

BITACHON WEEKLY

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פרשת מצורע-הגדול תשפ"ד

Pesach: The More You're Involved in *Bitachon*, The Happier Your Life Will Be

I was sitting in the car of one of my *Chasidim* who was taking me to a *Chasuna*, and he overheard me saying to myself: "I couldn't care less!" He asked me what that was all about, and I told him that I just found out that all my hard work in producing my *Bitachon Weekly* went to the garbage, since 7 hard-earned pages that I wrote were lost, with all my brilliant *Chidushei Torah* that the *Olam* desperately needs; and it's lost forever.

And how does a person who always learns *Shaar HaBitachon* overtime react? "I couldn't care less! And I'm actually **happy**. I lost it!" My *Rebbe*, R' Chaim Mordechai Wainkrantz *Zatzal* told me, that in the next world we'll be punished for having aggravation, *Chas V'shalom*, since: כל מאי דעביד רחמנא לטב עביד Whatever Hashem does, is surely best, and having *Agmas Nefesh* (anguish) is the opposite of having true *Bitachon*! And I say "I couldn't care less" with a tremendous *Simcha*, and a coldness and laughter.

In fact, if I hadn't lost those pages, it would have been the worst thing for me! Hashem cares for me and my holy work much more than I care for myself, and if He wants me to make mistakes and lose things, "**He knows what He's doing!**" I'm in good hands!"

This is what *Chag HaPesach* does for me. I love those delicious *Matzos* and their *Segula* of: מִיְקָלָה דְמְהִימְנוּתָא וּמִיְקָלָא דְאֶסְוִתָּא i.e., food that gives you a *Refua* (and I'm sure this includes plenty of *Refuas HaNefesh*) and it gives you *Emuna* and *Bitachon*. I love the *Sedarim* of the most beautiful *Yom Tov*, and all those *Chidushei Torah* I try to be *M'chadesh*, and enjoy the delicious food and relaxed atmosphere together with all

those holy Jews, and a bonus of having so many super sweet and holy *Bnei Torah* in our midst. אֲשֶׁרֵי חֵלְקֵם Fortunate is their lot!

But by far, the main message and accomplishment of *Y'mei HaPesach* is to learn from the most incredible experience of *Yetzias Mitzrayim*. To learn to have all kinds of *Bitachon* in our real lives. That's why I learn extra *Mussar* about *Bitachon* during *Y'mei HaPesach* and all the way till *Shavuos*. Sometimes, **we Davka have Nisyonos on Y'mei HaPesach to inspire more active Mussar.**

Like this past year, a few days before *Yom Tov* I discovered that I had a: cellulitis, *Rachmana Litzlan*, and I was going to Montreal to my relatives for *Yom Tov*. So I spent lots of time working on *Bitachon* until the next time I saw the doctor. He said that my condition improved so quickly, that maybe it wasn't even a: cellulitis (this is exactly what I davened for!) My mind was loaded with positive thoughts of big *Yeshuos*, and it came true.

I've observed these: activities by my *Rabbeim*, especially R' Gershon Liebman *Zatzal*, whose *Simcha*

The True Secret to Being Relaxed and Happy

Here is a story of a *Tzaddik* who overcame his *Negi'os*. When R' Avigdor Miller *Zatzal* was asked by R' Hutner *Zatzal* to say *Shmuessin* in Mesivta Rabeinu Chaim Berlin, he refused, since: "Two kings cannot wear the same crown". Because of this refusal, we have the *Seforim Pachad Yitzchok* of R' Hutner; all a *Zechus* for a selfless pure non- (selfless) person (R' Avigdor Miller *Zatzal*), and notice how the whole world is reading *Toras R' Avigdor Miller Zatzal* today! If you learn how to hate *Kavod* the way R' Avigdor Miller *Zatzal* did, then your life will be much less complicated, and you'll be much more relaxed and happy!

You have *Bitachon* in our most powerful Hashem, who can do anything and is the *Shoresh* (root) of all *Hatzlachos*, and not in weak, feeble, measly, worthless humans, who have zero real power, no matter how scary they may seem.

level during the Nazi Holocaust was even greater than in normal times. He was always super-jovial, and he was in a constant laughing mode. In times of difficulty, *Novardokers* learn extra *Mussar*, and their *Simcha* level rises. While I worked on my *Bitachon* overtime, I had in mind that the *Bitachon* for myself should help for others as well. I called a friend who has crazy difficult wild kids, and for years and years is without any *Eitza*, and I guaranteed him a total turn around. This was just before *Shabbos HaGadol*, and later he told me that beginning *Shabbos HaGadol*, he suddenly had before him the most well behaved, *Geshmaka* kids, who stayed up *Pesach* night, and participated beautifully in *Sippur Yetzias Mitzrayim*.

Novardok

I once asked *R' Chaim Mordechai Wainkranz Zatzal*: What should a person work on during the *Yom Tov* of *Pesach*? He said: No *Ka'as*, no lies, and no *Lashon Hara*. I asked him why these three things? He answered: Because the *Eibishter* doesn't like when a person gets in *Ka'as*, or lies, or speaks *Lashon Hara*. He talked to me about Hashem as if he knew Hashem personally. As he said these words, he sounded so real; like a child who doesn't want to aggravate his father.

The wife of a prominent *Novardoker* revealed to me, that her husband does not focus primarily on the *Hiddur* of his *Matzos*. He is busy before *Pesach* learning lots of *Mussar* on *Bitachon* and *Hachna'a*, so he can become a *Matza*. During *Pesach* he is unusually soft and humble.

The *Yetzer Hara* is in full force to get people angry and nervous before *Pesach*. It is more important to focus on not getting angry, than on various forms of *Chumros*. It is worthwhile to learn extra *Mussar* about anger these days.

This *Tzaddik* and *Baal Bitachon*, who spends more time learning *Mussar* before *Pesach* than baking the most *Mehudar* type of *Matzos*, **becomes** a real *Matza*, which symbolizes *Anava*. His wife is proud of him, since he speaks softly and never gets angry. His *Matzos* aren't always the most *Mehudar*, but he is a *Mehudar*! Picture somebody spending hours at the *Matza* bakery and getting the best *Matzos*, yet he yells at everybody and acts like a piece of *Chametz*, which symbolizes blown up *Ga'ava*!

On the night of the *Seder*, a person has to **lift** himself and try to feel the *Shechina*. Especially important for bringing the *Shechina*, is not getting angry and respecting people. Also, reading the *Heillige* words of the *Haggada* with feeling. It is a time of constant humble thankfulness to Hashem, as well as thankfulness to people who do things for us, such as our parents.

Many years ago, the month before *Pesach* was a precious season similar to *Elul*. *Tzaddikim* spent these weeks alone, searching for their own "*Chametz*" so that they would be purified from bad *Middos* during *Pesach*. But while *Elul* is a time for *Teshuva*: מִיִּרְאָה from fear before *Rosh Hashana*, the four weeks before *Pesach* is a time for *Teshuva*: מֵאַהֲבָה from love, the type of *Teshuva* which turns your sins into *Mitzvos*.

If someone yells at you and you don't answer back, you should make a party and have a *Simcha*. This means that you are acting like a *Matza* [an *Anav*] and not like a piece of *Chametz* [*Ga'ava*]. *Tzaddikim* used to rejoice from *Shviras HaMiddos*, it was their main *Simchas HaChaim*. Especially since: כָּל הַמַּעֲבִיר עַל מִדּוֹתָיו מַעֲבִירֵן לוֹ you lose all your sins! This is what true Jews consider a happy *Pesach*! For the eight days of *Pesach*, **once** a day, break a *Midda* and go against your *Ratzon*. When someone hurts you during *Yom Tov*, you should thank him for giving you a golden opportunity! You then realize that Hashem loves you, because He feels that you can pass His tests and become great.

It is easier to work on *Anava* during *Pesach*, since we see that *Moshe Rabeinu*, the *Anav Mi'kol Adam*, was chosen to take us out of *Mitzrayim*. *Paroh* was a known *Baal Ga'ava*. *Mitzrayim* was a place of *Baalei Ga'ava* and we see how: אֶרֶץ תְּהִלִּים לְזֵי אֵל the *Anav* succeeds, and the *Baal Ga'ava* loses everything.