

# The Spring Hill Times

Spreading Hashem's goodness all around the world

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ISSUE 81

| PARSHAS VAYECHI - CHAZAK

| TEVES 5783



EXCITING CONTEST

פתאום יבא!

Pages 30-31

**Thank You Hashem for giving us yet another beautiful week!**

## MAN FROM QUEENS RETURNS FROM WORK

**Wednesday 27th of Kislev - A** middle-aged man from Queens, New York, a father of a beautiful family, returned home from his work in Manhattan. He made it back and forth safely!



The Queensboro Bridge

Hashem was right near him protecting him throughout the entire day! His wife and children were so glad to see him!

**How great is Your kindness, Hashem!**

## HASHEM SENDS FAMILY EGGS

The Sommer family from Denver, Colorado, needed eggs. They went to a local store but the store was out of eggs due to the egg shortage.

They tried ordering from Walmart but they too were out of eggs.

A few hours later, they received a Walmart delivery that was intended for someone else and it had eggs in it. The store doesn't pick up wrong deliveries and their Rav said they could keep it!

## HASHEM TAKES CARE OF LITTLE GIRL

It was in the middle of the night. Everyone was fast asleep when Sarah woke up.

She felt very uncomfortable. Suddenly, she started to throw up.

At that exact moment, her father walked in the front door. He heard her from

**Continued on page 3**

### READING POSITIVE NEWS WILL HELP YOU:

- Love Hashem more.
- Do more mitzvos.
- Be a happier person.
- Be a healthier person.
- Be a calmer person.
- Be a better parent.
- Be a better friend.
- Live longer!

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# The Spring Hill Times

**Newspaper Topic:**

Hashem

**Under the guidance of:**

Rabbi Zevy Golombeck

**Publisher / Editor:**

Yitzchok I. Kaufman

**Finance Director:**

Yoni Kohn

**Contributors:**

R' Zevy Golombeck

R' Yosef Moshe Mizrachi

R' Label Lam

R' Yaakov Lubin

R' Mattis Edelson

R' Nesanel Yoel Safran

R' Y. Friedman\*

R' Shalom Yedidya Klatzko

R' Nesanel Landesman

R' Sruli Yelen

T. Bauman

Yaakov Berliner\*

**Graphics:**

R. Berger

Rachelli N.

**Comics:**

N.L. Ross

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# WEEKLY NEWS ROUNDUP

Continued from upstairs!  
page 1 Hashem

made him come home just in time to comfort Sarah, clean her up and tuck her back in!

## JUST TURN TO HASHEM

A Yid was davening Shacharis together with his Rebbe. He wanted to speak to his Rebbe after Shachris. But before he knew it, his Rebbe already left.

It's very hard to get hold of him... So he davened to Hashem and asked Him to please help him be able to speak to his Rebbe.

A few minutes later, the Gabbai came over to him and told him, "The Rebbe is looking for you..."

He went into the Rebbe's room and the Rebbe said, "I'm sorry I meant to call your brother."

He replied, "It wasn't a mistake! I needed to speak to the Rebbe!!!"

B"H he was able to speak to his Rebbe! [Kav Hashgacha Pratis]

## MAN DAVENS TO HASHEM

A Yid was flying together with his son. They were not placed to sit together. They asked the airline

if they could sit together, and they said, "We can't do anything... because it's a full flight."

When they got onto the plane, the father told his son, come sit next to me and we will daven to Hashem that the person that's supposed to sit in the seat won't come.

That is what happened! The whole plane filled up, besides for that seat that was next to the boy's father and so they were able to sit near each other!

Then the father also davened that the person who was sitting on the other side of him, shouldn't watch any videos and should just sleep through the whole flight.

That is exactly what happened! The man slept through the entire flight!

We see the koach of davening!! [Kav Hashgacha Pratis]

## MAN IS MEVATER

The Flamms\* hired someone to do a service for them.

He didn't do the job properly so they didn't pay him.

One day, Mr. Flamm de-

cidated that it would be the right thing to pay him. So he went ahead and paid the man.

Mr. Flamm had an apartment that was on the market for many months but no one was interested in it. He just couldn't find a tenant.

Immediately after paying the man, Mr. Flamm received a call from his broker, "I just found someone who wants to rent your apartment!"

He was mevater and got back double and triple!!!

## HASHEM LOVES OUR AMEINS!

An 8-year-old boy from Lakewood, New Jersey, accepted upon himself to (bli neder) say brachos out loud so that others could answer amein.

One day, he poured himself a cup of water and as he was about to say the bracha, it spilled out.

As he refilled his cup, he realized that had the water not spilled, he would have made the bracha with no one around to answer amein!

Hashem made his water spill and that reminded

# WEEKLY NEWS ROUNDUP

him to go to his mother to say the bracha so that she could answer amen!

## **WE NEVER LOSE BY DOING THE RIGHT THING**

A Yid went to the Shtiblech to daven Maariv. The Minyan started already, they

were holding by Krias Shema. He wanted to just join, because it was Thursday night and he didn't have time.

But then he decided that it was the right thing to wait for the next Minyan. So he waited seven minutes for

the next Minyan to start.

By that Minyan, there was a Yid who he was looking to meet for a long time! He had something very important to discuss with him! It was Hashgacha Pratis that he met him then and was able to talk

## **HASHGACHA PRATIS IN THE BEIS MEDRASH**

### **STORY FROM THE BAIS MEDRASH**

A Yid was learning in Beis Medrash. He was writing chidushei Torah. All of a sudden, his pen fell down, and the point broke.

So he went to the gemach that the shul has where one can borrow pens. He found a similar pen, but the ink was almost finished. He took it and started writing until the ink ran out.

Hashem then gave The Yid a great idea! He took the point of that pen and put it on to his old pen, and it worked perfectly. [Kav Hashgacha Pratis]

### **HASHEM HELPS YUNGERMAN UNDERSTAND SUGYA**

There was a yungerman that went to a new kollel and they

were learning a new sugya. He wasn't familiar with it. It was very hard for him to understand what was going on. It was also very hard for him to watch everyone talking in learning because he didn't understand anything that was going on. It was already a few days and finally he burst out crying. He cried to Hashem to please help him understand the sugya.

Right after that, everything suddenly became clear and he started understanding the whole sugya!!! [Kav Hashgacha Pratis]

### **MISTAKES ARE HASHGACHA PRATIS!**

There's a Yid who is a gabbai in a shul in Yerushalayim for many years.

On Thursday night Chanukah, he prepared all the Sifrei Torah for Shabbos. They

needed need three Sifrei Torah: For Mikeitz, Chanuka and Rosh Chodesh.

Friday morning, the Baal Koreh took out the Sefer Torah for Chanukah. It was the fifth day of Chanukah and by mistake he started reading from the 6th day of Chanukah!

Everyone began correcting him.

He then noticed that in the kria of the 6th day, there were two mistakes that made the Sefer Torah posul!

It was hashgacha pratis that he read the wrong one, and they were able to find a sofer to fix it in time. The Gabbai mentioned that this Bal Koreh is a perfectionist. He never made any mistake in the last ten years!! [Kav Hashgacha Pratis]

# WEEKLY NEWS ROUNDUP

to him and take care of the issue! [Kav Hashgacha Pratis]

## MIDAH KENEGED MIDAH

A Yid said that his son lost his tefillin. They looked all over and couldn't find it...

Shortly after, Motzei Rosh Hashana, they saw there were a lot of machzorim left behind in the Shul that they daven in.

They decided they would do Hashavas Aveida. They took home all 36 machzorim and started going through each machzor, and calling up all the people trying to find out the owners.

When they finished making the last call, they got a phone call from someone that found their tefillin!!! [Kav Hashgacha Pratis]

## HASHEM HELPS MAN LIGHT THE MENORA

Last year Chanukah, R' Eliezer Kugel z"l the Rosh Yeshiva of Shvus Ami in Yerushalayim, who was 95 years old was with his son alone in the house. It was very windy and cold outside.

R' Eliezer was always makpid to light outside by the door to the courtyard.

His son was concerned, because his father was old and not feeling well.

He didn't know what to do. His father wouldn't hear of lighting inside.

Suddenly, there was a knock on the door. Two Yidden were standing there. They said: We live in Tifrach and realized that we would not make it home in time for candle lighting. So we called our wives and told them we won't be home and that they should light. Once we were here in Yerushalayim, we decided to come watch R' Eliezer Kugel light."

The son thanked them for coming and asked them if they could help him bring his father outside. They surrounded him with heavy blankets and protected him from the wind. He was able to fulfill his wish of lighting the menorah outside!!! (Kav Hashgacha Pratis)

### Correction from Rabbi Golombeck:

One of our beloved writers wrote last week:  
*"It's not far-fetched to say that the Spring Hill Times will be going strong when Moshiach comes..."*

"I have bitachon that the Spring Hill Times will BE **H *for sure*** be there after Moshiach comes! It will have each week\* 1,000 pages\*\* and will be read by everyone!"

Editor's correction:

\*Each day!

\*\*10,000 pages!

## MAN IS READY ON TIME FOR SHABBOS

A Yid in Eretz Yisrael had a very hard time getting ready on time for Shabbos, especially during the short winter days.



He decided he's going to daven to Hashem each week starting from Wednesday, that he should be ready on time.

From then on, every week he is on time for Shabbos!!! Sometimes he is even ready an hour or two early!

And when he forgets to Daven, Shabbos is last minute! [Kav Hashgacha Pratis]

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

## MAN GIVES COMPLIMENT

*I learned from my Rebbi, R' Mandel, how important it is to give compliments and say nice things to others.*

*I was at a minyan, and after the chazzan finished, I had a bunch of reasons why I didn't want to go over to him and compliment him and thank him.*

*Then I said to myself, "The only reason why I don't want to go over to him is because of personal negios. Our job in this world is to break our nature!"*

*I went over to him thanked him. I told him how amazing his davening was!*

## COUPLE IS MEVATER

A couple from Eretz Yisroel pays their landlord rent for a couple of months in advance.

One month, the landlord said that he did not receive the money.

The couple knew that they had paid \$4000 in advance. But since they follow 'A Life with Bitachon', they knew that Hashem doesn't like Machlokes. They knew that if they give the money, Hashem will pay them back.

So they did not make an issue about it, and they paid

the money again.

The next day, one of their relatives called and said that they had a lot of Ma'aser money that they are looking to give to someone in need.

The relative then gave them exactly \$4000!!

They got back all the money within 24 hours!

## AN UNBELIEVABLE STORY!

Mrs. Friedman\* went to the doctor. He said that she has very high blood pressure.

She told the doctor that she thinks its coming from anxiety. So the doctor said that she should relax in a chair, and they will redo the test again when she is feeling calm.

She sat down in the chair and called the Yesod section on 'A Life with Bitachon' which always makes her calm.

She almost fainted when she heard Rabbi Golombeck saying: "Why do people have anxiety when they go to doctors? What causes their blood pressure to go up?"

Because they think that high blood pressure is scary, and that it means something. But if you realize there is nothing to nature and that it's just an illusion, then it won't make

you nervous."

After she heard this, she was totally calm. She took the test again and the results were normal!

## FAX MACHINE WORKS

Baruch\* follows "A Life of Bitachon" and implements it into his daily life. However, his father never really tapped into the wonders of Bitachon.

One day, they had to fax something to someone, and the machine was not working. Baruch's father said, "We need to get a technician to come done as soon as possible to fix the machine."

Baruch said, "What do you mean? Hakol Yachol! Hashem can fix the fax machine."

His father was not pleased and said, "Listen, I'm a lot older than you and I know that when your fax machine is broken, you go and repair it."

Chaim started singing Hakol Yachul and trusting in Hashem. Then he said, "Okay Totty, now we can try again."

His father tried again, and the fax machine worked!!

## HASHEM GIVES YESHIVA BOCHUR DELICIOUS MEAL

There was a bachur who was

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

in middle of learning during night-seder. He hadn't eaten supper and was getting hungrier by the minute.

His Yetzer Hara started talking to him and the bochur started thinking about leaving early to get supper.

Suddenly, he noticed a 'Spring Hill Times' on the table. He saw a picture of a delicious looking cake. The message in the caption under the picture was that this yummy scrumptious cake doesn't compare to what we will get in Olam Habba!

The bachur took that as a wakeup call and realized that if he continued learning, he

would get much more schar in Olam Haba!

So he continued to learn until the night seder.

After seder, he went upstairs to his room.

When he got to his room, a different bochur told him that he has a schnitzel sandwich that he just got from a restaurant, and didn't want it.

The bachur got his supper, free and with the best delivery service he could have ever asked for! Thanks to Hashem's 'Spring Hill Times'!

**WOMAN STRENGTHENS  
HER BITACHON**

The Baums\* were having trouble financially with paying their bills. As a zchus, Mrs. Baum was mekabel on herself to start listening to 'A Life with Bitachon'.

The week that she started listening, she opened her mailbox and there was an unexpected check. She had no idea where it came from! Surely, Hashem was proud of her decision!

**HASHEM SENDS FAMILY  
\$30,000**

The Sandlers live in Canada.

Mr. Sandler earns money on the computer. They use the money he makes each day to support their family.



CITY OF LONDON

**SOLD**

**The Stamford Hill Printer has been sponsored by one of our readers  
as an expression of thanks to Hashem for giving him and his wife a**

**healthy new baby boy!!!**

**MAZAL TOV!!!**

# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

One day, he came to work, and the computers were down. He was not able to work and make money that day. He started getting worried how he would pay his bills...

Then he stopped and said, "Who pays my bills? It's not the company, rather it's Hashem! He has many other ways to support our family."

That day, they got a letter that they were approved for American citizenship.

Along with the approval letter, was a check for \$30,000!

## A MIRACLE

A girl had a tooth that was hurting. She went to the dentist. They said that she has a root canal and that a lot of work needed to be done.

After she left the dentist, she was really working on her Emunah and Bitachon. She kept repeating that there is no one besides Hashem and that He could do anything.

The next time she went to the dentist, he said that the root canal was not there anymore! The hole had miraculously been filled in on its own!

## HASHEM GIVES FAMILY NICE LARGE HOUSE

There's a speaker in Eretz

Yisroel by the name of R' Yitzchok Rakoff. He teaches and gives over words of Emunah and Bitachon. He encourages his talmidim to learn bitachon from a sefer.

One Yid took his words seriously and was mekabel on himself to learn Chovos Halevavos every night after Maariv.

One night, he came home, and his wife said, "We live in a very small apartment. The family is B"H growing, we must figure something out. We can't go on like this."

He told her not to worry and that Hashem would help.

The next day, he got a phone call from his father in America. His father was getting old. He asked his son to sell his house in America for him and then take the money and buy for himself a nice house in Eretz Yisroel! His father just requested that they build for him a small room in the back of the house where he could live next to his son. That is exactly what the Yid did! He sold his father's house in America and bought a nice house for his family for free and his father came to live with them!

## A LIFE OF BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

Eretz Yisroel .....079-704-0068  
Lakewood.....732-719-3898  
Monsey .....845-470-5577  
Five Boroughs .....929-470-5577  
England .....03-303-502-368  
Australia ..... (3) 99-997-300  
Canada .....647-498-7700



# BEAUTIFUL QUOTES

*"There is nothing like you. Even angels cannot compare to you"*

**Rav Avigdor Miller Speaks Vol 1, Page 219**

*"Hashem has an album. Realize that you are being photographed, because you are, every moment... Some-time during the day, pose for a little while... Have a pleasant face... "*

**Ibid. Page 232**

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*"The boy looked at his rebbi in wonder and asked, "What is the mazal tov, Rebbi?" The mashgiach replied, "You are alive! You are alive! That is the greatest mazal tov!"*

**Open Your Eyes - Page 75**

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*"We must remember that*

*Hashem is taking good care of us, and everything is perfectly*

*good—even the parts that we don't understand!"*

**"Zichru Toras Moshe - Parshas Vayigash**

*"Even if you're sitting home doing nothing - you need to realize that the very existence of every individual brings warmth and light to the entire world! But ideally, you should be a giver (like Rav Chaim M'Volozhin says).*

*Going into an out-of-town כולל makes you a giver and it's known that those yungerleit are the happiest."*

**Rav Yehuda Mandel - Bitachon Weekly, Parshas Vayigash**

*"So if you want to grow, try to spend time basking in the שמחה of your past successes in תורה and תפלה and חסד and שבירת המדות . You may end up moving quicker than anyone!"*

**Ibid.**

*"Hakadosh Baruch Hu if this is what You want me to go through, then I'm so happy!"*

**Rabbi Zevy Golombeck - A Life with Bitachon, Yesod 1438**

*"Don't get fooled by your eyes and think you are doing something. You are doing absolutely nothing!"*

**Ibid Yesod 1439.**

*"Some were shocked when the door to the Bais Midrash opened one day and in walked Reb Moshe together with a high school student, the bochur's arm around Reb Moshe's shoulder "*

**Reb Moshe, Page 426**

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### **WOMAN FINDS JOB**

A woman was having a hard time with her job and wanted to leave it.

But she couldn't leave without having a new job. So she said, "Hashem if you send me a new job this week, I will bli neder write the chesed to the Spring Hill Times!"

She was mischazek in bitachon, but she had to fight a big battle against despair.

Hashem arranged a chain of events and within two weeks, b'chasdai Hashem, the woman signed a contract for a new job!

Currently, she is being mischazek in bitachon that she should see success in the new job.

A Reader - Somewhere in The Frum World

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### **MIDAH KNEGED MIDAH**

When my daughter started school, I told them that I would send in a nice donation.

Life got hectic and expensive and I didn't get a chance to send it in.

Last week, I said, "That's it. I am calling the school and telling them to charge my credit card on a specific day."

Eight minutes later (confirmed by checking my caller ID!!) I got a call from a company, that I was trying to get an appointment with

for 5 months, that what I needed from them was now available, and that they were ready to come as early as the next week.

What was the first day they offered to come? The same day I told the school to charge my credit card!!

Anonymous, Lakewood, N.J.

\*\*\*

### **HASHGACHA PRATIS**

My in-laws were making an event.

A few days before it was to take place, without even knowing, a friend of their's knocked on the door holding a few platters of cake. She was coming from a family simcha and had extra!

She didn't even know my in-laws were making an event!!

-Yungerman, Lakewood NJ

\*\*\*

### **THE POWER OF KEEPING QUIET**

Someone related to me that he was once humiliated. He did not respond to the humiliation.

He remembered hearing that if one is embarrassed and does not respond, he has the power of brocho. He also remembered hearing from his wife that a certain couple were married ten years, and not blessed with children. So he immediately prayed to Hashem to please grant this couple a child.

Nine months later they were blessed with a child!

Harav Eli Yelen - Detroit MI

\*\*\*

### **IT'S A DIFFERENT LIFE WITH BITACHON**

A few weeks ago, Miami Beach hosted an "Art Show". Thousands of people came to see the various exhibits. Driving became impossible especially during the regular rush hours of 4-7 PM. The police department tried to help direct traffic and make the delays more reasonable. However, Miami Beach was not designed for this amount of traffic. Many residents got extremely stressed as it was difficult to leave their homes and run errands during this time.

B'H, when I recognized Hashem had it all planned out and I should trust in Him, I was successful in delivering my carpool to their homes with ease. When you trust that Hashem will see you through, He does! There were days when I made it to my home at the same time as usual. As if there was no "Art Show".

Thank you to the Spring Hill Times for reminding me that Hashem is the One in charge!

A Reader

\*\*\*

### **EVERYTHING THAT HAPPENS IS GOOD!**

I had PTA and I fell asleep during the hours and missed it. The Next day I had high fever and I was diagnosed

with Covid. B"H I missed PTA and didn't expose all the parents to Covid!

A Reader - Brooklyn, NY

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### **YOUNG GIRL GETS BETTER**

My daughter had 105 fever. I gave her some Motrin but it only went down slightly.

I was very nervous, so I picked up a Spring Hill Times to read and immediately afterwards, my daughter sweated out the entire fever and was back to normal!

A Reader - Lakewood, N.J.

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### **HASHEM HELPS YUNGERMAN**

Rosh Chodesh Kislev, I was davening Shachris at the Satmar Shul on Forest St. in Lakewood. I happened to take a seat towards the front of the shul. In middle of the Heilige Hallel (led by the Satmar Dayan) I remembered that this would be my first opportunity to do the Segulah of opening the Aron to take out the Sefer Torah.

However, I wasn't brave enough to find the gabbai to ask him for the mitzva..

Just then, I hear someone on my side snapping his fingers. I turn to see the gabbai pointing at me so that I should do pesicha. Chasdei Hashem, three weeks later,

we had a healthy baby boy!

\*\*\*

### **HASHEM HELPS GIRL WITH FINAL**

I was studying for a Navi final for the next day. It was already late at night and I had a lot to do. It was stressing me out. So I decided to have bitachon and went to sleep.

The next day, the teacher announced that she forget to staple on the Shailos section!

A Reader

\*\*\*

### **TWO BEAUTIFUL STORIES**

1. I wasn't feeling well and needed to do some errands. I really wanted a hot soup for lunch and asked Hashem to help me. I went to the supermarket and looked but only saw sandwiches and pasta.

So I took the pasta instead. While I continued shopping I saw a sign reading: "Free soup with pasta or sandwich from a certain company." Low and behold that was the one in my cart!!

So I got my soup and enjoyed it, feeling Hashem's love for me with every spoonfull!!

2. After lighting candles Leil Shabbos, I like to sit and daven for a few minutes. My 3 year old son kept crying for an egg. I called him over and said "Mommy is davening for a few minutes why don't you sit on my lap and

daven with me?"

He sat down and said "Hashem I want an egg!"

It struck me like a lighting bolt !! His Emunah was so pure yet so simple if only I could learn to talk to Hashem like a small child without any pretenses!!

A Reader

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### **HASHEM HELPS BOY FIND PLAYMATE**

My family is Chassidish and we live in Boro Park. One Shabbos, we went to Bensonhurst, to spend Shabbos with a family friend.

I wanted my son to have company, so I took him to a cousin, but they were not home.

On the way back, I saw a lady walking with two kids. I recognized one of the boys and realized that I saw him by my son's orientation two years ago!

It turned out that this boy's mother had a baby, and he was staying by someone in Bensonhurst.

Hashem made us walk by the same second that we would be able to meet, and the boys could play together!

A Reader - Boro Park





Let us continue the thought of not biting our tongues. The time that is the most prone to

biting our tongues, is when we eat. That is when we are constantly opening and closing our teeth firmly. You would expect that during the time that we eat, our tongues would be stationary, keeping out of trouble. Yet, if you pay attention to your tongue when you eat, you would realize that your tongue is very active, going up and down and all around. This is important, because during eating the tongue is particularly needed. The tongue has to mix the food, position it between the teeth and prepare it for swallowing. Also the tongue tastes and enjoys the food,

while it is being chewed. And yet, even though the tongue is so active when we eat, it is quite rare that we bite our tongues. The tongue knows its boundaries, it knows not to go even a centimeter over, in between the teeth, which is going into danger zone.

Our tongues and our mouths are from the most exposed places of the internal parts of our bodies. It is a place that is internal, it is the inside of our body, like the stomach, the heart and the lungs; but it is exposed, it is open. The mouth is also a very active place; we are constantly eating, chewing, talking and exposing it to other people. This makes it particularly vulnerable to all types of germs, bacteria and small injuries. For example, canker sores, and other various small infections, besides for the occasional biting of the tongue that we mentioned earlier. Therefore

Hashem in His kindness created, that the mouth heals itself quicker than the rest of the body. That means that even though in the whole human body Hashem created a self healing process, that whenever there are any injuries or damage, the body heals itself over time. But the mouth is unique, it has a special advantage that it has a speed healing, it heals any injuries and infections much quicker than usual, therefore any damage that happens in the mouth will not be around for long.

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# The



# Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

**Q. I am a secretary in 'Refuah Medical Center'. My job is to take calls from patients, listen to their medical conditions and then direct them to appropriate care.**

**Day-in and day-out I listen to reports of illness and suffering, and my heart goes out when hearing how so many people are suffering. How can I deal with this in a healthy way?**

A. You must realize that for every person who tells you about a medical condition he has, there are ten thousand people who don't have that illness!

In fact, says Harav Avigdor Miller Zatzal, when Hashem makes an individual sick, in addition to Hashem's specific reasons for making him unwell, one of the chief purposes is to remind all of the healthy people not to take their good health for granted!

When a person hears about someone who is sick, certainly his first reaction must be to feel their pain and to daven for their full recovery. However, subsequently, he is expected to focus on how fortunate he is that he is spared from that form of ill-

ness!

He must be full of gratitude to Hashem Yisborach for keeping him healthy, and for the joy that comes along with good health. He should realize further, it's not only him who Hashem made healthy. Hashem made a world full of people, the vast majority of whom are enjoying a life of good health!

If you want your joy to be complete, and you don't want that person to suffer either, turn to Hashem and say, "In the z'chus that this person's sickness caused me to feel how much You love me and are caring for me, please give him a refuah shleima and restore him to perfect health as well."

**Q. Until now, I ran a very successful business, and I was able to bring in a comfortable parnasah for my family. I was even able to support my sons-in-law who are all sitting and learning, Baruch Hashem.**

**Over the last few months, though, my business collapsed, and now I'm broke. I don't know how I will be able to support my own family – let alone to support my sons-in-law.**

**I know that my family and**

**my sons-in-law are all relying on me for their basic needs, but I don't have the means to support them. It's so embarrassing, and I don't know how to deal with this situation. What is the emunah and bitachon perspective about this?**

A. The reason you are concerned is because you think that you were the one supporting your family and sons-in-law. Therefore, now that you don't know how you will support them anymore, you're worried, "How are they going to manage without me?" This is also very embarrassing, "How can I tell them such news? How can I leave my sons-in-law stranded?"

However, you must understand that in reality, even until now, it was not you who was supporting your family and sons-in-law! It was Hakadosh Baruch Hu who was supporting them, and you were nothing but His shaliach in doing so.

When you realize that the welfare of your family and sons-in-law has nothing to do with you, you will realize that you have nothing to be ashamed of! Embarrassment is only warranted when you do something



# The

# Bitachon Perspective

Continued

wrong.

If you do an aveira, you should be ashamed over what you did. However, in your scenario, did you do anything wrong? Until now, Hashem knew that it was good for you to have extra money and to have the means to support your sons-in-law. Now Hashem decided that it's best for you not to have extra money.

However, as far as their welfare is concerned, nothing changed! Up until now, it was Hashem who was taking care of them, and in the future it's the same Hashem who is taking care of them.

All Hashem wants from you is to do whatever you can to provide for your family and sons-in-law. The same way you've been trying up until now, you can continue now as well to try to help them according to your means. However, regarding the results – that is strictly Hashem's department, and has nothing to do with you.

Therefore, take yourself out of the picture, and put Hakadosh Baruch Hu there instead. Say, "Hashem, I know that just as You took care my family and sons-in-law until now, out of Your

love and kindness, You will forever take care of them." And when you do that, Hashem will say, "You realize that I am the one taking care of you, and it was not you; now I will show you openly with chessed and rachamim."

## Sick Days

**Q. I am a mother to a large family of young children, Bli Ayin Harah. It often happens that one of my children isn't feeling well, and I have to take off work and stay home with them, because I don't have another arrangement for them.**

**Whenever this happens, I call my boss and tell him that unfortunately I won't be able to make it to work because one of my children is sick. However, my boss doesn't like hearing that. He tells me, "Again?! You have to take off again?!" It's so embarrassing each time this happens.**

**Now one of my children is sick again, and I'm so embarrassed to call my boss. How can I overcome these feelings of embarrassment?**

A. The reason you feel un-

comfortable taking off work is because in your mind you are working for a 'Fisher-Price' boss.

Since you are working for another human being, even if you must take off work, he's still going to be annoyed. Your boss is not thinking about you. He's thinking about himself and about what's best for his company. Therefore, if you have to take off, he is not going to be happy.

However, you must understand: Why do we go to work? Because Hashem wants us to do hishtadlus to make money to support our families. It comes out that you're actually working for Hakadosh Baruch Hu! Hashem is your true boss, and he is the one who we have to please.

What does the Grand Boss, Hashem, expect of you? Certainly, he expects you to do your hishtadlus in trying to come up with an arrangement which will allow you to go to work. However, if after your best efforts you still can't find another arrangement, you should know that is this what 'The Boss' wants from you.

Who made your child sick? The same boss that hired

# The



# Bitachon Perspective

Continued

you! The one who hired you is telling you to stay home and take care of your sick child.

As far as your human boss, show him that you are a responsible person and that you are dedicated to your job. Express how much you don't want to miss work, and that you are open to any ideas. Perhaps together you can think of an idea how to make things work.

However, if you can't find another arrangement, you can stay home with a light heart. You can be confident that your true boss, Hakadosh Baruch Hu, is beaming with nachas that you are doing your best to support your family and take care of your children to the best of your abilities.

## Meaningful Illness

**Q. I have the flu and I desperately need to take antibiotics. However, there currently is a shortage of antibiotics, and there is no pharmacy that has it. I feel stuck, I'm sick and I am unable to take the medication I need. What is the emunah and bitachon perspective about this?**

A. The Gemara says that in the times of old there existed a 'Sefer Re'fuos' – a book that had written in it the cure for every sickness. Chizkiyahu Hamelech came along and hid that book, and the sages praised him for doing so. Why did Chizkiyahu hide that book? Isn't it valuable to know how to cure sicknesses?

Rashi explains that Chizkiyahu Hamelech saw that when people fell ill, instead of becoming humbled and trusting in Hashem to heal them, they simply took the medicine written in the book, and the sickness did not serve its purpose.

Now that the 'Book of Cures' was no longer available, when people became ill, instead of running to check the book, they started running to the true doctor! They started building a connection with Hashem and trusting in Him to heal them.

We learn from here that the reason Hashem makes people fall ill is not in order for them to take antibiotics! Hashem makes people ill in order to help them grow and gain a closer connection to Him.

If there is medication avail-

able, Hashem wants a person's bitachon to be accompanied by doing the appropriate hishtadlus to take care of himself.

However, when medicine is not available, the only thing Hashem expects from a person is to direct his attention to his loving and caring Father, Hakadosh Baruch Hu. Hashem wants him to think: Who is the One who gave me the sickness? What is the purpose of the sickness? And who is the One who can heal me?

Hashem is the one who made you sick – not in order for you to pop a pill, but for the purpose of bringing Hashem into your life. And Hashem wants you to trust that the restoration of your good health is in the hands of the 'Healer of all flesh'.

By using your sickness to grow in your relationship with Hashem, you will have made your illness purposeful and accomplishing. When you do this, you will see that this will bring you more bracha than any antibiotics can bring.

To receive the full Bitachon Perspective, please contact [klatzkoshalom@gmail.com](mailto:klatzkoshalom@gmail.com)

# Chizuk Corner

*The unbelievable power of a good word*

*By R' Y. Friedman*

Please don't read during  
davening

## **Chizuk from Yosef Hatzadik**

**Introduction:** In the past few Parshiyos we learned much about Yosef Hatzadik. I would like to revisit some episodes of Yosef so that we can learn from his amazing acts and to study his approach to his challenges that he encountered throughout his personal Galus. I believe there is much Chizuk that can be used in our personal lives to stand up to the challenges in our galus as well.

The Torah starts off by telling us that he would be mekarev the children of Bilah and Zilpah. It seemed from Yosef's point of view, that the children of the maidservants were not getting their proper respect. Therefore, Yosef made it his business to be mechazek them.

The Torah relates that Yosef would tell his father about any misconduct that he saw by his brothers. Obviously, if you look at this with a negative eye, you would say that Yosef was out to get his brothers. However, as we will see it was just the opposite. It was because Yosef loved his brothers so much, he went to his father so his father could be mechazek the brothers to stand up to their challenges.

Afterwards, the Torah relates that Yosef told his dreams to them. This seems a bit strange. Why did he tell it to them? What was he trying to invoke? The Ohr Hachaim clarifies this. He says that Yosef was trying to show his brothers how much he loves them. One is supposed to tell his dreams only to someone that is beloved to them.

A while after that, Yaakov sends him to search for his brothers to see how they are doing. Some commentaries are baffled, what was the point of this mission? Some say that since the brothers went to Shechem and Shechem was a dangerous place for them,

therefore he sent Yosef to check up on them.

Yosef comes for their good to check up on them and what happens to him? They stripped him from his special clothes and they threw him into a pit.

I once heard a fascinating thought on this. Let me be



makdim a story to properly appreciate the greatness of Yosef.

There was a tremendous Tzaddik, a zealot for Hashem whose name was Rav Amram Blau. It was during the earlier years of the Zionist movement and there were lots of problems with the government. Rav Amram would make demonstrations with Mesiras nefesh to stop the Chilul Hashem. His children followed in his footsteps as well.

I heard this story from someone that was there. At one demonstration, his children, who were middle aged, were demonstrating and the police stormed over and reigned blows upon them. This person (who is telling the story) noticed that as the police were beating them, they didn't fight back. He asked them why didn't they fight back? "You have the right to defend yourself." They responded, "the police are nebach a tinokos shenishbau. They don't really know that we are their brother. However, we realize this and we won't raise our hand to hurt our brother." What a powerful insight.

Similarly, it would seem from the basic words of the Torah that Yosef did not resist. The only thing that we do know from later on is that he pleaded with them, but he didn't hurt them. We know from the Midrashim that Yosef was very strong.

However, he knew that these were his brothers and he would not want to hurt his brothers Chas V'shalam.

This fits very well with the Ohr Hachaim Hakadosh on the Passuk, "ani Yosef achichem asher mechartem osi Mitzrayima". Yosef is telling them that even when you were selling me as a slave I still loved you like a brother. I didn't want to hurt you because I still loved you.

How is that possible? It sounds so extreme.

The answer is that he knew and understood that everything in his life is orchestrated from Hashem, as Dovid Hamelech said when he was cursed from Shimi "Elokim Amar kaeil".

Furthermore, when the circumstance is very strange you can see Hashem in the picture even more. It's very unusual for brothers to sell their own brother.

We can learn from Yosef and these great people that we should avoid afflicting pain on any Yid, because they are our brothers.

Even if we feel that they gave us pain. That's their problem. Our job is to make sure that we don't cause another Yid any pain, rather we should judge them favorably by putting loads of positivity into our life. We also understand that all this is coming from our loving father Hashem, and this will help us abolish sinas chinam.

However, there is an interesting question one may ask. Why



# Chizuk Corner

By: R' Y. Friedman

Continued

Please don't read during  
davening

was Yosef telling them this? Was he trying to brag to them that I am not like you ch"v?

I believe that Yosef was trying to soothe them and give them tremendous chizuk, as we see in this week's Parsha. We see that the brothers were nervous that Yosef still bore a grudge and that one day he would take revenge.

Therefore, as soon as Yosef revealed himself, he immediately clarified that this is not so. He explained to them that even during those moments when they sold him, he felt no grudge, only love. Now many years later and he has become the king, they saw that everything was planned by Hashem. Obviously there wasn't a shred of hatred in his heart.

We can learn from this that sometimes we may have some type of friction and we know with certainty that the other party is guilty, not only could we forgive them as we mentioned, but we could give them chizuk and make them feel that they really didn't mean it. We will tell them that everything is from Hashem and this was meant to happen. This will put them to ease, and will bring Shalom to our midst.

The Tzaddik Rav Kalman Krohn zt"l, personified this trait of giving chizuk. I still remember when he would call me for his annual campaign to raise money for almanos and Yesomim and poor people. I remember the warmth, the love and chizuk in his voice. When I told him one year that I was very tight, he bombarded me with Brachos for Parnassa. His chizuk came from his tremendous Ahavas Yisroel that he possessed.

There is a famous story, that Reb Kalman once gave someone that was going to Eretz Yis-

roel a lot of money to deliver for all the Yesomim and Almanos. Reb Kalman called the party that was supposed to receive the money and he found out that they never got the money. The shaliach had misplaced the money and it was lost.

Reb Kalman unfazed waited for this person to return. When this man returned, not only did he not have any complaints, he took out a beautiful cake and on the cake it said "hineni nosein lecha es brisi Shalom." To tell him: "I have no complaints against you as everything is up to Hashem."

One final point. When Yosef was thrown into the dungeon after the incident with the wife of Potifar, the Passuk seems to say redundantly, "vayehee sham biveis hasoar."

Rav Meilich Biederman Shlit"a brings down a fascinating concept. What these words indicate is that Yosef was in jail willingly, with all his heart and soul, because he believed that this was Hashem's will.

I would like to add to this, that Yosef made the best of the situation and he tried making life easier for the people around him. Instead of sitting in his corner, he went around giving chizuk. We see that he went to the king's butler and baker to cheer them up, and ultimately this was the way he got out. If he wouldn't have asked them why they were down that day, he wouldn't have known about their dreams. However, although he settled down in jail he didn't become one of them chalila. Rather he stood proudly by his identity

We find by Yaakov the concept that when a Tzaddik leaves a city it makes a roshem. One reason we can say is because a Tzaddik, wherever he is, tries to make a difference in

people's lives. How? One way is by giving chizuk to the people and smiling at them, making them feel like a million dollars. We can just imagine how the prisoners felt after Yosef left the jail. Their light was extinguished.

A few years ago, on Zos Chanuka we celebrated the release of R' Shalom Mordechai Rubashkin. Obviously, to get a small appreciation for his situation one needs to read the book. We can see clearly that he went in the footsteps of Yosef Hatzadik. He accepted Hashem's will with love and he settled in. The way he was so friendly to everyone and how he really affected everyone there in such a positive way, is mind boggling. At the same time, we see how he kept his Jewish identity and didn't give in to anything.

Yes, we can make a difference in people's lives. Starting with our family and spilling our positive energy and chizuk into our friends, shuls, neighbors and our neighborhood. Wherever we go, even to a different country, we can make the best of this Galus which is in a certain sense a jail.

Just like Yosef gave so much chizuk and made the best of his stay, yet didn't blend in to his surroundings rather he stood proudly by his identity and he was released very quickly and became the king. We can also exit this Galus in the Zechus of giving chizuk to everyone we encounter but at the same time being proud of our identity. May it be the will of Hashem to exit this Galus very quickly Amein.

# GROWING FROM OUR GEDOLIM #9

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS      CHESSED      EMUNAH      AHAVAS YISROEL  
AHAVAS HATORAH      MITZVOS      TEFILAH      TZEDAKAH

## The Professor's Tefillin

Reb Chatzkel Abramsky (1886 – 1976), the Rosh Av Beis Din of London, was once approached by an irreligious professor. The professor told him that he is interested in starting to put on Tefillin, but he wanted Reb Chatzkel to first teach him all about Tefillin, and why it is so important for a Jew. Reb Chatzkel told him that he would be glad to teach him everything there is to know about Tefillin, but on one condition, that he would first commit to putting them on every day for a complete month, and only then would he teach him about Tefillin. The professor agreed, and Reb Chatzkel taught him how to put them on, and to have in mind that he's wearing them to fulfill Hashem's commandment. When he saw that the professor knew how to put on the Tefillin, he gave him a pair to wear for the month. After 2 weeks, the professor knocked on Reb Chatzkel's door. The professor said, "I would like to buy these Tefillin from you! I enjoy the Mitzvah so much that I am not willing to give them back!" And then he added, "You don't have to explain anything to me about Tefillin, I understand already."



Reb Chatzkel Abramsky

*The following story illustrates how careful a gadol was in regards to staying away from even accidental aveiros, and how sensitive he was towards another Yid's feelings.*

## Reb Ovadia's Tears

Every morning, Tzvi Chakak, the assistant of Rav Ovadia Yosef zatzal, would give him his Tefillin to put on, and in his later years, he would help him put them on. Rav Ovadia's custom was to make a beracha on Tefillin according to Rashi's shita before shacharis, and he would put on Rabbeinu Tam Tefillin after chazaras hashatz without a beracha. One morning after shacharis, Tzvi Chakak realized that he had mistakenly switched the pairs of Tefillin, and instead of giving him the Rashi Tefillin to make the beracha on, he had given him the Rabbeinu Tam Tefillin. Tzvi felt terrible, but he felt that he had no choice but to admit his mistake to Rav Ovadia. He told Rav Ovadia what had happened, and he waited nervously for Rav Ovadia's reaction. Rav Ovadia was quick to reassure him, saying "It's not a big deal." Rav Ovadia told him that there is one opinion in the poskim that according to kabbalah one may make a beracha on Rabbeinu Tam Tefillin once in a person's lifetime. If so, he had fulfilled that opinion that day, and he told him not to worry about it.

Tzvi was relieved that Rav Ovadia had not gotten upset at him, but later that day he was surprised to see that Rav Ovadia's eyes were full of tears, and he had a pained look on his face the whole day. Tzvi noticed that when Rav Ovadia would start crying, he would murmur something to himself, so he decided to lean in closer to hear. He leaned in closely to Rav Ovadia and he heard him saying to himself, "The Tefillin, The Tefillin!"

*(Continued on next page)*

# GROWING FROM OUR GEDOLIM #9

WRITTEN BY: RABBI MATIS EDELSON

MIDDOS      CHESSED      EMUNAH      AHAVAS YISROEL  
AHAVAS HATORAH      MITZVOS      TEFILAH      TZEDAKAH

(Continued from previous page)

Woe is to me that I made a beracha levatala on the Tefillin of Rabbeinu Tam! Tzvi was shocked, as Rav Ovadia had told him that there was one opinion who held that you can make a beracha on Rabbeinu Tam Tefillin once in a person's lifetime. Then Rav Ovadia continued, "It's true that according to one opinion one may make a beracha on these Tefillin, but what about all the others who disagree? According to them I made a beracha levatala! Woe is to me that I made a beracha levatala!" and he started crying again. For two whole weeks, Rav Ovadia was in pain over his mistake, and his assistant Tzvi would hear him beg Hashem for forgiveness over his sin.



The Preserved Central Synagogue Building In Mir, Belarus (built 1896)



The Building Of The Mir Yeshiva

## The Invisible Bochurim

The famous mashgiach Reb Shlomo Wolbe told the following story which occurred with the Mir Yeshiva. When World War One broke out, the yeshiva was still in the town of Mir. On Rosh Hashanah, a platoon of Russian soldiers stormed into the town of Mir and encamped right in the center of the Schulhof, the area which had all the shuls of the town. They surrounded all the shuls and embarked on a search for deserters from the Russian army. The Mir yeshiva was davening in the central shul of the town, and they all were in great danger as they were all "deserters", as none of them had registered to serve in the Russian army as required in time of war. The bochurim started to question if they should all separate and blend into the rest of the shuls in town in order not to be discovered. If the soldiers would enter the shul and see a large group of young men, they would surely all be arrested or worse. The mashgiach of the Mir, Rav Yeruchom Levovitz, decided that they should all stay together and pour out their hearts in tefillah to Hashem, and strengthen themselves in bitachon in Hashem. The Rosh Hashanah tefillos of that year shook the heavens, and the passion and energy that the bochurim put into their davening was incredible. The soldiers searched all the shuls in the town, but miraculously, they did not even enter the central shul where the yeshiva was davening.

# A STORY FOR THE PARSHA

By: Yaakov Berliner - Lakewood, New Jersey

*Zevulun will dwell by the seashore...*

The Yalkut Shemoni states that Yissochar and Zavulun were partners in this world and divided their ultimate reward in the World to Come.

The Chafetz Chaim held financial supporters of Torah learning in very high regard. He used to recount the following parable about them: There was a king who had a very brave soldier in his army who fearlessly fought against the king's enemies. In a display of supreme dedication to the king, this soldier made his own arrows. Amidst one battle, the arrows that he had prepared for himself ran out. He therefore turned to the king and asked: "Your highness, may I use arrows that were prepared by

another Soldier?" The King replied to the soldier: "What difference does it make? Use whatever arrows you want as long as you win the war!" The Chafetz Chaim concluded: So it is with man in this world, A man's entire life is spent waging the fiercest of wars - the war against the yetzer Hara. When someone raises his children to follow the Torah path, they are the arrows that he has made. But someone who doesn't have the arrows of children should at least use arrows made by others by supporting those who are dedicated to the service of Hashem. When the enemy has been conquered and victory sealed, there is no doubt that he too will receive credit for the triumph. *Chazak Chazak V'nischazek! A Gut Shabbos!*

## SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York



A good story is like a Swiss Army knife: It has a lot of different parts that can be used in many practical ways.

The Dubno Maggid told a Moshol about a person that lost a small needle in his house, and he went searching all over the place. When he lifted up some floorboards, he discovered a giant treasure, and I'm thinking that

sometimes a person has a small but persistent problem, and it causes him to do some soul-searching.

When he gets beneath the surface, he discovers that there's a giant treasure of Torah that's waiting to be learned and learned from, and a holy soul that's in need of polishing. And he reawakens a brand-new relationship with HaKadosh Boruch Hu, all because of that small problem.

# AYIN עין טובה TOVA

By: R' Nesanel Landesman

*Suggestions for the case where a new man comes to shul and davens very loudly and off key, disturbing Eli.*

- It is possible that Eli needs to learn how to express his feelings in an appropriate manner, and he was sent this opportunity to practice that.
- Eli should realize that this man is likely unaware that he annoys people with his voice. It is important to learn that in general, people are not out to "get us".
- Perhaps, Eli is meant to work on being able to thrive even under non-ideal circumstances. Life is filled with challenging situations. It would be wise to work on being able to handle them.
- Eli could focus on the fact that he was blessed with the ability to sing on-key, and realize he received a special gift from הקב"ה.
- Perhaps, he could understand that this was a message that he also does annoying things on occasion, and now he will be more conscious of that.

R' Zevy Golombek suggested:

- Eli must realize that Hashem gave this man this voice and He loves it. Therefore, Eli should also love it, and he will come to appreciate it more.
- By working on אהבת ישראל and working on understanding and appreciating this man for who he is, then that זכות will cause his תפילות to be מתקבל.
- On ראש השנה, it is determined how much עגמת נפש someone is going to experience. Eli should be מלא שמחה that this is his aggravation and not ח"ו a car accident or a prolonged sickness.

## CASE OF THE WEEK:

Shani was washing the dishes and she reached for a glass serving dish which her grandmother lovingly gave her. The dish was very precious to her. As she gently put it on the side to dry, it slipped from her hand and fell on the hard Israeli floor. It smashed into many pieces.

**Shani wanted to cry!**

**Help Shani view her situation with ayin tova.**

Please send your suggestions for the AYIN TOVA CASE to:  
ayintovanewsletter@gmail.com  
Or call [Israeli daytime hours only]:  
USA: 831-244-6019  
EY: 052-760-5409.

Suggestions will BE"H be printed in the issue for Parshas Vayechi



## LET US IMAGINE

*Let us imagine for just a few moments, what life might look like if our world would malfunction c"v and we would slowly lose all of our confidence.....*

Every morning, when adults would put on their shoes, they would keep on calling their mothers, again and again, to make sure that they got the right shoe on the right foot and the left shoe on the left foot...

It would take us years to dial numbers; we would be so scared that we are calling someone else by mistake...

Even after studying for weeks in advance, we would be terrified of failing each and every question on the test...

We wouldn't even be confident that we could walk without holding on. People of all ages would all be holding on to the walls, chairs and tables to walk... Many people wouldn't have the confidence to walk holding on and they would simply go back to crawling...

We wouldn't be confident whether we would be greeting someone properly, so we would be writing down on a paper all the different greeting: 'Good morning', Good afternoon and

'Good Night', and every time we pass someone we would stop, pull the paper out of our pocket and read them the greeting...

To make sure they have the right names, the Gabbaim would request us to go home and bring back ours and our fathers' birth certificates before giving us an aliya...

A patient complaining of a sore throat, would be sent to go through hundreds of differ-



ent tests including, x-rays, CT scans, blood tests and sugar tests..

And even after all those testing, the doctor wouldn't be confident what medicine is best and would be prescribing for him tens of different medications...

We would be writing down everything we plan to say to the grocer and we would need to

repeat to ourselves hundreds of times.

Husbands would be calling their wives 20 -30 times while shopping to make sure that they are getting the right items, and shopping would be so stressful..

Even after all those calls, they would be buying every type of apples, candies, chips, ice creams, ices, sodas, flour, oil, cookies and cake because they want to make sure that they come home with the right one...

We would be waiting in shul for hours upon hours for someone to volunteer to daven for the amud as no one would have the confidence to do it.

We wouldn't be able drive cars due to lack of confidence. People from New York, would be crawling or walking with a walker to go to a chasuna they have in Lakewood...

We wouldn't be sure about the bracha on milk and water, and we would be calling the Rav hundreds of times throughout the day... And he wouldn't want to pasken.

Resulting in so many people refusing to eat without knowing the proper bracha and we would be walking around hun-



## LET US IMAGINE

gry and weak...

We wouldn't even be confident that the food is fresh. We would be running around the block, bringing each and every bottle of milk to hundreds of neighbors to smell, to make sure that they're fresh...

No one would want to pasken kashrus shailos and we would be throwing out our counters, ovens, microwaves, pots and knives every single day. We would be throwing out all our dishes... Bankrupting so many families...

Pesach cleaning would be horror of horrors. We would be scrubbing floors, walls and ceilings for months upon months and even then we would feel like the house is chometzdig. Leil HaPesach instead of being a Yom Tov would feel like Tisha B'av....

The Spring Hill Times would be published only once in 14 years as the editor and proofreader would be checking it over tens of thousands of times to make sure there aren't any errors... And even then, you would still find mistakes!!!

Shemoneh Esrei would take hours upon hours as we would

be going back, again and again, to make sure we said 'V'sein Tal Umatar'...

The entire congregation would be going outside the shul, 15-16 times during each and every ma'ariv, to make sure that it's really dark outside...

Worst of all, we would not have the ability to serve Hashem and learn His Torah properly.

We wouldn't be able to feel and see His great wonderful kindness.

Doctors would try every trick they have to create the feeling of confidence...

They would give us all the medicines in the world...

We would crawl from one therapist to another to try to find a solution...

But everything would just fail...

And this world would be a most terrible place to live in...

*Who has the unlimited knowledge to know that all human being need the feeling of confidence!?!?*

*Who designed, with unlimited wisdom 'the feeling of confidence'????*

*Who designed with infinite brilliance that we are able to learn how to become confident???*

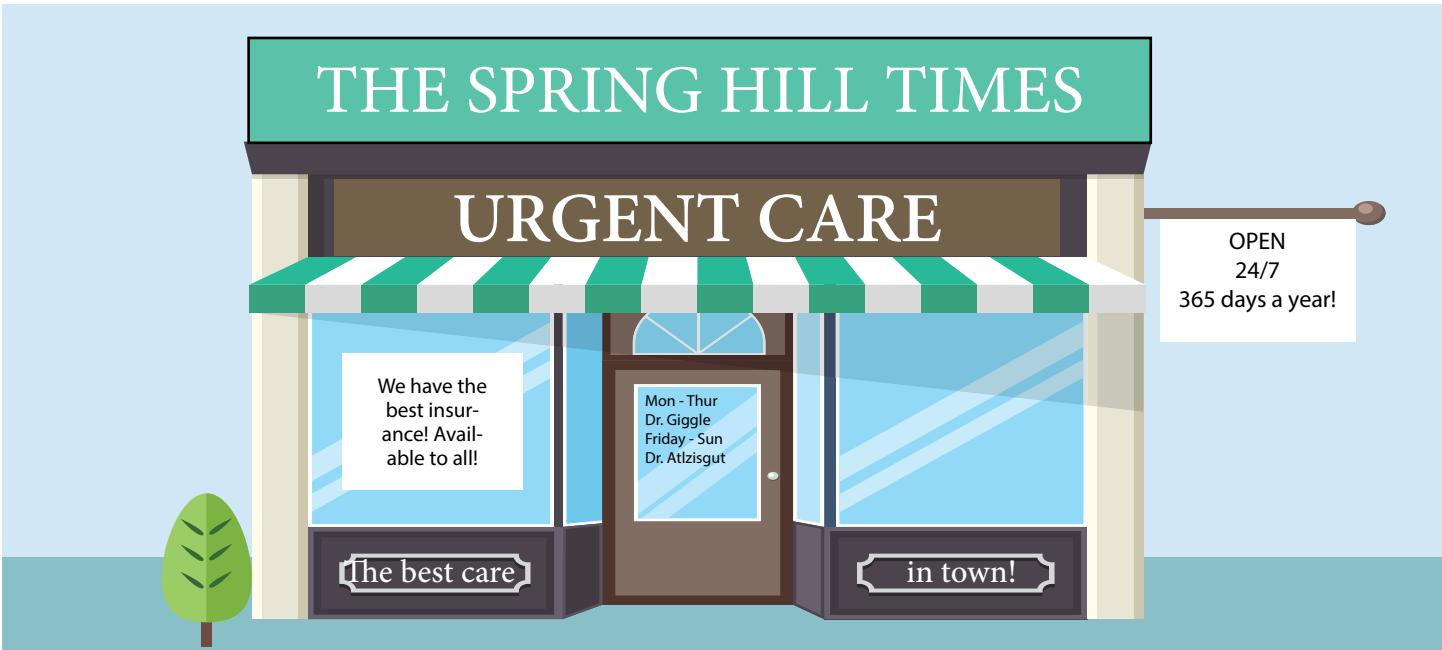
*Who manufactured with infinite perfection that there should be a balance and that at the same time that we are confident we should also be cautious?!?!?*

*Who designed with unlimited resources and power that 'kind and encouraging words' Hash should have the capabilities to boost our confidence?!?!?*

*Who designed with infinite kindness that every single human being should have parents, friends and mentors who give him encouragement and boost his confidence???*

You Hashem, BLESSED BE YOUR NAME!!!

Thank You Hashem for this wonderful, beautiful, life saving, multi-trillion-dollar gift of 'confidence' that You give us, with endless love and care, every second of the day, 365 days a year and free of charge!



At our Urgent Care: Pain becomes Gain. Aches turn into Cupcakes. Worries become snow flurries. Annoy turns into Joy. Flu becomes a Peanut Chew. A Cold turns into Gold. Hurt becomes Comfort.

PATIENT:

I went shopping and the price of a dozen eggs was \$5.99!!

I remember when not so long ago it was \$1.29.

I feel so scared and worried!

Please help!



Dr. Avi Giggle M.D.




**IMPORTANT HEALTH TIPS  
TO  
REMEMBER  
Everything Hashem does for us is  
WONDERFUL!**



I'm prescribing you 5 medications:

1. Thank Hashem that there are eggs in the store!
2. Thank Hashem for all those times when eggs were so plentiful and so cheap!
3. Remember that Hashem is in full control of everything! He will continue to take care of you just like He took care of you until now!
4. Thank Hashem that the prices aren't \$10.99 a dozen!
5. Accept it with love without a hint of complaining or blaming and you will be giving Hashem unimaginable pleasure!



# A GLIMPSE INTO THE PAST

By Sruli Yelen - Lakewood, New Jersey



*Rav Chaim Kanievsky zatzal*



*Rav Simcha Schustal Zatzal*

The Spring Hill Times is carrying a load of \$7,500 of expenses a month!



Your \$5/\$10/15 a month will mean so much to us!

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With our new

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Don't forget to ask about our special 'Cholent' feature! For just an additional \$18,000, the car will make you delicious cholent for you to eat while stuck in traffic!!!

Then this car is for you! It could drive from both sides!!!!



Get a free straw, for your coffee and soda, upon purchase of car!!! Choose your color!!!!\*

\*One per customer while supplies last. Cannot be combined with any other specials.



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**Dear Reader: You will make it happen!  
With giving Hashem just \$5 a month!**

# THE SPRING HILL TIMES WEATHER STATION

Weather Reports Brought to you by:  
Meteorologist Velvel Honig

It makes no difference what the temperatures will be or what conditions await us



the weather Hashem gives us is always beautiful and perfect!

## Rockland County, New York

Monday 9 Teves	Tuesday 10 Teves	Wednesday 11 Teves	Thursday 12 Teves	Erev Shabbos 13 Teves	Shabbos 14 Teves	Sunday 15 Teves
Low 38°F High 53°F Partly cloudy!	49°F 52°F Morning Showers yay!!!	35°F 61°F Wonderful Rain!!	38°F 46°F AM Showers!	31°F 43°F Showers Yum!	28°F 40°F Sunny! Yum!	28°F 39°F Mostly cloudy!
The weather will be perfect to say the bracha of 'mezonos' with more kavana!	It will be a wonderful day to thank Hashem for giving you the Torah!	There will be perfect weather to acquire so much Olam Haba!	Perfect day to thank Hashem for giving you so much!	Perfect day for jumping up and down from excitement while shopping for Shabbos!	Stunning weather! Perfect to think about the endless pleasure that's awaiting us in the next world!	Beautiful weather! Will be a great day to show your loyalty to Hashem!

Please note: This is based upon the forecast at time of print. Actual results might vary...

The walls are gold! Is this real? Let me pinch myself. OUCH!! It's real

Wow that treasure is huge

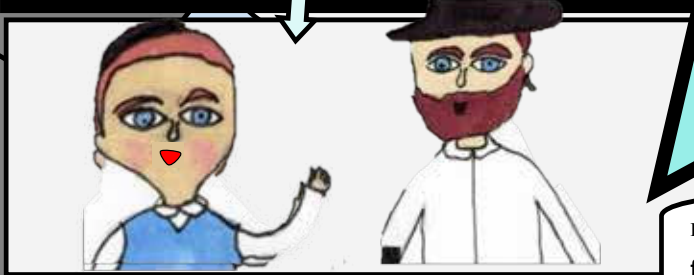
4.3.2....

I was able to pick it up but if I didn't get distracted I would have gotten more!

**WE ONLY HAVE 120 YEARS ON THIS WORLD TO COLECT MITZVOS! WE CAN'T GET DISTRACTED!!**

Oh no only 2 more seconds

*Now Srully it's time to go to bed*

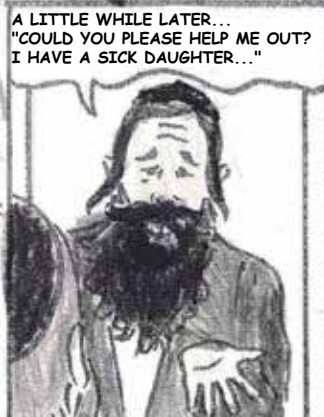


RECAP: The king let him in my treasure room for 45 seconds

# PAID BACK IN FULL!



HE LEARNS HASHEM'S TORAH AND FOR HISHTADLUS FOR PARNASAH HE DRIVES CHILDREN, TO AND FROM SCHOOL, IN HIS BUS



AND ANOTHER PERSON DECIDED TO TIP CHAIM WITH \$5 THAT DAY!

CHAIM GAVE THAT DAY TO TZEDAKAH \$5 3 TIMES AND RECEIVED BACK ON THAT VERY SAME DAY \$5 3 TIMES!!!



# NEW CONTEST!

## ופתאום יבא!

### IMAGINE...

It's a regular day of school/camp, at work, at the grocery, in the hospital c"v or any other setting, when suddenly the wonderful news comes in... Mashiach has come!

1. Draw a scene of people's reactions when they hear the news.

OR

2. Write a story describing people's reaction to the news.

### 3...2...1...DRAWING TIME!

CUT AND SEND IN ALONG WITH ENTRY:

NAME: \_\_\_\_\_

AGE \_\_\_\_\_ PHONE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

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לעלוי נשמת הבחור יהודה אריה בן ר' זאב אליעזר נ"י

## GUIDELINES:

- . Your drawing should be on a size 8½ x 11 paper. Portrait oriented.
- . The winners will be chosen by a raffle (3 winners!)
- . Deadline: Needs to be in by Wednesday Parshas Beshalach, the 10<sup>th</sup> of Shevat (February 1, '23)

Mail to: 178 Coles Way, Lakewood, NJ, 08701

Scan and Email: nachmanrothenberg@gmail.com

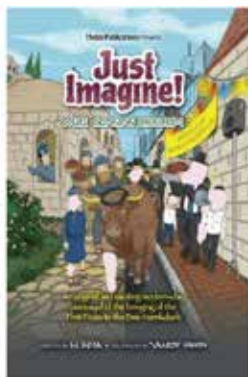
WIN EXCITING PRIZES!

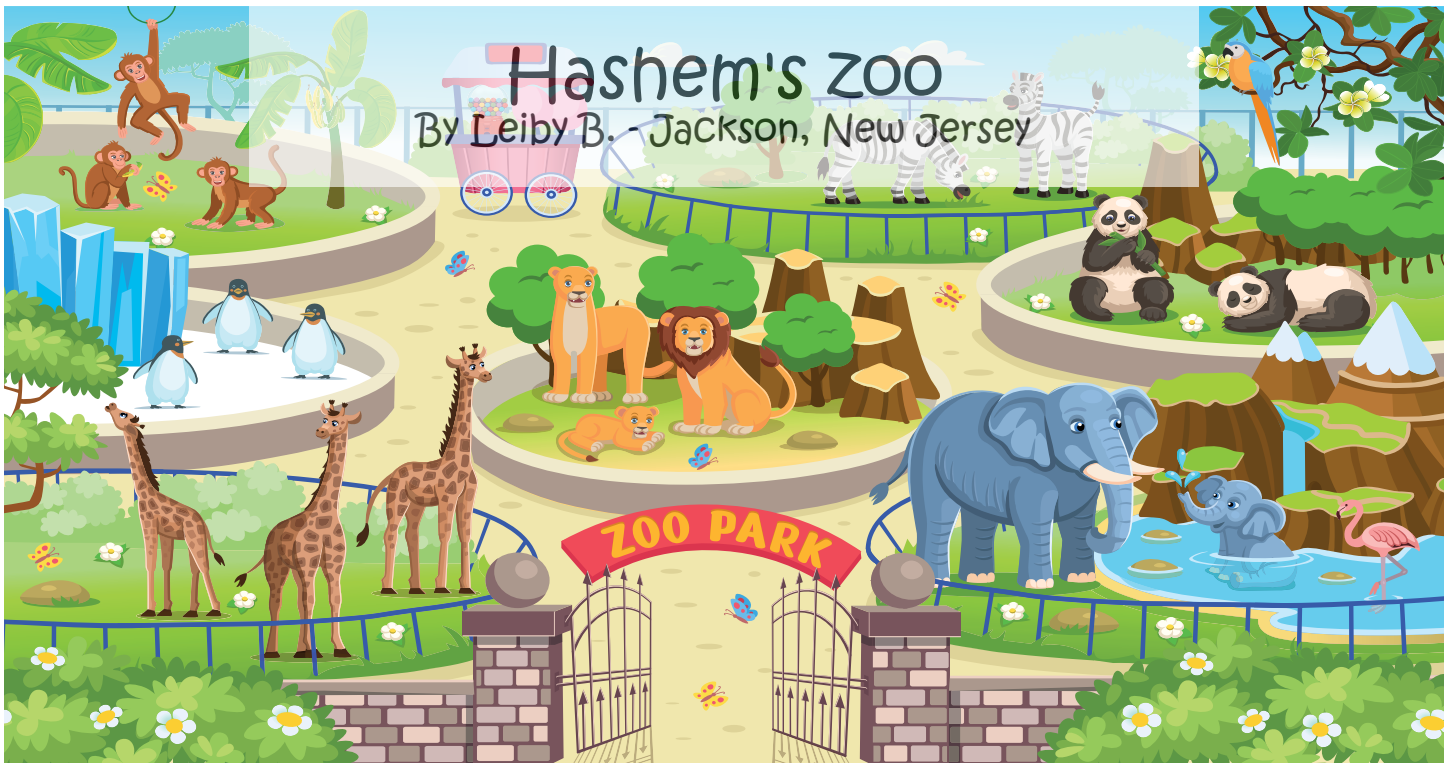
Grand Prize!!!

Build and own a beautiful 3D  
Baís Hamikdash Model!!!



Second and third place winners can choose  
from one of these beautiful books!





## HASHEM HAS HIS WAYS

By: Shoshana Raizel Kaufman

**Meet the Goldrings:** *Abba, Mommy, David is fifteen, Moishy is fourteen, Chaya is ten, Chezky is eight, Dina is seven, Rikky is five, Mordy is three, Shlomo is one.*

### Chapter 1

“Everyone into the dining room,” called Abba as he picked up Shlomo from the floor and placed him on his lap. “We are having a family meeting.”

All the Goldring children rushed to the dining room wanting to hear what Abba had to say. “Well, you see,” said Abba,

when everyone was there. “We are tight on money. So please don't ask me and Mommy for extra things for the next while.”

All at once everyone started talking.

“I wanted a new yo-yo because mine broke,” whined eight-year-old Chezky.

“And now I can't get the new earrings that I wanted,” said Chaya.

Everyone was very upset about the news. “Hashem has His ways,” said Ima.

“He could send us money.” And boy, did Hashem have a plan.

**To be continued...**



# YES! HASHEM LOVES YOU!

Avi desperately needed money for his daughter's Chasuna. He flew to America and tried collecting money but received almost nothing compared to the high cost of his travel..

With three days remaining until his return flight, Avi, feeling pretty dejected, knocked on a rich man's door.

The rich man's son answered the door, and their dog, Sparky, was barking in the background. The rich man put a ten dollar bill in Sparky's mouth and Sparky delivered the "Already Been Chewed Ten Dollar Bill" into Avi's hand.

Avi felt so hurt!

Here he could hardly raise enough money for his own daughter's wedding, and now, to add insult to injury, he receives this small donation from a dog's mouth! "Am I really such a nothing, that I need a dog to chew and then deliver my money?" asked Avi quietly to himself.

Avi had a strong urge to yell and scream at the rich man, but he decided to thank Hashem instead for the disgrace, since Bizyonos are gold. The next day, Avi went back to the rich man's house and instead of sharing his painful feelings, he said instead "Wow! Your dog Sparky is such a Tzaddik! He even gives Tzedaka! Wow! I never saw such a special dog in my life!"

The rich man said "Really? Can you tell this to

the man across the street?"

Avi went across the street and knocked on the door. An old man answered. He told the man the entire story, and how this dog Sparky is truly a Tzaddik because he gives Tzedaka so happily!

The old man said "Really? That man across the street is my son-in-law. Since he got a dog, I stopped talking to him, because I held that having a dog is not proper for a Yiddeshe family. I was so embarrassed that my own son in law had a dog.

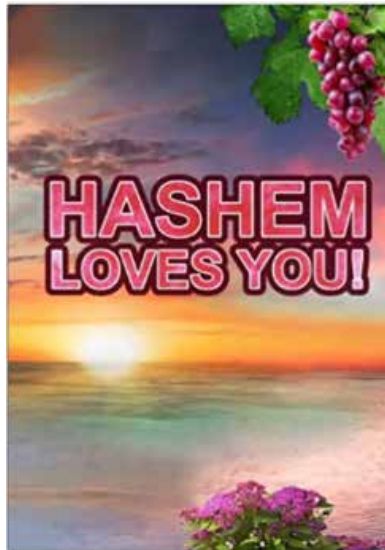
But now that you say that Sparky is a real 'good dog' I will consider reaching out to him! Maybe we should be back on speaking terms."

Then the old man asked "But why are you here in America? What are you collecting for?"

Avi explained how desperate he was and how much money he still needed so urgently.

The old man took out his checkbook and wrote Avi a check for the entire amount needed for the Chasuna!

We learn from this story how powerful Bizyonos are and how we can thank Hashem for Bizyonos that were sent our way because this brings the greatest Bracha to us. We can literally transform everything to the good!



Taken from the 'Hashem Loves You Hotline'

267-833-0596

Updated daily!

# Thank You Hashem for...

Sunday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Monday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Tuesday	<input type="text"/>
	<input type="text"/>
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Wednesday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Thursday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Friday	<input type="text"/>
	<input type="text"/>
	<input type="text"/>

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

To win prizes, fax a copy of your completed chart to 718.436.7358 OR email a copy to [hashemthanku@gmail.com](mailto:hashemthanku@gmail.com)

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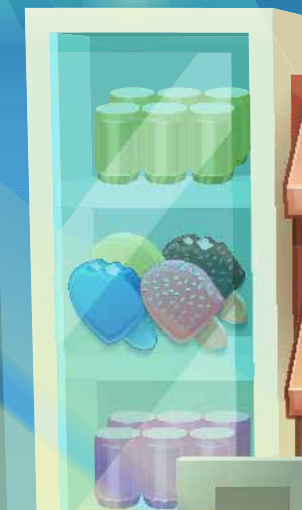
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We DO NOT accept money!  
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כשר למהדרין  
נעשה מקמח ישן

"We know that there is a big banquet hall waiting, and we are going to enjoy the meal there forever and ever! (Rav Avigder Miller)



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Please Call/Text Yoni Kohn

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Hill Times

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08701

**3.**

**Zelle to:**

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**4.**

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18 14th St. For more info call: R' Shlomo Eliyahu 732-569-4273 (leave message)

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[Parshasheets.com](http://Parshasheets.com)  
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\*this is not an advertisement to have Internet.

## YERUSHALAYIM SANHEDRIA

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# 5 <sup>Weekly</sup> Thank You's

By: R' Simcha Elefant - Yerushalayim  
Ir Hakodesh

Thank You Hashem for Gloves! You could stay warm and still use your hands for so many things.

Thank You Hashem for Shovels! You could clean up the snow so easily and smoothly.

Thank You Hashem for Zippers! So quick and convenient to close things up

Thank You Hashem for Smooth bending joints! So you could bend your arms and legs so smoothly no oil necessary.

Thank You Hashem for Soap! You could clean things hygienically so easily...

לזכות משה יהדה בן שושנה







# THEN & NOW

## Want to eat chicken?

1800's:

Bring the chicken to the shochet. Wait in line until it's your turn.

Many times the shochet will tell you. "It might be treif. You need to take it to the Rav."

All worried, you rush to the Rav...

Hopefully his answer was, Kosher Lekatchila."

Then you needed to salt it...



Today:

Just go into your local supermarket and you have so many fresh clean chicken to buy! With the best hechsherim! You can even buy ready made delicious chicken!!! Thank You Hashem! We love You Hashem!



All the delicious pleasures in this world cannot compare to even one second in Olam Haba! Just keep on grabbing more and more mitzvos...



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*Mazel Tov!*

*Mazal Tov* to R' Moshe Hirschberg and family (Lakewood, N.J.) on the birth of a new baby boy!

*Mazal Tov* to R' Shmuli Bender and family (Chestnut Ridge, New York) on the Bar Mitzvah of their son Aron!

**NIFLAOS HABOREI RIDDLE**

**By T. Bauman**

I am exquisite and rare,  
valued at the top.  
The search for me  
Is ongoing and never seems to stop.  
As precious as I am,  
So is the lesson that I show -  
Outer appearances are just thin,  
The insides you don't know.

©When I am found, I'm rather dull,  
My surroundings even dimmer,

But with the right amount of effort-  
Boy, will I shimmer!

I am stronger than most substances,  
And am trimmed using myself,  
I am worn in pride and beauty  
Or displayed upon a shelf.

I was one of 12 worn,  
In the Holiest of places every day,  
I don't think this is "in the rough"  
So what do you have to say?.

*Find the answer somewhere on this page*

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Riddle Corner #20

*I'm an easy ticket for Olam Haba, I am hinted in this week's parsha. Milk has less vitamins than me, as I appear, white teeth you will see! What am I and in which Pasuk am I hinted to?*

Leave your answer on the Chaishek HaTorah Line 845-720-4040 x9 by Sunday 7PM EST to be entered into a raffle for a Sefer. (The answer and winner will be announced on x14 #20)

## The Spring Hill Times

Yitzchok I. Kaufman  
56 Spring Hill Terrace  
Chestnut Ridge, NY, 10977  
845-327-5041

thespringhilltimes@gmail.com



**HASHEM IS WONDERFUL!**  
**LIFE IS WONDERFUL!**  
**KLAL YISRAEL IS WONDERFUL!**

**Wow!!!**  
**But *absolutely nothing* compared to what is waiting for you in the next world!!! Just keep on serving Hashem with love!**

### THE HEALING TORAH

By: R' Yosef Moshe Mizrachi

We all know that following the Torah is the only way to an enjoyable Olam Haba but what about Olam Hazeh? Can one live a happy life and enjoy Olam Hazeh without the Torah? the alter navordok (madreigas haadam tikkun hamidos perek beis) explains that Hashem gave us the Torah to teach us how to have a happy enjoyable experience in Olam Hazeh! Hashem gave us the Torah to teach us how to overcome our natural struggles, to fix our middos, trust in Hashem and thereby live happily in Olam Hazeh and Olam Haba! Someone who doesn't love Hashem chas"v and holds onto his bad middos will not have an easy time! The Torah's ways are not something disconnected with this world, it's the guidelines that help us navigate and thrive in this world!

By working on our middos we access the enjoyable life of the Torah in this world! This is done by learning the chazals and mussar that directly address one's personal struggles. Rabbi Dovid Blicher (talmid of the Alter Navorodk) explains in his sefer Divrei Binah U'mussar page 132 discusses how just like in a pharmacy one must take the medicine that is prescribed for his specific illness so to with Torah one must find the Chazals that cure his specific flaw! Someone who naturally feels haughty should help himself by learn the Chazal's that inspire him to respect others while many people who have the opposite tendency toward low self-esteem, they should focus on the topics and seforim that are very positive like bitachon and gadlus haadam. This will lift his spirits and give him the boost he desperately needs! Keep in mind though, this can take time, and Hashem doesn't expect us to be perfect overnight. As long as we are trying, we are already a success in Hashem's eyes!

Rabbi Mandel gave an illustration of three friends Reuven, Shimon and Levi.

Reuven was a successful businessman and big ba'al chesed. He was always a little stressed about parnasa and everyday life but recently his neighbors have been causing him some real heart ache. Although his chesed programs were doing better than ever, after a while he realizes he must find a way to help himself calm. He found some outside help and techniques to help himself and his symptoms somewhat improved but much of his frustrations were still present.

Shimon learned in yeshiva and was a real masmid. He always was somewhat stressed, but when his children started acting out and making trouble his tension doubled. Shimon decided to cope by trying to ignore his plight and keeping up his sederim. After the z'man, Shimon finished the mesechta and was so happy however, he would still get bent out of shape when his children made mischief.

Levi was not a businessman like Reuven and not quite shtark as Shimon but when he felt like the tension was getting to him, he took the time to think about what is causing him the hurt. Sometimes he would help himself by learning about bitachon other times when he was angry, he would use a sefer on ka'as to calm himself down. Levi still felt distressed, but due to his mussar sessions, much of it was alleviated. Who was the most choshuv in Hashem's eyes? By far Levi! For he is using the Torah to heal himself and develop a practical relationship with Hashem!

Shabbat Shalom U'Mevorach!

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