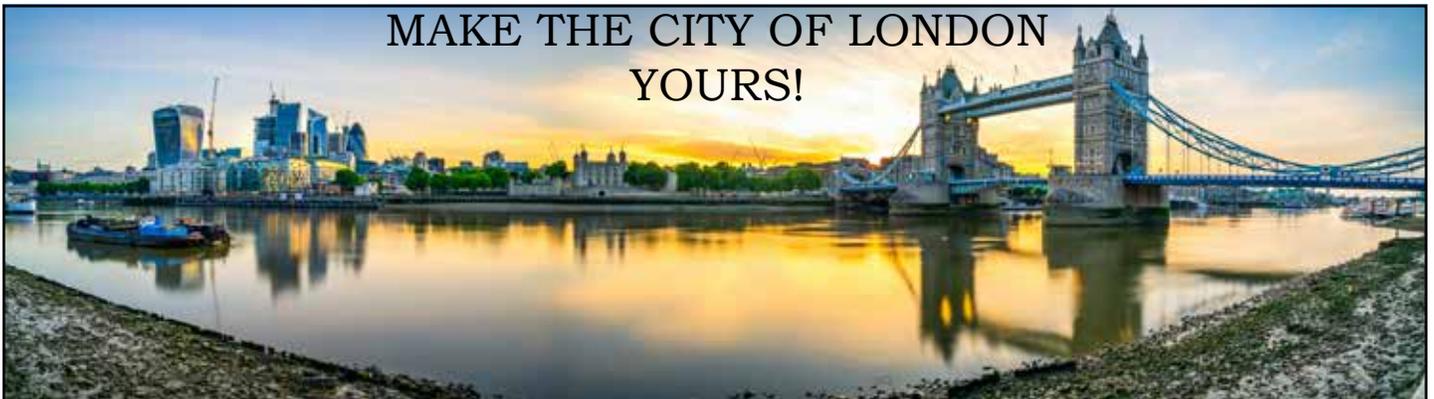
MONEY

Someone accidentally broke Mrs. Adler's* glass table. It cost around \$700-\$800 to fix and she did not know how she was going to replace it. She said to Hashem, "I don't know how I am going to replace it, but you have a plan!" The next day, someone came to the house and said, "I see you have a set of chairs from an old dining room set, I would like to know if you would like to sell them to me." Mrs. Adler* gladly accepted since she was any way planning on trashing them. The man then paid her \$800!!

KLAL YISRAEL'S WONDERFUL REBBEIM

A bochur who ate a Shabbos

MAKE THE CITY OF LONDON YOURS!



Be the first person to sponsor a Spring Hill Times printer in the United Kingdom!

Full sponsorship: \$500

Please call/text Yoni Kohn 732-597-8546

or email: thespringhilltimes@gmail.com

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

seudah by me said, that when he was in first year Beis Medrash, his Rebbe, Rabbi Fried,* had frequent stomach pains. It got worse and worse, and it came a point that he had to call Hatzalah, and he was hospitalized for a few months.

While he was in the Hatzalah, in so much pain, an alumni talmid of his, who didn't know what had happened, called the Rebbe to ask him a question. He gave the talmid all the time in the world as if everything was fine and he did not mention that he was in excruciating pain and was on the way to the hospital.

Only afterwards, this alumni talmid was telling someone that he just spoke with his Rebbe, and he said, "What? You just spoke to him? He's in the hospital!"

The alumni talmid was shocked! It turned out that the exact time he spoke with him he was in the Hatzalah truck! He didn't know a thing and he was not able to figure it out for second! All the Rebbe had was dedication, time, and love for his talmidim even at the most difficult times!

Another story: My talmid's Rosh Yeshiva was making a chasunah for his daughter. Everyone was sitting and waiting for the Chupah to begin, but it was not starting. Everyone in the crowd was trying to figure out what

was going on. Why was the chupah not taking place yet? Then they noticed their Rosh yeshiva, on the phone pacing back and forth. It looked like he had a serious matter to take care of before his daughter's chupah and everyone was curious what it could possibly be.

Afterwards, the story came out that he had a talmid in the parshah of shidduchim who had a hard time making a commitment. This made it almost impossible for him to ever get engaged since he was always getting cold feet and backing out of every shidduch. The Rosh Yeshiva called up his talmid and said, "You're in middle of a parsha in shidduchim and the one you're going out with now is the right one for you. I am not starting my chupah until you commit that you will marry her." The Rosh Yeshiva stayed on the phone with him, while everyone was waiting, until he said that he would commit!!

Because of his dedicated Rosh Yeshiva, he was zoche to get married and raise a beautiful family!

A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
 - 2 Today's STORY of Bitachon
 - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
 - 4 This week's connection of Bitachon to the PARSHAH
 - 5 QUOTE from Sefer "Bitachon Weekly"
 - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
 - 7 Today's STORY how Bitachon helped someone through a Nisayon
 - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
 - 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel079-704-0068
Lakewood.....732-719-3898
Monsey845-470-5577
Five Boroughs929-470-5577
England03-303-502-368
Australia (3) 99-997-300
Canada647-498-7700

BEAUTIFUL QUOTES

"When you are happy, when you are enjoying yourself, that is the best opportunity to recognize the kindness of Hashem."

Rav Avigdor Miller Speaks Vol 1, Page 126

"Atzvus, sadness, means forgetting that Hakdosh Baruch hu is your very best friend and that He is doing the very best for you."

Ibid. Page 153

Reproduced from 'Rav Avigdor Miller Speaks' by Rabbi Simcha Bunim Cohen, with permission of the copyright holders, ArtScroll / Mesorah Publications, Ltd.

"However there was a song that precluded this one. It began on the first day of Creation and continues to be sung until this very day: It is the song of teva which is singing the praises of the Creator day and night!"

Open Your Eyes - Page 212

Reproduced from 'Open Your Eyes' by Rabbi Dov Keilson, with permission of the copyright holders, ArtScroll / Mesorah Publications, Ltd.

"Even if at times we may seek different segulos to get a ye-

shuah, nevertheless, we can't forget that our own davening has a very great power, and we have the power to get the yeshuah."

"Zichru Toras Moshe - Parshas Vayigash

" I know people who don't get near ענוה as if it's out of their lives completely - and this saves them - they look for more and more גאווה at every opportunity. If they have a רבי then they have a beautiful life despite their periodic overstepping their bounds. Just like the יצר הרע yells at you subconsciously all day that you are a big zero - so do you yell back אדרבה I'm super great (and this being the truth or not isn't an issue)."

Rav Yehuda Mandel - Bitachon Weekly, Parshas Mikeitz

"Remember how Yosef Hatzadik was saved from a grave sin by saying גדול בבית איננו? Some people need to constantly remind themselves - "Nobody in this world (since Adam Harishon) is better than me! I'm gevaldig!" I can't get over my greatness! And "It's such a רחמנות on everyone

else who aren't on my high מדרנה."

Ibid.

"We are in this world just to try!"

Rabbi Zevy Golombeck - A Life with Bitachon, Yesod 1432

"....Because Hakadosh Baruch Hu wants us to feel so loved, so cared for, so watched and so protected!"

Ibid Yesod 1434

"It was kdei to stay at Kehillas Spring Hill for Shabbos Chanukah just to hear this."

Rav Akiva Grossnass, Rav of Kehilas Spring Hill. Quoting the Rambam in Hilchos Chanukah: "The entire Torah was given to make peace in the world!" If your Torah doesn't lead to peace, it's not authentic Torah!"

Did you read or hear something nice and inspiring? Please share it. Call/text 845-327-5041 email: thespringhilltimes@gmail.com



**YOUNG GIRL
T H A N K S
HASHEM**

I have an amazing story about my daughter Bruchy.

Bruchy was finding it very hard to fall asleep. Even

when she'd fall asleep, very often she'd wake up a few hours afterwards. It was very hard for her to get through the night.

One night I sat with her and I said, "You know, I'll tell you a whole list of things, that will maybe help you go to sleep." I told her to relax, take a deep breath and start thanking Hashem for all different things." She slept the whole night with no problems whatsoever.

The next day, I said to her, "Wow, you slept amazing last night." And she said "Yeah, I started thanking Hashem, and I then just fell asleep."

A Yid - Stamford Hill, London

OIL MIRACLE

I love this mailing every single week. I try to print it out every week and read it to my class.

I drive a Nissan Rogue, which I leased about a year and a half ago. I really did not know anything about the notifications. So I did not know that it doesn't tell you when it needs an oil change.

I waited and waited and I didn't get an oil change.

A couple of weeks ago, a notification came on that I have to stop the car because there was a problem with the oil filter.

I figured that was the notification for the oil change so I went that Sunday to get an oil change in Lakewood. I brought my car to the place and as I'm there in the waiting room, someone asked me, "What do you do?" I told him that I work in Brooklyn, so he said "You drive so much, you must get an oil change once a

month."

I said "No, actually this is my first time after driving my car for a year and a half."

So he said "Oh, okay, that's interesting."

The mechanic who works there, came in wearing gloves on his hands and his hands were full of what looked like soot and mud. And he screams, "Whose Nissan Rogue is this?"

I said "It's mine."

He asked, "When was the last time you did an oil change?" I said, "I never did it."

He said, "Your car will never work again. I'm telling you right now, there's nothing we can do. I'll put oil in, but it's probably not going to drive out of here. If it drives even further, it's going to stop on the highway. It's going to break down. Your car will never work again, I'm telling you."

And then he said, "The only thing that will help this work is a miracle. It's not going to work." So I said "I guess I'm going to rely on a miracle."

I sat in the waiting room thinking, "Hashem can do anything."

I said to myself, I've always been thinking that instead of using paraffin candles on Shabbos, I should really use oil, and it's for an oil change, so next Shabbos that I'm home we'll use olive oil for the candles instead of paraffin. I'll try it for one week, and B'zchus this, my car should be fine.

I went to the car. The guy behind the counter said "It's not going to work." I said "Okay," and drove off. It's been so far two weeks and my car is not saying anything, no notifications. My car is driving as if it's a brand new car.

A Reader - Lakewood, N.J.

HASHEM LOVES OUR SHABBOS

My father does Kiruv and I heard this story from one of his students.

She said that she didn't want to come for Shabbos and keep Shabbos because she had an assignment

due, and she had to do. She only had Shabbos to do it.

Then she said, "I'm going to keep Shabbos." And she came to us and kept Shabbos!

After she kept Shabbos, she said, "Okay, I'm not handing in the assignment because I didn't do it and I'm just going to fail it. I'll just take a zero."

Then she saw an email from the professor, and the professor said, sorry for the late notice but the assignment is canceled.

She was the only one that didn't even study for it because she kept Shabbos!

A Reader

HASHGACHA PRATIS

Dear Spring Hill Times

Thank you very much. Your newspaper opened my eyes to see many Hashgacha pratios that I probably wouldn't have noticed before reading your newspaper.

I wanted to share just a few of them.

1. I went to the hardware store to buy hinges for a cabinet door that broke. After I paid, I realized that I forgot to buy screws. I went back in and while looking for the screws a worker came over to me and asked me what I was looking for. I told him, and he said that the hinges that I got were not the right ones. He told me what to get. B"H I forgot the screws the first time.

2. One morning, I said all the birchas hashachar, besides Al netilas yadayim, at home. I came into shul and forgot all about it. Then suddenly somebody came over to me and asked if I could be motzie him with the al netilas yadayim bracha!

3. Usually I buy challah every week from the store. Last Friday morning after shachris they were selling challah in shul, and I was debating if I should buy. In the end I didn't buy. When I came home, I found my wife in the mid-

dle of making challah!

4. One night, I forgot to set my alarm clock, the next morning I woke up exactly at the time I wanted to wake up!!

A Reader, Eretz Yisroel

HASHEM SENDS HATZALAH MAN

This week, my daughter was feverish in a scary way. She was shaking, screeching, trembling and then she started turning different colors. I did not know what to do. I was not sure if it was an emergency and if I should call Hatzalah or not.

All of a sudden, my neighbor knocked on the door. I went to the door, and I saw a man standing on the top step. He was wearing a sweater, and I saw that it said Hatzalah in small letters on the side. I asked him if he works for Hatzalah and he said yes. I brought him in, and he was able to help me with my daughter!

A Reader

HASHEM LOVES YUNGERMAN

My wife and I never had a dishwasher in our house and my wife and I were very happy about it until we actually needed one.

I said, "Let's have Bitachon. We will wait and Hashem will send one to us.

One day, I was eating breakfast in Yeshiva, and I decided to wash Mayim Acharonim in a different place than I regularly do.

My friend bumped into me and asked me, "By the way, do you have a dishwasher?" I said, "No."

He said, "I actually have a portable dishwasher that I don't need any more and it doesn't need any pipes or anything to install!" Hashem sent us our very own free dishwasher that I never even heard of before, and I didn't have to search anywhere for it!

A Reader

HASHEM ABOVE ALL RULES

I am a yungerman in Lakewood and I recently went on a trip to Los Angeles for a chasunah. I had scheduled a ticket for 6:45 pm and my parents had a ticket for 6:00 pm. I wanted to switch to my parents' flight, but the problem was I had a basic economy ticket and the rule is that you can't change your flight.

I turned to Hashem and had lots of Bitachon. I truly believed that Hashem could do anything, and he could change my flight despite the rules of the airline. It turned out that Baruch Hashem I was able to change my ticket!

A Reader

HASHEM GIVES BOY NEW PAIR OF SHOES

First of all, I wanted to thank you for this amazing Spring Hill Times. I really love it, my whole family loves it and the kids look forward to it every week. It's a Kiddush Sheim Shamayim. I was waiting for this type of thing for years. I'm an avid supporter and reader. Okay, here's a story for you.

I live in Monsey and I went a couple of weeks ago to Brooklyn for a simcha.

Earlier that day we heard a Mazel Tov that B'H we had a L'chaim to go to that same night in Brooklyn. That's one Hashgacha Pratis.

To make it even better, while I was in Brooklyn, when we were getting ready to leave, I got a phone call from someone I used to know when we both lived in Flatbush. He is now married and lives in Lakewood. He called me up and I said, "Where are you? I'm in Flatbush."

He said, "You're kidding me, you're in Flatbush now? I'm also in Flatbush!"

I said, "Perfect, come over to say hello to me, I'm about to leave." He said "No, no, you come to me."

I said, "Why do you want me to come to you?" He said, "Come by, I'm giving out shoes. Someone gave me 500 pairs of shoes to give out. Good quality, brand new stuff, just old season stuff and they wanted to give it out to Yeshivaleit."

B'kitzur, I came to the store, my son and myself, and we both got shoes. My son needed shoes, his shoes didn't fit him any more. We got a free pair of brand new shoes, just the way my son liked. Specially delivered from Hashem to us!

A Reader

HASHEM LOVES OUR MITZVOS

We had a non-Jewish worker man who didn't know English and he was coming to change our sink.

After he put it in, my mother asked him if it was new and he said "No, it's Moen." We thought that he said "It's mine," but really he was saying it was the company Moen.

So my father asked him if it was from his house and he said "No, it's Moen." So my father asked if he could speak to his daughter who spoke English.

He called his daughter, and his daughter said that it was from a non-Jewish home that was re-doing their kitchen. So my father called a Rav and the Rav said that it's not Kasher. The only way we realized was because he kept saying "Moen." It was Hashgacha that the company of the faucet was Moen so it made us discover that the sink wasn't Kosher!

A Reader

HASHEM MAKES PEACE

A close family member was not talking to me and even though people said I did nothing wrong, this caused me a lot of stress and I began having anxiety about this. This went on for a few months.

We spoke to our Rav and their Rav

and they tried to help but we were not making significant progress.

One day, I read a story in the Spring Hill Times about a Rav that wanted to make Shalom and was not successful so he had kavvana in "Oseh shalom bmromav" in Shemone Esrei and he saw a yeshuah. A lady wrote that she did the same thing and also saw a yeshuah.

I figured I would also try. I put a sticky note in my siddur. As the days went on, I remembered to have kavanna during those words. Within one month (I didn't keep track exactly) Hashem sent a yeshuah in a way that was so obvious (someone by mistake said something which led to the next thing...) and then they began talking to me again. Thank you Hashem and Thank you the Spring Hill times!!!

A Reader from New York

JUST WAS CHANUKAH AND ALREADY THINKING ABOUT PURIM!

Dear Editor, I just received the brochure with the building plans of the Long Beach Yeshiva, founded by R' Yitzchok Fiegelstock, a talmid of R' Aaron Kotler. I see it will be located in Chestnut Ridge, near you!

I often meet bochurim of the yeshiva on Purim, here in Lakewood, at the Bais Medrash Govoah Mesiba. Geshmake chevra, as is B"H normal of yeshiva bochurim. One of the costumes they dress up with is as the Man with the Yellow Hat, and have little, stuffed Curious George "teddy bears" (er monkeys!). One year, a bochur came over to me, clearly having been mekayem the mitzvah of ad delo yada, and, in good Purim spirit (pun-intended!), began giving me a speech: "George was a good little monkey, but oh, he was very curious!"

I thought to myself, what can I respond to him something apropos to what he is saying. The RBSH"O

gave Siyatta Dishmaya, and I remembered a vort I had heard from R' Yisroel Gelbwachs, menahel, Yeshiva Tiferes Torah of Lakewood.

We know that the Gemara says that the children of Yerushalayim darshened meanings in the shapes of the Aleph Bais. For example, the gimmel looks like a person running, and the daled is standing in place, and facing away. So, the lesson is gomel dalim – the gomel is running – as chesed should be, Ahavas Chesed – to do chesed for the daled (poor or needy person), but the dal is facing away, as he is embarrassed to receive. But at the same time, he is standing in place and not running away. He knows he needs, and that it is the proper thing for him to accept the help, and he appreciates the fact that the gomel is doing so besimcha.

Rav Gelbwachs said over from a sefer by a Rav Katz of Varsha (Warsaw) who brings, that the letter kof means a monkey in Lashon HaKodesh, and, as a matter of fact, it even looks like a monkey – with a head and tail. The lesson is that just as a monkey is a mimic – 'monkey see, monkey do', so too the Klal Yisroel should mimic the middos of Hakadosh Boruch Hu, as the Ramba"m writes in Hilchos Deos, Perek 1 halcha 11, from the posuk in Devarim 28:9, ...Ma Hu nikra chanun, af ata heyei chanun, Ma Hu nikra rachum, af ata heyei rachum, Ma Hu nikra kadosh, af ata heyei kadosh. Just as He is graceful and giving, merciful and holy, so too you should be.

I said this over to him, and he



loved it! He Exclaimed, "Yes, we should copy Hashem like a monkey!" and he hugged his stuffed

Curious George!!!

(George always comes through with a good lesson in the end! This is no monkey business! :)

As I mentioned, praise of yeshiva bochurim is not necessarily unique to any individual yeshiva, but the truth is that this in itself is the greatest praise. They say that the sign of a professional musician is that you can forget there is a person playing, and just enjoy the music. And so too with a singer, and a videographer – that it is steady, and focuses around on what you would want to see. The less one has to think about it, the greater the sign of professionalism! So, it is in a sense easy to forget about them, and just take things for granted. But we remind ourselves that we have a growing Klal Yisroel, and feel happy to support in any way that we can.

When I was younger, we didn't have such fancy yeshiva or shul buildings. Boruch Hashem over the years, there is much more involvement, and so we have such choshuve buildings, and I have nachas from that, and are happy for those who have them now.

The Chofetz Chayim writes in Michtav Chai (18) that although technically Mashiach could have come already – due to all the tzaros we have gone through, the RBSH"O is extending the time of golus in order that we can go out to greet Mashiach royally, and not as a destitute people, battered from tzaros.

Boruch Hashem we see much advancement, in many areas, over the years. There are so many shmuezen and seforim and so much shteiging (and papers like the Spring Hill Times!). Klal Yisroel is certainly heading closer and closer to that time when will be zoche to the most royal building of the Bais Hamikdash, BV"A!

N.S. – Lakewood





We discuss the importance of keeping away from bad, סור מרע, which

we can do with our tongue; there is also the aspect of doing good, עשה טוב, that we can do with our tongue and our speech, through Torah and Tefillah.

One of the main jobs of Klal Yisrael and actually the reason for Klal Yisrael's existence is to praise Hashem. In Sefer Yeshaya the pasuk says that Hashem created Klal Yisrael so that we should sing Hashem's praises. This is the theme of Chanukah to sing Hashem's praises, להודות ולהלל.

Just like the theme of ראש השנה is דין, and the theme of יו"כ is teshuvah, the theme of Chanukah is to praise Hashem. Let us use these days of Chanukah, and let us use our tongues to praise Hashem for all the ניסים that He did for us in the past, and that He is doing for us in the present, בימים ההם ובזמן הזה.

Did it ever happen to you that you bit your tongue? It probably did, and it really hurts. But then again, how often does this happen, did this happen to you today?

Every day our tongues are moving to the outside of our teeth and to our lips. This happens numerous times a day, with almost zero effort, and yet we don't usually bite our tongues. This is

despite the fact that our tongues are right next to our teeth, surrounded by three sides.

Can you imagine a few lanes of traffic, and each lane has exactly enough space for a car but no margin for error, this would be a catastrophe.

In the perfect body that Hashem created, the tongue and the teeth are so close, yet they all function uneventfully with miraculous precision.

This Niflaos HaBorei 2-Minute Audio Shiur is sent out 6 days a week. No need to call, the Shiur will call you.
Choice of six times (EST): 8:45 am - 1:15 pm - 2:45 pm - 6:15 pm - 7:45 pm - 9:15 pm
To receive this daily Shiur Call or Text: 313-NIFLAOS (313-643-5267) To hear a sample call: 908-280-4488

Yeshivas Erev Shabbos

Welcome Shabbos in the most beautiful way and enjoy the calmness of Erev Shabbos

"פי...מקור הברכה"

Attention All:

Win \$25 to Toys4U or Z Berman books!

Be ready for Shabbos then sit down to learn and/or say Tehillim before candle lighting. First 20 minutes= 1 raffle ticket Each additional 10 minutes earns another raffle ticket

Send in your information (Name, #, address, # tickets) by Monday morning to:

Email: yeshivaserevshabbos@gmail.com
Text: 352-541-1218

Chatzos Program

Attention Women:

Be ready by chatzos and enter a raffle to win \$50 to the store of your choice! What it means to be ready by chatzos? You would be ready to bentch lecht. All basic food prepared, Leichter set up... etc. Any small tasks lekoved Shabbos are permitted after chatzos. Ex. Small shopping, last minute cleaning, getting dressed... etc.

Send in your information (Name, #, address, store of choice)

By Monday morning to:

Email: chatzosprogram@gmail.com
Text: 347-604-4303
(if no text or email, you can call)

**For sponsorship opportunities, please contact us at 352-541-1218
To sign up to hear our latest promotions and updates, please email yeshivaserevshabbos@gmail.com**

The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. In my kollel, the yungerleit take turns delivering a chaburah [a talmudic discourse revolving the subject being studied] once a week. Since the members of the kollel are of a very high caliber, they share advanced pilpulim and chiddushim, which are indeed very impressive.

However, I am not at the level of formulating chiddushim. Instead, I invest all my energy into learning on a fundamental level until I attain a deep clarity.

Whenever it's my turn to say a chaburah, I feel pressured because I know that I am not capable of coming up with novel chiddushim like everyone else. What is the emunah and bitachon perspective about this?

A. What is the idea of giving chaburos? What is the goal of learning Torah in the first place? Is learning Torah a kavod marathon

of who can learn the most? Are chaburos a time to show off how capable we are of developing complex Torah novella?

Our goal in learning Torah is to understand the d'var Hashem to the best of our abilities and acquire our chelek in Torah. Delivering chaburos is an opportunity to share with others the chelek in Torah you've acquired. It's not an opportunity to display your ability to develop dazzling chiddushim.

This was the way of the Chofetz Chaim. Although he was a towering genius, he did not endeavor to impress his readers with his ability to weave complicated pilpulim. Rather He directed his focus on extracting the essence of halacha or mussar, and conveying it in a straightforward manner to his readership. The Chofetz Chaim did not learn and teach Torah for the purpose of showing off, rather he learned and taught

Torah out of love for Hashem.

Therefore, if at this point you find that your chelek in Torah is arriving at a solid p'shat in the Gemara and understanding it with crystal clarity, this is how you should be learning, and this is what you should be giving over. Present your understanding of the sugya with minor he'oros which you feel are important to arrive at a solid p'shat. Rav Chaim Volozhiner teaches that arriving at clarity in Torah is itself considered a 'chiddush'.

On top of everything, you will be giving over the greatest chiddush: you will be demonstrating your devotion to learning Torah out of pure love for Hashem and for His Torah, and not for the sake of the applause of people.

Q. I had to redo my house, so I commissioned an interior designer to decorate my house, and together we decided on a very



The

Bitachon Perspective

Continued

elegant interior design. Now that the house is redone, I see that the house turned out extremely extravagant – much higher than the normal standard.

Now I regret my course of action. I don't feel comfortable living in such a fancy house; I feel that it's too much gashmius. I would much rather live in a more moderate house, but now it's too late. What is the emunah and bitachon perspective about this?

A. Before addressing the question, take a step back and reflect: What is it that's causing you so much distress? Your aggravation is due to your high sensitivity to ruchnius! In today's society, the average person would wish to live in a lavish house. If you value your ruchnius over living in an elegant house, this indicates that you are an extraordinary person! Take joy in the

wonderful virtue which you possess.

As far as taking steps to ensure that your extravagant house doesn't pull you down, here is one idea: Make a kabbalah [strong commitment] that no matter what your children do to the house, you will always maintain your equilibrium.

In your newly renovated house, you will undoubtedly be faced with instances where your children mistreat your beautiful new house. Accept upon yourself not to go around, saying, "Don't touch here", "Don't go there", "Be careful not to ruin that", etc.

When you train yourself not to make an issue out of gashmius, you too, will be prevented from getting swept away with gashmius.

As far as your children's chinuch is concerned, it's true that children must be taught to be careful not to ruin their

possessions. However, when parents demonstrate an overall attitude that materialism does not get them worked-up, they will be transmitting the foundation of all of chinuch: Torah and mitzvos are the only things which get us excited, not elegant furniture, fancy cars, gourmet food or anything else!

Finally, make your house a place to practice hachnosas orchim and chessed. Make your house open to people who are in need of a place to be.

When you do this, you won't be enjoying a luxurious house merely for selfish purposes. Rather, your lavish house will be a tool to make others feel comfortable and to help bring joy to others.

Q. I am in the parsha of shidduchim, and I am currently holding a job to save money for after my chasunah.

However, whenever



The

Bitachon Perspective

Continued

I need to buy something, even basic necessities, my parents tell me, "You have a job. You have money. If you need things, use your own money."

When I speak with my friends, though, they tell me that of course their parents pay for their basic needs.

This is making me feel very resentful; my parents are making me use up all my hard-earned money, and I will have very little left for after my chasunah. What is the emunah and bitachon perspective about this?

A. The next time you feel resentment when your parents tell you to use your own money for your basic necessities, just stop a moment and ask yourself, 'Are my parents charging me rent for living in their house? Do they charge me for the food they make? Do I pay the electric

and water bills?' You should be overcome with gratitude over how kind your parents are to you! Additionally, don't forget that all your life your parents have been paying for each and every one of your needs.

When you begin to realize how much you've received from your parents, you will quickly realize that you will never be able to pay them back for all that they did for you. The least you can do is to show them how thankful you are to them, and chas v'shalom never to have complaints that they are not doing more for you.

Secondly, you must realize that what's bothering you is that you feel that your parents are making you use up your hard-earned money. 'If only my parents would pay for it, I would have more money saved up for after my chasunah.'

You must realize that Hashem is the one in

control over how much money each person will have. He decreed how much money you will end up with after you get married, and that is exactly how much you will have, whether your parents ask you to pay for your needs, or whether they pay for it.

If you want to do yourself a favor, take your parents out of the picture and put Hakadosh Baruch Hu there instead, and you will be able to follow your parent's bidding with a light heart.

When you internalize that your parents cannot affect how much money you will have, you will be zoche to an abundance of shefa of bracha and parnasah coming your way.

To receive the full Bitachon Perspective, please contact klatzkoshalom@gmail.com

Chizuk Corner

The unbelievable power of a good word

By R' Y. Friedman

Please don't read during
davening

We mentioned earlier that Chanuka is a tremendous Eis Ratzon for Moshiach. It's mentioned in many Seforim. When Moshiach comes you won't need my chizuk, because you will see how everything was for the best. The Chessed Hashem will be so overflowing that we will forget about the difficult times.

There is a famous story with the Ger Tzedek Avraham be Avraham, who died al kiddush Hashem. When he was being led to his death, the executioner begged Avraham that when he gets to the next world he should not take revenge. Avraham laughed and said that when he goes to the next world, he won't be thinking about any revenge due to the tremendous chessed and reward that will be awaiting him.

He gave a mashal as follows. A prince at a young age was playing with his friend at the beach. The prince built a beautiful castle. His friend went and broke the castle. The prince was broken hearted and he swore to take revenge on his friend. Many years later, the prince took over the empire and he was crowned as the new king. On the day of the coronation, a man came in and fell before the king asking the king not to take revenge on the destruction of the sand castle. The king took a hearty laugh and said to his old friend. "Do you think I care about that childish castle at this point? I have a huge castle with servants and a mighty army."

Avraham the Ger continued and explained the Passuk in Tehillim (and Hallel) Hallelu es Hashem Kol goyim Shabchu kol goyim ki gavar aleinu chasdo". The goyim will be praising Hashem for the overflowing chessed that will be pouring when Moshi-

ach will come. Why will they be praising Hashem for this? Because the Yidden will not be thinking of revenge at that point. Furthermore, we will realize that all the Tzaros that they caused was for our benefit as well (even if it wasn't their intention).



It's not far-fetched to say that the Spring Hill Times will still be going strong when Moshiach comes. The reason simply is because when Moshiach comes we will be non-stop praising Hashem for all his wonders and His great chassadim that he does constantly with us, and that is the essence of this paper. Therefore, hopefully they will continue to put in the Chizuk corner, perhaps in a different form.

The Midrash at the beginning of Parshas Mikeitz, quotes the Pasuk, "keitz som lachoshech" Hashem made a keitz and end for the darkness. When that keitz happens, everything happens very fast, and that is what happened with Yosef Hatzaddik. Pharaoh had his dreams, the butler remembered the dream, and before you knew it Yosef was hurried out of jail to freedom.

The Nesivos Shalom says that we see this process with the growth of plants and trees as well. The seed rots and rots until there is almost no life left to it, and it is precisely at that moment

that it takes root and the beautiful tree begins to grow. We see this with the story of Chanuka, Pesach and Purim as well. Once the time for the Yeshua was ripe, it happened very quickly.

We can take a tremendous chizuk from this to our personal lives. At times, we could be going through something challenging. It can be in Chinuch, health or any area. We may feel engulfed in darkness. But, we remember "keitz som lachoshech", and when that time comes it will happen quickly as the Navi says: "Pisom yavo el heichalo". We know that we will emerge out of the tunnel shortly.

Furthermore, says the Nesivos Shalom, after this intense darkness comes a brilliant light as well. When Yosef came out of jail, he immediately rose to become the king and this brought about the yeshua for his family as well. This is also displayed in the story of Chanuka as the historians point out. There was an explosion of light from Torah shel baal peh that emerged following the story of Chanukah. The story of Yeztias Mitzrayim was followed with the light of the world the Holy Torah. Purim was followed with Kabbalas HaTorah with love, and the rebuilding of the second Bais Hamikdash.

Now, although today we still carry the torch of the Torah to light up the darkness of Galus, and we can still see the love and kindness that Hashem is pouring on us, we are still living in the darkness of galus. Because in many ways Hashem's kindness is hidden. This brings many challenges to every person in many areas. The good news is that this darkness is going to end soon, when we will be ushered into the brilliant light of Moshiach tzid-

Chizuk Corner

By: R' Y. Friedman

Continued

Please don't read during
davening

keinu.

I remember as a kid when we used to travel through the Battery Tunnel. Tunnels were pretty dark in those days. I remember the feeling of anticipation as the tunnel would twist, and I would be hoping that we would emerge around the bend. However, it didn't happen right away. Finally, we would emerge into the blazing light, and I remember the enjoyment I had from the light after those few minutes.

The Seforim teach us that the darkness also serves us as a catalyst in appreciating the great light. Therefore, if you are experiencing hardships, pain, fatigue or stress due to the darkness, you should realize that all this is temporary. Furthermore, this will make the light much greater as we explained.

However, my friends you should know that if you live with Bitachon you can transcend all of the darkness. The reason for this is simply because Bitachon means that you are living with Hashem. With Hashem there is no stress, there is no sadness and there is no darkness in your life. You understand and realize that Hashem is holding you by the hand and guiding you through your life. He is watching you and protecting you, as we say in in Tehillim "lo sira mipachad laila", he has nothing to fear. It also says "Lo ira ra ki ata imadi".

It says in Tehillim that when Moshiach comes "az yimaley sechok pinu". There will come a time that we will be full of laughter. The simple understanding is that at the time when Moshiach arrives there will be much laughter, which is one hundred percent true. However, I believe that this description is going on

the Era of Yemos Hamoshiach in general as well. Let me explain.

I would like to digress a bit on the great advantages that we will have when Moshiach will come so we will be machazek our yearning for those amazing days. First, I would like to make a disclaimer that this is a drop in the ocean as we can never know the full chessed and rachamim that we will experience until it actually happens. This in itself can help our yearning for the Geula and I don't want to minimize it. Furthermore, after all that we are going to say, the ultimate reason that we want the Geula is for Hashem, that His name should be exalted in the world. Let us explore a few reasons why a tremendous Simcha will prevail in that era that we seem to be entering.

1. Ayin Tova- One reason why some people are not full of joy is because they don't fargin others which can cause them not to appreciate what they have. When Moshiach comes, we will appreciate all the good that Hashem gives not only for ourselves, but for others as well. This will raise our level of joy continuously as you are joyful with the chessed everyone is receiving (Every Simcha will be a family Simcha).

2. Bais Hamikdash: The Bais HaMikdash is known as "mesos kal haaretz". The Seforim explain that the Bais Hamikdash brought joy to the whole land. It was the wellspring for the joy, just like it was the source for Parnassah and Torah.

3. Torah: Dovid Hamelech in many places keeps reiterating how much joy Torah brings. For example "Sos anochi al imrasecha kimotozei shalal rav". Chazal teach us that when Moshiach

comes Hashem will reveal to us the secrets of the Torah and this will bring out a tremendous deep joy from within our hearts.

4. Unexpected: I heard a fascinating insight from Rav Fischer Schachter. He says that every joke has a different twist and turn that distinguishes one joke from the next. However, the common thread that runs through every joke is that it's unexpected. Once you know the joke it loses it's humor. If we live our life understanding that everything is unexpected and Hashem owes us nothing, then this will bring us tremendous joy. The opposite is true as well. Therefore, when Moshiach comes we will realize that everything is unexpected. We will start appreciating Hashem the way we should. This will bring laughter to our lips.

On top of all this it will bring us a tremendous connection to Hashem. We will walk around praising Hashem full of laughter and Joy.

We will feel Hashem's deep love. We will clearly feel and see that we are living in His presence. We will serve Him with all the mitzvos in the Torah and with so much love.

Our Nishmas will be thunderous and our Pesukai D'zimra will be full of love and joy. May we merit to be there together on that great day to witness the Shechina returning to Tziyon. Uvau L'tziyon Birina Vesimchas Olam Al Rosham Amein.

GROWING FROM OUR GEDOLIM #8

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS CHESSED EMUNAH AHAVAS YISROEL
AHAVAS HATORAH MITZVOS TEFILAH TZEDAKAH

No Questions

Rabbi Shimon Yarislover, was a tzaddik and Rebbe who traveled far and wide to be near the great Rebbes of his time. He lived to over 90 years old, and until his death, he would travel to Rebbes who were half his age. He was a talmid of Rabbi Elimelech of Lyzensk and the Chozeh of Lublin, among others. On one of his visits to Reb Elimelech of Dzikov, Reb Elimelech asked him, "How were you zoche to live such a long life?" Reb Shimon replied, "I merited it because I never questioned the ways of Hashem". Reb Elimelech replied, "That's very special, and surely deserving of great reward, but what would that in particular merit you a long life?" Reb Shimon replied, "When someone questions the ways of Hashem, Hashem says, "You have questions on how I run the world? If you have questions, you can come up here to shomayim and ask questions." Since I never question the ways of Hashem, they left me down here!"



Rav Zalman Nechemia Goldberg

Shabbos In Siberia

Rav Avraham Goldberg was a Rosh Yeshivah in Minsk Russia in the early 1900's when he was sentenced to 10 years of hard labor in Siberia. The conditions there were unbearable, both physically and spiritually, but he made a firm commitment to keep Shabbos no matter what. The first job that he was given was to take care of the bath house. He was tasked with heating the water in the bath house. When Shabbos arrived, he did not heat the water, and the goyim who came there to wash themselves were furious that the water was freezing cold. The Russian commander removed him from the position and gave him a new job. This time, his job was to open and close the gates every day. As soon as he started the job, he realized that every time the gates were moved, they dug a deep furrow in the ground. When Shabbos arrived, he again did not do his job. Through countless miracles, he managed to avoid the fury of the Russian commander. After a year, he managed to commute his sentence, and he escaped to Eretz Yisroel where he built a family of Torah Yidden. After many years, when he made a Bar Mitzvah seuda for his son, the famous posek, Rav Zalman Nechemia Goldberg, he said the following. During one of the interrogations that he went through under the Communist officials, the Russian officer said to him, "Why do you stubbornly insist on keeping the Mitzvos? Eventually you will die here, and your children will be communists!" But at the end, his mesiras nefesh paid off, and Hashem helped him survive and build a family of Talmidei Chachomim and B'nei Torah.

A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

But his brothers could not answer him because they were bewildered before him

The Medrash on this comments: *Woe to us from the day of Judgement, woe to us from the day of rebuke!*

In the Ba'al HaTanya's (R Shneur Zalman of Liadi) town lived a Maggid who regularly offered words of rebuke to the townspeople and inspired them to repent.

On one occasion, the Ba'al HaTanya approached the Maggid and said: "You offer words of rebuke to the entire Town, but to me you don't say a word! I, too, desire to hear your rebuke!". The Maggid was taken aback by the Ba'al HaTanya's request and at first did not know what to say. On the one hand, how could he rebuke the Ba'l HaTanya? The Rebbe was a greater Torah Scholar than

he was. On the other hand, how could he refuse the Rebbe's request?

"Rebbe," began the Maggid, "whatever I know, you already know, and whatever you do not know, I certainly don't know.

What then is the difference between the Rebbe and myself?

The only difference lies in what I don't know and what the Rebbe does know!

But Rebbe," concluded the Maggid, "The difference between what I don't know and what the Rebbe does know, is far smaller than the difference between what the Rebbe does know and what he has yet to learn!"

When the Ba'al HaTanya heard these words, he began to weep"

A Gut Shabbos!

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York



Child's Play

The Baal Shem Tov said, we can learn three important things from little children.

Number one, they're constantly curious: their head is always turning; they're exploring, and they're testing the limits of everything, including their parents' patience.

Number two, they're happy with the smallest things. We think they need elaborate toys, but they're often con-

tent to play with the box or the wrapper, or to paint the highchair, and their little brother, with a chocolate yogurt.

And number three, when they want something badly enough, they cry out to their father.

And so even at our advanced age, we can learn to be curious about the mysteries of HaShem's universe and the Torah; and to be content, and excited, and appreciate even the smallest things; and when we want something badly enough, to cry out to our Father in Heaven, Avinu ShebaSho-mayim.

AYIN ^{עין}טובה TOVA

By: R' Nesanel Landesman

Suggestions for the case: Yehudis is told that doctor is running on-time and ends up waiting over two hours to see him!

- Perhaps, the doctor had an emergency which caused him to be late.
- She should view the doctor as a messenger of Hashem, Who gives us all what we need at any given moment- whether it be a lesson we need to embrace, or an action we need to do that we wouldn't have done on our own. Maybe Yehudis needed to spend that time saying Tehillim, or maybe she needed to not be somewhere else where she in her human mind was planning to go.
- It could have been a longer wait.
- Yehudis could take this time to take a peaceful nap.
- She could learn from here the value of other people's time and be more mindful regarding that in the future.
- Yehudis will now know for the future to plan on waiting at a doctor's office, and then she will not be disappointed when there is a long wait.
- She could focus on the fact that a) if so many people wish to see this doctor, he must be good, and b) if he has patience with others, he will give her time as well.

R' Zevy Golombek suggested:

- She should realize that even had she been called in right away, she would have been stuck there. ^{המכין מצעדי גבר}, Hashem is the One who made the doctor cause her to wait. It's her tikun.
- The ^{בשמחה} of מדה that she accomplished during that wait (done) was greater than whatever she would have done during that time.

CASE OF THE WEEK:

The checkout line at Gershon's Grocery was already long when Avigayil arrived. She was in a big rush but still waited somewhat patiently. Then she saw a middle-aged woman come from the back and place her stuff in front of the cashier. Avigayil was beside herself at this apparent chutzpah. "She should wait like the rest of us," she murmured under her breath.

Help Avigayil have ayin tova for this woman and for her situation.

Please send your suggestions for the AYIN TOVA CASE to:
ayintovanewsletter@gmail.com
Or call [Israeli daytime hours only]:
USA: 831-244-6019
EY: 052-760-5409.

Suggestions will BE"H be printed in the issue for Parshas Vayechi



LET US IMAGINE

CHAZARAH!

Dear Reader: Due to the change of schedule during Chanukah, I had less time to work on the Spring Hill Times. So here is an article we printed about a year ago. It's worth reading it again!

Let us imagine for a few seconds what our life might look like if our brains would suddenly start malfunctioning and failing c"v, and we wouldn't know the difference between 1 and 100 or the difference of something large or important or something small or unimportant.

We would speed into our driveways going at 95 mph and crawl on the Garden State Parkway at 2 mph.

We would be pouring gallons of coca cola, seltzer, water and whiskey into a tiny schnapps cup.... Resulting in sticky floors, terrible leaks, horrible smells and people slipping all the time...

Mothers and wives would be serving their children and husbands, one pea, a bean, two kernels of corn, an eighth of a polka and a 164-ounce container filled with ketchup. Resulting in a terrible worldwide hunger

crisis...

Those who love to learn Torah would be trying to put their giant chassan-shases into their pockets so they could learn while waiting on line at the grocery. They would not be able to figure out why it doesn't fit in!

Resulting in many pants and shirts getting ripped beyond repair.

Even those who would manage to get in one pocket a shas and in the other pocket a whole set of Shulchan Aruch, by singing 'Hakol Yachol, Hakol Yachol' a few times, wouldn't be able to walk more than a few feet at a time from the excess hundreds of pounds, turning shopping trips into a real horror stories.

Kids would be expelled permanently from school for dropping by mistake a tissue on the floor and the boy who put a dirty sock in his Rebbi's coffee for the fifth time would just be told "si past nisht"- if even that.

We would be taking fifteen to twenty cups of coffee in the morning, sending many people straight to the hospital!!! We wouldn't be able to sleep for a week straight... Leading to New York State requiring a five-year

training, with tests, to get a special license and master degree to be able to drink coffee. All under strict supervision by the State, with frequent inspections, violations and fines. Eventually, leading to NYS to ban it entirely, with terrible consequences. Teachers and Rebbeim together with the entire class, shluhei tzibbur and the congregation, Daf Hayomi magidei shiur and participants, bus drivers, surgeons, dentists, garbage collectors, cashiers, waiters carrying soup and kollel yungerleit would all be falling asleep right in middle of what they are doing.

Adults would be buying for themselves shoes meant for two-year-old toddlers and would have no idea why it doesn't fit.

Not knowing what is a kezayis, people would be eating 10 -15 boxes of matzos for the mitzvah, making the mortgage we take out to buy houses look like child's play compared to the mortgage we would need to take out for matzos mitzvah.

Shuls would be packed with hundreds of people, yet the gabbai would be standing outside for hours upon hours call-



LET US IMAGINE

ing out “a tzenter a tzenter”.

Worried mothers and wives, would have no idea why their sons and husbands weren't back from davening and hundreds and thousands of terrified mothers and wives would all be calling “A Life with Bitachon” all at the same time, causing the system to crash c”v.

Bus drivers would be making their rounds, picking up the children to go to school, in two seater cars... 34 kids would be out of class playing outside with only one goody-goody staying in class and the Rebbi wouldn't even notice!

We would be giving the cashier \$55 or \$550 for a bottle of milk...

Husbands coming back from shopping, would bring home 11 bags of potatoes, 215 seven-layer cakes, 128 challos, 30 copies of the same newspaper - magazine and 18 bundles of flowers. Bankrupting many families and causing tremendous shalom bayis issues...

We would all be putting on tens of ties all at the same time...

Shabbos morning, the gabbai in shul would be giving about seventy aliyos [and five mi sh-

beirachs to each], and shacharis would not end until 9:30 pm; resulting in no more time for avos u'banim, and fathers wouldn't recognize their very own children...

People throwing out their broken refrigerators and dryers, would not understand why - even after trying for hours - they just don't fit into their kitchen garbage cans.

We would come to shul with our talis and tefillin in huge suitcases, causing a massive shortage of space in shul, with only one person per table; resulting in many arguments and fights ...

And worst of all, we wouldn't be able to properly fulfill many mitzvos and we wouldn't be able to recognize the greatness of Hashem and count all His kindnesses, making this world truly a most miserable place

We would run from one mathematician to another, to try to find a working solution...

But everything would just fail...

Who designed with infinite brilliance that the trillions of things in our world should have all different sizes, each perfect for its purpose???

Who designed with unlimited knowledge the concept of 'a lot and a little'?!?!?

Who manufactured with infinite perfection that our world should have things that have different levels of importance?!?!?

Who designed with unlimited resources and power that our brains should be able to calculate, measure and recognize the size, amount and importance of things?!?!?

Who designed with infinite wisdom that our brains work perfectly without any computer chips and programs???

Who gave us, with unlimited kindness the Holy Torah that teaches us what's important and what's not????

YOU HASHEM, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift: the ability to calculate and measure, You give us, with endless love and utmost care, every second of the day, 365 days a year and free of charge!



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

PATIENT:

My house is so neat and clean. I even have extra time at night after everyone's sleeping. I noticed that other houses aren't so neat. Their kids are more messy than mine and the parents are always struggling to keep it in order.

Those parents have the zechus of being busy, day and night, taking care of their kids. I don't have that. I also want to feel as useful as they do...

Dr. Chaim Atzisgut M.D.




**IMPORTANT HEALTH TIPS
TO
REMEMBER**

Whatever Hashem gives you is perfect for you. What He gives someone else and not to you, is poison for you!



I'm prescribing you 6 medications:

1. Thank Hashem for giving you and your children a neat nature!
2. Thank Hashem that you have time to relax!
3. Thank Hashem that you have more time to think about Him!
4. Don't stop thanking Hashem for the wonderful gift of children!
5. Realize that Hashem doesn't compare people, so we shouldn't either compare ourselves to others.
6. Be happy for the other parents who struggle so hard to take care of their homes and you will get the same reward as they do!

A GLIMPSE INTO THE PAST

By Sruli Yelen - Lakewood, New Jersey



Rav Gershon Leibman zatzal



Rav Nosson Tzvi Finkel Zatzal

The Spring Hill Times is carrying a load of \$5,000 of expenses a month!



Your \$5/\$10 a month will mean so much to us!

Call/text today: 845-327-5041
Email: thespringhilltimes@gmail.com

SAY GOODBYE TO JEALOUSY

With our greatest invention ever!

THE TOY DUPLICATOR

Does buying toys for your children stress you out? Are your children always complaining that you are not being fair? Can't afford to buy everyone the same thing? We got the solution!

- ✓ End to sibling rivalry!
- ✓ Peace and quiet in your house!
- ✓ Happy and satisfied children!
- ✓ Fast (Takes less than 5 minutes to duplicate)!
- ✓ We guide you through the mortgage process, free of charge!

Our machine will duplicate any toy! As many times as you need!

Receive a Free Potato chip bag upon purchase of machine!!!!



Special price with mention of this ad
ONLY \$500,000!!!

- **HASHEM** loves it that we don't have advertisements!
- **SHABBOS KODESH** loves it that we don't have advertisements!
- **YOUR BANK ACCOUNT** loves it!
- **YOU** love it that we don't have advertisements!
- **THE SPRING HILL TIMES** loves to not put in advertisements!

Dear Reader: You will make it happen!
With giving Hashem just \$5 a month!

THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

Rockland County, New York

Monday 2 Teves	Tuesday 3 Teves	Wednesday 4 Teves	Thursday 5 Teves	Erev Shabbos 6 Teves	Shabbos 7 Teves	Sunday 8 Teves
Low 18°F High 29°F Partly cloudy!	19°F 34°F Sunny!	24°F 42°F Partly cloudy!	29°F 45°F Partly cloudy!	35°F 49°F Partly cloudy	42°F 49°F Showers! Yum!	40°F 53°F Delicious rain!
The weather will be perfect to thank Hashem for Chanukah!	It will be a wonderful day to thank Hashem for your feet!	There will be perfect weather to say 'I love You Hashem'.	Perfect day to thank Hashem for fresh clean air!	Perfect day for jumping up and down from excitement That Shabbos is coming!	Stunning weather! Perfect to enjoy Hashem's day of rest!	Beautiful weather! Will be a great day to wait and long for Mashiach!

Please note: This is based upon the forecast at time of print. Actual results might vary...

HISTORIC OPPORTUNITY

Help spread, to millions of people across the United States and around the globe, how wonderful Hashem is!

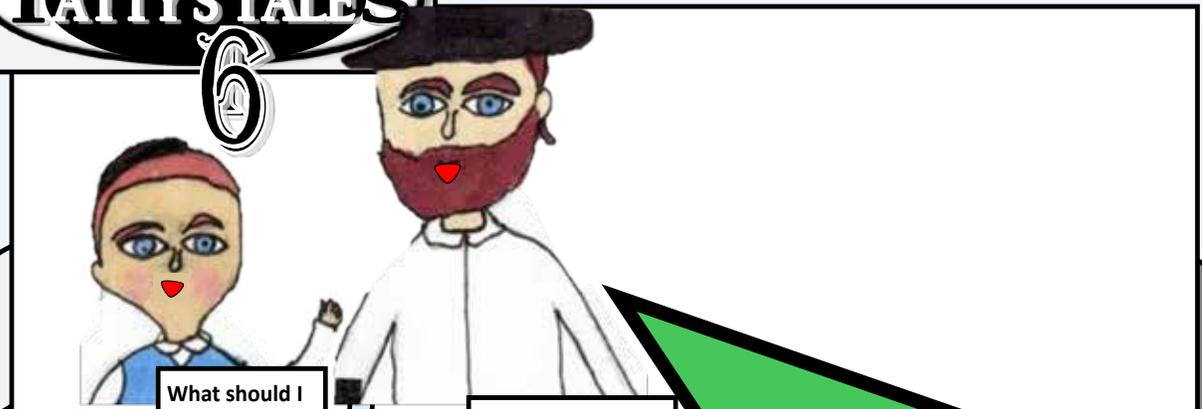


The Spring Hill Times is looking for a full time Fundraiser.

Please Call/Text Yoni Kohn

732-597-8546

LATTY'S TALES



What should I do with someone I want to reward?

Ummmm I know! Let him ride on your horse with your crown and cape!



I want a reward that was never used! I know! I'll let him in my treasure room for 45 seconds

That night



We'll never be poor again we'll have chicken, clothes...



Because you are a help tomorrow you can go in my treasure room for 45 seconds



I don't like chicken. I want new clothes!



The next day

TO BE CONTINUED..

Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Monday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Tuesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Wednesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Thursday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: _____ Address: _____ Phone: _____

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to hashemthanku@gmail.com

THE OLAM HABA BAKERY

GRAND OPENING! We have the largest selection of the most delicious and healthy bakery goods!

TODAY'S SPECIALS:

BUY 1 CUPCAKE AND GET 3 FREE!

Price: Jump up happily when your mother asks you to clean the table and do it in a jiffy!



Our Store's Terms:
We DO NOT accept money!
We DO accept Torah!
We DO accept Mitzvos!
We DO accept Ma'asim
Tovim!
We DO accept Tzedakah!

כשר למהדרין
נעשה מקמח ישן

"We know that there is a big banquet hall waiting, and we are going to enjoy the meal there forever and ever! (Rav Avigder Miller)"



***WE ARE IN THE MIDST OF BUILDING, FOR
HASHEM, THE MOST MAGNIFICENT NEWSPA-
PER THE WORLD HAS EVER SEEN!***



The Spring Hill Times is run almost entirely by volunteers!

YET WE HAVE OVER \$5000 MONTHLY EXPENSES

**THANKS TO HASHEM WE HAVE ABOUT \$1100 COMING IN MONTHLY BUT WE
STILL NEED SO MUCH MORE!**

PLEASE HELP US WITH JUST \$5/\$10 A MONTH

1.

**Call/text our fundraiser
today:** Yoni Kohn 732-
597-8546

**Or Call/text the Spring
Hill Times Editor today:**

845-327-5041

email: thespringhill-
times@gmail.com

2.

Write out checks to:
Cong. Shaarei Bitachon

Write in Memo: Spring
Hill Times

Mail to: 122 7th St.
Lakewood, New Jersey

08701

3.

Zelle to:

congshbt@gmail.com

Write in memo: Spring
Hill Times

4.

**Or through our secure
link:**

[https://pay.banquest.
com/shaareibitachon](https://pay.banquest.com/shaareibitachon)



LAKEWOOD - NEW JERSEY

At Rav Yehuda Mandel's Thursday night Vaad: 8:00 pm.

18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)

Ely Family

801 Lexington Ave, apt 4G
 718-812-5152 Thursday afternoon

30 East 9th St. (Between Princeton and the tracks)

Available in container outside the front door Thursday afternoon (possibly Wednesday night)

Call R' Shlomo Eliyahu 732-569-4273 (leave message)

Weinberg Family

10 Gvuras Ari Dr.
 848-240-3128 Available from Thursday afternoon outside front door on chair.

Hirschberg Family

410 10th St. Apt 7b
 Please call to reserve: 732-569-8111

Rosenberg Family

104 Elmhurst Blvd. In container by front door. Available from Thursday evening

1500 Twin Oaks Drive. In container by front door from Wednesday night. For more info please call: 908-596-0844

Minzer family

15 Gefen Drive- Container in front of house from Thursday afternoon.

368 Bergen Ave (available from Thursday afternoon) 732-367-2499

Briller Family

21 Chicanos Drive (Available from Thursday in container in front of house) 732-367-4727

Weitman Family

282 Coles Way
 Container in front of house Available on Thursday

Waldman Family

16 Sherwood Drive
 848-223-5678

Container by door
 Available Thursday

Metzger Family

43 Cabernet Drive
 732-6828612

Container in front of house
 Available Thursday

3 Shayas Rd.

Basement
 Available on Thursdays in container by door.

Lakewood Prints 1300 copies!

BEITAR ILIT

Weiss Family
 Em HaBanim 12/2
 073-729-5452

Prints 40 copies!

BORO PARK

Shomer Shabbos

 Emunas Yisrael

Our Brooklyn Distribution Manager

Foutorian
 848-238-6296
 1573 39th St.

Please call to reserve copy

יפה ירושתנו Miniature museum
 1250 55 Street
 Downstairs
 718-633-7651

Dembitzer Family

1704 46th St.
 718 -300-3605

Brooklyn gets over 400 copies!

CLEVELAND - OHIO

Holstein Family
 3644 Bendemeer Rd.
 Cleveland Heights
 Call or Text 216-386-2309.
 Email: tovaholstein@gmail.com

Grand Judaica

1873 South Taylor Rd
 Cleveland Heights OH

CLIFTON - NEW JERSEY

Avi Gewirtz
 7 Belmont Ave, Clifton,
 NJ 07012
 917-587-3076

Gets 35 copies!

DENVER - COLORADO

Kelner Family
 9049 E Chenango Ave Greenwood Village
 Available on Thursday
 Call/text 732-575-0102

Prints 20 copies!

Our Worldwide Distribution Locations



FAR ROCKAWAY - NY

Mrs. Chana Stone
1115 Brunswuk Ave
Far Rockaway 1169
516-633-5564

Gets 50 copies.

Sarf Family
829 Empire Ave.
516-236-2448

Gets 50 copies.

MIAMI BEACH - FLORIDA

R' Moshe Michael Kaufman
4141 Nautilus Drive Apt. 3a
Miami Beach, FL 33140
305.872.6777

Building is surrounded by a locked gate. Please call to make an arrangement.

Or at Shaare Ezra Sefardic Congregation 945 41st Street Miami Beach, FL 33140

Prints 90 copies!

MONSEY - NEW YORK

Weiss Family
10 Elyon Rd- Left side of house up the stairs of the porch. Available from Thursday morning.
845-426-5506

Gets 15 copies

Moseson
132 Remson Ave
845-426-6551

Gets 15 copies.

TELZSTONE/ KIRYAT YEARIM

Bergos
Ma'alot Kedeshei Telz 7/1
Tel. 025341425

WOODMERE - NEW YORK

Ginzberg Family
150 Lafayette Place
516-984-1705

Gets 30 copies.

FLATBUSH

Cohen Family
1337 East 3rd Between Ave. M and the Dead End.
Around the corner Moisha's

Gets 10 copies.

KIRYAT SEFER

Kaufman Family
Rechov Sha'arei Teshuva
12 Apt. 27
058 - 321 - 9795

Prints 270 copies!

You can help spread Hashem's goodness all around the world!

TO BECOME A SPRING HILL TIMES DISTRIBUTER, PLEASE CALL/TEXT 845-3275041 EMAIL: thespringhilltimes@gmail.com

NEW SQUARE

Rochel E. Dirnfeld
52 Polnoya Rd.
845-422-2462

Gets 20 copies.

SPRING VALLEY - NEW YORK

Segelbaum
17 Ellish Parkway
Right side back porch
845-479-2919

Gets 20 copies.

KENSINGTON

Hirschberg Family
405 Ave F Second floor
646-573-0315

Gets 10 copies!

LOS ANGELES - CA

Elazar Shemtoob
9167 Airdrome St
Los Angeles, 90035
310-621-6386. Preferably by text

Gets 15 copies.

MONSEY - NEW YORK

Rockland Kosher Supermarket
Available from Wednesday Morning.

845-327-5041

Gets over 100 copies!

RAMAT BEIT SHEMESH

Weisbord Family
Rechov Be'er Sheva 4 Apt.
10
02-999-7170
050-415-1443

Prints 40 copies!

TZEFAT

Akiva Murgia
Remez Dovid 210
Tzefat
050-977-0843

Prints 50 copies!

YERUSHALAYIM SANHEDRIA

Elefant Family
Blau 10 Knissa 4
053-416-4514
Available from Tuesday

Prints 150 copies!

**For those who have (al pi Torah) filtered Internet access*, the Spring Hill Times can be downloaded from:
Chinuch.org
Parshasheets.com
torahlectures.org**

*this is not an advertisement to have Internet.

5

Weekly Thank You's

By: R' Simcha Elefant - Yerushalayim
Ir Hakodesh

Thank You Hashem for Broom/Sponge/Sponja Sticks! Imagine having to go on your hands and knees to clean the floor...

Thank You Hashem for Peelers! It makes it so safe and easy to peel fruits and vegetables.

Thank You Hashem for ink! Pens always have ink in them ready to write don't need to carry an ink can with us.

Thank You Hashem for Wallets! We can keep all our money and cards in an orderly fashion.

Thank You Hashem for Timers! We can conveniently set lights, a/c's, heaters etc. to go on and off at our convenience.

לזכות משה יהדה בן שושנה



Attention girls and boys:

Do you want an everlasting reward?
Here's a simple and easy way:

כיבוד אב אים

A simple mitzva which results in a delicious reward waiting for us in Olam Haba!

They care so much about us, and it means so much to them when we are there for them. It's so easy for us to help them. Here are a couple of examples of how we can help them.



Help clean up the playroom.



Take care of the baby.

Help with the shopping.



Pour them a cup of water.

When we help our parents it means so much to Hashem, and it makes Him so happy and proud of us!



THEN & NOW

Need to check something in Meseches Avoda Zarah?

1800's:

Need to run all around the shtetel to find someone who has that volume of shas.

Sometimes that answer would be, "Yes, I have that volume, but I lent it out to Zundel. After him there are three more people on line. Please come back in another few days..."

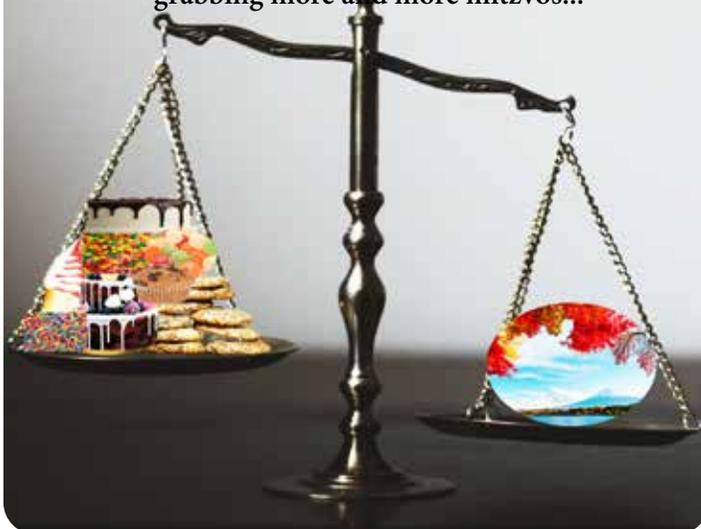
Today:

Just go into your dining room and you have a few sets of Shas! Your shul has so many different kinds of shasim! You can even find with nekudos if you need! You even have Talmid Yerushalmi available everywhere! All with beautiful clear pages!

Thank You Hashem! We love You Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



A BEAUTIFUL NEW HOTLINE JUST OPENED UP!

It's the 'Hashem Loves You Hotline' Call today! 267-833-0596

Are you a recipient of Hashem's goodness?
Did you see, experience or hear special Hashgacha Pratis?
Did you or anyone in your Beis Medrash experience hashgacha pratis while learning?

TELL US ABOUT IT!



TELL THE WHOLE WORLD ABOUT IT!



Call/text: 845-327-5041

**To Leave message 24/6 please call:
385-381-0977**

Email: the springhilltimes@gmail.com

לכות רפואה שלמה.
אסתר בת דודא וחי' מלכה בת בתשבע
לעלי נשמת
שדה בת ר' ישראל מיכל בת מרדכי שמריהו

Daughters of the King

Call 718.907.6888
Listen, Learn and
Win great prizes!

Remember to leave a message with
your name, address, and phone #
after the tone.

Mazel Tov!

Mazal Tov to Rabbi and Mrs. Avraham Dovid Strauss (Spring Valley, New York) upon the wedding of their daughter ETTY to Gedali Rowner son of Rabbi and Mrs. Aaron Rowner (Chicago, IL)!

Mazal Tov to R' Yechiel Weiss and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Yisroel Meir!

NIFLAOS HABOREI RIDDLE

By T. Bauman

With me they say,
"Beauty comes with age"
As i'm truly attractive
at my latest stage.
It's simply amazing-
The changes of how I get around-
For when I am young,
It's solely on the ground.

©

After a period of seclusion
and growth passes by,
If you see me travel,
You've seen me fly!

I know there must be answers
Fluttering through your head.
Make sure they fit with
all of the clues you have read.

Find the answer somewhere on this page

The Butterfly

**BE THE ONE TO INSPIRE TENS OF THOUSANDS OF YIDDEN!
BECOME PART OF THIS WONDERFUL NEWSPAPER!**

The Spring Hill Times is looking for volunteers to:

1. Write all about the wonderful benefits Hashem has put into food.
2. SET UP A 'KIDS SECTION'.
3. Send in pictures of gedolim from the past.
4. Send in pictures of Hashem's beautiful world.
5. Send in good news that's being reported (e.g. latest medical breakthrough. Latest discovery in science...)
6. Make illustrations for comics.
7. Type up messages.

Please call/text 845-327-5041
Email: thespringhilltimes@gmail.com

You can hear stories from the Spring Hill Times being read on the Cheishek HaTo-
rah Hotline.

845-720-4040 Ext 6

Updated every Motzai Shabbos!

Riddle Corner #19

*When Yaakov visited Pharaoh, Yaakov looked very old, "it must be Avrohom", Pha-
raoh was told. "What's your age", Pharaoh requested to know. "Many decades your
face does indeed show!" Who told Pharaoh that the visitor was Avrohom?*

Leave your answer on the Chaishek HaTorah Line 845-720-4040 x9 by Sunday 7PM
EST to be entered into a raffle for a Sefer. (The answer and winner will be an-
nounced on x14 #19)

The Spring Hill Times

Yitzchok I. Kaufman
56 Spring Hill Terrace
Chestnut Ridge, NY, 10977
845-327-5041

thespringhilltimes@gmail.com



HASHEM IS WONDERFUL!
LIFE IS WONDERFUL!
KLAL YISRAEL IS WONDERFUL!

Wondering if Hashem loves you? Look at this orange candy that He made for you!
Still not convinced? Just go to the grocery and buy one!

Building Our Confidence

By: R' Yosef Moshe Mizrachi

Confidence, courage, and self-esteem are vital ingredients for everyone to succeed in all areas of life, ruchniyus or gashmiyus. It's the fuel we need to motivate us to grow and accomplish with out which we get stifled and give up with out even trying to succeed.

How can one attain this? Rabbi Yehuda Mandel shlita says that based on his studies, the two mussar yeshivas, Novardok and Slabodka, each had different ways to work on self-esteem. One should incorporate whichever technique suits him best, perhaps even both!

The way that Slabodka addressed and built self-esteem was by putting an emphasis to find and focus on each person's unique talents. By playing down any deficiencies while extorting one's innate areas of greatness, a person would start to view himself in a better light, and overall, he would act in accordance, too. An illustration of this is that in Slabodka, they were known to call each other by the talents they had in order help bring them forth. For example, if Shimmy was great at davening, they would call him, "Shimmy the Baal Tefillah," and another bochur was called, "Yehuda the Baal Chesed," for his talents in that area. By constantly remind oneself about his positive qualities, with time it will penetrate into our consciousness and build up our self-image.

In Navordok they would work on their self-esteem by never becoming enamored and in awe of others. No matter what status, profession, position of power they were up against they never

allowed themselves to be to overly impressed and feel nullified in their presence. They worked on viewing people as powerless beings since Hashem is the only one who is truly in charge of ones life! If they felt pressure to impress someone, they would specifically do something to break the ice and show they are not concerned of pleasing this other person(aka a prat!)! For example, if they felt intimidated by someone, they would specifically make a brocha out loud in front of him and find a way to actually assert themselves in their presence! By recognizing that all humans need Hashem's help, automatically ones confidence around others will soar, for you never need to take a back seat to another human!

Surely we should incorporate both. Work on appreciating and maximizing our talents and also play down any intimidating humans.

This Navordok approach is super effective and in a short time can put someone on their feet! Two ideas to help oneself do actions that break the ice and overcome intimidation of others is: get a rebbe/ friend that you can report to when you succeed in doing something out of your comfort zone and will pump you up and encourage your great work. Another thing I thought of is, one can reward himself by putting one dollar in a jar every time he asserts himself when he feels intimidated. After a month, he can empty the jar and use the content to by himself something special!

Shabbat Shalom U'Mevorach!

L'ilui Nishmat Zecharia Ben Aharon, Sarah Bat Yaakov, Shmuel Ben Meir, and Sarah Rivka Bat Aharon Yehuda

Would you like to subscribe, give feedback, submit story or make a donation?

Call/Text: (845) 327-5041 | Email: thespringhilltimes@gmail.com

To leave message 24/6 call 385-381-0977

Checks can be made out to: Cong. Shaarei Bitachon (Please put in Memo: The Spring Hill Times)

Mail to: 122 Seventh St. Lakewood, NJ 08701