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חיי שרה

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THE KEY TO ANSWERED TEFILLOS

THE POWER OF POSITIVE THINKING

RECOGNIZING YOUR POTENTIAL

by Rabbi Yehuda Mandel

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BITACHON WEEKLY

פרשת חיי שרה תשפ"ו

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פרשת חיי שרה

לא תִקַּח אָשָּׁה לְבָנִי מִבְּנוֹת הַכְּנַעֲנִי כד ג The Point of the Whole Torah Is So That a Person Will Break His Middos!

The first thing Avraham Avinu tells Eliezer is:

לא תָקַח אָשָּׁה לְבָנִי מִבְּנוֹת הַכְּנַעֲנִי **not** to take a shidduch Canaan, and only afterwards he says: כִּי אֱל אַרְצִי וְאֱל מוֹלַדְתִּי do take a shidduch only from my native land and birthplace. Not a shidduch from Canaan is #1, and if it doesn't work out by: אַרצִי ומוּלַדתִּי my native country, then Eliezer is completely Patur (exempt)! Look the at

greatness, many people may have never have had a Chinuch in Emuna & Bitachon and Shviras HaMiddos

Despite their

Bedi'eved from Canaan? Isn't that better than nothina?

And guess who comes from Canaan! Eliezer! Eliezer wanted his own daughter for

> Yitzchok, but Avraham Avinu told him "אַלֶּף NO! Mit-an-אַלֶּף!" Just make sure it's not your daughter! Better nothing! The Alter of Novardok expounds1 on the greatness of Eliezer, that Eliezer Davka went all-out that the shidduch that he DIDN'T want should work out. This is why Eliezer had so much Z'rizus, and he refused to wait.

"Just let's get this done with."

extremism of Avraham! What's wrong with a

¹ ספר מדרגת האדם (מאמרי הסבא מנובהרדוק, רבי יוסף יוזל הורביץ זצלל"ה, הוצאה חדשה ירושלים תשסב. מאמר דרכי התשובה פרק ט, עמ' קסו) וכמו שמצינו באליעזר עבד אברהם, אשר לכאורה קשה על כל הדרך שלו בעת שהלך על פי צווי של אברהם לקחת ליצחק אשה מבנות קרוביו. ראשית קשה, למה היה צריך להתפלל לה' שיצליח דרכו, היה לו לסמוך שודאי אברהם התפלל עליו. ועוד, למה נתן לה הנזמים טרם ידע בת מי היא? ולמה שיבח את אברהם כל כך? ולמה אמר: לא אכל עַד אָם דְּבַּרְתִּי דְּבָרָי (כד לג)? ולמה השתדל בל יניח לה לישב "ימים או עשור", אלא ליקח אותה מיד, מפני מה היו כל ההשתדליות האלה, אשר אם לצאת ידי חובת הדבר, גם אם מגרע מהשתדלותו היה גם כן הענין נעשה ונגמר?

אלא הוא הדבר שאמרנו לעיל, כי חז"ל אמרו (ילקוט הושע רמז תקכח, ובקיצור בב"ר נט ט) על הפסוק: אלי לא תַלְרְ הַאִּשָּה אַחַרִי (כד לט) אֶלַי כתיב, כי רצה ליקח את יצחק לבתו. ו**היתה לו נגיעה גדולה אשר לא תאבה האשה וישאר יצחק אצלו**, וכיון שהרגיש את הנגיעה שלו, לא היה יכול עתה להתנהג בדרך הישרות, כי הנגיעה תובעת לעקם את הישרות ולהתעצל בהשתדלותו, ועל כל פנים להרבות אמצעיים אשר על ידם יקרב הענין אל צד הנגיעה עוד יותר. זה ודאי לא עשה, **והיה מתגבר** על טבעו, ויצא כגבור להלחם עם נגיעתו, להטות את מדותיו לצד ההיפוך, בזה שישתדל בחריצות ובערמימות ובכל דבר המועיל, לפעול על הענין שיגמר ויצא לאור בלי שום ספק ואמתלא.

ולכן מתחלה התפלל על זה, והתפלה היתה ודאי אשר יצליח לו השם את הדרך לבל ילכד במצודת הנגיעה להכשיל את הדבר, שלא לבד שלא יועיל, עוד יוכל להזיק בפעולת מה. ואחר כך כאשר השלימה הסימנים, נתן לה הנזמים והיה כדאי לו מספק ליתן לה הנזמים, כי אפילו אם לא תהיה מן קרוביו, כדאי הוא לשלם לאברהם נזמים אחרים, וכדי לצאת מן הספק כי שמא באמת היא הנרצה, מוכרח הוא ליתן לה הנזמים, כי אולי היא תתקרב לדעתו על ידי הנזמים האלה.

וכיון שהוא חשד את עצמו שמא נגיעתו גורם לו אשר לא יתן לה הנזמים מספק, לכן יצא על זה בקצה השני של הנגיעה. וכן לא רצה לאכל עד אם ידבר דברו, והוא גם כן מטעם זה שלא להניח את הנגיעה לפתוח לו פתח שיצעצל בדבר, כי שמא אם יוּתַּר החוט השערה הזאת, יתן בזה מקום לחוט השערה שאחריה, לכן לא וְיתֵּר כלום. וכאשר בקשו שתשב ימים או עשור, גם כאן חשד עצמו שמא הוא מתרצה מפני נגיעתו, לכן גם על זה יצא בקצה האחרון להתאמץ שלא להניח גם החלק הזה, עד שיגמר כל הענין והביאה ליצחק.

ועל זה אמרו חז"ל (ב"ר o ח) יפה שיחתן של עבדי האבות יותר מתורתן של בנים, שהרי פרשתו של אליעזר שנים ושלשה דפין היא אמורה, והשרץ מגופי תורה ואין דמו מטמא כבשרו אלא מרבוי המקרא, ו**הוא משום שכל התורה ניתנה רק לתקן מדותיו של האדם**, ולכן כאשר כל שיחתן של עבדי האבות הוא דרך בתיקון המדות, ומכל פעולה ודיבור ומילה שלהם נוכל להבין איך לעבוד על המדות ולהטותם אל קצה ההיפוך, לכן כתבה התורה כל פרט ופרט להתלמד מהן איך לעשות, **ונמצא שהן גופי** תורה כי זו היא התורה האמיתית, אשר זו מטרתה של כל התורה כולה כמו שאמרו חז"ל (שבת פט א) כי בעת ששאלו המלאכים תנה הודך על השמים, השיב משה: כלום קנאה יש בכם, כלום שנאה יש בכם. Bitachon Weekly פרשת חיי שרה תשפ"ו

People suffer

because they

don't see the

beauty and

importance of

Shviras

HaMiddos.

They live with

"Daas

HaOlam" the

prevalent

mindset where

if you aren't

getting

Kavod, it's a

disaster

Breaking Your *Middos* Is the Biggest Ruchaniyus in the World

And this is why: יֶפֶה שִׂיחָתָן שֵׁל עַבְדֵי אָבוֹת יוֹתֵר the "ordinary מתּוֹרָתֵו שׁל בָּנִים ב"ר ס conversation" of the slaves of the Avos (Eliezer) more precious than the "actual laws of the Torah" given to their descendants,

since the point of the whole Torah is so that a person will break his Middos! Every inch of this Parsha is Eliezer's Shviras HaMiddos to the extreme of extreme, to make every effort **not** to get what he wanted (which was for sure Ruchaniyus'dik Cheshbon and L'shem Shamayim). The biggest Ruchaniyus in the world breaking your *Middos*.

This is how we create *Klal Yisroel*, with Eliezer's pure Middos! Also, Avraham Avinu told him: שִים נַא יַדר יתחת יבכי כד ב "Place your hand under my thigh". We can suggest that this was another major going "opposite" his Negi'a. We have an Eved who was known for Z'nus, and he is asked to bring Rivka, who was: טבַת מַרְאֶה מָאֹד כד טז extremely good

"Under looking! ירכי תחת thigh" symbolizes Inyanei Kedusha, and perhaps Avraham Avinu was being M'ramez to be extra careful, since Avadim (slaves) are notorious in Inyanei Z'nus. Again, Eliezer is being the extreme opposite of himself. Notice the: סְמִיכוּת פַּרְשִׁיוֹת how this Parsha comes right after the *Ma'aseh* of the *Akeida*. Avraham Avinu, the most extreme in Ahavas HaB'riyos, to the point that he was Moser Nefesh to save his wicked enemies in Sedom, is told to Shecht his: בַּנָרְ יַחִידַרְ אֲשֵׁר אַהבתַּ his only son who he loves; whom he had to wait 100 years till he was born! And

forever the Ma'aseh of the Akeida saves us, like we say on Rosh Hashanah: וַתַּרָאֶה לְפָנֵיך עַקֶדָה שַׁעָקַד אַבְרָהָם אָבִינוּ אֶת יִצְחָק בְּנוֹ עַל גַבֵּי הַמִּזְבֵּחַ, וְכָבַשׁ רַחַמִּיו לַעֲשׂוֹת רְצוֹנְךְּ בְּלֶבָב שָׁלֶם, כֵּן יַכְבָּשׁוּ רַחֲמֵיךָ אֶת כַּעַסָּךְ מֵעָלֵינוּ מוֹסף ר"ה, זכרונות that just like Avraham rose above his Rachamim and did the Akeida, so should Hashem rise

> His above anger and have Rachmanus on us.

It Doesn't Matter Which Midda You Break – As Long as You Go **Opposite Your Nature**

Avraham Avinu was: כּוֹבשׁ suppressed his Rachamim, so Hashem will be: נוֹבֵשׁ suppress His Ka'as. It doesn't matter what you break – as long as it's the opposite of the: נָטְיָה predisposition. After the Ma'aseh Akeida, it makes sense that Avraham Avinu should Davka demand extreme Shviras HaMiddos from his Eved. since that's what he himself does. And such extreme: כָּבִישַׁת תַּאֲוָה וְרָצוֹן לשידוּך overcoming his Ta'ava and Ratzon for a shidduch (Eliezer wanted Yitzchok for his daughter) creates Klal Yisroel. ******

The Most Important Thing in Yiddishkeit by Far Is Being Pure Like Avraham Avinu Look at Paroh and Avimelech and Lavan and Lot: all Chemdas Mamon (money-hungry), Baalei Ta'ava, and Redifas HaKavod people. This is what makes Avraham Avinu stand out from his whole Dor and from the entire world. Avraham Avinu is pure! Not fake and loaded with Negi'os for every move of his life like Goyim! How by far the most important thing in Yiddishkeit is being pure like Avraham Avinu! How beautiful are pure people, and how lowly are all those whom you can't really trust since they are one shtick Negi'a. (R'

Gershon Liebman Zatzal).

Only YOUR *Derech* and *Shita* is correct. Only YOUR children, and YOUR kind of person are the good guys; and anyone different is

Passul! You only hold from people who hold from you! etc. If a person doesn't have an eye on his Middos, he could spend a lifetime doing nasty things and thinking that he's a Tzadik. Sometimes you can't trust anybody, since they will always go along with what makes them look good.

The official reason the whv daughter of Eliezer Eved Avraham was no good, was since she came from *Canaan* who is *Arur* (cursed), and Avraham Avinu descended from Shem who is Baruch (blessed), וְאֵין אָרוּר מִתְדַבֵּק בְּבָּרוּךְ and a cursed person cannot unite with a blessed one. If so, how did Avraham Avinu marry Hagar, who came from Mitzrayim who descended from Cham? And before Yitzchok was born. Avraham Avinu used to say: לוּ יִשִּׁמְעֵאל יִחְיֵה לְפָנֵיךְ יז יח "Halevai, Yishmael would live before You". What happened now, that no Bedi'eved is allowed?

Every Person Who Goes Against His Middos Can Be a Bechina of Akeidas Yitzchok

We can suggest that the *Ma'aseh* of the *Akeida* created an entire new *Madrega* for

Avraham Avinu, since he became the peak of Shviras HaMiddos. From now on, he can demand the peak for his future Doros. The Alter of Slabodka mentions² how every person who goes against his Middos

can be a *Bechina* (type) of *Akeidas Yitzchok*.

STORY

A *Yungerman* was called up by a sick woman who had already suffered plenty, and now her body was changing colors because of a liver problem.

She cried and cried on the phone, and he was overcome Rachmanus. So he decided to do an Akeidas Yitzchok for this woman. He had a questionable Hanhaga, but he couldn't give it up, since he enjoyed it, and it was a Bechina (type) of: בָּנָךּ יִחִידָּךָ אֲשֵׁר אַהַבתַּ "his only son who he loves". He was M'kabel (Bli Neder) to stop, and the woman had a miraculous Yeshua. I suspect that Avraham Avinu and Eliezer had tremendous Geshmak breaking *Middos*, or else it would be too difficult. A person needs Hadracha and a

Rebbe. There are Middos that aren't K'dai (advisable) to get involved with, and often, the best M'halech would be to get involved in positive Shteiging in learning or Zikkui HaRabbim, or being Osek in Chesed and Tzeddakos, and then: מְמֵילָא as a result the negatives aren't dominating your life.

R' Chatzkel Levenstein Zatzal once said that a person should always try to break a Ratzon (desire). This is the bread and *butter of* Novardok; except that in Novardok doing something to conquer "fear of people" was a #1 type of breaking a Ratzon

² שיחות הסבא מסלבודקה (מרן רבי נתן צבי פינקל זצוק"ל, מכתבי גדולי תלמידיו, ערוך בידי הרב יקותיאל כהן שליט"א, בנו של אחרון תלמידיו של הסבא ר' דוב כהן זצ"ל בעל מחבר סדרת ספרי תנועת המוסר, ירושלים תש"ע, חלק שני, עמ' תתיב, מסירות נפש להיות גבור) ובהיותנו חפצים להחיות את נפשנו ולמלט אותה מן הרעה, עלינו לאחוז בעצה הזו של "גבורה", כלומר, לכבוש את יצרנו ורצוננו, כדי לעשות רצון ה', וזה הרי ממש עקידת עצמו על מזבח רצונו יתברך. (שיחת האדמו"ר הסבא, שנת תרע"ד, מרשימות חתנו רבי אייזיק שר)

No looking down

Having a Chabura or a chavrusa in breaking a Midda, makes it much easier and more Geshmak. Learning lots of Mussar, like Madregas HaAdam, makes it much easier since you learn to appreciate the greatness of Tikun HaMiddos.

עַבְדּוֹ זְקַן בֵּיתוֹ הַמּשֵׁל בְּכָל אֲשֶׁר לוֹ כד ב Eliezer is an Example How Even the Lowest of the Low Can Become the Greatest

Eliezer is described as: עַבְדּוֹ זְקַן בֵּיתוֹ הַמּשֵׁל

בּכֶל אֲשֵׁר לוֹ כד ב "the elder of Avraham's household, in control of all Avraham's assets". With all these titles, this Eved had to be an extremely Chashuva person, especially if he was Avraham who was a worldfamous: נשיא אלקים אתַה בתוכנו כגו prince. And *Chazal* say³ that: יה בּכַל אַשֵּׁר לו "in control of all" means that: מוֹשֵׁל בּיַצְרוֹ Eliezer had complete control over his own Yetzer Hara. This is the same Arur (cursed one): שַׁאֵינוֹ מְתַדַבֵּק בְּבָּרוּךְ who cannot unite with one who is blessed. He is a descendant of the wicked Arur Canaan who degraded the father, Noach such а despicable way.

And some say⁴ that *Eliezer* was the son of the wicked and cruel *Nimrod* who had thrown *Avraham Avinu* into the: כָּבְשָׁן הָאֵש fiery furnace. **Look how the lowest of the low**

becomes the greatest, and the extreme Middos Tovos of Eliezer was the foundation of the #1 shidduch of Klal Yisroel! With the Tzidkus and Emuna in Hashgacha Pratis of Eliezer, Klal Yisroel was created. מְקִימִי מֵעָפֶר דָּל מֵאֵשְׁפֹּת יָרִים אֶבְיוֹן תַּהּלִים Hashem lifts up the poor from the dirt, and from the garbage heap He elevates the destitute.

A person can Chas V'shalom be Nichshal in the lowest Aveiros; he still should

always look at himself as Davka the biggest Tzadik. All his sins should be in his eyes as a: מוּם עוֹבֵר passing issue and temporary insanity. "But the real-me is way up there". If he is persistent, such a person will always be connected, and can some day actually become Rash'kebe'hag at least in a certain Bechina (way).

ה' אֱלֹקֵי הַשָּׁמִיִם כּדּ ז A Person Is *M'chuyav* To Constantly Be Aware of His Greatness and His Accomplishments in *Avodas Hashem*

Rashi mentions⁵ how now Hashem is: אֱלֹקֵי הַשָּׁמַיִם וַאלֹקֵי in charge of the heavens

and the earth since "I caused people to have Emuna", but before, He was just: אֱלֹקֵי הַשָּׁמִיִם in charge of the heavens. Look how Avraham Avinu praises himself! A person

at all those
nebachs
(including
yourself) despite
all those sins and
silly mistakes.
Respect life!
Respect your own
abilities, and stop
making away
with even your
(or others')
smallest
accomplishments
his sins
a:
tempora
real-me
is pers
will alv
can so
Rash'k
certain
A Pe
Cons

³ בראשית רבה (נט ח) וַיּאֹמֶר אַבְרָהָם אֶל עַבְדּוֹ זְקַן בֵּיתוֹ, שהיה זיו איקונין שלו דומה לו, **הַמּשֵׁל בְּכָל אֲשֶׁר לוֹ, שהיה שליט** ביצרו כמותו.

⁴ תרגום יונתן עה"פ וַיִּשְׁמַע אַבְרָם כִּי נִשְׁבָּה אָחִיו **וַיָּרֶק אֶת חֲנִיכִיו יְלִידֵי בֵיתוֹ שְׁמֹנָה עָשָׂר וּשְׁלֹשׁ מֵאוֹת** וַיִּרְדֹּף עַד דְּן (יד יד) וְכַד שְׁמַע אַבְרָם אֲרוּם אִשְׁתְּבִי אָחוּי וְזַיֵין יַת עוּלֵימוֹי דְחָנִיךְ לְקְרָבָא מַרְבְּיָינֵי בֵּיתֵיהּ וְלָא צְבוּ לִמְהַלְכָה עִימֵיהּ וּבְחַר מִנְהוֹן יַת <mark>אֵלִיעֶדְר בְּרָבָר הְוֹן תַּלֶת מָאָה וְתַמֵנֶסְר וּרְדַף עַד דְן. בָּר נִמְרוֹד דְהָוָה מִתִּיל בְּגָבוּרְתֵּיהּ כָּכִלְהוֹן תִּלֶת מָאָה וְתַמֵּנֶסְר וּרְדַף עַד דְן.</mark>

ל רש"י עה"פ ה' אֱלֹקֵי הַשָּׁמִיִם אֲשֶׁר לְּקָחַנִי מִבֵּית אָבִי (כד ז) ולא אמר ואלקי הארץ, ולמעלה אמר ואשביעך וגו'. אמר לו **עכשיו** הוא אלקי השמים ואלקי הארץ שהרגלתיו בפי הבריות, אבל כשלקחני מבית אבי היה אלקי השמים ולא אלקי הארץ שלא הוא אלקי השמים ולא אלקי הארץ שלא היה רגיל בארץ. היו באי עולם מכירים בו ושמו לא היה רגיל בארץ.

The

direction

that you're

aiming at is

what you

eventually

become in

Olam

HaZeh

and/or

Olam

НаВаһ

is M'chuyav to constantly be aware of his greatness and his accomplishments in Avodas Hashem. People mistakenly think that it's Ga'ava. This is the Fruma Yetzer Hara who destroys all our Geshmak and Simcha Shel Mitzva, since you get 1000 times more Schar if you have Simcha Shel Mitzva. (Orchos Tzaddikim⁶).

Keep praising yourself all day. Since you are giving Hashem credit, you are actually praising **Him**. And this should be your first and lkar praise. since your accomplishments Avodas in Hashem is your main reason for existence. Notice how Dovid said: וַחַטָּאתִי נֵגִדִּי תַמִיד תהלים נא ה my sin is before me always, and he also said: יַסְיִד אָנִי תהלים פו ב I'm special. He admits that he sinned, but he doesn't call himself an official sinner. "My sins are a part of my life, and they will always be, since: כָּי אַדַם אֵין צַדִּיק בָּאָרֵץ אֲשֶׁר יַעֲשֶׂה טוֹב וַלֹא יֵחֵטָא קהלת

o r nobody's perfect (and *Ezra* said⁷ that we all have sins till *Shamayim*). But my sins are not my true essence; they are just an occurrence in my life. My true essence is being a *Chassid*, which means being an unusual *Tzadik*."

Watch the *Shtempel* (stamp) that you give yourself. *Chazal* say: אַל הְּנִי נְשָׁע בִּפְנֵי עַצְמָה don't view yourself as a *Rasha*. The more you call yourself a *Tzadik* or a *Chassid*, the greater and happier to you become. Most *Anava* these days is pure *Yetzer Hara* to

make you sad. He makes your *Maalos* go over your head.

אַין לָנוּ לִישָּׁעֵן אֶלָא עַל אָבִינוּ שֶׁבַּשָּׁמַיִם משנה סוף סוטה Tevah (Normal Nature) Is History! These Days It's All Only Hashem

TRUE STORY

When I visited R' Gershon Liebman Zatzal in France, he had me take over a class (and

thanks to him I'm in *Chinuch* till today). I had a boy in my class who stood out in his good *Middos*, and being very bright and sweet-as-sugar and **normal**!

I happened to be involved in the Shalom Bayis of his parents. They were both loaded with hate, hate, and more hate! She showed my wife her husband's text messages. She had literally 100s, if not 1000s of "poison pen" messages. "I hate you and I never should have married you! Don't you ever get near me. You're the worst human being I ever met", and much worse

and much worse.

This is all that went on between them for years and years and years. The most professional therapists were frustrated in trying to deal with them. And guess what? The wife used to save all those ugly messages, and she made her giant "beloved" collection! You figure that one out! Some people love sitting in the "mud" of self-

You don't realize how true this is! There is actually a *Geshmak* in self-pity and feeling sorry for yourself, kvetching and complaining

destruction!

⁶ אורחות צדיקים (שער השמחה) לכן ישים כל אדם שמחתו על התורה בעת שיעשה המצות ישמח בלבו על שזכה להיות עבד למלך עליון אשר בני מעלה ישתחוו לו. וכן אמר דוד (תהלים קיט קסב) שְׁשֹׁ אֶנֹכִי עַל אִמְרֶתֶךְ כְּמוֹצֵא שָׁלֶל רָב. וכל העושה מצוה למלך עליון אשר בני מעלה ישתחוו לו. וכן אמר דוד (תהלים קיט קסב) שְׂשֹׁ אֶנֹכִי עַל אִמְרֶתֶךְ כְּמוֹצֵא שָׁלֶל רָב. וכל העושה מצוה שהמצוה עליו למשא. כאברהם ודוד שכל היום כולו היו עוסקים בתורה ומפארים ומשבחים בשירות ותשבחות להקב"ה להרים קול בשמחה. ואז מצליח בכל דרכיו וטוב טעמיו ושולח הקב"ה רוח הקודש בקרבו ולבו שמח ומתמלא אהבת הקב"ה ונפשו קשורה בגילה, ומגלה להם רזים וחידושים של מעלה לפי שהיה ירא השם ב"ה.
⁷ ואמְרָה אֱלֹקֵי בַּשָׁתְּנִוּ לְּהָרִים אֱלֹקִי פֶּנִי אֱלֵיךְ כָּנִי אֱלֵיךָ רָבוּ לְמַעְלָה רְאֹשׁ וְאַשְׁמְתֵנוּ גַּדְלָה עַד לְשָׁמִים. עזרא ט ו.

Bitachon Weekly פרשת חיי שרה תשפ"ו

In this Dor

of: אין לנוּ

לִישַען אֵלַא עַל

אבינו שבשמים

we have no

one to rely

upon besides

our loving

Father in

Shamayim,

you can

and being a loser. Watch out! Many, many of us have plenty of this in our systems. They only feel right if the marriage (or job/ or

children) doesn't turn out right. Smart people are aware of these idiosyncrasies, and they keep quiet all their lives in order to avoid allowing these dangerous tendencies to surface.

And despite all that, their children are Gevaldig! Many people have complained about the difficulty of raising a child with a dysfunctional or nervous or critical spouse. "Look how my children see so many unwanted negative scenes!" unhappy marriage should avoided like the plague, unless you want to ruin your children, and quite possibly cause serious harm for many generations, Rachmana Litzlan.

Yet, I tell them that if they work on Bitachon, then the worst background can produce the most beautiful and super

successful fruits! The best and sweetest and most normal Bachur in a big Yeshiva was the son of parents who had such a

messy divorce that it was in all the newspapers!

No matter how much Tum'ah and Ne'filos

(decline) and all kinds of mistakes and horrific sins; if you keep aiming upwards, then some day you will end up on high, since where you're always focused on is who you truly are.

Somebody said that the pain of his inability to learn and Shteig holds up the entire world, and his blank, do-nothing Avoda is more precious than all the Shas'en and all kinds of Gadlus in Avodas Hashem. This is similar to the Ramban that says⁸ about Ahron that since he: had חַלִּישׁוּת הַדַעַת distress and depression, his Menorah is דורות לדוֹרֵי for

Chesed of Rivka? Shouldn't he look for Tefila, since Yitzchok, her husband was Amud HaTefila? Or Torah, since she would

even do things all wrong and remembered: generations. without self-וְהָיָה הַנַּעֲרָה אֲשֶׁר אֹמַר אֱלֵיהָ הַטִּי נָא confidence, כַדֵּךְ וָאֱשָׁתֵּה כד יד and still be All Avodas Hashem We Do Has Matzliach to Have a Chesed Element in It Why did Eliezer look to see the

רמב"ן עה"פ בּהַעלתַרָּ (ח ב) ולא נתברר לי למה נחמו בהדלקת הנרות, ולא נחמו בקטורת בקר וערב ששבחו בו הכתוב 8 (ברכה לג י) יַשִּׁימוּ קטוֹרֶה בַּאַפָּרָ, ובכל הקרבנות, ובמנחת חביתין, ובעבודת יום הכפורים שאינה כשרה אלא בו, ונכנס לפני ולפנים, ושהוא קדוש ה' עומד בהיכלו לשרתו ולברך בשמו, ושבטו כולו משרתי אלקינו. ועוד, מה טעם לחלישות הדעת הזו, והלא קרבנו גדול משל נשיאים, שהקריב בימים ההם קרבנות הרבה כל ימי המלואים. ואם תאמר שהיו חובה ונצטוה בהם, וחלשה דעתו על שלא הקריב נדבה כמוהם לחנכת המזבח, גם הדלקת הנרות שנחמו בה חובה ונצטוה עליה. **אבל ענין ההגדה** הזו לדרוש רמז מן הפרשה על חנוכה של נרות שהיתה בבית שני על ידי אהרן ובניו, רצוני לומר חשמונאי כהן גדול ובניו. ובלשון הזה מצאתיה במגלת סתרים לרבינו נסים שהזכיר האגדה הזו ואמר, ראיתי במדרש כיון שהקריבו שנים עשר שבטים ולא הקריב שבט לוי וכו', אמר לו הקב"ה למשה דבר אל אהרן ואמרת אליו, יש חנכה אחרת שיש בה הדלקת הנרות ואני עושה בה לישראל על ידי בניך נסים ותשועה וחנוכה שקרויה על שמם, והיא חנכת בני חשמונאי, ולפיכך הסמיך פרשה זו לפרשת חנכת המזבח עכ"ל.

וראיתי עוד בילמדנו (תנחומא, בהעלותך ה) וכן במדרש רבה (טו ו), **אמר לו הקב"ה למשה, לך אמור לאהרן אל תתירא**, לגדולה מזאת אתה מוכן, הקרבנות כל זמן שבית המקדש קיים הן נוהגין, אבל הנרות לעולם אל מול פני המנורה יאירו, וכל הברכות שנתתי לך לברך את בני אינן בטלין לעולם. והנה דבר ידוע שכשאין בית המקדש קיים והקרבנות בטלין מפני חורבנו אף הנרות בטלות. אבל לא רמזו אלא לנרות חנכת חשמונאי **שהיא נוהגת אף לאחר חורבן בגלותנו**, וכן ברכת כהנים הסמוכה לחנכת הנשיאים נוהגת לעולם, דרשו סמוכין לחנכת הנשיאים מלפניה ומלאחריה **בכבודו של אהרן שלא נמנה עמהם**.

be producing *Yaakov Ish Tam* who was known for *Talmud Torah*? The truth is that all our *Tefilos* are: בְּלִשׁוֹן רַבִּים in plural form, and in our *Birchos HaTorah* we daven for: וְצָאֱצָאֵי the posterity of the entire *Klal Yisroel*. Everything we do has to have a *Chesed* element in it. Our entire *Avodas*

Hashem is there the help the world, and to emulate Hashem upon whom it says: עוֹלָם חָסָד יַבָּנֶה תּהלים פּט גּ He created the world in order to give Chesed.

וַתְּמֵהֵר וַתְּעֵר כַּדָּה כד כ Tzadikim Do Mitzvos with Z'rizus Because They Love What They're Doing

Not only did *Eliezer* see *Rivka's Chesed*, but he saw her love for *Chesed*. Like the *Mesilas Yesharim*

says⁹ that *Tzadikim* do *Mitzvos* with *Z'rizus* because they love and have *Simcha* in what they were doing. *Rivka* matched *Avraham Avinu*, like it says: וַיִּמֵּהָר אֶלָה הָלָה אֶל שַּׂרָה Avraham ran to Sara and said "Hurry!" etc., and he hurried, etc. All over the place we have *Avraham Avinu's* love and *Simcha* for what he did, and

Rivka was exactly the same, like it says: בּרָבְּיה אָל הַשּׁקֶת וַתְּרָץ עוֹד כּד כּ she hurried and poured out her jug, and she ran back, etc.

**

This could very well be the reason why *Eliezer* wanted her to offer to water the camels also; i.e., when you love *Chesed*, you

don't confine yourself; you keep moving! Recently, the police in Thailand issued a chilling warning about a potential terrorist attack aimed at a full moon party on a tourist hotspot island. The plan of attack was aimed at tens of thousands of Israeli tourists on the island of Koh Pha Ngan. These Israeli tourists were planning a Friday night party celebrating the Thai festival of lights.

Israelis were also told to skip soccer games they were planning to play (both in Germany and in Paris), since they are getting loads of terrorist threats. Notice how Hashem is showing His distaste for Goyish fun, like it says: אַל תִּשְׂמַח יִשְׂרָאֵל אֶל גִּיל כָּעַמִים הושע ט א Rejoice not, O Israel, in the joys of the nations, and the *Chida* says¹⁰ that *Goyish* fun

בְּאַהֲבָתָהּ תִּשְׁגָה תָמִיד משלי היט Become Meshuga and Shikor from your love of Torah

⁹ מסילת ישרים (פרק ז, בְּבֶאוּר חֶלְקֵי הַזְּרִיזוּת) וְכֵן תִּמְצָא כָּל מַעֲשֵׂיהֶם שֶׁל צַדִּיקִים תָּמִיד בִּמְהִירוּת. אַבְרָהָם כְּתִיב בּוֹ (וירא יח ו), וִיְמַהֵּר אַבְרָהָם הָאֹהֱלָה אֶל שָׁרָה וַיּאֹמֶר מַהָּרִי, וַיִּתֵּן אֶל הַנַּעַר וַיְמִהֵּר, **רְבְקָה, וַתִּמַהֵּר וַתְּעַר כַּדָּה** וְגוֹ' (חיי שרה כד כ). וְכֵן אָמְרוּ בַּמִּדְרָשׁ (במדבר רבה, י), וַתְּמַהֵּר הָאִשָּׁה וְגוֹ' (שופטים יג י) מְלַמֵּד שֶׁכָּל מַעֲשֵׂיהֶם שֶׁל צַדִּיקִים בִּמְהִירוּת, אֲשֶׁר לֹא יִתְנוּ הֶפְּסֵק זְמֵן לֹא אֶל הַתְּחָלַת הַמִּצְוָה וְלֹא אֶל הַשְּׁלְמָתָהּ.

וְתַרְאֶה, שֶׁהָאָדֶם אֲשֶׁר תִּלְהָט נָפְשׁוֹ בָּעֲבוֹדֶת בּוֹרְאוֹ, וַדְּאי שֶׁלֹּא יִתְעֵצֵל בַּעֲשׂיַת מְצְוֹוֹתָיו, אֶלָּא תִּהְיָה תְּנוּעְתוֹ כְּתְנוּעַת הָאֵשׁ הַמְּהִירָה, כִּי לֹא יָנוּחַ וְלֹא יִשְׁלְט עַד אָם כָּלָה הַדְּבָר לְהַשְׁלִימוֹ. וְאָמְנָם הִתְּבּוֹנֵן עוֹד, שֶׁכְּמוֹ שֶׁהַזְּרִיזוּת הוּא תּוֹלֶדֶת הַהִּתְלְהָטוּת, וְהַיְנוּ, כִּי מִי שֶׁמְרְגִּישׁ עַצְמוֹ בְּמַצְשֵׂה הַמִּצְוָה כְּמוֹ שֶׁהוּא מְמַהֵּר תְּנוּעְתוֹ הַחִיצוֹנָה, כֵּן הַהַשְׁק וְהַחֵשֶׁק וְהַחֵשֶׁק יִתְנָבֵּר בּוֹ וְיֵלְהָ, אַרְ אִם יִתְנָהֵג בִּכְבַדוּת בִּתְנוּעַת אֵיבָרָיו, גַּם הָּנִוּעַת רּוּחוֹ תִּשְׁקע וְתַכָּבָה. וְזָה דָבָר שְׁהַנִּפְיוֹן יִעִידָהוּ.

וְאָמְנָם כְּכָר יָדַעְתָּ **שֶׁהַנְּרְצֶה יוֹתֵר בַּעֲבוֹדַת הַבּוֹרֵא יִתְבָּרֵךְ שְׁמוֹ הוּא חֵפֶץ הַלֵּב וּתְשׁוּקַת הַנְּשָׁמָה**. וְהוּא מַה שֶׁדָּוִד הַמֶּלֶךְ מִתְהַלֵּל בְּחֶלְקוֹ הַטוֹב וְאוֹמֵר (תהלים מב ב) כְּאַיָּל תַּעֲרֹג עַל אָפִיקִי מָיִם כֵּן נַפְשִׁי תַּעֲרֹג אַלֶיךְ אֱלֹקִים, צָמְאָה נַפְשִׁי לֵאלקִים וגו' (תהלים ד ג) נַכְסִפָּה וְגַם כָּלְתָה נַפִּשִׁי לְחַצִרוֹת ה' (תהלים סג ב) צָמְאָה לְךְּ נַפְשִׁי כָּמָהּ לְךְּ בְשָׂרִי.

¹⁰ חומת אנ"ך להחיד"א עה"פ אַל תִּשְׁמַח יִשְׂרָאֵל אֶל גִּיל כָּעַמִּים (הושע ט א) אפשר דלא מיבעיא לשמוח בשמחת העמים שהם שמחים בשלהם, כי בזה לפעמים הוא איסור גמור, ולפעמים אינו אסור ממש. אך מאי דאתא קרא דגם כשהיא שמחת ישראל ואנו שמחים בשמחתנו, שמחה זו לא תהיה על דרך שמחת הגוים שהיא שמחת הגוף כלה, אלא תהיה שמחה להודות לה' בשירות ותשבחות מוקפות חומה. וז"ש אל תשמח ישראל אל גיל שלך כעמים כמו ששמחים הם, דשמחתם גופנית בפריקת עול ואתה לא כו.

Bitachon Weekly erשת חיי שרה תשפ"ו

is total *Guf* (physical) and a *Yid* has his *Simcha* by thanking Hashem through song and praise. The *Simchas Torah* message (Oct. 7) was loud and clear, how a *Yeshivish Simchas Torah* was totally saved, while a secular festival was destroyed and tortured, *Rachmana Litzlan*. And now there was a

pogrom in Amsterdam! Davka the country that saved Yidden during WWII; and Italy complimented the Amsterdam pogrom. (Italy also saved Yidden during WWII.) A Yid has to know: אַין לָנוּ לישַען אַלָא עַל אַבִינוּ שֶבַשְׁמַיִם משנה סוף סוטה we have no one on whom to rely other than our loving Father in Heaven. How important it is to keep davening: וָהַעֵרֵב נָא "Make it sweet!", and to Lig in Talmud Torah as much as possible. R' Pinchos Menachem Malach Zatzal told his son that the reason why in *Novardok* they didn't talk about working on *Kedusha*, was Seder Mussar because the B'hispa'alus was so Geshmak, they couldn't even think of any Ta'avos.

How Important It Is to Keep Davening for the Right Kind of Geshmak!

The Alter of Novardok spoke¹¹ about: לָהוּט they had a **lust** for breaking Middos! Chazal say that the reason for Shi'bud Mitzrayim was because the Bnei Yisroel were going to Goyish theaters and circuses. How important it is to keep davening for the right kind of *Geshmak!* Chazal say about Rivka that she wasn't a plain Tz'nua like other girls, but she was total Tz'nua to the epitome (יְנָאִישׁ לֹא יְּדָעָהֹ כַד סַד). We can suggest that just like she loved Chesed with a passion and she was extreme, like it

says: נֵם לְגְמַלֶּיךְ אֶשְׁאָב כּד יִט she offered to give his camels to drink, so was she in love *Tz'niyus* and not just trying to be *"Yotzei"*.

אבות ה כב "the reward increases according to your effort" is a job. R' Hutner *Zatzal* said that the main *Schar* is for the *Gevaldige Simcha Shel Mitzva*, and לְפוּם צַעֲרָא אַגְרָא אבות ה כב the reward increases, etc. means that you have such *Simcha* you are even ready to sacrifice (but the real *Schar* is for the *Simcha*.) People can develop a love for difficulty if they are in

Breaking
Middos was
Novardokers'
main
Geshmak in
life; not
having
nachas from
this one and
that one!
They were
givers; not
takers!

¹¹ מדרגת האדם (מאמרי הסבא מנובהרדוק, רבי יוסף יוזל הורביץ זצלל"ה, הוצאה חדשה ירושלים תשסב, מאמר תקון המדות, סוף פרק ד, עמ' פא) וז"ש הרמב"ם (הלכות תשובה פרק ה הלכה א) רשות לכל אדם נתונה, אם רצה להטות עצמו לדרך טובה ולהיות צדיק הרשות בידו וכו', ביאורו כי אמנם הבחירה יש לאדם, ולהיות צדיק הרשות בידו וכו', ביאורו כי אמנם הבחירה יש לאדם, וכל דבר שרוצה אין לו שום מפריע מצד עצמו, ולא חסר לו היכולת כלום, וכל מדרגות השלימות תלוי בזה אם ירצה להיות להוט לתקן חסרונו, אז תנחה אותו לתקן חסרונו, אז תנחה אותו הרצון הזה להעלות מעלה מעלה, ואם ירצה להיות להוט אחר מעלתו וכבודו, אז תנחה אותו הרצון לירד מטה מטה, והרשות נתונה לו להיות או כמשה רבנו, היינו לבחור להיות להוט רק על תיקון החסרון, או כירבעם בן נבט להיות להוט אחר הכבוד. ואם ישתדל להגדיל רצונו להיות להוט על תיקון החסרון, יזכה להיות כמעין הנובע אשר לא ישיג שום חסרון לא מעצמו ולא מן השאיבה.

רש"י עה"פ שִּׁים נָא יָדְךְ תַּחַת יְרֵכִי (כד ב) לפי שהנשבע צריך שיטול בידו חפץ של מצוה כגון ספר תורה או תפילין, והמילה 12 היתה מצוה ראשונה לו ובאה לו ע"י צער והיתה חביבה עליו ונטלה.

a *Chabura* who work on this. Like a proud soldier who is happy when he can be *Moser Nefesh* for his cause.

Notice how Lavan also ran נַּיָרָץ לָבָן אֶל הָאִישׁ since he was hoping to get some money. Perhaps this is another reason why Avraham Avinu wanted a shidduch: אַרְצִי his native country, although that was Lavan and Besuel country who were big Reshaim. Canaan means laid back, lazy, K'niya (lowliness), whereas Aram means Romemus and moving people who are motivated (just in the wrong direction) and Avraham Avinu wanted to redirect and channel the Maalos of the house of Lavan to Avodas Hashem.

Notice how *Eliezer* is also running וַיָּרְץ הָעֶבֶד לִקְרָאתָהּ וַיִּאמֶר. And he is super quick; he doesn't want to eat or stay overnight. And he keeps repeating: שַׁלְּחֵנִי לַאדֹנִי כִד נד,

אַל תְּאַחֲרוּ אֹתִי כד נוּ, שַׁלְּחוּנִי וְאֵלְכָה לַאדֹנִי כד נוּ. According to the *Alter Zatzal*, this is a *Z'rizus* to go against his own bad *Midda*, which was inclined to stalling so that things may perhaps not work out, and he'll have *Yitzchok* for his own daughter.

 she knows that *Boaz* will take care of her immediately without fail!

NOVARDOK

NOVARDOKERS CHOSE TO LIVE ALONE Ideally, *Novardokers* find a forest and live by themselves. This is exactly what R' Gershon Liebman *Zatzal* did, and till today they have two small communities in France: Bussières and Armentarries. *Novardokers* don't want to be affected by the *Hashkafos* of the *Klal* (i.e. the standard way of thinking), since they are loaded with conflict to the *Torah*-true concept which we call *Derech HaMussar*.

A Ruchaniyus'dik
person lives to
move upwards
and grow with fire

No matter how much you realize the futility of *Redifas HaKavod*, you will probably be influenced by the people around you; no matter how frum and *Torah'dik* they may be! Believe it or not,

their way of speaking and their Hashkafos cause loads of depression. How many times have you seen a Gaon and a Tzaddik who is: ומָלֵא מִצְוֹת כְּרְמוֹן loaded with Mitzvos like a Rimon, but he has a depressive streak...? ***

This is because despite his greatness, he may never have had a Chinuch in Emuna & Bitachon and Shviras HaMiddos. I once approached a super Talmid Chochom and: approached a super Talmid Chochom and: yeshiva in Eretz Yisroel, and I told him that I enjoy watching the way he learns. He is the: אַרִּי שָׁבַּחַבּוּרָה lion of the group, and the envy of all his friends...

But when I told him about what a beautiful Kiddush Hashem he is, he Mamash didn't know what I was talking about. In a world where people focus overtime on "negatives" and talk a lot about "issues", they won't notice such a positive attribute. **The Yetzer Hara** is

R' Nissim Bavrisker

always on your case "proving" how you are zero, by constantly reminding you of your lack of ability, your *Aveiros*, and your failures. He is a great professional liar! *****

The only ones who notice such a successful person are others, so that the *Yetzer Hara* can promote their constant envy-problem.

But the person himself can fail to enjoy and appreciate the gift and *Zechus* that Hashem has given him. The *Yetzer Hara* doesn't want a person to have *Simcha Shel Mitzva*, since it gives him 1,000 times more *Schar*. (*Orchos Tzaddikim*¹³).

The World Around Us Is Loaded with All Kinds of Negative Messages

When people are constantly focusing on the truths of their lives, a new world can open up for them. You need lots of *Mussar*, thanking

again and again for what you **do** have, and to ignore what you **don't** have. I know a big *Baal Mussar* who helps others, but in his own life, he is lacking.

He once heard a popular saying: "Everyone has shoes, except for the shoemaker himself." When a person hears something like this, it becomes part of his belief system, and it stands a better chance of becoming part of his own life, *Chas V'shalom*.

The world around us is loaded with all kinds of negative messages, which destroy *Bitachon* and positivism.

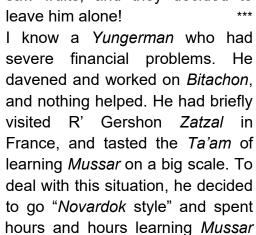
When Your Bitachon Doesn't Work, Learn MORE Bitachon

R' Nissim Bavrisker *Zatzal* was part of the *Hanahala* of the *Bialystok Yeshiva*. He was a short man with a constant smile, and he was

much beloved by everyone. He was the composer of many *Novardok Niggunim*. His favorite *Sefer* was the *Chovos Halvavos*, which he was constantly learning. But the Russian army was after him.

Despite his learning *Shaar HaBitachon* again and again, the authorities were still after him.

His *Bitachon* **didn't work!** Do you know what he did? He learned **more** *Bitachon!* After a while, he saw fruits, and they decided to leave him alone!



on *Bitachon*, plus plenty of *Tefila*. In the end, he was *Zoche* to pay all his debts (\$100,000!) and all kinds of good things happened to him, including a new and better job.

R' Gershon used to go to the doctor. He was an older person, who had survived five years of Nazis with plenty of physical torture. Yet, his heart was perfect, and the doctor said that he's like a twenty-year-old!

He once flew from France to Toronto without a passport. He flew with *Bitachon!* When he arrived, the authorities didn't know what to do with him. You can get into plenty of trouble for something like this, like being sent back overseas, or worse. But Hashem helped him. They merely asked if he knew people in Toronto, and these people came by, testifying in his favor.

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¹³ אורחות צדיקים (שער השמחה) הובא לעיל אות 6.



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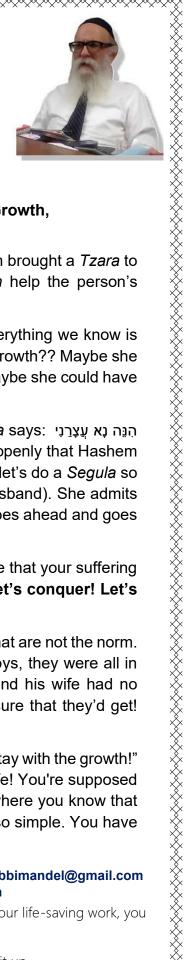
Here are the ID numbers for last week's Shiurim

When the menu starts, press 9 and the Shiur ID right away or 1# for speakers and 30# for all shiurim

Parshas Vayeira 5786

Shiur ID	Duration	Language
401776	3:42	English
403381	44:51	English
403382	4:16	English
403383	4:03	English
403385	5:32	English
404430	28:53	English

Questions To Rabbi Mandel



If Hashem Brought a *Tzara* to a Person for His Personal Growth, How Can We Daven for It to Go Away?

Question: How does Rabbi Mandel's magical LAHADAM work? If Hashem brought a *Tzara* to a person for his own growth, how does Rabbi Mandel having *Bitachon* help the person's situation improve when the person themself remains the same?

Answer: אֵין לִי עֵּסֶקְ בְּנָסְתָּרוֹת We don't know why Hashem does things. Everything we know is for growth. So maybe *Leah* marrying *Eisav* would have been good for her growth?? Maybe she shouldn't have davened "Keep me away from *Eisav*". It's for her growth! Maybe she could have had an influence on him; she could have made him over!

You don't work with those things. There is a *Passuk* where the mama *Sara* says: הָנֵה נָא עֲצָרַנִי "Hashem does not want me getting kids!" Look how she says openly that Hashem does not want me to have kids (it's my growth not to have kids). So come, let's do a *Segula* so that I will have kids (I'll give my maidservant, *Hagar*, in marriage to my husband). She admits "That's what Hashem is doing to me" and in that very same *Passuk*, she goes ahead and goes against Hashem!

Forget about growth. You have to do yours. True, there is a place to realize that your suffering is *Min HaShamayim*. But you don't say "Well, lets suffer". You say "Let's conquer! Let's move it! And let's grow!"

You have to live a normal, healthy, good life! And not accept problems that are not the norm. I know people who didn't have kids for 10 years, and now they have 4 boys, they were all in my class, all wonderful boys. The father told me that for 10 years, he and his wife had no question that they will be having kids! 10 years no kids, and they were sure that they'd get! They didn't let up, so they got! They have 4 kids, wonderful boys.

I don't know if it's such a great idea to decide "Well, that's growth, and let's stay with the growth!" Don't give me the growth business. Let's get the kids! Let's act a normal life! You're supposed to try to move on! (But you also have to know; there is a time and place where you know that there's a setting for growth and you have to say "Let's suffer". But it's not so simple. You have to know). Kol Tuv

You can submit your questions to Rabbi Mandel by emailing them to questionsforrabbimandel@gmail.com

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