

The Spring Hill Times

לע"נ אבי מורי ר' שלמה זלמן בן ר' ישעיה זצ"ל
ולזכות רפואה שלמה: הינדא בת מרים רבקה, ואברהם דוד בן רבקה בתוך שאר חולי ישראל

Issue 142

TZAV - PARAH

Adar 2 5784

This week's issue is dedicated as a Zechus for our brothers and sisters all over the world and especially in Eretz Yisrael and those in captivity. Our Minds and our Hearts are with them. May Hashem Protect, Heal, and Comfort all of Klal Yisrael!

THE MIRACLE BABY

PAGE 5

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Please note: The next few issues until
Pesach might be smaller than usual.



THANK YOU, HASHEM, FOR CREATING SUCH A STUNNING WORLD FOR US!
WE LOVE, YOU, HASHEM!

Emunah and Bitachon News

BITACHON POWER
PAGE 29

VATRANUS PAYS!



A Yid from the United States related:

I deal in real estate. This is a business that involves a constant connection to

Hakadosh Baruch Hu. There is no steady income; there are months when not one penny comes in, and then in one day, in one swoop, you get a half a year's salary. Baruch Hashem – I thank Hashem for this source of income, and I see blessing in it.

It was before the wedding of my third son. We set the wedding date for the third of Kislev 5783, and we began preparing energetically. Already in Nissan I closed on a date for the wedding with the hall, the band, the photographer, and the badchan. We knew where we would hold the chassan Shabbos and the Shabbos sheva brachos, and who would be the caterer to

bring us the food. All the sheva brachos meals were confirmed as well. Everything was organized and settled.

After Pesach my father-in-law called and told me that my brother-in-law, may he be well, was zocheh to celebrate his son's engagement, and he had set the wedding date for 28 Cheshvan – in the same week as our wedding, which was to take place on 3 Kislev. "And you understand," my father-in-law explained, "that I want to be at the chassan Shabbos for both of you, and the Shabbos sheva brachos for both of you. Obviously, this is impossible if

Continued on page 3



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Hashem

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**Making a simcha? Have a Yartzeit or just want to tell Hashem
how much you love Him?**

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זייטל בת שלום אריה, נפתלי בן יעקב, יעקב לבי בן יוסף, דוד יעקב בן משה אליהו, חי חנה בת בנימין, בילא בת נתן, גיטל בת דוד, משה בן
לבי, אברהם דוד בן נפתלי.
לזכות הבחור משה דוב בער בן אסתר, לזווג הגון בקרוב.

לעילוי נשמות:

ר' שלמה זלמן בן ר' ישעיה זצ"ל



Continued from front page both of you are making weddings in the same week." "So

what do you suggest we do?" I asked my father-in-law.

"I suggest that perhaps you should try moving the date of your wedding."

This seemed like an impossible request. Why should I move the date? I had set a date before him, and I had already hired all the professionals. I was sure that everything was finalized. How exactly was I supposed to deal with this? But my father-in-law knew exactly why he was turning to me. He explained that for my brother-in-law it was much more complicated than it was for me. There were different issues there that made it much more difficult for him to switch the date. "Try," my father-in-law said. "Make an effort. For me."

I told him I would see what I could do, and I hung up the phone with a deep sigh. I was angry at my brother-in-law. Why did he have to do this to me? And why did I have to be the one to give in? Why hadn't he asked me when our wedding was going to be? Why make it so difficult for the grandfather? Why, why, why?

I didn't want to give in, didn't want to make an embarrassing phone call to the mechutan, or to apologize to all the professionals who – bottom line – need parnassah. But I thought to myself, "If I don't

give in, then what will be? The entire family will be talking about how my brother-in-law was inconsiderate and set a wedding date without looking into some basic information. If I don't at least try to do something, my in-laws will be torn between two different weddings and won't really enjoy either one of them.

I decided to get over the unpleasantness of it, and I started a series of phone calls. The first, of course, was to my mechutan. He thought for a few moments and finally said, "I have no problem with you switching the date, as long as you handle everything. If you work it out with all the professionals, then I'm okay with it." I thanked him. I knew that even this was not an easy concession once the date had been set in his mind, but I went forward, since he'd agreed. I davened to Hashem to help me for the sake of shalom. To work it out with all the parties involved and to enable me to move the date of the wedding easily.

Indeed, I had special siyata diShmaya, and everything worked out in the best possible way, with relative ease. The round of phone calls took less time than I had surmised, and b'sha'ah tovah, the wedding date was set for the thirteenth of Kislev.



חסדך ואכול...

Help sponsor copies of the Spring Hill Times for Yidden in Hospitals and nursing homes.
Contact R' Pinchos Doppelt
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As the wedding day was drawing near, I received an invitation to a huge event where apartments and properties would be featured for sale, a sort of real-estate fair, and it was slated to take place on... the third of Kislev! If my son's wedding had taken place on that day, obviously I would not have been able to attend the event, but now, I was available on that evening. I went to the fair to try my luck, and there I found a business property worth \$20 million. With tremendous siyata diShmaya, I succeeded in closing a deal between a buyer and a seller on this property, and I received my 2 percent, which came to four hundred thousand dollars! This was the largest business deal I had ever been involved in.



I had felt that I was doing a nice deed for the sake of shalom, and maybe I was very worthy of admiration for it, but now I understood that Hakadosh Baruch Hu wanted to send me shefa, and before doing so, He tested me with a small nisayon. Would I be mevater, or would I fail the



test?

With much rachamei Shamayim, I was zocheh to give in for the sake of shalom and to receive a big package of "candies" in honor of the wedding. [Kav Hashgacha Pratis]

YOU NEVER LOSE OUT..

A Spring Hill Times reader sent in this amazing story, some time ago:



love reading your newspaper; it gives me lots of chizuk and keeps me going. Here is an amazing story that just happened to me.

Around a year ago, I started a chaburah in the afternoon for rebbeim and baalei batim. Baruch Hashem, it's been successful, and I had a steady group. We've Baruch Hashem been doing the Oiraisah program and we finished Pesachim, Rosh Hashana and now we moved onto Yuma a week ago.

Recently, someone who lives in the same area as I do, started going around trying to start a chaburah in the afternoon. His chaburah was also for Rebbeim, and at the same time, 4:30 pm until 6:00... with extra pay! I became distraught and upset. I felt it was such a chutzpah! I had this whole program going on and someone else was coming to open a competing chabura in a neighborhood right near me? Would the Rebbeim in my chaburah all join the other chabura to get more money?

Since I had been reading the Spring Hill Times and listening to the bitachon hotline, I was able to take a pen and paper and write down the following points to calm down: 1. This guy is not the one who is doing it. Hashem is the One doing it. If Hashem would not have let, it wouldn't have happened. 2. What do I care about? It's just my kavod! I want to have the kavod of having a chaburah in

We are looking for someone who can lend or donate towards \$1600 to buy an electric bike to help distribute the Spring Hill Times around Yerushalayim.

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my neighborhood. 3. I learned from a Rosh Kollel that the more Torah the better. Here we have another chaburah, so that means there will be more Torah, even if he takes one or two guys from me. Writing this all down really helped me get over it. I didn't tell anyone about it – not even my wife or my Rosh Kollel out of concern for lashon hara. I even went a step further: I tried to do 'hatava bmakom hakpada'. I called up that Rosh Chaburah and I asked what I could do to help him and offered different eitzos.

Baruch Hashem, his chaburah took off and mine continued as usual. I realized that on the first day we started Maseches Yuma, we had a tremendous turnout. I attributed it to the way I held myself back from getting upset or saying anything. I am sure that I was only able to overcome this challenge because of the Spring Hill Times. I know that the reason why more people joined my chaburah is because I bit my tongue and didn't say anything or express how frustrated I was. Baruch Hashem, Hashem granted me success.

As I deal with the extra work involved in having more people join my chaburah, including raising more money and working out chavrusas, I realize that Hashem is with me every second. Even if I would lose out, I know it would all be from the Ribbono Shel Olam. Thank You, Hashem, for giving me the koach to overcome this challenge!



WHEN YOU SEE ANOTHER YID:

Ignore how long his beard is!



Ignore the color of his jacket!



Ignore the size of his wallet!



Ignore which leader he follows!



Don't accuse! Don't judge! Don't convict!



The Miracle Baby

By Elchanan Orbach

Harav Hagaon R' Tzvi Kushelevsky Shlita had a baby at the age of 88, and his wife at the age of 56. There was a big, big, big happiness in the olam ha-torah. Klal Yisrael was singing and dancing everywhere that day. It caused a major achdus, first at the shalom zachor, where thousands upon thousands streamed to Har Nof from all over Yerushalayim, every kind of yid, chassidish, litvish, sefardic streamed there. The Shalom Zachor started at 9:00, and it was so crowded that the Rosh Yeshiva had to move it to the Bais Medrash. He was continuously greeting hundreds and thousands of people for hours straight, with a big smile. He kept singing songs, and the singing and dancing and simcha was so tangible. People said they never saw such a thing.

Then they danced in the street, and they walked the Rosh Yeshiva home very late at night. It really brought a tremendous amount of achdus, but it didn't end there.

The bris took place Sunday morning, and it brought together Jews from all walks of life, from all over Eretz Yisrael. A long time before Shacharis, people were already in the yeshiva, with their Tallis and Tefillin. The Yeshiva building was jam-packed, so they locked the building. They decided to make a hook-up so people could watch the screen from the streets. Thousands of people were standing in the street throughout the bris. They were standing and listening and being part of the simcha from the street. It wasn't just his talmidim, who for sure came in from all parts of the world. There were Yidden from all walks of life; it was massive achdus.

R' Tzvi Kushelevsky Shlita announced that right after he says Shehecheyanu, right after the actual milah, the olam should say the yud gimmel middos three times with the chazzan, as a zchus for all yidden in captivity and in tzaros. After that the whole olam sang acheinu. Then the whole olam greeted R' Tzvi, and he greeted everyone with a warm smile, and gave each person a bracha. Then there was the massive seudas habris which took place in a huge hall.

Aside from this, there was a man in America, a frum Yid, who had his first child, a ben zachar, at 66, just a few days after R' Tzvi had his baby.

Also, R' Moshe Blumberg told another recent story, that on Sunday, there was a lady who had a baby after a seventeen-year gap! Nineteen years ago she had a girl, two years later she had another girl, and did not have any children since then, and this past Sunday she had a boy. She's forty-five years old. Baruch Hashem for all these Nissim!



WHEN YOU SEE ANOTHER YID:

Remember that he is part of your family!



Notice his smile!





SEE BEYOND THE SURFACE!

See his holy Chelek Elokal m'ma'al- his glowing Neshama!



Accept him and love him to pieces!



פרשת צו

1. How do we know that a כהן can't have a חציצה between his skin and his clothing?
2. Why did the כהן change his clothes when he took the דשן outside the מחנה?
3. When did they take the דשן outside the מחנה?
4. From where did they get the fire to light the מנורה?
5. Is a כהן that is a מום allowed to eat from a מנחה קרבן?
6. Why do we need to break a כלי חרש that was used to cook a קרבן?
7. What type of מנחה was called 'חרבה'?

Questions until שלישי

If you would like to submit answers and be entered into a raffle for a \$25 gift card, please call 848 373 5489. Last week's winner was Yehuda Tendler from Cheder Bnei Torah. To get this Parsha sheet emailed to you every week, send a request to torahshleimah@gmail.com. Sponsorship opportunities available.

לעילוי נשמת ר' בנימין זאב בן ר' נתן ז"ל קאספעל תנצב"ה

The Spring Hill Times

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Bitachon in Shul



R' Fisher* from Eretz Yisrael moved into a new neighborhood and started going to a new shul. He wanted to daven for the amud. He was davening there for a few weeks, and they never asked him once to daven for the amud.

One Shabbos he said to Hashem, "Okay, I am leaving it up to you. The gabbai is not calling me, he doesn't notice me, I'm going with You." That Shabbos, while they were giving aliyos; he was mechazek more and more in Bitachon.

They called him up for maftir and they said that it's a package deal. He gets maftir and mussaf. He ended up getting an aliyah; maftir and davening for the amud!

Hashgacha Pratis



R' Friedman,* a Rebbe, had to bring his daughter to a doctor's appointment. He realized that he would have to take off from teaching time. He didn't want to, because he just took off recently for a chasunah, and he can't take off too many days. He didn't know what to do, because his daughter really needed that appointment; they waited a long time for it. Then he said, "One second. Hashem can orchestrate everything. I'll just leave it up to Hashem!"

Not long afterwards, the menahel told R' Friedman that the yeshiva was going to be having a field day, and they would be going on a trip. The yeshiva doesn't usually go on trips but something came up and they were going on a trip. During the trip, R' Friedman would not have to come in to teach. It was the exact day and the same time as the appointment!

A New Leaf

Mrs. Levin's* husband was struggling in his avodas Hashem. They were at a family gathering, and someone embarrassed her in public and



said, "What's with your husband? He can't get his act together. What's with him?" She took that moment to daven to Hashem because she was embarrassed b'rabbim. She said, "Hashem! Please make my husband turn around!"

The next day, her husband said to her, "You know, I decided I want to wake up early. I want to start with a seder kavua and I want to start a new leaf." Now he's a new person. He wakes up early and is shteiging away!

Man in Bank Turns to Hashem



Rabbi Golombeck was in the bank Wells Fargo to take care of something important. They told him that in order to take care of it he would need an appointment. They told him he would have to come back on Monday to make an appointment.

Rabbi Golombeck told them that he really needed to take care of it that day. They told him, "We don't have any appointments available for today."

Rabbi Golombeck was thinking to himself, "One second. Who is in charge of available appointments? Hashem." He said, "Hashem! They can give me an appointment."

The man then said to Rabbi Golombeck, "You know what? The next meeting is in 10 minutes. If you take care of it within 10 minutes, then I could do it for you."

Within ten minutes the whole thing was taken care of!

The Best Therapy

R' Klein,* a therapist, was working with a child who had many, many delays. The parents weren't seeing any progress. They said to the therapist, "We don't understand. You've been working with our child for such a long time, but he's still in the same place. There's no progress and he still has so many delays, he's so behind. The therapist said, "Okay, I'll see what I can do."



He turned to Hashem and said, "Hashem. They think I'm the one in charge, it's You and I'm leaving it up to You."

Later on that day, the mother said, "Wow. From one minute to next, he's a different child. I see your tools really are amazing!"

Free Chairs!

Mrs. Ausband's* chairs were falling apart. She wanted to get them fixed, but she knew it would cost a lot of money, so she wanted to find someone who would fix them for a reasonable price. She thought of somebody who might know of a handyman, so she called them up and she asked if they knew of anyone who fixes chairs. They said to her, "Actually, we just bought a whole new set of chairs, and we have beautiful chairs that we're giving away. We were going to put it on a freebate in Lakewood today. If you want to come look at it, you can see if you like it."



They were in beautiful condition and it was just amazing Hashgacha how she got the chairs on the day that they were going to give it away; she called even before they put on the freebate!

"It's All Kavod!"

R' Schechter,* a youngerman, was offered the zechus to drive the Rosh Yeshiva of BMG, Rav Yerucham Olshin, somewhere that he needed to go. He really, really wanted to do it, but his wife needed his help, and he didn't know what to do.

He called up his Rav who said that Shalom Bayis comes first. He said that because



he follows 'A Life with Bitachon,' instead of being mad at his wife he asked himself why he wants to do it so badly. "If the Rav told me I should stay home, then that's what Hashem wants. Why would I want to drive the Rav? It must be because I love kavod! So I would be able to say that I drove him around! All kavod! I'm not serving Hashem, I'm serving myself!" By thinking these thoughts, he didn't get upset!

כל המציל נפש אחת...



R' Halpert* heard about a Jewish child going to public school. He went to the parents and



asked them why they didn't send him to a frum school. They told him that they would be happy for him to get a Jewish education, but it's too expensive, and they couldn't do it.

This yungerman said that he took it as his achra-yus, that every month he fundraises to pay this child's tuition!

Klal Yisrael is the most amazing nation!

Just in Time!

Mrs. Strauss* didn't have much extra money, but she really wanted to be able to help other yidden, so she opened a chair gemach. Some-



one called her up and said that she was making a simcha and needed a certain amount of chairs. Mrs. Strauss remembered someone had borrowed chairs a few weeks before and had not returned them, so she was short seven chairs to lend to the simcha. She had no idea who had borrowed it.

She said to Hashem, "You know where they are. In order for me to help another Yid, I need to find out where they are."

Shortly afterwards, someone called her up and said, "Oh! I just remembered. I borrowed chairs from you and I never returned them. Can I return them now?" Just like that! Hashem put it in their brain to return it when she reached out to Hashem!

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- 3: Weather
- 4: Shiros V'tishbachos
- 6: The Spring Hill Times
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Hashem Is Running a Perfect World

Every day, Avi gets a ride to work with one of his coworkers. One day, Avi was waiting outside, and his ride was not coming. The coworker had forgotten to pick him up. Avi realized he's going to have to walk to work. He was a little upset.



Before he set out to walk, he went back inside, and he saw that there was a pan on the fire. His wife had asked him to shut it off before he left the house, and he had completely forgotten. Had he gotten the ride to work, the food would have burned and could have caused a fire chas veshalom.

Kol ma d'avid Rachmana l'tav avid

Hashem Watches Over Baby

Mrs. Simon from Lakewood, New Jersey, heard her one-year-old daughter, Adina, start shrieking. She ran to see what happened. Her daughter had



been playing with a drawer, and her earring got stuck in the drawer, and she was hanging from her earring, but nothing happened to her!

Hodu LaHashem Ki Tov - Ki L'olam - Chasdo

There's Always Something Good to See In Every Yid.

R' Avishai, a yungerman from Manchester, England, who follows the "A Life with Bitachon" hotline, noticed a yid who had an earring in his ear. He said to himself, "Instead of me focusing on his earring, let me focus on the positive. He has a large yarmulka on his head!"

V'amech Kulam - Tzadikim

Hashem Takes Care of Us

R' Avrom, a yungerman from Eretz Yisrael, was struggling with parnassa, and he had no idea



how he was going to pay rent. One day his father called him up and said that someone just gave me a large amount of money. "Do you know of anyone who needs it? Reb Avrom told his father, "I actually need it for my rent." Hashem sent him exactly what he needed!

Tov Hashem Lakol vera-

chamov -al kol -ma'asav

Non-Jew Is Nice to Yid

Gitty was trying to cross the street by a stop sign. A non-Jew driving his car stopped by the sign, but he went a little bit past the sign. He was blocking Gitty's way. He rolled down his window, and he apologized to her. He said he did not mean that, and he backed up his car so Gitty would not have to walk around.



Thank You, Hashem!

It's Never Too Young to Start

R' Avishai from Manchester, England was taking his family on a trip. His baby started crying and was not stopping. Finally, R' Avishai told his family, "Let's sing together, "Hakol Yachol". His baby does not yet know how to talk, but he's able to say "Hakol Yachol" in his baby language.



They all started singing "Hakol Yachol," and the baby calmed down and started singing along in his baby language.

Ki bo - yismach libeniu - ki beshem - kadsho batachnu

The Power of Giving Tzedaka

Meir Simcha Fleischer, a boy from Chicago, Illinois, received from his teacher a lock and



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a key. He put the key on a shelf. He heard it fall down, but he was not able to find it. It had already been a few days that he was looking for it.

One day, he told Hashem that if he finds the key, he's going to give money to Tzedaka. As he was saying that, he found the key!

Az tikra veHashem ya'aneh

Anti-Semitism Is Disappearing

Mrs. Schapiro needed to make an appointment with the doctor. The problem was that the doctor's hours were only during business hours and her boss did not let her take off. She did not know what to do. She told the doctor the problem, and he said "No problem. I'm going to stay after hours for you because I want to make a Jew like you happy!"

Thank You, Hashem!

Hashem Sends Woman a Danish

Mrs. Fisher came to work and she was thinking to herself, "I really want a danish."

Her office had a vending machine but she did not have the extra money to pay for one. She

thought to herself "Hashem can give me one for free."

Not long after that her boss came in and said "We just had a meeting and there are a lot of extra danishes - everyone can take one." She got her free danish!

"Einei Chol - Eilecha Yisabeiru - -V'atah Nosein - -Lahem Es Ochlom - Beito"

We're All Children of Hashem

Someone embarrassed R' Chaim. He initially started feeling upset, but then he thought, "We are all children of Hashem, and I want Hashem to love this person too." He was mochel the person; he had no hard feelings!

"Mi Ka'amcha Yisroel"

Hashem Reminds Yungerman to Make A Bracha Acharona

R' Zevy, a yungerman from Lakewood, NJ, opens his siddur when he starts eat-

ing to remind himself to make a bracha acharona. He is Baruch Hashem, a very busy person and if he would not make himself a reminder he would forget if he made the bracha acharona or not.

One morning, after he ate breakfast, he left to go to yeshiva. On the way to yeshiva, he remembered that he forgot something, so he turned around and he came back home. When he came back home, he saw the siddur was open on the table. He had forgotten to make an Al Hamichya. He was so thankful to Hashem for reminding him!



"V'achalta Vsavota - Uveirachta Es Hashem Elokecha"

Everything That Happens Is B'Hashgocha Pratis

R' Avishai Berkowitz from Manchester, England needed to tape up pages in a sefer. It was Erev Shabbos, and he did not manage to tape it up, so he put the sefer and a roll of scotch tape in the closet. On Sunday, his children were doing projects and they used up all the scotch tape that they found in the house. R' Avishai came home, and he wanted to fix the sefer. He was looking for scotch tape and he could not find any. Then he remembered that he had put away a roll on Erev Shabbos in a closet. Had he not put that away, his children would've used up that roll too!

"Mashgiach Min - Hachalonos Meitzitz - Min Hacharakim"

Anti-Semitism Is on The Decline

Aron Yitzchak Sternfeld was in California. It was Erev Shabbos and he needed to get something from his apartment. He did not have a car. So, he stopped a non-Jew and asked the non-Jew if he could please bring him to his apartment, and the non-Jew happily agreed. The non-Jew brought him there, and Aron Yitzchak asked him if he could wait for him. The non-Jew waited for him for FIFTEEN MINUTES until he came back down, and then brought him back to where he needed to go!!

"Ahavti Eschem - Amar Hashem"

Yidden Love to Thank Hashem

Yesterday, Tuesday, was a day of beautiful spring-like weather in Lakewood, NJ. Elchanon Orbach was walking on the street and he saw two bochurim. He heard one of them exclaim out loud, "What a beautiful day. Thank You, Hashem!" The ba-



Enjoy YOUR Lunch!

Eat the lunch that Hashem made for YOU with love and care.

DON'T EAT SOMEONE ELSE'S LUNCH!!!

Enjoy: Your talents! Your strengths! Your feelings! Your intelligence! Your family!

chur started singing the "Thank you, Hashem" song.

"Tov L'Hodos L'Hashem U'Lezamar L'shimcha Elyon"

Hashem Sends Girls Ice Cream

Nechama was walking down the street with her friend Rachel to go buy themselves an ice-coffee ice cream bar. They suddenly noticed their elderly neighbor, Mrs. Weinstein, coming home with groceries. Nechama said, "Let's go help her, and Hashem will help us with our ice cream." The two girls offered their help, and Mrs. Weinstein greatly appreciated it.



When they were done, Mrs. Weinstein said, "Wow, you worked so hard. Can I offer you some ice cream? I hope you don't mind, the store was out of vanilla, so I bought coffee ice cream instead." The girls were shocked! Hashem sent them the item they wanted, and they got to do a chessed!

"V'Divre Niflaosech - O'sicha"

Rosh Kollel Trusts In Hashem

R' Dovid, a Rosh Kollel from Eretz Yisrael, needed to pay his yungerleit \$6,000. He had no idea where the money was going to come from. He turned to Hashem, and he said, "There's one thing I know, that You are the banker and You are the One in charge of all the money. You can send me the money!"



Suddenly, he got a phone call. The person said, "I heard you are a Rosh Kollel, and I would like to give my money to a place where it will be a good investment." R' Dovid wasn't shocked. The man told him, "Tell me how much you need and I'll give it to you." Just like that, he got \$6,000!

"V'Haboteiach B'Hashem Chessed Yisovive-nu"

Yeshiva Bachur Loves Hashem

Baruch, a bachur learning in yeshiva, sat down to lunch to eat Raisin Bran Cereal. He was about to start eating when a bachur told him that it might have a problem with bugs. So, Baruch called a local dayan, and the dayan told him that he holds that raisins are infested with bugs and he should not eat it. So, Baruch thought, "Hashem, what am I going to eat for lunch?"

At that moment, a bachur

walked into the room and said that there was a younger bachur who had made a siyum and had a leftover pie of pizza. He said to give it to all his chavrusos. Baruch was one of his chavrusos, so he got two slices of pizza for lunch! Klal Yisroel is amazing that they love to do Hashem's mitzvos, and Hashem is running a most amazing world!



"Einei chol - eilecha yisabeiru - v'Atah nosein lahem es - ochlom beito"

Hashem Gets Woman Appointment

Mrs. Cohen needed a procedure done to her hand. She was in a lot of pain. She called the doctor, and the doctor said that they were very backed up, and there were no appointments available for a very long time. Mrs. Cohen thought to herself, "It's not up to the doctor, it's up to Hashem, and He's going to get me an appointment." She asked the doctor if there was anything he could do, and the doctor asked her for her date of birth. She told him her date of birth, and the doctor said, "That's my mother's birthday! I'm going to make time for you. Come in an hour from now!"



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HASHEM IS IN CHARGE!

"Hodu L'Hashem Ki Tov - Ki L'olam - Chasdoi"

lolam - chasdo!"

Girl Trusts In Hashem

Gitty put something on a laptop, and the laptop fell and broke. She tried turning it on but it was not working. So, she said, "Hashem, You're the Kol Yachol, and if You're going to make it work, I'm going to call it into the Ki Tov Hashem News Station." She then tried turning it on, and it worked!



"Baruch - Hagever Asher - Yivtach B'Hashem"

Yidden Love One Another

Chaim from Lakewood, NJ won a raffle. He had a neighbor who never won a raffle. So Chaim thought to himself, "I don't need this prize. Let me give this prize to my neighbor to make him happy." He gave him the prize!



"Vahavta - Lrayacha Kamocho"

Money Comes from Hashem



Mrs. Fried from Eretz Yisrael had no money to buy food for Shabbos. Her children asked her when she was going shopping, and she said, "When Hashem wants." They asked her, "When does Hashem want you to go shopping?" She replied that she had no idea.

On Thursday night, her friend called her up and said that she has lots of maaser money. "Do you want it?" It was exactly enough for Mrs. Fried to buy what she needed for Shabbos!

"Nosen lechem - lechol basar - ki

Hashem Listens to Girl's Tefilla

The bell rang, and Chani needed to go into her classroom. She did not have time to get her snack from the lunchroom. She turned to Hashem and said, "Hashem, You could get me a snack."



All of a sudden, a girl came over to her and said, "I took a snack, but I don't really need it. Do you want it?"

"Baruch shomeiah tefilla!"

Anti-Semitism is on the Decline

Mrs. Klein went to the store to buy a certain item that was on sale. She realized that the sale was over a few days before. When she went to pay, the cashier said to her that the sale is already over, but they are extending it for Jews to show their support!



"Ahavti eschem amar Hashem!"

Hashem Wants Us to Talk to Him

Mrs. Goldstein from Eretz Yisrael needed to get a passport for her child. She was trying to make an appointment with the American Consulate. People told her that it was impossible to get an appointment. Every time she went on, the system said, "Error. No appointment available." She tried again and again, but the same message came up. She said to herself, "Let me talk to Hashem." She said, "Hashem, it's Your child. You want us to be happy. You want it to be good for us." She had a long conversation with Hashem, and she felt like she was building a real relationship with Him.



The next time she went on, it worked!

"Baruch shomeiah tefilla!"

Hashem is Running a Perfect World

Reb Dovid drove his car to shul. He parked it in the lot and went inside. Right before he



started davening, his wife called and told him that she needed him to come home. He went out to his car, and as he was walking towards his car, he noticed that when he parked his car, he had blocked someone else. That person was walking towards his car.

Hashem orchestrated that his wife should call him out, something that had not happened to him in twenty years, just so that he could move his car!

"Mashgiach min - hachalonus, meitzitz -min hacharakim!"

Hashem Saves Little Child

R' Yitzchok, a yungerman from Monsey, NY, was driving on a busy street. He noticed out of the corner of his eye, a little

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LIVE A LIFE WITH ENJOYMENT AND PEACE!

LIVE A LIFE WITH BITACHON!

child walking out of his driveway onto the street. Baruch Hashem, he was able to stop in time and bring the child to safety!



"Hodu L'Hashem ki tov - ki lolam - chasdo!"

Hashem Feeds Boy

One day, 11-year-old Yitzchok Amram from Chicago forgot his lunch at home. He was worried about what he would eat for lunch.



That very day, his father decided to surprise his son Yitzchok Amram and buy him a danish and a drink. He did not know that Yitzchok Amram

forgot his lunch! He brought it to school right before lunch!

Yitzchok Amram enjoyed a delicious lunch!

"Einei chol - elecha yesabeiru v'Ata - nosen lahem - es ochlam b'ito!"

Hashem Gives a Taste of Spring

On Sunday of Parshas Vayakhel, Hashem brought up the temperature in the Tri-State area to about 65 degrees. Adults and children enjoyed themselves immensely! Kids went bike riding and were playing outdoor activities. It was so much fun!



"Tov Hashem lakol verachamov - al kol - maasav!"

Hashem Loves the Spring Hill Times



Reb Dovid, the one in charge of printing and distributing the Spring Hill Times in London, was having trouble getting funds for the printing. Week after week he was pushing himself, even though he did not have enough money. Finally, last week, he decided that he can't do it anymore. He said to himself that he is not printing.

Last week for the first time, someone else printed colored copies, and put them in the local stores! Reb Dovid felt that Hashem was telling him, "You tried your best to make it happen, I'll

make sure that there will be copies!"

Thank You, Hashem!

Family Trusts in Hashem

The Weiss family was in a pizza shop. The table that they like to sit at was taken. They said to themselves that it is not up to fisher-price mentchies, it's up to Hashem. If Hashem wants us to sit there, He will send the people away!

Just as they finished paying for their order, they saw the person who was sitting at that table get up and move to a different table! Hashem gave them exactly what they wanted!



"Baruch hagever - asher yivtach b'Hashem!"

Girl Thanks Hashem

Chani was in school, and she had a terrible stomachache. She did not know what to do.



She decided to write down ten things to thank Hashem for. As she sat down, the pain disappeared! She wrote down the ten things, and felt better than ever!

"Tov l'hodos l'Hashem ulizamer l'shimcha - elyon!"

Family Has Mussar Seder

The boiler in the Friedman family broke and there was no hot water.



They all got together and they sang "Hakol Yachol." Shortly afterwards, the boiler started working again! All they did was flip on the Emunah and Bitachon switch!

"Vehaboteiach b'Hashem chesed yisovivenu!"

Ride the Train!
 You are speeding towards a most Fabulous destination!
IT'S GOING TO BE TOTAL BLISS!
 Just keep on loving Hashem and doing His Mitzvos!

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from Av-Tishrei.

ONLY POSITIVE MESSAGES!

R' Zucker* said that his family was living in very small living quarters, and they outgrew it. They needed to find a new place to live. In the area where he lived, it was very difficult to find a house, because it was rare for a frum person to leave that neighborhood, so whenever a house was put on the market, it was taken immediately. He didn't know what to do; his family really could not stay in their living quarters much longer. He even started thinking of moving out of town.



Then a house came up for sale, and it wasn't grabbed immediately. He was told that it was because the address of the house was the gematria of maves – death. He follows the Bitachon hotline so he said adaraba, it means death of my yetzer hara. He was able to purchase the house! He said he only was able to do it because of the hotline – otherwise he would have been scared. Now he sees everything in a positive light, so he viewed “Maves” as killing the yetzer hara!

MILCHIG “POISON”

Chaim* came home one day with an ice cream. He put it in the freezer, but when he was looking for it a while later, he couldn't find it. He looked all around, wondering if maybe someone had moved it by mistake. He didn't find it, so he assumed someone had mistakenly taken it. At first he was disappointed, because he really wanted it, but then he thought, ‘gam zu l'tova.’ He thought to himself, ‘It must be that it would have been poison for me to



eat it.’

After he thought this, he realized that he had eaten fleishig for lunch, so wasn't allowed to eat the ice cream, which was milchig! Hashem had actually saved him from poison!

HASHEM LISTENS TO TEFILLOS!

R' Green, a Ba'al Teshuva, davened for years that his father would become frum. Whenever he had a conversation with his father to try to bring up ideas related to Yiddishkeit, it was like talking to a wall. Instead, he talked to Hashem and davened for his father. When his father got older, he was no longer able to take care of himself. R' Green arranged for his father to go to a frum nursing home with minyanim, kosher food, shiurim...



With nothing else to do all day, R' Green's father started going to minyan and shiurim...and with time, he became frum! He is now a full-fledged frum yid!

YIDDEN LOVE EACH OTHER!

A cousin of ours was playing basketball in front of our house, and he hit our tenant's window. We were going to pay for it, but our cousin said, “I want to make Hashem happy, I will pay for it.” I called the store where I was planning to buy the new window, and the man told me how much it was going to cost.



When I went to pick it up, he saw me and said, “You are a Yid, and I love Yidden!” He gave it to me for \$5 cheaper!

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
- 4 This week's connection of Bitachon to the PARSHAH
- 5 QUOTE from Sefer "Bitachon Weekly"
- 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
- 9 RECORD your Questions, Stories & Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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A Life with Bitachon in Yiddish
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USA: 845 -262-5115
UK: 0330-325-1260

Thank You, Hashem, for Restrooms! We can take care of our needs so respectfully and comfortably!



Thank You, Hashem, for Ropes! They are ready made for us to attach/pull things strongly and easily!



5
Weekly



Thank You's

By: R' Simcha Elefant - Yerushalayim
Ir Hakodesh

L'zechus that people should feel loved by Hashem!

Thank You, Hashem, for Knobs! We can adjust and open things so easily!



Thank You, Hashem, for Suction hooks! We can hang things up without having to make any holes on our walls!



Thank You, Hashem, for Condenser Dryers! We can just put them in any room, no pipes needed!



&



What's a car? If you were wealthy you all you had was horse and buggy...



NEED TO CLEAN YOUR CAR FOR PESACH?

You probably have two cars or two vans to clean! Your's and your wife's!

Plug in a vacum cleaner and get to work or just go to a car wash shop and pay a few dollars. Or use one the many Pop-up Pesach Car Cleaning companies and enjoy your beautiful fresh, clean car! **Thank You, Hashem! We love You, Hashem!**



Ayin Tova

Seeing the good in every situation



CASE OF THE WEEK:

Chaim had been working diligently at his job for eighteen years. He was widely respected for his hard work, and discipline.



It came as a big surprise to him and his co-workers when one day he got notice that he was being dismissed, without any real reason.

Help Chaim have ayin tova for his employer, and his situation.

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R' Nesanel Landesman

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Or call [Israeli daytime hours only]: USA: 831-244-6019 Eretz Yisrael: 052-760-5409

Suggestions for the case of when Moshe slows down at a yellow light, and gets rear-ended...



- Hopefully, the driver will learn from this experience, and become a more cautious driver.

- Moshe could try and put himself into the other man's shoes for a moment and realize that he likely felt bad about what he has done, and in addition has new expenses that he incurred as a result. Moshe will gain exponentially by moving out of the position of only considering his pain.

- Moshe could think that Hashem didn't wish for him to attend some of his meetings that day for whatever reason, and he was thus "spared" from some bad experience.

- Moshe could think that he was meant to experience something even worse, and he got off relatively easy.



FEELING DOWN?

Look Up!

Bring Hashem into Your Life!

It's the solution to Every Problem!



- Perhaps, he will meet a new doctor that will impress him, and Moshe will be able to refer friends and such to him.

- It could be that upon reflection, Moshe will realize that he could have made it through the light before it turned red, and the car behind him expected him to go for it.

- Moshe could focus on the money he will receive from the insurance company and the possibility of him upgrading his car.

- Moshe could think about the גדלות of כלל ישראל that when two goyim get into an accident, they may get out of their cars and start screaming at one another, while when two yidden get into an accident, they get out and ask each other how each one is doing!

- Moshe learned that he should look in his rear-view mirror and he could warn the car behind to slow down.

SIXTY SECONDS OF INSPIRATION

With Rabbi Label Lam - Monsey, New York

Not Just Leftovers



Many years ago, I went to pick up Rabbi Neuschloss, the Rav of New Square, on Motzoei Shabbos, to bring him to Monsey for a Bar Mitzvah. But before we left his house, he put in front of me a piece of kugel. Before I ate the kugel, he told me about the yichus of this piece of kugel: that it came from sherayim, that came from sherayim, that came from an admixture of sherayim, that went all the way to the Baal Shem Tov, if I'm not mistaken.



So I asked him, "What's the source of Sherayim?" it was a week before Purim, and he gave two answers. Number one, the Gemara says that if somebody eats from something that a mouse ate from, it causes forgetfulness. And there's a concept as mida tova meruba: how much more so in the positive direction, if someone ate from something that a Tzadik ate from, that it causes an enhancement of the mind.

Secondly, it says in the Megilla, "Vayeitzei Haman - bayom hahu, and Haman went out on that day, samei'ach vetov - leiv, with a joyous heart." Now how did Haman achieve such a spiritual height? The Beis HaMikdash was destroyed tachas asher - lo avadta - es Hashem Elokecho besimcha - uvetuv leivov! The answer is, he was exiting the Seuda of Esther. It wasn't anything that Haman did—it was the Sherayim of Esther!

Good Shabbos!

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And to all those who signed up for monthly payments,
a big:***



It's your steady dedication that helps make sure this beautiful paper comes out each and every week!

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You are making the lives of tens of thousands of people better!

You are inspiring generations to come!

You are helping Klal Yisrael enter into the wonderful era of Mashiach!

The Zechus is mindboggling and the reward is beyond imagination!

May Hashem shower you and your families much Bracha, Hatzlacha, Health, Nachas, Simcha!

With Much Appreciation!

The Spring Hill Times

One of the korbanos listed in our parashah is that of the korban todah, the korban offered to express gratitude to Hashem for being saved from a dangerous encounter. There is a unique law that the korban todah needs to be eaten with loaves only in one night. Why is this so? The Netziv explains that the only possible way to finish eating the korban with so many loaves in one night will be by holding a large meal with many friends and family; ensuring that the salvation will be publicized. This is really the ideal way to express our gratitude to Hashem: instead of simply expressing our appreciation personally, we make a public display and share our feelings of appreciation with others. This helps inspire them to be grateful for your salvation.

Something else we see that is unique by the korban todah, is that it is the only korban that won't be nullified when Mashiach comes. Similarly, the perek of Tehillim that is said when it is brought, mizmor l'todah, will not be nullified. The Shulchan Aruch rules that since this perek will not be nullified when Mashiach comes, it has a unique significance and one should sing it with a pleasant melody. This practice has such tremendous power as we see in the following story.

A shaliach tzibbur in a netz minyan in Bnai Brak learnt the halachah that one is supposed to sing mizmor latodah with a pleasant melody. He decided to institute this practice and the tzibbur in his minyan began singing mizmor l'todah together, adding great meaning to their Shacharis. After over a year of this practice, the Chazzan began experiencing different pains and after visiting doctors, the cause of this was unidentified. He was recommended to visit with a top specialist who nervously told him that he didn't



know where these pains were coming from and he will have to do more tests and scans. As difficult as this situation was, he tried his best to stay positive and focus on all the tremendous blessings in his life. He also sang mizmor l'todah in davening with even more fervor.

The day before one of his most important scans, he decided to travel to Tzefas and daven by the kever of Maran HaRav

Yosef Kairo, author of the Shulchan Aruch. He davened with a lot of sincerity and thanked Hashem for all his blessings in his life and pleaded that he will hear good news the next day. He then emotionally exclaimed how Rav Yosef Kairo compiled numerous halachos which are universally accepted, yet one halachah isn't as widespread: to sing mizmor l'todah. He took upon himself to do this and established that the men in his

minyan do this together, each day singing this praise to Hashem. He davened that everything will go smoothly and he will be able to continue this practice and inspire others to sing their appreciation to Hashem, being Mekadesh Shem Shamayim. He concluded his heartfelt prayers by singing mizmor latodah and erupted into a dance around the kever out of gratitude for all the blessings in his life.

The next day, after the scan, the surprised doctor told him, "Never in my history have I seen anything like this. Your previous scan revealed a potentially serious issue and now it is completely clear. You have a clean bill of health. This is really unbelievable and defies all logic how it could just disappear."

The Chazzan was thrilled at this nes and immediately sang mizmor l'todah!



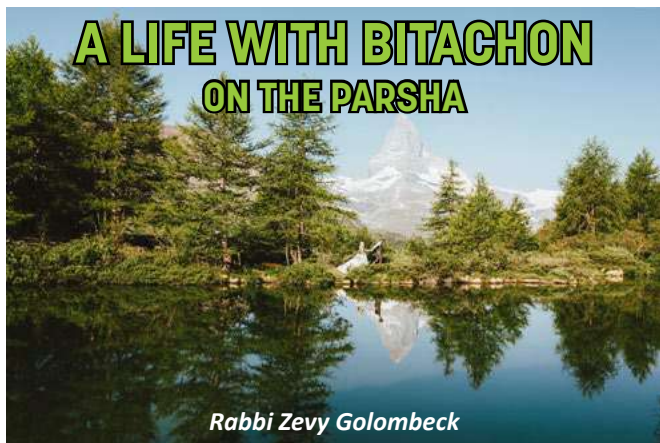
- *All our existence in this world is for one reason - to thank Hashem. (Rav Shlomo Wolbe, Alei Shur vol. 2 p. 283)*
- *With each of praise Hashem that we utter, it causes Shechinah to dwell amongst us. (Midrash Tehillim 18)*
- *Hashem longs for the prayers of Klal Yisrael, and their praises are beloved to Him more than anything else. (Talmud Yerushalmi quoted in Tosafos Succah 53a)*
- *It is appropriate for us to set a fixed time for thanking Hashem. (Peleh Yoetz, Hillul)*

Let's thank Hashem for: Cars.

Our ancestors used to travel on a horse and cart, nowhere near as quick and comfortable as cars. With just a switch of the ignition we can comfortably travel wherever we need. Rabbi Avigdor Miller said 'when you see a car you should feel the great kindnesses of Hashem, what a convenience to have wagons that don't need horses!



This is an excerpt from the weekly Living Appreciation newsletter, for feedback, to subscribe or to obtain our two minute a day inspiring gratitude journal please contact us at livingappreciation@gmail.com



There is a fascinating halacha when it comes to eating the meat of a Karban: The Torah only allows a person a day or two to eat the meat. When this time period is up, the meat becomes nosar, leftovers, and he's commanded to burn it. Let's understand, what is the message and lesson over here? Isn't the Torah very strict about wasting food? If so, why does the Torah give only a day or two to eat the meat and command us to throw out the rest? How can it be that the Torah wants us to take yummy delicious scrumptious meat and burn it?! How can we understand this?

The Chinuch (Mitzva 142) tells us an answer to this perplexing question. He explains: Why do people save their food? Because they're worried about the future. How will they get food for tomorrow? So they save up food. People like to save. But the halacha comes to teach us that where is the worry to store food coming from? Because people take life into their own hands, and so they're worried about the future. But who was taking care of you up until now? It is not you! It is your loving, caring Father, Hakodosh Baruch Hu. The same Hakodosh Baruch Hu who has provided for you until now will eternally care of you. So sit back, relax and enjoy the most delicious, yummy, scrumptious world.

That is how the Chinuch explains Pshat in this Mitzva to burn the leftover meat. This mitzva is to teach us the yesoid to live with bitachon and never to be anxious and worried about the future. Just remember that the same loving, caring Father who has taken care of us until now will forever take care of us in the best possible way.

When we live with this mindset of not taking life into our own hands, we will never, ever lose our menuchas hanefesh and simchas hachaim. We'll never be anxious and nervous. And when we live like this, then we'll be living Lemaala Miderech Hateva. Here are two stories to illustrate this idea.

A Yiddishe Mamme shared: *"I have a son that needed therapy, and I heard that many kids were helped with a particular method. However, I could not afford it and was at a loss. I called Rabbi Golombeck to ask for guidance. He responded by saying, "If you feel like you're in charge of paying for the therapy, then you indeed have a problem. Instead, realize that the same Source that provided you up until now will continue forever to provide for all your needs, You have nothing to worry about."*



I took his advice and signed up for the therapy program. Everyone told me how they paid out of their own pocket, and I was prepared to do that. However, when I came the first day, the therapist informed me that she started a new program, and the government will be sponsoring every last dollar. I didn't have to take a dollar out of my pocket!"

Another message that was left: *"I am a Yungerman, living on a Kollel budget. On Purim, the most I can afford to give is a dollar or two to every collector. This year, I really wanted to give more. However, I knew that I can't afford this, and I wouldn't be able to pay my bills the coming month. But then I said to myself, "One second! Who is the one that pays my bills? Hashem! He will take care of me, and I can be more generous this Purim!" With that, I gave everyone who asked, ten or twenty dollars, instead of my usual dollar or two. The very next day, I got a phone call from someone who wanted to come look at my basement which was sitting empty for many months. He liked what he saw, and in no time at all, he signed a lease. He even paid a large sum of money up front and when I counted it, I realized that it was the exact amount that I gave out on Purim!"*



- **Do I live with the mindset that Parnassa, both past and future, is all in Hashem's hands?**
- **While doing Hishtadlus, which is nothing more than going through the motions, do I have menuchas hanefesh?**
- **When thoughts of anxiety and worry surface, what do I tell myself?**

Taken from A Life with Bitachon, connection of Bitachon to the Parsha (option 4) shiur #249

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Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

"I MUST ATTEND!"

The Avnei Nezer was very busy. Questions from all sides of the world came to his desk, and he was also involved in many of the issues facing Yidden during his time. Because of this, he wasn't able to attend many simchas; they were simply too much. Therefore, when he did attend one, you can be sure that he had a good reason for going.

Once, a simple tailor invited him to the bris of his firstborn child, born after fifteen years of waiting. The Avnei Nezer told the tailor that he would certainly attend, much to everyone's surprise.

His gabbai asked him, "The Rebbe doesn't usually go to any bris, especially if it's far away. Here, you're not



only going, but to that of a simple tailor? What makes his simchah so unique?"

The Avnei Nezer replied, "This father made a kiddush Hashem, therefore I want to participate in this bris."

"What kiddush Hashem did he make?" asked the gabbai.

"This father told me that after his wife had been barren for fifteen years, 'Hashem, with His great mercy performed a miracle.' This was the first time someone said that it was Hashem Who made the miracle. Generally, people say that it was the

Kotzker Rebbe or the Radzaminer Rebbe who performed the miracle, not Hashem. This father testified to Hashem bringing about the miracle, a kiddush Hashem, and I want to participate in this bris."

This story reminds us how we must view all the good we have as coming from Hashem. It wasn't "the power of my hand," my wisdom, or any of the other explanations; it's all from Hashem. We must remember this even by the miracles tzaddikim perform; they are also from Hashem, the result of their tefillos to Him. (Reprinted with permission from Mechon Be'er Haparsha, Torah Wellsprings, Vayeitzei, p. 5).

THE POTENTIAL DONORS

Rav Elchonon Wasserman, zt"l, once traveled to America to raise the



much-needed funds for his yeshiva. At one of the shuls there, in front of an audience of potential donors who had the means of donating generously, he delivered a passionate speech about the value of supporting Torah. The entire congregation was visibly moved.

The Rabbi of that shul, however, was from a different school of thought, and after Rav Elchonon's speech, the Rabbi added a few words, saying that even a few dollars would suffice, since this was not a very worthy cause.

With those words, the crowd went from potentially giving thousands of dollars to not even giving a total of one hundred dollars. Afterward, the rabbi was worried that Rav Elchonon was angry at him, and he thus went over to R' Elchonon to apologize. However, Rav Elchonon told him that what the rabbi had done didn't bother him in the least.

"When Hashem commanded Moshe to build the Mishkan," Rav Elchonon said, "Hashem told him that the actual builder would be Betzalel ben Uri ben Chur from shevet Yehudah. Moshe then went to search for him. He must have gone to the tribe of Yehudah and asked the first person he saw, 'Are you Betzalel ben Uri?' If the man said no, Moshe would then have gone to another person and asked him if he was Betzalel ben Uri. And if that man said no, Moshe would have continued until he found the person he was looking for.

"If those people replied they were not Betzalel, did Moshe get angry at them for not being the person he was looking for? Of course not. Those people were not zocheh to be Betzalel.

"The same applies here," continued R' Elchonon. "I came to America looking for Betzalel ben Uri to support my yeshiva. There are certain people who will be zocheh to be the Betzalels and support the yeshiva, and others who won't. It is clear that the members of your congregation are not from those people who are going to be Betzalel ben Uri. Should I be angry at that? For that reason, when you told the congregants that this was an unworthy cause, I understood that the listeners were undeserving, and I

**Continued on
next page**

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

thus have no reason to be agitated or disturbed.”

LAST RAY OF HOPE

After being childless for twenty years, the Shamni couple reached out to an adoption agency with the hope of adopting a child. There was a list of questions that they had to answer to determine their suitability. One of the questions was: “State, in order of preference, the five things you love most.” Reb Eliyahu Shamni wrote on top of the list “Hashem” and then filled out the other four.

They asked Reb Shamni, “If you adopt a child, will you love that child more than the five items you listed here?”

Reb Shamni answered, “I will never love anyone or anything more than Hakadosh Baruch Hu! I can’t sign this!”

There was another religious couple in the agency at that time. They were

also applying for adoption. They told Reb Shamni, “It’s just a procedure. Tell them what they want to hear. You don’t have to tell them the truth.”

Reb Shamni replied emphatically, “I love Hashem more than everything in the world, and I refuse to say differently.” The Shamnis were thus disqualified and left empty-handed.

Nine months later, the Shamni’s had twins. The other couple they met at the agency was approved, but after nine months, they were still waiting for their opportunity to adopt. By this time, Reb Shamni and his wife



stolen. “At midnight, a thief broke into my home and ransacked all my valuables. I am left with nothing!”



The Rebbe wonderingly replied: “Do you think I stole it? Why are you accusing me? I have witnesses who will testify that I couldn’t have been there at that time. So, why are you condemning me?”

“I wasn’t accusing the Rebbe,” replied the man. “All I was saying was that I had a tremendous loss, and I was looking to receive a brachah from the Rebbe for success and to get back the lost money.” With that, he pulled out some more money to give as a pidyon to merit the yeshuah.

“I’ll agree,” replied the Rebbe, “on condition you give me fifty gold coins. Only then will I give you a brachah.”

“Fifty gold coins?” the man repeated, stunned. He stood up to leave, telling his wife, “I’d rather daven to Hashem than pay so much for a yeshuah. Hashem can help us without fifty gold coins.”

As soon as the Rebbe heard those words, he told the man that he could sit down and not worry. “Your salvation is on its way. I only intended to bring you to realize that the One and Only source of your salvation is Hashem. Now that I hear you agreeing with me, you merited your salvation, and you’ll see that your loss will be reimbursed.”

Continued on next page

were bentched with their own set of children.

Reb Shamni told over, “When one doesn’t give up on the One (Hashem), he ends up with two (children).”

“DON’T ACCUSE ME!”

An affluent businessman came complaining to the Avodas Yisroel that all his wealth and assets were

VENOMOUS SNAKE ALERT

WARNING: This venomous snake seems harmless and innocent. He spreads his highly contagious venom making it impossible to retract.



ALWAYS BE ALERT

Lashon Hara

Life is Wonderful!

By: R' Moshe Hirschberg - Lakewood, New Jersey

And so it was. He turned on his own to Hashem, asking that he reimburse him for his loss, and within a short amount of time, he got back all his belongings.

When we come to the realization that Hashem is the One and only One that grants us our salvation, that itself has the power to bring exceptional results. Every Yid has his own connection with Hashem that enables and privileges him to turn to Him and see yeshuos.

YOU SHOULD'VE... YOU COULD'VE...

Rebbe Chaim of Chernowitz, zy"ta, author of Be'er Mayim Chaim and other sefarim, was a very big tzaddik. One time, he repeated a vision that he saw on Friday night as his neshamah was going to Shamayim. While there, he saw many neshamos standing before the Beis Din shel Ma'alah, the Heavenly Court. These neshamos were told that they must return to this world as a gilgul, a returning neshamah, because of past misdeeds.

Upon hearing their ruling, they cried before the court that there needed to be a change in the system. They explained that they had been in this world several times already, and that each time, they failed in the mission and were sent again to Olam Hazeh.

"What is the purpose of sending us to Olam Hazeh again and again?" they cried. "We will probably fail another time!"

The court replied, "Times have changed. The judgment isn't as difficult as it was in the past. There is a greater likelihood that you will pass the test. You just need to be cautious about one thing: Never say: 'I should

have.' If you can avoid saying those words, you have passed the test and will merit Olam Haba."

According to this vision, the main goal is to go through life without saying, "I should have done things differently." Believe that everything is perfectly planned, including your own choices, and you have passed the test of life.

MAZAL TOV!

A chassid of the Sefas Emes was childless for many years. The local medical practitioners didn't have any solution. They were advised to travel to Poland to get a consultation with a world-famous doctor who was known for outstanding results.

The problem was that this couple didn't have any money, neither for the doctor nor for the trip. The chassid turned to the Sefas Emes for advice; should they try saving up for the expensive trip and doctor's fees? The Rebbe responded that there was no need to travel for his salvation. "Stay in your house, and Hashem will be there for you."

He returned home with the advice from the Rebbe and trusted wholeheartedly in the Rebbe's guidance, not doing any further attempts to plan their trip.

Weeks and months passed, but the yeshuah was nowhere in sight. Without telling her husband, the wife decided that she was going to save up small sums of money each month for the trip. She hoped that by the time she had all the money, he'd see the need to go to this doctor, and when he had that change of mind, she would be ready with the money.

One day, when the husband was

home alone, it was a bit cold in the house, so he decided to ignite the fireplace. Rather than light a big fire, as he was the only one there, he lit a fire in the small one, which they hadn't used for many months.

When she returned home, she was in for the shock of her life. The small stove was exactly where she'd been hiding the money she'd been saving!



In a few minutes, all her efforts had gone up in smoke (literally)! Seeing this, she decided that the only place she could turn was to Hashem, and that's exactly what she did. It didn't take long for Hashem to send them a child.

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Bnei Torah and Derech Eretz

Rabbi Matisyahu Salomon shlita once quoted a Gemara in Berachos (17a) that conveys a powerful message. Rav Ashi states that the non-Jewish residents of the city of Masa Mechasya were abirei lev, literally “people with strong hearts.” Massive Torah study took place in that city twice a year, but despite the vast display of kavod Shamayim, not a single resident of the city ever converted to Judaism.

If not for the fact that they were abirei lev, the sight of multitudes of Jews immersed in talmud Torah would have inspired the people of Masa Mechasya so much that they would have turned their entire lives around and become Jews. Such is the impression that sincere, dedicated Torah study automatically engenders on a non-Jew! The Gemara in Eruvin (54a) states that the Torah endows those who study it with “chein,” making them beloved to others. But if that is the case, why do we find that nowadays, when there are cities where Torah study takes place on a constant basis, there is often indifference and even outright hostility toward the bnei Torah?

The Gemara in Yoma (86a) states that the mitzvah to love Hashem requires us to make Hashem beloved to



fied by his Jewish appearance, his behavior reflects on the Jewish people and, as a result, on Hashem. If he acts appropriately, he brings honor to the Jewish people and to Hashem, but if he acts inappropriately, the opposite takes place, Heaven forbid.

Rabbi Shapiro was once shopping in a department store when an elderly non-Jewish man approached him and exclaimed, “L’chaim!” When Rabbi Shapiro did not respond, the man told him, “Do you know where I learned that word? Fifteen years ago, I had a friend who was a religious Jew, and he taught me the word. He was an incredible person!”

At this point, Rabbi Shapiro’s interest was piqued. “What was so incredible about your friend?” he asked.

“We worked together in a factory,” the old man related. “One day, our boss told him that he had to lie to a customer in order for a sale to go through.” The old man’s eyes filled with tears and he began to shake with emotion. “Do you know what my friend did? He quit his job right then, that very day, to avoid dishonesty. What a man!”

**DEAR BOSS,
I QUIT!**

That frum Jew made such a deep impression on his coworker that the man still remembered it fifteen years later. He shared the story with Rabbi Shapiro simply because he associated that virtuous act with the Jewish religion. A person who is visibly a ben Torah can bring much more honor to Hashem through his actions than a person who is not so obviously a student of the Torah, for his appearance will link his behavior with the Torah.

But this enormous potential is mirrored by the danger of bringing disgrace, chas v’shalom, to Hashem and His people. When I was learning in Lakewood, Rav Matisyahu Salomon used to remind us regularly, “As you rush to seder every day, keep in mind



the ultimate purpose of your Torah learning. You are coming to the beis medrash to spend four hours immersed in learning, in order to create a kiddush Hashem. If you spend the five-minute drive to the yeshivah acting in a way that is not befitting a ben Torah — if you honk your horn rudely, cut off other



to behave appropriately brings disgrace to Torah study and creates a chilul Hashem, for Hashem gave us the Torah as a vehicle for the attainment of perfection.

This is also how we can understand the concept of



drivers, tailgate, and act in other disrespectful or impolite ways — you will be doing the exact opposite of kiddush Hashem. Those five minutes could negate the effect of the next four hours of learning!”

Rav Matisyahu added that often when bnei Torah incur the animosity of our non-Jewish neighbors, it is because we have failed to act with derech ertz. If we do not take care to be

respectful and courteous in our interactions with the world — when we drive, when we park, when we shop, and whenever we come in contact with other people — our actions become inextricably intertwined with their perception of religious Jews.



The Mesillas Yesharim (ch. 11) states that the more learned a person is, the greater responsibility he has to conduct himself in a way

that is beyond reproach. Part of honoring the Torah, he explains, is for a person who studies it to excel in behaving in an upright, refined way. A person who fails

derech ertz kadmah l'Torah . How is it possible for anything to take precedence over Torah? The answer is that the purpose of Torah study is to bring about kiddush shem Shamayim. A person who lacks derech ertz cannot create a kiddush Hashem. His Torah study would be for naught if its ultimate purpose is not realized.

As we pursue our Torah study and mitzvah observance to the best of our abilities, let us take extra care to preserve our derech ertz in our interactions with the outside world, so that we will never lose sight of our true ultimate goal of being mekadesh shem Shamayim.

Need Something? Talk to Hashem! HE LOVES HEARING YOU!

השמעני את
קולך!



הראני את
מראיך!



Article taken from the book 'A Life Worth Living' with permission from Artscroll Mesorah.

Rabbi Shraga Freedman is the author of 'Sefer Mekadshei Shemecha, Living Kiddush Hashem, and A Life Worth Living.

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By: Rabbi Zevy Golombeck

Did you KNOW?

Did you know that every Yid in this world has maalos, and every Yid in this world has chisronos. You can be a positive person and choose to focus on everyone's maalos. Or you could be negative, and look at everyone's chesronos.

Do you know that when you are a negative person, then not only are you giving Hashem tzaar when you're looking at his children in a negative light, but middah kneged middah, Hashem looks at you in a negative light.

The Chofetz Chaim says that if you want to give yourself a business deal, look at everyone positively; be a positive person. Not only will you be giving Hashem endless nachas, but Hashem will look at you as only good, and He won't focus on your chesronos. The third maalah of focusing on positivity, is that the Pele Yoetz brings down, that if you focus on every Yids maalos, that brings Hashem to say that that is how he is going to look at everyone in Klal Yisrael. Hashem will only bring Bracha into the world and won't look at aveiros.

Rabbi Yehuda Mandel added, that you're also not being realistic or practical if you're looking at the chesronos of a person. You're not being truthful because every person, even reshaim, are "maale mitzvos karimon." So you could imagine us; we have millions of millions of mitzvos!! Every day we are serving Hashem. Just to wear a yarmulka and tzitzis, to look like a Yid, is a mitzva. We are doing mitzvos 24/7, 365. Every time we are not doing an aveirah, like not eating chazir, we are doing mitzvos. So every Yid's mitzvos override their aveiros a million times. Our aveiros are batul bishishim. If you look at someones chesronos, you're not being practical. The Sefas Emes says that that's why it said "dan es kol H'Adam lekaf zechus." What does it mean the hay from H'Adam? That if you look at the WHOLE person your see that every Yid is "va'amech kulam tzadikim."



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

Many people would never be harsh on other people, but on themselves they could have no rachmanus. They can knock

themselves non-stop for all sorts of things, and they even feel correct and comfortable doing so.



A person has to go the opposite and become a firm lawyer and defend himself, no different to how he defends everyone else. R' Mandel says that your emotional sanity comes before all your chumros and frumkeit, like the velt says in the name of the Chofetz Chaim that "Hashem doesn't want us to be frum as much as he wants us to be smart".



In Novardok they said that all your guilty feelings come from a lack of bitachon, if you had bitachon you'd realize that despite all your mistakes you'll still see only bracha. A person has to be a happy and relaxed person; Hashem doesn't want his children walking around feeling guilty the whole day. He'll feel better physically and his family and the people around him will enjoy his company.

MAZEL TOV!

Mazal Tov to R' Yisroel Eliezer Kaufman and family (Kiryat Sefer) on the marriage of their son Moshe to Rochel Mendelson daughter of Rabbi and Mrs. Meir Mendelson (Kiryat Sefer)!



By: Rabbi Eliezer M. Niehaus

This column is part of the *Asher to the Yatzar* initiative. To receive a monthly leaflet, please email ashertotheyatzar@gmail.com.

Asher Yatzar - A *Segulah* for Everything!

Recently, I had the *zechus* to pick up HaRav Hatzadik Rav Shimon Galai shlit"a from the Tel Hashomer hospital. He told me that he tries to visit the sick people there every week to give them *chizuk*. Even after going around the hospital for over two hours, he did not have much rest. The entire car ride, people were calling for *berachos* for all types of issues. It was amazing to see how he gave every person encouragement and showered *berachos* upon them. One person asked what they can be *mechazek* as a *zechus* for a successful double knee surgery. Rav Galai answered that they should say Asher Yatzar with *kavanah* from inside a siddur. I showed him our Asher to the Yatzar leaflets and told him that we began them as a result of his advice to ask people to say Asher Yatzar as a *zechus* for a *refuah sheleimah* for our daughter, Esther bas Sara Miriam, may Hashem send her a speedy recovery.



I then asked him if he could share something about Asher Yatzar with our readers. He told me that saying Asher Yatzar is not only a *segulah* for a medical recovery or for staying healthy – it is a *segulah* for *yeshuos* in every area of life. The reason is that saying Asher Yatzar is the greatest declaration of *emunah* in Hashem. By doing so, we are *zoche* to all the *berachos*!

This was a real eyeopener for me! I knew that Asher Yatzar helps for good health, but why does it also help in every area of life? Perhaps we can explain that we pointed out in the past that this is the only *berachah* where we mention Hashem's throne of glory. We brought the words of the Gra that this is to teach us that Hashem is not only involved in lofty matters – He is even involved with our plumbing system. Now I realized that the Gra was revealing to us a very deep matter. This *berachah* shows us that nothing in the world can exist or function without Him. This is the greatest statement of *Emunah* a person can make.

We also discussed in the past why Hashem created us in a way that we must use the restroom several times a day, and not just once a month or once a week. Since we are so involved with our personal lives and matters it is very easy to forget about Hashem, *chas v'shalom*. In order to prevent this, we daven three times a day and strengthen our *emunah* by asking Him for all our needs and placing ourselves in His Hands. However, that would not be enough, because it is very easy to leave Hashem inside the siddur! Therefore, Hashem made us in a way that several times a day we must use the bathroom, giving us the opportunity to instill in ourselves the great truth that nothing in our lives can work properly without His direct involvement.

Since I was driving, I began thinking about how many things can go wrong in a car. The more one uses it, the more maintenance it requires, and after not so many years of daily use, it gets sent to the scrap yard. The body, on the other hand, is so much more complicated, and yet, usually, things do not go wrong for many, many years. Even then, if one takes care of this wonderful present, it continues working non-stop throughout old age. This can only be happening because Hashem is taking care of every aspect of our body, every moment of the day. The Asher Yatzar that is said after these thoughts makes Hashem much more real in every aspect of our lives. Once we are so strongly connected to the Source of all *berachah*, we can hope for *yeshuos* in all areas of our lives!



Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "Heavenwords: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

HABITACHON POWER!

BY: Rabbi Chayim Tzvi Blau



The Quote – The Lesson – The Story

A Meaningful "QUOTE" BASED ON the Sefer Chovos Halevavos "SHAAR HABITACHAN"

The Quote: Last week, we explained one reason from the Chovos Halevavos as to why we need to do hishtadlus and we do not get our livelihood flown down to our doorstep like in the midbar. The Chovos Halevavos says another reason, that if a person would not have to do any Hishtadlus to gain a livelihood. And he would be able to sit back and let everything fall to us on a silver platter, he would not realize the חסד. We would become ungrateful and become sinners. Whereas, when we have to do Hishtadlus and it doesn't come so easy we constantly turn to Hashem and we constantly thank Hashem for our success and for all the good that He showers upon us.

The Lesson: WHAT MAKES THIS IDEA SO INCREDIBLE AND AMAZING, is that the Chovos Halevavos is teaching us that the fact we have to do hishtadlus is for our own benefit so we don't become ungrateful. Hashem loves the relationship that we have with Him. A person who is constantly thankful to Hashem for what he receives, fulfills the tefillah of why he needed to do the hishtadlus in the first place.

The Story: IT ONCE HAPPENED that a rich man became angry with his son for his ungracious attitude towards him. The rich man had always provided for his son's needs and he decided that it was time to stop supporting his son. Subsequently, the rich man sent his son to a faraway land to fend for himself. The rich man hoped that after toiling to earn a living, his son would appreciate all the good that he had done for him.

The father really loved his son and was concerned for his wellbeing, so he sent his friend to see how the boy was faring. The friend reported that the rich man's son wasn't earning enough for his basic necessities. Immediately, the rich man commanded his friend to conduct business with his son, enabling him to earn a living. After some time, the friend told the son of his father's involvement.

Without delay the son wrote a letter home expressing his gratitude for his father's support and apologizing for his previous lack of respect. Once the father saw that his son had learnt his lesson he was able to bring him home.

So too, Hashem wants us to be close to Him כביכול therefore if we realize the truth and thank Hashem, He will provide us with all our needs.

THERE WAS A STORY that happened a number of years ago to someone by the name of Dudi.* He lived in Eretz Yisroel, and was having pains in his eyes. He went to the doctor for a checkup, and after examining his eyes, the doctor worriedly told him, "Your eyes are in serious danger! You must go on a plane and fly to America to a specific doctor who specializes in this type of procedure. This is an emergency situation and you cannot afford to wait until tomorrow - you must leave today. You cannot fly alone in case something happens along the way."

Dudi arranged his flights and was off to America that very day with a friend. As soon as they landed, they immediately headed to the doctor's office. The doctor examined his eyes and told him as follows, "According to your results, you have an extremely dangerous tumor in your eyes. You have a choice between two things. Either we do emergency surgery tomorrow to remove the tumor, and you will become blind for the rest of your life; or you can leave it and the tumor can spread and take your life in a short amount of time. You must make your decision today." Dudi responded that he was going to go ahead with the surgery.

After leaving the office, Dudi asked his companion where he could find a בית כנסת where he could spend the night alone - for this would be the last night in his life that he would be able to see. They found a shul whose Gabbai gave permission for Dudi to stay there with the door locked overnight. Dudi remained in the shul all night undisturbed. The next morning when his friend came he asked him, "What did you do the entire night?" Dudi answered the following, "I knew this was the last night that I would be able to see. Therefore, I spent the entire night crying and thanking Hashem for giving me the gift of being able to see up until this point in my life - now I am giving my eyes back to Him. I thanked Hashem and I was מתפלל." They headed to the doctor for the surgery. The nurses began the pre-op, and did one last examination before beginning the emergency surgery. A little bit later the doctor came in utterly amazed, and told Dudi, "I'm not sure I believe what I am seeing, but the tumor that we saw yesterday, has completely disappeared as though it never existed."



The Parashah in Poetry

By Mrs. S. Mordechai

Nekudos HaKasef
Parshas Tzav

BS"D

There's Room for Every Jew

With a personal front row seat
every Yid saw water from a rock flow
and would prostrate himself to the Aish
bishter without bumping chevra
in the next row.

"Am Yisrael will witness the sanctification
of Aaron and his sons,"
Hashem Tziva Moshe Rabbeinu.
"Gather Kol HaAida into the courtyard.
There's room for every Jew!"

For He who created Heaven and Earth
time and space are but a tapestry He

weaves.
Place out of nowhere sprouts.
Each Yid an expansive plot re-
ceives.

Making an inch accommodate
as many Yidden as a Har
is easy for He Who spoke into be-
ing
Yom V'Laila and gave a name to
every star.

Soon (iyH) Moshiach will take us
home on the wings of eagles
and the Boneh Yerushaylim will Ir HaKo-
desh rebuild.

No matter how many Yidden return
from four corners,
Eretz Chemda Tova U'Rachava will never
be crowded or overfilled.

Our Promised Land, Eretz Yisrael, is wait-
ing for us, Kulanu,
with a beautiful and spacious portion for
every single Jew.

Hashem's Cloud of Glory crowned the
Mishkan by day; B'Laila Aish Tihye Bo
for all eyes to see as He led through the
Midbar
Bnai Yisrael, His Beloved Am Karovo.

With gratitude higher than a har to the
Boneh Yerushalayim and HaKaras HaTov
to R. Yitzchok I. Kaufman (The Spring Hill
Times;) R. Zev Golombeck (The Bitachon
Hotline;) Artscroll Chumash: Parashas Tzav
Text and Commentaries and Weekday Sid-
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DIAL-A-REBBI

Reviewed by BSY

עזרה חדשה לכולם - 112 מ"מ לכולם

Under the guidance of Hacham Shalom



Tehillim in Art

By R' Yehoshua Wiseman
054-844-1131

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It's Full of Love!



It's a Wonderful World!

Sruly Yelen
Lakewood, New Jersey

A GLIMPSE INTO THE PAST





Let's examine an additional point about the vocal cords and the wonders of Hakadosh Baruch Hu in their development. We know that when boys enter the stage of adolescence, one of the distinct changes is the tone of their voices. The pitch of their voices moves over to a much lower and deeper note. How does this happen? Is it just some chemical change?

What's going on is actually quite straightforward. We explained that the vibrations of a longer and thicker vocal cords create a lower pitch, as opposed to the vibrations of shorter and thinner vocal cords. When children are at the beginning of adolescence, it's not only their feet that grow longer their internal organs are also growing longer. Their vocal cords grow 60% bigger during this period.

The vocal cords get longer and thicker, which automatically causes the vibrations to produce a lower note. A girl's vocal cords also expand and her voice changes at this period, but size of the growth and the change of the pitch are much more subtle. When a boy becomes a gadol and begins manhood, he's entering a stage of leadership and responsibility. Hashem gave him the tool of a voice that sounds more strong and confident. He did not need these tools when he was a

katan. So Hashem did not give it to him.

We mentioned that thicker and longer vocal cords produce a lower pitch and shorter and thinner vocal cords produce a higher pitch. Men have thicker and longer vocal cords, so they speak in a lower pitch, as opposed to women. Shouldn't this mean that men and women should be al-



ways be speaking the with same pitch based on the size of the vocal cords? Yet, people do not speak only at one pitch.

People are constantly changing the pitch of their voices when they speak. And especially, they're changing the pitch when they sing. How is this possible? Aren't the vocal cords a thick size which should produce a permanent number of vibrations?

The explanation is that Hashem b'chasdo created a number

of tiny muscles next to the vocal cords that expand and contract the vocal cords. This causes the vocal cords to be various sizes. Sometimes they are shorter and thicker, and sometimes they are longer and thinner. If not for those tiny muscles, then not only would we not be able to sing, we would not be able to talk with expression and emotion. Communication would just be in a mono-tone, so boring and lifeless.

It's the contractions and expansions of these tiny muscles which change the vocal cords to many various sizes, which enable us to speak and sing on various notes. Not only did Hashem give us the ability to change tones, but He enables us to make these changes quickly, in a fraction of a second. We don't have to pause to change the pitch. This makes singing and speaking with emotion smooth and seamless.

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The Starfish

You are probably wondering what's so amazing about a starfish. It typically just stays in one place. What's the big deal? Well, in this article we will get an understanding as to why some scientists have said 'Starfish have been called the strangest animal on Earth...they are built like nothing else on the planet!!!' As we shall see, there are two aspects of the Starfish that NO OTHER creation on earth has and there are a few other aspects that a few other creatures have, nevertheless, they are still quite unique and we will discuss them.

Because of the unique structures of the starfish, to do justice to the topic, we will need more pictures than usual. (Scientists have changed its name to Sea Star since it's not a fish as it has no fins.)

I think we should start with its pretty unique (there are 4 other creatures that have a similar system) water vascular system.

Sea stars basically have no blood. It mostly exists in seawater, and it lives off seawater.

(They do not live in freshwater rivers, only in seawater.)

These two pictures (A & B) will explain a lot. In picture B – the white center is the madreporite. It's where it all starts off. It's a tube covered by a sieve-like material where the seawater enters to start the process. The sieve of course keeps out dirt etc. The other things around the madreporite will be explained later on.

In picture A the water then goes down into what's called the stone canal. It's made of a hard calcium type of material; hence it's called the stone canal. (It's not that easy to see it in the picture since it's a relatively short pipe.)

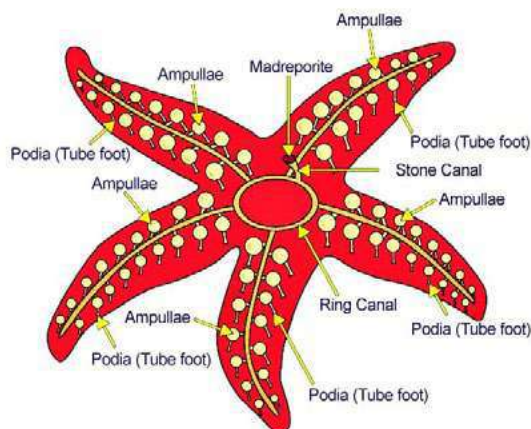
From the stone canal, the water continues into the ring canal. From the ring canal the water continues to go through the 5 arms (rays) through what's called the radial canal. The radial canal is a pipe that carries the water across the full length of the arm. Attached all across the length of the radial canals are what's called lateral canals. (Not shown in

picture A but you can see it in picture C) Picture a capital T. The radial canal is the long part of the T and the lateral canals are like the top of the T going out the right and left side of the radial canal. They are 2 very thin tubes and they carry the water to the all-important ampulla. The ampulla is the top part of the tube feet. Picture C is a picture of what we just described.

Picture C:

The below pictures are pictures of the top and bottom of the ampulla. The bottom part of the ampulla is the podia, otherwise known as the tube foot. The blue line being shown is the radial canal carrying the water to the ampulla, but it's missing the thin hard to see, lateral canals that are really the last piece of the puzzle that carries the water from the radial canals to the ampulla and then to the tube foot. The lateral canals are extremely important since they each have a valve in them that holds the water in the ampulla from going back into the radial canal. If there was no valve then there wouldn't be any vac-

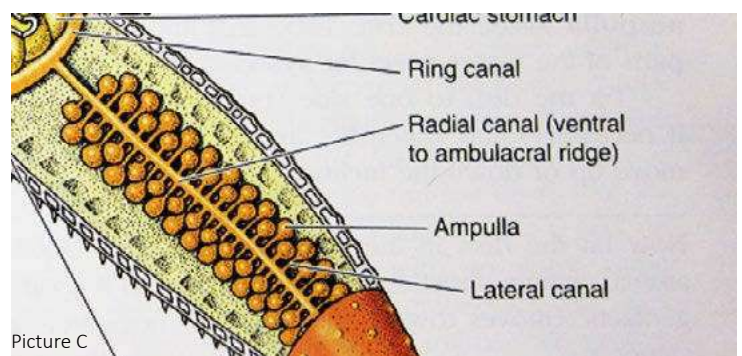
Water Vascular System of the Sea Star



Picture A



Picture B



Picture C



uum and suction capabilities between the ampulla and the feet. This suction process is called Hydraulics. Hydraulics is a mechanical function that operates through the force of liquid pressure. In hydraulics-based systems, mechanical movement is produced by contained, pumped liquid, just like we have here in the forcing of liquid into the tube feet through the pressure exerted from the ampulla bulb/sac which compresses the water downwards into the tube foot. It works as follows.

Picture of water going down the madreporite through the ring canal and then through the radial canal (through the lateral canals – not seen) down into the ampulla and into the tube feet.

Tube feet

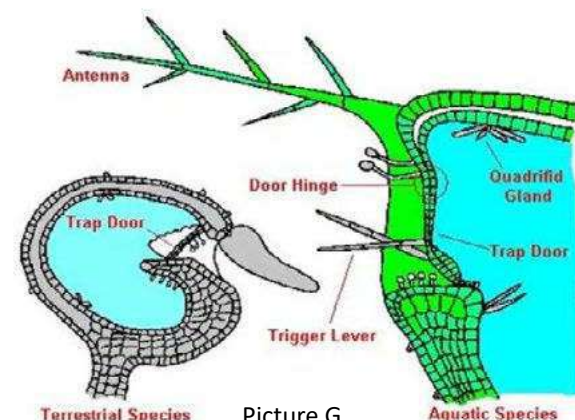
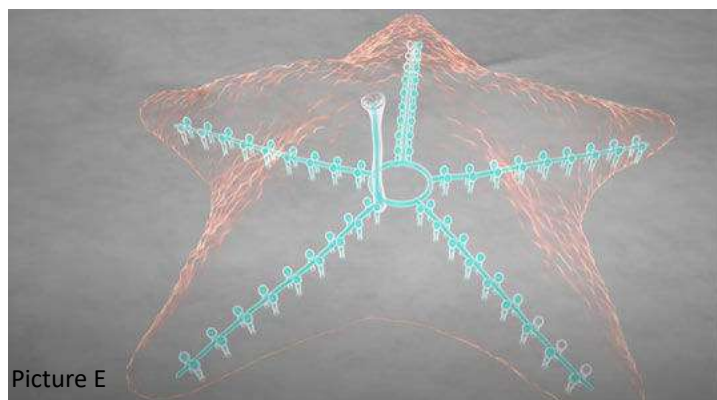
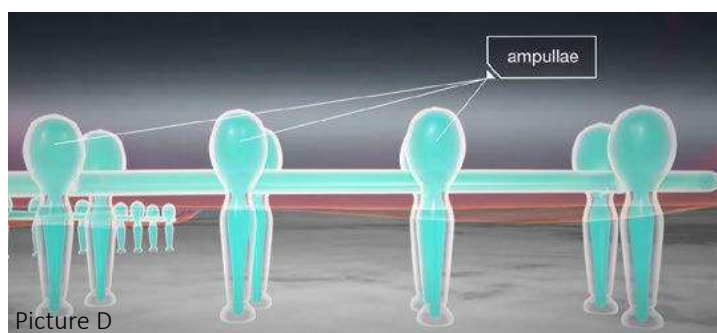
It works as follows. The podium (foot) is stretched to full length by the contraction (squeezing) of the circumferential muscles in

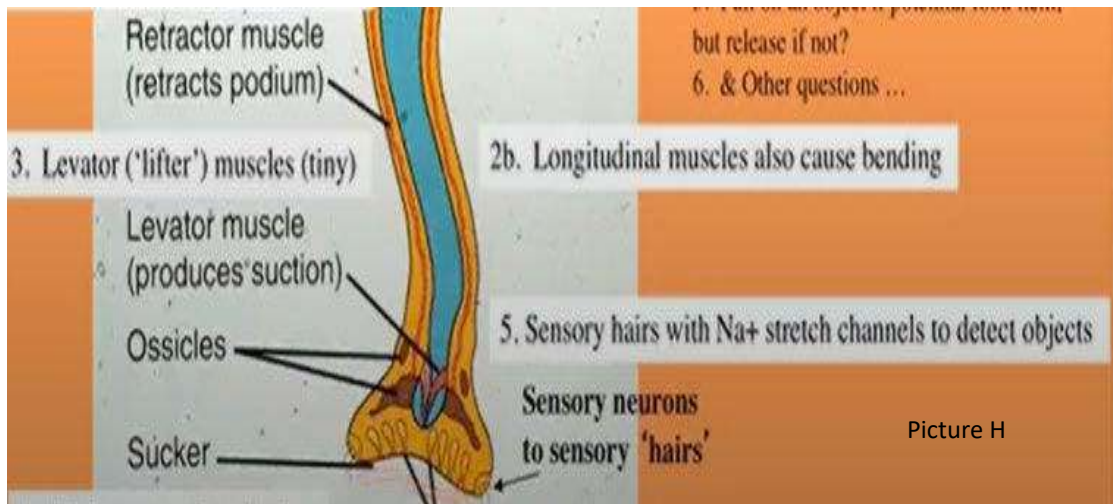
the ampulla bulb which is full of water. This action generates pressure that sends out the water from the ampulla, into the podium (foot). It works similar to the way a dropper works. (See the picture in the box with (f) in it.) Then relaxation of the ampullary muscles, together with the contraction of the podium's longitudinal muscles, and together with the contractor muscles, causes the podium to retract (to become skinnier) and it thereby sends the water back up from the podium into the ampulla. This takes place when the feet are ready to go back into its body cavity when it wants to stop walking. The feet retreat into the cavity on the bottom of the arms. It also takes place to a lesser degree whenever any step is taken. When the foot needs to move forwards there's also a little amount of the tube foot retracting. The longitudinal muscles are also the cause of the bending of the feet in whichever direction it needs to bend in order to follow the leading arm.

The below picture depicts how the activation of ampulla muscles and the podia lead to contraction, extension and the bending of the tube feet. The below picture shows how the tube feet aren't simple structures at all. They have various muscles working in them as we just explained.

The feet release their grasp of the ground when they reach a certain length that is pre-programmed into their nerves. If the foot would be extended too long it would rip. Now, what grasp of the ground are we talking about? Well, amazingly enough, there's two ways how the end of the tube feet grab onto surfaces it's walking on. One is with the lavador muscles (see picture) which causes a curvature in the bottom of the foot thereby creating a suction from the sucker part of the foot. But there's another amazing way it holds on tight to surfaces.

Amazingly, it has glands towards the bottom of their foot that uses special chemicals to





Picture H

HOWEVER, there's one little problem. I didn't mention this until now, but the starfish has no brain!

Yes. You read that correctly! Therefore, scientists have no idea how the hundreds and thousands of feet can all walk in such synchronization, and coordination without a brain. You must realize that there's one arm that leads the way. Usually, it's the arm that detects the scent of potential food. Now if you see the way the feet are set up, each arm must have their feet facing

a different direction than the other feet since they are all on a different angle to each other.

What amazing coordination it takes to have all the feet going in the same direction, all without a brain! There's MUCH MUCH MORE to discuss about the amazing starfish which IY"H we will get to in the next article or two.



Picture I

bond to the surface it's walking on. In fact, it's so strong that it immediately needs another chemical to be released to enable detaching from the chemical bond just created, so that the foot is released and it can move forward! (You could see the chemical footprints

create 2 different types of adhesive liquids that when they are released, create a strong

they leave over when they pick up their feet!)

The author can be reached at emunahexplained@gmail.com

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The Miracles Inside Your Slice of Bread

By: Mordechai Solomon

1. The seed has all the bits and pieces of information to produce more wheat which is needed in the production of bread.

2. The seed stays fresh and does not rot so you can gather them and plant a whole crop's worth.

3. Soil is only found on earth.

15. Different germs and bacteria grow in the soil to improve the soil for the growth of the plants.

16. The seed reacts with the water to start to decompose.

17. This enables the water should continue to make the seed rot.

22. No matter how the seed is placed in the soil, the root goes down.

23. The stem goes up no matter how it is placed.

24. The plant survives on rainwater.

25. The ocean is full of salt water which cleanses the water from impurities.

26. The sun shines on the water.

27. The sun is millions of miles away and yet it has an effect on earth.

28. If the sun would be too close it would burn the earth.

29. If the sun would be too far, the world would freeze.

30. The sun is a ball of gases.

31. The sun constantly gives off heat by chemical reactions.

32. The molecular structure of water is so that when it gets hot, it starts to change.

33. The water turns into water vapor.

34. Water vapor is lighter than air, so it rises.

35. The sun sets in order to let the earth have a rest and certain insects work at night.

36. The earth spins in a cycle which causes the sun to set.

37. It is in constant motion never stopping.

38. Everything in the world is stationary and the movement not felt.

39. The moon an orb in the sky.

40. It has a certain cycle.

41. It reflects the sunlight.

42. It has an effect on the moisture of earth which is necessary for growth.

43. The earth spins in an angle so that sometimes it is closer to the sun and sometimes it is further.

44. The sun has a force on the earth.

45. This causes all different seasons and climates.

46. During the cold season the earth stops producing as much giving a rest to the earth enabling it to give off a better crop.

47. There are many dust particles in the air.

48. When the water rises, it leaves over all the salt and dirt from the ocean.

49. The water combines with the dust particles.

50. It starts to accumulate into a cloud.

51. Cold air sinks.

52. Hot air rises.

53. The difference causes air current.

54. The wind blows inland.

55. The Clouds move inland.

56. The cloud gets heavy with water.

57. The cloud releases the water.

58. Gravity brings down the water to the earth.

59. There is a negative cloud.

60. There is a positive cloud.

61. When they rub together they make lightning.

62. Lightning travels to the ground.

63. The lightning has tremendous heat.

64. The air has in it a gas called nitrogen.

65. The lightning makes a chemical reaction with the nitrogen making nitrates.

66. The nitrates are a very good fertilizer to help the growth of the plants.

67. The stem starts to push itself out of the soil.

68. The sunlight has energy.

69. The plants know how to absorb the energy.

70. The plant turns green called photosynthesis.

71. As the plant grows the roots also grow in order that the plant shouldn't fall down.

72. The roots absorb the water.

**No more space in the kitchen!
Let's go to the dining room.**

73. The roots send water to the whole plant.

74. The roots send water to the whole plant.

75. The leaves send energy to the whole plant.

76. Carbon dioxide is made up of two different elements.

77. The leaves absorb the CO₂.

78. The leaves give off oxygen as byproduct. When all the CO₂ in the vicinity of the plant gets used, how does it get more? The wind blows new air with CO₂.

79. There is a constant production of CO₂ because animals breathe out CO₂.

80. When they breathe in oxygen, the by-product is CO₂.

81. The rains come only certain times during the year.

82. These times are beneficial and are the exact time the plants need water.

83. The amount is not too much to drown them.

84. It doesn't come too forcefully.

85. It doesn't come too little for the plants.

86. Sometimes it comes like small needles to penetrate the ground.

87. It doesn't keep on pouring which would also drown the plants.

88. The plant stem starts to rise straight up and it is elevated from the ground enabling it to be cut easier.

89. They grow in a straight line so they don't get tangled.

90. Very bendable to they don't break in the wind. The leaves absorb the nutrients and bring it down to the roots.

91. Each one miraculously knows how much to give to each part of the plant.

92. After the stem reaches a certain height it starts to produce the grain.

93. The grain is on the top where it can get the most sunlight and not be affected by the shade of the stem.

94. They grow in the spring when the sunlight starts increasing because it is necessary to have a lot of sun.

95. The field is full of green stalks of wheat when they become ripe they give a sign changing from green to white what a miracle that the plant knows that a person sees different colors.

96. Now comes the time to harvest and you need a sickle to cut the wheat. A sickle is made of metal, which is found in the earth mixed with impurities.

97. When the metal is heated with extreme heat then the impurities go out because they burn out and the metal is left over. This is a miracle that the metal doesn't burn out and the other stuff does.

98. You can mold metal any shape you want.

99. The metal dries and becomes hard.

100. The stalks are very soft, not hard, so without great difficulty it can be cut, not like a tree that needs a lot of time to cut. (A miracle that these things need to be used on a constant basis are easy to cut or pluck).

101. Metal becomes very sharp in order to cut it.

102. It's also very strong so it doesn't break.

103. The sheaths of wheat are very light in order that you can bundle it and transport it.

104. Flax is a plant that grows from the ground.

105. Their stalks can be used as string.

106. String enables one to tie the sheaths and transports them easily.

107. The sun dries them out and can stay as kernels a long time without spoiling.

108. The kernel is made up of (at least) two parts: the grain and the shell (chaff) which is made to protect the kernel from spoiling.

109. Hashem made the kernel that it can be easily removed by rubbing it vigorously. The way it was done it was put on the floor and you put a piece of wood on top of it.

110. Wood comes from a tree that grows very tall and has a big trunk that is quite strong unlike for use.

111. The wood can be carved in different shapes without breaking and it is made into ridges to press on the wheat kernels.

112. The man stands on the wood and hold onto straps which hold onto an animal that goes around in circles etc.

113. The straps that the man holds onto are made of leather.

114. Leather comes from the hide of an animal.

115. Leather is formed by a process called tanning and it is very durable and lasts a long time.

116. Salt is used for tanning.

117. Salt is made of two gases.

118. Eventually it dries and becomes ready to use.

119. It's a big miracle that the animal is domestic and listens to orders and is not wild and doesn't have big demands and is happy to go around in circles.

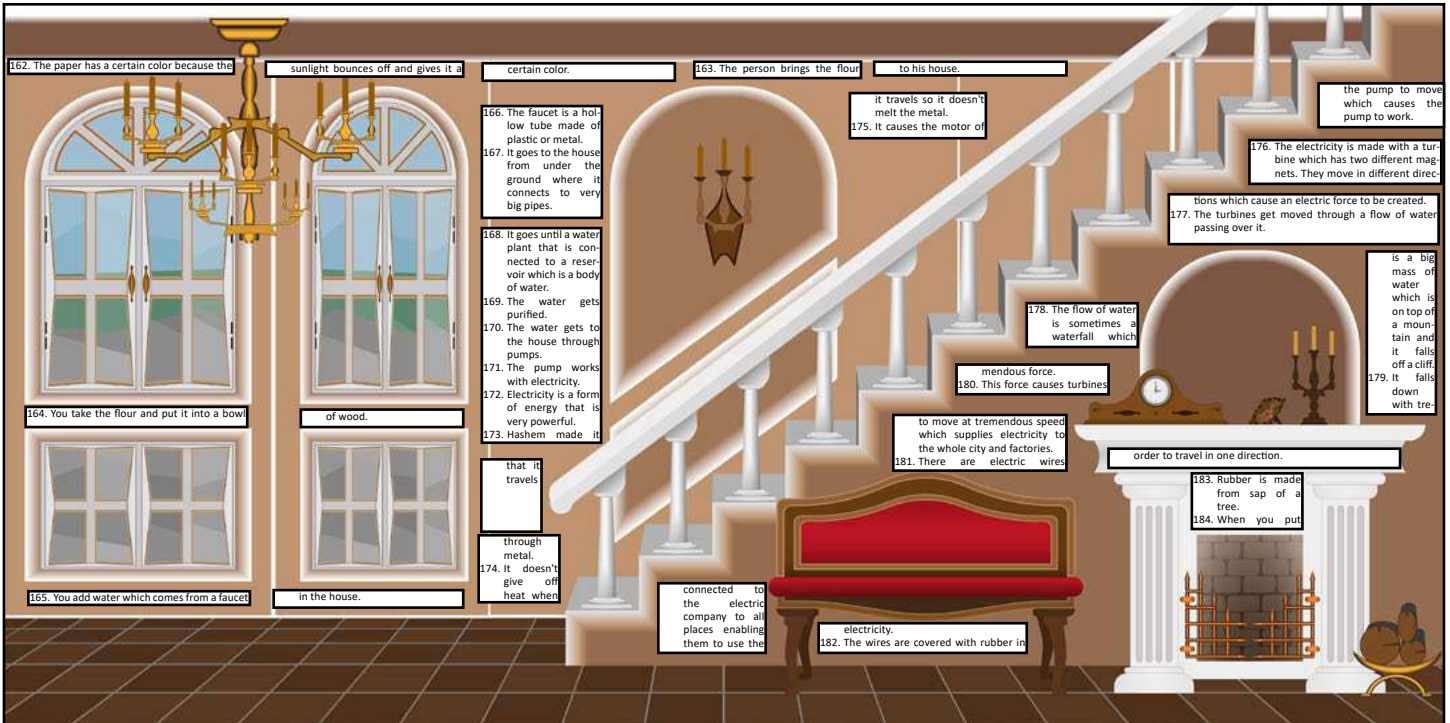
120. The person is heavy enough to put pressure on the kernels to separate the kernel from the chaff but not to crush it so that you can retrieve it.

121. Hashem made that the chaff is lighter than the kernel so when it is

**No more space in the dining room!
Let's go to the living room.**



**No more space in the living room!
Let's go to the steps.**



**Baruch Hashem, we found more
space....**

...in the laundry room!

the water on the flour it has to kneaded so a person has two hands.
185. The hand has 10 fingers to help knead.
186. Each finger has joints enabling to knead.
187. The hand has a palm to grab.
188. Hashem made a wrist to maneuver the dough.
189. Hashem made a forearm.
190. Hashem made elbows for leverage.
191. Hashem made Biceps to apply pressure.
192. Hashem made shoulders that is where the arms are connected.
193. Hashem made a chest.
194. Hashem made chest muscles.
195. Hashem made a spine to able to move back and forth.
196. Hashem made it with these things one can apply pressure to knead.
197. It is a nes that the water and flour form a new entity called dough.

198. There is a bacteria called yeast.
199. This bacteria is able to exist in the air.
200. Hashem made the air a very good breeding atmosphere for all types of bacteria.
201. The yeast grows very well in dough.

202. The yeast makes the dough start to rise which is how bread is made. Without yeast it would be just a cracker.
203. You let the dough sit for some time improving the quality of the dough.
204. Hashem made that the dough is

soft, not like cement, so now one can

through them.

211. The pipe is connected to

the stove.
212. The oven has a valve that lets the gas go into the stove.

213. There is a knob on the oven which when it is opened it opens the valve and allows the gas to

cut it easily in order to make loaves of dough which will eventually be bread.
205. An oven is a metal or stone box that are

able to maintain a lot of heat.
206. Heat is a byprod-

uct of fire.
207. Fire is caused by gas which comes from the ground.
208. To get gas from

the ground you need special machinery.
209. From the source of gas to the house one needs hollow

pipes.
210. Hollow pipes are made from metal and the gas travels

come in.
214. The knob is made from plastic.
215. In the oven or a match makes a spark.
216. The spark is made by a certain material rubbing

against another material.

217. Hashem made the gas flammable and it starts to burn and makes a fire.

218. Hashem made that the fire uses oxygen in the air to exist so it continues to burn.
219. Hashem made that the fire gives off heat.
220. Hashem made that the heat travels in the air.
221. Hashem made that heat gets absorbed by objects.
222. When the heat starts to get absorbed by the dough - Hashem makes that the dough starts to change.
223. Hashem made that the dough is not like clay that becomes hard and brittle rather it becomes soft and fluffy.

224. Hashem made the outside get brown so you know when it is ready.
225. Hashem made gloves that are made from cotton.
226. The gloves don't absorb heat

so you can take the bread out of the oven and not get burnt.
227. Hashem made

is taken out of the oven, the heat leaves.
228. Thank Hashem for a chair made of metal.

This Week's Six Miracles

229. and a cushion.
230. Table made of metal.
231. and wood.
232. A plate made of plastic.
233. A knife to cut bread.
234. Eyes to see the food because it enhances the appetite and enjoyment of eating the bread.

To be continued...

Gemach Listing

אלו דברים שאדם אוכל פירותיהן בעולם הזה והקין קיימת לו לעולם הבא.... גמילת חסדים...

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Give him gifts!

Write nice notes!

Do Hatava B'makom Hakpadah!



LET US IMAGINE

Editor's Note: Back in the days, when I had more time on hand, I would BS'D have this weekly column which was many readers' favorite column. B"H things got busier and especially with the addition of the Ki Tov News Station and I wasn't able to continue making the articles.

Here is one from the past. It's always good to make chazara!

Dear Reader! If you feel that you have the ability to create such an article each week or every other week and have an urge to be mezake the Rab-bim, please contact me. Please text: 845 327-5041 or email: thespringhill-times@gmail.com

Let us imagine the following scene that is taking place in the next world:

"Avraham the son of Yitzchok, please step forth."

R' Avraham walks shakily into the center of the room. All his actions from his lifetime are going to be judged.

"Mitzvos, please come forth," calls out a voice.

All of a sudden, thousands of malachim come forth and they start piling all his mitzvos onto the scale:

Every Shabbos that he kept. Every minute he learned Torah. Every second he was wearing tzitzis. Every time he said, "Thank you." Every bracha he made...

Then R' Avraham sees them putting on the mitzvah of when he put a smile on Mr. Applehouse's face who was sick in a hospital in Los Angeles. That encouragement gave Mr. Applehouse the ability to recover! All of Mr. Applehouse's mitzvos, maasim tovim and tzedakos were put on the scale.

"What's going on?!?! I never visited a hospital in Los Angeles! I never even went to Los Angeles! I have no idea who this Mr. Applehouse is! Is this the Olam HaEmes???"

Next, he sees them piling up a mitzvah



that the Berman family from Cincinnati started keeping Shabbos because of him. They eventually became frum because of him! All their mitzvos; their tzitzis, their shofar, their sukkos are piled up on his scale...

"What is this? I never went to Cincinnati!!! Never in my life did I ever work in Kiruv!"

Next he sees them putting on that he saved 90 boys from South Africa from going off the derech.

All their mitzvos and their children mitzvos, until the end of all the generations, are piled on the scale...

"What is happening? I was never ever in



South Africa!!! I never did this! You have the wrong guy!!"

But the malachim just ignore him...

They put on the scale the 350,000,000,000 times he put smiles on the faces of people who were going through a hard time...

"This makes no sense," says R' Avraham to himself.

He sees them piling up the 1,320,000 children who were mechazek, thousands of times each, in bitachon because of him.



The scale needs to be enlarged to hold all those mitzvos...

What is this?? I never met these children! Is this the world of truth??

He see them piling up onto the scale billions of words of limud Hatorah. Words of Torah from Yidden all around the globe.

"Why?? I never met those people in my life! Why am I getting credit for this???"

The next mitzvah was that he restored peace in families in Belgium, Brazil and Australia.

"What are you talking about?" I was never in Belgium! I was never in Brazil! I was never in Australia! I was never a marriage counselor! I cannot believe this! Am I really in the Olam HaEmes?"

Then the malachim pile on the billions of times that people loved Hashem and their fellow Yid, because of him...

They piled on the thousands of times he stood up like a lion and defended Klal Yisrael. Besides for the unbelievable pleasure he gave Hashem, he brought so much chesed and rachamim to Klal Yisrael! Thousands of tragedies averted. Hundreds of sick people were cured...

"You have the wrong person," he felt like screaming...

The enormous mountain on the scale keeps on growing higher and higher... He can't even see the top...

Next they piled on all the times he made millions of Yidden perform mitzvos with joy...

"You made millions of people realize and feel how wonderful Hashem is....

LET US IMAGINE

You were mekadesh Hashem's name over the entire world like never before in history...."

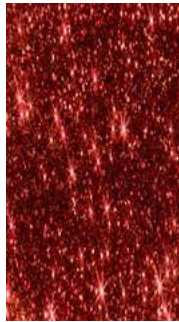
And trillions of malachim run to put all those zechusim on the scale...

Next he sees malachim putting on the zechus that he has brought Mashiach...

R' Avraham, just stands there with his mouth wide open in disbelief shaking his head side to side. "No no, I never did this. It's not me..."

He then hears an exciting announcement, "Please take R' Avraham ben Yitzchok to the beautiful resting place he has made for himself."

The band starts playing



the most beautiful joyful music he has ever heard... A stunning red carpet studded with diamonds shining as bright as the sun, is laid out in front of him... All the tzaddikim, the Avos, Moshe Rabbeinu, Dovid Hamelech... and the malachim come to escort him...

He turns to the malach on his right and pleads with him, "Please I beg you tell me what's going on. I never did this. I was a simple guy who just sat and learned most of my life. I almost never left my hometown... This is all one huge mistake..."

"Don't you remember that you once signed up to the Spring Hill Times to give them a few dollars every month?!?! Asked the malach.

"Yes, I remember... Ohhhhh, now everything makes sense! But I set it up so many years ago," protested R' Avraham.

"Makes no difference," said the malach.

"But I totally forgot about it! I didn't even feel it coming out of my account. It was only \$10 dollars."

"Makes no difference," said the malach, "you had your part in the Spring Hill Times."

"Wow! So all these trillions of mitzvos are really mine? I'm a trillionaire! I'm so lucky!"

A thought quickly passed through his mind, "Imagine if I would have signed up for \$25 a month... Imagine if..." But he quickly brushed it away...

And with a heart bursting of joy he continued on to his most stunning wonderful place.... THE END

The Spring Hill Times Fire Dept.



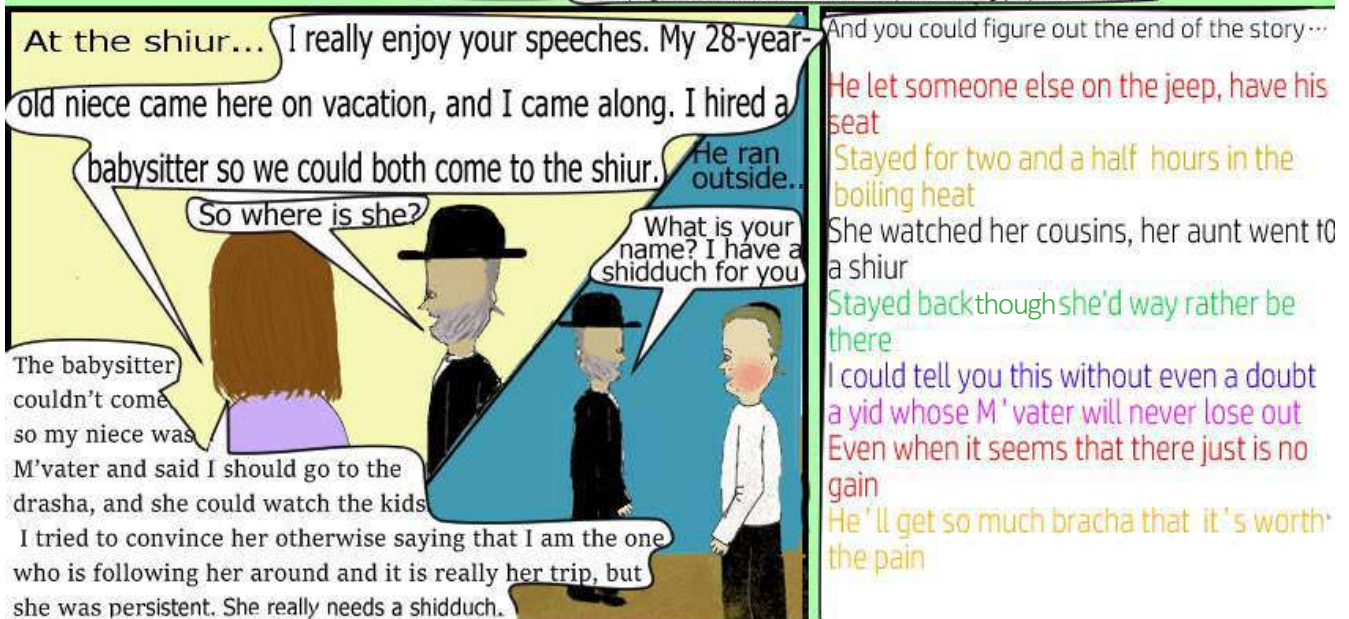
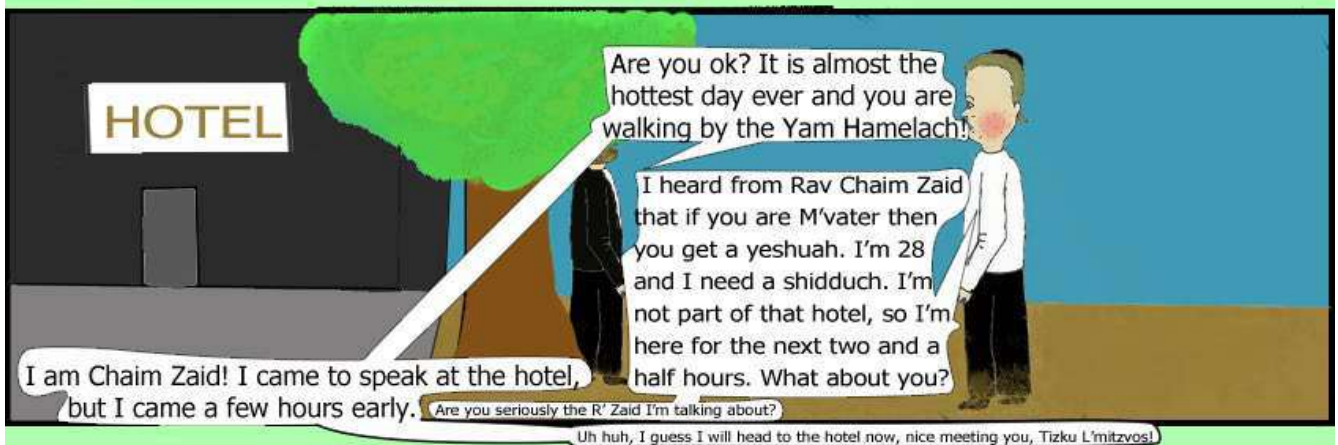
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2. Maintain a safe distance from fights - a minimum of 1000 miles.
3. Drown yourself in all the good Hashem gives you and be as uninterested as possible in anything else.
4. Someone said something hurtful? DON'T be hurtful back. It's extremely flammable!
5. Laugh it off (inside).



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Rabbi Zevy Golombeck

Illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

Q: The Gemara Brachos 47a says that if a person doesn't answer amen in the most perfect way, his children will become yeso-mim; he will die young.

How do we understand that Hashem, Who is the ultimate Rachaman, would give the death penalty to a person who doesn't say amen the perfect way? It seems like extreme middos hadin, not the way a father would treat a son. It sounds as if a father would sentence his son to death for not standing up for him quickly enough... We would say that the father is very cruel...



In addition this Chazal gives me great anxiety every time I answer amen, is it too fast or is it too slow...

A. R' Yehuda Mandel taught me, that the first and foremost point

is that every time you see a Chazal which refers to a punishment for doing something wrong, the point of the Chazal is that you should say mida tova meruba, so that you realize how incredible the reward is for when you do it correctly! For example, it says mevayesh chaveiro brabim ein lo chelek l'olam haba. R' Yehuda Mandel learned from this to go around praising everybody, to be mechabed everyone b'rabim, and like this you get the same olam haba as the person you praised! So R' Yehuda goes around and looks for opportunities to praise yidden, for example he says, "Oh, you're learning amazing!" and he says it b'rabim, in front of everyone, so he earns the olam haba of whoever he praised!

The ikar of every negative chazal is to teach you that mida tova meruba. So the same principle applies here. The gemara is coming to teach you that if you're maarich amen, if you say amen with a geshmak, freilich, then you'll get arichas yamim. So really the ikar focus of this chazal is to realize that the point is to show you how gevaldik to say amen the right way, and then you'll get arichas yamim. Yiddishkeit is so easy! How long does it take to be maarich amen? An extra second? In one extra second, boom, arichas yamim!

Now, the second most important yesod is, as R' Avigdor Miller says, that when it comes to Torah and mitzvos, when Chazal tell you to do a mitzvah this way that way, it's not to give you anxiety, worries,

OCD. Everything in yiddishkeit has to be diracheha darchei noam. It has to be pleasant, it has to be fun. So if you look at halachas as, "Oy it's so hard, if you do it this way – gasp! It's so hard, so hard... It's so difficult, oy, it's so scary..." Then it's not diracheha darchei noam, then it's like a thorn bush. The Gemara says that's why we don't use a lulav with thorns, because anything that's poky is not diracheha darchei noam. So if you look

at a mitzvah as poky and prickly, then it's not diracheha darchei noam, that's not the mitzvah. So obviously, you're getting the mitzvah all wrong. So let's figure out what is yes the mitzvah. What's this whole dagesh, this whole focus, on if you say amen this way or if you say amen that way? What's amen all about?

The translation of amen is emunah. We're in this world to feel Hashem's love. We're in this world to feel Hashem's care. We're in this world to feel Hashem's protection. We're in this world to feel Hashem is watching us. By emphasizing how crucial it is to say Amen properly, chazal are trying to teach us about Emunah. Emunah means that we believe Hashem is running every step of our life. A person's emunah shouldn't be Hashem is only running half my life, Hashem is maybe running my life... Just like when it comes to emunah we don't doubt things, it has to be crystal clear and appreciate everything Hashem is doing for us. That's the point of amen and that's the point of emunah. Emunah has to be crystal clear. You can't get up and say, you know Hashem



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Illuminating Words of Chazal

"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."
Rav Yehuda Mandel

you know is pretty good. No, no, no! Chas veshalom! Hashem is perfect! So just like we want to say Hashem is perfect, when we say amen perfectly, we are also saying Hashem is perfect.

So that's the point of all these halachos. Like don't say an amen chatufa, a quick amen! You know why? It's like getting up and giving a shmuz – Hashemrunsttheworld. Noooo. You say Hashem made a beautiful world! That's why Spring Hill Times is full of pictures and designs. It's not black and white. We do it right! That's emunah. Emunah has to be done right. So you don't make a quick amen. And you don't do an amen yesoma, rush to say amen before the end of the bracha – I don't want to hear the whole bracha, okay just stop talking to me about Hashem, okay amen amen amen I got the message. So amen yesoma is like saying okay, I don't want to hear any more, I got the message. Amen ketzara, you don't pronounce the word, am-. We don't even know, are you

saying Hashem's name or are you saying a different name? Who you talking about?

It's all lessons of how we have to live with Hashem. We have to live with Hashem with love, with a passion, with feeling. Yes, Hashem, I want to speak about you! Hashem, I want to talk to You! Hashem, I want you to be part of my life! That's the message and that's the lesson of all these halachos. These halachos are fun, these halachos are geshmak! It's coming to teach you that be maarich in amen. What does it mean maarich in amen? Be maarich in emunah! Dedicate your life to emunah! Speak about Hashem, don't be embarrassed! When you see someone go over to him and ask him, how did you see Hashem today in your life? Make Hashem part of your life. Make Hashem real. Make Hashem tangible.

That's why there are so many halachos of how to say amen properly. Because this is the yesod of yiddishkeit, this is the yesod of leben, is to feel loved. And if you don't put Hashem into the picture and make a big deal out of Hashem and do emunah the right way, then you missed the boat in this world. So that's the point of all these halachos.

What if someone will come and say, "But it's so easy to mess up!" It's actually almost impossible to mess up! Because only a person who doesn't care about amen, doesn't care about emunah, yes for him he'll mess up. He's not interested in the bracha, he'll just say amen without even thinking when he's saying amen, to who is he saying amen to. If emunah plays no chashivus and plays no role and Hashem plays no role in his life, so his amen won't play any role. So as long as you do a daily exercise, like every yid is doing, of thinking about Hashem, it's so easy! In general, Yidden DO say amen properly! We very rarely say an amen yesoma, amen ketzara, amen chatufa. We say amen hundreds of times a day and we say it properly! It's not a big deal to say it properly. It's not a hard thing. If someone once in a while makes a mistake and says it the wrong way, Hashem doesn't look at the actions, He looks at machshava kmaiseh, He looks at the ratzon. Oh, you wanted to do it properly? Good, so you did it properly!

So the bottom line is that we're not walking on eggshells that if you step on something wrong uh oh, who knows what I can crack... No, the taryag mitzvos is not eggshells. We don't look at yiddishkeit as eggshells. Torah is easy, Torah is fun, Torah is geshmak! It's an easy halacha to keep and the point of keeping the halacha is to teach you what's the point of these halachos. Like R' Avigdor Miller said, the ikar of mitzvos is the message behind the mitzvos. That's why it's called chovos halevavos, the chov of the lev, because that's the yesod of yiddishkeit. Yiddishkeit is the lev. And chazal say different halachos of practically what to do just so that you should internalize the message. So to internalize, you have to make amen the ikar and you have to live emunah the right way. Don't take any shortcuts in emunah, don't take shortcuts in Hashem's love. Hashem wants you to feel His love, speak about His love, dedicate your life to His love. And there's absolutely nothing to be worried or concerned about. It's an easy halacha to keep and as long as you want to keep it, it's as if you kept it. And the mida tova meruba is that when you want to do emunah the right way you'll have arichas yamim. So yiddishkeit is fun, fun, win, win, geshmak, geshmak! It's going to bring arichas yamim. And there's only good to walk away from such a Gemara that we should all jump for joy that we say, wow, okay now I said amen properly, now I'm going to live longer!





#1744 - This story was called in by a very chashuve yungerman by the name of Tzvi Tesser. One morning, he was faced with three nisyonos. He said, "Hakadosh Baruch Hu, the Ribono Shel Olam. I really want chizuk for these three situations that I'm going through right now. I'm going to call 'A Life with Bitachon' and press three random numbers; three random stories. Hakadosh Baruch Hu, the Ribono Shel Olam, I'm turning to You, that those stories should be talking exactly to me."

With that, he went into the archives, and pressed a random story. All of a sudden, he heard the first story that was playing, and it was exactly the situation he was going through! Then came story number two. It was exactly the second situation he was going through! Then came story number three. It was exactly to the T of all the nisyonos and challenges he was going through! He walked away feeling so mischazek, seeing how Hakadosh Baruch Hu is Hakol Yachol and He can do everything and anything! With that, he felt so good; better than ever!



#1745- This story was called in by Mrs. Weiss. She brought her son to the pediatrician. The pediatrician noticed something, and he mentioned to her that he wanted her to get it checked out by a top specialist in Manhattan, to see if it was a concern. However, he said that the issue and problem with this specialist is that he only sees adults. He doesn't work with children. Therefore, Mrs. Weiss is going to have to call an organization that has pull to be able to help her out. She said, 'thank you' and left the pediatrician.



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She called one of these top organizations that has pull in every area. She told them exactly what she needed. They said to her, "Uh-oh. We know how this doctor works. There's no way he's going to let you in. You're going to need the next level of pull. Call us back later. We have to think of a solution."



Mrs. Weiss put down the phone, and she was thinking to herself, "The doctor says you need a lot of pull, so call the organization. I call the organization, but they say I need the next level of pull. Well, this is all if you go with teva, with nature. I'm going with Bitachon. I'm going to go with bitachon that Hakadosh Baruch Hu is Hakol Yachol. He can do everything and anything! So what difference does it make what the rules and regulations of the doctor are? When it comes to Hashem, it doesn't come with rules and regulations."

She called up the specialist's office herself. The receptionist picked up and asked how she could help. Mrs. Weiss explained the situation. The receptionist said, "Well, guess what. You know how many people tried before you? It's not nogeiah. He only sees adults. Even with adults, the line is out the door." Mrs. Weiss asked her if she can just try running it by the doctor. The receptionist said, "If it makes you happy I'll do you a

Story Time

Stories From 'A Life With Bitachon'

favor. You should just know that you're wasting your time!" The receptionist put her on hold. Mrs. Weiss started screaming through the phone, "HASHEM IT'S YOU AND ONLY YOU AND NO ONE ELSE!"

Shortly afterwards, the receptionist came back and said, "The doctor said that there are exceptions to every rule! You'll be the exception! When can we make an appointment for you? In a few months?" Mrs. Weiss said, "Well actually, I wanted it today; as soon as possible." The receptionist started laughing, "You want it today? We already did you one favor! How many favors do you want?" Mrs. Weiss said, "Can you just run it by the doctor?" She said, "Okay, if it makes you happy!" She put Mrs. Weiss on hold again, and Mrs. Weiss started saying again, "HASHEM IT'S YOU AND ONLY YOU AND NO ONE ELSE!" A minute later, the receptionist came back: "The doctor said you could come at 4:00; I'm not sure what just happened!"

In no time, Mrs. Weiss got the best service, better than ever!



1746- This story was called in by a very chashuve yungerman whose name is Yehuda Genun. He told his friend how 'A Life with Bitachon' changed his life and how he should also get involved with the hotline. How he will experience open bracha, chased and rachamim, and experience yeshuos l'malah miderech hateva. He said that not long after, his friend came back to him and said, "Thank you so much. I owe you so much hakaras hatov for getting me involved with a Life with Bitachon. I just had the most amazing, incredible story that I just experienced first hand. Thank you for getting me involved in what it means to live a life with Emunah and Bitachon."

Yehuda said that this friend learns in kollel, and he got a very big bill. He was trying to figure out how in the world he was going to come up with that amount of money to pay the bill. He was thinking, "Maybe I should take a side job and earn that money to pay it? But one second, I don't want to leave kollel. I want to learn full time! But what should I do? I have a dilemma. I have to pay the bill; is the money going to fly in from the sky?!" Then he said, "One second. If I believe in "Hash-leich al Hashem yihavicha," I can throw my burden and packages onto Hashem, I'm going to give Hakadosh Baruch Hu the bill; Hashem is Hakol Yachol; He has so many ways to pay off my bill!" With that, he said that he is not going to take the side job. It is going to shter his learning. Therefore, he is leaving it up to Hashem to pay his bill in other ways.

Later on that day, he got a phone call from a Rav in the city. The Rav asked him, "I have a businessman who just came over to me. He said that he is looking to hire someone to learn with him b'chavrusa. Do you have any extra time to learn with him?" He said, "Sure, of course! It will be my greatest pleasure." He said he started learning with the businessman. The businessman told him that the reason he is hiring him is because that day he had been listening to a shiur from his Rebbe, and his Rebbe said over that the biggest zechus a person can do to help himself, is hire someone to learn with him! Because of that, he hired the yungerman! The amount of money that the businessman paid him, was the same exact amount of money as much he would have gotten for the side job he was going to take! In no time, his bill got paid up one, two, three!



#1747- This story was called in by Mrs. Lusk. Her son needed to fly to Eretz Yisrael to learn in Yeshiva. She really wanted him to go with someone he knew, with a friend, because it was a stopover flight, and she was concerned for his safety. She made a few phone calls asking around if anyone knows anyone going the same day as her son. Nobody knew of anyone. She didn't have any choice so they just booked the ticket for her son. She was wondering in the back of her mind that she is very worried and nervous. What should she do? She doesn't want him to fly all by himself. Her daughter came over to her and said, "Mommy, what's the issue, what's the problem. You always say over from 'A Life with Bitachon' that Hakadosh Baruch Hu is Hakol Yachol, and He can work everything out. Just because you couldn't find anyone for him to go with, Hashem could work it out! Therefore, let's just go straight to Hakadosh Baruch Hu, the Ribono Shel Olam, and say "Hakadosh Baruch Hu, I'm leaving it up to You!" Mrs. Lusk said to her daughter, "Wow! You are right! Thank you so much!"

The next day, her son came home and said, "Mommy, I just met one of my good friends, and he asked me when I was going. I told him my flight, and he asked me if he can come with me! He said that he also wants to come that day! He asked me for all the information about the airline and the ticket. I gave him all the details and he booked a ticket on the same flight as me!" Just like that, everything worked out! ❖



The



Bitachon Perspective

WRITTEN BY: R' SHALOM YEDIDYA KLATZKO

Q. My wife makes decisions without consulting with me, even major ones. As the husband, I'm supposed to be the leader, and I feel bad that my wife decides things on her own. What is the emunah and bitachon perspective about this?

A. The ba'alei mussar teach us that whenever something is bothering us, we have to zoom in to our emotions and discover what's the root.

Ninety-five percent of the time we will discover that what's really bothering us is that our kavod was hurt.

In your situation, the main thing that's bothering you is that your wife doesn't value your opinion. In other words: your kavod was injured.

The way to stop caring about your kavod is by, internalizing that הכבוד הבלי. What is kavod after all? Nothing at all! It doesn't give you money and it doesn't give you health. It doesn't make you happy. It doesn't make you calm. It's just an illusion.

If you're worried that your wife is making major decisions without you, and could cause you harm, remember: no human being can affect you one iota. Whatever was nigazr for you will happen

regardless of your wife's decisions.

Q. Whenever there is an event which my wife and I need to attend, my wife is never ready on time, and we end up arriving late. This is very frustrating for me. What should be my perspective about this?

A. The reason you feel frustrated is be-



cause you think that you are supposed to show up to events when they are scheduled to begin, and when you're delayed because of your wife, you are arriving later than you were supposed to.

However, the truth is, you're actually supposed to arrive whenever Hashem wants you to reach your destination. If

you arrive late, that's because Hashem knows that it's not good for you to get there any earlier. That's why He made it that your wife should delay you.

When you remind yourself that it's not your wife who's causing you to come late, rather your loving and caring father, Hakadosh Baruch Hu, you won't get frustrated with your wife.

Q. In A Life With Bitachon I hear that any tza'ar and agmas nefesh that a person experiences saves him from car accidents and trips to the hospital, R"L.

I can understand that these inconveniences take the place of minor yissurim. But why should it take the place of major yissurim such as car accidents or trips to the hospital?

A. Rabbeinu Yonah teaches that when a person is mekabel minor yissurim be'hava, it is such a tremendous z'chus and makes him so close to Hashem, that he receives his kapparah through minor yissurim, and he no longer needs major yissurim in order to cleanse him.

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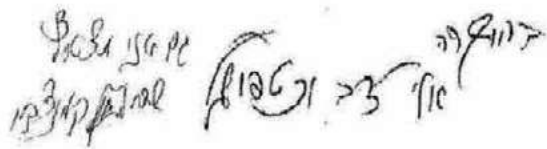
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הנני בזה להכיר ולהודיע בשער בת רבים פעולותיו הברוכות של המכ"ע המפורסם והנודע "ספרינג היל טיימס", אשר מטרתו להפיץ אהבת ה' ואהבת ישראל וכל כולו בנוי על טהרת הקודש ללא שום ידיעות חיצוניות מאומות העולם, וכל מטרתו להביא לידיעת הציבור הרחב הדברים הטובים שהקב"ה עושה לנו בכל יום – נפלאותיך וטובותיך שבכל עת ערב ובוקר וצהריים.

מאז הווסדו ועד עתה כבר נתפרסם ברחבי תבל – וכל איש אשר רוח התורה נושבת בו – ויראת שמים נוגע בלבבו – קוראו בשקיקה ומביאו לתוך ביתו לזכות את נפש ביתו – כיון שכל כולו מביע רוממותו והדרתו של עם ישראל בהנהגותיהם בין אדם לחבירו – ולהראות טובת ה' על עמו באספקלריה של תורה.

אך במקום גדולתו שם אתה מוצא את גרעונו הכספי, כאשר הוצאותיו עולים מדי חודש בחדשו ושבת בשבתו – ואין לו אפשרות לכסות את עצמו – שהרי אין בו שום פרסומת – כי כל כולו נתיסד ללא השפעות חיצוניות, ע"כ אחלה נא פני אחי ורעי לעמוד לימין העוסקים והמסייעים בדבר זה – כדי שיוכלו להמשיך ביתר שאת וביתר עז – לפרסם בגאון בעוז ותעצומות את דבר ה' – ולמצוא גדולה ייחשב לכל התומכים – ויזכו לברכה המשולשת בני חיי ומזונא ריחי להם וכל אשר להם.



Nutrition Facts

Enough servings for the entire family

Serving size 1 issue of Spring Hill Times

Amount per serving	% Daily Value	Amount per serving	% Daily Value
<u>Love For Hashem</u> 20,000g	1%	<u>Ads on Shabbos</u> 0g	100%
<u>Thinking about Hashem</u> 40,000g	12%	<u>Feeling Proud to Be a Yid</u> 90,000g	22%
<u>Upsetting News</u> 0g	100%	<u>Talking about Hashem's Greatness</u> 300g	.500%
<u>Blameful News</u> 0g	100%	<u>Making Serving Hashem Exciting</u> 80,000g	30%
<u>Happiness</u> 800,000g	25%	<u>Being Mekdesh Shem Shamayim</u> 950,000g	17%
<u>Appreciating Hashem</u> 60,000g	45%	<u>Putting Focus on Human Beings</u> 0g	100%
<u>Emunah</u> 50,000g	10%	<u>Encouragement</u> 150,000g	30%
<u>Bitachon</u> 50,000g	10%	<u>Bringing Hashem and Klal Yisrael Closer</u> 50,000	50%
<u>Love for Torah & Mitzvos</u> 100,000g	15%	<u>Bringing Bracha to the World</u> 750,000g	10%
<u>Making Olam Haba Important</u> 1,000,000g	20%	<u>Giving Hashem Pleasure</u> 50,000,000g	25%
<u>Making Olam Hazeh Important</u> 0g	100%	<u>Middos Tovos</u> 67,000g	40%
<u>Feeling Hashem's Goodness</u> 2,000,000g	1%	<u>Makes You a Better Person</u> 6,000,000g	50%
<u>Love for other Yidden</u> 500g	3%	<u>Yearning For Hashem</u> 12,500g	33%

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Hashem Loves You!

Asher, a yungerman who learned in Kollel, received one hundred dollars from his Kollel every month. He gives one tenth of his Kollel check, ten dollars, as Maaser to Lev L'Achim, an organization in Eretz Yisroel that brings Yidden closer to Hashem and to Teshuva.



Asher's Kollel began a Shemiras HaSedarim program and began paying an extra ten dollars a month to those yungerleit who come on time to seder. When Asher received his additional ten dollars, he immediately phoned Rav Eliezer Sorotzkin, the director of Lev L'Achim. "Can I please raise my monthly recurring donation from ten dollars to eleven dollars monthly?" Asher requested. This extra dollar was the Maaser for the additional income. Rav Sorotzkin was intrigued and asked Asher why he wanted to add one dollar to his monthly donation. When Asher told him the details, Rav Sorotzkin was stunned! He updated the recurring

amount to eleven dollars as requested, and was highly impressed that Asher wanted to account for every single Maaser dollar with such Ehrlichkeit.

When Rav Sorotzkin flew to America with יבדל בין חיים לחיים, Rav Uri Zohar ZT"L, he shared this story on the plane with Rav Zohar. They arrived and ate supper by their host. As they prepared to leave, their host graciously handed them a check for five thousand dollars. They thanked their host profusely. Rav Uri Zohar then asked Rav Sorotzkin to share the story of Asher. When their host heard the story, he was so blown away that he immediately doubled his donation to ten thousand dollars! Rav Sorotzkin phoned Asher to share with him the great impact of his seemingly small donation.

A few months later this same fellow phoned Rav Sorotzkin and Rav Zohar and shared that he is coming to Eretz Yisroel for a simcha with two of his friends, and would like to arrange for everyone to meet. At the meeting, he asked Rav Zohar to kindly share the story of Asher with his two friends. Rav Zohar shared the story, and one of the friends became very emotional and handed him a check. Rav Zohar looked at the check and saw that it was for ninety thousand dollars!!

They later shared this story with HaGaon Rav Aharon Leib Shteinman ZT"L who responded that since this yungerman gave his extra dollar with real dedication and Mesirus Nefesh, Hashem made sure that it would have the greatest possible impact and would literally change Klal Yisroel in an unprecedented way! Hashem wants our hearts and when we wholeheartedly desire to do



good Hashem accepts our Ratson with open arms!

We see from this story how precious every single Mitzva we do is to Hashem!

Every word of Torah, every dollar we give to Tzedaka, and every seemingly small act of Chesed builds entire worlds!

Hashem loves our Torah and our Chesed beyond all understanding!

Hashem loves us!

Taken from the 'Hashem Loves You Hotline'
 267-833-0596

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