

BITACHON WEEKLY

BY: RABBI YEHUDAH MANDEL SHLITA

פרשת ראה תשפ"ה

Chesed Needs to Be Done with Your Heart

If a person sends away his *Eved* in a nice way with loads of generous presents to raise his self-esteem and improve his reputation (*Ibn Ezra, Rabeinu B'chaye*) then Hashem will give a *Bracha* in all that he does. But: לא יקשה בעיניך "it shall not seem difficult to you" means that it should be done without difficulty and kvetching.

When a person does a *Chesed* with his whole heart, then it's a totally different *Chesed*, and he deserves a big *Bracha*, like the *Orchos Tzaddikim* says a that when you do a *Mitzva B'simcha* you get 1,000x more *Schar*. Here we can suggest that the reason he gets

such a big *Bracha* is because he believes in the words of *Chazal* who say: כל המרחם על הבריות, מרחמין עליו מן השמים One who has *Rachmanus* on Hashem's creatures, is himself given *Rachmanus* from *Shamayim*.

I know people who do loads of *Chesed*, yet they have all kinds of suffering. Perhaps they need to have *Emuna* in *Chazal*. I knew a *Yungerman* who was a big *Baal Chesed* and he was very successful. He told me that he sees openly, that whenever he does a *Chesed*, Hashem pays him back.

However, it may take a while to see the fruits of your labor. Hashem made this world for the human who needs to always work on patience. R' Zundel of Salant *Zatzal* said: כל עכבה לטובה Every setback is *L'tovah*. Being held back, being delayed, is actually a *Tova*. When you are *M'kabel* (accept) *Yissurim B'ahavah*, it brings *Yeshuos*, and being delayed is considered *Yissurim*.

Working on Patience Is Essential and It's All Worth It

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A person should realize that this is the way the world was created. ויהי ערב ויהי בקר First it's dark, and then it's light. All those issues that you daven overtime that they should go away will disappear if you have patience and you understand that it's like taking a dive in the pool. First you bend down, and then you take a jump.

A Person Who Is Proud of His Holiness Doesn't Sin

The *Passuk* says not to make on yourself a bald spot or a laceration on your skin, because you are a holy nation to Hashem. Do you know why we don't sin? Because we are proud of ourselves! ויגבה לבו בדרכי ה' lifting your heart in order to serve Hashem is all over the *Torah*. *Kosher Ga'ava* is #1 in *Yiddishkeit*. We are greater than all the nations and therefore we don't act like them! Do you know why the Germans had such a power to start two world wars, which caused massive destruction and cruelty?

Because they had healthy self-esteem, and they believed that their Aryan race was superior to all others. They said: "Deutschland Iber Alles", i.e., the Germans are greater than everyone. And do you know why they picked on the Jews more than any other nation??

Because the Jews are the true superior race, and they are their real competitors! Like it says about *Eisav* and *Yaakov*: ולאם When one nation falls, the other will rise.

When a Jew doesn't realize that he is superior, then *Chas V'shalom* he gets Nazis; to take over his job, *Rachmana Litzlan*.

The Jew is getting punished for not holding from himself, and not realizing that learning *Torah* and doing *Mitzvos* is the greatest privilege.

For good reason, *Novardok*, *Slabodka*, and *Chassidim* held themselves high. Where does Reform and *Haskalah* and Zionism come from? When a *Yid* doesn't realize that he's superior and he's got it all. So he starts imitating *Goyim* and *Chanfaning* them.

Breathe Easy and Have a Hearty Appetite!

It looks like the *Torah* is catering to people who desire good meat! The *Passuk* says that if you desire meat, then eat with a heavy appetite! (בְּכָל אֲוֶת נַפְשְׁךָ with all the desire of your heart). And: כִּי יִרְחִיב גְּבֻלְךָ “when Hashem will widen your boarder” is exactly what we were told in *Mitzrayim*, that we’re going to an: אֶרֶץ טוֹבָה וְרוּחָבָה שְׁמוֹת גֹּחַ “wide” relaxed place; the opposite of the *Lachatz*-pressurized stifling place of *Mitzrayim*, where you can’t “breathe” and relax, and come-and-go with *Menucha*.

Hashem wants people to be calm, and indeed the *Passuk* also says that we’re going: אֶל הַמְנוּחָה וְאֶל הַנַּחְלָה יֵבֵט to the **Menucha** (resting place) and the *Nachala* (hereditary land). Breathe easy and have a hearty appetite! This comes from *Bitachon* and *Menucha*. We are in Hashem’s hands: אִמּוֹ תְהִלִּים קֵלָא בִּי כְגִמְלָא עָלַי like a baby in his mother’s arms! A *Yid* should aim in this direction and enjoy life! Like being stress-free, and enjoying Hashem’s beautiful world and His good food (and *Geshmake Gemara!*)

Happy People Are Generous

This *Passuk* is much needed in this *Parsha*, which is loaded with the *Mitzva* of caring for others. When you feel good, then you give *Tzedaka* with *Simcha* (יְקֻשָּׁה בְּעִינְךָ וְלֹא יִקְשֶׁה it shall not seem difficult to you). כָּתַתְּ תְּפִתָּה טוֹחַ a double *Lashon* (expression) you open your hand wide and give with your whole heart with lots of *Simcha*. Indeed, these *Pesukim* are constantly mentioning being *B’simcha* because the *Torah* wants us to be “giving” people, and happy people are generous!

When You’re Really in A Good Mood, You Forgive All Wrongs & Enjoy Loving People

I was davening *Shachris*, and many nervous and worrisome thoughts came to my mind, so I kept changing them for positive *Bitachon* thoughts. I also tried to have *Kavana* on the beautiful words of *Shachris* and I tried to believe that all my *Tefilos* will be answered. All this lifted my spirits and I had a: רוּחַ נְדִיבָה generous spirit.

I loved everybody as a result, and I cheered up the *Goyishe* mechanic who had just fixed my car. Believe it or not, much *Shalom Bayis* problems are there because a person doesn’t like his job or he’s a worrier type who doesn’t work on having positive thoughts. When you’re really in a good mood, you forgive all wrongs and you enjoy loving people!

Novardok

R' Gershon Liebman *Zatzal* once told R' Daniel Nekritz *Shlita*, that although he’s already 70 years old, he still wants more children; he meant *Talmidim* who are considered children. He was known for making telephone calls to the *Pe'ilym* workers in *Eretz Yisroel*, and saying: הָבָה לִי בָנִים וְאִם אֵין מֵתָה אֶנְכִּי לֹא “Give me children, or else I will die!” He understood the greatness of *Zikkui HaRabbim*, and he had thousands of *Talmidim* who owe their lives to him. גַּזְעִי"א.

People have no idea of the greatness of Zikkui HaRabbim, because the Yetzer Hara has all kinds of tricks to detract them from the truth. R' Ahron Kreiser *Zatzal* told me that *Tzaddikim* of old would jump out of their graves to be allowed to do some *Zikkui HaRabbim*. The entire BMG was built only because of R' Ahron Kotler *Zatzal* appreciated *Zikkui HaRabbim*, and he was ready for all kinds of *Bizyonos* and hardships, unlike many *Gedolei Torah* who weren’t interested in all the: טְרָחָה bother.

After WWII R' Gershon Liebman *Zatzal* was still in his prison clothes, and all the survivors were looking to get married and to start anew. There was one girl who was not wanted by anyone. She had all kinds of problems. R' Gershon said: “She’s just right for me. Despite the horrific holocaust, she’s still totally frum & *Tz’niyus’dik*, and he married her!

Another person would never (and shouldn’t!) get involved in a lifetime of living with an impossible situation; but R' Gershon was totally happy and calm. This shows his unbelievable *Madrega*, which his overtime *Mussar* sessions caused. He was simply in a different world since he learned lots of *Mussar* on **how much happier is a person who lives for Kavod Shamayim and not for his own Kavod.** (The *Alter* of *Kelm Zatzal*).