

# CAN YOU COUNT THE CHASDEI HASHEM OF 5784? WHO PAID FOR THE REBBI'S BREAKFAST?

ISSUE 165  
NITZAVIM-VAYELECH  
ELUL 5784

Times of Mashiach

The Spring Hill Times

ומלאה הארץ - דעה את ד'!

לע"נ ר' שלמה זלמן בן ר' ישעיה זצ"ל

**HASHEM LOVES IT WHEN YOU  
ARE HAPPY!**  
RABBI MANDEL



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**WHAT A WONDERFUL YEAR IT WAS!  
THANK YOU, HASHEM!  
WE LOVE, LOVE YOU, HASHEM!**

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Hashem

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Handwritten signature and notes in Hebrew, including the name "אברהם" and other illegible text.

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# FROM THE EDITOR

What a beautiful year it was!



Thank You, Hashem, for giving us the great gift of life in this world. Thank You for giving us the opportunity to grow and become like You.

We cannot wait for another year in Your wonderful world.

A year with so many delicious and heilige Shabbosos. Yummm...

A year full of happy wonderful Yomim Toivim, each one a mini Gan Eden in this world.

A year where we will make thousands of Brachos; thanking and praising You.

A year of learning and keeping Your delicious wonderful Torah.

A year full of love, kindness, happiness and warmth.

A year when we will be able to say as many times as we want, "I love You, Hashem."

A year when we can tell ourselves and everyone else in the world of Your great kindnesses.

A year of over 350 of Your majestic sunrises and sunsets.

A year full of feelings of being loved by our families, friends, other Yidden and of course by You, Hashem!

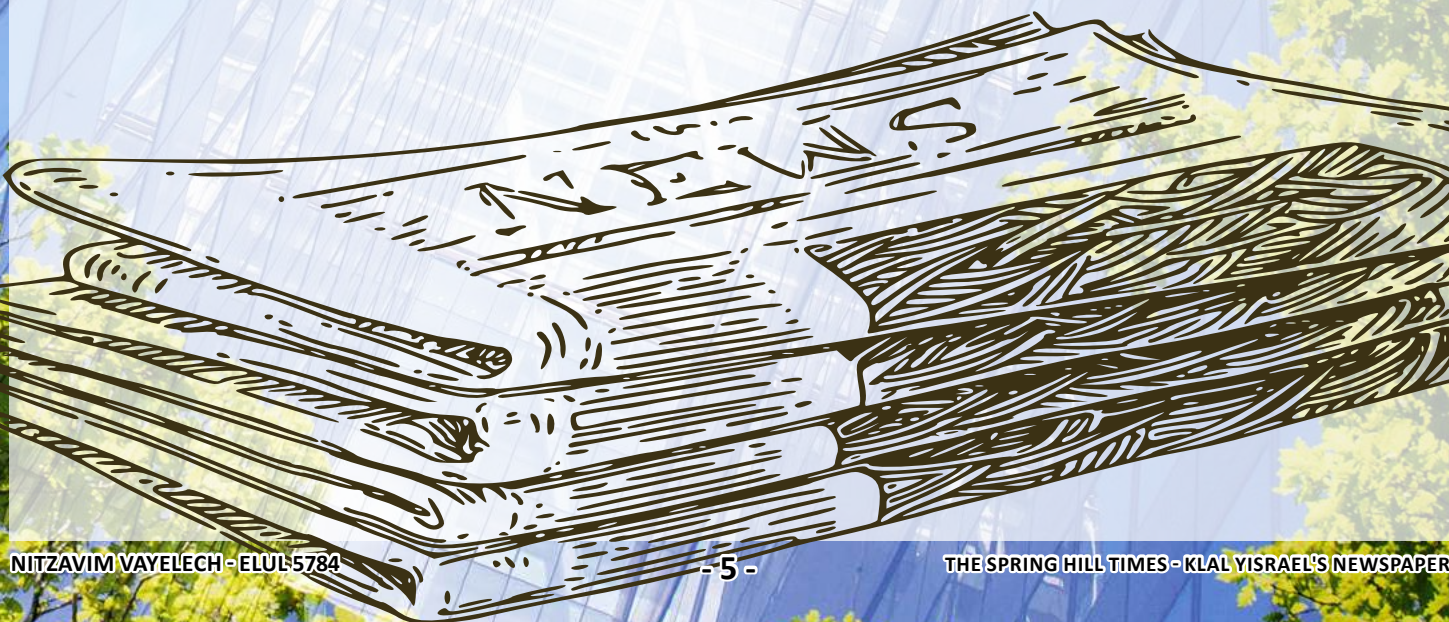
A year when we can be non-judgmental and love every Jew.

A year when we can realize how close You are to us.

A year filled with opportunities with goldmines and diamonds everywhere we turn. Tzedakah, Chesed, Tzitzis, Mezuzah, Tefila and so much more!

What a beautiful world we live in!

Have a Wonderful Shabbos and Shana Tova U'mesukah!



**CHESSSED RIDE**



I once heard my Rosh Yeshiva give a shiur to the yeshiva about



**What a Beautiful Fall Hashem Gave Us in Year 5784!**

chessed. He said that when a person is presented with the opportunity to do the mitzva of chessed, there are two ways he can react: he can look for reasons why he should do the chessed or he could look for reasons to be patur. There are others that search out opportunities to do chessed before they are asked.

At that time, it hit home, because I used to be very excited to do chessed for people, namely picking up people looking for rides. Then because of laziness, I stopped altogether, and whenever I saw someone by the road looking for a ride, I right away

found two or three reasons why I shouldn't give him a ride.

So, I decided to do teshuva. The next day, I was driving up Maple Ave (in Monsey, NY), and I saw a very old Chassidische Yid with a cane walking up a hill. I desperately wanted to give him a ride. I pulled over, opened the window, and asked him if I could drive him. He declined, and waved me on. I was so upset, I started crying my eyes out to the Eibishter to send me a chessed to do. My heart broke because I wanted to help him

so much.

After about three seconds, and even while I was still driving (very slowly, still in traffic approaching the stop-light), a Yid literally opened the door to my car, jumped in and sat down next to me in the passenger seat, and with a big smile, asked me if I would take him to New Square!

I probably scared him when I elatedly yelled "YES!" and sped off down the road through the now very green light....

(A Spring Hill Times Reader)

**HASHEM IS CONSTANTLY WATCHING OVER US**



The van was completely packed with our things for our yearly 500-mile summer trip to Bubbie and Zeide and we were almost going to tell everybody to get in when 14-year-old "Yitzzy" started yelling that he had glass in his leg. He had been taking out a bag of garbage that had in it broken glass from a picture frame and somehow that glass had gone into his leg as the bag rubbed against him.

We took him to the local urgent care to be evaluated. They cleaned out his wound and, seeing no glass, prepared to stitch him up. Baruch Hashem b'hashgacha pratis, Yitzzy spoke up and asked for an x-ray. He thought that there was glass in his leg that they couldn't see because he had heard a slight crunching noise as the bag rubbed against his leg and had felt it break inside him.

Begrudgingly, they agreed to do an x-ray all the while saying, "But it's not going to show anything because glass doesn't show up on x-ray."

Two x-rays later we had a very clear picture of multiple pieces

of glass embedded in the part of his leg further up away from the place where they had been looking. They tried a bit longer to get those pieces out but when they realized that they couldn't, they sent us to the emergency room. We stayed overnight in the emergency room and were sent the next day to the pediatric ward to await what was supposed to be a 15-minute surgery that ended up taking THREE hours.

Bechasdei Hashem, Yitzzy realized something was off in the urgent care and asked for an x-ray, bechasdei Hashem they listened to him even though they didn't think it would help. B'chasdei Hashem they didn't just sew up his leg with the pieces of glass from the garbage embedded in his leg (chas veshalom we would've been 500 miles away on our trip and he could have had a huge infection percolating inside his stitched-up leg!). Thank You, Hashem, for taking care of us every moment of every day whether we are able to see it immediately or not!

(A Spring Hill Times Reader)

**HASHEM - OUR SUSTAINER**

I am an avreich from Beit Shemesh and a melamed. One day, as I was nearing the Talmud Torah, I realized I had forgotten to bring my breakfast along with me. As a melamed, going hungry is not merely my personal problem; eating is part of



my responsibility to the talmidim. In order to teach and be mechaneich properly, one must have yishuv hadaas. I went into the nearby grocery to buy a simple meal of a roll and chocolate milk. I waited on the line, and the Yid ahead of me took out all his purchases and told the

cashier, "Add a roll and a bag of chocolate milk to my bill." Afterward he turned around and told me, "I paid for you too." "Why?" I asked, surprised.

"What do you care? I pay, and you'll make the brachah!" That's how he divided the jobs between us. What could I do? I said, "Thank you; tizku l'mitzvos," and he went out with the



**What a Beautiful Winter Hashem Gave Us in Year 5784!**



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products he had bought. Only afterward did I realize that I truly did not have enough money with me to buy the roll and the chocolate milk. Hakadosh Baruch Hu, Who prepares food for all of us, sent this man to pay for my breakfast, a true realization

yahu 65:24).

I hold this anecdote in my memory for the times when worry creeps into my heart. Hakadosh Baruch Hu, Who helped me so much exactly when

I needed it, even without my knowledge, will help me now as well! (Hashgacha Pratis Newsletter)

**YOU NEVER LOSE OUT...**



An avreich kollel relates: My chavrusa sells baby carriages. As we all know, one does not purchase a baby carriage every day, and when there is a happy reason to make the purchase, the buyer does not necessarily have cash on hand. Some customers pay by check or by credit card, and every form of payment has its disadvantages. The best and most rare form of payment is cash.

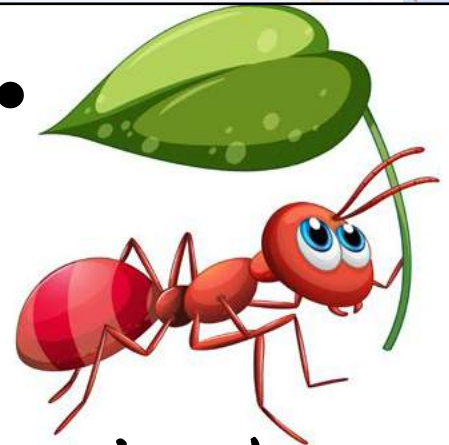
So you'll understand how tempting it was when my chavrusa received a call in the



**What a Beautiful Spring Hashem Gave Us in Year 5784!**

of the passuk, "Before they call out, I will answer them" (Yeshu-

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**HASHEM IS IN CHARGE!**





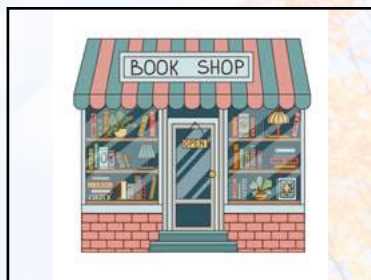
beginning of seder. The caller told him, "Listen, I need a baby carriage. If you sell it to me now, I'll pay in cash immediately."

But my chavrusa decided that he would not make any sort of deal at the cost of his learning. "Right now, I cannot come to bring you the carriage," he said in a calm voice. "Talk to me in another three hours."

That same day, at 12 p.m., he called me and told me, "Remember that call I got in the beginning of seder?" "I remember."

"I generally sell this type of carriage about once in two weeks. Today I sold three such carriages. I've never had so many sales in one day!" I was amazed. My friend withstood the nisayon of not dealing with other things during learning hours, and not only did he not lose out, but he gained threefold! (Hashgacha Pratis Newsletter)

### EVERYTHING IS FOR THE GOOD



My name is Mrs. Benjamin. We have a bookstore in Tzefas where we sell new books and used books. Someone wanted to

buy an English translated Navi with commentary on Yechezkel, Iyov and Divrei Hayamim. I tried to fax in the order to the distributor. The fax previously always worked, so this was very strange, but after three times of trying to send the fax, I had to stop because it was time for us to close our store and go home. I said Hashem has His reasons why He does not want the fax to work. I already did my hishtadlus and I'll have to figure out a different way to send in the fax. Maybe tomorrow it would work.

As we were going home, someone told me about someone selling used books in new condition. I was interested in going to see them because we sell used books as well.

We went to her house. She opened her cabinet to show me the books and she had about eight books. Three of them were the commentary on Yechezkel, Iyov and Divrei Hayamim, the exact books the other lady wanted to buy!

It was clear why Hashem made my fax not work and then led me to these books, so the lady could buy them cheaper, second-hand for.

V'divrei nifli'osecha asicha.

### HASHEM IS OUR DOCTOR

My throat was hurting me and I developed a cough. It hurt and every time I spoke, it felt like needles were rubbing against my throat...



Then I said: Hashem can make me feel better and then I'll send this story into the Spring Hill Times.

A few minutes later, I FELT BETTER!

The same thing happened a few days later. I suddenly got terrible stomach pains. Again I thought that Hashem can surely make the pain go away and HE did!

A Reader, 9 years old

# A Review of the Wonderful

Rabbi Zevy Golombeck

**Q: Right now, we're in the middle of Elul. The point of Elul is to prepare ourselves for Rosh Hashana, to make sure we'll have the most amazing, gevaldige upcoming year. I'm looking back and thinking, "What happened this past year? I see it was a year full of tzaros, a year full of tragedies and a year full of wars. I'm thinking to myself, what should make me feel confident that next year should be any different? How do I know that next year will be better?"**

**A:** The first point is, if you are looking back at this past year and trying to figure out how you should label this past year, you should realize that this year was a year where we experienced open nissim gluyim and yeshuos l'maalah miderech hatevah that we haven't seen in decades, in centuries! We haven't experienced such open nissim in the longest time!

Take a pen and paper and let's just mention a few of the biggest nissim that Klal Yisrael experienced this year.

*Do you remember, a Rosh Yeshiva had a baby at 88 years old? When was the last time you heard of someone having their first baby at 88?*

*Remember, Klal Yisrael was collecting money for the yungerleit in Eretz Yisrael, and at the same time, Yeshiva Hakedosha Beis Medrash Gavoha was collecting money for the yungerleit in Lakewood. Do you know how much they raised in one month's*



**What Wonderful Shabbasos Hashem Gave Us in Year 5784!**

*time, with both campaigns together? Over 150 million dollars! When was the last time Klal Yisrael raised so much money in such a short time?*

*Remember how the enemies of Klal Yisrael tried sending over three hundred ballistic missiles?*

*Remember when Hezbollah had 6,000 rockets ready to be launched, and Hakadosh Baruch Hu made the rockets disappear? The only rocket that managed to do damage landed in a chicken coop!*

*Do you remember the President of the enemies of Klal Yisrael was in a helicopter and he crashed? When's the last time that happened?*

*Do you know the kiruv organizations can't keep up with the amount of Teshuva? How many people are making kabbalos in tzitiz, tefillin, learning, mitzvos, leaving public school to go to frum schools? We never saw so much mass teshuva in the longest time!*

# Year of 5784

Do you know what Harav Hagaon Hagadol R' Moshe Wolfson said, that what we experienced this year were nissim like what we had in the times of the Bais Hamikdash!!

Do you know what the Rosh Yeshiva of South Fallsburg, Harav Hagaon Hagadol R' Elya Ber Wachtfogel said? That what happened on Simchas Torah was bigger nissim than Yetziyas Mitzrayim! They picked Simchas Torah because it was a day when everyone was in Shul, but they couldn't get to one Beis Medrash or Beis Haknesses! These are nissim that we never saw in the history of Klal Yisrael!

Therefore, if anyone wants to figure out what kind of year we had, we had the most amazing, gevaldige year, full of open love, open bracha, open chessed and rachamim, with yeshuos l'maala miderech hateva! If anybody does not see what happened and thinks it was a year full of tzaros, it must be because you are following fake news, or because you are listening to negative people!

Do you know that the amount of Aha-va that Hakadosh Baruch Hu showed Klal Yisrael this year was a level that Hashem hasn't shown us in the longest time! Hashem showed us that the yidden who were shomrei Torah u'Mmitzvos had ananei hakavod surrounding them on Simchas Torah. The ones that had drifted off from the right path of yiddishkeit, Hashem said, I want to shower you with love too, and he gave them the zchus of dying Al Kiddush Hashem. They had a straight ticket to the kisei hakavod! They went from the furthest place of yiddishkeit to the closest spot near Hakadosh Baruch Hu!

It was a year that Hashem showered us with love, bracha, chessed and rachamim! Hashem showered us with bracha ad bli dai this year!

You want to know how to feel confident and secure that next year you're going to have the most amazing and gevaldige year? Zagt R' Avigdor Miller, stay away from the fake news and negative people who are painting a black picture of the world. Stop thinking that last year was a year full of tzaros. Stay away from those magazines and newspapers and people. Read the true news and see that it was a year full of love, bracha, chessed and rachamim.

This will guarantee you that the upcoming year will be a year of open bracha, open chessed and rachamim, with nissim gluyim and yeshuos l'maalah miderech hateva. You will see good from beginning to end and everything in between!



**What a Sweet Yom Tov of Rosh Hashanah Hashem Gave Us in Year 5784!**

**UPDATED DAILY!**

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- 3: Weather
- 4. Shiros V'tish-bachos
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**TIME FOR REVIEW**

Hear the forecast for Hashem's weather for Monsey, Lakewood, Brooklyn Yerushalayim and London!

Option 3 from Main Menu.



**Woman Davens to Hashem**



pool, the rain stopped and the sun came out!

*Baruch Shomeia Tefillah*

**Hashem is Running a Perfect World**

A three-year-old boy in the Shapiro family from Staten Island was hungry. He crouched down to look for food in the refrigerator and he noticed under the refrigerator a card. He said, "Look Mommy, there's Tatty's card,

know he was missing it.

*Thank You, Hashem!*

**The Best Birthday Gift**



Shuey Berkowitz had a birthday. His friends, Baruch Dovid Fogel and Asher Bagier bought him a scratch-off lottery ticket. They said, "Wait! Before you scratch off the ticket, we're going to sing Hakol Yachol that you should win something." They sang Hakol Yachol, he scratched off the ticket, and he won a lot of money!

*V'Haya Terem Yikra'u V'Ani E'eneh*

**Hashem is Running a Perfect World**

Mrs. Myer needed to buy a new battery for her (outdated) cell-phone. She went to four different stores, but she was told that they don't sell that battery.

**כפרות**



**What a Magnificent Yom Tov of Erev Yom Kippur & Yom Kippur Hashem Gave Us in Year 5784!**

Mrs. Mashinsky arranged to go swimming one day. In the morning, it was cloudy, and the sky kept getting darker. A half hour before the swimming time, it started pouring. She turned to Hashem and she davened that He should make the rain stop and the sun should come out. Right before she needed to go, she saw the rain getting lighter. As she got to the



can I have it?" It was his father's license! His father did not even



She needed to go to 13th Avenue, and she wasn't sure if she should walk or take the bus. She decided to take the bus. When she got off, right in front of her was a cellphone repair shop. Within five minutes, she got her battery!

**Thank You, Hashem!**

### What a Beautiful Nation



Dovid was making a simcha. He decided he was going to help someone else who was also making a simcha. He collected \$120,000 for that person!

**Mi K'amcha Yisrael Goy Echad B'aaretz**

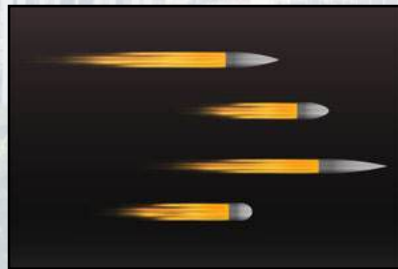
### Anti-semitism is on the Decline



R' Yitzchok Kaller from Lakewood, New Jersey, went to a non-Jewish doctor. The doctor asked him, "Can you please give me a blessing? I need a blessing from a Jew."

**Thank You, Hashem!**

### Former President of the United States Thanks Hashem



President Donald Trump, who was saved at the last second by moving his head (and the bullet just grazed his ear), publicly thanked Hashem. He mentioned G-d twice in his speech!

**Viyedu Ki Ata Shimcha Hashem Levadecha Elyon Al Kal Haaretz**

### Family Trusts in Hashem

The Stein family was on an airplane, on the runway, and there was a tornado heading towards them. Everyone started getting scared. They started playing the song of "Hakol Yachol" and the tornado changed directions and



went away!

**Hodu LaHashem Ki Tov, Ki L'olam Chasdo**

### Klal Yisroel Loves Hashem's Torah

R' Avrohom Dov from Yerushalayim went to a bar mitzvah. He met a Yid, who he had met not long before at a bus stop. The Yid went over to R' Avrohom Dov and



**What a Delicious Yom Tov of Sukkos Hashem Gave Us in Year 5784!**



said, "Thank you, because of you I reviewed the entire Maschtes Demai. When you met me by the

bus stop, you asked me a question in Masechetes Demai, and I did not know the answer. I decided, I decided to review the entire mesechta!"

**Ma Ahavti Sorasecha Kol Hayom Hi Sichasi**

**Yeshiva Bochorim Thank Hashem**

A couple of yeshiva bochorim were in an elevator. They wanted



Mrs. Friedman's son was riding his bike. He crashed into another boy on the bike and they both fell on top of each other. Baruch Hashem, nothing happened to her son

and the other boy had a little bleeding in his mouth, but he recovered quickly!

**Hodu la-Hashem ki tov, ki l'olam chasdo**

shtender in front of him a sefer and it was called "Refua Keroiva Lavo". He took it as a message from Hashem. "Don't worry, I'm going make you better soon".

**Ki Ani Hashem Roifecha**

**Girls from England Trust in Hashem**



Talmidos of Mrs. Berkowitz who always teaches her students the yesodos from the "A Life of Bitachon" hotline were trying to print something, but it was not working. They said, "You know why? Because Hashem wants us to be mefarseim that He's the Kol Yachol. They sang Hakol Yachol and the printer started working!

**Baruch Hagever Asher Yivtach B'Hashem**



**What an Amazing Yom Tov of Simchas Torah Hashem Gave Us in Year 5784!**

**Man Davens to Hashem**

R' Chaim, a yungerman from



Kiryat Sefer had surgery on his knee. Since then, it was very painful and hard for him to walk. One day, he davened very hard to Hashem during Shemona Esrei to give him a refua sheleima. When he finished davening, he saw on the



to go up to the second floor. They kept on pressing number two, but it was not going up. They started saying, "Thank you, Hashem, we love You, Hashem." Then the elevator started going up!

**Tov lehodos laHashem ulezamer lishimcha elyon**

**Mother Thanks Hashem**

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**and anyone else**



# Hashem's Wonderful & Incredible World

## Hashem's Simple, Cheap Food Dye Makes Skin Transparent to Give Doctors a 'Window' into the Body

A revolutionary new technique, created by Hashem, uses food dye to provide a "window" into the body by making skin transparent.

By applying a mixture of water and a common yellow food coloring called tartrazine, researchers, B'syata D'shmaya made the skin on the skulls and abdomens of live mice see-through.

The ground-breaking technique, described in the journal *Science*, gives medics a new way to see organs within a body by rendering overlying tissues transparent to visible light.

Also known as Yellow Dye #5, the technique needs to be tested on humans, as certain food dyes have negative side effects.

But the process was reversible in tests with animals, and scientists say it may ultimately apply to several medical uses—from locating injuries to monitoring digestive disorders and identifying cancers.

"Looking forward, this technology could, Be'ezras Hashem, make veins more visible for the drawing of blood, make laser-based tattoo removal more straightforward, or assist in the early detection and treatment of cancers," said Dr. Guosong Hong, of Stanford University who helped lead the work.

"For example, certain therapies use lasers to eliminate cancerous and precancerous cells, but are limited to areas near the skin's surface. This technique may be able to improve that light penetration." Baruch Hashem!

The researchers developed, with the wisdom of Hashem, a way to predict how light interacts with dyed biological tissues. The predictions required a deep understanding of light scattering, as well as the process of refraction, when light changes speed and bends as it travels from one material into another.

The team explained that scattering is the reason we cannot see through our body. Fats, fluids within cells, proteins, and other materials each have a different refractive index, a property that dictates how significantly an incoming light wave will bend.

In most tissues, those materials are closely compacted together, so the varied refractive indices cause light to scatter as it passes through. It is the scattering effect that our eyes interpret as opaque and colored.

The researchers realized if they wanted to make biological material transparent, they had to find a way to match the different refractive indices so light could travel through unimpeded.

Building on fundamental insights from the field of optics, the researchers realized dyes which are the most effective at absorbing light can also be "highly effective" at directing light uniformly, through a wide range of refractive indices.

One dye the researchers predicted would be particularly effective was tartrazine. When dissolved into water and absorbed into tissues, tartrazine molecules turned out to be perfectly structured to match refractive indices and prevent light from scattering—resulting in transparency.

The research team first tested the technique on thin slices of chicken breast. As tartrazine concentrations increased, the refractive index of the fluid within the muscle cells rose until it matched the refractive index of the muscle proteins—and the slice became transparent.

The researchers then gently rubbed a temporary tartrazine solution on mice.

First, they applied the solution to the scalp, rendering the skin transparent to reveal blood vessels criss-crossing the brain.

Then they applied the solution to the abdomen, which faded within minutes to show contractions of the intestine and movements caused by

heartbeats and breathing.

When the dye was rinsed off, the tissues quickly returned to normal. The tartrazine did not appear to have long-term effects, and any excess was excreted in waste within 48 hours.

The researchers suspect that injecting the dye should lead to even deeper views within organisms, with implications for both biology and medicine.

"We combined the yellow dye, which is a molecule that absorbs most light, especially blue and ultraviolet light, with skin, which is a scattering medium," said study lead author Dr. Zihao Ou, Assistant Professor of physics at The University of Texas, Dallas.

"Individually, these two things block most light from getting through them. But when we put them together, we were able to achieve transparency of the mouse skin."

"For those who understand the fundamental physics behind this, it makes sense; but if you aren't familiar with it, it looks like a magic trick.



"In addition, it's very inexpensive and efficient; we don't need very much of it to work."

The researchers have not yet tested the process on humans, whose skin is about 10 times thicker than a mouse's. They don't know how much would be necessary to penetrate the entire thickness.

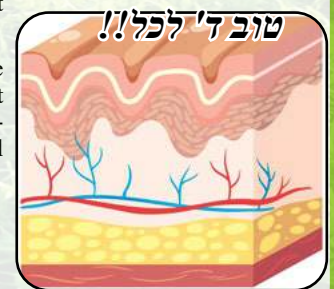
Human medicine today includes ultrasound technology to look deeper inside the living body—but the expense makes it inaccessible to a broad audience, while a method based on food dye would not be.

"Our research group is mostly academics, so one of the first things we thought of when we saw the results of our experiments was how this might improve biomedical research.

"Optical equipment, like the microscope, is not directly used to study live humans or animals because light can't go through living tissue.

"But now that we can make tissue transparent, it will allow us to look at more detailed dynamics. It will completely revolutionize existing optical research in biology."

Ma Rabu Ma'asecha!



News source from GNN.org With permission.

# DEMOLISH YOUR AVEIROS!

## Just Tell Hashem You are Sorry



What a Fun Yom Tov of Purim  
Hashem Gave Us in Year 5784!

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# LIVING WITH HASHEM

By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from Adar--Nissan

## Hashem Arranges Ride



Yitzi,\* a yeshiva bachur, was waiting for a hitch for a long time, but no one stopped for him. Then he said "Oh, I'm waiting for someone to give me a ride, but Hashem is in charge of rides." Right then, someone came over to him and asked, "Are you waiting for a hitch?" He responded, "Yes." The man told him, "You have to wait further down. That's where you can get a hitch." So he went there, and within ten seconds a car stopped and gave him a ride!

He saw that just when he realized that Hashem is in charge, Hashem made it that someone should come over to him to ask him if he needed a hitch and tell him exactly where to stand.

## Every Step is Perfectly Planned



R' Landau\* had a product to sell and he was on his way to a meeting to sell it. While he was on the way, he bumped into an acquaintance, who asked him where he was going. He answered, "I'm on my way to a meeting with Mr. Green\* to sell my product." The acquaintance said "That man that you have a meeting with is a thief! He's a ganav! Many people have had very bad experiences with him!" R' Landau investigated, and it turned out that

it was true. Hashem saved him from making a bad deal.

Later on, two other people asked for his product, and he ended up making double. So, Hashem saved him from a thief and at the same time also sent him two people that were honest!

## Yidden Love Rain



One morning, I had a bris to go to. It was cloudy outside but it didn't look like it was going to rain, so I wasn't going to bring an umbrella. The bris was a 5-minute walk from my house, so I decided to check the Ki Tov Hashem newspaper to see if it was supposed to rain that day. The forecast said that there would be thunderstorms with chances of rain, so I brought an umbrella.

On the way to the bris, it wasn't raining, but when the bris was over, it was raining and there were thunderstorms. But Baruch Hashem, because I looked at the Ki Tov Hashem newspaper, I brought an umbrella and didn't get soaking wet from the rain. Instead, I walked around with my umbrella and said, "I love the rain!"

## Anti-Semitism on the Decline



My wife was late to a bus, and she saw the bus passing by. So, a non-Jew in a car asked her, "Is that your bus?"

## A LIFE WITH BITACHON HOTLINE

By Rabbi Golombeck

- 1 Today's YESOD/Vort on Bitachon
  - 2 Today's STORY of Bitachon
  - 3 ANSWERS to Questions asked (Answers to 4 new questions each day)
  - 4 This week's connection of Bitachon to the PARSHAH
  - 5 QUOTE from Sefer "Bitachon Weekly"
  - 6 Summary of Rabbi Yehudah Mandel's Thursday VAAD
  - 7 Today's STORY how Bitachon helped someone through a Nisayon
  - 8 ARCHIVES (proceed as regular: 1 for Yesod/Vort section, 2 for story etc.) Press 8 again for Listening Instructions
  - 9 RECORD your Questions, Stories & Comments
- \* Back to previous menu
- 0 SONGS of Emunah & Bitachon (To listen continuously to all the songs, First press 8 and then 0)

### SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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 England .....03-303-502-368  
 Australia ..... (3) 99-997-300  
 Canada .....647-498-7700

A Life with Bitachon in Yiddish  
 Eretz Yisrael: 072-370-1912  
 USA: 845-262-5115  
 UK: 0330-325-1260

And she said, "Yes, that's my bus." So, he started chasing the bus with his car, honking and trying to get the bus driver's attention! A regular non-Jew!

Where in the Parsha do we find a connection with these pictures?

# Parsha Fun



Nitza-  
vim-Vayelech  
Riddle #106

To hear the answer to the question, press \*14 # 105 on the Chaishek HaTorah Line 845-720-4040

It is crucial not to recite out of rote, the precious words of the Selichot. It is a time of introspection, amending and recollection. Selichot will be said at the start of each day, before beginning them daily should Birchas HaTorah you say?



What a Fun Yom Tov of Pesach Hashem Gave Us in Year 5784!

**Parsha Delight Question of the Week**  
In memory of David Harris (לעילוי נשמת דוד בן דודאל הרשע)

**פרשת נצבים - וילך תשפ"ד (5784)**

In pasuk (30:9) it states that Hashem will make you abundant in children, animals and crops, listing animals before crops. In Parshas Ki Savo (28:4) it states that Hashem will make you abundant in children, crops and animals, listing crops before animals. Why the different order?

Please email your answer(s) to [parshadelight@shiurenjoyment.com](mailto:parshadelight@shiurenjoyment.com)



Contact Michael Yaakov with any questions at [maggidshiur@shiurenjoyment.com](mailto:maggidshiur@shiurenjoyment.com) or (917) 626-8306

LOVE TORAH LIVE TORAH LEARN TORAH

Answers for the Parsha Pictures  
Sea: You don't have to go overseas to learn Torah.  
Child: Mitzvah to bring the young children to Hakel.

Thank You, Hashem, for Baalei Tefila! They enhance our davening and make it so beautiful!



Thank You, Hashem, for Play mats! We can put on hard floors to give cushioning for our babies!



5

Weekly



Thank You's

By: R' Simcha Elefant - Yerushalayim Ir Hakodesh

לזכות משה יהודה בן שושנה

Thank You, Hashem, for Cups with Covers! We can bring drinks with us without spilling them!



Thank You, Hashem, for Scanners! We can scan items to put on our devices!



Thank You, Hashem, for Bar-codes! They make it so simple when we go shopping!

BAR CODE



Food didn't stay fresh more than a day or two. There were no refrigerators and no freezers. Food didn't even stay fresh through a three day Yom Tov!



&

**YOMIM TOVIM ARE COMING UP AND YOU WANT TO PREPARE FOOD IN ADVANCE?**



Prepare as much as your freezer can hold. Then just take out and put into you oven and enjoy the fresh delicious food!





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Doctor Dr. Chaim Altzisgut M.D. Date \_\_\_\_\_

*I'm prescribing 5 medications for you.*

**Patient**

*I have a hard time davening for so long on Rosh Hashanah. I keep on checking how many pages there are left until the end of davening... Please help!*

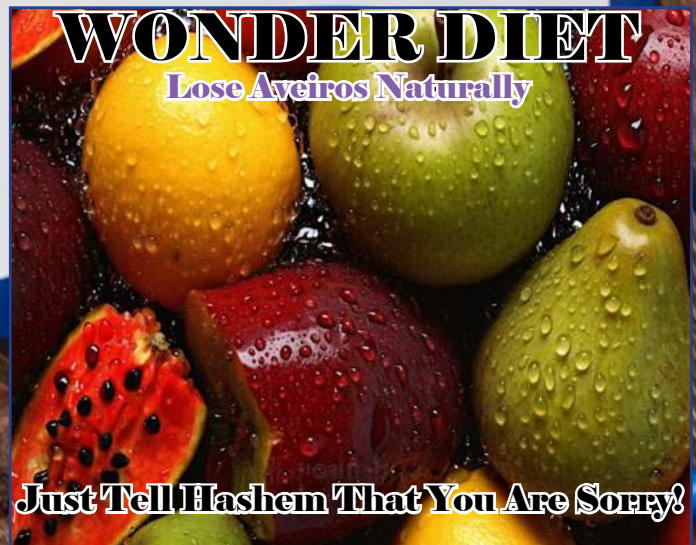
- 1. All Hashem wants from you is your heart. What matters to Him is that you are trying!**
- 2. Keep your eyes focused on the siddur or closed. The number one disturbance to focusing are eyes that wander around the room.**
- 3. Think about how much Hashem loves you and wants you to connect to Him.**
- 4. Think about all the good Hashem does for you. That will give you the desire to thank and praise Him.**
- 5. Quietly sing to yourself the davening to your favorite tune.**

**DON'T FORGET YOUR DAILY EXERCISE!**



**Stay Fit!**

**Remind Yourself that Hashem Loves You to No End!**



**WONDER DIET**  
Lose Aweiros Naturally

**Just Tell Hashem That You Are Sorry!**

# Ayin Tova

*Seeing the good in every situation*  
R' Nesanel Landesman

Sruli saw it coming, but was still ill-prepared for this moment. Sruli had blown shofar for the last seven years in his shul. He wasn't the best, but he was a reliable, God-fearing Jew, and did an above average job.



The year before, someone moved into the community, who was known as a superior Ba'al Tokea. Sruli knew that the people in the shul wanted to have him replaced, but didn't know how to go about it. Now, the Gabbai had called to meet with him about this subject and had left the decision up to Sruli. Keep the job, or give it to the new guy. Sruli was beside himself with ill feelings towards the shul for putting him into this situation.



Help Sruli have ayin tova for his fellow congregants and for his situation.

**You can send your suggestions for the AYIN TOVA CASE to:**

**[ayintovanewsletter@gmail.com](mailto:ayintovanewsletter@gmail.com)**

**Or call [Israeli daytime hours only]: USA: 831-244-6019 Eretz Yisrael: 052-760-5409**

## SOLUTIONS



Suggestions for the case of the couple who came to Eretz Yisroel for a few months and the husband got ill.



- Perhaps, now they will have a greater desire to come back sometime.
- A true Ben Torah could excel wherever he is, even outside of the Beis Midrash. They should take this as a message from Hashem to be mechazek themselves back in America.

• They should be thankful that they had the opportunity to work on their shalom bayis, after all he was home most of the day.

- It seems clear that had Hashem felt that they needed this time to grow and establish their home, this was the best way for them to do it.
- While we never ask for nisyonos, they could focus on the fact that if Hashem gave them this test, He must trust them. Imagine that Hashem calls someone and asks them for a favor. That man would be ecstatic and inform all his friends about it. If we could reframe our hardships as Hashem asking us to do this for Him, we would view our nisyonos totally differently!
- Perhaps, Hashem wanted the wife to see how a ben Torah acts when not surrounded by his "support group", his Kollel friends, etc.



# Ba'al Bitachon

A person who knows that everything comes from his loving, capable and reliable father.

# V.S.

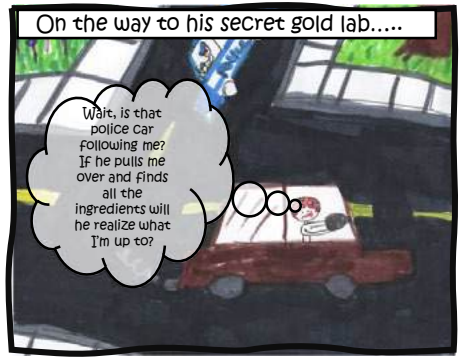
# Alchemist

A person who can take plain materials and turn them into gold using a chemical process.

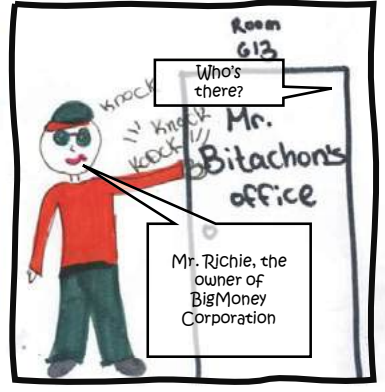


One would think that an Alchemist is always assured to have whatever he wants. However, in the sha'ar bitachon we learn 10 ways that the ba'al bitachon is superior to an alchemist.

#3: The alchemist cannot trust anybody with his secret. He lives in fear for his life. (Being an alchemist was illegal and punishable by death! Today he would be in fear of the IRS)



One who trusts in Hashem is proud and happy to share the "secret" of his success



# Passing by someone?

**SHOW HIM A SMILE! GREET HIM NICELY!**

## *Traveling in the Path of our Gedolim*

**R**av Yerucham was a pillar of Torah and a genius in the way he developed his talmidim in his generation. The greatness and uniqueness of his method of developing talmidim was brought to light in the many cases which seemed hopeless, and everyone else assumed the bochur would leave the proper path.

Rav Shlomo Lorintz related that bochurim once came to complain that their roommate was not putting on tefillin. They were certain he would immediately be expelled from yeshiva. To their surprise, Rav Yerucham asked them, "Does this bochur change out of his clothes when he goes to sleep, or is he the type to sleep in his clothes and shoes?" The talmidim checked, and sure enough, when this bochur came back late at night after learning to his room, he fell asleep in his clothes and shoes. They returned with this information to Reb Yerucham, who listened and then said, "If so, the fact that he does not put on tefillin is not because of lack of yiras shamayim or irresponsibility. Apparently, he has the personality of an absentminded illui (genius), and is unorganized in all his affairs, physical and spiritual. I will teach him, and you will see he will soon put on tefillin and daven properly".

Indeed, Rav Yerucham began working with that bochur, and transformed him into a regular person, weaning off all his eccentric genius habits! One of the first places change was noticeable was in his scrupulousness in davening and laying tefillin.

Rav Lorintz added, "Had Rav Yerucham acted like other Mashgichim, and expelled this boy, he would have been lost to Klal Yisroel. Thanks to his wisdom and tolerance, this bochur eventually became someone who disseminated Torah to the public."

From: Rav Yerucham, the Light of the Torah World.



Rav, there's a commander from the Russian army here to see you. I usually wouldn't disturb the Rav right before Rosh Hashana davening, but this seemed important.



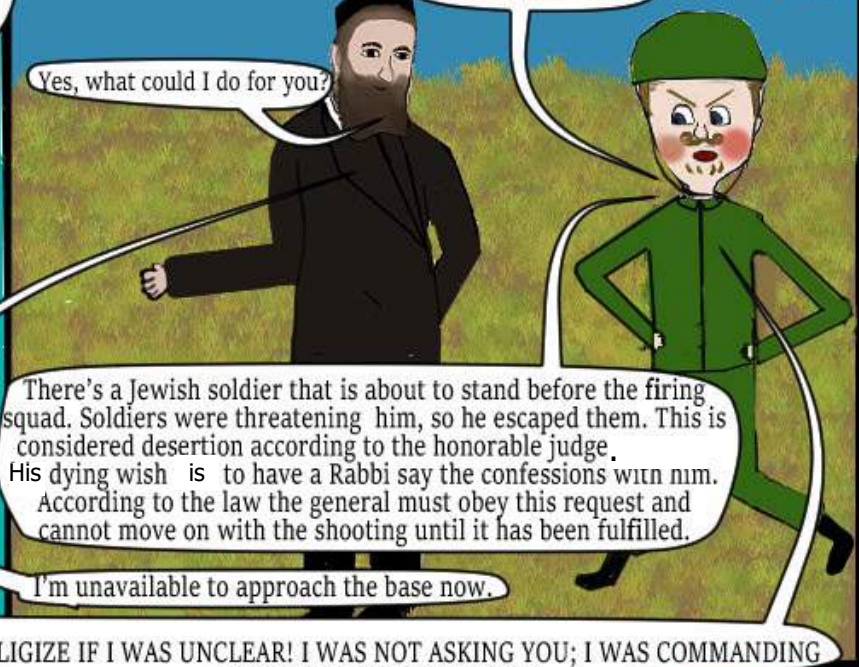
Thank you for being a loyal shamis

Yes, what could I do for you?

There's a Jewish soldier that is about to stand before the firing squad. Soldiers were threatening him, so he escaped them. This is considered desertion according to the honorable judge. His dying wish is to have a Rabbi say the confessions with him. According to the law the general must obey this request and cannot move on with the shooting until it has been fulfilled.

I'm unavailable to approach the base now.

You're the Rabbi here?



I APOLOGIZE IF I WAS UNCLEAR! I WAS NOT ASKING YOU; I WAS COMMANDING YOU! YOU MUST COME NOW!

The Brisker Rav is young and new, maybe he doesn't chop the sakana of disobeying a commander?



Yeah, most people would just go

Yidden we must prepare ourselves to hear the sho -



Rav, now the colonel came, he's the no nonsense type. Rebbe please can you go?

I warn you Rabbi, all these Jews will suffer if you don't come!



I already said I can't come now.

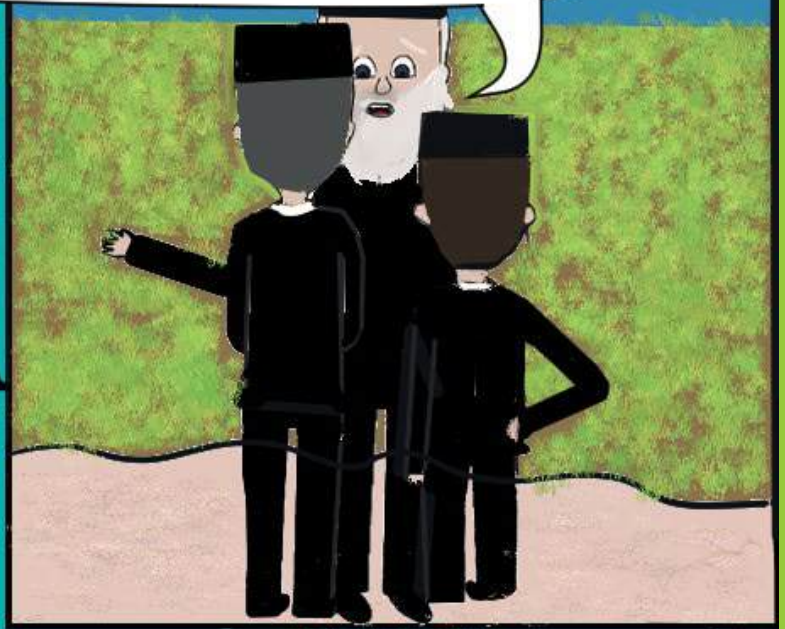




# ROSH HASHANA

I'm just going. You know what? I look like an old Rav with my beard, and our Rav must not chop the intensity of the situation.

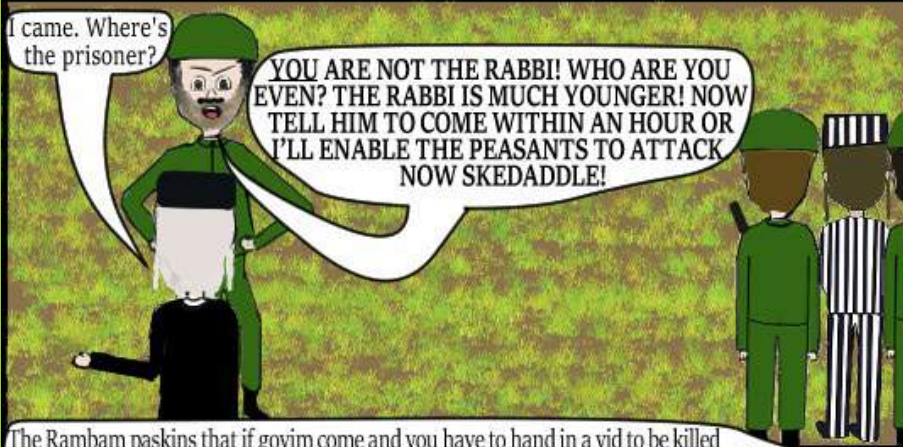
ר'סא



An hour or so later

I came. Where's the prisoner?

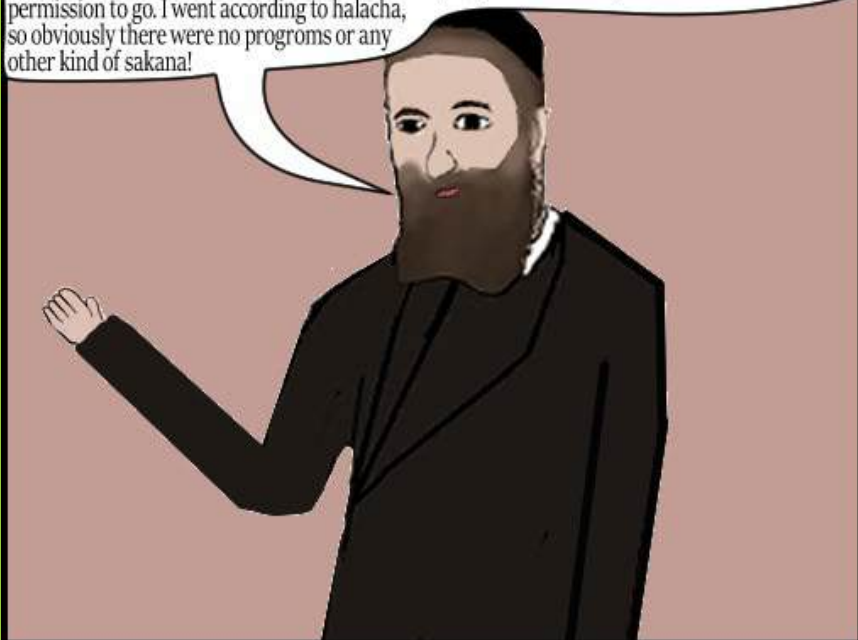
YOU ARE NOT THE RABBI! WHO ARE YOU EVEN? THE RABBI IS MUCH YOUNGER! NOW TELL HIM TO COME WITHIN AN HOUR OR I'LL ENABLE THE PEASANTS TO ATTACK NOW SKEDADDLE!



Rabbi, you don't need to come. The Jew's lawyer had sent a letter to the governor, and because of this unexpected delay, a return letter from the governor had time to arrive. He doesn't allow the shooting to come to pass.



The Rambam paskins that if goyim come and you have to hand in a yid to be killed who you know is innocent, it's assur. If you go according to halachah, there will be no danger. That soldier made it 100% clear that when I come, they would kill him, therefore I had no halachic permission to go. I went according to halacha, so obviously there were no programs or any other kind of sakana!



**Our Gedolim are the stars who guide us through the night**

**They have clarity to tell us what's wrong and what's right.**

**Our job is to have emunas chachamim, go where we're led**

**And we'll be directed out of Galus with them at the head!**

# FUN PAGE

Can you find 4 differences between these two pictures?



### PARSHAH POINTS

In Parshas Nitzavim, all the Yidden come together to listen to Moshe Rabbeinu on the last day of his life. He tells the Yidden that the Jewish people are one and must be always united. If the Yidden sin, Hashem will punish them and their land will become dry and stop producing its beautiful fruit. The Yidden will have to suffer in Golus. The Parshah of Vayelech tells us about the last day of Moshe's life. He knows that he will not be able to go into the land of Israel. He passes on the leadership to Yehoshua and then finishes writing a Torah scroll that he gives to the Levites to put in the Ark.

1-What do the words Nitzavim and Vayelech mean?

2-What river couldn't Moshe Rabbeinu cross?

3-What's the shortest parshah in the torah?

**DID YOU KNOW?**

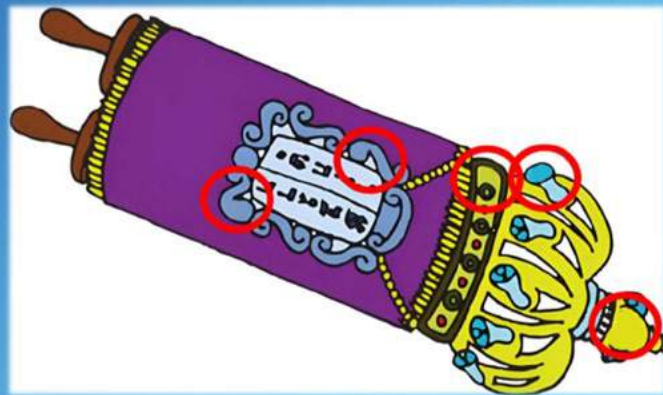
It takes a sofer about a year to write a Sefer Torah. But Moshe Rabbeinu wrote 13 in one day!

Moshe Rabbeinu said that a time will come when the Yidden will realize how wrong they've been and will turn to Hashem. He then will bring them back to Eretz Yisroel! This will bring in a new, special time when everyone will want to do only good and the whole world will become a good place—there won't be any Yetzer Hara! This is called the time of Moshiach.

1-Nitzavim means Standing - You are all standing before Hashem and Vayeilech means And he Went.

2-The Yarden into Eretz Yisroel.

3-Parshas Vayeilech! It has only 30 pesukim.



**SOLUTIONS**

Shimon Chirodea

# MR. MIDDOS SAYS...

2020



Hi everyone! Here are some great tips that can hopefully help you throughout this year!! Have a gut gebentched yar and a ksiva vichasima tova!!!!

- Mr. Middos

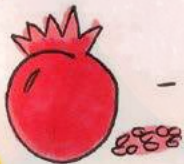
Hope you enjoyed learning great middos throughout this whole year!! Looking forward to another amazing year of learning!!



- Anger "rises" quickly!!!



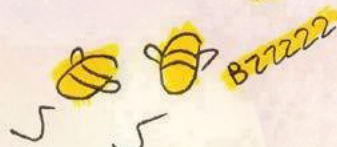
- People tend to act like a chicken without a "head" when in a disagreement!



- When someone plants "seeds" of lashon hara, soon everyone will be talking about it!!



- People who make shalom are "sweet" to Hashem!



- Hurtful comments to others can really "sting"!



- Don't act like a "rotten, sour apple"! Be happy!



- Try to do good mitzvos every "date" of this year!!



- Run like a bunny "who eats carrots" away from lashon hara!!

BY: AHUVA  
ROTHENBERG

# *A Faint Whiff* **OF** **Hashem's Unlimited** **Wisdom and** **Kindness**

## **The Nose**

We mentioned that one of the important functions of our nasal passage is to warm the incoming air in order to adjust its temperature to be compatible with the lungs. Let's elaborate a little bit more on this point. We usually perceive our nasal passage as a simple straight, open tube that takes in air from the outside world and transfers it to our windpipe. Yet actually the passageway that Hashem created is quite complex. High up in our nasal passage are bony structures that are folded and rolled over like a scroll. Their shape is similar to seashells which are hard, hollow and twisted. The air that we inhale enters this area and gets swirled and turned around these structures. This internal movement warms the air and adapts it to our body temperature. Obviously, air that gets inhaled through our mouth does not have this special advantage. Perhaps we can point out the importance of having warm air in our lungs as opposed to cold air from the rates of mortality. The numbers of people that die naturally in the cold months of the year are significantly higher than the amount of people that die naturally during the warm months of the year. Our bodies function better with warm air rather than cold air.

We have another function that the nasal passage does to prepare the oxygen. It might sound similar to the warming of the air, but it is really a different point. Our nasal passage humidifies the air that we inhale. To humidify the air means to add moisture to the air. Our lungs can get dried out from regular air. When the air enters the nasal passage, it gets swirled around the twisted, bony structures that are deep inside, not only does it warm the air but it also humidifies the air. This makes the air moist and ready for our lungs. There is so much chessed Hashem that is going on – with every single breath that we take - and we are not even aware of it! The amount of humidity that the air receives when we breathe through our nose is double the amount of humidity that is contained in the air that we breathe through our mouth. This is another important advantage that we have in breathing through our nose instead of breathing through our mouth.



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# Hashem's Universe

## *A Divine Masterpiece!*

The “BUSY BEE” – all the jobs the worker bee does in its short lifetime. Part 3 of 4

This article will focus on the numerous different jobs that all worker bees are actively involved in. Almost all of them take place within the hive, so you don't get to see them doing them.

On the chart you will see that there are many overlapping jobs that take place during the same age group. There's plenty of worker bees to share doing the jobs. However, who decides who should do which jobs is currently still unknown. Why some bees of the same age group do one of the jobs for that age, and others do other jobs available at that specific age is not known. What IS known is that the hive as a whole, acts in unity as an amazing socially, functioning unit, even though there's no manager giving out any specific jobs to any of the workers. It's another amazing feat of Hashem's Wisdom!

The many jobs of a worker bee.

As we go through this list, one by one, we will see how Hashem

Role	Age	Responsibility
Housekeeper	1-3 days	Cleaning out cells.
Undertaker	3-16	Removing dead bees and other debris.
Nurse	4-12	Feeding and caring for brood/larvae and feeding the entire hive.
Queen attendant	7-12	Cleaning, feeding, protecting the queen.
Pollen Packer	12-18	Packing pollen into cells.
Wax production	12-35	Producing wax to build and maintain honeycomb of the hive.
Airflow controllers	12-18	Beating wings to cool the hive.
Honey making		Beating wings to remove the moisture of the nectar so that it turns into honey.
Water Carrier	12-18	Collecting water for various hive needs.
Guard	18-21	Keeping unwanted “visitors” out of the hive.
Forager	22-42	Searching for and collecting pollen, nectar, and resin for propolis.
Scout	22-42	Searching for new hive locations and foraging areas.



has instilled amazing instincts for the PURPOSE of keeping this great machine of honeybees all working together in great unity, keeping the hive going throughout the year. THERE'S NOTHING HERE THAT CAN BE AN ACCIDENT - IT'S ALL YAD HASHEM AND CHOCHMAS HASHEM as we shall see.

1. Housekeeper (days 1-3 after it emerges from its cell)

Worker bees leave their capped cells by gnawing through the wax capping. They immediately start working, by cleaning their cells in preparation for a new egg to be laid there by the queen. SOMEHOW, they "KNOW" that the Queen bees will inspect every cell to see that it's completely clean before laying their eggs in it, so Hashem made it that they should "CARE" that the queen should be able to lay their eggs in these cells. They immediately clean their own cell to make it available again for another egg to be laid there by the queen (she won't clean it, but she will skip it if it's not 100% clean). Now, why should the bee "care" about anything that has to do with the welfare of the hive? Are these bees balei chesed, kind hearted bees, that they should care about the welfare of the hive? Obviously, it's all instincts that Hashem put into them!

Once their cell is completely cleaned, they spend the first few days as a general-housekeeping bee. This involves finding other empty cells that may have had honey in them, or pollen, that now needs to be cleaned thoroughly, otherwise, the queen will skip the cell and move to another one which is a waste of space, something that we will see that bees never allow to happen. Bees are extremely fastidious (very careful and concerned about accuracy, detail, and cleanliness) in how they take care of their hive.

2. Undertaker (days 3-16)

Undertaker bees (mortuary bees) remove dead bees from the hive, and other debris that they may find. This behavior maintains colony hygiene and cleanliness, helping prevent the spread of diseases and keeping the hive clean. Again, Hashem put into their instincts to be sure to keep the hive in good shape. Do you think that bees "KNOW" anything about the importance of cleanliness? Of course not!

3. Nurse (days 4-12)

The primary role of a nurse bee is to check on each larva about 1,300 times daily, and to feed them as needed. This works out to about 10,000 individual checks throughout the development of ONE larva. The worker bees can be observed fulfilling tasks such as feeding larva up to 100 times a day as necessary. In the last article we spoke about the amazing special glands that Hashem put into the worker bee from which they feed the "bees milk" to developing larvae. These glands are OBVIOUSLY NOT ACCIDENTS.

To be continued BE"H



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"It's praiseworthy to gather and be mechazek each other in  
Eemunah and Bitachon. I bentsh all those strengthening themselves  
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Harav Shmuel Kamenetsky shlita



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THE EMUNAH AWARENESS INITIATIVE

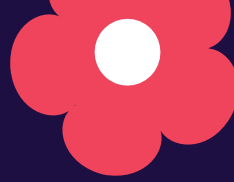
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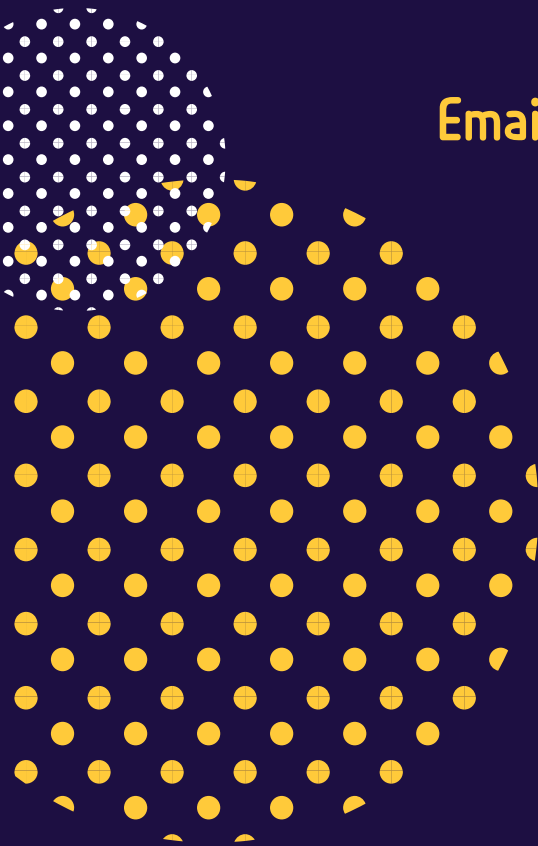


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A Guide to Discovering Hashem's Kindness  
Everywhere You Turn



By R' Yehuda Schonfeld  
from Judaica Press

From Chapter 5: What  
Went Wrong

Note: This chapter is only  
quoted in part, due to som-  
ber themes.



What Sophisticated Lifesaving Medical  
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**This Way Up**

Regardless of the reason,  
many of us are missing out  
on the priceless opportunity  
of life! This good world we  
live in is practically a feast  
of delicious pleasures set up  
for us to enjoy. We are look-  
ing right at it, but many of us  
are completely unaware of  
what we are seeing.

How can we change

our perspective and start  
enjoying life?

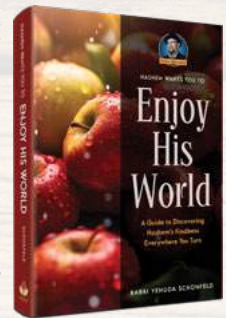
Whether a person's  
negativity about life is based  
on real reasons or false dis-

tortions,  
there is  
a way to  
become  
cheerful  
and posi-  
tive: Learn  
about and  
pay at-  
tention  
(i.e., think  
about) to  
the good.

A person is  
literally wherever his mind  
is. If we learn about and no-  
tice all the good in our lives,  
we will be able to enjoy our  
lives all the time.

Slowly and surely, we  
can train our minds to auto-  
matically notice good things  
instead of bad things! When  
we see something in our life,  
like a parent, spouse, child,  
our house, shul, or car, we  
will experience the positive  
feelings that come from rec-

ognizing how good that  
person  
or object  
is. Before  
long, we  
will be  
leading  
lives filled  
with posi-  
tivity and  
happiness.



At this point, I would  
love to say that one can  
spend a short amount of  
time learning about how  
good life is and become a  
permanently changed per-  
son — happy forever. Un-  
fortunately, that isn't going  
to happen. Being happy and  
positive is a character trait  
- and changing a character  
trait is the work of a lifetime.  
There are many enormously  
powerful forces constantly  
trying to pull us back down  
into the dumps. A person  
will not be able to perma-  
nently lift himself up in just  
a short period of time.

So, while this book is a  
good way to start enjoying  
life, it will take much review

of the topic to permanently alter one's personality.

### **The First Step: Opening Our Eyes**

Years of negativity can make it difficult for someone to even identify most of the good things in life! But with just a little investigation a person can learn about many wonderful, unnoticed benefits that are right in front of us, but which our eyes, clouded by a spirit of pessimism, are completely blind to. After becoming aware of these things, we can then enjoy and relish them. Why should we be content to spend our lives stuck in a rut of depressive misery? Let us throw open the windows of awareness, blowing a new spirit into our lives, and learn to see and recognize all the exciting wonders of the world!

As Rav Avigdor Miller, zt"l, wrote:

Look at the sun as if you are seeing it for the first time, and also at the wind, the rain, the clouds, the snow, the air, the trees, the grass, your limbs, your food, your home and all your utensils, the powers of your mind, your instincts, the workings of society, your relationships with your kin and fellowmen, and all the phenomena of heaven and earth which your eyes see

and which your mind knows (Rejoice O Youth, p. 311).

This will be the beginning of a new life — a life of enjoyment and happiness.

### **Chapter 6: How to Start Enjoying Life**

We have established how important it is to enjoy our lives. It's even a mitzvah to do so, because enjoying Olam Hazeh is a fundamental way to connect to Hashem. In this chapter, we will focus on how to do this, with practical methods to help us increase our enjoyment of life.

**Q: I now realize that I'm supposed to enjoy my life and that doing so is an important way of connecting to Hashem. But my life is hard, and not enjoyable. How can I just start enjoying it? I have so many problems!**

**A:** A person's life isn't objectively enjoyable or un-enjoyable. One's experience

of life is based on how he feels about life. In turn, one's feelings are greatly influenced by his thoughts. If we can start thinking the right thoughts, we can change our experience of life from difficult to enjoyable.

The following sections will help you achieve a life-changing shift in perspective.

In addition, Rav Miller taught that one of the purposes of suffering is to re-



**What Cozy Homes Hashem Gave Us in Year 5784!**

mind people that this world is not the end of the road. Rather, we are all heading to a final destination, Olam Haba, and only there will we experience pure, unending happiness. (See Toras Avigdor, Shemini, 5783.)

R' Schonfeld is available to speak publicly on the topic of Enjoying Olam Hazeh. He can be reached for comments and questions at [EnjoyHisWorld@gmail.com](mailto:EnjoyHisWorld@gmail.com).

# Living With Appreciation

R' Daniel Shasha

“For this commandment that I command you today, is not hidden from you and is not far...it is very near to you...” (30:11,14) The Ramban teaches that “this commandment” refers to teshuvah. Surely this is very puzzling. We associate teshuvah as being something daunting and difficult, how can it be described as something close to us? However, the Torah is telling us that it is less daunting and more attainable than we think.

We tend to understand that teshuvah means making a complete turnabout and never returning to our sins again and if we did sin again, our teshuvah wasn't successful. However, this isn't so and thoughts of repentance alone can accomplish a lot, even if we don't change our ways. For exam-

When we think about it, teshuvah doesn't really make sense. If someone was speeding down the highway and upon getting pulled over, says, "Officer I am sorry, I didn't mean to speed and I won't do it again," he will still receive a ticket, no matter how sorry he is. Yet, lehavdil, when we tell Hashem, the King of all Kings, that we are sorry for our aveiros, He is willing to completely forgive us and wipe the slate clean! Teshuvah defies reasoning and logic. The Rabeinu Yonah begins his monumental work, Shaarei Teshuvah (3:2) by writing that teshuvah is a gift. He brings elsewhere that when we repent, we need to contemplate the great kindness of Hashem Who gave us this priceless opportunity.

Another area of teshuvah which is a precious gift is the special Siyata Dishmaya that we receive. Our Rabbis teach that “one who wishes to be purified will receive Divine help” (Shabbos 104a). Elaborating on this, Rabeinu Yonah teaches that the assistance we receive is beyond natural: Hashem gives us a very powerful Siyata Dishmaya to help us overcome our yetzer hara (Shaarei Teshuvah 1:1). We just have to make the first step. Our yetzer hara can be very cunning and quite difficult to overcome. However, when we make the initiative to do teshuvah, we have a guarantee that Hashem will be with us all the way, holding our hand no matter what. There is no limit to Hashem's willingness to accept teshuvah.

The biggest reshaim who ever lived were given the opportunity to do teshuvah. Let's take the example of king Menasheh. He was one of the most wicked kings in Jewish history, who worshipped multiple types of avodah zarah,

placed an idol in the Bais Hamikdash, and led the Jews astray. He was captured by an enemy army and in his great distress he cried out to Hashem in repentance and was forgiven! Another example is Elazar Ben Dudaya, he was one of the most immoral people, who visited every single zonah in the world. One time he traveled a very large distance to visit a certain zonah, who told him that there was no hope for him. He cried copious tears of repentance until his soul departed from

him, and a voice from Heaven proclaimed, 'Rav Elazar Ben Dudaya has a place in Gan Eden.' He went from being one of the most immoral people to receiving semichah from Shamayim.



**What Smooth Comfortable Roads Hashem Gave Us in Year 5784!**

ple, the Gemara (Kidushin 49b) teaches that the betrothal of an evildoer to a woman on condition that he is completely righteous might be valid, since maybe he had thoughts of repentance. This is even without him changing anything yet!

Although there are four stages of teshuvah which are required (regret, leaving the sin, confession, and resolving not to repeat the action), it is not all or nothing and just the will to change can accomplish so much. Furthermore, one might think “how can my teshuvah be accepted if I am bound to stumble again? Maybe that canceled out my teshuvah?” However, this is not so: teshuvah wipes the slate clean and whether one stumbles again or not is irrelevant.



Hashem is our loving caring Father and just like a father really desires his son to behave correctly and be close to him, so too when we return to Hashem it brings Him so much pleasure. He is also waiting for us to come close to Him, and do teshuvah. Three times a day we express our appreciation for this. In the berachah of selach lanu, we finish Baruch atah Hashem harotzeh bitshuvah. We are expressing our gratitude to Hashem Who not only He gives us this opportunity; He actually wants us to do teshuvah, and is eagerly waiting. The following story provides us a glimpse of the power that the precious gift of teshuvah really has.

One time Rav Laib Sarach, a talmid of the Ba'al Shem Tov, was in a certain village in Poland for Yom Kippur where they only had nine people who could make a minyan. "Are you

sure there are no other Jews here?" he asked. "We are the only Jews here who identify with our faith" they replied. "What about someone who left the fold? The gates of teshuvah are open to everyone," he responded. "There is the squire of the village but he has left all ties of Judaism behind and has been engrossed in grave sins for over 40 years", they told him. "Let me go speak to him" the Rav said determinedly. He explained their predicament to the squire, and surprisingly he showed newfound interest in connecting to his Jewish roots and completed the minyan. At the climax of neilah when everyone screamed out "Hashem Hu HaElokim" for the seventh time, the squire suddenly passed away. The Tzadik proclaimed that he now had a place in Olam Haba! (A Treasury of Chassidic tales, Rabbi Zevin p. 127)

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### *Let Us Thank Hashem for...*

#### **The shower!**

What a treat it is that we can step into a nice cool shower in the summer and a hot shower in the winter, adjusting the temperature to our liking. The Tannah, Hillel, taught that washing ourselves is a mitzvah since we are created in Hashem's image; our bodies are due to be looked after properly, since it houses our neshamah.



## *Inspiring Quotes*

1

We should accustom ourselves to express gratitude for the benefits we have enjoyed, thanking and praising Hashem to the best of our ability.  
(Rambam, Hilchos Berachos 10:26)

2

Klal Yisrael are more beloved than the angels, since the angels do not praise Hashem in Heaven until we praise Him in this world below.  
(Chullin 91b)

3

When we sing songs of praise to Hashem, our sins are forgiven.  
(Midrash Tehillim 18)

4

Our mouth was created in order to thank Hashem and praise Him.  
(Magen Avraham O.C. 60:2)

This column is part of the "ASHER TO THE YATZAR" initiative. If you would like to receive the monthly leaflet, please email [ashertotheyatzar@gmail.com](mailto:ashertotheyatzar@gmail.com). Please try to say Asher Yatzar from a card or poster as a *zechus* ל"ע"נ my daughter אסתר ע"ה בת יבלחט"א אליעזר מנחם

### Do Yourself a Favor!

This coming week is Rosh Hashana and we are definitely looking for more *zechusim* in order to merit a good judgment. One of the best ways to be *zoche* to chesed from Hashem in our court case is to follow in His ways and try to do chesed with other people, and to do so with simcha! Of course, chesed starts at home, especially with your spouse and family members. You are taking care of them anyways, so why not have in mind that you are doing the mitzvah of chesed! But did you know that when you take care of your health you are also doing chesed? The Midrash (Vayikra Rabba 34:4) cites the *pasuk* in Mishlei (11:17) "גומל נפשו איש חסד" – "A man of kindness brings good upon himself," and says it is referring to the following story. One day, after *Hillel Hazakein* finished saying shiur, his *talmidim* saw that he was in a big rush. When they asked him where he was running to, he answered, "I am going to do chesed with the guest staying in my home." The next day this happened again, and he gave the same answer. After this happened for a few days they asked, "Do you have a guest every day?!" He answered, "My soul is not a guest in my body? Today it is here, tomorrow it is gone!" The *meforshim* explain that Hillel was going to eat, and viewed that as an act of chesed to his soul.

Rav Avigdor Miller zt"l says that Hillel viewed his body as the inn for the *neshama* and by treating it properly, he was doing an act of chesed. We learn from here that whatever you do to take care of your body is called גמילה חסדים. This includes taking care of your physical aspects, such as eating breakfast, eating at the right time, and staying away from foods that can damage your health. But most of all, davening for good health is the greatest chesed we can do for our bodies. The gemara says in Sanhedrin (44b) that a person should always daven that bad things should not happen to him. Because once a person is already in a *tzara*, *chas v'sholom*, such as if he got sick, he will need many *zechusim* to get out of it. It is much easier to daven to stay healthy. Davening is a great way to prevent sickness. If a person davens very fast and doesn't try to work on having *kavana*, or if he doesn't add personal requests for health, he is actually being cruel to himself! When a person says in *tachanun* "ה' אל באפך תוכיחני, ואל בחמתך תיכסני" – "Hashem, do not rebuke me in Your anger, nor chastise me in Your wrath," he should beg and cry to Hashem for good health. Every person, at every age, must do so.



Rav Miller concludes, and of course you should not do things that destroy your health. Such a person is similar to one who is building a wall with one hand, and smashing it down with the other!

We have mentioned in the past that saying Asher Yatzar with *kavana* is the best preventative against sickness. Now we have discovered that doing so is also a great act of chesed to yourself. Through that, may we be *zoche* to a *kesiva v'chasima tova* and a year of good health!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.



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# Chizuk Corner

Rabbi Y. Y. Friedman

We are standing now before Rosh Hashana and we are getting closer and closer.

Rosh Hashanah is a Yom Hadin and at the same time, we know that it is a joyous day like every Yom Tov. In fact, according to many poskim there is actually a Mitzvah of visamachta bichagecha.

The obvious question is how do we understand this? How can we have fear and joy at the same time?

him his long-awaited lesson and he banished him from the kingdom.

The prince wandered around and he settled in a little hut somewhere. He didn't hear from his father the King for over a year and he was yearning to return to his father.

One day, a messenger came to the prince with a message that his father is calling him to his court to judge him for his misdeed.

Now the prince understood that there was a chance that he might get punished, but at the same time he saw that the king didn't forget him and perhaps he would even take him back.

When the prince arrived at the court, he looked fearful but at the same time he was smiling. The king surrounded by all his ministers saw the mixed expressions and he asked the prince for an explanation?

The prince explained that on the one hand he was full of fear for who knows what would happen to him, but at the same time he felt joy with the fact that the king hadn't forgotten him. Furthermore, now that he had arrived at the castle, he was close to his father and perhaps he would take him back once again and those thoughts brought him joy.

When the king heard that, he got off his throne and engulfed his son in a tight bear hug as he whispered to his son through tears of joy, "Welcome home welcome home."

The Nimshal is clear. We know that we are heading into the

yom hadin.

However, at the same time the fact that



What Cool Refreshing Drinks Hashem Gave Us in Year 5784!

The truth is that this concept of fear and joy is not something new. Dovid Hamelech tells us in Tehillim "v'gilu b'raada." How do we blend these two seemingly contradictory things together?

Let me give you a Mashal that will help us understand this, and perhaps it will give us a refreshing outlook at Rosh Hashanah as well.

There was once a king who had a rebellious son who did something that defied His authority. The king loved the prince and realized that he needed to teach





Hashem is going to judge us shows that He is thinking about each and every one of us and this itself should pump us up.

Moreover, the Chinuch says that if we wouldn't be judged each year then our aveiros would start piling higher and higher and it would be almost impossible to return to Hashem r"l.

We know that on Rosh Hashanah we get an extreme closeness to Hashem. Like the prince in the mashal we have extreme hope that Hashem will take us back to Yerushalayim once again.

Let us discuss this unique and special day so that we will go into Rosh Hashana with hearts full of yearning and joy for this special day.

1. Rosh Hashanah is the day that the world was finished and man was created. Yes, the amazing human being was created on this day. That makes this day the anniversary of mankind. And the reason why Hashem created us is because He loves us so much and wants to give us infinite pleasure in Olam Haba.

2. On Rosh Hashanah Sara and Chana were nifkad which means they were remembered [so to speak]. On this day it was decided that they were to have children. So, Rosh Hashanah represents the birth of Yitzchok and all of Klal Yisroel.

3. On Rosh Hashanah, Yosef came out of jail. Yosef is the one who saved his whole family from starvation. Additionally, Yosef's nisayon in Mitzrayim helped pave the way for Klal Yisroel's spiritual survival as well.

4. On Rosh Hashanah, the hard labor in Mitzrayim came to an end.

5. Rosh Hashanah is the first day of the

Aseres Yemai Teshuva, which is a time that Hashem is very close to us.

6. Rosh Hashanah is the day that we are coronating and proclaiming Hashem as our king and the King of the whole world.

7. Rosh Hashanah is the first day of the year. And everything we do makes a tremendous impact on the coming year. This is why we eat sweet things to help sweeten up our year.



How Many Millions of Jobs Hashem Gave Us in Year 5784!

Imagine if we give chizzuk and we are sweet to our family and friends how much it can affect our coming year.

Imagine how much goodness we can acquire for the whole year when we are mechazek ourselves with Emuna and Bitachon on Rosh Hashanah.

I saw a beautiful explanation why it's called Rosh Hashanah and not Rosh Shanah. It's because we are hoping that this will be "Hashana" - the special year. A year full of Bracha and rachamim, and most important a year of revealing the glory of Hashem with the Geula Shelaima.

Wishing all my readers, "A Wonderful Sweet Year."

**D**id you know that the Mashgiach, Rav Nosson Wachfogel, told my Rebbi that teshuva has to be looked at as fun, geshmack, and exciting... Teshuva is according to the generation and that's why in order for it to be fun and exciting, nowadays our generation can say, "I'm sorry Hashem. I'll try to be better in the future." Boom. The aveira was erased and it even turned into a mitzvah. That's the pshat on the pasuk

**By: Rabbi Zevy Golombeck**

"ki karov eleicha hadavar meod," that it has to be very close to us. Hashem specifically wants teshuva to be close to us because when a person feels like he's clean, that motivates him to want to stay clean. If someone is dirty he's just going to get more dirty.

This that we find in Rabbeinu Yonah in Shaarei Teshuva and many seforim that say teshuva is a mountain and overwhelming, that's because it was easy according to their generation. But nowadays that we're not on

that level and have no shaychus to that level, it's not the mitzvah of teshuva bizmanenu. The mitzvah of teshuvah transfers and switches according to the generation, according to every person. Bottom line is that teshuva has to be fun and exciting. Look at it as "Boom. I am snow white clean. Everything is perfect gevaldik and amazing."

Now practically speaking, how many steps are there to teshuva and all the different levels in seforim, and who does it apply to? Everyone has to know themselves. What's considered easy? What's considered fun? What's considered geshmak? As my Rebbi said "deracheha darchei Noam," yiddishkeit has to be pleasant. If a person

starts doing teshuvah on everything and starts working on everything, that is too overwhelming. It's not deracheha darchei Noam. Teshuvah has to be pleasant, and working on your middos has to be pleasant, and everything about yiddishkeit has to be pleasant.



**What a Fun Year for Children and Adults Hashem Gave Us in Year 5784!**

## Gold Mines

*Based on the teachings of Rav Yehudah Mandel*

**By: R' Baruch Rosenstock**

because your anxiety came from none other than Hashem, your loving caring Father. Anxiety is a tap on the shoulder from Hashem telling you, "I love so much, so I want you to come close to me." Hashem gives you anxiety and emotional pain because this will push you into working on bitachon because bitachon combats anxiety; bitachon is a modality to bring your menuchas hanefesh.

The deeper your pain is, the stronger you can grow in bitachon. People without anxiety don't have this push to grow in bitachon, but with anxiety you have a push to develop a relationship with Hashem. Anxiety is also yissurim; it's a sponge to scrub your neshoma snow white clean and saves you from gehenom. With this attitude, anxiety becomes a passing stage but while it's there realize its purpose and worth and instead of dreading these feelings, embrace them with a dance.

**M**y Rebbi, R' Golombek, said on the bitachon hotline that Emunah and bitachon has many perspectives that you can use for every situation in order to enhance your life. One of them is realizing that when you have anxiety or emotional pain it is the biggest gift in your life. That is





**A BEAUTIFUL NEW YEAR  
IS COMING!**

**A YEAR FILLED WITH SO  
MUCH GOOD!**

## A LIFE WITH BITACHON ON THE PARSHA

Nitzavim (section #4 #223)

The Torah starts off this week's parsha, "אתם נצבים היום," talking directly to Klal Yisroel and telling them, "You are all standing here alive and well!" Rashi explains that the Yidden have just listened to the tochacha, where they heard all the bad and scary things that can happen ch"v, to a person who doesn't serve Hashem properly. With this they thought, "We're in deep trouble. We don't stand a chance to survive. What's going to be?" Their faces became pale and their moods turned gloomy.

Moshe Rabbeinu responded to this by telling them: "Klal Yisroel! Look! Don't you remember? You have done so many big aveiros in the midbar, but you are still here!" This calmed Klal Yisroel down. They realized that even though they sinned many times in the past, they were still fine. This made them feel much more comfortable with the whole tochacha.



What Delicious Food Hashem Gave Us in Year 5784!

The Mefarshim ask, what is going on here? Moshe just gave them tochacha to scare them off, so they should not do avei-ros, because all these terrible punishments can happen to them. Then Moshe tells them not to worry, because they can see firsthand that even if they do aveiros, the tochacha won't come about. If so, why did Moshe tell them the tochacha to begin with, if anyway Moshe will reassure them that there is nothing to fear? How do we understand all this?

Perhaps, we can answer based on the Rabbeinu Yonah in Sha'arei Teshuva (shaar 4). He writes there that because of Ha-shem's

tremendous Rachmanos, even when a person is deserving of a big punishment due to his many sins ch"v, Hakadoish Baruch Hu starts off with giving him a small inconvenience or a very minimal challenge. When this happens, a person has the opportunity to say, "This is coming from my loving, caring Father, Hakadoish Boruch Hu, out of His love, and כל מה דעביד רחמנא לטב עביד. It is my soap and shampoo. I accept it be'ahava and I will try to improve my relationship with Him." When a person does this, then Hashem says, "You realized it is coming from My love, and you took the message? That Zechus is so great that you won't have to go through any more suffering or Yesurin r"!"

From Rabbeinu Yona we see that if a person says gam zu letova for small challenges, using them to bolster his relationship with his loving, caring Father, he won't need the big tochacha to come on him ch"v, even if he struggles to serve Hashem properly.

We can say that this is the back and forth going on between Klal Yisroel and Moshe Rabbeinu. Klal Yisroel has just gone through the midbar for 40 years, and there were many times that they had a shortcoming in their avodas Hashem. However, at the same time they were living with Hashem, and they brought him into the picture even when times were difficult.

This is what Moshe Rabbeinu was telling Klal Yisroel. "Because you have been connecting to The Source all along, through thick and thin you were still mechazeik yourselves in Emuna and Bitachon. You don't have to worry about the tochacha.

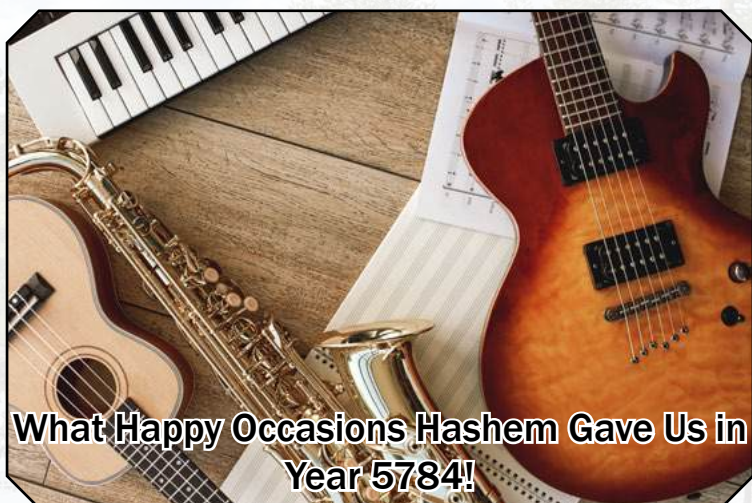
So, whenever a small challenge or nisayon comes our way, let us look at it as a once in a lifetime golden opportunity! If we accept it in the right way and say, "This is out of Hashem's love. It is soap and shampoo for my neshama," we will be Bez"H spared from anything worse, ch"v, happening to us. The more a person accepts his challenges with simcha, the more Ha-shem will say, "Now I will save you from things you wouldn't want, and you'll have a life of open chessed and rachamim!

Someone shared the following: *I am currently not making ends meet and can't afford chicken and meat. Instead, I need to serve the children macaroni and eggs. That is basically what we have for breakfast, lunch and supper. My kids ask me, "Why can't we be like everyone else and have better food?" I was wondering what the right response would be to that question?*



*Later that day Hashem sent me a very clear answer. I was at a meeting with a few people. During the meeting, different people happened to mention different challenges they were going through. This one's husband was really not well. That one's child had a serious medical condition, and the other one had this problem, and that one had that issue.*

*Afterwards, I thought, "I have no medical conditions, nor any other big issues in my whole family. I think it is because I am mekabel my financial situation with simcha. Because of this, I am spared from any other big challenges. No hospitals, car accidents or other sort of tragedy c"v."*

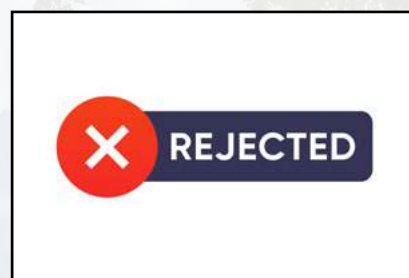


**What Happy Occasions Hashem Gave Us in Year 5784!**

*"Yes, we might not have chicken and meat like everyone else, but because of that we are able to be home sweet home as a wholesome, happy mishpacha! Wow! Chasdei Hashem! What can be better?!"*

*A Yiddishe Mamme shared: I went to a family simcha, and no one was looking at me. I was totally ignored. I felt very rejected.*

*Then I thought that Hashem is doing this so I can get my tikun nishama in this easy way, instead of with hospital stays! I became so full of simcha and gratitude, that I got onto such a high! Naturally, I went over to say hello to everyone, even though they didn't do that to me.*

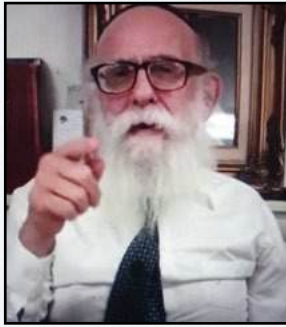


These people realized the amazing gift Hashem sent their way by giving them a challenge, and they utilized it. Let's use these golden opportunities as well! With this perspective, we will always have such simcha and a heart full of gratitude! We will only see bracha and rachamim in our lives, and be zoche to a kesiva v'chasima tova-AMEIN!

# ROSH HASHANAH



# A FRESH NEW START!



והנגלות לנו

We have responsibility for the open עבירות that other Jews do. This פסוק clearly mentions the incredible מצוה of being מקרב Jews to yiddishkeit. If a person would hold more from himself then he wouldn't worry so much about himself and he would have a broadminded scope to help

others, and ideally go out to help many unfortunate non-frum Jews who are in a מצב of the worst נפש פקוח (in רוחניות).

לשוש עליך לטוב

כלל הקב"ה is happy to no end when he sees ישראל happy. This is his whole desire in making this beautiful world - עולם חסד יבנה - to give שמחה to His creations. It is extremely important to realize this. It skyrockets your level and your general positive thinking and thankfulness. You realize that הקב"ה desperately wants you to have more thankfulness and much more בטחון so he can give you loads of שכר.

Part II

Your whole world looks different when you realize how הקב"ה wants so so much just to make us all happy. And this is everything and it is the #1 יסוד of the entire world - like the אדם לא נברא אלא להתענג מס"י says Those who copy הקב"ה and are happy with other people's successes are the luckiest people in the world.

Part III

It says by אהרן הכהן :

לב ששמח בגדולת אחיו ילבש אורים ותומים Your reward is to wear the most beautiful dazzling חושן! This gives you an incentive when you think of those gorgeous diamonds with the beauty of variety.

Part IV

All kinds of colorful precious, priceless stones. Each with his own unique beauty, and they all symbolize the various kinds of עבודת ה' that each שבט had. The person who instead of being jealous and stressed and anxious and depressed over his younger brother outdoing him is the luckiest person.

Part V The biggest סגולה to be זוכה בדין - work on טובה!

He lives longer, healthier, and happier, and he doesn't waste his precious energy on worrying over his silly הבל הבלים כבוד! He isn't a מצומצום who lives only in his own narrow-minded shell. The זכות of his broadmindedness gives him the 12 most glorious stones. He has got all kinds of beautiful שיטות on his pure heart.

Part VI

He is an אחדותדיק type of person who enjoys the success of others including his own brother who in the outside world is usually a competitor. In fact, the מהר"ל says that

the word נא can mean competitor. (נוגע לאחאב מלך ישראל) A person like אהרן can actually look for golden opportunities עיקר חיות האדם which is שבירת המדות (גר"א ז"ל).

Part VII

The same person who fargins his brother (and instead of being jealous, he enjoys his success) can have אחדות with other types of Jews since he fargins other שיטות. Perhaps this is why אהרן was needed by משה and יצ"מ wasn't enough. חצמון "boundary" and "מיצר" is מצרים



without broadmindedness - and leaving מצרים means leaving such a mentality.

Part VIII

The מצריים were stingy types who became intimidated by ישראל's astronomical growth and unusual strength (ויורבו ויעצמו במאד מאד ויקוצו מפני בני").

כלל ישראל had just gone through מכירת יוסף where the שבטים didn't fargin יוסף and they ended up in a place that doesn't fargin. And now we have a special אדם מיוחד who specializes in farginning - אהרן. And his נח took them out of מצרים.

Part IX

A yid has to emulate הקב"ה and be happy about all the success of ישראל and of his competitors! This gives the tremendous נחת of ישראל. Enjoy all those new Yeshivos and all those holy projects that כלל ישראל keep undertaking - like שמירת הלשון and דרשו and all those צדקה organizations etc! ואשרי חלקו!

Part X Good news!

When you have this way of thinking then you get a חלק in all that you appreciate in others!

והטיבך והרבך מאבותיך - אבות You'll outdo

And the ספורנו says that והותיך also means that you will get greater ברכות than your forefathers. Why should we do better than them? We can suggest בס"ד that simply because we did תשובה and all the gates of unbelievable Continued on next page

BS"D  
NKasef HaNekudos  
HAGBAHAH  
(Parshas Nitzavim)

By Mrs. S. Mordechai

Dedicated, Leiluy Nishmas, to my uncle  
Yisrael Aharon ben Avraham zt'l

The Ark is opened and our precious Torah, with  
her silver crowns, emerges.  
The Kehilla rises as the palpable anticipation in  
the room surges.

Through the fringes of his Tallis, each Yid reaches  
to greet  
as we beseech HaMelech HaOlam to make His  
Torah and Mitzvos sweet.

We are grateful to be the House of Yisrael. Hu  
Bachar Banu  
from all the peoples and His Torah of truth Hu  
Nasan Lanu.

From Bais to Lamed, Creation to Kol-Yisrael never  
missing a word, year after year.  
Just as Moshe Rabbeinu foretold, our Torah will  
always be Harbay Me'od near.

"This Mitzvah is not beyond your grasp, lo rachok  
hu.

It is not in heaven, so you'll say: "Someone must  
ya'alai-lanu so we can say and we can do."

"Neither is it across the sea so you'll say 'someone  
must ya'avur  
and bring our Torah to us from the opposite, far-  
away shore.'"

Glowing with G-d's Glory, our Mesorah to Ye-  
hoshua, his loyal Talmid, Moshe passed.  
Then on through four galuyos and millenia, that

seem at once like minutes and vast.

From Shoftim to Zkainim  
to David, our anointed king,  
who learned with lyre and harp  
and taught us to pray from the depths of our  
souls and to sing.

Father to son, the written and the spoken;  
Rebbe to student, never for a moment has the  
chain been broken.

Tanaim, Amoraim, Rishonim, Acharonim, Zugos,  
Ba'alai Tosfos  
Mishna, Gamara, Reish Galusa,  
Nasi, Bavli. Yerushalmi,  
Gaonim, Gedolim, Chachamim, Rabbeim, Rab-  
bonim, Chavrusos, Daf Yomi.

To nechudash v'nikkadaish through her we have  
lived and many times we died for her sake,  
doing whatever we had to do so the chain of  
knowledge would neither bend nor break.

When persecuted and forced, from lives we built,  
to depart,  
we left behind magnificent Mikdashai Me'at; but  
never did we abandon the Mikdash we each hold in  
our heart.

Even when forced to spread out to the ends of  
the earth  
we would forsake all wealth if only to preserve  
her true value and worth.

How many candle stubs miraculously  
at daybreak were still burning?  
How many caves reveal the secret of fugitives' im-  
mense desire for learning?

Consider the longing  
of the poverty-stricken youth  
who strained to listen to limud while splayed  
upon a snow-covered roof.

The father and son who, to escape oppressors,  
buried themselves to their necks in sand;  
soared to heights lishma, then disseminated her  
secrets throughout the land.

The hero who risked his life to smuggle our To-  
rah, under his shirt, hidden,  
to bring the familiar teich to his fellow enslaved  
Yidden.

Etz Chaim He: The Tree of Life  
I'machazikim bo.  
Each root, each branch, each leaf  
we crave to koneh, to follow, to know.

Toras Hashem Temima remains our inspiration  
and our guide, sweet like honey that from a comb  
drips.

In these last days before Moshiach, iyH,  
she is still right here in our hearts and on our lips.

When the leining is complete,  
our beloved Torah scroll is lifted and raised gvo-  
hah.

The pesukim, the letters, the words, a universe of  
meaning in each koitz v'nekudah.

We train our gaze toward her black fire on  
creamy hide white  
certain that before our eyes is a glimpse of  
HaKadosh Baruch Hu's Divine light.

The raging waters of our foes will never drown  
for Torah, our intense Yirah and Ahavah.  
Yimloch Hashem L'Olam Elokayich,  
Tzion, l'Dor v'Dor Halelukah!  
Yimloch Hashem L'Olam Elokayich,  
Tzion, l'Dor v'Dor Halelukah!

## Bitachon Weekly

Continued from page 45

goodness are open to a בעל תשובה. ובמקום שבע"ת עומדין אין צדיקים גמורים יכולין לעמוד

Part II

This is the most underestimated חז"ל and it is so hard to believe. How can בע"ת be better than a צדיק גמור? RSRH ז"ל explains the first 3 קפיטלאך תהילים. In the first דוד mentions how lucky a person is if he doesn't בעצת רשעים go etc. and he should just learn תורה and he'll be happy. In the second גוים רגשו גוים - למה רגשו גוים, he speaks of going to war against the גוים of running after lusts etc.

Part III

Both 2 קפיטלך are one (ברכות ו) and they tell you to keep away from תאוות. And in ג' קפיטל ג', Dovid Hamelech speaks about the צרות he had from his rebellious son אבשלום because he was נכשל in his own lusts when he destroyed the life of one of his own subjects החתי אורי by being נכשל with his wife שבע!!

Part IV

אני שכבתי ואישנה הקיצותי כי ה' יסמכני the very fact that he woke up in the morning tells him that הקב"ה still loves him and that he we return to his former קדושה of מדרגה. וטרה. It is unbelievable how דוד is the big בעל מוסר with 2 phenomenal mussar שמוסין against foolish תאוות and then his next shmuess is about his own מכשול with those same foolish תאוות (and in the worst way!)

Part V

One of the famous גדולי פוסקים of Lakewood once spoke to a person who had done the most unspeakable חטא. When the person said that he had חרטה the Rav told him - it's over - totally! In Navardok I saw a similar מהלך where overnight a person is total 100% כשר since he simply and quickly did תשובה.

Part VI

People view תשובה as a "bear" (נתן וואכטפויגל ז"ל) ר' warns about this) and this is a major עיכוב in a persons' שטייג. His יצה"ר loves to constantly remind him of his bitter past and all his מעלות are quickly forgotten or almost non-existent in his mind since they all "go over his head".

Part VII

For good reason we say לודוד אורי since דוד is our amazing inspiration for תשובה. Look how he says כי אבי even his parents who are the main support of every human, forsake him. He's got everything going wrong in his life being an אדמוני like הרשע and of מואבי blood, and an unending list of powerful enemies (who held him to be a רשע!) throughout his turbulent life!

Part VIII



# A BURST OF INSPIRATION

With Rabbi Label Lam



The Sound of the Shofar is in the air. Here we are again, Boruch HASHEM and the question persists in asking? What is the Shofar trying to say, without words?

The Torah has plenty of words and HASHEM has words too. With words HASHEM created the universe. So why now are suddenly, not quite stricken silent, but speechless?!

I heard from one of my Rebbeim many years ago that there are two types of silence. One is a silence that is below words. There is another silence that is beyond words.

This world is so busy with words and it is crowded with conversation. It's often hard to know how to respond. We find ourselves stricken silent, a silence below words. When Shabbos arrives with the help of a Niggun, a song from the heart we are suddenly vaulted to a silence above words. We know what that feels like.

Somebody turned my world inside out many years ago, on my first Shabbos encounter, by simply stating, "You, western intellectuals, you thinkers, you think G-d is in your little world?! You are in G-d's world!" Suddenly, I realized that I better prove to G-d that I exist, and that my life has significance.

One of the names that we have for HASHEM is MAKOM – literally PLACE, because HASHEM is the place of the world. HASHEM may be in our minds but we are really in HASHEM's mind. We are a thought of HASHEM and that's a good place to be because HASHEM's thoughts are real.

When we find ourselves thinking about HASHEM then our thoughts are real. As Shlomo HaMelech wrote in Shir HaShirim, "Ani L'Dodi v'Dodi Li" – "I am to my beloved and my beloved is to me".

Now what is it that the Shofar is trying to say, without words. The Shofar itself comes from a ram's horn that sits on top of its head like a crown. Now even though everything that comes into this world flows through the process of MACHSHAVA – DIBUR – MAASEH – THOUGHT and SPEECH and ACTION, prior to the first thought is an overwhelming desire to create, and to bring into being. The Shofar is emanating from and expressing that higher desire.

That may help understand and breathe some meaning into the sound of the Shofar that comes from HASHEM, but the Shofar is like a choral reading. It's not delineated who is communicating with whom. Like the Kol Chosson and Kol Kallah there is a back and forth as they each search for the other.

Although it's often covered and even smothered, to the point where it's barely audible, that "Kol Demama Daka", the small thin voice, still, the greatest desire within a human being is to come close to HASHEM, as Dovid HaMelech said, "Kirvas Elochim Li Tov" – "For me, good is being close to HASHEM!" The greatest pleasure a person can have in this universe is to be connected, to be attached to HASHEM. Therefore, the greatest pain that's possible is to be separate from HASHEM, and the Shofar is an amplification of that voice and it expresses a desire to break through all the barriers and make it all the way back.

So, the Shofar is an expression of ultimate desire, HASHEM's desire for a world and a people and our desire to be that people and complete His world. The Shofar is a Holy signal that we are thinking of HASHEM and HASHEM is thinking of each and every one of us at the very same time. That makes HASHEM real to us and us real to HASHEM. The Shofar may not employ any words but it sure is saying a lot.



What Wonderful Yeshivos Hashem Gave Us in Year 5784!

Good Shabbos! Kesiva V'chasima Tova!

# The Spring Hill Times Bulletin Board

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Being that we are working with a new system, there are errors. We are trying to catch all the errors but please look over your credit card charges. If you see you were charged too much please let us know ASAP.

**MAZEL TOV!**

**Mazel Tov to Rabbu and Mrs. Chaim Kanarik (Chestnut Ridge, NY) on the engagement of their son Simcha to Chayala Feingold!!**

Dear subscriber

Each week, we give the magazines to a mailing company. The mailing company puts it in the mail. In order for you get it in time for Shabbos, it goes in the mail over a week before Shabbos.

However, we can't control the USPS and sometimes a magazine won't reach its destination. Even if you never get it, we paid for printing and mailing it.

If you don't get your magazine please let us know and we will extend your subscription.



**Smile!  
Hashem is so close you!**

*MESSAGE TYPING*

*The Spring Hill Times is looking for volunteers to help with typing up messages.*

*Email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)*

**MAZEL TOV!**

**Mazel Tov to R' Yehuda Ribiat and family (Chestnut Ridge, NY) on the birth of a new baby girl!**



**What Amazing Schools Hashem Gave Us in Year 5784!**

Dear Subscriber

We try our best to make sure all our charges are correct.

It was possible that by mistake the Spring Hill Times charged you too much or perhaps you donated money and it got lost. Please say that you are moichel if it never gets discovered.

Thank you!



**Yum!!!!**

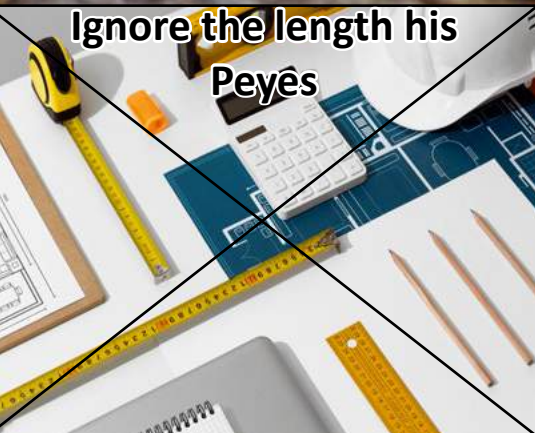
***But Nothing Compared to the Pleasure Awaiting You in Olam Haba!***

# CRYSTAL CL

## WHEN YOU SEE



Ignore the length his  
Peyôs



Ignore the style of his  
Shoes



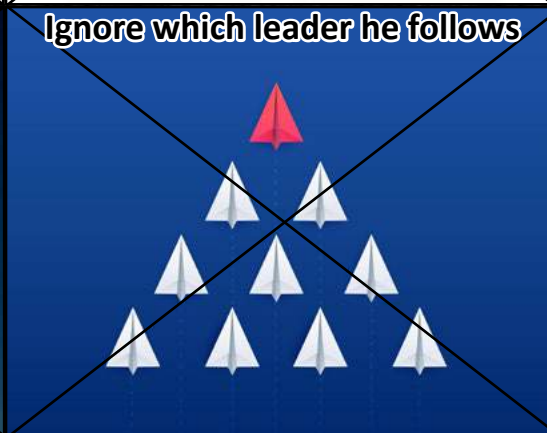
Ignore the type of car he  
drives



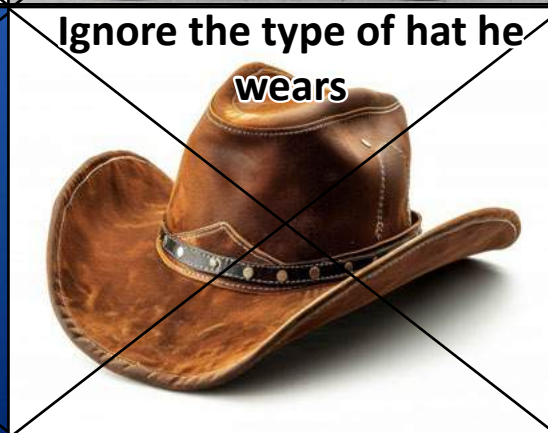
Ignore his mistakes



Ignore which leader he follows



Ignore the type of hat he  
wears



Ignore the nusach he uses  
to talk to Hashem with



Ignore his occupation



Don't Accuse!  
Don't Judge!  
Don't Convict!



# WEAR VISION

# BE ANOTHER YID:

Remember that he is part of your family!



Remember that he is your other half!



Remember that Hashem created the world just for him!



Remember that he stood together with you at Har Sinai!



Remember that Hashem loves him to no end!



Give him a smile!



See his chelek Elokei m'mal - his neshama!



Hold his hand and help him through life!



Accept him and love him to pieces!



# Story Time

Stories From 'A Life With Bitachon'

**#1841:** This story's been called in all the way from Golders Green by Mrs. Shiner. She went somewhere with her family, and it was already late at night. They were in the middle of no man's land. When they went to the bus stop, they realized they already missed the last bus home, and there were no more buses arriving that night. They were trying to figure out, "What are we going to do now? How are we going to get home?"

Then they said, "One second. Do you think it's the buses that take us home? It's Hakadosh Baruch Hu, the Rebono Shel Olam. He's the



one that

provides us the transportation that we need. And therefore, let's just leave it up to Hakadosh Baruch Hu. He's the Kol Yachol. He can do everything and anything. Ah, there's no more buses running tonight. Ah, there's no one around. But we don't need anyone other than our loving, caring Father, Hakadosh Baruch Hu, the Rebono Shel Olam."

As they were thinking all these thoughts, they looked up and they saw a bus that said, "Not in service." The bus stopped, and the bus driver opened up his window and said, "Where do you need to go?" They told him. He said, "Sure, hop right into the bus, I'll give you door-to-door service." Everything went so smooth and easy, better than ever!



So Many Relaxing Moments  
Hashem Gave Us in Year 5784!



**#1842:** This story's been called in all the way from Manchester, England by a very chashuva yungerman by the name of Avishai Berkowitz. He said over that one of his children wanted a specific type of game, but it was out of stock. It was nowhere to be found. But his son really wanted it. So he was thinking, "What should I do? If the stores don't sell it, they're out of stock, how should I get it? Should it fly in from the roof? Should it fly in from the sky?"

But because he follows the principles of Living with Bitachon, he realized, that just because the stores were out of stock, Hashem's the Kol Yachol, He can do everything and anything, and He can make it appear out of nowhere.

Shortly after this, his sister arrived from Eretz Yisrael to visit the family, and what did she bring as a present? The exact game that his son wanted, with the best service, free of charge, better than ever!



**#1843:** This story has been called in all the way from Eretz Yisrael by a very chashuva yungerman by the name of Yaakov Eisner. He said he needed to pick up a package from the post office, but there wasn't any post office right near where he lived, so he would have to travel very far to pick up the package. The way the post offices work is that it's by appointment only, and if you arrive ten minutes after your scheduled appointment, then they cancel your appointment and you have to reschedule for a new appointment.

R' Eisner went on the bus together with his son to pick up the package. He turned to his son and said, "Look, there's so much traffic. We're never going to be able to make it on time." When they finally arrived, they had already canceled his appointment. They said there's nothing they could do for him other than schedule a new appointment. R' Eisner saw that every few minutes another person walked in, another person, another person. The room was full. He turned to his son and said, "What should we do? Should we leave and have to do this another time? No. Let's sing and play the song Hakol Yachol and realize it's Hashem in charge and not the post office."



With that, we started being Mechazik and singing HaKol Yechol. And when they finished singing, they saw that the post office was empty. There's nobody there. They went to the counter, and R' Eisner said, "There's no one around, can I pick my package?" They said, "sure, of course, our greatest pleasure." And as they were getting the package, all of a sudden, they saw the post office becoming full again, one person after another. But they were already by the counter, and they gave them everything they needed, with the best service, better than ever.



**#1844:** This story was called in all the way from Beit Shemesh by Mrs. Wiener. She put up a load of laundry, and she only realized after the clothes went through the wash and dryer that her son's very, very expensive MP3 player was in his pants pocket. Uh-oh. What does that mean? It's going to be waterlogged. It's going to be damaged from everything it just went through. She took it out, and she saw it had water inside it. She was thinking, "Uh-oh. My son is not going to be too happy about this. But what should I do now? It's too late."



They tried to turn it on, but it didn't go on. She turned to her son, and she said, "Do you know who's in charge of making this MP3 work? You think it's a button that you press? You think that because it's waterlogged, it's broken and it can't work? It's only our loving and caring Father, Hakadosh Baruch Hu, the Rebono Shel Olam. He's the Kol Yachol, let's be Mechazik together."



They started singing, and when they finished, she turned to her son and said, "Now let's try again." And this time, it started working! ❖

# The Bitachon Perspective

Q & A with Rabbi Zevy Golombeck  
Typed by R' Shalom Yedidya Klatzko

**Q. Can I act on a higher level of bitachon than I am actually holding at, such as how much time to invest in learning, how much tzedaka to give, or must I first make sure that I am actually holding at that level?**



A. Obviously, you shouldn't jump too high. However, Rav Don Segal Shlit"a said: When it comes to bitachon, a person may leap 'a little bit higher' than the level he is actually holding by. The mere fact that you are able to muster the courage to do the actions of a ba'al bitachon already indicates that you have reached a certain elevated level of bitachon.

Additionally, when a person acts with bitachon, this itself is a way one's bitachon is strengthened.

The truth of the matter is, without looking for extra-curriculum activities, throughout one's day, opportunities arise for one to work on bitachon.

Often, a person can be tempted to round corners in his mitzva performance for the sake of material gain. Being meticulous to do mitzvos b'shleimus, is a great way to exercise your bitachon muscles. For example:

- Not leaving shul before the end, even for 'important' reasons.
- Spending money for the honor of Shabbos, and trusting that Shabbos will pay you back.
- Shutting one's phone when sitting down to learn, trusting in Hashem that you are not going to lose out.
- Distancing one's self from forms of technology which the gedolim warned against, trusting a person can never lose out by doing the right thing.



# Give the Spring Hill Times a Helping Hand

Please spread the word to your family, friends and neighbors.

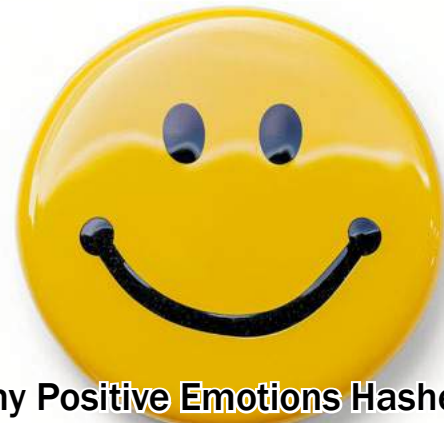
## Dear Spring Hill

If you are interested in getting copies to your local community, to your local grocery, or for any questions please call/text R' Boruch Dovid Berger 079-89-380-279 Email: [boruchdb@hotmail.com](mailto:boruchdb@hotmail.com)

### Current Locations in the UK

#### SHOP / TITLES

Manchester	Rosenberg
Gateshead	Dansky
Golders Green	Kosher King
Golders Green	Kays local
Golders Green	Moshes
Stamford Hill	Breuer & Spitzer



So Many Positive Emotions Hashem Gave Us in Year 5784!

Stamford Hill	Taanig
Stamford Hill	Hatzlacha
Stamford Hill	Kosher Spot
Stamford Hill	Carmel S/store Totten
Stamford Hill	Carmel S/store Clapton

#### Exciting News!!

##### Attention Readers in Toronto

We started to ship magazines to Toronto! Special introductory price: \$5 a week for pick up

Please contact R. Kidybinski 123 Sultana Ave, Toronto, Ontario. Call/Text: 647-720-5301

To subscribe to pickup or if are interested in getting it delivered to your house for a fee, please call/text: 845-688-8775 or email: [thespringhilltimes@gmail.com](mailto:thespringhilltimes@gmail.com)

#### Exciting News!!

##### Attention Readers in Montreal

We started to ship magazines to Montreal Special introductory price: \$5 a week for pick up

Please contact Mrs. Streicher 651 Av Champagneur, Montreal, QC, H2v3p7 Call/Text: 516-651-0178

## Our Readers Share



Editor's Note: Some of these stories are from  
Kislev-Shevat

### Hashem's Amazing World

Our oven was on its last legs. Every time we wanted to turn on the fire, we needed to use a lighter to get it started. Two weeks ago, it finally broke down completely. We didn't have a choice and bought a new oven, even though the price was extremely high. The oven arrived on Thursday morning. After it got installed, my mother went over to visit my grandmother, who is not well. When she arrived, my grandfather said the following:



"Many, many years ago, I rented space in a non-Jewish warehouse. One day, the owner of the warehouse called me and told me that there is another person who is renting space in the same warehouse, who hasn't paid rent for many years, and is presumably dead. The owner told me that he needed the space and wanted to clear out that room. He noticed that there were a lot of books in there which looked Jewish. He was about to throw them out, but since he knew that I was Jewish too, he figured that he would ask me if I wanted to take them. When I came into the other yid's storage room, I saw many, many old seforim. Not wanting them to be thrown out, I piled them

into my car and put them in the basement, where they lay for many years. Over the years, I have thought that they might have value as antiques, but I never did anything about it. Just now, I called down a person who deals in antiques, who said these seforim are extremely valuable. Today, he gave me a very, very hefty check."

My grandfather finished the story and took out some money.

As you may have guessed by now, the amount my grandfather gave my mother was almost exactly how much our oven had cost! The Refuah Lifnei Hamakah came so many years ago and Hashem worked it out that the money should arrive on THE EXACT DAY we needed it!! Thank You, Hashem!!

A Reader

### Mi K'amcha Yisrael!

My friend's sister was getting married and I really wanted to go to the chasunah together with two of my friends. We live about 2-3 hours away from where the chasunah was so we knew we would have to find a ride. Specifically at that time, there were a lot of people looking for rides, and a lot of drivers don't like letting passengers double up. We knew it would be much harder to find a ride because so many people needed a ride. I was makabel that I would put it into the Springhill Times if I found a ride. We did find a ride! I thought that was the end but it really wasn't...



First of all, we saw huge hashgacha pratis with the way people backed out and they only had two spots. Four friends told our other friend that we were coming but

then two of them had something come up last minute. Also, about a half hour into the trip, the car started making a very weird noise and the driver said the car feels like it's not driving. He pulled over to the side of the road and it started smelling terribly. He called Chaveirim, but they said it might take a while to come. After waiting a few minutes, he tried driving again, but the car was just moving very slowly and making a racket. We tried to find another ride, but in the end we had to go home. There were two points that really amazed me. First of all, I saw that the people who follow Emunah and bitachon made it such a happy fun atmosphere even though we were stuck on the side of the road. Also, we were trying to find rides even though we knew there was no room but we were just saying that Hashem can get us there in no time and He's the Kol Yachol. People just kept talking so positively about every single part of it!

We saw so many positive sides. We knew we get the whole mitzvah, plus we would be able to tell our friend that we actually were on our way to come, and we were also able to enjoy going home and having a normal night. Also, the experience was really a blast! It was so nice to see how many people were making it so much fun.

The second thing I saw from this was "mi k'amcha Yisroel." From the first second that Chaveirim came within a few minutes and they were missing a part so they had to go to a shop that was a while away. How the driver walked us to a store when we needed to use the bathroom. We saw when we were looking for rides back to Fallsburg - where we live, how people who were about a half hour further from there stopped off to help us and give us rides. I got a ride with someone who made it so comfortable. His daughter told us after that he had put on music special for us. The driver was working so hard to get us rides back. We were all so happy to have gone even though we were on the side of the road because we were living off our Emunah and bitachon!

-A Reader, South Fallsburg, NY

**Attention Readers!**  
Didn't see the story you called or sent in? Don't worry, BE"H your story will be printed in the paper.  
Please keep you stories coming!  
You are inspiring the entire Jewish Nation!  
Please note: The recording time on our machine (385-381-0977) has a limit of 3 minutes, so if your message is longer than 3 minutes just call back and finish your story.

# HASHEM

A group of Israeli Hashem Cavalry members in blue uniforms and gold helmets riding brown horses in front of a large, ornate building. The soldiers are in formation, moving from left to right. The building behind them has a classical architectural style with arches and decorative elements.

**WE CROWN YOU AS  
KING OF THE UNIVERSE**

## Illuminating Words of Chazal

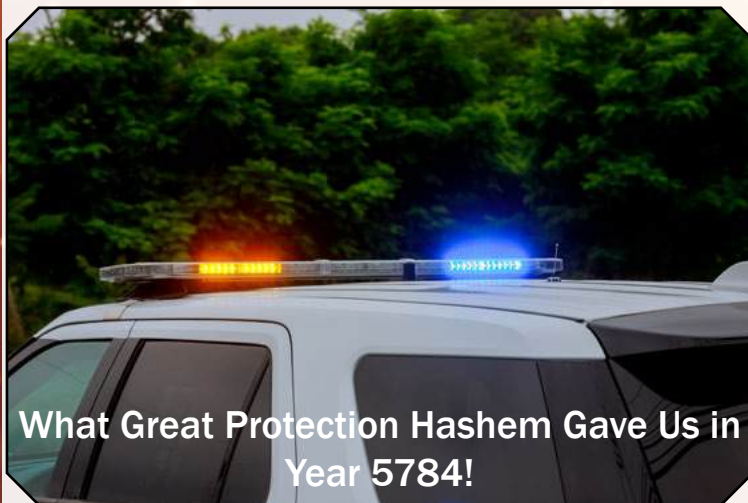
*"Everything about Hashem, His Torah and His world is supposed to bring out positive emotions and help us have a healthy relationship with Hashem."* Rav Yehuda Mandel

**Q:** There are many pesukim and chazal describing the sweetness of torah. I'm already a middle aged person and I never felt that sweetness (Other than sometimes the intellectual enjoyment which I would have from other chachmas too, or the enjoyment of kavod of asking a good kasha). On the contrary, many times when I open a sefer I feel anxiety. Maybe I'm learning the wrong pshat... maybe I'll look foolish and stupid...

**How can this be if Torah is supposed to be sweet?**

**A:** There are a few points to understand to answer this question.

The first point is that the less Torah is sweet to you,



and the more it tastes like thorns, but you continue to learn anyway, Hashem considers it to be more chashuv than someone who has a geshmak in learning! If you're learning Torah and it's not sweet, and you're still learning, that shows your devotion, your dedication and your love. If you learn Torah without enjoying it, you'll get a thousand times more schar! Of course, if you do enjoy it, say Baruch Hashem learning Torah is so enjoyable! As R' Yehuda Mandel always says, everything is l'chatchila. Everything can be looked at in a positive way. Not only can everything be looked at in a positive way, but you always have to look for reasons why your situation is better than everybody else's. So Ben hei hei omer, lefum

tzara agra. In a certain aspect, one word of your learning Torah is worth the whole year of a Gadol's Torah! That's how chashuv one word of your learning is! Because how much the Gadol enjoys Torah, and how much we enjoy it, has no shaychus – and still you're learning! Can you imagine? If you look around, you go to batei midrashim in every part of the world there are kollelim, there are yeshivos, there are batei midrashim, there are shuls, everyone, every type of person, every single person is learning! Do they all enjoy it? No. Guess what? The ones who don't enjoy it as much they get more sechar. That's the first point.

Now comes the second point. It's very important to note that many times the reason why people don't enjoy Torah is because they don't follow Chazal's teachings of how to enjoy Torah.

You know how to enjoy Torah? Chazal say, Mah shelibo chafetz. Makom shechafetz. Rabo shechafetz. You should learn what gives you geshmak, where you get geshmak, and with a Rebbe that brings you geshmak. You know, I saw myself personally that you know what gave me geshmak in Torah? I learned Chumash b'iyun. I learned Rashi, Kli Yakar, Chizkuni. And I made a siyum on sefer Bereishis with kaddish and the next year I made a siyum on sefer Shemos with kaddish and the next year I made a siyum on sefer Vayikra with kaddish and the next year I made on sefer Bamidbar with kaddish... That's what made me enjoy Torah. That was my libo chafetz.

A yungerman told me that he didn't enjoy learning, he didn't have a sipuk, so he went to his Rebbe and his Rebbe said, "Pick one sefer that you would enjoy and write a pirush on it." Like it says, kinei lecha chaver – ki-

nei is lashon kana, a pen. Take your pen as your chavrusa. And now this yungerman took different sefarim and he wrote on many, many volumes of sefarim and he's a big talmid chacham and now he's a big marbitz Torah! This all started off from no cheshek haTorah but with the right direction. Many people told me that the shiur they went to was too hard and they didn't enjoy it and now they got into an easier shiur, now they have a Rebbi that turned them on, and that's the Rabo chafetz.

It's very important to know, that we have to do our hishtadlus to enjoy learning. Do you know nowadays there are so many seforim out there, and different types of seforim, and some people like to learn Nach, some people like to learn Chumash, some people like to learn bekius. My nature is to learn bekius. When I met my Rebbi, R' Yehuda Mandel, he said yiddishkeit is about enjoying yourself. So I said, okay I enjoy Daf Yomi so I started Daf Yomi.

The Chofetz Chaim brings there are different dera-chim how to learn, there are different mehalchim, some people learn b'iyun, some people learn bikiyus, kol ha-Torah kulah, a little bit a day. So if you're looking over your shoulder and you have to be like everybody else, that could be the reason why Torah is not sweet, because you're not figuring out the Torah that you enjoy. There's so much Torah! Go to a seforim store, there's every type of miktzoa, every type of limud, and every type of mehalach. It's very important to find the right Rebbi.

Here comes point number three. Many people are embarrassed - they might say the wrong peshat. That's the whole yesod of Torah, that Torah is not about results. Anu ameilim v'hem ameilim, anu ameilim u'mekablim sechar v'hem ameilim v'ein mekablim sechar. Torah is about ameilus, not about the results. And that's why the sugyos in Shas, most of the gemara is all about hava minas. The Rambam just wrote the maskanos but the gemara it's all hava minas. To teach you that Torah is not about results.

Hashem doesn't care if it's wrong or right because that's not what we're here for. We're not here for results. If you're busy with wrong or right that means that you're busy with results. The whole yesod of yiddishkeit is that we're busy with wanting, trying, caring. And you can say a thousand bad sevaros and do you know in Shamayim you're more chashuv than the person that learns and right away comes up with the right sevara? Because you're toiling more. It's not about who has the right peshat, that's not what Hashem gives you sechar for. Anu ameilim u'mekablim sechar - we get sechar just for trying, just for wanting, just for caring. And therefore if you say a silly peshat, a foolish peshat, you gave a peshat that's wrong - who cares? That's not a problem, that's l'chatchila! That's how Torah is learned! Go through Shas, why is the gemara busy with this hava minei and that hava minei and this hava minei and that hava minei? Why are we busy and sitting on working on

hava minas all day all night long? To teach you that's how Torah is learned. What's important is that we're working to try to get peshat. We're not here for results. There's a teshuva from Reb Moshe Feinstein, and later on in another volume he came out a different way. That's not a problem. If you feel it's a problem, that's your problem.

Ameilus b'Torah is how you connect to Hashem. The Gaon says that the whole tachlis of Torah is to connect to Hashem. Torah is a heicha timtza to connect to Hashem. The Gaon says that the tachlis of Torah is just to bring you to emunah and bitachon. That's the tachlis of learning. So because it's just a heicha timtza to bring you to emunah and bitachon, that Torah connects you to Hashem, the way Torah connects you to Hashem is by working on the Torah, trying, that's what connects you to Hashem. Trying connects you to Hashem. It's not the end result, it's not the peshat that connects you to Hashem. It's the trying that connects you to Hashem.

So if you chazer over all these three points: That first of all, if you don't feel sweet that's gevaldik. I'm better off than anybody that does feel sweet! Second of all, we have to try to figure out if we're able to come to the



## What Wonderful Rain Days Hashem Gave Us in Year 5784!

right mehalach of how to make it sweet. That's beautiful if you're able to do it. And the third point, everything is sweet! Even your wrong peshatim are sweet and even your bad sevaros are sweet, because sweetness is the ameilus, the working on it, which will connect you to Hashem.

So everything in yiddishkeit is l'chatchila, everything has to be geshmak. If you do understand the learning that's geshmak, if you don't understand that's geshmak. And if Torah is sweet that's geshmak, and if it's bitter that's geshmak. Everything has to be geshmak! Do everything happily, because everything is l'chatchila.

# This Week

Stories Reported in The Spring Hill Times from Previous Years' Issues

## PARSHAS NITZAVIM 5781 ISSUE 21

### IT BELONGS TO HASHEM



Many Yidden in Eretz Yisrael are going to refrain from plowing and sowing anything for an entire year. Anything that grows on their fields and

The Mirrer Rosh Yeshiva, R' Asher Kalmanovitch Shlita spent last Shabbos at Kehillas Spring Hill



He spoke before maariv on motzoai Shabbos, and told over an amazing story that happened to R' Leib Grossnass z"l, the grandfather of the Rav, R' Akiva Grossnass.

When R' Leib was a bachur, the police were looking for him, and he was in great danger of getting drafted into the Polish army. He went to his Rebbi, R' Baruch Ber zatzal for advice.

When he came, R' Baruch Ber was in middle of learning. R' Baruch Ber greeted him and asked him what he needs. R' Leib started describing to his Rebbi the dangerous situation he was in and R' Baruch Ber sat there trying to concentrate with his hands on his forehead.

After about twenty minutes, R' Baruch Ber apologized and said, "I'm sorry but I'm having a hard time concentrating, can you repeat again what you just said?" R' Leib repeated again the entire story.

After about twenty minutes, R' Baruch Ber apologized again and said, "Can you repeat it once more?" R' Leib once again repeated the entire story.

R' Baruch Ber, with tears in eyes, said, "I'm sorry I just cannot pull myself away from the Rashba. Please go speak with my son-in-law, R' Reuven, and whatever he tells you to do would be an eitzah tova."



Thank You, Hashem, for the Tens of Thousand New Babies You Gave Us in Year 5784!

on their trees will be all ownerless so the poor can have what to eat. Giving up one's field and trees for an entire year surely isn't easy, and one can only imagine the tremendous reward they are to receive for keeping the mitzvah of Shemitta.

Mi k'amcha Yisrael!

### IT WAS SIMPLY NOT POSSIBLE

### OUR BEAUTIFUL NATION

"It will be \$315," said the cashier.

It was late Thursday night at Gourmet Glatt and Mrs. Gold, a litvishe woman from Lakewood, New Jersey, was finishing her Shabbos shopping. She tried swiping her cards but the payment wouldn't go through.



"I'll go to my car and get cash," she told the cashier.

When Mrs. Gold came back. The cashier told her, "It's all paid up! The man in line behind you paid for you!!"

Mrs. Gold very much wanted to pay him back, so she asked the manager to check the surveillance cameras. They saw that it was a chasidische yungerman who they couldn't identify!

"It's not the first time that such a story happened," said the manager.

**Yes! Klal Yisrael loves each other! We don't care**

# in History

PARSHAS KI SAVO 5782 ISSUE 68

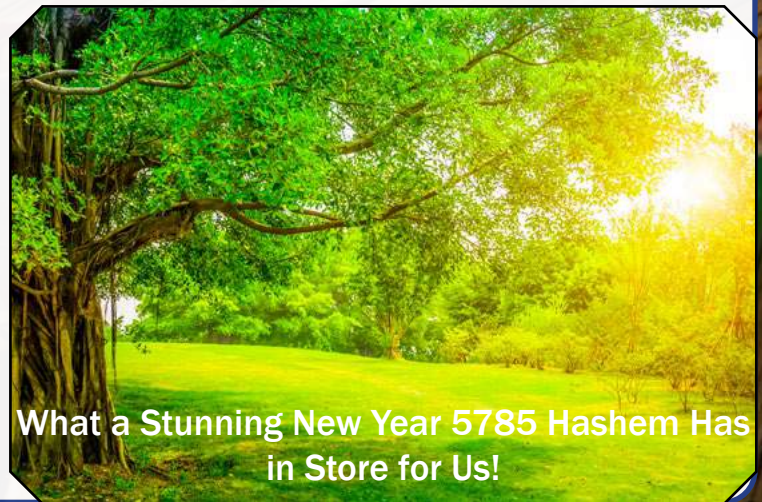
which group! We are all one small close-nit family! gacha Pratis]

And yes! Klal Yisrael is as beautiful as ever!



## WOMAN DOESN'T STOP THANKING HASHEM

A woman from Bnei Brak had a big fire in her house. Upon realizing that B"H there was only damage to her house and everyone came out safe, she was so thankful and kept saying thank you Hashem. For a while she kept thinking about it and thanking Hashem. A little while later she realized she was suddenly seeing so much bracha in her life. One daughter got engaged, another one who was waiting for children was now anticipating a simcha. All in the zechus of thanking Hashem. She was now able to see how the fire was very good. [Kav Hash-



What a Stunning New Year 5785 Hashem Has in Store for Us!

PARSHAS KI SAVO 5783 ISSUE 114

## BITACHON BOOK

Five years ago, Mrs. Green\* was facing many challenges. Someone gave her the number to 'A Life with Bitachon.'



Not only did her challenges go away, but since she started following the hotline, so much Bracha started pouring in! She wrote a whole book of all her stories. Every day she has a story. Never did she imagine she'd be able to write a whole book on how much she sees Hashem's love. She said really, everyone can do the same. Just just open your eyes and put it down on paper.

## MITZVA MONEY PAID BACK!

R' Mayerfeld, a Yungerman, was at a Bris, and someone was collecting Tzedakah. He knew that



the man really needed a lot of money, so he gave him what was a lot for him, \$50.

Later on that day, one of his siblings called him up and said, "Remember you made a Sheva Brachos a while ago? I realized I should have chipped in. Here's \$50."

He got the money back that day!

## HASHEM PAYS BILLS

Sholom Leiner,\* a Yungerman learning in Kollel, needed new brakes for his car. He brought the car to the mechanic, and the bill was \$800! He was on a Kollel budget, and he didn't know where he would get the \$800 from.



Later that day, the Rosh Kollel came over to him and gave him a check for \$800, exactly the amount he needed!

**Hashem is  
Wonderful!**

**Life is  
Wonderful!**

**Klal Yisrael is  
Wonderful!**

*Hashem Loves You!*

HaRav Meir Bodner shared that there was a bachur named Yoel\* in a major Yeshiva, who was violating the Yeshiva's rules and brought other Bochurim to inappropriate places. The heads of the Yeshiva discussed the situation at length and decided that the only solution was to ask Yoel to leave the Yeshiva, as he was not just doing the wrong thing himself, but he was even bringing down other Bachurim with him. Before the decision could be implemented, they decided to consult with the Toshe Rebbe ZT"L. The Rebbe listened carefully and agreed that he needed to be sent out based on the circumstances. But then the Rebbe 'krechzed' and said, "If it would be my son Elimelech who was doing these things, would I ask him to leave? No! I would surely find a way to help him. Yoel is as beloved to me as my Elimelech'el. Yoel is like a beloved child to me. We will find a way to help him."



Credit: Sruly Yelen

When Yoel heard what the Heilige Toshe Rebbe said about him, that he considered him to be as precious as his own son Eliemelech, he was shocked and began to cry. He never viewed himself in this way. Over the next few months, a gradual change came over Yoel and he slowly but surely began doing the right things. By the end of the year, he was considered to be one of the Yeshiva's Masmidim! Every Yid is infinitely precious!!!

A Talmid of the Yeshiva of Philadelphia shares that once an eighth grade bachur named Shlomie\* needed

much help reviewing for his Mesivta Farher, as he was weak in his learning skills. He didn't know what to do, as he really wanted to get into a top mesivta, but in his current situation he didn't stand a chance. He davened to Hashem for help. And then Hashem placed an out of the box idea in his mind. He walked over to none other than the famous Rosh Yeshiva, HaGaon Rav Shmuel Kamenetsky Shlita and courageously asked the Rosh Yeshiva if he could help him review the Gemara because he had a major Farher scheduled. And Rav Shmuel said.....YES! Rav Shmuel, despite his super busy schedule, learned with him every day, until the day of his Farher. Shlomie aced his Farher with flying colors!

Rav Shmuel demonstrated that every single Yid is infinitely precious, unique and special!

This Rosh Hashana, let us connect with every single Yid worldwide by davening for every Yid with all of our hearts. Our Tefilos will work wonders both short and long distance!

We are infinitely valuable to Hashem, and Hashem loves when we connect with Him and call out to Him. The Ramban (Drasha LeRosh Hashana) writes that our Tefilos can literally penetrate the Shomoyim and bring down untold goodness and Shefa to the entire world!

Our Tefilos are super special and precious in Hashem's eyes!

Hashem uses every word and every tear to shower us all with big Brachos and major Yeshuos.

Hashem loves us!

Taken from The Hashem Loves You Hotline 267-833-0596