

לעילוי נשמת ר' שלמה זלמן בן ר' ישעיה זצ"ל

The Spring Hill Times

Positivity On Every Page

Issue 183

Parshas Yisro

17 Shevat 5785

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Hashem

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B'soch Shar Cholei Yisrael!



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ר' שלמה זלמן בן ר' ישעיה זצ"ל



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The Spring Hill Times

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FROM THE EDITOR



A Spring Hill Times Journey Part 3

Recap: Hashgacha Pratis stories from my trip to Eretz Yisrael.

I brought with me from the USA magazines of the Spring Hill Times to give to my family in Eretz Yisrael. I brought a bag of them to the Chasuna. I gave the bag to my brother who lives in Kiryat Sefer.

On the way back to Kiryat Sefer, while in the taxi, his daughter started feeling nauseous. The only bag they had with them was the bag of Spring Hill Times. It was ripped. But inside it was another bag! I had used that bag to bring along some food to the Chasuna, as I'm on a diet and only eat certain foods. B"H, she was able to use that bag to vomit into!

Months earlier, Hashem made me book a ticket to Eretz Yisrael so that I should bring a bag along for them to make her and her parents comfortable and to protect the taxi! Because He loves them!

When I arrived back in Newark, I met someone I know and his wife from Chestnut Ridge, NY. They live a five minute drive away from my house. They were on the same flight and needed a ride back to Chestnut Ridge. I happily offered to take them.

Once again, months earlier, Hashem made me book a ticket to go and come back to the USA to give them a ride! Because He loves them!

B'hashgacha pratis, both of our suitcases were on the conveyor belt one right after another and I didn't have to wait extra for them. I was rushing to make it in time for Shacharis at my regular shacharis. The suitcases were together even though I had checked in my suitcase in Eretz Yisrael an hour and a half before they checked in theirs!

On the way to Chestnut Ridge, the wife told me the following story: She had a student from many years before who did not have children.

Two of her current students accepted upon themselves certain kabalos as a zechus for her.

Nine months later, to the day, she had a baby!

Here are two more stories that are not connected to my trip but they were told to me by a Bubby in Lakewood, NJ, as I was typing this column, so I'm including them.

Her children and grandchildren from Boston, MA, are avid readers of the Spring Hill Times. One time, her **two-year-old** granddaughter threw her pacifier on the floor. Then she wanted it back. She set out searching for it while saying, "Hakol Yachol... Hakol Yachol!!!" When she found the pacifier she said, "Hashem." Her **four-year-old** sister said, "That's not how we say it! We say, "Baruch Hashem!!!"

Another story: It was Erev Shabbos and she had forgotten to order fish for Shabbos. It was after the time when the store stops taking orders. Her **five-year-old** grandson who was visiting said, "Don't worry. Just say, Hashem is the Kol Yachol and order the fish."

Sure enough, the store took the order!

Klal Yisrael is amazing and what an amazing world we live in!

Have a beautiful Shabbos!

Yitzchok I. Kaufman

This Week's issue is dedicated in loving memory of one of our reader's mother, *Chaya Chana bas Binyamin.*



At the Kosel



Hashem's magnificent sunset from the porch of the apartment I was staying in Beit Shemesh.

HASHEM BRINGS YID CLOSER TO HIM



Rabbi Mordechai Brecher said over the following amazing story: There was a guy named Dave. He was not frum. One day, he decided that he wanted to keep Shabbos. He tried for a few weeks but he found it to be too hard.

One Friday, he said, "G-d, either You give me a sign or I'm not keeping Shabbos." Nothing happened. He said "G-d, I'm giving You until

night. Please give me a sign," still nothing happened. He said, "G-d, "Fifteen more minutes." Nothing happened.

He turned on the TV to a most unpopular channel. It showed two comedians, one whose name was Joe and one whose name was Dave (same name as his name). Joe turned to Dave and said, "I heard you went to Israel recently. Did you learn anything new there?" "Yes! On Friday night they say Shabbat Shalom!!!"

Dave got the message from G-d!

He turned off the television for good! He is now a Baal Teshuva and lecturer at a Kiruv Yeshiva in Eretz Yisroel! (A Spring Hill Times Reader)



host you generously.

As we did not have any other idea, we continued traveling for a few hours and crossed the border into Belgium. I knew we would be compelled to accept the gifts of other people, so I thought that at least I would purchase some fruit for Shabbos. We arrived in Antwerp and searched for Yidden. Where is it most common to find Yidden? Near the mikveh. We stopped near the mikveh, and from the car window I called out to a Yid and asked him to show me where I could purchase some fruit.

"Fruit?" he asked. "Here you will not be able to find any, because the Jewish stores are all already closed. If you want, I can show you where there are general shops."

He joined us in the car and directed me to the marketplace. In the meantime, we got to talking and discovered that this pleasant Yid was a 33-year-old bachur and was looking for a shidduch.

"One day," he told me, "I went into shul and opened a Gemara at random to maseches Sotah, by the words, "The daughter of so-and-so to so-and-so; such and such apartment to so-and-so...." I decided to use this Gemara when I daven Shemoneh Esrei, and since that time, when I daven, I say: "Ribbono shel Olam, You taught us that the daughter of so-and-so is to so-and-so, and I believe with full belief that You

MISSED FLIGHT SHIDDUCH

A Yid from Har Nof relates: We traveled to England to participate in a family wedding. On the way back, we were supposed to fly to Holland, and from there to Israel. In Holland, we rented a car and set out for the airport, but we missed our connecting flight. We discovered that Holland is very nice as a stopover, but not a place to stay for more than a few hours. We did not know where to stay or what to do. It was Friday, and we were truly worried about what would be.

A Yid we met gave us good advice: Go to Belgium, to Phsevorsk; there's a big shul there that offers hachnasas orchim. They'll welcome you warmly and



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EMUNAH & BITACHON NEWS

אשר איש שלא ישכח וכן אדם יתאמץ בך

are going to send me my zivug!" My wife, who was listening to the entire conversation, decided that the moment she thought of someone suitable, she would propose the shidduch to this bachur, whose ways are pleasant and who learns diligently.

We got to the shul, and then we thought that the entire mess had been worth it in order for us to be zocheh to see such ahavas Yisrael, such generosity, such good feelings, such kavod Shabbos... It was an amazing feeling, after all our difficulties, to be among Yidden, and such Yidden who host others so wholeheartedly.

Over Shabbos we got to know some other families that had landed in the same shul. Among them was a family from France with a daughter in shidduchim. My wife put an eye on her and suggested her for the bachur who had accompanied us to buy fruit.

Baruch Hashem, we were zocheh to be the messengers to establish a home in Am Yisrael, and it all happened through this most incredible chain of occurrences. Now we understood why we'd missed the flight, and why we had to go through that long and exhausting car ride. Hakadosh Baruch Hu heard the tefillos of this bachur and certainly also the tefillos of his intended, and He chose us, a family from Eretz Yisrael, to make the shidduch between the bachur from Belgium and the girl from France.

(Hashgacha Pratis Newsletter)

THE POWER OF PRAYER

In August, I took my daughter to the doctor to look at itchy rashes she had in different parts of her

body. The doctor assured me that it was not an infection rather bug bites. I was surprised that she was getting bug bites in those areas, and the doctor said that on occasion bug bites on those body parts could be from bed bugs. Once the doctor mentioned bed bugs, I started to check our whole family's linen and beds to see if I could spot anything that could be bugs. I found one or two microscopic bugs and received bug bite complaints from other family members. I was extremely worried that I would have to call an exterminator and spend a lot of money and effort in successfully ridding the home of the pests, as per experiences of others I knew who went through this. Since it's an extensive project, and our home was then undergoing some construction work, it would have been terribly expensive and inconvenient to go through a bed bug extermination process at the time and I was not able to face



having to deal with something like that.

Before proceeding with contracting a pest control company, I thought I would do a little online research to see what it would entail and try to confirm that it was actually bedbugs and not something else. I reasoned that this way, I would know whether I needed an exterminator. However, on several occasions, I controlled myself from going online, as per guidance of our Da'as Torah.

Around that time, a neighbor 'happened' to offer me her spare copy of the Spring Hill times where I 'happened' to read about people



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who dealt with seemingly impossible circumstances through Bitachon and Tefila. Very much encouraged and strengthened, I took upon myself to listen to the Chovos Halvovos; outwardly I did physical Hishtadlus but inwardly remembered that everything is in Hashem's control. Outwardly, I carefully washed our linen, vacuumed the beds and bathed the

children thoroughly, finding alternative sleeping arrangements for everyone to avoid the bugs, if they were indeed in the beds. Inwardly, I increased my efforts in Davening with a lot of Kavana that Hashem should help us, while thanking Him for giving me this opportunity to become closer to Him and recognizing that this was a relatively minor challenge in the big picture. Hashem could have chosen to give me a much greater Tzaar in a different way, but instead endowed me with this small Agmas Nefesh as a test.

After a few days of this Hishtadlus, the itchiness complaints stopped and appeared to go away. I did not

see or hear from anything that would resemble bed bugs again in the house. Maybe it hadn't been bed bugs after all and perhaps the laundering and vacuuming along with the cooler weather had resolved the issue.

A month or two later, on Chol Hamoed Sukkos our family visited a museum where there was a display of different Nifloas Haborei including many species of insects, including bed bugs. I carefully studied the display and saw that the description matched perfectly with the microscopic bugs I had found. It clearly stated that these bugs are impossible (b'derech Hateva) to get rid of, without multiple professional treatments. An overwhelming awe at Ribono Shel Olam's love overcame me as I was Zoche to be openly shown the power of Tefila and the Koach of working to overcome a Yetzer Hora.



Children in Chestnut Ridge ,NY, waiting for the bus in the snow.

NEWS FROM HERE



This week, Hashem provided millions of people with steady mail!



This week, Hashem provided protection for so many countries!

This month, I visited the dermatologist with the same daughter, who had complained of itchiness in the summer, for warts. While she was treated, I showed the dermatologist the former bug bites that were still visible and asked her if we could rule out any future concerns. I told her that the pediatrician mentioned they could have been bites from bed bugs. 'If they were bedbugs, you would have known about it. You would have had to 'bomb' your whole house or you would still be suffering from them!' she exclaimed. I said, 'But I Davened really hard that if they were bed bugs they should go away.'

"If that's the case, then it's possible," she conceded.

The further validation and open display of Hashem being in charge, continues to inspire me and encourage me in all my daily

actions and activity. I have since subscribed to the Spring Hill Times and gain weekly Chizuk from the stories and insights. (A Spring Hill Times Reader)

GIRL FROM LAKEWOOD TRUSTS IN HASHEM

A 20-year-old girl bought herself a car. Shortly after buying the car, it was involved in a small accident and would not drive. The car was sent to a mechanic. It sat there for a month, and they couldn't figure out how to fix it. The car then got towed to another mechanic, who also did not know how to fix it. They said that the car is a mystery, and it may never work again.

Two months passed and no matter how much the mechanic tried he could not fix the car.

On Shabbos Chanukah, the girl



was reading the Spring Hill Times and it gave her a chizuk in emunah and bitachon. She said, "I trust in Hashem that He will fix my car, He is the Only One who could!!!" She said that if her car gets fixed, she would send in the story to the Spring Hill Times.

Every day, she davened to Hashem to fix her car, and a few weeks later, Hashem fixed her car! THANK YOU, HASHEM!!! (A Spring Hill Times Reader)

AND THERE



This week, Hashem gave millions of people delicious orange juice!



This week, Hashem gave billions of people comfortable chairs!

KI TOV HASHEM

Hashem Takes Care of Us



It was last Thursday, and Avrom Lazer, a boy from Monsey, New York was in school and he had forgotten to bring lunch. He did not realize he had forgotten it.

The school usually gives out snacks during snack time and he usually eats it as a snack. This Thursday they gave it out late. It was already close to lunchtime. Avrom Lazer remembered that he had forgotten to bring lunch and he used a snack for lunch.

Einei chol eilecha yisabeiru v'ata nosein lahem es achlum b'ito



Boy from New York Trusts in Hashem



Noson Kovell from Monsey, New York reported that there was a dog barking very loudly, so he said the possuk "Ulechol Bnei Yisrael.." and immediately the dog stopped barking.

Vihaboteiach baHashem chessed

yisovivenu



Hashem is Running a Perfect World



A woman from Eretz Yisroel reported that they had a medical expense and they had no idea where they were going to get the money to pay for it. The day came to pay, and they did not know what to do.

Out of the blue someone called her. She had worked for this person six years before, and he had not paid her. She had totally forgotten about it, and on that day, he paid her. She got the money that she needed!

Poseiach es yadecha umasbia lechol chai ratzon



Anti Semitism in New York on the Decline



R' Yitzchok, a yungerman from Chestnut Ridge, New York reported that he went to the UPS store carrying two boxes. As he got to the door, a non-Jewish

woman opened the door for him.

Thank You, Hashem!



Girls from New York Daven for Each Other



Shana and Sara, two girls from Monsey, New York, were in class, and the teacher was making a raffle. They each decided that they were going to daven for the other one to win. They both won!

Baruch Shoimea Tefillah



Hashem is Running a Perfect World

R' Dov, a yungerman from Kiryat



Sefer, reported that he took the bus back from Yerushalayim to Kiryat Sefer. Usually when he gets on the bus he puts his hat up on top and then he sits down. This time he forgot, and he sat down wearing his hat. He said to himself, "Once I'm sitting, I'm just going to keep the hat on my lap."

NEWS

On the way he noticed that the battery of his cell phone was dying. He had a charged battery on him. He opened up the cover of his cell phone and switched the batteries.

A few minutes later, he noticed a memory card on his hat. Besides the SIM card that he has on his phone, he keeps a memory card there with lots of important information on it. While he was switching the battery, he did not notice the memory card fall out. Had he not had the hat on his lap, the memory card would have fallen onto the floor, and he would not have noticed it!

Mashgiach min hachalonos meitzitz min hacharakim

Seven-Year-Old from New York Trusts in Hashem



R' Yoel Moshe Rabinowitz from Monsey, New York reported that his seven-year-old daughter Sara was in school, and the principal made a raffle for three grades.

During the entire raffle she sang to herself quietly, "Hakol Yachol." She won the raffle!

Baruch hagever asher yivtach baHashem

Hashem Sends a Girl a Bed

A girl from



Monsey, New York reported that her parents told her they were going to buy her a bed. Finally, after waiting for a few weeks, her mother was able to go out and take her to Ikea. It was a long trip away. They got there and the store was out of bed they wanted. She was very disappointed.

They came back home and someone mentioned to her mother that she was ordering a bed for them. By the next morning, the bed was by their door!

Thank You, Hashem!

Family from Brooklyn Lives



with Hashem

A father from Brooklyn, New

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York reported that he was driving his family back from Lakewood to Boro Park and they were listening to the Ki Tov Hashem news station. When they came into Boro Park, they usually have a very hard time finding parking. They said if they find parking right away, they were going to call it into the Ki Tov Hashem news station to publicize the story.

They finished unloading their packages and right then a car pulled out of a spot in front of their apartment.

Thank You, Hashem!

Boy from New York lives with



Hashem

A mother from Chestnut Ridge, New York reported that her nine year old son, Avrami, decided to start working on Bitachon. On that day, he lost a toy, and he thanked Hashem for it. He found it right afterwards. Later on he was taking a bath, and he put the water on the hottest, but it was coming out

KI TOV HASHEM

cold.

Again, he thanked Hashem for it, and right after that the water turned hot. Baruch hagever ash-
er yivtach baHashem



The best GPS

A Yeshiva bochur in Eretz Yisrael reported that he needed to go to a certain yeshiva, but he got stuck at a certain point and he didn't know where to go. He then saw a cat. He davened to Hashem. He said, "Hashem, please guide the cat, and the cat should show me where to go."

The cat started walking, and he started following the cat. The cat made a left, then it went up somewhere, then down somewhere. He did not know where he was going, but the cat brought him to the yeshiva!

Baruch shomea tefila



Love From Hashem in Chicago

R' Yoel, a yungerman from Chicago, Illinois, reported that it was early morning and it was snowing. He got into his car to go to shul, but the windshield was not cleaned off.

Seemingly out of nowhere, a non-Jewish delivery man came over to the car holding a special stick and he cleaned off the windshield for him. He felt such a love and a kiss from Hashem!

Ahavti eschem amar Hashem



Girl from England Feels Hash-



em's Love

10-year-old Dassie Berkowitz from Manchester, England was at her grandparents house, and she overheard them saying that they would be having tongue for supper. She thought to herself, I also want to have tongue for supper.

That very night, totally unrelated, her uncle brought a birthday present for the family, and he brought over tongue. This is the first time this has ever happened. Hashem sent her exactly what she wanted!

Einei chol eilecha yisabeiru ve-ata nosein lahem es uchlum bito



Hashem is Running a Perfect



World

R' Yitzchok Dov Goldberg, the Spring Hill Times distributor in Yerushalayim, reported that due to lack of funds, he was not able to put the Spring Hill Times in the stores for the past two weeks. On this past Erev Shabbos, he was in a store that he usually does not go to and he was waiting on line to pay. He heard a woman talking on her cell phone asking, "What else do you want me to buy?" and the person on the other side said, "The Spring Hill Times." The woman asked the other person on the line, "Do you know where they sell the Spring Hill Times?" R' Yitzchok answered, "There's no Spring Hill Times in the store this week, but I have one copy left on my bike," and he gave her the copy!

Mashgiach min hachalonus
meitzitz min hacharakim



Please note: The news here is printed a week and a half before the date on the front cover. Things may have changed since publication.

Hashem is Our Protector

On Thursday night, 2 Shevat, 5785, Hashem, using the IDF as His robots, carried out a counterterrorism operation in the West Bank, eliminating several terrorists! Thank You, Hashem!



Hashem Eliminates Terrorists

On Shabbos Bo, 3 Shevat 5785, Hashem, using the United States Air Force as His messengers, killed many ISIS terrorists who were hiding in caves in Somalia.



Siddur in Gaza!

One of the hostages, Agam Berger, used a siddur that she found in Gaza, to davan from during her time in captivity. Apparently, Hashem orchestrated that the siddur would be left behind by Israeli soldiers fighting in Gaza, for her to find it!



Hashem is Watching Over Us!

On Monday night, 6 Shevat 5785, Hashem, using the Israeli Security Forces, stopped a terrorist wearing a suicide belt who was on his way to the center of the country for an attack!

Hodu L'Hashem Ki Tov Ki Leolam Chasdo!



Rav Aharon Fischer

On Monday, 5 Shevat, 5785, Hashem took Rav Aharon Fischer zatzal, Rav of the Zichron Moshe neighborhood in Yerushlayim Ir Hakodesh, to be near Him in the world of eternal joy and bliss.

יהי זכרו ברוך



Since Oct 7th, Yidden around the world are inspired to grow in their way they observe the Shabbos. We started a shabbos initiative by sending out a daily text with a Hashkafah and a halachah about Shabbos, if you would like to join us to receive a daily text please text: 732-330-6745

LIVING WITH HASHEM

By Rabbi Zevy Golombeck

Editor's note: Many of these stories are from months ago



It's Only Hashem

Yanky Pfeiffer wanted to get his son into camp, but every camp said they were full to capacity and had no extra room. It was two days before camp. His wife said, "The only way to get into camp is if we believe it's Hashem."

The next day, the camp called and said, "You know what, we found a spot for you!"



Hashem is in Charge

Mrs. Stein* gave a quarter to tzedakah before she went to work and said, "Hashem, I really want my boss to be happy with me, and I want my baby's cold to be all better when I get home."

She went to work, and her boss said, "Wow, your work is so amazing!" She came home, and her baby's cold was better!



Camera Found

Chani* lost her camera, and it had been missing for a few days already. She thought to herself, "I really want my camera back, what should I do? I remember hearing on the Bitachon Hotline that you should thank Hashem already as if you got the yeshua." She said, "Thank You, Hashem, for finding my camera!"

Afterward, she went to sit on her couch, and her hand got stuck in the back where it reclines, and there was her camera!



ואשפך את - נפשי לפני ה' I Poured Out My Soul Before Hashem

I See Him Everywhere

In the world we live in, there's always room to be misled, because if Hashem's existence and hashgachah were absolutely clear, we wouldn't have free will. Therefore, only a person who looks for emunah will find it.

A bachur once complained to the Mashgiach, "It's very difficult for me to trust in Hashem and rely on Him if I can't see Him."

The Mashgiach replied, "I see Him everywhere."

The Neshamah and Recognizing Hashem

Emunah Is Up to Us

Rabbeinu Yonah writes: "The Creator blew into man a living neshamah, [which has within it] an understanding heart and good intelligence [chachmah and seichel] in order to recognize Hashem, have yiras Hashem, and be in control of everything our body does" (Shaarei Teshuvah 1:10).

Rabbeinu Yonah is not just being poetic. Hashem gave us a good neshamah, and it has understanding and intelligence implanted within it. What is the purpose of all this? To recognize Hashem. And if a person seeks to recognize Hashem, min haShamayim they will guide and help him.

If a person wants to see hashgachah, he'll see it. If a person doesn't try to see it, he can be standing next to shaarei orah, gates of light, yet he won't see anything. He'll remain in the dark his entire life.

The book is available in your local Judaica store



A Faint Whiff Of Hashem's Unlimited Wisdom and Kindness



Let us take another step and discuss how our survival is contingent on our eyesight. Without eyesight, we would not only have a very difficult time surviving during the winter – we probably would not be able to survive one week!

Man needs shelter for his survival but there is an even greater need that man needs to survive – that is food. We cannot survive even a few days without food and drink.

If Hashem did not create us with eyesight, how would we find food to sustain ourselves? Food is not automatically in our hands reach. Even if there happens to be fruit trees and wild berries growing naturally in your vicinity, if you cannot see them - they will not help keep you alive. With the gift of eyesight we are able to search and find food and water. We are even able to trap birds and animals and shecht them – that would be totally imposable if we wouldn't be able to see. Without eyesight, we probably would not survive the week. With eyesight, we receive the ability to survive for many, many years.

This point puts the sense of vision on a pedestal, it sets it apart and above the other four senses that Hashem gave us to interact with the world. A person can more or less survive if he can't smell, taste or feel, he can even manage if he can't hear. However, without vision our interaction with the world and people is very limited. A person cannot stay alive independently without eyesight; his existence is contingent on the assistance of others. Through our eyesight we receive life.



This Niflaos HaBorei 2-Minute Audio Shiur is sent out 6 days a week.

No need to call, the Shiur will call you.

Choice of six times (EST): 8:45 am 1:15 pm 2:45 pm 6:15 pm 7:45 pm 9:15 pm

To receive this daily Shiur

Call or Text: 313-NIFLAOS (313-643-5267) To hear a sample call: 908-280-4488

Sparks of Bitachon

PARSHAS YISRO | 5785 | ISSUE NO. 17

PARSHA SPARKS

Hashem writes in the Aseres Hadibros, Lo Sachmoid. A person should not be jealous of what anybody else has.

The Even Ezra brings that the Meforshim are bothered- if HKB"Y tells us not to do an action, humans are able to control themselves, and not do it. Nevertheless, how could the Torah tell us not to be jealous? Jealousy is an emotion. Is there a magic button to press to make sure you do not become jealous? Isn't it human nature that when you see that someone else has more than you, you automatically feel jealous. So how are we able to control this emotion? How did the Torah command us this?

Says the Beis Halevi in his Kuntres on Bitachon, that a person who lives with Emuna and Bitachon will realize that there is never room to be jealous.

For example, imagine you hire a plumber to come to your house to fix the bathroom. At the same time, you hire a roofer to fix your roof. They are both there at the same time. Will the plumber be jealous that the roofer has a tall ladder, which goes all the way to the top of the house? Will the roofer be jealous that the plumber has a snake to fix the bathroom? Of course not! Because the plumber cannot fix your bathroom with a ladder, and the roofer cannot use the snake to fix the roof.

Says the Beis Halevi, this is what it means to live with Emuna and Bitachon. To realize that whatever you have is perfectly tailor-made for you. If you do not have something, it is because it would be poison for you to have it. It is like having a shoe double the size of your foot. It is like trying to fix the bathroom with a long ladder. It will not get you anywhere. It will only cause you frustration and headaches!

Therefore, living with bitachon ensures that there is no room for jealousy. Jealousy only comes into play when you think that having something more would make you better off. However, with bitachon, you know that having something you lack will not make you better off. It would make you sick.

STORIES WITH A SPARK

A Yungerman shared, I went to a family Simcha, and I saw many of my family members. All their children are going Biderech Hatorah, and the parents are having so much Nachas. I, on the other hand, am struggling with my children, they are not living up to the chinuch we are giving them.

At first, I started to become jealous. Wouldn't it be nice if I had such children?

Then I started reviewing the Yesodes of a Life of Bitachon. I realize that every person came down to this world for a different mission. If I would have nachas from my children, I wouldn't be able to fulfill my purpose. I am not in this world to change my children. I am here to change myself, to grow from having such children. The way to do this is by giving them unconditional love, appreciating what they do have, focusing on their maalos, and having patience and not getting angry. It is an opportunity to grow and make something out of myself.

Because I was able to put the whole situation into the right perspective through Emuna and Bitachon, I was able to walk away from the Simcha, confident and upbeat.

לעילוי נשמת הר"ח ר' שמחה ישכר דוב בן ר' משה חיים ע"ה והרה"ח ר' יעקב יצחק בן ר' משה ע"ה

Have the zechus of spreading Bitachon. To sponsor more copies please call 647-706-9745.

Adapted from "A Life of Bitachon Hotline" 845.470.5577

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Q&A

Handling Jealousy

Q *I am a jealous person by nature, and I try my best not to be envious of others, but it is not really working. What should I do?*

A You're doing exactly what you're supposed to be doing! Your job is to try to work on not being jealous, and that is precisely what you're doing. You don't see any results? Who cares! We are not here for results; we just have to do our 'daily exercises'.

Here is one exercise from the Beis Haleivi that you can do to work on avoiding jealousy: Imagine going to the pharmacy to pick up a prescription, and as you're walking out, you see that your friend got a 'better looking' medicine. Would you be jealous and want to trade? Of course not! You understand, what is good for him is harmful for you. You need precisely the medicine that was given to you.

It is the same way with your prescription in life. If you would have your friend's conditions, you would never be able to fulfill your tafkaid in life. In order to reach your true tikkun haneshama, you need precisely the situation that Hashem put you in.

Jealous Twin

Q *Baruch Hashem, I was able to get married right away, and now I was blessed with a baby.*

However, I have a twin sister who is still looking for her bashert, and it's painful for her to see that I moved on in life while she is stuck behind.

As a result, my joy over my good fortune is bittersweet. How can I have true joy over the fact that I am married and was blessed with a child, with the knowledge that my good fortune is causing my sister pain? What is the emunah and bitachon perspective about this?

A Try to zoom into your emotions and discern: what is really disturbing you?

The reason you feel bad is because you are labeling yourself as the source of your sister's jealousy. Therefore, you are looking at yourself as the cause of your sister's pain.

Naturally, bearing this title will dampen your joy; no one wants to be the one who causes pain to others. We want to only be a source of happiness and joy to others. This title that you're giving yourself is attacking your self-image.

However, the premise on which these feelings are based is incorrect. You must understand that the pain your sister is going through has nothing to do with you.

Hakadosh Baruch Hu is the One running the world. He is the one who sets up each person's situation in life. He gives each individual a set of circumstances that He knows is best for their tikkun haneshama.

Therefore, when you start feeling bad over your sister's situation, tell yourself, "Hashem knows that what's best for me was to be able to get married and have a child right away. And my sister's tikkun at this point is to still be single. If she would not be in this situation, it would be poisonous for her! She would be unable to accomplish the purpose of why she came down to this world."

When you understand that you are part of Hashem's plan, you will not feel that you are the object of your sister's pain. On the contrary, you are Hashem's shaliach to help your sister arrive at her tikkun.

Additionally, when you put in effort in not feeling bad, rather accepting that this is what Hashem knows is best, you can turn to Hashem and say, "In the z'chus that I am rising above my nature and acknowledging that this is coming from You, in this merit, my sister should be zoche to find her zivug and to build a family of her own b'karov mammash.

Chizuk Corner

Rabbi Y. Y. Friedman

What an amazing day of Tu B'shvat Hashem gave us.

I would like to share with our readers a thought regarding Tu B'shvat and an amazing story.

We know that a person is compared to a tree as the Passuk says "ki Adam eitz Hasade". There is a fascinating explanation for this.

A tree gives off fruits and those fruits can be replanted. They then produce trees that produce fruits like them.

So too is a man. He can inspire someone to be like him. This person will in turn go in his ways and plant more trees that will produce more fruit, and all of the credit goes back to the original tree.

Let me tell you a story that highlights this in an unbelievable way. I just heard this most amazing story from Rav Efrayim Shapiro, and I would like to share it with our readers. It's beyond words.

Many years ago (perhaps forty or so) there was a Yeshiva bachur that was in a taxi. While in the taxi, he got involved in his learning. He got so involved that when he got out of the taxi, he forgot to pay.

The driver looking at the bachur realized that it was an innocent mistake, so he chose to ignore it and drove off.

When the Bachur realized what had happened, he gave chase to the taxi. After a long chase, he finally caught up to the taxi. The Bachur knocked on the window to the shock of the taxi driver.

The taxi driver was floored that the Bachur had run almost a mile to pay for the fair.

Many decades later this bachur was a middle-aged man and he heard that there was a choshuve Rav that was giving a speech on the topic of "living with Kiddush Hashem". This was one of his favorite topics, so he attended.

At the drasha the Rav told the audience that when someone makes a kiddush Hashem, he will see the fruits of his labor.

After the speech the man approached the Rav and told him the whole story that happened on the day that he chased the taxi. So where are the fruits of my Kiddush Hashem that I made? Asked the man (the former Bachur).

The Rav stared at the man and almost fainted. "I am the



taxi driver," said the Rav as tears rolled down his cheeks. "It's to your credit that I am not only frum, but I walk around preaching about Kiddush Hashem. I am your fruit."

We see from here that when we live a life of Kiddush Hashem we become like a tree that is continuously producing more and more fruit.

Rav Moshe Feinstein would ask the following question. We daven to Hashem every day, "Avinu Av Harachaman and we ask Hashem that we should be zoche to learn and to teach.

Asks Rav Moshe: this tefilla was made for everyone, but not everyone can be a teacher, so is this tefilla for everyone?

Rav Moshe says that yes when we do good things we are teaching by example. When we give chizuk and show that we love Hashem, then people learn from us. They give chizuk and spread the love. Yes, we are all teachers, and we are producing lots of fruits.

So on Tu b'shvat we daven to Hashem that we should produce fruits, but not just any fruits. We want sweet fruits who will produce sweet trees that will continue the legacy of more sweet fruit. This is the essence of Tu B'shvat.

May we all be zoche to be sweet people and be sweet in the eyes of Hashem, and we should produce sweet fruits which represents our children and our talmidim.

My friends if you are a person that does sweet things and especially "Kiddush Hashem", you will be shocked how many talmidim (fruits) you possess.

Bitachon Weekly

Rav Yehuda Mandel



כי בדבר אשר
זדו עליהם

The
says that רשב"ם
was im- יתרו
pressed when he
saw how הקב"ה
amused himself
and מצרים with the

made fools out of them for every evil that they
(על כל דבר אשר זדו מצרים עליהם נתעולל בהם).
did said at the beginning הקב"ה This is exactly what
Why was making. אשר התעללתי במצרים. במצרים.
so important to יתרו jokes of

Part II

יתרו was a neighbor of עמלק and)
is compared to them (and compares them) and ויבוא עמלק
Before mentioned just before פ' יתרו. Before
he told עמלק went to battle against יתרו-s de-
scendants to move out of the way since they
were neighbors and they were good people and
עמלק didn't deserve to be killed like

Part III

The greatness of יתרו is that he was a neighbor
potential didn't follow them. But I would venture to say
that he knew them well, and their power is in
and aren't im- מוסר They laugh at ליצנות. their
of יצ"מ. משל לאמבטי' pressed with all the
We can suggest. בז"ד that יתרו the knew the
.true way of fighting evil

Part IV

And that is to use the יצ"ר's own
tactics. Like ה' ערום and חז"ל say ה' ערום
used by the לשון the same – ביראה –
They say that the. חז"א said that א' the
if the frum yidden had used the same tactics of
and made fun of them then השכלה the wicked
הח they would have destroyed their

Part V

How important it is to learn how to
etc. This was laugh at כבוד כנס etc. דרך
and their success was געוואלדיק. "Oh!
So- and-so doesn't seem to respect me? I'm
traumatized and I must see my therapist for
for a few months" – (To be said with sarcasm to
(make fun of silly

Part VI

YISRO 17 SHEVAT 5785

And the same with תאוה and all kinds
of weaknesses. When you make fun you real-
ly destroy the And אלי הנביא known was
for his mockery of Learn to make jokes ע"ז.
out of your "serious issues and you will live
longer and happier. See the fallacy of
which is deep down the cause of so הכבוד
pain in your life including רוחניות much.
הכבוד הבל הבליים!

לא יוכל העם לעלות אל הר סיני

!Control! Control! Control

פן יהרסו when they try to come close
inappropriately then they will be de- הקב"ה to
stroying themselves! And they are
The same! ד' מיתות ב"ד the worst of
gets! Prior to מחלל שבת בפרהסי there
are many, many warnings of not coming close
again and again סיני הר to
הגבלת, לא תגע בו יד, לא יוכל העם לעלות, השמר
And indeed, it says twice. לעלות בהר. ויעמוד
העם מרחוק, ויעמדו מרחוק

Part II

Keep your distance and control your-
selves! And so many warnings about a death
sentence. מות יומת, פן יפרוץ (יהרג) בהם, ונפל ממנו
ר, סקול יסקל, או ירה יירה and again יתרו, פן
And all this is a warning to get peo- יפרוץ במ.
ple to control themselves from getting close
They have a burning lust for spiritu- הקב"ה!
to is totally against תורה alism and look how to
!such a noble desire

Part III

Before a person receives the holy
he has to know that תורה
המדות ועיקר נתינת התורה בטחון. The מלאכים want-
and תורה should give them the הקב"ה ed that
If you have no קנאה יש בכס? said הקב"ה
issues with bad middos and self control, then
singled out the הקב"ה. is not for you תורה the
עיקר as the מדות issue of

Part IV

So many from people suffer with so
much self righteous aggravation about their
children not being up to par in learning and/
or yiddishkeit. Or their own shortcomings in
I'm not a good לחברו. ב"א תפלה and
husband/wife/father/ etc. I'm not real in my
yiddishkeit. I'm too depressed and full of bad
middos like anger and jealousy etc

Part V

A LIFE WITH BITACHON HOTLINE

By Rabbi Golombek

- 1 Today's YESOD/Vort on Bitachon
- 2 Today's STORY of Bitachon
- 3 ANSWERS to Questions asked
(Answers to 4 new questions each day)
- 4 This week's connection of Bitachon
to the PARSHAH
- 5 QUOTE from Sefer "Bitachon
Weekly"
- 6 Summary of Rabbi Yehudah
Mandel's Thursday VAAD
- 7 Today's STORY how Bitachon
helped someone through a Nisayon
- 8 ARCHIVES (proceed as regular: 1 for Yesod/
Vort section, 2 for story etc.) Press 8 again for
Listening Instructions
- 9 RECORD your Questions, Stories &
Comments
- * Back to previous menu
- 0 SONGS of Emunah & Bitachon
(To listen continuously to all the songs, First press
8 and then 0)

SYSTEM INSTRUCTIONS

1 15 sec. back	2 Pause	3 15 sec. forward
4 1 min. back	5 Raise volume	6 1 min. forward
7 3 min. back	8 Lower volume	9 3 min. forward
* Back to Prev. Menu	0 Bookmark save	# Bookmark Continue

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Lakewood.....732-719-3898
Monsey845-470-5577
Five Boroughs929-470-5577
England03-303-502-368
Australia (3) 99-997-300
Canada647-498-7700

A Life with Bitachon in Yiddish
Eretz Yisrael: 072-370-1912
USA: 845-262-5115
UK: 0330-325-1260

Hashem Wants You to Enjoy His World

A Guide to Discovering Hashem's Kindness
Everywhere You Turn

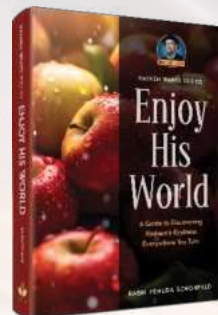
By R' Yehuda Schonfeld

from Judaica Press

Continued from Chapter 8: Enjoying Torah in Olam Hazei

Enjoying Mitzvos

Without a doubt, the mitzvos of the Torah add a lot of enjoyment to our lives. Throughout the year, we perform many interesting and exciting mitzvos that stimulate our senses and stir our minds. How many of our earliest and most precious memories are of mitzvah experiences, such as the excitement of bedikas chametz and biur chametz? Or standing in shul on Rosh Hashanah, surrounded by a sea of sparkling white talleisim, waiting



suspensefully for the first tekiah? Or lighting the menorah on Chanukah? Or how about standing under Tatty's tallis during birchas kohanim?

In today's hectic world, many people may find themselves too busy to reflect on their past. This is tragic because the beautiful memories of one's youth are priceless! Frum Jews especially are blessed to have so many special experiences to look back on — and to look forward to — so it's a shame to never think about them.

Throughout the year we:

- Turn off all technology each Shabbos and spend the holy day with our family.
- Listen to the shofar, as we greet the new year on Rosh Hashanah.
- Spend the holy, uplifting day of Yom Kippur in shul.
- Shop for the most perfect esrog and other minim for Sukkos.
- Live for a week under the stars in a beautifully decorated sukkah.
- Spend the eight nights of Chanukah with our families, lighting the menorah and eating delicious donuts and latkes.
- Hear the megillah, dress up in costumes, give out treats, listen to great music, and get drunk happily on Purim.
- Bake matzos, scrub our houses, and gather with our families for the magnificent Pesach Seder.
- Dance and sing around bonfires on Lag Ba'Omer.
- Stay up all night learning in a flower-bedecked shul on Shavuot, followed by an uplifting Shacharis and a cheesecake feast.
- Sit on the floor in a dimly lit shul, listening to the mournful tune of Megillas Eichah on Tishah B'Av.

And there are other unforgettable moments that we experience throughout our lives, such as:

- Dancing at a hachnasas sefer Torah.
- Getting a brachah from a gadol.
- The moment a chassan crushes the glass under the chuppah.
- Watching a three-year-old's hair fall to the ground as he becomes a "big boy".
- The haunting tune of Kol Nidrei on Yom Kippur or the moment the shofar sounds at the end of Ne'ilah.
- The first taste of food after a 26-hour fast.
- The smell of challah baking on Erev Shabbos.
- When a grandchild is born (such a rare occurrence in the secular world).

All these unforgettable moments form a constellation of experiences, a beautiful tapestry of memories that enhances our unique and special lives. But like all pleasures, they require thought and attention. We should give this topic some of our time — for our own benefit.

To be continued...

R' Schonfeld is available to speak publicly on the topic of Enjoying Olam Hazei. He can be reached for comments and questions at EnjoyHisWorld@gmail.com.

BS"D
Nkasef HaNekudos

KARMI SHELI L'FANAI

By Mrs. S. Mordechai
(On Parshas Yisro and Tu B'Shvat)

*The winter is cold
down to our roots.
We have begun to wonder when
we will sprout our new fruits.*

*We remember when HE called us his
Tapuach among Atsei HaYa'ar
and took us on Kanfai Nesharim to
HIS Heilige Har.*

*When HaKadosh Baruch Hu said:
I will make you mine
and plant you on My Mountain
to be My Vine.*

*We sang a joyous song so grateful
that the harsh Chorev Avar
and followed Ou Father, Our Goel,
Our G-d blindly into HaMidbar.*

*We had not yet shed the shackles of
Bais Avadim,
when He greeted us with twelve
Mayanos and seventy Tamarim.*

*He taught us to trust in Him,
with bread that fell from heaven,
and water, sweet like honey
that flowed from an Even.*

*Like our apple buds that before
our leaves appear,
we agreed to do whatever HE com-
manded before we would hear.*

*At the foot of G-d's mountain,
we heard blasts from the ram's horn
and amidst fire, smoke, thunder,*

*and lightning. we were ready to be
reborn.*

*Every Yid who would ever live
trembled as we saw pillars of smoke
rise
and the Melech Chai HaOlamim de-
scended before our wide, incredu-
lous eyes.*

*We received crowns to wear
as we stood beneath Har Sinai.
and Our loving Borai,
declared Karmi Sheli L'Fanai!*

*As we wait again
for the long winter to thaw,
we try our best to serve HIM
with love and awe.*

*Our Torah like Shemen Ziet,
has lit up the world and shone.
Numerous have been our Mitzvos
like the myriad arils of the full Ri-
mon.*

*Now our branches are barren of
leaves.
Before the first hint of spring
we call out to Our Father: Is the
time almost ripe for us to once again
sing?*

*Yes! Banai HaYakarim:
Your Bakashos, I have heard.
They are My delicious Peros,
every single word.*

*With the breeze, we feel the days
coming! From our roots in the fro-
zen ground
as Eys HaZamir, with our sap, as-
cends we wait to hear the Shofar
sound.*

It's not yet Aviv, but our first buds

*have arrived and next our first
Tapuach!
Our redeemer will arise b'Galil
and Geulah will once again Tifrach.*

*Hashem Elokeinu Yeeta Yisrael in
our land of milk and honey to be
Segulaso
and every Yid Yeshev b'Shalva
v'Shalom under Gefno v'Tainaso.*

*There will be sustenance, Saor,
and Pisas Bar
even on the summit
of highest Har.*

*We will enjoy the Rayach
and Tam of Gan Eden
while HaKadosh Baruch Hu, as al-
ways, delights in our Tehillos and
Birkas HaNehenen.*

*HaShem, Yisborach, calls us
HIS beloved, His Bashert, His Am
Bechirov:
the luscious produce of HIS garden,
HIS Pri M'Gadov.*

*With Love, Awe. and Tehillos as Numerous as the
Full Ripe Rimon to our Father, Our Goel, our G-d
and R. Yitzchok Kaufman (The Spring Hill Times;)
R. Zev Golombeck (The Bitachon Hotline;) . Moshe
Weissman (The Midrash Says: The Book of Shem-
os;) R. Shmuel Yerushalmi, Translated and Adapt-
ed by Dr. Zvi Faier (The Torah Anthology: Yalkut
Me'Am Lo'ez- The Book of Shir HaShirim;) The
Milstein Edition: The Later Prophets: Amos;) Karen
Wolffers-Rapaport (Chabad.org: The Sap of Life;) R.
Lawrence Hajioff (The Future: A Guide To The Jew-
ish Messiah, Israel, and the End of Days;) Artsroll
(Schottenstein Editions Texts and Commentaries:
Chumash Parshas Shemos, Beshalach, Siddurim,
Tehillim;) and EK, SN, SF, R.S S., LJ, JF, CYS, AU,
MM, DD, CDS, RF, RD, AG, GF, CEG, TS, and RRM.*

Hashem Wants us to be Happy
It's really simple....

See

Miracles

In

Life

Everyday

מצוה גדולה

להיות בשמחה תמיד



Having a **place** to go
is called **home**,
Having **someone** to love
is **family**.



Having both is a **blessing**.

Thank you HASHEM!

By: Rabbi Chaim Tzvi Blau

Bitachon Power

The Quote



his one million dollar check. The store owner looked at the check and looked at the child and told the boy, "I am sorry, but I do not have any change."

The boy answered, "It is okay, you can keep the change." The store owner was a very honest man and refused to let the boy buy the candies...

The חפץ חיים continued, "The עולם של רבוננו is an honest 'store owner', Hashem will not allow you to "redeem" the מצוה of wearing תפילין for all the money in the world.

מור רב אריה וולדן שליט"א explained to us that schar for a every mitzvah is not nitschi. This

THE QUOTE: The Beis Halevi writes, "The rule is that we don't get the reward for our Mitzvos in this world. All the good we receive in this world for our Bitachon is only the fruits or interest of the Mitzvah. The principle remains for the next world - the world of total happiness."

THE LESSON: What makes this idea so incredible and amazing is that that the Beis Halevi is reminding us what the gemora in Kidushen says that "Schar Mitzvah bihai alma leka". Which means that all the tremendous good we receive from Hashem using the power of bitachon will NEVER EVER detract from our schar in the world to come. We will receive that and plus more now! It is win-win situation!

THE STORY: During the חפץ חיים's times, Yeshivos were having great financial difficulties.

ל came to the חפץ חיים with a novel idea to solve the financial crisis. ש"ר מצוה בהאי חז"ל say מצוה there is no reward for a מצוה in this world. ל said he was willing to trade his ש"ר for one day of wearing תפילין to pay for the debts of all the Yeshivos for all future generations, and he would be מוחל the rest of the ש"ר.

The חפץ חיים answered him with a משל:

There was a young child who lost his parents. His parents left him a ירושה of a one million dollar check. The boy went running to the candy store overjoyed with excitement. He began to fill as many bags as he could with all different types of candy. When he had over-filled his bags with as much as he could, he ran up to the store owner, and got ready to pay. The store owner weighed all the candies and rang up the total for the little boy. The boy innocently handed the store owner

world by definition is not nitschi. To bring out just how much we don't understand what the word nitschi means. "Imagine one would fill up Madison square garden, filled to the top with poppy seeds (Those are the black little ones) and once every billion years a bird comes and takes ONE poppy seed – this is still not yet called infinity! Imagine the reward for doing one Mitzvah!

THE STORY 2: The following story I heard from מור הרב אריה וולדן שליט"א about his grandfather; REB MOSHE REICHMAN זצ"ל, from Toronto, even more than being "business smart" in the monetary world, he had very same mindset of being a businessman in the spiritual world. There was a great Jew from Toronto called, Reb Moshe Aron Auerbach זצ"ל. He was always involved in תוס and would collect money for many different causes. Because of this, he would frequent the home of Reb Moshe Reichman. Once when he went to Reb Moshe Reichman and asked for a donation, he received a check for one thousand dollars. Reb Moshe Aron, however was not satisfied, and bravely asked for a bigger donation. Reb Moshe Reichman told him, "Reb Moshe Aron, you come pretty often. Listen, the next time you come, I'll give you another donation". Reb Moshe Aron did not give up. He then proposed a 'business deal'. He told Reb Moshe Reichman as follows, "Reb Moshe, you know I take care of the mikvah towels for the mikvah here in Toronto. I take them home, wash and dry them, and return them to the Mikvah freshly laundered, every week". He calculated, "I must wash about ten thousand towels a year". "I'll make you a deal," he said, "I am offering to sell you the זכות of one year's worth of towels for a total of one dollar each." Without even batting an eyelash, Reb Moshe Reichman pulled out his checkbook and wrote a ten-thousand-dollar check for him.



בס"ד

By: Rabbi Eliezer M. Niehaus



This column is part of the "ASHER TO THE YATZAR" initiative. If you would like to receive the monthly leaflet, please email ashertotheyatzar@gmail.com. Please try to say Asher Yatzar from a card or poster as a zechus אסתר ע"ה בת לע"נ my daughter יבלחט"א אליעזר מנחם

INDEBTED

The Shulchan Aruch (O.C. 98:3) rules, "One should daven in supplication, the way that a pauper begs at the door." One must turn to Hashem in tefillah the same way that a poor man asks for help. This is easier said than done. Baruch Hashem, most of us have stable income and are healthy. How are we supposed to feel like a pauper when everything is going well? The following parable, based on the words of Rabbeinu Yonah in Avos (2:13) as explained by Rav Mattisyahu Salomon zt"l, gives us the key:

Everyone thought that Joe was fabulously wealthy. He had an estate that sprawled over several acres, a fabulous mansion, numerous luxury cars, a private yacht, and an airplane, not to mention his downtown skyscrapers and countrywide chain of stores.

However, the truth was far from what the eye beheld. For the last three years, Joe had suffered tremendous losses on all financial fronts. He desperately tried to bail himself out of the rut he had fallen into, to no avail. The bank began warning him of seizures and foreclosures, until, one day the dreaded letter came. "If you do not pay us the money you owe, we will seize all of your assets and properties in exactly three days. Without waiting a moment, Joe ran to the bank manager and literally went down on his knees. "Please, please, have mercy!" he pleaded. "If you take everything away, I am finished! I have new plans which will definitely succeed! Give me a few more months to save myself!"

If a person foolishly feels he is all set and does not need Hashem for anything, he will not see his life as being on the line. Yet we must consider the possibility that we are in exactly the same situation as our friend Joe. Yes, Baruch Hashem, we have health but perhaps it is all on credit! Maybe Hashem, in His infinite kindness, is giving us a chance to mend our ways, but at any moment, He can decide the time is up. Just as the bank reevaluates its client's credit ratings from time to time, Hashem also constantly evaluates how we have acted until now. Then, He decides to extend us credit, or chas v'shalom, take it away. We must approach Hashem the same way Joe beseeched the bank manager and beg Him like a poor man.

Now, this should not cause us to walk around like a nervous wreck thinking, "Oy vay, at any moment Hashem might take away our good health and all the other beracha in our lives!" No, He wants us to live with bitachon – which means to be calm and know that we are in the hands of our loving caring Father who continues to bestow good upon the entire world, even when they are undeserving. What He does want us to realize that He is the One taking care of us and that we are INDEBTED to Him, meaning "in debt." Through davening like a "pauper at the door" we show that we know that we do not deserve anything, and that will itself arouse mercy.

But most of all, showing appreciation for good health is the greatest way to show that we feel indebted to Hashem, and thus remain healthy, even if our heavenly bank account is deep in the minus. Let us take a moment before we say Asher Yatzar and imagine how life would be if one needed a bag attached to his body to catch the waste, or a tube through his nose to drain the stomach because the digestion track went on strike. We can take this a step further and think about the fact that the reason we don't have these issues is not because we deserve a functioning body, but rather because Hashem in His infinite kindness wants us to be healthy. That will be a beracha said with feelings of being indebted!

Rabbi Niehaus is the author of "Oasis: Experience the Paradise of Shabbos" and "HEAVENWORDS: Elevate your Tefillah and Yourself". He is the Rosh Kollel of Kollel Zichron Aharon Yaakov in Kiryat Sefer and is a rebbi in Yeshivas Beis Dovid and Yeshivas Imrei Binah in Yerushalayim.

**By: Rabbi Zev
Golombeck**

Did you know? When people look at someone who is paralyzed or in a wheelchair, he has limitations- oy what a nebach! Oy what a rachmanus! And then we look at special children oy nebach rachmanus. Well, do you know- let's take a look at the torahdik perspective. The Chazon Ish stood up for people that had

down syndrome- do you know why? Because when a person has a Torah glasses, Emunah and bitachon glasses, they know that a body is just a coat, who is really a person- the Neshama. And the more limitations the body-the coat has, it means the more the Neshama is smiling and is perfect and that's why the Chazon Ish says that people with Down- syndrome and special children, they're all gilgulim from past generations- they were gedolei hador! And they don't need to come into this world to use their bechirah because they already used it. They just need the smallest tiniest tikkun and that's why they came in this way to get this tiny tikkun. Therefore, zugt the Chazon Ish, these are heilege neshamos. The Chofetz Chaim said that whenever someone is in a wheelchair or is ill realize that his Neshama is smiling, the Shechinah is being shoreh there. He's reaching the highest levels of shleimus more than any other person. These neshamos are smiling.

Of course zugt Rav Avigdor Miller, when we see the heilege neshamos we should use it to feel loved because lemaisa that's called hidden love. We have to appreciate our open love that we can walk and run around. We'll be mekayem our tafkid and our tikkun by feeling loved that we're not in a wheelchair, not paralyzed and we don't have those limitations. That will give us guaranteed protection, because we feel loved that Hashem is showing us open love. Hashem will keep it that we'll stay healthy for the rest of our lives until mashiach comes.



Gold Mines

Based on the teachings of Rav Yehudah Mandel

By: R' Baruch Rosenstock

A person should always try to focus on what's working out in his life and going well, not on what's wrong and challenging. No-one has a perfect life, we all have challenges and shortcomings, but our job is to focus on what's working out and doing well.

A person is defined by his thoughts, and is situated where his thoughts are situated. When he focuses on his achievements and his worth he's successful. When he focuses on his failures and low stature he's minimizing his success.

A person should also always feel hopeful and tell himself that everything will work out. He should tell himself, Hashem is with me and the future will work out perfectly. "Tracht gut vet zein gut- when we think positively, it will be positive." Our thought process is the biggest gift we have; we won't let the yetzer horaah use it to bring us down. We'll use it to lift us up and bring out the best in us.





Ahavas Yisrael

The Chinuch Chaburah

R' Tzvi Moshe Schultz

Disclaimer: The information here is researched. We tried to make sure it's accurate, but we are human and mistakes do happen. We apologize in advance for any errors.

Ger - part 2

- Gerrer Chasidim wear a spodek, not a shtreimel (a spodek is higher, as opposed to a shtreimel which is flatter). This is because they come from Congress Poland (central Poland), not Galicia (eastern Poland), and this was the hat that was commonly worn there. They also wear their pants tucked into their black socks. In Poland, Jews had to deal with a lot of anti-Semitism. Therefore, it became the custom of Gerrer Chasidim to tuck their long peyos under their kippahs (to hide them). This is why Gerrer Chasidim typically wear very large kippahs. It is still the custom today of many Gerrer Chasidim to tuck in their peyos, although in Yerushalayim the minhag is to wear the peyos out.

- According to the instructions of the Imrei Emes, the Gerrer Mosdos in Eretz Yisroel teach in Hebrew, not Yiddish. Unlike many other Chasidim, many Gerrer Chasidim speak Hebrew as their primary language, and some do not even understand Yiddish at all.

- As Ger is considered to be the spiritual heir of Peshischa, it has always put a strong emphasis on learning Torah. The Gerrer Rebbe himself was all great talmidei chachomim, who wrote seforim that are still widely used throughout the Torah world. The Lev Simcha was very fond of learning Talmud Yerushalmi, and in 1980 he instituted the Yerushalmi Yomi program (similar to Daf Yomi, but in Yerushalmi). The present Rebbe, Rav Yaakov Aryeh Alter, changed the focus in Gerrer yeshivos to learning bekius, with a focus on learning large amounts of Gemara, including baal peh. He felt that this would be something that would be able to engage all of the Chasidim, on every level. However, not everyone agreed. Some chasi-



dim felt that learning beiyun is an important part of the Peshischa mesorah. They left the Chasidus, and started following Rav Shaul Alter, the son of the Pnei Menachem, and the former Rosh Yeshiva of Yeshivas Sfas Emes, who gives shiurim in Iyun. This group is now known as Kehillas Pnei Menachem.

- The Beis Yisroel made kedusha into a major emphasis of Gerrer Chasidus. He referred to it as "Yiddishkeit." He made a number of takanos as to how Gerrer Chasidim should behave, in order to maintain the highest level of kedusha.

- In Poland, the Imrei Emes was one of the leaders of Agudas Yisroel. In Eretz Yisroel, Ger is the most influential Chasidus in the Agudas Yisroel political party. Rav Yitzchok Meir Levin, the son-in-law of the Imrei Emes was a Knesset member and leader of the Agudas Yisroel party. His son, Rav Yehuda Leib Levin, founded the newspaper, Hamodia. The English version of Hamodia is published by Rav Yehuda Leib Levin's daughter, Ruth Lichtenstein.

To be Continued

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The Bitachon Perspective

Q & A with Rabbi Zevy Golombeck

By R' Shalom Yedidya Klatzko



Q. Our car broke down, and we can't afford to buy a new car. There are so many things which have to be taken care of. I used to be able to take care of ten errands a day, now I can only take care of two. I feel so stuck and frustrated. What is the emunah and bitachon perspective about this?

A. The reason you feel stuck is because you think, "In order to accomplish things, I need a car. But now that I don't have a car, I'm not able to carry out all those things that I could've taken care of."

Now, if the world would work with cause-and-effect, you would indeed be stuck. However, we know that Hashem is the One who is in control over every event that happens. And the 'laws of nature' are merely the means in which Hashem uses to carry out His will. However, in truth, a person is not impacted at all by cause-and-effect. Rather it's Hashem's will which has effect on events.

Therefore, it would be a mistake to think that the reason you can't accomplish as much as you would like to is because of your car.

Hashem already decided on Rosh Hashanah exactly how much you will be able to accomplish through the year.

If Hashem decreed that you will be able take care of something, He will make it get taken care of even without a car. And if there is something Hashem did not decree that should be taken care of, then even with a car, Hashem will not enable you to take care of it.

When you understand that Hakadosh Baruch Hu is really the one who is taking care of every detail in your life, and the help from your car is just an illusion, Hashem will show you openly that He is there for you, and you will see extra bracha in your life.



Mitzvah Corner

By: R' Avi Kolko



It was during lockdowns of Covid and the State of Israel decided that the United States was no longer a 'red' country. This was good news for many American Yidden; relatives and friends who wanted to go to Eretz Yisroel for simchos, parents who were waiting to visit their children, children who were waiting to visit their parents, and bochurim and yungeleit who could easily return to Eretz Yisroel to learn.

Unlike on the East Coast, here in Chicago there aren't many tzedakah collectors from the area. Most of the meshulachim we get are from Eretz Yisroel, and being that they're Israeli citizens, they weren't allowed to travel to 'red' America. That resulted in there being very few tzedakah collectors in town. When the news broke that America would no longer be a 'red' country, I overheard someone saying that the best part of this is that we would get back the meshulachim!

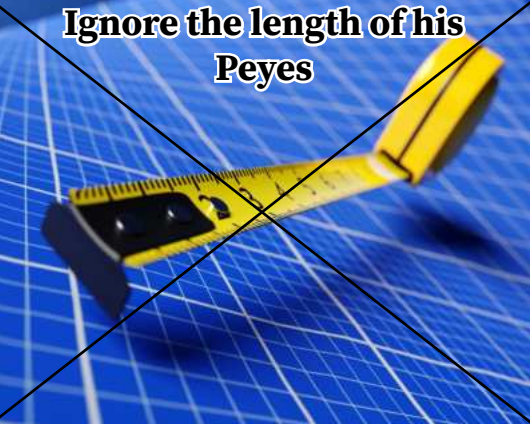
That's an amazing perspective, and very on target. Hashem could have easily created His world such that no one would ever be needy of tzedakah. However, Hashem did create needy people... for us, so that we can help ourselves by helping them (Bava Basra 10a). In fact, the Medrash says "More than a baal habayis does for the poor person, the poor person does the for the baal habayis (Vayikra Rabbah 34:8). True, the poor people get money, but we get so much more. Not only do we not lose money that we give to tzedakah (Baal Haturim Shemos 30:12), and not only do we get rewarded in this world for the mitzvah of tzedakah (Pei'ah 1:1), but we also build and perfect our 'retirement home' in the next world – the very reason we are alive! Yes, the meshulachim lost a few dollars by not coming while America was 'red', but we lost out so much more.

It really is a matter of perspective – who is helping who? When a meshulach knocks on our door—even if it's later at night than we would have liked and even if it's the fifth person that night—and we open the door with a kind word and a few dollars, are we doing him a favor or are we doing ourselves the favor? When we are approached by a tzedakah collector in shul—even if it's during a part of davening that we prefer not to be disturbed and even if it's by the same meshulach who we gave to yesterday and the day before—and rather than ignoring him or motioning that we gave already, we smile at him and give again... is that an opportunity to give or an opportunity to get?

CRYSTAL CLEAR VISION

WHEN YOU SEE

**Ignore the length of his
Peyes**



**Ignore the color of his
Shoes**



Ignore the type of car he drives



Ignore his mistakes



Ignore the leader he follows



Ignore the type of hat he wears



**Ignore the nusach he uses to
talk to Hashem with**

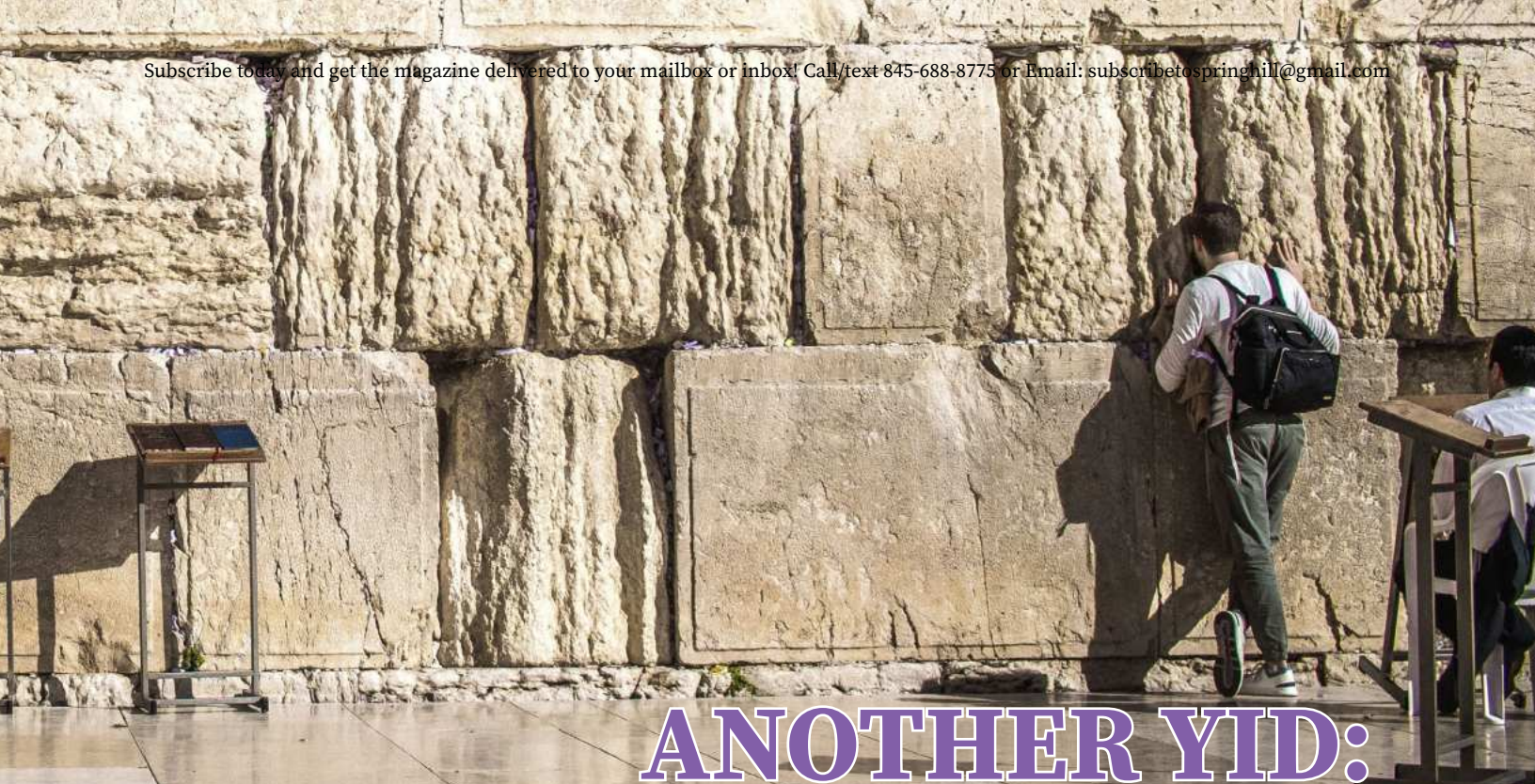


Ignore his occupation



**Don't Accuse!
Don't Judge!
Don't Convict!**



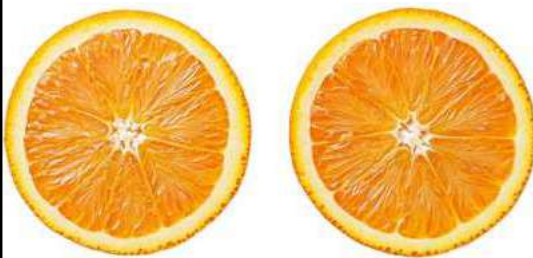


ANOTHER YID:

**Remember that he is part
of your family!**



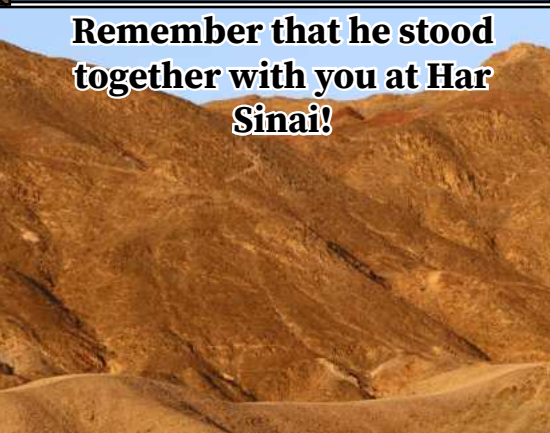
**Remember that he is your
other half!**



**Remember that Hashem
created the world just for him!**



**Remember that he stood
together with you at Har
Sinai!**



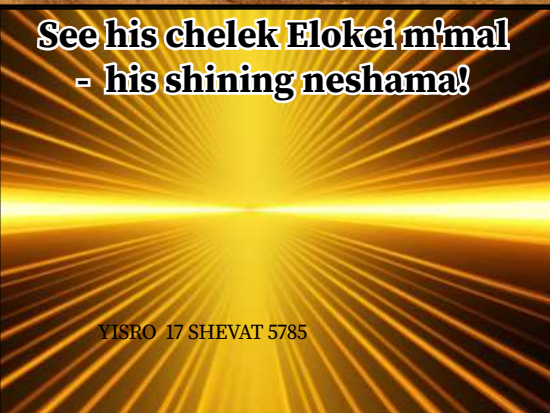
**Remember that Hashem
loves him to no end!**



Give him a smile!



**See his chelek Elokei m'mal
- his shining neshama!**



**Hold his hand and help him
through life!**



**Accept him and love him to
pieces!**



Hashem Loves You

HaRav Yitzchak Zilberstein shared: During the height of the covid epidemic, Shloimie* started coughing with a high fever. His symptoms were getting worse and worse. He went to the doctor and was tested for Covid-19/Corona. It was right around Yom Tov time and he was looking forward to spending an exciting Succos with his extended family. And then the call came in: POSITIVE! Shlomie tested positive for Corona. The law in Eretz Yisrael, where Shlomie lived, was that anyone who tested positive needed to go to a special 'Corona hotel' and spend their sick time quarantining there. Although it was hard, he said goodbye to his family, packed up his bags with fresh Yom Tov food and left to spend fourteen days in the 'luxurious' covid hotel under strict lockdown.

Shlomie's family was quite disappointed, to put it mildly. Never before had they spent an entire Yom Tov without their father! Shlomie had an older daughter named Shira* who needed a Shidduch already for many years, and all of his efforts at finding her Bashert seemed futile. She was especially sad and downtrodden when she heard that her father was leaving for the entire Yom Tov season.

Arriving at the 'Covid Hotel', Shlomie checked in and was shown to his room on the fourth floor. A few days later he was assigned a roommate who also tested Positive for Corona, an older Bochur named Asher. They spent time talking and getting to know each other. As time went on, Shloimie became more and more impressed with Asher, and realized that he would be perfect for his daughter Shira. When the fourteen day quarantine was over, the shidduch was suggested. Within a few meetings, Asher and Shira were engaged. Shlomie realized that his fourteen day corona lockdown during the peak of the Yom Tov season, which appeared like the very worst thing ever, was in reality the very best thing in the world because it brought the grand yeshuah that he was waiting for!

The Shaila that came to Rav Zilberstein was from an individual named Naftali* who came forward and revealed that he was the one who made Shlomie sick with Covid. Naftali had all of the symptoms of Corona and yet he spent much time with Shlomie, even though he should have been more careful. The next day Naftali tested Positive, and just a couple of days later Shlomie tested positive



as well. Naftali asked Rav Zilberstein if *BiDinei Shomoyim* he needs to compensate Shlomie for all of his trouble and all of his lost work and Agmas Nefesh.

Rav Zilberstein poskened that although Naftali was wrong for not being careful, he would not need to compensate Shlomie since Shlomie was so happy, joyous and ecstatic that he got sick! It was the very best thing that ever happened to him!

We learn from this story how '*Your worst moment is really your very best moment*', as mentioned in the [Hashem Loves You Treasury](#) (Available by calling the [Hashem Loves You Hotline](#) and pressing Option 9.)

Very many people BSD requested multiple copies of the Bitachon Cards (based on HaGaon Rav Golombeck's life transforming Bitachon Hotline) and the [Hashem Loves You Treasury](#) to give to friends and family. One Hashem Loves You Hotline follower shared how giving out these priceless materials has brought them an incredible feeling of true intrinsic Simchas HaChaim because they received such positive feedback and appreciation and they realized how this is the gift which keeps giving!

I am starting a Gemach BSD to share previous issues of the Spring Hill Times with anyone who wishes to borrow it in Lakewood. Sharing the Spring Hill Times with a friend is the greatest Chesed because the Simchas Hachaim it brings spreads contagiously. To borrow call 267 833 0596 Option 9.

Hashem loves us!

Taken from The Hashem Loves You Hotline 267-833-0596

Yeshivishe Stories

The Chinuch Chaburah

R' Tzvi Moshe Schultz



The Alter of Novardok was famous for his extreme bitachon. During World War I, when there were opposing armies all over Europe, and the bullets were flying everywhere, he wouldn't duck, run, or hide. He would just keep on walking normally. He used to say: "Every bullet has an address."



Once, Rav Chaim of Volozhin freed an agunah, declaring that her husband was dead, and that she was free to remarry. Shortly afterwards, a man appeared claiming to be her husband. Rav Chaim said the man must be lying. If the Chachmei Hatorah declared that a man is dead, then even if a moment before that he had actually been alive, he would have immediately died!

The man was thrown in prison, and later admitted that he had been lying in order to besmirch the reputation of Rav Chaim.

Think about this

A. What do you think he meant by saying that every bullet has an address?

B. How can we try to achieve this level of bitachon?

A. What did Rav Chaim of Volozhin mean that it wasn't possible that the man could be alive?

B. According to this, what is the relationship between the Torah and reality?

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Story #1916

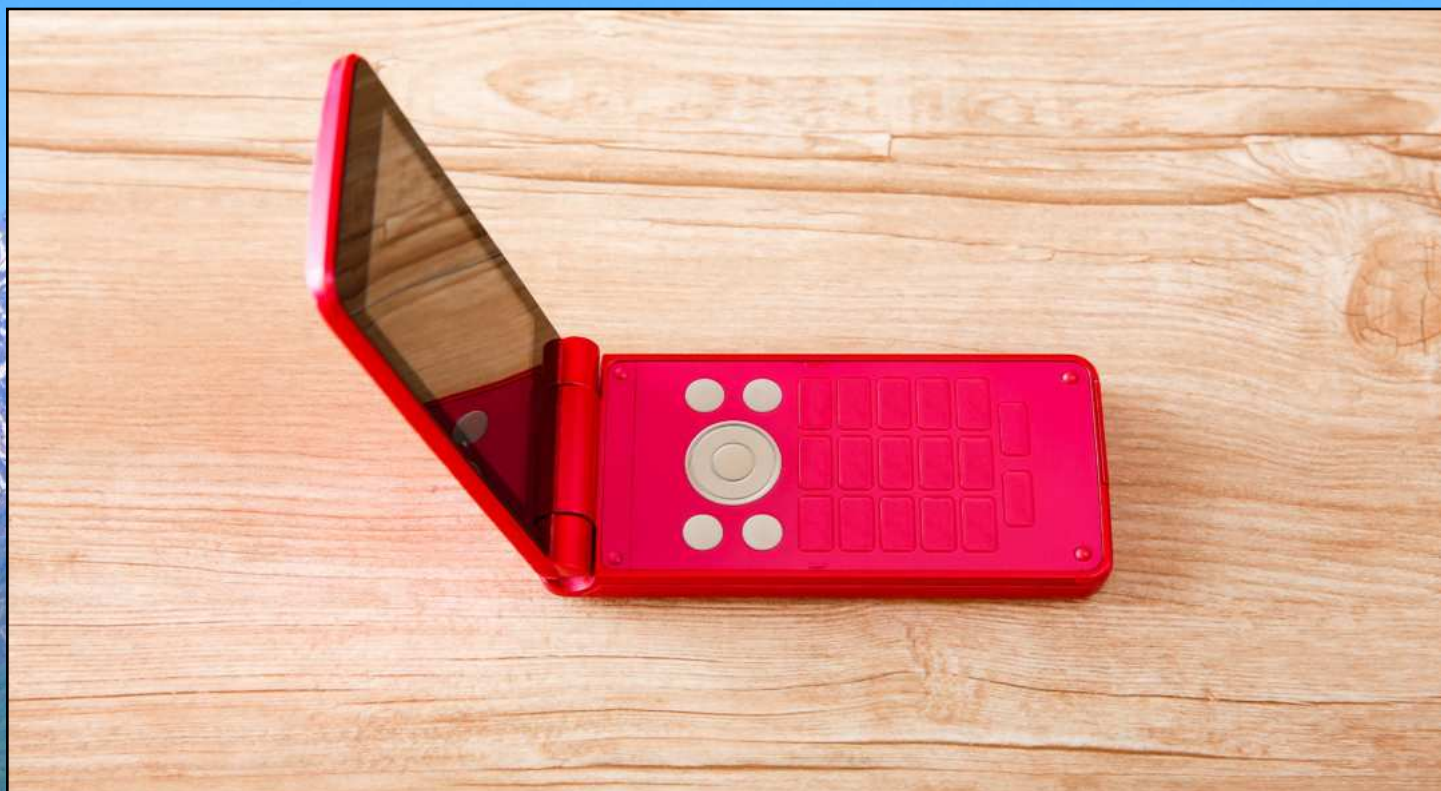
This story was called in from Eretz Yisrael by a Mrs. Sherman. Her son told her, "Mommy, the alarm on my watch rings every day at one o'clock and my Rebbe said it disturbs the class. He asked me to change it to 2:00. I tried, but something is wrong, and I can't change the time. My Rebbe tried too, and it didn't work. What should I do now?"

"Well," said Mrs. Sherman, "Give it to me, let me try." She tried the regular way, and she tried using a pen but the watch wasn't budging.

Then she turned to her son and said, "You know what? Let's be Mechazek in Bitachon and sing Ha-kol Yachol."

"Mommy, maybe we should call the Life of Bitachon Hotline and sing the song together with the recording," her son suggested. She liked the idea, so that's exactly what they did. Then she turned to son and said, "I'm going to try one more time."

This time, the watch worked right away and they were able to change the alarm time, with the quickest and best service ever!



Story #1917

This story was called in by a very, very choshuva yungerman by the name of Mendy Brookenstein. He went to visit his grandmother, and she mentioned that something had suddenly gone wrong with the battery of her phone. It wasn't going in properly, and her phone wasn't working.

"Is there store in this neighborhood that sells cell phone batteries?" she asked.

He thought about all the stores nearby but no, none of them sold cell phone batteries. "I'm sorry, Bubby," he told her. "I don't know of anything within walking distance."

"Uh-oh, what will I do? I really need a working phone now."

"Don't worry," he told his grandmother, "I have Bitachon. Hashem is a Kol Yachol. You'll see, very soon, you're going to have the battery for your phone."

"From where, from when, from how?" she asked

"I don't know," he admitted, "but one thing I do know is that Bitachon means that HaKadosh Baruch Hu wants you to be happy and wants to give you whatever you like. I'm having Bitachon that in no time, you'll see, you're going to get a battery for your phone."

As he was getting into his car after the visit, he suddenly remembered that he had an old phone stuffed into his glove compartment. "Why in the world am I still keeping it in my car?" he thought. "I should really throw it out – wait! The battery! Maybe it works in Bubby's phone!"

He took the phone straight up to his grandmother, showed her the battery, and said, "Here, try it!" When they put the battery into the phone, it started working, with the best service, better than ever!

Zichru Toras Moshe

Rabbi Moshe Hirschberg

AMEN NAVIGATOR



Every year on Parshas Shekalim, Ezras Torah holds its annual fundraiser campaign to cover their budget needs for the year. With the many cases of *hachansas kallah*, *bikur cholim*, and more, the organization stands ready to offer financial support to whoever is in need. That Shabbos is one of their primary sources of income.

During one such campaign, **Reb Hillel Litwak**, the administrator of Ezras Torah, heard a man repeatedly answering *Amen* in a loud voice before the chazzan concluded the *bracha*. Reb Hillel knew that it was stated in *Shulchan Aruch* that one must wait until the end of the *bracha* before answering *Amen*. If one does not wait, his *Amen* is called *chatufa*, snatched.

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Reb Hillel approached the man to explain the gravity of an *Amen chatufa*. After explaining the concept, Reb Hillel began to search the shul for a *Mishna Berura*, volume 1, to show him the *halacha* inside (*siman* 124), but he couldn't find any copies. The man thanked him for pointing it out, and they parted.

The following Friday, Reb Hillel received a letter from the bank that said that one of the checks that was given to Ezras Torah for their campaign wasn't signed. In the envelope with the letter was supposed to be the unsigned check, but when Reb Hillel looked at the check, he discovered that it was not the check that had been given to Ezras Torah. It was someone else's!

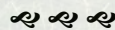
Shortly afterward, a woman called Reb Hillel and said that she'd received a similar letter from the bank about the check she'd deposited not being signed, and that in the envelope was a check made out to Ezras Torah. Reb Hillel was relieved; now he knew where his check was. But was the check he'd gotten in the mail her check? Upon investigation, he realized that it was! He assured her that they would make the exchange after Shabbos.

On Friday night, as Reb Hillel was preparing to make Kidush, it dawned on him that

the name on the check was the same as that of the man who he had spoken to about the *Amen chatufa*, and the address was near the shul he had attended the previous week.

Immediately after Shabbos, he called this family and spoke to the husband, and he confirmed that he had been whom Reb Hillel had corrected about the *Amen chatufa*. Reb Hillel headed over to their home and exchanged checks. At that time, he was able to show the husband the words of the Chofetz Chaim inside, hoping that he'll accept it as "the letter of the law," not just a *chumra*. The man drank Reb Hillel's words and made the change in his way of responding *Amen*.

A switching of a check is not a usual occurrence, and for the mix-up to involve the person he had corrected about the halachic matter the previous week was not coincidental. It was only because Hashem cares so much about our mitzvos and would do anything just so that we should be able to observe His mitzvos properly.



RETURNING TO HASHEM

In the Hashgacha Pratis Newsletter, it was printed a personal story that someone shared:

I was at a *chasuna* one evening when a friend came over and made an unusual request:



“Would you allow me to drive your car?”

“Do you have a license?” I asked him.

“That’s the thing. I want to get a license, and I need to practice. Would you allow me to drive around in your car?”

I thought for a moment and said, “It’s a bit scary to give the wheel over to someone who doesn’t know how to steer it, but if we drive on a side street where there is no danger to any passersby, then I agree.”

We left the hall and drove quite a distance until we reached a quiet, unassuming road where I stopped the car. I switched places with my friend and allowed him to drive. After circling for some minutes, he wanted to practice parallel parking. He tried parking between two cars, and...oops. He hit the car in front of us.

We went out of the car to ascertain if there was any damage, and *baruch Hashem*, there was none. Right near the car, we noticed a *sefer Noam Elimelech* and several Torah pamphlets lying on the street. It seemed that someone who didn’t know the value of sacred writings had thrown them there.

We picked up the pamphlets and found a name and phone number on one of the pages. I called the number, and the person who answered was very excited. “Where did you find my *Noam Elimelech*? Tell me exactly.”

And I told him. “All those things were in my car,” replied the owner. “Recently, my car was stolen, and the thief probably threw out my pamphlets. Can you describe the car that was parked near where you found these sheets?”

I described the color and shape, and I read him the license number, and indeed, the car we had hit belonged to this Yid. We were all very excited.

While I was speaking to the car owner, my friend was scanning the deserted area and noticed that something did not look right. He came closer and discovered that the string of the *eiruv* was torn. The *eiruv* was *pasul*.

“Look at how Hashem cares about our mitzvos,” my friend enthused. “First, He brought us to this deserted street to return the forlorn *sefer*, and now we’re going to let the *eiruv* committee know that they need to fix the *eiruv* here.”

The postscript to this story was shared several days later.

The owner of the car called me to express his gratitude and told me about what had occurred after he got his stolen car back:

“I decided to get the police involved in order to find the thief,” the owner of the car related. “Within a few days, they located him. Now I was left with the decision of whether to press charges, which might lead to him getting sentenced for grand theft auto. I decided to make a *kiddush Hashem*. I contacted the thief and told him that I wanted to meet him. He agreed.

“At the prearranged place I saw there waiting for me an Og Melech HaBashan-type of thief: tall, curly-haired, and wearing jeans. I told him, ‘You stole my car, but I’m not going to press charges, because in your merit, we discovered that the *eiruv* was torn and needs fixing. In your merit, Jews will be keeping Shabbos properly.’

“While I was talking, the thief started crying — not just tears but really bawling. I couldn’t understand what I’d done, so I asked him what was causing him to cry so much. He answered me in Yiddish: ‘I simply don’t believe it. That’s how good you all are?’

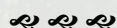
“He went on to tell me that he was born into a *chareidi* home, but the *yetzer hara* had entrapped him. He was lured after bad friends and went from bad to worse. Now he looks the way he does and hasn’t had a single good day in his life.

“‘And now I see that I ran away for naught,’ he admitted. ‘What was I escaping? If there are good people by us, why should I stay in this horror?’

We exchanged phone numbers. I reminded him that it's never too late, and he could come back to his Father in Heaven, even today.

"Baruch Hashem, I merited to take part in the journey of a *neshamah* as it returned home, and to see tangibly how Hakadosh Baruch Hu navigates circumstances so as not to reject those who are distant away from Him."

Hashem planned an outstanding *hashgacha* all so that one forlorn *neshama* could come back and be able to keep the Torah and mitzvos once again. He cares for the mitzvos of every Yid, no matter where he finds himself or the level of *ruchnius* he is holding at.



PRIOR AUTHORIZATION

Lazer arrived early in central



Manhattan for a meeting, only to find himself circling the streets for parking. For several weeks, Lazer and his partner had been working on a contract with a particular client, and today, on Sunday morning, they were ready to sign off and finalize the deal. Lazer was very excited, as the profit it would bring in could support his family for many months.

Traveling in from Boro Park, Lazer made sure to leave early enough to get to there, find parking, and then settle himself for the meeting. When he arrived, though, he quickly realized that parking was going to be a challenge. He drove down every block in the area, but all he found were fire hydrants to park in front of — not too helpful, right?

With no better option, he decided to park in a garage. It was costly but worth it. He pulled into the first one he found, only to see a big, printed sign: Residents Only. He pulled out and continued to the next one. After waiting twenty minutes behind a line of cars, the attendant told him that the garage was full. By now, not only was he not *early*, he was half an

hour *late*, but this meeting meant so much that he couldn't give it up. He tried yet another lot, but there a sign read: Open Monday through Thursday, 6 AM to 8 PM. Not helpful on Sunday morning. By now, he was *done*.

"Why is Hashem doing this to me?" rushed through Lazer's head. "I'm circling for 40 minutes and not finding anywhere to park? Nothing?" Right then, Lazer remembered that there were some halachic concerns related to the contract. "Perhaps that is why Hashem is withholding a spot from me?" he thought.

If so I can't go ahead with this deal. Lazer called his partner to tell him that he was breaking the deal. The partner surely thought that Lazer was foolish for not going ahead with the investment, yet Lazer was happy knowing that he was doing the right thing and was grateful that Hashem had led him in the right path, sparing him from signing a document that would be *oiver* the *issur* of *ribis*.

Out of His great love for our mitzvos, Hashem assists us by preventing further downfalls.

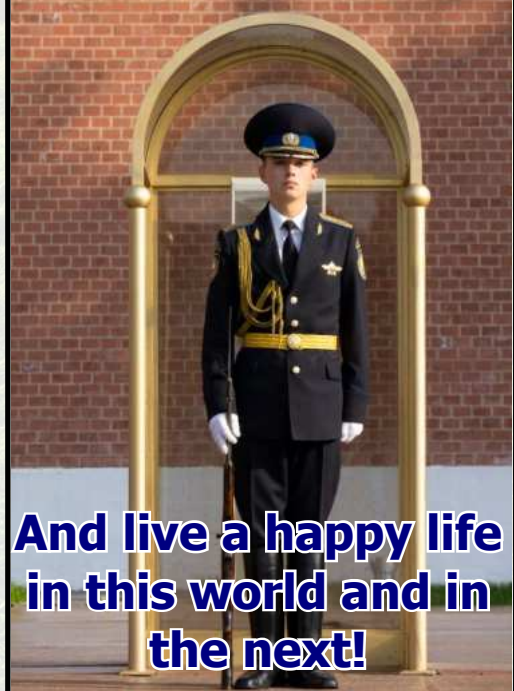
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 the next!**

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When You Are...**

HAPPY

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THANK HIM.
LOVE HIM.
SERVE HIM.**

WE PAVE THE WAY TO OLAM HABAH

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TOV!**

Mazal Tov to Rabbi and Mrs. Zvi Seidman (Chestnut Ridge, NY) on the Bar Mitzvah of their son Asher Zelig!

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Attention Bochorim, Children and Adults!

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**MAZEL
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Mazel Tov to Rabbi and Mrs. Chaim Hershkowitz (Lakewood, NJ) on the marriage of their daughter Chaya Yehudis to Shmuel Shmelka Pfeiffer son of Rabbi and Mrs. Hillel Yosef Pfeiffer.

**MAZEL
TOV!**

Mazal Tov to R' Yehuda Schonfeld and family (Lakewood, NJ) on the birth of a new baby boy!

**MAZEL
TOV!**

Mazal Tov to R' Yehuda Goldstein and family (Chestnut Ridge, NY) on the birth of a new baby boy!

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PASSING BY SOMEONE? SHOW HIM A SMILE! GREET HIM NICELY!

TRAVELING THE PATH OF OUR GEDOLIM

Leiluy Nishmas:
Chana bas Ray Mayer
Tzvi A"H

The holy Chazon Ish, besides being a master of the whole Torah, was an expert in medical matters and other areas of science as well, including geology.

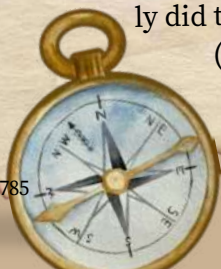
A man named Reb Eliyahu once approached the Chazon Ish and told him that he wanted to build a house with a mikvah in the basement, but he wasn't sure if it could be done on his property. "Bring me a sample of the rocks on your land" the Chazon Ish said to him. After careful examination, he advised Reb Eliyahu to go ahead with the construction. He reached out to a builder about the project, and the builder firmly told him that a mikveh in the basement is impossible! "We would never be able to dig down through the thick layer of stone on your ground" he told him. Reb Eliyahu insisted firmly that it could be done. "How do you know?" the builder wanted to hear.

"My Rabbi told me!" Reb Eliyahu answered. The builder burst out laughing. "I thought you would tell me that you had an engineer evaluate the building site! What does a Rabbi know about this?"

"Speak to the great Rabbi yourself!" Reb Eliyahu told him. Surprisingly, the secular builder agreed to a trip to Bnei Brak. The Chazon Ish explained to him that yes, one can dig through these stones!" This rock has a special quality to it, hot water softens it!" The builder couldn't believe his ears, "How do you know that?" The Chazon Ish pointed to his seforim and said, "All possible wisdom is contained in the holy Torah".

The builder was sceptical, until he actually tried the suggestion. Needless to say: the hot water certainly did the trick.

(Taken from "The Chazon Ish for Young Readers")



Hashem should bench each of you with more **brachos** than there are flowers in the largest garden in the world.

Ahava Rabba! Pumping People Up

Sharing our love and **uplifting** others can be done **in** so many ways. Connecting and bringing people together for joy is one such way. We **hold** "Thank You, Hashem" parties to do this. I text **a group of people, and they come** over to talk about **the great miracles** Hashem **performs** for us daily. We sing songs and **experience** joy. You can do it too!

Can you **organize a** "Thank You, Hashem" party for your neighborhood, friends, **or family**?

Story:

It was Chanukah, and I decided to **host** a "Thank You, Hashem" party. **At 5:00 pm, Hashem inspired me with the idea, so I scheduled** the party for that night at 8:00 pm. I **prepared snacks** and **shaped** them into a menorah, dreidel, and latke pan. I also set out donuts and displayed seashells **I had collected** at the beach. I **prepared** five free raffles for all attendees, each offering different prizes, such as **gift cards** to a toy store, a coffee shop, a pizza **shop**, and surprise **gifts**. To enter the raffles, participants had to give someone a **bracha**, take home an "Amein" or pumping people up contest, decorate a seashell, **share** five things they **were** grateful for, and recite **Mizmor L'shodah** or Nishmas. Thank you, Hashem, it was such a **lovely** party that we did it again the following day for those who missed it. For me, it was something I **hadn't prepared** much for, but people texted days later **about how it transformed their entire night**. Hosting these little "Thank You, Hashem" parties in your neighborhood can **truly** change someone's whole day.

In the Chanukah article, we asked



how many menorahs you could find in your town. Thank you, D.F. from Lakewood, for seeing over 100 Chanukah menorahs in windows around town!



I just love to try to give people support and chizuk. As an aside, doing for others makes us feel so good **ourselves** and fills our own emotional bank account!

Idea: It's so easy to share love with other people:

1. Make a "Thank You, Hashem" party for your family, neighborhood, or friends.
2. If you are a teacher, host a "Thank You, Hashem" party for your class.
3. Compliment people by writing them a note with the compliment on it.
4. Smile at everyone, even those who may have special **ne-shamas** or are in the hospital. I like to share that the person you are visiting sees your face. Smiling can put them in a better mood. **Of course**, make sure it's appropriate in that situation to be smiling.
5. Say "yes" often, and whenever you can, use the words "yes," "sure," or "100%."
6. Text or call three people to

tell them you are thinking of them.

7. Tell your child, spouse, or friend how they brighten your day.

Believe in the good intentions of everyone. Rebbitzin Waldman from Eretz Yisroel advises spouses to believe in the good intentions of their partner. This also applies to children; when we believe in their good intentions, we often witness incredible transformations.

Song: Last article we wrote about our Ahava Rabba Shabbos. Here is another Friday night song that is filled with love for everyone.

Tune Boruch Levine

Tov Li

Low:

Shabbos arrives - the sun has set
Candles are lit in our home
It's a dark and cold night outside
The light is keeping us warm.

Low

Hashem is so close to us and near
Shabbos filled with peace and song
Jews connecting everywhere
Keeping the flame inside strong.

High:

Every single single Jewish girl
Should have a blessing from Hashem

Yiseimach Elokim K Sora Rivka
Like Rochel and Leah.

High:

Yivarechicha Hashem Vyishmera-
cha

Yaer Hashem Panav Eilecha
Vchuneka

Vyasem Licha shalom

Blessings in every Jewish home

Low:

Shabbos arrives - the sun has set
Candles are lit in our home

It's a dark and cold night outside
The light is keeping us warm.

Low

Hashem is so close to us and near
Shabbos filled with peace and song
Jews connecting everywhere
Keeping the flame inside strong.

High:

Every single Jewish boy
Should have a blessing from Hashem

Yiseimcha Elokim K Ephraim Uminashe

Like Ephraim and menashe.

High:

Yivarechicha Hashem Vyishmeracha

Yaer Hashem Panav Eilecha
Vchuneka

Vyasem Licha Shalom

Blessings in every Jewish home

As an adult, I try to sing this song all the time! I enjoy changing up the motions or dance steps as I sing. This creates a process called expansion. When we incorporate change into our singing, it helps solidify the feelings associated with it. The more we sing and introduce small changes, the more neural pathways we create connected to our experience. This ultimately helps it become more integrated into our being.

Feeling Hashem's Love!

I was at my friend's house for Sukkos, and her father-in-law **shared** a beautiful Dvar Torah about how the eighth day, Shmini Atzeres, **represents** our connection with Hashem. Eight is a number above nature, signifying that Hashem can do anything. He also spoke about how the Torah we celebrated on Simchas Torah will **remain** with us. As Yidden, we are so **fortunate** that the specialness of the Yomim Tovim stays with us.

There are many stories of how Hashem watches over us, protects us, and cares for us. Here are a few:

- I brought my friend a game for her family, and she **mentioned** that her son had just been wishing for that exact game.

- I needed to see a dermatologist, and everyone told me it was impossible to get an appointment. When I called the office, the receptionist **informed** me that the doctor only sees patients for surgeries and that I would need to wait a year or two. I just kept thinking and strengthening my **bitachon**, reminding myself, "Hashem is my doctor. Hashem is in charge of whether I will get an appointment right away—Hakol Yochol, Ein Od Milvado." They put me on hold and then came back, saying, "He doesn't usually do this, but come in for an appointment in two days. He will see you." I felt so loved by Hashem.

- My paper jammed in the copy machine, and I thought, "Wow, this is saving me from trips to the hospital."

- Two sisters, Chani (6) and Shani (4), attend sessions with me. They live 20 minutes away. One day, only Chani came to the session because Shani was not feeling well and was at home. About twenty minutes into the session, Chani said, "I wish Shani was here. Please, Hashem, make Shani come right now." Within 60 seconds, the mother texted me, "Shani is feeling all better. Is it okay if I bring her right over?"

- Klal Yisroel is amazing! Someone called to say they saw my name on a paper with an amount of money next to it. They wanted to make sure they didn't owe me money for anything. We figured out that she had written my name

down with a price to inform one of the mothers **in** their playgroup. I told her how wonderful Klal Yisroel is for wanting to ensure they don't owe anyone money. I also mentioned that I am **moichel** anyone who owes me money if no one ever realizes it.

- I don't feel comfortable around certain large dogs during my walks, as I'm not trained in how to interact with them. One day, while walking, I saw a large loose dog in the park running around. I said, "Hakol Yochol," and a kind Yiddishe mama said, "Here, I will walk with you past this part of the park."

- I was once in **Miami** and realized I didn't have goggles with me when I wanted to go swimming. **Suddenly, I noticed that** they were packed in another bag, and I had forgotten I brought them.

- On another occasion, my goggles broke, and I ordered new ones but **accidentally** ordered a **child size**. Then I was thinking, "Hashem is in charge of what size I get," and an adult size came with the order instead of the child size.

- One week, I was in Monsey for Shabbos, and it started snowing. I was nervous about driving home in the snow. Thank you, Hashem, I got home safely. I said "Hakol Yochol" a lot on the way as I saw cars skidding on the side of the road, and I started to worry. Then I switched my thoughts and instead, I was thinking, "Thank You, Hashem, for making me not skid." (Check with a Rabbi before you drive in such weather if you are unsure if it's safe to do so.)

- Once when I was traveling, I **accidentally packed a second sweatshirt**, but it was Hashem who arranged **for** me to have

that sweatshirt. I ended up being in Boston last minute (the story I wrote **about** in a previous article). When I arrived at my location, it was quite chilly, so I was thankful to Hashem for that extra sweatshirt.

- As stories come up, I try to write brief notes to remind myself what **each story** was so I can share it. I found in my notes: "Lights are perfect for thanking Hashem." I want to write this even though I don't recall the story because it's possible that I thought I would publicize it at the time. Therefore, I want to publicize the part that I know, which is that lights are perfect for thanking Hashem. We have street lights, lights in our house, lights on our car, flashlights, and

Hashem makes **the world light up** every day with the sun! Thank You, Hashem.

- I was on a plane and **was in the mood for** ginger ale. The stewardess handed me a ginger ale, but it didn't have a Hechsher. I asked her to check if there was a different type. She said no but then found a Hechsher on some other cans from the same company (maybe it was a different run), and she gave me two of them. I felt so loved by Hashem.

- I went with a child to the aquarium, but it was closed, so we went to do **arcade games**, and the child told me he was so happy it was closed because he **would** rather do ***arcades** than go to the aquarium.

- I was doing a session with a teenager and felt like it was not going as well as usual, so I said, "Hashem, Sefasi Tiftach, Ufi Yagid Tehillasecha." *Hashem, open my mouth to talk, and I will sing Your praises.* I try very hard to rely only on Hashem for the sessions to go well.

- I was at a dolphin show, and the person asked, "Who here has a dolphin at home?" There were about 350 people, and about five kids raised their hands. I was thinking, if we had a stadium full of Yidden, and someone asked, "Who here loves Hashem?" every child's hand would go up!



I took this picture during my walk! Can you imagine you are at an ocean, watching the waves? Imagine you see all your favorite sights there. Imagine you are eating all your favorite foods. Creating a game of finding the beauty in Hashem's gorgeous world helps us solidify the experience, thus making it a real part of us.

Disclaimer: All information is for educational purposes only. For any medical or mental health advice contact a healthcare professional. Names and identifying details have been changed.

Thank you to my parents and family for always pumping me up and being there for me! Thank you, Hashem, for showering me with daily love and kindness in millions of ways. © 2024 Dr. CFY PhD LCSW Text/call 732-534-2250 to give feedback on Ahavah Rabbah.

WHERE IN THE PARSHA DO WE FIND A CONNECTION WITH THESE PICTURES?

Parsha Fun



Parshas Yisro Riddle 124:

I am one of the Eseres HaDibroas. The amount of letters found in my commandment equals the number commandment that I am. No other commandment has this matching feature. Which commandment am I? What is hinted in my matching feature?

To hear the answer to the question, press x14 # 124 on the Chaishek HaTorah Line 845-720-4040



פרשת יתרו

1. Why did Moshe send his wife to her father's house?
2. When did Moshe's neck become hard as marble?
3. Why did everyone to go out and greet יתרו?
4. How do we know that יתרו served every single עבודה זרה?
5. How was Moshe able to know who is worthy to become a דיין?
6. Why was being rich one of the qualities needed to become a דיין?
7. Why did יתרו go back home?

Questions are until רביעי

If you would like to submit answers and be entered into a raffle for a \$25 gift card, please call 9294964093. Cheder Bnei Torah. To get this Parsha sheet emailed to you every week, send a request to torahsheimah@gmail.com. Sponsorship opportunities available. לעילוי נשמת ר' **ל קאפפערל** תנצב"ה Sponsored בנימין זאב בן ר' נתן ז"ל



Hashem's Stunning world!

Answers for the Parsha Pictures

Lightning: By Matan Torah

Ox: Don't desire your friend's ox

Thank You, Hashem, for Non stick pots/pans! It makes it so easy to cook and clean!



Thank You, Hashem, for Stand up Dust pans! We can easily clean up what we sweep without having to bend down!



Thank You's

By: R' Simcha Elefant Yerushalayim
Ir Hakodesh

לזכות משה יהודה בן שושנה

Thank You, Hashem, for Sliding Doors! A great way to have a door without taking up space!



Thank You, Hashem, for Shoe Polish! We can always have our shoes looking great!



Thank You, Hashem, for Shoe Trees! They help keep our shoes in great shape!



During the entire winter, the dirt road was muddy and full of holes. There was nothing much to do to fix it.



&

THERE'S A POTHOLE IN THE STREET?



Call the town and they will fill it up or repave the road in the spring.



THE SPRING HILL TIMES URGENT CARE

Dr. Chaim Altzisgut M.D.

I'm prescribing 2 medications for you.

Patient

**Every time I finish a project,
I kick myself that I could
have done a better job.**

Please help!

1. Hashem never wants you to have negative emotions about yourself or about others. All it does is break you. Don't look back. If you do want to look back, do it to schep nachas.

2. Hashem never judges you as an outsider with a critical eye. Everything He, kaviyachol, 'thinks and feels' about it is all for your good to make you a better person. He never looks down at you. He is your coach and your biggest supporter. He is only there to help you.



MIDDOS MISHAPS



ADVICE FOR BENTZY:

-I THINK THAT HE SHOULD RESPECT THAT WHEN OTHERS ARE TALKING THEN HE SHOULD STAY QUIET, AND SHARE HIS EXCITING NEWS AFTERWARDS. - TY, ANNONOYMOUS
-A BOY HAD HIS EXCITING NEWS, AND IT WAS HIS TIME TO GET ATTENTION, AND BENTZY WAS RUINING HIS TIME IN THE SPOTLIGHT - THANK YOU HADDASA B.

THANK YOU ALL FOR SUBMITTING YOUR ADVICE KEEP ON HELPING OUT!

SLAM!

BLABLABLABLA
BLABLABLA



HI YOEL! SUPPER'S
IN THE OVEN! GIVE
ME A MINUTE.

MA
TODAY I-



YOEL, I'LL BE OFF THE
PHONE IN A MOMENT.

BUT MA-



YOEL. I'LL BE OFF SOON.

BUT MA
LISTEN
TO THIS-



YOEL, I REALLY SAID I'LL
TALK TO YOU SOON!

HUH?



I DON'T UNDERSTAND! I
JUST WANTED TO TELL
MA WHAT I DID TODAY
IN SCHOOL. CAN YOU
HELP?



NEW WAY TO SUBMIT YOUR ADVICE!

1-EMAIL: middoswithspringhilltimes@gmail.com

2-CALL: 641. 715. 3800. pin: 639166# and press prompt 1

THANKS FOR THE ADVICE BE SURE TO INCLUDE YOUR NAME

BY: AHUVA ROTHENBERG



Suggestions for when a good friend of Moshe defaults on a considerable loan. Moshe can't easily absorb the loss.

- Moshe should be happy that he is on this side of the fence, and not the one defaulting or even borrowing.
- He could think to himself that he was meant to lose this amount of money, and Baruch Hashem it happened while doing a great Mitzvah, and not on a root canal or the like.
- Moshe could think to himself that if his good friend couldn't pay back the loan, he must be in a really bad situation. He could try and raise money for him, and possibly "save" his friend's marriage, confidence, etc. At the same time, Moshe will become an incredible person, and will have grown exponentially.
- Moshe could realize that needy people are human people with feelings and needs, and he could change the way he relates to needy people.
- Moshe may learn that one has to make a real cheshbon before borrowing money.



Esther had just finished serving Shabbos lunch for a big crowd. She was utterly exhausted and was looking forward to a much-needed nap. As she put away the last food item in the fridge, and was on her way to her room, there was a knock at the door. When she opened it, standing there was a friend of hers who came for a "short" Shabbos visit. Esther welcomed her in, hoping she would realize that she was tired, and only stay a short time. An hour and a half later, the friend was still yapping away, oblivious to Esther's drooping eyes, and there was no sign of any let up.



Help Esther have ayin tova for her friend and her situation.

You can send your suggestions for the AYIN TOVA CASE to:

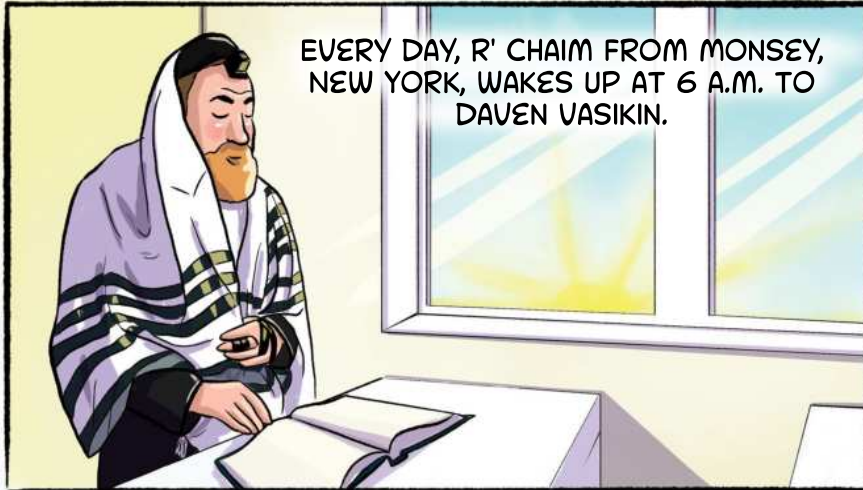
ayintovanewsletter@gmail.com

Or call [Israeli daytime hours only]: USA: 8312446019 Eretz Yisrael: 0527605409

HEARD FROM
R' CHAIM*

Hashem Loves Our Davening

6:38



Let Us
Imagine...



Let us imagine that the world as we know it would turn on its head, and Earth would suddenly lose its force of gravity for a few moments...

Everything would suddenly be up in the air, literally. From one moment to the next, people would find themselves eye to eye with the tallest trees and floating alongside airplanes...

Houses would crash into each other midair, the debris falling to the bowels of the earth.

Families would find themselves separated. The sky would be full of parents trying to find their children and crying kids trying to find their

parents.

Even if someone spotted a friend or relative near them, it would be impossible to reach each other due to lack of walking ability.

The inability to navigate would also lead to objects hurtling towards people with tremendous force, and the people would be helpless to move out of the way...

Flying would be nauseating and terrifying; the wind would toss people backwards and forwards, upwards and downwards. The thought of falling down to earth would be equally petrifying...

The cold and lack of oxygen in the atmosphere would cause people to lose consciousness rather quickly...

Eating, drinking, or using the bathroom would be impossible in these conditions...

If gravity were to suddenly return, people and objects would crash down to earth at an alarmingly fast rate. Most would probably die on impact. Those who survived could easily be killed by falling debris from all the objects in the air...

Those who somehow remained alive would find themselves standing in a scene of utter devastation. All traces of the city's former houses, buildings, trees, cars, etc. would be completely gone.

People would land in totally random places; people from New York would land in Peru and people from Eretz Yisrael would land in China.

However, every place would be so unrecognizable that no one would even know where they are...

People would be so busy mourning over and searching for their relatives that they wouldn't have the energy to rebuild civilization.

In short, it would be a nightmare...

Who created the incredible concept of gravity that causes all people and objects to naturally remain on earth's surface? Who ensured that earth has the precise amount of gravity needed to enable us to move around but stop us from floating into the atmosphere? Who ensured that for the thousands of years of earth's existence, not once has the above scenario occurred? Of course it was Hashem, our loving, caring Father, Who takes care of us 24/7, 365! We love You, Hashem!!

REMEMBERING THE MIRACLES, THE CHESSED AND THE TESHUVA

From Last Year - 5784



Hashem Our Protector

A family in Ofakim woke up to sirens on the morning of Simchat Torah.

They went into the mamad room and waited until it was over. The father then wanted to go to shul but for some reason the mother asked if they could stay a little longer in the mamad.

The father said, "We are used to sirens here, everything is okay and I don't want to be late to shul on Simchat Torah..."

The mother had a good idea and said, "Why don't you say Birkat hashachar here with the kids. Everyone will say the brachot and we'll all say Amen. Then you can go to shul without missing anything because it would be already after Birkot Hashachar."

The father agreed to the idea and

everyone said the brachot, one by one, and the family answered "Amen".

When they finished, the father took his two sons hands and was about to open the door of mamad and go to shul when they heard screaming outside and shouts in Arabic. Someone banged on their door and Shouted, "Don't leave the house! There are terrorists around and they are..."

If they would had left after the siren, they probably wouldn't be alive to tell the story. The brachot and Amens saved them!

....

Heard from Harav Benayahu Shmueli

A 19 year old bachur from Netivot had a hard time getting up in the mornings to pray.

On Simchat Torah he decided he

was going to get up and go to shul to make his father happy.

He went to shul and got an aliya to the Torah. When he said the bracha, the siren went off.

Just then two of his sisters came running in to shul and said the missile hit their home and landed on his bed!!!

B"H no one was hurt!

Non-Jew Is Nice To Yid

A yeshiva bachur from Lakewood, NJ was walking in the street. A non-Jew, a large African American, came over to him and said "Peace be with you; G-d bless you people." Then he added, "I really mean it!"

**"Ki Ani Hashem Elokecha
Machzik Yeminecha"**

THIS WEEK

Stories Reported in The Spring Hill Times from Previous Years' Issues

YISRO 5782 ISSUE 36

HASHEM LOVES OUR LEARNING



Last Shabbos, a bochur wanted to check up the halacha about feeding birds on Shabbos. He had no idea where it was. He opened the Shulchan Aruch and staring at him was the exact Magen Avraham he needed! [R' Zevy Golombeck]

TOOTHACHE REMINDS YID TO SAY KIDDUSH LEVANA

A yid in Eretz Yisroel has a minhag that whenever he says kiddush levana, after the words "kshem she'ani roked..." he adds, "and my family and myself should not have any toothache". (A segula brought down from the Steipler Z"l in Orchos Rabbeinu) And B"H he and any of his family members never got any toothaches. Last

Wednesday, one of his teeth started hurting, and he started thinking, "One second, did I say kiddush levana yet?" After a minute he realized that he did not say kiddush levana, and the last time to say it was in a few days. On the spot he said Kiddush Levana and B"H his tooth-

ache disappeared!

The story does not end here..

R' Yankel* listens to a couple of stories on Kav Hashgacha Pratis every night before he falls asleep. While laying in bed he heard this story, about the yid that remembered to say kiddush levana because of a toothache. Suddenly he realized, that he too forgot to say kiddush levana. He quickly put on his coat and ran outside to say Kiddush Levana! (Heard on Kav Hashgacha Pratis)

YISRO 5783 ISSUE 86

HASHEM PAYS FOR WOMAN'S DENTAL WORK

A woman in Eretz Yisrael was out of a job for a while and money was very tight. She needed to go to the dentist but didn't know how she would pay the 3500 shekel bill.



A few days before the appointment, someone knocked on her door and gave her \$1000 cash.

She went to a money changer and got 3500 shekel, the exact amount needed to pay for the dentist! [Kav Hashgacha Pratis]

HASHEM SENDS BOCHURIM REFRIGERATOR

We are bachurim learning in Yeshiva Tiferes Yisroel

Chaim in Eretz Yisroel. We really wanted a fridge and freezer for our dira, but we couldn't afford to buy one.

One day we got a call and someone who asked us if we want a fridge. We said, "Yes! We would love to have one! How much will it be?" The man responded that it was free!

He said, "My neighbor has an extra fridge but doesn't have room to keep it in his house. So, he keeps it in my house. But now I don't either have room to keep it in my house. So he is looking for someone to keep the fridge in their dira!"

We gladly accepted it and got a fridge for free and now we are enjoying it very much!

Readers - Yerushalayim



IN HISTORY



Hashem Gives Eretz Yisrael Rain

In the past few weeks, there was no rain in Eretz Yisrael causing great concern, (especially for the farmers).



Many shuls started saying an extra tefilah for rain during shema kolainu. Klal Yisrael was davening for gishmai berachah.

Chasdei Hashem, during the week of parashas Beshalach, rain started pouring from the sky abundantly! Eretz Yisrael was blessed with rain! What an amazing gift! Thank You, Hashem!!!

YISRO 5784 ISSUE 134

Neshama Comes Down to Ask Mechila

A Yid from Kiryat Sefer whose name is R' Ariel Gavra, was niftar. His son announced by the levaya, that if his father ever did anything to anyone, they should please be mochel him.

A neighbor from across the street heard this announcement and thought to himself. "R' Ariel never did anything to me. There is no reason for me to be mochel him."



On Shabbos afternoon, this Yid was in shul waiting for Mincha to start.

All of a sudden, a story that happened fifteen years before, that he hadn't thought of since then, popped into his head.

He had been standing by a bus stop, and next to him was a girl with a young boy. Suddenly, the young boy ran into the street. A bus was coming, and it almost hit him! At the last second, the bus driver was able to stop the bus. R' Ariel Gavra was there too, and in the shock of the moment, he yelled at this Yid: "Why didn't you watch the kid from running into the street??" This Yid got embarrassed.

As he was remembering the story, suddenly the niftar R' Ariel appeared to him right there in shul!!! He asked this Yid, "Please be mochel me!" This Yid told him three time, "Mochel lach, mochel lach, mochel lach" and the niftar disappeared!

Hashem gave him the opportunity to get forgiveness!

"Ki imcha haselicha l'maan tivarei!"

Non-Jew Protects Yid



R' Chaim went out of his house, and saw a non-Jew walking towards him. It was obvious that the non-Jew wanted to attack him.

R' Chaim's neighbor, who is also a non-Jew and is a large man, came to R' Chaim's defense. He told the other man, "What are you doing here? Don't start up with the Jews!" He chased the man away!

Thank You, Hashem!

Hashem Loves Shalom



R' Dovid called up Rabbi Golombeck with a problem that he was having. Someone owed him \$40,000. He kept on trying to call the person, but the person was not responding.

Rabbi Golombeck told him to stop calling the person. "Be mevater and leave him alone. Hashem is going to pay you back."

R' Dovid called back Rabbi Golombeck a week later and told him that he did a business deal and he made three times the amount of \$40,000! He never made so much money on a business deal! Hashem had paid him back in full!

"Lo matzah Hakadosh Baruch Hu kli machzik bracha elah hashalom!"

SHARING



The Best Customer Service

I was trying to file for unemployment, and doing it on the computer was a big headache, so I tried to call the phone number. I was told that there was no one who could help me and that I needed to call the automated system. I tried calling a different number but no one answered, I tried calling customer service and they said they're too busy to help me. Then I said, "Wait a second - they're not in charge; Hashem is in charge and I'm going to have bitachon that He is going to help me with this. After that, I tried calling again, and all of a sudden I got through to someone who was not only very helpful in fixing the error, but also helped me add a week to my claim!

-A Reader

Bitachon Parking

I went to a hospital where it is very difficult to park. So I said, "I'm not going to go with tevah. Hashem will find me a space."

When I got there, there were cars in front of me all looking for parking. When I started to look for a spot, a car pulled out right in front of me, and I was able to get the spot! The parking spot was right next to the entrance which I needed to get to!

What makes the story even more amazing is that when I was in the hospital I heard two people behind me saying, "We were looking for ages for a parking spot, it's so hard to find a parking spot here, and I was so late to my appointment..."

Hashem was showing me clearly the difference between going with tevah and going with bitachon!

- Avishai Berkowitz, Manchester, UK



HASHEM'S KINDNESS



Gam Zu L'Tova

I was recording shiurim on my phone for a long time. After I recorded months of shiurim, I looked at my phone and saw that there were no recordings at all on it! They were ALL gone.

I said, "Gam zu l'tova!" and had zero negativity, no bad feelings, was not tzubrochen, and was not upset at all! I was only able to feel this way because of everything I learned from a Life with Bitachon.

- A Reader



Shoe Found

We were about to go somewhere, but I couldn't find my shoe. We looked everywhere. So I said Hakol Yachol, thank you Hashem, and that I will send the story in to the Spring Hill Times when I find it. And then I found the shoe!

-Esti from Cleveland, OH

SHARING



Anti-Semitism is on the Decline

I needed to get a very big box to ship inside it a doll carriage to my granddaughter. She wanted a stroller to put her dolls in where they can lay down flat and the stroller I got was 27 inches, so I needed a big box to fit it in.

I went to Lowe's and got a box . When I was leaving, I asked them if they could take the binding off so I could bring it straight to the shipping store. One person offered on their own to help and another person said he wanted to help! It was a very positive experience! -A Reader

Saved from Getting Hit

A ten year old girl was going home from school. As she was crossing the street, a motorcycle, that she did not see or hear, suddenly zoomed right next to her. It was so close that she felt the wind as it flew past her!

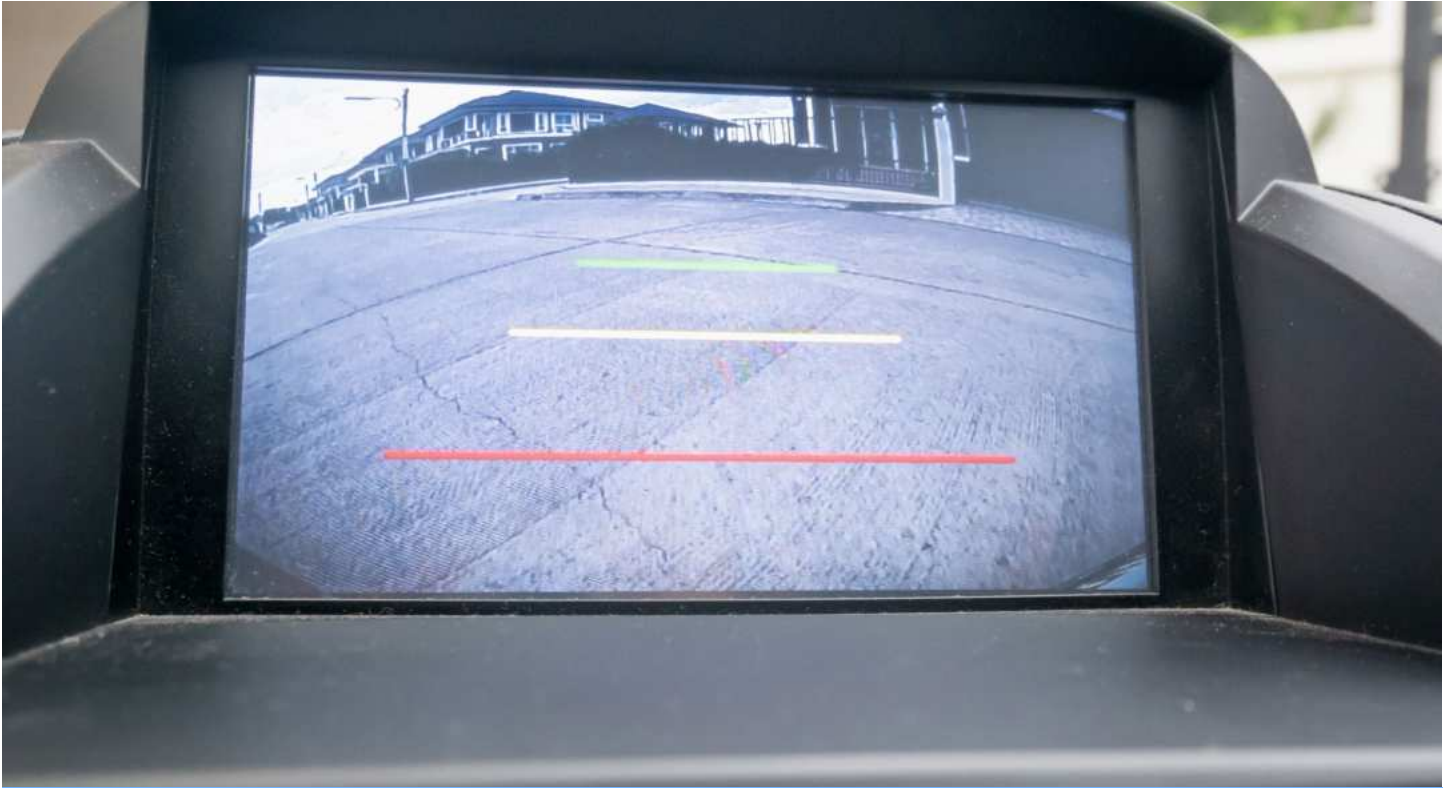
Hashem stopped her, literally. She was shocked!

Mizmor Lesodah!

R. from Yerushalayim



HASHEM'S KINDNESS



Thank You, Hashem!

I was in my car backing out of my driveway and the screen wasn't turning on for the reverse camera. I reinforced in myself the bitachon that Hashem is the only One Who makes the screen and reverse camera work. The reverse camera is nothing and cannot turn on by itself. It's only Hashem and I'm going to thank Him for all the times He made it work.

Later on, I had to parallel park into a parking spot. I needed it again and it worked!

I thanked Hashem for making it work!

-A Reader



Good Results

I was awaiting important test results and they were not supposed to be in until the next Tuesday.

On Shabbos at the Shabbos table, I mentioned to my family that Hashem is the Kol Yachol and the results could be ready for me on Motzei Shabbos. Because Hashem loves me and doesn't want me to be worried for long.

I said that if the results are in and are good, I would notify the Spring Hill Times to give others chizuk.

B"H, on Motzei Shabbos, my results were in my account ready to be viewed. B"H, the results were good.

-A Reader

SHARING



Perfectly Orchastrated

I took my kids to the store to buy mini rakes so they could rake the leaves. On the way home from the store, I decided to call my father and ask him if he was raking the leaves. I wanted my kids to go and help. He picked up the phone and right away said, "Hello, would you like to come over and help me rake the leaves??" I said, "How did you know that's what we wanted to do!?" -A Reader from Lakewood, NJ

Thanking Hashem: Thank you for your amazing magazine, full of positivity!

I enjoy the five things we usually take for granted that we thank Hashem for every week.

The knob came off the lid of my big pot. My husband put a screw there, so that I should be able to take the lid off the pot and I just got used to it like that.

Last week the screw came off, Hashem put the idea into my head to ask the local housewares shop if they have a new knob for the lid. Not only did they have it in stock, but the salesman even screwed it onto the pot lid for me right away! Now, every time I use the pot, I thank Hashem that I can easily take off the lid of the pot. I thought to myself, "Why didn't I thank Hashem for this before?"

Since I have started reading your magazine, I have become much more aware of all the little gifts Hashem gives us every day!

Thank you!!!!!! -Mrs Klein, Manchester



HASHEM'S KINDNESS



Shoes From Hashem

My granddaughter was getting married, Baruch Hashem, and the morning of the chasunah I realized that I didn't have shoes to wear with my gown. I tried to borrow from my sister, who is normally the same shoe size as I am, but the shoes that would have been right for my gown didn't fit. I was stuck and didn't know what to do, but I knew Hashem is Hakol Yachol. I thought to myself, "*He is going to send me the shoes I need.*"

After that, a granddaughter offered to take me shopping to buy a pair of new shoes!

-A Bubby



Just wanted to share... I had a baby and had a little situation in the hospital. I listened to song #1 of 'Hakol Yachol' and said that if all goes well then I would send it into the Spring Hill Times.

Baruch Hashem, not long after that I got my yeshuah!!!

Thanks for all your hard work! The hotline and Spring Hill Times changed my life!

-A reader

SHARING



Thank you for such an incredible magazine that brings so much chizuk to Klal Yisrael.

I had a situation the other week that I wanted to share with the readers in the SpringHill Times.

I teach in a school and I was scheduled to do a demonstration for my students. The demonstration required certain equipment that I needed to borrow from someone. I had a few options of who I could get the equipment from and although one person (let's call her Sara) really was my best option, I felt bad reaching out to her, since I had recently asked her for a certain favor and I didn't want to be matriach her again.

I reached out to someone else (let's say Mindy) and she was happy to help but told me that she was missing certain things. I really wanted ALL the equipment for the demonstration, but I asked her if I would be able to borrow it anyways. I tried asking around for the missing piece of equipment but I wasn't successful.

Finally, the night before the demonstration, I decided to reach out to Sara, hoping I would be able to get the missing piece of equipment. I felt a bit bad about it, but I didn't think she would mind. I didn't get a response from her, so in the meantime, I called Mindy about picking up the other pieces of equipment. She told me that in the end, she was sick and that she was not able to give it to me that night.

I felt uncomfortable - I still hadn't received a response from Sara about that one piece, and now I had to reach out to her about borrowing everything!

I realized that it was a test from Hashem and that He wanted me to shteig in my emunah and bitachon.

I wasn't sure if I was meant to accept the challenge of having a disappointing presentation. But then I realized that although I should definitely thank Hashem for any difficulties until now, Hashem is a Kol Yachol and He is able to make my presentation turn out the most beautiful with all the equipment it needed. I spent some time really trying to be mechazek in my bitachon. It wasn't easy and I was feeling a bit nervous about the whole thing but I kept on reminding myself that Hashem can do anything. I told Hashem that I would write my yeshua into the Spring Hill Times. After some time of being mechazek and saying tehillim, Sara still hadn't responded. My presentation was meant to be early in the morning and it was already late at night! I decided to go to sleep, confident that Hashem would take care of me.

And Baruch Hashem! I woke up in the morning and saw a message on my phone that Sara was happy to lend me whatever I needed and that she would leave it by her door for me to pick up before my demonstration. And as an added bonus - Sara lives right near my school and Mindy is much further away! I got everything I needed and saved myself a trip! Thank You, Hashem! -A Reader

Siddur Sent by Hashem

I went to daven on Chol Hamoed in a Chassidishe Shul, a shul where it's extremely unusual to find a Nussach Ashkenaz siddur. I didn't have a siddur with me, and I was davening in the Ezras Nashim, which usually has even fewer siddurim. So, I didn't go with laws of nature, I didn't go with statistics. I said I'm going to go to the entrance of the Ezras Nashim, where they keep Siddurim, and I'm going to go with Bitachon that I'm going to find an Ashkenaz Siddur even though I almost never saw one there before.

I went and looked around, and there on the first table literally right in front of me was an Ashkenaz siddur!

-R' Avishai Berkowitz, Manchester England



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שאלות לבוגרים

האם מתר לטלטל קלפות אגב פת?

1. אם הקלפות על הפת מתר ואם על השלחן אסור.
2. מתר בכל אופן.
3. י"א פתשובה 1 וי"א פתשובה 2.

האם מתר לטלטל קלפות ע"י סבין?

1. מחלקת והמנהג להקל.
2. אסור.
3. מתר.

משמש שונפתח ביו"ט, האם מתר לשחק בגרעין שהוצא ממנו ביו"ט ומדוע?

1. מתר דלא הקצה מדעתו.
2. אסור משום נולד.
3. מתר כדין אכל נפש ביו"ט.

שאלות

האם עצמות הם מקצה?

1. כן. 2. לא. 3. קשים כן רבים לא.

האם פירות קטנים הם מקצה?

1. כן.
2. רק לאחר הסעודה.
3. לא.

באיזה אופן מתר לטלטל עצמות מהשלחן בכל אופן?

1. נעור המפה.
2. טלטול השלחן.
3. כל התשובות נכונות.

אם צריך למקום שתחת המפה, האם יכול לטלטל המפה ולנערה במקום אחר?

1. כן.
2. רק בשעת הדחק.
3. לא.

האם מתר לטלטל דבר מאוס לאשפה?

1. כן.
2. לא.

3. במקום דירה מתר.

הסיעתא דשמיא של גדולי ישראל

בפרשת השבוע מובא עד כמה כבד העל המטל על גדולי ישראל בהנהגת העם, שאלות והכרעות רבות נצרכות לתשובתם והם זוכים לסיעתא דשמיא מיוחדת.

בענין זה מספר על הגאון רבי חיים ברלין זצ"ל בנו של הנצי"ב זצ"ל, ששמש כרבה של מוסקבה בזמן שגזרות רעות נתכו על היהודים רח"ל, ובפרט שהיות והשלטונות רצו למעט את אוכלוסית היהודים, גזרו עליהם לעזב את ארצם, ורק למספר מעט של יהודים התירו להשאיר במקום. הרב דאג לכל צרכי היהודים במסירות נפש רבה, וטרח לבקר בכל בתי הכנסיות ולדרוש ולחזק את כל היהודים שנשארו. בהגיע חודש אלול שבו נוהגים לתקוע בשופר, לא מצאו אלא שופר אחד פסול, וחשש הרב שכל היהודים לא יזכו לשמוע תקיעת שופר. לצער הרב, עד ראש השנה הוא לא הצליח למצוא שופר פשר. בליל ראש השנה החליט הרב, שלמרות ששופר אין, הוא ילמד הלכות שופר ויתפלל לה' שהלמוד יחשב כאלו הוא שמע תקיעת שופר. והנה בבקר כשפתח את החלון, ראה הרב עגלון גוי עם עגלת שחת, ובראש העגלה היו תלויים כלי נוי וגינהים שופר. הרב יצא מיד החוצה, ושאל את העגלון מנין לו כלי זה, והעגלון אמר לו שהוא עבר ליד בית כנסת נטוש מיהודים שגורשו משם ולקח את החפץ הזה. הרב הסביר לו שחפץ זה הנו קדוש ליהודים ואסור לו לקחת אותו. הגוי נבהל וחשש שהרב יתלונן עליו לשלטונות, וע"כ נתן לו את השופר. וכך זכה הרב להוציא מצות תקיעת שופר. כשזכה לעלות לא"י הביא עמו את השופר ומסר אותו לצדיק רבי אריה לוי זצ"ל שיזכה בזה את הרבים, ואמר לו שמהשופר הזה הוא למד מוסר השכל,

הרבה יהודים ידי



שעלינו מטלת החובה לעשות מה שביכולתנו, וה' הטוב בעינינו יעשה.

שבת פני נקבלה



גליון מס' 35

כל השנה הלכות מובטח לו שהוא בן עולם הבא

פרשת יתרו

סדר לימוד הלכות שבת סמוך לכניסת השבת

נכתב ע"י הגאון ר' חנניה יו"ט ליפא ליוש שליט"א
רב שכונת גרין פארק - מודיעין עילית

דיני מקצה - פרק ג' - סימן שח

כל דבר שאינו ראוי לשמוש כלל אסור בטלטול ונקרא מקצה מחמת גופו

- א. עצמות גרעינים וקלפות** - עצמות קשות הם מקצים, ואם הם רכות שדרך בני אדם למצצם אינם מקצים, וכן עצמות שיש עליהם עדין בשור אינם מקצים.
- ב. קלפות ביצים ופגוזים** שאינם ראויים לשמוש, וכן גרעיני פרות שאינם ראויים לאכילה כלל הרי הם מקצים, אומנם גרעיני משמש שיחידים למשחק בערב שבת מתירים בטלטול, ואם פתוחים בשבת נראה שאסור¹.
- ג. חתיכות לחם פחות מכזית** וכן פרוורים שנותרו מהסעודה הם מקצים, אך בתוך הסעודה עדין עומדים הם לאכילה ואינם מקצים².
- ד. במקום שמצויים בעלי חיים**, כל דבר הראוי להם [כגון עצמות לכלבים ופרורים לדגים] אינו מקצה ומותר בטלטול.
- ה. לאחר הסעודה** מתר לנער את המפה שיש עליה עצמות וקלפות וכדומה במקומה והם יפלו מאליהם³. ואם יש על המפה גם פת שאינה מקצה יכול לטלטל את המפה למקום האשפה ולנערה שם⁴. אומנם אם הוא זקוק להשתמש במקום שתחת המפה, ונעור המפה במקומה יפריע לשמוש, יכול בכל אופן לטלטל את המפה למקום האשפה ולנערה שם⁵.
- ו. מתר להסיר הפרורים והעצמות** ע"י ספין או דבר אחר, והחזו"א מחמיר שלא להסירם אפילו ע"י דבר אחר⁶.
- ז. גרף של רעי** - כל דבר המאוס, אף אם הוא מקצה מחמת גופו, מתר לטלטלו להוציאו מן הבית ולהניחו במקום האשפה, וכן אם יש לכלוך רב על השלחן ומאוס עליו, דינו כגרף של רעי ומותר לטלטלו לאשפה, אומנם אם הדבר המאוס נמצא במקום שאינו משתמש שם לדור, אסור לטלטלו.



1 ע"י בספר ארחות שבת פ"ט סעי' קנ"ד, וע"ש דביו"ט לכו"ע אסור משום נולד, וע"ש שם שלחנה הגים בהמחבר אסור לטלטלם בשבת כלל ואכמ"ל.

2 כ"כ בספר ארחות שבת וע"י עוד בספר הלכות שבת בשפתו להגרמ"מ קארפ שליט"א ח"ב דיני מקצה מחמת גופו הע' 62.

3 וע"י ביה"ל שזנח לקו הראשונים אם מתר לטלטל המפה למקום אחר ושם לנער והכרעת השו"ע שמנערים במקומם.

4 ובמשנ"ב כתב שאפשר שאף מתר להניח פת על השלחן ולטלטלו אם קשה עליו הנעור, והחזו"א הכריע שאין לסמוך להלכה על התר דפת אא"כ הם מנחים על הפת.

5 וכתב החזו"א דעל הרב א"א לאדם לנער המפה במקומה ויהיי הפרורים נדרסים תחת הרגלים ויהיו דינו כצריך למקומו ומותר לטלטל המפה ולנערה באשפה.

6 וע"י בספר טעמא דקרא בשם החזו"א שאין לגרף ע"י דבר הפיחיד לכה אף אפשר לגרור ע"י דבר אחר ועיי"ש עוד שפמנ"ה שאמר החזו"א שהמנהג בהפ"ה לגרף ע"י דבר אחר.

*Hashem is
Wonderful!*

*His Torah is
Wonderful!*

*Klal Yisrael is
Wonderful!*

Life is Wonderful!

**We are Safe and Secure
in Hashem's Mighty Arms!**



"כל - כלי יוצר
עליך
לא יצליח!"
(כשעיה נדריך)

**No One Has Ever Defeated Klal Yisrael
and No One will Ever Defeat Klal Yisrael!**